



Dear Visiting Athletic Trainer,

Welcome to Penn State for your upcoming game/event. We would like to take this opportunity to inform you of the athletic training and sports medicine services available to you during your stay in Happy Valley. If we can assist you during your visit, please do not hesitate to contact your host Athletic Trainer (link "Athletic Trainer to Staff list").

The following items will be available to you and your team:

PRACTICE

- Ice Water
- Cups
- Injury ice, bags, and wrap

COMPETITION

- Ice Water
- Cups
- Towels for bench
- Injury Ice, bags, and wrap
- Emergency Equipment- AED, vacuum splints, crutches
- Biohazard materials and small first aid kit

LOCKER ROOM

- Ice Water
- Cups
- Injury ice, bags and wrap
- Taping/Treatment Table
- Training room access/Modalities available upon request and appointment

At minimum an Athletic Trainer will be present throughout the entirety of competition; a physician will be present or on call at all competitions (as set forth by the Big Ten Medical Standards). EMS services will either be on site or on-call. Following this letter there will be a listing of local medical facilities that may be helpful for you during your stay.

Please also take an opportunity to review the EAP for our sport venues. The EAP should be provided to you by the host Athletic Trainer or can be found here (link to page with EAP's on website)

Should your team travel without an athletic trainer, please reach out to the host athletic trainer with specific instructions as to what your athletes will need as well as supplies to service your athletes. An order from a physician or ATC is needed for modality use if specific treatments are needed.

If you have any questions or special requests, please do not hesitate to reach out to your host Athletic Trainer. Good Luck in the upcoming competition and we hope you have a safe and enjoyable trip to Happy Valley!

Sincerely,

Penn State Athletic Training Staff