



CROSS-COUNTRY

Harry Groves Spiked Shoe Invitational

@ Penn State University

Friday, September 13th, 2024

Collegiate Meet and Entry Information

Jenna Gearing

Director of Operations for Track & Field/Cross Country
203 Multi-Sport Facility, University Park, PA 16802
jig5364@psu.edu

Important Dates:

Tuesday, August 1st - Entries Open on DirectAthletics.com

Tuesday, September 10th - Entries Close on DirectAthletics.com @ 11:59 PM

Thursday, September 12th - Practice Day

Friday, September 13th - Date of Competition (Morning Races)

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The Harry Groves Spiked Shoe Invitational:

The annual Harry Groves Spiked Shoe Invitational event is named after long-time Nittany Lion men's track and field and cross-country coach Harry Groves. Groves spent nearly forty years at the helm of the men's program, beginning in 1968 until retiring at the conclusion of the 2006 track and field season. Groves is a 2001 USTCA Hall of Fame inductee, was named national Coach of the Year on five occasions and is a 26-time Regional Coach of the Year honoree. The Invitational is hosted each fall and features high school and collegiate races.

TENTATIVE Harry Groves Spiked Shoe Time Schedule

10:00 AM Women's College 6K

10:45 AM Men's College 5.2 Miles

11:30 AM HS Girls' 5K

12:15 PM HS Boys' 5K

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Entry Information, Fees, and Procedures**Team Entry Limit:**

Entries are **LIMITED to 15** per gender in the collegiate races.

Entry Deadline:

Tuesday, September 10th @ 11:59 p.m.; Entries will be open on DirectAthletics on Tuesday, August 1st @ 12:01 AM.

Entry Fee:

Single Gender: \$300 per team (\$600 for combined gender programs);

Non-Scoring Teams (Less than five athletes) & Unattached Athletes: \$35 per individual

Entry Fee Deadline: All Entries fees will be paid online via DirectAthletics! **** NO ENTRY FEES will be accepted at the meet. ****

Unattached Athletes:

To be considered please contact **Jenna Gearing** (jig5364@psu.edu) via email prior to Monday, August 26th, 2024. Proof of performance (within the last year) MUST be included in the entry request. Standards are the following:

Women – 19:00 or better for 5k || Men – 16:30 or better for 5k

Entry Procedure

Online through Direct Athletics - www.directathletics.com; You may change your entry until the deadline. Please delete any runners that you are certain will not be competing in the meet before the entry deadline. If you are not sure, leave them in the meet. If you are not on Direct Athletics "Invited Teams" list, please contact Jenna Gearing at jig5364@psu.edu, to discuss potential entry.

Pre-Meet and Race Day Information

Practice Day (Thursday, September 12):

The course will be open for inspection from 4:30-6:00 p.m.

- *The course will still be open to golfers during practice time, so please be mindful of this window.*

Packet Pickup:

Packet pickup will be available during practice (4:30-5:30 PM) on Thursday or prior to competition on Friday (Beginning at 8:15 AM).

TENTATIVE RACE DAY TIMELINE:

8:00-9:45 AM	Course Open for Inspection
8:15 AM	Packets Available for Pick Up
9:45 AM	Women's College 6K Called to Start
9:50 AM	National Anthem
10:00 AM	Women's College 6K Begins
10:30 AM	Men's College 5.2 Miles Called to Start
10:45 AM	Men's College 5.2 Miles Begins
11:15 AM	HS Girls' 5K Called to Start
11:30 AM	HS Girls' 5K Begins
12:00 PM	HS Boys' 5K Called to Start
12:15 PM	HS Boy's 5K Begins
TBA	HS Awards (Adjacent to Finish Line)

Team Camps/Course Guidelines

Please keep team camps AWAY from the starting line. Team camps should be on the field below the starting line (between the starting line and the parking lot) and away from all fairways and greens. Please avoid all greens and fairways in general. PLEASE inform any parents, fans, etc., of this as well. You can contact Doug Linebaugh from Best Event Rentals (814-238-3037) to purchase a tent for your team camp. **Please NOTE - NO TEAM CAMPS OR WARMUPS will be permitted on fenced in rugby fields.**

Results

Results can be found on PTTiming.com. They will be posted on TFRRS & GoPSUsports.com at the conclusion of the day. ***We are required to record all DNF's in the official race results. If you have individuals who will not be competing, please return their bibs to the packet pick-up tent before the race starts so that they aren't incorrectly marked as DNF.***

Athletic Training

Certified athletic trainers will be on-site for all practices and competitions. In addition, an ambulance and EMS crew will be available on Friday for the races. Mount Nittany Medical Center is approximately five miles away from the Blue/White Courses and the emergency room phone number is 814-231-7000.

Locker Room

Please email Jenna Gearing (jig5364@psu.edu) if you will need a locker room to be available to your team following the event.

Recommended Hotel

Hampton Inn - (814) 231-1590 || 1.8 Miles to Course

Directions to Course/Parking

Take 322 Business/Atherton St and follow to campus. Due to construction in the parking lots near the course, parking information for practice and competition days will be communicated at a later date. Parking on competition day (Friday) will be reserved STRICTLY for TEAMS AND OFFICIALS. All spectators must pay-to-park.