



TRACK & FIELD

2018 YEARBOOK

BIG



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2017-18 Season Schedule

2017 Cross Country Schedule

September 1	Dolan Duals	Lock Haven, Pa.
September 8	Harry Groves Spiked Shoe Invitational	Blue-White Golf Course
September 30	Cowboy Jamboree	Stillwater, Okla.
October 13	Penn State National Open	Blue-White Golf Course
October 29	Big Ten Championships	Bloomington, Ind.
November 10	NCAA Mid-Atlantic Regional	Bethlehem, Pa.
November 18	NCAA Cross Country Championships	Louisville, Ky.

2018 Indoor Schedule

January 13	Nittany Lion Challenge	Ashenfelter III Indoor Track
January 19-20	Clemson Invitational	Clemson, SC
January 26-27	Penn State National Open	Ashenfelter III Indoor Track
February 2-3	Sykes & Sabock Challenge Cup	Ashenfelter III Indoor Track
February 9-10	Husky Classic	Seattle, Wash.
February 9-10	Spire Invitational	Geneva, OH
February 9-10	Iowa State Classic	Ames, Iowa
February 17	Penn State Tune-Up	Ashenfelter III Indoor Track
February 23-24	Big Ten Indoor Championships	Geneva, OH
March 9-10	NCAA Indoor Championships	College Station, Texas

2018 Outdoor Schedule

March 23-24	PAC-12/BIG-10 Challenge	Tempe, Ariz.
March 30-31	Stanford Invitational	Palo Alto, Calif.
March 30-31	Florida Relays	Gainesville, Fla.
April 7	Battle on the Bayou	Baton Rouge, La.
April 14-15	Bucknell Classic	Lewisburg, Pa.
April 20-21	Virginia Challenge	Charlottesville, Va.
April 21	Bucknell Team Challenge	Lewisburg, Pa.
April 26-28	124th Penn Relays	Philadelphia, Pa.
May 4	Jim Thorpe Invitational	University Park, Pa.
May 11-13	Big Ten Outdoor Championships	Bloomington, Ind.
May 24-26	NCAA Eastern Preliminary	Tampa, Fla.
June 6-9	NCAA Outdoor Championships	Eugene, Ore.
June 21-24	USATF Outdoor Championships	TBD

BOLD – Denotes HOME Competition



**John
GONDAK**
Fourth Year (12th-Year Overall)
Syracuse, '95
Director/Head Coach

MID DISTANCE • CROSS COUNTRY

John Gondak begins his fourth year as the head coach of Penn State cross country/track & field as the 2017-2018 school year commences.

Gondak's résumé while with the Blue & White - which can be matched by few middle distance mentors in the country - includes 39 first team All-Americans, 34 Big Ten Champions, 46 Penn State records, six Big Ten Freshman of the Year honorees, 10 Penn Relays victories, and three sub-4:00 milers.

The 2016-17 season was a historic year for Penn State track & field/cross country. The Blue & White started the memorable year during cross country where the Nittany Lions competed at the NCAA Championships for the seventh time in the last eight years. At the NCAA meet in Terre Haute, Ind. Elizabeth Chikotas and Jillian Hunsberger teamed up to become the first Penn State duo to earn All-American honors at the championships in the NCAA era. The Nittany Lions have finished in the top-20 in back-to-back seasons for the first time since '11-'12 and in the top-20 for five out of the last seven NCAA Championships that Penn State has participated in dating back to 2009.

Moving to the indoor oval, the women's team captured its fourth Big Ten Championship in program history ('04, '10, '14, '17) scoring 96.5-points. The men's team recorded their highest finish in program history taking second-place with a total score of 84-points that included a Big Ten record performance in the 4x400-meter relay as the combination of Dan Chisena, Xavier Smith, Sam Reiser and Isaiah Harris ran 3:04.80. The women's Big Ten Championship paired with the men's second-place finish is the highest combined finish in Penn State track & field history. At the indoor track & field championships in College Station, Texas, the women's team posted the second-highest finish at the indoor championships ever (10th-place) and the first top-10 finish since the 2009 season. Indoor All-Americans included: Danae Rivers in the Mile (Third-Place), Isaiah Harris in the 800-meters (Fourth-Place), Tessa Barrett in the 5,000-meters (Fifth-Place), the women's DMR (Sixth-Place) and Dannielle Gibson in the triple jump (Eighth-Place).

The overwhelming success of the indoor season set the teams up for the continued success it saw during the outdoor season.

Serving as the host for the Big Ten Outdoor Championships for the third time since joining the conference in 1992, the Penn State men's team won its first title in program history scoring 117-points over the three day meet while the women finished third scoring 101-points. Tim McGowan and Jillian Hunsberger posted runner-up finishes in the 10K to start the weekend. The meet featured five Big Ten Champions between the squads including sweeping the men's and women's 800-meters to go along with the sweep of the indoor season by Isaiah Harris and Danae Rivers. Malik Moffett, who was named Big Ten Field Athlete of the Championships, captured titles in the long jump and the 200-meters with the former being a school record at 26'-3" (8.00m) and the latter being the eighth-fastest wind-aided time in NCAA history at 19.87 (+5.7).

At the NCAA Championships, the Nittany Lions saw four athletes finish the season with All-American honors including Isaiah Harris

in the 800-meters (second-place), Tori Gerlach in the 3,000-meter steeplechase (Third-Place), Michael Shuey in the javelin (third-place), and Dannielle Gibson in the triple jump (sixth-place).

Overall, 2016-17 saw 15 school records broken, 10 top-five indoor marks set as well as 34 top-ten outdoor marks hit. Between cross country, indoor and outdoor, Penn State had 14 athletes honored as All-Americans. Penn State captured two Big Ten Conference titles, the only team in the conference to do so during the '16-'17 competition year.

The extraordinary year for Penn State on the course and on the track capped the third year for Gondak as the head coach for the Blue & White following the two years prior that included multiple accomplishments among the programs.

During his 12 years with the Penn State track & field team, Gondak has helped the Nittany Lions' post nine Big Ten track & field titles. The 2009-10 school year was a sensational year for the Penn State Nittany Lions as the women won the Big Ten Triple Crown (XC, ITF, OTF). The women continued their success into the postseason as they finished fourth at the 2010 NCAA Outdoor Track & Field Championships. The Nittany Lions women's team also finished fourth at the NCAA Outdoor meet in 2008. More recently, the men's track team has posted top-20 finishes three-straight years (10th-place '15, 17th-place '16, and 20th-place '17), as well as a top-10 finish for the women's team at the 2017 Indoor Track & Field Championships.

Individually, two Nittany Lions have captured Big Ten Cross Country titles (Bridget Franek, 2009, and Caitlin Lane, 2011). The Penn State men have been represented in seven of the past nine years at the NCAA Cross Country Championships either by an individual or as a team, including four-time qualifier Vince McNally. During the 2013 season, Matt Fischer posted the highest finish at the Big Ten Cross Country Championships in school history (third) and placed fourth at the NCAA Mid-Atlantic Regional to qualify for the NCAA Cross Country Championships. At the 2013 NCAA Cross Country Championships, Fischer went on to finish 78th. The following year, Fifth-year senior Matt Fischer finished eighth at the Big Ten meet, won the Mid-Atlantic Regional and advanced to the NCAA Cross Country Championships for the second-straight year.

At the 2013 Outdoor Championships Gondak guided senior Casimir Loksom and freshman Brannon Kidder to a 2-3 finish in the 800-meters becoming the first program to have two top-three finishers in the men's outdoor 800-meters in 68 years (Michigan in 1945), when the Michigan Wolverines earned first and third-place finishes.

Gondak has also been widely recognized by the coaching community on multiple occasions earning awards from the United States Track and Field/Cross Country Association (USTFCCCA) ranging from Mid-Atlantic Region Assistant Coach of the Year during his early years to the most recent, Mid-Atlantic Region Indoor Women's Head Coach of the Year. At the conference level, Gondak has been named Big Ten Head Coach of the Year on three occasions.

Academic Success...

Under Coach Gondak, Penn State student-athletes have found great success in the classroom. The Penn State cross country teams have tallied a cumulative 16 USTFCCCA All-Academic Team honors as well as 27 USATFCCCA Individual honors.

82 Penn State distance student-athletes have been named to the Big Ten's Distinguished Scholar list since the Inaugural Class of 2008. Since his arrival on campus, Penn State track & field has garnered 322 All-Academic Big Ten Track & Field honors, 118 All-Academic Big Ten Cross Country Honors, and Four Academic All-Americans.



COACHING AND SUPPORT STAFF

In the Big Ten...

Since joining the conference in 2006, Gondak has coached a total of 34 Big Ten Champions, including 16 of the last 24 winners in the 800-meters (Indoor/Outdoor) on the men's side.

The Nittany Lions have also been consistent at the conference level in the relays, with the Men's DMR winning five-straight Big Ten titles (2012-16). The Nittany Lions have been highly recognized under Gondak's watch, as Penn State has earned a total of six Big Ten Freshman of the Year honors since 2010 -Casimir Loxsom (i), Robby Creese (i/o), Brannon Kidder (i), Danae Rivers (i/o) – as well as three Big Ten Medal of Honor recipients since 2006 – James Pagana ('09), Jessica Babcock ('11) and Emily Giannotti ('14).

Penn State has captured 11 team titles since Gondak's arrival in Happy Valley

Women's Cross Country – (2): 2009, 2015

Women's Indoor – (3): 2010, 2014, 2017

Women's Outdoor – (5): 2008, 2009, 2010, 2013, 2014

Men's Outdoor – (1): 2017

Penn Relays Success...

Gondak and the Nittany Lions have become a fixture on the podium at Penn Relays, taking top honors in the women's 4x400-meter relay in 2008, men's sprint medley relay in 2011, 2012, and 2015, victories in the men's 4x800-meter relay in 2012, 2013 and 2016 as well as a men's DMR title in 2013 and 2016.

The Nittany Lions' 2012 4x800 victory (7:12.90) was the seventh-fastest time in collegiate history first by a Penn State squad since 1987. With Gondak as his mentor, Casimir Loxsom was named the Penn Relays Athlete of the Meet in 2013 for his 1:46 split on the Penn Relays Champion DMR relay. In addition to the relay titles, the Nittany Lions have recorded 24 individual Penn Relays Champions since 2006.

International Coaching Info...

During the summer of 2014, Gondak coached the U.S. men's distance squad at the North America, Central America and Caribbean (NACAC) U-23 Championships. Under the guidance of Gondak, the U.S. men's distance team won two gold, four silver, and three bronze medals.

Gondak has also continued the tradition of hosting international coaches as a part of the International Coaching Enrichment Certificate Program (ICECP) that provides national level coaches a practical program orientated towards developing proficiency in the technical, theoretical, conceptual, managerial and ethical aspects of coaching track & field at all levels of competition.

Prior to Penn State ...

Prior to Penn State, Gondak spent nearly eight seasons at the University of Kentucky before moving to Georgia Tech in 2006. As an assistant coach and recruiting coordinator for the Wildcat middle distance/distance runners, Gondak oversaw 25 All-America finishes in his event area, while 19 athletes earned All-Southeastern Conference (SEC) honors. Prior to working at Kentucky, Gondak was the cross country and assistant track and field coach at Georgia Tech from 1995-96, and Toledo from 1996-98.

Gondak started out as a walk-on athlete at Syracuse and quickly improved, qualifying for the IC4A Championships as a sophomore, junior and senior in the distance-medley relay and mile run. During his senior year, he was placed on scholarship and named captain of the cross country program. Gondak graduated summa cum laude as the valedictorian of the civil engineering program.

Coaching Honors...

- 2017 Big Ten Men's Outdoor Head Coach of the Year
- 2017 Mid-Atlantic Region Indoor Women's Head Coach of the Year
- 2017 Big Ten Women's Indoor Head Coach of the Year
- 2016 Mid-Atlantic Region Cross Country Women's Head Coach of the Year
- 2015 Mid-Atlantic Region Cross Country Women's Head Coach of the Year
- 2015 Big Ten Women's Cross Country Head Coach of the Year
- 2015 Mid-Atlantic Region Indoor Men's Head Coach of the Year
- 2014 Mid-Atlantic Region Indoor Men's Assistant of Coach of the Year
- 2013 Mid-Atlantic Region Indoor Men's Assistant of Coach of the Year
- 2013 Mid-Atlantic Region Outdoor Men's Assistant of Coach of the Year
- 2010 Mid-Atlantic Region Outdoor Assistant of Coach of the Year
- 2009 Mid-Atlantic Region Assistant of Coach of the Year

Outstanding Athletes Coached...

Tessa Barrett

- 2x Penn State School Record Holder
- 2x USTFCCCA First-Team All-American
- 5x Big Ten Medalist
- Personal Best: 3K - 9:07.22, 5K - 15:28.99

Robby Creese

- 2x NCAA Indoor Runner-Up (DMR)
- 3x USTFCCCA First Team All-American
- 4x Big Ten Champion
- 4x Penn State School Record Holder
- Collegiate 1,000-Meter Record Holder (2:19.53)
- Two-Time Big Ten Freshman of the Year
- Personal Best: Mile - 3:57.11, 3K - 7:50.36

Tori Gerlach

- 2x Big Ten Champion (3k, 5K)
- 8x Big Ten Medalist
- 2x Penn State School Record Holder
- First-Team All-Big Ten Cross Country (2015)
- Set four Penn State school records during her career
- Personal Best: Mile - 4:37.83, 3K - 9:10.76, 5K - 15:50.49

Isaiah Harris

- Collegiate Record Holder (600m, 1:14.96)
- 2017 IAAF World Championships Semifinalist
- 2017 USATF Silver Medalist in the 800-meters (1:44.53)
- 2017 NCAA Silver Medalist in the 800-meters
- 2017 NCAA Indoor/Outdoor All-American
- 2016 NACAC U-23 Champion (800m)
- 2016 U.S. Olympic Trials Sixth-Place (800m)
- 2016 NCAA Outdoor All-American
- 2016 NCAA Outdoor Fourth-Place (800m)
- 2016 Big Ten Indoor/Outdoor Champion (800m)
- Penn State School Record Holder (800m Indoor/Outdoor)
- All-Time Big Ten Indoor Record Holder (800m)

Brannon Kidder

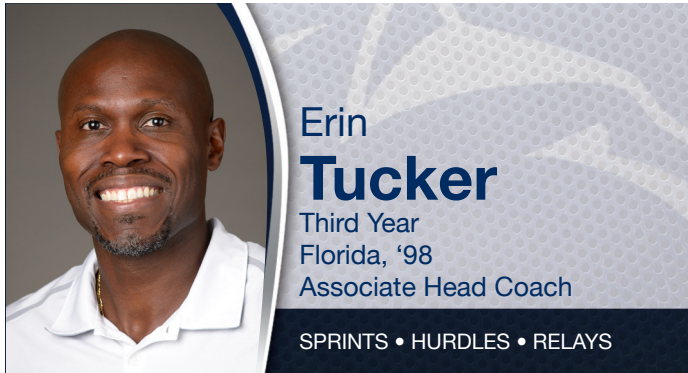
- 2015 NCAA Outdoor Runner-Up (800m)
- 2x NCAA Indoor Runner-Up (DMR)
- 2013 NCAA Outdoor Bronze Medalist (800m)
- 7x USTFCCCA First Team All-American
- 9x Big Ten Champion
- 2013 Big Ten Freshman of the Year
- USATF Senior Semi-finalist (800m)
- 2013 Millrose Games Champion (4x800)
- 2014 USTFCCCA Mid-Atlantic Region Indoor Track Athlete of the Year
- Currently holds five school records
- 800m - 1:45.58, 1500m - 3:38.82, Mile - 3:57.13

Casimir Loxsom

- 6x NCAA All-American
- 6x Big Ten Champion
- Former American Collegiate Record Holder (600m, 1:15.79)
- All-Conditions American Record Holder (600m, 1:15.42)
- 2013 Penn Relays - Collegiate Athlete of the Relays
- 2013 Big Ten Indoor Track Athlete of the Championships
- 2013 Big Ten Indoor Track Athlete of the Year
- 9x Penn State Record Holder
- USATF Junior Champion (800m)
- IAAF World Junior Silver Medalist (800m)
- 2010 Big Ten Freshman of the Year
- 4x USTFCCCA Mid-Atlantic Region Track Athlete of the Year
- Personal Best: 800m - 1:45.28

Danae Rivers

- 7x Penn State School Record Holder
- 2x USTFCCCA First Team All-American
- 3x Big Ten Champion
- 2x Big Ten Freshman of the Year
- 2017 Mid-Atlantic Women's Track Athlete of the Year (i)
- Personal Best: 800m - 2:02.53, Mile - 4:32.55



Erin Tucker enters his third year as the associate head coach for the Nittany Lion track & field program following a four-year coaching stint at, his alma mater, Florida. Tucker oversees the sprints, hurdles and relays program.

The Penn State sprints, hurdles, and relay groups saw, even more, growth than the year before where Tucker's athletes set multiple top-10/top-five program marks. In 2017, Tucker led the Nittany Lions to two conference championships, capturing the women's title during the indoor season as well as earning the men's first Big Ten title ever during the outdoor season capturing the title on their home track.

Four school records were broken during the second year under Tucker's tutelage including the 60-meters (6.66) and 100-meters (10.32) by Xavier Smith, 4x100-meter relay (39.08) by Kowalchuck, Chisena, Smith and Moffett, and the men's 4x400-meter relay (3:04.80) (i) by Chisena, Smith, Sam Reiser and Isaiah Harris that set a new Big Ten Indoor record. In addition to the multiple school records, 20 other top-five/top-10 marks were set under Tucker's watch.

At the Big Ten Indoor Championships, the Nittany Lions recorded the highest combined finish in program history (Women - B1G Champions; Men - B1G Runner-up). The success of the Penn State sprints translated to Tucker earning 2017 Mid-Atlantic Region Men's Assistant Coach of the Year accolades.

Penn State, traditionally a mid-distance/distance program, has quickly become a sprint school as well, qualifying a men's 4x100-meter relay and 4x400-meter relay as well as Malik Moffett in the 200-meters to the NCAA Championships in Eugene, Ore.

Under Tucker, Karson Kowalchuck (Canada), Malik Moffett (United States) and Keianna Albury (Bahamas) competed at their respective nations track & field championships with Kowalchuck doubling as the 100-200 Canadian champion.

At the IAAF world championships in London, Keianna Albury and current volunteer assistant coach Eddie Lovett competed in the 4x100-meter relay and 110-meter hurdles, respectively.

Tucker wrapped up his first year in Happy Valley by making a trip to Rio de Janeiro, Brazil to serve as an Assistant Coach for the U.S. Virgin Islands track & field team. Tucker coached Eddie Lovett of the U.S. Virgin Islands in the 110-meter hurdles at the 2016 Rio Olympics.

Indoor season saw Tucker lead sophomore Xavier Smith to a school record in the 60-meters, breaking a 13-year-old record in the opening meet of the season. Smith would go on to further lower the record to its season-ending mark of 6.68. Malik Moffett joined Smith in the top-five with his mark of 6.79 for the No. 4 all-time mark in program history.

During the 2016 outdoor season, Penn State's men's 4x100-meter relay ran the fastest time by a Nittany Lion squad in over 30 years blazing the track to the tune of 39.92 seconds at the Pac-

12/Big Ten Challenge in Tempe, Ariz. Tucker's relay team recorded two of the top five-fastest sprint relays in program history during the 2016 season.

Tucker's 2016 squad also set program top-10 marks in the 100-meters and 200-meters including times of 10.45w, 10.46w, and 10.52w by Xavier Smith, Dan Chisena, and Anton Porter, respectively, as well as times of 20.73w, 20.96 and 21.05 by Malik Moffett, Xavier Smith and Dan Chisena, respectively.

During his time at Florida, Tucker coached one NCAA champion (2013 - Eddie Lovett - 60-meter hurdles), two NCAA runner-ups, 14 All-Americans, six SEC champions, and eight school record holders. Tucker also coached 13 student-athletes to top-10 performances in school history.

As a program, between 2012-15, Florida won three national titles, three SEC conference titles and posted numerous SEC runner-up finishes.

Prior to coaching at Florida, Tucker was the assistant coach for hurdles, relays, and sprints from 2003-2012 at Kentucky and he also coached at Illinois for three years overseeing the hurdles, relays and sprints program.

While with the Wildcats, Tucker helped lead the track and field program to some of the most successful seasons in program history. During his time at Kentucky, Tucker coached 27 All-Americans, 26 All-SEC honorees, 15 All-Region athletes, six SEC champions, three NCAA runner-ups and an NCAA Champion (Rondel Sorrillo, 200m, 2010). Under Tucker's tutelage, 34 school records fell and 67 athletes ranked in the top-10 in school history.

At Kentucky, Tucker coached four student-athletes that competed at the Olympics. Luis Luna was Tucker's first athlete to see Olympic action as she competed in the 400m for Venezuela in the 2004 Athens Games. In 2008, three of Tucker's athletes competed in the Beijing Olympics as Sorrillo (200m) and Mikel Thomas (110m high hurdles) competed for Trinidad and Tobago, while Jose Acevedo competed for Venezuela in the 200m.

Before starting his coaching career as a volunteer assistant with the Gators in the 1999-2000 season, Tucker enjoyed a prolific collegiate career at Florida. Tucker, a four-time SEC champion, and a six-time All-American won the 400-meter hurdles at the 1998 SEC Championships with a personal best time of 49.82, which still ranks as the eighth-fastest time in Florida history. He also ran on three conference championship teams and four All-America 4x400-meter relay teams.

In the classroom, he was a two-time All-SEC academic honoree at Florida, where he earned a bachelor of arts in History and a master's degree in Education.

Tucker has three sons Ezra (8), Erin II (4), & Samuel (3).



at Illinois

- 1 Big Ten Champion
- 1 Big Ten Meet Record
- 3 School Records
- 1 All-American
- 6 All Big-Ten Selections
- 10 Athletes Ranked Top 10 in school history from 2000-2003

at Kentucky

- 2006 Mid-East Regional Men's Assistant Coach of the Year (Sprints & Hurdles) Outdoor Track
- 2006 Venezuelan Coach for Central American and Caribbean Championships
- 2008 Venezuelan Olympic Coach

Olympians

- 2004 Athens Olympics
- 400m-Luis Luna (Venezuela)
- 2008 Beijing Olympics
- 200m-Rondel Sorrillo (Trinidad)
- 200m-Jose Acevedo (Venezuela)
- 110HH-Mikel Thomas (Trinidad)

- 7 Venezuelan National Record Holders
- 1 Canadian Junior National Record
- 1 NCAA Champion (2010 Outdoor 200m)
- 6 SEC Champions
- 2 SEC 4x400m Titles
- 3 NCAA Runner-ups

(2007 Indoor 4x4, 2009 Outdoor 200m, 2010 Outdoor 100m)

- 70 Athletes Ranked Top 10 in school history since 2003
- 34 School Records
- 27 All-Americans
- 15 All-Regional Selections
- 26 All-SEC Selections

at Florida

Olympians

- 2012 London Olympics
- 100m/200m/4X100m Relay- Rondel Sorrillo {Trinidad}
- 110HH-Mikel Thomas {Trinidad}
- Venezuelan 4x400m Relay

- 1 Venezuelan National Record
- 2 US Virgin Island National Records
- 1 NCAA Meet Record 60HH
- 2012 SEC Women's Indoor Team Champion
- 2012 NCAA Men's Indoor Team Champion
- 2012 NCAA Men's Outdoor Team Champion
- 2012 SEC Runner-up Men's Indoor Team
- 2012 SEC Runner-up Women's Outdoor Team
- 2013 NCAA Runner-up Men's Indoor Team
- 2013 SEC Runner-up Men's Indoor and Outdoor Teams
- 2013 NCAA Men's Outdoor Team Champion
- 2014 SEC Women's Indoor Team Champion
- 2014 SEC Runner-up Men's Indoor Team
- 2014 SEC Runner-up Women's Outdoor Team
- 2014 NCAA Runner-up Men's Outdoor Team
- 2014 3rd Place NCAA Men's and Women's Indoor Team
- 2014 4th Place NCAA Women's Outdoor Team
- 2015 SEC Men's Indoor Team Champion
- 2015 NCAA Runner-up Men's Indoor Team
- 2015 SEC Men's Outdoor Team Champion
- 2015 NCAA Runner-up Men's Outdoor Team
- 1 NCAA Champion (2013 60HH)
- 2 NCAA Runner-ups (2013 110HH, 2014 60HH)
- 6 SEC Champions
- 16 All-Americans
- 8 School Record Holders
- 13 Athletes Ranked Top-10 in school history since 2012
- 12 All-SEC Selections

at Penn State

- 2017 Mid-Atlantic Men's Assistant Coach of the Year (Indoor Track)

Olympians

- 2016 Rio Olympics
- 110HH- Eddie Lovett {US Virgin Islands}

- 2017 Women's Indoor B1G Team Champions
- 2017 Indoor B1G Runner-up Men's Team
- 2017 Men's Outdoor B1G Team Champions
- 2017 3rd Place Outdoor Women's B1G Team
- 8th fastest 200m in all conditions in NCAA History (19.87)
- 1 B1G Record Meet Record
- 1 B1G All-Time Record
- 15 School Records
- 1 All-American
- 18 Athletes Ranked Top-5 Indoor in school history since 2016
- 26 Athletes Ranked Top-10 Outdoor in School history since 2016
- 4 Big Ten Champions
- 13 All-B1G Selections
- 2016 World Indoor Championship Finalist 60HH Eddie Lovett 7th Place
- 2017 Canadian Jr Champion 100m





Kevin Kelly is in his sixth year in Happy Valley, overseeing the Nittany Lion men's jump and multi-events, as well as the men's and women's pole vault. Overall, Kelly has coached six Penn State All-America finishes and five Penn State school records.

2017 Recap...

Coach Kelly was a huge part of helping Penn State capture indoor and outdoor Big Ten Championships in 2017. At the indoor Big Ten meet, Kelly's athletes posted fifth and eighth-place finishes to add to the women's total score of 96.5-points to claim their fourth Big Ten indoor title in program history. The men posted the highest finish at any championship in program history scoring 84-points to finish second securing the highest combined finish at any Big Ten meet in Penn State history. Bryce Williams took silver with his jump of 51'-7" (15.72m) - just short of his personal best mark of 15.75m set earlier that season. Williams was honored as the Mid-Atlantic Men's Field Athlete of the Year for his efforts during the indoor season. During the outdoor season, Kelly coached a few athletes to school records. Malik Moffett recorded the longest jump in program history - the sixth longest in the NCAA during 2017 - as Moffett captured the Big Ten title in the long jump with his mark of 26'-3" (8.00m) that erased a 32-year-old record. For his performance, Moffett was named Big Ten Field Athlete of the Championships. Hannah Mulhern earned her school record with a clearance of 13'-5.50" (4.10m) that punched her ticket to the NCAA Outdoor Championships. The men captured the Big Ten title scoring 117-points. Kelly qualified three athletes through to the meet as Hannah Mulhern competed in the pole vault, Bryce Williams competed in the triple jump, and Malik Moffett qualified in the long jump.

2016 Recap...

Kelly coached three of his women's vaulters to the No. 1, No. 2 and No. 4 marks in program history in the indoor pole vault as Lexi Masterson (13-9.25/4.20m), Hannah Mulhern (13-6.50/4.13m), and Kasey Kemp (13-1.75/4.01m) all posted marks over four meters. Mulhern and Kemp returned during the outdoor season to post the No. 2 and No. 4 marks in program history while teammate Megan Fry joined in recording the ninth best jump in the pole vault clearing 12-6 (3.81m). For the men's jumpers, Brian Leap in the triple jump (53-4.50/16.27m) and Malik Moffett in the long jump (24'-11.50/7.60m) highlighted the group with the No. 3 and No. 9 marks in program history. Leap would cap his Nittany Lion career earning All-American Honors in the triple jump at the NCAA Championships. Big Ten medalist for Kelly included Chisom Ifedi in the high jump, both indoor and outdoor, clearing 2.15m (7'-0.50") in Lincoln, Neb. - the No. 7 mark in program history. Brian Leap captured the conference title in the triple jump at 16.27m (53'-4.5").

2015 Recap...

Senior Steve Waithe would garner his third All-American honor in his two-year career as a Nittany Lion for his eighth-place performance in the triple jump 16.26m (53' 4.25"w) at the 2015 NCAA Outdoor Track & Field Championships - the third best outdoor mark in Penn State history.

Brian Leap recorded a 13th-place in the triple jump with his distance of 15.65m (51-4.5) at the NCAA Indoor Track & Field Championships, garnering second-team All-American honors.

During Big Ten competition, Waithe was named second-team All-Big Ten following the Big Ten Outdoor Track & Field Championships, while Leap, who finished second in the triple jump at the Big Ten Indoor Championships with his personal-best leap of 16.02m (52-6.75) - the second-best mark all-time at Penn State - received second-team Big Ten honors.

2014 Recap...

During the 2013-14 season, Kelly's group improved on the success from the previous year. Kelly led the Nittany Lions to three First Team All-America finishes, six NCAA First Round qualifiers, four Big Ten medalists, 12 Big Ten scoring performances, two Big Ten Athletes of the Week and two Penn State school records.

For his success with the men's team during the 2014 outdoor season, Kelly was named the 2014 USTFCCA Mid-Atlantic Region Men's Outdoor Assistant Coach of the Year. Kelly had a student-athletes score in every event in which he has athletes, accounting for 38 of the program's 78 points at the Big Ten meet. In addition, Steve Waithe won the league's triple jump title. Kelly qualified three for the NCAA final rounds - including two triple jumpers and a decathlete.

Redshirt freshman Robert Cardina moved up the record books in the multi-events and ended the year with First Team All-American honors. Cardina owns the school record in the heptathlon (5,511) and his score of 7,666 in the decathlon ranks second all-time at Penn State. His score of 7,666 gave him an eighth-place finish in the decathlon at the 2014 NCAA Outdoor Track & Field Championships garnering him First Team All-American honors.

Joining Cardina in Eugene, Ore., was junior Waithe and junior Brian Leap. Waithe transferred to Penn State and made an immediate impact in the triple jump event. In the indoor season, Waithe tallied a distance of 52-6 (16.00) in the triple jump, which ranks tied for second all-time. In the outdoor Penn State record books, Waithe ranks fourth in the triple jump 52-8.75 (16.06).

At the Big Ten and NCAA levels, Waithe enjoyed major success. At the 2014 Big Ten Indoor Track & Field Championships, he finished second in the triple jump (51-7.25) and eighth in the long jump (51-10.5). At the 2014 Outdoor Big Ten Track & Field Championships, Waithe claimed the triple jump title (52-0) and placed fourth in the long jump (24-0.25).

Waithe tallied first team All-America honors at both 2014 NCAA Championship meets. At the 2014 Indoor NCAA Track & Field Championships, Waithe placed sixth in the triple jump (51-10.5) and at the 2014 Outdoor Track & Field Championships, he finished fifth in the triple jump (52-11.5).

Leap also qualified for the 2014 Outdoor NCAA Track & Field Championships in the triple event. Leap went on to finish 16th in the triple jump (51-6.5) and was named a Second Team All-American. His lifetime-best mark of 51-6.5 ranks seventh all-time at Penn State.

In the pole vault, freshman Lexi Masterson set the second-best mark (13-1.75) all-time at Penn State during the indoor season. Masterson went onto set the pole vault school record in the outdoor season with her height of 13-3.5.

On the men's team, Dylan Bilka moved into fifth (16-8.75) all-time at Penn State during the outdoor season.

Kelly enjoyed a productive opening campaign with the Nittany Lions in 2012-13, coaching one USTFCCA Honorable Mention All-American, three NCAA Eastern Preliminary Round qualifiers, two Big Ten medalists, and one Penn State record holder.

2013 Recap...



Kelly coached a trio of high flyers in the high jump during the 2013 campaign with senior Sean Reilly, junior Jon Hendershot, and sophomore Michael McClelland all bettering the seven-foot barrier during the indoor season. McClelland was a top Nittany Lion during the indoor season, clearing a lifetime-best 7-1 (2.16).

Hendershot and Reilly continued to improve during the outdoor season, led by Hendershot's school-record tying leap of 7-3.25 (2.22) at the Jim Thorpe Invitational. Reilly would enjoy a stellar final season in the Blue and White, clearing a career-high 7-2.25 (2.19) at the LSU Battle on the Bayou. Reilly continued to excel into the postseason, qualifying for the NCAA Outdoor Championships in the event, where we would finish 19th overall to earn USTFCCA Honorable Mention All-America status. Both Hendershot and Reilly were consistent throughout the year, as the pair of Nittany Lions turned in scoring finishes at both the Big Ten Indoor and Outdoor Championships.

Horizontal jump specialist Leap also shined under Kelly's watch in 2013, earning bronze-medal finishes in the triple jump at both the Big Ten Indoor and Outdoor Championships. Kelly guided Leap to outstanding improvements during the year, as the then-sophomore improved his lifetime-best effort in the triple jump to 50-10.25 (15.50) during the indoor season. Leap also made great strides in the long jump, ending the season with a personal-best 24-0.25 (7.32) at the Big Ten Outdoor Championships, which was also good for a fifth-place finish in the competition.

Prior to Penn State...

Kelly signed on at Penn State in the summer of 2012 after enjoying a highly successful 11-year coaching stint at Rutgers. Prior to his departure from New Brunswick, he was overseeing the efforts of all the Scarlet Knights' field event athletes.

Kelly arrived at Rutgers in 2001, helping the Scarlet Knights to outstanding success in the Big East Conference, including three conference team titles. Individually, Kelly guided 19 Big East Champions, as well as 45 All-Big East performers. In 2004, his athletes swept the top three spots in the decathlon at the Big East Outdoor Championships.

Kelly, who was elevated to Associate Head Coach for the Scarlet Knights in 2008, has undoubtedly made a mark on the Rutgers' record books as Kelly-coached athletes currently own eight school records. Off the track, Kelly maintained the role of the Scarlet Knights' Recruiting Coordinator, while also serving as the men's track and field coaching staff liaison to Academic Support.

An outstanding athlete in his own right, Kelly was a three-time All-American in the decathlon while competing at Kutztown University, earning runner-up honors at the 1998 NCAA Outdoor Championships. In 1998, Kelly, who still owns Kutztown school records in the decathlon and 110-meter hurdles, was named Pennsylvania State Athlete Conference (PSAC) Athlete of the Year. He is also a Kutztown Hall of Fame inductee, and a member of the Golden Bears' "Top 30 Athletes of the 20th Century." Kelly earned his B.A in Political Science in 1999.

Prior to Rutgers, Kelly spent several seasons at Lehigh University, coaching all Mountain Hawk throwers. He is married to Maisha Kelly, who is a Senior Associate Director of Athletics and Senior Woman Administrator at Bucknell University, and has one son, Gregory and one daughter Kennedy.

Coaching Honors...

- 2014 USTFCCA Mid-Atlantic Region Men's Outdoor Assistant Coach of the Year

Outstanding Nittany Lions Coached...

Dylan Bilka

- NCAA First Round Qualifier
- Big Ten Scorer

Rob Cardina

- Penn State Record Holder (Heptathlon)
- 2014 First Team All-American
- NCAA First Round Qualifier
- Big Ten Medalist
- 2x Big Ten Scorer

Jon Hendershot

- Penn State Record Holder (High Jump)
- 2x NCAA First Round Qualifier
- 2x Big Ten Athlete of the Week Selection
- 4x Big Ten Scorer
- Second-Team All-American (i)

Brian Leap

- First-Team All-American
- 3x Big Ten Medalist
- 6x Big Ten Scorer
- 3x NCAA Qualifier
- Big Ten Champion (Triple Jump)

Lexi Masterson

- Penn State Record Holder (Indoor Pole Vault)
- NCAA First Round Qualifier
- 4x Big Ten Scorer

Sean Reilly

- 2013 Honorable Mention All-American
- NCAA First Round Qualifier
- 2x Big Ten Scorer (2013)

Steve Waithe

- 2015 First Team All-American
- 2x 2014 First Team All-American
- 2x Big Ten Athlete of the Week Selection
- 3x Big Ten Medalist
- 5x Big Ten Scorer
- 2x NCAA First Round Qualifier
- Big Ten Champion

Hannah Mulhern

- Penn State Record Holder (Outdoor Pole Vault)
- 4x Big Ten scorer
- NCAA Qualifier

Malik Moffett

- Penn State Record Holder (Outdoor Long Jump)
- Big Ten Champion
- NCAA Qualifier
- Big Ten Field Athlete of the Championships

Bryce Williams

- 3x Big Ten scorer
- NCAA Qualifier



Angela Reckart enters her third season as the assistant coach for the Nittany Lion cross country/track & field program following coaching at North Carolina for three years. Reckart assists with the cross country and distance event areas.

Year two in Happy Valley saw Reckart help lead the Nittany Lion women to a second-place finish at the Big Ten Championships in Minneapolis, MN. The second-place finish by the women's team included three All-Big Ten honorees in Tessa Barrett (First-Team), Jillian Hunsberger (First-Team) and Elizabeth Chikotas (Second-Team). The women's team would go on to win the Mid-Atlantic Regional Title for a second-straight season that saw six Penn State student-athletes earn Mid-Atlantic All-Region honors (Tessa Barrett, Elizabeth Chikotas, Jillian Hunsberger, Kathryn Munks, Greta Lindsley and Tim McGowan). The women's team went on to finish 18th as a team in the NCAA Championships led by two Nittany Lions who teamed up to provide a program first with Penn State fielding two All-Americans at the NCAA Cross Country Championships for the first time in the NCAA era.

On the track, Reckart coached Tessa Barrett to a runner-up finish at the Big Ten Indoor Championships posting the second-fastest time in the NCAA in the 5,000-meters with her time of 15:28.99 that was one-tenth of a second off the national leader. The second-place finish by Barrett helped the women's team capture the Big Ten indoor title, the fourth Big Ten Indoor Championship in program history. Barrett would go on to earn All-American honors in the 5K finishing fifth at the NCAA Championships followed by a second-team All-American finish in the 3K the following day. During the indoor season, Barrett set school records in both the 3K and 5K.

Reckart was also key in helping Tim McGowan secure a bronze medal at the Big Ten Indoor Championships in the 5K as the men's team posted their highest finish at a Big Ten Championship in program history scoring 84 points to finish second.

The 2017 outdoor season featured multiple successes in the distance events as Tessa Barrett and Jillian Hunsberger set the No. 5 and No. 6 times in program history in the 5K, Hunsberger and Kathryn Munks set the No.2 and No. 7 times in program history in the 10K and Tori Gerlach and Greta Lindsley set the No. 2 and No. 8 times in program history in the 3K steeplechase. The men's team captured its first Big Ten Championship in program history scoring 117-points while the women took home a third-place finish.

Gerlach finished third at the NCAA championships in the 3K steeplechase followed by a 15th-place finish at the USATF Championships in Sacramento, Calif. Jillian Hunsberger posted a second-team All-American finish at the NCAA Championships in the 10K with a 10th-place finish.

During her first year in Happy Valley Reckart was instrumental in the run to the 2015 Big Ten Championship by the Penn State women's team in Chicago, Ill.

Reckart joins the Nittany Lions following a three-year stint as the assistant cross country/distance coach at North Carolina. The

Tar Heel cross country program is coming off a historic season as both teams tallied top-25 NCAA finishes for the first time in school history.

The Tar Heel men's cross country program advanced to back-to-back appearances at the NCAA cross country championships for the first time in almost 40 years. At the 2014 NCAA Cross Country Championships, the men finished 12th, their highest finish since 1985 and the women placed 22nd. The men also posted a 17th-place finish at the 2013 NCAA Cross Country Championships.

On the track for the Tar Heels, Reckart coached both indoor 3,000-meter run champions at the 2014 ACC Track & Field Championships (Annie LeHardy and Isaac Presson), she also coached 11 NCAA indoor championship qualifiers and 17 NCAA first round qualifiers during the last two years.

Reckart graduated from The College of New Jersey (TCNJ) in 2008 with a bachelor's degree in exercise science. During her time at TCNJ she was a member of the track & field team and posted All-America honors seven times. She was a member of a 4x400-meter relay that won two national titles. Following her track career, she started coaching at TCNJ by helping with the middle distance program.

Prior to North Carolina, she served as a graduate assistant and volunteer coach at North Florida.





COACHING AND SUPPORT STAFF



Fritz Spence is in his 11th year coaching the Nittany Lion women's jumpers and multi-event athletes after outstanding results over the past 10 seasons. In his decade with the Nittany Lions, Spence has overseen 16 All-America efforts, including Gayle Hunter, who claimed a total of nine All-America certificates in the multi-events. Hunter is the indoor school record holder in the long jump 20-11.00 (6.37m) and pentathlon (4342), outdoor school record in the Heptathlon (5797) and 4x400m (3:27.69) relay under Spence's watch.

2017 Recap...

Multiple athletes turned in spectacular performances during the 2017 season under Spence's watch. Maddie Holmberg owns the No. 3 performance in program history in the heptathlon with her total of 5,636 set at the Virginia Challenge. Holmberg also owns the multi-record in the shot put with her mark of 42-6.25 (12.96) and the No. 7 time in program history in the 100-meter hurdles at 13.70. Dannielle Gibson earned indoor and outdoor All-American honors in the triple jump recording the all-conditions No. 1 mark at 45-1.75 (13.76w) in a gold medal performance at the Big Ten Championships on her home track. Megan McCloskey cleared the No. 2 mark in program history in the high jump during the outdoor season clearing 5-11.50 (1.82m) and is also ranked as the No. 3 high jumper in indoor history with a clearance of 5-10.50 (1.79). Dannielle Gibson was an indoor and outdoor qualifier for the national championships while Maddie Holmberg qualified during the outdoor season in the heptathlon.

2016 Recap...

Spence coached Dannielle Gibson to a silver medal in the triple jump at the Big Ten Indoor meet earning second-team honors with a best of 13.10m (42'-11.75"). The women's team finished third at the meet scoring 96.5-points. At the NCAA Indoor Championships Gibson earned second-team All-American honors with a 10th-place finish in the triple jump. During the outdoor Big Ten Meet, Gibson again brought home a silver medal in the women's triple jump with her mark of 13.04m (42'-9.50"). The women's high jump featured Penn State's Megan McCloskey (1.79m/5'-10.50") and Ahmenah Richardson (1.76m 5'-9.25") finish fourth and fifth, respectively. Dannielle Gibson received Mid-Atlantic Field Athlete of the Year honors for her efforts during the outdoor season. She would go on to finish with second-team All-American honors in the triple jump at the outdoor meet in Eugene, Ore., before going on to capture Gold at the NACAC U23 Championships.

2015 Recap...

Under the guidance of coach Spence, Dannielle Gibson tallied a third-place finish in the triple jump. Gibson, a sophomore, scored six points for Penn State with her leap of 42-3.50 during the 2015 Big Ten Outdoor Track & Field Championships. Gibson would also finish fourth in the long jump with her personal-best jump of 20-2.25 - Her distance of 20-2.25 ranks 10th all-time at Penn State - and was a member of the eighth-place 4x100-meter relay recording a time of 47.19.

Gibson would go on to qualify for the NCAA East Prelims in the long jump and the triple jump, finishing 31st in the triple jump (40-4.75), and 44th in the long jump (18-2.5).

In the vertical jumps, Ahmenah Richardson cleared a height of 5-9.25 in the women's high jump for a sixth-place finish during the Big Ten Outdoor Track & Field Championships, while finishing ninth with her height of 5-8 during the Big Ten Indoor Track & Field Championships.

Richardson qualified for the NCAA East Prelims in the high jump, finishing 26th with her height of 5-7.

The Philadelphia native began the year with a second-place finish at the Florida Relays with her height of 5-8, tallied a personal-best height of 5-11.25 to finish second at the Penn Relays - her height of 5-11.25 is tied for second all-time at Penn State - and finished second at the Kehoe Twilight Meet with her height of 5-8 during the outdoor season.

Richardson began the indoor season with a third-place finish at the Penn State Relays clearing a height of 5-8.75, placed third at the Penn State National Invitational with her height of 5-8, and tallied an indoor personal-best height of 5-9.75 to finish fourth at the Tyson Invitational.

Her mark of 5-9.75 is tied for fourth all-time at Penn State.

2014 Recap...

Spence also guided Brittney Howell to an outstanding 2014 outdoor campaign, highlighted by an outstanding long jump at the NCAA first round Championships. Howell also turned in a pair of scoring performances at the Big Ten level, finishing third in the long jump and ninth in the high jump at the Big Ten Outdoor Championships. Howell would also post the top long jump mark among Nittany Lions during the 2014 campaign - going 20-4.50 (6.21m) during the Indoor season and 20-10.75 (6.37m) during the outdoor season. The performance ranks fifth indoors and third outdoors in the all-time Penn State standings.

Coming into her own in 2014 was freshman high jumper, India McCoy. McCoy notched a lifetime-best clearance of 5-10.00 (1.78m) during the outdoor season.

McCoy along with fellow protégée Ahmenah Richardson who in 2014 made a trip to the Big Ten medal stand for a third-place finish at the Big Ten Outdoor Championships.

Also, coming into her own in 2014 was freshman long and triple jumper Dannielle Gibson. Gibson had an outstanding freshman year achieving a lifetime-best leap of 42-2.00 (12.80m) in the triple jump and 20-1.00 (6.11m) in the long jump during the outdoor season.

Gibson along with fellow jumper Kaitlyn Lopez who in 2014 put up a lifetime best of 39-5.25 (12.02m) in the triple jump and 18-10.50 (5.82m) in the long jump.

During the 2014 season, freshman multi-eventer Tal Ben-Artzi had an outstanding indoor seasoning putting up a lifetime best score of 3861 in the indoor pentathlon.

Prior to 2014...

Spence oversaw marked improvements from senior Marlene Ricketts, who advanced to the NCAA Indoor Championships in the triple jump in 2013, coming home with USTFCCA Second Team All-America status. Ricketts also shined at the conference level, finishing second in the triple jump at the Big Ten Indoor Championships to go along with a fourth-place standing in the long jump. Ricketts ended her senior season with an indoor lifetime-best effort of 42-4.75 (12.92m) and outdoor lifetime-best effort of 42-2.75 (12.87m) in the triple jump - the second and fifth farthest performance in school history.

Spence took on a new coaching role in 2012, overseeing the Nittany Lion men's and women's javelin throwers, including All-America finishers Laura Loht and Lauren Kenney. The Nittany Lions javelinists had a stellar season under Spence, beginning with a victory at Kenney at the prestigious Penn Relays Carnival. During the championship portion of the season, Spence guided the duo to a one-two finish at the Big Ten Championships with Loht taking top honors. The Nittany Lions were thoroughly impressive at the NCAA Outdoor Championships, mounting a three-four finish including a PR toss from Loht at 169-4 (51.92) for third, and a lifetime-best 167-10 (51.17) for Kenney in fourth.

Along with Loht, Kenney, and Eli Skinner, Spence guided six athletes to the NCAA Eastern Preliminary Round, with Marlene Ricketts and Tanaya Lloyd representing Penn State in the women's triple jump and Erika Morgan competing in the women's high jump. Lloyd and Ricketts held their own against the top triple jumpers in the country at the event, placing 14th and 15th, respectively. Spence helped Lloyd, a 2012 graduate, to an outstanding Nittany Lion career overall, as Lloyd finished up with the



Lions with the fourth-best performance in Penn State history at 42-3.50 (12.89).

Spence's athletes recorded an outstanding medal haul at the Big Ten Outdoor Championships in 2011, scoring podium finishes in all four horizontal events. Along with Hanif Johnson's bronze-medal finish in the triple jump, junior Doug Moppert added a third-place finish in the men's long jump, while Tanaya Lloyd claimed runner-up status in the women's triple jump, and Bianca Fung posted a third-place finish in the women's long jump.

The 2009 season was also banner year for Spence and the Nittany Lion jumps squad with a trio of Lions qualifying for the 2009 NCAA Outdoor Championships, including Clarence Smith in the triple jump, Hunter in the heptathlon and long jump, and first-time NCAA qualifier Fung in the long jump. Indoors, Spence guided Hunter to a runner-up finish in the pentathlon - which tied the highest ever finish by a Nittany Lion at NCAA Indoor - while also overseeing Hunter's school record leap of 20-11.25 (6.38) in the long jump during the multi-event competition.

At the NCAA Regionals...

At the regional level, Spence led a total of five athletes to appearances at the NCAA East Regional Championships, including Hunter in the long jump, triple jump, and 100-meter hurdles, Fung in the long jump, and Smith, along with teammates Jay Pagana, and Johnson, in the triple jump. Throughout the year, Hunter set a trio of school records under Spence's watch, scoring 4342 to reset her own pentathlon mark, and posting a total of 5797 to better her own school standard in the heptathlon. Hunter would also earn Mid-Atlantic Region Field Athlete of the Year honors during the indoor and outdoor seasons under Spence's watch.

At the Big Ten Championships...

On the Big Ten stage, Spence guided Smith to triple jump titles at both the indoor and outdoor conference championships, while leading his men's triple jumpers to a one-three-four showing at the outdoor conference meet. Indoors, Spence-coached athletes recorded a total of four scoring performances, while adding another four outdoors. On the women's side, Spence led Hunter to top three finishes in the indoor pentathlon, and outdoor heptathlon, as well as scoring finishes in the indoor long and triple jumps, as well as the outdoor triple jump.

Overall, Spence also oversaw a total of six top-eight scoring finishes in the women's events during the Big Ten Indoor Championships, and four during the outdoor conference meet. In 2008, Spence led Hunter to a handful of All-America finishes, including fifth-place efforts in the NCAA pentathlon and heptathlon, as well as a fifth-place standing in the outdoor long jump. On the men's side, Spence saw Smith to an All-America finish and a Big Ten title in the triple jump. Spence's efforts were decidedly noteworthy, as he was named Mid-Atlantic Men's Assistant Coach of the Year during both the indoor and outdoor seasons.

Spence's athletes proved to be a big part of Penn State's scoring effort at the 2008 Big Ten Indoor Championships including a silver-medal finish from Taylor in the men's long jump, and bronze-medal standings from Hunter in the pentathlon, long jump, and triple jump. Spence's contingent was just as successful at the outdoor conference meet, including a two-three-four finish in the triple jump from Smith, Taylor, and Pagana, while the Penn State women provided four scoring finishes, led by Bettis in third.

During his first year in Happy Valley, Spence led Hunter to NCAA appearances in the pentathlon indoors and heptathlon outdoors, where she posted an eighth-place finish, earning All-America honors.

Prior to Penn State...

Prior to coming to Penn State, Spence coached 14 conference champions, 26 all-conference performers, 22 regional qualifiers, 10 NCAA qualifiers, and three All-Americans at Missouri State. Spence, who was named NCAA Women's Outdoor Track and Field Midwest Region Assistant Coach of the Year for Jumps/Combined Events in 2006, was a part of a coaching staff that won four Missouri Valley Conference Team Championships in both the indoor (2003 and '04) and outdoor (2002 and '03) seasons. The team also finished three times as the conference runner-up for the team championship (indoor 2002, outdoor 2004 and '06).

Spence and his wife, Teri, reside in State College. The couple has three daughters - Ashlie, Keiva, and Ale'ka - and one son - Ashton. T

In December of 2015, Spence graduated from Missouri State University with a Masters Degree in Communications (Master of Science in Administrative Studies (MSAS) / Applied Communication).

Spence is also certified in CPR First Aid and as a Fitness Trainer through the International Sports Sciences Association.

Outstanding Athletes Coached...

Dannielle Gibson

- Three-Time NCAA Qualifier (Triple Jump)
- 2017 Indoor / Outdoor First Team All-American (Triple Jump)
- 2017 Indoor / Outdoor Big Ten Champion (Triple Jump)
- 2017 NACA Champion (Triple Jump)

Maddie Holmberg

- 2017 NCAA Qualifier Heptathlon

Brittney Howell

- 2014 Indoor First Team All-American (Pentathlon)
- 2014 Outdoor Second Team All-American (Heptathlon)
- 2014 Big Ten Champion (Heptathlon)

Gayle Hunter

- NCAA Champion (2008, Outdoor 4x400)
- Nine-Time NCAA All-American
- 2009 NCAA Runner-Up (Pentathlon)
- Four-Time Penn State Record Holder (Pentathlon), (Long Jump), (Heptathlon), (4x400m)
- Four-Time Mid-Atlantic Region Field Athlete of the Year
- Three- Times USATF Qualifier

Brittany Mann

- Penn State Indoor School Record Holder (High Jump)

Jay Pagana

- Three-Time NCAA Regional Qualifier (Triple Jump)
- PSU McCoy Award Winner (Top GPA by student athlete)
- ESPN the Magazine Academic All-District

Clarence Smith

- Two-Time NCAA All-American (Triple Jump)
- Three-Time Big Ten Champion (Triple Jump)
- Two-Time Mid-Atlantic Region Field Athlete of the Year
- 2008 U.S. Olympic Trials Qualifier (Triple Jump)
- Two- Times USATF Qualifier

Tracy Partain (Missouri State)

- 2006 NCAA Runner-Up (Heptathlon)
- 2006 NACAC under -23 Championships (Heptathlon)
- Two-Time NCAA All-American (Heptathlon)
- Five-Time Missouri Valley Conference Champion

Fabian Florant (Missouri State)

- 2006 NCAA All-American (Triple Jump)
- Three-Time Missouri Valley Conference Champion (Triple Jump)

Greg Hughes (Missouri State)

- Two-Time NCAA All-American
- Four-Time Missouri Valley Conference Champion



Lucais Mackay enters his second year as an assistant coach for the Nittany Lion track & field program, MacKay oversees the throws program.

In his first season in Happy Valley, MacKay helped Penn State capture two conference championships as the women's team earned the Big Ten indoor title followed by the men capturing the first Big Ten title in program history during the outdoor season.

MacKay's athletes combined to set four top-10 program marks across three events. Alyssa Robinson recorded the fourth best mark in shot put (i) (53'-5.75") as well as the No. 7 mark in the hammer throw during the outdoor season at 187'-6". Obeng Marfo's mark of 183'6" sits at No. 9 all-time in the hammer throw while Stephanie Sievers launched the eighth-farthest throw in the javelin at 159'-9".

Following a successful season for the throws group, that featured a 35-point performance for the men's event group at the Big Ten Championships, 12 student-athletes advanced to the NCAA East Preliminary meet in Lexington, Ky. with Obeng Marfo competing in two events while David Lucas competed in three.

The NCAA Championships featured three Nittany Lions competing in the men's javelin throw with Michael Shuey earning All-American honors as he launched a school record throw of 250'-9" to finish third. Obeng Marfo, Jon Yohman, and David Lucas also competed at the NCAA Championships following their first season under MacKay's watch.

Michael Shuey and Micahel Biddle advanced to the USATF Championships with Shuey earning a bronze medal and increasing his throw to a distance of 255'-8" to wrap up an eventful first year for MacKay and crew.

Prior to his time with the Nittany Lions, MacKay came to Penn State from Oklahoma State University where he was the throws coach during the 2015-16 academic year. During his lone year with the Cowboys, MacKay helped guide Nick Miller to a NCAA Championship in the men's hammer, as well as Chase Ealey the NCAA runner-up in the women's shot put, while at Oklahoma State.

Prior to his time at Oklahoma State, MacKay served as the throws coach at Southeastern Louisiana where he coached the men's and women's throwers for two seasons of indoor and outdoor competition. Just four years removed from international competition, MacKay coached 10 Lions throwers to All-Southland

honors at the conference meet, and six athletes to the NCAA preliminary rounds.

Before his days at Southeastern Louisiana, MacKay coached Division-III champion and record-holder Eric Flores to a hammer throw title, as well as the women's hammer throw runner-up while at California Lutheran University. During his time at CLU, MacKay was awarded the D-III Outdoor Women's Track and Field Assistant Coach of the Year Award and had 11 throwers win conference titles in just two seasons.

In 2003, MacKay took home the NCAA hammer throw title for the University of Georgia. He was a six-time All-American and eight-time All-SEC thrower as a Bulldog.

After originally attending the University of Southern California on a football scholarship, MacKay transferred to Georgia to focus on throwing. He then graduated from Georgia in 2005 with a Bachelor of Science in Sociology and in 2012 received a Master of Arts in Coaching and Athletic Administration from Concordia University, Irvine.

MacKay, the son of a track and field coach, graduated Hughson High in California as the top-ranked discus thrower in the United States.





Laura Loht, a four-time All-American for Penn State, enters her fourth year on staff with the cross country and track & field programs as the Director of Operations.

Loht will help with day-to-day tasks for the program, which includes various administrative roles, facility management, equipment distribution and alumni relations.

A native of McClure, Pa., Loht graduated from Penn State in the spring of 2014 with a bachelor's degree in kinesiology, fitness studies.

Prior to joining the Penn State cross country and track & field staff, Loht worked as an assistant supervisor at the Penn State fitness centers.

During her four years with the program, Loht finished within the Top-Five at the NCAA Outdoor Championships in 2012-2014, with her highest finish coming in 2012 (third-place). She ended her NCAA career in the javelin with her school record toss of 178'-6". She also won two-straight Penn Relays javelin titles in 2013 and 2014. For her performance in the field during the 2012, '13 & '14 track & field seasons, Loht was named the field MVP of the women's team all three years.

In the summer of 2011, Loht finished fourth (150'-8") at the USATF Junior Outdoor Championships. Followed by a 16th overall finish (160'-7") at the 2012 Olympic Trials. In 2013 & '14, she competed at the USATF Senior Outdoor Championships in the javelin and finished fifth (177'-8") in 2013 and 12th (163'-8") in 2014.

At the Big Ten level, Loht tallied four podium finishes, including a first-place finish at the 2012 Outdoor Track & Field Championships. Loht captured the 2012 Big Ten women's javelin title in dramatic fashion as she posted a mark of 160-11 on her final attempt. She was also a team captain of two outdoor conference winning squads (2013 & 2014).



Owen Dawson enters his third year with the Penn State cross country and track & field program after joining the staff in December of 2015. Dawson joins the Penn State cross country and track & field staff as the operations assistant.

He will perform various administrative roles, including facility management, equipment distribution, alumni relations, marketing, and media relations of the Penn State cross country and track & field program.

A native of Coatesville, Pa., Dawson earned his bachelor's degree in kinesiology from Penn State University 2012.

During his four-year career in the blue & white, Dawson was an All-America finishing eighth in the 800-meters at the NCAA Indoor Championships in 2010. Following the NCAA season, Dawson qualified for the 2010 USATF Outdoor Championships, placing 23rd in the 800-meters. Dawson was also a cross country Mid-Atlantic All-Region honoree in 2011 and captain of the men's track & field team.



COACHING AND SUPPORT STAFF



Eddie
LOVETT
Third Year

VOLUNTEER ASSISTANT COACH



Amani
BRYANT
First Year

VOLUNTEER ASSISTANT COACH



Alex
SHISLER
Second Year

VOLUNTEER ASSISTANT COACH



Robby
CREESE
First Year

VOLUNTEER ASSISTANT COACH



Michael
SHUEY
First Year

VOLUNTEER ASSISTANT COACH



Casimir
LOXSOM
First Year

VOLUNTEER ASSISTANT COACH



Karly
REIMEL
First Year

VOLUNTEER ASSISTANT COACH



Michael
GAY

ASSISTANT ATHLETIC TRAINER



Maddie
TORRETTA

ASSISTANT ATHLETIC TRAINER



Dayna
WENGER

BUILDING COORDINATOR - MULTI-SPORT



Kaleena
DAVIDSON

ACADEMIC ADVISOR



Carl
OHLSON

ASST. AD FOR PERFORMANCE PSYCHOLOGY

WOMEN'S BIOS





Name	Year	Eligibility (I/O)	Event Area	Hometown (Previous School)
Keianna Albury	Junior	Junior	Sprints/Relays	Nassau, Bahamas (St. Augustine's College)
Tessa Barrett	Senior	Junior	Distance/XC	Waverly, Pa. (Abington Heights)
Lisa Bennatan	Senior	Senior	Distance/XC	Lake Forest, Ill. (Lake Forest)
Frances Bull	Junior	Jr./Soph.	Mid-Distance	Mentor, Ohio (Lake Catholic)
Rosemary Campbell	Junior	Sophomore	Throws	Erie, Pa (Iroquois)
Hannah Catalano	Senior	Senior	Distance/XC	State College, Pa. (State College)
Elizabeth Chikotas	Senior	Sr./Jr.	Distance/XC	Hellertown, Pa. (Saucon Valley)
Lauren Costa	Junior	Junior	Sprints	North Fayette Township, Pa. (West Allegheny)
Victoria Crawford	Senior	Senior	Distance/XC	State College, Pa. (Indiana University of Pennsylvania)
Quenee Dale	Senior	Senior	Sprints/Hurdles	Ypsilanti, Mich. (Saline)
Deja Davis	Senior	Senior	Sprints	Shelby Township, Mich. (Utica)
Rachael DeCecco	Senior	Senior	Sprints/Hurdles	Mechanicsburg, Pa. (Cumberland Valley)
Marisa Deichert	Junior	Sophomore	Distance/XC	Uniontown, Pa. (Laurel Highlands)
Natasha Fedkina	Sophomore	Freshman	Distance/XC	State College, Pa. (State College Area)
Madeline Frew	Freshman	Freshman	Jumps	Pine Grove, Pa. (Pine Grove)
Megan Fry	Junior	Junior	Pole Vault	State College, Pa. (State College Area)
Olivia Giambra	Junior	Junior	Jumps	Pittston, Pa. (Pittston Area)
Julie Guerra	Sophomore	Freshman	Distance/XC	Oakland, N.J (Indian Hills)
Greer Gumbrecht	Sophomore	Sophomore	Pole Vault	Easton, Pa. (West Virginia)
Maddie Holmberg	Junior	Soph./Jr.	Multit-Events	Greensburg, Pa. (Hempfield Area)
Julia Howard	Sophomore	Freshman	Jumps	Greensburg, Pa. (Greensburg Salem)
Jillian Hunsberger	Senior	Senior	Distance/XC	Pittsburgh, Pa. (Mount Lebanon)
Katie Jones	Freshman	Freshman	Pole Vault	Williamsport, Pa. (South Williamsport)
Tess Kearns	Junior	Sophomore	Distance/XC	Scranton, Pa. (Holy Cross)
Audra Koopman	Freshman	Freshman	Jumps/Sprints	Fort Collins, Colo. (Fort Collins)
Kiara Lester	Sophomore	Sophomore	Sprints	Wenonah, N.J. (Deptford Township)
Greta Lindsley	Senior	Senior	Distance/XC	Lancaster, Pa. (Penn Manor)
Obeng Marfo	Senior	Senior	Throws	Ontario, Canada (Father Henry Carr)
Lexi Masterson	5th-Year	Outdoor Only	Pole Vault	Jeannette, Pa. (Hempfield Area)
Megan McCloskey	Senior	Senior	Jumps	Lower Gwynedd, Pa. (Germantown Academy)
Grayson McCloy	Sophomore	Freshman	Jumps	Mill Hall, Pa. (Unionville)
Hannah Mulhern	Senior	Senior	Pole Vault	Altoona, Pa. (Altoona Area)
Kathryn Munks	Sophomore	Sophomore	Distance/XC	Chester, N.Y. (Monroe- Woodbury)
Noemie Noullet	Junior	Junior	Distance/XC	Pittsburgh (McDonogh)
Nicole O'Donnell	Junior	Sophomore	Mid-Distance	Harleysville, Pa. (Souderton)
Moira O'Shea	Freshman	Freshman	Distance/XC	Greensburg, Pa. (Greensburg Central Catholic)
Alexa Parks	Freshman	Freshman	Jumps	Pipersville, Pa. (Palisades)
Danae Rivers	Sophomore	Sophomore	Distance/XC	Derby, CT (Wilbur Cross)
Marissa Sheva	Junior	Sophomore	Distance/XC	Sellersville, Pa. (Pennridge)
Steph Sievers	Junior	Junior	Throws	Douglassville, Pa. (Daniel Boone)
Elyse Skerpon	Junior	Junior	Sprints/Hurdles	Sayre, Pa. (Sayre Area)
Madison Smith	Freshman	Freshman	Throws	New Oxford, Pa. (New Oxford)
Abigail Stultz	Junior	Sophomore	Jumps	Frederick, Md. (Oakdale)
Victoria Tichinski	Freshman	Freshman	Distance/XC	Winnipeg, Manitoba (Vincent Massey)
Grace Trucilla	Junior	Soph./Jr.	Distance/XC	Erie, Pa. (Villa Maria Academy)
Kelsey Vieira	Sophomore	Fr./Soph.	Jumps	Hillsborough, N.J. (Hillsborough)
Brooke-Lynn Williams	Freshman	Freshman	Sprints	Norton, Mass. (Norton)
Jordan Williams	Freshman	Freshman	Distance/XC	Sharon, Pa. (Sharon)
Alison Willingmyre	Freshman	Freshman	Distance/XC	Wernersville, Pa. (Wilson)
Alyssa Yeboah-Kodie	Freshman	Freshman	Multi-Events	Hicksville, N.Y. (St. Anthony's)



**Keianna
ALBURY**

Junior • Junior
Nassau, Bahamas

SPRINTS

Albury's Personal Bests

	Indoor	Outdoor
60m	7.32	***
100m	***	11.65
200m	23.55	23.33

On the National Stage... || 2017 Outdoor || Competed at the NCAA East Preliminary in the 200-meters recording times of 23.33 - the fifth-fastest time in program history - and 23.80 in the first-round and quarterfinals of the event...

At the Big Ten Championships...|| 2017 Outdoor || Competed in the 100-meters, 200-meters and the 4x100-meter relay... Finished eighth in both events helping her team finish third || 2017 Indoor || Competed in the 60-meters and 200-meters... Finished the 60-meter prelims with the fastest qualifying mark (7.32) finishing third in the final running 7.43... Took Fourth-place in the 200-meter final in a time of 23.69 seconds

Around the Track... || 2017 Outdoor || Competed in four meets... Recorded the No. 6 time in program history in the 100-meters (11.65)... Recorded 14 top-10 finishes || 2017 Indoor || Competed in five meets for the Blue & White... Set personal best in the 60-meters (7.32) and Long Jump 18-1.50 (5.52m)... Recorded 12 top-10 finishes including eight first-place finishes || 2016 Outdoor || Competed in the Bison Outdoor Challenge running season best times of 12.06 (100-meters) and 24.99 (200-meters) || 2016 Indoor || Competed in four meets... Won the Penn State Relays 60-meters (7.58)... Ran a season best time of 7.52 in the 60-meters at the Nittany Lion Challenge... Ran a leg on the fifth-place 4x400-meter relay at the Penn State Relays.

Before Penn State... || High School PRs || 100: 11.56, 200: 23.54 || High School || Two-time (2012-13) winner of the Bahamas Association of Athletic Associations Most Outstanding Youth award ... 2014 Anita Doherty Junior Female Track Athlete of the Year || National Level Competition || Won the 200-meter dash at the 2014 Central American and Caribbean Junior Championships ... Placed third in the 100-meter dash at the 2014 Central American and Caribbean Junior Championships ... A member of the third-place 4x100-meter relay at the 2014 Central American and Caribbean Junior Championships ... Placed second in the 100-meter dash at the 2015 Caribbean Free Trade Association (CARIFTA) Games ... Finished third in the 200-meter dash at the 2015 CARIFTA Games ... A member of the runner-up 4x100-meter relay at the 2015 CARIFTA Games || Personal || Daughter of Margurie and Kevin Albury ... Psychology major ... Born on July 28, 1996



**Tessa
BARRETT**

Junior • Junior
Waverly, Pa.

DISTANCE • CROSS COUNTRY

Barrett's Personal Bests

	Indoor	Outdoor
1500m	***	4:32.85
Mile	4:42.56	***
3000m	9:07.22	***
5000m	15:28.99	16:01.59
10000m	***	34:22.03

On the National Scene... || 2017 Outdoor || Recorded a first-place finish in the 5K running an outdoor personal best of 16:01.59... Finished 20th in the 5K at the NCAA Championships running 16:18.86 in Eugene, Ore. || 2017 Indoor || Finished fifth in the 5K running 15:42.29 followed by a 10th-place finish in the 3K at the NCAA Championships running 9:16.50 || 2016 Cross Country || Finished 1st at the NCAA Mid-Atlantic Regional Championships running 20:00 on the 6k course | 2015 Cross Country || Qualified for the NCAA Championships as a team... Recorded a 38th-place finish (20:26.7) to earn All-American honors || 2016 Outdoor || Qualified for the NCAA Championships in the 5,000-meters... Qualified for the NCAA East First-Round in the 5,000-meters... Recorded a sixth-place finish in the 5K (16:12.87) || 2016 indoor || Qualified for the NCAA Championships in the 5,000-meters... Recorded a 11th-place finish in the 5K clocking (16:25.94)

At the Big Ten Championships...|| 2017 Outdoor || Competed in the 5K finishing fifth in a time of 16:25.80 || 2017 Indoor || Competed in the 3K and 5K finishing with times of 15:42.29 and a personal best 15:28.99 in a second-place finish || 2016 Cross Country || Placed 3rd at the Big Ten Cross Country Championships (21:04.8) and earned All-Big Ten honors||| 2016 Outdoor || Recorded a third-place finish in the 10,000-meters running a season best time of 34:22.03 || 2016 Indoor || Recorded third-place finishes in the 3,000-meters (9:16.49) and 5,000-meters (15:51.56) at the Big ten Championships in Geneva, Ohio || 2015 Cross Country || Recorded a 12th-place finish (20:21.4) at the Big Ten Cross Country Championships in Chicago, Ill. helping Penn State capture the Big Ten Championship

Around the Track... || 2017 Outdoor || Competed in four meets... Recorded three top-10 finishes... || 2017 Indoor || Competed in five meets... Recorded eight top-10 finishes including two second-place and three second-place finishes.. || 2016 Outdoor || Ran in six meets... Ran the No. 6 time in school history in the 5,000-meters (16:06.19)... Ran the No. 8 time in school history in the 10,000-meters (34:22.03)... Won the 1,500-meters at the Bucknell Team Challenge running a personal best 4:32.85 || 2016 Indoor || Ran in five meets... Recorded four top-five finishes... Set the school record in the 5,000-meters (15:46.08) at the Husky Classic in Seattle, Wash. || 2015 || Redshirted

On the Course...|| 2016 Cross Country || Opened the year with a first-place finish at the Dolan Duals recroding the second fastest All-time mark(13:37.40)... Placed 1st at the Spike Shoe invitational (20:31)... Placed 12th at the Roy Griak Invitational (22:07.9)...Placed 1st at the Penn State National Open (20:05.50) || 2015 Cross Country || Ran in six meets... Recorded two top-10 finishes... Ran a season-best time of 20:21.3 (6K) at the Big Ten Championships || 2014 Cross Country || Redshirted

Before Penn State... || High School PRs || Mile: 4:49.16 ... 3,000: 9:31.01 ... 2-Mile: 10:08.05 ... 5,000: 16:11.85 ... Cross Country: 17:15.40 || High School || Barrett's cross country team and track & field team claimed



2017-18 WOMEN'S RETURNERS

District II titles ... 2013 PIAA AAA cross country champion (course record holder) ... Two-time PTFCA 3,000-meter run champion and state record holder ... 2013 state runner-up in the 3,200-meter run ... Three-time District II champion in cross country and track & field ... Four-time all-state in cross country and track & field ... Four-year letterwinner ... Two-time cross country team MVP (2012-13) ... 2013 track & field team MVP || National Level Competition || 2013 Footlocker Northeast Region champion ... Three-time national champion (2013 Footlocker Nationals, 2013 indoor 5,000-meter run ((high school national record holder)) and 2013 indoor two-mile) ... Four-time All-American || Personal || Daughter of Kathleen and the late Dr. Michael Barrett ... Born on February 10, 1996



Frances BULL
Junior • Sophomore
Mentor, Ohio
SPRINTS • MID-DISTANCE

Bull's Personal Bests		
	Indoor	Outdoor
400m	56.74	57.14
600m	1:30.53	***
800m	2:11.16	2:07.57

At the Big Ten Championships... || 2017 Outdoor || Competed in the 800-meters and ran a leg of the 4x400-meter relay... Finished 11th in the 800-meters running a personal best of 2:07.57 and helped the relay finish sixth in 3:40.86 || 2017 Indoor || Competed in the 600-meters running the No. 5 time in program history at 1:30.53... Also ran a leg on the 4x400-meter relay || 2016 Outdoor || Did not compete || 2016 Indoor || Recorded an 11th-place finish as a member of the 4x400-meter relay (3:44.68)... Finished 22nd in the 800-meters running 2:15.13

Around the Track... || 2017 Outdoor || Competed in seven meets... Recorded five top-10 finishes || 2017 Indoor || Competed in seven meets... Set personal best in the 200-meters (25.54) and the 400-meters (56.74)... Recorded 12 top-10 finishes || 2016 Outdoor || Did not compete || 2016 Indoor || Competed in seven meets... Recorded a season best time in the 800-meters of 2:11.16 at the Penn State National... Recorded nine top-three finishes

Before Penn State... || High School PRs || 400: 54.47, 800: 2:14.20 || High School || Finished second at the outdoor state meet in the 400-meter dash during her senior year with her school record time of 54.47 ... Between indoor and outdoor track, Bull owns eleven school records ... Won eight conference titles ... During her senior year, Bull finished first in the 400-meter dash at the conference, district and regional levels ... Four-year letterwinner in track ... Three-time team MVP in track || National Level Competition || Competed in the 400-meter dash championship level at the Outdoor New Balance Nationals meet during her junior year ... Finished third in the 800-meter run at the Indoor New Balance Nationals meet during her senior year ... Also competed in the 400-meter championship level at the Indoor and the Outdoor New Balance Outdoor Nationals || Personal || Daughter of Darlene and Douglas ... Art and design major ... Born on December 24, 1996



Lisa BENNATAN
Senior • Senior
Lake Forest, Ill.
DISTANCE • CROSS COUNTRY

Bennatan's Personal Bests		
	Indoor	Outdoor
1500m	***	4:33.36
Mile	4:54.43	***
3000m	9:38.22	9:43.82

At the Big Ten Championships... || 2017 Indoor || Finished 13th in the 3K running a personal best 9:38.22

Around the Track... || 2017 Outdoor || Competed in four meets... Posted a personal best in the 1,500-meters at the Bucknell Classic running 4:33.36... Won the mile at the Jin Thorpe Invite || 2017 Indoor || Competed in six meets... Set a personal best in the Mile running 4:54.43 at the Sykes & Sabcock Challenge Cup... Recorded three top-five finishes || 2016 Outdoor || Competed in one meet running 4:54.97 in the 1,500-meters at the Bucknell Classic || 2016 Indoor || Competed in four meets... Recorded a first-place finish in the Mile at the Penn State National running 5:02.72 || 2015 Outdoor || Did not compete || 2015 Indoor || Tallied a personal-best time of 3:02.03 in the 1,000-meter run at the Penn State National Invitational ... Posted a personal-best time of 2:19.70 in the 800-meter run at the Sykes & Sabcock Challenge Cup ... Recorded a personal-best time of 5:08.23 in the mile at the Penn State Tune-Up

On the Course... || 2016 Cross Country || Opened the year with a ninth-place finish at the Dolan Duals (14:47.28)... Placed 45th at the Spike Shoe invitational (23:19)... Placed 270th at the Roy Griak Invitational (25:15.7)... Placed 116th at the Penn State National Open (22:07.30) || 2014 Cross Country || Ran in four meets ... Opened the year with an 11th-place finish at the Dolan Duals (15:51.92) ... Finished 77th at the Harry Groves Spiked Shoe Invitational with her time of 23:36.9 ... Ran a time of 19:35.3 to finish 81st in the "Open" section at the Notre Dame Invitational ... Placed 22nd at the Penn State National with her time of 23:57

Before Penn State... || High School PR || Mile: 5:16.85 || High School || A member of three conference title teams (2010-11, 2013) ... 1,600-meter run conference and Lake County champion (2014) ... Team captain of her cross country and track & field team during her senior year ... Named MVP of her track & field team during her senior year ... Four-year letterwinner in cross country and track & field || Personal || Daughter of Lorraine and Andre Bennatan ... Born on April 29, 1996



Rosemary
CAMPBELL

Sophomore • Sophomore
Erie, Pa.

THROWS

Campbell's Personal Bests

Javelin **41.34m (135'-7")**

At the Big Ten Championships... || 2017 Outdoor || Competed in the javelin finishing 11th with a best of 129'-2" (39.37m)

In The Field... || 2017 Outdoor || Competed in three meets...

Before Penn State... || High School PR || Javelin: 125-11 || High School || School record holder in the Javelin... Two-time letter winner in Track and Cross-country... Played both soccer and basketball for all four years of high school... Played softball her first two years of high school... Member of the National Honor society || Personal || Daughter of John and Mary Ellen Campbell ... Has four siblings: Rebecca, Joseph, John and Cecelia... Father (John Campbell) played football at Gannon University... Sister (Rebecca) runs cross-country for Gannon University... Born on December 30, 1998

National Open (21:43.30) || 2014 Cross Country || Competed in five meets ... Began her Penn State career with a 10th-place finish at the Dolan Duals (15:38.51) ... Tallied a 73rd-place finish at the Harry Groves Spiked Shoe Invitational (23:29.5) ... Ran in the "Open" section Notre Dame Invitational and finished 30th (18:24.8) ... At the Penn State National, Catalano placed 13th (22:56)

Before Penn State... || High School PRs || Cross Country (5k): 19:45 ... Mile: 5:06.51 || High School || Catalano's high school cross country team placed fourth in state during her freshman year and seventh in her junior year ... Four-year letter winner in track and cross country ... Won the Ann Infield Award for indoor track ... District Six champion in the 3,200-meter run during her sophomore year ... During Catalano's senior year, she won the mile and was a member of the first-place 4x800-meter relay team at the District Six Championships ... Also in her senior year, she placed 12th in the mile and was a member of the fourth-place 4x800-meter relay team at the 2014 PIAA Outdoor Track & Field Championships ... Three-time state qualifier in cross country ... Ranks third all-time in the 4x800-meter relay and eighth in the mile at State College Area high school || Personal || Daughter of Gina and Dana Catalano ... Born on October 8, 1995



Elizabeth
CHIKOTAS

Senior • Junior
Hellertown, Pa.

DISTANCE • CROSS COUNTRY

Chikotas' Collegiate Personal Bests

	Indoor	Outdoor
1500m	***	4:23.42
Mile	4:45.59	***
3000m	9:17.68	***
5000m	16:04.66	16:05.46

On the National Scene...|| 2016 Cross Country ||Finished third at the NCAA Mid-Atlantic Regional Championships running 20:17 on the 6k course... Placed 15th at the NCAA Championships running 20:09.4 and earned All-American honors || 2015 Cross Country || Finished 102nd at the NCAA Championships in Louisville, Ky. running a time of 20:50.3... Placed 10th at the Mid-Atlantic Regional Championships hosted by Princeton || 2015 Outdoor ||Qualified for the NCAA East Prelims in the 5,000-meter run ... Secured her spot in the NCAA Outdoor Track & Field Championships with an eighth-place finish with her time of 16:09.26 ... In her NCAA Outdoor Track & Field Championships debut, Chikotas placed 19th in the 5,000-meter run with a time of 16:34.43 || 2014 Cross Country || Placed 54th at the Mid-Atlantic Regional with her time of 21:59

At the Big Ten Championships... || 2017 Outdoor || Competed in the 5K running 17:02.66 finishing 13th... ||2016 Cross Country||Placed 10th at the B1G championships to help Penn State Capture the B1G title || 2015 Cross Country || Recorded a sixth-place finish at the Big Ten Championships helping Penn State capture the second B1G title in program history || 2015 Outdoor || Finished fifth in the 5,000-meter run with her time of 16:28.92 || 2015 Indoor || Posted a pair of fourth place finishes (3,000 – 9:21.62, 5,000 – 16:20.81) || 2014 Cross Country || Finished just shy of second-team All-Big Ten honors with her 15th-place finish (20:29.7) ... Named the Big Ten Women's Cross Country Freshman of the Year ... She is the third Nittany Lion to win the award and the first since 2009 (Nicole Lord)

Around the Track... || 2017 Outdoor || Competed in three meets... || 2017 Indoor || Did not compete || 2016 Outdoor ||Did not compete || 2016 Indoor || Competed in five meets... Ran the No 5 time in program history in the 5,000-meters clocking 16:04.66 at the Husky Classic in Seattle,



Hannah
CATALANO

Senior • Senior
State College, Pa.

DISTANCE • CROSS COUNTRY

Catalano's Personal Bests

	Indoor	Outdoor
1500m	***	4:40.56
Mile	4:58.48	***
3000m	10:35.91	***

At the Big Ten Championships... || 2016 Cross Country || 96th at the Big Ten Cross Country Championships (23:41.3)|| 2014 Cross Country || Competed at the Big Ten Cross Country Championships ... Finished 109th with her time of 22:56.8

Around the Track... || 2017 Outdoor ||Competed in three meets... Set personal best in the 1,500-meters (4:40.56)... Posted two top-10 finishes || 2017 Indoor || Competed in five meets... Set personal best in the mile (4:58.48) and 3,000-meters (10:35.91)... Recorded two top-10 finishes || 2015 Outdoor ||Did not compete || 2015 Indoor || Finished fifth in the 1,000-meter run at the Penn State Relays with her time of 3:04.52 ... Tallied a season-best time of 5:19.79 in the mile at the Sykes & Sabock Challenge Cup

On the Course...|| 2016 Cross Country || Opened the year with a thirteenth-place finish at the Dolan Duals (15:21.98)...Placed 76th at the Penn State



2017-18 WOMEN'S RETURNERS

Wash. ... Was a member of the winning DMR and 4x800-meter relay at the Penn State Relays... Finished third in the 3,000-meters at the Penn State National running 9:17.58, a personal best... Set a personal best of 4:45.59 in the mile at the Nittany Lion Challenge || 2015 Outdoor || Finished second in the 1,500-meter run at the Bison Outdoor Classic with her personal-best time of 4:23.24 ... Won the 5,000-meter run at the Penn Relays with her personal-best time of 16:05.46 Her time of 16:05.46 ranks fifth all-time at Penn State ... Finished fifth in her section of the 1,500-meter run at the Payton Jordan Invite with her time of 4:23.77 || 2015 Indoor || At the Nittany Lion Challenge, Chikotas posted a personal-best time of 4:46.54 en route to a first-place finish in the mile ... Finished 19th in the 3,000-meter run at the Husky Classic with her time of 9:25.24 ... Tallied a second-place finish in the 3,000-meter run at the Penn State National with her time of 9:25.87

On the Course...|| 2016 Cross Country || Opened the year with a second-place finish at the Dolan Duals (13:38.50)... Placed 2nd at the Spike Shoe Invitational (20:53)... Placed 13th at the Roy Griak Invitational (22:08.3)... Placed 2nd at the Penn State National Open (20:10.30) || 2015 Cross Country|| Competed in seven meets... Recorded a season-best time of 20:14.1 in the 6K at Big Ten Championships. Finished second at the Dolan Duals meet to open the season... Recorded a third-place finish at the Greater Louisville Classic in Louisville, Ky. in a time of 17:08.3... Finished fourth at the Wisconsin Adidas Invite in Madison, Wis. || 2014 Cross Country || Competed in six meets as a freshman ... Top Nittany Lion finisher in four of the six meets she competed in ... Opened her Penn State career with a second-place finish at the Dolan Duals (14:44.63) ... Led the Nittany Lions to the Harry Groves Spiked Shoe team title with her third-place finish (21:03.3) ... Finished 14th at the Notre Dame Invitational (16:37.4) ... Was the top Nittany Lion and the top true freshman at the Pre-National Invitational (eighth) with her time of 21:00.9

Before Penn State... || High School PRs || 800: 2:17.43 ... 1,600: 4:54.25 ... 3,200: 10:36.65 ... Cross Country (5k): 18:03.40 || High School || PIAA AA cross country state champion ... PIAA AA 3,200-meter run state champion ... All-state (cross country and track & field) ... Holds the district records in cross country, the 800-, 1,600- and 3,200-meter events ... Four-year letter winner in cross country and track & field ... Captain of the cross country team ... National Honor Society member || Personal || Daughter of Ann and Bryan Chikotas ... Born on April 5, 1996



Costa's Personal Bests		
	Indoor	Outdoor
60m	7.67	***
100m	***	12.01
200m	24.70	25.09

At the Big Ten Championships... || 2017 Outdoor || Competed in the 100-meters (12.29) || 2017 Indoor || Competed in the 60-meters (7.81) and the 200-meters (25.26) || 2016 Outdoor || Competed in the 100-meters, 200-meters, and as a member of the 4x100-meter relay... Ran a time of 24.51w in the 200-meters finishing 22nd... Ran a personal best time of 12.01 in the 100-meters during prelims... Finished ninth in the 4x100-meter relay in a time of 46.23

Around the Track... || 2017 Outdoor || Competed in five meets... || 2017 Indoor || Competed in five meets... Recorded eight top-10 finishes... || 2016 Outdoor || Competed in five meets... Recorded a first-place finish in the 100-meters at the Bucknell team Challenge running 12.05... Posted

five top-10 finishes || 2016 Indoor || Competed in six meets... Ran season-best times of 7.67 in the 60-meters (Fastrack National) and 24.70 in the 200-meters (Penn State Tune-Up)

Before Penn State... || High School PRs || 100: 11.94, 200: 25.11 || High School || Fifteen-time conference champion ... Finished third as a freshman in the 100-meter hurdles at the 2012 PIAA AAA District Seven Outdoor Track & Field Championships ... Won the 100-meter dash as a freshman at the 2012 PIAA AAA District Seven Outdoor Track & Field Championships ... Placed second in the 100-meter dash at the 2013 PIAA AAA Outdoor Track & Field Championships ... Claimed third-place in the 60-meter dash at the 2015 PTFCA Indoor State Track & Field Championships ... Won the 100- and 200-meter dash events at the 2015 PIAA AAA District Seven Outdoor Track & Field Championships ... 2015 track team captain ... Four-time team MVP ... Holds six school records ... Four-year letter winner in track || Personal || Daughter of Jill and Sam Costa ... Born on February 16, 1997



Crawford's Personal Bests		
	Indoor	Outdoor
600m	1:35.71	***
800m	2:12.25	2:11.00 (HS)
1500m	***	4:33.05
Mile	4:58.25	***

On the National Scene... || 2016 Cross Country || Finished 61st at the NCAA Mid-Atlantic Regional Championships running 22:03 on the 6k course in University Park... Placed 240th at the NCAA Championships running 22:30.4

At the Big Ten Championships...|| 2016 Cross Country || Placed 62nd at the Big Ten Cross Country Championships (22:47.7)|| 2016 Outdoor || Recorded an 18th-place finish in the 1,500-meters in a time of 4:36.73 || 2016 Indoor || Recorded a 18th-place finish in the 800-meters running a time of 2:12.37 || 2015 Outdoor || Placed 29th in the 800-meter run with her time of 2:14.72 || 2015 Indoor || A member of the distance medley relay that finished seventh with its time of 11:29.06

On The Couse...|| 2016 Cross Country || Opened the year with an eighth-place finish at the Dolan Duals (14:30.48)...Placed 25th at the Spike Shoe Invitational (22:13)... Placed 87th at the Roy Griak Invitational (23:17.1)... Placed 99th at the Penn State National Open (21:43.30)

Around the Track... || 2017 Outdoor || Competed in three meets... Posted two top-five meets || 2017 Indoor || Competed in five meets... Posted two top-10 finishes || 2016 Outdoor || Competed in seven meets... Competed in the 1,500-meters, 800-meters, and 4x800-meter relay... Set a personal best in the 1,500-meters running a time of 4:33.05 at the Bison Outdoor Classic... Recorded three top-10 finishes... Won the 1,500-meters at the Jim Thorpe Invite in a time of 4:40.49 || 2016 Indoor || Competed in six meets... Recorded four top-10 finishes including two first-place finishes... Set season best in the 600-meters (1:35.71), 800-meters (2:12.25), and 1,000-meters (2:55.01) || 2015 Outdoor || At the season-opening Florida Relays, Crawford was a member of the 4x800-meter relay that finished fourth with its time of 8:53.41 ... Recorded an eighth-place finish at the LSU Alumni Gold meet in the 800-meter run with her time of 2:13.17 ... Finished first in the 800-meter run at the Jim Thorpe Invite with her season-best time of 2:12.49 || 2015 Indoor || Tallied a season-best time of 2:13.49 in the 800-meter run at the Penn State National Invitational ...

2017-18 WOMEN'S RETURNERS



Posted a season-best time of 1:37.03 in the 600-meter run at the SPIRE NCAA D1 Invite

Before Penn State... Transfer from Indiana University of Pennsylvania (IUP) || At IUP || Played soccer during her freshman year ... Named the Pennsylvania State Athletic Conference women's soccer freshman of the year || High School PRs || 400: 57.10 ... 800: 2:11.00 || High School || Anchored the seventh place 4x800-meter relay team at the state meet during her junior year ... Anchored the fourth place 4x800-meter relay team at the state meet during her senior year ... Her track & field team won the state title her freshman year and also claimed four district titles ... Four-year letter winner in track & field || National Level Competition || A member of the 4x800-meter relay team that finished sixth at the New Balance Indoor Nationals meet ... All-American || Personal || Daughter of Lisa and Doug Crawford ... Born on December 6, 1995



Quenee
DALE

Senior • Senior
Ypsilanti, Mich.

SPRINTS • HURDLES

Dale's Personal Bests

	Indoor	Outdoor
60m	7.60	***
60mH	8.21	***
100m	***	11.86
100mH	***	13.75
200m	24.86	24.78

On the National Stage... || 2017 Outdoor || Competed in the 4x100-meter relay at the NCAA East Preliminary meet running 44.77

At the Big Ten Championships... || 2017 Outdoor || Competed in the 4x100-meter relay and the 100-meter hurdles... Finished 11th in the 100-meter hurdles (13.77) and fifth in the 4x100-meter relay (45.68) || 2017 Indoor || Competed in the 60-meters and the 60-meter hurdles... Set personal best in the 60-meters (7.56) and the 60-meter hurdles (8.21) - the No. 3 time in program history || 2016 Outdoor || Finished 12th in the 100-meter hurdles running a time of 13.63w and running a leg on the ninth-place 4x100-meter relay that clocked 46.23 seconds || 2016 Indoor || Recorded in the 60-meter hurdles fifth in a time of 8.33 seconds... Competed in the 60-meters running a time of 7.68 seconds || 2015 Outdoor || A member of the eighth-place 4x100-meter relay that posted a time of 47.19 ... Ran a personal-best time of 13.79 to finish 14th in the 100-meter hurdles ... Her time of 13.79 ranks seventh all-time at Penn State || 2015 Indoor || Finished 14th in the 60-meter hurdles (8.56) and 18th in the 60-meter dash (7.64)

Around the Track... || 2017 Outdoor || Competed in seven meets... Set a personal best in the 100-meters at the Virginia Challenge (11.86)... Recorded six top-10 finishes including a first-place finish in the 4x100-meter relay at the Virginia Challenge || 2017 Indoor || Competed in five meets... Recorded nine top-10 finishes || 2016 Outdoor || Competed in six meets... Ran the 100-meter hurdles, 200-meters, 4x100-meter and 4x200-meter relays... Ran a personal best time of 24.78 in the 200-meters... Ran a personal best in the 100-meter hurdles of 13.75 at the at the Texas Invitational in Austin, TX and at the Pepsi Invite in Eugene, Ore. || 2016 Indoor || Competed in six meets... Ran a season-best time of 7.60 seconds in the 60-meters at the Nittany Lion Challenge finishing second in the finals... Ran a leg on the 4x400-meter relay at the Penn State Relays that finished in fifth-place || 2015 Outdoor || A member of the 4x200-meter relay that posted a time of 1:36.30 at the Florida Relays ... The time of 1:36.30 ranks eighth all-time at Penn State ... A member of

the 4x200-meter relay that finished sixth in the Championship of America section with its time of 1:35.52 - which ranks sixth all-time at Penn State ... Ran a personal-best time of 11.99 to finish third in the 100-meter dash at the Jim Thorpe Invite ... Placed 14th in the 200-meter dash at the LSU Alumni Gold with her season-best time of 24.93 || 2015 Indoor || Posted a season-best time of 7.60 in the 60-meter dash en route to a first-place finish at the Penn State Tune-Up ... Finished second in the 60-meter hurdles at the Nittany Lion Challenge with her season-best time of 8.46 ... Placed fourth in the 200-meter dash at the Penn State National Invite with her personal-best time of 24.86

Before Penn State... || High School PRs || 60H: 8.35 ... 100H: 13.82 || High School || Dale's track & field team won four conference titles and finished second at the 2013 Michigan state meet ... Eight-time all-state honoree ... Four-time state champion ... Holds the school record in the 100-meter hurdles and the 200-meter dash ... Won seven conference titles and seven district titles ... Four-year letter winner in track & field ... Three-time team MVP ... Won the Special Lifetime Achievement Award ... Named to the honor roll all four years of high school || National Level Competition || 2010 AAU 100-meter hurdles national champion ... Finished third in the 100-meter hurdles at the 2011 AAU meet ... 2012 USATF 100-meter hurdles national champion and national record holder ... 2012 New Balance 60-meter hurdles semi-finalist ... Placed sixth in the 60-meter hurdles at the 2013 New Balance Indoor Nationals meet ... Finished fourth in the 100-meter hurdles at the 2013 New Balance Outdoor Nationals meet ... 2013 IAAF Caribbean Invite (Puerto Rico) silver medalist ... Took second in the 60-meter hurdles at the 2014 New Balance Indoor Nationals meet || Personal || Daughter of Antoine and Darcell Dale ... Born on September 7, 1996



Deja
DAVIS

Senior • Senior
Shelby Charter Township, Mich.

SPRINTS

Davis' Personal Bests

	Indoor	Outdoor
60m	7.68	***
100m	***	12.03
200m	24.73	24.33
400m	56.10	56.17

On the National Scene... || 2017 Outdoor || Ran a leg on the 4x400-meter relay at the NCAA East Preliminary in Lexington, Ky. || 2015 Outdoor || A member of the 4x400-meter relay that qualified for the NCAA East Prelims ... Ran on the 4x400-meter relay that finished 21st at the NCAA East Prelims with its time of 3:36.11 || 2015 Indoor || Served as an alternate for the women's 4x400-meter relay

At the Big Ten Championships... || 2017 Outdoor || Competed in the 200-meters (24.69), 400-meters (56.87) and the 4x400-meter relay (3:40.86) || 2017 Indoor || Competed in the 200-meters (24.85) and 400-meters (57.14) || 2016 Outdoor || Recorded a 22nd-place finish in the 100-meters running a time of 12.09... Finished 19th in the 200-meters running 24.33... Ran a leg on the 4x100-meter relay running 46.23 finishing ninth || 2016 Indoor || Set a season best in the 400-meters running 56.69... Ran 24.90 in the 200-meters finishing 20th... Ran a leg of the 4x400-meter relay running a time of 3:44.68 finishing 11th || 2015 Outdoor || A member of the sixth-place 4x400-meter relay (3:39.58) and the eighth-place 4x100-meter relay (47.19) ... Finished 18th in the 200-meter dash with her time of 24.82 || 2015 Indoor || A member of the seventh-place distance medley relay that tallied a time of 11:29.06



2017-18 WOMEN'S RETURNERS

Around the Track... || 2017 Outdoor || Competed in six meets... Posted four top-10 finishes || 2017 Indoor || Competed in five meets... Posted six top-10 finishes || 2016 Outdoor || Competed in seven meets... Competed in the 100-meters, 200-meters, 400-meters, and 4x100-meter relay... Set a season best in the 100-meters running 12.03 at the Texas Invitational in Austin, TX... Recorded seven top-10 finishes || 2016 Indoor || Competed in six meets... Recorded 10 top-five finishes... Set a personal best in the 60-meters clocking 7.68 seconds in a third-place finish at the Penn State Relays... Set a season best in the 200-meters in the finals of the Sykes & Sabock Challenge Cup running a time of 24.73 || 2015 Outdoor || Ran a wind-aided personal-best time of 12.21 in the 100-meter dash at the LSU Alumni Gold meet ... Finished fourth in the 200-meter dash at the Bison Outdoor Classic with her personal-best time of 24.50 ... A member of the 4x200-meter relay that posted a time of 1:36.30 at the Florida Relays ... The time of 1:36.30 ranks eighth all-time at Penn State ... A member of the 4x200-meter relay that finished sixth in the Championship of America section with its time of 1:35.52 – which ranks sixth all-time at Penn State || 2015 Indoor || Finished third in the 200-meter dash at the Penn State National with her indoor personal-best time of 24.84 ... Ran a personal-best time of 7.83 in the prelims of the 60-meter dash at the Sykes & Sabock Challenge Cup ... Tied her personal-best time of 7.83 in the 60-meter dash at the SPIRE NCAA D1 Invite ... Tallied a personal-best time of 56.10 en route to a first-place finish in the 400-meter dash at the Penn State Tune-Up

Before Penn State... || High School PRs || 100: 12.28 ... 200: 25.00 ... 400: 57.90 || High School || Two-time Macomb Area Conference (MAC) White Division team champions (2013-14) ... A member of the fifth-place 4x400-meter relay team that garnered all-state honors ... A member of the 4x400-meter relay team that posted the fastest time in Macomb County ... 2011 Rookie of the Year ... 2012 Versatility Award... Two-time team MVP (2013-14) ... 2013 MAC White Division MVP ... First team all-county in the 100-meter and 200-meter dash events ... MAC White Division champion in the 100-meter, 200-meter and 400-meter dash events ... Four-year letter winner in track & field ... All-Academic (2011-14) ... National Honor Society Trustee (2013-14) || National Level Competition || Competed at the 2011 AAU Nationals || Personal || Daughter of Carita and Andre Davis ... Born on Oct. 23, 1996



Rachael DECECCO
Senior • Senior
Mechanicsburg, Pa.
SPRINTS • HURDLES

DeCecco's Personal Bests		
	Indoor	Outdoor
400m	57.28	***
400mH	***	1:00.04
500m	1:16.39	***
600m	1:33.91	***

At the Big Ten Championships... || 2017 Outdoor || Competed in the 400-meter hurdles running 1:00.73 finishing 12th overall || 2017 Indoor || Competed in the pentathlon finishing 15th overall with a total score of 3339-points || 2016 Outdoor || Finished 13th in the 400-meter hurdles running a personal best time of 1:00.48 in Lincoln, Neb. || 2015 Outdoor || Placed 17th in the 400-meter hurdles with her time of 1:04.33

Around the Track... || 2017 Outdoor || Competed in five meets... Set a personal best in the 400-meter hurdles in a fifth-place finish at the LSU Battle on the Bayou running 1:00.04 || 2017 Indoor || Competed in seven meets... Set personal bests in 500-meters (1:16.39), 600-meters (1:33.91), 600-yard (1:25.24), 800-meters (2:16.30), 60-meter hurdles

(9.04), high jump 4'-7.50" (1.41m), long jump 17'-1.25" (5.21m), shot put 28'-3" (8.61m), and Pentathlon (3339-points) || 2016 Outdoor || Competed in seven meets... Competed in the 400-meter hurdles and 4x400-meter relay... Recorded six top-10 finishes... Finished second at the Jim Thorpe Invite running 1:02.21 in the 400-meter hurdles... Finished third in the 400-meter hurdles at the Bucknell Team Challenge running 1:02.19 || 2016 Indoor || Competed in six meets... Recorded six top-10 finishes... Started the season off with a first-place finish in the DMR with a time of 11:43.09... Set personal best in the 400-meters (57.28), 500-meters (1:17.14), and 600-meters (1:34.26) || 2015 Outdoor || Finished sixth in the 400-meter hurdles at the Kehoe Twilight Meet with a season-best time of 1:02.93 ... Tallied a first-place finish in the 400-meter hurdles at the Jim Thorpe Invite with her time of 1:03.96 || 2015 Indoor || Posted a personal-best time of 59.04 in the 400-meter dash en route to a third-place finish at the Penn State Tune-Up ... Tallied a personal-best time of 1:17.47 in the 500-meter run en route to a fifth-place finish at the Penn State National Invitational ... Finished sixth in the 600-meter run at the Nittany Lion Challenge with her time of 1:37.51

Before Penn State ... || High School PRs || 300H: 43.66 ... 400H: 1:02.53 ... 400: 57.61 || High School || DeCecco's track & field team won the 2014 District Three championship ... At the 2013 PIAA Outdoor Track & Field Championships, DeCecco placed third in the 300-meter hurdles and fourth in the 100-meter hurdles ... Multiple school record holder (100H, 300H, 400H, 200, long jump and distance medley relay) ... Four-year letter winner in track & field ... Team captain ... National Honor Society member || National Level Competition || Placed eighth in the 400-meter hurdles at the Penn Relays (high school girls section) with her time of 1:02.53 || Personal || Daughter of Dorene and David DeCecco ... Born on December 4, 1995 ... Industrial engineering major



Marisa DEICHERT
Sophomore • Sophomore
Uniontown, Pa.
DISTANCE • CROSS COUNTRY

Around the Track... || 2017 Outdoor || Did not compete || 2017 Indoor || Did not compete || 2016 Outdoor || Did not compete || 2016 Indoor || Did not compete

Before Penn State... || High School PR || 3,200: 11:17.22 || High School || Four-time all-county in cross country ... Four-time WPIAL cross country qualifier ... Two-time PIAA cross country state meet qualifier ... Three-time all-county in track ... Three-time WPIAL track qualifier ... Holds the school record in the 3,200-meter run ... Cross country team captain ... Track team captain ... Eight-time letterwinner in cross country and track ... Valedictorian || Personal || Daughter of Jennifer and Andy Deichert ... Engineering major ... Born on July 19, 1997



Natasha FEDKINA

Freshman · Freshman
State College, Pa.

DISTANCE • CROSS COUNTRY

Fedkina's Personal Bests

	Indoor	Outdoor
800m	2:15.24	***
1000m	2:57.42	***
1500m	***	4:33.80
Mile	4:58.21	***

Around the Track... || 2017 Outdoor || Competed in two meets... Finished fourth in the 1,500-meters running an outdoor best 4:33.80 at the Bucknell Team Challenge || 2017 Indoor ||

On The Course... || 2016 Cross Country || Opened the year with a tenth-place finish at the Dolan Duals (14:50.50) ...Placed 68th at the Spike Shoe Invitational (25:25)...Placed 152nd at the Penn State National Open (22:26.20)

Before Penn State... || High School PRs || 800-meters: 2:15, Mile: 5:00.97, Cross Country 5K: 18:57 || High School || Helped State College earn a fifth-place at Cross Country State Meet in 2015... Won Cross Country Mid-Penn Title in 2015... Earned state runners-up at the outdoor state meet in 2016... A two-time runner-up at Mid-Penns for the mile (outdoor)... Sixth-place at Outdoor State meet in 2016... Won the mile at the Bruce Dallas Invitational... Three-time district champion in the 800... Two-time district champion in the mile... Team Captain of State College XC team in 2015 || Personal || Daughter of Katya and Mark Fedkina... Born on July 22, 1998



Megan FRY

Junior · Junior
State College, Pa.

POLE VAULT

Fry's Personal Bests

	Indoor	Outdoor
Pole Vault	3.86m (12'-8")	3.85m (12'-7.5")

At the Big Ten Championships... || 2017 Outdoor || Competed in the pole vault || 2017 Indoor || Competed in the pole vault finishing 12th with a mark of 12'-9.50" (3.90m) || 2016 Outdoor || Competed in the pole vault... || 2016 Indoor || Competed in the pole vault finishing 12th with a personal best clearance of 3.86m (12'-8")

In the Field... || 2017 Outdoor || Competed in six meets... Recorded an outdoor personal best of 12'-7.50" (3.85m) that is the No. 8 mark in program history || 2017 Indoor || Competed in six meets... Posted four top-10 finishes... Recorded the No. 5 mark in program history with a personal best of 13'-0.75" (3.98m) at the Penn State National || 2016 Outdoor || Competed in seven meets... Cleared a season best 3.81m (12'-6") at the Bucknell Team Challenge claiming a third-place finish... Posted

two top-five finishes || 2016 Indoor || Competed in six meets... Recorded three top-10 finishes... Opened the season with a fourth-place finish at the Penn State Relays in the pole vault

Before Penn State... || High School PR || Pole Vault: 12-9 || High School || Claimed third at the 2015 PIAA AAA Outdoor Track & Field Championships ... Placed fifth at the 2015 PTFCA Indoor Track & Field Championships ... Finished ninth at the 2014 PIAA AAA Outdoor Track & Field Championships ... 2015 PIAA AAA District Six champion ... Two-time PIAA AAA District Six runner-up ... 2015 Kevin Dare Invitational champion ... Tied for second at the 2015 Penn Relays with a then-school record of 12-3.75 ... 2015 West Central Coaches Large School (AAA) Invitational champion with her school record height of 12-9 ... Her height of 12-9 is tied for first in Pennsylvania during the 2015 season ... School record holder ... All-state second team ... Four-year letter winner in track ... Coaches Award (indoor season 2015) ... MVP Award (2015 outdoor season) ... Centre Daily Times Inspiring Athletes Finalist ... Two-time Centre Daily Times Athlete of the Week || National Level Competition || Competed at the 2014 New Balance Outdoor Nationals meet, 2015 New Balance Indoor Nationals meet and the 2015 New Balance Outdoor Nationals meet || Personal || Daughter of Carolyn and Scott Fry ... Born on May 31, 1997



Olivia GIAMBRA

Sophomore · Sophomore
Pittston, Pa.

JUMPS

Giambra's Personal Bests

	Indoor	Outdoor
Long Jump	5.47m (17'-11.5")	***
Triple Jump	11.58m (38'-0")	11.46m (37'-7.25")

At the Big Ten Championships... || 2017 Outdoor || Competed in the triple jump finishing 16th with a best of 38'-4.25" (11.69m)

In the Field... || 2017 Outdoor || Competed in six meets... Posted three top-10 finishes || 2017 Indoor || Competed in six meets... Recorded seven top-10 finishes || 2016 Outdoor || Competed in one meet... Recorded 25th and 13th-place finishes in the triple jump and long jump, respectively... Set season best marks of 10.93m (35'-10.5") and 5.50m (18'-0.5") in the triple jump and long jump, respectively, at the Bison Outdoor Classic

Before Penn State... || High School PRs || Long Jump: 17-10.25, Triple Jump: 37-4.5 || High School || 2012 & 2014 PIAA District Two AAA triple jump champion ... Four-time state qualifier ... 2014 PIAA District II AAA long jump champion ... School record holder in the long jump ... Finished eighth in the long jump at the 2014 PIAA AAA state meet ... Four-year letter winner in track ... Two-time letter winner in soccer ... Three-year team captain ... Graduated valedictorian || Personal || Daughter of Lesa and Joseph Giambra ... Born on May 27, 1997



2017-18 WOMEN'S RETURNERS



Julia GUERRA

Freshman • Freshman
Oakland, N.J.

DISTANCE • CROSS COUNTRY

Around the course... || 2016 Cross Country || Opened the year with a sixth-place finish at the Dolan Duals (14:18.24)... Placed 62nd at the Spike Shoe invitational (24:13)... Placed 244th at the Roy Griak Invitational (24:53.4)

Before Penn State... || High School || Member of the First team All-Bergen County Indoor Track 4x800 relay team... Four-time First Team all-Bergen County Cross Country (2012-2016)... Four-time First Team All-North Jersey Cross Country (2012-2016)... Second Team All-State Cross Country (2013)... First Team All-State Cross Country (2015)... Bergen Record Athlete of the week for Cross Country (10/20/15)... Fourth Place at the New Jersey State Meet of Champions (2015)... Bergen Record Athlete of the Week for Winter Track (2/25/14)... Star Ledger Athlete of the Week for Winter Track (2/25/14)... Three-time First Team All-Bergen County Winter Track ... Two-time All North Jersey Winter Track... 1600m & 3200m State Group 2 Champion Indoor Track (2014)... 3200m State Group 2 Champion Indoor Track (2016)... Bergen Record Athlete of the Season Winter Track (2016)... First Team All-State Winter Track (2016)... Milesplit National Kick of the Week Winner 2016 (2/29/16)... Two-time First Team All-Bergen County Spring Track ... Two-time First Team All-New Jersey Spring Track... Third Team All-State 1600m Spring Track (2015)... Runner up in the 1600m at the New Jersey State Meet of champions (2015)... Three-time Outdoor 1600m State Medalist... Earned twelve letters... Team captain: XC 2yrs, Indoor 2yrs, Outdoors 2yrs || Personal || Daughter of Michael and Felicia Guerra... Born on September 2, 1998

3747... Recorded marks of 5.65m (long jump), 8.71 (60mH), 11.79m (shot put), 1.49m (high jump) and 2:23.59 (800m)

Around the Track... || 2017 Outdoor || Competed in eight meets... Posted the No. 1 mark in the Big Ten with her total of 5636 that is also the No. 3 total in program history... Set the heptathlon record in the shot put with her mark of 42'-0" (12.80m) || 2016 Outdoor || Competed in five meets... Recorded a second-place finish in the heptathlon at the prestigious Penn Relays with a total score of 5053... Recorded 14 top-10 finishes throughout the regular season... || 2016 Indoor || Competed in six meets during the regular season... Recorded 24 top-10 finishes throughout the regular season including four first-place finishes

Before Penn State... || High School PRs || 100mH: 14.34, 300mH: 42.72, Long Jump: 20-1 || High School || Twelve-time Westmoreland county champion ... Three-time Westmoreland MVP ... Nine-time WPIAL champion ... All-time WPIAL record holder in the long jump and the 4x100-meter relay ... Nine-time PIAA place winner ... Four-time PIAA state champion (2013: 4x1, 2014: long jump, 300-meter hurdles, 4x100-meter relay) ... 2014 PIAA Women's Track Athlete of the Year ... 2014 Tribune Review Athlete of the Year ... 2014 Post Gazette Athlete of the Year ... Owns the school record in the long jump, 300-meter hurdles, 4x100-meter relay and 4x400-meter relay ... Four-year letter winner || National Level Competition || 2014 New Balance Nationals All-American-sixth-place (4x1) || Personal || Daughter of Rob and Deidre Holmberg ... Kinesiology major ... Born on October 26, 1996



Julia HOWARD

Freshman • Freshman
Greensburg, Pa.

JUMPS

Howard's Personal Bests

High Jump	1.57m (5'-2")
Long Jump	5.76m (18'-11")
Triple Jump	11.95m (39'-2.5")

Around the Track... || 2017 Indoor/Outdoor || Did not compete

Before Penn State... || High School PRs || Triple Jump: 11.95m (39'-2.5"), Long Jump: 5.76m (18'-11"), High Jump: 1.57m (5'-2"), Heptathlon: 3,510 points || High School || Four-year TSTCA Indoor Championship Qualifier... 2015 long jump champion & second-place triple Jump... 2016 triple jump champion, second-place long jump... Two-year PTFCA Indoor State Championship Qualifier... 2015 long jump fifth-place, triple jump sixth-place... 2016 triple jump third-place, long jump eighth-place... three-year County Championships Qualifier... Four-year WPIAL AAA Central Section Championship Qualifier... 2015 triple jump second-place, 2016 triple jump champion, long jump champion... Three-year PIAA District 7AA & 7AAA Championship Qualifier... 2014 triple jump second-place... 2015 triple jump second-place... 2016 triple jump champion and long jump champion... two-year PIAA State Championships... 2016 triple jump third-place and long jump fourth-place... Holds school records in Long Jump, Triple Jump, 60m Hurdles, High Jump... Also lettered in volleyball || National Level Competition || 2016 New Balance Outdoor Nationals long jump fifth-place, triple jump 12th-place... 2016 New Balance Indoor Nationals long jump 22nd-place, triple jump 24th-place... 2015 New Balance Indoor Nationals triple jump 22nd-place... 2015 USATF Junior Olympics Nationals- Jacksonville FL triple jump 25th-place, long jump 24th-place... 2015 USATF Youth Outdoor T & F Championship- Lisle, Ill. triple jump second-place long jump 15th-place... 2015 USATF World Youth T&F Trials- Lisle, IL Heptathlon TEAM USA 14th-place... 2014 USA Youth Outdoor T&F Championships- Bloomington, Indiana Heptathlon third-place, triple jump second-place, long jump fourth-place, high



Madeline HOLMBERG

Sophomore • Junior
Greensburg, Pa.

MULTI-EVENTS/JUMPS

Holmberg's Personal Bests

	Indoor	Outdoor
200m	***	24.52
800m	2:23.59	2:28.26
60mH	8.71	***
100mH	***	13.70
Javelin	***	35.61m (116'-10")
Long Jump	5.91m (19'-4.75")	6.20m (20'-4.25")
Shot put	12.25m (38'-8.25")	12.80m (42'-0")
Pentathlon/Heptathlon	3747	5636

At the Big Ten Championships... || 2016 Outdoor || Competed in the heptathlon finishing seventh with a two-day score of 5118 - a career best... Recorded marks of 35.61m (Javelin), 24.98w (200m), 14.39w (100mH), 11.45m (Shot Put), 2:30.32 (800m), 1.53m (high Jump) and 5.68mw (long jump) || 2016 Indoor || Competed in the pentathlon recording a total of

2017-18 WOMEN'S RETURNERS



jump eighth-place... 2012 USATF National Junior Olympics- Baltimore, Maryland Pentathlon 16th-place (2296), 100-meter hurdles 28th-place, long jump eighth-place... 2011 USA Youth Outdoor T&F Championships- Myrtle Beach, SC... Pentathlon sixth-place (2180), high jump eighth-place, 100-meter hurdles 11th-place... 2010-USATF National Junior Olympic Championships Sacramento, Calif. high jump eighth-place, Pentathlon 17th-place (2122) || Personal || Daughter of Renee Howard and John Prorok... Born on March 3, 1998

Dame Invitational ... Placed 67th at the Pre-National Invitational (21:46.2)

Before Penn State... || High School PRs || 1,600: 5:09.87 ... 3,200: 10:53.36 ... 5,000: 18:13.00 || High School || A member of back-to-back section championship teams (2012-13) ... Two-time first team all-state (2012-13 & 2013-14) ... Lettered all four years of cross country and track ... Named team captain and team MVP || Personal || Daughter of Cheryl and Mark Hunsberger ... Born on April 29, 1996



Jillian HUNSBERGER
Senior • Senior
Pittsburgh, Pa.
DISTANCE • CROSS COUNTRY



Tess KEARNS
Junior • Junior
Scranton, Pa.
DISTANCE • CROSS COUNTRY

Hunsberger's Personal Bests		
	Indoor	Outdoor
	***	***
1500m	4:57.37	4:26.43
Mile	16:01.90	16:04.24
5000m	***	33:29.40
10000m		

Around the Track... || 2017 || Did not compete || 2016 || Did not compete

On the Course... || 2016 || Did not compete

Before Penn State... || High School PRs || 1,600: 5:13.33, 3,200: 11:13.90, Cross Country (5k): 19:37.00 || High School || 2013 PIAA District AA cross country champion ... Two-time cross country state medalist ... Three-time state qualifier in cross country ... 2013 all-state (cross country) ... 2013 all-region (cross country) ... Three-time all-league (cross country) ... Cross country PIAA District A record holder ... 2014 PIAA District AA 1,600- and 3,200-meter run champion ... 2015 PIAA AA state medalist in the 3,200-meter run ... 2014 league champion in the 3,200-meter run ... 2014 all-region (track) ... Three-time all-league (track) ... Three-time cross country captain ... Two-time track team captain ... Two-time cross country team MVP ... Two-time track team MVP ... 2014 Wendy's High School Heisman Winner for the State of Pennsylvania ... Four-time letter winner in cross country and track || Personal || Daughter of Mary Alice and Robert Kearns ... Communications major ... Born on November 3, 1996

On the National Scene... || 2017 Outdoor || Competed at the NCAA Championships in the 10K running 33:29.40 finishing 10th... Competed in the 10K at the NCAA East Preliminary finishing eighth running 33:52.41 || 2017 Indoor || || 2016 Cross Country || Finished 16th at the NCAA Mid-Atlantic Regional Championships running 21:06 on the 6k course... Placed 36th at the NCAA Championships running 20:21.6 and earned All-American Honors || 2016 Outdoor || Posted a 33rd-place finish in the 5,000-meters at the NCAA East Preliminary hosted by the University of North Florida || 2015 Cross Country || Finished 152nd individually en route to helping Penn State finish 16th as a team, the highest team finish by the Nittany Lions at the NCAA Championships since 2012 || 2014 Cross Country || Qualified for the NCAA Cross Country Championships as an individual with her 11th-place finish (20:49) at the Mid-Atlantic Regional ... All-region ... In her NCAA Cross Country Championships debut, Hunsberger finished 161st (21:38)

At the Big Ten Championships... || 2017 Outdoor || Competed in the 5K (16:26.18) and 10K (33:55.55) finishing sixth and second, respectively || 2016 Cross Country || || 2016 Outdoor || Posted a fourth-place finish in the 5,000-meters running a personal best time of 16:18.95 || 2015 Cross Country || Posted a ninth-place finish with her season best time of 20:18.1 in the 6K helping Penn State clinch the Big Ten Championship for the second time in program history || 2014 Cross Country || Posted a 24th-place finish with her season-best 6k time of 20:46.0

Around the Track... || 2017 Outdoor || Competed in six meets... Set a personal best of 4:26.43 in the 1,500-meters... Posted seven top-10 finishes || 2017 Indoor || Competed in three meets... Set a personal best in the mile of 4:57.37 || 2017 Indoor || || 2016 Outdoor || Competed in six meets... recorded three top-five finishes... Opened the season with a personal best 4:31.65 in the 1,500-meters || 2015 Outdoor || Redshirted || 2015 Indoor || Competed in one meet ... A member of the first place distance medley relay that tallied a time of 11:42.69 at the Penn State Relays

On the Course... || 2016 Cross Country || Opened the year with a third-place finish at the Dolan Duals (13:55.24)... Placed 4th at the Spike Shoe Invitational (21:13)... Placed 9th at the Roy Griak Invitational(22:05.8)... Placed 3rd at the Penn State National Open (20:13.60) || 2015 Cross Country || Competed in seven meets... Recorded four top-10 finishes || 2014 Cross Country || Competed in seven meets during her freshman year campaign ... Opened her Penn State career with a third-place finish at the Dolan Duals (14:45.05) ... At the Spiked Shoe Invitational, Hunsberger finished fifth (21:15.7) ... Ran a time of 17:09.2 to finish 52nd at the Notre



Kiara LESTER
Sophomore • Sophomore
Wenonah, N.J.
SPRINTS

Lester's Personal Bests		
	Indoor	Outdoor
	***	***
100m	24.39	11.93
200m	***	24.34
400m		54.74

On the National Stage... || 2017 Outdoor || Ran on the 4x100-meter relay and 4x400-meter relay at the NCAA East Preliminary in Lexington, Ky.

At the Big Ten Championships... || 2017 Outdoor || Set personal best in the 200-meters (24.34) and 400-meters (54.74) || 2017 Indoor || Competed in the 60-meters, 200-meters and 4x400-meter relay

Around the Track... || 2017 Outdoor || Competed in six meets... Posted nine top-10 finishes... Set collegiate best of 11.93 in 100-meters at the



2017-18 WOMEN'S RETURNERS

Virginia Classic || 2017 Indoor || Competed in five meets... Recorded seven top-10 finishes... Set a personal best of 7.63 seconds in the 60-meters at the Spire Invite in Geneva, Ohio.

Before Penn State... || High School || Two-time Indoor Group Two team champions... 4x200 & 4x4 State Champions... 2015 Outdoor 4x1, 4x2 and 4x4 State champions... First team All-Conference in the 55m, 200m, and 400m... 2014-2015 Indoor and Outdoor Sectional/State Champion in the 55m, 400m, 4x2 and 4x4... Two times Meet of Champion winner and record holder (24) ... 2015 outdoor state Champion in the 100m, 200m, 400m and 4x1... Indoor 400m school record holder... Earn four Indoor and Outdoor varsity letters... Four-year team Captain... || National Level Competition || Started AAU Track and Field at the age of 18 years old. Have been ranked within the top 10 every summer ||Personal|| Daughter of Kevin and Fran Lester... Has one sibling, Kevin Lester Jr... Born on October 8, 1998



Greta LINDSLEY

Senior • Senior
Lancaster, Pa.

DISTANCE • CROSS COUNTRY

Lindsley's Personal Bests

	Indoor	Outdoor
800m	2:12.53	2:12.70
1500m	***	4:25.26
Mile	4:52.82	***
3000m-steeple	***	10:22.09
5000m	***	17:17.82

On the National Scene... || 2017 Outdoor || Posted a time of 10:36.80 in the 3,000-meter steeplechase finishing 30th || 2016 Cross Country ||Finished 16th at the NCAA Mid-Atlantic Regional Championships running 21:06 on the 6k course... Placed 140th at the NCAA Championships running 21:00.8

At the Big Ten Championships... || 2017 Outdoor || Competed in the 3,000-meter steeplechase running the No. 8 time in program history of 10:22.09 finishing fifth || 2017 Indoor || Competed in the 3,000-meters finishing 11th running a personal best 9:36.61 || 2016 Cross Country || Placed 23rd at the Big Ten Cross Country Championships (21:47.4) || 2015 Outdoor || Finished 18th in the 1,500-meter run with her time of 4:34.48 || 2015 Indoor || A member of the seventh-place distance medley relay that posted a time of 11:29.06

Around the Track... || 2017 Outdoor ||Competed in six meets... Posted two top-10 finishes || 2017 Indoor || Competed in five meets... Posted two top-10 finishes || 2016 Outdoor ||Competed in five meets... Set a personal best of 4:25.26 in the 1,500-meters at the Pepsi Invite in Eugene, Ore... Set a personal best of 17:17.82 in the 5,000-meters|| 2016 Indoor || Competed in six meets... Recorded four top-10 finishes... Set a personal best in the 800-meters running 2:12.53 at the Penn State Tune-Up... Ran a personal best time of 4:52.82 at the Sykes & Sabock Challenge Cup in the mile || 2015 Outdoor || Ran a personal-best time of 2:12.70 in the 800-meter run at the season-opening Florida Relays ... Finished fifth in the 1,500-meter run at Bison Outdoor Classic with her personal-best time of 4:29.90 || 2015 Indoor || Finished sixth in the 1,000-meter run at the Nittany Lion Challenge with her personal-best time of 2:57.51 ... Tallied a season-best time of 2:13.74 in the 800-meter run at the Sykes & Sabock Challenge Cup ... Clocked in at 4:53.32 for a personal-best time in the mile at the UW Husky Classic

On the Course...|| 2016 Cross Country || Opened the year with a second-place finish at the Dolan Duals (13:38.50)... Placed 2nd at the Spike Shoe Invitational (20:53)... Placed 13th at the Roy Griak Invitational(22:08.3)... Placed 2nd at the Penn State National Open (20:10.30) || 2015 Cross Country || Competed in seven meets... Set a season best of 21:11.9 in the 6K at the Big Ten Championships || 2014 Cross Country || Competed in two meets unattached ... Finished fifth at the Dolan Duals and the finished 38th at the Harry Groves Spiked Shoe Invitational (22:33.4)

Before Penn State... || High School PRs || Cross Country (5k): 18:13 ... 800: 2:14.60 ... 1,600: 4:51.77 || High School || 4x800-relay league and district gold in 2011 ... Four-time cross country league champion ... Four-time Lancaster-Lebanon League Cross Country Runner of the Year ... Four-time 3,200-meter run league champion ... Four-time 1,600-meter run league champion ... Second-, fourth- and fifth-place finishes at the PIAA State Track & Field Championships in the 1,600-meter run ... 2013 first team all-state (track) ... Three-time 1,600-meter run district champion ... Cross country district gold medalist ... 2011 second team all-state (cross country) ... 2012 800-meter run district champion ... Four-year letter winner in track and cross country ... Two-time team captain in both track and cross country ... Female All-Around Athlete in graduating class ... Nominee for A. Landis Brackbill Award for Top Scholar Athletes in Lancaster and Lebanon ... E. Jerry Brooks Scholar-Athlete Award ... National Honor Society member || Personal || Daughter of Heather and Todd Lindsley ... Born on May 17, 1996



Obeng MARFO

Senior • Senior
Ontario, Canada

THROWS

Marfo's Personal Bests

	Indoor	Outdoor
Discus	***	52.03m (170'-8")
Hammer	***	55.94m (183'-6")
Shot Put	16.09m (52'-9.50")	16.43m (53'-11")
20lb Weight	18.82m (61'-9")	***

On the National Stage... || 2017 Outdoor || Competed in the shot put at the NCAA Championships finishing with a best of 53'-0.75" (16.17m)... Competed in the shot put and discus throw at the NCAA East Preliminary finishing with a best of 53'-7.50" (16.34m) in the shot put and 164'-4" (50.09m) in the discus throw || 2016 Outdoor ||Qualified for the NCAA East Preliminary in the discus and shot put... Finished 17th in the shot put with a mark of 15.65m (51'-4.25")... Finished 28th in the discus with a best throw of 48.88m (160'4") || 2015 Outdoor || Qualified for the NCAA East Prelims in the discus throw and the shot put ... Finished 20th in the shot put (50-1.75) and 42nd in the discus throw (149-1)

At the Big Ten Championships... || 2017 Outdoor || Competed in three events (SP, DT, HT)... Finished with a personal best of 53'-11" (16.43m)... Finished third in the shot put... Finished fifth in the discus throw || 2017 Indoor || Competed in the weight throw and shot put recording marks of 56'-6.50" (17.23m) and 51'-1.50" (15.58m), respectively || 2016 Outdoor || Recorded seventh-place finishes in both the discus (49.87m/163'7") and the shot put (15.61m/51'-2.75") || 2016 Indoor || Posted a third-place finish in shot put with a mark of 16.09m (52'-9.50") || 2015 Outdoor || Placed fourth in the shot put with her personal-best mark of 52-6 ... Her mark of 52-6 is tied for fifth all-time at Penn State ... Finished sixth in the discus with her personal-best toss of 170-1 ... Her mark of 170-1 ranks third all-time at Penn State ... Took 23rd in the hammer throw with a throw of 151-9 || 2015 Indoor || Finished ninth in the shot put (46-11.75) ... Placed 18th in the weight throw (56-6.5)



In the Field... || 2017 Outdoor || Competed in eight meets... Posted 12 top-10 finishes... Recorded a personal best in the hammer throw with a mark of 183'-6" (55.94m) || 2017 Indoor || Competed in seven meets... Posted 12 top-10 finishes... Recorded a personal best in the weight throw of 61'-9" (18.82m) || 2016 Outdoor || Competed in eight meets... Set a personal best in the discus throw at the Bucknell Team Challenge... Collected three first-place finishes || 2016 Indoor || Competed in seven meets... Set personal best in the shot put and weight throw... Posted 11 top-10 finishes || 2015 Outdoor || Tallied a personal-best mark of 170-0 en route to a sixth-place finish in hammer throw at the Jim Thorpe Invite ... Finished second in the shot put at the Jim Thorpe Invite with her toss of 51-0 ... Placed second in the discus at the Jim Thorpe Invite with her toss of 155-1 || 2015 Indoor || Finished fourth in the shot put at the Penn State National Invitational with her toss of 47-7.75 ... Tallied a season-best distance of 48-2 en route to a second-place finish in the shot put at the Penn State Tune-Up ... Posted a personal-best mark of 58-3.25 in the weight throw at the Tyson Invitational

Before Penn State... || High School PRs || Discus: 135-3 ... Shot Put: 44-3 1/4 || National Level Competition || Five-time OFSAA gold medalist in the shot put ... Two-time national gold medalist ... A member of the 2013 Canadian team at the 2013 IAAF World Youth Championships ... Legions Youth Nationals, 2012 (silver) & 2013 (gold) ... Junior Nationals gold medalist || Personal || Daughter of Janet Obeng and Oppong Checheku ... Born on April 11, 1996



Lexi MASTERSON

Fifth-Year · Outdoor Only
Jeannette, Pa.

POLE VAULT

Masterson's Personal Bests		
	Indoor	Outdoor
Pole Vault	4.21m (13'-9.75")	4.08m (13'-4.50")

On the National Stage... || 2015 Outdoor || Qualified for the NCAA East Prelims in the pole vault ... Placed 33rd in the pole vault with her height of 12-10.75 || 2014 Outdoor || Qualified for the NCAA East Prelims in the pole vault ... Recorded a lifetime-best height of 13-3.5 to place 19th at the NCAA East Prelims ... Her height of 13-3.5 is the school record

At the Big Ten Championship... || 2016 Indoor || Recorded a second-place finish in the pole vault with a personal best mark of 4.21m (13'-9.75") - a new school record || 2015 Outdoor || Finished 16th with her height of 12-10.25 || 2015 Indoor || Placed 15th with her season-best height of 13-1 || 2014 Outdoor || Posted a height of 13-0.75 to place seventh || 2014 Indoor || Placed eighth (12-11.5)

In the Field... || 2016 Outdoor || Did not compete || 2016 Indoor || Competed in seven meets... Posted five first-place finishes in the pole vault... Set a new school record in the pole vault at the Big Ten Championships || 2015 Outdoor || Opened the year with a sixth-place finish in the pole vault at Florida Relays with her height of 13-1.5 ... Tallied a season-best height of 13-1.75 en route to a second-place finish in the pole vault at the LSU Alumni Gold meet ... Finished third in the college section of the pole vault at the Penn Relays with her height of 12-5.5 || 2015 Indoor || Began the indoor season with back to back wins in the pole vault at the Penn State Relays (12-10.25) and the Nittany Lion Challenge (12-8.25) ... Finished first in the pole vault at the Penn State Tune-Up with her height of 13-1 || 2014 Outdoor || Only competed in the pole vault ... Tallied two victories in the pole vault during the outdoor season || 2014 Indoor || Only competed in the pole vault ... Took first-place at three meets ... Made her collegiate debut in the pole vault by taking first at the Penn State Relays with her height of 12-5.5 ... Posted a season-best mark of 13-1.75 en route to

a first-place finish at the Sykes & Sabock Challenge Cup, which ranks second all-time in school history

Before Penn State... || High School || Was the PIAA state runner-up in the pole vault as a senior, clearing a personal-best 12-0 at the state meet ... Also scored a silver medal finish at the state level during the indoor season, placing second at the PTFCA Indoor Championships - with a clearance of 12-0 once again ... Qualified for the PIAA Outdoor Championships on all four occasions and made the indoor state meet during her sophomore, junior, and senior seasons ... Competed at New Balance Indoor Nationals as a senior, placing 15th overall || Personal || Daughter of James and Carrie Masterson ... Born on June 30, 1994



Megan McCLOSKEY

Senior · Senior
Lower Gwynedd, Pa.

JUMPS

McCloskey's Personal Bests		
	Indoor	Outdoor
High Jump	1.79m (5'-10.50")	1.82m (5'-11.50")

On the National Stage... || 2017 Outdoor || Competed in the high jump at the NCAA East Preliminary || 2016 Outdoor || Finished 21st in the high jump at the NCAA East Preliminary with a clearance of 1.71m (5'-7.25")

At the Big Ten Championships... || 2017 Outdoor || Finished third in the high jump with a clearance of 5'-11.25" (1.82m) || 2017 Indoor || Competed in the high jump finishing second with a best of 5'-10.50" (1.79m) || 2016 Outdoor || Finished fourth in the high jump with her mark of 1.79m (5'-10.50") that is tied for the sixth-best mark in program history || 2016 Indoor || Finished ninth in the high jump with a mark of 1.74m (5'-8.50") || 2015 Outdoor || Finished 17th in the high jump with a mark of 5-6 || 2015 Indoor || Placed 10th in the high jump with her mark of 5-6

In the Field... || 2017 Outdoor || Competed in seven meets... Posted five top-10 finishes... Recorded a personal best clearance of 5'-11.25" (1.82m) - the No. 2 mark in program history || 2017 Indoor || Competed in five meets... posted five top-five finishes... || 2016 Outdoor || Competed in seven meets... Recorded wins in back-to-back meets at the Pepsi Invite and Texas Invitational in the high jump || 2016 Indoor || Competed in six meets... Set a season best mark of 1.77m (5'-9.75") at the Sykes & Sabock Challenge Cup || 2015 Outdoor || Finished fifth in the high jump at the Bison Outdoor Classic with her height of 5-5.25 ... Placed ninth in the high jump at the Florida Relays with a mark of 5-6 ... Tallied a season-best height of 5-8 en route to a second-place finish in the high jump at the Kehoe Twilight Meet ... Finished first in the high jump at the Jim Thorpe Invite with her height of 5-7 || 2015 Indoor || Finished 16th in the high jump at the Tyson Invitational with her height of 5-5.75 ... Tallied an indoor season-best height of 5-7.25 en route to a runner-up finish in the high jump at the Penn State Tune-Up

Before Penn State... || High School PR || High Jump: 5-9 || High School || Two-time PTFCA high jump state champion ... Four-time PA Independent Schools high jump state champion ... Holds both indoor and outdoor high jump school records ... Inter-Academic League record ... Four-time first team all-league ... Four-time PTFCA Indoor All-State ... Four-time PTFCA Outdoor All-State ... Eight-time letter winner in track & field... Indoor and outdoor team captain ... Volleyball captain ... First team all-league (volleyball) ... Track & field: Team MVP... 2014 Girls' Inter-Ac Athletic Directors' Award ... Received the Scholar-Athlete award four times ... Four-year honor student || National Level Competition || New Balance National (NBN) Championships: Four-time New Balance All-American (two indoor, two outdoor) ... Competed in seven NBN meets



2017-18 WOMEN'S RETURNERS

(four indoor, three outdoor) ... Her top-finishes at NBN meets include fifth-place (2012 Outdoor NBN), fourth-place (2013 Indoor NBN), second-place (2013 Outdoor NBN) and third-place (2014 Indoor NBN) ... Two-time Penn Relays high jump medalist (2013-14) ... Won the high jump event at the 2012 USATF Junior Olympic National Championships || Personal || Daughter of Mimi and Mike McCloskey ... Born on May 29, 1996
On the National Stage... || 2017 Outdoor || Competed at the NCAA Outdoor Championships in the pole vault... Recorded a school record clearance of 13'-5.25" (4.10m) at the NCAA East Preliminary || 2016 Outdoor || Finished 27th in the pole vault with a mark of 3.95m (12-11.5") at the NCAA East Preliminary in Jacksonville, Fla.



**Grayson
MCCLOY**
Freshman • Freshman
Mill Hall, Pa.
JUMPS

Before Penn State... || High School PRs || High Jump: 5'-3" || High School || Four-year letter winner... District 6 High Jump Champion 2015 and 2016... First Team High Jump (PHAC)... Central Mountain High Jump Record Holder... Class of 2016 Salutatorian... NHS member, Secretary of Student Government, Secretary of Student Athletic Leadership Group || Personal || Daughter of James and Sandra McCloy... Born on March 13, 1998



**Hannah
MULHERN**
Senior • Senior
Altoona, Pa.
POLE VAULT

Mulhern's Personal Bests		
	Indoor	Outdoor
Pole Vault	4.13m (13'-6.50")	4.10m (13'-5.25")

At the Big Ten Championships... || 2017 Outdoor || Competed in the pole vault clearing 12'-8.75" (3.88m) finishing sixth || 2017 Indoor || Competed in the pole vault finishing fifth clearing 13'-3.50" (4.05m) || 2016 Outdoor || Finished 13th in the pole vault with a clearance of 3.91m (12'-10") || 2016 Indoor || Recorded a sixth-place finish with a mark of 4.01m (13'-1.75") || 2015 Outdoor || Placed 23rd in the pole vault with her height of 12-4.5 || 2015 Indoor || Posted an indoor season-best height of 12-3.25 en route to a 24th-place finish in the pole vault

In the Field... || 2017 Outdoor || Competed in seven meets... Posted four top-10 finishes || 2017 Indoor || Competed in six meets... Posted five top-10 finishes || 2016 Outdoor || Competed in eight meets... Recorded four top-10 finishes including a first-place finish at the Bucknell Team Challenge || 2016 Indoor || Competed in six meets... Set a personal best mark of 4.13m (13'-6.50") at the Sykes & Sabock Challenge Cup || 2015 Outdoor || At the season-opening Florida Relays, Mulhern placed 11th with her height of 12-7.5 ... Placed sixth at the Bison Outdoor Classic with a height of 12-2.5 ... Cleared a height of 12-10 to finish ninth at the

LSU Alumni Gold meet ... Finished first at the Jim Thorpe Invite with her personal-best height of 12-10.25 ... Her height of 12-10.25 ranks third all-time at Penn State || 2015 Indoor || Finished second in the pole vault at the Penn State National Invitational with her height of 12-2.5

Before Penn State... || High School PR || Pole Vault: 12-5 || High School || Two-time District Six champion during her junior and senior years ... District runner-up as a sophomore ... Third-place at districts as a freshman ... District Six record holder (12-5) ... School record holder (12-5) ... Altoona Mirror Athlete of the Week (twice) ... Featured in Altoona Life Magazine ... Outdoor state runner-up as a senior ... Fifth-place at indoor states as a senior ... Tri-state champion as a senior ... PTFCA Honorable Mention All-State ... Four-year letter winner in track & field ... Most Outstanding Field Athlete ... National Honor Society member || National Level Competition || New Balance Indoor Nationals Elite ... Placed fifth at the Penn Relays as a junior || Personal || Daughter of Missy and Terry Mulhern ... Born on April 9, 1996



**Kathryn
MUNKS**
Sophomore • Sophomore
Chester, N.Y.
DISTANCE • CROSS COUNTRY

Munks' Personal Bests		
	Indoor	Outdoor
1500m	***	4:33.87
Mile	4:58.82	***
3000m	9:39.90	***
5000m	16:37.23	16:28.57
10000m	***	34:05.28

On the National Scene... || 2017 Outdoor || Competed in the 10,000-meters at the NCAA East Preliminary in Lexington, Ky. || 2016 Cross Country || Finished 12th at the NCAA Mid-Atlantic Regional Championships running 20:53 on the 6k course... Placed 177th at the NCAA Championships running 21:15.2

At the Big Ten Championships... || 2017 Outdoor || Finished fifth in the 10,000-meters running a personal best 34:05.28 || 2017 Indoor || Finished 14th in the 5,000-meters || 2016 Cross Country || Placed 27th at the Big Ten Cross Country Championships (21:57.4)

Around the Track... || 2017 Outdoor || Competed in five meets... Recorded personal best in the 1,500-meters (4:33.87) and 5,000-meters (16:28.57)... || 2017 Indoor || Competed in four meets... Recorded personal bests of 4:58.82 in the Mile and 9:39.90 in the 3,000-meters

Around the Course... || 2016 Cross Country || Opened the year with a Fifth-place finish at the Dolan Duals (14:15.50) ... Placed 11th at the Spike Shoe Invitational (21:29)... Placed 62nd at the Roy Griak Invitational (22:57.2) ... Placed 21st at the Penn State National Open (20:49.40)

Before Penn State... || High School || Cross Country: OCIAA D1 Champions... OCIAA County Champions... Section 9 Champions... 5th place at NYSPHSAA Class A Championships... 3rd place NYS Federation Champions... Indoor & Outdoor: OCIAA League champions... OCIAA D1 Champions... Section 9 Champions ... New York State Meet Qualifier ... 4xmile School and Section Record (20:56.98)... Davidson Award... XC OCIAA Champion... Times Herald Record Athlete of the Year (2014 & 2015)... 1st Team All County.. 2nd Team All State ... 1st Team All Northeast... Honorable Mention All-American... OCIAA Champion In the

2017-18 WOMEN'S RETURNERS



4x800... Class A champion in the 4x800... 5th place at NYSPHAA ... 7th place at the NYS Meet... 3rd Place in the DMR at the Penn Relays (running 11:51.65)... Section 9 Champion in the 800m and 3000m... Twelve Varsity letters... Team Captain in XC and Track... Three-time XC MVP... Four-time Track MVP ... || National Level Competition || 37th at Footlocker Cross Country Nationals... Competed at New Balance Indoor Nationals in the 4x80 (2014), 2mile (2015 & 2016) and DMR (2016)... Competed at New Balance Outdoor Nationals in the 4xmile (2013, 2015 & 2016), SMR (2015 8th place), 2 mile (2016 11th place) and EE DMR (2015 5th place) || Personal || Daughter of Susan and Joseph Munks... Born on June 30, 1998



Noemie NOULLET
Junior • Junior
Pittsburgh, Pa.
DISTANCE • CROSS COUNTRY

Noullet's Personal Bests		
	Indoor	Outdoor
1500m	***	4:41.34
Mile	4:59.48	***
3000m	10:09.63	***

Around the Track... || 2017 Outdoor || Competed in four meets... Set personal best of 4:41.34 in the 1,500-meters and 17:24.26 in the 5,000-meters

Before Penn State... || High School PR || XC (5k): 19:14, Mile: 5:10 || High School || Helped lead McDonogh School to IAAM Championships in Cross country (2014-2015), indoors (2011-2015) and Outdoors (2011-2015).. All-Star IAAM Conference Champion (2012- 2013, 2013-2014)... Seen time letter winner in Track and Cross country combined... Captain of her cross-country team her senior year... || National Competition|| competed at New Balance nationals (NBN) in the Emerging Elite 4x800 in both 2013, and 2015... In 2015, was part of the EE 4x800m record breaking team...competed in the championship 4x800 at NBN in 2014... competed in the 4x1 mile relay at NBN in 2015 || Personal || Daughter of Wendi Bukowitz and Nemour M Landaiche ... Has one brother, Isadore Budnick... Brother, Isadore ran Track at Case Western Reserve... Born on August 7, 1997



Nicole O'DONNELL
Junior • Junior
Harleysville, Pa.
SPRINTS • MID-DISTANCE

O'Donnell's Personal Bests		
	Indoor	Outdoor
800m	2:15.10	2:14.54

Around the Track... || 2017 Outdoor || Competed in three meets... Recorded a personal best in the 800-meters of 2:14.54 at the Bucknell Classic ||

2017 Indoor || Competed in four meets... Set a season best of 2:15.10 at the PSU Tune-Up in a fourth-place finish || 2016 Outdoor || Competed at the Bison Outdoor Classic running 2:18.19 in the 800-meters

On the Course... || 2016 Cross Country || Opened the year with a sixteenth-place finish at the Dolan Duals (16:11.03) ...Placed 214th at the Penn State National Open (23:53.90)

Before Penn State... || High School PR || 400: 58.01 || High School || All-conference ... Six-time school record holder ... Four-time letter winner in track ... Two-time letter winner in cross country || National Level Competition || Competed at the 2015 New Balance Outdoor Nationals on the sprint medley relay and the 4x400-meter relay || Personal || Daughter of Vicki and John O'Donnell ... Pre-medicine major ... Born on September 25, 1996



Danae RIVERS
Freshman • Freshman
Derby, CT
DISTANCE • CROSS COUNTRY

Rivers' Personal Bests		
	Indoor	Outdoor
600m	1:29.06	***
800m	2:04.04	2:02.53
1500m	***	4:16.33
Mile	4:32.55	***

On the National Stage... || 2017 Indoor || Finished 19th in the 800-meters at the NCAA championships... Competed in the 800-meters at the NCAA East Preliminary in Lexington, Ky... Ran a leg on the NCAA East Preliminary qualifying 4x400-meter relay || 2017 Indoor || Earned All-American honors finishing third in the Mile at the NCAA Championships

At the Big Ten Championships... || 2017 Outdoor || Captured the conference title in the 800-meters following a runner-up finish in the 1,500-meters || 2017 Indoor || Captured the conference title in the 800-meters following a first-place finish in the DMR

Around the Track... || 2017 Outdoor || Competed in seven meets... Posted 12 top-10 finishes... Set school records in the 800-meters, DMR and 4x800-meters... Named Big Ten Freshman of the Year || 2017 Indoor || Competed in seven meets... posted 16 top-10 finishes including six first-place finishes... Set school records in the 600-meters, 800-meters, Mile and DMR... named Big Ten Freshman of the Year

Before Penn State... || High School PRs || Mile: 4:47, 800-meters: 2:05 || High School || Indoor SCC Champions... 2014 Indoor State Open Champions... 2015 Indoor State Champions... Indoor State Records: 1000m, 1600m, 4x400m, SMR... Indoor State Open Records: 1000m, 1600m, SMR... Outdoor State Record: 800m... Outdoor State Open Record: 1600m... Outdoor New England: 800m || National Level Competition || 2014 Indoor New Balance Nationals SMR second-place and 1600m fourth-place... 2015 Outdoor New Balance Nationals 800m third-place... 2016 Indoor New Balance Nationals 800m fourth-place || Personal || Daughter of David and Andrea Rivers... Has two siblings, Andrew and Leah Rivers... Born on February 3, 1998



2017-18 WOMEN'S RETURNERS



Marissa SHEVA

Sophomore • Sophomore
Sellersville, Pa.

DISTANCE • CROSS COUNTRY

Sheva' Personal Bests

	Indoor	Outdoor
800m	2:14.34	***
1500m	***	4:25.81
Mile	4:51.46	***
3000m	***	9:57.80

At the Big Ten Championships... || 2017 Outdoor || Competed in the 1,500-meters finishing 14th || 2017 Indoor || Competed in the Mile finishing 10th

Around the Track... || 2017 Outdoor || Competed in six meets... Posted one top-10 finish... Set a personal best in the 1,500-meters and 3K || 2017 Indoor || Competed in seven meets... Posted 11 top-10 finishes... Set personal bests in the 600-meters, 800-meters, 1,000-meters and Mile || 2016 || Did not compete

Before Penn State... || High School PRs || 800: 2:11.79, 1,600: 4:44.73, 3,200: 10:25.85, Cross Country (5k): 17:28.00 || High School || Two-time PTFCA indoor mile state champion ... School record holder in the 800-meter run and the 1,600-meter run ... 2015 PIAA AAA Outdoor Track & Field Championships 1,600-meter run champion ... 2014 PIAA AAA Outdoor Track & Field Championships 3,200-meter run champion ... All-state in cross country ... Three-time Penn Relays mile qualifier ... Eight-time letter winner in cross country and track ... Signed in February to play soccer for Penn State || National Level Competition || National Foot Locker Cross Country Finals qualifier ... Three-time Millrose Games mile qualifier ... Two-time New Balance Indoor Grand Prix qualifier ... Finished 25th at the 2014 National Cross Country Championships ... Finished 13th at the 2015 New Balance Indoor Nationals meet || Personal || Daughter of Bernadette and Bryan Sheva... Born on April 22, 1997



Steph SIEVERS

Junior • Junior
Douglasville, Pa.

THROWS

Sievers' Personal Bests

Javelin	48.70m (159'-9")
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On the National Stage... || 2017 Outdoor || Competed in the javelin throw finishing 16th || 2016 Outdoor || Qualified for the NCAA East Preliminary in the javelin throw... Finished 23rd with a mark of 44.00m (144'-4")

At the Big Ten Championships... || 2017 Outdoor || Finished ninth in the javelin || 2016 Outdoor || Finished 13th in the javelin throw with a mark of 42.30m (138'-9")

In the Field... || 2017 Outdoor || Competed in five meets... Posted four top-10 finishes... Set personal best in the javelin at the LSU Battle on the Bayou || 2016 Outdoor || Competed in seven meets... Set a personal best of 44.70m (146'-8") at the Pac-12 vs. Big Ten Challenge in Tempe, Ariz... Posted four top-10 finishes

Before Penn State... || High School PR || Javelin: 149-9 || High School || Three-time Penn Relays qualifier ... Finished fourth at Penn Relays during her senior year ... Three-time all-county ... Placed seventh at the PIAA AAA Track & Field Championships during her junior year ... Two-time PIAA AAA District Three champion ... School record holder in the javelin ... Hempfield Black Knight Invitational record holder ... Henderson Invitational record holder ... Perkiomen Valley Invitational record holder ... Four-time letter winner in track ... Three-time team captain || Personal || Daughter of Barb and Stu Sievers ... Born on January 29, 1997



Elyse SKERPON

Senior • Senior
Sayre, Pa.

SPRINTS • HURDLES

Skerpon' Personal Bests

	Indoor	Outdoor
400mH	***	1:01.53
600m	1:34.65	***

At the Big Ten Championships... || 2017 Outdoor || Competed in the 400-meter hurdles finishing 16th

Around the Track... || 2017 Outdoor || Competed in five meets... Posted three top-10 finishes... Set a personal best in the 400-meter intermediate hurdles of 1:01.53 || 2017 Indoor || Competed in six meets... Set personal best in the 500-meters, 600-meters, and 600-yards... Posted seven top-10 finishes || 2016 Outdoor || Competed in five meets... Set a new personal best time in the 400-meter hurdles running 1:01.77 at the Bucknell Team Challenge posting a first-place finish... Won the 400-meter hurdles at the Jim Thorpe Invite running 1:02.03 || 2016 Indoor || Competed in two meets... Set personal best in the 400-meters (59.99) and 500-meters (1:18.70) || 2015 || Redshirted

Before Penn State ... || High School PRs || 300-Meter Hurdles: 44.55 ... 400-Meter Hurdles: 1:04.29 || High School || A member of two conference title track & field teams (2011-12) ... Won four conference titles (100-H, 300-H, Pole Vault, 4x400-Meter Relay) ... Won back-to-back district titles in the 300-meter hurdles (2013-14) ... Placed twice in the 300-meter hurdles at the state meet (fifth-2013, seventh-2014) ... Holds the district record in the 300-meter hurdles ... Holds the school record in the 300-meter hurdles, pole vault and the 4x400-meter relay ... Skerpon holds the meet record in the 300-meter hurdles at the Altoona Igloo Invitational ... Holds the meet record in the 300-meter hurdles and was named meet MVP at the John Childs Invitational ... Holds the meet record in the 300-meter hurdles and was named meet MVP at the Molly Dry Invitational ... Four-time letter winner in track & field ... Lettered a school-record 16 times ... Soccer, basketball and track & field team captain ... Sayre Area School District Female Athlete of the Year (2012-14) (first three-time winner in school history) ... Valley Sports Report Female Athlete of the Year (2014) ... The Daily Review Female Athlete of the Year (2014) ... Valley Principals Senior Award - Athletics/Academics/Character/Community Service (2014) ... Conference Senior Female Athlete of the Year (2014) ... Named all-state in soccer ... Holds the school record for 3-point shots made in a single game (seven) ... A member of National Honor Society and Student Council || National Level Competition || Placed eighth in the 300-meter hurdles at the 2013 New Balance Outdoor Nationals "Emerging Elite" meet || Personal || Daughter of Robbin and Donnie Skerpon ... Born July 24, 1996 ... Dad, a 1981 graduate of Penn State, pole vaulted for the Nittany Lions ... Herr older brother, Taylor, played on the Penn State baseball team ... College of Health and Human Development (HHD) - B.S of Health Policy Administration (HPA) and Master of Health Administration (MHA)



Abigail STULTZ

Sophomore • Sophomore
Frederick, Md.

JUMPS

Stultz's Personal Bests

	Indoor	Outdoor
High Jump	1.60m (5'-3")	***
Triple Jump	11.34m (37'-2.50")	***

Around the Track... || 2017 Indoor || Competed in two meets... Posted two top-10 finishes || 2016 Outdoor || Competed in the Bison Outdoor Classic... Posted season best marks in the 100-meter hurdles, long jump, high jump and triple jump

Before Penn State... || High School PRs || 100mH: 14.95, High Jump: 5-8, Shot Put: 36-8, Triple Jump: 38-5 || High School || Five-time all-county ... Holds the school record in the high jump and the shot put ... Two-time AA Maryland state champion in the outdoor high jump ... Two-time AA Maryland state champion in the indoor high jump ... AA Maryland state champion in the indoor 55-meter hurdles ... Four-time letter winner in track || National Level Competition || Three-time New Balance Indoor Nationals qualifier ... Three-time New Balance Outdoor Nationals qualifier ... 2014 New Balance Outdoor Nationals Emerging Elite triple jump champion || Personal || Daughter of Nancy and Phil Stultz... Born on October 13, 1997



Grace TRUCILLA

Sophomore • Junior
Erie, Pa.

DISTANCE • CROSS COUNTRY

Trucilla's Personal Bests

	Indoor	Outdoor
600m	1:37.59	***
800m	2:13.24	2:12.46
1500m	***	4:36.98
Mile	4:51.73	***

At the Big Ten Championships... || 2017 Indoor || Competed in the Mile finishing 17th || 2016 Outdoor || Finished 26th in the 800-meters running a season best time of 2:13.80 in Lincoln, Neb.

Around the Track... || 2017 Outdoor || Competed in four meets... Posted two top-10 finishes... Set personal bests in the 800-meters and the 1,500-meters || 2017 Indoor || Competed in six meets... Posted seven top-10 finishes... Set personal bests in the 600-meters, 1,000-meters and the Mile || 2016 Outdoor || Competed in four meets... Posted two top-three finishes in the 800-meters

On the course... || 2016 Cross Country || Placed 50th at the Spike Shoe Invitational (23:44)... Placed 171st at the Penn State National Open (22:41.70)

Before Penn State... || High School PR || 2:10.54 || High School || Three-time PIAA AA state champion ... Fourteen-time state medalist ... Twelve-time PIAA District Ten medalist ... Owns seven school records ... Three-time track MVP ... Two-time PIAA Region Six Track Athlete of the Year ... 2015 track team captain ... Twelve-time letter winner ... Five-time Erie Times News Athlete of the Week ... 2015 Recipient of the Greg Porter Memorial Award (athletic achievement and enthusiastic support of team and love of school) ... 2015 Metro Erie Chapter of PA. Sports Hall of Fame student/athlete scholarship recipient ... 2015 Finalist for Natalie Pacileo-Fortuna Memorial Scholarship ... 2015 Finalist for Erie Times News Comeback Athlete of the Year || National Level Competition || Three-time (2013-15) New Balance Indoor Nationals qualifier and participant (800m and 4x800) ... Two-time national qualifier and participant for New Balance Outdoor Nationals -- (800m and 4x800) || Personal || Daughter of Suzanne and John Trucilla Born on January 21, 1997



Kelsey VIEIRA

Freshman • Sophomore
Hillsborough, N.J.

JUMPS

Stultz's Personal Bests

	Indoor	Outdoor
Long Jump	***	5.74m (18'-10")
Triple Jump	***	12.41m (40' 8.75") ^w

At the Big Ten Championships... || 2017 Outdoor || Competed in the long jump and triple jump setting personal bests of 40'-8.75" (12.41mw) and 18'-10" (5.74mw)...

In the Field... || 2017 Outdoor || Competed in seven meets... Posted nine top-10 finishes...

Before Penn State... || High School PR || Long Jump: 19-1.25, Triple Jump: 39-3.75 || Hillsborough High School || NJSIAA Sectional-Central-Group 1&4 team Champions... School long jump record holder... Skyland conference Long Jump Champion... NJSIAA Sectional-Central-Groups 1&4 Champion... Somerset County champion... Skyland Conference Champion... All-State Long Jump 2015... Team captain 2015-2016... Paul Robeson Athletic Award winner || National Level Competition || Competed at the New Balance Indoor National Meet in 2014 & 2015... Competed at the New Balance outdoor National meet in 2015 || Personal || Daughter of Donna and Peter Vieira... Has one sibling, Jared Vieira... Born on August 2, 1998



2017-18 WOMEN'S NEWCOMERS

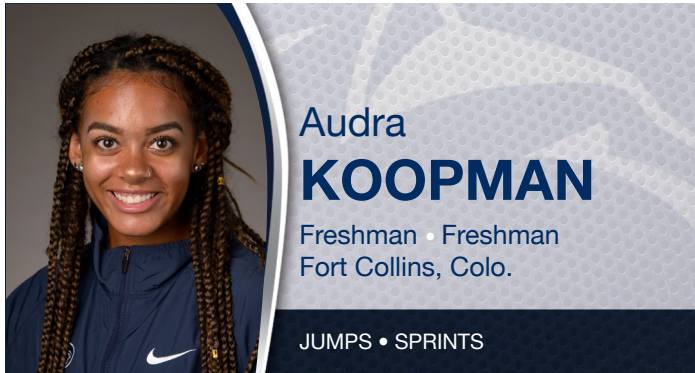


Madeline
FREW

Freshman • Freshman
Pine Grove, Pa.

JUMPS

Before Penn State... || High School || Pine Grove Area High School for Emily Daubert... Schuylkill League Division Champions 2017... Four-time Schuylkill League all area team, 2015 Schuylkill league athlete of the year, Four-time District 11 100mH Champion, Two-time District 11 300mH Champion, Four-time 100mH Schuylkill League Champion, Four-time Triple Jump Schuylkill League Champion, Two-time 300mH Schuylkill league Champion, 4x400m Relay Schuylkill League Champion, 100mH School Record holder 15.25, School record holder 300mH 45.6, school record holder triple jump 36'-11.5", school record holder 4x100m relay 51.7, school record holder 4x400m relay 4:08, Schuylkill league record holder 100mH 15.25, Schuylkill league record holder 300mH 45.6... Team Captain, Four-time All Area First-Team, Three-time District champions, Two-time Schuylkill league champions, Three-time Division Champions || Personal || Parents are Rona and Dave Frew... Born on July 21, 1999



Audra
KOOPMAN

Freshman • Freshman
Fort Collins, Colo.

JUMPS • SPRINTS

medalist, 2017 Indoor New Balance National Champion, 2017 Outdoor New Balance Nationals silver medalist, || Personal || Daughter of Mike & Patti Jones... Born on July 13, 1999

Before Penn State... || High School PRs || Long Jump- 19'-8.5", High Jump- 5'-5.5", 100m- 11.92, 200m- 24.62 || High School || Letter winner at Fort Collins High School for coach Conrad Crist... All-State- 2014-2017, All-Conference- 2014-2017, State Champion in Long Jump- 2016,2017, Conference Champion (100, LJ)- 2014-2017 Conference Champion HJ- 2016, 2017, School Record Holder- LJ, 4x1, Medley relay... Conference Champions- 2014-2017, State Champions- 2014, 2016, State Runner-up- 2015, 2017... Team Captain - 2016, 2017,Track MVP- 2016, Field MVP- 2014, 2015, 2017...President of the BioScience Career Academy, Member of the Science National Honor Society, Finished high school with a 4.04 GPA || National Competition || Arcadia Invitational- 2014-2016, Simplot Games- 2014-2017, Mt. Sac Relays- 2017 || Personal || Parent is Gay Koopman...Born on July 6th, 1999



Greer
GUMBRECHT

Sophomore • Sophomore
Easton, Pa.

POLE VAULT

Transfer from West Virginia...

Before Penn State... || High School PRs || Pole Vault: 12'-9" || High School || Four-year letterwinner for Richard Orner... Two-time district champion, Three-time league champion, 2016 Pennsylvania State Champion. || National Level Competition ||Qualifier for 2014-2016 New Balance Nationals indoor/outdoor || Personal || Daughter of Jodi & Jerry... Three siblings, Jude, Trent, Luke... Born on July 19, 1998



Moira
O'SHEA

Freshman • Freshman
Greensburg, Pa.

DISTANCE • CROSS COUNTRY

Before Penn State... || High School PRs || Mile- 5:02, 3200-10:58 || High School || letter winner at Greensburg Central Catholic High School... District 7 1,600m Champion, PIAA AA 1,600m runner-up, PTFCA Mile eighth-place finisher... 2016-2017 Cross Country Team Captain, 2017 Track and Field MVP || National Competition || New Balance Nationals Indoor Mile 2017: 17th place (5:04) || Personal || Parents are Terry and Amy O'Shea... Has one sister, Delaney O'Shea... Born on October 27, 1998



Katie
JONES

Freshman • Freshman
Williamsport, Pa.

POLE VAULT

Before Penn State... || High School PRs || Pole Vault: 13'-9.25(i), 13'-7" || High School || Four-time District 4 Champion (2014, 2015,2016, 2017),




**Alexa
PARKS**
Freshman - Freshman
Pipersville, Pa.
JUMPS

Before Penn State... || High School PRs || High Jump: 5'-9" (1.75m) || High School || Four-year letter winner at Palisades High School for Scott Antoni & Josh Kline... Three-year team captain... District 11 Champion and Colonial League Champion (2016), All-State Team for Winter track 2017 season...US No. 1 in 2017 Winter season || National Level Competition || 2016 New Balance Nationals Outdoor (31st Place)... 2017 New Balance Nationals Indoor... 2017 New Balance Nationals Outdoor (20th place) || Personal || Parents are Rob & Beth Parks - both Penn State Alums... Has one sister, Rachel ... Born on June 14, 1999

Medalist, 2017 Manitoba High School Athlete of the Year, 2016 World U20 4X400m Bronze Medalist, 2016 World U20 800m 6th Place, 2015 World U18 4X400m Bronze Medalist, 2015 World U18 400m 12th Place, Six-time Canadian National Champion, Six-time Canadian Record Holder (U18 indoor 300m,400m,600m; U18 outdoor 800m; U20 indoor 400m; U20 outdoor 4X400m) || National Competition || 2017 Senior 800m 10th Place, 2016 U20 800m Champion, 2016 U18 400m Champion, 2015 U18 800m Champion, 2014 U16 300m and 800m Champion || Personal || Parents are Glen Tachinski & Christine Kuluk... Has three siblings, Xander, Kennedy & Jackson Tachinski... Born on June 15, 1999



**Brooke-Lynn
WILLIAMS**
Freshman - Freshman
Norton, Mass.
DISTANCE • CROSS COUNTRY

Before Penn State... || High School PRs || 55m: 6.87, 60m: 7.39, 100m: 11.89, 200m: 24.24
300m: 40.60 || High School || Four year letter winner for Lindsay Costa, Kent Taylor... 2015 outdoor DIV, State Champs, 2015 indoor and outdoor DIV State Relay Champions, 2015 state runner-ups, TVL (Tri Valley League) 2015 Champions... 3x 100m TVL champion, two-time 200m TVL champion, three-time 55m TVL champion, four-time 100m DIV state champion, three-time 200m DIV state champion, three-time 55m DIV state champion, 55m DIV state champion, 100m state champion, 200m state champion, 55m state champion, 100m New England champion, two-time NE champion, school records in 55m,60m,100m,200m,300m, 4x100m, 4x200m, sprint medley, triple jump... State Records 55m: 6.87 (also New England Record), 60m: 7.39, 100m: 11.89, 200m: 24.24... Four-time Boston Globe Athlete of the year, Boston Herald HotShot & All star MSTCA Track Athlete of the Year, Four-time Taunton Gazette Athlete of the Year || National Level Competition || All-American at New Balance Nationals in the 60m (fifth-place) || Personal || Daughter of Jon & Diane Williams... Two siblings, Laurenn & Courtney... Born on September. 26, 1998



**Madison
SMITH**
Freshman - Freshman
New Oxford, Pa.
THROWS

Before Penn State... || High School PRs || Javelin-148'-3" || High School || Three-year letter winner for Jason Warner and Steve Brown...As a sophomore: Counties third in Javelin and fifth in Discus, Districts fifth in Javelin, States second in Javelin, As a junior: Counties first in Javelin and fourth in Discus, Districts first in Javelin (District Record Holder 141') sixth in discus, States third in Javelin, As a senior: Counties first in Javelin and fourth in Discus, Districts second in Javelin, States third in Javelin... New Oxford High School Record Holder (148'-3"), National Federation of High School (NFHS) Honor Roll (2016,2017), Penn Relays (2016, 2017 8th place)|| Personal || Daughter of Gary and Belinda Smith... Has one sibling, Sarah... Born on March 10, 1999



**Jordan
WILLIAMS**
Freshman - Freshman
Sharon, Pa.
DISTANCE • CROSS COUNTRY

Before Penn State... || High School PRs || 1600-4:59.01 800-2:17.72 XC-18:56.51 || High School || Letter winner at Sharon High School for Paul Sanders... Four-time state qualifier in the 1,600m, Three-time state medalist in the 1,600m, Two-time state champion in the 1,600m, Three-time state qualifier in XC, State medalist in XC, all-state in track two years, school record holder in the 1,600 and 800.|| Personal || Parents are Mark and Nadine Williams... Has two siblings, Jenna and Jonathon Williams... Born on January 22, 1999



**Victoria
TICHINSKI**
Freshman - Freshman
Winnipeg, Manitoba
DISTANCE • CROSS COUNTRY

Before Penn State... || High School PRs || 200m- 24.48, 300m- 38.48, 400m- 53.37, 600m- 1:30.28, 800m- 2:03.58 || High School || Letter winner at Vincent Massey Collegiate for Andrew Tough... 2017 Pan American U20 800m Champion, 2017 Pan American U20 4X400m Silver



Alison **WILLINGMYRE**

Freshman • Freshman
Wernersville, Pa.

DISTANCE • CROSS COUNTRY

Before Penn State... || High School PRs || 800m - 2:16.38, 1,600m - 4:56.81, 3,200m - 10:37.79, 3,000m (i) - 10:16.06, Two-Mile (i) - 10:57.07, 5K (XC) - 18:01.00 || High School || Cross Country team 2015 District III AAA Champions, four-year Track & Field team League & County Champions... Three-time Berks Cross Country Champion, All-County Player Of The Year, & All-State medalist... Three-time 3200m & two-time 1600m Berks Champion, 2016 District III AAA 1600m & 4x800m Champion, BCTFCA All-State Track 3200m, 1600m, 4x800m, 2017 Berks All-County Track Player Of The Year, Earl Mohn Outstanding Student Athlete Track Award, Wilson HS 1600m record holder... Swimming NISCA Academic All-American & three-year District III AAA qualifier... Summa Cum Laude, National Honor Society, E. Jerry Brooks Academic Excellence Award, Berks Chapter of the PA Sports Hall of Fame Scholar-Athlete Award, Pepsi Outstanding Senior Athlete Award, 2017 Reading Eagle Berks Athlete Of The Year Finalist || National Competition || National Footlocker Cross Country Championship All-American Honorable Mention & first Berks female qualifier, Finished 15th at New Balance Indoor Nationals two-mile EE & 18th in 4x800m Championship || Personal || Parents are Rich and Darcie Willingmyre... Has one brother, Daniel Willingmyre... Born on June 27, 1999



Alyssa **YEBOAH-KODIE**

Freshman • Freshman
Hicksville, N.Y.

JUMPS

Before Penn State... || High School PRs || High Jump 5'-6", 55m Hurdles 8.12, 100m Hurdles 14.55, 200m 25.20 || High School || Four-year letter winner at St. Anthony's High School for Oliver St.Aude...All-State (2015-2017), CHSAA Conference Champion(2014-2017), 55m High Hurdles school record (8.12), 55m High Hurdle Long Island Champion... Team MVP, Team Captain || Personal || Parents are Leslie Giordano and Philip Yeboah-Kodie... Has two siblings, Alexis Yeboah-Kodie, Trevor Yeboah-Kodie... Born on July 13, 1999



MEN'S BIOS

2017-18 Men's Roster



Name	Year	Eligibility (I/O)	Event Area	Hometown (Previous School)
Colin Abert	Junior	Junior	Distance/XC	West Babylon, N.Y. (Cortland College)
James Abrahams	Freshman	Freshman	Distance/XC	Havertown, Pa. (Haverford Township)
Darian Alston	Sophomore	Sophomore	Jumps	West Chester, Pa. (Downingtown West High School)
William Ashenfelter	Sophomore	Soph./Fr.	Distance/XC	Needham, Mass. (Needham)
Ryan Barton	Freshman	Freshman	Distance/XC	Downington, Pa. (Downington West)
Michael Biddle	Junior	Sophomore	Throws	Williamsburg, Pa. (Living Water Christian Academy)
Brady Bobbitt	Junior	Sophomore	Distance/XC	Batavia, Ill (Marmion Academy)
Tom Bojalad	Freshman	Freshman	Throws	Saint Marys, Pa. (St. Mary's)
Devin Bradham	Junior	Junior	Jumps	Williamstown, N.J. (Williamstown)
Ben Bumgarner	Freshman	Freshman	Distance/XC	Waynesburg, Pa. (Waynesburg Central)
Austin Campbell	Sophomore	Sophomore	Jumps	Denver, Co. (Regis Jesuit High School)
Dan Chisena	Junior	Junior	Sprints	Downington, Pa. (Downington-East)
Tristan Daman	Sophomore	Freshman	Sprints	State College, Pa. (State College)
Vail Freed	Freshman	Freshman	Distance/XC	Middletown, DE (Appoquinimink)
Luke Grodeska	Freshman	Freshman	Throws	Neptune, N.J. (St. Rose)
Isaiah Harris	Junior	Junior	Distance/XC	Lewiston, Maine (Lewiston)
Spencer Hay	Sophomore	Soph./Fr.	Jumps	Palmerton, Pa. (Palmerton Area)
Will Henderson	Freshman	Freshman	Jumps/Hurdles	Baltimore, Md. (Baltimore Polytechnic Inst.)
Brandon Hontz	Freshman	Freshman	Distance/XC	West Chester, Pa. (Bayard Rustin)
Chisom Ifedi	Junior	Junior	Jumps	Columbus, Ohio (Centennial)
Terrance Laird	Freshman	Freshman	Sprints	Coatesville, Pa. (Coatesville)
William Loevner	Sophomore	Freshman	Distance/XC	Allison Park, Pa. (Winchester Thurston)
Joey Logue	Senior	Junior	Distance/XC	Blooming Glen, Pa. (Pennridge)
Tommy Louro	Senior	Junior	Distance/XC	Holtsville, N.Y. (St. Anthony's)
David Lucas	Junior	Soph./Jr.	Throws	Lititz, Pa. (Warwick)
Jordan Makins	Senior	Senior	Distance/XC	Perth, Australia (Aquinas College)
Alex McCord	Junior	Sophomore	Multi-Events	Lititz, Pa. (Warwick)
Billy McDevitt	Junior	Soph./Jr.	Distance/XC	Newtown Square, Pa. (Malvern Prep)
John McGowan	Senior	Jr./Sr.	Distance/XC	Northport, N.Y. (Roger Williams)
Timothy McGowan	Senior	Jr./Sr.	Distance/XC	Northport, N.Y. (Roger Williams)
Kier Miner	Sophomore	Sophomore	Sprints	Mechanicsburg, Pa. (Shippensburg)
Malik Moffett	5th-Year	Senior	Sprints/Jumps	Erie, Pa. (PSU – Behrend)
Matt Nawrocki	Senior	Junior	Throws	Moscow, Pa. (North Pocono)
Domenic Perretta	Sophomore	Sophomore	Distance/XC	Beaver Falls, Pa. (Big Beaver Falls)
Ben Peterson	Sophomore	Freshman	Throws	Solon, Pa. (Solon)
Mark Porter	Freshman	Freshman	Throws	Reading, Mass. (Reading Memorial)
Anton Porter	Junior	Junior	Sprints	Bronx, N.Y. (Mount St. Michael)
Luke Rarig	Junior	Soph./Jr.	Multi-Events	Catawissa, Pa. (Southern Columbia)
Sam Reiser	Senior	Junior	Distance/XC	Melbourne, Australia (Geelong Grammar School)
Gary Ross	Freshman	Freshman	Distance/XC	Fort Washington, Md. (Oxon Hill)
Andrew Sell	Sophomore	Sophomore	Distance/XC	Minneapolis, Minn. (Washburn)
Morgan Shigo	Senior	Junior	Throws	Blandon, Pa. (Fleetwood Area)
Xavier Smith	Senior	Senior	Sprints	Douglasville, Pa. (Daniel Boone)
Noah Swaby	Freshman	Freshman	Multi-Events	Pittsburgh, Pa. (Taylor Allderdice)
Alex Tomasko	Freshman	Freshman	Distance/XC	Mechanicsburg, Pa. (Mechanicsburg)
Nick Wagner	Freshman	Freshman	Distance/XC	Export, Pa. (Penn-Trafford)
Bryce Williams	Senior	Junior	Jumps	State College, Pa. (State College)
Darien Williams	Sophomore	Freshman	Sprints	Blue Bell, Pa. (Wissahickon)
Owen Wing	Freshman	Freshman	Distance/XC	State College, Pa. (State College)
Jon Yohman	5th-Year	Senior	Throws	New Wilmington, Pa. (Wilmington)
Jack Zimmerman	Freshman	Freshman	Throws	Briarcliff Manor, N.Y. (Briarcliff)



2017-18 MEN'S RETURNERS



**Colin
ABERT**

Junior • Junior
Easton, Pa.

DISTANCE • CROSS COUNTRY

Abert's Personal Bests

	Indoor	Outdoor
1500m	3:48.15	3:45.25
Mile	4:03.92	***
3000m	8:08.94	***
5000m	***	14:10.66

On the National Stage... | 2016 Cross Country || Finished 27th at the NCAA Mid-Atlantic Regional Championships running 31:24 on the 10K course || 2016 Outdoor || Qualified for the NCAA East Prelims in the 1,500-meter run || 2015 Cross Country || Took 26th at the NCAA Mid-Atlantic Regional Championships with his time of 31:36.4

At the Big Ten Championships... | 2016 Cross Country || Placed 28th at the Big Ten Cross Country Championships (25:19.2) || 2016 Outdoor || Recorded a fourth-place finish in the 1,500-meters clocking 3:46.96 || 2016 Indoor || Finished eighth in the mile with a time of 4:10.95 || 2015 Cross Country || Finished 31st in a time of 24:14.0

On the Course... | 2016 Cross Country || Opened the year with a second-place finish at the Dolan Duals (18:11.63)... Placed 82nd at the Spike Shoe invitational (28:48.4)... Placed 41st at the Roy Griak Invitational (25:52.5) ... Placed 12th at the Penn State National Open (25:14.60) || 2015 Cross Country || Competed in four meets during the regular season... Opened the season with a third-place finish at the Dolan Duals meet (17:53.64)... Finished 12th at the Spiked Shoe Invitational (26:00)... Crossed the line in 75th-place at the Greater Louisville Classic (25:05.31)... Finished the Wisconsin Adidas Invite 179th (24:14.1)

Around the Track... | 2017 Outdoor || Competed in five meets for the Blue & White... Won the 800-meters at the Jim Thorpe Invite in a personal best 1:51.89... | 2017 Indoor || Competed in four meets... Posted five top-10 finishes... Recorded season best time of 1:52.89 (800-meters), 4:07.49 (Mile) and 8:10.54 (3,000-meters) || 2016 Outdoor || Began the season with a sixth-place finish in the 1,500-meters at the Pepsi Invite hosted by the University of Oregon running a time of 3:47.70... Ran a season best time of 3:45.25 in the 1,500-meters... Ran a season best time of 14:10.66 in the 5,000-meters at the Penn Relays || 2016 Indoor || Opened the season with a sixth-place finish in the mile running 4:11.70... Recorded a season best time of 8:08.94 that was the best time in the NCAA when it was recorded at the Fastrack National Invite in Staten Island, N.Y. ... Took third-place in the 1,500-meters at the Penn State National in a time of 3:48.15

Before Penn State... | High School PRs || Mile: 4:13.91, 3,200: 8:56.00, Cross Country (5k): 14:55 || High School || Two-time first team all-state in cross country ... Second team all-state in track and cross country ... Three-time PIAA District Eleven champion in cross country ... Five-time PIAA District Eleven champion in track ... Finished first at the 2014 Paul Short Run ... Placed second in 2013 PIAA Cross Country Championship meet ... Finished second in the 3,200-meter run at the 2015 PIAA Outdoor Track & Field Championships with the No. 1 time in region history (8:56.00) ... Owns four school records ... Twelve-time letter winner in cross country and track ... Three-time team captain in cross country ... Team captain in track ... Three-time league MVP ... Three-time Express Times and Morning Call Cross Country Athlete of the Year ... 2015 Lehigh Valley Live Boys Track & Field Athlete of the Year ... Coordinated Health Athlete of the Week || National Level Competition || Placed 12th in the Emerging Elite mile at the 2014 New Balance Indoor Nationals meet || Personal || Son of Carla and Scott Abert ... Born on May 20, 1997



**Darian
ALSTON**

Sophomore • Sophomore
West Chester Pa.

JUMPS

Alston's Personal Bests

	Indoor	Outdoor
Long Jump	6.70m (21'-11.75")	***
Triple Jump	14.76m (48'-5.25")	14.60m (47'-11")

At the Big Ten Championships... | 2017 Indoor || Competed in the triple jump finishing 14th with a best of 47'-4.25" (14.43m)...

In the Field... | 2017 Outdoor || Competed in two meets... Set a season best of 47'-11" in the triple jump (14.60m)... Posted two top-10 finishes || 2017 Indoor || Competed in six meets... Set personal best of 48'-5.25" (14.76m) in the triple jump and 21'-11.75" (6.70m) in the long jump... Recorded seven top-10 finishes

Before Penn State... | High School || PTFCA Indoor Team State Champions (2016)... PIAA AAA Outdoor Team State Runner Up (2016)... PIAA AAA Outdoor District One Team Champions (2016)... Bullis Bulldog Invitational Team Champions (2016)... PTFCA Indoor State Champion in the Triple Jump (2016)... PIAA AAA Outdoor States 3rd Place finish in the Triple jump (2016)... PIAA AAA Outdoors States 14th Place finish in the Long Jump (2015)... PTFCA Indoor States 7th Place Finish in the Triple Jump (2015)... PIAA AAA Outdoors States 10th Place finish in the Triple Jump (2016)... PIAA AAA District One Champion in the Triple Jump (2016)... PIAA District One 4th Place finish in the Long Jump (2016)... PIAA AAA District One Runner Up in the Triple Jump (2015)... Ches-Mont Conference Champion in the Triple Jump & Long Jump (2016)... PTFCA Indoor First Team All-State (2016)... PIAA Outdoor All-State Honorable Mention (2016)... Daily Local News First Team All Area (2016)... School Record holder in the Triple Jump ... National Level Competition || Placed 11th in the Triple Jump at the 2016 New Balance Indoor National meet... Placed 1st in the triple Jump at the 2016 Bullis Bulldog Invitational in Potomac, Md.... Placed 15th in the Triple Jump at the 2016 Penn Relays ... Placed 14th in the Triple Jump at the 2016 New Balance Outdoors Nationals || Personal || Son of Les and Monica Alston... Has two siblings, Julian and Morgan... Father, Les, played Basketball at Drexel University and Bloomsburg University... Born on December 19, 1997



William
ASHENFELTER

Sophomore • Sophomore
Needham, MA.

DISTANCE • CROSS COUNTRY

Ashenfelter's Personal Bests

	Indoor	Outdoor
600m	1:21.88	***
800m	1:55.89	***

Around the Track... || 2017 Indoor || Competed in five meets... Posted collegiate bests of 1:21.88 in the 600-meters and 1:55.89 in the 800-meters... Recorded three top-10 finishes during the season

Before Penn State... || High School || Lead Needham High School to Bay State Conference Championship (2015)... Lead team to MA Division 2 Indoor State Championship... Three-time Bay State Conference All-star... Bay State Conference Champion in the 800m (2015) ... Indoor Bay State Conference Champion in the 600m (2016)... Outdoor Bay State Conference Champion in the 400m (2016)... Indoor MA Division 2 600m State Champion (2016)... Outdoor MA Division 1 runner up 800m (2016)... Holds eight Needham High School Records (Indoor: 600m, 4x400, DMR, SMR; Outdoor: 400m, 800m, 4x400, SMR)... Four time letter winner... Outdoor Track Captain (2016)... Team MVP (2016) || National Level Competition || Competed at New Balance Indoor Nationals in both 2015 and 2016 || Personal || Son of Susan and Tom Ashenfelter... Grandson of Olympic gold medalist Horace Ashenfelter ... Born on September 11, 1997

Before Penn State... || High School PR || Javelin: 213-10 || High School || Three-time PIAA District Six AA champion ... Set the PIAA District Six AA javelin record in 2015 ... School record holder ... Finished third at the 2014 PIAA AA Outdoor Track & Field Championships ... Won the javelin title at the 2015 PIAA AA Outdoor Track & Field Championships ... Three-time Inter County Conference champion ... Nominated to represent Pennsylvania for the 2015 Gatorade Athlete of the Year ... Placed second at the 2015 Penn Relays ... 2014 bronze medalist at the USA Track & Field Junior Olympics ... 2013 gold medalist at the USA Track & Field Junior Olympics ... All-American ... Four-time letterwinner || National Level Competition || 2015 New Balance Outdoor Nationals javelin champion || Personal || Son of Tammy and Michael Biddle ... Born July 1, 1997



Brady
BOBBITT

Sophomore • Sophomore
Batavia, Ill.

DISTANCE • CROSS COUNTRY

Bobbitt's Personal Bests

	Indoor	Outdoor
5000m	15:13.83	15:05.78

Around the Track... || 2017 Outdoor || Competed in one meet running 15:05.78 in the 5K at the Bucknell Classic || 2017 Indoor || Competed in one meet running 15:13.83 in the 5K at the Sykes & Sabock Challenge Cup running 15:13.83 || 2016 Indoor || Did not compete || 2016 Outdoor || Competed in one meet... Ran a season best time of 15:22.03 in the 5,000-meters

On the Course... || 2016 Cross Country || Did not compete || 2015 Cross Country || Did not compete

Before Penn State... || High School PRs || 1,600: 4:15.43, 3,200: 9:26.39, Cross Country (3 mile): 14:49.00 || High School || All-state (cross country) ... Illinois High School Association (IHSA) 3A West Chicago Regional cross country champion ... 2014 Suburban Christian Conference cross country champion ... 2015 3A IHSA Aurora sectional 3,200-meter run champion ... All-conference in cross country and track during his junior and senior year ... 2014 Kane County Chronicle Runner of the Year ... Kane County all-area cross country first team ... Two-time cross country team captain ... Captain of the track team during his senior year ... Cross country MVP ... Track distance MVP ... Three-year letterwinner in cross country ... Four-year letterwinner in track || Personal || Son of Nikki and Andrew ... Industrial engineering ... Born December 16, 1996



Michael
BIDDLE

Sophomore • Sophomore
Williamsburg, Pa

THROWS

Biddle's Personal Bests

Javelin	71.81m (235'-7")
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On the National Stage... || 2017 Outdoor || Finished 18th at the USATF Championships in the javelin with a best of 61.08m (200' 5")... Competed at the NCAA Championships in Eugene, Ore. finishing 18th with a mark of 66.95m (219' 8")... Finished sixth at the NCAA East Preliminary 67.18m (220' 5")

At The Big Ten Championships... || 2017 Outdoor || Set the No. 4 performance in Penn State history with a personal best throw of 235'-7" (71.81m)

In The Field... || 2017 Outdoor || Competed in eight meets... Recorded five top-10 finishes... || 2017 Indoor || Did not compete || 2016 Outdoor || Did not compete || 2016 Indoor || Did not compete



2017-18 MEN'S RETURNERS



Devin BRADHAM

Junior • Junior
Williamstown, N.J.

JUMPS

Bradham's Personal Bests

	Indoor	Outdoor
High Jump	2.04m (6'-8.25")	2.06m (6'-9")

At the Big Ten Championships... || 2017 Outdoor || Finished 19th in the high jump at the Big ten meet clearing 6'-5.50" (1.97m) || 2017 Indoor || Finished 16th in the high jump at the big Ten meet clearing 6'-8" (2.03m) || 2016 Outdoor || Finished 14th in the men's high jump clearing 2.02m (6'-7.5") || 2016 Indoor || Recorded a 19th-place finish in the men's high jump with a clearance of 1.98m (6'-6")

Around the Track... || 2017 Outdoor || Competed in four meets... Recorded a personal best of 6'-9" (2.06m) at the Jim Thorpe meet in a first-place finish... || 2017 Indoor || Competed in seven meets... Recorded six top-10 finishes... || 2016 Outdoor || Competed in six meets... Set a personal best in the high jump clearing 2.06m (6'-9")... Recorded three top-five finishes... Won the Jim Thorpe Open clearing 1.96m (6'-5")

Before Penn State... || High School PR || High Jump: 6-10 || High School || Two-time first team All-South Jersey ... Three-time state champion ... Four-time section champion ... Three-time first team all-tri county ... 2015 New Jersey Meet of Champions champion ... School record holder in the high jump ... Three-time First Team All-conference ... Two-time letterwinner ... Team captain ... Two-time team MVP || National Level Competition || Finished sixth at the 2014 AAU Junior Olympic Games ... Finished eighth at the 2015 Penn Relays ... Placed 13th at the 2015 New Balance Indoor Nationals meet ... Finished eighth in the high jump at the 2015 New Balance Outdoor Nationals meet || Personal || Son of Ardean and John Bradham ... Born on August 13, 1997



Austin CAMPBELL

Sophomore • Sophomore
Denver, Co

JUMPS

Campbell's Personal Bests

	Indoor	Outdoor
High Jump	2.04m (6'-8.25")	2.02m (6'-7.50")

At the Big Ten Championships... || 2017 Outdoor || Competed in the high jump finishing 14th with a clearance of 6'-7.50" (2.02m) || 2017 Indoor ||

In The Field... || 2017 Outdoor || Competed in three meets... Posted two top-10 finishes

Before Penn State... || High School || Led Regis Jesuit High School to Conference championship... School record holder... Colorado High Jump

State Champion (2016) ... Team Captain || National Level Competition || Seventh-place at New Balance Indoor Nationals (2016) || Personal || Son of Stacey and Michelle Campbell... Born on January 27, 1998



Dan CHISENA

Junior • Junior
Downington, Pa.

SPRINTS

Chisena's Personal Bests

	Indoor	Outdoor
60m	6.86	***
100m	***	10.63/10.46 w
200m	21.19	21.05
400m	47.89	46.16

On the National Stage... || 2017 Outdoor || Competed in the 4x100-meter relay (39.15) and 4x400-meter relay (3:04.17) finishing 13th and ninth, respectively, at the NCAA Championships... Ran a leg on the school record 4x100-meter relay that carried the baton to a time of 39.08 second, competed in the 400-meters (47.89) and the 4x400-meter relay running a school record time of 3:03.48... || 2017 Indoor || Ran a leg on the 4x400-meter relay that finished 10th running 3:07.43 || 2016 Outdoor || Ran as a member of the No. 4 fastest 4x100-meter relay (40.04)... Ran a leg on the 4x400-meter (3:08.02) relay at the NCAA East Preliminary

At the Big Ten Championships... || 2017 Outdoor || Competed in the 200-meters (21.56), 400-meters (46.16) finishing third running the No. 6 time in program history and 4x400-meter relay (3:05.22) earning a silver medal... || 2017 Indoor || Competed in the 200-meters (21.19) finishing ninth, 400-meters (47.89) finishing 20th, and ran a leg of the 4x400-meter relay running 3:04.80 - a school record time - capturing the conference title || 2016 Outdoor || Competed in four events... Set a season best time of 10.46w and ran a time of 21.20 in the 200-meters during prelims... Ran a leg on the fifth-place 4x100-meter relay (40.20) and the sixth-place 4x400-meter relay (3:07.25) || 2016 Indoor || Recorded a 13th-place finish in the 200-meters while running a season best time of 21.46... Finished 16th in the 60-meters clocking a season best time of 6.86 seconds

Around the Track... || 2017 Outdoor || Competed in seven meets... Recorded 15 top-10 finishes... Posted season best of 10.65 in the 100-meters and 21.56 in the 200-meters || 2017 Indoor || Competed in six meets... Posted 13 top-10 finishes... Recorded season best of 6.95 (60-meters), 21.19 9 (200-meters), and 47.89 (400-meters) || 2016 Outdoor || Competed in six meets... Competed in the 100-meters, 200-meters, and as a leg on the 4x100-meter and 4x200-meter relays... Set season best in the 100-meters of 10.63 and 200-meters running 21.05 at the Texas Invitational in Austin, TX... Ran the second leg on the No. 3 4x100-meter relay in program history (39.92) set at the Pac-12 vs. Big Ten meet hosted by Arizona State in Tempe, Ariz. || 2016 Indoor || Competed in three meets... Recorded five top-five finishes throughout the season.

Before Penn State... || High School PR || 100: 10.52, 200: 21.29 || High School || Very accomplished track athlete... Won state titles in the 2015 PIAA Class AAA Outdoor 100-meter, 200-meter and 4x100-meter relay... Ran a 10.52 in the 100, 21.29 in the 200 and helped the 4x100-meter team run a 42.01... Earned PFTCA Outdoor first-team all-state honors in those events... Led Downingtown East to a fourth-place finish as a team... At the 2015 PIAA Class AAA Indoor Championships, he placed seventh in the 200-meter and fourth in the 4x200-meter relay || Personal || Son of Dave and Jody Chisena... Hobbies include biking, golfing and hiking... Father, Dave, played football at the University of Delaware (1979-83)... Great-grandfather, grandparents and cousin all attended Penn State... Great-grandfather, Enos J. Perry, is a distinguished Penn State alum... Plans to major in engineering... Born on February 25, 1997.




Tristan DAMAN
 Sophomore • Freshman
 State College, Pa.
SPRINTS

Daman's Personal Bests	
100m	10.77
200m	22.6

Around the Track... || 2017 Indoor/Outdoor || Did not compete

Before Penn State... || High School PRs || Indoor || 60m: 7.06, 200m: 22.6 || Outdoor || 100m: 10.77, 200m: 22.21 || High School || letterwinner for coach Jennifer Evans and Steve Shisler... 2016 State Champions as a team during outdoor season... 2016 State runner-up as a team during the indoor season... Fourth-place at the state meet in the 100-meters... District champion in the 100-meters... Team captain as a senior... Also played football || National Level Competition || Competed in the 60-meters and the 4x200-meter relay at the national indoor meet in 2014, 2015 and 2016 || Personal || Son of Bob and Rebecca Daman ... Born on October 24, 1997



Isaiah HARRIS
 Junior • Junior
 Lewiston, Maine
DISTANCE • CROSS COUNTRY

Harris' Personal Bests		
	Indoor	Outdoor
400m	48.79	***
600m	1:14.96	***
800m	1:46.24	1:44.53
1500m	***	3:50.06
Mile	4:05.89	***

On the National Stage... || 2017 Outdoor || Silver Medalist in the 800-meters at the USATF Championships running a personal best of 1:44.53... Silver Medalist in the 800-meters running 1:45.40 in Eugene, Ore.... Competed on the NCAA Qualifying 4x400-meter relay... Finished the East Preliminary with the fastest time in the 800-meters (1:45.92)... Ran the anchor leg of the 4x400-meter relay that set the school record (3:03.48) || 2017 Indoor || || 2016 Outdoor || Grabbed a gold medal at the NACAC U23 Championships in the 800-meters (1:47.52)... Qualified for the U.S. Olympic Trials in the 800-meters... Posted a 6th-place finish in the 800-meters at the U.S. Olympic Trials running 1:46.47 in the finals in Eugene, Ore. ... Posted a 4th-place finish at the NCAA Outdoor Championships in the 800-meters running a lifetime best 1:45.76... Qualified for the NCAA East Preliminary in 800-meters and 4x400-meter relay... Posted a time of 1:46.52 in the 800-meters at the NCAA East Preliminary || 2016 Indoor || Finished 12th in the 800-meters at the NCAA Indoor Championships at the Birmingham Crossplex in Birmingham, Ala.

At the Big Ten Championships... || 2017 Outdoor || Helped the Nittany Lions win the Big Ten Championship for the first time in program history... Won the 800-meters... Ran the anchor leg on the silver medal 4x400-meter relay || 2017 Indoor || Won the 800-meter title (1:47.23)... Competed in the DMR and ran the anchor leg of the Conference Champion 4x400-meter relay that recorded a school record of (3:04.80) || 2016 Outdoor || Won the 800-meters to complete the indoor/outdoor sweep in the event running a time of 1:46.21 in Lincoln, Neb... Ran the anchor leg on the 4x400-meter relay splitting 45.2 on the sixth-place relay (3:07.25) || 2016 Indoor || Captured the Indoor 800-meter championship running a Big Ten All-time indoor record time of 1:46.24 in Spire Center in Geneva, Ohio

On the Course... || 2016 Cross Country || Opened the year with a 22nd-place finish at the Dolan Duals (19:20.75)

Around the Track... || 2017 Outdoor || Competed in eight meets... Posted 17 top-10 finishes... Recorded a personal best of 1:45.12 in a first-place in the 800-meters at the Virginia Classic || 2017 Indoor || Competed in seven meets... Posted 17 top-10 finishes including nine first-place finishes... Recorded the second-fastest time in the world in the 600-meters (1:14.96)... Set a personal best in the Mile at the Penn State Tune-Up meet (4:05.89) || 2016 Outdoor || Competed in 10 meets... Recorded 15 top-10 finishes... Posted three first-place finishes... Recorded second-place finishes in back-to-back trips to the west coast in the Pepsi Invitational and Stanford Twilight 800-meters || 2016 Indoor || Competed in in eight meets... Opened the season with six straight wins... Posted a personal best time of 48.79 in the 400-meters at the Fastrack National Invite... Set a personal best in the 600-meters at the Penn State Tune-Up running 1:17.50

Before Penn State... || High School PRs || 200: 21.82, 400: 46.8, 800: 1:49.63, 1,600: 4:18.92 || High School || Holds the Maine all-time best in the 200-meter dash and the 800-meter run ... Two-time New England champion in the 800-meter run ... Three-time state champion in the 800-meter run ... Two-time state champion in the 200-meter dash ... 2015 state champion in the 1,600-meter run ... Finished runner-up at the



Luke GRODESKA
 RS Freshman • RS Freshman
 Neptune, N.J.
THROWS

Before Penn State... || High School PR || 68-3 || St. Rose High School || Two time State Champion... NJ Shore Conference indoor & outdoor Champion... First place at the Bishop Loughlin Games... One indoor first place finish and two outdoor first place finishes at the NJ Meet of Champions ... St. Rose record holder for shot put... Shore Conference record holder... Four-year letter winner || National Level Competition || Competed in both the indoor and outdoor New Balance National meet twice... Competed at the USATF. Jr Nationals meet twice || Personal || Son of Gerry and Eileen Grodeska... Has two siblings, Paul and Steph... Born on May 20, 1998



2017-18 MEN'S RETURNERS

2014 state cross country meet ... Holds six school records ... Six-time letter winner ... Track team captain ... Cross country team captain ... Six-time team MVP ... || National Level Competition || Finished third in the 800-meter run at the 2015 New Balance Outdoor Nationals meet ... All-American || Personal || Born on October 18, 1996



Spencer HAY

Sophomore • Freshman
Palmerton, Pa.

JUMPS

Hay's Personal Bests		
	Indoor	Outdoor
High Jump	1.99m (6'-6.25")	***

In the Field... || 2017 Outdoor || Did not compete || 2017 Indoor || Competed in five meets... Recorded three top-10 finishes... Set a personal best of 6'-6.25" (1.99m) in the high jump on two occasions

Before Penn State... || High School PRs || High Jump: 2.03m (6'-8"), Long Jump: 6.22m (20'-5"), 12.80m (42'-0") || High School || Lettered all four years in track & field, also lettered in basketball and football... Colonial League high jump champion, two-time District 11-2A high jump champion, 2015 PIAA-2A bronze medalist in the high jump, 2016 PIAA-2A high jump state champion, 2016 All State high jump, Palmerton High School high jump record at 6'-8"... 2016 Morning Call track athlete of the year... Team Captain for three years... Environmental Club President, FBLA member, Student Council member, and Leo Club member || Personal || Son of James and Milissa Hay... Has two sisters, Kelsey and Kacie... Born on April 11, 1998



Chisom IFEDI

Junior • Junior
Columbus, Ohio

JUMPS

Ifedi's Personal Bests		
	Indoor	Outdoor
High Jump	2.17m (7'-1.50")	2.15m (7'-0.5")

On the National Stage... || 2016 Outdoor || Qualified for the NCAA East Prelims in the High Jump

At the Big Ten Championships... || 2016 Indoor || Placed seventh at the Big Ten Conference Championships in the High with a height of 2.15 meters 2016 || Outdoor || Placed third at the Big Ten Conference Championships with a height of 2.15 meters

High School PRs || High Jump: 6-10, Long Jump: 22-7 || High School || Three-time district champion in high jump... 2013 Columbus City champion in high jump... 2014 Cincinnati Elite champion in high jump... 2014 Columbus City runner-up in long jump... Third-place at 2015 Midwest Meet of Champions... Team MVP as a senior... Athletic Scholar

Award... Three-year letterwinner in track & field for Coach Green || National Level Competition || Gold medalist at the 2014 USA Track & Field Junior Championships in the high jump, sixth-place in the long jump at the same meet || Personal || Son of Rosaire and Ifeanyi Ifedi... Born on February 9, 1997



Will LOEVNER

Freshman • Freshman
Allison Park, Pa.

DISTANCE • CROSS COUNTRY

At the Big Ten Championships... || 2016 Cross Country || Placed 106th at the Big Ten Cross Country Championships (28:11.0)

On the Course... || 2016 Cross Country || Opened the year with a eighteenth-place finish at the Dolan Duals (19:13.70)... Placed 84th at the Spike Shoe invitational (28:54.6)... Placed 254th at the Roy Griak Invitationa(29:00.3)

Before Penn State... || High School || ... Class AXC Team State Champions (2014)... WPIAL 3200m Class AA Champion (2016)... Three-time Class AA Track State Medalist... Two-time Class A XC State Medalist... School record holder in the 3200m, 3k, and 5K(XC).. Earned letters (four in track, four in XC)... Track and XC Team Captain his senior year || National Level Competition Competed at New Balance Indoor Nationals in the DMR (2014 16th place & 2015 12th place)... Competed in the New Balance Nationals Freshman Mile (2013) || Personal || Son of India and Steven Loevner... Birthday is September 7, 1997



Joey LOGUE

Senior • Senior
Blooming Glen, Pa.

DISTANCE • CROSS COUNTRY

Logue's Personal Bests		
	Indoor	Outdoor
600m	1:19.20	***
800m	1:50.71	1:54.28
1000m	2:22.77	***

At the Big Ten Championships... || 2015 Indoor || In his Big Ten Championships debut, Logue finished 12th in the 800-meter run with his time of 1:52.68

Around the Track... || 2017 Outdoor || Competed in three meets... Posted two top-10 finishes || 2017 Indoor || Competed in five meets... Posted five top-10 finishes || 2016 Outdoor || Competed in two meets... Recorded a time of 1:55.78 in the 800-meters at the Pac-12 vs. Big Ten Challenge || 2015 Outdoor || Did not compete || 2015 Indoor || Posted three personal-best performances during the indoor season ... Tallied a personal-best time of 2:22.77 in the 1,000-meter run en route to a fifth-place finish at the Nittany Lion Challenge ... Finished fourth in the 800-meter run at the Sykes & Sabock Challenge Cup with his personal-best time of 1:50.71 ...



Clocked in for a personal-best of 1:19.20 in the 600-meter run en route to a fourth-place finish at the Penn State Tune-Up

On the Course... || 2014 Cross Country || Ran unattached in two meets (Dolan Duals and the Penn State National)

Before Penn State... || High School PRs || 800: 1:51.09 ... 1,000: 2:28.66 ... 1,500: 3:57.49 || High School || Thirteen state medals ... Two-time state relay champ ... Team captain || National Level Competition || Two-time relay All-American || Personal || Son of Tina and Joe Logue ... Born on October 5, 1995



Tommy LOURO
Senior • Senior
Holtsville, N.Y.

DISTANCE • CROSS COUNTRY

Louro's Personal Bests		
	Indoor	Outdoor
800m	1:53.83	1:53.97
1000m	2:30.81	***
1500m	***	3:53.69
Mile	4:18.17	***

Around the Track... || 2017 Outdoor/Indoor || Did not compete || 2016 Outdoor || Competed in three meets... Set a personal best in the 1,500-meters running 3:53.69 at the Bison Outdoor Classic... Set a season best in the 800-meters at the Jim Thorpe Open running 1:53.97 in a second-place performance || 2016 Indoor || Competed in seven meets... Set personal best in the 800-meters (1:53.83), 1,000-meters (2:30.81) and Mile (4:18.17) during the 2016 indoor season... Recorded seven top-10 finishes || 2015 || Did not compete

On the Course... || 2016 Cross Country || Opened the year with a seventeenth-place finish at the Dolan Duals (18:11.63)...Placed 105th at the Spike Shoe Invitational (30:09.1) || 2014 Cross Country || Ran unattached at the Dolan Duals (31st/20:04.45)

Before Penn State... || High School PRs || 400: 51.1 ... 600: 1:23.73 ... 800: 1:53.60 ... 1,000: 2:30.88 ... 1,600: 4:18.28 || High School || All-state ... All-long island ... All-American ... Eleven-time letter winner (track & field and cross country) ... Indoor team MVP || National Level Competition || A member of the sprint medley relay team that placed fourth at the 2013 New Balance Indoor Nationals meet || Personal || Son of Pamela and Jack Louro ... Born on August 30, 1995



David LUCAS
Sophomore • Junior
Lititz, Pa.

THROWS

Lucas' Personal Bests		
	Indoor	Outdoor
Shot Put	17.81m (58'-5.25")	17.51m (57'-5.5")
Discus	***	61.43m (201'-6")
Hammer	***	63.44m (208'-2")

On the National Stage... || 2017 Outdoor || Finished 10th at the USATF Championships in the discus throw with a mark of 184'-9" (56.32m)... Competed in the discus throw at the NCAA Championships with a mark of 190'-3" (58.00m) finishing ninth... Competed in the NCAA East Preliminary in the hammer throw, discus throw and shot put... || 2016 Outdoor || Finished 15th in the discus throw with a mark of 55.12m (180'-10") in Eugene, Ore. ... Posted a career best mark of 59.62m (195'-7") at the NCAA East Preliminary in Jacksonville, Fla... Qualified for the NCAA East Preliminary in the discus throw

At the Big Ten Championships... || 2017 Outdoor || Competed in the discus, hammer throw and the shot put... Finished fifth in the discus 184'-11" (56.37m) and sixth in the hammer throw 208'-2" (63.44m) || 2017 Indoor || Competed in the shot put and weight throw finishing 12th and fifth, respectively... Mark of 65'-10.50" (20.08m) is the No. 5 performance in the event in program history in the weight throw || 2016 Outdoor || Recorded a sixth-place finish at the Big Ten Championships in the discus throw with a mark of 54.64m (179'-3")... Finished 12th in the shot put with a throw of 16.80m (55'-1.5")

In the Field... || 2017 Outdoor || Competed in nine meets... Posted 14 top-10 finishes including two first-place finishes || 2017 Indoor || Competed in seven meets... Posted nine top-10 finishes || 2016 Outdoor || Competed in nine meets... Recorded 13 top-10 finishes... Posted two first-place finishes in the discus throw (Bucknell Team Challenge, Jim Thorpe Invite)

Before Penn State... || High School PR || 199-7 || High School || Two-time state runner-up in the discus ... Placed second in the shot put at the 2015 PIAA AAA Outdoor Track & Field Championships ... Two-time PIAA AAA District Three discus champion ... Two-time conference champion in the discus ... Finished second in the discus at the 2015 Penn Relays ... Posted a fourth-place finish in the discus at the 2014 Penn Relays ... Holds two school records ... Three-time letter winner in track ... High school teammate is Alex McCord || National Level Competition || Two-time New Balance Outdoor Nationals competitor || Personal || Son of Susanne and David Lucas... Born on June 6, 1996



2017-18 MEN'S RETURNERS



Jordan
MAKINS
Senior • Senior
Perth, Australia

DISTANCE • CROSS COUNTRY

Makins' Personal Bests		
	Indoor	Outdoor
600m	1:18.44	***
800m	1:48.96	1:48.54
1500m	***	3:46.68
Mile	4:06.86	***

On the National Stage... || 2017 Outdoor || Competed in the 800-meters... || 2016 Outdoor || Competed in the 800-meters || 2016 Indoor || Finished ninth at the NCAA Championships in the DMR

At the Big Ten Championships... || 2017 Outdoor || Competed in the 800-meters... || 2017 Indoor || Competed in the DMR and 800-meters... Finished fourth in the DMR and 14th in the 800-meters || 2015 Indoor || A member of the first-place distance medley relay (9:40.62) ... Finished ninth in the 800-meter run (1:51.22) ... First team All-Big Ten

Around the Track... || 2017 Outdoor || Competed in seven meets... Posted Two top-10 finishes || 2017 Indoor || Competed in seven meets... Posted eight top-10 finishes || 2015 Outdoor || Tallied a season-best 3:54.20 in the 1,500-meter run at the Bison Outdoor Classic || 2015 Indoor || Began his Nittany Lion career by running on the fastest 4x800-meter relay during 2015 indoor season at the Penn State Relays (7:22.10) ... Ran a season-best 1:18.44 in the 600-meter run at the Penn State Tune-Up ... Posted a season-best 1:50.03 in the 800-meter run at the Sykes & Sabock Challenge Cup ... Tallied a season-best 2:22.69 in the 1,000-meter run at the Nittany Lion Challenge

On the Course... || 2016 Cross Country || Opened the year with a sixteenth-place finish at the Dolan Duals (19:12.35)...Placed 123rd at the Penn State National Open (27:13.90) || Competed in two meets unattached (Dolan Duals and the Penn State National)

Before Penn State... || High School PRs || 400: 49.38 ... 800: 1:49.33 ... 1,500: 3:52.60 || High School || 2008-10 Public School Association (PSA) team champions ... 2008-12 PSA 800-meter run champion ... 2008, 2010-12 PSA 1,500-meter run champion ... 2010-11 PSA 400-meter dash champion || National Level Competition || 2010 U-16 Australian All Schools gold medal winner in the 800-meter run ... U-17 & U-20 Australia Junior Championships two-time bronze medal winner in the 800-meter run || Personal || Son of Patti Bjornvik and Roger Makins ... Born on April 18, 1995



Alex
MCCORD
Junior • Junior
Lititz, Pa.

THROWS

McCord's Personal Bests	
Javelin	53.44m (175'-4")

Around the Track... || 2017 Outdoor || Competed in three meets... Posted two top-10 finishes including a first-place finish at the Jim Thorpe Invite... Set a personal best in the javelin throw with a mark of 175'-4" (53.44m) || 2017 Indoor || Competed in three meets... Posted three top-10 finishes... Set personal bests in the 60-meter hurdles (8.80), long jump (19'-9.75"/6.04m) and the shot put (34'-4.75"/10.48m) || 2016 Outdoor || Competed in the Bison Outdoor Classic... Finished 29th in the 110-meter hurdles running 16.42... Finished 23rd in the javelin throw with a mark of 48.24m (158'-3")

Before Penn State... || High School PRs || Decathlon: 5,322 points, High Jump: 6-8, Javelin: 164-7, 110mH: 15.69, Pole Vault: 10-9 || High School || Won the 2015 PIAA District Three AAA high jump title ... Placed sixth in the high jump at the 2015 PIAA AAA Outdoor Track & Field Championships ... Five-time letter winner in track ... Competed at the 2014 Penn Relays ... High school teammate is David Lucas || National Level Competition || Finished first in the high jump at the 2013 Junior Olympic National Championships ... Competed at the 2014 New Balance Indoor Nationals || Personal || Son of Lynn and David McCord ... Born on March 15, 1997



Billy
MCDEVITT
Sophomore • Junior
Newtown Square, Pa.

DISTANCE • CROSS COUNTRY

McDevitt's Personal Bests		
	Indoor	Outdoor
800m	1:50.48	1:50.01
1500m	***	3:51.98
Mile	4:09.10	***

On the National Stage... || 2017 Outdoor || Competed in the 800-meters at the NCAA East Preliminary || 2016 Cross Country || Finished 67th at the NCAA Mid-Atlantic Regional Championships running 32:08 on the 10K course

At the Big Ten Championships... || 2017 Outdoor || Competed in the 800-meters || 2017 Indoor || Competed in the 800-meters || 2016 Cross Country || Placed 96th at the Big Ten Cross Country Championships (26:55.8)

On the Course... || 2016 Cross Country || Opened the year with a fourteenth-place finish at the Dolan Duals (19:01.33)...Placed 93rd at the Spike Shoe

2017-18 MEN'S RETURNERS



Invitational (29:30.9)...Placed 117th at the Penn State National Open (27:03.10) || 2015 Cross Country || Did not compete

Around the Track... || 2017 Outdoor || Competed in five meets... Posted a personal best of 1:50.01 at the Virginia Challenge || 2017 Indoor || Competed in seven meets... Posted seven top-10 finishes... Set a personal best of 1:23.02 in the 600-meters || 2016 Outdoor || Competed in six meets... Set personal best in the 800-meters (1:51.79) and 1,500-meters (3:51.98)... Posted six top-10 finishes including a second-place finish in the 800-meters at the Jim Thorpe Invite

Before Penn State... || High School PRs || 800: 1:51.47, Mile: 4:17.05 || High School || Four-time all-conference in cross country ... Three-time All-independent state team in cross country ... All-conference in track ... All-Independent State team in track ... Pennsylvania Track & Field Coaches Association all-state selection for indoor and outdoor track ... Conference champion in the 1,600-meter run and the 3,200-meter run during his senior year ... Independent state champion in the 800-meter run during his senior year ... School record holder in the 800-meter run and the indoor 3,000-meter run ... A member of the school record teams in the distance medley relay and the 4x800-meter relay ... Team captain for cross country, indoor track, and outdoor track during his senior year ... Six-time letter winner in track ... Four-time letter winner in cross country || National Level Competition || Placed 12th in the mile at the 2015 New Balance Indoor Nationals meet || Personal || Son of Christine and Bill McDevitt ... Born on April 17, 1997

Before Penn State... || Roger Williams University PRs || 800: 1:58, Mile: 4:15, 3,200: 8:57 || Transfer from Roger Williams University || Transfer from Roger Williams University ... Nine-time letterwinner in track and cross country ... Three-time All-American ... All-state || National Level Competition || Finished 11th at the 2013 Nike Cross Country Championships ... Competed at the 2013 & 2014 New Balance Nationals ... A member of the 4xmile relay that broke the national record in 2014 || Personal || Son of Laura and Paul McGowan ... Twin brother is Tim McGowan ... Communications in film and media major ... Born on September 27, 1995



Timothy MCGOWAN
Senior • Senior
Northport, N.Y.
DISTANCE • CROSS COUNTRY



John MCGOWAN
Junior • Senior
Northport, N.Y.
DISTANCE • CROSS COUNTRY

McGowan's Personal Bests		
	Indoor	Outdoor
1500	***	3:48.67
Mile	4:06.32	***
3000m	8:05.57	***
5000m	14:04.38	13:54.20
10000m	***	29:38.64

On the National Stage... || 2017 Outdoor || Competed in the 5K at the NCAA East Preliminary || 2016 Cross Country || Finished 15th at the NCAA Mid-Atlantic Regional Championships running 31:13 on the 10K course || 2015 Cross Country || Finished 45th at the NCAA Mid-Atlantic Regional Championships running 31:54.4 on the 10K course |

McGowan's Personal Bests		
	Indoor	Outdoor
1500	3:57.32	3:54.26
Mile	4:12.53	***
3000m	8:21.59	***
5000m	***	14:19.71
10000m	***	30:29.54

At the Big Ten Championships... || 2017 Outdoor || Competed in the 10K and 5K posting a personal best in the 10K of 29:38.64 finishing second || 2017 Indoor || Competed in the 5K and 3K finishing third and eighth, respectively || 2016 Outdoor || Finished 7th in the 5,000-meters running 14:18.11 in Lincoln, Neb. || 2016 Indoor || Competed in the 3,000-meters (8:09.87) and 5,000-meters (14:19.43) finishing 11th and 13th, respectively || 2016 Cross Country || Placed 25th at the Big Ten Cross Country Championships (25:27.7) || 2015 Cross Country || Finished 70th running a time of 24:59.0 in Chicago, Ill.

On the National Stage... || 2016 Cross Country || Finished 32nd at the NCAA Mid-Atlantic Regional Championships running 31:29 on the 10K course

On the Course... || 2016 Cross Country || Placed 5th at the Spike Shoe Invitational (26:34.4)...Placed 5th at the Spike Shoe Invitational (26:34)...Placed 75th at the Roy Griak Invitational (26:16.2)...Placed 8th at the Penn State National Open (25:10.80) || 2015 Cross Country || Competed in four meets... Posted back-to-back top-five finishes at Dolan Duals and Penn State National

At the Big Ten Championships... || 2017 Outdoor || Competed in the 10K and 5K posting a personal best in the 10K (29:49.15) || 2016 Outdoor || Finished 14th in the 10,000-meters running 30:29.54 in Lincoln, Neb. || 2016 Cross Country || Placed 67th at the Big Ten Cross Country Championships (26:04.5)

Around the Track... || 2017 Outdoor || Competed in six meets... Posted three top-10 finishes... Posted a personal best of 13:54.20 at the Virginia Challenge in the 5,000-meters || 2017 Indoor || Competed in six meets... Posted six top-10 finishes... Recorded a season best of 8:05.57 in the 3,000-meters || 2016 Outdoor || Competed in five meets... Posted a first-place finish at the Bucknell Team Challenge in the 1,500-meters running 3:53.09... Recorded four top-10 finishes || 2016 Indoor || Competed in six meets... Set personal best marks of 4:06.32 (mile) and 8:05.83 (3,000-meters)... Posted four top-10 finishes

On the Course... || 2016 Cross Country || Opened the year with a third-place finish at the Dolan Duals (18:14.80)...Placed 30th at the Spike Shoe Invitational (27:30)... Placed 188th at the Roy Griak Invitational (27:31.5)... Placed 49th at the Penn State National Open (25:56.80) | 2015 Cross Country || Did not compete

Before Penn State... || Roger Williams University PRs || 800: 1:54.46, Mile: 4:10.28, 3,200: 8:53.36 || Transfer from Roger Williams University || Transfer from Roger Williams University ... 3,200-meter run state champion ... Holds the indoor Long Island mile record ... Nine-time indoor county record holder ... Cross country team captain ... Five-time all-state || National Level Competition || Finished third in the two-mile run at the 2014 New Balance Outdoor Nationals meet ... Six-time All-American || Personal || Son of Laura and Paul McGowan ... Twin brother is John McGowan ... Psychology major ... Born on September 27, 1995

Around the Track... || 2017 Outdoor || Competed in five meets... Posted a personal best in the 5,000-meters (14:18.03) at the 123rd Penn Relays || 2016 Outdoor || Competed in four meets... Finished fifth in the 5,000-meters running 14:19.71... Set personal best in the 1,500-meters, 5,000-meters and 10,000-meters || 2016 Indoor || Competed in six meets... Set season best in the mile and 3,000-meters... Recorded five top-10 finishes



2017-18 MEN'S RETURNERS



Malik
MOFFETT

Senior • Senior
Erie, Pa.

SPRINTS • JUMPS



Matt
NAWROCKI

Junior • Junior
Mascow, Pa.

THROWS

Moffett's Personal Bests		
	Indoor	Outdoor
60m	6.76	***
100m	***	10.42/10.26 ^w
200m	20.76	20.49/19.87 ^w
Long Jump	7.60m (24'-11.25")	8.00m (26'-3")

Nawrocki's Personal Bests	
Javelin	61.24m (200'-11")

On the National Stage... || 2017 Outdoor || Competed at the USATF Championships in the 200-meters and long jump... Competed in three events at the NCAA Championships in Eugene, Ore. (4x100-meters, 200-meters, long jump)... Competed in three events at the NCAA East Preliminary (4x100-meters, 200-meters, long jump)... Posted a personal best in the 200-meters of 20.49 seconds in Lexington, Ky. || 2017 Indoor || Competed in the 200-meters finishing 12th with a time of 20.85 || 2016 Outdoor || Ran a leg on the fifth-fastest 4x100-meter relay clocking 40.04 at the NCAA East Preliminary... Posted marks of 7.49m (24'-7") in the long jump and 21.05 in the 200-meters at the NCAA East Preliminary in Jacksonville, Fla.

At the Big Ten Championships... || 2017 Outdoor || Captured the long jump title with a school record leap of 26'-3" (8.00m) as well as winning the 200-meters in an all-conditions Penn State best of 19.87 || 2017 Indoor || Competed in the 60-meters, 200-meters, and long jump finishing third in the 200-meters and seventh in the long jump || 2016 Outdoor || Finished 23rd in the 100-meters (10.61w)... Recorded the No. 9 mark in program history in the long jump with a mark of 7.60m (24'-11.50")... Ran a personal best time of 20.73w in the 200-meter prelims || 2016 Indoor || Finished ninth in the long jump with a mark of 7.16m (23'-6")... Finished third in the 200-meters with a season best time of 21.02 in the 200-meters

Around the Track... || 2017 Outdoor || Competed in eight meets... Posted 17 top-10 finishes... Recorded a personal best of 10.42 seconds in the 100-meters || 2017 Indoor || Competed in seven meets... Posted 18 top-10 finishes... Recorded five first-place finishes... Set a personal best in the 60-meters (6.76) - tied for the second-best mark in program history || 2016 Outdoor || Competed in seven meets... Ran a leg on the third-fastest 4x100-meter relay in program clocking 39.92 at the Pac-12 vs. Big Ten Challenge in Tempe, Ariz... Ran a season best 10.61w in the 100-meters at the Big Ten Championships... Posted 12 top-10 finishes || 2016 || Competed in six meets... Recorded 12 top-10 finishes... Collected two first-place finishes || 2015 || Did not compete

Before Penn State ... Transfer from PSU - Behrend || High School PRs || 100: 10.61 ... 200: 21.10 ... High Jump: 6-9 || High School || Moffett's track & field team won region and district titles ... Moffett won district titles in the 100-meter dash, high jump, triple jump, and the 4x100-meter relay ... Four-year letter winner in track & field ... Captain and MVP of his track & field team during his junior and senior years || Personal || Son of Felicia Presley and Chet Moffett ... Born on April 11, 1994

In the Field... || 2017 Outdoor || Competed in five meets... Posted three top-10 finishes... Recorded a personal best of 200'-11" (61.24m) at the 123rd Penn Relays || 2016 Outdoor || Competed in five meets... Recorded four top-10 finishes... Set a season best mark of 56.03m (183'-10") at the Jim Thorpe Invite

Before Penn State... || High School PRs || 61.51m (201'-10") in the javelin throw || North Pocono High School || Three-year letter winner for Coach Jason Sepkowski... All-state, All-region, All-League for track & field. School record in Javelin with 201'10". 3rd place at states Senior year || Personal || Son of Frank and Karen Nawrocki... Has one sibling Roni Nawrocki... Born on July 2, 1996



Domenic
PERRETTA

Sophomore • Sophomore
Beaver Falls, Pa..

DISTANCE • CROSS COUNTRY

Perretta's Personal Bests		
	Indoor	Outdoor
600m	1:18.51	***
800m	1:48.17	1:47.29
1500m	***	3:46.47
Mile	4:16.13	***

On the National Stage... || 2017 Outdoor || Competed in the USATF championships in the 800-meters... Competed in the NCAA Championships in the 800-meters...

At the Big Ten Championships... || 2017 Outdoor || Competed in the 800-meters finishing fifth || 2017 Indoor || Competed in the 800-meters (1:48.49) and ran a leg on the DMR (fourth-place)

Around the Track... || 2017 Outdoor || Competed in nine meets... Recorded eight top-10 finishes... Posted personal bests of 1:47.29 in the 800-meters and 3:46.47 in the 1,500-meters || 2017 Indoor || Competed in seven meets... Posted 11 top-10 finishes... Recorded personal bests of 1:18.51 in the 600-meters, 2:23.06 in the 1,000-meters

Before Penn State... || High School PRs || Cross Country: 16:05, Mile: 4:11, 800-meters: 1:50.1, 400-meters: 49.6 || High School || All-State... All-Conference... Two-time district champion in cross country... Three-time outdoor 800-meter state champion... Three-time outdoor 1,600-meter state champion... Indoor 800-meter champion... Fifth-place at state championships in cross country... School record holder in the 400-meters, 800-meters, 1,600-meters, and 3,200-meters... State record



holder in the 800-meters... Eight-time letter winner... Team captain... Team MVP... High School Honor Roll || National Level Competition || Second-place in the 800-meters at the New Balance Indoor Nationals meet as a senior... Fourth-place in the 800-meters at USATF Junior Olympics as a sophomore || Personal || Son of Gretchen and Patsy Perretta ... Born on September 25, 1997



Ben PETERSON
Freshman • Freshman
Solon, Pa.

THROWS

Peterson's Personal Bests	
Shot Put	19.38m (63'-7")

Before Penn State... || High School PRs || 63-7 in the Shot Put || Solon High School || Four-year letter winner for Jim Wallace... Three-year varsity football letter winner... All-State 2015 & 2016... Team MVP in 2014, 2015, and 2016 || National Level Competition || New Balance Indoor National meet in 2015 & 2016... Outdoor New Balance National meet in 2015(6th place) & 2016 || Personal || Son of Beth and Steve Peterson... Has three siblings, Nick, Kyle, and Katie... Born on July 16, 1997



Anton PORTER
Junior • Junior
Bronx, N.Y.

SPRINTS

Porter's Personal Bests		
	Indoor	Outdoor
60m	6.93	***
100m	***	10.67/10.53w
200m	21.59	21.49

On the National Stage... || Traveled to the NCAA Championships in Eugene, Ore. as an alternate for the 4x100-meter relay || 2016 Outdoor || Ran a leg of the 4x100-meter relay that ran the fifth-fastest time in program history clocking 40.04 at the NCAA East Preliminary in Jacksonville, Fla.

At the Big Ten Championships... || 2016 Outdoor || Ran a personal best 10.53w in the 100-meter prelims finishing 13th... Ran a personal best 21.49 in the 200-meter prelims... Ran a leg on the fifth-place 4x100-meter relay (40.20) || 2016 Indoor || Finished 15th in the 200-meters running 21.59 seconds

Around the Track... || 2017 Outdoor || Competed in five meets... Posted two top-10 finishes... Recorded a collegiate best time of 10.67 in the 100-meters at the Virginia Challenge || 2017 Indoor || Competed in three meets... Posted two top-10 finishes || 2016 Outdoor || Competed in six meets... Set personal best in the 100-meters (10.74) and 200-meters (21.49)... Ran a leg on the third-fastest 4x100-meter relay in Penn State

history (39.32) at the Pac-12 vs. Big Ten Challenge meet in Tempe, Ariz. || 2016 Indoor || Competed in six meets... Set indoor best of 6.93 in the 60-meters and 21.59 in the 200-meters... Posted 10 top-10 finishes

Before Penn State... || High School PRs || 100: 10.41, 200: 21.35 || High School || Recorded numerous Catholic High School Athletic Association (CSHAA) first-place finishes ... Holds the CSHAA record in the 100 and 300 ... All-state ... Three-time MVP ... Won the 100-meter dash at the 2015 New York Relays ... Finished first in the 100-meter dash and the 200-meter dash at the 2015 Glenn D. Loucks Games || National Level Competition || Finished fourth in the 200-meter dash at the 2015 New Balance Indoor Nationals meet ... Placed second in the 60-meter dash at the 2015 New Balance Indoor Nationals meet ... Claimed fourth place in the Dream 100 at the 2015 Adidas Grand Prix ... All-American ... Finished third in the 100-meter dash at the 2015 New Balance Outdoor Nationals meet || Personal || Son of Jasset Founsette and Antonio Porter ... Born on July 5, 1996



Luke RARIG
Sophomore • Junior
Catawissa, Pa.

MULTI-EVENTS

Rarig's Personal Bests		
	Indoor	Outdoor
110mH	***	14.94
Shot Put	11.37m (37'-3.75")	11.21m (36'-9.5")
Discus	***	37.37m (122'-7")
Decathlon	***	6278

At the Big Ten Championships... || 2017 Outdoor || Finished ninth in the decathlon scoring 6,068-points

Around the Track... || 2017 Outdoor || Competed in four meets... Finished the season with personal best in the 100-meters, 200-meters, 400-meters, 1,500-meters, 110-meter hurdles, high jump, pole vault, long jump, || 2016 Indoor || Competed at the Penn State Relays... Set personal best marks in the 60-hurdles, long jump, shot put and ran a leg on the 4x400-meter relay

Before Penn State... || High School PRs || 110mH: 14.28, 300mH: 38.57, Long Jump: 21-11.5, High Jump: 6-2 || High School || Back-to-Back District IV Champions (2012-2013)... All-State 110-meter hurdler... 12-time District IV medalist... Four-time District IV champion... Five-time PIAA State medal winner... 2015 PIAA 110-meter hurdle state champion... School records in the 110-meter hurdles (14.28) and 300m hurdles (38.57)... Four-time letter winner in track & field || National Level Competition || Competed at New Balance Outdoor Nationals in 2015 || Personal || Son of Janet and Bradley Rarig... Born on November 5, 1996



2017-18 MEN'S RETURNERS



Sam
REISER

Junior • Junior
Melbourne, Australia.

DISTANCE

Reiser's Personal Bests

	Indoor	Outdoor
200m	22.01	22.03
400m	47.83	46.94

On the National Stage... || 2017 Indoor || Competed at the NCAA Championships in the 4x400-meter relay || 2016 Outdoor || Ran a leg on the NCAA East Preliminary qualifying 4x400-meter relay running 3:08.02 and finishing 15th

At the Big Ten Championships... || 2017 Indoor || Competed in the 600-meters and ran a leg on the school record 4x400-meter relay that captured the conference title || 2016 Outdoor || Posted an eighth-place finish in the 400-meters after posting a season best time of 47.10 during preliminary action... Ran a leg on the 4x400-meter relay clocking a season best time of 3:07.25 finishing sixth || 2016 Indoor || Finished 20th in the 400-meters running 47.83... Ran a leg on the 4x400-meter relay clocking 3:09.59 for sixth-place

Around the Track... || 2017 Indoor || Competed in six meets... Recorded 11 top-10 finishes || 2016 Outdoor || Competed in eight meets... Posted eight top-10 finishes... Won the 400-meters at the Jim Thorpe Invite running 48.00... Ran a leg on the winning 4x400-meter relay at the Pepsi Invite in Eugene, Ore. running 3:08.86 || 2016 Indoor || Competed in six meets... Set season best of 22.01 in the 200-meters and 1:03.84 in the 500-meters... Posted 11 top-10 finishes... Collected three first-place finishes

Before Penn State... || High School PRs || 200: 21.66, 400: 46.94 || High School || Member of Team Australia at the World Junior Championships in the 400-meter dash ... Split 45.4 on the 4x400-meter relay at World Juniors ... Three national gold medals ... Six-time national medalist ... Holds four school records || Personal || Son of Catherine Reiser and Jon Bromwich ... Born on June 17, 1996



Morgan
SHIGO

Junior • Junior
Blandon, Pa.

THROWS

Shigo's Personal Bests

	Indoor	Outdoor
Discus	***	40.20, (131'-11")
Shot Put	16.86m (55'-3.75")	17.34m (56'-10.75")
Hammer	***	67.94m (222'-11")
Weight Throw	19.63m (64'-5")	20.62m (67'-8")

On the National Stage... || 2017 Outdoor || Competed at the USATF Championships in the hammer throw finishing 11th... Competed in the hammer throw at the NCAA East Preliminary in Lexington, Ky. || 2016 Outdoor || Qualified for the NCAA East Preliminary in the hammer throw... Finished 28th with a mark of 62.00m (203'-5")

At the Big Ten Championships... || 2017 Outdoor || Set personal best in the shot put and hammer throw.. Mark in the hammer throw is the school record || 2017 Indoor || Competed in the weight throw finishing 10th || 2016 Outdoor || Finished 12th in the hammer throw posting a mark of 59.81m (196'-3")... Posted a 15th-place finish in the shot put with a best mark of 16.40m (53'-9.75")

In the Field... || 2017 Outdoor || Competed in eight meets... Recorded six top-10 finishes || 2017 Indoor || Competed in six meets... Posted eight top-10 finishes... Set a personal best in the weight throw of 67'-8" (20.62m) || 2016 Outdoor || Competed in eight meets... Set personal best in the discus (40.20m) and hammer throw (62.80m)... Recorded eight top-10 finishes, including a first-place finish in the hammer throw at the Bucknell Team Challenge with a mark of 58.61m (192'-3") || 2016 Indoor || Competed in seven meets... Set personal best in the shot put (16.86m) and weight throw (19.63m) || 2015 || Did not compete

Before Penn State ... || High School PRs || Discus: 173-10 ... Shot Put: 58-9.75 || High School || All-state in the discus (junior year) ... All-state in the discus and the shot put (senior year) ... Holds the school records in the discus and the shot put ... Four-year letter winner in track & field ... Three-year letter winner in football ... Two-time captain in track & field (junior and senior year) ... Two-time MVP in track & field (junior and senior year) ... Team captain in football (senior year) ... Team MVP in football (senior year) || Personal || Son of Maryann and John ... Born on February 1, 1996



Xavier
SMITH

Senior • Senior
Douglasville, Pa.

SPRINTS

Smith's Personal Bests

	Indoor	Outdoor
60m	6.66	***
100m	***	10.32/10.10 ^w
200m	20.85	20.96/20.23 ^w

On the National Stage... || 2017 Outdoor || Competed in the 4x400-meter relay at the NCAA Championships in Eugene, Ore... Competed in the NCAA East Preliminary in Lexington, Ky. running the 4x100-meter relay (school record), the 100-meters (10.32) and ran a leg on the 4x400-meter relay || 2017 Indoor || Competed in the 4x400-meter relay finishing 10th at the NCAA Championships || 2016 Outdoor || Qualified for the NCAA East Preliminary in the 4x100-meter relay... Finished 17th running 40.04 in Jacksonville, Fla.

At the Big Ten Championships... || 2017 Outdoor || Finished second in the 100-meters running the fastest time in program history under all conditions at 10.10 seconds... Finished third in the 200-meters || 2017 Indoor || Captured the conference title in the 60-meters en route to setting the school record of 6.66 seconds... Ran a leg on the conference winning and school record 4x400-meter relay (3:04.80) || 2016 Outdoor || Ran a leg on the 4x100-meter relay that finished fifth in a time of 40.20... Ran an all-condition personal best time of 10.45w in the 100-meter prelims... Finished 10th in the 200-meters running 20.98w in the prelims || 2016 Indoor || Ran a leg on the 4x400-meter relay that finished sixth running 3:09.59... Finished fourth in the 200-meters running 21.15... Finished fifth

2017-18 MEN'S RETURNERS



in the 60-meters running 6.78 || 2015 Outdoor || A member of the seventh place 4x400-meter relay (3:11.19) ... Placed 19th in the 100-meter dash (10.88) ... Finished 11th in the 200-meter dash with his time of 21.47 || 2015 Indoor || Finished 18th in the 60-meter dash (6.89) ... Ran a personal-best time of 21.39 en route to a ninth-place finish

Around the Track... || 2017 Outdoor || Competed in seven meets... Posted 16 top-10 finishes... || 2017 Indoor || Competed in six meets... Posted 19 top-10 finishes || 2016 Outdoor || Competed in seven meets... Posted 12 top-10 finishes... Collected two first-place finishes sweeping the 100-meters and 200-meters at the Pepsi Invitational in Eugene, Ore... Set personal best times of 10.59 and 20.96 in the 100-meters and 200-meters || 2016 Indoor || Competed in six meets... recorded 12 first-place finishes... Set the school record in the 60-meters clocking 6.68 at the Penn State National || 2015 Outdoor || Finished third in the 200-meter dash at the Bison Outdoor Classic with his time of 21.73 ... Placed first in the 200-meter dash at the Kehoe Twilight Meet with his time of 21.67 ... Finished second in the 100-meter dash at the Kehoe Twilight Meet with his season-best time of 10.83 ... A member of the sprint medley relay that captured the Penn Relays title with its time of 3:21.29 ... Placed 16th in the 100-meter dash at the LSU Alumni Gold meet with his wind-aided time of 10.68 ... Finished first in the 100-meter dash at the Jim Thorpe Invite with his wind-aided time of 10.61 ... Ran a season-best time of 21.46 in the 200-meter dash en route to a first-place finish at the Jim Thorpe Invite || 2015 Indoor || At the season-opening Penn State Relays, Smith finished third in the 60-meter dash (6.88) and the 200-meter dash (21.69) ... Finished second in the 60-meter dash at the Sykes & Sabock Challenge Cup with his season-best time of 6.87

Before Penn State ... || High School PRs || 60: 6.86 ... 100: 10.67 ... 200: 21.50 || High School || Smith's track & field team tallied third-place finishes at county's and districts ... All-state (60-, 100-, 200-meter dash) ... All-county (100-, 200-meter dash, 4x100-, 4x400-meter relay) ... Placed second in the 60-meter dash at the 2014 PIAA Indoor Track & Field Championships ... At the 2014 PIAA Outdoor Track & Field Championships, Smith placed second in the 100-meter dash and took third in the 200-meter dash ... Finished third in the 100-meter dash at the 2013 PIAA Outdoor Track & Field Championships ... Won back-to-back District Three titles in the 100- and 200-meter dash events (2013-14) ... Two-year letter winner in track & field || National Level Competition || Claimed 12th-place in the 60-meter dash at the 2014 New Balance Nationals Indoor meet || Personal || Son of Regina and Bob Smith ... Born on May 29, 1996

and long jump finishing runner-up in the triple jump with a mark of 51'-7" (15.72m) || 2015 Outdoor || Placed 18th in the long jump (21-8.75) ... Finished seventh in the triple jump with his wind-aided personal-best leap of 50-2 || 2015 Indoor || Placed 14th in the triple jump with his mark of 47-3.75

In the Field... || 2017 Outdoor || Competed in six meets... Recorded five top-10 finishes || 2017 Indoor || Competed in six meets... Posted nine top-10 finishes... Set personal best in the 60-meters of 7.05 seconds... || 2015 Outdoor || Ran a season-best time of 11.52 in the 100-meter dash at the Bison Outdoor Classic ... Tallied a wind-legal personal-best mark of 23-0.75 en route to a fourth-place finish in the long jump at the Bison Outdoor Classic ... Finished second in the long jump with his wind-aided personal-best leap of 23-7.25 at the Jim Thorpe Invite || 2015 Indoor || Began his Nittany Lion career at the Penn State Relays with a third-place finish in the triple jump (47-1.5) and a sixth-place finish in the long jump with his season-best mark of 22-3 ... Finished fifth in the triple jump at the Penn State National Invite with his personal-best distance of 49-5

Before Penn State ... || High School PRs || Long Jump: 22-10 ... Triple Jump: 48-7.50 || High School || 2014 PIAA District Six team champions ... Won the high jump, long jump and triple jump at the 2014 District Six meet ... Named all-state his senior year (Indoor & Outdoor) ... Finished second (46-6.50) in the triple jump at the 2014 PIAA Indoor Championships ... Took third (47-7.25) in the triple jump at the 2014 PIAA Outdoor Championships ... Qualified for the long jump and triple jump at the 2013 PIAA Outdoor Championships ... Won the long jump and triple jump at the 2013 PIAA District Six meet ... Ranks second (triple jump) and third (long jump) all-time at State College Area High School ... Four-year letter winner in track & field ... Co-captain of the 2013-14 men's basketball team ... || National Level Competition || Placed eighth (47-9.25) in the triple jump at the 2014 New Balance Indoor Nationals meet ... Finished fifth (47-11.75) in the triple jump at the 2014 Penn Relays ... Competed at Outdoor Nationals 2014 in the triple jump || Personal || Son of Precious and Tyrone Parham ... Born on June 11, 1996



Bryce WILLIAMS
Junior • Junior
State College, Pa.
JUMPS

Williams' Personal Bests		
	Indoor	Outdoor
60m	7.05	***
100m	***	11.52
Long Jump	7.06m (23'-2")	7.09m (23'-3.25")
Triple Jump	15.79m (51'-8.25")	15.90m (52'-2")

On the National Stage... || 2017 Outdoor || Competed at the NCAA Championships in Eugene, Ore. finishing fourth with a personal best 52'-2" (15.90m)... Competed in the triple jump finishing with a mark of 51'-1.75" (15.59mw) taking 17th || 2017 Indoor || Named the USTFCCA Mid-Atlantic Regional Field Athlete of the Year || 2015 Outdoor || Qualified for the NCAA East Prelims ... Finished 39th in the triple jump with his mark of 48-4.5

At the Big Ten Championships... || 2017 Outdoor || Competed in the triple jump and the long jump || 2017 Indoor || Competed in the triple jump



Darien WILLIAMS
Freshman • Freshman
Blue Bell, Pa.
SPRINTS

Williams' Personal Bests		
	Indoor	Outdoor
60m	6.97	***
200m	21.85	***

At the Big Ten Championships... || 2017 Indoor || Competed in the 60-meters and 200-meters

Around the Track... || 2017 Indoor || Competed in six meets... Posted seven top-10 finishes... Set personal bests of 6.97 in the 60-meters and 21.85 in the 200-meters

Before Penn State... || High School PR || 100: 10.60, 200: 21.55, 400: 50.00 || Wissahickon High School || five team district titles... 10 team conference titles... Six-year letter winner... Second team all State 100m senior year... Second Team all state 4x200 senior year... Honorable mention all state 100m junior year... First team all league 100, 200, 4x1 & 4x4 senior year... Second team all league 100 & 200 junior year... Three conference titles... Varsity Captain ... School record holder in in both the indoor and outdoor 200 and 4x200 || Personal || Son of Douglas and Diane Williams... Has one brother, Devin Williams... Born on October 6, 1997



2017-18 MEN'S RETURNERS



Jon
YOHMAN

Senior • Senior
New Wilmington, Pa.

THROWS


Yoman's Personal Bests		
	Indoor	Outdoor
Discus	***	55.53m (182'-2")
Shot Put	18.59m (61'-0")	19.13m (62'-9.25")
Weight Throw	15.75m (51'-8.25")	***

On the National Stage... || 2017 Outdoor || Competed in the NCAA Championships finishing 11th... Competed in the NCAA East Preliminary setting a personal best in the shot put with a mark of 62'-9.25" (19.13m) that is ranked No. 6 in program history || 2016 Outdoor || Qualified for the NCAA East Preliminary in the shot put and hammer throw... Finished 14th in the shot put with a mark of 18.35m (60'-2.5") and 21st in the discus throw with a mark of 54.15m (177'-8") in Jacksonville, Fla.

At the Big Ten Championships... || 2017 Outdoor || Competed in the discus and shot put || 2017 Indoor || Competed in the shot put finishing with a bronze medal || 2016 Outdoor || Posted a fourth-place finish in the discus throw with a mark of 55.53m (182'-2")... Finished sixth in the shot put with a best throw of 18.43m (60'-5.75") || 2016 Indoor || Finished sixth in the shot put with a mark of 17.98m (59'-0") || 2015 Outdoor || Finished 19th in the discus with his toss of 165-6 ... Placed 13th in the shot put with his mark of 56-9.5 || 2015 Indoor || Placed 19th in the shot put with his toss of 55-9.75

In the Field... || 2017 Outdoor || Competed in eight meets... Posted eight top-10 finishes || 2017 Indoor || Competed in seven meets... Recorded seven top-10 finishes || 2016 Outdoor || Competed in eight meets... Set season best marks of 18.55m (60'-10.50") in the shot put at the Jim Thorpe Invite and 55.53m (182'-2") in the discus throw at the Big Ten Championships || 2016 Indoor || Competed in seven meets... Posted seven top-10 finishes including three first-place finishes || 2015 Outdoor || Finished second in the discus at the Bison Outdoor Classic with his toss of 171-5 ... Tallied a first-place in the discus at the Kehoe Twilight Meet with his mark of 167-6 ... Finished third in the shot put at the Jim Thorpe Invite with his personal-best toss of 57-1.5 ... Posted a second-place finish in the discus at the Jim Thorpe Invite with his toss of 164-3 || 2015 Indoor || Tallied a fourth-place in the shot put at the Nittany Lion Challenge with his mark of 53-9.25 ... Finished sixth in the shot put at the Penn State National Invite with his toss of 53-10.5 ... Posted a first-place finish in the shot put with his indoor season-best mark of 55-9.75 at the Penn State Tune-Up ... Recorded a personal-best throw of 51-8.25 in weight throw at the Nittany Lion Challenge || 2014 Season || Redshirted

Before Penn State... || High School || The 2013 Gatorade Boys' Track and Field Athlete of the Year in Pennsylvania ... Capped his prep career at Wilmington High School with a PIAA state title in the shot put, to go along with a runner-up effort in the discus ... Has been one-to-watch in Pennsylvania throws for the past several seasons, having won state gold in the discus as a junior in 2012, and finished second in the shot at the same competition ... Also, finished seventh in the shot at Penn Relays as a senior, ranked first in Pennsylvania in 2013 with a PR 62-1 in the shot. He also ranked third in the discus among Pa. preps at 189-6 || Personal || Son of Julia and Paul Yohman ... Born on August 23, 1994

**James
ABRAHAMS**
Freshman • Freshman
Havertown, Pa.
DISTANCE • CROSS COUNTRY

Before Penn State... || High School PRs || Cross Country: 15:22, 1 Mile: 4:19, 800: 1:54, 400: 50.6 || High School || Letterwinner for Jay Williams... 2016 Delco Championship runner-ups... 2016 XC Central League Champion, 2x Track and XC District Medalist, Indoor State Mile Medalist... Track and Cross Country MVP, Cross Country Captain || Personal || Son of Doug and Rebecca Abrahams... Has three siblings, David, Andrew, Edward... Born on December 10, 1998



**Ben
BUMGARNER**
Freshman • Freshman
Waynesburg, Pa.
DISTANCE • CROSS COUNTRY

Before Penn State... || High School PRs || 1,600 – 4:17.55, 3,000 – 8:33.86, 3,200 – 9:10.58, 5K – 15:16, XC (5K) – 15:41 || High School || Four-year letter winner at Waynesburg Central H.S.... 2016 PA AA XC State Champ, All State XC, 2017 PA AA 3,200 State Champ, School Record holder at 3,200... Three-time XC Team MVP; Two-time Track MVP... 2016 NE Footlocker – 17th, 2017 New Balance Indoors – 5000 meters 11th place, 2017 Penn Relays – 3000 meters eighth place || Personal || Parents are Walt & C.A. Bumgarner... Born on February 20th, 1999



**Ryan
BARTON**
Freshman • Freshman
Downington, Pa.
DISTANCE • CROSS COUNTRY

Before Penn State... || High School PRs || 1,600-meters: 4:18 15:37 || High School || Letter winner at Downington West High School... 2015 District Champions, 2015 State Champions, 2015 Northeast Regional Champions || Personal || Parents are John and Christi Barton... Has two siblings, Charlie and Erin... Born on October 27th, 1998



**Vail
FREED**
Freshman • Freshman
Middletown, Del.
DISTANCE • CROSS COUNTRY

Before Penn State... || High School PRs || XC: 16:05, 3,200m: 9:23, 1,600m: 4:22 || High School || Letter winner at Appoquinimink High School for Michael Roth.... 2016 Conference Champions Track & Field, 2017 Conference Champions Cross Country...All-State Cross Country 2016/17, All-County Cross Country 2016/17, All-Conference Cross Country 2016/17, Division I State Champion Cross Country, Conference Champion 3,200m 2016/17, Conference Champion 1,600m 2017, New Castle County County Champion 3,200m 2017, New Castle County Runner Up 1,600m, Division I State Champion 3,200m 2017, Division I Runner Up 1,600m 2017, 2017 Meet Of Champions Champion 3,200m... Freshman award, Team captain Cross Country/Track, Team MVP Cross Country/Track || Personal || Wyatt and Lucia Freed. Also I was born July 9, 1999



**Tom
BOJALAD**
Freshman • Freshman
Saint Marys, Pa.
THROWS

Before Penn State... || High School PRs || Shotput- 59'-1.50" Discus- 185'-10.50" || High School || Four-time letter winner at Saint Marys High School for Cindy Schuster... Seven-time District Champion, Six-time state medalist (Four outdoor, two indoor) School Record holder in shot and disc... Four-time boys team field MVP || National Competition || New Balance indoor nationals 2016, 2017, New Balance outdoor nationals 2016, 2017 || Personal || Parents are Laura Claypool, Michael Bojalad... Has three siblings, David Bojalad, Nick Bojalad, Erica Wilson... Born on December 3rd, 1998



2017-18 MEN'S NEWCOMERS



**Will
HENDERSON**
Freshman • Freshman
Baltimore, Md.

SPRINTS • JUMPS

Before Penn State... || High School PRs || 55m-6.31, 55mH 7.24, 60mH 7.79, 60m-6.82, 100m-10.52, 110mH -14.02, long jump- 25'-2", high jump - 6'-6" || High School || Four-year letter winner at Baltimore Polytechnic Institute for Edward Wilson, Joey Henderson, Rashi Pinkney... Baltimore city champs indoor and outdoor. 2x Regional indoor champions... nine total school records, state record holder in long jump indoor & outdoor, 3A state record holder in the long jump, Millrose HS 55m dash record holder. Baltimore sun athlete of the year, Millrose 55m dash winner, Seven-time state champion (six different events), Three-time new balance nationals All-American, new balance national champion in long jump indoor, Penn Relays long jump winner || National Competition || Three-time new balance Nationals All-American (all in long jump two-time indoor one-time outdoor) || Personal || Parents are Trenita and Joey Henderson... Has one sibling, Trinity Henderson.



**Terrance
LAIRD**
Freshman • Freshman
Coatesville, Pa.

SPRINTS


Before Penn State... || High School PRs || 60m-6.85, 100m-10.45, 200m-20.83, 200m (i)-21.31, 300-33.74 || High School || Six-time letter winner at Coatesville Area Senior High School for Damien Henry, Paul Hadzor, Eric Horsey... Three-time Ches-Mont Champions, 4X100-m Ches-Mont, District, and State Champions, 4x400 Ches-Mont Champions... 60m (i), 200m (i), 300m (i), 4x200 (i) School Record holder, 100m, 200m, 4x100m School Record Holder, Second all-time in 200m (i) 21.31 and 200 20.83 in Pennsylvania, Seven-time All-State Three-time State Champion || National Competition || 100m National Champion 2016 AAU Junior Olympic Games, Bronze Medalist in 200m at 2017 Indoor New Balance Nationals || Personal || Parents are Samantha Oberholtzer, Robert Oberholtzer, Glenn Johnson Jr, Mark Folks... Has two siblings, Lyonna Dixon, Alexander Oberholtzer... Born on October 12th, 1998



**Brandon
HONTZ**
Freshman • Freshman
West Chester, Pa.

DISTANCE • CROSS COUNTRY


Before Penn State... || High School PRs || 800- 1:58, 1600- 4:19, 3200-9:40, 5000: 16:05 || High School || Letter winner at Bayard Rustin H.S. for Matt Taglang, Shaz Brown, Shannon Grady Chesmont Champs, Mile Record- 4:19, 4x800- 8:03 (1:57 split), Second-place at Chesmont Championships for XC, fourth-place in the district 1,600, 13th in the state... Team Captain... || National Competition || USA Triathlon, Placed second at the World Qualifier (Nationals), Placed third representing the USA and 20th overall at the ITU World Championships in Cozumel, Mexico (AG 15-19) || Personal || Parents are Keith and Lee Hontz... Born on December 21st, 1998



**Mark
PORTER**
Freshman • Freshman
Reading, Mass.

THROWS

Before Penn State... || High School PRs || Javelin - 194'-7" || High School || Three-year letter winner for coach Scott Price and John Fiore... Division II State title in 2016... Massachusetts All-State Champion in 2017... Team Captain || Personal || Parents are Tom Porter and Christine Ambrose... Has one sibling, Brad Porter... Born on October 28, 1998



**Gary
ROSS**
Freshman • Freshman
Fort Washington, Md.

DISTANCE • CROSS COUNTRY

Before Penn State... || High School PRs || 400 (i): 49:25, 400m: 47:78, 800(i): 1:56:32, 800m: 1:52:62, 500(i): 1:04:67, 1600m: 4:41:51, 5k (XC) 20:51:55 || High School || Four-year letter winner at Oxon Hill High School for Derrell Quick and Tim Riley... 2015-2016 Maryland Indoor county, regionals, state champions 2015-2016 Maryland Outdoor County, regionals, state champions, 2016-2017 Maryland Indoor County, Regionals, State champions, 2016-2017 Maryland Outdoor County, Regionals, State

2017-18 MEN'S NEWCOMERS




Champions... 2016: Outdoor honorable mentions, 2017: Indoors All-MET, 2017: indoors 1st Team All-County, 2017: 500 indoors county, regionals, state champion, 2017: 800 indoors county, regionals, state champion, 2017: anchor Indoor/outdoor 4x8,4x4 indoors/Outdoors county, regionals, state champion, 2017: anchor state/school record holder in the 4x8-7:41, 2017: anchor school record holder in the 4x4 3:12... Team MVP, Team captain || National Competition || fourth-place 2016 outdoor SMR All-American, third-place 2017 outdoor SMR All-American, fifth-place 2017 outdoor 4x8 All-American, Fourth-place 2017 outdoor 4x4 All-American, Third-place 2017 outdoor Swedish medley All-American, ninth outdoor 800 overall || Personal || Parents are Tiana Washington, Gary Ross Jr and Step-dad Theodore Washington... Born April 5, 1998



Alex TOMASKO
Freshman · Freshman
Mechanicsburg, Pa.
DISTANCE • CROSS COUNTRY

Before Penn State... || High School PRs || 1,600-meters: 4:21.06, 3,200-meters: 9:33.33, 5K: 15:37 || High School || letter winner at Mechanicsburg High School for Mary Hey, Mike Rebeck, Mrs. Cremo, and Lucas Mellinger... Third-place finish in 2016 District 3 AAA XC meet, 2016 XC AAA State Qualifiers... 2013: Mid-Penn All-Conference XC, District 3AAA Qualifier XC, PIAA XC State Qualifier, Foot Locker XC Northeast Regional Freshman Boys Race Champion at Van Cortlandt Park, New York... 2014: Mid-Penn T&F All-Conference 3,200-meters, Mid-Penn T&F All-Conference XC, District 3AAA Qualifier XC... 2015: Mid-Penn All-Conference XC, District 3AAA Qualifier XC, 2016: Mid-Penn All-Conference 3,200-meter, Mid-Penn 3,200-meter Silver Medalist, PIAA District 3AAA T&F Qualifier 1,600-meters and 3,200-meters, All-District T&F 1,600-meters, PIAA T&F State-Qualifier 1,600-meters, School record 4:21.06 1,600-meters, Mid-Penn All-Conference XC, District 3AAA Qualifier XC, All-District XC, PIAA XC State Qualifier... 2017: Mid-Penn T&F All-Conference 1,600-meters and 3,200-meters T&F, Mid-Penn T&F Conference 3,200-meters Silver Medalist, District 3AAA T&F Qualifier 1,600-meters and 3,200-meters || Personal || Parents are Joyce and Ronald Tomasko... Has one brother, Nicholas... Born on October 20th, 1998



Andrew SELL
Sophomore · Sophomore
Minneapolis, Minn.
DISTANCE • CROSS COUNTRY

Before Penn State... || High School PRs || Cross Country (5K) - 15:45, 3200m - 9:28, 1600m - 4:27, 800m - 1:59 || High School || Four year letter winner for coach Curtis Johnson, Chris Lundstrom and Mike Anderson... Minnesota State Cross Country runner-up in 2015... XC conference champions 2014 & 2015... Track city conference champions 2013-2016... track team captain 2016... || National Competition || Three-time NIRCA cross country All-American || Personal || Parents are Lisa Harnack and Kevin Sell... Has one sibling, Lila Sell... Born on November 12, 1997



Nick WAGNER
Freshman · Freshman
Export, Pa.
DISTANCE • CROSS COUNTRY

Before Penn State... || High School PRs || 800m- 1:51.79 || High School || Four-year letter winner at Penn-Trafford High School for Eric Reger... 2017 WPIAL (District 7) Champ, 2017 Runner up at 2017 PIAA State Meet, two-time Indoor state meet medalist (2016- eighth; 2017- fourth) All-State Indoor Team Honorable Mention, All-State Outdoor Second-Team, Two-time TSTCA Champion 800m || National Competition || 2014,15,16 USATF Junior Olympics, 2014 4th place in Houston, TX, 2015 2nd place in Jacksonville, Fla., 2015 World Youth Trials Finalist in 800m, 2015 Hershey Youth Outdoor Championships 3rd place finisher in Lisle, Ill., 2016 and 2017 New Balance Nationals Championship Section Qualifier || Personal || Parents are Anne and Tony Wagner... Born on March 7, 1999



Noah SWABY
Freshman · Freshman
Pittsburgh, Pa.
MULTI-EVENTS

Before Penn State... || High School || Four-year letter winner at Taylor Allderdice High School... Two-time high school All-American... || National Level Competition || USATF National Junior Olympic second-place, Decathlon... New Balance Nationals Indoor fifth-place, Pentathlon || Personal || Born on July 17, 1999



2017-18 MEN'S NEWCOMERS



Owen
WING

Freshman • Freshman
State College, Pa.

DISTANCE • CROSS COUNTRY

Before Penn State... || High School PRs || 800-1:54.87, 1600- 4:14.68, XC 5k- 16:18 || High School || letter winner at State College High School for Steven Shisler... Won 2016 AAA team state championship, Won District 6 team track title 2016, 2017, Won District 6 team Cross Country Title 2014, 2015, 2016, Placed 11th, 7th at AAA Cross Country States in 2014, 2015 and 2016, respectively... School Record 4x800-7:37.25, School Record DMR-10:22.56, State Champion Indoor and Outdoor 4x800 in 2016, Five-time All-State, Field the fastest indoor and outdoor 4x800 time in the country for part of 2016, Individual District Champion 1600-meter run 2017, Seventh-Place PIAA Track State Championships 1600-meter run 2017... Team Captain XC and Track senior year.... Coaches Award XC and Track senior year... Member of National Honors Society, 5th place Nationally in FBLA event "Securities and Investments", Graduated in the top ten percent of class, National AP Scholar || National Competition || Four-time All-American at New Balance Nationals, 4x800 indoor 2016-3rd, 4x800 outdoor 2016-3rd, 4x800 outdoor 2017-4th, Distance Medley 2017 Outdoor-5th, Millrose Games 4x800 Champion 2016 || Personal || Parents are Karen Wing & Scott Wing... Has two siblings Anna Wing & Eleanor Wing... Born on March 7th, 1999



Jack
ZIMMERMAN

Freshman • Freshman
Briarcliff Manor, N.Y./Briarcliff

DISTANCE • CROSS COUNTRY

Before Penn State... || High School PRs || Shot Put: 61'-2.75", Discus: 165'-3", Hammer: 187', Weight Throw: 65'-6.25" || High School || NY State Shot Put Champion (Federation and Division II), NY State Shot Put Champion (Division 2), NY State Meet, Discus Throw, second Place, NY State Meet Weight Throw, fourth Place, NY State Meet, Weight Throw, fourth Place... School Record Holder: Shot, Discus, Hammer, and Weight... Journal News Westchester/Putnam Track and Field Athlete of the Year MVP, six-time All-State, All-Section, All-County: Shot Put, Discus, Weight Throw || National Level Competition || Four-time qualifier, New Balance Nationals Outdoor, Shot Put (two-time), Hammer (two-time) three-time qualifier, New Balance Indoor Nationals, Weight (two-time), Shot Put, Hammer Throw, 12th Place, Senior Year Weight Throw, 11th Place, Junior Year || Personal || Son of Ann and Stuart Zimmerman ... Born on July 22, 1999

HISTORY AND RECORDS





Year	PSU Athlete	Event	Place	Country	Location
1908	Talbot, Lee	Hammer	5th	United States	London
1920	Barron, Harold	110-Meter High Hurdles	2nd	United States	Antwerp
1920	Helffrich, Alan	1600-Meter Relay	*Alternate	United States	Antwerp
1920	Shields, Larry	1500-Meters	3rd	United States	Antwerp
1920	Shields, Larry	3,000-Meter (Team Run)	1st (Team); 8th Indiv.	United States	Antwerp
1924	Cox, William	10,000-Meters	Unknown	United States	Paris
1924	Cox, William	3,000-Meter (Team Run)	3rd (Team)	United States	Paris
1924	Moore, Charles	110-Meter High Hurdles	*Alternate	United States	Paris
1924	Romig, John	5,000-Meters	4th	United States	Paris
1924	Studenroth, Arthur	5,000-Meters	6th	United States	Paris
1928	Bates, Al	Long Jump	3rd	United States	Amsterdam
1928	Romig, John	10,000-Meters	Unknown	United States	Amsterdam
1932	Rekers, Paul	5,000-Meters	12th	United States	Los Angeles
1940	Ewell, Barney	Sprints	Honorary Olympian	United States	Tokyo
1940	Vukmanic, Nick	Javelin	Honorary Olympian	United States	Tokyo
		** Tokyo Games cancelled due to World War II			
1948	Ewell, Barney	100-Meters	2nd	United States	London
1948	Ewell, Barney	200-Meters	2nd	United States	London
1948	Ewell, Barney	4x100-Meter Relay	1st	United States	London
1948	Goffberg, Herman	10,000-Meters	DNF	United States	London
1948	Stone, Curt	10,000-Meters	6th	United States	London
1952	Ashenfelter, Horace	3,000-Meter Steeplechase	1st	United States	Helsinki
		*8:45.4 (Olympic Record)			
1952	Ashenfelter, William	3,000-Meter Steeplechase	DNF	United States	Helsinki
1952	Stone, Curt	5,000-Meters	6th (Heat)	United States	Helsinki
1952	Stone, Curt	10,000-Meters	15th	United States	Helsinki
1952	Werner, Chick	Assistant Coach	***	United States	Helsinki
1956	Ashenfelter, Horace	3,000-Meter Steeplechase	6th (Heat)	United States	Stockholm
1956	Stone, Curt	5,000-Meters	6th (Heat)	United States	Stockholm
1960	Moran, Ed	1,500-Meters	*Alternate	United States	Rome
1968	Hedmark, Lennart	Decathlon	11th	Sweden	Mexico City
1968	Reilly, Bill	3,000-Meter Steeplechase	5th (Heat)	United States	Mexico City
1972	Hayden, Steve	50K Walk	27th	United States	Munich
1972	Hedmark, Lennart	Decathlon	DNF	Sweden	Munich
1972	Sands, Mike	100-Meters	6th (Heat)	Bahamas	Munich
1972	Sands, Mike	200-Meters	5th (Heat)	Bahamas	Munich
1972	Sands, Mike	4x100-Meter Relay	6th (Heat)	Bahamas	Munich
1976	Hedmark, Lennart	Decathlon	8th	Sweden	Montreal
1976	Hjeltnes, Knut	Discus	7th	Norway	Montreal
1976	Jackson, Al	Hammer	*Alternate	United States	Montreal
1976	Sands, Mike	100-Meters	4th (Heat)	Bahamas	Montreal
1976	Sands, Mike	400-Meters	6th (Heat)	Bahamas	Montreal
1976	Sands, Mike	4x100-Meter Relay	*Relay Pool	Bahamas	Montreal
1976	Shine, Mike	400-meter Hurdles			
1980	Fredericks, Greg	10,000-Meters	Honorary Olympian	United States	Moscow
		*U.S. boycotted Moscow Olympics			
1980	Hjeltnes, Knut	Discus	7th	Norway	Moscow
1984	Hjeltnes, Knut	Discus	4th	Norway	Los Angeles
1988	Hjeltnes, Knut	Discus	7th	Norway	Los Angeles
1992	Groves, Harry	Assistant Coach	***	United States	Barcelona
1992	Sands, Mike	Head Manager	***	Bahamas	Barcelona
1992	Walsh, Barry	Decathlon	***	Ireland	Barcelona
1996	Hunter, C.J.	Shot Put	7th	United States	Atlanta
2000	Hunter, C.J.	Shot Put	*DQ	United States	Sydney
2004	Alford-Sullivan, Beth	Assistant Coach	***	United States	Athens
2004	Moore, Consuella	4x100-Meter Relay	*Relay Pool	United States	Athens
2008	Augustus, Toyin	100-Meter Hurdles	7th (Heat)	Nigeria	Beijing
2008	Barber, Aleesha	100-Meter Hurdles	4th (Heat)	Trinidad and Tobago	Beijing
2012	Blake, Dominique	4x400-Meter Relay	*Relay Pool (3rd)	Jamaica	London
2012	Cox, Shana	400 Meters; 4x400m Relay	7th (Semi-Final)	Great Britain	London
2012	Cox, Shana	4x400-Meter Relay	5th	Great Britain	London
2012	Franek, Bridget	3,000-Meter Steeplechase	14th	United States	London
2012	Nieuwendam, Kirsten	200 Meters	8th (Heat)	Suriname	London
2016	Kovacs, Joe	Shot Put	2nd	United States	Rio
2016	Hill, Darrell	Shot Put	23rd (Preliminaries)	United States	Rio
2016	Tucker, Erin	Assistant Coach	***	U.S. Virgin Islands	Rio

YELLOW - Denotes Olympic Gold Medalist

BOLD - Denotes Olympic Medalist



NCAA CROSS COUNTRY HISTORY

ALL-TIME WOMEN'S TEAM FINISHES (NCAA Era - Since 1981)

Year	Team Place	Team Score	Scoring Finishes	Distance	Host
2017	18th	443 pts	75, 106, 118, 132, 147, 228, 250	6,000-Meters	Louisville
2016	18th	465 pts	15, 36, 140, 177, 240, DNF	6,000-Meters	Indiana State
2015	16th	396 pts	38, 98, 102, 152, 157, 181, 225	6,000-Meters	Louisville
2013	25th	640 pts	111, 147, 152, 186, 204, 222, 237	6,000-Meters	Indiana State
2012	14th	387 pts	33, 51, 59, 121, 123, 143, 150	6,000-Meters	Louisville
2011	13th	368 pts	10, 39, 85, 93, 141, 167, 173	6,000-Meters	Indiana State
2010	26th	550 pts	82, 96, 106, 124, 142, 154, 167	6,000-Meters	Indiana State
2009	14th	375 pts	24, 69, 77, 90, 115, 163, 168	6,000-Meters	Indiana State
2003	23rd	510 pts	42, 103, 114, 116, 135, 173, 186	6,000-Meters	Northern Iowa
2002	T-25th	568 pts	73, 105, 107, 129, 154, 159, 193	6,000-Meters	Indiana State
1996	11th	270 pts	20, 47, 49, 70, 84, 95, 118	5,000-Meters	Arizona
1994	9th	250 pts	25, 34, 49, 51, 91, 103, 110	5,000-Meters	Arkansas
1993	7th	226 pts	31, 33, 50, 51, 61, 70, 119	5,000-Meters	Lehigh
1992	T-6th	179 pts	24, 33, 36, 37, 49, 55, 104	5,000-Meters	Indiana
1991	13th	328 pts	45, 50, 67, 71, 95, 98, 114	5,000-Meters	Arizona
1987	14th	304 pts	28, 54, 63, 76, 83, 94, 104	5,000-Meters	Virginia
1985	10th	253 pts	11, 55, 58, 64, 65, 89, 98	5,000-Meters	Marquette
1984	14th	305 pts	38, 45, 71, 75, 76, 78, 83	5,000-Meters	Penn State
1983	12th	304 pts	47, 50, 58, 74, 75, 82, 88	5,000-Meters	Lehigh
1982	6th	193 pts	20, 23, 41, 47, 62, 68, 77	5,000-Meters	Indiana
1981	10th	249 pts	39, 41, 53, 54, 62, 64, 69	5,000-Meters	Witchita State

ALL-TIME MEN'S TEAM FINISHES

Year	Team Place	Team Score	Scoring Finishes	Distance	Host
2010	30th	659 pts	52, 77, 171, 179, 180, 189, 193	10,000-Meters	Indiana State
2008	25th	547 pts	64, 93, 112, 118, 160, 173, 194	10,000-Meters	Indiana State
1994	8th	250 pts	35, 41, 46, 60, 68, 125, 143	10,000-Meters	Arkansas
1993	14th	311 pts	18, 43, 73, 87, 90, 92, 109	10,000-Meters	Lehigh
1991	10th	286 pts	18, 36, 69, 73, 90, 107, 124	10,000-Meters	Arizona
1987	12th	304 pts	3, 29, 49, 90, 133, 143	10,000-Meters	Virginia
1986	17th	358 pts	21, 64, 82, 93, 98, 118, 122	10,000-Meters	Arizona
1984	21st	403 pts	57, 60, 69, 104, 113, 122, 142	10,000-Meters	Penn State
1981	14th	379 pts	4, 68, 79, 104, 124, 139	10,000-Meters	Wichita State
1980	3rd	153 pts	5, 12, 18, 52, 66, 91, 106	10,000-Meters	Wichita State
1979	3rd	186 pts	15, 27, 41, 46, 57, 68, 82	10,000-Meters	Lehigh
1978	4th	220 pts	7, 38, 42, 52, 81, 88, 94	10,000-Meters	Wisconsin
1977	12th	346 pts	26, 55, 74, 92, 99, 100, 188	10,000-Meters	Washington State
1976	13th	410 pts	18, 45, 68, 108, 171, 204	10,000-Meters	North Texas
1975	4th	256 pts	Team Places Unavailable	6 Miles	Penn State
1974	10th	279 pts	31, 53, 59, 67, 69, 116, 140	6 Miles	Indiana
1973	10th	252 pts	5, 12, 56, 85, 98, 166, 185	6 Miles	Washington State
1972	12th	326 pts	23, 28, 64, 78, 133, 154	6 Miles	Houston
1971	8th	269 pts	13, 38, 46, 83, 89, 147, 176	6 Miles	Tennessee
1970	13th	420 pts	3, 43, 89, 136, 149, 187, 214	6 Miles	William and Mary
1969	10th	352 pts	27, 63, 70, 92, 100, 144, 150	6 Miles	Manhattan College
1968	14th	319 pts	23, 34, 50, 103, 109, 114, 133	6 Miles	Manhattan College
1962	12th	253 pts	6, 51, 61, 65, 70, 75	4 Miles	Michigan State College
1961	8th	203 pts	16, 19, 47, 55, 66, 70, 80	4 Miles	Michigan State College
1960	4th	104 pts	5, 13, 24, 28, 34, 38, 46	4 Miles	Michigan State College
1959	10th	213 pts	5, 18, 51, 58, 81	4 Miles	Michigan State College
1957	9th	206 pts	9, 34, 36, 55, 72	4 Miles	Michigan State College
1956	7th	192 pts	11, 17, 43, 51, 70, 71	4 Miles	Michigan State College
1954	5th	152 pts	12, 14, 38, 42, 46, 67, 91	4 Miles	Michigan State College
1953	4th	97 pts	3, 6, 29, 33, 36, 58, 60	4 Miles	Michigan State College
1952	T-4th	110 pts	6, 19, 24, 28, 33, 56, 61	4 Miles	Michigan State College
1951	4th	122 pts	4, 15, 17, 22, 64, 76	4 Miles	Michigan State College
1950	1st	53 pts	5, 7, 12, 13, 16, 18, 31	4 Miles	Michigan State College
1949	4th	93 pts	10, 11, 13, 29, 30, 34, 41	4 Miles	Michigan State College
1948	4th	118 pts	18, 21, 25, 26, 28, 36, 46	4 Miles	Michigan State College
1947	1st	60 pts	1, 3, 13, 17, 26, 45, 46	4 Miles	Michigan State College
1946	3rd	114 pts	2, 6, 14, 34, 58, 81, 108	4 Miles	Michigan State College
1942	T-1st	57 pts	4, 6, 7, 11, 29, 42, 46	4 Miles	Michigan State College
1941	2nd	110 pts	11, 15, 27, 28, 29, 56, 66	4 Miles	Michigan State College



WOMEN'S NCAA ALL-AMERICANS

Year	Athlete	Place
2016	Elizabeth Chikotas	15
2016	Jillian Hunsberger	36
2015	Tessa Barrett	38
2011	Caitlin Lane	16
2009	Bridget Franek	26
2008	Bridget Franek	23
2000	Susanne Heyer	14
1996	Kim McGreevy	27
1994	Kim Kelly	25
1992	Kim Kelly	27
1988	Stacy Prey	31
1985	Stacy Prey	23
1982	Doreen Startare	20
1979*	Heather Carmichael	8
1979*	Kathy Mills	4
1978*	Kathy Mills	3
1977*	Kris Bankes	15
1977*	Kathy Mills	1
1976*	Kathy Mills	3
1975*	Liz Cunningham	12
1975*	Liz Berry	15
1975*	Kris Bankes	3

* Denotes finish from "Pre-NCAA" era.

MEN'S NCAA ALL-AMERICANS

Year	Athlete	Place
2006	Dan Mazzocco	31
2005	Dan Mazzocco	43
1993	Jake Bartholomy	29
1991	Mark Wimmer	26
1989	Steve Brown	20
1989	Doug Walter	41
1988	Brian Laird	13
1987	Eric Carter	4
1985	Eric Carter	9
1981	Alan Scharsu	5
1980	Alan Scharsu	6
1980	John Zishka	22
1980	Larry Mangan	14
1979	Alan Scharsu	19
1979	John Ziegler	34
1978	Bob Snyder	9
1977	Bob Snyder	9
1976	George Malley	20
1975	George Malley	17
1975	Paul Stemmer	5
1974	George Malley	39
1973	Charlie Maguire	23
1971	Greg Fredericks	20
1970	Greg Fredericks	4
1962	Howie Dearthoff	8
1960	Jerry Norman	6
1959	Dick Engelbrink	7
1957	Fred Kerr	13
1953	Bob Hollen	6
1953	Lamont Smith	13
1952	Bob Hollen	7
1951	Bill Ashenfelter	4
1950	Bill Ashenfelter	8
1950	Bob Freebairn	11
1949	Bill Ashenfelter	13
1949	Bob Freebairn	14
1947	Gerry Karver	6
1947	Horace Ashenfelter	2
1946	Curt Stone	2
1946	Gerry Karver	7
1942	Curt Stone	6
1942	Gerry Karver	8
1942	McLain Smith	12
1942	Norm Gordon	4
1941	Norm Gordon	11
1940	Bill Smith	7
1939	Bill Smith	5



NCAA CROSS COUNTRY HISTORY

Year	Overall	Team	Name	Time	Year	Overall	Team	Name	Time	Year	Overall	Team	Name	Time
1981	43	39	Carmichael, Heather	17:29	1993	44	31	Hunt, Kelli	17:29	2010	111	82	Ridder, Brooklyne	21:23
1981	51	41	Murnane, Patty	17:34	1993	46	33	Weaver, Jennifer	17:30	2010	130	96	Lane, Caitlin	21:34
1981	69	53	Startare, Doreen	17:58	1993	67	50	McCarthy, Candida	17:41	2010	140	106	Millhouse, Kara	21:40
1981	70	54	Purcell, Monique	17:59	1993	68	51	Kelly, Kim	17:41	2010	158	124	Bower, Natalie	21:47
1981	82	62	Ihrig, Carolyn	18:16	1993	79	61	Rutkoski, Jamie	17:51	2010	180	142	Ryan, Maura	22:05
1981	84	64	Gerken, Heidi	18:19	1993	93	70	St. John, Erin	17:59	2010	192	154	Graybill, Lindsey	22:12
1981	90	69	Miley, Sue	18:31	1993	149	119	Hohnka, Mary	18:45	2010	205	167	Giannotti, Emily	22:18
1982	28	20	<i>Startare, Doreen</i>	17:38	1994	35	25	<i>Kelly, Kim</i>	17:46	2011	16	10	<i>Lane, Caitlin</i>	20:03
1982	31	23	Carmichael, Heather	17:43	1994	46	34	St. John, Erin	17:55	2011	59	39	Millhouse, Kara	20:42
1982	56	41	Updegrove, Natalie	18:05	1994	68	49	Hunt, Kelli	18:11	2011	112	85	Bower, Natalie	21:08
1982	64	47	Renzi, Paula	18:13	1994	70	51	Kelly, Kris	18:13	2011	123	93	Ridder, Brooklyne	21:12
1982	82	62	Purcell, Monique	18:38	1994	118	91	Hohnka, Teresa	18:40	2011	177	141	Giannotti, Emily	21:38
1982	89	68	Miley, Sue	18:44	1994	130	103	Harrity, Kim	18:49	2011	203	167	Benson, Abbie	21:45
1982	98	77	Gerken, Heidi	18:54	1994	137	110	Simmonds, Karen	18:54	2011	209	173	Graybill, Lindsey	21:57
1983	65	47	Updegrove, Natalie	18:01	1995	75	IND	Fidler, Donna	18:21	2012	47	33	Perri, Tori	20:21
1983	69	50	White, Meredith	18:04	1995	91	IND	McGreevy, Kim	18:28	2012	71	51	Simko, Rebekka	20:35
1983	78	58	Gerken, Heidi	18:13	1996	28	20	<i>McGreevy, Kim</i>	18:18	2012	80	59	Ridder, Brooklyne	20:38
1983	99	74	Startare, Doreen	18:34	1996	66	47	St. John, Erin	18:46	2012	156	121	Bower, Natalie	21:09
1983	100	75	Shafer, Anne	18:35	1996	66	47	St. John, Erin	18:46	2012	159	123	Rodden, Katie	21:10
1983	107	82	Hart, Tammie	18:51	1996	68	49	Hohnka, Teresa	18:49	2012	180	143	Anderson, Leigha	21:21
1983	113	88	Dickstein, Carol	18:55	1996	94	70	Fidler, Donna	19:04	2012	188	150	Giannotti, Emily	21:26
1984	56	38	Gerken, Heidi	17:26	1996	111	84	Hohnka, Lou	19:19	2013	111	83	Giannotti, Emily	21:23
1984	64	45	White, Meredith	17:33	1996	123	95	Kern, Jill	19:31	2013	147	117	Anderson, Leigha	21:38
1984	93	71	Ross, Lisa	18:01	1996	147	118	Glitz, Allison	19:56	2013	152	121	Klebe, Marta	21:40
1984	98	75	Shafer, Anne	18:04	1998	150	IND	Davis, Erin	18:40	2013	186	152	Rodden, Katie	21:56
1984	100	76	Renzi, Paula	18:05	1999	94	IND	Bouchard, Stacie	17:59	2013	204	167	Gerlach, Tori	22:07
1984	102	78	Stearns, Cindy	18:06	2000	14	IND	<i>Heyer, Susanne</i>	21:09	2013	222	184	Underwood, Sarah	22:20
1984	107	83	Loht, Holly	18:13	2001	134	IND	Wale, Michelle	22:26	2013	237	199	Aldrich, Stephanie	22:36
1985	23	11	<i>Prey, Stacia</i>	16:57	2002	96	73	Brauksieck, Tracey	21:15	2014	161	IND	Hunsberger, Jillian	21:38
1985	76	55	Ross, Lisa	17:44	2002	134	105	Landreth, Molly	21:32	2015	38	24	<i>Barrett, Tessa</i>	20:26
1985	80	58	Pitcher, Kathy	17:47	2002	134	105	Landreth, Molly	21:32	2015	98	65	Gerlach, Tori	20:49
1985	86	64	Loht, Holly	17:59	2002	137	107	Wale, Michelle	21:33	2015	102	69	Chikotas, Elizabeth	20:50
1985	87	65	Kuhn, Kathleen	17:59	2002	161	129	Stevens, Jenny	21:46	2015	152	117	Hunsberger, Jillian	21:12
1985	113	89	Aston, Amy	18:16	2002	187	154	Hillard, Katy	21:57	2015	157	121	Aldrich, Stephanie	21:15
1985	122	98	St. Clair, Katherine	18:39	2002	192	159	Johnson, Tara	22:01	2015	181	143	Kocjancic, Julie	21:26
1986	56	IND	Prey, Stacia	18:19	2002	229	193	Thomas, Maureen	22:29	2015	225	187	Lindsley, Greta	22:03
1987	41	28	Prey, Stacia	17:06	2003	56	42	Landreth, Molly	20:55	2016	15	10	<i>Chikotas, Elizabeth</i>	20:09
1987	75	54	Knight, Anne	17:36	2003	131	103	Thomas, Maureen	21:26	2016	36	28	<i>Hunsberger, Jillian</i>	20:21
1987	84	63	Hass, Emily	17:43	2003	143	114	Stevens, Jenny	21:31	2016	140	112	Lindsley, Greta	21:00
1987	99	76	St. Clair, Katherine	17:52	2003	147	116	Wale, Michelle	21:32	2016	177	145	Munks, Kathryn	21:15
1987	107	83	Moody, Juliann	17:59	2003	171	135	Johnson, Tara	21:45	2016	204	170	Kocjancic, Julie	21:31
1987	118	94	Gold, Lisa	18:12	2003	211	173	Lenge, Chelsea	22:10	2016	240	204	Crawford, Victoria	22:30
1987	128	104	Quinn, Ann Marie	18:32	2003	224	186	Brauksieck, Tracey	22:20	2016	DNF	NTS	Barrett, Tessa	----
1988	31	IND	<i>Prey, Stacia</i>	17:17	2006	173	IND	Franek, Bridget	22:41	2017	75	55	Hunsberger, Jillian	20:31
1990	43	IND	Nelson, Wendy	17:10	2007	57	IND	Franek, Bridget	21:14	2017	106	80	Munks, Kathryn	20:45
1991	63	45	Kelly, Kim	17:53	2008	23	IND	<i>Franek, Bridget</i>	20:31	2017	118	91	Willingmyre, Alison	20:51
1991	69	50	Kelly, Kris	17:56	2009	26	24	<i>Franek, Bridget</i>	20:35	2017	132	102	Rivers, Danae	20:57
1991	94	67	Morrow, Laurie	18:19	2009	86	69	Lane, Caitlin	21:11	2017	147	115	Lindsley, Greta	21:03
1991	98	71	Martin, Leslee	18:21	2009	94	77	Lord, Nicole	21:16	2017	228	190	Bennatan, Lisa	21:57
1991	123	95	Weaver, Jennifer	18:40	2009	111	90	Spring, Cheryl	21:23	2017	250	212	Crawford, Victoria	22:57
1991	127	98	Dougan, Dana	18:44	2009	142	115	Millhouse, Kara	21:35					
1991	144	114	Hunt, Kelli	18:59	2009	200	163	Ridder, Brooklyne	22:05					
1992	27	24	<i>Kelly, Kim</i>	17:56	2009	206	168	Bower, Natalie	22:07					
1992	42	33	Hunt, Kelli	18:10										
1992	48	36	Glyde, Colleen	18:13										
1992	49	37	Kelly, Kris	18:14										
1992	65	49	Minard, Meira	18:21										
1992	73	55	Weaver, Jennifer	18:24										
1992	134	104	Hohnka, Mary	19:06										

Key:
 IND - Denotes Individual Entrant
Italics - Denotes All-America finish

Notes:
 * The women's race distance moved from 5,000-meters to 6,000-meters in 2000.
 * Results since NCAA era began in 1981.

NCAA CROSS COUNTRY HISTORY



Year	Overall	Team	Name	Time	Year	Overall	Team	Name	Time	Year	Overall	Team	Name	Time
1938	5	IND	Smith, Bill	20:49	1951	4	4	Ashenfelter, Bill	20:32	1961	26	16	Norman, Gerald	20:55
1940	7	IND	Smith, Bill	20:55	1951	17	15	Hollen, Robert	20:54	1961	29	19	Deardorff, Howard	20:58
1940	60	IND	Snyder, Chester	22:37	1951	21	17	Foster, Dudley	21:00	1961	67	47	Bassett, Lionel	21:36
1940	63	IND	Kotz, Vernard	22:50	1951	26	22	Horner, Jackson	21:09	1961	75	55	Noll, Ernest	21:48
1941	11	11	Gordon, Norm	21:05	1951	72	64	Hamill, James	22:00	1961	89	66	Moorhead, Steven	22:09
1941	16	15	Goffberg, Herm	21:30	1951	85	76	Chillrud, John	22:25	1961	93	70	Miller, Michael	22:18
1941	28	27	Bourgerie, Alex	21:57	1952	7	6	Hollen, Robert	20:00	1961	105	80	Imswiler, Ted	22:40
1941	29	28	Stone, Curtis	21:59	1952	25	19	Hamill, James	20:36	1962	8	6	Deardorff, Howard	19:51
1941	30	29	Smith, McLane	22:00	1952	30	24	Horner, Jackson	20:42	1962	59	51	Bassett, Lionel	20:51
1941	61	56	Thiel, Harold	22:45	1952	34	28	Linder, Stanley	20:51	1962	75	61	Nichols, Joseph	21:05
1941	76	66	Kotz, Verard	23:22	1952	39	33	Smith, Lamont	20:58	1962	82	65	Lampman, Richard	21:17
1942	5	4	Gordon, Norm	21:07	1952	67	56	Chillrud, John	21:26	1962	90	70	Tuft, Richard	21:27
1942	7	6	Stone, Curtis	21:12	1952	72	61	Austin, Don	21:38	1962	98	75	Imswiler, Ted	21:38
1942	9	7	Karver, Gerald	21:15	1953	6	3	Hollen, Robert	20:16	1967	17	IND	Smith, Raymond	32:23
1942	13	11	Smith, McLane	21:23	1953	13	6	Smith, Lamont	20:29	1968	38	23	Schurk, Michael	30:24
1942	32	29	Horne, Howard	22:17	1953	30	19	Moorhead, Douglas	20:46	1968	58	34	Sheaffer, Albert	30:49
1942	48	42	Beach, Joseph	22:55	1953	49	33	Hamill, James	21:04	1968	78	50	Peterson, Philip	31:08
1942	52	46	Williams, Rufus	23:15	1953	53	36	Garrett, Theodore	21:15	1968	154	103	Kissell, Ralph	32:17
1946	2	2	Stone, Curtis	20:24	1953	80	58	McKelvey, James	22:29	1968	162	109	Smith, Raymond	32:26
1946	8	6	Karver, Gerald	21:01	1953	84	60	Chillrud, John	22:42	1968	167	144	Dickson, James	32:35
1946	19	14	Ashenfelter, Horace	21:28	1954	20	12	Moorhead, Douglas	20:44	1968	191	133	Gentry, Steve	33:12
1946	40	34	Longnecker, Donald	22:04	1954	24	14	Garrett, Theodore	21:29	1969	45	27	Fredericks, Greg	30:43
1946	69	58	Williams, Mitchell	22:33	1954	52	38	Chillrud, John	21:29	1969	95	63	Henderson, Gerald	31:38
1946	94	81	Horne, Howard	23:02	1954	56	42	Woodrow, Donald	21:32	1969	105	70	Chadwick, Matthew	31:46
1946	124	108	Shuman, William	23:53	1954	60	46	Pastorius, James	21:35	1969	134	92	Kissell, Ralph	32:16
1947	2	1	Ashenfelter, Horace	20:45	1954	83	67	Roberts, Paul	22:18	1969	147	100	Deardorff, Jeffrey	32:29
1947	6	3	Karver, Gerald	21:03	1954	107	91	Mowrey, Donald	23:50	1969	201	144	Alland, James	33:24
1947	17	13	Lennox, Frederick	21:49	1956	17	11	Woodrow, Donald	20:45	1969	208	150	Dixon, James	33:31
1947	32	26	Longnecker, Donald	22:11	1956	23	17	Kerr, Fred	20:54	1970	4	3	Fredericks, Greg	28:12
1947	52	45	Bates, John	22:38	1956	54	43	Thompson, Robert	21:39	1970	64	43	Maguire, Charlie	29:31
1947	53	46	Auman, Robert	22:40	1956	66	51	Schoenebeck, C.	21:47	1970	128	89	Allahand, James	30:06
1948	24	18	Longnecker, Donald	21:09	1956	85	70	Moran, Edward	22:22	1970	185	136	Supulski, Daniel	30:34
1948	28	21	St. Clair, John	21:12	1956	86	71	Kirby, William	22:26	1970	199	149	Miller, James	30:42
1948	32	25	Bates, John	21:21	1957	13	9	Kerr, Fred	20:10	1970	243	187	McClure, James	31:30
1948	33	26	Williams, Mitchell	21:22	1957	42	34	Moran, Edward	20:51	1970	277	214	Kissell, Ralph	32:13
1948	35	28	Ashenfelter, Horace	21:28	1957	44	36	Engelbrink, Richard	20:53	1971	20	13	Fredericks, Greg	30:16
1948	44	26	Porto, Albert	21:39	1957	67	55	Thompson, Joseph	21:23	1971	62	38	Maguire, Charlie	31:05
1948	55	46	McCall, John	21:49	1957	87	72	King, Charles	21:48	1971	78	46	Supulski, Daniel	31:13
1949	13	10	Ashenfelter, Don	20:55	1959	7	5	Engelbrink, Richard	21:14	1971	134	83	Hillman, Robert	31:53
1949	14	11	Freebairn, Bob	20:55	1959	28	18	Weber, Herman	21:57	1971	142	89	Allahand, James	32:01
1949	16	13	Porto, Albert	20:59	1959	69	51	Moorhead, Steven	22:53	1971	220	147	Chadwick, Matthew	32:48
1949	34	29	Gordon, William	21:28	1959	78	58	Johnson, Dennis	23:17	1971	265	176	Fullmer, John	34:17
1949	35	30	St. Clair, John	21:29	1959	106	81	Miller, Michael	24:37	1972	38	23	Maguire, Charlie	29:38
1949	39	34	Ashenfelter, Bill	21:33	1960	6	5	Norman, Gerald	20:07	1972	47	28	Gittings, Gary	29:42
1949	46	41	Parsons, Bob	21:41	1960	17	13	Weber, Herman	20:35	1972	96	64	Secord, Ronald	30:19
1950	8	5	Ashenfelter, Bill	21:05	1960	34	24	Deardorff, Howard	21:01	1972	113	78	Allahand, James	30:32
1950	11	7	Freebairn, Bob	21:12	1960	38	28	Moorhead, Steven	21:03	1972	192	133	Chadwick, Matthew	32:55
1950	16	12	St. Clair, Don	21:34	1960	46	34	Bassett, Lionel	21:15	1972	219	154	Supulski, Daniel	33:56
1950	17	13	Gordon, William	21:36	1960	51	38	Noll, Ernest	21:24	1973	23	16	Maguire, Charlie	29:13
1950	20	16	Foster, Dudley	21:41	1960	63	46	Johnson, Dennis	21:49	1973	71	37	Malley, George	29:58
1950	23	18	Ashenfelter, Don	21:45						1973	98	53	Hillman, Robert	30:19
1950	38	31	Porto, Albert	22:45						1973	110	59	Secord, Ronald	30:24
										1973	137	79	Gittings, Gary	30:39



NCAA CROSS COUNTRY HISTORY

Year	Overall	Team	Name	Time	Year	Overall	Team	Name	Time	Year	Overall	Team	Name	Time
1974	34	31	Malley, George	30:49	1984	81	57	Haley, Clark	31:10	1994	48	35	McGlynn, Tom	31:28
1974	76	53	Secord, Ronald	31:21	1984	85	60	Carter, Eric	31:14	1994	56	41	Bartholomy, Jake	31:42
1974	85	59	Majak, Walter	31:27	1984	95	69	Hudson, Robert	31:28	1994	61	46	Hamer, Bob	31:46
1974	95	67	Stemmer, Paul	31:34	1984	135	104	Shisler, Steve	32:03	1994	77	60	Gilkes, Artie	32:04
1974	97	69	Wilson, Kenneth	31:35	1984	145	113	Overheim, Mark	-----	1994	87	68	Arosemena, Che	32:10
1974	166	116	Christopher, George	31:35	1984	153	122	Detuerk, Stephen	32:30	1994	152	125	Simmons, Jamie	33:34
1974	197	140	Augustin, Paul	32:36	1984	173	142	Mackley, Paul	33:22	1994	170	143	Oliver, Steve	34:28
1975	5	5	Stemmer, Paul	28:58	1985	9	IND	Carter, Eric	30:03	1997	114	IND	Drager, Austin	31:36
1975	17	12	Malley, George	29:14	1986	35	21	Carter, Eric	31:47	2003	81	IND	Mazzocco, Dan	30:44
1975	80	56	Wilson, Kenneth	30:08	1986	84	64	Laird, David	32:37	2004	78	IND	Mazzocco, Dan	32:24
1975	125	85	Christopher, George	30:30	1986	104	82	McGarry, Rich	32:47	2005	43	IND	Mazzocco, Dan	30:23
1975	144	98	Majak, Walter	30:40	1986	118	93	Balkey, Steve	33:07	2006	31	IND	Mazzocco, Dan	31:37
1975	222	166	Secord, Ronald	31:28	1986	123	98	Jendricks, Keith	33:11	2008	81	64	Dawson, Kyle	30:45
1975	246	185	Baden, Bruce	31:59	1986	144	118	McCafferty, Bill	33:41	2008	114	93	McNally, Vince	31:00
1976	20	18	Malley, George	29:07	1986	148	122	McMillan, David	33:55	2008	141	112	McCandless, Tyler	31:10
1976	68	45	Baden, Bruce	29:49	1987	4	3	Carter, Eric	29:21	2008	148	118	Mahoney, John	31:14
1976	100	68	Ziegler, John	30:02	1987	42	29	McMillan, David	30:15	2008	197	160	O'Connor, Dennis	31:46
1976	166	108	Majak, Walter	30:34	1987	70	49	Balkey, Steve	30:40	2008	210	173	Quinn, Teddy	31:56
1976	242	171	Nicholson, John	31:28	1987	119	90	Novak, Jeffrey	31:21	2008	232	194	Fuller, Brian	32:25
1976	282	204	Snyder, Robert	32:36	1987	163	133	Accardi, Vinny	32:23	2009	134	IND	McNally, Vince	31:14
1977	34	26	Snyder, Robert	29:53	1987	173	143	Laird, Brian	32:50	2010	64	52	Dawson, Kyle	30:43
1977	83	55	Rapp, Thomas	30:35	1988	13	10	Laird, Brian	29:47	2010	92	77	McNally, Vince	31:05
1977	106	74	Ziegler, John	30:49	1988	91	68	Frazier, Ken	31:09	2010	203	171	Dawson, Owen	32:12
1977	131	92	Wyatt, Michael	31:03	1988	94	70	Walter, Doug	31:10	2010	212	179	Pawola, Danny	32:28
1977	143	99	Felice, Dave	31:11	1988	103	79	Brown, Steve	31:15	2010	213	179	Cipro, Chris	32:30
1977	144	100	Baden, Bruce	31:12	1988	118	91	Novak, Jeffrey	31:26	2010	222	189	Foster, Ryan	32:47
1977	244	188	Cooper, James	32:58	1988	124	*	O'Reilly, Aidan	31:32	2010	226	193	Scarpello, Nick	32:53
1978	9	7	Snyder, Robert	29:48	1988	217	*	Accardi, Vinny	33:12	2011	73	IND	Dawson, Kyle	30:36
1978	54	38	Ziegler, John	30:36	1989	20	12	Brown, Steve	30:23	2011	103	IND	McNally, Vince	30:48
1978	61	42	Mangan, Larry	30:41	1989	41	25	Walter, Doug	30:49	2012	231	IND	Masters, Sam	32:25
1978	73	52	Baden, Bruce	30:50	1989	104	78	Frazier, Ken	31:45	2013	78	IND	Fischer, Matt	31:06
1978	113	81	Rapp, Thomas	31:11	1989	141	113	Anderson, Mark	32:23	2014	167	IND	Fischer, Matt	32:06
1978	120	88	Scharsu, Alan	31:19	1989	146	118	Novak, Jeffrey	32:29	2017	159	IND	Abert, Colin	31:13
1978	129	94	Wyatt, Michael	31:27	1989	159	131	Heffner, Doug	33:03	2017	219	IND	McGowan, Timothy	31:59
1979	19	15	Scharsu, Alan	29:39	1989	173	145	Castillo, Mike	33:45					
1979	34	27	Ziegler, John	29:59	1991	26	18	Wimmer, Mark	31:09					
1979	55	41	Mangan, Larry	30:26	1991	53	36	Gough, Robert	31:55					
1979	65	46	Adkins, Jeff	30:37	1991	88	69	Moore, Ronald	32:22					
1979	81	57	Rapp, Thomas	30:48	1991	93	73	O'Reilly, Aidan	32:24					
1979	95	68	Garcia, Rich	30:55	1991	112	90	Morrow, Austin	32:44					
1979	117	82	Clelland, Steve	31:11	1991	132	107	Scott, Andrew	33:07					
1980	7	5	Scharsu, Alan	29:25	1991	152	124	Mellott, Philip	33:47					
1980	14	12	Mangan, Larry	29:48	1992	64	IND	Wimmer, Mark	32:22					
1980	22	18	Zishka, John	29:55	1993	29	18	Bartholomy, Jake	30:32					
1980	78	52	Rapp, Thomas	30:44	1993	58	43	Hamer, Bob	31:00					
1980	95	66	Stephens, Dwight	30:52	1993	95	73	Steiner, Leif	31:33					
1980	126	91	Garcia, Rich	31:14	1993	109	87	Pritchard, Jon	31:43					
1980	144	106	Adkins, Jeff	31:25	1993	112	90	McGlynn, Tom	31:45					
1981	6	4	Scharsu, Alan	29:30	1993	115	92	Cooper, Ken	31:48					
1981	94	68	Enright, Barry	31:01	1993	134	109	Stants, Harry	32:09					
1981	106	79	Black, Gary	31:13										
1981	137	104	Stephens, Dwight	31:41										
1981	160	124	Althouse, Brad	32:09										
1981	175	139	Adkins, Jeff	32:37										
1982	134	IND	Adkins, Jeff	32:42										

Key:

IND - Denotes Individual Entrant
Italics - Denotes All-America finish



ALL-TIME WOMEN'S TEAM FINISHES AT NCAA TRACK & FIELD CHAMPIONSHIPS

Year	Indoor (Points)	Outdoor (Points)
1983	T-23rd (6)	23rd (18)
1984	16th (9)	T-20th (25)
1985	T-25th (6)	---
1989	---	T-46th (4)
1990	T-33rd (4)	---
1991	---	T-39th (5)
1992	---	T-59th (1)
1993	T-38th (1)	25th (9)
1994	---	T-55th (2)
1996	T-30th (5)	T-58th (1)
1997	---	T-45th (4)
1999	T-24th (8)	T-24th (11)
2001	T-51st (2)	T-67th (1)
2002	---	T-45th (4)
2003	T-21st (9)	10th (24)
2004	T-13th (14)	21st (11)
2005	T-39th (5)	T-60th (3)
2006	T-26th (8)	T-25th (10)
2007	T-21st (9)	T-27th (9)
2008	T-15th (16)	4th (39)
2009	7th (24)	14th (17)
2010	13th (17)	4th (34)
2011	T-45th (3)	44th (5)
2012	---	29th (10)
2013	---	T-29th (9)
2014	14th (15)	T-12th (18)
2015	53rd (1)	---
2016	T-47th (2)	---
2017	T-10th (14)	---

ALL-TIME MEN'S TEAM FINISHES AT NCAA TRACK & FIELD CHAMPIONSHIPS

Year	Team Place	Team Score
1921	---	T-11th (5)
1922	---	2nd (19.5)
1923	---	4th (13.5)
1930	---	T-37th (2)
1938	---	14th (10)
1939	---	T-25 (4)
1940	---	T-3rd (24)
1941	---	6th (20)
1947	---	6th (20)
1948	---	T26th (8)
1949	---	5th (25)
1950	---	T-38th (1)
1951	---	T-31st (2)
1953	---	T-40th (0.75)
1954	---	T-18th (7)
1955	---	T-9th (14)
1957	---	T-26th (6)
1958	---	41st (1)
1959	---	T-25th (7)
1960	---	T-25th (8)
1961	---	T-16th (10)
1965	40th (1)	T-30th (8)
1966	---	T-8th (20)
1969	T-29th (2)	---
1970	---	T-46th (2)
1971	---	T-24th (7)
1972	---	T-22nd (8)
1973	---	T-16th (13)
1974	T-14th (6)	---
1975	T-8th (9)	T-19th (11)
1976	19th (5)	T-12th (16)
1977	T-28th (3)	---
1978	T-28th (6)	---
1979	T-54th (1)	---
1980	T-37th (1)	T-41st (4)
1981	T-27th (6)	T-36th (4)
1982	T-58th (0.50)	---
1983	T-26th (6)	T-74th (4)
1985	T-15th (10)	29th (9)
1987	T-50th (1)	T-18th (15)
1988	---	T-35th (8)
1989	T-25th (8)	T-44th (5)
1990	11th (14)	T-38th (8)
1991	T-23rd (8)	---
1993	---	20th (13)
1994	T-44th (3)	---
1996	---	T-41st (7)
1997	---	T-66th (2)
1998	T-45th (4)	T-27th (8)
1999	T-40th (4)	T-58th (3)
2001	---	T-39th (5)
2002	T-44th (4.50)	T-68th (1)
2007	T-47th (4)	---
2009	T-39th (4.50)	T-62nd (2)
2010	T-14th (14)	T-23rd (11)
2011	T-11th (16)	T-20th (11)
2012	28th (8)	T-21st (13)
2013	9th (19)	14th (17)
2014	34th (6)	47th (5)
2015	12th (15)	T-10th (17)
2016	T-58th (2)	17th (13)
2017	T-36th (5)	---



NCAA INDOOR HISTORY

ALL-TIME MEN'S INDOOR ALL-AMERICANS (BY YEAR)

Year	Name	Event	Finish
1965	Bedick, Tom	2-Mile Relay	6th
1965	Lampman, Dick	2-Mile Relay	6th
1965	Morris, Art	2-Mile Relay	6th
1965	Reilly, Bill	2-Mile Relay	6th
1965	Kauffman, Roger	Weight Throw	4th
1974	Sands, Mike	440-Yards	3rd
1974	Maguire, Charlie	3-Mile	3rd
1975	Sands, Mike	440-Yards	1st
1975	Shine, Mike	60-Meter Hurdles	6th
1975	Hackman, Steve	Mile Relay	4th
1975	Moser, Randy	Mile Relay	4th
1975	Sands, Mike	Mile Relay	4th
1975	Shine, Mike	Mile Relay	4th
1975	Hjeltnes, Knut	Shot Put	5th
1976	Sands, Mike	440-Yards	3rd
1976	Jackson, Al	Weight Throw	4th
1977	Stemmer, Paul	3-Mile	6th
1977	Wyatt, Mike	DMR	3rd
1977	Falco, Keith	DMR	3rd
1977	Rexroat, Pat	DMR	3rd
1977	Malley, George	DMR	3rd
1978	Snyder, Bob	2-Mile	8th
1978	Falco, Keith	DMR	3rd
1978	McHugh, Chris	DMR	3rd
1978	Rapp, Tom	DMR	3rd
1978	Wyatt, Mike	DMR	3rd
1979	Snyder, Bob	2-Mile	8th
1979	Scharsu, Alan	3-Mile	6th
1980	Scharsu, Alan	3-Mile	4th
1981	Zishka, John	2-Mile	3rd
1982	Souza, Paul	High Jump	7th
1983	Cook, Mike	2-Mile Relay	3rd
1983	McLaughlin, Paul	2-Mile Relay	3rd
1983	Moore, Randy	2-Mile Relay	3rd
1983	Wynn, Ken	2-Mile Relay	3rd
1983	Shenk, Todd	Weight Throw	10th
1984	Shenk, Todd	Weight Throw	T-9th
1985	Moore, Randy	800-Meters	3rd
1985	Hudson, Bob	DMR	4th
1985	Overheim, Mark	DMR	4th
1985	Robinson, Barry	DMR	4th
1985	Watson, Vance	DMR	4th
1987	Balkey, Steve	4x800-Meter Relay	6th
1987	Levitre, Ray	4x800-Meter Relay	6th
1987	McMillan, David	4x800-Meter Relay	6th
1987	Mills, Chris	4x800-Meter Relay	6th
1988	Balkey, Steve	Mile	10th
1989	Timpson, Michael	200-Meters	8th
1989	Hunter, C.J.	Shot Put	2nd
1990	Hunter, C.J.	Shot Put	1st
1991	Caraher, Phil	Shot Put	2nd
1994	Caldwell, R.B.	DMR	6th
1994	Hamer, Bob	DMR	6th
1994	Mellott, Phil	DMR	6th
1994	Robbins, James	DMR	6th
1994	Davis, Antonio	Triple Jump	9th
1998	Gorham, John	Long Jump	7th
1998	McNutt, Neal	Weight Throw	7th
1999	Gorham, John	Long Jump	12th
1999	Audu, George	Long Jump	5th
2002	Olkowski, Ryan	200-Meters	8th
2002	Olkowski, Ryan	High Jump	5th
2003	Nichols, Chavous	Triple Jump	9th
2007	Fritz, Ryan	High Jump	5th
2009	Fritz, Ryan	High Jump	T-3rd
2010	Williams, Lionel	800-Meters	11th
2010	Foster, Ryan	800-Meters	3rd
2010	Dawson, Owen	800-Meters	8th
2010	Kovacs, Joe	Shot Put	3rd
2010	Eaton, Blake	Shot Put	8th
2011	Gehret, Brady	400-Meters	3rd
2011	Foster, Ryan	Mile	3rd
2011	Nadolskly, Aaron	4x400-Meter Relay	5th
2011	Williams, Lionel	4x400-Meter Relay	5th
2011	Loxsom, Casimir	4x400-Meter Relay	5th
2011	Gehret, Brady	4x400-Meter Relay	5th
2012	Gehret, Brady	4x400-Meter Relay	2nd
2012	Loxsom, Casimir	4x400-Meter Relay	2nd
2012	Nadolskly, Aaron	4x400-Meter Relay	2nd
2012	Bennett-Green, Brandon	4x400-Meter Relay	2nd
2013	Loxsom, Casimir	800-Meters	2nd
2013	Kidder, Brannon	DMR	2nd
2013	Bennett-Green, Brandon	DMR	2nd
2013	Watkins, Za'Von	DMR	2nd
2013	Creese, Robby	DMR	2nd
2013	Barr, Will	Weight Throw	6th
2014	Za'Von Watkins	800-Meters	7th
2014	Steve Waithe	Triple Jump	6th
2014	Will Barr	Weight Throw	8th
2015	Darrell Hill	Shot Put	4th
2015	Brandon Kidder	Mile	7th
2015	Brandon Kidder	DMR	2nd
2015	Alex Shisler	DMR	2nd
2015	Za'Von Watkins	DMR	2nd
2015	Robby Creese	DMR	2nd
2016	Brannon Kidder	800-Meters	7th
2017	Isaiah Harris	800-Meters	4th

BOLD - Denotes NCAA Champion

NCAA INDOOR HISTORY



ALL-TIME MEN'S INDOOR ALL-AMERICANS (BY EVENT)

200 Meters

Timpson, Michael	8th	1989
Olkowski, Ryan	8th	2002

400 Meters

Sands, Mike	3rd	1974
Sands, Mike	1st	1975
Sands, Mike	3rd	1976
Gehret, Brady	3rd	2011

* 440 yds prior to 1984

800 Meters

Moore, Randy	3rd	1985
Williams, Lionel	11th	2010
Foster, Ryan	3rd	2010
Dawson, Owen	8th	2010
Loxsom, Casimir	2nd	2013
Watkins, Za'Von	7th	2014
Kidder, Brannon	7th	2016
Isaiah Harris	4th	2017

* 880 yds prior to 1984

1 Mile

Balkey, Steve	10th	1988
Foster, Ryan	3rd	2011
Kidder, Brandon	7th	2015

3000 Meters

Snyder, Bob	8th	1978
Snyder, Bob	8th	1979
Zishka, John	3rd	1981

* 2-Miles prior to 1984

200 Meters

Maguire, Charlie	3rd	1974
Stemmer, Paul	6th	1977
Scharsu, Alan	6th	1979
Scharsu, Alan	4th	1980

* 3-Miles prior to 1984

60-Meter Hurdles

Shine, Mike	60-Meter Hurdles	6th	1975
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* 60-yard hurdles prior to 1984

4x400-Meter Relay

Mike Sands, Steve Hackman, Randy Moser, Mike Shine	4th	1975
Aaron Nadolsky, Lionel Williams, Casimir Loxsom, Brady Gehret	5th	2011
Aaron Nadolsky, Brandon Bennett-Green, Casimir Loxsom, Brady Gehret	2nd	2012

* Mile Relay prior to 1984

Distance Medley Relay

Mike Wyatt, Keith Falco, Pat Rexroat, George Malley	3rd	1977
Chris McHugh, Keith Falco, Mike Wyatt, Tom Rapp	3rd	1978
Vance Watson, Barry Robinson, Bob Hudson, Mark Overheim	4th	1985
R. B. Caldwell, James Robbins, Phil Mellott, Bob Hamer	6th	1994
Brannon Kidder, Brandon Bennett-Green, Za'Von Watkins, Robby Creese	2nd	2013
Brandon Kidder, Alex Shisler, Za'Von Watkins, Robby Creese	2nd	2015

High Jump

Souza, Paul	7th	1982
Olkowski, Ryan	5th	2002
Fritz, Ryan	5th	2007
Fritz, Ryan	T-3rd	2009

Long Jump

Gorham, John	7th	1998
Gorham, John	12th	1999
Audu, George	5th	1999

Triple Jump

Davis, Antonio	9th	1994
Nichols, Chavous	9th	2003
Waithe, Steve	6th	2014

Shot Put

Hjeltnes, Knut	5th	1975
Hunter, C.J.	2nd	1989
Hunter, C.J.	1st	1990
Caraher, Phil	2nd	1991
Kovacs, Joe	3rd	2010
Eaton, Blake	8th	2010
Hill, Darrell	4th	2015

Weight Throw

Kauffman, Roger	4th	1965
Jackson, Al	4th	1976
Shenk, Todd	10th	1983
Shenk, Todd	T-9th	1984
McNutt, Neal	7th	1998
Barr, Will	6th	2013
Barr, Will	8th	2014

4x800-Meter Relay (Discontinued)

Bill Reilly, Dick Lampman.	6th	1965
Art Morris, Tom Bedick, Paul McLaughlin, Randy Moore,	3rd	1983
Ken Wynn, Mike Cook, Steve Balkey, Dave McMillan, Chris Mills, Ray Levitre	6th	1987



NCAA INDOOR HISTORY

ALL-TIME WOMEN'S INDOOR ALL-AMERICANS (BY YEAR)

Year	Name	Event	Finish	Year	Name	Event	Finish
1980**	Rawe, Mary	2000-Meters	2nd	2007	Cox, Shana	4x400-Meter Relay	4th
1980**	Carmichael, Heather	5000-Meters	6th	2007	Simmons, Briene	4x400-Meter Relay	4th
1980**	Cleary, Peggy	5000-Meters	5th	2008	Cox, Shana	400-Meters	4th
1981**	Mills, Kathy	5000-Meters	4th	2008	Franek, Bridget	3000-Meters	10th
1981**	Fales, Penny	DMR	4th	2008	Franek, Bridget	5000-Meters	7th
1981**	Hart, Tammie	DMR	4th	2008	Barber, Aleesha	60-Meter Hurdles	8th
1981**	Rawe, Mary	DMR	4th	2008	Barber, Aleesha	4x400-Meter Relay	5th
1981**	Startare, Doreen	DMR	4th	2008	Blake, Dominique	4x400-Meter Relay	5th
1982**	Hart, Tammie	880 Yards	4th	2008	Cox, Shana	4x400-Meter Relay	5th
1982**	Pioli, Terri	880 Yards	6th	2008	Dorr, Fawn	4x400-Meter Relay	5th
1982**	Murnane, Patty	Mile	4th	2008	Hunter, Gayle	Pentathlon	5th
1982**	Ihrig, Carolyn	2-Mile	8th	2009	Greaves, Shavon	200-Meters	10th
1982**	Hart, Tammie	DMR	5th	2009	Franek, Bridget	5000-Meters	4th
1982**	Ihrig, Carolyn	DMR	5th	2009	Barber, Aleesha	60-Meter Hurdles	4th
1982**	Murnane, Patty	DMR	5th	2009	Barber, Aleesha	4x400-Meter Relay	3rd
1982**	Startare, Doreen	DMR	5th	2009	Dorr, Fawn	4x400-Meter Relay	3rd
1982**	Riddick, Vivian	Long Jump	5th	2009	Greaves, Shavon	4x400-Meter Relay	3rd
1982**	Sobansky, Elaine	Shot Put	3rd	2009	Hunter, Gayle	4x400-Meter Relay	3rd
1983	Startare, Doreen	Mile	7th	2009	Hunter, Gayle	Pentathlon	2nd
1983	Sobansky, Elaine	Shot Put	3rd	2010	Greaves, Shavon	60-Meters	11th
1984	Cassel, Judi	4x800-Meter Relay	6th	2010	Greaves, Shavon	200-Meters	3rd
1984	Gerken, Heidi	4x800-Meter Relay	6th	2010	Dorr, Fawn	400-Meters	5th
1984	Hart, Tammie	4x800-Meter Relay	6th	2010	Franek, Bridget	3000-Meters	7th
1984	Stever, Beth	4x800-Meter Relay	6th	2010	Franek, Bridget	5000-Meters	4th
1984	Sobansky, Elaine	Shot Put	2nd	2011	Anyanwu, Doris	4x400-Meter Relay	6th
1985	Renzi, Paula	3000-Meters	3rd	2011	Greaves, Shavon	4x400-Meter Relay	6th
1990	Prey, Stacy	5000-Meters	4th	2011	Iheoma, Ijeoma	4x400-Meter Relay	6th
1993	Kelly, Kim	5000-Meters	6th	2011	Duncan, Megan	4x400-Meter Relay	6th
1996	Bosler, Erica	DMR	4th	2014	Jones, Mahagony	200-Meters	3rd
1996	Huelster, Sue	DMR	4th	2014	Seymour, Kiah	400-Meters	6th
1996	McGreevy, Kim	DMR	4th	2014	McGee, Dynasty	4x400-Meter Relay	5th
1996	St. John, Erin	DMR	4th	2014	Jones, Mahagony	4x400-Meter Relay	5th
1997	McGreevy, Kim	Mile	7th	2014	Rhodes, Tichina	4x400-Meter Relay	5th
1999	Walker, Shakeema	Long Jump	3rd	2014	Seymour, Kiah	4x400-Meter Relay	5th
1999	Walker, Shakeema	Triple Jump	7th	2014	Howell, Brittny	Pentathlon	7th
2001	Moore, Connie	200-Meters	7th	2015	Megan Osborne	4x400-Meter Relay	8th
2002	Moore, Connie	200-Meters	9th	2015	Dynasty McGee	4x400-Meter Relay	8th
2003	Moore, Connie	200-Meters	9th	2015	Tichina Rhodes	4x400-Meter Relay	8th
2003	Aduba, Chi-Chi	Long Jump	5th	2015	Kiah Seymour	4x400-Meter Relay	8th
2003	Aduba, Chi-Chi	Long Jump	5th	2016	Rachel Fatherly	Shot put	7th
2003	Aduba, Chi-Chi	Triple Jump	4th	2017	Rachel Banks	DMR	6th
2004	Moore, Connie	60-Meters	6th	2017	Tichina Rhodes	DMR	6th
2004	Moore, Connie	200-Meters	3rd	2017	Julie Kocjancic	DMR	6th
2004	Aduba, Chi-Chi	Triple Jump	7th	2017	Danae Rivers	DMR	6th
2004	O'Connor, Ja'Nai	Shot Put	5th	2017	Tessa Barrett	5,000-Meters	5th
2005	Cox, Shana	400-Meters	11th	2017	Danae Rivers	Mile	3rd
2005	Leatherman, Jennifer	Shot Put	9th	2017	Dannielle Gibson	Triple-Jump	8th
2005	Leatherman, Jennifer	Weight Throw	4th				
2006	Cox, Shana	400-Meters	7th				
2006	Leatherman, Jennifer	Weight Throw	3rd				
2007	Cox, Shana	400-Meters	7th				
2007	Simmons, Briene	800-Meters	7th				
2007	Barber, Aleesha	4x400-Meter Relay	4th				
2007	Blake, Dominique	4x400-Meter Relay	4th				

** Denotes finish in AIAW. The first women's NCAA-sponsored Indoor Championship was contested in 1983.

NCAA INDOOR HISTORY



ALL-TIME WOMEN'S INDOOR ALL-AMERICANS (BY EVENT)

60 Meters

Moore, Connie	6th	2004
Greaves, Shavon	11th	2010

200 Meters

Moore, Connie	7th	2001
Moore, Connie	9th	2002
Moore, Connie	9th	2003
Moore, Connie	3rd	2004
Greaves, Shavon	10th	2009
Greaves, Shavon	3rd	2010
Jones, Mahagony	3rd	2014

400 Meters

Cox, Shana	11th	2005
Cox, Shana	7th	2006
Cox, Shana	7th	2007
Cox, Shana	4th	2008
Dorr, Fawn	5th	2010
Seymour, Kiah	6th	2014

800 Meters

Hart, Tammie	4th	**1982
Pioli, Terri	6th	**1982
Simmons, Briene	7th	2007

Mile

Murnane, Patty	4th	**1982
Startare, Doreen	7th	1983
McGreevy, Kim	7th	1997
Rivers, Danae	3rd	2017

3000 Meters

Ihrig, Carolyn	8th	**1982
Renzi, Paula	3rd	1985
Franek, Bridget	10th	2008
Franek, Bridget	7th	2010

5000 Meters

Carmichael, Heather	6th	**1980
Cleary, Peggy	5th	**1980
Mills, Kathy	4th	**1981
Prey, Stacy	4th	1990
Kelly, Kim	6th	1993
Franek, Bridget	7th	2008
Franek, Bridget	4th	2009
Franek, Bridget	4th	2010
Barrett, Tessa	5th	2017

60-Meter Hurdles

Barber, Aleesha	8th	2008
Barber, Aleesha	4th	2009

4x400-Meter Relay

Dominique Blake, Briene Simmons, Shana Cox, Aleesha Barber	4th	2007
Dominique Blake, Shana Cox, Aleesha Barber, Fawn Dorr	5th	2008
Fawn Dorr, Shavon Greaves, Aleesha Barber, Gayle Hunter	3rd	2009
Doris Anyanwu, Ije Iheoma, Shavon Greaves, Megan Duncan	6th	2011
Dynasty McGee, Mahagony Jones, Tichina Rhodes, Kiah Seymour	5th	2014
Megan Osborne, Dynasty McGee, Tichina Rhodes, Kiah Seymour	8th	2015

Distance Medley Relay

Penny Fales, Mary Rawe, Tammie Hart, Doreen Startare	4th	**1981
Tammie Hart, Carolyn Ihrig, Patty Murnane, Doreen Startare	5th	**1982
Sue Huelster, Erica Bosler, Erin St. John, Kim McGreevy	4th	1996
Rachel Banks, Tichina Rhodes, Julie Kocjancic, Danae Rivers	6th	2017

Long Jump

Riddick, Vivian	5th	**1982
Walker, Shakeema	3rd	1999
Aduba, Chi-Chi	5th	2003
Aduba, Chi-Chi	5th	2003

Triple Jump

Walker, Shakeema	7th	1999
Aduba, Chi-Chi	4th	2003
Aduba, Chi-Chi	7th	2004
Gibson, Dannielle	8th	2017

Shot Put

Sobansky, Elaine	3rd	**1982
Sobansky, Elaine	3rd	1983
Sobansky, Elaine	2nd	1984
O'Connor, Ja'Nai	5th	2004
Leatherman, Jennifer	9th	2005
Rachel Fatherly	7th	2016

Weight Throw

Leatherman, Jennifer	4th	2005
Leatherman, Jennifer	3rd	2006

Pentathlon

Hunter, Gayle	5th	2008
Hunter, Gayle	2nd	2009
Howell, Brittney	7th	2014

2000 Meters (Discontinued)

Rawe, Mary	2nd	**1980
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4x800-Meter Relay (Discontinued)

Beth Stever, Judi Cassell, Haidi Gerken, Tammie Hart	6th	1984
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** Denotes finish in AIAW. The first women's NCAA-sponsored Indoor Championship was contested in 1983.



NCAA OUTDOOR HISTORY

ALL-TIME MEN'S OUTDOOR ALL-AMERICANS (BY YEAR)

Year	Name	Event	Finish
1921	Romig, John	2-Mile	1st
1922	Helffrich, Alan	880 Yards	1st
1922	Shields, Larry	Mile	1st
1922	Barron, Harold	120 yd HH	1st
1923	Helffrich, Alan	880 Yards	1st
1923	Enck, Schuyler	Mile	1st
1938	Vukmanic, Nick	Javelin	1st
1939	Vukmanic, Nick	Javelin	
1940	Ewell, Barney	100 Yards	1st
1940	Ewell, Barney	220 Yards	1st
1940	Ewell, Barney	Long Jump	
1940	Vukmanic, Nick	Javelin	4th
1941	Ewell, Barney	100 Yards	1st
1941	Ewell, Barney	220 Yards	1st
1941	Ewell, Barney	Long Jump	
1942	Ewell, Barney	100 Yards	
1942	Ewell, Barney	220 Yards	
1942	Ewell, Barney	Long Jump	
1947	Karver, Gerald	Mile	1st
1947	Stone, Curtis	2-Mile	2nd
1947	Ashenfelter, Horace	2-Mile	
1948	Ashenfelter, Horace	5000-Meters	2nd
1949	Lancaster, Wilbur	220 Yards	6th
1949	Ashenfelter, Horace	2-Mile	1st
1949	Gehrdes, Jim	120 yd HH	3rd
1949	Gehrdes, Jim	220 yd LH	2nd
1949	Perry, Rod	220 yd LH	
1950	Gehrdes, Jim	120 yd HH	
1951	Roderes, Ted	Javelin	5th
1954	Hollen, Bob	2-Mile	
1954	Blockson, Charles	Shot Put	
1954	Grier, Roosevelt	Shot Put	
1955	Pollard, Art	220 Yards	
1955	Youkers, Bill	120 yd HH	4th
1957	Perry, Rod	120 yd HH	
1958	Moran, Ed	Mile	6th
1960	Moorehead, Steve	3000 Steeplechase	
1961	Brown, Bob	100 Yards	
1961	Norman, Gerry	3-Mile	
1961	Moorehead, Steve	3000 Steeplechase	
1965	Hedmark, Lennart	Javelin	
1966	Rockwell, Warren	Triple Jump	2nd
1966	Stevenson, Jim	Javelin	1st
1966	Krombolz, Ernie	Javelin	5th
1970	Fredericks, Greg	3-Mile	5th
1971	Fredericks, Greg	3-Mile	2nd
1972	Fredericks, Greg	5000-Meters	2nd
1973	Maguire, Charlie	6-Mile	1st
1973	Finkel, Doug	440 Yd Relay	6th
1973	Sands, Mike	440 Yd Relay	6th
1973	Scott, Jim	440 Yd Relay	6th
1973	Singleton, Fred	440 Yd Relay	6th
1973	Jackson, Al	Hammer	4th
1975	Sands, Mike	440 Yards	5th
1975	Shine, Mike	440 Yard IH	6th
1975	Hjeltnes, Knut	Shot Put	5th
1975	Hjeltnes, Knut	Discus	3rd
1976	Shine, Mike	110-Meter Hurdles	5th
1976	Malley, George	3000 Steeplechase	4th
1976	Shine, Mike	400-Meter Hurdles	2nd
1976	Jackson, Al	Hammer	5th
1977	Stemmer, Paul	10,000-Meters	8th
1978	Ziegler, John	10,000-Meters	8th
1980	Lankford, Paul	400-Meter Hurdles	4th
1981	Lankford, Paul	400-Meter Hurdles	4th
1983	Garcia, Rick	3000 Steeplechase	9th
1985	Moore, Randy	800-Meters	4th
1985	Kleban, Rick	Decathlon	5th
1986	Carter, Eric	10,000-Meters	10th
1987	Levitte, Ray	800-Meters	2nd
1987	Balkey, Steve	1500-Meters	6th
1987	Carter, Eric	10,000-Meters	7th
1987	Masgay, Dave	Decathlon	7th
1988	Timpson, Michael	200-Meters	10th
1988	Balkey, Steve	1500-Meters	5th
1988	Hunter, C.J.	Shot Put	5th
1989	Hunter, C.J.	Shot Put	4th
1990	Walter, Doug	1500-Meters	10th
1990	Brown, Steve	5000-Meters	11th
1990	Hall, Ricardo	Triple Jump	13th
1990	Hunter, C.J.	Shot Put	2nd
1991	Caraher, Phil	Shot Put	9th
1992	Milne, Brian	Discus	13th
1993	Cripanuk, Kevin	400-Meter Hurdles	8th
1993	Davis, Antonio	Triple Jump	6th
1993	Milne, Brian	Discus	1st
1994	Hamer, Bob	1500-Meters	9th
1994	Wimmer, Mark	10,000-Meters	9th
1995	Austin, Rob	Javelin	10th
1996	Pina, Steve	Long Jump	3rd
1996	Austin, Rob	Javelin	8th
1996	Cook, James	Decathlon	9th
1997	Gorham, John	Long Jump	11th
1997	Cook, James	Decathlon	13th
1998	Audu, George	Long Jump	4th
1998	Gorham, John	Long Jump	6th
1998	Burkholder, Troy	Javelin	12th
1998	Wolter, Carl	Javelin	7th
1998	Cook, James	Decathlon	12th
1999	Audu, George	Long Jump	6th
2001	Rose, Guy	110-Meter Hurdles	12th
2001	Derby, Brian	400-Meter Hurdles	4th
2002	Olkowski, Ryan	200-Meters	8th
2007	Fritz, Ryan	High Jump	T-9th
2008	Smith, Clarence	Triple Jump	9th
2009	Foster, Ryan	800-Meters	8th
2009	Smith, Clarence	Triple Jump	8th
2010	McCandless, Tyler	10,000-Meters	12th
2010	Fritz, Ryan	High Jump	4th
2010	Eaton, Blake	Shot Put	3rd
2011	Loxson, Casimir	800-Meters	4th
2011	Kovacs, Joe	Shot Put	3rd
2012	Gehret, Brady	400-Meters	6th
2012	Nadolskly, Aaron	4x400-Meter Relay	4th
2012	Bennett-Green, Brandon	4x400-Meter Relay	4th
2012	Loxson, Casimir	4x400-Meter Relay	4th
2012	Gehret, Brady	4x400-Meter Relay	4th
2012	Kovacs, Joe	Shot Put	4th
2013	Loxson, Casimir	800-Meters	2nd
2013	Kidder, Brannon	800-Meters	3rd
2013	Creese, Robby	1500-Meters	6th
2014	Waithe, Steve	Triple Jump	5th
2014	Cardina, Robert	Decathlon	8th
2015	Darrell Hill	Shot Put	2nd
2015	Brandon Kidder	800-Meters	2nd
2015	Steve Waithe	Triple Jump	8th
2016	Brannon Kidder	1500-Meters	4th
2016	Brian Leap	Triple Jump	6th
2016	Isaiah Harris	800-Meters	4th
2017	Michael Shuey	Javelin	3rd
2017	Isaiah Harris	800-Meters	2nd

NCAA OUTDOOR HISTORY



ALL-TIME MEN'S OUTDOOR ALL-AMERICANS (BY EVENT)

100 Meters	* 100 yds prior to 1976		4x400-Meter Relay		
Ewell, Barney	1st	1940	Aaron Nadolsky, Brandon Bennett-Green,	4th	2012
Ewell, Barney	1st	1941	Casimir Loxsom, Brady Gehret		
Ewell, Barney		1942			
Brown, Bob		1961			
200 Meters	* 220 yds prior to 1976		High Jump		
Ewell, Barney	1st	1940	Fritz, Ryan	T-9th	2007
Ewell, Barney	1st	1941	Fritz, Ryan	4th	2010
Ewell, Barney		1942			
Lancaster, Wilbur	6th	1949	Long Jump		
Pollard, Art		1955	Ewell, Barney		1940
Timpson, Michael	10th	1988	Ewell, Barney		1941
Olkowski, Ryan	8th	2002	Ewell, Barney		1942
			Pina, Steve	3rd	1996
			Gorham, John	11th	1997
			Audu, George	4th	1998
			Gorham, John	6th	1998
			Audu, George	6th	1999
400 Meters	* 440 yds prior to 1976		Triple Jump		
Sands, Mike	5th	1975	Rockwell, Warren	2nd	1966
Gehret, Brady	6th	2012	Hall, Ricardo	13th	1990
			Davis, Antonio	6th	1993
			Smith, Clarence	9th	2008
			Smith, Clarence	8th	2009
			Waithe, Steve	5th	2014
			Waithe, Steve	8th	2015
			Leap, Brian	6th	2016
800 Meters	* 880 yds prior to 1976		Shot Put		
Helffrich, Alan	1st	1922	Blockson, Charles		1954
Helffrich, Alan	1st	1923	Grier, Roosevelt		1954
Moore, Randy	4th	1985	Hjeltnes, Knut	5th	1975
Levitte, Ray	2nd	1987	Hunter, C.J.	5th	1988
Foster, Ryan	8th	2009	Hunter, C.J.	4th	1989
Loxsom, Casimir	4th	2011	Hunter, C.J.	2nd	1990
Loxsom, Casimir	2nd	2013	Caraher, Phil	9th	1991
Kidder, Brannon	3rd	2013	Eaton, Blake	3rd	2010
Kidder, Brandon	2nd	2015	Kovacs, Joe	3rd	2011
Harris, Isaiah	4th	2016	Kovacs, Joe	4th	2012
Harris, Isaiah	2nd	2017	Hill, Darrell	2nd	2015
1500 Meters	* One Mile prior to 1976		Discus		
Shields, Larry	1st	1922	Hjeltnes, Knut	3rd	1975
Enck, Schuyler	1st	1923	Milne, Brian	13th	1992
Karver, Gerald	1st	1947	Milne, Brian	1st	1993
Moran, Ed	6th	1958			
Balkey, Steve	6th	1987	Javelin		
Balkey, Steve	5th	1988	Vukmanic, Nick	1st	1938
Walter, Doug	10th	1990	Vukmanic, Nick		1939
Hamer, Bob	9th	1994	Vukmanic, Nick	4th	1940
Creese, Robby	6th	2013	Roderes, Ted	5th	1951
Kidder, Brannon	4th	2016	Hedmark, Lennart		1965
			Stevenson, Jim	1st	1966
			Krombolz, Ernie	5th	1966
			Austin, Rob	10th	1995
			Austin, Rob	8th	1996
			Burkholder, Troy	12th	1998
			Wolter, Carl	7th	1998
			Shuey, Michael	3rd	2017
5000 Meters	* 3-Mile prior to 1976		Hammer		
Norman, Gerry		1961	Jackson, Al	4th	1973
Fredericks, Greg	5th	1970	Jackson, Al	5th	1976
Fredericks, Greg	2nd	1971			
Ashenfelter, Horace	2nd	1948	Decathlon		
Fredericks, Greg	2nd	1972	Kleban, Rick	5th	1985
Brown, Steve	11th	1990	Masgay, Dave	7th	1987
			Cook, James	9th	1996
			Cook, James	13th	1997
			Cook, James	12th	1998
			Cardina, Robert	8th	2014
10,000 Meters	* 6-Mile prior to 1976		2-Mile (Discontinued)		
Maguire, Charlie	1st	1973	Romig, John	1st	1921
Stemmer, Paul	8th	1977	Stone, Curtis	2nd	1947
Ziegler, John	8th	1978	Ashenfelter, Horace		1947
Carter, Eric	10th	1986	Ashenfelter, Horace	1st	1949
Carter, Eric	7th	1987	Hollen, Bob		1954
Wimmer, Mark	9th	1994			
McCandless, Tyler	12th	2010	220-Yard Hurdles (Discontinued)		
			Gehrdes, Jim	2nd	1949
			Perry, Rod		1949
110-Meter Hurdles					
Shine, Mike	5th	1976			
Rose, Guy	12th	2001			
Barron, Harold	1st	1922			
Gehrdes, Jim	3rd	1949			
Gehrdes, Jim		1950			
Youkers, Bill	4th	1955			
Perry, Rod		1957			
3000-Meter Steeplechase					
Moorehead, Steve		1960			
Moorehead, Steve		1961			
Malley, George	4th	1976			
Garcia, Rick	9th	1983			
400-Meter Hurdles					
Shine, Mike	6th	1975			
Shine, Mike	2nd	1976			
Lankford, Paul	4th	1980			
Lankford, Paul	4th	1981			
Cripanuk, Kevin	8th	1993			
Derby, Brian	4th	2001			
4x100-Meter Relay					
Doug Finkelton, Mike Sands,	6th	1973			
Fred Singleton, Jim Scott					



NCAA OUTDOOR HISTORY

ALL-TIME WOMEN'S OUTDOOR ALL-AMERICANS (BY YEAR)

Year	Name	Event	Finish
1976**	Bankes, Kris	1500-Meters	2nd
1976**	Bankes, Kris	2-Mile	3rd
1977**	Bankes, Kris	3000-Meters	5th
1978**	Bankes, Kris	3000-Meters	2nd
1978**	Mills, Kathy	3000-Meters	1st
1978**	Mills, Kathy	5000-Meters	1st
1978**	Byrnes, Kathy	4x800-Meter Relay	2nd
1978**	Fales, Penny	4x800-Meter Relay	2nd
1978**	Miller, Sandy	4x800-Meter Relay	2nd
1978**	Ventura, Lea	4x800-Meter Relay	2nd
1980**	Carmichael, Heather	3000-Meters	3rd
1981**	Pioli, Terry	800-Meters	6th
1981**	Rawe, Mary	1500-Meters	3rd
1981**	Sobansky, Elaine	Shot Put	4th
1982	Hart, Tammi	400-Meter Hurdles	5th
1982	Riddick, Vivian	Long Jump	6th
1982	Sobansky, Elaine	Shot Put	3rd
1983	Startare, Doreen	1500-Meters	5th
1983	Sobansky, Elaine	Shot Put	6th
1984	Renzi, Paula	5000-Meters	6th
1984	Senz, Marilyn	Javelin	6th
1989	Mann, Carmen	Triple Jump	5th
1991	Connell, Pam	Heptathlon	4th
1992	Gibbs, Stacey	Javelin	10th
1992	Mitchell, Shelley	Heptathlon	8th
1993	Hunt, Kelli	10,000-Meters	4th
1993	Kelly, Kim	10,000-Meters	5th
1994	Hunt, Kelli	10,000-Meters	7th
1994	Sobansky, Elaine	Shot Put	2nd
1996	Gusic, Becky	Javelin	8th
1996	Kisty, Denika	Javelin	10th
1997	McGreevy, Kim	1500-Meters	7th
1997	Fidler, Donna	10,000-Meters	7th
1998	Walker, Shakeema	Triple Jump	7th
1998	Pastore, Jen	Javelin	4th
1999	Heyer, Susanne	1500-Meters	4th
1999	Walker, Shakeema	Long Jump	8th
1999	Williams, Deshaya	Discus	6th
2001	Johnson, Brianne	Javelin	8th
2002	Moore, Connie	100-Meters	9th
2002	Moore, Connie	200-Meters	12th
2002	Williams, Deshaya	Discus	6th
2002	Johnson, Brianne	Javelin	8th
2003	Moore, Connie	100-Meters	5th
2003	Moore, Connie	200-Meters	3rd
2003	Landreth, Molly	3000 Steeplechase	11th
2003	Williams, Deshaya	Discus	1st
2003	Colley, Ashley	Javelin	11th
2003	Johnson, Brianne	Javelin	5th
2004	Moore, Connie	100-Meters	7th
2004	Moore, Connie	200-Meters	5th
2004	Adua, Chi-Chi	Long Jump	6th
2004	Adua, Chi-Chi	Triple Jump	7th
2005	Cox, Shana	400-Meters	9th
2005	Leatherman, Jennifer	Hammer	7th
2005	Bruch, Diana	Javelin	8th
2006	Cox, Shana	400-Meters	3rd
2006	Leatherman, Jennifer	Hammer	5th
2007	Cox, Shana	400-Meters	2nd

Year	Name	Event	Finish
2007	Barber, Aleesha	400-Meter Hurdles	12th
2007	Hunter, Gayle	Heptathlon	8th
2008	Cox, Shana	400-Meters	1st
2008	Barber, Aleesha	100-Meter Hurdles	4th
2008	Franek, Bridget	3000 Steeplechase	3rd
2008	Barber, Aleesha	4x400-Meter Relay	1st
2008	Blake, Dominique	4x400-Meter Relay	1st
2008	Cox, Shana	4x400-Meter Relay	1st
2008	Hunter, Gayle	4x400-Meter Relay	1st
2008	Hunter, Gayle	Long Jump	5th
2008	McQuillen, Karlee	Javelin	9th
2008	Hunter, Gayle	Heptathlon	5th
2008	Hunter, Gayle	Heptathlon	5th
2009	Dorr, Fawn	400-Meter Hurdles	6th
2009	Franek, Bridget	3000 Steeplechase	4th
2009	Barber, Aleesha	4x400-Meter Relay	4th
2009	Dorr, Fawn	4x400-Meter Relay	4th
2009	Greaves, Shavon	4x400-Meter Relay	4th
2009	Hunter, Gayle	4x400-Meter Relay	4th
2009	McQuillen, Karlee	Javelin	10th
2010	Greaves, Shavon	200-Meters	7th
2010	Barber, Aleesha	100-Meter Hurdles	3rd
2010	Dorr, Fawn	400-Meter Hurdles	4th
2010	Franek, Bridget	3000 Steeplechase	1st
2010	Anyanwu, Doris	4x400-Meter Relay	4th
2010	Barber, Aleesha	4x400-Meter Relay	4th
2010	Dorr, Fawn	4x400-Meter Relay	4th
2010	Greaves, Shavon	4x400-Meter Relay	4th
2010	McQuillen, Karlee	Javelin	3rd
2011	Anyanwu, Doris	4x400-Meter Relay	4th
2011	Greaves, Shavon	4x400-Meter Relay	4th
2011	Iheoma, Ijeoma	4x400-Meter Relay	4th
2011	Duncan, Megan	4x400-Meter Relay	4th
2012	Loht, Laura	Javelin	3rd
2012	Kenney, Lauren	Javelin	4th
2013	Loht, Laura	Javelin	4th
2013	Kenney, Lauren	Javelin	5th
2014	Jones, Mahagony	100-Meters	7th
2014	Jones, Mahagony	200-Meters	4th
2014	Seymour, Kiah	400-Meter Hurdles	6th
2014	McGee, Dynasty	4x400-Meter Relay	5th
2014	Jones, Mahagony	4x400-Meter Relay	5th
2014	Rhodes, Tichina	4x400-Meter Relay	5th
2014	Seymour, Kiah	4x400-Meter Relay	5th
2014	Loht, Laura	Javelin	5th
2017	Gerlach, Tori	3000 Steeplechase	3rd
2017	Gibson, Dannielle	Triple Jump	6th

** Denotes finish in AIAW. The first women's NCAA-sponsored Outdoor Championship was contested in 1982.



ALL-TIME WOMEN'S OUTDOOR ALL-AMERICANS (BY EVENT)

100 Meters

Moore, Connie	9th	2002
Moore, Connie	5th	2003
Moore, Connie	7th	2004
Jones, Mahagony	7th	2014

200 Meters

Moore, Connie	12th	2002
Moore, Connie	3rd	2003
Moore, Connie	5th	2004
Greaves, Shavon	7th	2010
Jones, Mahagony	4th	2014

400 Meters

Cox, Shana	9th	2005
Cox, Shana	3rd	2006
Cox, Shana	2nd	2007
Cox, Shana	1st	2008

800 Meters

Pioli, Terry	6th	**1981
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1500 Meters

Bankes, Kris	2nd	**1976
Rawe, Mary	3rd	**1981
Startare, Doreen	5th	1983
McGreevy, Kim	7th	1997
Heyer, Susanne	4th	1999

5000 Meters

Mills, Kathy	1st	**1978
Renzi, Paula	6th	1984

10.000 Meters

Hunt, Kelli	4th	1993
Kelly, Kim	5th	1993
Hunt, Kelli	7th	1994
Fidler, Donna	7th	1997

100-Meter Hurdles

Barber, Aleesha	4th	2008
Barber, Aleesha	3rd	2010

400-Meter Hurdles

Hart, Tammi	5th	1982
Barber, Aleesha	12th	2007
Dorr, Fawn	6th	2009
Dorr, Fawn	4th	2010
Seymour, Kiah	6th	2014

3000-Meter Steeplechase

Landreth, Molly	11th	2003
Franek, Bridget	3rd	2008
Franek, Bridget	4th	2009
Franek, Bridget	1st	2010
Gerlach, Tori	3rd	2017

4x400-Meter Relay

Dominique Blake, Aleesha Barber, Gayle Hunter, Shana Cox	1st	2008
Aleesha Barber, Shavon Greaves, Gayle Hunter, Fawn Dorr	4th	2009
Aleesha Barber, Shavon Greaves, Doris Anyanwu, Fawn Dorr	4th	2010
Doris Anyanwu, Shavon Greaves, Ije Iheoma, Megan Duncan	4th	2011
Dynasty McGee, Mahagony Jones, Tichina Rhodes, Kiah Seymour	5th	2014

Long Jump

Riddick, Vivian	6th	1982
Walker, Shakeema	8th	1999
Aduba, Chi-Chi	6th	2004
Hunter, Gayle	5th	2008

Triple Jump

Mann, Carmen	5th	1989
Walker, Shakeema	7th	1998
Aduba, Chi-Chi	7th	2004
Gibson, Dannielle	6th	2017

Shot Put

Sobansky, Elaine	4th	**1981
Sobansky, Elaine	3rd	1982
Sobansky, Elaine	6th	1983
Sobansky, Elaine	2nd	1994

Discus

Williams, Deshaya	6th	1999
Williams, Deshaya	6th	2002
Williams, Deshaya	1st	2003

Hammer

Leatherman, Jennifer	7th	2005
Leatherman, Jennifer	5th	2006

Javelin

Senz, Marilyn	6th	1984
Gibbs, Stacey	10th	1992
Gusic, Becky	8th	1996
Kisty, Denika	10th	1996
Pastore, Jen	4th	1998
Johnson, Brianne	8th	2001
Johnson, Brianne	8th	2002
Colley, Ashley	11th	2003
Johnson, Brianne	5th	2003
Bruch, Diana	8th	2005
McQuillen, Karlee	9th	2008
McQuillen, Karlee	10th	2009
McQuillen, Karlee	3rd	2010
Loht, Laura	3rd	2012
Kenney, Lauren	4th	2012
Loht, Laura	4th	2013
Kenney, Lauren	5th	2013
Loht, Laura	5th	2014

Heptathlon

Connell, Pam	4th	1991
Mitchell, Shelley	8th	1992
Hunter, Gayle	8th	2007
Hunter, Gayle	5th	2008
Hunter, Gayle	5th	2008

3000 Meters (Discontinued)

Bankes, Kris	3rd	**1976
Bankes, Kris	5th	**1977
Bankes, Kris	2nd	**1978
Mills, Kathy	1st	**1978
Carmichael, Heather	3rd	**1980

4x800-Meter Relay (Discontinued)

Kathy Byrnes, Penny Fales, Sandy Miller, Lea Ventura	2nd	**1978
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** Denotes finish in AIAW. The first women's NCAA-sponsored Outdoor Championship was contested in 1982.



BIG TEN CROSS COUNTRY HISTORY

ALL-TIME BIG TEN CROSS COUNTRY TEAM FINISHES

ALL-TIME MEN'S FINISHES

Year	Place	Score	Location
1991	4th	89 pts	West Lafayette, Ind.
1992	3rd	109 pts	Champaign, Ill.
1993	3rd	80 pts	East Lansing, Mich.
1994	3rd	75 pts	Iowa City, Iowa
1995	7th	166 pts	Minneapolis, Minn.
1996	5th	118 pts	Bloomington, Ind.
1997	6th	163 pts	Columbus, Ohio
1998	9th	248 pts	Ann Arbor, Mich.
1999	7th	186 pts	University Park, Pa.
2000	3rd	82 pts	Madison, Wis.
2001	6th	131 pts	Champaign, Ill.
2002	10th	290 pt	West Lafayette, Ind.
2003	7th	218 pts	East Lansing, Mich.
2004	9th	206 pts	Iowa City, Iowa
2005	9th	239 pts	Minneapolis, Minn.
2006	9th	207 pts	Bloomington, Ind.
2007	9th	249 pts	Columbus, Ohio
2008	4th	133 pts	Ann Arbor, Mich.
2009	9th	232 pts	University Park, Pa.
2010	4th	128 pts	Madison, Wis.
2011	6th	165 pts	Champaign, Ill.
2012	6th	169 pts	East Lansing, Mich.
2013	9th	209 pts	West Lafayette, Ind.
2014	3rd	92 pts	Iowa City, IA
2015	6th	169 pts	Chicago, Ill.
2016	9th	250 pts	Minneapolis, Minn.
2017	T-7th	159 pts	Bloomington, Ind.

ALL-TIME WOMEN'S FINISHES

Year	Place	Score	Location
1991	2nd	74 pts	West Lafayette, Ind.
1992	3rd	83 pts	Champaign, Ill.
1993	2nd	59 pts	East Lansing, Mich.
1994	3rd	81 pts	Iowa City, Iowa
1995	3rd	69 pts	Minneapolis, Minn.
1996	2nd	56 pts	Bloomington, Ind.
1997	4th	125 pts	Columbus, Ohio
1998	4th	105 pts	Ann Arbor, Mich.
1999	8th	203 pts	University Park, Pa.
2000	8th	201 pts	Madison, Wis.
2001	T-7th	153 pts	Champaign, Ill.
2002	4th	94 pts	West Lafayette, Ind.
2003	3rd	76 pts	East Lansing, Mich.
2004	6th	142 pts	Iowa City, Iowa
2005	9th	258 pts	Minneapolis, Minn.
2006	8th	222 pts	Bloomington, Ind.
2007	7th	159 pts	Columbus, Ohio
2008	7th	154 pts	Ann Arbor, Mich.
2009	1st	71 pts	University Park, Pa.
2010	4th	106 pts	Madison, Wis.
2011	3rd	71 pts	Champaign, Ill.
2012	3rd	96 pts	East Lansing, Mich.
2013	4th	143 pts	West Lafayette, Ind.
2014	7th	174 pts	Iowa City, IA
2015	1st	53 pts	Chicago, Ill.
2016	2nd	70 pts	Minneapolis, Minn.
2017	4th	107 pts	Bloomington, Ind.

BIG TEN MEN'S AWARD WINNERS

MEN'S FIRST TEAM ALL-BIG TEN

Mark Wimmer, 1991
 Bob Hamer, 1993, 94
 Jake Bartholomy, 1994
 Che Arosemena, 1996
 Chris McGinness, 2000
 Dan Mazzocco, 2003
 Kyle Dawson, 2008
 Matt Fischer, 2013

MEN'S SECOND TEAM ALL-BIG TEN

Chris McGinness, 2000
 James Carney, 2000
 Steve Walsh, 2001
 Vince McNally, 2009-2011
 Kyle Dawson, 2010-2011
 Matt Fischer, 2014
 Glen Burkhardt, 2014
 Colin Abert, 2017

MEN'S INDIVIDUAL HONORS

Kyle Dawson, 2008 Freshman of the Year

BOLD - Denotes Big Ten Champion

BIG TEN WOMEN'S AWARD WINNERS

WOMEN'S FIRST TEAM ALL-BIG TEN

Laurie Morrow, 1991 Caitlin Lane, 2011
 Kim Kelly, 1993 Kara Millhouse, 2011
 Kris Kelly, 1993 Bekka Simko, 2012
 Erin St. John, 1995, 96 Tori Gerlach, 2015
 Kim McGreevy, 1996 Elizabeth Chikotas, 2015
 Susanne Heyer, 2000 Tessa Barrett, 2016
 Molly Landreth, 2003, 04 Jillian Hunsberger, 2016
 Bridget Franek, 2007, 09

WOMEN'S SECOND TEAM ALL-BIG TEN

Tracey Brauksieck, 2002 Jillian Hunsberger, 2015
 Katy Hillard, 2002 Tessa Barrett, 2015
 Bridget Franek, 2008 Elizabeth Chikotas, 2016
 Nicole Lord, 2009
 Brooklyne Ridder, 2010
 Natalie Bower, 2010
 Emily Giannotti, 2011

WOMEN'S INDIVIDUAL HONORS

Colleen Glyde, 1992 Freshman of the Year
 Nicole Lord, 2009 Freshman of the Year
 Kim McGreevy, 1996 Athlete of the Year
 Bridget Franek, 2009 Athlete of the Year
 Beth Alford-Sullivan, 2009 Coach of the Year
 Caitlin Lane, 2011 Athlete of the Year
 Elizabeth Chikotas, 2014 Freshman of the Year
 John Gondak, 2015 Coach of the Year

BIG TEN INDOOR HISTORY



ALL-TIME BIG TEN INDOOR TEAM FINISHES

ALL-TIME MEN'S FINISHES

Year	Place	Score	Location
1992	8th	30.5 pts	East Lansing, Mich.
1993	6th	31 pts	Madison, Wis.
1994	7th	38 pts	Ann Arbor, Mich.
1995	10th	8 pts	Champaign, Ill.
1996	10th	25 pts	Columbus, Ohio
1997	10th	29.3 pts	Iowa City, Iowa
1998	8th	51 pts	West Lafayette, Ind.
1999	10th	30 pts	Madison, Wis.
2000	9th	34.5 pts	Bloomington, Ind.
2001	5th	68 pts	University Park, Pa.
2002	***	CANCELLED	Minneapolis, Minn.
2003	7th	42 pts	Champaign, Ill.
2004	8th	39 pts	Ann Arbor, Mich.
2005	8th	37 pts	West Lafayette, Ind.
2006	8th	46.5 pts	Iowa City, Iowa
2007	8th	46 pts	Bloomington, Ind.
2008	4th	79 pts	Madison, Wis.
2009	3rd	78 pts	University Park, Pa.
2010	T-6th	51 pts	Minneapolis, Minn.
2011	6th	62.66 pts	Champaign, Ill.
2012	6th	51.33 pts	Lincoln, Neb.
2013	3rd	87 pts	Geneva, Ohio
2014	3rd	72 pts	Geneva, Ohio
2015	4th	72 pts	Geneva, Ohio
2016	6th	60 pts	Geneva, Ohio
2017	2nd	84 pts	Geneva, Ohio

ALL-TIME WOMEN'S FINISHES

Year	Place	Score	Location
1992	8th	30 pts	Columbus, Ohio
1993	4th	43 pts	Bloomington, Ind.
1994	10th	10 pts	West Lafayette, Ind.
1995	10th	17 pts	Ann Arbor, Mich.
1996	4th	39 pts	Madison, Wis.
1997	5th	63 pts	Champaign, Ill.
1998	6th	44.5 pts	East Lansing, Mich.
1999	8th	59.17 pts	Columbus, Ohio
2000	8th	21 pts	Minneapolis, Minn.
2001	T-6th	61 pts	West Lafayette, Ind.
2002	7th	55.5 pts	University Park, Pa.
2003	3rd	87 pts	Bloomington, Ind.
2004	1st	115 pts	Iowa City, Iowa
2005	4th	74 pts	Ann Arbor, Mich.
2006	4th	85 pts	Madison, Wis.
2007	4th	92 pts	Champaign, Ill.
2008	3rd	121 pts	Minneapolis, Minn.
2009	2nd	125 pts	Bloomington, Ind.
2010	1st	111 pts	University Park, Pa.
2011	2nd	86 pts	West Lafayette, Ind.
2012	3rd	99 pts	Lincoln, Neb.
2013	4th	73 pts	Geneva, Ohio
2014	1st	114.5 pts	Geneva, Ohio
2015	T-3rd	68 pts	Geneva, Ohio
2016	3rd	96.5 pts	Geneva, Ohio
2017	1st	96.5 pts	Geneva, Ohio

BIG TEN MEN'S INDOOR AWARD WINNERS

ATHLETE OF THE CHAMPIONSHIPS

2013 Casimir Loxsom (Track)

ATHLETE OF THE YEAR

2013 Casimir Loxsom (Track)

FRESHMAN OF THE YEAR

2012 Robby Creese
2013 Brannon Kidder

BIG TEN WOMEN'S INDOOR AWARD WINNERS

ATHLETE OF THE CHAMPIONSHIPS

2004 Connie Moore
2008 Shana Cox (Track)
2010 Bridget Franek (Track)
2014 Kiah Seymour (Track)

ATHLETE OF THE YEAR

2006 Jennifer Leatherman
2010 Shavon Greaves (Track)

**Beginning with the 2007 season, the Big Ten instituted separate honors for the Track Athlete of the Year & Championships and the Field Athlete of the Year & Championships.*

FRESHMAN OF THE YEAR

1996 Donna Fiddler
2008 Shavon Greaves
2017 Danae Rivers

COACH OF THE YEAR

2004 Beth Alford-Sullivan
2010 Beth Alford-Sullivan
2014 Beth Alford-Sullivan
2017 John Gondak



BIG TEN INDOOR HISTORY

ALL-TIME INDOOR CHAMPIONS || BY YEAR

ALL-TIME MEN'S INDOOR CHAMPIONS

Year	Athlete	Event	Performance
1993	Kelley, Brian	Pentathlon	4097
1994	Kelley, Brian	Pentathlon	3967
1997	Loner, Joe	800-Meters	1:50.87
1998	McNutt, Neal	35-lb Weight	62-1 (18.92)
2007	Fritz, Ryan	High Jump	7-3 (2.21)
2008	Miller, Mark	800-Meters	1:52.65
2008	Smith, Clarence	Triple Jump	51-7.75 (15.74)
2009	Foster, Ryan	800-Meters	1:50.24
2009	Smith, Clarence	Triple Jump	51-7.75 (15.74)
2010	Foster, Ryan	800-Meters	1:50.43
2011	Foster, Ryan	800-Meters	1:49.98
2011	Kovacs, Joe	Shot Put	65-1.25 (19.84)
2012	Endress, Wade	DMR	9:44.40
2012	Nadolsky, Aaron	DMR	9:44.40
2012	Loxsom, Casimir	DMR	9:44.40
2012	Creese, Robby	DMR	9:44.40
2013	Loxsom, Casimir	600-Meters	1:15.72
2013	Kidder, Brannon	800-Meters	1:49.73
2013	Creese, Robby	Mile	4:01.51
2013	Kidder, Brannon	DMR	9:39.87
2013	Gilmore, Matt	DMR	9:39.87
2013	Brennan, Ryan	DMR	9:39.87
2013	Creese, Robby	DMR	9:39.87
2014	Kidder, Brannon	800-Meters	1:49.52
2014	Watkins, Za'Von	DMR	9:45.48
2014	Bennett-Green, Brandon	DMR	9:45.48
2014	Brennan, Ryan	DMR	9:45.48
2014	Kidder, Brannon	DMR	9:45.48
2015	Creese, Robby	3,000-Meters	8:10.75
2015	Hill, Darrell	Shot Put	66-6 (20.26)
2015	Makins, Jordan	DMR	9:40.62
2015	Shisler, Alex	DMR	9:40.62
2015	Watkins, Za'Von	DMR	9:40.62
2015	Creese, Robby	DMR	9:40.62
2015	Creese, Robby	Mile	4:11.41
2016	Harris, Isaiah	800-Meters	1:46.24
2016	Kidder, Brannon	Mile	4:07.89
2016	Shisler, Alex	DMR	9:43.25
2016	Kidder, Brannon	DMR	9:43.25
2016	Harris, Isaiah	DMR	9:43.25
2016	Makins, Jordan	DMR	9:43.25
2017	Xavier Smith	60-Meters	6.66
2017	Isaiah Harris	800-Meters	1:47.23
2017	Dan Chisena	4x400-Meter Relay	3:04.80
2017	Xavier Smith	4x400-Meter Relay	3:04.80
2017	Samuel Reiser	4x400-Meter Relay	3:04.80
2017	Isaiah Harris	4x400-Meter Relay	3:04.80

** Bold - Denotes Big Ten Championship Record

ALL-TIME WOMEN'S INDOOR CHAMPIONS

Year	Athlete	Event	Performance
1992	Mitchell, Shelley	Pentathlon	3830 pts
1998	Bosler, Erica	600-Meters	1:30.22
2002	Aduba, Chi-Chi	Long Jump	19-9 (6.02)
2003	Brauksieck, Tracey	DMR	11:38.33
2003	Green, Cheryl	DMR	11:38.33
2003	Scottoline, Lindsay	DMR	11:38.33
2003	Stevens, Jenny	DMR	11:38.33
2003	Aduba, Chi-Chi	Triple Jump	44-1.50 (13.44)
2003	Williams, Deshaya	Weight Throw	64-6 (19.65)
2004	Moore, Connie	60-Meters	7.27
2004	Moore, Connie	200-Meters	23.44
2004	Dougherty, Sara	Pole Vault	12-11.50 (3.94)
2004	O'Connor, Ja'Nai	Shot Put	55-2 (16.81)
2005	Leatherman, Jennifer	Shot Put	51-3.75 (15.64)
2005	Leatherman, Jennifer	Weight Throw	69-11.50 (21.32)
2006	Blake, Dominique	4x400-Meter Relay	3:41.98
2006	Cox, Shana	4x400-Meter Relay	3:41.98
2006	Barber, Aleesha	4x400-Meter Relay	3:41.98
2006	Simmons, Briene	4x400-Meter Relay	3:41.98
2006	Leatherman, Jennifer	Shot Put	53-5 (16.28)
2006	Leatherman, Jennifer	Weight Throw	74-10.50 (22.82)
2007	Barber, Aleesha	4x400-Meter Relay	3:37.70
2007	Blake, Dominique	4x400-Meter Relay	3:37.70
2007	Cox, Shana	4x400-Meter Relay	3:37.70
2007	Simmons, Briene	4x400-Meter Relay	3:37.70
2008	Cox, Shana	200-Meters	24.06
2008	Cox, Shana	400-Meters	53.40
2008	Barber, Aleesha	4x400-Meter Relay	3:40.43
2008	Blake, Dominique	4x400-Meter Relay	3:40.43
2008	Cox, Shana	4x400-Meter Relay	3:40.43
2008	Simmons, Briene	4x400-Meter Relay	3:40.43
2009	Greaves, Shavon	60-Meters	7.44
2009	Greaves, Shavon	200-Meters	23.96
2009	Dorr, Fawn	400-Meters	54.10
2009	Barber, Aleesha	4x400-Meter Relay	3:39.43
2009	Dorr, Fawn	4x400-Meter Relay	3:39.43
2009	Greaves, Shavon	4x400-Meter Relay	3:39.43
2009	Hunter, Gayle	4x400-Meter Relay	3:39.43
2010	Greaves, Shavon	60-Meters	7.30
2010	Greaves, Shavon	200-Meters	22.98
2010	Anyanwu, Doris	4x400-Meter Relay	3:35.38
2010	DeFusco, Caitlin	4x400-Meter Relay	3:35.38
2010	Dorr, Fawn	4x400-Meter Relay	3:35.38
2010	Greaves, Shavon	4x400-Meter Relay	3:35.38
2010	Franek, Bridget	Mile	4:37.95
2011	Greaves, Shavon	200-Meters	23.67
2011	Anyanwu, Doris	4x400-Meter Relay	3:37.80
2011	Iheoma, Ijeoma	4x400-Meter Relay	3:37.80
2011	Greaves, Shavon	4x400-Meter Relay	3:37.80
2011	Duncan, Megan	4x400-Meter Relay	3:37.80
2012	Lane, Caitlin	Mile	4:39.90
2012	Millhouse, Kara	5,000-Meters	16:17.45
2014	Jones, Mahagony	200-Meters	23.10
2014	Seymour, Kiah	400-Meters	52.53
2014	Gerlach, Tori	3,000-Meters	9:10.76
2014	McGee, Dynasty	4x400-Meter Relay	3:34.55
2014	Jones, Mahagony	4x400-Meter Relay	3:34.55
2014	Rhodes, Tichina	4x400-Meter Relay	3:34.55
2014	Seymour, Kiah	4x400-Meter Relay	3:34.55
2015	Gerlach, Tori	5,000-Meters	16:04.64
2015	Seymour, Kiah	400-Meters	52.72
2017	Rivers, Danae	800-Meters	2:06.10
2017	Kocjancic, Julie	DMR	11:10.53
2017	Rhodes, Tichina	DMR	11:10.53
2017	Banks, Rachel	DMR	11:10.53
2017	Rivers, Danae	DMR	11:10.53
2017	Gibson, Dannielle	Triple Jump	43'-5.25 (13.25)

** Bold - Denotes Big Ten Championship Record

BIG TEN INDOOR HISTORY



ALL-TIME INDOOR CHAMPIONS || BY EVENT

ALL-TIME MEN'S INDOOR CHAMPIONS

60 Meters		
Smith, Xavier	6.66	2017
600 Meters		
Loxsom, Casimir	1:15.72	2013
800 Meters		
Loner, Joe	1:50.87	1997
Miller, Mark	1:52.65	2008
Foster, Ryan	1:50.24	2009
Foster, Ryan	1:50.43	2010
Foster, Ryan	1:49.98	2011
Kidder, Brannon	1:49.73	2013
Kidder, Brannon	1:49.52	2014
Harris, Isaiah	1:46.24	2016
Harris, Isaiah	1:47.23	2017
Mile		
Creese, Robby	4:01.51	2013
Creese, Robby	4:11.41	2015
Kidder, Brannon	4:07.89	2016
3000 Meters		
Creese, Robby	8:10.75	2015
4x400-Meter Relay		
Dan Chisena, Xavier Smith, Samuel Reiser, Isaiah Harris	3:04.80	2017
Distance Medley Relay		
Wade Endress, Aaron Nadolsky, Casimir Loxsom, Robby Creese	9:44.40	2012
Brannon Kidder, Matt Gilmore, Ryan Brennan, Robby Creese	9:39.87	2013
Za'Von Watkins, Brandon Bennett-Green, Ryan Brennan, Brannon Kidder	9:45.48	2014
Jordan Makins, Alex Shisler	9:40.62	2015
Za'Von Watkins, Brannon Kidder	9:43.25	2016
Jordan Makins, Alex Shisler	9:43.25	2016
Isaiah Harris, Brannon Kidder		
High Jump		
Fritz, Ryan	7-3 (2.21)	2007
Triple Jump		
Smith, Clarence	51-7.75 (15.74)	2008
Smith, Clarence	51-7.75 (15.74)	2009
Shot Put		
Kovacs, Joe	65-1.25 (19.84)	2011
Hill, Darrell	66-6 (20.26)	2015
35-lb Weight		
McNutt, Neal	62-1 (18.92)	1998
Pentathlon		
Kelley, Brian	4097	1993
Kelley, Brian	3967	1994

ALL-TIME WOMEN'S INDOOR CHAMPIONS

60 Meters		
Moore, Connie	7.27	2004
Greaves, Shavon	7.44	2009
Greaves, Shavon	7.30	2010
200 Meters		
Moore, Connie	23.44	2004
Cox, Shana	24.06	2008
Greaves, Shavon	23.96	2009
Greaves, Shavon	22.98	2010
Greaves, Shavon	23.67	2011
Jones, Mahagony	23.10	2014
400 Meters		
Cox, Shana	53.40	2008
Dorr, Fawn	54.10	2009
Seymour, Kiah	52.53	2014
Seymour, Kiah	52.72	2015
600 Meters		
Bosler, Erica	1:30.22	1998
800 Meters		
Rivers, Danae	2:06.10	2017
Mile		
Franeck, Bridget	4:37.95	2010
Lane, Caitlin	4:39.90	2012
3000 Meters		
Gerlach, Tori	9:10.76	2014
5000 Meters		
Millhouse, Kara	16:17.45	2012
Gerlach, Tori	16:04.64	2015
4x400-Meter Relay		
Shana Cox, Briene Simmons, Aleesha Barber, Dominique Blake	3:41.98	2006
Dominique Blake, Briene Simmons, Shana Cox, Aleesha Barber	3:37.70	2007
Briene Simmons, Dominique Blake, Aleesha Barber, Shana Cox	3:40.43	2008
Fawn Dorr, Aleesha Barber, Shavon Greaves, Gayle Hunter	3:39.43	2009
Doris Anyanwu, Caitlin DeFusco, Shavon Greaves, Fawn Dorr	3:35.38	2010
Doris Anyanwu, Shavon Greaves, Ije Iheoma, Megan Duncan	3:37.80	2011
Dynasty McGee, Mahagony Jones, Tichina Rhodes, Kiah Seymour	3:34.55	2014
Distance Medley Relay		
Jenny Stevens, Cheryl Green, Lindsay Scottoline, Tracey Brauksieck	11:38.33	2003
Julie Kocjancic, Tichina Rhodes, Rachel Banks, Danae Rivers	11:10.53	2017
Pole Vault		
Dougherty, Sara	12-11.50 (3.94)	2004
Long Jump		
Aduba, Chi-Chi	19-9 (6.02)	2002
Shot Put		
O'Connor, Ja'Nai	55-2 (16.81)	2004
Leatherman, Jennifer	51-3.75 (15.64)	2005
Leatherman, Jennifer	53-5 (16.28)	2006
Triple Jump		
Aduba, Chi-Chi	44-1.50 (13.44)	2003
Gibson, Dannielle	43'-5.25 (13.25)	2017
Weight Throw		
Williams, Deshaya	64-6 (19.65)	2003
Leatherman, Jennifer	69-11.50 (21.32)	2005
Leatherman, Jennifer	74-10.50 (22.82)	2006
Pentathlon		
Mitchell, Shelley	3830 pts	1992

** Bold - Denotes Big Ten Championship Record



BIG TEN OUTDOOR HISTORY

ALL-TIME BIG TEN OUTDOOR TEAM FINISHES

ALL-TIME MEN'S FINISHES

Year	Place	Score	Location
1992	7th	55 pts	Minneapolis, Minn.
1993	8th	52.5 pts	East Lansing, Mich.
1994	8th	49 pts	Madison, Wis.
1995	5th	87 pts	Minneapolis, Minn.
1996	3rd	82 pts	University Park, Pa.
1997	8th	56 pts	Champaign, Ill.
1998	9th	53 pts	Columbus, Ohio
1999	9th	62 pts	West Lafayette, Ind.
2000	7th	71.5 pts	Iowa City, Iowa
2001	3rd	98.83 pts	Bloomington, Ind.
2002	5th	72 pts	Madison, Wis.
2003	5th	81 pts	Minneapolis, Minn.
2004	7th	54.5 pts	West Lafayette, Ind.
2005	7th	66 pts	Columbus, Ohio
2006	7th	61 pts	East Lansing, Mich.
2007	4th	93.5 pts	University Park, Pa.
2008	6th	77 pts	Champaign, Ill.
2009	5th	80 pts	Columbus, Ohio
2010	T-7th	52 pts	Bloomington, Ind.
2011	6th	74 pts	Iowa City, Iowa
2012	6th	80 pts	Madison, Wis.
2013	8th	59 pts	Columbus, Ohio
2014	6th	78 pts	West Lafayette, Ind.
2015	5th	67 pts	East Lansing, Mich.
2016	5th	82 pts	Lincoln, Neb.
2017	1st	117 pts	University Park, Pa.

ALL-TIME WOMEN'S FINISHES

Year	Place	Score	Location
1992	6th	77 pts	Minneapolis, Minn.
1993	6th	56 pts	East Lansing, Mich.
1994	8th	53 pts	Madison, Wis.
1995	10th	33 pts	Minneapolis, Minn.
1996	8th	43 pts	University Park, Pa.
1997	3rd	91 pts	Champaign, Ill.
1998	5th	75 pts	Columbus, Ohio
1999	8th	63 pts	West Lafayette, Ind.
2000	7th	62 pts	Iowa City, Iowa
2001	8th	65 pts	Bloomington, Ind.
2002	8th	72 pts	Madison, Wis.
2003	T-2nd	124 pts	Minneapolis, Minn.
2004	2nd	126.5 pts	West Lafayette, Ind.
2005	2nd	112.5 pts	Columbus, Ohio
2006	3rd	114 pts	East Lansing, Mich.
2007	3rd	114 pts	University Park, Pa.
2008	1st	151 pts	Champaign, Ill.
2009	1st	139 pts	Columbus, Ohio
2010	1st	133.5 pts	Bloomington, Ind.
2011	2nd	122 pts	Iowa City, Iowa
2012	4th	87 pts	Madison, Wis.
2013	1st	133 pts	Columbus, Ohio
2014	1st	136 pts	West Lafayette, Ind.
2015	7th	66 pts	East Lansing, Mich.
2016	10th	47.5 pts	Lincoln, Neb.
2017	3rd	101 pts	University Park, Pa.

BIG TEN MEN'S OUTDOOR AWARD WINNERS

ATHLETE OF THE CHAMPIONSHIPS

2014	Darrell Hill
2017	Malik Moffett

ATHLETE OF THE YEAR

2012	Joe Kovacs (Field)
2014	Darrell Hill (Field)

FRESHMAN OF THE YEAR

2010	Casimir Loxsom
2012	Robby Creese

COACH OF THE YEAR

2017	John Gondak
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BIG TEN WOMEN'S AWARD WINNERS

ATHLETE OF THE CHAMPIONSHIPS

2002	Connie Moore
2004	Connie Moore
2006	Shana Cox
2008	Shana Cox (Track)
2009	Emma Schmelzer (Field)
2010	Fawn Dorr (Track)

ATHLETE OF THE YEAR

2004	Connie Moore
2006	Jennifer Leatherman (Field)
2008	Shana Cox (Track)
2010	Shavon Greaves (Track)

**Beginning with the 2007 season, the Big Ten instituted separate honors for the Track Athlete of the Year & Championships and the Field Athlete of the Year & Championships.*

FRESHMAN OF THE YEAR

1992	Kim Kelly
2007	Bridget Franek
2017	Danae Rivers

COACH OF THE YEAR

2008	Beth Alford-Sullivan
2009	Beth Alford-Sullivan
2010	Beth Alford-Sullivan
2013	Beth Alford-Sullivan
2014	Beth Alford-Sullivan

BOLD - Denotes Big Ten Champion

BIG TEN OUTDOOR HISTORY



ALL-TIME OUTDOOR CHAMPIONS || BY YEAR

ALL-TIME MEN'S OUTDOOR CHAMPIONS

Year	Athlete	Event	Performance
1992	Davis, Antonio	Triple Jump	50-10 (15.49)
1993	Davis, Antonio	Triple Jump	51-1.75 (15.59)
1994	Hamer, Bob	5000-Meters	14:26.10
1995	Austin, Rob	Javelin	224-0
1996	Cook, James	Decathlon	7448
1996	Pina, Steve	Long Jump	25-9.50 (7.86)
1996	Wolter, Carl	Javelin	233-8 (71.22)
1997	Burkholder, Troy	Javelin	224-2 (68.32)
1998	Audu, George	Long Jump	25-4 (7.72)
1998	Burkholder, Troy	Javelin	210-11 (64.28)
1999	Audu, George	Long Jump	25-8.75 (7.84)
1999	Burkholder, Troy	Javelin	222-11 (67.96)
2001	Derby, Brian	400-Meter Hurdles	49.77
2002	Olkowski, Ryan	200-Meters	20.59
2003	Derby, Brian	400-Meter Hurdles	49.72
2003	Kuretich, J.T.	Decathlon	7424
2004	Stumpf, Brian	Javelin	216-4 (65.94)
2005	Campisi, Jaret	400-Meter Hurdles	50.10
2005	Kerschner, Bret	Javelin	218-6 (66.61)
2006	Miller, Mark	800-Meters	1:48.78
2006	Pettner, Allen	Javelin	218-6 (66.60)
2007	Fritz, Ryan	High Jump	7-1.75 (2.13)
2007	Pettner, Allen	Javelin	239-9 (73.09)
2008	Borchers, Samuel	1500-Meters	4:03.96
2009	Evak, Tanner	Javelin	233-4 (71.13)
2009	Foster, Ryan	800-Meters	1:49.66
2009	Smith, Clarence	Triple Jump	52-10.75 (16.12)w
2010	Loxson, Casimir	800-Meters	1:48.06
2010	Eaton, Blake	Shot Put	60-6.75 (18.46)
2011	Loxson, Casimir	800-Meters	1:47.70
2011	Eaton, Blake	Shot Put	61-8.50 (18.81)
2012	Loxson, Casimir	800-Meters	1:46.12
2012	Gehret, Brady	400-Meters	45.22
2012	Kovacs, Joe	Shot Put	68-5 (20.85)
2012	Nadolsky, Aaron	4x400-Meter Relay	3:04.78
2012	Loxson, Casimir	4x400-Meter Relay	3:04.78
2012	Gehret, Brady	4x400-Meter Relay	3:04.78
2012	Bennett-Green, Brandon	4x400-Meter Relay	3:04.78
2014	Steve Waithe	Triple Jump	52-0 (15.85)
2014	Darrell Hill	Shot Put	67-6 (20.57)
2014	Michael Shuey	Javelin	236-2 (71.98)
2015	Darrell Hill	Shot Put	66-3.25 (20.19)
2015	Michael Shuey	Javelin	229-2 (69.85)
2015	Brandon Kidder	800-Meters	1:47.56
2016	Brannon Kidder	1500- Meters	3:44.67
2016	Isaiah Harris	800-Meters	1:46.21
2016	Brian Leap	Triple Jump	53-4.5 (16.37)
2017	Malik Moffett	200-Meters	19.87
2017	Isaiah Harris	800-Meters	1:49.68
2017	Malik Moffett	Long Jump	26-3 (8.00)

ALL-TIME WOMEN'S OUTDOOR CHAMPIONS

Year	Athlete	Event	Performance
1992	Gibbs, Stacey	Javelin	165-1 (50.31)
1993	Kelly, Kim	10,000-Meters	34:58.95
1998	Bosler, Erica	800-Meters	2:05.69
1998	Walker, Shakeema	Triple Jump	42-4 (12.91)
1999	Walker, Shakeema	Triple Jump	43-6.50 (13.27)
2000	Williams, Deshaya	Discus	165-10 (50.54)
2002	Moore, Connie	100-Meters	11.31
2002	Moore, Connie	200-Meters	23.12
2003	Moore, Connie	100-Meters	11.37
2004	Moore, Connie	100-Meters	11.40
2004	Moore, Connie	200-Meters	22.74
2004	Aduba, Chi-Chi	4x100-Meter Relay	44.55
2004	Moore, Connie	4x100-Meter Relay	44.55
2004	Salaam, Kamilah	4x100-Meter Relay	44.55
2004	Shoaff, Sara	4x100-Meter Relay	44.55
2004	Aduba, Chi-Chi	Long Jump	20-10.75 (6.36)
2004	O'Connor, Ja'Nai	Shot Put	55-4.75 (16.88)
2005	Cox, Shana	400-Meters	52.91
2005	Cox, Shana	4x100-Meter Relay	45.27
2005	Robinson, Brooke	4x100-Meter Relay	45.27
2005	Salaam, Kamilah	4x100-Meter Relay	45.27
2005	Shoaff, Sara	4x100-Meter Relay	45.27
2005	Leatherman, Jennifer	Hammer	199-3 (60.73)
2006	Cox, Shana	200-Meters	23.41
2006	Cox, Shana	400-Meters	52.57
2006	Cox, Shana	4x100-Meter Relay	45.18
2006	Salaam, Kamilah	4x100-Meter Relay	45.18
2006	Shoaff, Sara	4x100-Meter Relay	45.18
2006	Walker, Monique	4x100-Meter Relay	45.18
2006	Blake, Dominique	4x400-Meter Relay	3:36.95
2006	Cox, Shana	4x400-Meter Relay	3:36.95
2006	Markel, Kim	4x400-Meter Relay	3:36.95
2006	Simmons, Briene	4x400-Meter Relay	3:36.95
2006	Leatherman, Jennifer	Discus	167-8 (51.10)
2006	Leatherman, Jennifer	Hammer	197-8 (60.24)
2007	Barber, Aleesha	400-Meter Hurdles	57.56
2007	Blake, Dominique	4x400-Meter Relay	3:34.93
2007	Cox, Shana	4x400-Meter Relay	3:34.93
2007	Hunter, Gayle	4x400-Meter Relay	3:34.93
2007	Simmons, Briene	4x400-Meter Relay	3:34.93
2008	Cox, Shana	200-Meters	23.15
2008	Cox, Shana	400-Meters	52.00
2008	Barber, Aleesha	100-Meter Hurdles	12.83
2008	Franek, Bridget	3000 Steeplechase	9:58.56
2008	Blake, Dominique	4x400-Meter Relay	3:36.24
2008	Cox, Shana	4x400-Meter Relay	3:36.24
2008	Dorr, Fawn	4x400-Meter Relay	3:36.24
2008	Simmons, Briene	4x400-Meter Relay	3:36.24
2009	Greaves, Shavon	100-Meters	11.49
2009	Greaves, Shavon	200-Meters	23.35
2010	Greaves, Shavon	100-Meters	11.56
2010	Greaves, Shavon	200-Meters	23.28
2010	Dorr, Fawn	400-Meters	52.51
2010	Barber, Aleesha	100-Meter Hurdles	13.11
2010	Dorr, Fawn	400-Meter Hurdles	57.5
2010	Franek, Bridget	3000 Steeplechase	9:48.28
2010	Barber, Aleesha	4x100-Meter Relay	42.62
2010	Greaves, Shavon	4x100-Meter Relay	42.62
2010	DeFusco, Caitlin	4x100-Meter Relay	42.62
2010	Dorr, Fawn	4x100-Meter Relay	42.62
2010	Greaves, Shavon	4x400-Meter Relay	3:35.18
2010	Dorr, Fawn	4x400-Meter Relay	3:35.18
2010	Anyanwu, Doris	4x400-Meter Relay	3:35.18
2010	Duncan, Megan	4x400-Meter Relay	3:35.18
2011	Millhouse, Kara	10,000-Meters	35:02.33
2011	Duncan, Megan	400-Meter Hurdles	57.35
2011	McQuillen, Karlee	Javelin	162-10 (49.63)
2012	Millhouse, Kara	10,000-Meters	34:25.78
2012	Loht, Laura	Javelin	160-11 (49.05)
2013	Jones, Mahagony	100-Meters	11.32 (+2.6)
2013	Britton, Evonne	100-Meter Hurdles	13.40
2013	Kenney, Lauren	Javelin	173-10 (52.98)
2014	Jones, Mahagony	200-Meters	23.08
2014	Seymour, Kiah	400-Meter Hurdles	56.40
2014	McGee, Dynasty	4x400-Meter Relay	3:34.81
2014	Jones, Mahagony	4x400-Meter Relay	3:34.81
2014	Rhodes, Tichina	4x400-Meter Relay	3:34.81
2014	Seymour, Kiah	4x400-Meter Relay	3:34.81
2014	Kurzdorfer, Melissa	Hammer	198-6 (60.51)
2014	Brittney Howell	Heptathlon	5,515
2017	Danae Rivers	800-Meters	2:04.14
2017	Dannielle Gibson	Triple Jump	45-1.75 (13.76)

** Bold - Denotes Big Ten Championship Record



BIG TEN OUTDOOR HISTORY

ALL-TIME OUTDOOR CHAMPIONS || BY EVENT

ALL-TIME MEN'S OUTDOOR CHAMPIONS

200 Meters		
Olkowski, Ryan	20.59	2002
Moffett, Malik	19.87	2017
400 Meters		
Gehret, Brady	45.22	2012
800 Meters		
Miller, Mark	1:48.78	2006
Foster, Ryan	1:49.66	2009
Loxson, Casimir	1:48.06	2010
Loxson, Casimir	1:47.70	2011
Loxson, Casimir	1:46.12	2012
Kidder, Brandon	1:47.56	2015
Harris, Isaiah	1:46.21	2016
Harris, Isaiah	1:49.68	2017
1500 Meters		
Borchers, Samuel	4:03.96	2008
Kidder, Brannon	3:44.56	2016
5000 Meters		
Hamer, Bob	14:26.10	1994
400-Meter Hurdles		
Derby, Brian	49.77	2001
Derby, Brian	49.72	2003
Campisi, Jaret	50.10	2005
4x400-Meter Relay		
Aaron Nadolsky, Brandon Bennett-Green, Casimir Loxson, Brady Gehret	3:04.78	2012
High Jump		
Fritz, Ryan	7-1.75 (2.13)	2007
Long Jump		
Pina, Steve	25-9.50 (7.86)	1996
Audu, George	25-4 (7.72)	1998
Audu, George	25-8.75 (7.84)	1999
Moffett, Malik	26-3 (8.00)	2017
Triple Jump		
Davis, Antonio	50-10 (15.49)	1992
Davis, Antonio	51-1.75 (15.59)	1993
Smith, Clarence	52-10.75 (16.12)w	2009
Waithe, Steve	52-0 (15.85)	2014
Leap, Brian	53-4.5(16.27)	2016
Shot Put		
Eaton, Blake	60-6.75 (18.46)	2010
Eaton, Blake	61-8.50 (18.81)	2011
Kovacs, Joe	68-5 (20.85)	2012
Hill, Darrell	67-6 (20.57)	2014
Hill, Darrell	66-3.25 (20.19)	2015
Javelin		
Austin, Rob	224-0 (68.27)	1995
Wolter, Carl	233-8 (71.22)	1996
Burkholder, Troy	224-2 (68.32)	1997
Burkholder, Troy	210-11 (64.28)	1998
Burkholder, Troy	222-11 (67.96)	1999
Stumpf, Brian	216-4 (65.94)	2004
Kerschner, Bret	218-6 (66.61)	2005
Pettner, Allen	218-6 (66.60)	2006
Pettner, Allen	239-9 (73.09)	2007
Evak, Tanner	233-4 (71.13)	2009
Shuey, Michael	236-2 (71.98)	2014
Shuey, Michael	229-2 (69.85)	2015
Decathlon		
Cook, James	7448	1996
Kuretich, J.T.	7424	2003

ALL-TIME WOMEN'S OUTDOOR CHAMPIONS

100 Meters		
Moore, Connie	11.31	2002
Moore, Connie	11.37	2003
Moore, Connie	11.40	2004
Greaves, Shavon	11.49	2009
Greaves, Shavon	11.56	2010
Jones, Mahagony	11.32 (+2.6)	2013
200 Meters		
Moore, Connie	23.12	2002
Moore, Connie	22.74	2004
Cox, Shana	23.41	2006
Cox, Shana	23.15	2008
Greaves, Shavon	23.35	2009
Greaves, Shavon	23.28	2010
Jones, Mahagony	23.08	2014
400 Meters		
Cox, Shana	52.91	2005
Cox, Shana	52.57	2006
Cox, Shana	52.00	2008
Dorr, Fawn	52.51	2010
800 Meters		
Bosler, Erica	2:05.69	1998
Rivers, Danae	2:04.14	2017
10,000 Meters		
Kelly, Kim	34:58.95	1993
Millhouse, Kara	35:02.33	2011
Millhouse, Kara	34:25.78	2012
100-Meter Hurdles		
Barber, Aleesha	12.83	2008
Barber, Aleesha	13.11	2010
Britton, Evonne	13.40	2013
400-Meter Hurdles		
Barber, Aleesha	57.56	2007
Dorr, Fawn	57.50	2010
Duncan, Megan	57.35	2011
Seymour, Kiah	56.40	2014
3000-Meter Steeplechase		
Franek, Bridget	9:58.56	2008
Franek, Bridget	9:48.28	2010
4x100-Meter Relay		
Kamilah Salaam, Chi-Chi Aduba, Sara Shoaff, Connie Moore	44.55	2004
Brooke Robinson, Kamilah Salaam, Sara Shoaff, Shana Cox	45.27	2005
Shana Cox, Monique Walker, Kamilah Salaam, Sara Shoaff	45.18	2006
Shavon Greaves, Caitlin DeFusco, Aleesha Barber, Fawn Dorr	42.62	2010
4x400-Meter Relay		
Shana Cox, Dominique Blake, Kim Markel, Briene Simmons	3:36.95	2006
Briene Simmons, Gayle Hunter, Dominique Blake, Shana Cox	3:34.93	2007
Briene Simmons, Dominique Blake, Gayle Hunter, Shana Cox	3:36.24	2008
Megan Duncan, Shavon Greaves, Doris Anyanwu, Fawn Dorr	3:35.18	2010
Dynasty McGee, Mahagony Jones, Tichina Rhodes, Kiah Seymour	3:34.81	2014
Long Jump		
Aduba, Chi-Chi	20-10.75 (6.36)	2004
Triple Jump		
Walker, Shakeema	42-4 (12.91)	1998
Walker, Shakeema	43-6.50 (13.27)	1999
Gibson, Dannielle	45-1.75 (13.76)	2017
Shot Put		
O'Connor, Ja'Nai	55-4.75 (16.88)	2004
Discus		
Williams, Deshaya	165-10 (50.54)	2000
Leatherman, Jennifer	167-8 (51.10)	2006
Hammer		
Leatherman, Jennifer	199-3 (60.73)	2005
Leatherman, Jennifer	197-8 (60.24)	2006
Kurzrdorfer, Melissa	198-6 (60.51)	2014
Javelin		
Gibbs, Stacey	165-1 (50.31)	1992
McQuillen, Karlee	162-10 (49.63)	2011
Loht, Laura	160-11 (49.05)	2012
Kenney, Lauren	173-10 (52.98)	2013
Heptathlon		
Howell, Brittney	5,515	2014

** Bold - Denotes Big Ten Championship Record



ALL-TIME BIG TEN ATHLETES OF THE WEEK

ALL-TIME WOMEN'S WINNERS					ALL-TIME MEN'S WINNERS				
Year	Season	Athlete	Date	Event	Year	Season	Athlete	Date	Event
1996	XC	Kim McGreevy	October*		1992	T&F	Jay Kirby	January	
1996	XC	Kim McGreevy	November*		1992	T&F	Brian Miline	March	
1997	T&F	Felicia Cooksey	January*		1996	T&F	4x800m Relay Team	March*	
1997	T&F	Jen Pastore	April*		1999	T&F	George Audu	January 12	
2001	XC	Michelle Wale	October 9		1999	T&F	John Gorham	April 19	
2002	XC	Tracey Brauksieck	September 10		2001	XC	Stephen Walsh	October 9	
2002	XC	Tracey Brauksieck	October 15		2001	T&F	Ryan Olkowski	April 9	
2002	XC	Tracey Brauksieck	October 22		2003	XC	Dan Mazzocco	September 17	
2003	XC	Molly Landreth	September 17		2003	XC	Dan Mazzocco	October 22	
2003	XC	Molly Landreth	October 22		2006	T&F	Steve Meyers	April 25	
2003	XC	Molly Landreth	October 29		2007	XC	Brian Fuller	September 4	
2003	T&F	Chi Chi Aduba	January 21		2007	XC	Lucas Zarzeczny	September 25	
2004	XC	Molly Landreth	September 14		2007	T&F	Ryan Fritz	February 13	
2004	XC	Molly Landreth	September 28		2007	T&F	Allen Pettner	April 3	Field
2004	T&F	Sara Dougherty	February 3		2007	T&F	Ryan Fritz	April 17	Field
2004	T&F	Connie Moore	February 18		2008	T&F	Sam Borchers	January 29	Track
2004	T&F	Ja'Nai O'Connor	March 29		2008	T&F	Sam Borchers	April 8	Track
2004	T&F	Connie Moore	April 19		2008	T&F	Clarence Smith	May 6	Field
2004	T&F	Chi Chi Aduba	May 3		2009	T&F	Mike Cadau	January 12	Track
2005	T&F	Jennifer Leatherman	April 25		2009	T&F	Ryan Fritz	January 12	Field
2005	T&F	Jennifer Leatherman	May 9		2009	T&F	Clarence Smith	January 19	Field
2006	XC	Bridget Franek	October 10		2009	T&F	Clarence Smith	February 9	Field
2006	T&F	Jennifer Leatherman	January 17		2009	T&F	Ryan Foster	April 15	Track
2006	T&F	Jennifer Leatherman	February 14		2009	T&F	John Vellenoweth	May 13	Field
2006	T&F	Jennifer Leatherman	March 28		2010	XC	Vince McNally	September 7	
2006	T&F	Jennifer Leatherman	April 11		2010	T&F	Ryan Foster	January 18	Track
2006	T&F	Jennifer Leatherman	April 25		2010	T&F	Ryan Foster	February 1	Track
2006	T&F	Jennifer Leatherman	May 5		2010	T&F	Blake Eaton	February 8	Field
2006	T&F	Jennifer Leatherman	May 8		2010	T&F	Ryan Foster	April 7	Track
2007	XC	Bridget Franek	September 4		2010	T&F	Joe Kovacs	April 21	Field
2007	XC	Bridget Franek	September 25		2010	T&F	Casimir Loxsom	April 28	Track
2007	T&F	Lena Bettis	January 16	Field	2010	T&F	Casimir Loxsom	May 5	Track
2007	T&F	Shana Cox	January 30	Track	2010	T&F	Ryan Fritz	May 12	Field
2007	T&F	Shana Cox	April 10	Track	2011	XC	Kyle Dawson	September 6	
2007	T&F	Shana Cox	April 17	Track	2011	T&F	Blake Eaton	February 7	Field
2007	T&F	Aleesha Barber	April 24	Track	2011	T&F	Joe Kovacs	April 20	Field
2007	T&F	Bridget Franek	May 1	Track	2011	T&F	Casimir Loxsom	April 27	Track
2007	T&F	Gayle Hunter	May 1	Field	2011	T&F	Ryan Foster	May 4	Track
2007	T&F	Emma Schmelzer	May 8	Field	2011	T&F	Sean Reilly	May 11	Field
2008	XC	Caitlin Lane	September 2		2012	XC	Robby Creeese	September 4	
2008	XC	Bridget Franek	October 7		2012	T&F	Hanif Johnson	January 9	Field
2008	T&F	Dominique Blake	January 29	Track	2012	T&F	Robby Creeese	January 16	Track
2008	T&F	Gayle Hunter	January 29	Field	2012	T&F	Joe Kovacs	April 4	Field
2008	T&F	Briene Simmons	February 5	Track	2012	T&F	Robby Creeese	April 18	Track
2008	T&F	Lena Bettis	February 12	Field	2012	T&F	Joe Kovacs	April 18	Field
2008	T&F	Shana Cox	April 15	Track	2012	T&F	Joe Kovacs	May 2	Field
2008	T&F	Shana Cox	April 29	Track	2012	T&F	Joe Kovacs	May 9	Field
2008	T&F	Shana Cox	May 6	Track	2013	T&F	Sancho Barrett	January 7	Track
2009	XC	Caitlin Lane	September 8		2013	T&F	Jon Hendershot	January 7	Field
2009	XC	Cheryl Spring	September 15		2013	T&F	Casimir Loxsom	January 14	Track
2009	XC	Bridget Franek	October 6		2013	T&F	Casimir Loxsom	January 28	Track
2009	T&F	Bridget Franek	February 2	Track	2013	T&F	Robby Creeese	February 11	Track
2009	T&F	Gayle Hunter	February 2	Field	2013	T&F	Brannon Kidder	April 10	Track
2009	T&F	Gayle Hunter	February 9	Field	2013	T&F	Robby Creeese	April 17	Track
2009	T&F	Bridget Franek	February 16	Track	2013	T&F	Casimir Loxsom	April 24	Track
2009	T&F	Bridget Franek	April 15	Track	2013	T&F	Casimir Loxsom	May 2	Track
2009	T&F	Kim Hanslovan	May 13	Field	2013	T&F	Jon Hendershot	May 8	Field
2010	XC	Caitlin Lane	September 7		2014	T&F	Brannon Kidder	February 10	Track
2010	T&F	Shavon Greaves	January 11	Track	2014	T&F	Steve Waithe	February 17	Field
2010	T&F	Fawn Dorr	January 18	Track	2014	T&F	Steve Waithe	April 16	Field
2010	T&F	Shavon Greaves	February 1	Track	2014	T&F	Darrell Hill	April 30	Field
2010	T&F	Bridget Franek	February 15	Track	2014	T&F	Brannon Kidder	May 7	Track
2010	T&F	Shavon Greaves	April 7	Track	2014	XC	Brandon Kidder	Oct. 14	
2010	T&F	Karlee McQuillen	April 28	Field	2015	T&F	Brandon Kidder	Feb. 2	Track
2010	T&F	Bridget Franek	May 12	Track	2015	T&F	Darrell Hill	Feb. 9	Field
2011	XC	Caitlin Lane	September 6		2015	T&F	Robby Creeese	Feb. 9	Track
2011	T&F	Shavon Greaves	January 31	Track	2015	T&F	Brandon Kidder	Feb. 23	Track
2011	T&F	Karlee McQuillen	April 6	Field	2015	T&F	Brandon Kidder	April 8	Track
2012	XC	Bekka Simko	September 4		2015	T&F	Robby Creeese	April 15	Track
2012	T&F	Mahagony Jones	January 9	Track	2015	T&F	Darrell Hill	April 29	Field
2012	T&F	Melissa Kurzdorfer	April 4	Field	2015	T&F	Brandon Kidder	May 6	Track
2012	T&F	Kirsten Nieuwendam	May 9	Track	2015	T&F	Sancho Barrett	May 13	Track
2013	T&F	Mahagony Jones	January 7	Field	2015	T&F	Darrell Hill	May 13	Field
2013	T&F	Erika Morgan	January 7	Field	2015	XC	Ean DiSilvio	Sept. 9	
2013	T&F	Marlene Ricketts	January 14	Field	2016	T&F	Brannon Kidder	Jan. 20	Track
2013	T&F	Lauren Kenney	April 10	Field	2016	T&F	Isaiah Harris	Feb 10	Track
2013	T&F	Mahagony Jones	April 17	Track	2016	T&F	Isaiah Harris	April 6	Track
2014	T&F	Evonne Britton	February 3	Track	2016	T&F	Brian Leap	April 20	Field
2014	T&F	Kiah Seymour	February 17	Track	2016	T&F	Brannon Kidder	April 27	Track
2014	T&F	Mahagony Jones	April 16	Track	2016	T&F	Brian Leap	May 4	Field
2014	T&F	Kiah Seymour	May 7	Track	2017	T&F	Isaiah Harris	Jan. 25	Track
2014	T&F	Melissa Kurzdorfer	May 14	Field	2017	T&F	Isaiah Harris	Feb. 1	Track
2015	XC	Tori Gerlach	Sept. 16		2017	T&F	Michael Shuey	Mar. 29	Field
2016	T&F	Lexi MasterSon	Jan 13	Field	2017	T&F	Isaiah Harris	Apr. 5	Track
2016	T&F	Dannielle Gibson	March 30	Field	2017	T&F	Isaiah Harris	Apr. 26	Track
2016	XC	Tessa Barrett	Sept. 14		2017	XC	Colin Abert	Sept. 6	
2017	T&F	Dannielle Gibson	Jan. 18	Field	2017	XC	Colin Abert	Sept. 13	
2017	T&F	Tessa Barrett	Feb. 1	Track	2017	XC	Colin Abert	Oct. 18	
2017	T&F	Danae Rivers	Feb. 1	Track					
2017	T&F	Tori Gerlach	Apr. 19	Track					
2017	T&F	Danae Rivers	Apr. 26	Track					
2017	XC	Jillian Hunsberger	Sept. 6						
2017	XC	Jillian Hunsberger	Sept. 13						



PENN RELAYS HISTORY

MEN'S RELAYS CHAMPIONS

Year	Relay	Performance
1920	4x1 Mile Relay —, —, —, Larry Shields	18:10.6
1920	DMR (3/4 Mile, 440, 880, Mile) —, —, —, Larry Shields	10:37.2
1923	4x880 Yard Relay Edgar L. Carter, J. Russell Edgerton, Schuyler Enck, Alan Helffrich	7:48.8
1924	SMR (440, 220, 220, 880) Alan Helffrich, Conway, Crip Moore, Schuyler Ench	3:30.4
1926	4x1 Mile Relay R.R. Fouracre, P.B. Reis, K.B. Barclay, J.H. Stewart	18:14.6
1926	4 x 120-Yd High Hurdle Shuttle E.T. Eggers, J.M. Lerch, C.J. Sharp, Crip Moore	1:06.0
1928	4x110 Yards Frank Kilmer, Al Bates, John McCracken, Dick Bartholomew	42.6
1928	DMR (3/4 Mile, 440, 880, Mile) Lonnie Kittle, Bill Karbach, George Offenhausen, Bill Cox	10:37.8
1929	4x1 Mile Relay C.A. Meisinger, P.E. Rekers, G.K. Offenhauser, Bill Cox	17:48.6
1932	SMR (440, 220, 220, 880) C.E. Gritsavage, I. Dale, W. Van Keuran, W.F. Dunaway, or H. Thompson Dale	3:28.6
1942	SMR (440, 220, 220, 880) Barney Ewell, D.D. Dolbin, M.M. Neville, Norm Gordon	3:26.5
1947	4x1 Mile Relay Bill Shuman, Curt Stone, Horace Ashenfelter, Gerry Karver	17:48.6
1948	4x1 Mile Relay Bill Shuman, Mitch Williams, H.Ashenfelter, Gerry Karver	17:30.7
1948	DMR (3/4 Mile, 440, 880, Mile) Paul Koch, Mitch Williams, Bill Shuman, Gerry Karver	10:15.1
1949	4x1 Mile Relay Unknown	17:35.4
1950	4x110 Yards Jim Gehrdes, Guy Kay, Bill Lockhart, Wilbert Lancaster	41.3
1951	4x1 Mile Relay Bob Parsons, Don Ashenfelter, Bill Ashenfelter, Bob Freebairn	17:24.6
1959	4x1 Mile Relay Ed Moran, Dick Engelbrink, Charles King, Fred Kerr	17:11.3
1959	DMR (3/4 Mile, 440, 880, Mile) Unknown	9:58.2
1983	4x800-Meter Relay Paul McLaughlin, Randy Moore, Mike Cook, Ken Wynn	7:19.77
1985	4x800-Meter Relay Vance Watson, Steve Shisler, Chris Mills, Randy Moore	7:11.17
1986	4x800-Meter Relay Vance Watson, Steve Shisler, Ray Levitre, Chris Mills	7:16.05
1987	4x800-Meter Relay Steve Balkey, Mark Anderson, Chris Mills, Ray Levitre	7:14.65
2011	SMR Aaron Nadolsky, Brady Gehret, Casimir Loxsom, Ryan Foster	3:17.10
2012	SMR Aaron Nadolsky, Br. Bennett-Green, Brady Gehret, Casimir Loxsom	3:18.47
2012	4x800 Owen Dawson, Ryan Brennan, Casimir Loxsom, Robby Creese	7:19.76
2013	4x800 Robby Creese, Za'Von Watkins, Casimir Loxsom, Brannon Kidder	7:14.14
2013	DMR Brannon Kidder, Brandon Bennett-Green, Casimir Loxsom, Robby Creese	9:24.68
2015	SMR Xavier Smith, Sancho Barrett, Alex Shisler, Brandon Kidder	3:21.29
2016	4x800-Meter Relay Robby Creese, Jordan Makins, Isaiah Harris, Brannon Kidder	7:14.14

WOMEN'S RELAY CHAMPIONS

Year	Relay	Performance
1978	4x800-Meter Relay Unknown	8:49.9
2008	4x400-Meter Relay Dominique Blake, Aleesha Barber, Gayle Hunter, Shana Cox	3:31.44

MEN'S INDIVIDUAL CHAMPIONS

Year	Athlete	Event	Performance
1910	Lee Talbot	Hammer Throw	160-6 (48.92)
1911	Lee Talbot	Discus	129-2 (39.32)
1911	Alfred Tilley	Hammer Throw	143-8 (43.78)
1913	Lee Talbot	Discus	142-0 (43.28)
1913	Lee Talbot	Hammer Throw	163-7 (49.88)
1919	Francis Emory	56-Pound Weight	28-0 (8.53)
1920	Francis Emory	Javelin	165-6 (50.44)
1923	Crip Moore	120-Yard High Hurdles	15.4
1925	Crip Moore	120-Yard High Hurdles	14.8
1926	Al Bates	Long Jump	23-3 1/2 (7.07)
1927	Bill Cox	Two-Mile	9:32.0
1927	Marian Ide	Hammer Throw	158-0 7/8
1938	Nick Vukmanic	Javelin	223-10 (68.22)
1939	Nick Vukmanic	Javelin	207-3 (63.16)
1942	Barney Ewell	Long Jump	24-5 1/2 (7.45)
1944	Barney Ewell	Long Jump	24-2 (7.36)
1945	Barney Ewell	100 Yards	9.8
1947	Curt Stone	Two-Mile	9:19.4
1949	Horace Ashenfelter	Two-Mile	9:21.5
1949	Jim Gehrdes	120-Yard High Hurdles	14.4
1949	Jim Gehrdes	120-Yard High Hurdles	14.3
1954	Art Pollard	100 Yards	9.8
1955	Roosevelt Grier	Shot Put	54-8 (16.66)
1961	Bob Brown	100 Yards	9.9
1965	Lennart Hedmark	Javelin	243-0 (74.06)
1966	Bill Reilly	3000-Meter Steeplechase	9:22.8
1971	Greg Fredericks	Three-Mile	13:36.1
1972	Greg Fredericks	Three-Mile	13:31.5
1973	Charlie Maguire	Three-Mile	13:41.6
1974	Charlie Maguire	Three-Mile	13:27.0
1974	Mike Shine	120-Yard High Hurdles	13.9
1974	Mike Shine	400-Meter Hurdles	50.8
1975	Knut Hjeltnes	Shot Put	61-23/4 (18.66)
1976	George Malley	3000-Meter Steeplechase	8:34.4
1976	Mike Shine	110-Meter High Hurdles	13.6
1976	Al Jackson	Hammer Throw	199-4 (60.76)
1977	Paul Stemmer	5000 Meters	13:52.4
1979	Bruce Baden	3000-Meter Steeplechase	8:42.5
1979	Alan Scharsu	5000 Meters	13:48.5
1979	John Ziegler	10,000 Meters	29:19.3
1979	Tim Backenstose	Marathon	2:22:14
1980	Alan Scharsu	5000 Meters	13:42.1
1982	Jeff Adkins	5000 Meters	13:55.0
1987	Dave Masgay	Decathlon (Multi)	7282
1989	C.J. Hunter	Shot Put	63-3 1/4 (19.28)
1990	C.J. Hunter	Shot Put	65-5 (19.81)
1993	Brian Milne	Discus	196-5 (59.86)
1993	Antonio Davis	Triple Jump	53-11 1/4 (16.44)
1996	James Cook	Decathlon (Multi)	7600
1997	James Cook	Decathlon (Multi)	7458
1998	Kevin Geesaman	20,000 Meters	1:04:40
2003	J.T. Kurelich	Decathlon (Multi)	7056
2005	Ian McCann	20,000 Meters	1:07:40
2007	Chris Morrissey	Decathlon (Multi)	7014
2008	Chris Morrissey	Decathlon (Multi)	6995
2009	Tanner Evak	Javelin	225-6 (68.74)
2012	Joe Kovacs	Shot Put	65-5 (19.94)
2014	Steve Waithe	Triple Jump	53-2.75 (16.22)
2014	Darrell Hill	Shot Put	63-11.75 (19.50)
2014	Michael Shuey	Javelin	234-11 (71.60)
2015	Darrell Hill	Shot Put	68-2.5 (20.78)
2016	Ryan Kerr	Javelin	228-8 (69.72)
2016	Brian Leap	Triple Jump	53-0 (16.15)

INDIVIDUAL WOMEN'S CHAMPIONS

Year	Athlete	Event	Performance
1983	Marilyn Senz	Javelin	162-9 (49.60)
1984	Elaine Sobansky	Shot Put	53-4.50 (5.96)
1985	Paula Renzi	5000-Meters	16:01.4
1986	Stacy Prey	5000-Meters	16:01.2
1998	Jen Pastore	Javelin	177-7 (54.12)
2000	Deshaya Williams	Discus	174-8 (53.24)
2001	Brianne Johnson	Javelin	161-7 (49.26)
2006	Jennifer Leatherman	Hammer	213-7 (65.12)
2007	Bridget Franek	3,000m Steeplechase	9:59.21
2007	Gayle Hunter	Heptathlon	5606
2009	Fawn Dorr	400-Meter Hurdles	57.78
2010	Karlee McQuillen	Javelin	162-7 (49.57)
2011	Karlee McQuillen	Javelin	158-4 (48.28)
2012	Melissa Kurzdorfer	Hammer	205-1 (62.53)
2012	Lauren Kenney	Javelin	160-8 (48.99)
2013	Natalie Bower	3,000m Steeplechase	10:13.58
2013	Laura Loht	Javelin	154-6 (47.10)
2013	Brittney Howell	Heptathlon	5084
2014	Leigha Anderson	10,000m	33:52.32
2014	Laura Loht	Javelin	167-8 (51.11)
2015	Elizabeth Chikotas	5000-Meters	16:05.46
2017	Dannielle Gibson	Triple Jump	43-6 (13.26)

WOMEN'S INDOOR RECORDS



Track Events

60 Meters	7.24	Shavon Greaves, 2010
200 Meters	22.60	Consuella Moore, 2004
400 Meters	52.31	Shana Cox, 2007
800 Meters	2:04.04	Danae Rivers, 2017
Mile	4:32.55	Danae Rivers, 2017
3000 Meters	9:07.22	Tessa Barrett, 2017
5000 Meters	15:28.99	Tessa Barrett, 2017
60m Hurdles	8.10	Evonne Britton, 2014

Relay Events

4x400-Meters	3:33.13	Dynasty McGee, Mahogany Jones, Tichina Rhodes, Kiah Seymour, 2014
Distance Medley	11:01.16	Julie Kocjancic, Tichina Rhodes, Rachel Banks, Danae Rivers, 2017

Non-NCAA Event Records

55 Meters	6.98	Shavon Greaves, 2008
300 Meters	37.13	Shavon Greaves, 2010
500 Meters	1:09.19	Shana Cox, 2007
600 Meters	1:29.06	Danae Rivers, 2017
1000 Meters	2:43:15	Tori Gerlach, 2016
55m Hurdles	7.77	Aleesha Barber, 2008
Shuttle Hurdles	32.30	Carla Criste, Laurie Dangel, Sue Lindner, Stephanie Weeks, 1983
4x200-Meters	1:35.65	Megan Osborne, Kiah Seymour, Dynasty McGee, Mahogany Jones, 2014 (Collegiate Record)
4x800-Meters	8:45.60	Judi Cassel, Heidi Gerken, Tammie Hart, Beth Stever, 1984
Sprint Medley	3:52.25	Lauren Burns, Lena Bettis, . Aleesha Barber, Briene Simmons, 2007 ** Collegiate Record

*All times are FAT (Fully Automatic Timing)

Field Events

High Jump	5-11.25 (1.81).	Antoinette O'Carroll, 1987
	5-11.25 (1.81).....	Brittany Maun, 2010
Pole Vault	13-9.75 (4.21).....	Lexi Masterson, 2016
Long Jump	20-11.25 (6.38).....	Gayle Hunter, 2009
Triple Jump	44-1.25 (13.45).....	Chi-Chi Aduba, 2003
Shot Put	56-8 (17.27).....	Rachel Fatherly, 2016
20-lb. Weight	74-10.50 (22.82)...	Jen Leatherman, 2006
Pentathlon	4,342 points.....	Gayle Hunter, 2009

Pentathlon Event Records

60-Meter Hurdles	8.31	Brittney Howell, 2014
High Jump	5-8.50 (1.74).....	Amber Strouse, 2007
	Kelsey Coutts, 2012
Long Jump	20-11.25 (6.38).....	Gayle Hunter, 2009
Shot Put	40-0.50 (12.20).....	Gayle Hunter, 2009
800-Meters	2:13.73	Gayle Hunter, 2009

Retired Records

50 Yards	6.00	Lea Ventura, 1977
60 Yards	7.12	Vivian Riddick, 1983
220 Yards	24.84	Debbie Lewis, 1980
300 Yards	36.49	Janice Carter, 1985
440 Yards	55.62	Tammie Hart, 1981
600 Yards	1:20.34	Tammie Hart, 1983
880 Yards	2:09.11	Terry Pioli, 1983
1000 Yards	2:32.00	Doreen Startare, 1983
1500 Meters	4:20.50	Patty Murnane, 1980
2000 Meters	6:05.67	Mary Rawe, 1980
2-Mile	9:54.76	Doreen Startare, 1983
3-Mile	15:48.00	Paula Renzi, 1985
50-Yard Hurdles	6.80	Patti Knighton, 1978
60-Yard Hurdles	8.07	Stephanie Weeks, 1983
50-Meter Hurdles	7.20	Carla Criste, 1985
Mile Relay	3:46.30	Penny Fales, Tammie Hart, Elaine LaFramboise, Terry Pioli, 1980
2-Mile Relay	8:52.40	Judi Cassel, Heidi Gerken, Beth Stever, Doreen Startare, 1984
880-Yard Relay	1:43.90	Debbie Lewis, Ann McKillop, Terry Pioli, Vivian Riddick, 1980



WOMEN'S INDOOR RECORDS

WOMEN'S INDOOR TOP 5 PERFORMANCES

60 Meters

1.	7.24	Shavon Greaves, 2010
2.	7.26	Mahagony Jones, 2014
3.	7.27	Consuella Moore, 2004
4.	7.32	Keianna Albury, 2017
5.	7.41	Toyin Augustus, 2001

200 Meters

1.	22.60	Consuella Moore, 2004
2.	22.93	Mahagony Jones, 2014
3.	22.98	Shavon Greaves, 2010
4.	23.48	Shana Cox, 2005
	23.48	Kiah Seymour, 2014

400 Meters

1.	52.31	Shana Cox, 2007
2.	52.53	Fawn Dorr, 2010
	52.53	Kiah Seymour, 2014
4.	53.14	Shavon Greaves, 2010
5.	53.15	Dominique Blake, 2008

500 Meters

1.	1:09.19	Shana Cox, 2007
2.	1:12.03	Janice Carter, 1989
3.	1:12.05	Ijeoma Iheoma, 2012
4.	1:12.23	Fawn Dorr, 2010
5.	1:13.32	Briene Simmons, 2006

600 Meters

1.	1:29.06	Danae Rivers, 2017
2.	1:29.81	Briene Simmons, 2008
3.	1:30.22	Erica Bosler, 1998
4.	1:30.42	Ijeoma Iheoma, 2011
5.	1:30.53	Frances Bull, 2017

800 Meters

1.	2:04.04	Danae Rivers, 2017
2.	2:05.67	Briene Simmons, 2007
3.	2:06.88	Bekka Simko, 2012
4.	2:06.99	Rachel Banks, 2017
5.	2:07.43	Sarah Jane Underwood, 2016

1000 Meters

1.	2:43.15	Tori Gerlach, 2016
2.	2:44.24	Caitlin Lane, 2012
3.	2:47.28	Marta Klebe, 2014
4.	2:48.17	Sarah Jane Underwood, 2014
5.	2:48.21	Briene Simmons, 2007

Mile

1.	4:32.55	Danae Rivers, 2017
2.	4:37.83	Tori Gerlach, 2016
3.	4:37.95	Bridget Franek, 2010
4.	4:38.37	Caitlin Lane, 2011
5.	4:40.43	Julie Kocjancic, 2017

3000 Meters

1.	9:07.22	Tessa Barrett, 2017
2.	9:10.04	Bridget Franek, 2009
3.	9:10.76	Tori Gerlach, 2014
4.	9:13.06	Paula Renzi, 1985
5.	9:15.16	Caitlin Lane, 2012

5000 Meters

1.	15:28.99	Tessa Barrett, 2017
2.	15:50.49	Tori Gerlach, 2016
1.	15:53.50	Paula Renzi, 1985
2.	15:56.76	Bridget Franek, 2010
5.	16:01.90	Jillian Hunsberger, 2017

60-Meter Hurdles

1.	8.10	Evonne Britton, 2014
2.	8.16	Aleesha Barber, 2009
3.	8.21	Queenie Dale, 2017
4.	8.22	Toyin Augustus, 2001
5.	8.31	Brittney Howell, 2014

4x200-Meter Relay

1.	1:35.65	Megan Osborne, Kiah Seymour, Dynasty McGee, Mahagony Jones, 2014 <i>** Collegiate Record</i>
2.	1:37.25	Mahagony Jones, Kirsten Nieuwendam, Doris Anyanwu, Kiah Seymour
3.	1:37.76	Monique Walker, Kamilah Salaam, Gayle Hunter, Sara Shoaff, 2006
4.	1:37.92	Kamilah Salaam, Brooke Robinson, Sara Shoaff, Shana Cox, 2005
5.	1:38.05	Cheryl Green, Connie Moore, Sara Shoaff, Kamilah Salaam, 2004

4x400-Meter Relay

1.	3:33.13	Dynasty McGee, Mahagony Jones, Tichina Rhodes, Kiah Seymour, 2014
2.	3:33.49	Dominique Blake, Briene Simmons, Shana Cox, Aleesha Barber, 2007
3.	3:34.00	Dominique Blake, Shana Cox, Aleesha Barber, Fawn Dorr, 2008
	3:34.00	Doris Anyanwu, Ijeoma Iheoma, Shavon Greaves, Megan Duncan, 2011
5.	3:34.04	Shana Cox, Briene Simmons, Aleesha Barber, Dominique Blake, 2006



WOMEN'S INDOOR TOP 5 PERFORMANCES

Sprint Medley Relay

- 3:52.25 Lauren Burns, Lena Bettis, Aleesha Barber, Briene Simmons, 2007
- 3:56.63 Cheryl Green, Connie Moore, Sara Shoaff, Briene Simmons, 2004
- 4:01.38 Sara Shoaff, Gayle Hunter, Dominique Blake, Jenny Stevens, 2005
- 4:09.50 Monique Walker, Sara Shoaff, Aleesha Barber, Katie Willow, 2006

Distance Medley Relay

- 11:01.16 Julie Kocjancic, Tichina Rhodes, Rachel Banks, Danae Rivers, 2017
- 11:05.16 Caitlin Lane (3:22), Iheoma (53.5), Bekka Simko (2:07.5), Kara Millhouse (4:41.1), 2012
- 11:14.78 Megan Hutchinson, Shana Cox, Briene Simmons, Bridget Franek, 2007
- 11:15.00 Danae Rivers, Kiara Lester, Rachel Banks, Tessa Barrett, 2017
- 11:18.96 Bekka Simko, Ije Iheoma, Marta Klebe, Brooklyne Ridder, 2012

High Jump

- 5-11.25 (1.81) Brittany Maun, 2010
- 5-11.25 (1.81) Antoinette O'Carroll, 1987
- 5-10.50 (1.79) Erika Morgan, 2013
- 5-10.50 (1.79) Megan McCloskey, 2017
- 5-9.75 (1.77) Jen Aylward, 2001
- 5-9.75 (1.77) Ahmenah Richardson, 2016

Pole Vault

- 13-9.75 (4.21) Lexi Masterson, 2016
- 13-6.50 (4.13) Hannah Mulhern, 2016
- 13-5.50 (4.11) Sara Dougherty, 2004
- 13-1.75 (4.01) Kasey Kemp, 2016
- 13-0.75 (3.98) Megan Fry, 2017

Long Jump

- 20-11.25 (6.38) Gayle Hunter, 2009
- 20-8 (6.30) Chi-Chi Aduba, 2003
- 20-8 (6.30) Shakeema Walker, 1999
- 20-7.50 (6.28) Carmen Mann, 1990
- 20-4.50 (6.21) Brittney Howell, 2014

Triple Jump

- 44-1.50 (13.45) Chi-Chi Aduba, 2004
- 43-9.00 (13.33) Dannielle Gibson, 2017
- 42-4.75 (12.92) Marlene Ricketts, 2013
- 41-11.50 (12.79) Gabriela Baiter, 2008
- 41-9.25 (12.73) Lena Bettis, 2007
- 41-9.25 (12.73) Shakeema Walker, 1998

Shot Put

- 56-8 (17.27) Rachhel Fatherly, 2016
- 56-5.25 (17.20) Ja'Nai O'Connor, 2004
- 53-6 (16.31) Elaine Sobansky, 1983
- 53-5.75 (16.30) Alyssa Robinson, 2017
- 53-5 (16.28) Jen Leatherman, 2006

20-lb Weight Throw

- 74-10.50 (22.82) Jen Leatherman, 2006
- 69-2 (21.08) Rachel Fatherly, 2015
- 68-6 (20.88) Melissa Kurzdorfer, 2014
- 67-5.50 (20.56) Rachel Fatherly, 2016
- 66-3 (20.19) Kate Johnston, 2005

Pentathlon

- 4,342 Gayle Hunter, 2009
- 4,202 Brittney Howell, 2014
- 3,988 Carla Criste, 1985
- 3,861 Tal Ben-Artzi, 2014
- 3,805 Amber Strouse, 2007

Notable Performances

- * 4,059 Gayle Hunter, 2005
- * *American Junior Record*



MEN'S INDOOR RECORDS

Track Events

60 Meters	6.66 Xavier Smith, 2017
200 Meters	20.76 Malik Moffett, 2017
400 Meters	46.22.....Brady Gehret, 2011
800 Meters	1:46.24..... Isaiah Harris, 2016
Mile	3:57.11..... Robby Creese, 2013
3000 Meters	7:50.36..... Robby Creese, 2015
5000 Meters	13:52.36.....Steve Brown, 1990
60m Hurdles	7.69..... Guy Rose, 2001

Relay Events

4x400-Meters	3:04.80 Dan Chisena, Xavier Smith, Samuel Reiser, Isaiah Harris, 2017
Distance Medley	9:26.59..... Brannon Kidder, Brandon Bennett-Green, Za'Von Watkins, Robby Creese, 2014

Non-NCAA Event Records

55 Meters	6.31.....Michael Timpson, 1986
300 Meters	33.01.....Michael Timpson, 1986 U.S. Collegiate Record
500 Meters	1:01.28..... Casimir Loxsom, 2011
600 Meters	1:14.96..... Isaiah Harris, 2017 ** Collegiate Record **
1000 Meters	2:18.26..... Brandon Kidder, 2016 ** Collegiate Record **
1500 Meters	3:44.0.....Larry Mangan, 1979
55m Hurdles	7.31.....Michael Timpson, 1986
4x55-Meters	24.65 Knowledge Timmons, Shawn Colligan, Alex Langan, Ernie Terrell, 2006
4x55m Hurdles	28.8..... Paul Pollock, Bill Austin, Matt Graham & Dennis Rock, 1977
4x200-Meters	1:23.75..... Xavier Smith, Dan Chisena, ... Malik Moffett, Anton Porter, 2016
Sprint Medley	3:23.74..... Ernie Terrell, Jaret Campisi, Chris Lolagne, Matt Lincoln, 2005
4x800-Meters	7:21.37Steve Balkey, Dave McMillan, Chris Mills & Ray Levitre, 1987 7:21.37Za'Von Watkins, Brannon Kidder, Ricky West, Casimir Loxosm, 2013
4-Mile	16:43.4.....Jeff Adkins, Tom Rapp, Alan Scharsu & Larry Mangan, 1980

Field Events

High Jump	7-4.25 (2.24).....Paul Souza, 1982
Pole Vault	17-0.75 (5.20).....John Vellenoweth, 2009
Long Jump	25-11 (7.90).....David Coney, 1986
Triple Jump	53-0.75 (16.17).... Chavous Nichols, 2003
Shot Put	67-3.5 (20.51).....Darrell Hill, 2015
35-lb. Weight	70-6.5 (21.50).....Will Barr, 2014
Pentathlon	4,097 pts..... Brian Kelley, 1993
Heptathlon	5,511 pts Rob Cardina, 2014

Heptathlon Event Records

Points	5,511 Rob Cardina, 2014
60 Meters	7.04..... Rob Cardina, 2014
Long Jump	23-1 3/4 (7.05)..... Rob Cardina, 2014
Shot Put	46-6 1/4 (14.18)..... Rob Cardina, 2017
High Jump	6-7 1/2 (2.02)..... Anya Uzoh, 2012
60-Meter Hurdles	8.21 J.T. Kuretich, 2003
Pole Vault	15-5 3/4 (4.72) J.T. Kuretich, 2003
1,000 Meters	2:41.90 Chris Morrissey, 2007

Retired Records

50 Yards	5.1 Barney Ewell, 1942 (1)
300 Yards	30.1 Mike Sands, 1975
500 Yards	57.0 Ollie Sax, 1953
600 Yards	1:09.6 Ken Wynn, 1983
1000 Yards	2:09.4 Pat Rexroat, 1975
2-Miles	8:34.2 Greg Fredericks, 1972
3-Miles	13:17.6 Paul Stemmer, 1976
50-Yard Hurdles	6.1 Rod Perry, 1955 (1)
70-Yard Hurdles	8.4 Jim Gehrdes, 1949; 8.4 Mike Shine, 1975
National TAC Medley (440, 220, 220, 300)	2:04.9 .Mike Sands, Steve Hackman, Jack Davis & Mike Shine, 1975
Indoor Pentathlon	4,097 Brian Kelley, 1993



MEN'S INDOOR TOP 5 PERFORMANCES

60 Meters

1.	6.66	Xavier Smith, 2016
2.	6.76	Ernie Terrell, 2003
	6.76	Malik Mofett, 2017
4.	6.77*	Michael Timpson, 1986
5.	6.80*	Barney Ewell, 1942

* Converted time from 60 yards to 55 meters

200 Meters

1.	20.76	Malik Moffett, 2017
2.	20.85	Xavier Smith, 2017
3.	20.98	Ryan Olkowski, 2002
4.	21.11	Michael Timpson, 1989
5.	21.18	Greg Miller, 2001

400 Meters

1.	46.22	Brady Gehret, 2011
2.	46.55	Bernard Bennett-Green, 2014
3.	46.73	Byron Robinson, 2014
4.	46.74	Brandon Bennett-Green, 2014
5.	46.81	Michael Timpson, 1987

500 Meters

1.	1:01.28	Casimir Loxsom, 2011
2.	1:02.58	Ben Karcz, 2000
3.	1:02.75	Ernie Terrell, 2003
4.	1:02.81	Mike Cadau, 2009
5.	1:03.01	Bernard Bennett-Green, 2014

600 Meters

1.	1:14.96	Isaiah Harris, 2017
2.	1:15.42	Casimir Loxsom, 2013
3.	1:16.89	Ben Karcz, 2001
4.	1:16.98	Brannon Kidder, 2015
5.	1:17.58	Robert Rhodes, 2016

Notable Performances

*	1:16.92	Casimir Loxsom, 2010
		* American Junior Record
*	1:15.79	Casimir Loxsom, 2013
		* American Collegiate Record
*	1:15.42	Casimir Loxsom, 2013
		* All-Time Collegiate and American Best

800 Meters

1.	1:46.24	Isaiah Harris, 2016
2.	1:46.98	Casimir Loxsom, 2013
3.	1:47.01	Brannon Kidder, 2016
4.	1:47.32	Ryan Foster, 2010
5.	1:47.77	Owen Dawson, 2010

Notable Performances

1:47.48	Ryan Foster, 2010

	* Australian National Record

1000 Meters

1.	2:18.26	Brannon Kidder, 2016
2.	2:19.53	Robby Creese, 2012
3.	2:19.60	Ryan Foster, 2010
4.	2:21.95	Ricky West, 2013
5.	2:21.98	Owen Dawson, 2010

Notable Performances

*	2:18.26	Brannon Kidder, 2016
		* Collegiate Record
*	2:19.53	Robby Creese, 2012
		* Collegiate, American Junior Record
*	2:19.60	Ryan Foster, 2010
		* Australian National Record

Mile

1.	3:57.11	Robby Creese, 2013
2.	3:57.13	Brannon Kidder, 2015
3.	3:58.49	Ryan Foster, 2011
4.	4:01.98	Samuel Borchers, 2008
5.	4:02.3	Greg Fredericks, 1972

3000 Meters

1.	7:50.36	Robby Creese, 2015
2.	7:54.52	Sam Masters, 2013
3.	8:00.78	Ken Frazier, 1989
4.	8:02.05	John Zishka, 1981
5.	8:04.21	Matt Fischer, 2014

Converted Marks

1.	7:53.58	Greg Fredericks, 1972
2.	7:54.50	Robert Snyder, 1979

5000 Meters

1.	13:52.36	Steve Brown, 1990
2.	13:58.55	Eric Carter, 1986

Converted Marks

1.	13:46.42	Paul Stemmer, 1976
2.	13:46.94	Alan Scharsu, 1980
3.	13:59.71	Charlie Maguire, 1974

60-Meter Hurdles

1.	7.69	Guy Rose, 2001
2.	7.82	Michael Timpson, 1986
3.	7.83	John Whelan, 1998
4.	7.85	Mike Shine, 1975
5.	7.86	Ron Jules, 2007

4x200-Meter Relay

1.	1:24.70	Emunael Mpanduki, Matt Gilmore, Brandon Bennett-Green, Aaron Nadolsky, 2013
		** Collegiate Record
2.	1:26:24	Alex Langan, Jaret Campisi, Chris Lolagne, Ernie Terrell, 2005
3.	1:28.31	Alex Langan, Ron Jules, Mike O'Donnell, Adam Stanowick, 2007
4.	1:28.99	Justin Kiscadden, Jaret Campisi, Ernie Terrell, Greg Miller, 2003
5.	1:29.32	Steve Morgan, Jordan Rajan, Justin Babich, Dan Engel, 2006



MEN'S INDOOR RECORDS

MEN'S INDOOR TOP 5 PERFORMANCES

4x400-Meter Relay

- 3:04.80 Chisena, Smith, Reiser, Harris, 2017
- 3:05.22 Nadolsky (46.8), Bennett-Green (46.6), Loxsom (46.1), Gehret (45.8), 2012
- 3:07.27 Nadolsky, Williams, Loxsom, Gehret, 2011
- 3:07.72 Nadolsky, Gehret, Loxsom, Gilmore, 2012
- 3:07.83 Robinson, Be. Bennett-Green, Nadolsky, Br. Bennett-Green, 2014

Sprint Medley Relay

- 3:23.74 Ernie Terrell (48.67), Jaret Campisi (21.31), Chris Lolagne (21.40), Matt Lincoln (1:52.06), 2005
- 3:27.70 Ben Karcz (49.31), Duane Reeves (21.94), John Gorham (22.53), Joe Hubbard (1:53.03), 1999
- 3:28.35 Ben Karcz, John Whelan, Duane Reeves, Joe Loner, 1998
- 3:29.07 Vern Lucas, Steve Evans, Paul Pollack, Bill Sheskey, 1978
- 3:29.1 Mike Sands, Doug Finkel, Fred Singleton, Martin Keen, 1974

Converted times from yards in **BOLD**.

4x800-Meter Relay

- 7.21.37 Balkey, McMillan, Mills, Levitre, 1987
Watkins, Kidder, West, Loxsom, 2013
- 7.22.10 Makins, Brennan, Kidder, Creese, 2015

Converted from 2-Mile Relay

- 7:21.42 McLaughlin, Moore, Wynn, Cook, 1983
- 7:23.38 Watson, Shisler, Mills, Moore, 1985

Distance Medley Relay

- 9:26.59 Kidder, Bennett-Green, Watkins, Creese, 2014
- 9:27.20 Makins, Shisler, Harris, Kidder, 2016
- 9:28.36 Kidder, Rhodes, Watkins, Creese, 2015
- 9:32.21 Kidder, Shisler, Watkins, Creese, 2015
- 9:32.94 Borchers, Cadau, Foster, Johnson, 2009

4xMile Relay

- 16:43.4 Jeff Adkins (4:15.1), Tom Rapp (4:10.2), Alan Scharsu (4:11.2), Larry Mangan (4:05.9), 1980
- 17:07.5 Charlie Maguire, Bob Hillman, Dan Supulski, Greg Fredericks, 1972
- 17:10.0 Dan Supulski, Charlie Maguire, Gary Gittings, Bob Hillman, 1971
- 17:11.8 Larry Mangan, Kelly O'Brien, Glen Chumley, Tom Rapp, 1973
- 17:14.5 Charlie Maguire, John Fullmer, Matt Chadwick, Gary Gittings, 1973

High Jump

- 7-4 1/4 (2.24) Paul Souza, 1982
- 7-3 1/4 (2.22) Ryan Fritz, 2007
- 7-2 3/4 (2.20) Ryan Olkowski, 1999
7-2 3/4 (2.20) Jon Hendershot, 2014
- 7-1 3/4 (2.18) Sean Reilly, 2012

Pole Vault

- 17-0 3/4 (5.20) John Vellenoweth, 2009
- 17-0 (5.18) Mason Ternay, 1992
- 16-9 1/2 (5.12) Ron Campbell, 1985
- 16-9 1/2 (5.12) Rick Kleban, 1985
- 16-8 3/4 (5.10) Dave Bollinger, 2004
16-8 3/4 (5.10) Brad Lawrence, 2010

Long Jump

- 25-11 1/4 (7.91) Dave Coney, 1986
- 25-10 3/4 (7.89) Antonio Davis, 1993
- 25-8 (7.82) George Audu, 1999
- 25-5 1/2 (7.76) Rob Boulware, 1986
- 25-4 1/2 (7.73) John Gorham, 1999

Triple Jump

- 53-0 3/4 (16.17) Chavous Nichols, 2003
- 52-6 3/4 (16.02) Brian Leap, 2015
- 52-6 (16.00) Clarence Smith, 2009
52-6 (16.00) Steve Waithe, 2014
- 52-4 1/4 (15.95) Ricardo Hall, 1990
52-4 1/4 (15.95) Antonio Davis, 1994

Shot Put

- 67-3 1/2 (20.51) Darrell Hill, 2015
- 65-7 (19.99) C.J. Hunter, 1990
- 65-1 1/4 (19.84) Joe Kovacs, 2011
- 62-6 1/2 (19.05) Phil Caraher, 1991
- 62-1 1/4 (18.93) Blake Eaton, 2011

35-lb Weight Throw

- 70-6 1/2 (21.50) Will Barr, 2014
- 67-8 (20.62) Morgan Shigo, 2017
- 66-5 3/4 (20.26) Dorian Lowe, 2002
- 66-2 1/4 (20.17) Scott Vernon, 2005
- 65-10 (20.08) David Lucas, 2017

Heptathlon

- 5511 Robert Cardina, 2014
- 5500 James Cook, 1998
- 5419 Chris Morrissey, 2008
- 5367 Anya Uzoh, 2012
- 5239 Shawn Colligan, 2008

*American record when recorded.



Track Events

100 Meters	11.21	Connie Moore, 2003
200 Meters	22.45	Connie Moore, 2004
400 Meters	50.84	Shana Cox, 2008
800 Meters	2:02.53	Danae Rivers, 2017
1,500 Meters	4:15.20	Marta Klebe, 2014
5,000 Meters	15:32.53	Kathy Mills, 1978
10,000 Meters	32:57.33	Kara Millhouse, 2012
100m Hurdles	12.85	Aleesha Barber, 2010
400m Hurdles	55.57	Fawn Dorr, 2010
3000m Steeple	9:32.35	Bridget Franek, 2010

Relay Events

4x100-Meters	44.25	Laurie Fox, Chi-Chi Aduba,Sara Shoaff, Connie Moore, 2003
4x400-Meters	3:27.69	Dominique Blake, Aleesha Barber,Gayle Hunter, Shana Cox, 2012

Non-NCAA Event Records

Mile	4:40.65	Bridget Franek, 2010
3000 Meters	9:08.04	Kathy Mills, 1978
4x200-Meters	1:33.09	Mahagony Jones, Dynasty McGee,Brittney Howell, Kiah Seymour, 2014
4x800-Meters	8:25.49	Tori Gerlach, Julie Kocjancic,Rachel Banks, Danae Rivers, 2017
Distance Medley	10:56.07	Tori Gerlach, Tichina Rhodes,Rachel Banks, Danae Rivers, 2017
Sprint Medley	3:47.90	Aleesha Barber, Dominique Blake,Shana Cox, Briene Simmons, 2007
4x1500m Relay	17:57.28	Meghan Noecker, Bridget Franek,Leah Rosenfeld, Claire Percival, 2007

*All times are FAT (Fully Automatic Timing)

Field Events

High Jump	6-0 (1.83)	Shelley Mitchell, 1992
Pole Vault	13-5.25 (4.10)	Hannah Mulhern, 2017
Long Jump	21-6 (6.55)	Chi-Chi Aduba, 2004
Triple Jump	44-6.75 (13.58)	Chi-Chi Aduba, 2004
Shot Put	56-3.25 (17.15)	Rachel Fatherly, 2015
Discus	185-1 (56.42)	Deshaya Williams, 2003
Hammer	219-1 (66.78)	Jen Leatherman, 2006
Javelin	178-6 (54.41)	Laura Loht, 2014

Heptathlon Event Records

Heptathlon	5797	Gayle Hunter, 2009
100-Meter Hurdles	13.45	Gayle Hunter, 2009
High Jump	5-10 (1.78)	Brittney Howell, 2014
Shot Put	42-6.25 (12.96)	Madeline Holmberg, 2017
200-Meters	23.56w	Gayle Hunter, 2008
Long Jump	21-0.50 (6.42)w	Gayle Hunter, 2009
Javelin	126-5 (38.53)	Gayle Hunter, 2008
800-Meters	2:16.52	Tal Ben-Artzi, 2015

Retired Records

800m Medley	1:47.20	Johanna Humphreys, Terry Pioli,Vivian Riddick, Stephanie Weeks, 1982
Javelin (old)	198-11 (60.64)	Jen Pastore, 1998
Pentathlon	3,725 points	Patti Knighton, 1978



WOMEN'S OUTDOOR RECORDS

WOMEN'S TOP 10 OUTDOOR PERFORMANCES

100 Meters

1.	11.21	Connie Moore, 2004
2.	11.27	Shavon Greaves, 2010
3.	11.29	Mahagony Jones, 2014
4.	11.56	Kamilah Salaam, 2004
5.	11.58	Keianna Albury, 2017
6.	11.63 (11.57w)	Aleesha Barber, 2008
7.	11.68	Vivian Riddick, 1983
	11.68 (11.60w)	Kirsten Nieuwendam, 2012
9.	11.70	Sara Shoaff, 2006
10.	11.72	Caitlin DeFusco, 2010

200 Meters

1.	22.45	Connie Moore, 2004
2.	22.90 (22.64w)	Mahagony Jones, 2014
3.	23.07	Shavon Greaves, 2010
4.	23.15 (22.92w)	Shana Cox, 2008
5.	23.33	Keianna Albury, 2017
6.	23.47	Kirsten Nieuwendam, 2012
7.	23.61	Kamilah Salaam, 2004
8.	23.66	Kiah Seymour, 2014
9.	23.70	Sara Shoaff, 2005
10.	23.81 (23.56w)	Gayle Hunter, 2008

400 Meters

1.	50.84	Shana Cox, 2008
2.	52.15	Dominique Blake, 2008
3.	52.51	Fawn Dorr, 2010
4.	53.14	Dynasty McGee, 2014
5.	53.17	Ije Iheoma, 2012
6.	53.65	Tichina Rhodes, 2015
7.	53.74	Laila Brock, 1998
	53.74	Janice Carter, 1988
9.	53.80	Tammie Hart, 1981
10.	54.15	Shavon Greaves, 2010

800 Meters

1.	2:02.53	Danae Rivers, 2017
2.	2:03.09	Bekka Simko, 2012
3.	2:04.37	Tammie Hart, 1985
4.	2:04.72	Briene Simmons, 2006
5.	2:05.14	Rachel Banks, 2017
6.	2:05.66	Janice Carter, 1985
7.	2:06.68	Terry Pioli, 1981
8.	2:05.69	Erica Bosler, 1998
9.	2:06.80	Maura Ryan, 2011
10.	2:07.26	Judi Cassel, 1995

1500 Meters

1.	4:15.20	Marta Klebe, 2014
2.	4:16.33	Danae Rivers, 2017
3.	4:16.96	Doreen Startare, 1993
4.	4:17.40	Kim McGreevy, 1997
5.	4:17.54	Mary Rawe, 1981
6.	4:18.33	Bridget Franek, 2010
7.	4:19.83	Patty Murnane, 1981
8.	4:20.11	Bekka Simko, 2012
9.	4:20.40	Caitlin Lane, 2010
10.	4:21.10	Heather Carmichael, 1980

5000 Meters

1.	15:32.52	Kathy Mills, 1978
2.	15:46.08	Bridget Franek, 2010
3.	15:53.50	Paula Renzi, 1985
4.	15:58.79	Tori Gerlach, 2015
5.	16:01.59	Tessa Barrett, 2016
6.	16:04.24	Jillian Hunsberger, 2017
7.	16:05.46	Elizabeth Chikotas, 2015
8.	16:06.32	Kim Kelly, 1993
9.	16:08.74	Leigha Anderson, 2014
10.	16:09.38	Stacy Prey, 1990

10,000 Meters

1.	32:57.33	Kara Millhouse, 2012
2.	33:29.40	Jillian Hunsberger, 2017
3.	33:52.32	Leigha Anderson, 2014
4.	34:00.00	Natalie Updegrove, 1983
5.	34:02.52	Kim Kelly, 1993
6.	34:02.80	Kris Kelly, 1993
7.	34:05.28	Kathryn Munks, 2017
7.	34:09.00	Kelli Hunt, 1993
8.	34:20.10	Donna Fidler, 1999
9.	34:22.03	Tessa Barrett, 2016

100-Meter Hurdles

1.	12.85	Aleesha Barber, 2010
2.	13.03	Evonne Britton, 2014
3.	13.35	Gayle Hunter, 2009
4.	13.36	Toyin Augustus, 2001
5.	13.45	Brittney Howell, 2014
6.	13.63	Quenee Dale, 2016
7.	13.70	Madeline Holmberg, 2017
8.	13.71	Shelley Black, 2015
9.	13.83	Kamilah Salaam, 2006
	13.83	Monique Walker, 2006



WOMEN'S TOP 10 OUTDOOR PERFORMANCES

400-Meter Hurdles

1.	55.57	Fawn Dorr, 2010
2.	55.88	Kiah Seymour, 2014
3.	57.00	Aleesha Barber, 2007
4.	57.32	Evonne Britton, 2010
5.	57.35	Megan Duncan, 2011
6.	57.88	Shelley Mitchell, 1991
7.	58.45	Tammie Hart, 1982
8.	58.60	Ernestine Marsh, 1987
9.	58.77	Kim Markel, 2007
10.	58.93	Doris Anyanwu, 2012

3000-Meter Steeplechase

1.	9:32.35	Bridget Franek, 2010
2.	9:46.76	Tori Gerlach, 2017
3.	10:07.78	Molly Landreth, 2003
4.	10:07.86	Natalie Bower, 2013
5.	10:16.91	Tracey Brauksieck, 2003
6.	10:20.33	Lindsey Graybill, 2012
7.	10:20.76	Abbie Benson, 2014
8.	10:22.09	Greta Lindsley, 2017
9.	10:24.01	Claire Percival, 2007
10.	10:26.41	Nicole Lord, 2010

4x100-Meter Relay

1.	44.25	Laurie Fox, Sara Shoaff, Connie Moore, Chi-Chi Aduba, 2003
2.	44.38	Kamilah Salaam, Chi-Chi Aduba, Sarah Shoaff, Connie Moore, 2004
3.	44.57	Shavon Greaves, Caitlin DeFusco, Aleesha Barber, Fawn Dorr, 2010
4.	44.64	Dannielle Gibson, Mahagony Jones, Dynasty McGee, Kiah Seymour, 2014
5.	44.77	Quenee Dale, Keianna Albury, Kiara Lester, Tichina Rhodes, 2017
6.	44.80	Kamilah Salaam, Sara Shoaff, Shana Cox, Brooke Robinson, 2005
7.	44.86	Shavon Greaves, Shana Cox, Aleesha Barber, Dominique Blake, 2008
8.	45.18	Shana Cox, Monique Walker, Kamilah Salaam, Sara Shoaff, 2006
9.	45.22	Deja Davis, Keianna Albury, Quenee Dale, Kiara Lester, 2017
10.	45.31	Toyin Augustus, Chi-Chi Aduba, Laurie Fox, Consuella Moore, 2001

4x200-Meter Relay

1.	1:33.09	Mahagony Jones, Dynasty McGee, Brittney Howell, Kiah Seymour, 2014
2.	1:33.78	Caitlin DeFusco, Shavon Greaves, Fawn Dorr, Doris Anyanwu, 2010
3.	1:33.87	Connie Moore, Kamilah Salaam, Chi-Chi Aduba, Sara Shoaff, 2004
4.	1:34.75	Shavon Greaves, Gayle Hunter, Fawn Dorr, Caitlin DeFusco, 2009
5.	1:34.76	Dynasty McGee, Mahagony Jones, Megan Osborne, Kiah Seymour, 2014
6.	1:35.36	Quenee Dale, Keianna Albury, Kiara Lester, Madeline Holmberg, 2017
7.	1:35.98	Shana Cox, Gayle Hunter, Dominique Blake, Lauren Burns, 2007
8.	1:36.56	Megan Duncan, Ije Iheoma, Doris Anyanwu, Caitlin DeFusco, 2011
9.	1:36.73	Laurie Fox, Cherese Sullivan, Chi-Chi Aduba, Consuella Moore, 2003
10.	1:38.17	Sara Shoaff, Kamilah Salaam, Dominique Blake, Monique Walker, 2006

4x400-Meter Relay

1.	3:27.69	Dominique Blake, Aleesha Barber, Gayle Hunter, Shana Cox, 2008
2.	3:30.34	Aleesha Barber, Shavon Greaves, Gayle Hunter, Fawn Dorr, 2009
3.	3:30.35	Doris Anyanwu, Shavon Greaves, Ije Iheoma, Megan Duncan, 2011
4.	3:30.74	Aleesha Barber, Shavon Greaves, Doris Anyanwu, Fawn Dorr, 2010
5.	3:31.17	Dynasty McGee, Mahagony Jones, Tichina Rhodes, Kiah Seymour, 2014
6.	3:31.75	Dominique Blake, Briene Simmons, Gayle Hunter, Shana Cox, 2007
7.	3:32.90	Briene Simmons, Dominique Blake, Fawn Dorr, Shana Cox, 2008
8.	3:33.03	Doris Anyanwu, Ije Iheoma, Kirsten Nieuwendam, Dynasty McGee, 2012
9.	3:33.40	Dominique Blake, Aleesha Barber, Gayle Hunter, Fawn Dorr, 2008
10.	3:33.47	Kiah Seymour, Mahagony Jones, Shelley Black, Dynasty McGee, 2013



WOMEN'S OUTDOOR RECORDS

WOMEN'S TOP 10 OUTDOOR PERFORMANCES

Sprint Medley Relay

1. 3:47.90Aleesha Barber, Dominique Blake, Shana Cox, Briene Simmons, 2007
2. 3:49.19 Mahagony Jones, Dynasty McGee, Kiah Seymour, Marta Klebe, 2014
3. 3:50.15Kamilah Salaam, Sara Shoaff, Shana Cox, Dominique Blake, 2005
4. 3:50.54 Shavon Greaves, Gayle Hunter, Fawn Dorr, Bridget Franek, 2009
5. 3:52.37Sara Shoaff, Kamilah Salaam, Dominique Blake, Briene Simmons, 2006
6. 3:53.20 Janice Carter, Leslie Hummer, Lisa Chess, Kiernan O'Toole, 1988
7. 3:53.21Mahagony Jones, Kiah Seymour, Dynasty McGee, Colleen Shannon, 2013
8. 3:54.71 Erica Bosler, Laila Brock, Tiffany Glenn, Nicole Paul, 1998
9. 3:55.19 Dynasty McGee, Kirsten Nieuwendam, Ije Iheoma, Marta Klebe, 2012
10. 3:55.24Shavon Greaves, Doris Anyanwu, Ije Iheoma, Bekka Simko, 2011

Distance Medley Relay

1. 10:56.07 Tori Gerlach (3:23.24), Tichina Rhodes (53.77), Rachel Banks (2:08.02), Danae Rivers (4:31.05), 2017
2. 11:08.41Bekka Simko (3:23.0), Ije Iheoma (52.8), Marta Klebe (2:09.8), Kara Millhouse (4:42.8), 2012
3. 11:09.50 Tammie Hart, Patty Murnane, Terry Pioli, Mary Rawe, 1981
4. 11:16.97Leah Rosenfeld, Shana Cox, Briene Simmons, Bridget Franek, 2008
5. 11:17.53Marta Klebe, Marlene Ricketts, Sarah Jane Underwood, Caitlin Lane, 2013
6. 11:18.20 Tammi Hart, Janice Carter, Lisa Ross, Paula Renzi, 1985
7. 11:20.80 Penny Fales, Debbie Lewis, Heather Carmichael, Mary Rawe, 1980
8. 11:21.64 Sue Huelster, Erica Bosler, Erin St. John, Kim McGreevy, 1996
9. 11:25.72 Caitlin Lane, Fawn Dorr, Liz Kearins, Bridget Franek, 2009
10. 11:26.54 Bridget Franek, Megan Duncan, Caitlin Lane, Cheryl Spring, 2010

4x800-Meter Relay

1. 8:25.49 Tori Gerlach, Julie Kocjancic, Rachel Banks, Danae Rivers, 2017
2. 8:38.17Marissa Sheva, Julie Kocjancic, Frances Bull, Danae Rivers, 2017
3. 8:39.44 Caitlin Lane, Bekka Simko, Kalyn Fisher, Maura Ryan, 2011
4. 8:41.09 Kathy Byrnes, Penny Fales, Sandy Miller, Lea Ventura, 1978
5. 8:43.56 Tammie Hart, Elaine LaFramboise, Doreen Startare, Terry Pioli, 1982
6. 8:43.70Joetta Dweh, Kim McGreevy, Tracy Pombo, Erica Bosler, 1997
7. 8:44.37 Dominique Blake, Fiana York, Briene Simmons, Meghan Hutchinson, 2006
8. 8:47.60MaryBeth Powers, Dana Dougan, Laurie Morrow, Teresa DiPerna, 1990
9. 8:47.67Greta Lindsley, Sarah Jane Underwood, Julie Kocjancic, Victoria Crawford, 2016
10. 8:47.80 Kiernan O'Toole, Beth Stever, Janice Carter, Pam Daniely, 1986

4x1500-Meter Relay

1. 17:57.28 Meghan Noecker, Bridget Franek, Leah Rosenfeld, Claire Percival, 2007
2. 18:02.32 Marta Klebe, Caitlin Lane, Brooklyne Ridder, Sara Jane Underwood, 2013
3. 18:05.21 Greta Lindsley, Julie Kocjancic, Tessa Barrett, Sarah Jane Underwood, 2016
4. 18:07.25 Katy Hillard, Jenny Stevens, Lauren Clark, Tracey Brauksieck, 2004
5. 18:19.78Laurie Morrow, Ann Marie Quinn, Kiernan O'Toole, Wendy Nelson, 1989
6. 18:21.78Jenny Stevens, Nicki Bohnsack, Stephanie Pezzulo, Lindsay Scottoline, 2005
7. 18:38.35 Laurie Morrow, Wendy Nelson, Jenny Weaver, Amanda Dudley, 1991
8. 18:43.37 Laurie Morrow, Dana Dougan, Anna DeRenzi, Jenny Weaver, 1992

High Jump

1. 6-0 (1.83)..... Shelley Mitchell. 1992
2. 5-10.50 (1.79).....Megan McCloskey, 2016
3. 5-11.25 (1.81)..... Pam Connell, 1991
5. 5-11.25 (1.81).....Ahmenah Richardson, 2015
5. 5-11.....Antoinette O'Carroll, 1987
6. 5-10.75 (1.80)..... Erika Morgan, 2013
7. 5-10.50 (1.79)..... Karen Krawick, 1980
- 5-10.50 (1.79)..... Jenny Williams, 1987
- 5-10.50 (1.79)..... Leslie Lippincott, 1991
10. 5-10.25 (NMC)Holly Jones, 1992

WOMEN'S OUTDOOR RECORDS



WOMEN'S TOP 10 OUTDOOR PERFORMANCES

Pole Vault

1.	13-5.25 (4.10)	Hannah Mulern, 2017
2.	13-4.5 (4.08)	Lexi Masterson, 2017
3.	13-1.25 (4.00)	Sara Dougherty, 2004
4.	12-10.25 (3.92)	Kasey Kemp, 2016
5.	12-9.5 (3.90)	Jocelyn Witmer, 2010
	12-9.5 (3.90)	Erin Knabe, 2014
7.	12-8.25 (3.87)	Caitlin Fairbairn, 2010
8.	12-7.50 (3.85)	Megan Fry, 2017
9.	12-6.25 (3.82)	Amanda Palenchar, 2012
10.	12-5.50 (3.80)	Kelly Nesbit, 2005

Long Jump

1.	21-6 (6.55)	Chi-Chi Aduba, 2004
2.	21-4.75 (6.52)	Gayle Hunter, 2008
3.	20-10.75 (6.37)	Carmen Mann, 1989
	20-10.75 (6.37)	Shakeema Walker, 1999
	20-10.75 (6.37)	Brittney Howell, 2014
	20-10.50 (6.36) w	Bianca Fung, 2009
6.	20-5.25 (6.25)	Bianca Fung, 2009
7.	20-4.50 (6.21)	Vivian Riddick, 1982
8.	20-4.25 (6.20)	Monique Gillman, 1997
	20-4.25 (6.20)	Madeline Holmberg, 2017
10.	20-3 (6.17)	Lena Bettis, 2007

Triple Jump

~	45-1.75 (13.76) +6.0 ^w	Dannielle Gibson, 2017
1.	44-6.75 (13.58)	Chi-Chi Aduba, 2004
2.	44-3 (13.48)	Shakeema Walker, 1999
3.	43-8 (13.31)	Dannielle Gibson, 2016
4.	43-1 (13.13)	Carmen Mann, 1990
5.	42-9.25 (13.04)	Kaitlyn Lopez, 2017
6.	42-3.50 (12.89)	Tanaya Lloyd, 2012
7.	42-2.75 (12.87)	Marlene Ricketts, 2014
8.	41-7 (12.67)	Lena Bettis, 2007
9.	41-2.50 (12.56)	Gayle Hunter, 2007
	41-2.50 (12.56)	Alicia Porro, 1992

Shot Put

1.	56-3.25 (17.15)	Rachel Fatherly, 2015
2.	55-4.75 (16.88)	Ja'Nai O'Connor, 2004
3.	55-0 (16.76)	Elaine Sobansky, 1984
4.	54-2 (16.51)	Alyssa Robinson, 2016
5.	53-11 (16.43)	Obeng Marfo, 2017
6.	53-8.25 (16.36)	Jennifer Leatherman, 2006
7.	52-6 (16.00)	Jane Swenson, 2011
8.	51-6.5 (15.71)	Melissa Kurzdorfer, 2014
9.	51-6.25 (15.70)	Deshaya Williams, 2003
10.	50-3.50 (15.58)	Emma Schmelzer, 2009

Discus

1.	185-1 (56.41)	Deshaya Williams, 2001
2.	173-4 (52.83)	Christen Clemson, 2007
3.	170-8 (52.03)	Obeng Marfo, 2016
4.	170-0 (51.82)	Jennifer Leatherman, 2006
5.	167-7 (51.08)	Elaine Sobansky, 1984
6.	167-4 (51.01)	Emma Schmelzer, 2007
7.	166-8 (60.96)	Melissa Kurzdorfer, 2013
8.	161-5 (49.21)	Rachel Fatherly, 2014
9.	157-6 (48.02)	Taylor McNally, 2011
10.	156-7 (47.72)	Lexi Benamati, 2004

Hammer

1.	219-1 (66.78)	Jennifer Leatherman, 2006
2.	207-10 (63.35)	Melissa Kurzdorfer, 2012
3.	197-3 (60.12)	Kate Johnston, 2003
4.	191-9 (58.44)	Rachel Fatherly, 2015
5.	191-2 (58.27)	Annjulie Vester, 2015
6.	190-10 (58.16)	Deshaya Williams, 2003
7.	187-6 (57.15)	Alyssa Robinson, 2017
8.	186-11 (56.97)	Helen Higgins, 2007
9.	183-6 (55.94)	Obeng Marfo, 2017
10.	179-6 (54.35)	Emma Schmelzer, 2009

Javelin

1.	178-6 (54.41)	Laura Loht, 2014
2.	178-4 (54.35)	Kim Hanslovan, 2009
3.	177-3 (54.02)	Lauren Kenney, 2013
4.	176-2 (53.70)	Karlee McQuillen, 2008
5.	169-3 (51.58)	Carrie Karabinos, 1999
6.	167-2 (50.96)	Heidi Nadeau, 2007
7.	167-1 (50.92)	Brianne Johnson, 2001
8.	159-9 (48.70)	Stephanie Sievers, 2017
9.	159-4 (48.56)	Ashley Colley, 2002
10.	156-3 (47.62)	Kristen Eash, 2004

Heptathlon

1.	5797	Gayle Hunter, 2009
2.	5706	Pam Connell, 1991
3.	5636	Madeline Holmberg, 2017
4.	5625	Brittney Howell, 2014
5.	5420	Carmen Mann, 1990
6.	5407	Shelley Mitchell, 1992
7.	5311	Carla Criste, 1986
8.	4941	Tal Ben-Artzi, 2016
9.	4919	Amber Strouse, 2007
10.	4917	Holly Jones, 1992



MEN'S OUTDOOR RECORDS

Track Events

100 Meters	10.32	Xavier Smith, 2017
200 Meters	20.23	Michael Timpson, 1986
400 Meters	45.20	Mike Sands, 1975
800 Meters	1:44.53	Isaiah Harris, 2017
1,500 Meters	3:38.82	Brannon Kidder, 2014
5,000 Meters	13:34.0	Greg Fredericks, 1972
10,000 Meters	28:08.0	Greg Fredericks, 1972
110m Hurdles	13.56	Guy Rose, 2001
400m Hurdles	48.69 (FAT)	Mike Shine, 1976
3000m Steeple	8:22.5	George Malley, 1977

Relay Events

4x100-Meter	39.08	Karson Kowalchuk, Dan Chisena, Xavier Smith, Malik Moffett, 2017
4x400-Meter	3:01.52	A Nadolsky, Br Bennett-Green, C Loxsom, B Gehret, 2012

Non-NCAA Event Records

Mile	3:58.4	Larry Mangan, 1980
2,000 Meters	5:07.2	Greg Fredericks, 1972
3,000 Meters	7:54.0	George Malley, 1977
20,000 Meters	1:04:40	Kevin Geesaman, 1998
Marathon	2:17:49	George Christopher, 1975

Non-NCAA Relay Records

4x200-Meter	1:23.75	Xavier Smith, Dan Chisena, Malik Moffett, Anton Porter, 2016
4x800-Meter	7:11.17	Vance Watson, Steve Shisler, Chris Mills, Randy Moore, 1985
4x1500-Meter	14:58.71	Bob Hudson, Mark Overheim, Eric Carter, Steve Shisler, 1986
4x1600-Meter	16:12.5	Tom Rapp, Bob Snyder, Mike Wyatt, Larry Mangan, 1979
4-Mile Relay	16:18.5	Tom Rapp, Bob Snyder, Mike Wyatt, Larry Mangan, 1979
Distance Medley	9:24.68	Brannon Kidder, Brandon Bennett-Green, Casimir Loxsom, Robby Creese, 2013
Sprint Medley	3:17.10	Aaron Nadolsky, Brady Gehret, Casimir Loxsom, Ryan Foster, 2011
4x110m Hurdles	57.29	Chris Green, Al Parker, Sam Harris, Michael Timpson, 1986

Field Events

High Jump*	7-3.50 (2.22)	David Coney, 1985
	7-3.25 (2.22)	Jon Hendershot, 2013
Pole Vault	17-5.50 (5.32)	John Vellenoweth, 2009
Long Jump	26-3 (8.00)	Malik Moffett, 2017
Triple Jump	54-6 (16.61)	Antonio Davis, 1993
Shot Put	69-2 (21.08)	Joe Kovacs, 2012
Discus	207-5 (63.22)	Brian Milne, 1992
Hammer	222-11 (67.94)	Morgan Shigo, 2017
Javelin	262-2 (79.91)	Michael Shuey, 2017

Decathlon Event Records

Points	7,685	Rick Kleban, 1985
First-day Score	4,087	Robert Cardina, 2014
Second-day Score	3,774	James Cook, 1996
100 Meters	11.01	Rick Kleban, 1985 Shawn Colligan, 2008
Long Jump	23-7.25 (7.19)	Dave Masgay, 1987
Shot Put	48-9.50 (4.87)	Barry Walsh, 1989
High Jump	7-0.25 (2.14)	Robert Cardina, 2014
400 Meters	47.65	Brian Kelley, 1991
110-Meter HH	14.45	Rick Kleban, 1987
Discus	155-3 (47.32)	James Cook, 1997
Pole Vault	16-2 1/2 (14.94)	Rick Kleban, 1985
Javelin	206-2 (62.83)	Shawn Colligan, 2008
1,500 Meters	4:21.05	Tom Kleban, 1989

Retired Records

2,000m Steeple	5:43.2	Rick Garcia, 1981
Javelin (old)	78.77 (258-5)	Jim Stevenson, 1966

* Coney's mark is only recorded with an English measurement, 2.22m is the nearest metric equivalent.

MEN'S OUTDOOR RECORDS



MEN'S TOP 10 OUTDOOR PERFORMANCES

100 Meters

1.	10.32 (10.10 ^W)	Xavier Smith, 2017
2.	10.34 (10.1 MT)	Mike Sands, 1975
3.	10.38 (10.22 ^W)	Karson Kowalchuk, 2017
4.	10.42 (10.26 ^W)	Malik Moffett, 2017
5.	10.44	Mike Shine, 1976
6.	10.46	Ryan Olkowski, 2002
	(10.46 ^W)	Dan Chisena, 2016
7.	10.47	Michael Timpson, 1987
8.	10.49	Bob Brown, 1961
9.	10.50	Alex Langan, 2006
~	(10.52 ^W)	Anton Porter, 2016
10.	10.54	Barry Ewell, 1941
	10.54	Brian Littlejohn, 1984

200 Meters

1.	20.23	Michael Timpson, 1986
2.	20.49 (19.87 ^W)	Malik Moffett, 2017
3.	20.58	Mike Sands, 1975
4.	20.59	Ryan Olkowski, 2002
5.	20.62	Brady Gehret, 2012
6.	20.96 (20.23 ^W)	Xavier Smith, 2016
7.	21.01	Ernie Terrell, 2002
8.	21.02	Barry Ewell, 1942
	21.02	Art Pollard, 1955
10.	21.04	Karson Kowalchuk, 2017

400 Meters

1.	45.20	Mike Sands, 1975
2.	45.22	Brady Gehret, 2012
3.	45.94	Brandon Bennett-Green, 2012
4.	46.12	Byron Robinson, 2014
5.	46.14	Paul Lankford, 1980
6.	46.16	Dan Chisena, 2017
7.	46.62	Ernie Terrell, 2002
8.	46.74	Mike Cadau, 2009
9.	46.91	Ben Karcz, 2002
10.	46.93	Tyreek Mathis, 2017

800 Meters

1.	1:45.28	Casimir Loxsom, 2011
2.	1:45.58	Brannon Kidder, 2015
3.	1:45.76	Isaiah Harris, 2016
4.	1:45.96	Randy Moore, 1985
5.	1:46.62	Ray Levitre, 1987
6.	1:46.78	Ryan Foster, 2009
7.	1:46.81	Chris Mills, 1987
8.	1:46.82	Ken Wynn, 1983
9.	1:46.85	Samuel Borchers, 2011
10.	1:47.29	Domenic Perretta, 2017

1500 Meters

1.	3:38.82	Brannon Kidder, 2014
2.	3:38.99	Steve Balkey, 1987
3.	3:39.02	Robby Creese, 2015
4.	3:39.25	Larry Mangan, 1980
5.	3:39.57	Ryan Foster, 2011
6.	3:42.08	Doug Walter, 1990
7.	3:42.12	David McMillan, 1988
8.	3:42.20	George Malley, 1977
	3:42.20	Mike Wyatt, 1977
10.	3:42.54	Owen Dawson, 2012

5000 Meters

1.	13:34.00	Greg Fredericks, 1972
2.	13:36.30	Robert Snyder, 1978
3.	13:42.10	Alan Scharsu, 1980
4.	13:50.54	Steve Brown, 1989
5.	13:52.40	Paul Stemmer, 1977
6.	13:53.20	George Malley, 1976
7.	13:54.20	Timothy McGowan, 2017
8.	13:55.00	Jeff Adkins, 1982
9.	13:56.10	Charlie Maguire, 1974
10.	13:57.10	Gary Gittings, 1973

10,000 Meters

1.	28:08.0	Greg Fredericks, 1972
2.	28:29.4	Charlie Maguire, 1974
3.	28:38.3	Eric Carter, 1987
4.	28:42.80	Paul Stemmer, 1976
5.	28:55.33	Kyle Dawson, 2012
6.	29:11.71	John Ziegler, 1979
7.	29:15.73	Tyler McCandless, 2010
8.	29:25.58	Mark Wimmer, 1994
9.	29:27.6	George Malley, 1975
10.	29:30.6	Alan Scharsu, 1980

110-Meter Hurdles

1.	13.56	Guy Rose, 2001
2.	13.69	Sancho Barrett, 2015
3.	13.73	Paul Lankford, 1980
4.	13.80	Michael Timpson, 1988
5.	13.87	Mike Shine, 1976
6.	13.96	Ron Jules, 2008
7.	14.06	John Whelan, 1997
8.	14.08	Sam Harris, 1988
9.	14.09	Brian Derby, 2002
10.	14.09	Barry Robinson, 1985



MEN'S OUTDOOR RECORDS

MEN'S TOP 10 OUTDOOR PERFORMANCES

400-Meter Hurdles

1. 48.69 Mike Shine, 1976
2. 49.55 Paul Lankford, 1981
3. 49.72 Brian Derby, 2003
4. 50.10 Jaret Campisi, 2005
5. 50.49 Bill Austin, 1978
6. 50.54 Michael Timpson, 1988
7. 50.61 Barry Robinson, 1985
8. 50.67 Kevin Cripanuk, 1992
9. 50.75 Byron Robinson, 2014
10. 50.76 Brian Kelly, 1993

3000-Meter Steeplechase

1. 8:22.54 George Malley, 1977
2. 8:37.7 Rick Garcia, 1983
3. 8:40.4 Bruce Baden, 1977
4. 8:42.85 Eric Carter, 1988
5. 8:47.03 Larry Mangan, 1980
6. 8:48.1 Paul Mackley, 1985
7. 8:49.45 Brian Laird, 1989
8. 8:50.9 Jim Allahand, 1972
9. 8:51.84 Chris Foster, 2005
10. 8:53.71 Andy Scott, 1991

4x100-Meter Relay

1. 39.08 Karson Kowalchuk, Dan Chisena,
.....Xavier Smith, Malik Moffett, 2017
2. 39.63 Jack Davis, Steve Hackman,
..... Mike Shine, Mike Sands, 1975
3. 39.88 Doug Finkel, Fred Singleton,
.....Mike Sands, Jimmy Scott, 1973
4. 39.92 Dan Chisena, Malik Moffett
.....Anton Porter, Xavier Smith, 2016
5. 40.04 Xavier Smith, Dan Chisena,
.....Malik Moffett, Cody Minnig, 2016
6. 40.18 Mike Shine, Steve Hackman,
.....Fred Singleton, Mike Sands, 1974
7. 40.40 Guy Rose, Duane Reeves,
.....Greg Miller, Ryan Olkowski, 2001
8. 40.48 Doug Finkel, Steve Hackman,
.....Fred Singleton, Mike Sands, 1974
9. 40.48 Doug Finkel, Mike Shine,
.....Fred Singleton, Mike Sands, 1974
10. 40.52 Alex Langan, Diamond Woolford,
.....Jaret Campisi, Ernie Terrell, 2004

4x200-Meter Relay

1. 1:23.75 Xavier Smith, Dan Chisena,
..... Malik moffett, Anton Porter, 2016
2. 1:23.85 Alex Langan, Chris Lolagne,
..... Jaret Campisi, Ernie Terrell, 2005
3. 1:23.87 Bryant Littlejohn, Dave Coney,
..... Sean Faust, Michael Timpson, 1986
4. 1:23.93 Karson Kowalchuk, Malik Moffett,
.....Anton Porter, Samuel Reiser, 2017
5. 1:24.10 Guy Rose, Ben Karcz,
.....Greg Miller, Ryan Olkowski, 2001
6. 1:24.18 Alex Langan, Diamond Woolford,
.....Jaret Campisi, Chris Lolagne, 2004
7. 1:24.42 Emunael Mpanduki, Brady Gehret,
.....Aaron Nadolsky, Mark Filando, 2011
8. 1:24.82 Jaret Campisi, Chris Lolagne,
.....Greg Miller, Ryan Olkowski, 2002
9. 1:24.86 Doug Finkel, Steve Hackman,
.....Fred Singleton, Mike Sands, 1974
10. 1:25.04 Munya Maraire, Jaret Campisi,
.....Greg Miller, Ryan Olkowski, 2002

4x400-Meter Relay

1. 3:01.52 Aaron Nadolsky (46.6), Br. Bennett-Green (44.8),
..... Casimir Loxsom (45.6), Brady Gehret (44.22), 2012
2. 3:03.48 Dan Chisena, Xavier Smith,
..... Tyreek Mathis, Isaiah Harris, 2017
3. 3:04.78 Aaron Nadolsky (47.2), Matt Gilmore (47.4),
.....Brady Gehret (44.1), Br. Bennett-Green (46.1), 2012
4. 3:06.50 Br. Bennett-Green, Brady Gehret,
.....Casimir Loxsom, Emunael Mpanduki, 2012
5. 3:06.21 Matt Gilmore, Alex Shisler,
.....Be. Bennett-Green, Br. Bennett-Green, 2013
6. 3:06.80 Be. Bennett-Green, Matt Gilmore,
.....Casimir Loxsom, Br. Bennett-Green, 2013
7. 3:07.19 Aaron Nadolsky, Casimir Loxsom,
.....Brady Gehret, Lionel Williams, 2011
8. 3:07.25 Dan Chisena, Alex Shisler,
.....Sam Reiser, Isaiah Harris, 2016
9. 3:07.31 Emunael Mpanduki, Casimir Loxsom,
.....Aaron Nadolsky, Br. Bennett-Green, 2013
10. 3:07.94 Be. Bennett-Green, Br. Bennett-Green,
.....Alex Shisler, Byron Robinson, 2014



MEN'S TOP 10 OUTDOOR PERFORMANCES

4x800-Meter Relay

1. 7:11.17 Vance Watson (1:49.2), Steve Shisler (1:47.9),
.....Chris Mills (1:48.5), Randy Moore (1:45.5), 1985
2. 7:12.90Lionel Williams (1:50.69), Sam Borchers (1:47.56),
....Ryan Foster (1:47.95), Casimir Loxsom (1:46.70), 2011
3. 7:14.14 Robby Creese (1:50.53), ZaVon Watkins (1:48.22)
....Casimir Loxsom (1:46.30), Brannon Kidder (1:49.10), 2013
4. 7:14.65Steve Balkey (1:51.5), Mark Anderson (1:49.2),
.....Chris Mills (1:46.1), Ray Levitre (1:47.85), 1987
5. 7:16.02 Vance Watson (1:48.9), Steve Shisler (1:49.9),
.....Ray Levitre (1:48.7), Chris Mills (1:48.4), 1986
6. 7:17.02 ... Owen Dawson (1:49.84), Casimir Loxsom (1:46.58),
..... Lionel Williams (1:51.94), Ryan Foster (1:48.67), 2010
7. 7:17.03 Vance Watson, Steve Shisler,
.....Chris Mills, Randy Moore, 1985
8. 7:17.37 Robby Creese (1:50.25), Jordan Makins (1:50.05),
....Isaiah Harris (1:48.50), Brannon Kidder (1:48.59), 2016
9. 7:17.90 ..Paul McLaughlin (1:49.1), Randy Moore (1:49.1),
..... Ken Wynn (1:49.1), Mike Cook (1:49.5), 1983
- 10 7:18.66 .. Owen Dawson (1:51.7), Samuel Borchers (1:49.8),
..... Lionel Williams (1:48.4), Ryan Foster (1:48.9), 2009

Distance Medley Relay

1. 9:24.68Brannon Kidder (2:53.5),
Brannon Bennett-Green (45.6), Casimir Loxsom (1:46.7), ..
..... Robby Creese (3:58.9), 2013
2. 9:30.1 Larry Mangan (2:53.3), Paul Lankford (45.6),
.....Mike Cook (1:49.6), Alan Scharsu (4:01), 1980
3. 9:31.53 .David McMillan (2:56.9), Michael Timpson (45.5),
..... Ray Levitre (1:47.8), Steve Balkey (4:01.3), 1987
4. 9:35.12 Aidan O'Reilly (2:57.1), Jon Strange (48.6),
..... Mark Anderson (1:48.4), Doug Walter, (4:01.4), 1990
5. 9:35.51 Robby Creese (2:51.01), Alex Shisler (47.77),
.... Isaiah Harris (1:49.96), Brannon Kidder (4:00.77), 2016
6. 9:35.8 Jim Close (800), Bill Austin (400),
..... Mike Wyatt (1200), Larry Mangan (1600), 1979
7. 9:37.92 Mike Cook (1200), Jeff Lockett (400),
..... Ken Wynn (800), Gary Black (1600), 1982
8. 9:38.9 Pat Rexroat (800), Keith Falco,
..... Mike Wyatt, Dave Felice, 1977
9. 9:38.16 Aidan O'Reilly (2:56.8), Jerry Robinson, (47.9),
.....Joe Stegbauer (1:50.7), Doug Walter (4:03.2), 1991
10. 9:39.54 Steve Shisler (2:58.9), Sean Faust (47.7),
.....Vance Watson (1:49.1), Mark Overheim (4:03.7), 1986

High Jump

1. 7-3.50 (2.22).....David Coney, 1985
- 7-3.25 (2.22)..... Jon Hendershot, 2013
3. 7-3 (2.21)..... Paul Souza, 1983
4. 7-2.50 (2.20)..... Ryan Fritz, 2007
5. 7-2.25 (2.19)..... Sean Reilly, 2013
6. 7-1.75 (2.18).....David Kriz, 1995
7. 7-0.50 (2.15)..... Ryan Olkowski, 1999
.....Chisom Ifedi, 2016
8. 7-0.25 (2.14)..... Nick Plack, 2000
7-0.25 (2.14)..... Rob Cardina, 2014
* Coney's 7-3.50 was measured in English (the closet
metric equivalent is 2.22)

Pole Vault

1. 17-5 1/2 (5.32).....John Vellenoweth, 2009
2. 17-5 (5.31).....Mason Ternay, 1991
3. 17-0 (5.18).....Dave Bollinger, 2004
4. 16-10 (5.13).....Rick Kleban, 1985
5. 16-8.75 (5.10)..... Dylan Bilka, 2014
6. 16-7.25 (5.06)..... Ron Campbell, 1985
16-7.25 (5.06)..... Bradford Lawrence, 2009
8. 16-6.75 (5.05)..... Kevin Dare, 2001
16-6.75 (5.05)..... Nick Fegley, 2003
10. 16-6 (5.03)..... Ken Stoffer, 1983

Long Jump

1. 26-3 (8.00)..... Malik Moffett 2017
2. 25-11 (7.90).....David Coney, 1985
3. 25-9 (7.86)..... Rob Boulware, 1986
25-9 (7.86)..... Steve Pina, 1996
5. 25-8.75 (7.84).....George Audu, 1999
25-8.75 (7.84)..... John Gorham, 1999
7. 25-6 (7.77).....Antonio Davis, 1993
8. 25-2.75 (7.69)..... Ryan Olkowski, 2000
9. 25-0.75 (7.64).....Chavous Nichols, 2004
- 25-0 (7.62) w +3.7Doug Moppert, 2011
10. 24-10.50 (7.58).....Al Bates, 1928

Triple Jump

1. 54-6 (16.61).....Antonio Davis, 1993
2. 54-3.75 (16.55).....Chavous Nichols, 2004
- ~ 54-4.25 (16.26)w Steve Waithe, 2015
3. 53-8.50 (16.37).....Brian Leap, 2016
4. 53-1.50 (16.19)..... Clarence Smith, 2009
5. 52-11.50 (16.14)..... Steve Waithe, 2014
6. 52-8.25 (16.06)..... Ricardo Hall, 1990
7. 52-0 (15.90)..... Bryce Williams, 2017
8. 51-8.50 (15.76)..... Hanif Johnson, 2011
9. 51-1 (15.57)..... Warren Rockwell, 1966
10. 50-7 (15.42).....Steve Pina, 1995



MEN'S OUTDOOR RECORDS

MEN'S TOP 10 OUTDOOR PERFORMANCES

Shot Put

1. 69-2 (21.08)..... Joe Kovacs, 2012
2. 68-5.25 (20.86).....Darrell Hill, 2015
3. 65-5 (19.94).....C.J. Hunter, 1990
4. 64-2.50 (19.57).....Blake Eaton, 2010
5. 64-0.25 (19.51) Knut Hjeltnes, 1975
6. 62-9.25 (19.13)..... Jon Yohman, 2017
7. 61-11.75 (18.89)..... Logan Caldwell, 2012
8. 61-3.25 (18.68)..... Greg Reyner, 1986
9. 61-1.25 (18.62).....Phil Caraher, 1990
10. 59-7 (18.16) Dane Miller, 2004

Decathlon

1. 7685Rick Kleban,, 1985
2. 7666Rob Cardina, 2014
3. 7600James Cook, 1996
4. 7588 Dave Masgay, 1987
5. 7472Barry Walsh , 1989
6. 7424 J.T. Kuretich, 2003
7. 7415 Brian Kelley, 1991
8. 7361 Shawn Colligan, 2008
9. 7119 Anya Uzoh, 2012
10. 7097 Chris Morrisey, 2008

Discus

- 1 207-5 (63.22)Brian Milne, 1992
- 2 201-10 (61.52) Knut Hjeltnes, 1975
3. 201-6 (61.43)..... David Lucas, 2017
- 4 186-9 (56.90) Gary Williky, 1979
- 5 186-3 (56.78).....Blake Eaton, 2011
- 6 184-0 (56.08)..... Joe Kovacs, 2011
- 7 183-6 (55.93)..... Will Barr , 2012
- 8 182-2 (55.53)..... Jon Yohman, 2016
- 9 177-11 (54.23) Dan Diaz, 2003
- 10 176-10 (53.90) Steve Meyers, 2006

Hammer

1. 222-11 (67.94)..... Morgan Shigo. 2017
2. 218-6 (66.60).....Alvin Jackson, 1976
3. 208-2 (63.44)..... David Lucas, 2017
4. 207-10 (63.35).....Will Barr, 2013
5. 207-1 (63.11).....Kory Decesaris, 2017
6. 203-0 (61.88)..... Neal McNutt, 1998
7. 201-9 (61.50)..... Joe Kovacs, 2011
8. 198-5 (60.49)..... Tyler Hoffman, 2008
9. 197-0 (60.04)..... Todd Shenk, 1984
10. 194-7 (59.30)..... Cory Eck, 2010

Javelin

1. 262-2 (79.91).....Michael Shuey, 2017
2. 239-9 (73.09)..... Allen Pettner, 2007
3. 237-1 (72.26)..... Troy Burkholder, 1997
4. 235-7 (71.81)..... Michael Biddle, 2017
- 5 233-8 (71.22)..... Carl Wolter, 1996
6. 233-4 (71.13)..... Tanner Evak, 2009
7. 232-0 (70.71)..... Ryan Kerr, 2017
8. 231-3 (70.48)..... Brian Stumpf, 2003
9. 230-3 (70.19)..... Matt Moyer, 2004
10. 227-8 (69.40)..... Rob Austin, 1995



ASHENFELTER III INDOOR TRACK || FACILITY RECORDS

EVENT	PERFORMANCE	YEAR	ATHLETE - SCHOOL
Men 60 Meters	6.58	2011	Reggie Dixon - Hampton
Women 60 Meters	7.17	2012	Barbara Pierre - Unattached
Men 200 Meters	20.72	2006	LaShawn Merritt - Unattached
Women 200 Meters	22.98	2010	Shavon Greaves - Penn State
Men 400 Meters	45.46	2001	Andrew Pierce - Ohio State
Women 400 Meters	52.31	2007	Shana Cox - Penn State
Men 500 Meters	1:01.28	2011	Casimir Loxsom - Penn State
Women 500 Meters	1:08.70*	2010	Shana Cox - Adidas
	1:09.16 C, AJ	2007	Francena McCorory - Hampton
Men 600 Meters	1:14.91 WR	2017	Casimir Loxsom - Brooks
	1:14.96 C	2017	Isaiah Harris - Penn State
Women 600 Meters	1:27.22	2010	Molly Beckwith - Indiana
Men 800 Meters	1:46.98	2013	Casimir Loxsom - Penn State
Women 800 Meters	2:03.25	2014	Justine Fedronic - Stanford
Men 1000 Meters	2:18.26 C	2016	Brannon Kidder - Penn State
Women 1000 Meters	2:42.31	2010	Nicole Edwards - Unattached
Men Mile	3:56.51	2012	Jeff See - Saucony
Women Mile	4:30.41	2013	Sheila Reid - Nike
Men 3000 Meters	7:57.75	2014	Patrick Tiernan - Villanova
Women 3000 Meters	9:01.91	2011	Jackie Areson - Tennessee
Men 5000 Meters	13:58.16	2009	Hassan Mead - Minnesota
Women 5000 Meters	15:48.10	2005	Maureen McCandless - Pittsburgh
Men 60 Meter Hurdles	7.49	2012	Jarret Eaton - Syracuse
Women 60 Meter Hurdles	7.92	2002	Danielle Carruthers - Indiana
Men 2000 Meter Steeplechase	5:47.33	2013	Michael Kiley - Penn
Women 2000 Meter Steeplechase	6:29.38	2013	Natalie Bower - Penn State
Men 4x200 Meter Relay	1:24.70 CR	2013	Penn State - E Mpanduki, M Gilmore, Br. Bennett-Green, A Nadolsky
Women 4x200 Meter Relay	1:35.65	2014	Penn State - M Osborne, K Seymour, D McGee, M Jones
Men 4x400 Meter Relay	3:06.98	2014	Pittsburgh - M Murray, C Nkanata, D Palmer, B Spratling
Women 4x400 Meter Relay	3:34.22	2014	Penn State - D McGee, K Seymour, T Rhodes, M Jones
Men 4x800 Meter Relay	7:22.10	2015	Penn State - J Makins, R Brennan, B Kidder, R Creese
Women 4x800 Meter Relay	8:34.82	2009	Tennessee - L Loche, N Cook, P Hall, C Champion
Men Sprint Medley	3:23.74	2005	Penn State - E Terrell, J Campisi, C Lolagne, M Lincoln
Women Sprint Medley	3:52.25 C	2007	Penn State - L Burns, L Bettis, A Barber, B Simmons
Men Distance Medley	9:26.59	2014	Penn State - B Kidder, B Bennett-Green, Z Watkins, R Creese
Women Distance Medley	10:54.04	2014	Stanford - A Weissenbach, K Williams, C Saunders, J Fedronic
Men High Jump	7-5 (2.26)	2008	Joe Kindred - St. Augustine's
Women High Jump	6-2.75 (1.90)	2013	Tynita Butts - East Carolina
Men Pole Vault	18-3.25 (5.57)	2014	Shawn Barber - Akron
Women Pole Vault	14-3.25 (4.35)	2010	Alicia Rue - Minnesota
Men Long Jump	26-1.50 (7.96)	2011	Justin Hunter - Tennessee
Women Long Jump	21-6.75 (6.57)	2006	Tianna Madison - Nike
Men Triple Jump	55-9 (16.99)	2006	Leevan Sands - Bahamas
Women Triple Jump	45-2.50 (13.45)	2004	Colleen Scott - Unattached
Men Shot Put	70-10 (21.59)	2013	Ryan Whiting - Nike
Women Shot Put	60-7.75 (18.48)	2006	Cleopatra Borel-Brown - Unattached
Men Weight Throw 35 lb	74-4.25 (22.66)	2004	Dan Taylor - Ohio State
Women Weight Throw 20 lb	73-0.50 (22.26)	2007	Jennifer Leatherman - Unattached
Men Heptathlon	5827	2005	Ryan Olkowski - Unattached
Women Pentathlon	4731	2010	Hyleas Fountain - Nike
	4059 AJ	2005	Gayle Hunter - Penn State

* - American Indoor Record; C - Collegiate Record; AmC - American Collegiate Record; AJ - American Junior Record



NITTANY LION TRACK || FACILITY RECORDS

Men's Records

EVENT	PERFORMANCE	YEAR	ATHLETE - SCHOOL
100 Meters	10.19	2007	Demi Omole, Wisconsin
200 Meters	20.23	1986	Michael Timpson, Penn State
400 Meters	45.48	1983	James Rolle, Central Florida YMCA
800 Meters	1:46.29	1985	Randy Moore, Penn State
1500 Meters	3:42.5	1980	Larry Mangan, Penn State
		1980	Susthenes Bitock, Richmond
Mile	3:58.4	1980	Larry Mangan, Penn State
3000-Meter Steeplechase	8:33.45 (FAT)	1980	Hillary Tuwei, Richmond
5000 Meters	14:00.73	1980	Hillary Tuwei, Richmond
10,000 Meters	28:45.8	1973	Charlie Maguire, Penn State
110-Meter High Hurdles	13.57	2017	Aaron Mallett, Iowa
400-Meter Hurdles	50.29	2007	Adrian Walker, Illinois
4x100-Meter Relay	39.67	2017	Illinois (Cole Henderson, Josh Eiker, Molefi Maat, Devin Quinn)
4x110-Meter Shuttle Hurdles	59.2	1976	Penn State (Dennis Rock, Peter Kiproff, Bill Austin, Mike Shine)
4x200-Meter Relay	1:25.2	1974	Essex CC(Cecil Mitchell, Kevin Joseph, Herman Marchen, Fred Brown)
4x400-Meter Relay	3:04.95	2017	Ohio State (Asa Burke, Nick Gray, Deshawn Marshall, Champ Page)
4x800-Meter Relay	7:21.4	1974	Cornell (Tom Patterson, Bob Anastasio, Paul Roach, Dave Keehn)
4x1600-Meter Relay	16:44.7	1973	Villanova (Eammon Coughlin, Brian McElroy, Tom Gregan, John Hartnett)
Distance Medley Relay	9:44.7	1973	Villanova (Warren Clark, Jim Rheim, Ken Schappert, John Hartnett)
Sprint Medley Relay	3:18.5	1974	Essex CC (Kevin Joseph, Fred Brown, Herman Marchen, Horace Tuitt)
High Jump	7-4 (2.24)	1983	Bill Therfelder, Keystone State Games
Pole Vault	18-2 1/2 (5.55)	2002	Jeremy Smith, Allegheny
Long Jump	26-3 (8.00)	2017	Malik Moffett, Penn State
Triple Jump	54-4 3/4 (16.58)	1984	David McFadgen, Newburg Track Club
Shot Put	69-1.25 (21.06)	2011	Ryan Whiting, Nike
Discus	207-5 (63.22)	1992	Brian Milne, Penn State
Hammer	268-8 (81.88)	1988	Jud Logan, Athletics West
Javelin (New)	252-7 (76.98)	1997	Nigel Beven, Belgrave Harrier
Javelin (Old)	254-4 (77.52)	1984	Bob Dubyoski, Unattached
Decathlon	8,316 points (Hand)	1985	Dave Steen, University of Toronto TC

Women's Records

EVENT	PERFORMANCE	YEAR	ATHLETE, SCHOOL
100 Meters	11.19	1996	Kerry Ann Richards, Illinois
200 Meters	23.13	1996	Aspen Burkett, Illinois
400 Meters	51.89	1996	Chandra Burns, Michigan State
800 Meters	2:03.45	1983	Patty Bradley, Villanova
1500 Meters	4:15.93	2007	Anna Willard, Michigan
3000 Meters	9:21.67	1981	Judy St. Hilaire, Vermont State
5000 Meters	16:11.14	1981	Kathy Mills, Penn State
10,000 Meters	33:53.02	2017	Gina Sereno, Michigan
3000-Meter Steeplechase	9:51.83	2017	Madeline Strandemo, Minnesota
100-Meter Hurdles	12.67	2017	Devynne Charlton, Purdue
400-Meter Hurdles	56.01	2017	Symone Black, Purdue
4x100-Meter Relay	43.89	1996	Illinois (Benita Kelley, Kerry Ann Richards, Tonya Williams, Aspen Burkett)
4x200-Meter Relay	1:43.78	1981	Morgan State (Rhonda Yancy, Janet Dodson, Nellie Bullock, Roberta Belle)
4x400-Meter Relay	3:32.76	2017	Ohio State (Beatrice Hannan, Karrington Winters, Maggie Barrie, Aaliyah Barnes)
4x800-Meter Relay	8:48.27	1981	Penn State (Doreen Startare, Patty Murnane, Terry Pioli, Marry Rawe)
High Jump	6-2 1/4 (1.88)	1983	Lisa Bernhagen, Idaho Track Club
Pole Vault	14-6 1/2 (4.13)	2007	Vera Neuenswander
Long Jump	21-2 3/4 (6.47)	2017	Savannah Carson, Purdue
Triple Jump	43-4 1/2 (13.22)	1996	Dawn Reilly, Illinois
Shot Put	55-0 1/4 (16.77)	1984	Elaine Sobansky, Penn State
Discus	180-5 (55.00)	2017	Laulauga Tausaga, Iowa
Hammer	219-1 (66.78)	2005	Jennifer Leatherman, Penn State
Javelin	178-9 (54.48)	2017	Brittini Wolczyk, Nebraska
Heptathlon	5,722 points	2007	Bettie Wade, Michigan