



2014-15



PENN STATE TRACK & FIELD



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PennStateCrossCountryandTrackandField





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2014-15 Season Schedule

2014 Cross Country Schedule

September 5	Dolan Duals	Lock Haven, Pa.
September 13	Harry Groves Spiked Shoe Invitational	Blue-White Golf Course
October 3	Notre Dame Invitational	South Bend, Ind.
October 11	Penn State National	Blue-White Golf Course
October 18	Pre-National Invitational	Terre Haute, Ind.
November 2	Big Ten Championships	Iowa City, Iowa
November 14	NCAA Mid-Atlantic Regional	Blue-White Golf Course
November 22	NCAA Championships	Terre Haute, Ind.

2014-15 Indoor Schedule

December 13	Blue-White Meet	Ashenfelter III Indoor Track
January 10	Penn State Relays	Ashenfelter III Indoor Track
January 17	Nittany Lion Challenge	Ashenfelter III Indoor Track
January 30-31	Penn State National	Ashenfelter III Indoor Track
February 6-7	Sykes & Sabock Challenge Cup	Ashenfelter III Indoor Track
February 13-14	SPIRE D-I Invitational	Geneva, Ohio
February 13-14	Tyson Invitational	Fayetteville, Ark.
February 13-14	Washington Husky Classic	Seattle, Wash.
February 21	Penn State Tune-Up	Ashenfelter III Indoor Track
February 27-28	Big Ten Indoor Championships	Geneva, Ohio
March 13-14	NCAA Indoor Championships	Fayetteville, Ark.

2015 Outdoor Schedule

April 3-4	Florida Relays	Gainesville, Fla.
April 3-4	Stanford Invitational	Palo Alto, Calif.
April 8-9	Bulldog Dec & Hep	Athens, Ga.
April 11-12	Bucknell Classic	Lewisburg, Pa.
April 18	LSU Alumni Gold	Baton Rouge, La.
April 23-25	Penn Relays	Philadelphia, Pa.
May 1	Maryland Twilight	College Park, Md.
May 2	Payton Jordan Invitational	Palo Alto, Calif.
May 8	Jim Thorpe Invitational	University Park, Pa.
May 15-17	Big Ten Outdoor Championships	East Lansing, Mich.
May 28-30	NCAA Eastern Preliminary	Jacksonville, Fla.
June 10-13	NCAA Outdoor Championships	Eugene, Ore.
June 25-28	USATF Senior/Junior Championships	Eugene, Ore.

BOLD – Denotes HOME Competition



COACHING AND SUPPORT STAFF



John **GONDAK**

First Year (Ninth Year Overall)
Syracuse, '95
Director/Head Coach

DISTANCE • CROSS COUNTRY

After serving six years as an assistant coach, two years as an associate head coach and two months as the interim head coach for the Nittany Lions, John Gondak was named head coach of Penn State cross country/track & field on Sept. 17, 2014. Gondak's résumé while with the Blue and White - which can be matched by few middle distance mentors in the country - includes 19 first team All-Americans, 22 Big Ten Champions, 20 Penn State records, five Big Ten Freshman of the Year honorees, five Penn Relays victories, and three sub-4:00 milers.

During his eight years with the Penn State track & field team, Gondak has helped the Nittany Lions' post seven Big Ten track & field titles, including three-straight (2014 indoor, 2013-14 outdoor). The 2009-10 school year was a sensational year for the Penn State Nittany Lions as the women won the Big Ten triple crown. The women continued their success into the postseason as they finished fourth at the 2010 NCAA Outdoor Track & Field Championships. The Nittany Lions also finished fourth at the NCAA meet in 2008.

For the Nittany Lion men, the 2014 Big Ten Indoor Track & Field Championships featured their highest finish ever at the meet (third). Four podium finishes, along with numerous scoring performances propelled the Nittany Lion men to finish third.

Aside from his student-athletes' efforts on the track, the Doylestown, Pa., native has also had a huge impact on the Nittany Lions' success on the cross country course, including a Big Ten title by the women's squad in 2009, and an NCAA Mid-Atlantic regional title in 2012. Over the years, Gondak has assisted in NCAA-qualifying efforts by the women's squad in 2009, 2010, 2011, 2012 and 2013 and by the men's team in 2008 and 2010.

The Nittany Lion women's squad placed 13th at the 2011 NCAA Cross Country Championships - the highest finish in nearly two decades. In fact, the Nittany Lion women have enjoyed five-straight NCAA-qualifying performances in cross country, capturing top-15 standings on three out of five occasions.

Individually, the Penn State women have captured two Big Ten Cross Country titles (Bridget Franek, 2009, and Caitlin Lane, 2011).

The Penn State men have been represented in seven of the past eight years at the NCAA Cross Country Championships either by an individual or as a team, including four-time qualifier Vince McNally.

During the 2013 season, Matt Fischer posted the highest finish at the Big Ten Cross Country Championships in school history (third) and placed fourth at the NCAA Mid-Atlantic Regional to qualify for the NCAA Cross Country Championships. At the 2013 NCAA Cross Country Championships, Fischer went onto finish 78th.

During his first season at the helm of the Penn State cross country program, the Nittany Lions continued their storied success. Fifth-year senior Matt Fischer led the Nittany Lion men

throughout the 2014 campaign as he finished eighth at the Big Ten meet, won the Mid-Atlantic Regional and advanced to the NCAA Cross Country Championships for the second-straight year. He ended his Penn State cross country career with a 167th-place finish at the NCAA meet. Fischer garnered second team All-Big Ten honors and was named the Mid-Atlantic Men's Cross Country Athlete of the Year.

The 2014 women's team was led by the freshmen duo of Elizabeth Chikotas and Jillian Hunsberger. The duo were consistently near the front of the Nittany Lion pack during the 2014 season. Chikotas was the Big Ten Women's Cross Country Freshman of the Year for her 15th-place finish at the Big Ten meet and Hunsberger qualified for the NCAA Championships with her 11th-place finish at the Mid-Atlantic Regional. In her NCAA Cross Country Championships debut, Hunsberger finished 161st.

Gondak has also been widely recognized by the coaching community as he was named United States Track and Field/Cross Country Association (USTFCCCA) Mid-Atlantic Region Assistant Coach of the Year during the indoor season in 2009 and again for his efforts during the 2010 outdoor season. Gondak swept the Mid-Atlantic awards in 2013, winning the USTFCCCA Mid-Atlantic Men's Assistant Coach of the Year award during both the indoor and outdoor seasons. He was most recently named USTFCCCA Mid-Atlantic Men's Assistant Coach of Year during the 2014 indoor track & field season.

2014 Recap...

The 2014 season featured record-breaking performances for Gondak and his middle distance/distance contingent. After setting the second-fastest collegiate time in the distance medley relay (9:26.60) in 2013, the quartet of Brannon Kidder, Brandon Bennett-Green, Za'Von Watkins and Robby Creese returned in 2014 to top their own mark. On Jan 31, the foursome set a facility, meet, and Penn State DMR record with their time of 9:26.59, which was the top-time in the NCAA during the 2013-14 season. The distance medley relay quartet of Watkins, Br. Bennett-Green, Ryan Brennan and Kidder won Penn State's third-straight Big Ten title with their time of 9:45.48.

Along with being a member of the school record-setting DMR team, Creese ran the second-fastest 1,000-meter time (2:20.65) in the NCAA during the 2013-14 season.

At the Big Ten Championships, Kidder captured his second-straight 800-meter run title with his time of 1:49.52. He then followed up his 800-meter run title with a runner-up finish in the 1,500-meter run (3:44.95) at the 2014 Big Ten Outdoor Track & Field Championships.

Kidder not only had major success at the Big Ten meets, but moved up in the record books as well. During the indoor season, he ran a sub-4:00 mile twice (Penn State National and the UW Husky Classic). Along with his time of 3:58.49, which is tied for second in the Penn State record books, he ran 1:47.45 to move into third all-time in the Penn State record books.

Watkins garnered first team All-America honors in the 800-meter run (1:50.23) as he finished seventh overall at the 2014 NCAA Division I Indoor Track & Field Championships. Watkins was also a member of the 11th-place DMR team at the 2014 NCAA Division I Indoor Track & Field Championships.

Along with Kidder, Watkins moved near the top of the Penn State record books as well. Watkins moved into fifth all-time in the indoor 800 as he posted a time of 1:48.11 at the Sykes & Sabock Challenge Cup.

Leigha Anderson and Tori Gerlach also posted top times on the track during the 2013-14 school year. Anderson went onto win the 10,000-meter run (33:52.32) at the Penn Relays and Tori



Gerlach won the Big Ten title in the 3,000-meter run with her time of 9:10.76, which moved her into second all-time at Penn State. Fischer, Gerlach and Kidder represented the Penn State distance/mid-distance program at the NCAA Outdoor Track & Field Championships. At the NCAA East Regional, the Nittany Lions posted solid results to advance to Eugene, Ore. Fischer finished fifth in the 5,000-meter run (14:11.57), Gerlach ran a personal-best time of 10:03.55 in the 3,000-meter steeplechase to place seventh and Kidder clocked in at 3:45.72 to place seventh in the 1,500-meter run.

School Records...

Along with the men's distance medley relay record falling in 2014, Kidder and Marta Klebe set school records during the 2014 outdoor track & field season.

Kidder broke a 27-year-old 1,500-meter run school record as he posted a time of 3:38.82 at the Payton Jordan Cardinal Invitational at Stanford. On the women's side, Klebe ran a time of 4:15.20 at the 2014 Big Ten Track & Field Championships to take down the 1,500-meter run school record that was set in 1993 (Startare, 4:16.96).

Academic Success...

Under Coach Gondak, Penn State student-athletes have found great success in the classroom. The Penn State women's cross country team tallied a cumulative grade point average (GPA) of 3.44 during the 2013 cross country season, which earned them All-Academic honors from the USTFCCCA.

Twelve Penn State distance student-athletes were named to the Big Ten's Distinguished Scholar list for the 2013-14 school year. To qualify you must have at least a 3.7 GPA for the previous year. Three of the 12 student-athletes posted a perfect 4.0 GPA.

Since his time on campus, Penn State track & field has garnered 235 All-Academic Big Ten Track & Field honors and 118 All-Academic Big Ten Cross Country Honors.

In the Big Ten...

Since joining the conference in 2006, Gondak has coached a total of 22 Big Ten Champions, including 10 of the last 13 winners in the 800. The Nittany Lions have also been consistent at the conference level in the relays, with the DMR winning three-straight Big Ten titles (2012-14).

The Nittany Lions have been highly recognized under Gondak's watch, as Penn State has earned a total of four Big Ten Freshman of the Year citations since 2010. Casimir Loxsom was the first Nittany Lion to earn the honor, winning after an outdoor 800-meter victory as a freshman in 2010. Creese swept the honors during the indoor and outdoor campaigns in 2012, while Kidder was named the conference's top rookie during the 2013 indoor season.

Penn Relays Success...

Gondak and the Nittany Lions have become a fixture on the podium at Penn Relays, taking top honors in the sprint medley relay in 2011 and 2012, in addition to a victory in the 4x800 in 2012. The first sprint medley title came in 2011, marking Penn State's first Penn Relays win since 1987. The relay would also clock a school-record 3:17.10 in the effort. The same year, Gondak led the Nittany Lions to a second-place finish in the 4x800-meter relay (Lionel Williams, Samuel Borchers, Loxsom, and Ryan Foster) in an epic battle at Penn Relays, where the team clocked 7:12.90 - the seventh-fastest time in collegiate history. The Nittany Lions' 2012 4x800 victory was the first by a Penn State squad since 1987.

The Lions continued to excel in 2013, taking top honors in both the distance medley relay and the 4x800. The Nittany Lion distance medley relay ran 9:24.68 with Robby Creese holding off Oregon and Villanova for the win; Loxsom also split 1:46 on the

Coaching Honors ...

- 2014 Mid-Atlantic Region Indoor Men's Assistant of Coach of the Year
- 2013 Mid-Atlantic Region Indoor Men's Assistant of Coach of the Year
- 2013 Mid-Atlantic Region Outdoor Men's Assistant of Coach of the Year
- 2010 Mid-Atlantic Region Outdoor Assistant of Coach of the Year
- 2009 Mid-Atlantic Region Assistant of Coach of the Year

Outstanding Athletes Coached ...

Robby Creese

- 2013 NCAA Indoor Runner-Up (DMR)
- 2x USTFCCCA First Team All-American
- Collegiate 1,000-Meter Record Holder (2:19.53)
- 3x Big Ten Champion
- Two-Time Big Ten Freshman of the Year
- 4x Penn State School Record Holder

Owen Dawson

- NCAA All-American (800m)
- 2009 Big Ten Runner Up (Indoor 800m)
- 2009 Big Ten Bronze Medalist (Outdoor 800m)

Ryan Foster

- 3x NCAA All-American
- 2x NCAA Bronze Medalist
- 4x Big Ten 800-Meter Champion
- 3x USTFCCCA Mid-Atlantic Track Athlete of the Year
- Penn State Record Holder
- Australian National Indoor Record Holder (800m, 1000m)

Brannon Kidder

- 2013 NCAA Indoor Runner Up (DMR)
- 2013 NCAA Outdoor Bronze Medalist (800m)
- 2x USTFCCCA First Team All-American
- 4x Big Ten Champion
- 2013 Big Ten Freshman of the Year
- USATF Senior Semi-finalist (800m)
- 2013 Millrose Games Champion (4x800)
- 2014 USTFCCCA Mid-Atlantic Region Indoor Track Athlete of the Year

Marta Klebe

- 2013 Big Ten Silver Medalist (1500m)
- 2013 NCAA First Round Qualifier
- 2x Penn State Record Holder (1,500 & Outdoor DMR)

Casimir Loxsom

- 6x NCAA All-American
- 6x Big Ten Champion
- American Collegiate Record Holder (600m, 1:15.79)
- All-Conditions American Record Holder (600m, 1:15.42)
- 2013 Penn Relays - Collegiate Athlete of the Relays
- 2013 Big Ten Indoor Track Athlete of the Championships
- 2013 Big Ten Indoor Track Athlete of the Year
- 9x Penn State Record Holder
- USATF Junior Champion (800m)
- IAAF World Junior Silver Medalist (800m)
- 2010 Big Ten Freshman of the Year
- 4x USTFCCCA Mid-Atlantic Region Track Athlete of the Year

Mark Miller

- 2008 NCAA Qualifier
- 2008 Big Ten Champion (Indoor 800 meters)
- 2006 Big Ten Champion (Outdoor 800 meters)
- Four-Time Big Ten Medalist



COACHING AND SUPPORT STAFF

relay. With his performances Loxsom was named the Penn Relays Athlete of the Meet.

In 2014, a 7:18.99 finish in the 4x800m Championship of America event earned a runner-up status for the quartet of Wade Endress, Watkins, Ryan Brennan, and Kidder.

Outstanding Athletes Coached...

Over his career, Gondak has coached some of the Nittany Lions' most prolific athletes, including four-time Big Ten Champion Ryan Foster. Foster capped his Penn State career in 2011, setting a then-school-record 3:58.49 for the indoor mile, and going on to finish third in the event at the NCAA Indoor Championships. The former Nittany Lion excelled under Gondak's watch, ending up with a total of three All-America finishes - including two bronze-medal efforts - to go along with numerous Penn State records. In fact, Foster was at the helm of a banner middle distance relay in Nittany Lion history, which featured three All-America finishes in the same race. Foster led the way in third, followed by Owen Dawson in eighth and Lionel Williams in 11th. In fact, Gondak's charges hold all of the top-five indoor 800 marks in the Penn State record books, with Loxsom on top at 1:46.98, Foster at 1:47.32, Kidder at 1:47.45, Dawson at 1:47.77, and Watkins in fifth at 1:48.11.

All told, Foster owns one of the more impressive PR ranges on the Nittany Lions record books, boasting career bests of 1:46.78 in the 800, all the way to his 3:58.49 mile PR. Foster also rates second in the Penn State record books in the 1,000 at 2:19.60. Foster and Dawson went 1-2 in the 800 at the 2009 Big Ten Indoor Track & Field Championships. Foster again led the charge in the 800 at the 2009 Big Ten Outdoor Track & Field Championships as the Nittany Lions finished 1-3-4.

Loxsom also enjoyed one of the most outstanding middle distance careers in Nittany Lion history, including a school-record run of 1:45.28 in the 800 during the 2011 season. The effort bettered Randy Moore's long-standing school best 1:45.96, which had stood since 1985. The same year, Loxsom would place fourth in a blistering 800-meter final at the NCAA Outdoor Championships, running 1:45.31. Gondak would also guide a then-freshman Loxsom to a sizzling 1:16.92 for 600-meters in 2010, which formerly stood as World Junior (Under-19) Best. During the 2013 indoor season, Loxsom set the American Collegiate record in the 600 (1:15.79) and his time of 1:15.42 in the 600 is the fastest for an American in all conditions.

Loxsom would go on to post an impressive victory in the event at the USATF Junior Championships and advance to the IAAF World Junior Championships. Loxsom would post a silver-medal finish at the World Junior event, clocking 1:46.57. Loxsom's finish was the highest-ever finish by a U.S. athlete in a distance event at the world junior competition. He also posted runner-up finishes in the 800 at both the indoor and outdoor NCAA meets.

Gondak has also been instrumental in the development of senior Creese, and junior Kidder. Creese wasted no time in making a mark on the Penn State record books, running 2:19.53 to set Collegiate and American Junior Records in the 1000 meters during his freshman campaign in 2012.

Kidder showed outstanding promise bettering the sub-4:00 mile barrier during the indoor season, going 3:59.48 to become just the fourth sub-4:00 miler in Nittany Lion history. Gondak has guided three of the four outstanding milers. Kidder's success would continue during the outdoor season, as the rookie clocked a sizzling 1:46.87 for the 800 at the USATF Senior Championships. Kidder would also place third in the 800 at the NCAA Outdoor Championships as a freshman.

Kidder and Loxsom went 2-3 in the 800-meters at the 2013 NCAA Outdoor Track & Field Championships, which is the first

time since 1948 two of the top-three finishers were from the same school.

The 2013 Big Ten Indoor Track & Field Championships featured the Penn State men sweeping the middle distance events, including four runners in the finals of the 800.

International Coaching Info...

During the summer of 2014, Gondak coached the U.S. men's distance squad at the North America, Central America and Caribbean (NACAC) U-23 Championships. Under the guidance of Gondak, the U.S. men's distance team won two gold, four silver and three bronze medals.

Prior to Penn State...

Prior to Penn State, Gondak spent nearly eight seasons at the University of Kentucky before moving to Georgia Tech in 2006. As an assistant coach and recruiting coordinator for the Wildcat middle distance/distance runners, Gondak oversaw 25 All-America finishes in his event area, while 19 athletes earned All-Southeastern Conference (SEC) honors. Prior to working at Kentucky, Gondak was the cross country and assistant track and field coach at Georgia Tech from 1995-96, and Toledo from 1996-98.

Gondak started out as a walk-on athlete at Syracuse and quickly improved, qualifying for the IC4A Championships as a sophomore, junior and senior in the distance-medley relay and mile run. During his senior year, he was placed on scholarship and named captain of the cross country program. Gondak graduated summa cum laude as the valedictorian of the civil engineering program.





Randy BUNGARD

Third Year
Virginia Tech, '87
Assistant Coach

SPRINTS • HURDLES • RELAYS

Randy Bungard is in his third year overseeing the Nittany Lion sprints, hurdles, and relays contingent, after joining the Penn State staff in September of 2012.

During Coach Bungard's second year at Penn State, the Nittany Lions claimed six Big Ten titles and had seven First Team All-America finishes.

2014 Recap...

In 2014, his student-athletes' success on the track during the outdoor season, Bungard was named the 2014 USTFCCCA Mid-Atlantic Women's Outdoor Assistant of the Year. Bungard, in his second year as sprints, hurdles, and relays assistant, had athletes win three Big Ten titles (Mahogany Jones in the 200, Kiah Seymour in the 400 hurdles, and the 4x400 relay). His student-athletes scored 67 points at the league meet, scoring in every sprint event he coaches. He had five athletes qualified for the NCAA prelims in six events.

Bungard also claimed the honor of the 2014 USTFCCCA Mid-Atlantic Women's Indoor Assistant of the Year. Bungard had athletes score 57 points at the Big Ten Championships to lead the team to the league title. He coached three to Big Ten individual titles in the 200 meters, 400 meters, and 4x400 relay. The Nittany Lions had five entries into the NCAA Championships in the sprints, hurdles, and relays. Earlier in the year, a Penn State quartet set the all-time collegiate best in the 4x200 relay under his tutelage. It was the second-straight year that Bungard received the USTFCCCA honor.

Senior Mahogany Jones set the pace for the year as she won both Big Ten 200-meter dash titles along with placing third in the 200-meter dash at the 2014 NCAA Indoor Track & Field Championships and finishing fourth in the 200-meter dash at the 2014 NCAA Outdoor Track & Field Championships. Jones also posted top finishes in the relay events.

As a member of the 4x400-meter relay, Jones added both Big Ten titles to her name and was on 4x400-meter relay squads that tallied fifth-place finishes at both NCAA Championship meets. Jones capped-off her career at Penn State with a fifth-place finish in the 200-meter dash at the USATF Outdoor Championships. Jones posted a winded-aided time of 22.64 in the finals of the 200, but in the semifinals, Jones ran a lifetime-best time of 22.90. Her time of 22.90 ranks second all-time at Penn State.

Sophomore Kiah Seymour made her name known at the Big Ten and national levels. The Washington, D.C., native won the 400-meter dash at the 2014 Big Ten Indoor Track & Field Championships and the 400-meter hurdles at the 2014 Big Ten Outdoor Track & Field Championships. She was also on both Big Ten 4x400-meter relay championship teams.

At the national level, Seymour finished sixth in the 400-meter dash at the 2014 NCAA Indoor Track & Field Championships and sixth in the 400-meter hurdles at the 2014 NCAA Outdoor Track & Field Championships. She was also on both 4x400-meter relay

teams that placed fifth at the NCAA meets. Seymour ended the year with a gold medal placing in the 400-meter hurdles (56.35) at the U-23 NACAC Championships.

The hurdle events also continued their success under Coach Bungard throughout the 2014 track season. During Evonne Britton's senior year, she tallied two All-America finishes. At the 2014 NCAA Indoor Track & Field Championships, she finished 12th in the 60-meter hurdles with her time of 8.22 and at the 2014 NCAA Outdoor Track & Field Championships, Britton placed 10th in the 100-meter hurdles (13.31) and 20th in the 400-meter hurdles (59.98). At the Big Ten meets, Britton finished second in the 60-meter hurdles with her lifetime-best time and school record time of 8.10. She also finished second in the 100-meter hurdles (13.23) and fourth in the 400-meter hurdles (58.28).

In the Record Books...

Coach Bungard saw several top times and school records set during the 2014 track & field season. On the women's side, Seymour moved into fourth all-time at Penn State in the indoor 200-meter dash (23.48) and tied the second-fastest time in the indoor 400-meter dash (52.53). Along with Britton's school record time of 8.10 in the 60-meter hurdles, Brittney Howell ranks fourth with her time of 8.31. Dynasty McGee, Mahogany Jones, Tichina Rhodes and Seymour set the school record in the 4x400-meter relay with their time of 3:33.13. Another record to fall was the women's indoor 4x200-meter relay. The quartet of Megan Osborne, Seymour, McGee and Jones set the collegiate and school record with their time of 1:35.65.

During the outdoor season, the Nittany Lion women posted seven top-10 school times and two top-five relay times. The outdoor season was highlighted by Britton and Seymour, who moved into second-place all-time in their respective events. Britton ran a time of 13.03 in the 100-meter hurdles and Seymour clocked in at 55.88 in the 400-meter hurdles.

On the men's side, Sancho Barrett posted the 10th-fastest time in the 110-meter hurdles (14.10) in school history and Byron Robinson clocked in at 50.75 for the ninth-fastest time in school history in the 400-meter hurdles. In the men's outdoor 400-meter dash, Robinson (46.12) moved into fourth all-time at Penn State and Alex Shisler moved into ninth (46.95).

2013 Recap...

Bungard more than managed to continue the Nittany Lions' outstanding tradition in the sprints and hurdles in his first season in Happy Valley, including individual Big Ten title runs from redshirt-juniors Mahogany Jones and Evonne Britton, as well as a collegiate-record setting effort by the Nittany Lions in the men's 4x200-meter relay during the indoor season. Bungard's achievements were also recognized during the indoor season, as he was named USTFCCCA Women's Mid-Atlantic Assistant Coach of the Year.

Jones shined throughout 2013 on Bungard's watch, qualifying for the NCAA Indoor Championships in the 200 meters, where she would finish 13th overall - good for Second Team All-America status. Jones continued to excel outdoors, advancing to the NCAA Championships in both the 100- and 200-meter dash events. The redshirt junior more than held her own at the national competition, placing 10th overall in the 200, thanks to a sizzling lifetime all-conditions best 23.05. Bungard would also guide Britton, and freshman Seymour to Second Team All-America honors individually, with Britton placing 10th in the 100-meter hurdles with a lifetime-best 13.06. Seymour made the most of her first-career NCAA appearance, taking 11th in the 400-meter hurdles - the highest showing of any freshman in the event.

Jones was just as productive on the Big Ten stage, capturing her first career conference title in the 100 meters at the Big Ten



COACHING AND SUPPORT STAFF

Outdoor Championships. Britton would also make a charge to the top of the conference podium, winning Big Ten gold in the 100-meter hurdles. In fact, Bungard's charges played a prominent role in the Nittany Lions' team title run, scoring 60 points towards Penn State's winning total, including 17 tallies in the 400-meter hurdles alone.

The Nittany Lions were highly successful in the relays during the 2013 campaign, with both the men's (Bernard Bennett-Green, Emunael Mpanduki, Aaron Nadolsky, and Brandon Bennett-Green) and women's (Seymour, Jones, Shelley Black and Dynasty McGee) 4x400-meter squads finishing with USTFCCCA Second Team All-America honors at the NCAA Outdoor Championships.

Bungard would also lead the Nittany Lions to school records in the men's and women's 4x200-meter relays during the indoor season, with the Penn State foursome of Mpanduki, Matt Gilmore, Brandon Bennett-Green and Nadolsky combining to run a collegiate-record 1:24.70 at the Penn State National.

Bungard also had a hand in the Nittany Lions' NCAA runner-up distance medley during the indoor season, guiding 400-meter specialist Brandon Bennett-Green, who split 46.55 en route to a First Team All-America finish. Bennett-Green was also a member of the Nittany Lions' 9:26.60 DMR at the Alex Wilson Invitational, running 46.4 on the quarter leg as part of the 2013 NCAA-leading effort, and the second-best performance ever run by a collegiate squad indoors. Bennett-Green was also a key part of the DMR outdoors, covering the quarter on the Nittany Lions' Penn Relays winning squad. The team combined to run a school-record 9:24.68, which ranks the Nittany Lions as the sixth-fastest program in collegiate history.

Prior to Penn State...

Bungard arrived in Happy Valley with over 20 years of coaching experience, most recently serving as the Head Men's and Women's Track and Field Coach at Texas A&M University - Corpus Christi. Over his career, Bungard has coached numerous NCAA Champions and nearly 100 All-Americans.

Bungard spent the previous four years in Corpus Christi, where he coached men's and women's sprints and hurdles, as well as the high, long, and triple jumps. During his tenure with the Islanders, Bungard coached nine Southland Conference Champions, as well as 37 All-Conference performers. Bungard also led Islander athletes to 48 school-record performances.

Throughout his career, Bungard has worked with some of the top track and field programs in the country, having spent 11 years as the Director and Head Coach of Track and Field/Cross Country at the University of Virginia, while also boasting coaching stints at the University of Texas, and Clemson University. He started his coaching career as a volunteer assistant at East Tennessee State University in 1987.

While in Charlottesville, he was responsible for 33 All-America finishes, as well as 34 ACC Champions. The Cavaliers also experienced some outstanding team finishes under Bungard's watch, including victories at the ACC Men's Cross Country Championships in 2005 and 2007. Personally, Bungard was named the ACC Men's Track and Field Coach of the Year in 2001, and was voted the Southeast Region Men's Track and Field Coach of the Year the same season.

Bungard was a part of highly successful stint at the University of Texas from 1995-1997, helping the Longhorn women's program to second-place finishes at the NCAA Indoor and Outdoor Championships in 1997. The year prior, the Longhorns finished third at the NCAA Indoor Championships, and second at NCAA Outdoors. All told, Bungard assisted in coaching 11 NCAA Champions and 50 All-Americans in just two years in Austin. Early on in his coaching career, Bungard spent several successful

seasons at Clemson University, overseeing 11 All-Americans and 22 ACC Champions as an assistant for the women's program from 1988-1983. The Tigers won ACC titles during the 1991 outdoor season, and 1992 indoor season with Bungard on staff.

A true student of the sport, Bungard has coached athletes in all event areas in track and field and cross country, including Kim Graham, who was a member of the United States' gold-medal 4x400-meter relay at the 1996 Olympic Games. Graham was also the U.S. 400-meter champion in 1998. While at East Tennessee State, Bungard led Angela Baker to top honors in the shot put at the 1988 NCAA Indoor Championships.

Bungard earned a B.S. in Education from Virginia Tech University in 1987, before completing his M.Ed. at East Tennessee State in 1988.

Coaching Honors...

- 2014 USTFCCCA Mid-Atlantic Women's Indoor Assistant of the Year
- 2014 USTFCCCA Mid-Atlantic Women's Outdoor Assistant of the Year
- 2013 USTFCCCA Mid-Atlantic Women's Indoor Assistant of the Year
- 2001 ACC Men's Track and Field Coach of the Year
- 2001 USTFCCCA Southeast Men's Outdoor Coach of the Year

Bungard in 2014...

- 7 First Team All-America Finishes
- 1 NCAA Medalist
- 6 Big Ten Champions
- 10 Individual Big Ten Medalists
- 4 Big Ten Athlete of the Week Winners
- 2 Penn State Records
- 1 Collegiate Record (Women's 4x200)

Outstanding Nittany Lions Coached...

Brandon Bennett-Green

- 4x All-America Selection
- 2x NCAA Runner Up
- 2x Big Ten Champion
- 2x Big Ten Runner-Up
- 2x Penn Relays Champion

Evonne Britton

- 2014 Big Ten Runner-Up (60-meter hurdles)
- 2014 Big Ten Runner-Up (100-meter hurdles)
- School Record Holder (60-meter hurdles)
- 2013 Big Ten Champion 100-Meter Hurdle
- 2013 USATF Senior Qualifier (100mH)
- 3x Second Team All-America Selection

Mahagony Jones

- 2014 Mid-Atlantic Women's Track Athlete of the Year (Indoor)
- 2013 Mid-Atlantic Women's Track Athlete of the Year (Outdoor)
- 2014 4x Big Ten Champion (Indoor 200 & 4x400, Outdoor 200 & 4x400)
- 2013 Big Ten Champion 100-Meter
- 11x Big Ten Medalist
- 2014 NCAA Medalist (Indoor 200)
- 5x First Team All-American
- 4x Second Team All-American

Kiah Seymour

- 4x First Team All-American
- 2x Second Team All-American
- 4x 2014 Big Ten Champion (Indoor 400 & 4x400, Outdoor 400mH & 4x400)
- 8x Big Ten Medalist
- 2014 U-23 NACAC Gold Medalist (400mH)
- 2013 USATF Junior Qualifier (400mH)



**Patrick
EBEL**

Third Year
UW-La Crosse, '92
Assistant Coach

THROWS

Patrick Ebel is in his third year overseeing the Nittany Lion throws contingent, following a highly successful campaign during his first two years with Penn State.

2014 Recap...

The 2013-14 year featured four All-America finishes, including two First Team All-America performances.

In 2014, Will Barr continued to add on to his school record performance in the weight throw. At the 2014 Big Ten Indoor Track & Field Championships, Barr posted a mark of 70-6.5 in the weight throw to place fifth at the 2014 NCAA Indoor Track & Field Championships, Barr garnered First Team All-America honors with his eighth-place finish in the weight throw (69-9).

During the 2014 outdoor season, Michael Shuey and Laura Loht took over the top spots in the Penn State record books in their respective javelin events. Shuey started the year in sixth all-time in the men's javelin and Loht was third all-time in the women's javelin.

At the season-opening, Crimson Tide Invitational, Shuey won the javelin throw with his mark of 238-6, which moved him into second-place at Penn State. His school record toss of 249-5 wouldn't come until Aug. 9, 2014 at the 2014 U-23 NACAC Championships. On his final toss of the event, Shuey recorded a mark of 249-5, which gave him the gold medal and a new school record.

Loht's school record toss of 178-6 also occurred on her last throw as well. At the 2014 NCAA Outdoor Track & Field Championships, Loht recorded a distance of 178-6 to give her the school record and fifth-place at the NCAA meet. With her fifth-place finish at the NCAA Championships, Loht was named a First Team All-American for the third time in her career at Penn State.

Also at the 2014 NCAA Outdoor Track & Field Championships, Melissa Kurzdorfer placed ninth in the hammer throw (205-6) and Darrell Hill finished 15th in the shot put (62-9.5). Both were named Second Team All-Americans.

The Penn State throwers enjoyed success at the 2014 Big Ten Outdoor Track and Field Championships as Penn State claimed three individual titles. Shuey won the men's javelin title, Hill won the men's shot put with his lifetime-best mark of 67-6 and Kurzdorfer won the women's hammer throw title with her distance of 198-6. As a group, the Penn State throwers had three Big Ten champions, four medalists and 12 student-athletes score points at the 2014 Big Ten Outdoor Track & Field Championships.

For his performance at the 2014 Big Ten Outdoor Track & Field Championships, Hill was named the 2014 Big Ten Outdoor Athlete of the Year and Athlete of the Championships. Hill's mark of 67-6 ranks second all-time in the Penn State record books.

2013 Recap...

In 2013, Ebel wasted no time in making a mark in the Penn State record books, leading then-junior Will Barr to a record-setting indoor season in the 35-lb weight throw. Barr set the Penn State standard in event on a total of five occasions, ending the season with a lifetime-best toss of 69-11.75 (21.33) at the NCAA Indoor Championships. Barr's PR effort was good for sixth place at the NCAA meet, where he became the Nittany Lions' first All-America finisher in the event since 1998.

Ebel guided the Nittany Lions to continued success outdoors, led by a four-five finish by javelin duo Laura Loht and Lauren Kenney at the NCAA Outdoor Championships. Under Ebel's watch, Kenney and Loht dominated the javelin throughout the outdoor season including a Big Ten victory from Kenney and a Penn Relays title by Loht.

At season's end, the Nittany Lion pair held the second- and third-best efforts in Penn State history with Loht finishing the season with a PR 177-8 (54.15) at the USATF Senior Championships and Kenney posting a toss of 177-3 (54.02) on the season. Both tosses were ranked among the top-10 efforts by American throwers in 2013.

Ebel's charges posted one of the more impressive efforts during the Nittany Lions' women's team title run at the Big Ten Outdoor Championships, as the Blue and White scoring 23 points in the women's javelin alone. Kenney and Loht led the way with a one-two punch on the podium, while fellow Nittany Lions Melanie Leszcynski and Megan Boyer added fifth- and eighth-place finishes, respectively.

Including Kenney and Loht, Ebel coached a total of five Big Ten medalists on the year, along with Melissa Kurzdorfer, Darrell Hill, and Michael Shuey. Kurzdorfer, who would also earn USTFCCA Honorable Mention All-America status in the discus and the hammer on the year, picked up her second-straight conference runner-up finish in 2013, taking second in the hammer throw. Hill and Shuey both turned in their first-career Big Ten podium finishes, posting third-place efforts in the shot put and javelin, respectively.

Hill and Shuey - both in their first year with the Nittany Lions - enjoyed banner years in their respective events. Hill recorded a toss of 62-9.25 (19.13) - the fifth-best effort in Penn State history, as well as a top 10 throw by a collegian in 2013.

Shuey emerged as one of the top javelin throwers in the Northeast as a freshman, turning in a lifetime-best effort of 230-6 (70.27) at the NCAA Eastern Preliminary Round. Shuey's PR was the sixth-best effort in school history and was also the top effort by an American Junior (19-and-under) during the outdoor season.

Ebel added an outstanding class of recruits for the upcoming season, including Pennsylvania Gatorade Track and Field Athlete of the Year Jon Yohman. Yohman - the PIAA Champion in the shot put, and runner-up in the discus in 2013 - comes to Happy Valley with PRs of 62-1 in the shot, and 189-6 in the discus. Ebel also successfully recruited instate-javelin standout Cole Proffitt in his first year with the Nittany Lions, as well as Ohio State shot put champion Alyssa Robinson.

Prior to Penn State...

Ebel, formerly of Division III powerhouse, University of Wisconsin-Oshkosh, was hired to lead the Nittany Lion throws contingent in August of 2012. Ebel enjoyed an outstanding coaching stint at UW-Oshkosh, coaching nearly 150 NCAA Division III All-Americans in the throws as well as 34 NCAA Champions.

Since his arrival at UW-Oshkosh in 2001, Ebel has maintained one of the most prolific throws contingents in the NCAA. His event area was ranked number one in Division III since he arrived.



COACHING AND SUPPORT STAFF

Statistically speaking, 24 of his Titan throwers were ranked on the all-time NCAA Top 10 lists. All told, Ebel's athletes set UW-Oshkosh records on 43 occasions.

Ebel also left a mark on the Wisconsin Intercollegiate Athletic Conference (WIAC), having coaching a grand total of 66 conference championships, and 14 WIAC record holders.

The Nittany Lion assistant's resume is also covered in coaching awards, as Ebel was named USTFCCCA Division III Indoor Coach of the Year in 2011. The WIAC Coach of the Year on three occasions, Ebel was voted USTFCCCA Midwest Region Men's Assistant Coach of the Year in 2010 and 2011, while also earning the National Throws Coaches Association Coach of the Year award in 2009.

Outside of their athletic success, Ebel's athletes have also been outstanding in the classroom, as his women's squad earned USTFCCCA All-Academic honors in 2011 with 10 athletes gaining academic honors individually during the same year. As a head coach, Ebel also led the Titan women's squad to USTFCCCA Division III Deb Vercauteren Women's Cross Country/Track and Field Program of the Year Award for 2009-10.

After joining the men's and women's program as an assistant coach, Ebel was elevated to Head Women's Track and Field Coach in 2009, while remaining as an assistant coach on the men's side. Prior to his time at Oshkosh, he got his start in collegiate coaching at the University of Wisconsin-Whitewater in 1999.

Ebel graduated from UW-La Crosse in 1992, where he was a member of the football and track and field teams. Ebel and his wife, Sandy, have two children, Lauren and Erik.



Coaching Honors ...

- 2012 USTFCCCA Division III Men's Indoor Assistant Coach of the Year
- 2011 USTFCCCA Division III Women's Indoor Coach of the Year
- 2011 USTFCCCA Division III Midwest Region Men's Assistant Coach of the Year
- 2010 USTFCCCA Division III Midwest Region Men's Assistant Coach of the Year
- 2009 National Throws Coaches Association Coach of the Year
- 3x WIAC Coach of the Year

Outstanding Nittany Lions Coached...

Will Barr

- 2x First Team All-American
- Penn State Record Holder (Weight Throw)
- 4x Big Ten Scorer

Darrell Hill

- 2014 Big Ten Champion (Outdoor Shot Put)
- 2014 Big Ten Outdoor Athlete of the Year/Athlete of the Championships
- 2014 Big Ten Men's Outdoor Field Athlete of the Week (April 30)
- Second Team All-American
- 2014 U-23 NACAC Silver Medalist

Lauren Kenney

- 2x First Team All-American
- 2013 USATF Senior Qualifier (Javelin)
- 2013 Big Ten Javelin Champion
- 2x Big Ten Medalist
- 2012 Penn Relays Champion

Melissa Kurzdorfer

- 3x Second Team All-American
- 2x Honorable Mention All-American
- 2014 Big Ten Hammer Throw Champion
- Big Ten Silver Medalist
- 2x Big Ten Bronze Medalist

Laura Loht

- 3x First Team All-American
- 2013 USATF Senior Qualifier (Javelin)
- 2012 Big Ten Javelin Champion
- Penn State School Record Holder (Javelin)
- 4x Big Ten Medalist
- 2x Penn Relays Champion 2013-14

Michael Shuey

- 2014 Big Ten Champion
- 2014 U-23 NACAC Gold Medalist
- 2013 Honorable Mention All-American
- 2013 USATF Junior Qualifier (Javelin)
- 2013 Big Ten Bronze Medalist
- Penn State School Record Holder (Javelin)



Ryan
FOSTER

Second Year
Penn State, '11
Assistant Coach

MIDDLE DISTANCE • DISTANCE

Ryan Foster, a multiple-time All-American and Big Ten champion, was named assistant coach of the Penn State Nittany Lions in the fall of 2014.

Foster was most recently the Penn State track & field director of operations for one year before taking over as an assistant coach for the Nittany Lions.

He will assist in the Nittany Lion program in coaching the mid-distance and distance squads.

Foster, who is a 2011 graduate, enjoyed one of the most successful careers in program history, finishing his tenure in the Blue and White with three All-America finishes, including a pair of NCAA bronze-medal efforts - as well as four Big Ten titles.

The former Nittany Lion made an immediate impact on the Penn State program, winning the Big Ten indoor title at 800-meters during his sophomore campaign in 2009. Foster would go on to win three-straight indoor conference half mile crowns, while also picking up an outdoor victory in the same event in 2009.

Foster was a multiple-time qualifier on the NCAA stage, finishing third in the 800 at the NCAA Indoor Championships in 2010, and matching the finish in the mile run at the NCAA Indoor Championships the following year. Boasting an impressive range, Foster was also a member of the Nittany Lions' NCAA-qualifying team in cross country in 2010.

Over his career, Foster posted personal-best efforts of 1:46.78 in the 800, the fourth-best performance in school history, and 2:19.60 for the 1000-meters, which stands as the fourth-fastest effort in the collegiate record books. In 2011, Foster led the Nittany Lions to their first Penn Relays Championship of America since 1987, anchoring the Sprint Medley Relay squad to a finishing time of 3:17.10, which remains a Penn State record.

He remains one of just four Nittany Lion harriers to break 4:00 in the mile, running 3:58.49. Hailing from Tasmania, Australia, he was the first Tasmanian to break the 4:00-barrier indoors, and also holds Australian national records in the indoor 800-meters (1:47.48) and 1000-meters (2:19.60).

Before joining Penn State, Foster worked locally with the Kevin Dare Foundation before serving as the Chief of Staff for Partners Financial Group (PFG). Foster spent a year as volunteer assistant for the Nittany Lions during the 2011-12 campaign.

During his time with the Dare Foundation, Foster organized and participated in the world-record setting 1,000-mile relay, in an effort to promote the Foundation's scholarship fund, "Life ... Back on Track."

The fundraising effort has continued to help athletes with debilitating injuries/illness, through financial scholarships, achieve their academic goals in memory of the life of former Penn State pole vaulter Kevin Dare. The 10-man team, which was comprised of mostly Nittany Lion alumni, completed the 1000-mile trek from Minneapolis, Minn., to Nittany Lion Track in 95 hours, three minutes, and one second.



Kevin
KELLY

Third Year
Kutztown, '99
Assistant Coach

MEN'S JUMPS • POLE VAULT

Kevin Kelly is in his third year in Happy Valley, overseeing the Nittany Lion men's jump and multi-events, as well as the men's and women's pole vault. Overall, Kelly has coached five Penn State All-America finishes and three Penn State school records.

During the 2013-14 season, Kelly's group improved on the success from the previous year. Kelly led the Nittany Lions to three First Team All-America finishes, six NCAA First Round qualifiers, four Big Ten medalists, 12 Big Ten scoring performances, two Big Ten Athletes of the Week and two Penn State school records.

For his success with the men's team during the 2014 outdoor season, Kelly was named the 2014 USTFCCA Mid-Atlantic Region Men's Outdoor Assistant Coach of the Year. He had student-athletes score in every event in which he has athletes, accounting for 38 of the program's 78 points at the Big Ten meet. In addition, Steve Waithe won the league's triple jump title. Kelly qualified three for the NCAA final rounds - including two triple jumpers and a decathlete.

2014 Recap...

Redshirt freshman Robert Cardina moved up the record books in the multi-events and ended the year with First Team All-American honors. Cardina owns the school record in the heptathlon (5,511) and his score of 7,666 in the decathlon ranks second all-time at Penn State. His score of 7,666 gave him an eighth-place finish in the decathlon at the 2014 NCAA Outdoor Track & Field Championships garnering him First Team All-American honors.

Joining Cardina in Eugene, Ore., was junior Waithe and junior Brian Leap. Waithe transferred to Penn State and made an immediate impact in the triple jump event. In the indoor season, Waithe tallied a distance of 52-6 (16.00) in the triple jump, which ranks tied for second all-time. In the outdoor Penn State record books, Waithe ranks fourth in the triple jump 52-8.75 (16.06).

At the Big Ten and NCAA levels, Waithe enjoyed major success. At the 2014 Big Ten Indoor Track & Field Championships, he finished second in the triple jump (51-7.25) and eighth in the long jump (51-10.5). At the 2014 Outdoor Big Ten Track & Field Championships, Waithe claimed the triple jump title (52-0) and placed fourth in the long jump (24-0.25).

Waithe tallied first team All-America honors at both 2014 NCAA Championship meets. At the 2014 Indoor NCAA Track & Field Championships, Waithe placed sixth in the triple jump (51-10.5) and at the 2014 Outdoor Track & Field Championships, he finished fifth in the triple jump (52-11.5).

Leap also qualified for the 2014 Outdoor NCAA Track & Field Championships in the triple event. Leap went on to finish 16th in the triple jump (51-6.5) and was named a Second Team All-American. His lifetime-best mark of 51-6.5 ranks seventh all-time at Penn State.

In the pole vault, freshman Lexi Masterson set the second-best mark (13-1.75) all-time at Penn State during the indoor season.



COACHING AND SUPPORT STAFF

Masterson went onto set the pole vault school record in the outdoor season with her height of 13-3.5.

On the men's team, Dylan Bilka moved into fifth (16-8.75) all-time at Penn State during the outdoor season.

Kelly enjoyed a productive opening campaign with the Nittany Lions in 2012-13, coaching one USTFCCCA Honorable Mention All-American, three NCAA Eastern Preliminary Round qualifiers, two Big Ten medalists, and one Penn State record holder.

2013 Recap...

Kelly coached a trio of high flyers in the high jump during the 2013 campaign with senior Sean Reilly, junior Jon Hendershot, and sophomore Michael McClelland all bettering the seven-foot barrier during the indoor season. McClelland was a top Nittany Lion during the indoor season, clearing a lifetime-best 7-1 (2.16).

Hendershot and Reilly continued to improve during the outdoor season, led by Hendershot's school-record tying leap of 7-3.25 (2.22) at the Jim Thorpe Invitational. Reilly would enjoy a stellar final season in the Blue and White, clearing a career-high 7-2.25 (2.19) at the LSU Battle on the Bayou. Reilly continued to excel into the postseason, qualifying for the NCAA Outdoor Championships in the event, where we would finish 19th overall to earn USTFCCCA Honorable Mention All-America status. Both Hendershot and Reilly were consistent throughout the year, as the pair of Nittany Lions turned in scoring finishes at both the Big Ten Indoor and Outdoor Championships.

Horizontal jump specialist Leap also shined under Kelly's watch in 2013, earning bronze-medal finishes in the triple jump at both the Big Ten Indoor and Outdoor Championships. Kelly guided Leap to outstanding improvements during the year, as the then-sophomore improved his lifetime-best effort in the triple jump to 50-10.25 (15.50) during the indoor season. Leap also made great strides in the long jump, ending the season with a personal-best 24-0.25 (7.32) at the Big Ten Outdoor Championships, which was also good for a fifth-place finish in the competition.

Prior to Penn State...

Kelly signed on at Penn State in the summer of 2012 after enjoying a highly successful 11-year coaching stint at Rutgers. Prior to his departure from New Brunswick, he was overseeing the efforts of all the Scarlet Knights' field event athletes.

Kelly was also successful on the recruiting trail in 2013, adding in transfer triple jump standout Steve Waithe from Shippensburg University. Waithe was the PSAC Indoor and Outdoor Champion in the his signature event, and went on to All-America finishes at both Division II Championships in 2013. Kelly also welcomed in-state sensation Cody Minnig from Neshaminy High School. With a PR of 10.73, Minnig was the No. 6 ranked Pennsylvania prep in the 100 meters in 2013, coming away with a fifth-place finish at the PIAA Outdoor Championships.

On the women's side, Kelly added standout pole vaulter Lexi Masterson from Hempfield Area. Masterson was the PIAA runner-up in the event as a senior and owns a lifetime-best clearance of 12-0.

Kelly arrived at Rutgers in 2001, helping the Scarlet Knights to outstanding success in the Big East Conference, including three conference team titles. Individually, Kelly guided 19 Big East Champions, as well as 45 All-Big East performers. In 2004, his athletes swept the top three spots in the decathlon at the Big East Outdoor Championships.

Kelly, who was elevated to Associate Head Coach for the Scarlet Knights in 2008, has undoubtedly made a mark on the Rutgers' record books as Kelly-coached athletes currently own eight school records. Off the track, Kelly maintained the role of the Scarlet Knights' Recruiting Coordinator, while also serving

as the men's track and field coaching staff liaison to Academic Support.

An outstanding athlete in his own right, Kelly was a three-time All-American in the decathlon while competing at Kutztown University, earning runner-up honors at the 1998 NCAA Outdoor Championships. In 1998, Kelly, who still owns Kutztown school records in the decathlon and 110-meter hurdles, was named Pennsylvania State Athlete Conference (PSAC) Athlete of the Year. He is also a Kutztown Hall of Fame inductee, and a member of the Golden Bears' "Top 30 Athletes of the 20th Century." Kelly earned his B.A in Political Science in 1999.

Prior to Rutgers, Kelly spent several seasons at Lehigh University, coaching all Mountain Hawk throwers. He is married to Maisha Kelly, who is a Senior Associate Director of Athletics and Senior Woman Administrator at Bucknell University.

Coaching Honors...

- 2014 USTFCCCA Mid-Atlantic Region Men's Outdoor Assistant Coach of the Year

Kelly in 2014...

- 3 First Team All-Americans
- 6 NCAA First Round Qualifiers
- 4 Big Ten Medalists
- 12 Big Ten Scoring Performances
- 2 Big Ten Athlete of the Week Winners
- 2 Penn State Records

Outstanding Nittany Lions Coached...

Dylan Bilka

- NCAA First Round Qualifier
- Big Ten Scorer

Rob Cardina

- Penn State Record Holder (Heptathlon)
- 2014 First Team All-American
- NCAA First Round Qualifier
- Big Ten Medalist
- 2x Big Ten Scorer

Jon Hendershot

- Penn State Record Holder (High Jump)
- 2x NCAA First Round Qualifier
- 2x Big Ten Athlete of the Week Selection
- 4x Big Ten Scorer

Brian Leap

- 3x Big Ten Medalist
- 6x Big Ten Scorer
- 2x NCAA First Round Qualifier
- 2014 Second Team All-American

Lexi Masterson

- Penn State Record Holder (Outdoor Pole Vault)
- NCAA First Round Qualifier
- 2x Big Ten Scorer

Sean Reilly

- 2013 Honorable Mention All-American
- NCAA First Round Qualifier
- 2x Big Ten Scorer (2013)

Steve Waithe

- 2x 2014 First Team All-American
- 2x Big Ten Athlete of the Week Selection
- 2x Big Ten Medalist
- 4x Big Ten Scorer
- NCAA First Round Qualifier



Fritz SPENCE

Ninth Year
Missouri State, '97
Assistant Coach

WOMEN'S JUMPS

Fritz Spence is in his ninth year coaching the Nittany Lion women's jumpers and multi-event athletes after outstanding results over the past eight seasons. In his first eight years with the Nittany Lions, Spence has overseen 14 All-America efforts, including Gayle Hunter, who claimed a total of nine All-America certificates in the multi-events. Hunter is the indoor school record holder in the long jump 20-11.00 (6.37m) and pentathlon (4342), outdoor school record in the Heptathlon (5797) and 4x400m (3.27.69) relay under Spence's watch.

2014 Recap...

Spence also guided Brittney Howell to an outstanding 2014 outdoor campaign, highlighted by an outstanding long jump at the NCAA first round Championships. Howell also turned in a pair of scoring performances at the Big Ten level, finishing third in the long jump and ninth in the high jump at the Big Ten Outdoor Championships. Howell would also post the top long jump mark among Nittany Lions during the 2014 campaign - going 20-4.50 (6.21m) during the Indoor season and 20-10.75 (6.37m) during the outdoor season. The performance ranks fifth indoors and third outdoors in the all-time Penn State standings.

Coming into her own in 2014 was freshman high jumper India McCoy. McCoy notched a lifetime-best clearance of 5-10.00 (1.78m) during the outdoor season. McCoy along with fellow protégée Ahmenah Richardson who in 2014 made a trip to the Big Ten medal stand for a third-place finish at the Big Ten Outdoor Championships.

Also, coming into her own in 2014 was freshman long and triple jumper Dannielle Gibson. Gibson had an outstanding freshman year achieving a lifetime-best leap of 42-2.00 (12.80m) in the triple jump and 20-1.00 (6.11m) in the long jump during the outdoor season. Gibson along with fellow jumper Kaitlyn Lopez who in 2014 put up a lifetime best of 39-5.25 (12.02m) in the triple jump and 18-10.50 (5.82m) in the long jump.

During the 2014 season, freshman multi eventer Tal Ben-Artzi had an outstanding indoor seasoning putting up a life-time best score of 3861 in the indoor pentathlon.

Prior to 2014...

Spence oversaw marked improvements from senior Marlene Ricketts, who advanced to the NCAA Indoor Championships in the triple jump in 2013, coming home with USTFCCA Second Team All-America status. Ricketts also shined at the conference level, finishing second in the triple jump at the Big Ten Indoor Championships to go along with a fourth-place standing in the long jump. Ricketts ended her senior season with an indoor lifetime-best effort of 42-4.75 (12.92m) and outdoor lifetime-best effort of 42-2.75 (12.87m) in the triple jump - the second and fifth farthest performance in school history.

Spence took on a new coaching role in 2012, overseeing the Nittany Lion men's and women's javelin throwers, including All-America finishers Laura Loht and Lauren Kenney. The Nittany

Lions javelinists had a stellar season under Spence, beginning with a victory at Kenney at the prestigious Penn Relays Carnival. During the championship portion of the season, Spence guided the duo to a one-two finish at the Big Ten Championships with Loht taking top honors. The Nittany Lions were thoroughly impressive at the NCAA Outdoor Championships, mounting a three-four finish including a PR toss from Loht at 169-4 (51.92) for third, and a lifetime-best 167-10 (51.17) for Kenney in fourth.

Along with Loht, Kenney, and Eli Skinner, Spence guided six athletes to the NCAA Eastern Preliminary Round, with Marlene Ricketts and Tanaya Lloyd representing Penn State in the women's triple jump and Erika Morgan competing in the women's high jump. Lloyd and Ricketts held their own against the top triple jumpers in the country at the event, placing 14th and 15th, respectively. Spence helped Lloyd, a 2012 graduate, to an outstanding Nittany Lion career overall, as Lloyd finished up with the Lions with the fourth-best performance in Penn State history at 42-3.50 (12.89).

Spence's athletes recorded an outstanding medal haul at the Big Ten Outdoor Championships in 2011, scoring podium finishes in all four horizontal events. Along with Hanif Johnson's bronze-medal finish in the triple jump, junior Doug Moppert added a third-place finish in the men's long jump, while Tanaya Lloyd claimed runner-up status in the women's triple jump, and Bianca Fung posted a third-place finish in the women's long jump.

The 2009 season was a also banner year for Spence and the Nittany Lion jumps squad with a trio of Lions qualifying for the 2009 NCAA Outdoor Championships, including Clarence Smith in the triple jump, Hunter in the heptathlon and long jump, and first-time NCAA qualifier Fung in the long jump. Indoors, Spence guided Hunter to a runner-up finish in the pentathlon - which tied the highest ever finish by a Nittany Lion at NCAA Indoor - while also overseeing Hunter's school record leap of 20-11.25 (6.38) in the long jump during the multi-event competition.

At the NCAA Regionals...

At the regional level, Spence led a total of five athletes to appearances at the NCAA East Regional Championships, including Hunter in the long jump, triple jump, and 100-meter hurdles, Fung in the long jump, and Smith, along with teammates Jay Pagana, and Johnson, in the triple jump. Throughout the year, Hunter set a trio of school records under Spence's watch, scoring 4342 to reset her own pentathlon mark, and posting a total of 5797 to better her own school standard in the heptathlon. Hunter would also earn Mid-Atlantic Region Field Athlete of the Year honors during the indoor and outdoor seasons under Spence's watch.

At the Big Ten Championships...

On the Big Ten stage, Spence guided Smith to triple jump titles at both the indoor and outdoor conference championships, while leading his men's triple jumpers to a one-three-four showing at the outdoor conference meet. Indoors, Spence-coached athletes recorded a total of four scoring performances, while adding another four outdoors. On the women's side, Spence led Hunter to top three finishes in the indoor pentathlon, and outdoor heptathlon, as well as scoring finishes in the indoor long and triple jumps, as well as the outdoor triple jump.

Overall, Spence also oversaw a total of six top-eight scoring finishes in the women's events during the Big Ten Indoor Championships, and four during the outdoor conference meet. In 2008, Spence led Hunter to a handful of All-America finishes, including fifth-place efforts in the NCAA pentathlon and heptathlon, as well as a fifth-place standing in the outdoor long jump. On the men's side, Spence saw Smith to an All-America finish and a Big Ten title in the triple jump. Spence's efforts were decidedly noteworthy, as



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he was named Mid-Atlantic Men's Assistant Coach of the Year during both the indoor and outdoor seasons.

Spence's athletes proved to be a big part of Penn State's scoring effort at the 2008 Big Ten Indoor Championships including a silver-medal finish from Taylor in the men's long jump, and bronze-medal standings from Hunter in the pentathlon, long jump, and triple jump. Spence's contingent was just as successful at the outdoor conference meet, including a two-three-four finish in the triple jump from Smith, Taylor, and Pagana, while the Penn State women provided four scoring finishes, led by Bettis in third.

During his first year in Happy Valley, Spence led Hunter to NCAA appearances in the pentathlon indoors and heptathlon outdoors, where she posted an eighth-place finish, earning All-American honors.

Prior to Penn State...

Prior to coming to Penn State, Spence coached 14 conference champions, 26 all-conference performers, 22 regional qualifiers, 10 NCAA qualifiers, and three All-Americans at Missouri State. Spence, who was named NCAA Women's Outdoor Track and Field Mid-east Region Assistant Coach of the Year for Jumps/ Combined Events in 2006, was a part of a coaching staff that won four Missouri Valley Conference Team Championships in both the indoor (2003 and '04) and outdoor (2002 and '03) seasons. The team also finished three times as the conference runner-up for the team championship (indoor 2002, outdoor 2004 and '06).

Spence and his wife, Teri, reside in State College. The couple has three daughters - Ashlie, Keiva, and Ale'ka - and one son - Ashton.

Coaching Awards and Honors...

- 2008 USTFCCCA Mid-Atlantic Region Men's Outdoor Assistant Coach of the Year
- 2008 USTFCCCA Mid-Atlantic Region Men's Indoor Assistant Coach of the Year
- 2006 USTFCCCA Mid-East Region Women's Outdoor Assistant Coach of the Year

Spence in 2014...

- 1 Second Team All-American
- 1 NCAA Indoor Championship Qualifier
- 4 NCAA First Round Qualifiers
- 3 Big Ten Medalists
- 1 Big Ten Champion

Outstanding Athletes Coached...

Bianca Fung

- Two-Time NCAA Qualifier (Long Jump)
- NCAA Provisional Qualifier

Brittney Howell

- 2014 First Team All-American
- 2014 Second Team All-American
- 2014 Big Ten Champion (Heptathlon)

Gayle Hunter

- NCAA Champion (2008, Outdoor 4x400)
- Nine-Time NCAA All-American
- 2009 NCAA Runner Up (Indoor Pentathlon)
- Four-Time Penn State Record Holder
- Four-Time Mid-Atlantic Region Field Athlete of the Year
- USATF Qualifier

Jay Pagana

- Three-Time NCAA Regional Qualifier
- PSU McCoy Award Winner (Top GPA by student athlete)
- ESPN the Magazine Academic All-District

Marlene Ricketts

- 2013 Second Team All-American
- Big Ten Medalist
- 3x NCAA First Round Qualifier

Clarence Smith

- Two-Time NCAA All-American
- Three-Time Big Ten Champion
- Two-Time Mid-Atlantic Region Field Athlete of the Year
- 2008 U.S. Olympic Trials Qualifier
- USATF Qualifier

Tracy Partain (Missouri State)

- 2006 NCAA Runner-Up (Heptathlon)
- Two-Time NCAA All-American
- Five-Time Missouri Valley Conference Champion

Fabian Florant (Missouri State)

- 2006 NCAA All-American
- Three-Time Missouri Valley Conference Champion

Greg Hughes (Missouri State)

- Two-Time NCAA All-American
- Four-Time Missouri Valley Conference Champion





Laura Loht, a four-time All-American, enters her first year with the Penn State cross country and track & field staff as an operations assistant in the fall of 2014.

She will help with day-to-day tasks for the Penn State cross country/track & field program, which includes various administrative roles, facility management, equipment distribution and alumni relations.

A native of McClure, Pa., Loht graduated from Penn State in the spring of 2014 with a bachelor's degree in kinesiology, fitness studies.

Prior to joining the Penn State cross country and track & field staff, Loht worked as an assistant supervisor at the Penn State fitness centers.

During her senior year, Loht finished fifth at the 2014 NCAA Outdoor Track & Field Championships in the javelin throw with her school record toss of 178-6 and won her second-straight Penn Relays javelin title (167-8). For her performance in the field during the 2014 track & field season, Loht was named the field MVP of the women's team.

In the summer of 2014, she competed at the USATF Outdoor Championships in the javelin and finished 12th with a distance of 163-8.

At the Big Ten level, Loht tallied four podium finishes, including a first-place finish at the 2012 Big Ten Outdoor Track & Field Championships. Loht captured the 2012 Big Ten women's javelin title in dramatic fashion as she posted a mark of 160-11 on her final attempt. She was also a member of two outdoor conference winning squads.

Will Rottler enters his first year with the Penn State cross country and track & field program after joining the staff in the summer of 2014. Rottler joins the Penn State cross country and track & field staff as the director of operations and the athletic communications contact.

He will perform various administrative roles, including facility management, equipment distribution, alumni relations, marketing, and media relations of the Penn State cross country and track & field program. Rottler will also serve as the athletic communications contact for the Penn State men's gymnastics program.

A native of Columbia Heights, Minn., Rottler earned his bachelor's degree in communications, media & rhetoric from the University of Minnesota-Morris (UMM) in 2012. While Rottler was a student at UMM, he worked for two years in the sports information office and served as the sports editor of the school newspaper, The University Register, during his senior year.

Following his four years at Minnesota-Morris, Rottler went on to pursue a master's degree in journalism at South Dakota State University (SDSU), while serving as a graduate assistant in its sports information office.

During his two years at SDSU, Rottler served as the primary contact for the cross country, track & field and women's soccer teams. He also assisted at all home sporting events and oversaw the official recruiting website of SDSU, TheJackRabbitWay.com.





COACHING AND SUPPORT STAFF



Karaleigh
FOSTER

Third Year
Penn State, '12
Volunteer Assistant Coach

DISTANCE



Sam
MASTERS

Second Year
Penn State, '13
Volunteer Assistant Coach

DISTANCE



Ryan
WHITING

Fourth Year
Arizona State, '10
Volunteer Assistant Coach

THROWS

PENN STATE SUPPORT STAFF



Michael
GAY

ATHLETIC TRAINER



Dave
YUKELSON

SPORTS PSYCHOLOGIST



Kevin
ANDERSON

ATHLETIC TRAINER



Cassie
RAUGH

SPORT NUTRITIONIST



Dayna
WENGER

EQUIPMENT/FACILITY MANAGER

WOMEN'S BIOS





Name	Year	Eligibility (I/O)	Event Area	Hometown (Previous School)
Stephanie Aldrich	Sophomore	Sophomore	Distance/XC	West Chester, Pa. (Henderson)
Leigha Anderson	Senior	Senior	Distance/XC	Carlisle, Pa. (Cumberland Valley)
Anna Bailey	Freshman	Freshman	Throws	Harrisburg, Pa. (Bishop McDevitt)
Tessa Barrett	Freshman	Freshman	Distance/XC	Waverly, Pa. (Abington Heights)
Tal Ben-Artzi	Sophomore	Sophomore	Multi-Events	Newe Shaanan Hifa, Israel (Tel Aviv Univ.)
Lisa Bennatan	Freshman	Freshman	Distance/XC	Lake Forest, Ill. (Lake Forest)
Abbie Benson	Senior	Senior	Distance/XC	Elma, N.Y. (Iroquis)
Shelley Black	Senior	Sr./Jr.	Sprints/Hurdles/Relays	Lafin, Pa. (James M. Coughlin)
Typhane Booker	Freshman	Freshman	Sprints/Relays	Cibolo, Texas (Schertz Steele)
Hannah Catalano	Freshman	Freshman	Distance/XC	State College, Pa. (State College)
Elizabeth Chikotas	Freshman	Freshman	Distance/XC	Hellertown, Pa. (Saucon Valley)
Queene Dale	Freshman	Freshman	Sprints/Hurdles/Relays	Ypsilanti, Mich. (Saline)
Deja Davis	Freshman	Freshman	Sprints/Relays	Shelby Township, Mich. (Utica)
Rachael DeCecco	Freshman	Freshman	Sprints/Hurdles/Relays	Mechanicsburg, Pa. (Cumberland Valley)
Rachel Fatherly	Junior	Junior	Throws	Williamsport, Pa. (Williamsport Area)
Tori Gerlach	Junior	Junior	Distance/XC	Perkasie, Pa. (Pennridge)
Dannielle Gibson	Sophomore	Sophomore	Jumps	Nassau, Bahamas (St. Augustine's)
Megan Hellman	Freshman	Freshman	Distance/XC	Rumson, N.J. (Rumson Fair-Haven)
Jillian Hunsberger	Freshman	Freshman	Distance/XC	Pittsburgh, Pa. (Mount Lebanon)
Kerrin Jennings	Senior	Junior	Distance/XC	Glen Mills, Pa. (Padua Academy)
Jada Jones	Sophomore	Freshman	Jumps	Union, N.J. (Union)
Kasey Kemp	Junior	Sophomore	Pole Vault	Irwin, Pa. (Norwin, Pa.)
Lauren Kenney	Senior	Senior	Throws	State College, Pa. (State College)
Erin Knabe	Junior	Sophomore	Pole Vault	Voorhees, N.J. (Voorhees)
Julie Kocjancic	Sophomore	Sophomore	Distance/XC	Pittsburgh, Pa. (Mt. Lebanon)
Melanie Leszczynski	Senior	Senior	Throws	Audobon, Pa. (Methacton)
Greta Lindsley	Freshman	Freshman	Distance/XC	Lancaster, Pa. (Penn Manor)
Kaitlyn Lopez	Junior	Junior	Jumps	Buffalo, N.Y. (Immaculata Academy)
Obeng Marfo	Freshman	Freshman	Throws	Ontario, Canada (Father Henry Carr)
Lexi Masterson	Sophomore	Sophomore	Pole Vault	Jeannette, Pa. (Hempfield Area)
Megan McCloskey	Freshman	Freshman	Jumps	Lower Gwynedd, Pa. (Germantown Academy)
India McCoy	Sophomore	Sophomore	Jumps	Ambridge, Pa. (Ambridge Area)
Dynasty McGee	Senior	Senior	Sprints/ Relays	Flint, Mich. (Ypsilanti)
Lauren Mills	Senior	Senior	Distance/XC	West Chester, Pa. (Unionville)
Hannah Mulhern	Freshman	Freshman	Pole Vault	Altoona, Pa. (Altoona Area)
Megan Osborne	Sophomore	Sophomore	Sprints/Relays	Chillicothe, Ohio (Chillicothe)
Sarah Palmer	Senior	Senior	Jumps	Gansevoort, N.Y. (Schuylerville)
Tori Perri	5th Year	Senior	Distance/XC	Philadelphia, Pa. (Mt. St. Joseph Academy)
Ashley Rankine	Freshman	Freshman	Sprints/Relays	Upper Darby, Pa. (Upper Darby)
Tichina Rhodes	Sophomore	Sophomore	Sprints/Hurdles/Relays	Philadelphia, Pa. (Swenson)
Ahmenah Richardson	Junior	Jr./Soph.	Jumps	Philadelphia, Pa. (Milton Hershey)
Alyssa Robinson	Sophomore	Sophomore	Throws	Saint Clairsville, Ohio (Saint Clairsville)
Katie Rodden	Senior	Senior	Distance/XC	Ardmore, Pa. (Archbishop Carroll)
Victoria Scutti	Freshman	Freshman	Distance/XC	Port Matilda, Pa. (State College)
Kiah Seymour	Junior	Junior	Sprints/Hurdles/Relays	Washington, D.C. (Archbishop Carroll)
Natalie Shiffler	Sophomore	Soph./Fr.	Multi-Events	Irwin, Pa. (Hempfield Area)
Elyse Skerpon	Freshman	Freshman	Sprints/Hurdles/Relays	Sayre, Pa. (Sayre Area)
Cara Ulizio	Sophomore	Soph./Fr.	Distance/XC	Redondo Beach, Calif. (Redondo Union)
Sarah Jane Underwood	Junior	Jr./Soph.	Distance/XC	Alexandria, Va. (West Potomac)
Annjulie Vester	5th Year	Senior	Throws	Homburg, Germany (Virginia Tech)



Stephanie ALDRICH

Sophomore • Sophomore
West Chester, Pa.

DISTANCE • CROSS COUNTRY

Aldrich's Personal Bests

	Indoor	Outdoor
1500m	***	4:39.19
Mile	5:01.17	***
3000m	9:59.02	***
3K Steeple	***	10:51.15

On the National Scene... || 2013 Cross Country || Tallied an 85th-place finish at the NCAA Mid-Atlantic Regional Championships ... Posted a time of 22:36.8 to finish 237th at the NCAA Cross Country Championships

At the Big Ten Championships... || 2014 Outdoor || Finished 18th in the 3,000-meter steeplechase (10:59.80) || **2014 Indoor** || Placed 21st in the 3,000-meter run (10:04.47) Outdoor - Began the outdoor season with a ninth-place finish in the 1,500-meter run (4:39.19) at the Crimson Tide Invitational ... Won the 3,000-meter steeplechase (11:15.02) at the Team Challenge ... Posted a lifetime-best time of 10:51.15 in the 3,000-meter steeplechase at the Penn Relays || **2013 Cross Country** || Finished 61st

On the Track... || 2014 Indoor || Opened the 2014 season with a 15th-place finish in the mile run (5:06.15) at the Nittany Lion Challenge ... Ran a lifetime-best time of 5:01.17 in the mile run at the Sykes & Sabock Challenge Cup ... Ran a lifetime-best time of 9:59.02 in the 3,000-meter run at the SPIRE NCAA Division I Indoor Track & Field Invitational

On the Course... || 2013 Cross Country || Began the 2013 season with a third-place finish at the Dolan Duals ... Placed sixth at the Harry Groves Spiked Shoe Invitational ... Finished 92nd overall at Lehigh's Paul Short Run ... At the Pre-National Invitational, Aldrich took 190th

Before Penn State... || High School || A standout on the Pennsylvania distance scene over the past several seasons ... Took runner-up honors in the mile at the PTFCA Indoor Championships, thanks to a personal-best 5:02.75 Enjoyed an outstanding indoor season as a senior, also clocking a lifetime-best 10:09.88 for 3,000-meters - a top 10 time in Pennsylvania in 2013 ... Also a force in cross country in 2012 ... Placed sixth overall at the PIAA State Championships as the top placing senior at the event ... Ended her high school career with a pair of top 10 PIAA finishes to her credit, having finished ninth at the state meet as a junior in 2011 || **Personal** || Daughter of Skip and Roberta Aldrich ... Birthday is December 5, 1994



Leigha ANDERSON

Senior • Senior
Carlisle, Pa.

DISTANCE • CROSS COUNTRY

Anderson's Collegiate Personal Bests

	Indoor	Outdoor
1500m	***	4:39.20
Mile	4:47.60	***
3000m	9:26.37	***
5000m	16:26.32	16:08.74
10000m	***	33:52.32

On the National Scene... || 2013 Cross Country || Finished 12th at the NCAA Mid-Atlantic Regional Championships ... All-region ... Ran a time of 21:38.4 to place 147th at the NCAA Cross Country Championships || **2012 Cross Country** || Placed 180th overall as the Nittany Lion's sixth runner at the NCAA Cross Country Championships ... Earned All-Region status after finishing 20th overall at the NCAA Mid-Atlantic Regional, helping the Nittany Lions to the program's first team title ... Clocking a career-best 21:14 on the Blue-White Course at the Mid-Atlantic Regional

At the Big Ten Championships... || 2014 Outdoor || Finished 11th in the 10,000-meter run (34:55.61) || **2014 Indoor** || Placed fourth in the 5,000-meter run (16:26.32) ... A member of the ninth-place distance medley relay team (11:34.83) || **2013 Cross Country** || Placed 25th || **2013 Indoor** || Placed 17th in the 3,000 meters, finishing in 9:47.24 - just shy of a lifetime best || **2012 Cross Country** || Assisted in the Nittany Lions' third-place finish in the team standings, placing 31st overall as the Nittany Lions' number-five finisher

On the Course... || 2013 Cross Country || Opened the 2013 campaign with a second-place at the Harry Groves Spiked Shoe Invitational ... Posted a 30th-place finish at Lehigh's Paul Short Run ... Took 43rd at the Pre-National Invitational || **2012 Cross Country** || Ran a career-best 20:59 for 6,000-meters at the Wisconsin Invitational, finishing 131st in a loaded field ... Highest individual finish was third at the Lock Haven Dolan Duals ... Placed 10th overall at the Harry Groves Spiked Shoe Invitational, helping the Nittany Lions to the team title || **2011 Cross Country** || Ran as Penn State's third finisher at the Harry Groves Spiked Shoe Invitational ... Highest individual finish was 10th at the Lock Haven Dolan Duals ... Also competed at the Notre Dame Invitational and Penn State National

Around the Track... || 2014 Outdoor || Won the 10,000-meter run at the Penn Relays with her lifetime-best time of 33:52.32, which is the second-fastest time in school history ... Finished ninth in the 5,000-meter run at the Stanford Invite with her lifetime-best time of 16:08.74, which is the fifth-fastest time in school history || **2014 Indoor** || Recorded a lifetime-best time of 4:47.60 en route to a second-place finish in the mile run at the Nittany Lion Challenge ... Recorded a lifetime-best time of 9:26.37 in the 3,000-meter run at the Penn State National Invitational ... A member of the first-place distance medley relay team that posted a final time of 11:32.11 at the Sykes & Sabock Challenge Cup || **2013 Outdoor** || Competed in three events, with her highest finish coming with a 16th-place effort (4:39.20) in the 1500 at the Alabama Crimson Tide Invitational || **2013 Indoor** || Clocking a lifetime-best 9:43.96 for the 3K at the Penn State National - good for 12th-place overall ... Ran on third-place distance medleys at both the Nittany Lion Challenge and Sykes & Sabock Challenge Cup ... Finished 16th in her section of the 3,000 at the Washington Husky Classic, clocking 9:44.41 || **2012 Indoor** || Highest place finish was second in the 3,000 meters at the Penn State Relays, where she clocked a collegian PR 10:13.87 ... Placed 10th in the 5,000 meters at the Penn State National via a PR of 17:46.93 ... Finished ninth in the mile at the Nittany Lion Challenge in 5:01.07 || **2011 Outdoor** ||



2014-15 WOMEN'S RETURNERS

Redshirted the 2012 outdoor campaign

Before Penn State... || High School || A four-time state qualifier in cross country, Anderson developed an impressive resume during her career at Cumberland Valley, turning in finishes of 11th or better during all four appearances at the PIAA State Championships, including a bronze-medal effort as a junior in 2009. Also a four-time participant at the PIAA Outdoor Track and Field Championships, Anderson boasts a career-best finish of fourth in the 3200-meter run as a junior, clocking a PR of 10:41.11 || **Personal ||** Daughter of Stephen and Deborah Anderson ... Birthday is September 29, 1992



Abbie
BENSON

Senior • Senior
Elma, N.Y.

DISTANCE • CROSS COUNTRY



Tal
BEN-ARTZI

Sophomore • Sophomore
Neve Shaanan Hifa, Israel

MULTI-EVENTS

Benson's Collegiate Personal Bests		
	Indoor	Outdoor
800m	***	2:19.82
1500m	***	4:30.94
Mile	4:50.80	***
3000m	9:37.81	***
3K Steeple	***	10:20.76

Ben-Artzi's Personal Bests		
	Indoor	Outdoor
200m	26.42	25.06 hs
600m	1:38.47	***
800m	2:17.09	***
60mH	14.39	***
100mH	***	14.39 hs
High Jump	5-8.5 (1.74)	5-8.75 (1.75) hs
Long Jump	17-8.25 (5.39)	18-6 (5.64) hs
Shot Put	35-6.5 (10.83)	***
Indoor Pentathlon	3861	***
Heptathlon	***	5079 hs

At the Big Ten Championships... || 2014 Indoor || Finished sixth in the pentathlon with her lifetime-best score of 3,861, which moves her into fourth all-time at Penn State ... In the indoor pentathlon, Ben-Artzi tallied lifetime-bests in the 800-meter run (2:17.09), 60-meter hurdles (9.09), shot put (35-6.5) ... Also in the indoor pentathlon, Ben-Artzi recorded a season-best mark of 17-8.25 in the long jump ... Placed fifth in the high jump with her season-best mark of 5-8.5

Around the Track... || 2014 Outdoor || Did not compete || **2014 Indoor ||** Competed in the pentathlon ... Ran a lifetime-best time of 1:38.47 in the 600-meter run at the Nittany Lion Challenge ... Posted a season-best time of 26.42 in the 200-meter dash at the SPIRE NCAA Division I Indoor Track & Field Invitational ... A member of the distance medley relay team that tallied a first-place finish at the Sykes & Sabock Challenge Cup with its time of 11:32.11

Before Penn State... || High School || Joins the Nittany Lions all the way from Israel, following outstanding performances in the international ranks ... A two-time IAAF World Youth qualifier ... Owns a lifetime-best total of 5079 in the heptathlon, as well as a personal-record clearance of 5-8.75 (1.75) in the high jump, and a PR of 18-6 (5.64) in the long jump || **Personal ||** Birthday is August 19, 1992 ... Daughter of Naomi Shachar and Yoel Ben-Artzi

On the National Scene... || 2014 Outdoor || Qualified for the NCAA East Prelims in the 3,000-meter steeplechase ... Finished 25th in the 3,000-meter steeplechase (10:27.05) at the NCAA East Prelims || **2013 Outdoor ||** Qualified for the NCAA Eastern Preliminary Round in the 3,000-meter steeplechase ... Finished 28th overall || **2012 Outdoor ||** Finished third in the 3,000-meter steeplechase at the USATF Junior Outdoor Championships ... Also competed in the 3,000 meters || **2011 Cross Country ||** Was the lone Penn State freshman to compete on the Nittany Lions' 13th-place squad at the NCAA Cross Country Championships ... Placed 203rd overall at NAAs, finishing as Penn State's sixth runner ... Finished 45th at the NCAA Mid-Atlantic Regional Championships

At the Big Ten Championships... || 2014 Outdoor || Placed 13th in the 3,000-meter steeplechase (10:28.80) || **2014 Indoor ||** A member of the ninth-place distance medley relay team (11:34.83) || **2013 Outdoor ||** Placed 11th overall in the 3,000-meter steeplechase, finishing in 10:30.68 || **2013 Indoor ||** Was a member of the Nittany Lions' fifth-place distance medley, which finished in 11:21.39 ... Also competed in the mile run || **2012 Cross Country ||** Finished 55th overall in 21:02 for 6,000-meters || **2012 Outdoor ||** Competed in the steeplechase, placing 25th overall || **2012 Indoor ||** Finished 12th in her preliminary heat of the mile, running a PR 4:54.41 || **2011 Cross Country ||** Placed 50th overall in her first-career appearance at the Big Ten Championships

On the Course... || 2013 Cross Country || Began the 2013 season with a second-place finish at the Dolan Duals ... Placed eighth at the Harry Groves Spiked Shoe Invitational || **2012 Cross Country ||** Turned in a solid sophomore season, with her highest individual finish coming with a fourth-place effort at the Lock Haven Dolan Duals ... Also finished in the Nittany Lion top seven at the Harry Groves Spiked Shoe Invitational, placing 16th overall ... Finished 11th in the "B" race at the Adidas Wisconsin Invitational || **2011 Cross Country ||** Highest individual finish was fifth at the Lock Haven Dolan Duals ... Also recorded appearances at the Roy Griak and Notre Dame Invitationals, as well as the Penn State National

Around the Track... || 2014 Outdoor || Opened the 2014 outdoor season with a lifetime-best time of 10:20.76 in the 3,000-meter steeplechase to place seventh at the Stanford Invitational ... Her time of 10:20.76 ranks seventh all-time in the school history ... Won the 1,500-meter run at the Team Challenge with her time of 4:36.00 ... Ran a season-best time of 4:35.91 in the 1,500-meter run at the Kehoe Twilight Meet || **2014 Indoor ||** Opened the 2014 indoor season on the distance medley relay team (11:44.84) that finished first at the Penn State Relays ... Posted a season-best time of 9:41.96 in the 3,000-meter run to finish fifth at the Penn State National Invitational ... Ran to a third-place finish in the mile run at the Sykes & Sabock Challenge Cup with her season-best time of 4:53.14 || **2013 Outdoor ||** Clocked a lifetime-best 10:26.44 in the steeplechase at the Bucknell Bison Outdoor Classic ... Time ranks eighth in the all-time Penn State standings in the event ... Also competed at the Stanford Invitational, finishing 14th in the steeple || **2013 Indoor ||** Finished second

2014-15 WOMEN'S RETURNERS



in the Nittany Lions' inaugural indoor 2K steeplechase at the Sykes & Sabock Challenge Cup ... Ran a personal-best 4:50.80 for the mile at the Penn State National, finishing 12th ... Assisted on third-place DMRs at the Penn State National, and Nittany Lion Challenge ... Posted a lifetime-best 9:37.81 for the 3,000 at the Washington Husky Classic || **2012 Outdoor** || Clocks a PR 10:35.53 in the steeplechase at Penn Relays ... Finished third in the 1500 at the Jim Click Shootout, running 4:30.94 ... Took second overall in the 1500 at the Bucknell Team Challenge ... Placed fourth in the steeplechase at the Bison Outdoor Classic || **2012 Indoor** || Was a member of the second-place DMR at the Sykes & Sabock Challenge Cup ... Took fifth in the mile at the Nittany Lion Challenge ... Ran a 3K PR of 9:46.63 at the Flotrack Husky Classic at Washington

Before Penn State... || High School || Took top honors in the 1500-meters at the N.Y. Section 6 State Qualifier as a senior, and would run a PR 4:34.44 at the N.Y. State Championships in the event ... Was a two-time Section 6 Champion during her senior indoor season, winning both the 1000-meters and 1500 ... Owned PRs of 2:15.69 for the 800-meters, 2:54.10 in the 1000, and 10:29.60 in the 3,000-meters out of high school ... Was also an N.Y. state qualifier in cross country || **Personal** || Daughter of Mike and Amy Benson ... Born November 18, 1993 ... Majoring in nutrition



**Shelley
BLACK**
Senior (I) • Junior (O)
Lafin, Pa.
SPRINTS • HURDLES • RELAYS

Black's Collegiate Personal Bests		
	Indoor	Outdoor
200m	25.26	25.39
400m	57.04	***
60mH	8.43	***
100mH	***	13.82
400mH	***	59.63

On the National Stage... || 2013 Outdoor || Earned second team All-America status as a member of the Nittany Lion 4x400-meter relay ... Ran the third leg on the Nittany Lions' 14th-place relay at the NCAA Championships, helping the squad to a finishing time of 3:35.23 ... Qualified for the NCAA Eastern Preliminary Round in the 400-meter hurdles ... 4x400 team would run 3:34.98 at the first round competition - the third-fastest time in the field

At the Big Ten Championships... || 2014 Outdoor || Placed 14th in the 100-meter hurdles (14.09) ... Ran a time of 1:01.80 to qualify eighth for the finals of the 400-meter hurdles ... Finished seventh in the 400-meter hurdles with her time of 1:00.72 || **2014 Indoor** || Ran a time of 8.48 to place 10th in the 60-meter hurdles || **2013 Outdoor** || Turned in a pair of scoring finishes, taking fifth in the 400-meter hurdles, individually, and third as a member of the Nittany Lion 4x400 ... Also competed in the 100-meter hurdles, finishing 10th || **2013 Indoor** || Placed fifth in the 60-meter hurdles with a finishing time of 8.43 || **2012 Indoor** || Placed 11th in the 60-meter hurdles in the Big Ten preliminaries

Around the Track... || 2014 Outdoor || At the season-opening Crimson Tide Invitational, Black finished third in the 400-meter hurdles (1:00.56) and fifth in the 100-meter hurdles (14.35) ... Finished fourth in the 100-meter hurdles at the Sun Angel Track Classic with her season-best time of 13.87 ... Won the 100-meter hurdles at the Team Challenge with her time of 13.92 ... Tallied a season-best time of 1:00.43 in the 400-meter hurdles to finish fifth at the Kehoe Twilight Meet || **2014 Indoor** || Opened up the 2014 indoor season as a member of the first-place 4x400-meter relay squad (3:43.65) at the Penn State Relays ... At the Penn State National Invitational, Black posted a season-best time of 25.29 in the 200-meter dash ... At the Sykes & Sabock Challenge Cup, Black ran a season-best

time of 8.45 to finish second in the 60-meter hurdles and placed fourth in the 400-meter dash with her season-best time of 57.04 || **2013 Outdoor** || Won the 100-meter hurdles at the Jim Thorpe Invitational to go along with a second-place finish in the 200 ... Was a member of the Lions' season-best 3:33.47 4x400 at Penn Relays, helping the squad to a fourth-place finish in the elite "Championship of America" section ... Also competed in the 100- and 400-meter hurdles at Penn ... Place second in the 100 hurdles and fourth in the 400 hurdles at the Bucknell Team Challenge ... Was third in the 100 hurdles at the Crimson Tide Invitational at Alabama, thanks to a lifetime-best 13.82 ... Was also a member of the winning 4x400 in Tuscaloosa || **2013 Indoor** || Emerged as one of the Nittany Lions' top hurdlers, finishing second in the event at the Nittany Lion Challenge, third at both the Penn State Relays and Sykes & Sabock Challenge Cup, and fifth at the Penn State National ... Turned in a lifetime-best 25.36 for the 200 at the PSU National ... Also competed at the SPIRE D-I Invitational || **2012 Outdoor** || Redshirted the outdoor season || **2012 Indoor** || Placed third in the 60 hurdles in her first collegiate appearance at the Penn State Relays ... Took second in the event at the Nittany Lion Challenge ... Ran a personal-best 8.56 for the hurdles to finish third at the Sykes & Sabock Challenge Cup ... Finished 11th at the Penn State National

Before Penn State... || High School || One of the top hurdlers in the high school ranks, placing fourth in the 100-meter hurdles at New Balance High School Nationals with a personal-best 13.63 in 2011 ... Was equally as outstanding at the PIAA State Championships as a senior, picking up victories in the 100- and 300-meter hurdles, to go along with a fourth-place finish in the long jump ... Won state titles in both hurdle races as a junior, and followed up with a second-place finish in the 60-meter hurdles at PTFCA Indoor Championships as a senior ... Ran a personal-best 8.45 in the 60 hurdles to place fourth at the 2011 New Balance Indoor Nationals ... Boasts international experience on her resume, as she was selected to represent the U.S. at the Germany-Japan-USA Trilateral Friendly Indoor Meet as a senior || **Personal** || Daughter of Diane and Ray Black ... Birthday is February 2, 1993 ... Currently enrolled in the Division of Undergraduate Studies



**Rachel
FATHERLY**
Junior • Junior
Williamsport, Pa.
THROWS

Fatherly's Collegiate Personal Bests		
	Indoor	Outdoor
Shot Put	52-1.75 (15.89)	52-10 (16.10)
Discus	***	161-5 (49.21)
Hammer	***	181-1 (55.20)
20lb Weight	66-0.5 (20.13)	***

On the National Stage... || 2014 Outdoor || Qualified for the NCAA East Prelims in the hammer throw and the shot put ... Finished 15th in the shot put with her lifetime-best throw of 52-10 and took 35th in the hammer throw with her toss of 177-0 ... Ranks fourth all-time in the shot put (52-10) at Penn State || **2013 Outdoor** || Impressive among the national junior ranks, qualifying for the USATF Junior Championships in the shot put, discus, and hammer ... Made appearances at the NCAA Eastern Preliminary Round in both the shot put and the discus ... Top finish at first round was 24th in the shot put

At the Big Ten Championships... || 2014 Outdoor || Tallied three top-10 finishes at the Big Ten Championships ... Posted a sixth-place finish in the discus throw (159-8), claimed seventh in the shot put (50-8.75) and finished ninth in the hammer throw (173-5) || **2014 Indoor** || Finished third



2014-15 WOMEN'S RETURNERS

in the weight throw (65-0) and tallied a season-best mark of 52-1.75 to place fourth in the shot put ... Her mark of 52-1.75 ranks fourth all-time at Penn State || **2013 Outdoor** || Recorded three outstanding finishes, taking 10th in the discus and 12th in both the shot put and the hammer ... Posted a lifetime-best 178-0 (54.26) in the hammer at the conference meet, as well as a toss of 49-5 (15.06) in the shot put - just six centimeters off her PR || **2013 Indoor** || Scored 17th-place finishes in both the shot and the weight in her first-career conference appearance

In the Field... || **2014 Outdoor** || Competed in the discus, hammer throw and the shot put ... Won five events during the outdoor season ... At the season-opening Crimson Tide Invitational, Fatherly tallied a lifetime-best mark of 161-5 in the discus throw ... Posted a lifetime-best distance of 181-1 in the hammer throw at the Jim Thorpe Open ... Moved into seventh all-time in the discus throw (161-5) and sixth all-time in the hammer throw (181-1) in the Penn State record books || **2014 Indoor** || Competed in the shot put and the weight throw ... At the season-opening Penn State Relays, Fatherly won the weight throw (59-0.75) and placed second in the shot put (47-5) ... At the Sykes & Sabock Challenge Cup, Fatherly won the shot put (51-5) and set a lifetime-best mark of 66-0.5 in the weight throw to place second, which ranks fourth all-time at Penn State || **2013 Outdoor** || Fared extremely well at the Jim Thorpe Open, posting PRs in both the shot put (49-7.25/15.12), and the discus (160-8/48.97) ... Placed third in the "Eastern" shot put at the prestigious Penn Relays Carnival ... Finished second in the shot, discus, and hammer at the Bucknell Team Challenge ... Held her own against national-class competition at the LSU Battle on the Bayou, finishing fourth in the shot, sixth in the hammer, and seventh in the discus || **2013 Indoor** || Started the year with a bang, finishing third in the weight and fourth in the shot at the Penn State Relays ... Turned in PRs in both the shot and the weight at the SPIRE D-I Invitational, posting performances of 49-0.25 (14.94) in the shot and 57-5 (17.50) in the weight ... Also earned a pair of top five finishes at the Nittany Lion Challenge, taking third in the shot and fifth in the weight

Before Penn State... || **High School** || Enjoyed an outstanding finish to her senior year, winning both the shot put and the discus at the PIAA Outdoor Championships, capping an undefeated outdoor season in both events ... Outdoor shot put PR of 47-11.50 was ranked first in the state and 15th in the nation in 2012 ... Was the Penn Relays Champion in the shot put as a senior with a toss of 47-5 ... Placed second at the 2012 PTFCA Indoor State Championships in the shot put and went on to place fourth in the event at New Balance Indoor Nationals ... Finished third in the shot and the discus at the PIAA State Championships as a junior ... Placed second in the "emerging elite" discus at New Balance Outdoor Nationals following her junior year

best time of 10:03.55 to finish seventh at the NCAA East Prelims ... At the NCAA Championships, Gerlach finished 24th with her time of 10:51.17 ... Her time of 10:03.55 ranks second all-time in school history || **2013 Cross Country** || Posted a 29th-place finish at the NCAA Mid-Atlantic Regional Championships ... Finished 204th at the NCAA Cross Country Championships with her time of 22:07.0 || **2013 Outdoor** || Qualified for the NCAA Eastern Preliminary Round in the 5,000 meters

At the Big Ten Championships... || **2014 Outdoor** || Placed sixth in the 3,000-meter steeplechase (10:20.55) ... Took 15th in the 5,000-meter run (16:51.55) || **2014 Indoor** || Placed 14th in the 5,000-meter run with her season-best time of 16:39.29 ... Won the 3,000-meter run with her lifetime-best time of 9:10.76 ... First team All-Big Ten ... Her time of 9:10.76 ranks second all-time in school history || **2013 Cross Country** || Finished 74th || **2013 Outdoor** || Competed in the 5,000 meters, placing 29th || **2013 Indoor** || Finished 15th overall in the 3K || **2012 Cross Country** || Made her first conference appearance, as a member of the Nittany Lions' third-place squad at the Big Ten Cross Country Championships

On the Course... || **2013 Cross Country** || Began the 2013 season with a third-place finish at the Harry Groves Spiked Shoe Invitational ... Took 72nd at Lehigh's Paul Short Run ... Ran to a 169th-place finish at the Pre-National Invitational || **2012 Cross Country** || Had a solid freshman campaign, running in the Nittany Lion top five at the Adidas Wisconsin Invitational ... Finished in 20:52 for 6K at Wisconsin ... Was the Nittany Lions' seventh runner at the Greater Louisville Classic, finishing 58th overall in 17:52 (5K) ... Also competed at the Harry Groves Spiked Shoe

Around the Track... || **2014 Outdoor** || Began the 2014 outdoor season with her season-best time of 16:48.12 in the 5,000-meter run at the Stanford Invitational ... Claimed the runner-up spot in the 3,000-meter steeplechase at the Penn Relays with her final time of 10:21.40 ... Ran a lifetime-best time of 4:29.97 in the 1,500-meter run at the Kehoe Twilight Meet || **2014 Indoor** || Opened the 2014 indoor season with a lifetime-best time of 4:47.03 to win the mile run at the Nittany Lion Challenge ... A member of the first-place distance medley relay squad that posted an overall time of 11:32.11 at the Sykes & Sabock Challenge Cup ... || **2013 Outdoor** || Finished 16th in her section of the 5,000 at the Stanford Invitational, clocking a lifetime-best 16:28.51 ... Finished sixth in the steeplechase at the Bison Outdoor Classic, posting a PR of 10:32.69 ... Ran 9:37.72 for the 3,000 at Penn Relays || **2013 Indoor** || Won the mile at the Penn State Relays ... Finished sixth in the 3K at the Penn State National (9:34.61) ... Ran a lifetime-best 9:31.91 in the 3,000 at the Washington Husky Classic

Before Penn State... || **High School** || A 2011 Foot Locker finalist in cross country ... 2012 PIAA State Champion in the 3200 ... Also placed sixth in the 1600 at the 2012 PIAA meet ... Ran an impressive 9:40.42 in the 3K at Penn Relays as a junior ... Came back to take runner-up honors at Penn as a senior ... Won District I titles in the 1600 and 3200 senior year ... A four-time state qualifier in cross country ... Was the District I cross country champion as a senior, finishing in 17:39 ... Ran the 5K at New Balance Indoor Nationals in 2012, running a PR 17:00.54 to take seventh overall ... Has already enjoyed some success on campus, winning the 3K at the 2012 Kevin Dare Invitational at Ashenfelter Track ... Boasted personal bests of 4:49.85 in the 1600 and 10:24.19 in the 3200 out of high school || **Personal** || Daughter of Dana Menago ... Born June 6, 1992



Tori
GERLACH

Junior • Junior
Perkasie, Pa.

DISTANCE • CROSS COUNTRY

Gerlach's Collegiate Personal Bests

	Indoor	Outdoor
1500m	***	4:29.97
Mile	4:47.03	***
3000m	9:10.76	9:37.72
5000m	16:39.29	16:28.51
3K Steeple	***	10:03.55

On the National Stage... || **2014 Outdoor** || Qualified for the NCAA East Prelims in the 3,000-meter steeplechase ... Advanced to the NCAA Championships in the 3,000-meter steeplechase as she ran a lifetime-



Dannielle
GIBSON

Sophomore • Sophomore
Nassau, Bahamas

JUMPS

Gibson's Personal Bests

	Indoor	Outdoor
100m	***	12.27
Long Jump	18-11.75 (5.78)	20-1 (6.12)
Triple Jump	39-2.25 (11.94)	42-2 (12.85)

On the National Stage... || **2014 Outdoor** || A member of the 4x100-meter relay team that qualified for the NCAA East Prelims ... Ran the opening leg of the 14th-place 4x100-meter relay team (44.96) at the NCAA East Prelims

At the Big Ten Championships... || **2014 Outdoor** || Ran the opening leg of the second-place 4x100-meter relay team (44.64) ... Second team All-Big Ten ... Finished ninth in the long jump (19-4) ... Placed eighth in the triple jump with her best distance of 40-8.75 || **2014 Indoor** || Finished 18th in the triple jump (38-4.25) ... Placed 26th in the long jump (17-6.75)

In the Field... || **2014 Outdoor** || At the season-opening Crimson Tide Invitational, Gibson placed fifth in the triple jump (38-2.25) and 10th in the long jump (18-4.5) ... Swept the long jump (19-1.25) and the triple jump (39-6.5) events at the Team Challenge ... At the Kehoe Twilight Meet, Gibson recorded a lifetime-best time in the 100-meter dash (12.27) and posted a distance of 19-6.25 in the long jump ... At the BTC Jr. and Sr. Nationals, Gibson won the long jump and triple jump events with her lifetime-best marks of 20-2.25 and 42-2.25, respectively ... Her marks of 42-2 and 20-1 rank sixth and 10th all-time at Penn State, respectively || **2014 Indoor** || Only competed in the long jump and the triple jump ... At her first collegiate meet, the Penn State Relays, Gibson placed second in the long jump with her season-best mark of 18-11.75 and finished fourth in the triple jump with her distance of 38-1.25 ... Posted a season-best mark of 39-2.25 to finish fourth in the triple jump at the Nittany Lion Challenge

Before Penn State... || **High School** || No stranger to Pennsylvania, having competed at the prestigious Penn Relays Carnival as a senior ... Helped her St. Augustine's teammates to a spot in the elite Championship of America final, where her team finished seventh overall ... Also ran as a member of a section-winning 4x400 at Penn in 2013 ... Has been one to watch in the Caribbean over the past several season, including a double-win effort in the long jump and triple jump at the Bahamas CARIFTA Trials in 2013 ... Would go on to fare well as the CARIFTA Games, placing seventh in the long jump and eighth in the triple jump against outstanding competition || **Personal** || Daughter of Dwight and Tami Gibson ... Birthday is April 5, 1996



Kasey
KEMP

Junior • Sophomore
Irwin, Pa.

POLE VAULT

Kemp's Collegiate Personal Bests

	Indoor	Outdoor
Pole Vault	11-1.75 (3.40)	***

In the Field... || **2014 Outdoor** || Did not compete || **2014 Indoor** || Did not compete || **2013 Outdoor** || Redshirted the outdoor season || **2013 Indoor** || Picked up a victory in her first collegiate competition, taking the pole vault at the Penn State Relays ... Placed fourth at the Nittany Lion Challenge

Before Penn State... || **High School** || Cleared 12-6 to finish second at the PIAA Outdoor Championships ... Also took second at the District 7 Championships and WPIAL AAA Central Section Qualifier ... Topped out at 12-0 to win the PIAA AAA Outdoor Championship as a junior, before going on to place 13th overall in the vault at New Balance Outdoor Nationals



Lauren
KENNEY

Senior • Senior
State College, Pa.

THROWS

Kenney's Collegiate Personal Bests

	Indoor	Outdoor
Shot Put	45-0.25 (13.72)	***
Javelin	***	177-3 (54.02)

On the National Stage... || **2014 Outdoor** || Qualified for the NCAA East Prelims in the javelin throw ... Placed 15th in the javelin throw with her distance of 157-10, missing out on the NCAA Championships by less than three feet || **2013 Outdoor** || Placed fifth at the NCAA Outdoor Championships, earning her second-straight First team All-America citation ... Launched a PR of 177-3 (54.02) at the NCAA Eastern Preliminary Round - the best toss of the competition ... Qualified for the USATF Senior Championships || **2012 Outdoor** || Launched a PR 167-10 (51.17) on her first attempt in the javelin at the NCAA Championships to finish fourth overall and earn First team All-America standing ... Was the top finisher in the javelin at the NCAA Eastern Preliminary Round with a toss of 162-10 (49.65) ... Won the Penn Relays title with a throw of 162-1 (48.99) for her second-straight victory at Penn, after winning as a prep in 2011

At the Big Ten Championships... || **2014 Outdoor** || Placed fourth with her season-best mark of 166-11 || **2014 Indoor** || Tallied a lifetime-best mark of 45-0.25 to place 16th in the shot put || **2013 Outdoor** || Captured top honors at the Big Ten Championships, leading a one-two Nittany Lion sweep with teammate Laura Loht in second ... Threw 173-10 (52.98) in the victory || **2012 Outdoor** || Took runner-up and All-Big Ten second team



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honors in her first conference appearance ... Posted a throw of 159-4 (48.57) to finish second to teammate Laura Loht and complete the Penn State sweep

In the Field... || 2014 Outdoor || Only competed in the javelin throw ... Began the 2014 outdoor season with a third-place finish (164-8) at the Crimson Tide Invitational ... Took the runner-up spot (164-3) at the Sun Angel Track Classic ... Placed third at the Penn Relays with her throw of 162-7 **|| 2014 Indoor ||** Only competed in the shot put ... Began the 2014 indoor season with an 11th-place finish in the shot put (43-7.25) at the Penn State National Invitational **|| 2013 Outdoor ||** Notched victories in three regular season competitions, including the Crimson Tide Invitational, LSU Battle on the Bayou, and the Jim Thorpe Open ... Opened the season in style with a then lifetime-best 176-11 (53.93) at the Crimson Tide Invitational ... Was named Big Ten Athlete of the Week following her performance at Alabama **|| 2012 Outdoor ||** Wasted no time in making an impact on the collegiate scene, finishing no less than second during the regular season ... Won the javelin at the Bucknell Team Challenge, Penn Relays, and Jim Thorpe Open ... Placed second at the Jim Click Shootout and LSU Invitational

Before Penn State ... || High School || One of the top-ranked throwers on the East Coast and across the country as a high schooler ... Owned a PR of 156-2 in the javelin, which was the sixth-best mark in the country in 2011 ... Picked up wins at the PIAA AAA State Championships, and the PIAA District VI Championships, as well as a victory against a national-class field at the prestigious Penn Relays as a senior ... Record third-place efforts at the state meet during her sophomore and junior seasons, before taking top honors as a senior ... Placed 10th at the USATF Junior Championships in 2011 **|| Personal ||** Born September 7, 1992 ... Daughter of Patti and Larry Kenney ... Currently enrolled in the Division of Undergraduate Studies ... Brother, Alex, is a member of the Nittany Lion football team



Erin
KNABE
Junior (I) • Sophomore (O)
Voorhees, N.J.

Knabe's Collegiate Personal Bests		
	Indoor	Outdoor
Pole Vault	12-10 (3.91)	12-9.5 (3.90)

At the Big Ten Championships ... || 2014 Outdoor || Posted a height of 12-0.75 to place 19th **|| 2014 Indoor ||** Placed 20th with her height of 12-1.5

In the Field ... || 2014 Outdoor || Only competed in the pole vault ... Placed fourth at the Sun Angel Track Classic with her height of 12-2 ... Won the pole vault event at the Team Challenge with her height of 12-9.5, which ranks tied for third all-time at Penn State **|| 2014 Indoor ||** Only competed in the pole vault ... In her Blue and White debut at the Penn State Relays, Knabe finished fifth with her height of 11-9.75 ... Posted a lifetime-best height of 12-10 to place second at Sykes & Sabock Challenge Cup, which ranks fifth all-time at Penn State

Before Penn State ... || High School || Placed second in the "Emerging Elite" Division at New Balance High School Nationals as a senior ... Finished third in the vault at the New Jersey Meet of Champs in 2012 ... Was also at the NJ Indoor Meet of Champions ... Took top honors in the vault at both her Section and Group Championship events during her senior year ... Finished seventh against elite competition at the 2012 Penn Relays **|| Personal ||** Daughter of Roseann and Hank Knabe ... Birthday is August 3, 1994



Julie
KOCJANCIC
Sophomore • Sophomore
Pittsburgh, Pa.
DISTANCE • CROSS COUNTRY

Kocjancic's Personal Bests		
	Indoor	Outdoor
800m	2:15.78 hs	***
1500m	***	4:37.14

At the Big Ten Championships... || 2013 Cross Country || Finished 85th

On the Course... || 2013 Cross Country || Opened the 2013 season with a ninth-place finish at the Dolan Duals ... Placed 24th at the Harry Groves Spiked Shoe Invitational ... Took 54th at Lehigh's Paul Short Run ... Tallied an 18th-place finish at the Penn State National

Before Penn State... || High School || Qualified for the Pennsylvania State Championships in the 800 meters during both the indoor and outdoor seasons in 2013 ... Also finished sixth in the event at the PIAA District VII Championships ... A three-time state qualifier in cross country, helping her team to a fifth-place finish in 2012 ... Also a part of Mount Lebanon's eighth-place squad at the 2011 state championships **|| Personal ||** Daughter of Lori and Michael Kocjancic ... Born July 4, 1995



Melanie
LESZCYNISKI
Senior • Senior
Audobon, Pa.
THROWS

Leszcynski's Collegiate Personal Bests		
	Indoor	Outdoor
Javelin	***	145-8 (44.39)

At the Big Ten Championships... || 2014 Outdoor || Placed 10th (142-0) **|| 2013 Outdoor ||** Scored a fifth-place finish in the javelin, thanks to a lifetime-best 143-11 (43.87)

In the Field... || 2014 Outdoor || Only competed in the javelin throw ... Opened the 2014 outdoor season with a lifetime-best toss of 145-8 to place seventh at the Crimson Tide Invitational ... Placed sixth at the Penn Relays with her mark of 142-9 **|| 2014 Indoor ||** Did not compete **|| 2013 Outdoor ||** Best finish was a second-place effort at the Bison Outdoor Classic ... Finished third at the Jim Thorpe Open, and fourth at the Bucknell Team Challenge **|| 2012 Outdoor ||** Top finish was fourth in the javelin at the Jim Click Shootout ... Turned in a PR 133-5 (40.66) to finish ninth at the Bison Outdoor Classic ... Finished sixth at Jim Thorpe

Before Penn State... || High School || District 1 Champion in the javelin as a senior and qualified for the PIAA State Championships, where she finished ninth overall ... Pioneer Athletic Conference Champion as a senior, and finished 16th in an outstanding field at Penn Relays ...



A four-time PIAA qualifier || **Personal** || Born December 25, 1992 ... Daughter of Ted and Jackie Leszczynski ... Enrolled in the Division of Undergraduate Studies



Kaitlyn LOPEZ
Junior • Junior
Buffalo, N.Y.

JUMPS

Lopez' Collegiate Personal Bests		
	Indoor	Outdoor
60m	8.08	***
Long Jump	18-6 (5.64)	19-1.25 (5.82)
Triple Jump	39-3 (11.96)	39-5.25 (12.02)

At the Big Ten Championships... || 2014 Outdoor || Placed 14th in the triple jump (38-10.5) and 15th in the long jump (18-1) || **2014 Indoor** || Placed 20th in the long jump with her season-best mark of 18-1 and took 16th in the triple jump with her distance of 39-1 || **2013 Outdoor** || Finished 11th in the triple jump and 19th in the long jump || **2013 Indoor** || Competed in both horizontal events in her first conference appearance, placing 14th in the triple jump and 17th in the long jump

In the Field... || 2014 Outdoor || At the season-opening Crimson Tide Invitational, Lopez placed third in the triple jump (38-11.5) ... Recorded a lifetime-best jump of 39-5.25 in the triple jump at the Kehoe Twilight Meet ... Tallied a lifetime-best distance of 19-1.25 in the long jump en route to a first-place finish at the Jim Thorpe Open || **2014 Indoor** || At the season-opening Penn State Relays, Lopez placed sixth in the long jump (17-1.25) and ninth in the triple jump (36-9.75) ... Posted a season-best mark of 39-3 in the triple jump at the SPIRE NCAA Division I Track & Field Invitational || **2013 Outdoor** || Earned runner-up standing in the long jump at the Bucknell Team Challenge ... Also finished third in the triple jump at the same competition ... Placed sixth in the "Eastern" triple jump at Penn Relays ... Finished second in the triple jump at the Jim Thorpe Open with a PR 39-4.50 (12.00) || **2013 Indoor** || Top place finish was fifth in the both the long and triple jumps at the Penn State Relays ... Finished sixth in the long jump at the Nittany Lion Challenge ... Was also sixth in the long jump at the Sykes & Sabock Challenge Cup

Before Penn State... || High School || The NY State long jump champion as a senior with a leap of 18-9.75 ... Competed in the long and triple jumps at New Balance Outdoor Nationals as a senior ... Won both horizontals at the MMAA All Catholic High School Track & Field Championships in 2012 ... Started off her senior campaign with a victory in the long jump at the Bishop Loughlin Games || **Personal** || Daughter of John and Elaine Lopez ... Born February 19, 1994



Lexi MASTERSON
Sophomore • Sophomore
Jeannette, Pa.

POLE VAULT

Masterson's Personal Bests		
	Indoor	Outdoor
Pole Vault	13-1.75 (4.01)	13-3.5 (4.05)

On the National Stage... || 2014 Outdoor || Qualified for the NCAA East Prelims in the pole vault ... Recorded a lifetime-best height of 13-3.5 to place 19th at the NCAA East Prelims ... Her height of 13-3.5 is the school record

At the Big Ten Championship... || 2014 Outdoor || Posted a height of 13-0.75 to place seventh || **2014 Indoor** || Placed eighth (12-11.5)

In the Field ... || 2014 Outdoor || Only competed in the pole vault ... Tallied two victories in the pole vault during the outdoor season || **2014 Indoor** || Only competed in the pole vault ... Took first-place at three meets ... Made her collegiate debut in the pole vault by taking first at the Penn State Relays with her height of 12-5.5 ... Posted a season-best mark of 13-1.75 en route to a first-place finish at the Sykes & Sabock Challenge Cup, which ranks second all-time in school history

Before Penn State... || High School || Was the PIAA state runner-up in the pole vault as a senior, clearing a personal-best 12-0 at the state meet ... Also scored a silver medal finish at the state level during the indoor season, placing second at the PTFCA Indoor Championships - with a clearance of 12-0 once again ... Qualified for the PIAA Outdoor Championships on all four occasions and made the indoor state meet during her sophomore, junior, and senior seasons ... Competed at New Balance Indoor Nationals as a senior, placing 15th overall || **Personal** || Daughter of James and Carrie Masterson ... Birthday is June 30, 1994



India McCOY
Sophomore • Sophomore
Ambridge, Pa.

HIGH JUMP

McCoy's Collegiate Personal Bests		
	Indoor	Outdoor
High Jump	5-8 (1.73)	5-10 (1.78)

On the National Stage... || 2014 Outdoor || Qualified for NCAA East Prelims in the high jump ... Finished 30th at the NCAA East Prelims with her mark of 5-7.75

At the Big Ten Championships... || 2014 Outdoor || Finished 10th with her height of 5-7.25 || **2014 Indoor** || Placed 11th with her mark of 5-6



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In the Field... || **2014 Outdoor** || Only competed in the high jump ... At the season-opening Crimson Tide Invitational, McCoy posted a height of 5-7 to finish third ... Tallied a lifetime-best height of 5-10 en route to a first-place finish at the Jim Thorpe Open ... Her height of 5-10 is tied for ninth all-time at Penn State || **2014 Indoor** || Only competed in the high jump ... Made her debut for Penn State at the Penn State Relays by finishing fourth in the high jump with her height of 5-7 ... Won the high jump event at the Nittany Lion Challenge with her season-best height of 5-8 ... Tied her season-best mark of 5-8 to finish third at the Penn State National Invitational

Before Penn State... || **High School** || Concluded her prep career with a sixth-place finish in the high jump at the 2013 PIAA State Championships ... A four-time District 7 AAA Champion in the high jump ... Also a three-time state qualifier in the event, with her top finish coming via a second-place effort as a sophomore in 2011 ... Owns a career-best clearance of 5-9 || **Personal** || Daughter of Sandra McCoy ... Born January 6, 1995



McGee's Collegiate Personal Bests		
	Indoor	Outdoor
60m	7.96	***
200m	23.93	24.16
400m	53.87	53.14

On the National Stage... || **2014 Outdoor** || Qualified for the NCAA East Prelims in the 400, 4x100 and the 4x400 ... A member of the 14th-place 4x100-meter relay team that posted a final time of 44.96 ... In the prelims of the 400-meter dash, McGee ran a lifetime-best time of 53.14 to finish 20th to advance to the semifinals ... Her time of 53.14 ranks fourth all-time at Penn State ... Finished 22nd in the semifinals of the 400-meter dash with her time of 54.30 ... Advanced to the NCAA Championships as a member of the 4x400-meter relay team that finished fourth at the NCAA East Prelims (3:31.65) ... Was on the fifth-place 4x400-meter relay team (3:31.17) at the NCAA Championships ... The time of 3:31.17 ranks fifth all-time at Penn State ... First team All-American || **2014 Indoor** || Qualified for the NCAA Championships in the 4x400-meter relay ... A member of the fifth-place 4x400-meter relay team that posted a school record time of 3:33.13 ... First team All-American || **2013 Outdoor** || Picked up her second-straight second team All-America finish, anchoring the Nittany Lions' 14th-place 4x400 at the NCAA Outdoor Championships ... Helped the Nittany Lions to a finishing time of 3:34.98 at the NCAA Eastern Preliminary - the third-fastest time of the qualifying round. || **2012 Outdoor** || Had an outstanding showing at the USATF Junior Championships, placing 10th overall with a season-best 54.07 ... Earned All-America Second team honors as a member of the Lions' 13th-place 4x400 at the NCAA Outdoor Championships ... Anchored the team to a season-best 3:33.03 at NCAAs

At the Big Ten Championships... || **2014 Outdoor** || A member of the first-place 4x400-meter relay team (3:33.73) and the second-place 4x100-meter relay team that set the fourth-fastest time in school history with its time of 44.64 ... Finished third in the 400-meter dash (53.41) ... Tallied a season-best time of 24.16 in the prelims of the 200-meter dash as she qualified eighth ... In the finals of the 200-meter dash, McGee finished ninth overall with her time of 24.39 ... First team All-Big Ten || **2014 Indoor** || A member of the 4x400-meter relay team that finished first with its time of 3:34.55 ... Placed sixth in the 400-meter dash (54.23) and 12th in the 200-meter dash (24.41) ... First team All-Big Ten || **2013 Outdoor** || Made a trip to the medal stand as a member of the Nittany

Lions' third-place 4x400 ... Scored a fourth-place finish individually in the 400, and ran on the Lions' fifth-place 4x100. || **2013 Indoor** || Placed fourth in the 400, running 54.16 in the final ... Ran the 400 leg on the Lions' fifth-place DMR || **2012 Outdoor** || Scored as a member of the second-place 4x400 (3:33.20) and sixth-place 4x100 ... Just missed the final in the 400, finishing 10th overall. || **2012 Indoor** || Ran on the Lions' silver-medal 4x400 in her first conference appearance ... Finished 11th individually in the 400

Around the Track... || **2014 Outdoor** || Won eight events during the outdoor season ... At the season-opening Crimson Tide Invitational, McGee won the 200-meter dash (24.23), won the 400-meter dash (54.12) and was on the 4x400-meter relay that finished first (3:37.46) ... A member of three top-five relay teams at the Penn Relays ... At the Penn Relays, McGee ran on the fifth-place 4x400-meter relay team (3:33.10), the third-place 1,600-meter sprint medley relay (3:49.19) and the fourth-place 4x200-meter relay (1:33.09) ... A member of the 4x200-meter relay team that posted a school record time of 1:33.09 ... The sprint medley relay time of 3:49.19 ranks second all-time at Penn State || **2014 Indoor** || Started her junior season by claiming the 200-meter dash title (24.29) and ran the third leg of the first-place 4x200-meter relay team that set the collegiate record with its time of 1:35.65 at the Penn State Relays ... Ran a season-best time of 54.07 in the 400-meter dash at the Nittany Lion Challenge ... At the Penn State National Invitational, McGee was on the first-place 4x400-meter relay team (3:36.41) and finished fifth in the 400-meter dash (54.88) ... McGee clocked in for a lifetime-best time of 23.93 to finish second in the 200-meter dash at the Sykes & Sabock Challenge Cup ... Also at the Sykes & Sabock Challenge Cup, McGee was on the 4x400-meter relay team that finished first with its time of 3:34.22 || **2013 Outdoor** || Won the 200 at the Jim Thorpe Open and ran on the winning 4x100 ... Anchored the Nittany Lions' season-best 4x400, which ran 3:33.47 to finish fourth in the elite "Championship of America" section at Penn Relays ... Won the 400 at the Bucknell Team Challenge || **2013 Indoor** || Finished third in the 400 at the Penn State National, and was a member of the second-place 4x400 at the same competition ... Was a member of the winning 4x400 at the Sykes & Sabock Challenge Cup ... Ran a season-best 53.87 to finish second in the 400 at the SPIRE D-I Invitational || **2012 Outdoor** || Ran on the winning 4x400 at the Auburn War Eagle Invitational ... Placed third in the 200 and the 400 at the Bison Outdoor Classic ... Finished 13th in the 400 against top competition at the LSU Invitational ... Placed third in the 200 at the Jim Thorpe Open ... Ran a collegiate PR 24.37 for the 200 at the Jim Click Shootout || **2012 Indoor** || Was a member of winning 4x400s at the Penn State Relays and Sykes & Sabock Challenge Cup ... Placed fourth in the 200 at the Penn State Relays, and fourth in the 400 at the Nittany Lion Challenge and Sykes & Sabock Challenge Cup ... Ran a leg of the Lions' season-best 4x400 at the Alex Wilson Last Chance (3:35.43)

Before Penn State... || **High School** || A consistent fixture at the top of the heap at the state and national levels, having 13 Michigan state titles to her credit, as well as numerous national accolades ... Boasts personal bests of 12.23 (100-meters), 24.34 (200-meters), and 53.93 (400-meters) ... Placed second in the 400 at New Balance Indoor Nationals this winter, to follow up a bronze-medal effort in the event at New Balance Outdoor Nationals in 2010 ... Can also hold her own in the jumps with PRs of 19-8 in the long jump, and 39-1 in the triple jump and has also run 1:03.10 in the 400-meter hurdles ... Also excelled at the international level, representing the U.S. at the 2010 Caribbean Scholastic Invitational, where she scored gold-medal finishes in the 400, 400 hurdles, and 4x400-meter relay || **Personal** || Born August 15, 1993 ... Parents are Tina and Chinney ... Majoring in communications ... Was a Big Ten All-Academic honoree



Lauren
MILLS

Senior • Senior
West Chester, Pa.

DISTANCE • CROSS COUNTRY

Mills' Collegiate Personal Bests

	Indoor	Outdoor
1500m	***	4:43.86
Mile	4:59.75	***
3000m	9:56.24	***
5000m	17:31.83	17:05.91

At the Big Ten Championships... || 2014 Indoor || Posted a lifetime-best time of 9:56.24 in the 3,000-meter run **|| 2013 Indoor ||** Ran 10:02.41 to finish 29th in the 3000 meters in her first-career Big Ten appearance

On the Course... || 2013 Cross Country || Started the 2013 season with a sixth-place finish at the Dolan Duals ... Tallied a 25th-place finish at the Harry Groves Spiked Shoes Invitational ... Placed 46th at Lehigh's Paul Short Run ... Finished 21st at the Penn State National **|| 2012 Cross Country ||** Completed in three races, placing eighth overall at the Lock Haven Dolan Duals ... Finished 38th overall at the Harry Groves Spiked Shoe **|| 2011 Cross Country ||** Competed in three events as a freshman, finishing 17th at the Lock Haven Dolan Duals and 58th at the Harry Groves Spiked Shoe

Around the Track... || 2014 Outdoor || Began the 2014 outdoor season with a 13th-place finish (4:48.89) in the 1,500-meter run at the Crimson Tide Invitational ... Ran a season-best time of 17:31.69 in the 5,000-meter run at the Penn Relays ... Posted a season-best time of 4:44.55 in the 1,500-meter run at the Kehoe Twilight Meet **|| 2014 Indoor ||** Opened the 2014 indoor season with a lifetime-best time of 4:59.75 in the mile run at the Nittany Lion Challenge ... Ran a season-best time of 17:50.63 in the 5,000-meter run at the Penn State National Invitational **|| 2013 Outdoor ||** Turned in a lifetime-best 17:05.91 to finish 21st in the 5,000 meters at Penn Relays ... Finished 10th in the 5K at the Bison Outdoor Classic **|| 2013 Indoor ||** Clocked a PR 9:59.48 for the 3K at the SPIRE D-I Invitational ... Placed third in the mile at the Penn State Relays ... Took 10th in the 5K at the Penn State National and 10th in the mile at the Nittany Lion Challenge **|| 2012 Outdoor ||** Placed sixth in the 1500 at the Jim Thorpe Open ... Turned in a PR 4:43.86 for the 1500 at the Bucknell Team Challenge ... Ran the 5K at the Bison Outdoor Classic **|| 2012 Indoor ||** Was a member of the second-place DMR at the Sykes & Sabock Challenge Cup ... Ran 17:51.52 to finish 12th in the 5K at the PSU National ... Clocked 5:06.72 for the mile at the Nittany Lion Challenge

Before Penn State... || High School || Scored a fifth-place finish in the 3200-meters at the PIAA Outdoor Championships, via a career-best effort of 10:53.27 ... Also a standout in cross country, Mills finished 23rd at the PIAA Cross Country Championships as a senior ... Mills, who owns a 1600-meter PR of 5:00.33 was also a PIAA qualifier in outdoor track as a junior, and competed at the indoor state meet as a senior **|| Personal ||** Daughter of Aaron and Kathy Mills ... Born January 29, 1993 ... Majoring in nutrition



Megan
OSBORNE

Sophomore • Sophomore
Chillicothe, Ohio

SPRINTS • RELAYS

Osborne's Personal Bests

	Indoor	Outdoor
60m	7.73 hs	***
100m	***	11.96 hs
200m	24.77	23.95 hs
400m	57.02	55.35 hs

At the Big Ten Championships... || 2014 Outdoor || Placed 19th in the 200-meter dash (25.09) and ran a season-best time of 12.27 in the 100-meter dash to finish 22nd **|| 2014 Indoor ||** Placed 19th in the 200-meter dash (25.35)

Around the Track... || 2014 Outdoor || Competed in the sprints and relay events... At the season-opening Crimson Tide Invitational, Osborne placed 10th in the 100-meter dash (12.32), fourth in the 200-meter dash (24.76) and was on the second-place 4x100-meter relay team (45.35) ... Recorded a season-best time of 24.60 in the 200-meter dash at the Sun Angel Track Classic ... Tallied a fourth-place finish in the 400-meter dash at the Team Challenge with her season-best time of 56.76 ... Won the 200-meter dash at the Kehoe Twilight Meet with her time of 24.65 **|| 2014 Indoor ||** Competed in the sprints and relay events ... In her Penn State debut at the Penn State Relays, Osborne was a member of two first-place relay finishes (4x200-meter relay- 1:35.65 and 4x400-meter relay- 3:43.65) ... The 4x200-meter relay time of 1:35.65 set the collegiate record ... Tallied a season-best time of 7.81 in the 60-meter dash at the Nittany Lion Challenge ... At the Penn State National Invitational, Osborne ran a season-best time of 24.77 to finish fifth in the 200-meter dash ... Posted a third-place finish in the 400-meter dash at the Sykes & Sabock Challenge Cup with her season-best time of 57.02

Before Penn State... || High School || The 200-meter champion at the OATCCC Indoor State Championships ... Will come to Happy Valley with a significant amount of sprinting success under her belt ... State-winning time of 24.73 is also the top time in Ohio last indoor season ... Posted outstanding results during the 2012 outdoor season, including a fifth-place and All-America finish in the 200 at the New Balance Outdoor National Championships ... Made a statement in front of a national audience at the event, clocking a lifetime-best 23.95 in the preliminaries ... Also had a stellar weekend at the Ohio Outdoor Championships as a junior, earning a trio of podium finishes by placing second in the 100, third in the 400, and fifth in the 200 **|| Personal ||** Daughter of James and Jane Osborne ... Birthday is May 17, 1995



2014-15 WOMEN'S RETURNERS



Sarah
PALMER

Senior • Senior
Gansevoort, N.Y.

JUMPS

Palmer's Collegiate Personal Bests

	Indoor	Outdoor
High Jump	5-8 (1.73)	5-8.75 (1.75)

On the National Stage... || **2014 Outdoor** || Qualified for the NCAA East Prelims in the high jump ... Finished 42nd with her height of 5-5.75

At the Big Ten Championships... || **2014 Outdoor** || Placed third (5-7.25) || **2014 Indoor** || Took eighth (5-7.25) || **2013 Outdoor** || Placed seventh overall with a season-best clearance of 5-8.50 (1.74) || **2013 Indoor** || Finished fifth in the high jump standings with a leap of 5-7.25 (1.71) || **2012 Outdoor** || Placed 16th overall in the high jump || **2012 Indoor** || Scored a fifth-place finish in her first Big Ten appearance, clearing a season-best 5-8 (1.73)

In the Field... || **2014 Outdoor** || Only competed in the high jump ... Opened the 2014 outdoor season with a win at the Crimson Tide Invitational with her height of 5-7 ... Won the high jump at the Team Challenge with her season-best height of 5-8.75 ... Tallied fourth-place finishes at the Penn Relays and the Sun Angel Track Classic with her height of 5-7.75 || **2014 Indoor** || Only competed in the high jump ... Opened the 2014 indoor season with a ninth-place finish (5-5) at the Penn State Relays ... Tallied a third-place finish at the Sykes & Sabock Challenge Cup with her season-best height of 5-7.75 || **2013 Outdoor** || Earned top five finishes at the Jim Thorpe Open, Bucknell Team Challenge, and LSU Battle on the Bayou ... Top individual finish was a third-place standing at the Jim Thorpe Open || **2013 Indoor** || Top finish was a runner-up standing at the Penn State Relays ... Took fourth overall at the Sykes & Sabock Challenge Cup || **2012 Outdoor** || Picked up a victory at the Bison Outdoor Classic with a clearance of 5-8.75 (1.75) ... Recorded a runner-up finish at the LSU Invitational and finished third at the Bucknell Team Challenge ... Also placed second at Jim Thorpe || **2012 Indoor** || Cleared 5-7 (1.70) to win the high jump in her first collegiate appearance at the Penn State Relays ... Placed third in the high jump at the Sykes & Sabock Challenge Cup ... Also turned in top 10 finishes at the Penn State National and Nittany Lion Challenge

Before Penn State... || **High School** || Enjoyed outstanding success in the high jump during her career at Schuylerville High School, coming in with a career-best clearance of 5-9.25 ... A dominant force on the New York high school scene, winning five-straight Section 2 titles in the event ... Won a total of four N.Y. high jump crowns over her career ... Cleared 5-8.75 (1.75) to finish fourth at New Balance Indoor Nationals as a senior || **Personal** || Born May 18, 1993 ... Currently enrolled in the Division of Undergraduate Studies ... Daughter of Chris and Lisa Palmer



Tori
PERRI

Senior • Senior
Philadelphia, Pa.

DISTANCE • CROSS COUNTRY

Perri's Collegiate Personal Bests

	Indoor	Outdoor
800m	2:18.51	2:20.00
1500m	***	4:30.92
Mile	4:55.34	***

On the National Scene... || **2012 Cross Country** || Emerged as one of the Lions' top runners on the national scene, finishing as the Nittany Lions' number one at the NCAA Cross Country Championships ... Scored a 47th-place finish overall at NAAs, placing 33rd in team scoring ... Her top 50 finish was just the fifth by a Nittany Lion woman since 1998 ... Covered the 6,000-meter course in Louisville in 20:21 - her best 6K time of the season ... Earned All-Regional status via a fourth-place finish - first for the Lions - at the NCAA Med-Atlantic Regional Championships, finishing in 20:33 on the Blue-White Course

At the Big Ten Championships... || **2012 Cross Country** || Narrowly missed All-Big Ten status with a 15th-place finish at the conference meet ... Finished the 6K course in 20:45 || **2012 Outdoor** || Placed 16th in the 1500 preliminaries with a finishing time of 4:30.92 || **2012 Indoor** || Finished 16th overall in the mile preliminaries (4:55.24)

On the Course... || **2013 Cross Country** || Did not compete || **2012 Cross Country** || Ran in the Nittany Lion top five all season, turning in a pair of runner-up efforts, including second-place standings at the Harry Groves Spiked Shoe and Lock Haven Dolan Duals ... Was named Penn State Athlete of the Week following her performance at the NCAA Mid-Atlantic Regional ... Finished 17th overall at the Greater Louisville Classic, running 17:13 for 5K || **2011 Cross Country** || Did not compete || **2010 Cross Country** || Saw action in three competitions as a freshman, finishing 15th at the Lock Haven Dolan Duals

Around the Track... || **2014 Outdoor** || Did not compete || **2014 Indoor** || Did not compete || **2012 Outdoor** || Won the 1500 at the Jim Thorpe Open (4:37.10) ... Clocked a PR 4:34.70 for the 1500 at the Bucknell Team Challenge ... Was a member of the winning 4x800 at the Bison Outdoor Classic ... Also competed at the Jim Click Shootout at Arizona || **2012 Indoor** || Ran on the first-place DMR at the Penn State Relays ... Posted a PR 4:57.66 for the mile at the Flotrack Husky Classic at Washington ... Finished 11th in the mile at the Sykes & Sabock Challenge Cup || **2011 Outdoor** || Did not compete || **2011 Indoor** || Clocked 5:00.36 in the mile at the Husky Classic ... Assisted on the winning DMR at the Sykes & Sabock Challenge Cup ... Was a member of the second-place 4xMile at the Penn State Relays

Before Penn State ... || **High School** || Qualified for the PIAA Cross Country Championships as an individual during senior year ... Placed ninth in the 1600-meters at the PIAA Outdoor Championships as a senior ... Ran a PR 4:43.48 for 1500-meters, taking second at the 2009 USATF Junior Olympics ... Qualified for the PTFCA Indoor Championships as a junior and again as a senior || **Personal** || Daughter of Lisa and Fortunato Perri ... Born June 10, 1992 ... Majoring in advertising and public relations



Tichina RHODES

Sophomore • Sophomore
Philadelphia, Pa.

SPRINTS • RELAYS

Rhodes' Personal Bests

	Indoor	Outdoor
200m	***	24.97
300m	***	42.50
400m	55.79	54.75
500m	***	1:19.49
300mH	***	44.14
400mH	***	1:03.29

On the National Stage... || **2014 Outdoor** || Qualified for the NCAA East Prelims as a member of the 4x400-meter relay ... Advanced to the NCAA Championships as a member of the 4x400-meter relay that finished fourth at the NCAA East Prelims (3:31.65) ... Was on the fifth-place 4x400-meter relay team (3:31.17) at the NCAA Championships ... The time of 3:31.17 ranks fifth all-time at Penn State ... First team All-American || **2014 Indoor** || Qualified for the NCAA Championships in the 4x400-meter relay ... A member of the fifth-place 4x400-meter relay team that posted a school record time of 3:33.13 ... First team All-American

At the Big Ten Championships... || **2014 Outdoor** || A member of the first-place 4x400-meter relay team (3:33.73) and finished 15th in the 400-meter dash (55.85) ... First team All-Big Ten || **2014 Indoor** || A member of the first-place 4x400-meter relay team (3:34.55) ... Placed 21st in the 400-meter dash (57.39) ... A member of the ninth-place distance medley relay team (11:34.83) ... First team All-Big Ten

Around the Track... || **2014 Outdoor** || At the season-opening Crimson Tide Invitational, Rhodes was on the winning 4x400-meter relay team (3:37.46), placed 12th in the 400-meter dash (58.34) and 16th in the 200-meter dash with her season-best time of 25.82 ... At the Penn Relays, Rhodes was on the fifth-place 4x400-meter relay team (3:33.10) ... Finished fifth in the 400-meter dash at the Kehoe Twilight Meet with her season-best time of 55.37 || **2014 Indoor** || Was on six first-place relay teams during her freshman year ... Made her Blue and White debut at the Penn State Relays as she was apart of two first-place relay finishes (4x400-meter relay-3:43.65 and the DMR-11:44.84) ... Ran a season-best time of 55.79 to finish second in the 400-meter dash at the Sykes & Sabock Challenge Cup

Before Penn State... || **High School** || Enjoyed a sensational weekend at the PIAA State Outdoor Championships as a senior, competing in the 200- and 400-meters, as well as the 100-meter hurdles, individually, to help her Swenson Arts and Technology squad to the 2013 AA Team Title ... Would take top honors in the AA 400 at the state level, in addition to a fifth-place finish in the 200, and victories on the 4x100 and 4x400 ... Was also a double place winner at the 2013 PTFCA Indoor Championships, finishing fifth in both the 400 and the 60-meter hurdles ... Her state meet success extends to 2012, where she garnered runner-up honors in the 300-meter hurdles at the PIAA Outdoor Championships, to go along with a fourth-place standing in the 200 as a junior ... Boasts an outstanding range, with the top time in Pennsylvania in the 500 meters (1:19.49) during the 2013 indoor season ... Also ranked second in Pa. the outdoor 400 in 2013 (54.75) || **Personal** || Daughter of Jamil and Deneen Mack ... Born March 3, 1995



Ahmenah RICHARDSON

Junior (I) • Sophomore (O)
Philadelphia, Pa.

JUMPS

Richardson's Collegiate Personal Bests

	Indoor	Outdoor
High Jump	5-9.25 (1.76)	5-8.50 (1.74)
Triple Jump	37-6 (11.43)	39-5.25 (12.02)

At the Big Ten Championships... || **2014 Indoor** || Placed 11th in the high jump (5-6) || **2013 Outdoor** || Notched bronze-medal honors thanks to a lifetime-best clearance of 5-8.50 (1.74) ... Also placed 15th in the triple jump || **2013 Indoor** || Placed 11th in the high jump, and 17th in the triple jump in her first Big Ten appearance

In the Field... || **2014 Outdoor** || Did not compete || **2014 Indoor** || Mainly competed in the high jump and the triple jump ... At the season-opening Penn State Relays, Richardson took third in the high jump (5-8.5) and seventh in the triple jump (37-3.25) ... Posted a lifetime-best mark of 5-9.25 en route to a first-place finish in the high jump at the Sykes & Sabock Challenge Cup ... Her height of 5-9.25 ranks fifth all-time in school history ... Recorded a season-best mark of 37-6 in the triple jump at the SPIRE NCAA Division I Indoor Track & Field Invitational || **2013 Outdoor** || Won the "Eastern" high jump at Penn Relays, clearing 5-7.75 (1.72) ... Also turned in a PR in the triple jump at Penn, going 38-5.25 (12.02) ... Won the high jump at the Bucknell Team Challenge, and placed second at the LSU Battle on the Bayou ... Also placed fourth in the triple jump against top competition at LSU || **2013 Indoor** || Placed fifth in the high jump, and sixth in the triple jump in her first collegiate appearance at the Penn State Relays ... Cleared a season-best 5-7 (1.70) at the Nittany Lion Challenge and again at the PSU National

Before Penn State... || **High School** || Competed in the high jump and the long jump at the 2012 PIAA Outdoor Championships ... Won the high jump at the PIAA District III Championships as a senior ... Placed fifth in the high jump at the PFTCA Indoor Championships senior year ... Qualified for the state meet in the high jump as a junior || **Personal** || Daughter of Naemah Felder and Tyrone Richardson ... Born June 11, 1994



2014-15 WOMEN'S RETURNERS



Alyssa
ROBINSON

Sophomore • Sophomore
St. Clairsville, Ohio

THROWS

Robinson's Personal Bests

	Indoor	Outdoor
Shot Put	48-3.25 (14.71)	49-11.25 (15.22)
Hammer Throw	***	151-7 (46.21)
Weight Throw	56-3.75 (17.16)	***

On the National Stage... || **2014 Outdoor** || Qualified for the NCAA East Prelims in the shot put ... Finished 46th in the shot put at the NCAA East Prelims with her distance of 43-5.75

At the Big Ten Championships... || **2014 Outdoor** || Placed eighth in the shot put (48-6.75) and 17th in the hammer throw (150-8) || **2014 Indoor** || Recorded a season-best mark of 48-3.25 to place eighth in the shot put and posted a lifetime-best distance of 56-3.75 in the weight throw to finish 13th

In the Field... || **2014 Outdoor** || At the season-opening Crimson Tide Invitational, Robinson placed eighth in the shot put (44-5.25) and 13th in the hammer throw (146-5) ... Won the Eastern section of the shot put (46-7.25) at the Penn Relays ... At the Jim Thorpe Invite, Robinson tallied a lifetime-best mark of 49-11.25 in the shot put ... Her distance of 49-11.25 ranks 10th at Penn State ... Posted a lifetime-best distance of 151-7 in the hammer throw at the Kehoe Twilight Meet || **2014 Indoor** || In her first collegiate meet, the Penn State National Invitational, Robinson placed 11th in the weight throw (50-6.25) and sixth in the shot put (46-11.5) ... Placed fifth in the shot put (46-6) at the SPIRE NCAA Division I Indoor Track & Field Invitational

Before Penn State... || **High School** || Another addition to a long line of outstanding Nittany Lions from the state of Ohio ... Ended her high school career with a victory at the Midwest Meet of Championships, as well as a state title in the shot put at the OHSAA Track and Field Championships ... Went untouched the entire outdoor season, finishing first in every shot put competition she entered ... Was also highly successful during her senior indoor campaign, in which she finished third OATCCC Indoor State Championships ... Added a fifth-place standing at New Balance Indoor Nationals ... Was the Ohio State Champion in the shot during the indoor and outdoor seasons as a junior || **Personal** || Daughter of Chuck and Bev Robinson ... Born May 10, 1995



Katie
RODDEN

Senior • Senior
Ardmore, Pa.

DISTANCE • CROSS COUNTRY

Rodden's Collegiate Personal Bests

	Indoor	Outdoor
3000m	9:50.69	***
5000m	17:03.50	16:56.26
10000m	***	35:04.12

On the National Scene... || **2013 Cross Country** || Tallied a 19th-place finish at the NCAA Mid-Atlantic Regional Championships ... Finished 186th at the NCAA Cross Country Championships with her time of 21:55.9 || **2012 Cross Country** || Made her first-career appearance at the NCAA Cross Country Championships, finishing 159th overall, and 123rd in team scoring as the Nittany Lions' fifth runner ... Tied a season-best time at NAAs, finishing the 6K course in 21:10 ... Came up just shy of all-region status at the NCAA Mid-Atlantic Regional, finishing 26th overall in 21:25 for 6,000-meters || **2011 Cross Country** || Got some national experience as the alternate on the Lions' NCAA-qualifying squad

At the Big Ten Championships... || **2014 Outdoor** || Ran a lifetime-best time of 35:04.12 in the 10,000-meter run to place 13th || **2013 Cross Country** || Finished 22nd || **2013 Outdoor** || Placed 11th in the 10,000-meters with a finishing time of 35:36.75 || **2013 Indoor** || Finished 23rd in the 5K || **2012 Outdoor** || Turned in a 23rd-place effort in her first appearance in the 10,000 || **2011 Cross Country** || Was one of just two freshmen to compete on the Lions' conference squad, placing 75th overall with a finishing time of 22:04

On the Course... || **2013 Cross Country** || Began the season with a fifth-place finish at the Harry Groves Spiked Shoe Invitational ... Placed 63rd at Lehigh's Paul Short Run ... Finished 115th at the Pre-National Invitational || **2011 Cross Country** || A member of the Penn State top seven in three competitions, making the travel squad for both the Roy Griak and Notre Dame Invitationals ... Placed seventh at the Lock Haven Dolan Duals ... Finished 50th overall at the Penn State National

Around the Track... || **2014 Outdoor** || Only competed in three meets during the 2014 outdoor season ... Began the 2014 outdoor season with her 32nd-place finish in the 10,000-meter run (35:29.20) at the Stanford Invitational ... Placed 19th in the 5,000-meter run at the Penn Relays with her time of 17:22.94 || **2014 Indoor** || Did not compete || **2013 Outdoor** || Clocked a lifetime-best 35:21.43 for the 10K at the Bison Outdoor Classic, finishing fifth overall ... Placed 17th in the Penn Relays' 5K, thanks to a PR 16:56.26 || **2013 Indoor** || Placed sixth in the 5K at the Penn State National ... Ran a PR 9:50.69 in the 3K at the SPIRE D-I Invitational || **2012 Outdoor** || Placed 16th in the 5000 at the Bison Outdoor Classic, running a PR 17:35.68 || **2012 Indoor** || Made three appearances during the indoor season ... Highest finish was fifth in the 3000 at the Nittany Lion Challenge, thanks to a PR 10:07.35

Before Penn State... || **High School** || Rodden was a two-time PIAA state qualifier as a senior, placing seventh in the 1600-meters and 14th in the 3200-meters ... Rodden, who also competed in both events at the PIAA Championships as a junior, recorded an impressive string of victories during the outdoor season, winning both distance events at the PCL Championships and again at the PIAA District 12 Championships ... Rodden is also a three-time state qualifier in cross country ... The Archbishop Carroll product has ran 5:01.74 for the 1600, and 10:54.01 in the 3200 as a prep || **Personal** || Daughter of Marylou and Tim Rodden ... Enrolled in the College of Health and Human Development



Kiah SEYMOUR

Junior • Junior
Washington, D.C.

SPRINTS • HURDLES • RELAYS

Seymour's Collegiate Personal Bests

	Indoor	Outdoor
60m	7.60	***
200m	23.48	23.66
400m	52.53	***
60mH	8.85	***
400mH	***	55.88

On the National Stage... || **2014 Outdoor** || Qualified for the NCAA East Prelims in the 4x100-meter, 4x400-meter relay and the 400-meter hurdles ... A member of the 4x100-meter relay team that placed 14th (44.96) ... Advanced to the NCAA Championships in the 4x400-meter relay team with the fourth-fastest qualifying time (3:31.65) and the 400-meter hurdles as she took fourth in the semifinals (55.95) ... At the NCAA Championships, Seymour finished sixth in the 400-meter hurdles (56.77) and was on the fifth-place 4x400-meter relay team (3:31.17) ... The time of 3:31.17 ranks fifth all-time at Penn State ... First team All-American || **2014 Indoor** || Qualified for the NCAA Championships in the 4x400-meter relay and the 400-meter dash ... A member of the fifth-place 4x400-meter relay team that posted a school record time of 3:33.13 ... Finished seventh in the prelims of the 400-meter dash (52.58), but posted a final time of 52.85 to finish sixth in the finals of the 400-meter dash ... First team All-American || **2013 Outdoor** || Earned second team All-America status in both the 400-meter hurdles at 4x400 at the NCAA Outdoor Championships ... Ran 58.64 to placed 11th in the 400 hurdles, finishing as the highest-placing freshman in the field ... Helped the Lions to a finishing time of 3:35.23 in the 4x400, which was good for 14th-place in the preliminary round ... Ran a personal-best 400 hurdle time of 58.22 at the NCAA Eastern Preliminary Round ... Also ran on the Lions' 4x400 at Eastern Prelims ... 4x400 ran 3:34.98 - the third-fastest time of the qualifying round ... Also qualified for the USATF Junior Outdoor Championships in the 400 hurdles

At the Big Ten Championships... || **2014 Outdoor** || A member of the first-place 4x400-meter relay team (3:33.73) and the second-place 4x100-meter relay team (44.64) ... The 4x100-meter relay time of 44.64 ranks fourth all-time at Penn State ... Finished second in the prelims of the 400-meter hurdles (58.75), but dropped almost two seconds off her qualifying time to take the title in the finals (56.40) || **2014 Indoor** || A member of the 4x400-meter relay team that claimed the Big Ten title with its time of 3:34.55 ... Finished second in the 200-meter dash with her lifetime-best time of 23:48, which is tied for fourth all-time at Penn State ... Ran the third-fastest time in the prelims of the 400-meter dash (54.08), but came back to win the finals of the 400-meter dash with her lifetime-best time of 52.53, which is tied for second all-time at Penn State ... First team All-Big Ten ... Big Ten Athlete of the Championship || **2013 Outdoor** || Wasted no time in proving herself as one of the top quarter hurdles in the conference, earning silver-medal honors in the event in 58.90 ... Helped the Nittany Lions to a finishing time of 3:39.10 in the 4x400, which was good for bronze-medal standing ... Scored a fifth-place finish as a member of the 4x100 || **2013 Indoor** || Enjoyed a sensational weekend at her first conference meet, taking fifth in the 400 and eighth in the 200 ... Ran a season-best 54.41 in the 400 final ... Also PR'd in the 200 going 24.15

Around the Track... || **2014 Outdoor** || Won 10 events during the outdoor season ... At the season-opening Crimson Tide Invitational, Seymour won the 400-meter hurdles (57.12), was a member of the second-place 4x100-meter relay team (45.35) and was on the first-place 4x400-meter relay team (3:37.46) ... Won the 200-meter dash at the Team Challenge with her

season-best time of 23.66, which moves her into seventh all-time at Penn State ... At the Penn Relays, Seymour was on the third-place 1,600-sprint medley relay (3:49.19), a member of the fifth-place 4x400-meter relay (3:33.10) and on the fourth-place 4x200-meter relay team (1:33.09) ... A member of the 4x200-meter relay team that posted a school record time of 1:33.09 ... The sprint medley relay time of 3:49.19 ranks second all-time at Penn State ... Ran a lifetime-best time of 55.88 in the 400-meter hurdles en route to a first-place finish at the Kehoe Twilight Meet ... Her time of 55.88 ranks second all-time at Penn State ... Finished 10th in the 400-meter hurdles (57.25) at the USATF Championships ... Won the 400-meter hurdles at the U-23 NACAC Championships with her time of 56.35 ... Big Ten Women's Outdoor Track Athlete of the Week (May 7) || **2014 Indoor** || Between individual and relay events, Seymour tallied nine first-place finishes during the indoor season ... Began her sophomore season on the 4x200-meter relay that set the collegiate record at the Penn State Relays with its time of 1:35.65 ... Also at the Penn State Relays, Seymour ran on the first-place 4x400-meter relay team (3:43.65) ... A member of the first-place 4x400-meter relay team that posted an overall time of 3:36.41 at the Penn State National Invitational ... Posted a lifetime-best time of 7.60 en route to a third-place finish in the 60-meter dash at the Sykes & Sabock Challenge Cup and was on the first-place 4x400-meter relay team that tallied an overall time of 3:34.22 ... At the SPIRE NCAA Division I Indoor Track & Field Invitational, Seymour won the 400-meter dash with her time of 52.74 and ran on the first-place 4x400-meter relay squad (3:35.31) ... Big Ten Women's Indoor Track Athlete of the Week (Feb. 17) || **2013 Outdoor** || Was a three-event winner at the Crimson Tide Invitational at Alabama, winning the 400 hurdles, 4x100, and 4x400 ... Also won the 400 hurdles at the Bucknell Team Challenge ... Was a member of the Lions' season-best 4x400 at Penn Relays ... The team ran 3:33.47 to finish fourth in the elite "Championship of America" final ... Also competed in the sprint medley, and the open 400 hurdles at Penn || **2013 Indoor** || Picked up her first individual collegiate victory with a win in the 200 at the Nittany Lion Challenge ... Was a member of the Lions' school record 1:37.25 in the 4x200 at the Penn State Relays ... Assisted on winning 4x400s at the Penn State Relays and Sykes & Sabock Challenge Cup ... Also finished second in the 400 at Sykes & Sabock

Before Penn State... || **High School** || Was the national high school runner up in the 400-meter hurdles, clocking 59.99 at New Balance Outdoor Nationals ... Clocked a PR 59.78 - a top 10 time in the country in 2012 - to place second in the 400 hurdles at Penn Relays as a senior ... Ran a career indoor-best 54.77 for the open 400 at New Balance Indoor Nationals senior year ... Has already clocked a career-best 24.50 to win the 200 meters at the Kevin Dare Memorial HS Invitational at Ashenfelter Track in 2012 ... Was the "Emerging Elite" Champion at 400-meters at New Balance Outdoor Nationals in 2011 ... Clock a PR 38.95 in the 300 meters at the Virginia Tech High School Invitational, which also stood as a top 10 time nationally in 2012 || **Personal** || Daughter of Rafford and Martill Seymour ... Birthday is January 11, 1994



2014-15 WOMEN'S RETURNERS



Natalie SHIFFLER

Sophomore • Freshman
Irwin, Pa.

MULTI-EVENTS

Shiffler's Personal Bests

	Indoor	Outdoor
800m	2:39.75	***
60mH	9.73	***
High Jump	5-4.5 (1.64)	5-6 (1.67) hs
Long Jump	16-6 (5.03)	16-4 (4.97) hs
Javelin	***	139-8 (42.57) hs
Shot Put	30-7.75 (9.34)	***
Indoor Pentathlon	3130	***

In the Field... || **2014 Outdoor** || Did not compete || **2014 Indoor** || Competed in the indoor pentathlon at the Penn State National Invitational ... At the Penn State National Invitational, Shiffler set season-best performances in the 800-meter run (2:39.75), high jump (5-4.5), long jump (16-6), shot put (30-7.75) and total points (3,130) ... Posted a season-best time of 9.73 in the 60-meter hurdles at the Sykes & Sabock Challenge Cup

Before Penn State... || **High School** || Comes to Penn State with several strong PRs to her credit, making her an outstanding prospect in multi-events ... Excelled this summer, winning the javelin at the USATF Three Rivers Junior Olympic Championships ... Javelin PR of 139-8 was the seventh-best toss in Pennsylvania in 2013 ... Has lifetime-best clearance of 5-6 in the high jump to her credit || **Personal** || Daughter of Bill and Meg Shiffler ... Birthday is January 11, 1995

On the Course... || **2013 Cross Country** || Opened the season with an eighth-place finish at the Dolan Duals ... Finished 31st at the Harry Groves Spiked Shoe Invitational ... Took 44th at Lehigh's Paul Short Run ... Tallied a 26th-place finish at the Penn State National

Before Penn State... || **High School** || Comes to Happy Valley all the way from Redondo Beach, Calif., and brings an impressive resume of accomplishments from her prep career ... Ended her high-school career with a seventh-place finish in the 1600 meters at the CIF State Championships, where she posted a lifetime-best 4:51.74 ... Clocks a lifetime-best 10:53.29 for the 3200m, placing 10th at the elite Arcadia Invitational ... Placed 12th in the CIF Cross Country Championships, helping her team to a sixth-place finish at the state's Division 2 level || **Personal** || Daughter of Anthony and Wendy Ulizio ... Birthday is July 11, 1995



Sarah Jane UNDERWOOD

Junior (I) • Sophomore (O)
Alexandria, Va.

DISTANCE • CROSS COUNTRY

Underwood's Collegiate Personal Bests

	Indoor	Outdoor
800m	2:09.75	2:10.11
1000m	2:48.17	***
1500m	***	4:28.50
Mile	4:55.23	***

On the National Stage... || **2013 Cross Country** || Took 32nd at the NCAA Mid-Atlantic Regional Championships ... Finished 222nd at the NCAA Cross Country Championships with her time of 22:20.6

At the Big Ten Championships... || **2013 Cross Country** || Finished 57th || **2013 Outdoor** || Placed 14th in the 800, running 2:10.44 || **2013 Indoor** || Was a member of the Nittany Lions' fifth-place distance medley ... The team clocked 11:21.39 in the effort

On the Course... || **2013 Cross Country** || Opened the season with a fourth-place finish at the Dolan Duals ... Tallied a ninth-place finish at the Harry Groves Spiked Shoe Invitational ... Finished 167th at Lehigh's Paul Short Run ... Placed 208th at the Pre-National Invitational || **2012 Cross Country** || Ran unattached at the Harry Groves Spiked Shoe Invitational, placing 43rd overall

Around the Track... || **2014 Outdoor** || Did not compete || **2014 Indoor** || Opened the 2014 indoor season as a member of the first-place distance medley relay team (11:44.84) at the Penn State Relays ... Ran a lifetime-best time of 2:48.17 en route to a fourth-place in the 1,000-meter run at the Nittany Lion Challenge ... Her time of 2:48.17 ranks third all-time in school history ... Posted a season-best time of 4:58.42 in the mile run at the SPIRE NCAA Division I Indoor Track & Field Invitational || **2013 Outdoor** || Was a member of the Nittany Lions' fourth-place 4x1500 and sixth place DMR at Penn Relays ... Clocks a season-best 2:10.11 to finish second in the 800 at the LSU Battle on the Bayou ... Placed fourth in the 1500 (4:28.50) at the Crimson Tide Invitational at Alabama ... Finished second in the 800 at the Bucknell Team Challenge || **2013 Indoor** || Clocks a PR 2:09.75 at the Penn State National, finishing fifth overall in the 800 ... Was a member of the winning 4x800 at the Penn State Relays, and winning DMR at the Nittany Lion Challenge ... Finished second in the 1000 at the Nittany Lion Challenge, thanks to a PR 2:53.46 ... Placed fifth in her section of the 800 at the Washington Husky Classic, running 2:10.75

Before Penn State... || **High School** || Placed fourth in the 800 at the



Cara ULIZIO

Sophomore (I) • Freshman (O)
Redondo Beach, Calif.

DISTANCE • CROSS COUNTRY

Ulizio's Personal Bests

	Indoor	Outdoor
800m	2:14.97	2:14.00 hs
1500m	***	4:35.22 hs
Mile	5:04.89	***

At the Big Ten Championships... || **2014 Indoor** || A member of the ninth-place distance medley relay team (11:34.83)

Around the Track... || **2014 Outdoor** || Did not compete || **2014 Indoor** || Opened the 2014 indoor season at the Nittany Lion Challenge with her season-best time of 5:04.89 in the mile run ... Posted a season-best time of 2:14.97 in the 800-meter run at the Sykes & Sabock Challenge Cup

2014-15 WOMEN'S NEWCOMERS



Virginia State Championships as a senior, following a victory in the event at her regional meet ... Was also a member of the fifth-place 4x800 at the state meet ... Finished fifth in the 1000 at the indoor state meet senior year, to go along with a silver-medal finish in the 4x800 ... Was a top 20 finisher at Cross Country States and also competed at the Foot Locker South Regional as senior ... Has run 2:09.38 for the 800 and 2:53.53 for the 1000 || **Personal** || Daughter of Mary and David Underwood ... Born October 2, 1993

time District II champion in cross country and track & field ... Four-time all-state in cross country and track & field ... Four-year letterwinner ... Two-time cross country team MVP (2012-13) ... 2013 track & field team MVP || **National Level Competition** || 2013 Footlocker Northeast Region champion ... Three-time national champion (2013 Footlocker Nationals, 2013 indoor 5,000-meter run ((high school national record holder) and 2013 indoor two-mile) ... Four-time All-American || **Personal** || Daughter of Kathleen and the late Dr. Michael Barrett ... Born February 10, 1996 ... Business/finance major



**Anna
BAILEY**
Freshman · Freshman
Harrisburg, Pa.
THROWS



**Lisa
BENNATAN**
Freshman · Freshman
Lake Forest, Ill.
DISTANCE · CROSS COUNTRY

Bailey's Personal Bests	
Javelin	142-9

Bennatan's Personal Bests	
Mile	5:16.85

Before Penn State... || **High School PR** || Javelin: 142-9 || High School || Bailey's track & field team won the 2011 AA Mid-Penn Championship ... PIAA State AA 2014 silver medalist ... PIAA AA District III 2014 champion ... PIAA Mid-Penn Championships 2014 champion ... Shippensburg Invitational 2014 champion ... Millersville Invitational 2014 champion ... Bruce Dallas 2014 champion (meet record) ... 2014 *Patriot News* All-Star ... PIAA State AA 2013 third-place ... PIAA District III AA 2013 champion (meet record) ... Mid-Penn Championships 2013 champion ... Pan Ram 2013 champion ... USATF Jr Olympic Region 2 qualifier, champion ... USATF Jr Olympics Mid-Atlantic Area champion ... First district gold medal in both soccer and track & field in school history ... 2013 *Patriot News* All-Star ... 2013 *Patriot News* All-Star (soccer) ... 2012 first team Mid-Penn (soccer) ... Bishop McDevitt school record holder (142-9) ... 2014 track & field team captain || **National Level Competition** || 2013 bronze at USATF Junior Olympic Nationals ... 2013 seventh-place New Balance Nationals || **Personal** || Daughter of Adrienne and Donald Bailey ... Born November 18, 1995 ... Nutritional sciences major

Before Penn State... || **High School PR** || Mile: 5:16.85 || **High School** || A member of three conference title teams (2010-11, 2013) ... 1,600-meter run conference and Lake County champion (2014) ... Team captain of her cross country and track & field team during her senior year ... Named MVP of her track & field team during her senior year ... Four-year letterwinner in cross country and track & field || **Personal** || Daughter of Lorraine and Andre Bennatan ... Born April 29, 1996



**Tessa
BARRETT**
Freshman · Freshman
Waverly, Pa.
DISTANCE · CROSS COUNTRY



**Typhane
BOOKER**
Freshman · Freshman
Cibolo, Texas
SPRINTS · RELAYS

Barrett's Personal Bests	
Mile	4:49.16
3000m	9:31.09
2-Mile	10:08.05
5000m	16:11.85

Booker's Personal Bests	
100m	12.26
200m	24.37

Before Penn State... || **High School PRs** || Mile: 4:49.18 ... 3,000: 9:31.09 ... 2-Mile: 10:08.06 ... 5,000: 16:11.86 ... Cross Country: 17:15.40 || **High School** || Barrett's cross country team and track & field team claimed District II titles ... 2013 PIAA AAA cross country champion (course record holder) ... Two-time PTFCA 3,000-meter run champion and state record holder ... 2013 state runner-up in the 3,200-meter run ... Three-

Before Penn State... || **High School PRs** || 100: 12.26 ... 200: 24.37 || **High School** || A member of the 4x100-meter relay team that finished second at the state meet ... Won the 200-meter dash at the 2014 District 28-5A meet || **National Level Competition** || Two-time Junior Olympic competitor || **Personal** || Daughter of Chereisa and Travis Booker ... Born December 5, 1995 ... Agricultural science major



2014-15 WOMEN'S NEWCOMERS



Hannah
CATALANO

Freshman • Freshman
State College, Pa.

DISTANCE • CROSS COUNTRY

Catalano's Personal Bests

Mile 5:06.51

Before Penn State... || **High School PRs** || Cross Country (5k): 19:45 ... Mile: 5:06.51 || **High School** || Catalano's high school cross country team placed fourth in state during her freshman year and seventh in her junior year ... Four-year letterwinner in track and cross country ... Won the Ann Infield Award for indoor track ... District Six champion in the 3,200-meter run during her sophomore year ... During Catalano's senior year, she won the mile and was a member of the first-place 4x800-meter relay team at the District Six Championships ... Also in her senior year, she placed 12th in the mile and was a member of the fourth-place 4x800-meter relay team at the 2014 PIAA Outdoor Track & Field Championships ... Three-time state qualifier in cross country ... Ranks third all-time in the 4x800-meter relay and eighth in the mile at State College Area high school || **Personal** || Daughter of Gina and Dana Catalano ... Born October 8, 1995 ... Communications (public relations/advertising) major



Elizabeth
CHIKOTAS

Freshman • Freshman
Hellertown, Pa.

DISTANCE • CROSS COUNTRY

Chikotas' Personal Bests

800m 2:17.43
1600m 4:54.25
3200m 10:36.65

Before Penn State... || **High School PRs** || 800: 2:17 ... 1,600: 4:54.25 ... 3,200: 10:36.63 ... Cross Country (5k): 18:03.40 || **High School** || PIAA AA cross country state champion ... PIAA AA 3,200-meter run state champion ... All-state (cross country and track & field) ... Holds the district records in cross country, the 800-, 1,600- and 3,200-meter events ... Four-year letterwinner in cross country and track & field ... Captain of the cross country team ... National Honor Society member || **Personal** || Daughter of Ann and Bryan Chikotas ... Born April 5, 1996 ... Mechanical engineering major



Quenee
DALE

Freshman • Freshman
Ypsilanti, Mich.

SPRINTS • HURDLES • RELAYS

Dale's Personal Bests

60mH 8.35
100mH 13.82

Before Penn State... || **High School PRs** || 60H: 8.35 ... 100H: 13.82 || **High School** || Dale's track & field team won four conference titles and finished second at the 2013 Michigan state meet ... Eight-time all-state honoree ... Four-time state champion ... Holds the school record in the 100-meter hurdles and the 200-meter dash ... Won seven conference titles and seven district titles ... Four-year letterwinner in track & field ... Three-time team MVP ... Won the Special Lifetime Achievement award ... Named to the honor roll all four years of high school || **National Level Competition** || 2010 AAU 100-meter hurdles national champion ... Finished third in the 100-meter hurdles at the 2011 AAU meet ... 2012 USATF 100-meter hurdles national champion and national record holder ... 2012 New Balance 60-meter hurdles semifinalist ... Placed sixth in the 60-meter hurdles at the 2013 New Balance Indoor Nationals meet ... Finished fourth in the 100-meter hurdles at the 2013 New Balance Outdoor Nationals meet ... 2013 IAAF Caribbean Invite (Puerto Rico) silver medalist ... Took second in the 60-meter hurdles at the 2014 New Balance Indoor Nationals meet || **Personal** || Daughter of Antoine and Darcell Dale ... Born September 7, 1996 ... Business management major



Deja
DAVIS

Freshman • Freshman
Shelby Twp, Mich.

SPRINTS • RELAYS

Davis' Personal Bests

100m 12.28
200m 25.00
400m 57.90

Before Penn State... || **High School PRs** || 100: 12.28 ... 200: 25.00 ... 400: 57.90 || **High School** || Two-time Macomb Area Conference (MAC) White Division team champions (2013-14) ... A member of the fifth-place 4x400-meter relay team that garnered all-state honors ... A member of the 4x400-meter relay team that posted the fastest time in Macomb County ... 2011 Rookie of the Year ... 2012 Versatility Award... Two-time team MVP (2013-14) ... 2013 MAC White Division MVP ... First team all-county in the 100-meter and 200-meter dash events ... MAC White Division champion in the 100-meter, 200-meter and 400-meter dash events ... Four-year letterwinner in track & field ... All-Academic (2011-14) ... National Honor Society Trustee (2013-14) || **National Level Competition** || Competed at the 2011 AAU Nationals || **Personal** || Daughter of Carita and Andre Davis ... Birthday is Oct. 23, 1996 ... Majoring in criminology




**Rachael
DeCECCO**
Freshman • Freshman
Mechanicsburg, Pa.

SPRINTS • HURDLES • RELAYS

Dececco's Personal Bests	
400m	57.61
300mH	43.66
400mH	1:02.53

Before Penn State... || High School PRs || 300H: 43.66 ... 400H: 1:02.53 ... 400: 57.61 || **High School** || DeCecco's track & field team won the 2014 District Three championship ... At the 2013 PIAA Outdoor Track & Field Championships, DeCecco placed third in the 300-meter hurdles and fourth in the 100-meter hurdles ... Multiple school record holder (100H, 300H, 400H, 200, long jump and distance medley relay) ... Four-year letterwinner in track & field ... Team captain .. National Honor Society member || **National Level Competition** || Placed eighth in the 400-meter hurdles at the Penn Relays (high school girls section) with her time of 1:02.53 || **Personal** || Daughter of Dorene and David DeCecco ... Born December 4, 1995 ... Industrial engineering major



**Jillian
HUNSBERGER**
Freshman • Freshman
Pittsburgh, Pa.

DISTANCE • CROSS COUNTRY

Hunsberger's Personal Bests	
1600m	5:09.87
3200m	10:53.36
5000m	18:13.00

Before Penn State... || High School PRs || 1,600: 5:09.87 ... 3,200: 10:53.36 ... 5,000: 18:13.00 || **High School** || A member of back-to-back section championship teams (2012-13) ... Two-time first team all-state (2012-13 & 2013-14) ... Lettered all four years of cross country and track ... Named team captain and team MVP || **Personal** || Daughter of Cheryl and Mark Hunsberger ... Born April 29, 1996 ... Civil engineering major



**Megan
HELLMAN**
Freshman • Freshman
Rumson, N.J.

DISTANCE • CROSS COUNTRY

Hellman's Personal Bests	
1600m	5:10.25
5000m	17:58.04

Before Penn State... || High School PRs || 1,600: 5:10.25 ... 5,000: 17:58.04 || **High School** || Hellman's track & field team won three-straight section championships (2011-13) ... A member of the 4x800-meter relay team that holds the school record ... Won the 3,200-meter run at the 2014 Shore Conference Championships ... 2013 track MVP ... 2013 cross country team captain ... First team All-Shore || **Personal** || Daughter of Karen and Chris Hellman ... Born February 23, 1996 ... English major



**Jada
JONES**
Freshman • Freshman
Union, N.J.

JUMPS

Jones' Personal Bests	
Long Jump	18-1
Triple Jump	37-9

Before Penn State... || High School PRs || Long Jump: 18-1 ... Triple Jump: 37-9 || **High School** || Jones' track & field team won the 2012 Indoor State Sectional championship and won three county championships (2011-13) ... Three-time NJ State Meet of Champions qualifier ... Placed eighth in the triple jump at the State Meet of Champions in her senior year ... Second-place at state sectionals in the long jump and triple jump (senior year, outdoor track) ... Four-year letterwinner in indoor track and four-year letterwinner in outdoor track ... Two-time team captain (junior and senior year) ... National Honor Society || **Personal** || Daughter of Nova Reid-Jones and Rohan Jones ... Kinesiology major



2014-15 WOMEN'S NEWCOMERS



Greta
LINDSLEY

Freshman • Freshman
Lancaster, Pa.

DISTANCE • CROSS COUNTRY

Lindsley's Personal Bests

800m	2:14.60
1600m	4:51.77

Before Penn State... || **High School PRs** || Cross Country (5k): 18:13 ... 800: 2:14.60 ... 1,600: 4:51.77 || **High School** || 4x800-relay league and district gold in 2011 ... Four-time cross country league champion ... Four-time Lancaster-Lebanon League Cross Country Runner of the Year ... Four-time 3,200-meter run league champion ... Four-time 1,600-meter run league champion ... Second-, fourth- and fifth-place finishes at the PIAA State Track & Field Championships in the 1,600-meter run ... 2013 first team all-state (track) ... Three-time 1,600-meter run district champion ... Cross country district gold medalist ... 2011 second team all-state (cross country) ... 2012 800-meter run district champion ... Four-year letterwinner in track and cross country ... Two-time team captain in both track and cross country ... Female All-Around Athlete in graduating class ... Nominee for A. Landis Brackbill Award for Top Scholar Athletes in Lancaster and Lebanon ... E. Jerry Brooks Scholar-Athlete Award ... National Honor Society member || **Personal** || Daughter of Heather and Todd Lindsley ... Born May 17, 1996 ... Journalism major



Megan
McCLOSKEY

Freshman • Freshman
Lower Gwynedd, Pa.

JUMPS

McCloskey's Personal Bests

High Jump	5-9
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Before Penn State... || **High School PR** || High Jump: 5-9 || **High School** || Two-time PTFCA high jump state champion ... Four-time PA Independent Schools high jump state champion ... Holds both indoor and outdoor high jump school records ... Inter-Academic League record ... Four-time first team all-league ... Four-time PTFCA Indoor All-State ... Four-time PTFCA Outdoor All-State ... Eight-time letterwinner in track & field... Indoor and outdoor team captain ... Volleyball captain ... First team all-league (volleyball) ... Track & field: Team MVP... 2014 Girls' Inter-Ac Athletic Directors' Award ... Received the Scholar-Athlete award four times ... Four-year honor student || **National Level Competition** || New Balance National Championships: Four-time New Balance All-American (two indoor, two outdoor) ... Competed in seven NBN meets (four indoor, three outdoor) ... Her top-finishes at NBN meets include: fifth-place (2012 Outdoor NBN), fourth-place (2013 Indoor NBN), second-place (2013 Outdoor NBN) and third-place (2014 Indoor NBN) ... Two-time Penn Relays high jump medalist (2013-14) ... Won the high jump event at the 2012 USATF Junior Olympic National Championships || **Personal** || Daughter of Mimi and Mike McCloskey ... Born May 29, 1996 ... Broadcast journalism major



Obeng
MARFO

Freshman • Freshman
Ontario, Canada

THROWS

Marfo's Personal Bests

Discus	135-3
Shot Put	44-3 1/4

Before Penn State... || **High School PRs** || Discus: 135-3 ... Shot Put: 44-3 1/4 || **National Level Competition** || Five-time OFSAA gold medalist in the shot put ... Two-time national gold medalist ... A member of the 2013 Canadian team at the 2013 IAAF World Youth Championships ... Legions Youth Nationals, 2012 (silver) & 2013 (gold) ... Junior Nationals gold medalist || **Personal** || Daughter of Janet Obeng and Oppong Checheku ... Born April 11, 1996 ... Kinesiology major



Hannah
MULHERN

Freshman • Freshman
Altoona, Pa.

POLE VAULT

Mulhern's Personal Bests

Pole Vault	12-5
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Before Penn State... || **High School PR** || Pole Vault: 12-5 || **High School** || Two-time District Six champion during her junior and senior years ... District runner-up as a sophomore ... Third-place at districts as a freshman ... District Six record holder (12-5) ... School record holder (12-5) ... Altoona Mirror Athlete of the Week (twice) ... Featured in Altoona Life Magazine ... Outdoor state runner-up as a senior ... Fifth-place at indoor states as a senior ... Tri-state champion as a senior ... PTFCA Honorable Mention All-State ... Four-year letterwinner in track & field ... Most Outstanding Field Athlete ... National Honor Society member || **National Level Competition** || New Balance Indoor Nationals Elite ... Placed fifth at the Penn Relays as a junior || **Personal** || Daughter of Missy and Terry Mulhern ... Born April 9, 1996 ... Public relations major




Ashley RANKINE
Freshman · Freshman
Upper Darby, Pa.

SPRINTS • RELAYS

Rankine's Personal Bests	
60m	7.80
100m	12.29
200m	25.02

Before Penn State ... || High School PRs || 60: 7.80 ... 100: 12.29 ... 200: 25.02 || **High School ||** All-state in the 4x100-meter relay ... All-state in the 60-meter dash ... Finalist in the 55-meter dash at the Armory Holiday ... MVP during her senior year || **National Level Competition ||** Placed 11th in the 55-meter dash at the Indoor USATF Nationals meet || **Personal ||** Daughter of Juliet Shaw and Cecil Rankine Siblings ... Born December 11,



Elyse SKERPON
Freshman · Freshman
Sayre, Pa.

SPRINTS • HURDLES • RELAYS

Skerpon's Personal Bests	
300mH	44.55
400mH	1:04.29

Before Penn State ... || High School PRs || 300-Meter Hurdles: 44.55 ... 400-Meter Hurdles: 1:04.29 || **High School ||** A member of two conference title track & field teams (2011 & 2012) ... Won four conference titles (100-H, 300-H, Pole Vault, 4x400-Meter Relay) ... Won back-to-back district titles in the 300-meter hurdles (2013-14) ... Placed twice in the 300-meter hurdles at the state meet (fifth-2013, seventh-2014) ... Holds the district record in the 300-meter hurdles ... Holds the school record in the 300-meter hurdles, pole vault and the 4x400-meter relay ... Holds the meet record in the 300-meter hurdles and was named meet MVP at the John Childs Invitational ... Holds the meet record in the 300-meter hurdles and was named meet MVP at the Molly Dry Invitational ... Four-time letterwinner in track & field ... Lettered a school-record 16 times ... Sayre Area School District Female Athlete of the Year (2012-14) (first three-time winner in school history) ... Valley Sports Report Female Athlete of the Year (2014) ... *The Daily Review* Female Athlete of the Year (2014) ... Valley Principals Senior Award - Athletics/Academics/Character/Community Service (2014) ... Conference Senior Female Athlete of the Year (2014) || **National Level Competition ||** Placed eighth in the 300-meter hurdles at the 2013 New Balance Outdoor Nationals "Emerging Elite" meet || **Personal ||** Daughter of Robbin and Donnie Skerpon ... Born July 24, 1996 ... Dad, a 1981 graduate of Penn State, pole vaulted for the Nittany Lions ... Her older brother, Taylor, is a senior on the Penn State baseball team ... College of Health and Human Development (HHD) - Health policies and administration (HPA) major



Victoria SCUTTI
Freshman · Freshman
Port Matilda, Pa.

DISTANCE • CROSS COUNTRY

Scutti's Personal Bests	
3000m	11:05.15
3200m	11:29.18

1995 ... Kinesiology major
Before Penn State ... || High School PRs || 3,000: 11:05.15 ... 3,200: 11:29.18 ... Cross Country (5k): 19:51 || **High School ||** Won the 2014 District Six 3,200-meter title ... Cross country team captain ... Most improved award || **Personal ||** Daughter of Elaine and Carmine Scutti ... Born June 17, 1996 ... Chemical engineering major



Annjulie VESTER
Senior · Senior
Homburg, Germany

THROWS

Vester's Personal Bests	
Hammer Throw	203-5
Weight Throw	61-1.50

Before Penn State ... Transfer from Virginia Tech || Virginia Tech PRs || Hammer Throw: 203-5 ... Weight Throw: 61-1.50 || Virginia Tech || Two-time ACC champion in the hammer throw (2012-13) and the 2014 runner-up in the hammer throw || **National Level Competition ||** 2013 German U-23 Hammer Throw ... Finished 13th in the hammer throw (201-6) at the 2013 NCAA Division I Outdoor Track & Field Championships || **Personal ||** Daughter of Waltraud and Wolfgang ... Born Sept. 25, 1991 ... Pursuing a Master of International Affairs ... Graduated from Virginia Tech (2014) with a Bachelor of Arts in Political Science



MEN'S BIOS

2014-15 Men's Roster



Name	Year	Eligibility (I/O)	Event Area	Hometown (Previous School)
Cody Amengual	5th Year	Senior	Distance/XC	West Babylon, N.Y. (Cortland College)
Patrick Anderson	Junior	Jr./Sr.	Pole Vault	Kane, Pa. (Kane Area)
Sancho Barrett	Senior	Senior	Sprints/Hurdles/Relays	Amityville, N.Y. (Amityville Memorial)
Justin Berg	Junior	Junior	Throws	Phoenixville, Pa. (Temple University)
Dylan Bilka	Senior	Senior	Pole Vault	Seven Fields, Pa. (PSU – Behrend)
Ryan Brennan	Senior	Senior	Distance/XC	Chester, N.Y. (Monroe-Woodbury)
Glen Burkhardt	Senior	Junior	Distance/XC	Kennett Square, Pa. (Unionville)
Robert Cardina	Junior	Sophomore	Multi-Events	Lancaster, Pa. (Conestoga Valley)
Will Cather	Freshman	Freshman	Distance/XC	Port Matilda, Pa. (State College)
Jon Colwell	Sophomore	Freshman	Distance/XC	Centre Hall, Pa. (Mifflin County)
Robby Creese	Senior	Sr./Jr.	Distance/XC	Mt. Airy, Md. (Glenelg)
Thomas Damiani	Junior	Junior	Distance/XC	Tunkhannock, Pa. (Tunhannock)
Kory Decesaris	Sophomore	Freshman	Throws	Danielsville, Pa. (Northampton Area)
Ean DiSilvio	Sophomore	Freshman	Distance/XC	Pittsburgh, Pa. (Taylor Allderdice)
Wade Endress	Senior	Junior	Distance/XC	Altoona, Pa. (Altoona Area)
Matt Fischer	5th Year	Senior	Distance/XC	Kennett Square, Pa. (Unionville)
Riley Gaibler	Sophomore	Fr./ Soph.	Sprints/Relays	Lansdale, Pa. (North Penn)
Darrell Hill	Senior	Senior	Throws	Philadelphia, Pa. (Univ. of Houston)
Robert Hill	Sophomore	Freshman	Distance/XC	Wellsboro, Pa. (Wellsboro Area)
Tyler Hope	Freshman	Freshman	Throws	Tamaqua, Pa. (Tamaqua Area)
Jonathon Jacoway	Sophomore	Sophomore	Jumps	Sharon, Pa. (Sharon)
Ryan Kerr	Junior	Sophomore	Throws	Brookville, Pa. (Brookville Area)
Brannon Kidder	Junior	Junior	Distance/XC	Lancaster, Ohio (Lancaster)
Brian Leap	Senior	Senior	Jumps	Bellwood, Pa. (Bellwood Antis)
Conrad Lippert	Junior	Sophomore	Distance/XC	Middletown, N.J. (Christian Brothers Academy)
Joey Logue	Freshman	Freshman	Distance/XC	Blooming Glen, Pa. (Pennridge)
Tommy Louro	Freshman	Freshman	Distance/XC	Holtsville, N.Y. (St. Anthony's)
Jordan Makins	Freshman	Freshman	Distance/XC	Perth, Australia (Aquinas College)
McClelland, Mike	Senior	Sr./Jr.	Jumps	Washington, Pa. (Trinity)
John (Jack) Miller	Sophomore	Freshman	Distance/XC	Bay Village, Ohio (St. Ignatius)
Cody Minnig	Sophomore	Freshman	Jumps	Levittown, Pa. (Neshaminy)
Malik Moffett	Sophomore	Sophomore	Sprints/Jumps	Erie, Pa. (PSU – Behrend)
Luke Pease	Freshman	Freshman	Multi-Events	Haddonfield, N.J. (Haddonfield Memorial)
Austin Pondel	Sophomore	Soph./Fr.	Distance/XC	Columbus, Pa. (Corry Area)
Will Pope	Sophomore	Freshman	Throws	South Salem, N.Y. (Iona Prep)
Mason Post	Freshman	Freshman	Distance/XC	State College, Pa. (State College)
Cole Profitt	Sophomore	Sophomore	Throws	Manheim, Pa. (Manheim Central)
Robert Rhodes	Junior	Junior	Distance/XC	Brooklyn, N.Y. (U. of Connecticut)
Brad Rivera	Sophomore	Sophomore	Distance/XC	Bensalem, Pa. (Bensalem)
Anthony Russell	Freshman	Freshman	Distance/XC	West Chester, Pa. (West Chester Henderson)
Joseph Segreto	Freshman	Freshman	Throws	Oakdale, N.Y. (St Anthony's)
Morgan Shigo	Freshman	Freshman	Throws	Blandon, Pa. (Fleetwood Area)
Alex Shisler	Junior	Soph./Jr.	Sprints/Relays	State College, Pa. (State College Area)
Michael Shuey	Junior	Soph./Jr.	Throws	Johnsonburg, Pa. (Johnsonburg Area)
Xavier Smith	Freshman	Freshman	Sprints/Relays	Douglasville, Pa. (Daniel Boone)
Brandon Teribery	Sophomore	Sophomore	Pole Vault	Bradford, Pa. (Bradford Area)
Steve Waithe	Senior	Senior	Jumps	Parkville, Md. (Shippensburg University)
Za'von Watkins	Junior	Junior	Distance/XC	Liverpool, N.Y. (Liverpool)
Bryce Williams	Freshman	Freshman	Jumps	State College, Pa. (State College)
Jon Yohman	Sophomore	Freshman	Throws	New Wilmington, Pa. (Wilmington)



2014-15 MEN'S RETURNERS



Patrick ANDERSON

Junior (I) • Senior (O)
Kane, Pa.

POLE VAULT

Anderson's Collegiate Personal Bests

	Indoor	Outdoor
Pole Vault	15-1 (4.60)	14-3.25 (4.35)

At the Big Ten Championships ... || 2013 Indoor || Competed in the pole vault

In the Field ... || 2014 Indoor || Cleared a height of 15-1 in the pole vault at the Penn State Relays to place third || **2013 Outdoor ||** Top finish was fourth in the pole vault at the Jim Thorpe Open || **2013 Indoor ||** Best clearance was 15-1 (4.60) at the SPIRE D-I Invitational ... Won the pole vault at the Penn State Relays ... Placed fourth at the Nittany Lion Challenge

Before Penn State ... || High School || Won the PIAA State Championship in the pole vault as a senior with a clearance of 15-11 ... Also won the PIAA District 9 title in 2012 ... Placed fifth at the 2012 Penn Relays Carnival ... Pole vault PR if 16-4.75 ... Finished third at the PTFCA Indoor State Championships and went on to a 10th-place standing at New Balance Indoor Nationals ... Was also the PIAA State Champion as a junior ... Won the "Emerging Elite" division pole vault at New Balance Outdoor Nationals in 2011



Sancho BARRETT

Senior • Senior
Amityville, N.Y.

SPRINTS • HURDLES • RELAYS

Barrett's Collegiate Personal Bests

	Indoor	Outdoor
60m	7.03	***
100m	11.39	***
200m	22.46	22.24
60mH	7.91	***
110mH	***	14.10
400mH	***	54.54

On the National Stage... || 2014 Outdoor || Qualified for the NCAA East Preliminary Round in the 110-meter hurdles ... Finished 27th in the 110-meter hurdles with his personal-best time of 14.10, which moved him into 10th all-time in the Penn State record books

At the Big Ten Championships... || 2014 Outdoor || A member of 4x100-meter relay team that finished 10th with its time of 41.61 ... Took seventh in the 110-meter hurdles with his time of 14.34 || **2014 Indoor ||** Finished

11th in the 60-meter hurdles || **2013 Outdoor ||** Just missed making the final in the 110 hurdles, finishing 12th overall || **2013 Indoor ||** Turned in his first career scoring finish, taking seventh in the 60 hurdles with a lifetime-best 7.91 || **2012 Outdoor ||** Finished 15th in the preliminaries of the 110-meter hurdles || **2012 Indoor ||** Placed 18th in the opening round of the 60-meter hurdles in his first Big Ten appearance

Around the Track... || 2014 Outdoor || Tallied a pair of top three finishes at the Crimson Tide Invitational (110H-second, 4x100-third) ... Won three events during the outdoor season ... Won the 110-meter hurdles at the Team Challenge with his final time of 14.44 ... Tallied a first-place finish in the 110-meter hurdles at the Kehoe Twilight Meet with his time of 14.19 || **2014 Indoor ||** Won two events during the indoor season ... Took sixth in the 60-meter hurdles at the SPIRE NCAA DI Indoor T&F Invitational ... Placed 13th in the 200-meter dash at the Nittany Lion Challenge with his personal-best time of 22.46 ... Set a personal-best time of 7.03 in the 60-meter dash in the prelims at the Sykes & Sabock Challenge Cup || **2013 Outdoor ||** Took runner-up honors in the 110 hurdles at the Crimson Tide Invitational ... Also ran on the third-place 4x100 at Alabama ... Finished third in the 110s and fourth in the 400 hurdles at the LSU Battle on the Bayou ... Ran a lifetime-best 14.25 at LSU ... Was on the winning 4x100 and finished second in the 110 hurdles at the Bucknell Team Challenge ... Won the short hurdles at the Jim Thorpe Open || **2013 Indoor ||** Won the 60 hurdles at the Sykes & Sabock Challenge Cup with a finishing time of 7.95 ... Was named Big Ten Athlete of the Week following a second-place finish in the hurdles at the Penn State Relays ... Finished second in the hurdles at the Nittany Lion Challenge ... Broke the eight second barrier for the first time at the PSU National, running 7.99 in the semi-finals || **2012 Outdoor ||** Picked up a victory in the 110s at the Jim Thorpe Open in a PR 14.70 ... Placed second in the hurdles at the Bison Outdoor Classic (14.91) and third at the Bucknell Team Challenge || **2012 Indoor ||** Top finish was third in the 60 hurdles at the Penn State Relays, where he ran a personal-best 8.14 ... Was also a member of the third-place 4x400 at the Relays ... Placed third in the hurdles at the Nittany Lion Challenge, and finished fifth at the Sykes & Sabock Challenge Cup

Before Penn State... || High School || One of the top hurdle prospects in the Northeast ... Capped-off the 2011 outdoor season with 110-hurdle victories at the N.Y. Section 11 State Qualifier, and the NYSPHSAA State Championships ... Dipped under the 14-second barrier for the first time in his career at the Section 11 Qualifier, turning in a PR 13.98 - the top time by a New Yorker in 2011 ... Clocked a 7.44 to win the 55-meter hurdles at the Hispanic Games at the New York Armory ... Performance was ranked second in the state of New York in 2011 and 13th nationally ... Won the N.Y. state outdoor title in the 110 hurdles and finished second in the 55 hurdles at the indoor state meet as a junior || **Personal ||** Son of Petrona Royal and Stanford Barrett ... Birthday is January 18, 1993 ... Enrolled in the College of Health and Human Development



Dylan BILKA

Senior • Senior
Seven Fields, Pa.

POLE VAULT

Bilka's Personal Bests

	Indoor	Outdoor
Pole Vault	16-8.75	16-0.75

On the National Scene ... || 2014 Outdoor || Qualified for the NCAA East Preliminary Round in the pole vault ... Finished 36th in the pole vault at the NCAA East Prelims with his height of 15-11.75

At the Big Ten Championships... || 2014 Outdoor || Finished fifth in the pole vault with his personal-best height of 16-8 ¾, which moved him into fifth all-time in the Penn State record books || **2014 Indoor ||** Finished 15th



in the pole vault

In the Field... || **2014 Outdoor** || Won three events during the outdoor season ... Took the runner-up spot in the pole vault at the Penn Relays with his height of 16-2 ¾ || **2014 Indoor** || Won the pole vault event at the Penn State Relays in his Penn State debut

Before Penn State ... || **PSU-Behrend** || An NCAA qualifier at Penn State-Behrend ... Finished ninth in the pole vault at the NCAA Division III Championships last spring ... Was the ECAC D-III Champion in 2013 ... Owns a PR of 16-6.75 (5.05) || **High School** || Placed third in the pole vault at the 2011 PIAA Championships as a senior at Seneca Valley High School || **Personal** || Son of James and Carmen Bilka



Brennan's Collegiate Personal Bests		
	Indoor	Outdoor
600m	1:18.96	***
800m	1:49.42	1:49.28
1000m	2:23.14	***

On the National Scene ... || **2013 Outdoor** || Enjoyed a stellar outdoor season, qualifying for the NCAA First Round in the 800 ... Advanced through the preliminary round of the event and placed 14th overall in the quarter final - just two spots shy of a trip to the NCAA Championships || **2013 Indoor** || Served as the alternate on the Nittany Lions' NCAA runner-up distance medley relay.

At the Big Ten Championships ... || **2014 Outdoor** || Took 12th in the 800-meter run || **2014 Indoor** || A member of the distance medley relay team that defended its 2013 Big Ten title ... Finished seventh in the 800-meter run ... First team All-Big Ten || **2013 Outdoor** || Qualified for the final of the 800 with a PR 1:49.28, placing ninth in the final || **2013 Indoor** || Ran the 800 leg on the Nittany Lions' Big Ten Champion DMR ... Also placed fifth individually in the 800, clocking an indoor-lifetime best 1:49.42 in the prelims || **2012 Indoor** || Scored an eighth-place finish in the 600, clocking 1:19.97 in the final ... Ran a career-best 1:18.96 in the preliminaries

On the Course ... || **2012 Cross Country** || Competed in his first cross country race for the Lions, placing 20th at the Lock Haven Dolan Duals

Around the Track ... || **2014 Outdoor** || Opened the outdoor season with a sixth-place finish in the 800-meter run at the Crimson Tide Invitational ... A member of the 4x800-meter relay team that took second at the Penn Relays ... Finished fourth in the 800-meter run at the Payton Jordan Cardinal Invitational || **2014 Indoor** || A member of the DMR team that claimed first-place at the Penn State Relays || **2013 Outdoor** || Ran a then-PR 1:49.32 for the 800 at the Mt. SAC Relays ... Finished second in the 800 at the LSU Battle on the Bayou and fifth in the event at the Crimson Tide Invitational at Alabama || **2013 Indoor** || Won the 600 at the Sykes & Sabock Challenge Cup ... Ran on winning DMRs at the Penn State Relays and Sykes & Sabock Challenge Cup ... Finished third in his 800 heat at the Washington Husky Classic, running 1:50.28 ... Placed sixth in the 800 at the Penn State National || **2012 Outdoor** || Was a part of Nittany Lion history as a member of the winning 4x800 at Penn Relays ... The squad ran 7:19.76 to win the school's first Championship of America in the event since 1987 ... Won the 800 at the Auburn War Eagle Invitational in 1:50.30 ... Placed 11th in the 800 at the LSU Invitational ... Took sixth in the 800 at the Jim Click Shootout || **2012 Indoor** || Was a member of the second-

place DMR at the Penn State Relays ... Finished third in the 600 at the Nittany Lion Challenge ... Ran on the third-place DMR at the Sykes & Sabock Challenge Cup ... Ran an indoor PR of 1:52.18 at the Flotrack Husky Classic at Washington

Before Penn State ... || **High School** || Came to Penn State with some outstanding middle distance credentials, including a 10th-place effort in the 800-meters at New Balance Outdoor Nationals, where he clocked a personal-best 1:51.34 ... Placed second in the event at the NYSPHSAA State Championships, and was also a member of Monroe-Woodbury's fourth-place 4x800-meter relay ... Took third in the half mile at the N.Y. state meet as a junior and went on to anchor the runner-up sprint medley relay at New Balance Outdoor Nationals with an official 800 split of 1:49.13 ... High school PR for 400-meters was 47.75 || **Personal** || Born September 6, 1992



Burkhardt's Collegiate Personal Bests		
	Indoor	Outdoor
1500m	***	4:03.72
5000m	***	14:44.17

On the Course... || **2013 Cross Country** || Did not compete || **2012 Cross Country** || Finished 24th in the "Open" Race at the Greater Louisville Classic, clocking 25:30 for 8K || **2011 Cross Country** || Competed unattached during the 2011 campaign, finishing 15th overall at the Harry Groves Spiked Shoe Invitational

At the Big Ten Championships... || **2014 Outdoor** || Posted a 15th-place finish in the 5,000-meter run

Around the Track... || **2014 Outdoor** || Finished sixth in the 5,000-meter run at the Penn Relays || **2014 Indoor** || Redshirted || **2013 Outdoor** || Clocking a lifetime-best 14:44.17 for the 5K to finish 11th at the Bison Outdoor Classic at Bucknell ... Also competed in the 5000 at Penn Relays, running 14:45.08 ... Took fifth in the 1500 at the Jim Thorpe Open

Before Penn State... || **High School** || Captured gold-medal honors at the PIAA State Outdoor Championships as a senior, winning the 3200-meters with a personal-best 9:07.53 - the second-fastest time in Pennsylvania in 2011 ... Came to PSU with outstanding cross country credentials on his resume, having placed 22nd at the PIAA State Championships as a junior ... Finished his high school career as a two-time state qualifier in outdoor track, and also made the state meet in indoor track in 2010 || **Personal** || Majoring in engineering



2014-15 MEN'S RETURNERS



Robert **CARDINA**

Sophomore • Sophomore
Lancaster, Pa.

MULTI-EVENTS

Cardina's Collegiate Personal Bests

	Indoor	Outdoor
60m	7.04	***
100m	***	10.90/10.87w
400m	50.61	48.97
1000m	2:53.38	***
1500m	***	4:53.63
60mH	8.36	***
110mH	***	14.67
High Jump	6-10.75 (2.10)	7-0.25 (2.14)
Pole Vault	14-3.25 (4.35)	13-9.75 (4.21)
Long Jump	23-2 (7.06)	22-6.5(6.87)/23-2.75(7.08w)
Shot Put	43-3.75 (13.20)	43-1.5 (13.14)
Discus	***	136-1 (41.48)
Javelin	***	200-4 (61.06)
Heptathlon	5511	***
Decathlon	***	7666

On the National Stage... || **2014 Outdoor** || Qualified for the 2014 NCAA Division I Outdoor Track & Field Championships in the decathlon competition ... Qualified for the NCAA East Prelims in the high jump event ... A member of the 4x400-meter relay team that finished 15th at NCAA East Prelims, just over a second shy of qualifying for the NCAA Championships ... At the 2014 NCAA Division I Outdoor Track & Field Championships, Cardina garnered First Team All-America honors as he placed eighth with his lifetime-best score of 7,666 points, which makes him the first Penn State student-athlete to be named an All-American in the decathlon since 1998 and it is also the highest Penn State finish in the decathlon at the NCAA Championships since Dave Masgay placed seventh in 1987 ... Cardina also broke his own school record for points on the first day of the decathlon (4,087) ... Ran a lifetime-best time of 10.87 in the 100-meter dash ... His score of 7,666 points in the decathlon ranks second all-time in the Penn State record books ... His time of 49.49 in the 400-meter dash was the fourth-fastest in the decathlon event

At the Big Ten Championships... || **2014 Outdoor** || Finished third in the decathlon with his score of 7,619 points ... In the decathlon, Cardina won two events (400-meter dash and the javelin throw) and placed second in three events (high jump, 100-meter dash and the 110-meter hurdles) || **2014 Indoor** || Placed fourth in the heptathlon with his lifetime-best score of 5,511, which is also the school record ... In the heptathlon competition, Cardina finished second in the 60-meter dash (7.04) and second in the high jump (6-9), both marks are Penn State heptathlon event records

In the Field... || **2014 Outdoor** || Mainly competed in the decathlon for the Nittany Lions ... Finished fourth in decathlon at the Texas Relays with his score of 7,508 points ... Won the high jump event in the decathlon at the Texas Relays with his lifetime-best height of 7-0.25, which is a Penn State decathlon record and is tied for eighth all-time in the Penn State record books ... He also ran a wind-aided time of 14.98 in the 110-meter hurdles to finish second in the decathlon event ... Cardina set the school records for points on the first day of the decathlon twice, first at the Texas Relays (4,069) and again at the NCAA Championships (4,087) ... Set lifetime-bests in all the events he competed in during the outdoor season, except the 110-meter hurdles || **2014 Indoor** || Mainly competed in the heptathlon

competition for the Nittany Lions ... Won the long jump event at the Penn State Relays with his mark of 23-2 ... Tallied a then-lifetime-best score of 5,257 points to win the heptathlon competition at the Penn State National Invitational ... In the heptathlon competition at the Penn State National Invitational, Cardina won four events, finished second in two events and third in one event ... Ran the second leg of the second-place DMR team at the Sykes & Sabock Challenge Cup ... Set lifetime-bests in every event he competed in during the indoor season || **2013 Seasons** || Redshirted the indoor and outdoor seasons ... Competed unattached in the heptathlon at the PSU National, finishing with a lifetime-best score of 4869

Before Penn State ... || High School || Picked up a pair of All-State finishes at the PIAA Outdoor Championships as a senior, placing sixth in the 300 hurdles and seventh in the high jump ... Won both the 110 and 300 hurdles at the Lebanon-Lancaster League Championships in 2012 ... Placed second at his league meet in the high jump, clearing a PR 6-8 ... Finished sixth in the high jump at Penn Relays senior year ... Was the state runner-up as a junior ... Boasts bests of 14.32 in the 110 hurdles, and 38.55 for the 300 hurdles



Jon **COLWELL**

Freshman • Freshman
Reedsville, Pa.

DISTANCE • CROSS COUNTRY

Colwell's Personal Bests

1600m	4:19.57
3000m	8:41.99

On the Track... || **2014 Season** || Redshirted

On the Course... || **2013 Cross Country** || Ran unattached in two meets (Spiked Shoe and Penn State National)

Before Penn State... || **High School** || A three-time PIAA qualifier in cross country and two-time state qualifier on the track ... Was a three-time District 6 Champion in as a senior, winning the District title in cross country and picking up victories in both the 1600 and 3200 during the outdoor season ... Has already enjoyed success on the Penn State campus, winning the 3000 at the 2013 Kevin Dare HS Invitational ... Would go on to place sixth in the event at the 2013 PTFCA Indoor State Championships, thanks to a PR effort of 8:41.99 || **Personal** || Son and Mark and Jen Colwell ... Birthday is April 19, 1995



Robby CREESE

Senior (I) • Junior (O)
Mt. Airy, Md.

MID-DISTANCE • CROSS COUNTRY

Creese's Collegiate Personal Bests

	Indoor	Outdoor
800m	1:48.64	1:48.98
1000m	2:19.53	***
1500m	***	3:41.03
Mile	3:57.11	***
DMR	9:26.59	9:24.68

On the National Scene... || **2014 Indoor** || Ran the final leg of the distance medley relay team that finished 11th with its time of 9:57.88, garnering Second Team All-America honors || **2013 Outdoor** || Continued to prove his place as one of the nation's top middle distance athletes, taking sixth in the 1500 at the NCAA Outdoor Championships, earning All-America status ... Advanced to the NCAA Championships thanks to a PR 3:41.03 at the NCAA Eastern Preliminary Round ... Was a member of a pair of "Championship of America" winning relays at Penn Relays, including a sensational anchor leg (3:58.9 split) on the distance medley, as well as an outstanding lead-off leg on the winning 4x800 ... Helped the DMR to a school-record 9:24.68 at Penn ... Competed at the USATF Championships in the 1500 || **2013 Indoor** || Anchored the Nittany Lions' second-place DMR at the NCAA Championships ... Was also an NCAA finalist in the mile for the second-straight season ... Capped off Penn State's sizzling school-record 9:26.60 for the DMR at the Alex Wilson Last Chance ... The time stands as the second-fastest in indoor collegiate history || **2012 Cross Country** || Finished 42nd overall in his first appearance at the NCAA Mid-Atlantic Regional Championships, covering the 10K course in 31:30 || **2012 Outdoor** || Made a big splash at Penn Relays, anchoring the Lions' to a victory in the 4x800 (7:19.76), solidifying Penn State's first victory in the event since 1987 ... Placed fifth in the 1500 at the USATF Junior National Championships ... Came up just short of qualifying for the NCAA Championships, placing 17th in the 1500 at the NCAA First Round || **2012 Indoor** || Named USTFCCCA Mid-Atlantic Track Athlete of the Year ... Took the NCAA by storm, setting Collegiate and American Junior records in the 1000 at the Nittany Lion Challenge, running 2:19.53 ... Was the lone freshman in the NCAA mile field, where he finished 11th overall for second team All-America honors ... Clocked sub-4:00 miles on two occasions, including a PR 3:58.94 at the Alex Wilson Last Chance ... Became just the third Nittany Lion to break the four-minute barrier

At the Big Ten Championships... || **2014 Indoor** || Finished seventh in the mile run with his time of 4:17.63 || **2013 Outdoor** || Placed second in the 1500, picking up his second-straight medal finish in the event || **2013 Indoor** || Scored a pair of Big Ten titles, taking the mile individually, and anchoring the winning DMR for the second-straight year || **2012 Cross Country** || Was the Nittany Lions' top runner at the Big Ten Championships, finishing in 24th overall in 24:29 for 8K || **2012 Outdoor** || Earned Big Ten Freshman of the Year honors ... Placed third in the 1500 (3:42.87, PR) || **2012 Indoor** || Made two trips to the medal stand, anchoring the Nittany Lions to the program's first Big Ten victory in the DMR (9:44.40), before coming back to finish third individually in the mile ... Was named Big Ten Freshman of the Year

On the Course... || **2013 Cross Country** || Won the Dolan Duals in course-record fashion to begin the 2013 season ... Took home the individual title at the Harry Groves Spiked Shoe Invitational ... Finished 46th at Lehigh's Paul Short Run ... Ran to a 57th-place finish at the Pre-National Invitational || **2012 Cross Country** || Took top honors at the Lock Haven Dolan Duals, which was good for Big Ten Athlete of the Week accolades ... Placed 34th at the Harry Groves Spiked Shoe Invitational || **2011 Cross Country**

|| Redshirted the 2011 season ... Ran unattached in two competitions ... Highest finish was 49th at the Harry Groves Spiked Shoe Invitational

Around the Track... || **2014 Outdoor** || Redshirted || **2014 Indoor** || A member of three first-place relay teams (two-time winner in the distance medley relay and one-time in the 4x800-meter) ... Finished 16th in the mile run at the UW Husky Classic with his time of 4:04.29 ... A member of the distance medley relay team that posted the second-fastest time in collegiate history (9:26.59), which is a school, facility, and meet record ... Won the 1,000-meter run at the Nittany Lion Challenge || **2013 Indoor** || Won the 1500 at the Bison Outdoor Classic with a stadium record 3:41.32 ... Took second in the 800 at the Crimson Tide Invitational at Alabama (1:48.98) ... Finished 10th in the 1500 at the Mt. SAC Relays || **2013 Indoor** || Posted a sensational 3:57.11 as the top collegiate finish at the Husky Classic at Washington ... Won the 800 (1:49.13) and anchored the winning DMR at the Sykes & Sabock Challenge Cup ... Was named John Lucas Athlete of the Meet for his efforts || **2012 Outdoor** || Set a stadium record with an effort of 3:43.79 for the 1500 at the Bison Outdoor Classic ... Ran a season-best 1:49.92 for the 800 at the LSU Invitational || **2012 Indoor** || Had a sensational freshman campaign, earning first or second-place finishes in all regular season appearances ... Was on the winning DMR at the Penn State National, while also finishing second in the 800 at the same competition (1:48.64) ... Clocked 4:00.68 to finish second in the mile at the Sykes & Sabock Challenge Cup ... Dipped under the 4:00-barrier for the first time at the Washington Husky Classic, running 3:59.52 to take second-place overall

Before Penn State... Placed sixth in the 2011 Penn Relays mile ... Enjoyed an outstanding weekend at the Maryland State AA Championships as a senior, turning in a victory in the 3200-meters, as well as second-place efforts in the 800- and 1600-meters ... Claimed a trio of Maryland state indoor titles in 2011, winning the 800, 1600, and 3200 ... Would go on to finish 11th in the mile run at New Balance Indoor Nationals as a senior ... Owned personal bests of 1:54.00 in the 800, 4:10.60 in the mile run, and 9:17.28 for the 3200 coming out of high school || **Personal** || Son of Denie and Rob Creese ... Born August 30, 1993 ... Plans to major in mathematics



Thomas DAMIANI

Junior • Junior
Tunkhannock, Pa.

MID-DISTANCE • CROSS COUNTRY

Damiani's Collegiate Personal Bests

	Indoor	Outdoor
800m	1:54.83	1:54.79
1000m	2:32.33	***
1500m	***	3:54.76
Mile	4:25.61	***

On the Course... || **2013 Cross Country** || Placed 24th at the Dolan Duals in the season opener ... Finished 40th at the Harry Groves Spiked Shoe Invitational ... Took 43rd at the Penn State National


Around the Track... || **2014 Outdoor** || Ran a season-best time of 1:54.79 in the 800-meter run at the Crimson Tide Invitational ... Posted a seventh-place finish in the 1,500-meter run at the Kehoe Twilight meet with his season-best time of 3:55.20 ... Won the 1,500-meter run at the Jim Thorpe Open || **2014 Indoor** || A member of the winning 4x800-meter relay team at the Penn State Relays ... Took third in the 800-meter run at the Penn State National Invitational with his season-best time of 1:54.83 || **2013 Outdoor** || Finished second in the 1500 at the Jim Thorpe Open ... Placed sixth in the event at the LSU Battle on the Bayou || **2013 Indoor** || Highest finish was sixth in the 800 at the Nittany Lion Challenge ... Placed eighth



2014-15 MEN'S RETURNERS

in the 1000 at the Penn State National ... Also competed at the Sykes & Sabock Challenge Cup and the SPIRE D-I Invitational

Before Penn State... || **High School** || Ran a PR 1:54.62 for the 800 as a senior at Tunkhannock High School ... A two-time PIAA outdoor state qualifier in the 800 ... Two-time District II Champion in the 800 ... Also competed in the 800 at New Balance High School Nationals ... Already has a pair of Happy Valley appearances to his credit, competing at Harry Groves Spiked Shoe Invitational in 2010 and 2011 || **Personal** || Son of Richard and Reta Damiani ... Birthday is April 26, 1993



Wade
ENDRESS
Junior • Junior
Altoona, Pa.
DISTANCE • CROSS COUNTRY

Endress' Collegiate Personal Bests		
	Indoor	Outdoor
800m	***	1:52.99
1000m	2:24.73	***
1500m	***	3:45.33
Mile	4:04.27	***
3000m	8:08.80	***
5000m	***	14:19.85



Kory
DeCESARIS
Freshman • Freshman
Danielsville, Pa.
THROWS

DeCESARIS' Personal Bests	
Shot Put	55-8
Discus	145-4
Javelin	175-7

In the Field... || **2014 Season** || Redshirted

Before Penn State... Decesaris won the shot put at the PIAA District 11 AAA Championships this spring and would go on to finish eighth in the event at the PIAA Outdoor Championships. The Danielsville, Pa., native had a highly-successful outing at the Colonial/Lehigh League Championships as a senior, winning the shot, and placing third in both the discus and the javelin

On the National Scene... || **2014 Outdoor** || Qualified for the NCAA East Prelims in the 1,500-meter run ... Finished 23rd overall in the 1,500-meter run, missing out on qualifying for the NCAA Championships by four seconds || **2014 Indoor** || Ran the opening leg of the distance medley relay team that finished 11th with its time of 9:57.88, garnering second team All-America honors || **2013 Cross Country** || Ran a time of 32:08.2 at the NCAA Mid-Atlantic Regional Championships to place 81st overall

At the Big Ten Championships... || **2014 Outdoor** || Finished 12th in the 5,000-meter run with his lifetime-best time of 14:19.85 and 13th in the 1,500-meter run || **2014 Indoor** || Qualified for the finals of the mile run with his lifetime-best time of 4:04.27 ... Finished eighth in the mile run (4:17.78) and 10th in the 3,000-meter run (8:08.80) || **2013 Cross Country** || Finished 78th || **2012 Outdoor** || Competed in the 1500 || **2012 Indoor** || A member of the winning DMR (9:44.40), covering the 1200-meter lead off leg ... An All-Big Ten First Team selection || **2011 Cross Country** || Placed 70th overall in his first Big Ten appearance



Ean
DiSILVIO
Freshman • Freshman
Pittsburgh, Pa.
DISTANCE • CROSS COUNTRY

DiSilvio's Personal Bests	
1600m	4:26.01
3200m	9:36.71

On the Track... || **2014 Season** || Redshirted

On the Course... || **2013 Cross Country** || Did not compete

Before Penn State... || **High School** || A two-time PIAA state qualifier on the track ... Picked up a pair of victories at the PIAA District 8 AAA Championships as a senior, winning both the 1600 and 3200 ... Placed 18th in the 3200 at the 2013 PIAA Outdoor Championships ... Also a three-time state qualifier as well as a two-time District 8 Champion in cross country ... Finished 21st as a junior, and 25th as a senior at the state level || **Personal** || Son of Caesar and Ilene DiSilvio ... Birthday is July 25, 1995

On the Course... || **2013 Cross Country** || Began the 2013 season with an eighth-place finish at the Dolan Duals ... Recorded a fourth-place finish at the Harry Groves Spiked Shoe Invitational ... Placed 61st at Lehigh's Paul Short Run || **2012 Cross Country** || Did not compete || **2011 Cross Country** || Enjoyed an outstanding rookie campaign, finishing in the Nittany Lion top seven in three races ... Finished ninth at the Lock Haven Dolan Duals and 20th at the Penn State National

Around the Track... || **2014 Outdoor** || Opened the 2014 season with a then-lifetime-best time of 3:51.25 to finish ninth in the 1,500-meter run at the Stanford Invitational ... Ran a lifetime-best time of 3:45.33 in the 1,500-meter run en route to a fifth-place finish at the Bison Outdoor Classic ... A member of the 4x800-meter relay that finished second at the Penn Relays ... Ran a time of 1:52.99 to place third in the 800-meter run at the Kehoe Twilight meet || **2014 Indoor** || Finished seventh in the mile run at the Penn State National Invitational ... A member of the distance medley relay team that finished second at the Sykes & Sabock Challenge Cup || **2013 Outdoor** || Ran a personal-best 14:37.66 for the 5K at Penn Relays ... Finished second in the 1500 at the LSU Battle on the Bayou, and third in the event at the Bucknell Team Challenge || **2013 Indoor** || Redshirted the 2013 indoor season || **2012 Outdoor** || Top finish was a victory in the 1500 at the Bucknell Team Challenge ... Was a member of the third-place 4x800 at the Bison Outdoor Classic ... Also competed at the LSU Invitational and Jim Click Shootout || **2012 Indoor** || Was a member of the Lions' season-best DMR at the Penn State National (9:35.24) ... Placed second in the 1000 at the Nittany Lion Challenge with a PR 2:24.73 ... Ran a PR 4:07.34 for the mile at the Sykes & Sabock Challenge Cup

Before Penn State... || **High School** || Owned personal bests of 1:51.73 for 800-meters and 4:13.34 for the mile out of high school ... Enjoyed outstanding success on the cross country course including a runner-up



effort at the PIAA AAA Championships in 2010 ... A double winner at PTFCA Indoor Championships as a senior, taking top honors in both the 800 and mile run ... PR 1:51.73 at the state meet is also a Pennsylvania state indoor record ... Placed third in the 800 and fourth in the 1600-meters at the PIAA State Championships senior year, and qualified for Nike Cross Country Nationals in 2010 || **Personal** || Parents are Dave and Melody ... Enrolled in the College of Health and Human Development



Matt FISCHER
Senior • Senior
Kennett Square, Pa.
DISTANCE • CROSS COUNTRY

Fischer's Collegiate Personal Bests		
	Indoor	Outdoor
1500m	***	3:46.95
Mile	4:11.05	***
3000m	8:04.21	***
5000m	14:09.87	14:01.23

On the National Scene ... || 2014 Outdoor || Qualified for the NCAA East Prelims in the 5,000-meter run ... Recorded a time of 14:11.57 to finish fifth in the 5,000-meter run at the NCAA East Prelims ... Advanced to the 2014 NCAA Division I Outdoor Track & Field Championships in the 5,000-meter run ... Finished 25th in the 5,000-meter run (15:05.99) at the 2014 NCAA Division I Outdoor Track & Field Championships || **2013 Cross Country** || Claimed fourth-place at the NCAA Mid-Atlantic Regional Championships with his time of 29:45.6 ... At the NCAA Cross Country Championships, Fischer placed 78th with his time of 31:06.2 || **2013 Outdoor** || Qualified for the NCAA First Round in the 5000, finishing 25th overall || **2012 Cross Country** || Placed 46th overall and sixth for Penn State at the NCAA Mid-Atlantic Regional ... Finished in 31:31 for 10K || **2011 Cross Country** || Placed 61st overall at the NCAA Mid-Atlantic Regional Championships

At the Big Ten Championships ... || 2014 Outdoor || Placed seventh in the 5,000-meter run with his final time of 14:11.96 || **2014 Indoor** || Finished 24th in the 5,000-meter run (14:47.85) || **2013 Cross Country** || Placed third, which is the highest finish in school history ... First Team All-Big Ten || **2013 Outdoor** || Placed fifth in the conference 5K, finishing in 14:12.16 || **2013 Indoor** || Just missed a scoring finish, placing 10th overall in the 5K in 14:16.43 || **2012 Cross Country** || Finished 34th overall and second for PSU at the conference meet, running 24:35 for 8,000-meters || **2012 Outdoor** || Took 21st overall in the 5000 || **2012 Indoor** || Finished 14th in the 3000 ... Placed 16th in the 5000 with an indoor PR of 14:27.23 || **2011 Cross Country** || Placed 65th overall

On the Course ... || 2013 Cross Country || Opened the 2013 season with a 24th-place finish at Lehigh's Paul Short Run ... Took 29th at the Pre-National Invitational ... Top-finisher for Penn State in all five meets competed in || **2012 Cross Country** || Highest individual finish was a runner-up effort at the Harry Groves Spiked Shoe Invitational ... Placed 37th as the Nittany Lions' number two at the Greater Louisville Classic || **2011 Cross Country** || Had a breakout redshirt freshman season, finishing in the Nittany Lion top seven in all appearances ... Placed 10th overall at the Penn State National ... Finished 30th at the Roy Griak Invitational as the Lions' number-two scorer ... Took runner-up honors at the Lock Haven Dolan Duals

Around the Track ... || 2014 Outdoor || Opened the 2014 outdoor season with a ninth-place finish in the 1,500-meter run (3:46.95) at the Bison Outdoor Classic ... Finished 20th in the 5,000-meter run at the Mt. SAC Relays with his season-best time of 14:09.97 ... Placed 10th in the 5,000-meter run at the Payton Jordan Cardinal Invitational with his time of 14:26.21 || **2014 Indoor** || Finished fifth in the 3,000-meter run at the Penn

State National Invitational with his lifetime-best time of 8:04.21, which moves him into fourth all-time in the Penn State record books ... Took 22nd in the 5,000-meter run at the UW Husky Classic with his time of 14:17.48 || **2013 Outdoor** || Placed 10th in his 5K section at the Stanford Invitational, turning in a lifetime-best 14:01.23 ... Was a member of the Lions' fifth-place 4xMile at Penn Relays ... Turned in a PR 3:49.36 for 1500 at the Bison Outdoor Classic || **2013 Indoor** || Placed fourth in the 3K at the Penn State National, going 8:10.02 ... Took 12th in his section of the 5K at the Washington Husky Classic, running a PR 14:09.87 ... Finished 11th in the 3K at the Alex Wilson Last Chance with a lifetime-best 8:08.35 || **2012 Outdoor** || Clocked a personal-best 14:11.47 for the 5000 at the Stanford Invitational ... Also competed in the 5K at Penn Relays || **2012 Indoor** || Placed third in his section of the 3K at the UW Husky Classic, thanks to a PR 8:10.40 ... Placed second in the mile at the Nittany Lion Challenge, and seventh in the 3000 at the PSU National

Before Penn State... || High School || Capped his high-school career off in outstanding fashion, capturing a Pennsylvania state title in the 3200-meters, running a career-best 9:03.01 - the best time by any Pa. prep in 2010 ... Qualified for the Pa. State Meet in the 1600-meters as a junior ... A two-time state qualifier in cross country, helping his Unionville teammates to a sixth-place finish as a senior || **Personal** || Son of Ingrid and Rick Fischer ... Born May 6, 1992 ... DUS Major



Riley GAIBLER
Freshman (I) • Sophomore (O)
Lansdale, Pa.
SPRINTS • RELAYS

Gaibler's Personal Bests		
	Indoor	Outdoor
400m	***	49.57

Around the Track... || 2014 Outdoor || Competed in the 400-meter dash twice, posted a season-best time of 49.72 at the Kehoe Twilight || **2014 Indoor** || Redshirted

Before Penn State... || High School || Was the SOL Continental Conference Champion in the 400 as a senior, as well as the conference runner up in the 110-meter hurdles ... Owns a lifetime-best 49.57 in the 400 ... Also competed in the 300-meter hurdles as a prep, running 39.82 || **Personal** || Son of Alice and Rich Gaibler ... Birthday is May 15, 1995



2014-15 MEN'S RETURNERS



Darrell
HILL

Senior • Senior
Philadelphia, Pa.

THROWS

Hill's Collegiate Personal Bests

	Indoor	Outdoor
Shot Put	62-2.50 (18.96)	67-6 (20.57)
Discus	***	160-3 (48.85)

On the National Stage... || 2014 Outdoor || Qualified for the NCAA East Prelims in the shot put ... Qualified for the NCAA Division I Outdoor Track & Field Championships in the shot put with his fifth-place (65-9.75) finish at the NCAA East Prelims ... Named a second team All-American for his 15th-place finish in the shot put (62-9.5) ... Recorded a 10th-place finish (64-1.25) in the shot put at the USATF Championships ... Placed second in the shot put (61-10.25) at the 2014 NACAC U-23 Championships as a member of the USA team || **2013 Outdoor ||** Qualified for the NCAA Eastern Preliminary Round in the shot put

At the Big Ten Championships... || 2014 Outdoor || Won the shot put event with his lifetime-best mark of 67-6, which moves him into second all-time in the Penn State record books ... Garnered Big Ten Athlete of the Year and Athlete of the Championships honors ... He is the first Nittany Lion to be named Athlete of the Championships ... First team All-Big Ten || **2014 Indoor ||** Placed sixth in the shot put (59-4) || **2013 Outdoor ||** Finished third in the shot put with a toss of 61-9.75 (18.84) ... Also competed in the discus || **2013 Indoor ||** Turned in a scoring finish in his first Big Ten appearance, taking seventh in the shot put

In the Field... || 2014 Outdoor || Mainly competed in the shot put ... Named the Big Ten Men's Outdoor Field Athlete of the Week (April 30) ... Opened the 2014 season with a third-place finish in the shot put (59-0.75) at the Crimson Tide Invitational ... Won the shot put event five times, which occurred over five-straight weeks ... Won the shot put at the Penn Relays (63-11.75) || **2014 Indoor ||** Mainly competed in the shot put ... Won two events, including the Penn State National Invitational (60-1.25) ... Tossed a season-best mark of 62-2.50 in the shot put en route to a third-place finish at the SPIRE NCAA Division I Indoor Track & Field Invitational ... His toss of 62-2.50 moved him into fourth all-time in the Penn State record books || **2013 Outdoor ||** Launched a lifetime-best 62-9.25 (19.13) at the Jim Thorpe Invitational, which ranks as the fifth-best throw in the Nittany Lion record books ... Won the shot against national-class competition at the LSU Battle on the Bayou with an effort of 62-7.25 (19.08) ... Finished second in the shot at the Crimson Tide Invitational at Alabama ... Finished third in the "Championship" shot put at Penn Relays ... Top discus mark was 160-3 (48.85) at the Bucknell Team Challenge || **2013 Indoor ||** Picked up shot put victories at the Penn State Relays, PSU National, and Va. Tech Last Chance ... Turned in a season-best toss of 60-9.50 (18.53) at the Sykes & Sabock Challenge Cup

Before Penn State... || University of Houston || Spent his freshman year at the University of Houston ... Qualified for the NCAA Western Preliminary Round in the shot put ... Placed fourth in the shot at the Conference USA Outdoor Championships ... Was sixth in the event at the indoor conference meet ... Top finish on the year was a second-place standing at the Victor Lopez Classic at Rice || **High School ||** PIAA runner-up in the shot put as a senior at Penn Wood High School ... Also qualified for the state meet in discus during his senior year ... District I and Delco Champion in the discus in 2011 ... Was also second at the state indoor championships during senior year ... Went on to finish seventh at New Balance Indoor Nationals thanks to a PR 60-7.5 || **Personal ||** Born on August 17, 1993 ... Son of Ellus Hill and Katherine Wade



Robert
HILL

Freshman • Freshman
Wellsboro, Pa.

DISTANCE • CROSS COUNTRY

Hill's Personal Bests

1600m	4:19.34
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Around the Track ... || 2014 Season || Redshirted

On the Course ... || 2013 Cross Country || Ran unattached in two meets (Spiked Shoe and Penn State National)

Before Penn State ... || High School || Excelled during his career at Wellsboro Area, qualifying for the PIAA State Cross Country Championships on two occasions ... Ended his prep competition with an appearance at the outdoor state championships ... Placed seventh at the PIAA State Championships in the 1600 meters as a senior || **Personal ||** Son of Robert and Janet Hill ... Birthday is December 9, 1994



Johnathon
JACOWAY

Sophomore • Sophomore
Sharon, Pa.

JUMPS

Jacoway's Personal Bests

Long Jump	22-4
Triple Jump	48-4.50

At the Big Ten Championships... || 2014 Indoor || Finished 15th in the triple jump (44-6.25)

In the Field... || 2014 Outdoor || Competed in the triple and long jump events ... Placed fifth in the triple jump at the Sun Angel Track Classic with his season-best mark of 47-7.75 ... Tallied a season-best mark of 21-6.25 in the long jump at the Crimson Tide Invitational || **2014 Indoor ||** Competed in the triple and long jump events ... Posted a season-best mark of 21-11.50 in the long jump at the Penn State Relays ... Placed ninth in the triple jump at the SPIRE NCAA Division I Indoor Track & Field Invitational with his season-best mark of 48-2

Before Penn State... || High School || Was a two-event qualifier at the 2013 PIAA Outdoor Championships, placing sixth in the long jump and 10th in the high jump ... Enjoyed outstanding results at the PIAA District 10 Championships as a senior, earning victories in the high jump, long jump, and triple jump ... Made his first-career trip to the PIAA Championships as a junior in 2012, qualifying in the high jump, long jump, and triple jump, with his highest finish coming via a bronze-medal effort in the AA triple jump || **Personal ||** Son of Katrina Jacoway ... Birthday is March 15, 1995



Ryan KERR

Junior (I) • Sophomore (O)
Brookville, Pa.

THROWS

Kerr's Personal Bests

Javelin 228-11

In the Field... || 2014 Season || Redshirted

Before Penn State... || **High School** || A transfer from Nebraska ... Will join Nittany Lions this fall with all four years of eligibility remaining ... Capped his high school career with third-place finishes in the javelin at both the PIAA Outdoor Championships and New Balance Outdoor Nationals ... A three-time state qualifier in track and field, and a multiple-time District 9 Champion ... Owns a lifetime-best toss of 207-2 ... was ranked as a top five thrower in Pennsylvania as a senior, along with rising Nittany Lion sophomore and NCAA qualifier Michael Shuey (Johnsonburg, Pa.) || **Personal** || Son of Blane Kerr ... Birthday is September 22, 1993



Brannon KIDDER

Junior • Junior
Lancaster, Ohio

MID-DISTANCE • CROSS COUNTRY

Kidder's Collegiate Personal Bests

	Indoor	Outdoor
800m	1:47.45	1:46.87
1500m	***	3:38.82
Mile	3:58.49	***
4x800m	7:21.37	7:14.14
DMR	9:26.59	9:24.68

On the National Stage... || **2014 Outdoor** || Qualified for the NCAA East Prelims in the 1,500-meter run ... Advanced to the 2014 NCAA Division I Outdoor Track & Field Championships with his seventh-place finish in the semifinals of the 1,500-meter run (3:45.72) ... Garnered Second Team All-American honors with his 12th-place finish in the 1,500-meter run (3:44.30) || **2014 Indoor** || Qualified for the 800-meter run and the distance medley relay ... Placed 13th in the 800-meter run (1:52.02) and was a member of the 11th-place distance medley relay team (9:57.88) ... Second team All-American || **2013 Cross Country** || Took 63rd at the NCAA Mid-Atlantic Regional Championships with his time of 31:41.4 || **2013 Outdoor** || Capped a sensational freshman season with a PR 1:46.87 in the 800 preliminaries at the USATF Championships ... Earned bronze-medal and All-America honors in the 800 at the NCAA Outdoor Championships, following fellow Nittany Lion Casimir Loxsom, who finished second in the same race ... Helped the Nittany Lions to two "Championship of America" victories at the Penn Relays, leading off the winning DMR, and assisting on the winning 4x800 ... DMR ran a school-record 9:24.68 at Penn ... Breezed through the qualifying heats of the 800 at the NCAA First Round,

finishing in 1:48.03 in the quarterfinal - the sixth-best time in qualifying || 2013 Indoor || Led off the Lions' NCAA runner-up DMR, which finished in 9:34.00 ... Also led off the distance medley at the Alex Wilson Invitational, where the Lions clocked a school-record 9:26.60 - the second-fastest effort ever run by a collegiate team indoors ... Was member of the Lions' school-record 4x800 (7:21.37) at the Millrose Games ... The squad also set Millrose Games and Armory facility records

At the Big Ten Championships... || **2014 Outdoor** || Posted a second-place finish in the 1,500-meter run (3:44.95) ... Second team All-Big Ten || **2014 Indoor** || Kidder defended his 800-meter run title with his time of 1:49.52, which was the 10th Penn State 800-meter run Big Ten title in the past 13 years ... Kidder ran the final leg on the first-place distance medley relay team (9:45.48), which was his second-straight title and third-straight for Penn State ... First team All-Big Ten || **2013 Cross Country** || Placed 68th || **2013 Outdoor** || Placed eighth in the 1500 || **2013 Indoor** || Was named Big Ten Freshman of the Year following winning performances in the 800, individually, and as a member of the distance medley ... Clocked 1:49.73 to win the 800, and helped the Nittany Lions to a finishing time of 9:39.87 in the DMR

On the Course... || **2013 Cross Country** || Started the 2013 campaign with a fourth-place finish at the Dolan Duals ... Claimed fifth-place at the Harry Groves Spiked Shoe Invitational ... Posted a 317th-place finish at Lehigh's Paul Short Run ... Ran to a 258th-place finish at the Pre-National Invitational || **2012 Cross Country** || Competed unattached at the Harry Groves Spiked Shoe, placing 81st overall

Around the Track... || **2014 Outdoor** || Won the 800-meter run at the Crimson Tide Invitational with his season-best time of 1:48.53 ... Won the 1,500-meter run at the Bison Outdoor Classic with his time of 3:42.99 ... Was a member of two runner-up relay finishes at the Penn Relays (1,600-sprint medley relay - 3:18.39, and the 4x800-meter relay - 7:18.99) ... Ran a lifetime-best time of 3:38.82 in the 1,500-meter run en route to a third-place finish at the Payton Jordan Cardinal Invitational ... His time of 3:38.82 broke a 27-year-old school record ... Named the Big Ten Men's Outdoor Track Athlete of the Week (May 7) || **2014 Indoor** || Won seven races during the indoor season ... Opened the 2014 indoor season with a pair relay victories at the Penn State Relays ... At the Penn State Relays, Kidder was on the winning 4x800-meter relay team (7:36.59) and the first-place distance medley relay (9:59.94) ... At the Nittany Lion Challenge, Kidder posted a time of 1:48.34 to take second in the 800-meter run ... Kidder posted a pair of first-place finishes at the Penn State National Invitational, he claimed first-place in the mile run with his sub-4 time of 3:59.55 and he ran the opening leg of the distance medley relay team that posted the second-fastest time in collegiate history (9:26.59), which is a school, facility, and meet record ... Kidder won the 800-meter run at the Sykes & Sabock Challenge Cup with his season-best time of 1:47.45, which is the third-fastest time in school history ... At the UW Husky Classic, Kidder took the runner-up spot in the mile run with his lifetime-best time of 3:58.49, which ties Ryan Foster for the second-fastest mile time in school history ... Mac Fleet of Oregon clocked a lifetime-best time of 3:58.25 to beat Kidder at the UW Husky Classic ... For his impressive work on the track during the 2014 indoor season, Kidder was named the USTFCCCA's Mid-Atlantic Men's Track Athlete of the Year ... Named the Big Ten Men's Indoor Track Athlete of the Week (Feb. 10) || **2013 Outdoor** || Finished sixth in the elite section of the 800 at the Mt. SAC Relays, running 1:47.23 ... Won the 800 at the Crimson Tide Invitational at Alabama in 1:47.71 ... Placed second in the 1500 at the Bison Outdoor Classic with a PR 3:42.07 || **2013 Indoor** || Became the fourth Nittany Lion in program history to break 4:00 in the mile, going 3:59.48 to win the event title at the Penn State National ... Clocked a lifetime-indoor best 1:48.17 for the 800 at the Nittany Lion Challenge

Before Penn State... || **High School** || Clocked an impressive 4:03.12 for a full mile at the 2012 Adidas Grand Prix in New York City ... Time was the fourth fastest in the country in 2012 ... Took home three state titles at the 2012 OHSAA State Championships, winning the 800, 1600, and 4x800 ... Clocked a PR of 1:51.09 - the best time in the state of Ohio in 2012 - in his victory in the 800 ... Also won the 800 and 1600 at his conference, district and regional meets as a senior ... Won the 800 and 1600 at the Ohio Indoor State Championships ... Placed fourth in the mile at New Balance Indoor Nationals ... Was also fourth in the mile at the Brooks PR Meet at the University of Washington ... Won the state 1600 title as a junior, and finished third as a sophomore in 2010 ... Won the mile at the Midwest Distance Gala as a junior (4:06.73) || **Personal** || Son of Gina and Jeff Kidder ... Birthday is November 18, 1993



2014-15 MEN'S RETURNERS



Brian LEAP

Senior • Senior
Bellwood, Pa.

JUMPS

Leap's Collegiate Personal Bests

	Indoor	Outdoor
Long Jump	23-8 (7.21)	24-0.25 (7.32)w
Triple Jump	50-10.25 (15.50)	51-6.5 (15.71)

On the National Scene... || **2014 Outdoor** || Qualified for the NCAA East Prelims in the triple jump event ... Advanced to the 2014 NCAA Division I Outdoor Track & Field Championships with his 11th-place finish in the triple jump (51-1.50) at the NCAA East Prelims ... At the 2014 NCAA Division I Outdoor Track & Field Championships, Leap finished 16th in the triple jump with his lifetime-best jump of 51-6.50 ... His mark of 51-6.50 moves him into seventh all-time in the Penn State record books ... Second team All-American || **2013 Outdoor** || Qualified for the NCAA Eastern Preliminary Round in the triple jump, where he finished 30th overall

At the Big Ten Championships... || **2014 Outdoor** || Took third in the triple jump with his wind-aided mark of 51-3.50 ... Placed 13th in the long jump (23-0.75) || **2014 Indoor** || Took fifth in the triple jump (50-6.25) and seventh in the long jump (23-6.75) || **2013 Outdoor** || Posted a pair of scoring finishes, including a bronze-medal effort in the triple jump ... Turned in a wind-assisted 50-5.25 (15.37) at the conference meet ... Also placed fifth in the long jump, thanks to an effort of 24-0.25 (7.32) || **2013 Indoor** || Turned in lifetime indoor bests in both horizontal events, posting efforts of 23-5.25 (7.14) in the long jump, and 50-10.25 (15.50) in the triple jump ... Triple jump effort was good for third-place overall, and his first career Big Ten medal || **2012 Outdoor** || Just missed making the Big Ten final, finishing 10th overall in the triple jump || **2012 Indoor** || Placed 16th in the triple jump in his first Big Ten appearance

In the Field... || **2014 Outdoor** || Mainly competed in the long jump and the triple jump ... At the season-opening Crimson Tide Invitational, Leap placed third in the triple jump (48-10.25) and finished sixth in the long jump (22-9.75) ... Claimed the runner-up spot in the triple jump (49-5.5) at the Sun Angel Track Classic ... Won the triple jump (49-11) at the Team Challenge ... A member of the winning 4x100-meter relay team (41.91) at the Kehoe Twilight Meet ... Took sixth in the triple jump (49-8.25) at the Penn Relays || **2014 Indoor** || Mainly competed in the long jump and the triple jump ... Opened the 2014 indoor season with a third-place finish in the triple jump (49-1) at the Penn State Relays ... Took second in the long jump at the Penn State National Invitational with his lifetime-best mark of 23-8 ... Won the long jump event at the Sykes & Sabock Challenge Cup with his distance of 23-6.75 ... Posted an indoor season-best mark of 50-9.25 in the triple jump en route to a runner-up finish at the SPIRE NCAA Division I Indoor Track & Field Championships || **2013 Outdoor** || Started the outdoor season with a bang, turning in runner-up finishes in the triple jump at both the Crimson Tide Invitational and LSU Battle on the Bayou ... Won the long jump at LSU ... Took second in the triple jump at the Bucknell Team Challenge ... Won the long and triple jumps at the Jim Thorpe Open || **2013 Indoor** || Enjoyed a breakout year in the jumps, starting the indoor season with a win in the triple jump, as well as a runner-up finish in the long jump at the Penn State Relays ... Also won the triple jump at the Nittany Lion Challenge ... Finished second in the triple jump at the Penn State National, and again at the Sykes & Sabock Challenge Cup ... Took gold medal honors in the triple jump at the SPIRE D-I Invitational || **2012 Outdoor** || Posted an outdoor PR of 49-3.75 (15.03) to win the triple jump at the Jim Thorpe Open ... Also won the triple jump at the Bucknell Team Challenge ... Finished third in the triple jump at the Bison Outdoor Classic, and placed sixth in the event at the LSU Invitational || **2012 Indoor** || Took top honors in the triple jump at the Akron Invitational ... Jumped a season-best 48-1.75 (14.67) at the Penn State National ... Placed third in the triple

jump at the Penn State Relays, and fourth at the Nittany Lion Challenge

Before Penn State ... || High School || Scored two podium finishes at the 2011 PIAA AA Outdoor Championships, placing second in the triple jump and seventh in the long jump, while also competing in the high jump, and running on the seventh-place 4x400-meter relay ... Earned a trio of medals at the District VI Championships as a senior, placing first in the triple jump, second in the high jump, and third in the long jump ... Was a three-time state qualifier in the triple jump ... Boasted bests of 6-7 in the high jump, 21-8 in the long jump, and 47-11.75 in the triple jump coming out of high school || **Personal** || Son of Brian and Sharon Leap ... Birthday is August 17, 1992 ... Majoring in engineering



Conrad LIPPERT

Sophomore • Sophomore
Middletown, N.J.

DISTANCE • CROSS COUNTRY

Lippert's Collegiate Personal Bests

	Indoor	Outdoor
1500m	***	4:07.91
Mile	4:24.87	***
3000m	8:42.43	***
3K Steeple	***	9:52.58

At the Big Ten Championships... || **2013 Cross Country** || Placed 83rd

Around the Track... || **2014 Outdoor** || Did not compete || **2014 Indoor** || Ran a lifetime-best time of 4:24.87 in the mile run at the Nittany Lion Challenge ... Posted a lifetime-best time of 8:42.43 in the 3,000-meter run at the Penn State National Invitational || **2013 Outdoor** || Redshirted the outdoor season but saw action in several competitions, including an appearance in the steeplechase at the Bison Outdoor Classic || **2013 Indoor** || Also redshirted the 2013 indoor campaign

On the Course... || **2013 Cross Country** || Opened the 2013 season with a sixth-place finish at the Dolan Duals ... Finished 214th at Lehigh's Paul Short Run ... Took 12th at the Pre-National Invitational Open race

Before Penn State ... || High School || Was a member of the Lincroft XC Club squad that took top honors at Nike Cross Nationals in 2011 ... Christian Brothers Academy team on the NJ Meet of Champions with an impressive score of 45 points ... Qualified for the NJSIAA Meet of Champions during junior and senior cross country seasons ... Ran a PR 9:27.31 for the two-mile run at New Balance Outdoor Nationals as a senior ... Competed in the 800 at the 2012 NJSIAA Indoor Meet of Champions ... Finished second in the 1600 and third in the 3200 at the Shore Conference Outdoor Championships senior year ... Won his NJSIAA Sectional in the 3200 as a junior || **Personal** || Son of Richard and Christa Lippert ... Birthday is December 10, 1993



Michael McCLELLAND

Senior (I) • Junior (O)
Washington, Pa.

JUMPS

McClelland's Collegiate Personal Bests

	Indoor	Outdoor
High Jump	7-1 (2.16)	6-8.25 (2.04)

At the Big Ten Championships... || **2013 Indoor** || Placed 10th in the high jump with a clearance of 6-9 (2.06) || **2012 Outdoor** || Competed in the high jump || **2012 Indoor** || Placed 18th overall in his first Big Ten competition

In the Field... || **2014 Outdoor** || Competed in the high jump ... Cleared a season-best height of 6-5.5 in the high jump to finish third at the Kehoe Twilight Meet || **2014 Indoor** || Competed in the high jump ... Posted a season-best height of 6-7 en route to an eighth-place finish in the high jump at the Penn State National Invitational || **2013 Outdoor** || Redshirted the outdoor campaign || **2013 Indoor** || Bettered the seven-foot barrier at the Nittany Lion Challenge, clearing 7-1 (2.16) ... Clearance was good for third in the competition ... Also finished third at the Penn State National ... Cleared 6-11 (2.11) to finish seventh at the Sykes & Sabock Challenge Cup ... Placed ninth at the SPIRE D-I Invitational || **2012 Outdoor** || Top clearance was 6-8.25 (2.04) to finish second at the Bison Outdoor Classic ... Finished fifth at the Jim Thorpe Open || **2012 Indoor** || Best finish was a fourth-place showing at the Akron Invitational ... Cleared a season-best 6-7.50 (2.02) at the Sykes & Sabock Challenge Cup

Before Penn State ... || **High School** || Came out of high school with a personal-best clearance of 6-10 in the high jump ... Was the 2011 PTFCA Indoor Champion in the event ... Won a District VII AAA title as a senior, and was a three-time PIAA state qualifier || **Personal** || Son of Jim and Kelly McClelland ... Born July 20, 1993 ... Enrolled in the College of Liberal Arts



Jack MILLER

Freshman • Freshman
Bay Village, Ohio

DISTANCE • CROSS COUNTRY

Miller's Personal Bests

1600m	4:25.34
3200m	9:22.41

Around the Track... || **2014 Season** || Redshirted

On the Course... || **2013 Cross Country** || Ran unattached in two meets (Spiked Shoe and Penn State National)

Before Penn State... || **High School** || Enjoyed an outstanding career at St. Ignatius, ending with a 10th-place finish in the 3200m at the Ohio

State Championships as a senior ... Was a two-time state qualifier in cross country, posting a 13th-place finish as a senior in 2012 ... Finish helped propel St. Ignatius to a third-place finish in the team standings || **Personal** || Son of Gregory and Helen Miller ... Birthday is April 27, 1995



Cody MINNIG

Freshman • Freshman
Levittown, Pa.

JUMPS

Minnig's Personal Bests

60m	6.91
100m	10.73
200m	21.97
Long Jump	23-8

In the Field... || **2014 Season** || Redshirted

Before Penn State... || **High School** || Was the No. 6 ranked Pennsylvania prep in the 100 meters in 2013 (10.73) ... Placed fifth at the PIAA Outdoor Championships ... Was just as successful at the PFTCA State Championships during his senior indoor season, finishing second in the 60, third in the long jump, and fifth in the 200 ... Was a double winner at the Kevin Dare Invitational in 2013, taking titles in the 60 and the long jump ... Will likely compete in both the sprints and jumps for the Nittany Lions, coming to Happy Valley with an impressive PR of 23-8 in the long jump - the top-rated mark in the Pa. indoor ranks in 2012 || **Personal** || Son of Jack and Lisa Minnig ... Birthday is March 4, 1995



Austin PONDEL

Sophomore (I) • Freshman (O)
Columbus, Pa.

DISTANCE • CROSS COUNTRY

Ponder's Collegiate Personal Bests

Mile	4:21.30	***
5000m	***	14:53.28

On the National Scene... || **2013 Cross Country** || Finished 44th at the NCAA Mid-Atlantic Regional Championships with his time of 31:15.7

At the Big Ten Championships... || **2014 Indoor** || Posted a lifetime-best time of 14:53.28 to finish 26th || **2013 Cross Country** || Placed 54th

Around the Track... || **2014 Outdoor** || Redshirted || **2014 Indoor** || Ran a lifetime-best time of 4:21.30 in the mile run at the SPIRE NCAA Division I Indoor Track & Field Invitational

On the Course... || **2013 Cross Country** || Opened the year with a sixth-place finish at the Harry Groves Spiked Shoe Invitational running unattached ... Competed attached after the Harry Groves Spiked Shoe



2014-15 MEN'S RETURNERS

Invitational ... Claimed 191st at Lehigh's Paul Short Run ... Took 235th at the Pre-National Invitational

Before Penn State... || High School || A Footlocker National qualifier in 2013 ... Posted an individual victory at the District 10 Cross Country Championships in 2012 ... Captured all-state honors, thanks to a third-place finish at the PIAA AAA Championships ... Posted an impressive winning streak as a senior, winning all eight of his cross country competitions up until the state championships ... Was also the 2013 District 10 Champion in the 3200, and would qualify for the state meet in the event || **Personal ||** Son of Ed and Sally Pondel ... Birthday is May 12, 1995



**Will
POPE**
Freshman • Freshman
South Salem, Pa.

THROWS

Pope's Personal Bests	
Shot Put	59-11.5
Discus	167-2

In the Field... || 2014 Season || Redshirted

Before Penn State... || High School || Made his mark on the New York high school scene as a student at Iona Prep, finishing second in the discus and third in the shot put at the 2013 NYSPHSAA State Championships ... Also faired well against top competition at the Eastern States Championships as a senior, placing second in both the shot and the discus ... Was equally as successful during the indoor season, taking second at the NY State Indoor Championships ... Came on the radar as a junior, after taking top honors in the Emerging Elite section of the shot at the 2013 New Balance Outdoor Nationals || **Personal ||** Son of Chris and Shelly Pope ... Birthday is March 4, 1995



**Cole
PROFFITT**
Sophomore • Sophomore
Manheim, Pa.

THROWS

Proffitt's Personal Bests	
Javelin	205-11

On the National Stage... || 2014 Outdoor || Qualified for the NCAA East Prelims ... Finished 22nd (206-7) at the NCAA East Prelims

At the Big Ten Championships... || 2014 Outdoor || Placed eighth (202-11)

In the Field... || 2014 Outdoor || Only competed in the javelin event ... Opened the season with a fifth-place finish (205-11) at the Crimson Tide Invitational ... Placed second in the javelin at the Sun Angel Track Classic with his mark

of 217-9 ... Took the runner-up spot at the Penn Relays with his lifetime-best mark of 224-4, which moved him into 10th all-time at Penn State

Before Penn State... || High School || One of the most outstanding javelin throwers in the Northeast over the past several seasons ... Was the 2013 PIAA State Champion in the javelin, after earning runner-up honors as a junior in 2012 ... 205-11 PR was the ninth-best performance in the country in 2013, as well as the second-farthest toss in the Pennsylvania prep ranks ... Has also fared well against national competition, placing fourth at New Balance Outdoor Nationals in 2012 ... 2013 Penn Relays Champion || **Personal ||** Son of Tim and Traci Proffitt ... Birthday is April 28, 1994



**Brad
RIVERA**
Sophomore • Sophomore
Bensalem, Pa.

MID-DISTANCE • CROSS COUNTRY

Rivera's Personal Bests		
	Indoor	Outdoor
600m	1:22.84	***
800m	1:52.43	1:53.01
1500m	***	4:00.46

At the Big Ten Championships... || 2014 Outdoor || Finished 20th in the 800-meter run (1:55.35).

Around the Track... || 2014 Outdoor || Ran a season-best time of 1:53.01 in the 800-meter run at the Kehoe Twilight Meet ... || **2014 Indoor ||** Opened his collegiate track career by being on the first-place 4x800-meter relay team (7:36.59) at the Penn State Relays ... Posted a season-best time of 1:54.32 in the 800-meter run at the Sykes & Sabock Challenge Cup ... A member of the distance medley relay team that finished second at the Sykes & Sabock Challenge Cup ... Ran a season-best time of 1:22.84 in the 600-meter run at the Nittany Lion Challenge

On the Course... || 2013 Cross Country || Did not compete

Before Penn State... || High School || Was in top form during his senior year at Bensalem High School, winning the 800 at the 2013 PTFCA Indoor State Championship, thanks to a lifetime-best 1:52.43 at Ashenfelter III Indoor Track ... The effort was not only good for a state championship, but also the best in the Pennsylvania prep ranks during the indoor season, and a top 15 time nationally in 2013 ... Followed up with a runner-up standing in the half mile at the PIAA Outdoor Championships ... Turned in several outstanding finishes as a senior, taking first in the 800 at the SOL National Conference Championships, and second at the District I Championships. || **Personal ||** Son of Kim and Ron Rivera ... Birthday is April 16, 1994



Alex SHISLER

Sophomore (I) • Junior (O)
State College, Pa.

SPRINTS • RELAYS



Michael SHUEY

Sophomore (I) • Junior (O)
Johnsonburg, Pa.

THROWS

Shisler's Collegiate Personal Bests

	Indoor	Outdoor
200m	22.41	21.87
400m	48.80	46.95
500m	1:03.94	***
600m	1:19.23	***

On the National Stage... || 2014 Outdoor || Qualified for the NCAA East Prelims in the 400-meter dash and the 4x400-meter relay ... Ran a lifetime-best time of 46.95 in the 400-meter dash to finish 26th in the NCAA East Prelims ... His time of 46.95 ranks ninth all-time at Penn State ... A member of the 4x400-meter relay squad that placed 15th (3:07.95) || **2013 Outdoor ||** Was a member of the Lions' season-best 4x400, that ran 3:06.21 at Penn Relays ... The foursome won the IC4A title at the Penn Relays

At the Big Ten Championships... || 2014 Outdoor || A member of the seventh-place 4x400-meter relay team (3:10.30) ... Placed 10th in the 400-meter dash (47.50) || **2013 Outdoor ||** Competed in the 400 || **2013 Indoor ||** Placed 14th in the 600 in his first-career attempt at the event ... Clocking 1:19.23 in the prelims

Around the Track... || 2014 Outdoor || A member of the first-place 4x400-meter relay squad (3:07.94) at the Penn Relays (IC4A) ... Was on the ninth-place 4x400-meter relay team (3:08.57) at the Penn Relays (Open) || **2014 Indoor ||** Was on the first-place 4x400-meter relay team (3:11.58) at the Penn State Relays ... Ran a lifetime-best time of 1:03.94 in the 500-meter dash at the Penn State Relays || **2013 Outdoor ||** Placed eighth in the 400 at the LSU Battle on the Bayou with a lifetime-best 47.44 ... Was also a member of the fourth-place 4x400 at LSU ... Finished second in the 200 at the Jim Thorpe Open || **2013 Indoor ||** Was on the winning 4x400 at the Nittany Lion Challenge ... Placed fourth in the 400 at both the Nittany Lion Challenge and Sykes & Sabock Challenge Cup ... Finished eighth in the 200 in his collegiate debut at the Penn State Relays

Before Penn State... || High School || Placed fourth in the 400 at the PIAA Outdoor Championships as a senior ... Won District 6 titles in both the 200 and 400 in 2012 ... Ran a 400 PR of 48.49 at the District meet ... Finished fifth in the 400 at the 2012 PTFCA Indoor State Championships ... Clocking a personal-best 21.94 in the 200 to win the West Central Coaches Invitational ... Also won the 400 at the same competition ... Was also the District 6 400 Champion as a junior || **Personal ||** Son of Steve and Beth Shisler - both former Nittany Lion track and field standouts and school record holders ... Birthday is November 26, 1993

Shuey's Collegiate Personal Bests

Javelin	***	249-5 (76.02)
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On the National Stage... || 2014 Outdoor || Qualified for the NCAA East Prelims ... Placed 16th at the NCAA East Prelims with his mark of 211-4 ... Placed 10th at the USATF Outdoor Championships with his mark of 232-11 ... Set the school record with his gold medal-winning toss of 249-5 at the 2014 U-23 NACAC Championships as a member of the USA team || **2013 Outdoor ||** Earned honorable mention All-America status after placing 24th in the javelin at the NCAA Outdoor Championships ... Finished sixth in the javelin at the USATF Junior Championships ... Launched a lifetime-best 230-6 (70.27) at the NCAA Eastern Preliminary Round ... The throw is the sixth-best performance in the Penn State record books

At the Big Ten Championships... || 2014 Outdoor || Won the Big Ten title by over 26 feet (236-2) ... First Team All-Big Ten || **2013 Outdoor ||** Made a trip to the medal stand thanks to a third-place finish in the javelin ... Posted a toss of 227-11 (69.47) at the conference meet

In the Field... || 2014 Outdoor || Only competed in the javelin throw ... Won six events during the outdoor season ... Opened the 2014 outdoor season with a first-place (238-6) finish at the Crimson Tide Invitational ... Won the Penn Relays with his mark of 234-11 || **2014 Indoor ||** Did not compete || **2013 Outdoor ||** Proved himself against some of the nation's top competition to start the season, placing second at both the Crimson Tide Invitational, and the LSU Battle on the Bayou ... Won the javelin at the Jim Thorpe Open ... Finished fourth in the "Championship" section at the Penn Relays

Before Penn State... || High School || Was the number-three ranked javelin thrower in the country as a senior with a throw of 212-2 ... Won the javelin at New Balance Outdoor Nationals in 2012 ... Was the PIAA State Champion in the javelin as a senior with a toss of 200-1 ... Also competed in the high jump at the state meet ... Placed second in the javelin at the World Youth Trials in 205-3 ... Also made the state meet in the high jump and javelin in 2011 || **Personal ||** Son of Bill and Donna Shuey ... Birthday is February 2, 1994



2014-15 MEN'S RETURNERS



Brandon TERIBERY

Sophomore • Sophomore
Bradford, Pa.

POLE VAULT

Teribery's Collegiate Personal Bests

	Indoor	Outdoor
Pole Vault	15-3.5 (4.66)	14-9.5 (4.51)

In the Field... || **2014 Outdoor** || Only competed in the pole vault ... Took second at the Kehoe Twilight Meet with his season-best height of 14-9.50 || **2014 Indoor** || Only competed in the pole vault ... Recorded a lifetime-best height of 15-3.50 at the Sykes & Sabock Challenge Cup

Before Penn State... || **High School** || A three-time PIAA District 9 Champion in the pole vault ... Enjoyed an outstanding senior season in the field, finishing 11th in the vault at the Penn Relays Carnival ... Was also a two-time PIAA State qualifier as a prep, with his highest finish coming with a fifth-place standing at the state meet in 2011 || **Personal** || Son of Kevin and Susan Teribery ... Birthday is February 16, 1994

claimed a fourth-place finish in the long jump (23-1.25) at the Crimson Tide Invitational ... Took the triple jump title at the Penn Relays with a wind-aided mark of 53-2.75 ... Named the Big Ten Men's Outdoor Field Athlete of the Week (April 16) || **2014 Indoor** || Only competed in the long jump and triple jump ... Won three events during the indoor season ... Tied the second-best triple jump mark in school history (52-6) en route to a first-place finish at the SPIRE NCAA Division I Indoor Track & Field Invitational ... Named the Big Ten Men's Indoor Field Athlete of the Week (Feb. 17)

Before Penn State... || **Shippensburg University** || Came to Penn State with two years of NCAA success under his belt, including a trio of All-America efforts at the Division II level ... Was a perfect four-for-four in conference triple jump title while competing in the PSAC ... Also competed at the IAAF World Junior Championships in 2012 ... Set school records in both the indoor and outdoor triple jumps, including a leap of 51-6.50 (15.71) during the outdoor season in 2012 ... Owns a lifetime-best triple jump of 52-1.75 (15.89) || **High School** || Attended Loch Raven High School, where he was the Maryland State Champion in the triple jump as a prep || **Personal** || Son of Ann Marie and Steve Waithe ... Birthday is January 7, 1993



Za'Von WATKINS

Junior • Junior
Liverpool, N.Y.

MID-DISTANCE • CROSS COUNTRY

Watkins' Collegiate Personal Bests

	Indoor	Outdoor
600m	1:19.41	***
800m	1:48.11	1:48.33
1000m	2:22.02	***
1500m	***	3:45.79
Mile	4:23.06	***
4x800m	7:21.37	7:14.14
DMR	9:26.60	***



Steve WAITHE

Senior • Senior
Parkville, Md.

JUMPS

Waithe's Personal Bests

	Indoor	Outdoor
Long Jump	23-5.25 (7.14)	24-0.25 (7.32)
Triple Jump	52-6 (16.00)	53-2.75 (16.22)w

On the National Stage... || **2014 Outdoor** || Qualified for the NCAA East Prelims in the triple jump ... Advanced to the 2014 NCAA Division I Outdoor Track & Field Championships with his fourth-place finish in the triple jump (52-8.25) at the NCAA East Prelims ... Named a first team All-American with his fifth-place finish (52-11.50), which is the second-highest finish in school history (Warren Rockwell, 2nd -1966) ... His mark of 52-11.50 is a lifetime-best and ranks fourth all-time at Penn State || **2014 Indoor** || Garnered first team All-America honors with his sixth-place finish in the triple jump (51-10.50), which is also the highest finish in school history

At the Big Ten Championships... || **2014 Outdoor** || Won the triple jump (52-0) and placed fourth in the long jump (24-0.25) ... First team All-Big Ten || **2014 Indoor** || Recorded a season-best mark of 23-5.25 in the long jump to place eighth ... Took second-place in the triple jump (51-7.25) as he was out-jumped by a 1/2 inch on the final attempt by Iowa's Babatunde Amosu ... Second team All-Big Ten

In the Field... || **2014 Outdoor** || Only competed in the long jump and triple jump ... Won six events during the outdoor season ... Opened the 2014 outdoor season with a first-place finish in the triple jump (49-11.75) and

On the National Stage... || **2014 Outdoor** || Qualified for the NCAA East Prelims in the 800-meter run and the 4x400-meter relay ... A member of the 4x400-meter relay squad that finished 15th with its time of 3:07.95 ... Placed 13th in the prelims of the 800-meter run with his season-best time of 1:48.33, missing out on qualifying for nationals by a half of a second || **2014 Indoor** || Qualified for the NCAA Indoor Championships in the 800-meter run and the distance medley relay ... Claimed seventh-place (1:50.25) in the 800-meter run ... Ran the 400-meter leg of the distance medley relay that placed 11th (9:57.88) ... First team All-American || **2013 Outdoor** || Was a member of the Nittany Lions' "Championship of America" winning 4x800 at Penn Relays ... Split 1:48.22 on the second leg to help the Nittany Lions to a finishing time of 7:14.14 ... Advanced to the NCAA Eastern Preliminary Round in the 800, qualifying through the first round and finishing 23rd in the quarterfinals || **2013 Indoor** || Ran the 800-meter leg on the Nittany Lions' NCAA runner-up DMR, earning All-America honors ... Also ran the 800 on Penn State's school-record 9:26.60 DMR at the Alex Wilson Invitational ... The performance was the second-fastest ever run by a collegiate team indoors ... Was also a member of the winning 4x800 at the Millrose Games, where the team set school, facility, and meet records in the event at 7:21.37

At the Big Ten Championships... || **2014 Outdoor** || A member of the 4x400-meter relay team that placed seventh its time of 3:10.30 ... Ran the fastest time (1:49.65) in the prelims of the 800-meter run ... Finished fourth in the 800-meter run (1:49.80) || **2014 Indoor** || A member of the distance medley relay team (9:45.48) that defended its 2013 Big Ten title



... Finished fifth in the 800-meter run (1:50.52) ... First team All-Big Ten || **2013 Outdoor** || Finished 13th overall in the 800 in 1:51.09 || **2013 Indoor** || Posted a scoring finish in the 800, taking third-place overall in 1:50.32 to join teammate and event champion Brannon Kidder on the medal stand

Around the Track... || **2014 Outdoor** || Opened the 2014 outdoor season with a second-place finish in the 800-meter run (1:48.94) and was on the third-place 4x400-meter relay team (3:11.48) at the Crimson Tide Invitational ... Ran a lifetime-best time of 3:45.79 in the 1,500-meter run to finish sixth at the Bison Outdoor Classic ... A member of the 4x800-meter relay team that placed second at the Penn Relays with its time of 7:18.99 || **2014 Indoor** || Won five events during the indoor season ... At the season-opening Penn State Relays, Watkins was on two relay winning teams (distance medley relay - 9:59.94, 4x400-meter relay - 3:11.58) ... Ran the 800-meter leg of the distance medley relay that posted the second-fastest time in collegiate history (9:26.59) at the Penn State National Invitational, which is a school, facility, and meet record ... Ran a lifetime-best time of 1:48.11 in the 800-meter run to finish third at the Sykes & Sabock Challenge Cup (his time ranks fifth all-time at Penn State) ... Posted season-best times in the 600-meter run (1:19.41) and the mile run (4:23.06) at the SPIRE NCAA Division I Indoor Track & Field Invitational || **2013 Outdoor** || Finished second in his section of the 800 at the Mt. SAC Relays (1:50.18) ... Placed sixth in the 800 at the Crimson Tide Invitational, thanks to a season-best 1:49.50 || **2013 Indoor** || Opened up the season in impressive fashion, running 2:22.02 to finish second in the 1000 at the Nittany Lion Challenge ... Placed third in the 800 at the PSU National in 1:49.03 ... Finished second in the 800 at the Sykes & Sabock Challenge Cup, going 1:49.41 ... Ran an indoor PR 1:48.92 at the Alex Wilson Last Chance

On the Course... || **2013 Cross Country** || Opened the 2013 season with a 14th-place finish at the Dolan Duals ... Claimed 24th-place at the Harry Groves Spiked Shoe Invitational ... Tallied a 366th-place finish at Lehigh's Paul Short Run ... Took 30th at the Penn State National

Before Penn State... || **High School** || Only of the most highly-touted middle distance athletes in the high school ranks ... Was the number-one ranked high schooler in the 1000 meters as a junior (2:26.13) ... Ran 1:19.20 for 600 in 2012 - the second-fastest effort nationally, and 10th-best performance in the all-time high school record book ... Finished second at New Balance Indoor Nationals with a sizzling 1:50.11 - the third-fastest time ever run by a prep indoors ... Placed second at New Balance Outdoor Nationals two years in-a-row, running a PR 1:49.70 in 2011 ... Turned heads at New Balance Nationals in 2010, splitting 1:47.99 on Liverpool's 4x800 ... Was continually impressive at the New Balance National meet, splitting 1:48.85 as a junior on the anchor of the sprint medley and clocking 1:48.05 on the SMR ... Won the 1500 at the prestigious Millrose Games as a senior ... Won the 1000 at the NYSPHSAA Indoor State Championships as a sophomore and again as a senior ... Won the 800 at the NY Outdoor State Meet senior year, also finished second in the 1600 in 4:07.24 - the sixth ranked time in the country in 2012 ... Also won the 800 and placed second in the 1600 at NY States as a junior ... Placed third in the 800 at the Brooks PR Meet in 2012 ... Also played quarterback at Liverpool || **Personal** || Son of Edward Watkins ... Born October 24, 1993



Jon
YOHMAN

Freshman • Freshman
New Wilmington, Pa.

THROWS

Yohman's Personal Bests

Shot Put	62-1
Discus	189-6

In the Field ... || **2014 Season** || Redshirted

Before Penn State ... || **High School** || The 2013 Gatorade Boys' Track and Field Athlete of the Year in Pennsylvania ... Capped his prep career at Wilmington High School with a PIAA state title in the shot put, to go along with a runner-up effort in the discus ... Has been one-to-watch in Pennsylvania throws for the past several seasons, having won state gold in the discus as a junior in 2012, and finished second in the shot at the same competition ... Also finished seventh in the shot at Penn Relays as a senior, ranked first in Pennsylvania in 2013 with a PR 62-1 in the shot ... He also ranked third in the discus among Pa. preps at 189-6 || **Personal** || Son of Julia and Paul Yohman ... Birthday is August 23, 1994



Cody
AMENGUAL

Senior • Senior
West Babylon, N.Y.

DISTANCE • CROSS COUNTRY

Amengual's Personal Bests

800m	1:53.25
1500m	3:54.33
3K Steeple	8:57.54

Before Penn State ... **Transfer from SUNY Cortland** || **SUNY Cortland PRs** || 800: 1:53.25 ... 1,500: 3:54.33 ... 3,000 Steeplechase: 8:57.54 ... 8k (Cross Country): 25:00.00 || **SUNY Cortland/National Level Competition** || SUNYAC champion in the 3,000-meter steeplechase ... SUNY Cortland school record holder in the 3,000-meter steeplechase (8:57) ... SUNYAC record holder in the 3,000-meter steeplechase ... All-American (sixth-place in 3,000-meter steeplechase, 2013) ... Fifth-place at the Penn Relays Championships in the 3,000-meter steeplechase (2013) ... Fifth-place at Atlantic Region Cross Country Championships, 2013 (Team Title) ... Competitor of NCAA DIII Championships: cross country 2011-13, outdoor track & field 2012-13 || **High School** || State meet participant in the 600 and the 800 ... All-county ... 12-time letterwinner in track & field and cross country ... Team captain ... National Honor Society || **Personal** || Son of Karen and John Amengual ... Born June 2, 1992 ... Pursuing a Master of International Affairs



2014-15 MEN'S NEWCOMERS



Justin
BERG

Junior • Junior
Phoenixville, Pa.

THROWS

Berg's Personal Bests

Hammer Throw	176-7.25
Weight Throw	52-10.25

Before Penn State ... Transfer from Temple || Temple PRs || Hammer Throw: 176-7.25 ... Weight Throw: 52-10.25 || Temple || Won the hammer throw at the Hurricane Alumni Invitational with his mark of 173-9 || Personal || Son of Nancy and Peter Berg ... Born July 22, 1993 ... Math major



Tyler
HOPE

Freshman • Freshman
Tamaqua, Pa.

THROWS

Hope's Personal Bests

Javelin	198-4
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Before Penn State ... || High School PR || Javelin: 198-4 || High School || Three-time District 11 gold medalist in the javelin ... Holds the school record in the javelin with his lifetime-best mark of 198-4 ... Placed second in the javelin at the 2012 PIAA District 11 Outdoor Track & Field Championships ... Four-year letterwinner in track & field || Personal || Son of Denise and Robert Hope ... Birthday is May 1, 1995 ... DUS major



Will
CATHER

Freshman • Freshman
Port Matilda, Pa.

DISTANCE • CROSS COUNTRY

Cather's Personal Bests

400m	51.14
800m	1:54.04
Mile	4:24.91
3200m	9:25.65

Before Penn State ... || High School PRs || 400: 51.14 ... 800: 1:54.04 ... Mile: 4:24.91 ... 3,200: 9:25.65 || High School || Cather's high school team placed fourth in cross country and indoor & outdoor track at the state meets ... A member of the 2014 PIAA 4x800-meter state championship relay team ... A member of the 4x400-meter relay and 4x800-meter relay teams that hold the school records ... Won the 1,600-meter run at the 2014 PIAA District Six Championships ... Won the 1,600-meter run at the 2012 PIAA District Six Championships ... Four-year letterwinner in both cross country and track & field ... Two-time team captain || National Level Competition || A member of the 4x800-meter relay team that finished fourth at the 2014 New Balance Indoor Nationals meet || Personal || Son of Jennifer and David Cather ... Born October 31, 1995 ... Accounting major



Joey
LOGUE

Freshman • Freshman
Blooming Glen, Pa.

MID-DISTANCE • CROSS COUNTRY

Logue's Personal Bests

800m	1:51.09
1000m	2:28.66
1500m	3:57.49

Before Penn State ... || High School PRs || 800: 1:51.09 ... 1,000: 2:28.66 ... 1,500: 3:57.49 || High School || Thirteen state medals ... Two-time state relay champ ... Team captain || National Level Competition || Two-time relay All-American || Personal || Son of Tina and Joe Logue ... Born October 5, 1995 ... Advertising major



Tommy LOURO

Freshman • Freshman
Holtsville, N.Y.

DISTANCE • CROSS COUNTRY

Louro's Personal Bests

400m	51.10
600m	1:23.73
800m	1:53.60
1000m	2:30.88
1600m	4:18.28

Before Penn State ... || High School PRs || 400: 51.10 ... 600: 1:23.73 ... 800: 1:53.60 ... 1,000: 2:30.88 ... 1,600: 4:18.28 **|| High School ||** All-state ... All-long island ... All-American ... Eleven-time letterwinner (track & field and cross country) ... Indoor team MVP **|| National Level Competition ||** A member of the sprint medley relay team that placed fourth at the 2013 New Balance Indoor Nationals meet **|| Personal ||** Son of Pamela and Jack Louro ... Born August 30, 1995



Malik MOFFETT

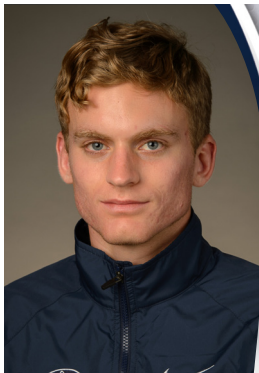
Sophomore • Sophomore
Erie, Pa.

SPRINTS • JUMPS

Moffett's Personal Bests

100m	10.61
200m	21.10
High Jump	6-9

Before Penn State ... Transfer from PSU - Behrend || High School PRs || 100: 10.61 ... 200: 21.10 ... High Jump: 6-9 **|| High School ||** Moffett's track & field team won region and district titles ... Moffett won district titles in the 100-meter dash, high jump, triple jump and the 4x100-meter relay ... Four-year letterwinner in track & field ... Captain and MVP of his track & field team during his junior and senior years **|| Personal ||** Son of Felicia Presley and Chet Moffett ... Born April 11, 1994 ... Communications major



Jordan MAKINS

Freshman • Freshman
Perth, Australia

MID-DISTANCE • CROSS COUNTRY

Makins' Personal Bests

400	49.38
800	1:49.33
1,500	3:52.60

Before Penn State ... || High School PRs || 400: 49.38 ... 800: 1:49.33 ... 1,500: 3:52.60 **|| High School ||** 2008-10 Public School Association (PSA) team champions ... 2008-12 PSA 800-meter run champion ... 2008, 2010-12 PSA 1,500-meter run champion ... 2010-11 PSA 400-meter dash champion **|| National Level Competition ||** 2010 U-16 Australian All Schools gold medal winner in the 800-meter run ... U-17 & U-20 Australia Junior Championships two-time bronze medal winner in the 800-meter run **|| Personal ||** Son of Patti Bjornvik and Roger Makins ... Born April 18, 1995



Luke PEASE

Freshman • Freshman
Haddonfield, N.J.

MULTI-EVENTS

Pease's Personal Bests

100m	11.64
110mH	15.16
400m	53.32
1500m	4:57.53
Discus	112-2
High Jump	5-8
Javelin	188-2
Long Jump	19-6
Pole Vault	14-0
Shot Put	41-2

Before Penn State ... || High School PRs || 100: 11.64 ... 110H: 15.16 ... 400: 53.32 ... 1,500: 4:57.53 ... Discus: 112-2 ... High Jump: 5-8 ... Javelin: 188-2 ... Long Jump: 19-6 ... Pole Vault: 14-0 ... Shot Put: 41-2 **|| High School ||** Group 1 Indoor state relay champions ... Group 1 Indoor state champion (pole vault) ... Two-time letterwinner in track & field ... Two-time captain of the soccer team ... Captain of the track & field team ... All-state in soccer his junior and senior year ... All-conference in lacrosse his sophomore year **|| Personal ||** Son of Beth and Lee Pease ... Born Sept. 23, 1995 ... DUS (business) major



2014-15 MEN'S NEWCOMERS



Mason POST

Freshman • Freshman
State College, Pa.

DISTANCE • CROSS COUNTRY

Post's Personal Bests

400m	49.54
800m	1:57.20

Before Penn State... || **High School PRs** || 400: 49.54 ... 800: 1:57.20 || **High School** || Won back-to-back District Six 400-meter dash titles ... A member of the 4x800-meter relay team that holds both the indoor and outdoor school records ... A member of the 4x800-meter relay team that won both indoor and outdoor state titles ... Named all-state and an All-American in the 4x800-meter relay ... A member of the 4x400-meter relay team that finished sixth at the state meet ... A member of the 4x400-meter relay team that holds both indoor and outdoor school records || **National Level Competition** || A member of the 4x400-meter relay team that placed second in the "Emerging Elite 4x4" at the 2014 New Balance Indoor Nationals meet ... A member of the 4x800-meter relay team that finished fourth at the 2014 New Balance Indoor Nationals meet || **Personal** || Son of Pernille Boving and Eric Post ... Born April 5, 1996



Anthony RUSSELL

Freshman • Freshman
West Chester, Pa.

DISTANCE • CROSS COUNTRY

Russell's Personal Bests

1,600	4:09.53
3,200	8:58.26

Before Penn State... || **High School PRs** || 1,600: 4:09.53 ... 3,200: 8:58.26 ... Cross Country (5k): 14:59 || **High School** || Back-to-back team state champs ... All-state ... All-conference ... Holds the school record in the mile, two-mile and 5k ... Holds the state record in the indoor mile ... Team captain and team MVP ... Won the 1,600-meter run at the 2014 PIAA District One AAA Track & Field Championships ... Won the 3,200-meter run at the 2014 PIAA District One AAA Track & Field Championships || **National Level Competition** || Placed 11th in the 5,000-meter run at the 2013 Nike Cross Nationals meet || **Personal** || Son of Tammy and Anthony Russell ... Born May 4, 1996



Robert RHODES

Junior • Junior
Brooklyn, N.Y.

MID-DISTANCE • CROSS COUNTRY

Rhodes' Personal Bests

400m	47.81
500m	1:02.02
600m	1:17.36
800m	1:49.34

Before Penn State... **Transfer from UConn** || **UConn PRs** || 400: 47.81 ... 500: 1:02.02 ... 600: 1:17.36 ... 800: 1:49.34 || **High School** || All-city ... All-state ... All-American ... Four-year letterwinner in track & field ... Team captain ... Five-time high school All-American ... || **National Level Competition** || Competed in the NCAA East Regionals ... A member of the 2012 indoor high school national championship 4x400-meter relay team ... A member of the 2012 indoor high school national championship 4x800-meter relay team ... A member of the 2012 outdoor high school national championship 4x400-meter relay team ... Finished third in the 500-meter run at the 2012 outdoor high school national championships || **Personal** || Son of Diane and Robert Rhodes ... Born April 21, 1994 ... Math major



Joseph SEGRETO

Freshman • Freshman
Oakdale, N.Y.

THROWS

Segreto's Personal Bests

Discus	150-1
Hammer Throw	204-9
Shot Put	50-1
Weight Throw	68-1

Before Penn State ... || **High School PRs** || Discus: 150-1 ... Hammer Throw: 204-9 ... Shot Put: 50-1 ... Weight Throw: 68-1 || **High School** || All-long island ... New York weight throw champion ... Intersectional hammer throw champion ... Five-year letterwinner in track & field ... Team captain ... Field MVP ... Placed ninth in the weight throw (66-7) at the 2014 New Balance Indoor Nationals ... Finished 10th in the hammer throw (193-4) at the 2014 New Balance Outdoor Nationals || **Personal** || Son of Nancy and Frank Segreto ... Born June 4, 1996 ... Business management major



Morgan SHIGO

Freshman · Freshman
Blandon, Pa.

THROWS

Shigo's Personal Bests

Discus	173-10
Shot Put	58-9.75

Before Penn State... || High School PRs || Discus: 173-10 ... Shot Put: 58-9.75 || **High School ||** All-state in the discus (junior year) ... All-state in the discus and the shot put (senior year) ... Holds the school records in the discus and the shot put ... Four-year letterwinner in track & field ... Three-year letterwinner in football ... Two-time captain in track & field (junior and senior year) ... Two-time MVP in track & field (junior and senior year) ... Team captain in football (senior year) ... Team MVP in football (senior year) || **Personal ||** Son of Maryann and John ... Born February 1, 1996



Bryce WILLIAMS

Freshman · Freshman
State College, Pa.

JUMPS

Williams' Personal Bests

Long Jump	22-10
Triple Jump	48-7.50

Before Penn State... || High School PRs || Long Jump: 22-10 ... Triple Jump: 48-7.50 || **High School ||** 2014 PIAA District Six team champions ... Won the high jump, long jump and triple jump at the 2014 District Six meet ... Named all-state his senior year (Indoor & Outdoor) ... Finished second (46-6.50) in the triple jump at the 2014 PIAA Indoor Championships ... Took third (47-7.25) in the triple jump at the 2014 PIAA Outdoor Championships ... Qualified for the long jump and triple jump at the 2013 PIAA Outdoor Championships ... Won the long jump and triple jump at the 2013 PIAA District Six meet ... Ranks second (triple jump) and third (long jump) all-time at State College Area High School ... Four-year letterwinner in track & field ... Co-captain of the 2013-14 men's basketball team ... || **National Level Competition ||** Placed eighth (47-9.25) in the triple jump at the 2014 New Balance Indoor Nationals meet ... Finished fifth (47-11.75) in the triple jump at the 2014 Penn Relays ... Competed at Outdoor Nationals 2014 in the triple jump || **Personal ||** Son of Precious and Tyrone Parham ... Born June 11, 1996



Xavier SMITH

Freshman · Freshman
Douglasville, Pa.

SPRINTS · RELAYS

Smith's Personal Bests

60m	6.86
100m	10.67
200m	21.50

Before Penn State... || High School PRs || 60: 6.86 ... 100: 10.67 ... 200: 21.50 || **High School ||** Smith's track & field team tallied third-place finishes at county's and districts ... All-state (60-, 100-, 200-meter dash) ... All-county (100-, 200-meter dash, 4x100-, 4x400-meter relay) ... Placed second in the 60-meter dash at the 2014 PIAA Indoor Track & Field Championships ... At the 2014 PIAA Outdoor Track & Field Championships, Smith placed second in the 100-meter dash and took third in the 200-meter dash ... Finished third in the 100-meter dash at the 2013 PIAA Outdoor Track & Field Championships ... Won back-to-back District Three titles in the 100- and 200-meter dash events (2013-14) ... Two-year letterwinner in track & field || **National Level Competition ||** Claimed 12th-place in the 60-meter dash at the 2014 New Balance Nationals Indoor meet || **Personal ||** Son of Regina and Bob Smith ... Born May 29, 1996 ... Kinesiology major

HISTORY AND RECORDS





Year	PSU Athlete	Event	Place	Country	Location
1908	Talbot, Lee	Hammer	5th	United States	London
1920	Barron, Harold	110-Meter High Hurdles	2nd	United States	Antwerp
1920	Helfrich, Alan	1600-Meter Relay	*Alternate	United States	Antwerp
1920	Shields, Larry	1500-Meters	3rd	United States	Antwerp
1920	Shields, Larry	3,000-Meter (Team Run)	1st (Team); 8th Indiv.	United States	Antwerp
1924	Cox, William	10,000-Meters	Unknown	United States	Paris
1924	Cox, William	3,000-Meter (Team Run)	3rd (Team)	United States	Paris
1924	Moore, Charles	110-Meter High Hurdles	*Alternate	United States	Paris
1924	Romig, John	5,000-Meters	4th	United States	Paris
1924	Studenroth, Arthur	5,000-Meters	6th	United States	Paris
1928	Bates, Al	Long Jump	3rd	United States	Amsterdam
1928	Romig, John	10,000-Meters	Unknown	United States	Amsterdam
1932	Rekers, Paul	5,000-Meters	12th	United States	Los Angeles
1940	Ewell, Barney	Sprints	Honorary Olympian	United States	Tokyo
1940	Vukmanic, Nick	Javelin	Honorary Olympian	United States	Tokyo
		** Tokyo Games cancelled due to World War II			
1948	Ewell, Barney	100-Meters	2nd	United States	London
1948	Ewell, Barney	200-Meters	2nd	United States	London
1948	Ewell, Barney	4x100-Meter Relay	1st	United States	London
1948	Goffberg, Herman	10,000-Meters	DNF	United States	London
1948	Stone, Curt	10,000-Meters	6th	United States	London
1952	Ashenfelter, Horace	3,000-Meter Steeplechase	1st	United States	Helsinki
		*8:45.4 (Olympic Record)			
1952	Ashenfelter, William	3,000-Meter Steeplechase	DNF	United States	Helsinki
1952	Stone, Curt	5,000-Meters	6th (Heat)	United States	Helsinki
1952	Stone, Curt	10,000-Meters	15th	United States	Helsinki
1952	Werner, Chick	Assistant Coach	***	United States	Helsinki
1956	Ashenfelter, Horace	3,000-Meter Steeplechase	6th (Heat)	United States	Stockholm
1956	Stone, Curt	5,000-Meters	6th (Heat)	United States	Stockholm
1960	Moran, Ed	1,500-Meters	*Alternate	United States	Rome
1968	Hedmark, Lennart	Decathlon	11th	Sweden	Mexico City
1968	Reilly, Bill	3,000-Meter Steeplechase	5th (Heat)	United States	Mexico City
1972	Hayden, Steve	50K Walk	27th	United States	Munich
1972	Hedmark, Lennart	Decathlon	DNF	Sweden	Munich
1972	Sands, Mike	100-Meters	6th (Heat)	Bahamas	Munich
1972	Sands, Mike	200-Meters	5th (Heat)	Bahamas	Munich
1972	Sands, Mike	4x100-Meter Relay	6th (Heat)	Bahamas	Munich
1976	Hedmark, Lennart	Decathlon	8th	Sweden	Montreal
1976	Hjeltnes, Knut	Discus	7th	Norway	Montreal
1976	Jackson, Al	Hammer	*Alternate	United States	Montreal
1976	Sands, Mike	100-Meters	4th (Heat)	Bahamas	Montreal
1976	Sands, Mike	400-Meters	6th (Heat)	Bahamas	Montreal
1976	Sands, Mike	4x100-Meter Relay	*Relay Pool	Bahamas	Montreal
1980	Fredericks, Greg	10,000-Meters	Honorary Olympian	United States	Moscow
		*U.S. boycotted Moscow Olympics			
1980	Hjeltnes, Knut	Discus	7th	Norway	Moscow
1984	Hjeltnes, Knut	Discus	4th	Norway	Los Angeles
1988	Hjeltnes, Knut	Discus	7th	Norway	Los Angeles
1992	Groves, Harry	Assistant Coach	***	United States	Barcelona
1992	Sands, Mike	Head Manager	***	Bahamas	Barcelona
1992	Walsh, Barry	Decathlon	***	Ireland	Barcelona
1996	Hunter, C.J.	Shot Put	7th	United States	Atlanta
2000	Hunter, C.J.	Shot Put	*DQ	United States	Sydney
2004	Alford-Sullivan, Beth	Assistant Coach	***	United States	Athens
2004	Moore, Consuela	4x100-Meter Relay	*Relay Pool	United States	Athens
2008	Augustus, Toyin	100-Meter Hurdles	7th (Heat)	Nigeria/Beijing	
2008	Barber, Aleesha	100-Meter Hurdles	4th (Heat)	Trinidad and Tobago	Beijing
2012	Blake, Dominique	4x400-Meter Relay	*Relay Pool (3rd)	Jamaica	London
2012	Cox, Shana	400 Meters; 4x400m Relay	7th (Semi-Final)	Great Britain	London
2012	Cox, Shana	4x400-Meter Relay	5th	Great Britain	London
2012	Franek, Bridget	3,000-Meter Steeplechase	14th	United States	London
2012	Nieuwendam, Kirsten	200 Meters	8th (Heat)	Suriname	London

YELLOW - Denotes Olympic Gold Medalist

BOLD - Denotes Olympic Medalist



NCAA CROSS COUNTRY HISTORY

ALL-TIME WOMEN'S TEAM FINISHES (NCAA Era - Since 1981)

Year	Team Place	Team Score	Scoring Finishes	Distance	Host
2013	25th	640 pts	111, 147, 152, 186, 204, 222, 237	6,000-Meters	Indiana State
2012	14th	387 pts	33, 51, 59, 121, 123, 143, 150	6,000-Meters	Louisville
2011	13th	368 pts	10, 39, 85, 93, 141, 167, 173	6,000-Meters	Indiana State
2010	26th	550 pts	82, 96, 106, 124, 142, 154, 167	6,000-Meters	Indiana State
2009	14th	375 pts	24, 69, 77, 90, 115, 163, 168	6,000-Meters	Indiana State
2003	23rd	510 pts	42, 103, 114, 116, 135, 173, 186	6,000-Meters	Northern Iowa
2002	T-25th	568 pts	73, 105, 107, 129, 154, 159, 193	6,000-Meters	Indiana State
1996	11th	270 pts	20, 47, 49, 70, 84, 95, 118	5,000-Meters	Arizona
1994	9th	250 pts	25, 34, 49, 51, 91, 103, 110	5,000-Meters	Arkansas
1993	7th	226 pts	31, 33, 50, 51, 61, 70, 119	5,000-Meters	Lehigh
1992	T-6th	179 pts	24, 33, 36, 37, 49, 55, 104	5,000-Meters	Indiana
1991	13th	328 pts	45, 50, 67, 71, 95, 98, 114	5,000-Meters	Arizona
1987	14th	304 pts	28, 54, 63, 76, 83, 94, 104	5,000-Meters	Virginia
1985	10th	253 pts	11, 55, 58, 64, 65, 89, 98	5,000-Meters	Marquette
1984	14th	305 pts	38, 45, 71, 75, 76, 78, 83	5,000-Meters	Penn State
1983	12th	304 pts	47, 50, 58, 74, 75, 82, 88	5,000-Meters	Lehigh
1982	6th	193 pts	20, 23, 41, 47, 62, 68, 77	5,000-Meters	Indiana
1981	10th	249 pts	39, 41, 53, 54, 62, 64, 69	5,000-Meters	Wichita State

ALL-TIME MEN'S TEAM FINISHES

Year	Team Place	Team Score	Scoring Finishes	Distance	Host
2010	30th	659 pts	52, 77, 171, 179, 180, 189, 193	10,000-Meters	Indiana State
2008	25th	547 pts	64, 93, 112, 118, 160, 173, 194	10,000-Meters	Indiana State
1994	8th	250 pts	35, 41, 46, 60, 68, 125, 143	10,000-Meters	Arkansas
1993	14th	311 pts	18, 43, 73, 87, 90, 92, 109	10,000-Meters	Lehigh
1991	10th	286 pts	18, 36, 69, 73, 90, 107, 124	10,000-Meters	Arizona
1987	12th	304 pts	3, 29, 49, 90, 133, 143	10,000-Meters	Virginia
1986	17th	358 pts	21, 64, 82, 93, 98, 118, 122	10,000-Meters	Arizona
1984	21st	403 pts	57, 60, 69, 104, 113, 122, 142	10,000-Meters	Penn State
1981	14th	379 pts	4, 68, 79, 104, 124, 139	10,000-Meters	Wichita State
1980	3rd	153 pts	5, 12, 18, 52, 66, 91, 106	10,000-Meters	Wichita State
1979	3rd	186 pts	15, 27, 41, 46, 57, 68, 82	10,000-Meters	Lehigh
1978	4th	220 pts	7, 38, 42, 52, 81, 88, 94	10,000-Meters	Wisconsin
1977	12th	346 pts	26, 55, 74, 92, 99, 100, 188	10,000-Meters	Washington State
1976	13th	410 pts	18, 45, 68, 108, 171, 204	10,000-Meters	North Texas
1975	4th	256 pts	Team Places Unavailable	6 Miles	Penn State
1974	10th	279 pts	31, 53, 59, 67, 69, 116, 140	6 Miles	Indiana
1973	10th	252 pts	Team Places Unavailable	6 Miles	Washington State
1972	12th	326 pts	23, 28, 64, 78, 133, 154	6 Miles	Houston
1971	8th	269 pts	13, 38, 46, 83, 89, 147, 176	6 Miles	Tennessee
1970	13th	420 pts	3, 43, 89, 136, 149, 187, 214	6 Miles	William and Mary
1969	10th	352 pts	27, 63, 70, 92, 100, 144, 150	6 Miles	Manhattan College
1968	14th	319 pts	23, 34, 50, 103, 109, 114, 133	6 Miles	Manhattan College
1962	12th	253 pts	6, 51, 61, 65, 70, 75	4 Miles	Michigan State College
1961	8th	203 pts	16, 19, 47, 55, 66, 70, 80	4 Miles	Michigan State College
1960	4th	104 pts	5, 13, 24, 28, 34, 38, 46	4 Miles	Michigan State College
1959	10th	213 pts	5, 18, 51, 58, 81	4 Miles	Michigan State College
1957	9th	206 pts	9, 34, 36, 55, 72	4 Miles	Michigan State College
1956	7th	192 pts	11, 17, 43, 51, 70, 71	4 Miles	Michigan State College
1954	5th	152 pts	12, 14, 38, 42, 46, 67, 91	4 Miles	Michigan State College
1953	4th	97 pts	3, 6, 29, 33, 36, 58, 60	4 Miles	Michigan State College
1952	T-4th	110 pts	6, 19, 24, 28, 33, 56, 61	4 Miles	Michigan State College
1951	4th	122 pts	4, 15, 17, 22, 64, 76	4 Miles	Michigan State College
1950	1st	53 pts	5, 7, 12, 13, 16, 18, 31	4 Miles	Michigan State College
1949	4th	93 pts	10, 11, 13, 29, 30, 34, 41	4 Miles	Michigan State College
1948	4th	118 pts	18, 21, 25, 26, 28, 36, 46	4 Miles	Michigan State College
1947	1st	60 pts	1, 3, 13, 17, 26, 45, 46	4 Miles	Michigan State College
1946	3rd	114 pts	2, 6, 14, 34, 58, 81, 108	4 Miles	Michigan State College
1942	T-1st	57 pts	4, 6, 7, 11, 29, 42, 46	4 Miles	Michigan State College
1941	2nd	110 pts	11, 15, 27, 28, 29, 56, 66	4 Miles	Michigan State College



WOMEN'S NCAA ALL-AMERICANS

<u>Year</u>	<u>Athlete</u>	<u>Place</u>
2011	Caitlin Lane	16
2009	Bridget Franek	26
2008	Bridget Franek	23
2000	Susanne Heyer	14
1996	Kim McGreevy	27
1994	Kim Kelly	25
1992	Kim Kelly	27
1988	Stacy Prey	31
1985	Stacy Prey	23
1982	Doreen Startare	20
1979*	Heather Carmichael	8
1979*	Kathy Mills	4
1978*	Kathy Mills	3
1977*	Kris Bankes	15
1977*	Kathy Mills	1
1976*	Kathy Mills	3
1975*	Liz Cunningham	12
1975*	Liz Berry	15
1975*	Kris Bankes	3

* Denotes finish from "Pre-NCAA" era.

MEN'S NCAA ALL-AMERICANS (Continued)

<u>Year</u>	<u>Athlete</u>	<u>Place</u>
1959	Dick Engelbrink	7
1957	Fred Kerr	13
1953	Bob Hollen	6
1953	Lamont Smith	13
1952	Bob Hollen	7
1951	Bill Ashenfelter	4
1950	Bill Ashenfelter	8
1950	Bob Freebairn	11
1949	Bill Ashenfelter	13
1949	Bob Freebairn	14
1947	Gerry Karver	6
1947	Horace Ashenfelter	2
1946	Curt Stone	2
1946	Gerry Karver	7
1942	Curt Stone	6
1942	Gerry Karver	8
1942	McLain Smith	12
1942	Norm Gordon	4
1941	Norm Gordon	11
1940	Bill Smith	7
1939	Bill Smith	5

MEN'S NCAA ALL-AMERICANS

<u>Year</u>	<u>Athlete</u>	<u>Place</u>
2006	Dan Mazzocco	31
2005	Dan Mazzocco	43
1993	Jake Bartholomy	29
1991	Mark Wimmer	26
1989	Steve Brown	20
1989	Doug Walter	41
1988	Brian Laird	13
1987	Eric Carter	4
1985	Eric Carter	9
1981	Alan Scharsu	5
1980	Alan Scharsu	6
1980	John Zishka	22
1980	Larry Mangan	14
1979	Alan Scharsu	19
1979	John Ziegler	34
1978	Bob Snyder	9
1977	Bob Snyder	9
1976	George Malley	20
1975	George Malley	17
1975	Paul Stemmer	5
1974	George Malley	39
1973	Charlie Maguire	23
1971	Greg Fredericks	20
1970	Greg Fredericks	4
1962	Howie Deardoff	8
1960	Jerry Norman	6



NCAA CROSS COUNTRY HISTORY

Year	Overall	Team	Name	Time	Year	Overall	Team	Name	Time	Year	Overall	Team	Name	Time
1981	43	39	Carmichael, Heather	17:29	1992	27	24	<i>Kelly, Kim</i>	17:56	2008	23	IND	<i>Franek, Bridget</i>	20:31
1981	51	41	Murnane, Patty	17:34	1992	42	33	Hunt, Kelli	18:10	2009	26	24	<i>Franek, Bridget</i>	20:35
1981	69	53	Startare, Doreen	17:58	1992	48	36	Glyde, Colleen	18:13	2009	86	69	Lane, Caitlin	21:11
1981	70	54	Purcell, Monique	17:59	1992	49	37	Kelly, Kris	18:14	2009	94	77	Lord, Nicole	21:16
1981	82	62	Ihrig, Carolyn	18:16	1992	65	49	Minard, Meira	18:21	2009	111	90	Spring, Cheryl	21:23
1981	84	64	Gerken, Heidi	18:19	1992	73	55	Weaver, Jennifer	18:24	2009	142	115	Millhouse, Kara	21:35
1981	90	69	Miley, Sue	18:31	1992	134	104	Hohnka, Mary	19:06	2009	200	163	Ridder, Brooklyne	22:05
1982	28	20	<i>Startare, Doreen</i>	17:38	1993	44	31	Hunt, Kelli	17:29	2009	206	168	Bower, Natalie	22:07
1982	31	23	Carmichael, Heather	17:43	1993	46	33	Weaver, Jennifer	17:30	2010	111	82	Ridder, Brooklyne	21:23
1982	56	41	Updegrove, Natalie	18:05	1993	67	50	McCarthy, Candida	17:41	2010	130	96	Lane, Caitlin	21:34
1982	64	47	Renzi, Paula	18:13	1993	68	51	Kelly, Kim	17:41	2010	140	106	Millhouse, Kara	21:40
1982	82	62	Purcell, Monique	18:38	1993	79	61	Rutkoski, Jamie	17:51	2010	158	124	Bower, Natalie	21:47
1982	89	68	Miley, Sue	18:44	1993	93	70	St. John, Erin	17:59	2010	180	142	Ryan, Maura	22:05
1982	98	77	Gerken, Heidi	18:54	1993	149	119	Hohnka, Mary	18:45	2010	192	154	Graybill, Lindsey	22:12
1983	65	47	Updegrove, Natalie	18:01	1994	35	25	<i>Kelly, Kim</i>	17:46	2010	205	167	Giannotti, Emily	22:18
1983	69	50	White, Meredith	18:04	1994	46	34	St. John, Erin	17:55	2011	16	10	<i>Lane, Caitlin</i>	20:03
1983	78	58	Gerken, Heidi	18:13	1994	68	49	Hunt, Kelli	18:11	2011	59	39	Millhouse, Kara	20:42
1983	99	74	Startare, Doreen	18:34	1994	70	51	Kelly, Kris	18:13	2011	112	85	Bower, Natalie	21:08
1983	100	75	Shafer, Anne	18:35	1994	118	91	Hohnka, Teresa	18:40	2011	123	93	Ridder, Brooklyne	21:12
1983	107	82	Hart, Tammie	18:51	1994	130	103	Harrity, Kim	18:49	2011	177	141	Giannotti, Emily	21:38
1983	113	88	Dickstein, Carol	18:55	1994	137	110	Simmonds, Karen	18:54	2011	203	167	Benson, Abbie	21:45
1984	56	38	Gerken, Heidi	17:26	1995	75	IND	Fidler, Donna	18:21	2011	209	173	Graybill, Lindsey	21:57
1984	64	45	White, Meredith	17:33	1995	91	IND	McGreevy, Kim	18:28	2012	47	33	Perri, Tori	20:21
1984	93	71	Ross, Lisa	18:01	1996	28	20	<i>McGreevy, Kim</i>	18:18	2012	71	51	Simko, Rebekka	20:35
1984	98	75	Shafer, Anne	18:04	1996	66	47	St. John, Erin	18:46	2012	80	59	Ridder, Brooklyne	20:38
1984	100	76	Renzi, Paula	18:05	1996	68	49	Hohnka, Teresa	18:49	2012	156	121	Bower, Natalie	21:09
1984	102	78	Stearns, Cindy	18:06	1996	94	70	Fidler, Donna	19:04	2012	159	123	Rodden, Katie	21:10
1984	107	83	Loht, Holly	18:13	1996	111	84	Hohnka, Lou	19:19	2012	180	143	Anderson, Leigha	21:21
1985	23	11	<i>Prey, Stacia</i>	16:57	1996	123	95	Kern, Jill	19:31	2012	188	150	Giannotti, Emily	21:26
1985	76	55	Ross, Lisa	17:44	1996	147	118	Glitz, Allison	19:56	2013	111	83	Giannotti, Emily	21:23
1985	80	58	Pitcher, Kathy	17:47	1998	150	IND	Davis, Erin	18:40	2013	147	117	Anderson, Leigha	21:38
1985	86	64	Loht, Holly	17:59	1999	94	IND	Bouchard, Stacie	17:59	2013	152	121	Klebe, Marta	21:40
1985	87	65	Kuhn, Kathleen	17:59	2000	14	IND	<i>Heyer, Susanne</i>	21:09	2013	186	152	Rodden, Katie	21:56
1985	113	89	Aston, Amy	18:16	2001	134	IND	Wale, Michelle	22:26	2013	204	167	Gerlach, Tori	22:07
1985	122	98	St. Clair, Katherine	18:39	2002	96	73	Brauksieck, Tracey	21:15	2013	222	184	Underwood, Sarah	22:20
1986	56	IND	Prey, Stacia	18:19	2002	134	105	Landreth, Molly	21:32	2013	237	199	Aldrich, Stephanie	22:36
1987	41	28	Prey, Stacia	17:06	2002	137	107	Wale, Michelle	21:33	Key:				
1987	75	54	Knight, Anne	17:36	2002	161	129	Stevens, Jenny	21:46	IND - Denotes Individual Entrant				
1987	84	63	Hass, Emily	17:43	2002	187	154	Hillard, Katy	21:57	<i>Italics</i> - Denotes All-America finish				
1987	99	76	St. Clair, Katherine	17:52	2002	192	159	Johnson, Tara	22:01	Notes:				
1987	107	83	Moody, Juliann	17:59	2002	229	193	Thomas, Maureen	22:29	* The women's race distance moved from				
1987	118	94	Gold, Lisa	18:12	2003	56	42	Landreth, Molly	20:55	5,000-meters to 6,000-meters in 2000.				
1987	128	104	Quinn, Ann Marie	18:32	2003	131	103	Thomas, Maureen	21:26	* Results since NCAA era began in 1981.				
1988	31	IND	<i>Prey, Stacia</i>	17:17	2003	143	114	Stevens, Jenny	21:31					
1990	43	IND	Nelson, Wendy	17:10	2003	147	116	Wale, Michelle	21:32					
1991	63	45	Kelly, Kim	17:53	2003	171	135	Johnson, Tara	21:45					
1991	69	50	Kelly, Kris	17:56	2003	211	173	Lenge, Chelsea	22:10					
1991	94	67	Morrow, Laurie	18:19	2003	224	186	Brauksieck, Tracey	22:20					
1991	98	71	Martin, Leslee	18:21	2006	173	IND	Franek, Bridget	22:41					
1991	123	95	Weaver, Jennifer	18:40	2007	57	IND	Franek, Bridget	21:14					
1991	127	98	Dougan, Dana	18:44										
1991	144	114	Hunt, Kelli	18:59										

NCAA CROSS COUNTRY HISTORY



Year	Overall	Team	Name	Time	Year	Overall	Team	Name	Time	Year	Overall	Team	Name	Time
1938	5	IND	Smith, Bill	20:49	1951	4	4	Ashenfelter, Bill	20:32	1961	26	16	Norman, Gerald	20:55
1940	7	IND	Smith, Bill	20:55	1951	17	15	Hollen, Robert	20:54	1961	29	19	Deardorff, Howard	20:58
1940	60	IND	Snyder, Chester	22:37	1951	21	17	Foster, Dudley	21:00	1961	67	47	Bassett, Lionel	21:36
1940	63	IND	Kotz, Vernard	22:50	1951	26	22	Horner, Jackson	21:09	1961	75	55	Noll, Ernest	21:48
1941	11	11	Gordon, Norm	21:05	1951	72	64	Hamill, James	22:00	1961	89	66	Moorhead, Steven	22:09
1941	16	15	Goffberg, Herm	21:30	1951	85	76	Chillrud, John	22:25	1961	93	70	Miller, Michael	22:18
1941	28	27	Bourgerie, Alex	21:57	1952	7	6	Hollen, Robert	20:00	1961	105	80	Imswiler, Ted	22:40
1941	29	28	Stone, Curtis	21:59	1952	25	19	Hamill, James	20:36	1962	8	6	Deardorff, Howard	19:51
1941	30	29	Smith, McLane	22:00	1952	30	24	Horner, Jackson	20:42	1962	59	51	Bassett, Lionel	20:51
1941	61	56	Thiel, Harold	22:45	1952	34	28	Linder, Stanley	20:51	1962	75	61	Nichols, Joseph	21:05
1941	76	66	Kotz, Verard	23:22	1952	39	33	Smith, Lamont	20:58	1962	82	65	Lampman, Richard	21:17
1942	5	4	Gordon, Norm	21:07	1952	67	56	Chillrud, John	21:26	1962	90	70	Tuft, Richard	21:27
1942	7	6	Stone, Curtis	21:12	1952	72	61	Austin, Don	21:38	1962	98	75	Imswiler, Ted	21:38
1942	9	7	Karver, Gerald	21:15	1953	6	3	Hollen, Robert	20:16	1967	17	IND	Smith, Raymond	32:23
1942	13	11	Smith, McLane	21:23	1953	13	6	Smith, Lamont	20:29	1968	38	23	Schurk, Michael	30:24
1942	32	29	Horne, Howard	22:17	1953	30	19	Moorhead, Douglas	20:46	1968	58	34	Sheaffer, Albert	30:49
1942	48	42	Beach, Joseph	22:55	1953	49	33	Hamill, James	21:04	1968	78	50	Peterson, Philip	31:08
1942	52	46	Williams, Rufus	23:15	1953	53	36	Garrett, Theodore	21:15	1968	154	103	Kissell, Ralph	32:17
1946	2	2	Stone, Curtis	20:24	1953	80	58	McKelvey, James	22:29	1968	162	109	Smith, Raymond	32:26
1946	8	6	Karver, Gerald	21:01	1953	84	60	Chillrud, John	22:42	1968	167	144	Dickson, James	32:35
1946	19	14	Ashenfelter, Horace	21:28	1954	20	12	Moorhead, Douglas	20:44	1968	191	133	Gentry, Steve	33:12
1946	40	34	Longnecker, Donald	22:04	1954	24	14	Garrett, Theodore	21:29	1969	45	27	Fredericks, Greg	30:43
1946	69	58	Williams, Mitchell	22:33	1954	52	38	Chillrud, John	21:29	1969	95	63	Henderson, Gerald	31:38
1946	94	81	Horne, Howard	23:02	1954	56	42	Woodrow, Donald	21:32	1969	105	70	Chadwick, Matthew	31:46
1946	124	108	Shuman, William	23:53	1954	60	46	Pastorius, James	21:35	1969	134	92	Kissell, Ralph	32:16
1947	2	1	Ashenfelter, Horace	20:45	1954	83	67	Roberts, Paul	22:18	1969	147	100	Deardorff, Jeffrey	32:29
1947	6	3	Karver, Gerald	21:03	1954	107	91	Mowrey, Donald	23:50	1969	201	144	Alland, James	33:24
1947	17	13	Lennox, Frederick	21:49	1956	17	11	Woodrow, Donald	20:45	1969	208	150	Dixon, James	33:31
1947	32	26	Longnecker, Donald	22:11	1956	23	17	Kerr, Fred	20:54	1970	4	3	Fredericks, Greg	28:12
1947	52	45	Bates, John	22:38	1956	54	43	Thompson, Robert	21:39	1970	64	43	Maguire, Charlie	29:31
1947	53	46	Auman, Robert	22:40	1956	66	51	Schoenebeck, C.	21:47	1970	128	89	Allahand, James	30:06
1948	24	18	Longnecker, Donald	21:09	1956	85	70	Moran, Edward	22:22	1970	185	136	Supulski, Daniel	30:34
1948	28	21	St. Clair, John	21:12	1956	86	71	Kirby, William	22:26	1970	199	149	Miller, James	30:42
1948	32	25	Bates, John	21:21	1957	13	9	Kerr, Fred	20:10	1970	243	187	McClure, James	31:30
1948	33	26	Williams, Mitchell	21:22	1957	42	34	Moran, Edward	20:51	1970	277	214	Kissell, Ralph	32:13
1948	35	28	Ashenfelter, Horace	21:28	1957	44	36	Engelbrink, Richard	20:53	1971	20	13	Fredericks, Greg	30:16
1948	44	26	Porto, Albert	21:39	1957	67	55	Thompson, Joseph	21:23	1971	62	38	Maguire, Charlie	31:05
1948	55	46	McCall, John	21:49	1957	87	72	King, Charles	21:48	1971	78	46	Supulski, Daniel	31:13
1949	13	10	Ashenfelter, Don	20:55	1959	7	5	Engelbrink, Richard	21:14	1971	134	83	Hillman, Robert	31:53
1949	14	11	Freebairn, Bob	20:55	1959	28	18	Weber, Herman	21:57	1971	142	89	Allahand, James	32:01
1949	16	13	Porto, Albert	20:59	1959	69	51	Moorhead, Steven	22:53	1971	220	147	Chadwick, Matthew	32:48
1949	34	29	Gordon, William	21:28	1959	78	58	Johnson, Dennis	23:17	1971	265	176	Fullmer, John	34:17
1949	35	30	St. Clair, John	21:29	1959	106	81	Miller, Michael	24:37	1972	38	23	Maguire, Charlie	29:38
1949	39	34	Ashenfelter, Bill	21:33	1960	6	5	Norman, Gerald	20:07	1972	47	28	Gittings, Gary	29:42
1949	46	41	Parsons, Bob	21:41	1960	17	13	Weber, Herman	20:35	1972	96	64	Secord, Ronald	30:19
1950	8	5	Ashenfelter, Bill	21:05	1960	34	24	Deardorff, Howard	21:01	1972	113	78	Allahand, James	30:32
1950	11	7	Freebairn, Bob	21:12	1960	38	28	Moorhead, Steven	21:03	1972	192	133	Chadwick, Matthew	32:55
1950	16	12	St. Clair, Don	21:34	1960	46	34	Bassett, Lionel	21:15	1972	219	154	Supulski, Daniel	33:56
1950	17	13	Gordon, William	21:36	1960	51	38	Noll, Ernest	21:24	1973	23	16	Maguire, Charlie	29:13
1950	20	16	Foster, Dudley	21:41	1960	63	46	Johnson, Dennis	21:49	1973	71	37	Malley, George	29:58
1950	23	18	Ashenfelter, Don	21:45						1973	98	53	Hillman, Robert	30:19
1950	38	31	Porto, Albert	22:45						1973	110	59	Secord, Ronald	30:24
										1973	137	79	Gittings, Gary	30:39



NCAA CROSS COUNTRY HISTORY

Year	Overall	Team	Name	Time	Year	Overall	Team	Name	Time	Year	Overall	Team	Name	Time
1974	34	31	<i>Malley, George</i>	30:49	1984	81	57	Haley, Clark	31:10	1994	48	35	McGlynn, Tom	31:28
1974	76	53	Secord, Ronald	31:21	1984	85	60	Carter, Eric	31:14	1994	56	41	Bartholomy, Jake	31:42
1974	85	59	Majak, Walter	31:27	1984	95	69	Hudson, Robert	31:28	1994	61	46	Hamer, Bob	31:46
1974	95	67	Stemmer, Paul	31:34	1984	135	104	Shisler, Steve	32:03	1994	77	60	Gilkes, Artie	32:04
1974	97	69	Wilson, Kenneth	31:35	1984	???	113	???	???	1994	87	68	Arosemena, Che	32:10
1974	166	116	Christopher, George	31:35	1984	153	122	Detuerk, Stephen	32:30	1994	152	125	Simmons, Jamie	33:34
1974	197	140	Augustin, Paul	32:36	1984	173	142	Mackley, Paul	33:22	1994	170	143	Oliver, Steve	34:28
1975	5	*	<i>Stemmer, Paul</i>	28:58	1985	9	IND	<i>Carter, Eric</i>	30:03	1997	114	IND	Drager, Austin	31:36
1975	17	*	<i>Malley, George</i>	29:14	1986	35	21	Carter, Eric	31:47	2003	81	IND	Mazzocco, Dan	30:44
1975	80	*	Wilson, Kenneth	30:08	1986	84	64	Laird, David	32:37	2004	78	IND	Mazzocco, Dan	32:24
1975	125	*	Christopher, George	30:30	1986	104	82	McGarry, Rich	32:47	2005	43	IND	<i>Mazzocco, Dan</i>	30:23
1975	144	*	Majak, Walter	30:40	1986	118	93	Balkey, Steve	33:07	2006	31	IND	<i>Mazzocco, Dan</i>	31:37
1975	222	*	Secord, Ronald	31:28	1986	123	98	Jendricks, Keith	33:11	2008	81	64	Dawson, Kyle	30:45
1975	246	*	Baden, Bruce	31:59	1986	144	118	McCafferty, Bill	33:41	2008	114	93	McNally, Vince	31:00
1976	20	18	<i>Malley, George</i>	29:07	1986	148	122	McMillan, David	33:55	2008	141	112	McCandless, Tyler	31:10
1976	68	45	Baden, Bruce	29:49	1987	4	3	<i>Carter, Eric</i>	29:21	2008	148	118	Mahoney, John	31:14
1976	100	68	Ziegler, John	30:02	1987	42	29	McMillan, David	30:15	2008	197	160	O'Connor, Dennis	31:46
1976	166	108	Majak, Walter	30:34	1987	70	49	Balkey, Steve	30:40	2008	210	173	Quinn, Teddy	31:56
1976	242	171	Nicholson, John	31:28	1987	119	90	Novak, Jeffrey	31:21	2008	232	194	Fuller, Brian	32:25
1976	282	204	Snyder, Robert	32:36	1987	163	133	Accardi, Vinny	32:23	2009	134	IND	McNally, Vince	31:14
1977	34	26	<i>Snyder, Robert</i>	29:53	1987	173	143	Laird, Brian	32:50	2010	64	52	Dawson, Kyle	30:43
1977	83	55	Rapp, Thomas	30:35	1988	13	10	<i>Laird, Brian</i>	29:47	2010	92	77	McNally, Vince	31:05
1977	106	74	Ziegler, John	30:49	1988	91	68	Frazier, Ken	31:09	2010	203	171	Dawson, Owen	32:12
1977	131	92	Wyatt, Michael	31:03	1988	94	70	Walter, Doug	31:10	2010	212	179	Pawola, Danny	32:28
1977	143	99	Felice, Dave	31:11	1988	103	79	Brown, Steve	31:15	2010	213	179	Cipro, Chris	32:30
1977	144	100	Baden, Bruce	31:12	1988	118	91	Novak, Jeffrey	31:26	2010	222	189	Foster, Ryan	32:47
1977	244	188	Cooper, James	32:58	1988	124	*	O'Reilly, Aidan	31:32	2010	226	193	Scarpello, Nick	32:53
1978	9	7	<i>Snyder, Robert</i>	29:48	1988	217	*	Accardi, Vinny	33:12	2011	73	IND	Dawson, Kyle	30:36
1978	54	38	Ziegler, John	30:36	1989	20	12	<i>Brown, Steve</i>	30:23	2011	103	IND	McNally, Vince	30:48
1978	61	42	Mangan, Larry	30:41	1989	41	25	<i>Walter, Doug</i>	30:49	2012	231	IND	Masters, Sam	32:25
1978	73	52	Baden, Bruce	30:50	1989	104	78	Frazier, Ken	31:45	2013	78	IND	Fischer, Matt	31:06
1978	113	81	Rapp, Thomas	31:11	1989	141	113	Anderson, Mark	32:23					
1978	120	88	Scharsu, Alan	31:19	1989	146	118	Novak, Jeffrey	32:29					
1978	129	94	Wyatt, Michael	31:27	1989	159	131	Heffner, Doug	33:03					
1979	19	15	<i>Scharsu, Alan</i>	29:39	1989	173	145	Castillo, Mike	33:45					
1979	34	27	Ziegler, John	29:59	1991	26	18	<i>Wimmer, Mark</i>	31:09					
1979	55	41	Mangan, Larry	30:26	1991	53	36	Gough, Robert	31:55					
1979	65	46	Adkins, Jeff	30:37	1991	88	69	Moore, Ronald	32:22					
1979	81	57	Rapp, Thomas	30:48	1991	93	73	O'Reilly, Aidan	32:24					
1979	95	68	Garcia, Rich	30:55	1991	112	90	Morrow, Austin	32:44					
1979	117	82	Clelland, Steve	31:11	1991	132	107	Scott, Andrew	33:07					
1980	7	5	<i>Scharsu, Alan</i>	29:25	1991	152	124	Mellott, Philip	33:47					
1980	14	12	<i>Mangan, Larry</i>	29:48	1992	64	IND	Wimmer, Mark	32:22					
1980	22	18	<i>Zishka, John</i>	29:55	1993	29	18	<i>Bartholomy, Jake</i>	30:32					
1980	78	52	Rapp, Thomas	30:44	1993	58	43	Hamer, Bob	31:00					
1980	95	66	Stephens, Dwight	30:52	1993	95	73	Steiner, Leif	31:33					
1980	126	91	Garcia, Rich	31:14	1993	109	87	Pritchard, Jon	31:43					
1980	144	106	Adkins, Jeff	31:25	1993	112	90	McGlynn, Tom	31:45					
1981	6	4	<i>Scharsu, Alan</i>	29:30	1993	115	92	Cooper, Ken	31:48					
1981	94	68	Enright, Barry	31:01	1993	134	109	Stants, Harry	32:09					
1981	106	79	Black, Gary	31:13										
1981	137	104	Stephens, Dwight	31:41										
1981	160	124	Althouse, Brad	32:09										
1981	175	139	Adkins, Jeff	32:37										
1982	134	IND	Adkins, Jeff	32:42										

Key:

IND - Denotes Individual Entrant

Italics - Denotes All-America finish



ALL-TIME MEN'S INDOOR ALL-AMERICANS (BY YEAR)

Year	Name	Event	Finish	Year	Name	Event	Finish
1965	Bedick, Tom	2-Mile Relay	6th	1998	McNutt, Neal	Weight Throw	7th
1965	Lampman, Dick	2-Mile Relay	6th	1999	Gorham, John	Long Jump	12th
1965	Morris, Art	2-Mile Relay	6th	1999	Audu, George	Long Jump	5th
1965	Reilly, Bill	2-Mile Relay	6th	2002	Olkowski, Ryan	200-Meters	8th
1965	Kauffman, Roger	Weight Throw	4th	2002	Olkowski, Ryan	High Jump	5th
1974	Sands, Mike	440-Yards	3rd	2003	Nichols, Chavous	Triple Jump	9th
1974	Maguire, Charlie	3-Mile	3rd	2007	Fritz, Ryan	High Jump	5th
1975	Sands, Mike	440-Yards	1st	2009	Fritz, Ryan	High Jump	T-3rd
1975	Shine, Mike	60-Meter Hurdles	6th	2010	Williams, Lionel	800-Meters	11th
1975	Hackman, Steve	Mile Relay	4th	2010	Foster, Ryan	800-Meters	3rd
1975	Moser, Randy	Mile Relay	4th	2010	Dawson, Owen	800-Meters	8th
1975	Sands, Mike	Mile Relay	4th	2010	Kovacs, Joe	Shot Put	3rd
1975	Shine, Mike	Mile Relay	4th	2010	Eaton, Blake	Shot Put	8th
1975	Hjeltnes, Knut	Shot Put	5th	2011	Gehret, Brady	400-Meters	3rd
1976	Sands, Mike	440-Yards	3rd	2011	Foster, Ryan	Mile	3rd
1976	Jackson, Al	Weight Throw	4th	2011	Nadolsky, Aaron	4x400-Meter Relay	5th
1977	Stemmer, Paul	3-Mile	6th	2011	Williams, Lionel	4x400-Meter Relay	5th
1978	Snyder, Bob	2-Mile	8th	2011	Loxsom, Casimir	4x400-Meter Relay	5th
1978	Falco, Keith	DMR	3rd	2011	Gehret, Brady	4x400-Meter Relay	5th
1978	McHugh, Chris	DMR	3rd	2012	Gehret, Brady	4x400-Meter Relay	2nd
1978	Rapp, Tom	DMR	3rd	2012	Loxsom, Casimir	4x400-Meter Relay	2nd
1978	Wyatt, Mike	DMR	3rd	2012	Nadolsky, Aaron	4x400-Meter Relay	2nd
1979	Snyder, Bob	2-Mile	8th	2012	Bennett-Green, Brandon	4x400-Meter Relay	2nd
1979	Scharsu, Alan	3-Mile	6th	2013	Loxsom, Casimir	800-Meters	2nd
1980	Scharsu, Alan	3-Mile	4th	2013	Kidder, Brannon	DMR	2nd
1981	Zishka, John	2-Mile	3rd	2013	Bennett-Green, Brandon	DMR	2nd
1982	Souza, Paul	High Jump	7th	2013	Watkins, Za'Von	DMR	2nd
1983	Cook, Mike	2-Mile Relay	3rd	2013	Creese, Robby	DMR	2nd
1983	McLaughlin, Paul	2-Mile Relay	3rd	2013	Barr, Will	Weight Throw	6th
1983	Moore, Randy	2-Mile Relay	3rd	2014	Za'Von Watkins	800-Meters	7th
1983	Wynn, Ken	2-Mile Relay	3rd	2014	Steve Waithe	Triple Jump	6th
1983	Shenk, Todd	Weight Throw	10th	2014	Will Barr	Weight Throw	8th
1984	Shenk, Todd	Weight Throw	T-9th				
1985	Moore, Randy	800-Meters	3rd				
1985	Hudson, Bob	DMR	4th				
1985	Overheim, Mark	DMR	4th				
1985	Robinson, Barry	DMR	4th				
1985	Watson, Vance	DMR	4th				
1987	Balkey, Steve	4x800-Meter Relay	6th				
1987	Levitre, Ray	4x800-Meter Relay	6th				
1987	McMillan, David	4x800-Meter Relay	6th				
1987	Mills, Chris	4x800-Meter Relay	6th				
1988	Balkey, Steve	Mile	10th				
1989	Timpson, Michael	200-Meters	8th				
1989	Hunter, C.J.	Shot Put	2nd				
1990	Hunter, C.J.	Shot Put	1st				
1991	Caraher, Phil	Shot Put	2nd				
1994	Caldwell, R.B.	DMR	6th				
1994	Hamer, Bob	DMR	6th				
1994	Mellott, Phil	DMR	6th				
1994	Robbins, James	DMR	6th				
1994	Davis, Antonio	Triple Jump	9th				
1998	Gorham, John	Long Jump	7th				

BOLD - Denotes NCAA Champion



NCAA INDOOR HISTORY

ALL-TIME MEN'S INDOOR ALL-AMERICANS (BY EVENT)

200 Meters

Timpson, Michael	8th	1989
Olkowski, Ryan	8th	2002

400 Meters

Sands, Mike	3rd	1974
Sands, Mike	1st	1975
Sands, Mike	3rd	1976
Gehret, Brady	3rd	2011

* 440 yds prior to 1984

800 Meters

Moore, Randy	3rd	1985
Williams, Lionel	11th	2010
Foster, Ryan	3rd	2010
Dawson, Owen	8th	2010
Loxsom, Casimir	2nd	2013
Watkins, Za'Von	7th	2014

* 880 yds prior to 1984

Mile

Balkey, Steve	10th	1988
Foster, Ryan	3rd	2011

3000 Meters

Snyder, Bob	8th	1978
Snyder, Bob	8th	1979
Zishka, John	3rd	1981

* 2-Miles prior to 1984

200 Meters

Maguire, Charlie	3rd	1974
Stemmer, Paul	6th	1977
Scharsu, Alan	6th	1979
Scharsu, Alan	4th	1980

* 3-Miles prior to 1984

60-Meter Hurdles

Shine, Mike	60-Meter Hurdles	6th	1975
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* 60-yard hurdles prior to 1984

4x400-Meter Relay

Mike Sands, Steve Hackman, Randy Moser, Mike Shine	4th	1975
Aaron Nadolsky, Lionel Williams, Casimir Loxsom, Brady Gehret	5th	2011
Aaron Nadolsky, Brandon Bennett-Green, Casimir Loxsom, Brady Gehret	2nd	2012

* Mile Relay prior to 1984

Distance Medley Relay

Chris McHugh, Keith Falco, Mike Wyatt, Tom Rapp	3rd	1978
Vance Watson, Barry Robinson, Bob Hudson, Mark Overheim	4th	1985
R. B. Caldwell, James Robbins, Phil Mellott, Bob Hamer	6th	1994
Brannon Kidder, Brandon Bennett-Green, Za'Von Watkins, Robby Creese	2nd	2013

High Jump

Souza, Paul	7th	1982
Olkowski, Ryan	5th	2002
Fritz, Ryan	5th	2007
Fritz, Ryan	T-3rd	2009

Long Jump

Gorham, John	7th	1998
Gorham, John	12th	1999
Audu, George	5th	1999

Triple Jump

Davis, Antonio	9th	1994
Nichols, Chavous	9th	2003
Waithe, Steve	6th	2014

Shot Put

Hjeltnes, Knut	5th	1975
Hunter, C.J.	2nd	1989
Hunter, C.J.	1st	1990
Caraher, Phil	2nd	1991
Kovacs, Joe	3rd	2010
Eaton, Blake	8th	2010

Weight Throw

Kauffman, Roger	4th	1965
Jackson, Al	4th	1976
Shenk, Todd	10th	1983
Shenk, Todd	T-9th	1984
McNutt, Neal	7th	1998
Barr, Will	6th	2013
Barr, Will	8th	2014

4x800-Meter Relay (Discontinued)

Bill Reilly, Dick Lampman.	6th	1965
Art Morris, Tom Bedick Paul McLaughlin, Randy Moore, Ken Wynn, Mike Cook	3rd	1983
Steve Balkey, Dave McMillan, Chris Mills, Ray Levitre	6th	1987



ALL-TIME WOMEN'S INDOOR ALL-AMERICANS (BY YEAR)

Year	Name	Event	Finish	Year	Name	Event	Finish
1980**	Rawe, Mary	2000-Meters	2nd	2007	Cox, Shana	4x400-Meter Relay	4th
1980**	Carmichael, Heather	5000-Meters	6th	2007	Simmons, Briene	4x400-Meter Relay	4th
1980**	Cleary, Peggy	5000-Meters	5th	2008	Cox, Shana	400-Meters	4th
1981**	Mills, Kathy	5000-Meters	4th	2008	Franek, Bridget	3000-Meters	10th
1981**	Fales, Penny	DMR	4th	2008	Franek, Bridget	5000-Meters	7th
1981**	Hart, Tammie	DMR	4th	2008	Barber, Aleesha	60-Meter Hurdles	8th
1981**	Rawe, Mary	DMR	4th	2008	Barber, Aleesha	4x400-Meter Relay	5th
1981**	Startare, Doreen	DMR	4th	2008	Blake, Dominique	4x400-Meter Relay	5th
1982**	Hart, Tammie	880 Yards	4th	2008	Cox, Shana	4x400-Meter Relay	5th
1982**	Pioli, Terri	880 Yards	6th	2008	Dorr, Fawn	4x400-Meter Relay	5th
1982**	Murnane, Patty	Mile	4th	2008	Hunter, Gayle	Pentathlon	5th
1982**	Ihrig, Carolyn	2-Mile	8th	2009	Greaves, Shavon	200-Meters	10th
1982**	Hart, Tammie	DMR	5th	2009	Franek, Bridget	5000-Meters	4th
1982**	Ihrig, Carolyn	DMR	5th	2009	Barber, Aleesha	60-Meter Hurdles	4th
1982**	Murnane, Patty	DMR	5th	2009	Barber, Aleesha	4x400-Meter Relay	3rd
1982**	Startare, Doreen	DMR	5th	2009	Dorr, Fawn	4x400-Meter Relay	3rd
1982**	Riddick, Vivian	Long Jump	5th	2009	Greaves, Shavon	4x400-Meter Relay	3rd
1982**	Sobansky, Elaine	Shot Put	3rd	2009	Hunter, Gayle	4x400-Meter Relay	3rd
1983	Startare, Doreen	Mile	7th	2009	Hunter, Gayle	Pentathlon	2nd
1983	Sobansky, Elaine	Shot Put	3rd	2010	Greaves, Shavon	60-Meters	11th
1984	Cassel, Judi	4x800-Meter Relay	6th	2010	Greaves, Shavon	200-Meters	3rd
1984	Gerken, Heidi	4x800-Meter Relay	6th	2010	Dorr, Fawn	400-Meters	5th
1984	Hart, Tammie	4x800-Meter Relay	6th	2010	Franek, Bridget	3000-Meters	7th
1984	Stever, Beth	4x800-Meter Relay	6th	2010	Franek, Bridget	5000-Meters	4th
1984	Sobansky, Elaine	Shot Put	2nd	2011	Anyanwu, Doris	4x400-Meter Relay	6th
1985	Renzi, Paula	3000-Meters	3rd	2011	Greaves, Shavon	4x400-Meter Relay	6th
1990	Prey, Stacy	5000-Meters	4th	2011	Iheoma, Ijeoma	4x400-Meter Relay	6th
1993	Kelly, Kim	5000-Meters	6th	2011	Duncan, Megan	4x400-Meter Relay	6th
1996	Bosler, Erica	DMR	4th	2014	Jones, Mahagony	200-Meters	3rd
1996	Huelster, Sue	DMR	4th	2014	Seymour, Kiah	400-Meters	6th
1996	McGreevy, Kim	DMR	4th	2014	McGee, Dynasty	4x400-Meter Relay	5th
1996	St. John, Erin	DMR	4th	2014	Jones, Mahagony	4x400-Meter Relay	5th
1997	McGreevy, Kim	Mile	7th	2014	Rhodes, Tichina	4x400-Meter Relay	5th
1999	Walker, Shakeema	Long Jump	3rd	2014	Seymour, Kiah	4x400-Meter Relay	5th
1999	Walker, Shakeema	Triple Jump	7th	2014	Howell, Brittney	Pentathlon	7th
2001	Moore, Connie	200-Meters	7th				
2002	Moore, Connie	200-Meters	9th				
2003	Moore, Connie	200-Meters	9th				
2003	Aduba, Chi-Chi	Long Jump	5th				
2003	Aduba, Chi-Chi	Long Jump	5th				
2003	Aduba, Chi-Chi	Triple Jump	4th				
2004	Moore, Connie	60-Meters	6th				
2004	Moore, Connie	200-Meters	3rd				
2004	Aduba, Chi-Chi	Triple Jump	7th				
2004	O'Connor, Ja'Nai	Shot Put	5th				
2005	Cox, Shana	400-Meters	11th				
2005	Leatherman, Jennifer	Shot Put	9th				
2005	Leatherman, Jennifer	Weight Throw	4th				
2006	Cox, Shana	400-Meters	7th				
2006	Leatherman, Jennifer	Weight Throw	3rd				
2007	Cox, Shana	400-Meters	7th				
2007	Simmons, Briene	800-Meters	7th				
2007	Barber, Aleesha	4x400-Meter Relay	4th				
2007	Blake, Dominique	4x400-Meter Relay	4th				

** Denotes finish in AIAW. The first women's NCAA-sponsored Indoor Championship was contested in 1983.



NCAA INDOOR HISTORY

ALL-TIME WOMEN'S INDOOR ALL-AMERICANS (BY EVENT)

60 Meters

Moore, Connie	6th	2004
Greaves, Shavon	11th	2010

200 Meters

Moore, Connie	7th	2001
Moore, Connie	9th	2002
Moore, Connie	9th	2003
Moore, Connie	3rd	2004
Greaves, Shavon	10th	2009
Greaves, Shavon	3rd	2010
Jones, Mahogany	3rd	2014

400 Meters

Cox, Shana	11th	2005
Cox, Shana	7th	2006
Cox, Shana	7th	2007
Cox, Shana	4th	2008
Dorr, Fawn	5th	2010
Seymour, Kiah	6th	2014

800 Meters

<i>* 880 yds prior to 1984</i>		
Hart, Tammie	4th	**1982
Pioli, Terri	6th	**1982
Simmons, Briene	7th	2007

Mile

Murnane, Patty	4th	**1982
Startare, Doreen	7th	1983
McGreevy, Kim	7th	1997

3000 Meters

<i>* 2-Miles prior to 1984</i>		
Ihrig, Carolyn	8th	**1982
Renzi, Paula	3rd	1985
Franek, Bridget	10th	2008
Franek, Bridget	7th	2010

5000 Meters

Carmichael, Heather	6th	**1980
Cleary, Peggy	5th	**1980
Mills, Kathy	4th	**1981
Prey, Stacy	4th	1990
Kelly, Kim	6th	1993
Franek, Bridget	7th	2008
Franek, Bridget	4th	2009
Franek, Bridget	4th	2010

60-Meter Hurdles

Barber, Aleesha	8th	2008
Barber, Aleesha	4th	2009

4x400-Meter Relay

Dominique Blake, Briene Simmons, Shana Cox, Aleesha Barber	4th	2007
Dominique Blake, Shana Cox, Aleesha Barber, Fawn Dorr	5th	2008
Fawn Dorr, Shavon Greaves, Aleesha Barber, Gayle Hunter	3rd	2009
Doris Anyanwu, Ije Iheoma, Shavon Greaves, Megan Duncan	6th	2011
Dynasty McGee, Mahogany Jones, Tichina Rhodes, Kiah Seymour	5th	2014

Distance Medley Relay

Penny Fales, Mary Rawe, Tammie Hart, Doreen Startare	4th	**1981
Tammie Hart, Carolyn Ihrig, Patty Murnane, Doreen Startare	5th	**1982
Sue Huelster, Erica Bosler, Erin St. John, Kim McGreevy	4th	1996

Long Jump

Riddick, Vivian	5th	**1982
Walker, Shakeema	3rd	1999
Aduba, Chi-Chi	5th	2003
Aduba, Chi-Chi	5th	2003

Triple Jump

Walker, Shakeema	7th	1999
Aduba, Chi-Chi	4th	2003
Aduba, Chi-Chi	7th	2004

Shot Put

Sobansky, Elaine	3rd	**1982
Sobansky, Elaine	3rd	1983
Sobansky, Elaine	2nd	1984
O'Connor, Ja'Nai	5th	2004
Leatherman, Jennifer	9th	2005

Weight Throw

Leatherman, Jennifer	4th	2005
Leatherman, Jennifer	3rd	2006

Pentathlon

Hunter, Gayle	5th	2008
Hunter, Gayle	2nd	2009
Howell, Brittney	7th	2014

2000 Meters (Discontinued)

Rawe, Mary	2nd	**1980
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4x800-Meter Relay (Discontinued)

Beth Stever, Judi Cassell, Haidi Gerken, Tammie Hart	6th	1984
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** Denotes finish in AIAW. The first women's NCAA-sponsored Indoor Championship was contested in 1983.



ALL-TIME MEN'S OUTDOOR ALL-AMERICANS (BY YEAR)

Year	Name	Event	Finish	Year	Name	Event	Finish
1921	Romig, John	2-Mile	1st	1983	Garcia, Rick	3000 Steeplechase	9th
1922	Helffrich, Alan	880 Yards	1st	1985	Moore, Randy	800-Meters	4th
1922	Shields, Larry	Mile	1st	1985	Kleban, Rick	Decathlon	5th
1922	Barron, Harold	120 yd HH	1st	1986	Carter, Eric	10,000-Meters	10th
1923	Helffrich, Alan	880 Yards	1st	1987	Levitre, Ray	800-Meters	2nd
1923	Enck, Schuyler	Mile	1st	1987	Balkey, Steve	1500-Meters	6th
1938	Vukmanic, Nick	Javelin	1st	1987	Carter, Eric	10,000-Meters	7th
1939	Vukmanic, Nick	Javelin		1987	Masgay, Dave	Decathlon	7th
1940	Ewell, Barney	100 Yards	1st	1988	Timpson, Michael	200-Meters	10th
1940	Ewell, Barney	220 Yards	1st	1988	Balkey, Steve	1500-Meters	5th
1940	Ewell, Barney	Long Jump		1988	Hunter, C.J.	Shot Put	5th
1940	Vukmanic, Nick	Javelin	4th	1989	Hunter, C.J.	Shot Put	4th
1941	Ewell, Barney	100 Yards	1st	1990	Walter, Doug	1500-Meters	10th
1941	Ewell, Barney	220 Yards	1st	1990	Brown, Steve	5000-Meters	11th
1941	Ewell, Barney	Long Jump		1990	Hall, Ricardo	Triple Jump	13th
1942	Ewell, Barney	100 Yards		1990	Hunter, C.J.	Shot Put	2nd
1942	Ewell, Barney	220 Yards		1991	Caraher, Phil	Shot Put	9th
1942	Ewell, Barney	Long Jump		1992	Milne, Brian	Discus	13th
1947	Karver, Gerald	Mile	1st	1993	Cripanuk, Kevin	400-Meter Hurdles	8th
1947	Stone, Curtis	2-Mile	2nd	1993	Davis, Antonio	Triple Jump	6th
1947	Ashenfelter, Horace	2-Mile		1993	Milne, Brian	Discus	1st
1948	Ashenfelter, Horace	5000-Meters	2nd	1994	Hamer, Bob	1500-Meters	9th
1949	Lancaster, Wilbur	220 Yards	6th	1994	Wimmer, Mark	10,000-Meters	9th
1949	Ashenfelter, Horace	2-Mile	1st	1995	Austin, Rob	Javelin	10th
1949	Gehrdes, Jim	120 yd HH	3rd	1996	Pina, Steve	Long Jump	3rd
1949	Gehrdes, Jim	220 yd LH	2nd	1996	Austin, Rob	Javelin	8th
1949	Perry, Rod	220 yd LH		1996	Cook, James	Decathlon	9th
1950	Gehrdes, Jim	120 yd HH		1997	Gorham, John	Long Jump	11th
1951	Roderes, Ted	Javelin	5th	1997	Cook, James	Decathlon	13th
1954	Hollen, Bob	2-Mile		1998	Audu, George	Long Jump	4th
1954	Blockson, Charles	Shot Put		1998	Gorham, John	Long Jump	6th
1954	Grier, Roosevelt	Shot Put		1998	Burkholder, Troy	Javelin	12th
1955	Pollard, Art	220 Yards		1998	Wolter, Carl	Javelin	7th
1955	Youkers, Bill	120 yd HH	4th	1998	Cook, James	Decathlon	12th
1957	Perry, Rod	120 yd HH		1999	Audu, George	Long Jump	6th
1958	Moran, Ed	Mile	6th	2001	Rose, Guy	110-Meter Hurdles	12th
1960	Moorehead, Steve	3000 Steeplechase		2001	Derby, Brian	400-Meter Hurdles	4th
1961	Brown, Bob	100 Yards		2002	Olkowski, Ryan	200-Meters	8th
1961	Norman, Gerry	3-Mile		2007	Fritz, Ryan	High Jump	T-9th
1961	Moorehead, Steve	3000 Steeplechase		2008	Smith, Clarence	Triple Jump	9th
1965	Hedmark, Lennart	Javelin		2009	Foster, Ryan	800-Meters	8th
1966	Rockwell, Warren	Triple Jump	2nd	2009	Smith, Clarence	Triple Jump	8th
1966	Stevenson, Jim	Javelin	1st	2010	McCandless, Tyler	10,000-Meters	12th
1966	Krombolz, Ernie	Javelin	5th	2010	Fritz, Ryan	High Jump	4th
1970	Fredericks, Greg	3-Mile	5th	2010	Eaton, Blake	Shot Put	3rd
1971	Fredericks, Greg	3-Mile	2nd	2011	Loxsom, Casimir	800-Meters	4th
1972	Fredericks, Greg	5000-Meters	2nd	2011	Kovacs, Joe	Shot Put	3rd
1973	Maguire, Charlie	6-Mile	1st	2012	Gehret, Brady	400-Meters	6th
1973	Finkel, Doug	440 Yd Relay	6th	2012	Nadolsky, Aaron	4x400-Meter Relay	4th
1973	Sands, Mike	440 Yd Relay	6th	2012	Bennett-Green, Brandon	4x400-Meter Relay	4th
1973	Scott, Jim	440 Yd Relay	6th	2012	Loxsom, Casimir	4x400-Meter Relay	4th
1973	Singleton, Fred	440 Yd Relay	6th	2012	Gehret, Brady	4x400-Meter Relay	4th
1973	Jackson, Al	Hammer	4th	2012	Kovacs, Joe	Shot Put	4th
1975	Sands, Mike	440 Yards	5th	2013	Loxsom, Casimir	800-Meters	2nd
1975	Shine, Mike	440 Yard IH	6th	2013	Kidder, Brannon	800-Meters	3rd
1975	Hjeltnes, Knut	Shot Put	5th	2013	Creese, Robby	1500-Meters	6th
1975	Hjeltnes, Knut	Discus	3rd	2014	Waithe, Steve	Triple Jump	5th
1976	Shine, Mike	110-Meter Hurdles	5th	2014	Cardina, Robert	Decathlon	8th
1976	Malley, George	3000 Steeplechase	4th				
1976	Shine, Mike	400-Meter Hurdles	2nd				
1976	Jackson, Al	Hammer	5th				
1977	Stemmer, Paul	10,000-Meters	8th				
1978	Ziegler, John	10,000-Meters	8th				
1980	Lankford, Paul	400-Meter Hurdles	4th				
1981	Lankford, Paul	400-Meter Hurdles	4th				



NCAA OUTDOOR HISTORY

ALL-TIME MEN'S OUTDOOR ALL-AMERICANS (BY EVENT)

100 Meters			<i>* 100 yds prior to 1976</i>			4x400-Meter Relay		
Ewell, Barney	1st	1940	Aaron Nadolsky, Brandon Bennett-Green,	4th	2012	Casimir Loxsom, Brady Gehret		
Ewell, Barney	1st	1941						
Ewell, Barney		1942						
Brown, Bob		1961						
200 Meters			<i>* 220 yds prior to 1976</i>			High Jump		
Ewell, Barney	1st	1940	Fritz, Ryan	T-9th	2007			
Ewell, Barney	1st	1941	Fritz, Ryan	4th	2010			
Ewell, Barney		1942						
Lancaster, Wilbur	6th	1949						
Pollard, Art		1955						
Timpson, Michael	10th	1988						
Olkowski, Ryan	8th	2002						
400 Meters			<i>* 440 yds prior to 1976</i>			Long Jump		
Sands, Mike	5th	1975	Ewell, Barney		1940			
Gehret, Brady	6th	2012	Ewell, Barney		1941			
			Ewell, Barney		1942			
			Pina, Steve	3rd	1996			
			Gorham, John	11th	1997			
			Audu, George	4th	1998			
			Gorham, John	6th	1998			
			Audu, George	6th	1999			
800 Meters			<i>* 880 yds prior to 1976</i>			Triple Jump		
Helffrich, Alan	1st	1922	Rockwell, Warren	2nd	1966			
Helffrich, Alan	1st	1923	Hall, Ricardo	13th	1990			
Moore, Randy	4th	1985	Davis, Antonio	6th	1993			
Levitre, Ray	2nd	1987	Smith, Clarence	9th	2008			
Foster, Ryan	8th	2009	Smith, Clarence	8th	2009			
Loxsom, Casimir	4th	2011	Waithe, Steve	5th	2014			
Loxsom, Casimir	2nd	2013						
Kidder, Brannon	3rd	2013						
1500 Meters			<i>* One Mile prior to 1976</i>			Shot Put		
Shields, Larry	1st	1922	Blockson, Charles		1954			
Enck, Schuyler	1st	1923	Grier, Roosevelt		1954			
Karver, Gerald	1st	1947	Hjeltnes, Knut	5th	1975			
Moran, Ed	6th	1958	Hunter, C.J.	5th	1988			
Balkey, Steve	6th	1987	Hunter, C.J.	4th	1989			
Balkey, Steve	5th	1988	Hunter, C.J.	2nd	1990			
Walter, Doug	10th	1990	Caraher, Phil	9th	1991			
Hamer, Bob	9th	1994	Eaton, Blake	3rd	2010			
Creese, Robby	6th	2013	Kovacs, Joe	3rd	2011			
			Kovacs, Joe	4th	2012			
5000 Meters			<i>* 3-Mile prior to 1976</i>			Discus		
Norman, Gerry		1961	Hjeltnes, Knut	3rd	1975			
Fredericks, Greg	5th	1970	Milne, Brian	13th	1992			
Fredericks, Greg	2nd	1971	Milne, Brian	1st	1993			
Ashenfelter, Horace	2nd	1948						
Fredericks, Greg	2nd	1972						
Brown, Steve	11th	1990						
10,000 Meters			<i>* 6-Mile prior to 1976</i>			Javelin		
Maguire, Charlie	1st	1973	Vukmanic, Nick	1st	1938			
Stemmer, Paul	8th	1977	Vukmanic, Nick		1939			
Ziegler, John	8th	1978	Vukmanic, Nick	4th	1940			
Carter, Eric	10th	1986	Roderes, Ted	5th	1951			
Carter, Eric	7th	1987	Hedmark, Lennart		1965			
Wimmer, Mark	9th	1994	Stevenson, Jim	1st	1966			
McCandless, Tyler	12th	2010	Krombolz, Ernie	5th	1966			
			Austin, Rob	10th	1995			
			Austin, Rob	8th	1996			
			Burkholder, Troy	12th	1998			
			Wolter, Carl	7th	1998			
110-Meter Hurdles						Hammer		
Shine, Mike	5th	1976	Jackson, Al	4th	1973			
Rose, Guy	12th	2001	Jackson, Al	5th	1976			
Barron, Harold	1st	1922						
Gehrdes, Jim	3rd	1949						
Gehrdes, Jim		1950						
Youkers, Bill	4th	1955						
Perry, Rod		1957						
3000-Meter Steeplechase						Decathlon		
Moorehead, Steve		1960	Kleban, Rick	5th	1985			
Moorehead, Steve		1961	Masgay, Dave	7th	1987			
Malley, George	4th	1976	Cook, James	9th	1996			
Garcia, Rick	9th	1983	Cook, James	13th	1997			
			Cook, James	12th	1998			
			Cardina, Robert	8th	2014			
400-Meter Hurdles						2-Mile (Discontinued)		
Shine, Mike	2nd	1976	Romig, John	1st	1921			
Lankford, Paul	4th	1980	Stone, Curtis	2nd	1947			
Lankford, Paul	4th	1981	Ashenfelter, Horace		1947			
Cripanuk, Kevin	8th	1993	Ashenfelter, Horace	1st	1949			
Derby, Brian	4th	2001	Hollen, Bob		1954			
Shine, Mike	6th	1975						
4x100-Meter Relay						220-Yard Hurdles (Discontinued)		
Doug Finkelson, Mike Sands,	6th	1973	Gehrdes, Jim	2nd	1949			
Fred Singleton, Jim Scott			Perry, Rod		1949			



ALL-TIME WOMEN'S OUTDOOR ALL-AMERICANS (BY YEAR)

Year	Name	Event	Finish	Year	Name	Event	Finish
1976**	Bankes, Kris	1500-Meters	2nd	2007	Barber, Aleesha	400-Meter Hurdles	12th
1976**	Bankes, Kris	2-Mile	3rd	2007	Hunter, Gayle	Heptathlon	8th
1977**	Bankes, Kris	3000-Meters	5th	2008	Cox, Shana	400-Meters	1st
1978**	Bankes, Kris	3000-Meters	2nd	2008	Barber, Aleesha	100-Meter Hurdles	4th
1978**	Mills, Kathy	3000-Meters	1st	2008	Franek, Bridget	3000 Steeplechase	3rd
1978**	Mills, Kathy	5000-Meters	1st	2008	Barber, Aleesha	4x400-Meter Relay	1st
1978**	Byrnes, Kathy	4x800-Meter Relay	2nd	2008	Blake, Dominique	4x400-Meter Relay	1st
1978**	Fales, Penny	4x800-Meter Relay	2nd	2008	Cox, Shana	4x400-Meter Relay	1st
1978**	Miller, Sandy	4x800-Meter Relay	2nd	2008	Hunter, Gayle	4x400-Meter Relay	1st
1978**	Ventura, Lea	4x800-Meter Relay	2nd	2008	Hunter, Gayle	Long Jump	5th
1980**	Carmichael, Heather	3000-Meters	3rd	2008	McQuillen, Karlee	Javelin	9th
1981**	Pioli, Terry	800-Meters	6th	2008	Hunter, Gayle	Heptathlon	5th
1981**	Rawe, Mary	1500-Meters	3rd	2008	Hunter, Gayle	Heptathlon	5th
1981**	Sobansky, Elaine	Shot Put	4th	2009	Dorr, Fawn	400-Meter Hurdles	6th
1982	Hart, Tammi	400-Meter Hurdles	5th	2009	Franek, Bridget	3000 Steeplechase	4th
1982	Riddick, Vivian	Long Jump	6th	2009	Barber, Aleesha	4x400-Meter Relay	4th
1982	Sobansky, Elaine	Shot Put	3rd	2009	Dorr, Fawn	4x400-Meter Relay	4th
1983	Startare, Doreen	1500-Meters	5th	2009	Greaves, Shavon	4x400-Meter Relay	4th
1983	Sobansky, Elaine	Shot Put	6th	2009	Hunter, Gayle	4x400-Meter Relay	4th
1984	Renzi, Paula	5000-Meters	6th	2009	McQuillen, Karlee	Javelin	10th
1984	Senz, Marilyn	Javelin	6th	2010	Greaves, Shavon	200-Meters	7th
1989	Mann, Carmen	Triple Jump	5th	2010	Barber, Aleesha	100-Meter Hurdles	3rd
1991	Connell, Pam	Heptathlon	4th	2010	Dorr, Fawn	400-Meter Hurdles	4th
1992	Gibbs, Stacey	Javelin	10th	2010	Franek, Bridget	3000 Steeplechase	1st
1992	Mitchell, Shelley	Heptathlon	8th	2010	Anyanwu, Doris	4x400-Meter Relay	4th
1993	Hunt, Kelli	10,000-Meters	4th	2010	Barber, Aleesha	4x400-Meter Relay	4th
1993	Kelly, Kim	10,000-Meters	5th	2010	Dorr, Fawn	4x400-Meter Relay	4th
1994	Hunt, Kelli	10,000-Meters	7th	2010	Greaves, Shavon	4x400-Meter Relay	4th
1994	Sobansky, Elaine	Shot Put	2nd	2010	McQuillen, Karlee	Javelin	3rd
1996	Gusic, Becky	Javelin	8th	2011	Anyanwu, Doris	4x400-Meter Relay	4th
1996	Kisty, Denika	Javelin	10th	2011	Greaves, Shavon	4x400-Meter Relay	4th
1997	McGreavy, Kim	1500-Meters	7th	2011	Iheoma, Ijeoma	4x400-Meter Relay	4th
1997	Fidler, Donna	10,000-Meters	7th	2011	Duncan, Megan	4x400-Meter Relay	4th
1998	Walker, Shakeema	Triple Jump	7th	2012	Loht, Laura	Javelin	3rd
1998	Pastore, Jen	Javelin	4th	2012	Kenney, Lauren	Javelin	4th
1999	Heyer, Susanne	1500-Meters	4th	2013	Loht, Laura	Javelin	4th
1999	Walker, Shakeema	Long Jump	8th	2013	Kenney, Lauren	Javelin	5th
1999	Williams, Deshaya	Discus	6th	2014	Jones, Mahagony	100-Meters	7th
2001	Johnson, Brienne	Javelin	8th	2014	Jones, Mahagony	200-Meters	4th
2002	Moore, Connie	100-Meters	9th	2014	Seymour, Kiah	400-Meter Hurdles	6th
2002	Moore, Connie	200-Meters	12th	2014	McGee, Dynasty	4x400-Meter Relay	5th
2002	Williams, Deshaya	Discus	6th	2014	Jones, Mahagony	4x400-Meter Relay	5th
2002	Johnson, Brienne	Javelin	8th	2014	Rhodes, Tichina	4x400-Meter Relay	5th
2003	Moore, Connie	100-Meters	5th	2014	Seymour, Kiah	4x400-Meter Relay	5th
2003	Moore, Connie	200-Meters	3rd	2014	Loht, Laura	Javelin	5th
2003	Landreth, Molly	3000 Steeplechase	11th				
2003	Williams, Deshaya	Discus	1st				
2003	Colley, Ashley	Javelin	11th				
2003	Johnson, Brienne	Javelin	5th				
2004	Moore, Connie	100-Meters	7th				
2004	Moore, Connie	200-Meters	5th				
2004	Aduba, Chi-Chi	Long Jump	6th				
2004	Aduba, Chi-Chi	Triple Jump	7th				
2005	Cox, Shana	400-Meters	9th				
2005	Leatherman, Jennifer	Hammer	7th				
2005	Bruch, Diana	Javelin	8th				
2006	Cox, Shana	400-Meters	3rd				
2006	Leatherman, Jennifer	Hammer	5th				
2007	Cox, Shana	400-Meters	2nd				

** Denotes finish in AIAW. The first women's NCAA-sponsored Outdoor Championship was contested in 1982.



NCAA OUTDOOR HISTORY

ALL-TIME WOMEN'S OUTDOOR ALL-AMERICANS (BY EVENT)

100 Meters

Moore, Connie	9th	2002
Moore, Connie	5th	2003
Moore, Connie	7th	2004
Jones, Mahagony	7th	2014

200 Meters

Moore, Connie	12th	2002
Moore, Connie	3rd	2003
Moore, Connie	5th	2004
Greaves, Shavon	7th	2010
Jones, Mahagony	4th	2014

400 Meters

Cox, Shana	9th	2005
Cox, Shana	3rd	2006
Cox, Shana	2nd	2007
Cox, Shana	1st	2008

800 Meters

Pioli, Terry	6th	**1981
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1500 Meters

Bankes, Kris	2nd	**1976
Rawe, Mary	3rd	**1981
Startare, Doreen	5th	1983
McGreevy, Kim	7th	1997
Heyer, Susanne	4th	1999

5000 Meters

Mills, Kathy	1st	**1978
Renzi, Paula	6th	1984

10.000 Meters

Hunt, Kelli	4th	1993
Kelly, Kim	5th	1993
Hunt, Kelli	7th	1994
Fidler, Donna	7th	1997

100-Meter Hurdles

Barber, Aleesha	4th	2008
Barber, Aleesha	3rd	2010

400-Meter Hurdles

Hart, Tammi	5th	1982
Barber, Aleesha	12th	2007
Dorr, Fawn	6th	2009
Dorr, Fawn	4th	2010
Seymour, Kiah	6th	2014

3000-Meter Steeplechase

Landreth, Molly	11th	2003
Franek, Bridget	3rd	2008
Franek, Bridget	4th	2009
Franek, Bridget	1st	2010

4x400-Meter Relay

Dominique Blake, Aleesha Barber, Gayle Hunter, Shana Cox	1st	2008
Aleesha Barber, Shavon Greaves, Gayle Hunter, Fawn Dorr	4th	2009
Aleesha Barber, Shavon Greaves, Doris Anyanwu, Fawn Dorr	4th	2010
Doris Anyanwu, Shavon Greaves, Ije Iheoma, Megan Duncan	4th	2011
Dynasty McGee, Mahagony Jones, Tichina Rhodes, Kiah Seymour	5th	2014

Long Jump

Riddick, Vivian	6th	1982
Walker, Shakeema	8th	1999
Aduba, Chi-Chi	6th	2004
Hunter, Gayle	5th	2008

Triple Jump

Mann, Carmen	5th	1989
Walker, Shakeema	7th	1998
Aduba, Chi-Chi	7th	2004

Shot Put

Sobansky, Elaine	4th	**1981
Sobansky, Elaine	3rd	1982
Sobansky, Elaine	6th	1983
Sobansky, Elaine	2nd	1994

Discus

Williams, Deshaya	6th	1999
Williams, Deshaya	6th	2002
Williams, Deshaya	1st	2003

Hammer

Leatherman, Jennifer	7th	2005
Leatherman, Jennifer	5th	2006

Javelin

Senz, Marilyn	6th	1984
Gibbs, Stacey	10th	1992
Gusic, Becky	8th	1996
Kisty, Denika	10th	1996
Pastore, Jen	4th	1998
Johnson, Brianne	8th	2001
Johnson, Brianne	8th	2002
Colley, Ashley	11th	2003
Johnson, Brianne	5th	2003
Bruch, Diana	8th	2005
McQuillen, Karlee	9th	2008
McQuillen, Karlee	10th	2009
McQuillen, Karlee	3rd	2010
Loht, Laura	3rd	2012
Kenney, Lauren	4th	2012
Loht, Laura	4th	2013
Kenney, Lauren	5th	2013
Loht, Laura	5th	2014

Heptathlon

Connell, Pam	4th	1991
Mitchell, Shelley	8th	1992
Hunter, Gayle	8th	2007
Hunter, Gayle	5th	2008
Hunter, Gayle	5th	2008

3000 Meters (Discontinued)

Bankes, Kris	3rd	**1976
Bankes, Kris	5th	**1977
Bankes, Kris	2nd	**1978
Mills, Kathy	1st	**1978
Carmichael, Heather	3rd	**1980

4x800-Meter Relay (Discontinued)

Kathy Byrnes, Penny Fales, Sandy Miller, Lea Ventura	2nd	**1978
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** Denotes finish in AIAW. The first women's NCAA-sponsored Outdoor Championship was contested in 1982.

BIG TEN CROSS COUNTRY HISTORY



ALL-TIME BIG TEN CROSS COUNTRY TEAM FINISHES

ALL-TIME MEN'S FINISHES

Year	Place	Score	Location
1991	4th	89 pts	West Lafayette, Ind.
1992	3rd	109 pts	Champaign, Ill.
1993	3rd	80 pts	East Lansing, Mich.
1994	3rd	75 pts	Iowa City, Iowa
1995	7th	166 pts	Minneapolis, Minn.
1996	5th	118 pts	Bloomington, Ind.
1997	6th	163 pts	Columbus, Ohio
1998	9th	248 pts	Ann Arbor, Mich.
1999	7th	186 pts	University Park, Pa.
2000	3rd	82 pts	Madison, Wis.
2001	6th	131 pts	Champaign, Ill.
2002	10th	290 pt	West Lafayette, Ind.
2003	7th	218 pts	East Lansing, Mich.
2004	9th	206 pts	Iowa City, Iowa
2005	9th	239 pts	Minneapolis, Minn.
2006	9th	207 pts	Bloomington, Ind.
2007	9th	249 pts	Columbus, Ohio
2008	4th	133 pts	Ann Arbor, Mich.
2009	9th	232 pts	University Park, Pa.
2010	4th	128 pts	Madison, Wis.
2011	6th	165 pts	Champaign, Ill.
2012	6th	169 pts	East Lansing, Mich.
2013	9th	209 pts	West Lafayette, Ind.

ALL-TIME WOMEN'S FINISHES

Year	Place	Score	Location
1991	2nd	74 pts	West Lafayette, Ind.
1992	3rd	83 pts	Champaign, Ill.
1993	2nd	59 pts	East Lansing, Mich.
1994	3rd	81 pts	Iowa City, Iowa
1995	3rd	69 pts	Minneapolis, Minn.
1996	2nd	56 pts	Bloomington, Ind.
1997	4th	125 pts	Columbus, Ohio
1998	4th	105 pts	Ann Arbor, Mich.
1999	8th	203 pts	University Park, Pa.
2000	8th	201 pts	Madison, Wis.
2001	T-7th	153 pts	Champaign, Ill.
2002	4th	94 pts	West Lafayette, Ind.
2003	3rd	76 pts	East Lansing, Mich.
2004	6th	142 pts	Iowa City, Iowa
2005	9th	258 pts	Minneapolis, Minn.
2006	8th	222 pts	Bloomington, Ind.
2007	7th	159 pts	Columbus, Ohio
2008	7th	154 pts	Ann Arbor, Mich.
2009	1st	71 pts	University Park, Pa.
2010	4th	106 pts	Madison, Wis.
2011	3rd	71 pts	Champaign, Ill.
2012	3rd	96 pts	East Lansing, Mich.
2013	4th	143 pts	West Lafayette, Ind.

BIG TEN MEN'S AWARD WINNERS

MEN'S FIRST TEAM ALL-BIG TEN

Mark Wimmer, 1991
 Bob Hamer, 1993, 94
 Jake Bartholomy, 1994
 Che Arosemena, 1996
 Chris McGinness, 2000
 Dan Mazzocco, 2003
 Kyle Dawson, 2008
 Matt Fischer, 2013

MEN'S SECOND TEAM ALL-BIG TEN

Chris McGinness, 2000
 James Carney, 2000
 Steve Walsh, 2001
 Vince McNally, 2009-2011
 Kyle Dawson, 2010-2011

MEN'S INDIVIDUAL HONORS

Kyle Dawson, 2008 **Freshman of the Year**

BIG TEN WOMEN'S AWARD WINNERS

WOMEN'S FIRST TEAM ALL-BIG TEN

Laurie Morrow, 1991
 Kim Kelly, 1993
 Kris Kelly, 1993
 Erin St. John, 1995, 96
 Kim McGreevy, 1996
 Susanne Heyer, 2000
 Molly Landreth, 2003, 04
 Bridget Franek, 2007, 09
 Caitlin Lane, 2011
 Kara Millhouse, 2011
 Bekka Simko, 2012

WOMEN'S SECOND TEAM ALL-BIG TEN

Tracey Brauksieck, 2002
 Katy Hillard, 2002
 Bridget Franek, 2008
 Nicole Lord, 2009
 Brooklyne Ridder, 2010
 Natalie Bower, 2010
 Emily Giannotti, 2011

WOMEN'S INDIVIDUAL HONORS

Colleen Glyde, 1992 **Freshman of the Year**
 Nicole Lord, 2009 **Freshman of the Year**
Kim McGreevy, 1996 **Athlete of the Year**
Bridget Franek, 2009 **Athlete of the Year**
 Beth Alford-Sullivan, 2009 **Coach of the Year**
Caitlin Lane, 2011 **Athlete of the Year**

BOLD - Denotes Big Ten Champion



BIG TEN INDOOR HISTORY

ALL-TIME BIG TEN INDOOR TEAM FINISHES

ALL-TIME MEN'S FINISHES

Year	Place	Score	Location
1992	8th	30.5 pts	East Lansing, Mich.
1993	6th	31 pts	Madison, Wis.
1994	7th	38 pts	Ann Arbor, Mich.
1995	10th	8 pts	Champaign, Ill.
1996	10th	25 pts	Columbus, Ohio
1997	10th	29.3 pts	Iowa City, Iowa
1998	8th	51 pts	West Lafayette, Ind.
1999	10th	30 pts	Madison, Wis.
2000	9th	34.5 pts	Bloomington, Ind.
2001	5th	68 pts	University Park, Pa.
2002	***	CANCELLED	Minneapolis, Minn.
2003	7th	42 pts	Champaign, Ill.
2004	8th	39 pts	Ann Arbor, Mich.
2005	8th	37 pts	West Lafayette, Ind.
2006	8th	46.5 pts	Iowa City, Iowa
2007	8th	46 pts	Bloomington, Ind.
2008	4th	79 pts	Madison, Wis.
2009	3rd	78 pts	University Park, Pa.
2010	T-6th	51 pts	Minneapolis, Minn.
2011	6th	62.66 pts	Champaign, Ill.
2012	6th	51.33 pts	Lincoln, Neb.
2013	3rd	87 pts	Geneva, Ohio
2014	3rd	72 pts	Geneva, Ohio

ALL-TIME WOMEN'S FINISHES

Year	Place	Score	Location
1992	8th	30 pts	Columbus, Ohio
1993	4th	43 pts	Bloomington, Ind.
1994	10th	10 pts	West Lafayette, Ind.
1995	10th	17 pts	Ann Arbor, Mich.
1996	4th	39 pts	Madison, Wis.
1997	5th	63 pts	Champaign, Ill.
1998	6th	44.5 pts	East Lansing, Mich.
1999	8th	59.17 pts	Columbus, Ohio
2000	8th	21 pts	Minneapolis, Minn.
2001	T-6th	61 pts	West Lafayette, Ind.
2002	7th	55.5 pts	University Park, Pa.
2003	3rd	87 pts	Bloomington, Ind.
2004	1st	115 pts	Iowa City, Iowa
2005	4th	74 pts	Ann Arbor, Mich.
2006	4th	85 pts	Madison, Wis.
2007	4th	92 pts	Champaign, Ill.
2008	3rd	121 pts	Minneapolis, Minn.
2009	2nd	125 pts	Bloomington, Ind.
2010	1st	111 pts	University Park, Pa.
2011	2nd	86 pts	West Lafayette, Ind.
2012	3rd	99 pts	Lincoln, Neb.
2013	4th	73 pts	Geneva, Ohio
2014	1st	114.5 pts	Geneva, Ohio

BIG TEN MEN'S INDOOR AWARD WINNERS

ATHLETE OF THE CHAMPIONSHIPS

2013 Casimir Loxsom (Track)

ATHLETE OF THE YEAR

2013 Casimir Loxsom (Track)

FRESHMAN OF THE YEAR

2012 Robby Creese
2013 Brannon Kidder

BIG TEN WOMEN'S INDOOR AWARD WINNERS

ATHLETE OF THE CHAMPIONSHIPS

2004 Connie Moore
2008 Shana Cox (Track)
2010 Bridget Franek (Track)
2014 Kiah Seymour (Track)

ATHLETE OF THE YEAR

2006 Jennifer Leatherman
2010 Shavon Greaves (Track)

**Beginning with the 2007 season, the Big Ten instituted separate honors for the Track Athlete of the Year & Championships and the Field Athlete of the Year & Championships.*

FRESHMAN OF THE YEAR

1996 Donna Fiddler
2008 Shavon Greaves

COACH OF THE YEAR

2004 Beth Alford-Sullivan
2010 Beth Alford-Sullivan
2014 Beth Alford-Sullivan



ALL-TIME INDOOR CHAMPIONS || BY YEAR

ALL-TIME MEN'S INDOOR CHAMPIONS

Year	Athlete	Event	Performance
1993	Kelley, Brian	Pentathlon	4097
1994	Kelley, Brian	Pentathlon	3967
1997	Loner, Joe	800-Meters	1:50.87
1998	McNutt, Neal	35-lb Weight	62-1 (18.92)
2007	Fritz, Ryan	High Jump	7-3 (2.21)
2008	Miller, Mark	800-Meters	1:52.65
2008	Smith, Clarence	Triple Jump	51-7.75 (15.74)
2009	Foster, Ryan	800-Meters	1:50.24
2009	Smith, Clarence	Triple Jump	51-7.75 (15.74)
2010	Foster, Ryan	800-Meters	1:50.43
2011	Foster, Ryan	800-Meters	1:49.98
2011	Kovacs, Joe	Shot Put	65-1.25 (19.84)
2012	Endress, Wade	DMR	9:44.40
2012	Nadolsky, Aaron	DMR	9:44.40
2012	Loxsom, Casimir	DMR	9:44.40
2012	Creese, Robby	DMR	9:44.40
2013	Loxsom, Casimir	600-Meters	1:15.72
2013	Kidder, Brannon	800-Meters	1:49.73
2013	Creese, Robby	Mile	4:01.51
2013	Kidder, Brannon	DMR	9:39.87
2013	Gilmore, Matt	DMR	9:39.87
2013	Brennan, Ryan	DMR	9:39.87
2013	Creese, Robby	DMR	9:39.87
2014	Kidder, Brannon	800-Meters	1:49.52
2014	Watkins, Za'Von	DMR	9:45.48
2014	Bennett-Green, Brandon	DMR	9:45.48
2014	Brennan, Ryan	DMR	9:45.48
2014	Kidder, Brannon	DMR	9:45.48

** Bold - Denotes Big Ten Championship Record

ALL-TIME WOMEN'S INDOOR CHAMPIONS

Year	Athlete	Event	Performance
1992	Mitchell, Shelley	Pentathlon	3830 pts
1998	Bosler, Erica	600-Meters	1:30.22
2002	Aduba, Chi-Chi	Long Jump	19-9 (6.02)
2003	Brauksieck, Tracey	DMR	11:38.33
2003	Green, Cheryl	DMR	11:38.33
2003	Scottoline, Lindsay	DMR	11:38.33
2003	Stevens, Jenny	DMR	11:38.33
2003	Aduba, Chi-Chi	Triple Jump	44-1.50 (13.44)
2003	Williams, Deshaya	Weight Throw	64-6 (19.65)
2004	Moore, Connie	60-Meters	7.27
2004	Moore, Connie	200-Meters	23.44
2004	Dougherty, Sara	Pole Vault	12-11.50 (3.94)
2004	O'Connor, Ja'Nai	Shot Put	55-2 (16.81)
2005	Leatherman, Jennifer	Shot Put	51-3.75 (15.64)
2005	Leatherman, Jennifer	Weight Throw	69-11.50 (21.32)
2006	Blake, Dominique	4x400-Meter Relay	3:41.98
2006	Cox, Shana	4x400-Meter Relay	3:41.98
2006	Barber, Aleesha	4x400-Meter Relay	3:41.98
2006	Simmons, Briene	4x400-Meter Relay	3:41.98
2006	Leatherman, Jennifer	Shot Put	53-5 (16.28)
2006	Leatherman, Jennifer	Weight Throw	74-10.50 (22.82)

ALL-TIME WOMEN'S INDOOR CHAMPIONS (Continued)

Year	Athlete	Event	Performance
2007	Barber, Aleesha	4x400-Meter Relay	3:37.70
2007	Blake, Dominique	4x400-Meter Relay	3:37.70
2007	Cox, Shana	4x400-Meter Relay	3:37.70
2007	Simmons, Briene	4x400-Meter Relay	3:37.70
2008	Cox, Shana	200-Meters	24.06
2008	Cox, Shana	400-Meters	53.40
2008	Barber, Aleesha	4x400-Meter Relay	3:40.43
2008	Blake, Dominique	4x400-Meter Relay	3:40.43
2008	Cox, Shana	4x400-Meter Relay	3:40.43
2008	Simmons, Briene	4x400-Meter Relay	3:40.43
2009	Greaves, Shavon	60-Meters	7.44
2009	Greaves, Shavon	200-Meters	23.96
2009	Dorr, Fawn	400-Meters	54.10
2009	Barber, Aleesha	4x400-Meter Relay	3:39.43
2009	Dorr, Fawn	4x400-Meter Relay	3:39.43
2009	Greaves, Shavon	4x400-Meter Relay	3:39.43
2009	Hunter, Gayle	4x400-Meter Relay	3:39.43
2010	Greaves, Shavon	60-Meters	7.30
2010	Greaves, Shavon	200-Meters	22.98
2010	Anyanwu, Doris	4x400-Meter Relay	3:35.38
2010	DeFusco, Caitlin	4x400-Meter Relay	3:35.38
2010	Dorr, Fawn	4x400-Meter Relay	3:35.38
2010	Greaves, Shavon	4x400-Meter Relay	3:35.38
2010	Franek, Bridget	Mile	4:37.95
2011	Greaves, Shavon	200-Meters	23.67
2011	Anyanwu, Doris	4x400-Meter Relay	3:37.80
2011	Iheoma, Ijeoma	4x400-Meter Relay	3:37.80
2011	Greaves, Shavon	4x400-Meter Relay	3:37.80
2011	Duncan, Megan	4x400-Meter Relay	3:37.80
2012	Lane, Caitlin	Mile	4:39.90
2012	Millhouse, Kara	5,000-Meters	16:17.45
2014	Jones, Mahagony	200-Meters	23.10
2014	Seymour, Kiah	400-Meters	52.53
2014	Gerlach, Tori	3,000-Meters	9:10.76
2014	McGee, Dynasty	4x400-Meter Relay	3:34.55
2014	Jones, Mahagony	4x400-Meter Relay	3:34.55
2014	Rhodes, Tichina	4x400-Meter Relay	3:34.55
2014	Seymour, Kiah	4x400-Meter Relay	3:34.55

** Bold - Denotes Big Ten Championship Record



BIG TEN INDOOR HISTORY

ALL-TIME INDOOR CHAMPIONS || BY EVENT

ALL-TIME MEN'S INDOOR CHAMPIONS

600 Meters

Loxsom, Casimir 1:15.72 2013

800 Meters

Loner, Joe 1:50.87 1997
 Miller, Mark 1:52.65 2008
 Foster, Ryan 1:50.24 2009
 Foster, Ryan 1:50.43 2010
 Foster, Ryan 1:49.98 2011
 Kidder, Brannon 1:49.73 2013
 Kidder, Brannon 1:49.52 2014

Mile

Creese, Robby 4:01.51 2013

Distance Medley Relay

Wade Endress, Aaron Nadolsky, Casimir Loxsom, Robby Creese 9:44.40 2012
 Brannon Kidder, Matt Gilmore, Ryan Brennan, Robby Creese 9:39.87 2013
 Za'Von Watkins, Brandon Bennett-Green, Ryan Brennan, Brannon Kidder 9:45.48 2014

High Jump

Fritz, Ryan 7-3 (2.21) 2007

Triple Jump

Smith, Clarence 51-7.75 (15.74) 2008
 Smith, Clarence 51-7.75 (15.74) 2009

Shot Put

Kovacs, Joe 65-1.25 (19.84) 2011

35-lb Weight

McNutt, Neal 62-1 (18.92) 1998

Pentathlon

Kelley, Brian 4097 1993
 Kelley, Brian 3967 1994

ALL-TIME WOMEN'S INDOOR CHAMPIONS

60 Meters

Moore, Connie 7.27 2004
 Greaves, Shavon 7.44 2009
 Greaves, Shavon 7.30 2010

200 Meters

Moore, Connie 23.44 2004
 Cox, Shana 24.06 2008
 Greaves, Shavon 23.96 2009
Greaves, Shavon 22.98 2010
 Greaves, Shavon 23.67 2011
 Jones, Mahagony 23.10 2014

400 Meters

Cox, Shana 53.40 2008
 Dorr, Fawn 54.10 2009
 Seymour, Kiah 52.53 2014

ALL-TIME WOMEN'S INDOOR CHAMPIONS (Continued)

600 Meters

Bosler, Erica 1:30.22 1998

Mile

Franek, Bridget 4:37.95 2010
 Lane, Caitlin 4:39.90 2012

3000 Meters

Gerlach, Tori 9:10.76 2014

5000 Meters

Millhouse, Kara 16:17.45 2012

4x400-Meter Relay

Shana Cox, Briene Simmons, Aleesha Barber, Dominique Blake 3:41.98 2006
 Dominique Blake, Briene Simmons, Shana Cox, Aleesha Barber 3:37.70 2007
 Briene Simmons, Dominique Blake, Aleesha Barber, Shana Cox 3:40.43 2008
 Fawn Dorr, Aleesha Barber, Shavon Greaves, Gayle Hunter 3:39.43 2009
 Doris Anyanwu, Caitlin DeFusco, Shavon Greaves, Fawn Dorr 3:35.38 2010
 Doris Anyanwu, Shavon Greaves, Ije Iheoma, Megan Duncan 3:37.80 2011
 Dynasty McGee, Mahagony Jones, Tichina Rhodes, Kiah Seymour 3:34.55 2014

Distance Medley Relay

Jenny Stevens, Cheryl Green, Lindsay Scottoline, Tracey Brauksieck 11:38.33 2003

Pole Vault

Dougherty, Sara 12-11.50 (3.94) 2004

Long Jump

Aduba, Chi-Chi 19-9 (6.02) 2002

Shot Put

O'Connor, Ja'Nai 55-2 (16.81) 2004
 Leatherman, Jennifer 51-3.75 (15.64) 2005
 Leatherman, Jennifer 53-5 (16.28) 2006

Triple Jump

Aduba, Chi-Chi 44-1.50 (13.44) 2003

Weight Throw

Williams, Deshaya 64-6 (19.65) 2003
 Leatherman, Jennifer 69-11.50 (21.32) 2005
Leatherman, Jennifer 74-10.50 (22.82) 2006

Pentathlon

Mitchell, Shelley 3830 pts 1992

** Bold - Denotes Big Ten Championship Record



ALL-TIME BIG TEN OUTDOOR TEAM FINISHES

ALL-TIME MEN'S FINISHES

Year	Place	Score	Location
1992	7th	55 pts	Minneapolis, Minn.
1993	8th	52.5 pts	East Lansing, Mich.
1994	8th	49 pts	Madison, Wis.
1995	5th	87 pts	Minneapolis, Minn.
1996	3rd	82 pts	University Park, Pa.
1997	8th	56 pts	Champaign, Ill.
1998	9th	53 pts	Columbus, Ohio
1999	9th	62 pts	West Lafayette, Ind.
2000	7th	71.5 pts	Iowa City, Iowa
2001	3rd	98.83 pts	Bloomington, Ind.
2002	5th	72 pts	Madison, Wis.
2003	5th	81 pts	Minneapolis, Minn.
2004	7th	54.5 pts	West Lafayette, Ind.
2005	7th	66 pts	Columbus, Ohio
2006	7th	61 pts	East Lansing, Mich.
2007	4th	93.5 pts	University Park, Pa.
2008	6th	77 pts	Champaign, Ill.
2009	5th	80 pts	Columbus, Ohio
2010	T-7th	52 pts	Bloomington, Ind.
2011	6th	74 pts	Iowa City, Iowa
2012	6th	80 pts	Madison, Wis.
2013	8th	59 pts	Columbus, Ohio
2014	6th	78 pts	West Lafayette, Ind.

ALL-TIME WOMEN'S FINISHES

Year	Place	Score	Location
1992	6th	77 pts	Minneapolis, Minn.
1993	6th	56 pts	East Lansing, Mich.
1994	8th	53 pts	Madison, Wis.
1995	10th	33 pts	Minneapolis, Minn.
1996	8th	43 pts	University Park, Pa.
1997	3rd	91 pts	Champaign, Ill.
1998	5th	75 pts	Columbus, Ohio
1999	8th	63 pts	West Lafayette, Ind.
2000	7th	62 pts	Iowa City, Iowa
2001	8th	65 pts	Bloomington, Ind.
2002	8th	72 pts	Madison, Wis.
2003	T-2nd	124 pts	Minneapolis, Minn.
2004	2nd	126.5 pts	West Lafayette, Ind.
2005	2nd	112.5 pts	Columbus, Ohio
2006	3rd	114 pts	East Lansing, Mich.
2007	3rd	114 pts	University Park, Pa.
2008	1st	151 pts	Champaign, Ill.
2009	1st	139 pts	Columbus, Ohio
2010	1st	133.5 pts	Bloomington, Ind.
2011	2nd	122 pts	Iowa City, Iowa
2012	4th	87 pts	Madison, Wis.
2013	1st	133 pts	Columbus, Ohio
2014	1st	136 pts	West Lafayette, Ind.

BIG TEN MEN'S OUTDOOR AWARD WINNERS

ATHLETE OF THE CHAMPIONSHIPS

2014 Darrell Hill

ATHLETE OF THE YEAR

2012 Joe Kovacs (Field)
2014 Darrell Hill (Field)

FRESHMAN OF THE YEAR

2010 Casimir Loxsom
2012 Robby Creese

BOLD - Denotes Big Ten Champion

BIG TEN WOMEN'S AWARD WINNERS

ATHLETE OF THE CHAMPIONSHIPS

2002 Connie Moore
2004 Connie Moore
2006 Shana Cox
2008 Shana Cox (Track)
2009 Emma Schmelzer (Field)
2010 Fawn Dorr (Track)

ATHLETE OF THE YEAR

2004 Connie Moore
2006 Jennifer Leatherman (Field)
2008 Shana Cox (Track)
2010 Shavon Greaves (Track)

**Beginning with the 2007 season, the Big Ten instituted separate honors for the Track Athlete of the Year & Championships and the Field Athlete of the Year & Championships.*

FRESHMAN OF THE YEAR

1992 Kim Kelly
2007 Bridget Franek

COACH OF THE YEAR

2008 Beth Alford-Sullivan
2009 Beth Alford-Sullivan
2010 Beth Alford-Sullivan
2013 Beth Alford-Sullivan
2014 Beth Alford-Sullivan



BIG TEN OUTDOOR HISTORY

ALL-TIME OUTDOOR CHAMPIONS || BY YEAR

ALL-TIME MEN'S OUTDOOR CHAMPIONS

ALL-TIME WOMEN'S OUTDOOR CHAMPIONS (Continued)

Year	Athlete	Event	Performance
1992	Davis, Antonio	Triple Jump	50-10 (15.49)
1993	Davis, Antonio	Triple Jump	51-1.75 (15.59)
1994	Hamer, Bob	5000-Meters	14:26.10
1995	Austin, Rob	Javelin	224-0
1996	Cook, James	Decathlon	7448
1996	Pina, Steve	Long Jump	25-9.50 (7.86)
1996	Wolter, Carl	Javelin	233-8 (71.22)
1997	Burkholder, Troy	Javelin	224-2 (68.32)
1998	Audu, George	Long Jump	25-4 (7.72)
1998	Burkholder, Troy	Javelin	210-11 (64.28)
1999	Audu, George	Long Jump	25-8.75 (7.84)
1999	Burkholder, Troy	Javelin	222-11 (67.96)
2001	Derby, Brian	400-Meter Hurdles	49.77
2002	Olkowski, Ryan	200-Meters	20.59
2003	Derby, Brian	400-Meter Hurdles	49.72
2003	Kuretich, J.T.	Decathlon	7424
2004	Stumpf, Brian	Javelin	216-4 (65.94)
2005	Campisi, Jaret	400-Meter Hurdles	50.10
2005	Kerschner, Bret	Javelin	218-6 (66.61)
2006	Miller, Mark	800-Meters	1:48.78
2006	Pettner, Allen	Javelin	218-6 (66.60)
2007	Fritz, Ryan	High Jump	7-1.75 (2.13)
2007	Pettner, Allen	Javelin	239-9 (73.09)
2008	Borchers, Samuel	1500-Meters	4:03.96
2009	Evak, Tanner	Javelin	233-4 (71.13)
2009	Foster, Ryan	800-Meters	1:49.66
2009	Smith, Clarence	Triple Jump	52-10.75 (16.12)w
2010	Loxsom, Casimir	800-Meters	1:48.06
2010	Eaton, Blake	Shot Put	60-6.75 (18.46)
2011	Loxsom, Casimir	800-Meters	1:47.70
2011	Eaton, Blake	Shot Put	61-8.50 (18.81)
2012	Loxsom, Casimir	800-Meters	1:46.12
2012	Gehret, Brady	400-Meters	45.22
2012	Kovacs, Joe	Shot Put	68-5 (20.85)
2012	Nadolsky, Aaron	4x400-Meter Relay	3:04.78
2012	Loxsom, Casimir	4x400-Meter Relay	3:04.78
2012	Gehret, Brady	4x400-Meter Relay	3:04.78
2012	Bennett-Green, Brandon	4x400-Meter Relay	3:04.78
2014	Steve Waithe	Triple Jump	52-0 (15.85)
2014	Darrell Hill	Shot Put	67-6 (20.57)
2014	Michael Shuey	Javelin	236-2 (71.98)

ALL-TIME WOMEN'S OUTDOOR CHAMPIONS

Year	Athlete	Event	Performance
1992	Gibbs, Stacey	Javelin	165-1 (50.31)
1993	Kelly, Kim	10,000-Meters	34:58.95
1998	Bosler, Erica	800-Meters	2:05.69
1998	Walker, Shakeema	Triple Jump	42-4 (12.91)
1999	Walker, Shakeema	Triple Jump	43-6.50 (13.27)
2000	Williams, Deshayah	Discus	165-10 (50.54)
2002	Moore, Connie	100-Meters	11.31
2002	Moore, Connie	200-Meters	23.12
2003	Moore, Connie	100-Meters	11.37
2004	Moore, Connie	100-Meters	11.40
2004	Moore, Connie	200-Meters	22.74
2004	Aduba, Chi-Chi	4x100-Meter Relay	44.55
2004	Moore, Connie	4x100-Meter Relay	44.55
2004	Salaam, Kamilah	4x100-Meter Relay	44.55
2004	Shoaff, Sara	4x100-Meter Relay	44.55
2004	Aduba, Chi-Chi	Long Jump	20-10.75 (6.36)
2004	O'Connor, Ja'Nai	Shot Put	55-4.75 (16.88)
2005	Cox, Shana	400-Meters	52.91

Year	Athlete	Event	Performance
2005	Cox, Shana	4x100-Meter Relay	45.27
2005	Robinson, Brooke	4x100-Meter Relay	45.27
2005	Salaam, Kamilah	4x100-Meter Relay	45.27
2005	Shoaff, Sara	4x100-Meter Relay	45.27
2005	Leatherman, Jennifer	Hammer	199-3 (60.73)
2006	Cox, Shana	200-Meters	23.41
2006	Cox, Shana	400-Meters	52.57
2006	Cox, Shana	4x100-Meter Relay	45.18
2006	Salaam, Kamilah	4x100-Meter Relay	45.18
2006	Shoaff, Sara	4x100-Meter Relay	45.18
2006	Walker, Monique	4x100-Meter Relay	45.18
2006	Blake, Dominique	4x400-Meter Relay	3:36.95
2006	Cox, Shana	4x400-Meter Relay	3:36.95
2006	Markel, Kim	4x400-Meter Relay	3:36.95
2006	Simmons, Briene	4x400-Meter Relay	3:36.95
2006	Leatherman, Jennifer	Discus	167-8 (51.10)
2006	Leatherman, Jennifer	Hammer	197-8 (60.24)
2007	Barber, Aleesha	400-Meter Hurdles	57.56
2007	Blake, Dominique	4x400-Meter Relay	3:34.93
2007	Cox, Shana	4x400-Meter Relay	3:34.93
2007	Hunter, Gayle	4x400-Meter Relay	3:34.93
2007	Simmons, Briene	4x400-Meter Relay	3:34.93
2008	Cox, Shana	200-Meters	23.15
2008	Cox, Shana	400-Meters	52.00
2008	Barber, Aleesha	100-Meter Hurdles	12.83
2008	Franek, Bridget	3000 Steeplechase	9:58.56
2008	Blake, Dominique	4x400-Meter Relay	3:36.24
2008	Cox, Shana	4x400-Meter Relay	3:36.24
2008	Dorr, Fawn	4x400-Meter Relay	3:36.24
2008	Simmons, Briene	4x400-Meter Relay	3:36.24
2009	Greaves, Shavon	100-Meters	11.49
2009	Greaves, Shavon	200-Meters	23.35
2010	Greaves, Shavon	100-Meters	11.56
2010	Greaves, Shavon	200-Meters	23.28
2010	Dorr, Fawn	400-Meters	52.51
2010	Barber, Aleesha	100-Meter Hurdles	13.11
2010	Dorr, Fawn	400-Meter Hurdles	57.5
2010	Franek, Bridget	3000 Steeplechase	9:48.28
2010	Barber, Aleesha	4x100-Meter Relay	42.62
2010	Greaves, Shavon	4x100-Meter Relay	42.62
2010	DeFusco, Caitlin	4x100-Meter Relay	42.62
2010	Dorr, Fawn	4x100-Meter Relay	42.62
2010	Greaves, Shavon	4x400-Meter Relay	3:35.18
2010	Dorr, Fawn	4x400-Meter Relay	3:35.18
2010	Anyanwu, Doris	4x400-Meter Relay	3:35.18
2010	Duncan, Megan	4x400-Meter Relay	3:35.18
2011	Millhouse, Kara	10,000-Meters	35:02.33
2011	Duncan, Megan	400-Meter Hurdles	57.35
2011	McQuillen, Karlee	Javelin	162-10 (49.63)
2012	Millhouse, Kara	10,000-Meters	34:25.78
2012	Loht, Laura	Javelin	160-11 (49.05)
2013	Jones, Mahagony	100-Meters	11.32 (+2.6)
2013	Britton, Evonne	100-Meter Hurdles	13.40
2013	Kenney, Lauren	Javelin	173-10 (52.98)
2014	Jones, Mahagony	200-Meters	23.08
2014	Seymour, Kiah	400-Meter Hurdles	56.40
2014	McGee, Dynasty	4x400-Meter Relay	3:34.81
2014	Jones, Mahagony	4x400-Meter Relay	3:34.81
2014	Rhodes, Tichina	4x400-Meter Relay	3:34.81
2014	Seymour, Kiah	4x400-Meter Relay	3:34.81
2014	Kurzdorfer, Melissa	Hammer	198-6 (60.51)
2014	Brittney Howell	Heptathlon	5,515

** Bold - Denotes Big Ten Championship Record



ALL-TIME OUTDOOR CHAMPIONS || BY EVENT

ALL-TIME MEN'S OUTDOOR CHAMPIONS

200 Meters		
Olkowski, Ryan	20.59	2002
400 Meters		
Gehret, Brady	45.22	2012
800 Meters		
Miller, Mark	1:48.78	2006
Foster, Ryan	1:49.66	2009
Loxsom, Casimir	1:48.06	2010
Loxsom, Casimir	1:47.70	2011
Loxsom, Casimir	1:46.12	2012
1500 Meters		
Borchers, Samuel	4:03.96	2008
5000 Meters		
Hamer, Bob	14:26.10	1994
400-Meter Hurdles		
Derby, Brian	49.77	2001
Derby, Brian	49.72	2003
Campisi, Jaret	50.10	2005
4x400-Meter Relay		
Aaron Nadolsky, Brandon Bennett-Green, Casimir Loxsom, Brady Gehret	3:04.78	2012
High Jump		
Fritz, Ryan	7-1.75 (2.13)	2007
Long Jump		
Pina, Steve	25-9.50 (7.86)	1996
Audu, George	25-4 (7.72)	1998
Audu, George	25-8.75 (7.84)	1999
Triple Jump		
Davis, Antonio	50-10 (15.49)	1992
Davis, Antonio	51-1.75 (15.59)	1993
Smith, Clarence	52-10.75 (16.12)w	2009
Waithe, Steve	52-0 (15.85)	2014
Shot Put		
Eaton, Blake	60-6.75 (18.46)	2010
Eaton, Blake	61-8.50 (18.81)	2011
Kovacs, Joe	68-5 (20.85)	2012
Hill, Darrell	67-6 (20.57)	2014
Javelin		
Austin, Rob	224-0 (68.27)	1995
Wolter, Carl	233-8 (71.22)	1996
Burkholder, Troy	224-2 (68.32)	1997
Burkholder, Troy	210-11 (64.28)	1998
Burkholder, Troy	222-11 (67.96)	1999
Stumpf, Brian	216-4 (65.94)	2004
Kerschner, Bret	218-6 (66.61)	2005
Pettner, Allen	218-6 (66.60)	2006
Pettner, Allen	239-9 (73.09)	2007
Evak, Tanner	233-4 (71.13)	2009
Shuey, Michael	236-2 (71.98)	2014
Decathlon		
Cook, James	7448	1996
Kurelich, J.T.	7424	2003

ALL-TIME WOMEN'S OUTDOOR CHAMPIONS

100 Meters		
Moore, Connie	11.31	2002
Moore, Connie	11.37	2003
Moore, Connie	11.40	2004
Greaves, Shavon	11.49	2009
Greaves, Shavon	11.56	2010
Jones, Mahagony	11.32 (+2.6)	2013
200 Meters		
Moore, Connie	23.12	2002
Moore, Connie	22.74	2004
Cox, Shana	23.41	2006
Cox, Shana	23.15	2008
Greaves, Shavon	23.35	2009
Greaves, Shavon	23.28	2010
Jones, Mahagony	23.08	2014

ALL-TIME WOMEN'S OUTDOOR CHAMPIONS (Continued)

400 Meters		
Cox, Shana	52.91	2005
Cox, Shana	52.57	2006
Cox, Shana	52.00	2008
Dorr, Fawn	52.51	2010
800 Meters		
Bosler, Erica	2:05.69	1998
10,000 Meters		
Kelly, Kim	34:58.95	1993
Millhouse, Kara	35:02.33	2011
Millhouse, Kara	34:25.78	2012
100-Meter Hurdles		
Barber, Aleesha	12.83	2008
Barber, Aleesha	13.11	2010
Britton, Evonne	13.40	2013
400-Meter Hurdles		
Barber, Aleesha	57.56	2007
Dorr, Fawn	57.50	2010
Duncan, Megan	57.35	2011
Seymour, Kiah	56.40	2014
3000-Meter Steeplechase		
Franek, Bridget	9:58.56	2008
Franek, Bridget	9:48.28	2010
4x100-Meter Relay		
Kamilah Salaam, Chi-Chi Aduba, Sara Shoaff, Connie Moore	44.55	2004
Brooke Robinson, Kamilah Salaam, Sara Shoaff, Shana Cox	45.27	2005
Shana Cox, Monique Walker, Kamilah Salaam, Sara Shoaff	45.18	2006
Shavon Greaves, Caitlin DeFusco, Aleesha Barber, Fawn Dorr	42.62	2010
4x400-Meter Relay		
Shana Cox, Dominique Blake, Kim Markel, Briene Simmons	3:36.95	2006
Briene Simmons, Gayle Hunter, Dominique Blake, Shana Cox	3:34.93	2007
Briene Simmons, Dominique Blake, Gayle Hunter, Shana Cox	3:36.24	2008
Megan Duncan, Shavon Greaves, Doris Anyanwu, Fawn Dorr	3:35.18	2010
Dynasty McGee, Mahagony Jones, Tichina Rhodes, Kiah Seymour	3:34.81	2014
Long Jump		
Aduba, Chi-Chi	20-10.75 (6.36)	2004
Triple Jump		
Walker, Shakeema	42-4 (12.91)	1998
Walker, Shakeema	43-6.50 (13.27)	1999
Shot Put		
O'Connor, Ja'Nai	55-4.75 (16.88)	2004
Discus		
Williams, Deshaya	165-10 (50.54)	2000
Leatherman, Jennifer	167-8 (51.10)	2006
Hammer		
Leatherman, Jennifer	199-3 (60.73)	2005
Leatherman, Jennifer	197-8 (60.24)	2006
Kurzrdorfer, Melissa	198-6 (60.51)	2014
Javelin		
Gibbs, Stacey	165-1 (50.31)	1992
McQuillen, Karlee	162-10 (49.63)	2011
Loht, Laura	160-11 (49.05)	2012
Kenney, Lauren	173-10 (52.98)	2013
Heptathlon		
Howell, Brittney	5,515	2014

** Bold - Denotes Big Ten Championship Record



BIG TEN HISTORY

ALL-TIME BIG TEN ATHLETES OF THE WEEK

ALL-TIME WOMEN'S WINNERS

Year	Season	Athlete	Date	Event
1996	XC	Kim McGreevy	October*	
1996	XC	Kim McGreevy	November*	
1997	T&F	Felicia Cooksey	January*	
1997	T&F	Jen Pastore	April*	
2001	XC	Michelle Wale	October 9	
2002	XC	Tracey Brauksieck	September 10	
2002	XC	Tracey Brauksieck	October 15	
2002	XC	Tracey Brauksieck	October 22	
2003	XC	Molly Landreth	September 17	
2003	XC	Molly Landreth	October 22	
2003	XC	Molly Landreth	October 29	
2003	T&F	Chi Chi Aduba	January 21	
2004	XC	Molly Landreth	September 14	
2004	XC	Molly Landreth	September 28	
2004	T&F	Sara Dougherty	February 3	
2004	T&F	Connie Moore	February 18	
2004	T&F	Ja'Nai O'Connor	March 29	
2004	T&F	Connie Moore	April 19	
2004	T&F	Chi Chi Aduba	May 3	
2005	T&F	Jennifer Leatherman	April 25	
2005	T&F	Jennifer Leatherman	May 9	
2006	XC	Bridget Franek	October 10	
2006	T&F	Jennifer Leatherman	January 17	
2006	T&F	Jennifer Leatherman	February 14	
2006	T&F	Jennifer Leatherman	March 28	
2006	T&F	Jennifer Leatherman	April 11	
2006	T&F	Jennifer Leatherman	April 25	
2006	T&F	Jennifer Leatherman	May 5	
2006	T&F	Jennifer Leatherman	May 8	
2007	XC	Bridget Franek	September 4	
2007	XC	Bridget Franek	September 25	
2007	T&F	Lena Bettis	January 16	Field
2007	T&F	Shana Cox	January 30	Track
2007	T&F	Shana Cox	April 10	Track
2007	T&F	Shana Cox	April 17	Track
2007	T&F	Aleesha Barber	April 24	Track
2007	T&F	Bridget Franek	May 1	Track
2007	T&F	Gayle Hunter	May 1	Field
2007	T&F	Emma Schmelzer	May 8	Field
2008	XC	Caitlin Lane	September 2	
2008	XC	Bridget Franek	October 7	
2008	T&F	Dominique Blake	January 29	Track
2008	T&F	Gayle Hunter	January 29	Field
2008	T&F	Briene Simmons	February 5	Track
2008	T&F	Lena Bettis	February 12	Field
2008	T&F	Shana Cox	April 15	Track
2008	T&F	Shana Cox	April 29	Track
2008	T&F	Shana Cox	May 6	Track
2009	XC	Caitlin Lane	September 8	
2009	XC	Cheryl Spring	September 15	
2009	XC	Bridget Franek	October 6	
2009	T&F	Bridget Franek	February 2	Track
2009	T&F	Gayle Hunter	February 2	Field
2009	T&F	Gayle Hunter	February 9	Field
2009	T&F	Bridget Franek	February 16	Track
2009	T&F	Bridget Franek	April 15	Track
2009	T&F	Kim Hanslovan	May 13	Field
2010	XC	Caitlin Lane	September 7	
2010	T&F	Shavon Greaves	January 11	Track
2010	T&F	Fawn Dorr	January 18	Track
2010	T&F	Shavon Greaves	February 1	Track
2010	T&F	Bridget Franek	February 15	Track
2010	T&F	Shavon Greaves	April 7	Track
2010	T&F	Karlee McQuillen	April 28	Field
2010	T&F	Bridget Franek	May 12	Track
2011	XC	Caitlin Lane	September 6	
2011	T&F	Shavon Greaves	January 31	Track
2011	T&F	Karlee McQuillen	April 6	Field
2012	XC	Bekka Simko	September 4	
2012	T&F	Mahagony Jones	January 9	Track
2012	T&F	Melissa Kurzdorfer	April 4	Field
2012	T&F	Kirsten Nieuwendam	May 9	Track
2013	T&F	Mahagony Jones	January 7	Track
2013	T&F	Erika Morgan	January 7	Field

ALL-TIME WOMEN'S WINNERS (Continued)

Year	Season	Athlete	Date	Event
2013	T&F	Marlene Ricketts	January 14	Field
2013	T&F	Lauren Kenney	April 10	Field
2013	T&F	Mahagony Jones	April 17	Track
2014	T&F	Evonne Britton	February 3	Track
2014	T&F	Kiah Seymour	February 17	Track
2014	T&F	Mahagony Jones	April 16	Track
2014	T&F	Kiah Seymour	May 7	Track
2014	T&F	Melissa Kurzdorfer	May 14	Field

ALL-TIME MEN'S WINNERS

Year	Season	Athlete	Date	Event
1992	T&F	Jay Kirby	January	
1992	T&F	Brian Miline	March*	
1996	T&F	4x800m Relay Team	March*	
1999	T&F	George Audu	January 12	
1999	T&F	John Gorham	April 19	
2001	XC	Stephen Walsh	October 9	
2001	T&F	Ryan Olkowski	April 9	
2003	XC	Dan Mazzocco	September 17	
2003	XC	Dan Mazzocco	October 22	
2006	T&F	Steve Meyers	April 25	
2007	XC	Brian Fuller	September 4	
2007	XC	Lucas Zarzeczny	September 25	
2007	T&F	Ryan Fritz	February 13	
2007	T&F	Allen Pettner	April 3	Field
2007	T&F	Ryan Fritz	April 17	Field
2007	T&F	Sam Borchers	January 29	Track
2008	T&F	Sam Borchers	April 8	Track
2008	T&F	Clarence Smith	May 6	Field
2009	T&F	Mike Cadau	January 12	Track
2009	T&F	Ryan Fritz	January 12	Field
2009	T&F	Clarence Smith	January 19	Field
2009	T&F	Clarence Smith	February 9	Field
2009	T&F	Ryan Foster	April 15	Track
2009	T&F	John Vellenoweth	May 13	Field
2010	XC	Vince McNally	September 7	
2010	T&F	Ryan Foster	January 18	Track
2010	T&F	Ryan Foster	February 1	Track
2010	T&F	Blake Eaton	February 8	Field
2010	T&F	Ryan Foster	April 7	Track
2010	T&F	Joe Kovacs	April 21	Field
2010	T&F	Casimir Loxsom	April 28	Track
2010	T&F	Casimir Loxsom	May 5	Track
2010	T&F	Ryan Fritz	May 12	Field
2011	XC	Kyle Dawson	September 6	
2011	T&F	Blake Eaton	February 7	Field
2011	T&F	Joe Kovacs	April 20	Field
2011	T&F	Casimir Loxsom	April 27	Track
2011	T&F	Ryan Foster	May 4	Track
2011	T&F	Sean Reilly	May 11	Field
2012	XC	Robby Creese	September 4	
2012	T&F	Hanif Johnson	January 9	Field
2012	T&F	Robby Creese	January 16	Track
2012	T&F	Joe Kovacs	April 4	Field
2012	T&F	Robby Creese	April 18	Track
2012	T&F	Joe Kovacs	April 18	Field
2012	T&F	Joe Kovacs	May 2	Field
2012	T&F	Joe Kovacs	May 9	Field
2012	T&F	Sancho Barrett	January 7	Track
2013	T&F	Jon Hendershot	January 7	Field
2013	T&F	Casimir Loxsom	January 14	Track
2013	T&F	Casimir Loxsom	January 28	Track
2013	T&F	Robby Creese	February 11	Track
2013	T&F	Brannon Kidder	April 10	Track
2013	T&F	Robby Creese	April 17	Track
2013	T&F	Casimir Loxsom	April 24	Track
2013	T&F	Casimir Loxsom	May 2	Track
2013	T&F	Jon Hendershot	May 8	Field
2014	T&F	Brannon Kidder	February 10	Track
2014	T&F	Steve Waithe	February 17	Field
2014	T&F	Steve Waithe	April 16	Field
2014	T&F	Darrell Hill	April 30	Field
2014	T&F	Brannon Kidder	May 7	Track



MEN'S RELAYS CHAMPIONS

Year	Relay	Performance
1920	4x1 Mile Relay ?, ?, ?, Larry Shields	18:10.6
1920	DMR (3/4 Mile, 440, 880, Mile) -, -, -, Larry Shields	10:37.2
1923	4x880 Yard Relay Edgar L. Carter, J. Russell Edgerton, Schuyler Enck, Alan Helffrich	7:48.8
1924	SMR (440, 220, 220, 880) Alan Helffrich, Conway, Crip Moore, Schuyler Ench	3:30.4
1926	4x1 Mile Relay R.R. Fouracre, P.B. Reis, K.B. Barclay, J.H. Stewart	18:14.6
1926	4 x 120-Yd High Hurdle Shuttle E.T. Eggers, J.M. Lerch, C.J. Sharp, Crip Moore	1:06.0
1928	4x110 Yards Frank Kilmer, Al Bates, John McCracken, Dick Bartholomew	42.6
1928	DMR (3/4 Mile, 440, 880, Mile) Lonnie Kittle, Bill Karbach, George Offenhausen, Bill Cox	10:37.8
1929	4x1 Mile Relay C.A. Meisinger, P.E. Rekers, G.K. Offenhauser, Bill Cox	17:48.6
1932	SMR (440, 220, 220, 880) C.E. Gritsavage, I. Dale, W. Van Keuran, W.F. Dunaway, or H. Thompson Dale	3:28.6
1942	SMR (440, 220, 220, 880) Barney Ewell, D.D. Dolbin, M.M. Neville, Norm Gordon	3:26.5
1947	4x1 Mile Relay Bill Shuman, Curt Stone, Horace Ashenfelter, Gerry Karver	17:48.6
1948	4x1 Mile Relay Bill Shuman, Mitch Williams, H.Ashenfelter, Gerry Karver	17:30.7
1948	DMR (3/4 Mile, 440, 880, Mile) Paul Koch, Mitch Williams, Bill Shuman, Gerry Karver	10:15.1
1949	4x1 Mile Relay Unknown	17:35.4
1950	4x110 Yards Jim Gehrdes, Guy Kay, Bill Lockhart, Wilbert Lancaster	41.3
1951	4x1 Mile Relay Bob Parsons, Don Ashenfelter, Bill Ashenfelter, Bob Freebairn	17:24.6
1959	4x1 Mile Relay Ed Moran, Dick Engelbrink, Charles King, Fred Kerr	17:11.3
1959	DMR (3/4 Mile, 440, 880, Mile) Unknown	9:58.2
1983	4x800-Meter Relay Paul McLaughlin, Randy Moore, Mike Cook, Ken Wynn	7:19.77
1985	4x800-Meter Relay Vance Watson, Steve Shisler, Chris Mills, Randy Moore	7:11.17
1986	4x800-Meter Relay Vance Watson, Steve Shisler, Ray Levitre, Chris Mills	7:16.05
1987	4x800-Meter Relay Steve Balkey, Mark Anderson, Chris Mills, Ray Levitre	7:14.65
2011	SMR Aaron Nadolsky, Brady Gehret, Casimir Loxsom, Ryan Foster	3:17.10
2012	SMR Aaron Nadolsky, Br. Bennett-Green, Brady Gehret, Casimir Loxsom	3:18.47
2012	4x800 Owen Dawson, Ryan Brennan, Casimir Loxsom, Robby Creese	7:19.76
2013	4x800 Robby Creese, Za'Von Watkins, Casimir Loxsom, Brannon Kidder	7:14.14
2013	DMR Brannon Kidder, Brandon Bennett-Green, Casimir Loxsom, Robby Creese	9:24.68

WOMEN'S RELAY CHAMPIONS

Year	Relay	Performance
1978	4x800-Meter Relay Unknown	8:49.9
2008	4x400-Meter Relay Dominique Blake, Aleesha Barber, Gayle Hunter, Shana Cox	3:31.44

MEN'S INDIVIDUAL CHAMPIONS

Year	Athlete	Event	Performance
1910	Lee Talbot	Hammer Throw	160-6 (48.92)
1911	Lee Talbot	Discus	129-2 (39.32)
1911	Alfred Tilley	Hammer Throw	143-8 (43.78)
1913	Lee Talbot	Discus	142-0 (43.28)
1913	Lee Talbot	Hammer Throw	163-7 (49.88)
1919	Francis Emory	56-Pound Weight	28-0 (8.53)
1920	Francis Emory	Javelin	165-6 (50.44)
1923	Crip Moore	120-Yard High Hurdles	15.4
1925	Crip Moore	120-Yard High Hurdles	14.8
1926	Al Bates	Long Jump	23-3 1/2 (7.07)
1927	Bill Cox	Two-Mile	9:32.0
1927	Marian Ide	Hammer Throw	158-0 7/8
1938	Nick Vukmanic	Javelin	223-10 (68.22)
1939	Nick Vukmanic	Javelin	207-3 (63.16)
1942	Barney Ewell	Long Jump	24-5 1/2 (7.45)
1944	Barney Ewell	Long Jump	24-2 (7.36)
1945	Barney Ewell	100 Yards	9.8
1947	Curt Stone	Two-Mile	9:19.4
1949	Horace Ashenfelter	Two-Mile	9:21.5
1949	Jim Gehrdes	120-Yard High Hurdles	14.4
1950	Jim Gehrdes	120-Yard High Hurdles	14.3
1954	Art Pollard	100 Yards	9.8
1955	Roosevelt Grier	Shot Put	54-8 (16.66)
1961	Bob Brown	100 Yards	9.9
1965	Lennart Hedmark	Javelin	243-0 (74.06)
1966	Bill Reilly	3000-Meter Steeplechase	9:22.8
1971	Greg Fredericks	Three-Mile	13:36.1
1972	Greg Fredericks	Three-Mile	13:31.5
1973	Charlie Maguire	Three-Mile	13:41.6
1974	Charlie Maguire	Three-Mile	13:27.0
1974	Mike Shine	120-Yard High Hurdles	13.9
1974	Mike Shine	400-Meter Hurdles <small>(Converted from 440yds)</small>	50.8
1975	Knut Hjeltnes	Shot Put	61-23/4 (18.66)
1976	George Malley	3000-Meter Steeplechase	8:34.4
1976	Mike Shine	110-Meter High Hurdles	13.6
1976	Al Jackson	Hammer Throw	199-4 (60.76)
1977	Paul Stemmer	5000 Meters	13:52.4
1979	Bruce Baden	3000-Meter Steeplechase	8:42.5
1979	Alan Scharu	5000 Meters	13:48.5
1979	John Ziegler	10,000 Meters	29:19.3
1979	Tim Backenstose	Marathon	2:22:14
1980	Alan Scharu	5000 Meters	13:42.1
1982	Jeff Adkins	5000 Meters	13:55.0
1987	Dave Masgay	Decathlon (Multi)	7282
1989	C.J. Hunter	Shot Put	63-3 1/4 (19.28)
1990	C.J. Hunter	Shot Put	65-5 (19.81)
1993	Brian Milne	Discus	196-5 (59.86)
1993	Antonio Davis	Triple Jump	53-11 1/4 (16.44)
1996	James Cook	Decathlon (Multi)	7600
1997	James Cook	Decathlon (Multi)	7458
1998	Kevin Geesaman	20,000 Meters	1:04:40
2003	J.T. Kurecich	Decathlon (Multi)	7056
2005	Ian McCann	20,000 Meters	1:07:40
2007	Chris Morrisey	Decathlon (Multi)	7014
2008	Chris Morrisey	Decathlon (Multi)	6995
2009	Tanner Evak	Javelin	225-6 (68.74)
2012	Joe Kovacs	Shot Put	65-5 (19.94)
2014	Steve Waithe	Triple Jump	53-2.75 (16.22)
2014	Darrell Hill	Shot Put	63-11.75 (19.50)
2014	Michael Shuey	Javelin	234-11 (71.60)

INDIVIDUAL WOMEN'S CHAMPIONS

Year	Athlete	Event	Performance
1983	Marilyn Senz	Javelin	162-9 (49.60)
1984	Elaine Sobansky	Shot Put	53-4.50 (5.96)
1985	Paula Renzi	5000-Meters	16:01.4
1986	Stacy Prey	5000-Meters	16:01.2
1998	Jen Pastore	Javelin	177-7 (54.12)
2000	Deshaya Williams	Discus	174-8 (53.24)
2001	Brianne Johnson	Javelin	161-7 (49.26)
2006	Jennifer Leatherman	Hammer	213-7 (65.12)
2007	Bridget Franek	3,000m Steeplechase	9:59.21
2007	Gayle Hunter	Heptathlon	5606
2009	Fawn Dorr	400-Meter Hurdles	57.78
2010	Karlee McQuillen	Javelin	162-7 (49.57)
2011	Karlee McQuillen	Javelin	158-4 (48.28)
2012	Melissa Kurzdorfer	Hammer	205-1 (62.53)
2012	Lauren Kenney	Javelin	160-8 (48.99)
2013	Natalie Bower	3,000m Steeplechase	10:13.58
2013	Laura Lohr	Javelin	154-6 (47.10)
2013	Brittney Howell	Heptathlon	5084
2014	Leigha Anderson	10,000m	33:52.32
2014	Laura Lohr	Javelin	167-8 (51.11)



WOMEN'S INDOOR RECORDS

Track Events

60 Meters	7.24Shavon Greaves, 2010
200 Meters	22.60Consuella Moore, 2004
400 Meters	52.31 Shana Cox, 2007
800 Meters	2:05.67Briene Simmons, 2007
Mile	4:37.95 Bridget Franek, 2010
3000 Meters	9:10.04 Bridget Franek, 2009
5000 Meters	15:53.50 Paula Renzi, 1985
60m Hurdles	8.10 Evonne Britton, 2014

Relay Events

4x400-Meters	3:33.13	. Dynasty McGee, Mahagony Jones, Tichina Rhodes, Kiah Seymour, 2014
Distance Medley	11:05.16Caitlin Lane, Ije Iheoma, Bekka Simko, Kara Millhouse, 2012

Non-NCAA Event Records

55 Meters	6.98Shavon Greaves, 2008
300 Meters	37.13Shavon Greaves, 2010
500 Meters	1:09.19 Shana Cox, 2007
600 Meters	1:29.81Briene Simmons, 2008
1000 Meters	2:44:24 Caitlin Lane, 2012
55m Hurdles	7.77Aleesha Barber, 2008
Shuttle Hurdles	32.30 Carla Criste, Laurie Dangel, Sue Lindner, Stephanie Weeks, 1983
4x200-Meters	1:35.65	.. Megan Osborne, Kiah Seymour, Dynasty McGee, Mahagony Jones, 2014
4x800-Meters	8:45.60 Judi Cassel, Heidi Gerken, Tammie Hart, Beth Stever, 1984
Sprint Medley	3:52.25 Lauren Burns, Lena Bettis, Aleesha Barber, Briene Simmons, 2007 ** Collegiate Record

*All times are FAT (Fully Automatic Timing)

BOLD - Denotes record set in 2014

Field Events

High Jump	5-11.25 (1.81).	Antoinette O'Carroll, 1987
	5-11.25 (1.81).....	Brittany Maun, 2010
Pole Vault	13-5.50 (4.11).....	Sara Dougherty, 2004
Long Jump	20-11.25 (6.38).....	Gayle Hunter, 2009
Triple Jump	44-1.25 (13.45).....	Chi-Chi Aduba, 2003
Shot Put	56-5.25 (17.20).....	Ja'Nai O'Connor, 2004
20-lb. Weight	74-10.50 (22.82)...	Jen Leatherman, 2006
Pentathlon	4,342 points Gayle Hunter, 2009

Pentathlon Event Records

60-Meter Hurdles	8.31 Brittney Howell, 2014
High Jump	5-8.50 (1.74).....	Amber Strouse, 2007Kelsey Coutts, 2012
Long Jump	20-11.25 (6.38).....	Gayle Hunter, 2009
Shot Put	40-0.50 (12.20).....	Gayle Hunter, 2009
800-Meters	2:13.73 Gayle Hunter, 2009

Retired Records

50 Yards	6.00 Lea Ventura, 1977
60 Yards	7.12 Vivian Riddick, 1983
220 Yards	24.84 Debbie Lewis, 1980
300 Yards	36.49 Janice Carter, 1985
440 Yards	55.62 Tammie Hart, 1981
600 Yards	1:20.34 Tammie Hart, 1983
880 Yards	2:09.11 Terry Pioli, 1983
1000 Yards	2:32.00Doreen Startare, 1983
1500 Meters	4:20.50 Patty Murnane, 1980
2000 Meters	6:05.67 Mary Rawe, 1980
2-Mile	9:54.76Doreen Startare, 1983
3-Mile	15:48.00 Paula Renzi, 1985
50-Yard Hurdles	6.80 Patti Knighton, 1978
60-Yard Hurdles	8.07 Stephanie Weeks, 1983
50-Meter Hurdles	7.20 Carla Criste, 1985
Mile Relay	3:46.30 Penny Fales, Tammie Hart, Elaine LaFramboise, Terry Pioli, 1980
2-Mile Relay	8:52.40 Judi Cassel, Heidi Gerken, Beth Stever, Doreen Startare, 1984
880-Yard Relay	1:43.90Debbie Lewis, Ann McKillop, Terry Pioli, Vivian Riddick, 1980



WOMEN'S INDOOR TOP 5 PERFORMANCES

60 Meters

1.	7.24	Shavon Greaves, 2010
2.	7.26	Mahagony Jones, 2014
3.	7.27	Consuella Moore, 2004
4.	7.41	Toyin Augustus, 2001
5.	7.46	Kamilah Salaam, 2005

200 Meters

1.	22.60	Consuella Moore, 2004
2.	22.93	Mahagony Jones, 2014
3.	22.98	Shavon Greaves, 2010
4.	23.48	Shana Cox, 2005
	23.48	Kiah Seymour, 2014

400 Meters

1.	52.31	Shana Cox, 2007
2.	52.53	Fawn Dorr, 2010
	52.53	Kiah Seymour, 2014
4.	53.14	Shavon Greaves, 2010
5.	53.15	Dominique Blake, 2008

500 Meters

1.	1:09.19	Shana Cox, 2007
2.	1:12.03	Janice Carter, 1989
3.	1:12.05	Ijeoma Iheoma, 2012
4.	1:12.23	Fawn Dorr, 2010
5.	1:13.32	Briene Simmons, 2006

600 Meters

1.	1:29.81	Briene Simmons, 2008
2.	1:30.22	Erica Bosler, 1989
3.	1:30.42	Ijeoma Iheoma, 2011
4.	1:31.35	Bekka Simko, 2011
5.	1:31.68	Fawn Dorr, 2008

800 Meters

1.	2:05.67	Briene Simmons, 2007
2.	2:06.88	Bekka Simko, 2012
3.	2:08.33	Marta Klebe, 2014
4.	2:08.75	Maura Ryan, 2011
5.	2:08.92	Caitlin Lane, 2011

1000 Meters

1.	2:44.24	Caitlin Lane, 2012
2.	2:47.28	Marta Klebe, 2014
3.	2:48.17	Sarah Jane Underwood, 2014
4.	2:48.21	Briene Simmons, 2007
5.	2:48.70	Bekka Simko, 2012

Mile

1.	4:37.95	Bridget Franek, 2010
2.	4:38.37	Caitlin Lane, 2011
3.	4:40.76	Kim McGreevy, 1997
4.	4:41.51	Patty Murnane, 1982
5.	4:42.81	Marta Klebe, 2014

3000 Meters

1.	9:10.04	Bridget Franek, 2009
2.	9:10.76	Tori Gerlach, 2014
3.	9:13.06	Paula Renzi, 1985
4.	9:15.16	Caitlin Lane, 2012
5.	9:17.48	Kara Millhouse, 2012

5000 Meters

1.	15:53.50	Paula Renzi, 1985
2.	15:56.76	Bridget Franek, 2010
3.	16:06.82	Kara Millhouse, 2012
4.	16:07.52	Brooklyne Ridder, 2013
5.	16:17.81	Natalie Bower, 2013
5.	16:22.30	Cheryl Spring, 2010
6.	16:22.70	Caitlin Lane, 2012

60-Meter Hurdles

1.	8.10	Evonne Britton, 2014
2.	8.16	Aleesha Barber, 2009
3.	8.22	Toyin Augustus, 2001
4.	8.31	Brittney Howell, 2014
5.	8.37	Gayle Hunter, 2009

4x200-Meter Relay

1.	1:35.65	Megan Osborne, Kiah Seymour, Dynasty McGee, Mahagony Jones, 2014 ** Collegiate Record
2.	1:37.25	Mahagony Jones, Kirsten Nieuwendam, Doris Anyanwu, Kiah Seymour
3.	1:37.76	Monique Walker, Kamilah Salaam, Gayle Hunter, Sara Shoaff, 2006
4.	1:37.92	Kamilah Salaam, Brooke Robinson, Sara Shoaff, Shana Cox, 2005
5.	1:38.05	Cheryl Green, Connie Moore, Sara Shoaff, Kamilah Salaam, 2004

4x400-Meter Relay

1.	3:33.13	Dynasty McGee, Mahagony Jones, Tichina Rhodes, Kiah Seymour, 2014
2.	3:33.49	Dominique Blake, Briene Simmons, Shana Cox, Aleesha Barber, 2007
3.	3:34.00	Dominique Blake, Shana Cox, Aleesha Barber, Fawn Dorr, 2008
3.	3:34.00	Doris Anyanwu, Ije Iheoma, Shavon Greaves, Megan Duncan, 2011
5.	3:34.04	Shana Cox, Briene Simmons, Aleesha Barber, Dominique Blake, 2006



WOMEN'S INDOOR HISTORY

WOMEN'S INDOOR TOP 5 PERFORMANCES

Sprint Medley Relay

- 3:52.25 Lauren Burns, Lena Bettis, Aleesha Barber, Briene Simmons, 2007
- 3:56.63 Cheryl Green, Connie Moore, Sara Shoaff, Briene Simmons, 2004
- 4:01.38 Sara Shoaff, Gayle Hunter, Dominique Blake, Jenny Stevens, 2005
- 4:09.50 Monique Walker, Sara Shoaff, Aleesha Barber, Katie Willow, 2006

Distance Medley Relay

- 11:05.16 Caitlin Lane (3:22), Iheoma (53.5), Bekka Simko (2:07.5), Kara Millhouse (4:41.1), 2012
- 11:14.78 Megan Hutchinson, Shana Cox, Briene Simmons, Bridget Franek, 2007
- 11:18.96 Bekka Simko, Ije Iheoma, Marta Klebe, Brooklyne Ridder, 2012
- 11:21.00 Susanne Heyer, Joetta Dweh, Erica Bosler, Kim McGreevy, '97
- 11:21.39 Abbie Benson, Dynasty McGee, Sarah Jane Underwood, Marta Klebe, 2013
- 11:26.40 Caitlin Lane, Doris Anyanwu, Liz Kearins, Cheryl Spring, 2010

High Jump

- 5-11.25 (1.81) Brittany Maun, 2010
- 5-11.25 (1.81) Antoinette O'Carroll, 1987
- 5-10.50 (1.79) Erika Morgan, 2013
- 5-9.75 (1.77) Jen Aylward, 2001
- 5-9.25 (1.76)** **Ahmenah Richardson, 2014**

Pole Vault

- 13-5.50 (4.11) Sara Dougherty, 2004
- 13-1.75 (4.01)** **Lexi Masterson, 2014**
- 12-11.50 (3.95) Jocelyn Witmer, 2010
- 12-11.50 (3.95) Caitlin Fairbairn, 2010
- 12-10 (3.91)** **Erin Knabe, 2014**

Long Jump

- 20-11.25 (6.38) Gayle Hunter, 2009
- 20-8 (6.30) Chi-Chi Aduba, 2003
- 20-8 (6.30) Shakeema Walker, 1999
- 20-7.50 (6.28) Carmen Mann, 1990
- 20-4.50 (6.21)** **Brittney Howell, 2014**

Triple Jump

- 44-1.50 (13.45) Chi-Chi Aduba, 2004
- 42-4.75 (12.92) Marlene Ricketts, 2013
- 41-11.50 (12.79) Gabriela Baiter, 2008
- 41-9.25 (12.73) Lena Bettis, 2007
- 41-9.25 (12.73) Shakeema Walker, 1998

Shot Put

- 56-5.25 (17.20) Ja'Nai O'Connor, 2004
- 53-6 (16.31) Elaine Sobansky, 1983
- 53-5 (16.28) Jen Leatherman, 2006
- 52-1.75 (15.89)** **Rachel Fatherly, 2014**
- 51-7.25 (15.73) Jane Swenson, 2013

20-lb Weight Throw

- 74-10.50 (22.82) Jen Leatherman, 2006
- 68-6 (20.88)** **Melissa Kurzdorfer, 2014**
- 66-3 (20.19) Kate Johnston, 2005
- 66-0.5 (20.13)** **Rachel Fatherly, 2014**
- 64-6 (19.66) Deshaya Williams, 2003

Pentathlon

- 4,342 Gayle Hunter, 2009
- 4,202** **Brittney Howell, 2014**
- 3,988 Carla Criste, 1985
- 3,861** **Tal Ben-Artzi, 2014**
- 3,805 Amber Strouse, 2007

Notable Performances

- * 4,059 Gayle Hunter, 2005
 * *American Junior Record*



Track Events

60 Meters	6.76	Ernie Terrell, 2003
200 Meters	20.98	Ryan Olkowski, 2002
400 Meters	46.22	Brady Gehret, 2011
800 Meters	1:46.98	Casimir Loxsom, 2013
Mile	3:57.11	Robby Creese, 2013
3000 Meters	7:54.52	Sam Masters, 2013
5000 Meters	13:52.36	Steve Brown, 1990
60m Hurdles	7.69	Guy Rose, 2001

Relay Events

4x400-Meters	3:05.22	Aaron Nadolsky, Brandon-Bennett-Green, Casimir Loxsom, Brady Gehret, 2012
Distance Medley	9:26.59	Brannon Kidder, Brandon Bennett-Green, Za'Von Watkins, Robby Creese, 2014

Non-NCAA Event Records

55 Meters	6.31	Michael Timpson, 1986
300 Meters	33.01	Michael Timpson, 1986 U.S. Collegiate Record
500 Meters	1:01.28	Casimir Loxsom, 2011
600 Meters	1:15.42	Casimir Loxsom, 2013
1000 Meters	2:19.53	Robby Creese, 2012 ** Collegiate Record **
1500 Meters	3:44.0	Larry Mangan, 1979
55m Hurdles	7.31	Michael Timpson, 1986
4x55-Meters	24.65	Knowledge Timmons, Shawn Colligan, Alex Langan, Ernie Terrell, 2006
4x55m Hurdles	28.8	Paul Pollock, Bill Austin, Matt Graham & Dennis Rock, 1977
4x200-Meters	1:26.24	Alex Langan, Jaret Campisi, Chris Lolagne, Ernie Terrell, 2004
Sprint Medley	3:23.74	Ernie Terrell, Jaret Campisi, Chris Lolagne, Matt Lincoln, 2005
4x800-Meters	7:21.37	Steve Balkey, Dave McMillan, Chris Mills & Ray Levitre, 1987
	7:21.37	Za'Von Watkins, Brannon Kidder, Ricky West, Casimir Loxsom, 2013
4-Mile	16:43.4	Jeff Adkins, Tom Rapp, Alan Scharsu & Larry Mangan, 1980

Field Events

High Jump	7-4.25 (2.24)	Paul Souza, 1982
Pole Vault	17-0.75 (5.20)	John Vellenoweth, 2009
Long Jump	25-11 (7.90)	David Coney, 1986
Triple Jump	53-0.75 (16.17)	Chavous Nichols, 2003
Shot Put	65-7 (19.99)	C.J. Hunter, 1990
35-lb. Weight	70-6.5 (21.50)	Will Barr, 2014
Pentathlon	4,097 pts	Brian Kelley, 1993
Heptathlon	5,511 pts	Rob Cardina, 2014

Heptathlon Event Records

Points	5,511	Rob Cardina, 2014
60 Meters	7.04	Rob Cardina, 2014
Long Jump	22-7 3/4 (6.90)	Anya Uzoh, 2012
Shot Put	45-10 (13.97)	James Cook, 1998
High Jump	6-7 1/2 (2.02)	Anya Uzoh, 2012
60-Meter Hurdles	8.21	J.T. Kuretich, 2003
Pole Vault	15-5 3/4 (4.72)	J.T. Kuretich, 2003
1,000 Meters	2:41.90	Chris Morrissey, 2007

Retired Records

50 Yards	5.1	Barney Ewell, 1942 (1)
300 Yards	30.1	Mike Sands, 1975
500 Yards	57.0	Ollie Sax, 1953
600 Yards	1:09.6	Ken Wynn, 1983
1000 Yards	2:09.4	Pat Rexroat, 1975
2-Miles	8:34.2	Greg Fredericks, 1972
3-Miles	13:17.6	Paul Stemmer, 1976
50-Yard Hurdles	6.1	Rod Perry, 1955 (1)
70-Yard Hurdles	8.4	Jim Gehrdes, 1949;
	8.4	Mike Shine, 1975
National TAC Medley (440, 220, 220, 300)	2:04.9	Mike Sands, Steve Hackman, Jack Davis & Mike Shine, 1975
Indoor Pentathlon	4,097	Brian Kelley, 1993

BOLD - Denotes record set in 2014



MEN'S INDOOR RECORDS

MEN'S INDOOR TOP 5 PERFORMANCES

60 Meters

1.	6.76	Ernie Terrell, 2003
2.	6.77*	Michael Timpson, 1986
3.	6.80*	Barney Ewell, 1942
4.	6.81	Alex Langan, 2006
	6.81	Alex Kenney, 2014

* Converted time from 60 yards to 55 meters

200 Meters

1.	20.98	Ryan Olkowski, 2002
2.	21.11	Michael Timpson, 1989
3.	21.18	Greg Miller, 2001
4.	21.21	Ernie Terrel, 2004
5.	21.25	Byron Robinson, 2014

400 Meters

1.	46.22	Brady Gehret, 2011
2.	46.55	Bernard Bennett-Green, 2014
3.	46.73	Byron Robinson, 2014
4.	46.74	Brandon Bennett-Green, 2014
5.	46.81	Michael Timpson, 1987

500 Meters

1.	1:01.28	Casimir Loxsom, 2011
2.	1:02.58	Ben Karcz, 2000
3.	1:02.75	Ernie Terrell, 2003
4.	1:02.81	Mike Cadau, 2009
5.	1:03.01	Bernard Bennett-Green, 2014

600 Meters

1.	1:15.42	Casimir Loxsom, 2013
2.	1:16.89	Ben Karcz, 2001
3.	1:17.65	Lionel Williams, 2009
4.	1:18.16	Matt Lincoln, 2004
5.	1:18.84	Mark Miller, 2005

Notable Performances

*	1:16.92	Casimir Loxsom, 2010 * American Junior Record
*	1:15.79	Casimir Loxsom, 2013 * American Collegiate Record
*	1:15.42	Casimir Loxsom, 2013 * All-Time Collegiate and American Best

800 Meters

1.	1:46.98	Casimir Loxsom, 2013
2.	1:47.32	Ryan Foster, 2010
3.	1:47.45	Brannon Kidder, 2014
4.	1:47.77	Owen Dawson, 2010
5.	1:48.11	Za'Von Watkins, 2014

Notable Performances

1:47.48	Ryan Foster, 2010 * Australian National Record
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1000 Meters

1.	2:19.53	Robby Creese, 2012
2.	2:19.60	Ryan Foster, 2010
3.	2:21.95	Ricky West, 2013
4.	2:21.98	Owen Dawson, 2010
5.	2:22.02	Za'Von Watkins, 2013

Notable Performances

*	2:19.53	Robby Creese, 2012 * Collegiate, American Junior Record
*	2:19.60	Ryan Foster, 2010 * Australian National Record

Mile

1.	3:57.11	Robby Creese, 2013
2.	3:58.49	Ryan Foster, 2011
	3:58.49	Brannon Kidder, 2014
4.	4:01.98	Samuel Borchers, 2008
5.	4:02.3	Greg Fredericks, 1972

3000 Meters

1.	7:54.52	Sam Masters, 2013
2.	8:00.78	Ken Frazier, 1989
3.	8:02.05	John Zishka, 1981
4.	8:04.21	Matt Fischer, 2014

Converted Marks

1.	7:53.58	Greg Fredericks, 1972
2.	7:54.50	Robert Snyder, 1979

5000 Meters

1.	13:52.36	Steve Brown, 1990
2.	13:58.55	Eric Carter, 1986

Converted Marks

1.	13:46.42	Paul Stemmer, 1976
2.	13:46.94	Alan Scharsu, 1980
3.	13:59.71	Charlie Maguire, 1974

60-Meter Hurdles

1.	7.69	Guy Rose, 2001
2.	7.82	Michael Timpson, 1986
3.	7.83	John Whelan, 1998
4.	7.85	Mike Shine, 1975
5.	7.86	Ron Jules, 2007

4x200-Meter Relay

1.	1:24.70	Emunael Mpanduki, Matt Gilmore, Brandon Bennett-Green, Aaron Nadolsky, 2013 ** Collegiate Record
2.	1:26:24	Alex Langan, Jaret Campisi, Chris Lolagne, Ernie Terrell, 2005
3.	1:28.31	Alex Langan, Ron Jules, Mike O'Donnell, Adam Stanowick, 2007
4.	1:28.99	Justin Kiscadden, Jaret Campisi, Ernie Terrell, Greg Miller, 2003
5.	1:29.32	Steve Morgan, Jordan Rajan, Justin Babich, Dan Engel, 2006



MEN'S INDOOR TOP 5 PERFORMANCES

4x400-Meter Relay

- 3:05.22 Nadolsky (46.8), Bennett-Green (46.6),
Loxsom (46.1), Gehret (45.8), 2012
- 3:07.27 Nadolsky, Williams,
Loxsom, Gehret, 2011
- 3:07.72 Nadolsky, Gehret,
Loxsom, Gilmore, 2012
- 3:07.83** **Robinson, Be. Bennett-Green,**
Nadolsky, Br. Bennett-Green, 2014
- 3:08.03 Mpanduki, Loxsom,
Gilmore, Br. Bennett-Green, 2013

Sprint Medley Relay

- 3:23.74 Ernie Terrell (48.67), Jaret Campisi (21.31),
Chris Lolagne (21.40), Matt Lincoln (1:52.06), 2005
- 3:27.70 Ben Karcz (49.31), Duane Reeves (21.94),
John Gorham (22.53), Joe Hubbard (1:53.03), 1999
- 3:28.35 Ben Karcz, John Whelan,
Duane Reeves, Joe Loner, 1998
- 3:29.07** Vern Lucas, Steve Evans,
Paul Pollack, Bill Sheskey, 1978
- 3:29.1** Mike Sands, Doug Finkel,
Fred Singleton, Martin Keen, 1974

Converted times from yards in **BOLD**.

4x800-Meter Relay

- 7.21.37 Balkey, McMillan, Mills, Levitre, 1987
Watkins, Kidder, West, Loxsom, 2013
- 7.24.38 Watson, Shiffer, Levitre, Mills, 1986

Converted from 2-Mile Relay

- 7:21.42 *McLaughlin, Moore, Wynn, Cook, 1983*
- 7:23.38 *Watson, Shisler, Mills, Moore, 1985*

Distance Medley Relay

- 9:26.59** .. **Kidder, Bennett-Green, Watkins, Creese, 2014**
- 9:32.94 Borchers, Cadau, Foster, Johnson, 2009
- 9:35.21 Borchers, Williams, Loxsom, O. Dawson, 2011
- 9:35.24 Endress, Nadolsky, Manley, Creese, 2012
- 9:35.68 O. Dawson, Nadolsky, Williams, Foster, 2011

4xMile Relay

- 16:43.4 Jeff Adkins (4:15.1), Tom Rapp (4:10.2),
Alan Scharsu (4:11.2), Larry Mangan (4:05.9), 1980
- 17:07.5* Charlie Maguire, Bob Hillman,
Dan Supulski, Greg Fredericks, 1972
- 17:10.0 Dan Supulski, Charlie Maguire,
Gary Gittings, Bob Hillman, 1971
- 17:11.8 Larry Mangan, Kelly O'Brien,
Glen Chumley, Tom Rapp, 1973
- 17:14.5 Charlie Maguire, John Fullmer,
Matt Chadwick, Gary Gittings, 1973

*American record when recorded.

High Jump

- 7-4 1/4 (2.24) Paul Souza, 1982
- 7-3 1/4 (2.22) Ryan Fritz, 2007
- 7-2 3/4 (2.20) Ryan Olkowski, 1999
7-2 3/4 (2.20) **Jon Hendershot, 2014**
- 7-1 3/4 (2.18) Sean Reilly, 2012

Pole Vault

- 17-0 3/4 (5.20) John Vellenoweth, 2009
- 17-0 (5.18) Mason Ternay, 1992
- 16-9 1/2 (5.12) Ron Campbell, 1985
- 16-9 1/2 (5.12) Rick Kleban, 1985
- 16-8 3/4 (5.10) Dave Bollinger, 2004
16-8 3/4 (5.10) Brad Lawrence, 2010

Long Jump

- 25-11 1/4 (7.91) Dave Coney, 1986
- 25-10 3/4 (7.89) Antonio Davis, 1993
- 25-8 (7.82) George Audu, 1999
- 25-5 1/2 (7.76) Rob Boulware, 1986
- 25-4 1/2 (7.73) John Gorham, 1999

Triple Jump

- 53-0 3/4 (16.17) Chavous Nichols, 2003
- 52-6 (16.00) Clarence Smith, 2009
52-6 (16.00) **Steve Waithe, 2014**
- 52-4 1/4 (15.955) Ricardo Hall, 1990
52-4 1/4 (15.955) Antonio Davis, 1994

Shot Put

- 65-7 (19.99) C.J. Hunter, 1990
- 65-1 1/4 (19.84) Joe Kovacs, 2011
- 62-6 1/2 (19.05) Phil Caraher, 1991
- 62-2 1/2 (18.96)** **Darrell Hill, 2014**
- 62-1 1/4 (18.93) Blake Eaton, 2011

35-lb Weight Throw

- 70-6 1/2 (21.50)** **Will Barr, 2014**
- 66-5 3/4 (20.26) Dorian Lowe, 2002
- 66-2 1/4 (20.17) Scott Vernon, 2005
- 65-9 3/4 (20.06) Neal McNutt, 1998
- 65-9 (20.04) Tyler Hoffman, 2008

Heptathlon

- 5511** **Robert Cardina, 2014**
- 5500 James Cook, 1998
- 5419 Chris Morrissey, 2008
- 5367 Anya Uzoh, 2012
- 5239 Shawn Colligan, 2008



WOMEN'S OUTDOOR RECORD BOOK

Track Events

100 Meters	11.21	Connie Moore, 2003
200 Meters	22.45	Connie Moore, 2004
400 Meters	50.84	Shana Cox, 2008
800 Meters	2:03.09	Rebekka Simko, 2012
1,500 Meters	4:15.20	Marta Klebe, 2014
5,000 Meters	15:32.53	Kathy Mills, 1978
10,000 Meters	32:57.33	Kara Millhouse, 2012
100m Hurdles	12.85	Aleesha Barber, 2010
400m Hurdles	55.57	Fawn Dorr, 2010
3000m Steeple	9:32.35	Bridget Franek, 2010

Relay Events

4x100-Meters	44.25	Laurie Fox, Chi-Chi Aduba, Sara Shoaff, Connie Moore, 2003
4x400-Meters	3:27.69	Dominique Blake, Aleesha Barber, Gayle Hunter, Shana Cox, 2012

Non-NCAA Event Records

Mile	4:40.65	Bridget Franek, 2010
3000 Meters	9:08.04	Kathy Mills, 1978
4x200-Meters	1:33.09	Mahogany Jones, Dynasty McGee, Brittney Howell, Kiah Seymour, 2014
4x800-Meters	8:39.44	Caitlin Lane, Bekka Simko, Kayln Fisher, Maura Ryan, 2011
Distance Medley	11:08.41	Rebekka Simko, Ije Iheoma, Marta Klebe, Kara Millhouse
Sprint Medley	3:47.90	Aleesha Barber, Dominique Blake, Shana Cox, Briene Simmons, 2007
4x1500m Relay	17:57.28	Meghan Noecker, Bridget Franek, Leah Rosenfeld, Claire Percival, 2007

*All times are FAT (Fully Automatic Timing)

BOLD - Denotes record set in 2014

Field Events

High Jump	6-0 (1.83)	Shelley Mitchell, 1992
Pole Vault	13-3.5 (4.05)	Lexi Masterson, 2014
Long Jump	21-6 (6.55)	Chi-Chi Aduba, 2004
Triple Jump	44-6.75 (13.58)	Chi-Chi Aduba, 2004
Shot Put	55-4.75 (16.88)	Ja'Nai O'Connor, 2004
Discus	185-1 (56.42)	Deshaya Williams, 2003
Hammer	219-1 (66.78)	Jen Leatherman, 2006
Javelin	178-6 (54.41)	Laura Loht, 2014

Heptathlon Event Records

Heptathlon	5797	Gayle Hunter, 2009
100-Meter Hurdles	13.45	Gayle Hunter, 2009
High Jump	5-10 (1.78)	Brittney Howell, 2014
Shot Put	40-0 (12.19)	Gayle Hunter, 2009
200-Meters	23.56w	Gayle Hunter, 2008
Long Jump	21-0.50 (6.42)w	Gayle Hunter, 2009
Javelin	126-5 (38.53)	Gayle Hunter, 2008
800-Meters	2:17.20	Gayle Hunter, 2008

Retired Records

800m Medley	1:47.20	Johanna Humphreys, Terry Pioli, Vivian Riddick, Stephanie Weeks, 1982
Javelin (old)	198-11 (60.64)	Jen Pastore, 1998
Pentathlon	3,725 points	Patti Knighton, 1978



WOMEN'S TOP 10 OUTDOOR PERFORMANCES

100 Meters

1.	11.21	Connie Moore, 2004
2.	11.27	Shavon Greaves, 2010
3.	11.29	Mahagony Jones, 2014
4.	11.56	Kamilah Salaam, 2004
-	11.60 w + 2.4	k. Nieuwendam, 2012
5.	11.63 (11.57w)	Aleesha Barber, 2008
6.	11.68	Vivian Riddick, 1983
7.	11.70	Sara Shoaff, 2006
8.	11.72	Caitlin DeFusco, 2010
9.	11.78	Tiffany Glenn, 1999
10.	11.80	Jackie Brown, 1991

200 Meters

1.	22.45	Connie Moore, 2004
2.	22.90 (22.64w)	Mahagony Jones, 2014
3.	23.07	Shavon Greaves, 2010
4.	23.15 (22.92w)	Shana Cox, 2008
5.	23.47	Kirsten Nieuwendam, 2012
6.	23.61	Kamilah Salaam, 2004
7.	23.66	Kiah Seymour, 2014
8.	23.70	Sara Shoaff, 2005
9.	23.81 (23.56w)	Gayle Hunter, 2008
10.	23.85	Debbie Lewis, 1980

400 Meters

1.	50.84	Shana Cox, 2008
2.	52.15	Dominique Blake, 2008
3.	52.51	Fawn Dorr, 2010
4.	53.14	Dynasty McGee, 2014
5.	53.17	Ije Iheoma, 2012
6.	53.74	Laila Brock, 1998
	53.74	Janice Carter, 1988
8.	53.80	Tammie Hart, 1981
9.	54.15	Shavon Greaves, 2010
10.	54.23	Mahagony Jones, 2013

800 Meters

1.	2:03.09	Bekka Simko, 2012
2.	2:04.37	Tammie Hart, 1985
3.	2:04.72	Briene Simmons, 2006
4.	2:05.66	Janice Carter, 1985
5.	2:06.68	Terry Pioli, 1981
6.	2:05.69	Erica Bosler, 1998
7.	2:06.80	Maura Ryan, 2011
8.	2:07.26	Judi Cassel, 1995
9.	2:07.32	Marta Klebe, 2013
10.	2:08.09	Teressa DiPerna, 1989

1500 Meters

1.	4:15.20	Marta Klebe, 2014
2.	4:16.96	Doreen Startare, 1993
3.	4:17.40	Kim McGreevy, 1997
4.	4:17.54	Mary Rawe, 1981
5.	4:18.33	Bridget Franek, 2010
6.	4:19.83	Patty Murnane, 1981
7.	4:20.11	Bekka Simko, 2012
8.	4:20.40	Caitlin Lane, 2010
9.	4:21.10	Heather Carmichael, 1980
10.	4:21.31	Susanne Heyer, 1999

5000 Meters

1.	15:32.52	Kathy Mills, 1978
2.	15:46.08	Bridget Franek, 2010
3.	15:53.50	Paula Renzi, 1985
4.	16:06.32	Kim Kelly, 1993
5.	16:08.74	Leigha Anderson, 2014
6.	16:09.38	Stacy Prey, 1990
7.	16:11.93	Brooklyne Ridder, 2013
8.	16:12.00	Kris Bankes, 1978
9.	16:12.88	Natalie Bower, 2013
10.	16:14.98	Kara Millhouse, 2012

10,000 Meters

1.	32:57.33	Kara Millhouse, 2012
2.	33:52.32	Leigha Anderson, 2014
3.	34:00.00	Natalie Updegrove, 1983
4.	34:02.52	Kim Kelly, 1993
5.	34:02.80	Kris Kelly, 1993
6.	34:09.00	Kelli Hunt, 1993
7.	34:20.1	Donna Fidler, 1999
8.	34:24.07	Peggy Cleary, 1980
9.	34:31.75	Cheryl Spring, 2010
10.	34:39.89	Molly Landreth, 2003

100-Meter Hurdles

1.	12.85	Aleesha Barber, 2010
2.	13.03	Evonne Britton, 2014
3.	13.35	Gayle Hunter, 2009
4.	13.36	Toyin Augustus, 2001
5.	13.45	Brittney Howell, 2014
6.	13.82	Shelley Black, 2013
7.	13.83	Kamilah Salaam, 2006
	13.83	Monique Walker, 2006
9.	14.13	Pam Connell, 1991
10.	14.19	Carla Criste, 1986



WOMEN'S OUTDOOR RECORDS

WOMEN'S TOP 10 OUTDOOR PERFORMANCES

400-Meter Hurdles

1. 55.57 Fawn Dorr, 2010
2. **55.88** **Kiah Seymour, 2014**
3. 57.00 Aleesha Barber, 2007
4. 57.32 Evonne Britton, 2010
5. 57.35 Megan Duncan, 2011
6. 57.88 Shelley Mitchell, 1991
7. 58.45 Tammie Hart, 1982
8. 58.60 Ernestine Marsh, 1987
9. 58.77 Kim Markel, 2007
10. 58.93 Doris Anyanwu, 2012

3000-Meter Steeplechase

1. 9:32.35 Bridget Franek, 2010
2. **10:03.55** **Tori Gerlach, 2014**
3. 10:07.78 Molly Landreth, 2003
4. 10:07.86 Natalie Bower, 2013
5. 10:16.91 Tracey Brauksieck, 2003
6. 10:20.33 Lindsey Graybill, 2012
7. **10:20.76** **Abbie Benson, 2014**
8. 10:24.01 Claire Percival, 2007
9. 10:26.41 Nicole Lord, 2010
10. 10:28.82 Emily Giannotti, 2012

4x100-Meter Relay

1. 44.25 Laurie Fox, Sara Shoaff,
..... Connie Moore, Chi-Chi Aduba, 2003
2. 44.38 Kamilah Salaam, Chi-Chi Aduba,
..... Sarah Shoaff, Connie Moore, 2004
3. 44.57 Shavon Greaves, Caitlin DeFusco,
..... Aleesha Barber, Fawn Dorr, 2010
4. **44.64** **Dannielle Gibson, Mahogany Jones,**
..... **Dynasty McGee, Kiah Seymour, 2014**
4. 44.80 Kamilah Salaam, Sara Shoaff,
..... Shana Cox, Brooke Robinson, 2005
5. 44.86 Shavon Greaves, Shana Cox,
..... Aleesha Barber, Dominique Blake, 2008
6. 45.18 Shana Cox, Monique Walker,
..... Kamilah Salaam, Sara Shoaff, 2006
7. 45.31 Toyin Augustus, Chi-Chi Aduba,
..... Laurie Fox, Consuella Moore, 2001
8. **45.34** **Evonne Britton, Kiah Seymour,**
..... **Dynasty McGee, Mahogany Jones, 2014**
9. **45.35** **Evonne Britton, Mahogany Jones,**
..... **Megan Osborne, Kiah Seymour, 2014**
10. 45.57 Shavon Greaves, Caitlin DeFusco,
..... Fawn Dorr, Aleesha Barber, 2009

4x200-Meter Relay

1. **1:33.09** **Mahogany Jones, Dynasty McGee,**
..... **Brittney Howell, Kiah Seymour, 2014**
2. 1:33.78 Caitlin DeFusco, Shavon Greaves,
..... Fawn Dorr, Doris Anyanwu, 2010
3. 1:33.87 Connie Moore, Kamilah Salaam,
..... Chi-Chi Aduba, Sara Shoaff, 2004
4. 1:34.75 Shavon Greaves, Gayle Hunter,
..... Fawn Dorr, Caitlin DeFusco, 2009
5. **1:34.76** **Dynasty McGee, Mahogany Jones,**
..... **Megan Osborne, Kiah Seymour, 2014**
6. 1:35.98 Shana Cox, Gayle Hunter,
..... Dominique Blake, Lauren Burns, 2007
7. 1:36.56 Megan Duncan, Ije Iheoma,
..... Doris Anyanwu, Caitlin DeFusco, 2011
8. 1:36.73 Laurie Fox, Cherese Sullivan,
..... Chi-Chi Aduba, Consuella Moore, 2003
9. 1:38.17 Sara Shoaff, Kamilah Salaam,
..... Dominique Blake, Monique Walker, 2006
10. 1:38.24 Leslie Hummer, Lisa Chess,
..... Ernestine Marsh, Janice Carter, 1988

4x400-Meter Relay

1. 3:27.69 Dominique Blake, Aleesha Barber,
..... Gayle Hunter, Shana Cox, 2008
2. 3:30.34 Aleesha Barber, Shavon Greaves,
..... Gayle Hunter, Fawn Dorr, 2009
3. 3:30.35 Doris Anyanwu, Shavon Greaves,
..... Ije Iheoma, Megan Duncan, 2011
4. 3:30.74 Aleesha Barber, Shavon Greaves,
..... Doris Anyanwu, Fawn Dorr, 2010
5. **3:31.17** **Dynasty McGee, Mahogany Jones,**
..... **Tichina Rhodes, Kiah Seymour, 2014**
6. 3:31.75 Dominique Blake, Briene Simmons,
..... Gayle Hunter, Shana Cox, 2007
7. 3:32.90 Briene Simmons, Dominique Blake,
..... Fawn Dorr, Shana Cox, 2008
8. 3:33.03 Doris Anyanwu, Ije Iheoma,
..... Kirsten Nieuwendam, Dynasty McGee, 2012
9. 3:33.40 Dominique Blake, Aleesha Barber,
..... Gayle Hunter, Fawn Dorr, 2008
10. 3:33.47 Kiah Seymour, Mahogany Jones,
..... Shelley Black, Dynasty McGee, 2013



WOMEN'S TOP 10 OUTDOOR PERFORMANCES

Sprint Medley Relay

1.	3:47.90Aleesha Barber, Dominique Blake, Shana Cox, Briene Simmons, 2007
2.	3:49.19 Mahogany Jones, Dynasty McGee,Kiah Seymour, Marta Klebe, 2014
3.	3:50.15Kamilah Salaam, Sara Shoaff, Shana Cox, Dominique Blake, 2005
4.	3:50.54 Shavon Greaves, Gayle Hunter, Fawn Dorr, Bridget Franek, 2009
5.	3:52.37Sara Shoaff, Kamilah Salaam,Dominique Blake, Briene Simmons, 2006
6.	3:53.20 Janice Carter, Leslie Hummer, Lisa Chess, Kiernan O'Toole, 1988
7.	3:53.21Mahogany Jones, Kiah Seymour, Dynasty McGee, Colleen Shannon, 2013
8.	3:54.71 Erica Bosler, Laila Brock, Tiffany Glenn, Nicole Paul, 1998
9.	3:55.19 Dynasty McGee, Kirsten Nieuwendam, Ije Iheoma, Marta Klebe, 2012
10.	3:55.24Shavon Greaves, Doris Anyanwu,Ije Iheoma, Bekka Simko, 2011

4x800-Meter Relay

1	8:39.44 Caitlin Lane, Bekka Simko,Kalyn Fisher, Maura Ryan, 2011
2	8:41.09 Kathy Byrnes, Penny Fales,Sandy Miller, Lea Ventura, 1978
3	8:43.56 Tammie Hart, Elaine LaFramboise, Doreen Startare, Terry Pioli, 1982
4	8:43.70Joetta Dweh, Kim McGreevy, Tracy Pombo, Erica Bosler, 1997
5	8:44.37 Dominique Blake, Fiana York,Briene Simmons, Meghan Hutchinson, 2006
6	8:47.60MaryBeth Powers, Dana Dougan, Laurie Morrow, Teressa DiPerna, 1990
7	8:47.80 Kiernan O'Toole, Beth Stever, Janice Carter, Pam Daniely, 1986
8	8:48.27 Doreen Startare, Patty Murnane,Terry Pioli, Mary Rawe, 1981
9	8:49.13 Pam Daniely, Kiernan O'Toole, Ann Marie Quinn, Julie Moody, 1988
10	8:50.20 Tammie Hart, Judi Cassel, Janice Carter, Heidi Gerken, 1985

Distance Medley Relay

1.	11:08.41 Bekka Simko (3:23.0), Ije Iheoma (52.8) Marta Klebe (2:09.8), Kara Millhouse (4:42.8), 2012
2.	11:09.50 Tammie Hart, Patty Murnane,Terry Pioli, Mary Rawe, 1981
3.	11:16.97Leah Rosenfeld, Shana Cox, Briene Simmons, Bridget Franek, 2008
4.	11:17.53 Marta Klebe, Marlene Ricketts, Sarah Jane Underwood, Caitlin Lane, 2013
5.	11:18.20 Tammi Hart, Janice Carter, Lisa Ross, Paula Renzi, 1985
6.	11:20.80 Penny Fales, Debbie Lewis, Heather Carmichael, Mary Rawe, 1980
7.	11:21.64 Sue Huelster, Erica Bosler, Erin St. John, Kim McGreevy, 1996
8.	11:25.72 Caitlin Lane, Fawn Dorr, Liz Kearins, Bridget Franek, 2009
9.	11:26.54 Bridget Franek, Megan Duncan,Caitlin Lane, Cheryl Spring, 2010
10.	11:30.54Doreen Startare, Tammie Hart, Terry Pioli, Patty Murnane, 1982

4x1500-Meter Relay

1.	17:57.28 Meghan Noecker, Bridget Franek, Leah Rosenfeld, Claire Percival, 2007
2.	18:02.32 Marta Klebe, Caitlin Lane, Brooklyne Ridder, Sara Jane Underwood, 2013
3.	18:07.25 Katy Hillard, Jenny Stevens,Lauren Clark, Tracey Brauksieck, 2004
4.	18:19.78Laurie Morrow, Ann Marie Quinn,Kiernan O'Toole, Wendy Nelson, 1989
5.	18:21.78Jenny Stevens, Nicki Bohnsack, Stephanie Pezzulo, Lindsay Scottoline, 2005
6.	18:38.35 Laurie Morrow, Wendy Nelson,Jenny Weaver, Amanda Dudley, 1991
7.	18:43.37 Laurie Morrow, Dana Dougan,Anna DeRenzi, Jenny Weaver, 1992

High Jump

1.	6-0 (1.83) Shelley Mitchell, 1992
2.	5-11.25 (1.81)Pam Connell, 1991
3.	5-11Antoinette O'Carroll, 1987
4.	5-10.75 (1.80) Erika Morgan, 2013
5.	5-10.50 (1.79) Karen Krawick, 1980
	5-10.50 (1.79) Jenny Williams, 1987
	5-10.50 (1.79) Leslie Lippincott, 1991
8.	5-10.25 (NMC)Holly Jones, 1992
9.	5-10 (1.78) Deb Ford, 1988
	5-10 (1.78) India McCoy, 2014
	5-10 (1.78) Brittney Howell, 2014



WOMEN'S OUTDOOR RECORDS

WOMEN'S TOP 10 OUTDOOR PERFORMANCES

Pole Vault

1.	13-3.5 (4.05)	Lexi Masterson, 2014
2.	13-1.25 (4.00).....	Sara Dougherty, 2004
3.	12-9.5 (3.90).....	Jocelyn Witmer, 2010
	12-9.5 (3.90)	Erin Knabe, 2014
5.	12-8.25 (3.87).....	Caitlin Fairbairn, 2010
6.	12-6.25 (3.82).....	Amanda Palenchar, 2012
7.	12-5.25 (3.80).....	Kelly Nesbit, 2005
8.	12-2 (3.71).....	Lindsey McDonnell, 2002
9.	11-7.75 (3.55).....	Biz Curran, 2002
	11-7.75 (3.55).....	Rachel NeMoyer, 2008

Long Jump

1.	21-6 (6.55).....	Chi-Chi Aduba, 2004
2.	21-4.75 (6.52).....	Gayle Hunter, 2008
3.	20-10.75 (6.37).....	Carmen Mann, 1989
	20-10.75 (6.37).....	Shakeema Walker, 1999
	20-10.75 (6.37)	Brittney Howell, 2014
~	20-10.50 (6.36) w.....	Bianca Fung, 2009
6.	20-5.25 (6.25).....	Bianca Fung, 2009
7.	20-4.50 (6.21).....	Vivian Riddick, 1982
8.	20-4.25 (6.20).....	Monique Gillman, 1997
9.	20-3 (6.17).....	Lena Bettis, 2007
10.	20-1 (6.12)	Dannielle Gibson, 2014

Triple Jump

1.	44-6.75 (13.58).....	Chi-Chi Aduba, 2004
2.	44-3 (13.48).....	Shakeema Walker, 1999
3.	43-1 (13.13).....	Carmen Mann, 1990
4.	42-3.50 (12.89).....	Tanaya Lloyd, 2012
5.	42-2.75 (12.87)	Marlene Ricketts, 2014
6.	42-2 (12.85)	Dannielle Gibson, 2014
7.	41-7 (12.67).....	Lena Bettis, 2007
8.	41-2.50 (12.56).....	Gayle Hunter, 2007
	41-2.50 (12.56).....	Alicia Porro, 1992
10.	40-9 (12.42).....	Hanna Humphreys, 1984

Shot Put

1.	55-4.75 (16.88).....	Ja'Nai O'Connor, 2004
2.	55-0 (16.76).....	Elaine Sobansky, 1984
3.	53-8.25 (16.36).....	Jennifer Leatherman, 2006
4.	52-10 (16.10)	Rachel Fatherly, 2014
5.	52-6 (16.00).....	Jane Swenson, 2011
6.	51-6.5 (15.71)	Melissa Kurzdorfer, 2014
7.	51-6.25 (15.70).....	Deshaya Williams, 2003
8.	50-3.50 (15.58).....	Emma Schmelzer, 2009
9.	49-11.25 (15.22)	Alyssa Robinson, 2014
10.	48-6 (14.78).....	Kim Hicks, 1998

Discus

1.	185-1 (56.41).....	Deshaya Williams, 2001
2.	173-4 (52.83).....	Christen Clemson, 2007
3.	170-0 (51.82).....	Jennifer Leatherman, 2006
4.	167-7 (51.08).....	Elaine Sobansky, 1984
5.	167-4 (51.01).....	Emma Schmelzer, 2007
6.	166-8 (60.96).....	Melissa Kurzdorfer, 2013
7.	161-5 (49.21)	Rachel Fatherly, 2014
8.	157-6 (48.02).....	Taylor McNally, 2011
9.	156-7 (47.72).....	Lexi Benamati, 2004
10.	155-8 (47.44).....	Kim Kessell, 1991

Hammer

1.	219-1 (66.78).....	Jennifer Leatherman, 2006
2.	207-10 (63.35).....	Melissa Kurzdorfer, 2012
3.	197-3 (60.12).....	Kate Johnston, 2003
4.	190-10 (56.16).....	Deshaya Williams, 2003
5.	186-11 (56.97).....	Helen Higgins, 2007
6.	181-1 (55.20)	Rachel Fatherly, 2014
7.	179-6 (54.35).....	Emma Schmelzer, 2009
8.	174-3 (53.11).....	Robbin Shomper, 2003
9.	172-4 (52.53).....	Jane Swenson, 2011
10.	170-11 (52.10).....	Michelle Thompson, 1992

Javelin

1.	178-6 (54.41)	Laura Loht, 2014
2.	178-4 (54.35).....	Kim Hanslovan, 2009
3.	177-3 (54.02).....	Lauren Kenney, 2013
4.	176-2 (53.70).....	Karlee McQuillen, 2008
5.	169-3 (51.58).....	Carrie Karabinos, 1999
6.	167-2 (50.96).....	Heidi Nadeau, 2007
7.	167-1 (50.92).....	Brianne Johnson, 2001
8.	159-4 (48.56).....	Ashley Colley, 2002
9.	156-3 (47.62).....	Kristen Eash, 2004
10.	155-9 (47.47).....	Diana Bruch, 2005

Heptathlon

1.	5797	Gayle Hunter, 2009
2.	5706	Pam Connell, 1991
3.	5625	Brittney Howell, 2014
4.	5420	Carmen Mann, 1990
5.	5407	Shelley Mitchell, 1992
6.	5311	Carla Criste, 1986
7.	4919	Amber Strouse, 2007
8.	4917	Holly Jones, 1992
9.	4878	Felicia Cooksey, 1999
10.	4826	Danielle Bobo, 2003



Track Events

100 Meters	10.1	Mike Sands, 1975
200 Meters	20.23 (FAT)	Michael Timpson, 1986
400 Meters	45.20	Mike Sands, 1975
800 Meters	1:45.28	Casimir Loxsom, 2011
1,500 Meters	3:38.82	Brannon Kidder, 2014
5,000 Meters	13:34.0	Greg Fredericks, 1972
10,000 Meters	28:08.0	Greg Fredericks, 1972
110m Hurdles	13.56	Guy Rose, 2001
400m Hurdles	48.69 (FAT)	Mike Shine, 1976
3000m Steeple	8:22.5	George Malley, 1977

Relay Events

4x100-Meter	39.63	Jack Davis, Steve Hackman, Mike Shine, Mike Sands, 1975
4x400-Meter	3:01.52	A Nadolsky, Br Bennett-Green, C Loxsom, B Gehret, 2012

Non-NCAA Event Records

Mile	3:58.4	Larry Mangan, 1980
2000 Meters	5:07.2	Greg Fredericks, 1972
3000 Meters	7:54.0	George Malley, 1977
20,000 Meters	1:04:40	Kevin Geesaman, 1998
Marathon	2:17:49	George Christopher, 1975

Non-NCAA Relay Records

4x200-Meter	1:23.85	Alex Langan, Chris Lolagne Jaret Campisi, Ernie Terrell, 2005
4x800-Meter	7:11.17	Vance Watson, Steve Shisler, Chris Mills, Randy Moore 1985
4x1500-Meter	14:58.71	...	Bob Hudson, Mark Overheim, Eric Carter, Steve Shisler, 1986
4x1600-Meter	16:12.5	Tom Rapp, Bob Snyder, Mike Wyatt, Larry Mangan, 1979
4-Mile Relay	16:18.5	Tom Rapp, Bob Snyder, Mike Wyatt, Larry Mangan, 1979
Distance Medley	9:24.68	Brannon Kidder, Brandon Bennett-Green Casimir Loxsom, Robby Creese, 2013
Sprint Medley	3:17.10	...	Aaron Nadolsky, Brady Gehret, Casimir Loxsom, Ryan Foster, 2011
4x110m Hurdles	57.29	Chris Green, Al Parker Sam Harris, Michael Timpson, 1986

Field Events

High Jump*	7-3.50 (2.22)	David Coney, 1985
	7-3.25 (2.22)	Jon Hendershot, 2013
Pole Vault	17-5.50 (5.32)	John Vellenoweth, 2009
Long Jump	25-11 (7.90)	David Coney, 1985
Triple Jump	54-6 (16.61)	Antonio Davis, 1993
Shot Put	69-2 (21.08)	Joe Kovacs, 2012
Discus	207-5 (63.22)	Brian Milne, 1992
Hammer	218-6 (66.60)	Al Jackson, 1976
Javelin	249-5 (76.02)	Michael Shuey, 2014

Decathlon Event Records

Points	7,685	Rick Kleban, 1985
First-day Score	4,087	Robert Cardina, 2014
Second-day Score	3,774	James Cook, 1996
100 Meters	11.01	Rick Kleban, 1985
		Shawn Colligan, 2008
Long Jump	23-7.25 (7.19)	Dave Masgay, 1987
Shot Put	48-9.50 (4.87)	Barry Walsh, 1989
High Jump	7-0.25 (2.14)	Robert Cardina, 2014
400 Meters	47.65	Brian Kelley, 1991
110-Meter HH	14.45	Rick Kleban, 1987
Discus	155-3 (47.32)	James Cook, 1997
Pole Vault	16-2 1/2 (14.94)	Rick Kleban, 1985
Javelin	206-2 (62.83)	Shawn Colligan, 2008
1,500 Meters	4:21.05	Tom Kleban, 1989

Retired Records

2000m Steeple	5:43.2	Rick Garcia, 1981
Javelin (old)	78.77 (258-5)	...	Jim Stevenson, 1966

BOLD - Denotes record set in 2014

* Coney's mark is only recorded with an English measurement, 2.22m is the nearest metric equivalent.



MEN'S OUTDOOR RECORDS

MEN'S TOP 10 OUTDOOR PERFORMANCES

100 Meters

1.	10.34 (10.1 MT)	Mike Sands, 1975
2.	10.44	Mike Shine, 1976
3.	10.46	Ryan Olkowski, 2002
4.	10.47	Michael Timpson, 1987
5.	10.49	Bob Brown, 1961
6.	10.5	Alex Langan, 2006
7.	10.54	Barry Ewell, 1941
	10.54	Brian Littlejohn, 1984
9.	10.55	Steve Hackman, 1976
10.	10.56	Paul Lankford, 1980
	10.56	Greg Miller, 2000

200 Meters

1.	20.23	Michael Timpson, 1986
2.	20.58	Mike Sands, 1975
3.	20.59	Ryan Olkowski, 2002
4.	20.62	Brady Gehret, 2012
5.	21.01	Ernie Terrell, 2002
6.	21.02	Barry Ewell, 1942
	21.02	Art Pollard, 1955
8.	21.13	Brandon Bennett-Green, 2012
9.	21.14	Brian Littlejohn, 1984
10.	21.15	Greg Miller, 2000

400 Meters

1.	45.20	Mike Sands, 1975
2.	45.22	Brady Gehret, 2012
3.	45.94	Brandon Bennett-Green, 2012
4.	46.12	Byron Robinson, 2014
5.	46.14	Paul Lankford, 1980
6.	46.62	Ernie Terrell, 2002
7.	46.74	Mike Cadau, 2009
8.	46.91	Ben Karcz, 2002
9.	46.95	Alex Shisler, 2014
10.	46.98	Mike Shine, 1976

800 Meters

1.	1:45.28	Casimir Loxsom, 2011
2.	1:45.96	Randy Moore, 1985
3.	1:46.62	Ray Levitre, 1987
4.	1:46.78	Ryan Foster, 2009
5.	1:46.81	Chris Mills, 1987
6.	1:46.82	Ken Wynn, 1983
7.	1:46.85	Samuel Borchers, 2011
8.	1:46.87	Brannon Kidder, 2013
9.	1:47.63	Mike Cook, 1982
10.	1:47.83	Mark Miller, 2008

1500 Meters

1.	3:38.82	Brannon Kidder, 2014
2.	3:38.99	Steve Balkey, 1987
3.	3:39.25	Larry Mangan, 1980
4.	3:39.57	Ryan Foster, 2011
5.	3:41.03	Robby Creese, 2013
6.	3:42.08	Doug Walter, 1990
7.	3:42.12	David McMillan, 1988
8.	3:42.20	George Malley, 1977
	3:42.20	Mike Wyatt, 1977
10.	3:42.54	Owen Dawson, 2012

5000 Meters

1.	13:34.00	Greg Fredericks, 1972
2.	13:36.30	Robert Snyder, 1978
3.	13:42.10	Alan Scharsu, 1980
4.	13:50.54	Steve Brown, 1989
5.	13:52.40	Paul Stemmer, 1977
6.	13:53.20	George Malley, 1976
7.	13:55.00	Jeff Adkins, 1982
8.	13:56.10	Charlie Maguire, 1974
9.	13:57.10	Gary Gittings, 1973
10.	13:57.33	Sam Masters, 2013

10,000 Meters

1.	28:08.0	Greg Fredericks, 1972
2.	28:29.4	Charlie Maguire, 1974
3.	28:38.3	Eric Carter, 1987
4.	28:42.80	Paul Stemmer, 1976
5.	28:55.33	Kyle Dawson, 2012
6.	29:11.71	John Ziegler, 1979
7.	29:15.73	Tyler McCandless, 2010
8.	29:25.58	Mark Wimmer, 1994
9.	29:27.6	George Malley, 1975
10.	29:30.6	Alan Scharsu, 1980

110-Meter Hurdles

1.	13.56	Guy Rose, 2001
2.	13.73	Paul Lankford, 1980
3.	13.80	Michael Timpson, 1988
4.	13.87	Mike Shine, 1976
5.	13.96	Ron Jules, 2008
6.	14.06	John Whelan, 1997
7.	14.08	Sam Harris, 1988
8.	14.09	Brian Derby, 2002
9.	14.09	Barry Robinson, 1985
10.	14.10	Sancho Barrett, 2014



MEN'S TOP 10 OUTDOOR PERFORMANCES

400-Meter Hurdles

1. 48.69 Mike Shine, 1976
2. 49.55 Paul Lankford, 1981
3. 49.72 Brian Derby, 2003
4. 50.10 Jaret Campisi, 2005
5. 50.49 Bill Austin, 1978
6. 50.54 Michael Timpson, 1988
7. 50.61 Barry Robinson, 1985
8. 50.67 Kevin Cripanuk, 1992
- 9. 50.75 Byron Robinson, 2014**
10. 50.76 Brian Kelly, 1993

3000-Meter Steeplechase

1. 8:22.54 George Malley, 1977
2. 8:37.7 Rick Garcia, 1983
3. 8:40.4 Bruce Baden, 1977
4. 8:42.85 Eric Carter, 1988
5. 8:47.03 Larry Mangan, 1980
6. 8:48.1 Paul Mackley, 1985
7. 8:49.45 Brian Laird, 1989
8. 8:50.9 Jim Allahand, 1972
9. 8:51.84 Chris Foster, 2005
10. 8:53.71 Andy Scott, 1991

4x100-Meter Relay

1. 39.63 Jack Davis, Steve Hackman,
Mike Shine, Mike Sands, 1975
2. 39.88 Doug Finkel, Fred Singleton,
Mike Sands, Jimmy Scott, 1973
3. 40.18 Mike Shine, Steve Hackman,
Fred Singleton, Mike Sands, 1974
4. 40.40 Guy Rose, Duane Reeves,
Greg Miller, Ryan Olkowski, 2001
5. 40.48 Doug Finkel, Steve Hackman,
Fred Singleton, Mike Sands, 1974
6. 40.48 Doug Finkel, Mike Shine,
Fred Singleton, Mike Sands, 1974
7. 40.52 Alex Langan, Diamond Woolford,
Jaret Campisi, Ernie Terrell, 2004
8. 40.54 Sid Lewis, Al Parker,
Dave Coney, Michael Timpson, 1986
9. 40.58 Alex Langan, Diamond Woolford,
Jaret Campisi, Chris Lolagne, 2004
10. 40.61 Bryant Littlejohn, Rob Boulware,
Dave Coney, Michael Timpson, 1986

4x200-Meter Relay

1. 1:23.85 Alex Langan, Chris Lolagne,
Jaret Campisi, Ernie Terrell, 2005
2. 1:23.87 Bryant Littlejohn, Dave Coney,
Sean Faust, Michael Timpson, 1986
3. 1:24.10 Guy Rose, Ben Karcz,
Greg Miller, Ryan Olkowski, 2001
4. 1:24.18 Alex Langan, Diamond Woolford,
Jaret Campisi, Chris Lolagne, 2004
5. 1:24.42 Emunael Mpanduki, Brady Gehret,
Aaron Nadolsky, Mark Filando, 2011
6. 1:24.82 Jaret Campisi, Chris Lolagne,
Greg Miller, Ryan Olkowski, 2002
7. 1:24.86 Doug Finkel, Steve Hackman,
Fred Singleton, Mike Sands, 1974
8. 1:25.04 Munya Maraire, Jaret Campisi,
Greg Miller, Ryan Olkowski, 2002
9. 1:25.16 Doug Finkel, Fred Singleton,
Ed Chubb, Jim Scott, 1972
10. 1:25.56 Dennis Rock, Steve Hackman,
Mike Shine, Mike Sands, 1975

4x400-Meter Relay

1. 3:01.52 Aaron Nadolsky (46.6), Br. Bennett-Green (44.8),
Casimir Loxsom (45.6), Brady Gehret (44.22), 2012
2. 3:04.78 Aaron Nadolsky (47.2), Matt Gilmore (47.4),
Brady Gehret (44.1), Br. Bennett-Green (46.1), 2012
3. 3:06.50 Br. Bennett-Green, Brady Gehret,
Casimir Loxsom, Emunael Mpanduki, 2012
4. 3:06.21 Matt Gilmore, Alex Shisler,
Be. Bennett-Green, Br. Bennett-Green, 2013
5. 3:06.80 Be. Bennett-Green, Matt Gilmore,
Casimir Loxsom, Br. Bennett-Green, 2013
6. 3:07.19 Aaron Nadolsky, Casimir Loxsom,
Brady Gehret, Lionel Williams, 2011
7. 3:07.31 Emunael Mpanduki, Casimir Loxsom,
Aaron Nadolsky, Br. Bennett-Green, 2013
- 8. 3:07.94 Be. Bennett-Green, Br. Bennett-Green,
Alex Shisler, Byron Robinson, 2014**
- 9. 3:07.95 Be. Bennett-Green, Nadolsky,
Rob Cardina, Alex Shisler, 2014**
10. 3:08.22 Steve Janci (47.71), Munya Maraire (46.94),
Duane Reeves (46.81), Ben Karcz (46.70), 2000



MEN'S OUTDOOR RECORDS

MEN'S TOP 10 OUTDOOR PERFORMANCES

4x800-Meter Relay

1. 7:11.17 Vance Watson (1:49.2), Steve Shisler (1:47.9),
.....Chris Mills (1:48.5), Randy Moore (1:45.5), 1985
2. 7:12.90Lionel Williams (1:50.69), Sam Borchers (1:47.56),
....Ryan Foster (1:47.95), Casimir Loxsom (1:46.70), 2011
3. 7:14.14 Robby Creese (1:50.53), Za'Von Watkins (1:48.22)
....Casimir Loxsom (1:46.30), Brannon Kidder (1:49.10), 2013
4. 7:14.65Steve Balkey (1:51.5), Mark Anderson (1:49.2),
.....Chris Mills (1:46.1), Ray Levitre (1:47.85), 1987
5. 7:16.02 Vance Watson (1:48.9), Steve Shisler (1:49.9),
.....Ray Levitre (1:48.7), Chris Mills (1:48.4), 1986
6. 7:17.02 ... Owen Dawson (1:49.84), Casimir Loxsom (1:46.58),
.....Lionel Williams (1:51.94), Ryan Foster (1:48.67), 2010
7. 7:17.03 Vance Watson, Steve Shisler,
.....Chris Mills, Randy Moore, 1985
8. 7:17.90 ..Paul McLaughlin (1:49.1), Randy Moore (1:49.1),
..... Ken Wynn (1:49.1), Mike Cook (1:49.5), 1983
9. 7:18.66 .. Owen Dawson (1:51.7), Samuel Borchers (1:49.8),
.....Lionel Williams (1:48.4), Ryan Foster (1:48.9), 2009
10. 7:18.72 Ryan Foster, Owen Dawson,
..... Casimir Loxsom, Lionel Williams, 2010

Distance Medley Relay

1. 9:24.68Brannon Kidder (2:53.5),
.....Brandon Bennett-Green (45.6),
.... Casimir Loxsom (1:46.7), Robby Creese (3:58.9), 2013
2. 9:30.1Larry Mangan (2:53.3), Paul Lankford (45.6),
.....Mike Cook (1:49.6), Alan Scharsu (4:01), 1980
3. 9:31.53 .David McMillan (2:56.9), Michael Timpson (45.5),
..... Ray Levitre (1:47.8), Steve Balkey (4:01.3), 1987
4. 9:35.8 Jim Close (800), Bill Austin (400),
..... Mike Wyatt (1200), Larry Mangan (1600), 1979
5. 9:35.12 Aidan O'Reilly (2:57.1), Jon Strange (48.6),
..... Mark Anderson (1:48.4), Doug Walter, (4:01.4), 1990
6. 9:37.92 Mike Cook (1200), Jeff Lockett (400),
..... Ken Wynn (800), Gary Black (1600), 1982
7. 9:38.9 Pat Rexroat (800), Keith Falco,
..... Mike Wyatt, Dave Felice, 1977
8. 9:38.16 Aidan O'Reilly (2:56.8), Jerry Robinson, (47.9),
..... Joe Stegbauer (1:50.7), Doug Walter (4:03.2), 1991
9. 9:39.54 Steve Shisler (2:58.9), Sean Faust (47.7),
.....Vance Watson (1:49.1), Mark Overheim (4:03.7), 1986
10. 9:39.9 Vance Watson (2:59.2), Ken Wynn (47.2),
.....Randy Moore (1:49.2), Mark Overheim (4:04.3), 1984

High Jump

1. 7-3.50 (2.22).....David Coney, 1985
- 7-3.25 (2.22)..... Jon Hendershot, 2013
3. 7-3 (2.21).....Paul Souza, 1983
4. 7-2.50 (2.20).....Ryan Fritz, 2007
5. 7-2.25 (2.19)..... Sean Reilly, 2013
6. 7-1.75 (2.18).....David Kriz, 1995
7. 7-0.50 (2.15).....Ryan Olkowski, 1999
8. 7-0.25 (2.14)..... Nick Plack, 2000
- 7-0.25 (2.14)Rob Cardina, 2014**
10. 7-0 (2.13)..... Aaron Gawne, 1993

* Coney's 7-3.50 was measured in English (the closet metric equivalent is 2.22)

Pole Vault

1. 17-5 1/2 (5.32).....John Vellenoweth, 2009
2. 17-5 (5.31).....Mason Ternay, 1991
3. 17-0 (5.18)..... Dave Bollinger, 2004
4. 16-10 (5.13).....Rick Kleban, 1985
- 5. 16-8.75 (5.10)Dylan Bilka, 2014**
6. 16-7.25 (5.06)..... Ron Campbell, 1985
- 16-7.25 (5.06)..... Bradford Lawrence, 2009
8. 16-6.75 (5.05)..... Kevin Dare, 2001
- 16-6.75 (5.05)..... Nick Fegley, 2003
10. 16-6 (5.03)..... Ken Stoffer, 1983

Long Jump

1. 25-11 (7.90).....David Coney, 1985
2. 25-9 (7.86)..... Rob Boulware, 1986
- 25-9 (7.86)..... Steve Pina, 1996
4. 25-8.75 (7.84).....George Audu, 1999
- 25-8.75 (7.84)..... John Gorham, 1999
6. 25-6 (7.77).....Antonio Davis, 1993
7. 25-2.75 (7.69)..... Ryan Olkowski, 2000
8. 25-0.75 (7.64)..... Chavous Nichols, 2004
- 25-0 (7.62) w +3.7Doug Moppert, 2011
9. 24-10.50 (7.58).....Al Bates, 1928
10. 24-9 (7.54)..... Michael Timpson, 1986

Triple Jump

1. 54-6 (16.61).....Antonio Davis, 1993
2. 54-3.75 (16.55)..... Chavous Nichols, 2004
- ~ **53-2.75 (16.22w)Steve Waithe, 2014**
3. 53-1.50 (16.19)..... Clarence Smith, 2009
- 4. 52-11.50 (16.14)Steve Waithe, 2014**
5. 52-8.25 (16.06)..... Ricardo Hall, 1990
6. 51-8.50 (15.76)..... Hanif Johnson, 2011
- 7. 51-6.50 (15.71) Brian Leap, 2014**
8. 51-1 (15.57)..... Warren Rockwell, 1966
9. 50-7 (15.42)..... Steve Pina, 1995
10. 50-6 (15.39)..... Jay Pagana, 2007



MEN'S TOP 10 OUTDOOR PERFORMANCES

Shot Put

1.	69-2 (21.08)	Joe Kovacs, 2012
2.	67-6 (20.57)	Darrell Hill, 2014
3.	65-5 (19.94)	C.J. Hunter, 1990
4.	64-2.50 (19.57)	Blake Eaton, 2010
5.	64-0.25 (19.51)	Knut Hjeltnes, 1975
6.	61-11.75 (18.89)	Logan Caldwell, 2012
7.	61-3.25 (18.68)	Greg Reyner, 1986
8.	61-1.25 (18.62)	Phil Caraher, 1990
9.	59-7 (18.16)	Dane Miller, 2004
10.	57-1.50 (17.64)	Mike Valenti, 1983

Discus

1	207-5 (63.22)	Brian Milne, 1992
2	201-10 (61.52)	Knut Hjeltnes, 1975
3	186-9 (56.90)	Gary Williky, 1979
4	186-3 (56.78)	Blake Eaton, 2011
5	184-0 (56.08)	Joe Kovacs, 2011
6	183-6 (55.93)	Will Barr, 2012
7	177-11 (54.23)	Dan Diaz, 2003
8	176-10 (53.90)	Steve Meyers, 2006
9	175-3 (53.41)	Adam Thielemann, 2009
10	175-1 (53.36)	Sean Farrell, 1980

Hammer

1.	218-6 (66.60)	Alvin Jackson, 1976
2.	207-10 (63.35)	Will Barr, 2013
3.	203-0 (61.88)	Neal McNutt, 1998
4.	201-9 (61.50)	Joe Kovacs, 2011
5.	198-5 (60.49)	Tyler Hoffman, 2008
6.	197-0 (60.04)	Todd Shenk, 1984
7.	194-7 (59.30)	Cory Eck, 2010
8.	193-9 (59.07)	Jon Hart, 2005
9.	190-0 (57.92)	Aaron Ross, 2005
10.	189-6 (57.76)	Dorian Lowe, 2002

Javelin

1.	249-5 (76.02)	Michael Shuey, 2014
2.	239-9 (73.09)	Allen Pettner, 2007
3.	237-1 (72.26)	Troy Burkholder, 1997
4.	233-8 (71.22)	Carl Wolter, 1996
5.	233-4 (71.13)	Tanner Evak, 2009
6.	231-3 (70.48)	Brian Stumpf, 2003
7.	230-3 (70.19)	Matt Moyer, 2004
8.	227-8 (69.40)	Rob Austin, 1995
9.	225-7 (68.76)	Dave Matson, 1999
10.	224-4 (68.38)	Cole Proffitt, 2014

Decathlon

1.	7685	Rick Kleban,, 1985
2.	7666	Rob Cardina, 2014
3.	7600	James Cook, 1996
4.	7588	Dave Masgay, 1987
5.	7472	Barry Walsh, 1989
6.	7424	J.T. Kuretich, 2003
7.	7415	Brian Kelley, 1991
8.	7361	Shawn Colligan, 2008
9.	7119	Anya Uzoh, 2012
10.	7097	Chris Morrissey, 2008



ASHENFELTER III INDOOR TRACK

ASHENFELTER III INDOOR TRACK || FACILITY RECORDS

EVENT	PERFORMANCE	YEAR	ATHLETE - SCHOOL
Men 60 Meters	6.58	2011	Reggie Dixon - Hampton
Women 60 Meters	7.17	2012	Barbara Pierre - Unattached
Men 200 Meters	20.72	2006	LaShawn Merritt - Unattached
Women 200 Meters	22.98	2010	Shavon Greaves - Penn State
Men 400 Meters	45.46	2001	Andrew Pierce - Ohio State
Women 400 Meters	52.31	2007	Shana Cox - Penn State
Men 500 Meters	1:01.28	2011	Casimir Loxsom - Penn State
Women 500 Meters	1:08.70*	2010	Shana Cox - Adidas
	1:09.16 C, AJ	2007	Francena McCorory - Hampton
Men 600 Meters	1:15.79 AmC	2013	Casimir Loxsom - Penn State
	1:16.92 AJ	2010	Casimir Loxsom - Penn State
Women 600 Meters	1:27.22	2010	Molly Beckwith - Indiana
Men 800 Meters	1:46.98	2013	Casimir Loxsom - Penn State
Women 800 Meters	2:03.25	2014	Justine Fedronic - Stanford
Men 1000 Meters	2:19.53 C, AJ	2012	Robby Creese - Penn State
Women 1000 Meters	2:42.31	2010	Nicole Edwards - Unattached
Men Mile	3:56.51	2012	Jeff See - Saucony
Women Mile	4:30.41	2013	Sheila Reid - Nike
Men 3000 Meters	7:57.75	2014	Patrick Tiernan - Villanova
Women 3000 Meters	9:01.91	2011	Jackie Areson - Tennessee
Men 5000 Meters	13:58.16	2009	Hassan Mead - Minnesota
Women 5000 Meters	15:48.10	2005	Maureen McCandless - Pittsburgh
Men 60 Meter Hurdles	7.49	2012	Jarret Eaton - Syracuse
Women 60 Meter Hurdles	7.92	2002	Danielle Carruthers - Indiana
Men 2000 Meter Steeplechase	5:47.33	2013	Michael Kiley - Penn State
Women 2000 Meter Steeplechase	6:29.38	2013	Natalie Bower - Penn State
Men 4x200 Meter Relay	1:24.70 CR	2013	Penn State - E Mpanduki, M Gilmore, Br. Bennett-Green, A Nadolsky
Women 4x200 Meter Relay	1:35.65	2014	Penn State - M Osborne, K Seymour, D McGee, M Jones
Men 4x400 Meter Relay	3:06.98	2014	Pittsburgh - M Murray, C Nkanata, D Palmer, B Spratling
Women 4x400 Meter Relay	3:34.22	2014	Penn State - D McGee, K Seymour, T Rhodes, M Jones
Men 4x800 Meter Relay	7:23.13	2009	Phoenix Athletics - K Smith, A Maloney, M Lincoln, A Heaney
Women 4x800 Meter Relay	8:34.82	2009	Tennessee - L Loche, N Cook, P Hall, C Champion
Men Sprint Medley	3:23.74	2005	Penn State - E Terrell, J Campisi, C Lolagne, M Lincoln
Women Sprint Medley	3:52.25 C	2007	Penn State - L Burns, L Bettis, A Barber, B Simmons
Men Distance Medley	9:26.59	2014	Penn State - B Kidder, B Bennett-Green, Z Watkins, R Creese
Women Distance Medley	10:54.04	2014	Stanford - A Weissenbach, K Williams, C Saunders, J Fedronic
Men High Jump	7-5 (2.26)	2008	Joe Kindred - St. Augustine's
Women High Jump	6-2.75 (1.90)	2013	Tynita Butts - East Carolina
Men Pole Vault	18-3.25 (5.57)	2014	Shawn Barber - Akron
Women Pole Vault	14-3.25 (4.35)	2010	Alicia Rue - Minnesota
Men Long Jump	26-1.50 (7.96)	2011	Justin Hunter - Tennessee
Women Long Jump	21-6.75 (6.57)	2006	Tianna Madison - Nike
Men Triple Jump	55-9 (16.99)	2006	Leevan Sands - Bahamas
Women Triple Jump	45-2.50 (13.45)	2004	Colleen Scott - Unattached
Men Shot Put	70-10 (21.59)	2013	Ryan Whiting - Nike
Women Shot Put	60-7.75 (18.48)	2006	Cleopatra Borel-Brown - Unattached
Men Weight Throw 35 lb	74-4.25 (22.66)	2004	Dan Taylor - Ohio State
Women Weight Throw 20 lb	73-0.50 (22.26)	2007	Jennifer Leatherman - Unattached
Men Heptathlon	5827	2005	Ryan Olkowski - Unattached
Women Pentathlon	4731	2010	Hyleas Fountain - Nike
	4059 AJ	2005	Gayle Hunter - Penn State

* - American Indoor Record; C - Collegiate Record; AmC - American Collegiate Record; AJ - American Junior Record



NITTANY LION TRACK || FACILITY RECORDS

Men's Records

<u>EVENT</u>	<u>PERFORMANCE</u>	<u>YEAR</u>	<u>ATHLETE - SCHOOL</u>
100 Meters	10.19	2007	Demi Omole, Wisconsin
200 Meters	20.23	1986	Michael Timpson, Penn State
400 Meters	45.48	1983	James Rolle, Central Florida YMCA
800 Meters	1:46.29	1985	Randy Moore, Penn State
1500 Meters	3:42.5	1980	Larry Mangan, Penn State
		1980	Susthenes Bitock, Richmond
Mile	3:58.4	1980	Larry Mangan, Penn State
3000-Meter Steeplechase	8:33.45 (FAT)	1980	Hillary Tuwei, Richmond
5000 Meters	14:00.73	1980	Hillary Tuwei, Richmond
10,000 Meters	28:45.8	1973	Charlie Maguire, Penn State
110-Meter High Hurdles	13.62	1985	Albert Lane, Karamu Flyers Track Club
400-Meter Hurdles	50.29	2007	Adrian Walker, Illinois
4x100-Meter Relay	40.05	1996	Iowa (George Page, Andre Morris, Chris Davis, Ed Rozell)
4x110-Meter Shuttle Hurdles	59.2	1976	Penn State (Dennis Rock, Peter Kiproff, Bill Austin, Mike Shine)
4x200-Meter Relay	1:25.2	1974	Essex CC(Cecil Mitchell, Kevin Joseph, Herman Marchen, Fred Brown)
4x400-Meter Relay	3:07.25	1982	Seton Hall (Henry Mair, Linval Francis, Brian Denman, Derrick Peynaldo)
4x800-Meter Relay	7:21.4	1974	Cornell (Tom Patterson, Bob Anastasio, Paul Roach, Dave Keehn)
4x1600-Meter Relay	16:44.7	1973	Villanova (Eammon Coughlin, Brian McElroy, Tom Gregan, John Hartnett)
Distance Medley Relay	9:44.7	1973	Villanova (Warren Clark, Jim Rheim, Ken Schappert, John Hartnett)
Sprint Medley Relay	3:18.5	1974	Essex CC (Kevin Joseph, Fred Brown, Herman Marchen, Horace Tuitt)
High Jump	7-4 (2.24)	1983	Bill Therfelder, Keystone State Games
Pole Vault	18-2 1/2 (5.55)	2002	Jeremy Smith, Allegheny
Long Jump	25-11 1/2 (7.91)	1984	Danny Little, James Madison
Triple Jump	54-4 3/4 (16.58)	1984	David McFadgen, Newburg Track Club
Shot Put	69-1.25 (21.06)	2011	Ryan Whiting, Nike
Discus	207-5 (63.22)	1992	Brian Milne, Penn State
Hammer	268-8 (81.88)	1988	Jud Logan, Athletics West (American Record)
Javelin (New)	252-7 (76.98)	1997	Nigel Beven, Belgrave Harrier
Javelin (Old)	254-4 (77.52)	1984	Bob DUBYOSKI, Unattached
Decathlon	8,316 points (Hand)	1985	Dave Steen, University of Toronto TC

Women's Records

<u>EVENT</u>	<u>PERFORMANCE</u>	<u>YEAR</u>	<u>ATHLETE, SCHOOL</u>
100 Meters	11.19	1996	Kerry Ann Richards, Illinois
200 Meters	23.13	1996	Aspen Burkett, Illinois
400 Meters	51.89	1996	Chandra Burns, Michigan State
800 Meters	2:03.45	1983	Patty Bradley, Villanova
1500 Meters	4:15.93	2007	Anna Willard, Michigan
3000 Meters	9:21.67	1981	Judy St. Hilaire, Vermont State
5000 Meters	16:11.14	1981	Kathy Mills, Penn State
10,000 Meters	34:03.5 (HT)	1981	Aileen O'Connor, Virginia
3000-Meter Steeplechase	9:54.70	2010	Bridget Franek, Penn State
100-Meter Hurdles	12.90	1996	Tonya Williams, Illinois
400-Meter IM Hurdles	56.86	1996	Tonya Williams, Illinois
4 x100-Meter Relay	43.89	1996	Illinois (Benita Kelley, Kerry Ann Richards, Tonya Williams, Aspen Burkett)
800-Meter Relay	1:43.78	1981	Morgan State (Rhonda Yancy, Janet Dodson, Nellie Bullock, Roberta Belle)
4x400-Meter Relay	3:34.93	2007	Penn State (Briene Simmons, Gayle Hunter, Dominique Blake, Shana Cox)
4x800-Meter Relay	8:48.27	1981	Penn State (Doreen Startare, Patty Murnane, Terry Pioli, Marry Rawe)
High Jump	6-2 1/4 (1.88)	1983	Lisa Bernhagen, Idaho Track Club
Pole Vault	13-5 1/2 (4.13)	2007	Vera Neuenswander
Long Jump	21-2 1/2 (6.46)	1996	Shandelier Boyd-Pieasant, Ohio State
Triple Jump	43-4 1/2 (13.22)	1996	Dawn Reilly, Illinois
Shot Put	55-0 1/4 (16.77)	1984	Elaine Sobansky, Penn State
Discus	178-10 (54.51)	2001	Deshaya Williams, Penn State
Hammer	219-1 (66.78)	2005	Jennifer Leatherman, Penn State
Javelin	178-4 (54.71)	2009	Kim Hanslovan, Penn State
Heptathlon	5,722 points	2007	Bettie Wade, Michigan