



2020-21 TRACK & FIELD / CROSS COUNTRY

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YEARBOOK





TABLE OF CONTENTS

Coaching and Support Staff

Director and Head Coach John Gondak.....	3-5
Associate Coach Erin Tucker	6-7
Assistant Coach Kevin Kelly.....	8-9
Assistant Coach Angela Reckart.....	10
Assistant Coach Fritz Spence.....	11-12
Assistant Coach Lucais MacKay.....	13
Director of Operations Laura Loht.....	14
Volunteer and Support Staff.....	15-16

2019-2020 Team Information

Women's Bios.....	18-48
Men's Bios.....	49-75

Records and Information

Penn State at the Olympic Games.....	77
NCAA Cross Country History.....	79-84
Penn State Indoor History.....	86-92
NCAA Outdoor History.....	94-100
Athletes of the Week History.....	101
Penn Relays History.....	102
Women's Indoor Records.....	103-106
Men's Indoor Records.....	107-110
Women's Outdoor Records.....	111-115
Men's Outdoor Records.....	116-119
Ashenfelter III Facility Records.....	120
Nittany Lion Track Records.....	121

2021 Cross Country Schedule

January 30	Big Ten Cross Championships.....	Shelbyville, Ind.
March 15	NCAA Cross Country Championships.....	Stillwater, Okla.

2021 Indoor Schedule

January 16	Nittany Lion Opener.....	University Park, Pa.
January 23	Penn State Invite.....	University Park, Pa.
February 6	Wolverine Invitational.....	Ann Arbor, Mich.
February 12-13	Big Ten Preview.....	Geneva, Ohio
February 19	Penn State Tune Up.....	University Park, Pa.
February 26-27	Big Ten Indoor Championships.....	Geneva, Ohio
March 11-13	NCAA Indoor Championships.....	Fayetteville, Ark.

2021 Outdoor Schedule

TBA	TBA.....	TBA
TBA	TBA.....	TBA
TBA	TBA.....	TBA
TBA	TBA.....	TBA
TBA	TBA.....	TBA

BOLD – Denotes HOME Competition

***The Big Ten Conference announced the postponement of fall sports until the spring of 2021. The NCAA elected to move the 2020 Cross Country Championships to March 15, 2021 in accordance with the postponement of fall sports across the majority of the NCAA due to the COVID-19 pandemic.**

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Head Coach John Gondak's résumé with the Blue & White, spanning seven years as head coach and 15 years overall at Penn State, can be matched by few middle-distance mentors in the country. His tenure has produced 51 first team All-Americans, 46 Big Ten Champions, 62 Penn State records, seven Big Ten Freshman of the Year honorees, 12 Penn Relays victories, and four sub-4:00 milers.

Three more Big Ten champions were crowned during the COVID-19 pandemic-shortened 2020 indoor season. Seniors Billy McDevitt and Danae Rivers continued the Nittany Lions' dominance of the men's and women's 800m event in the Big Ten. McDevitt captured the men's 800m crown and became the fifth consecutive Nittany Lion to win the 800m title. Rivers became the only female student-athlete in Big Ten history to win four consecutive 800m indoor Big Ten titles and also won the Big Ten indoor mile championship. She was awarded All-America honors in the mile event by the USTFCCA due to the NCAA Indoor Championships being canceled due to the COVID-19 pandemic.

The women's cross country team won its fourth region title in the last five years and Gondak won his fourth Mid-Atlantic Region Women's Coach of the Year award of the Year honor in the fall of 2019. The women's cross country program finished 18th at the NCAA Cross Country Championships. This marked the fifth-straight year the Nittany Lions placed in the top 20, one of only seven programs to achieve that mark.

Gondak mentored Rivers to reach new heights during the 2019 indoor and outdoor seasons. Rivers won the first women's indoor individual NCAA national championship in Penn State history. Rivers won her third consecutive 800m indoor Big Ten Championship, second consecutive outdoor 1500m Big Ten Championship and second outdoor 800m Big Ten Championship. Rivers' 2019 list of accomplishments under Gondak's direction also included; 1,000m collegiate record (2:38.58), 800m indoor school record (2:02.94), mile indoor school record - 10th fastest collegiate time ever (4:29.47) - and third consecutive Mid-Atlantic Region Track Athlete of the Year award.

Along with Rivers in 2019, Domenic Perretta won the men's 800m indoor Big Ten Championship, continuing Penn State's dominance in the 800m event as 2019 marked the fourth consecutive year a Penn State student-athlete won the men's 800m Big Ten Championship (Isaiah Harris, 2016-18).

Under Gondak's direction, the Nittany Lions track & field program earned five first-team All-America honors in 2019 and the 2019 women's program finished 11th at the NCAA Indoor Track & Field Championships.

The 2019 track & field women's recruiting class was named No. 1 by Track & Field News, which marks the first time in program history a recruiting class was ranked No. 1.

The 2019 overall class was comprised of seven All-Americans, which includes two individual national champions, a duo that won a national title in the 4x800-meter relay and a national runner-up in the 800-meter run.

During the fall of 2018, the Penn State women's cross country program advanced to its fourth consecutive top-20 finish at the NCAA Championships under Gondak. Penn State was one of just eight schools to accomplish this feat at the time. Three Nittany Lions earned All-Big Ten honors in 2018.

In the fall of 2017, the Penn State women's cross country program ran to its third straight Mid-Atlantic Regional title and advanced to the NCAA

Championships for the eighth time in 10 seasons as of 2017. Following the regional meet, Gondak was named the Mid-Atlantic Regional Women's Head Coach of the Year. At the NCAA Cross Country Championships, the Nittany Lion women finished in the top 20 for the third straight season.

For the Penn State men, Colin Abert and Timothy McGowan advanced to the NCAA Championships, which marked the first time since 2011 the Nittany Lion men had two competitors at the NCAA Championships. Along with Abert and T. McGowan, John McGowan all brought home all-region honors for finishing in the top-25 at the regional meet.

At the 2017 Big Ten Cross Country Championships, Abert (second team) and Jillian Hunsberger (first team) were honored with All-Big Ten plaudits.

During the 2018 indoor season, the Penn State men recorded the best finish among Big Ten programs at the NCAA Indoor Track & Field Championships with a top-10 finish. Individually at the NCAA Indoor Track & Field Championships, David Lucas became the first PSU men's track & field student-athlete to win an indoor national title since 1990 with his school record mark of 78-9.75 in the weight throw. Along with Lucas, Maddie Holmberg, Isaiah Harris, and Danae Rivers all posted first team All-America finishes.

At the Big Ten Indoor Track & Field Championships, Harris won his fifth straight 800-meter title (indoor & outdoor) and Rivers defended her 800-meter run title from 2017.

The Nittany Lions built upon their successes from the indoor season to the outdoor season.

As a team at the 2018 NCAA Outdoor Track & Field Championships, Penn State was the only Big Ten program to have both men's and women's teams finish in the top 25. Individually at the NCAA Outdoor Track & Field Championships, Harris became the first Nittany Lion to win the men's 800-meter run in 95 years. Along with Harris, Holmberg, Lucas, Megan McCloskey, Rivers and Morgan Shigo all garnered first team All-America finishes.

Harris' outstanding year continued as he signed with Nike and finished second in the 800-meter run at the USATF Outdoor Championships. Harris concluded 2018 with a school-record time of 1:44.42 in the Paris Diamond League meet.

The Big Ten Outdoor Track & Field Championships witnessed Michael Biddle win the men's javelin, Harris completed the 800 sweep, and Rivers capture the first 1,500-meter run crown in program history.

The 2016-17 season was a historic year for Penn State with the women's cross country team competed at the NCAA Championships for the seventh time in the last eight years. At the NCAA meet in Terre Haute, Indiana, Elizabeth Chikotas and Jillian Hunsberger teamed up to become the first duo to earn All-America honors at the championships in the NCAA era. The Nittany Lions finished in the top 20 in back-to-back seasons for the first time since 2011-'12 and in the top 20 in five of the last seven NCAA Championships dating back to 2009.

Moving to the indoor oval, the women's team captured its fourth Big Ten Championship in program history ('04, '10, '14) scoring 96.5-points. The men's team recorded its highest finish in program history, a second-place finish with a total score of 84-points that included a Big Ten record performance in the 4x400-meter relay as the combination of Dan Chisena, Xavier Smith, Sam Reiser and Isaiah Harris ran 3:04.80.

The women's Big Ten Championship paired with the men's second-place finish is the highest combined finish in Penn State track & field history. At the indoor track & field championships in College Station, Texas, the women's team posted its second-highest finish at the indoor championships (10th) and first top-10 finish since the 2009 season. Indoor All-Americans included: Rivers in the mile (third-place), Harris in the 800-meters (fourth-place), Tessa Barrett in the 5,000-meters (fifth-place), the women's DMR (sixth-place) and Dannielle Gibson in the triple jump (eighth-place).

The overwhelming success of the indoor season set the teams up for the continued success it saw during the outdoor season.



COACHING STAFF

Serving as the host for the 2017 Big Ten Outdoor Championships for the third time since joining the conference in 1992, the Penn State men's team won its first title in program history, scoring 117 points over the three-day meet while the women finished third, scoring 101 points.

Tim McGowan and Jillian Hunsberger posted runner-up finishes in the 10K to start the weekend and five Big Ten Champions were crowned between the squads including sweeping the men's and women's 800m to go along with the sweep of the indoor season by Isaiah Harris and Danae Rivers. Malik Moffett, named Big Ten Field Athlete of the Championships, captured titles in the long jump and the 200-meters with the former being a school record at 26'-3" (8.00m) and the latter being the eighth-fastest wind-aided time in NCAA history at 19.87 (+5.7).

At the 2017 NCAA Championships, the Nittany Lions saw four athletes finish the season with All-America honors including Isaiah Harris in the 800-meters (second), Tori Gerlach in the 3,000-meter steeplechase (third), Michael Shuey in the javelin (third), and Dannielle Gibson in the triple jump (eighth).

Fifteen school records were achieved, 10 top-five indoor marks set, as well as 34 top-10 outdoor marks were hit in 2016-17. Between cross country, indoor and outdoor, Penn State had 14 athletes honored as All-Americans. Penn State captured two Big Ten Conference titles, the only team in the conference to do so during the 2016-'17 competition year.

During his 15 years with the Penn State track & field team, Gondak has helped the Nittany Lions' post nine Big Ten track & field titles. The 2009-10 school year was a sensational year for the Penn State Nittany Lions as the women won the Big Ten Triple Crown (XC, ITF, OTF) and continued their success into the postseason as they finished fourth at the 2010 NCAA Outdoor Track & Field Championships. The Nittany Lions women's team also finished fourth at the NCAA Outdoor meet in 2008. The men's track team has posted top-20 finishes three-straight years (10th-place '15, 17th-place '16, and 20th-place '17), as well as a top-10 finish for the women's team at the 2017 Indoor Track & Field Championships.

Individually, two Nittany Lions have captured Big Ten Cross Country titles (Bridget Franek, 2009, and Caitlin Lane, 2011). The Penn State men have been represented in seven of the past 10 years at the NCAA Cross Country Championships either by an individual or as a team, including four-time qualifier Vince McNally. During the 2013 season, Matt Fischer posted the highest finish at the Big Ten Cross Country Championships in school history (third) and placed fourth at the NCAA Mid-Atlantic Regional to qualify for the NCAA Cross Country Championships. At the 2013 NCAA Cross Country Championships, Fischer went on to finish 78th.

The following year, Fischer finished eighth at the Big Ten meet, won the Mid-Atlantic Regional and advanced to the NCAA Cross Country Championships for the second-straight year. He completed his PSU career with a 167th-place finish at the NCAA meet following second-team All-Big Ten honors and Mid-Atlantic Men's Cross Country Athlete of the Year plaudits. At the 2013 Outdoor Championships Gondak guided senior Casimir Loxsom and freshman Brannon Kidder to a 2-3 finish in the 800-meters. This marked the first program to have two top-three finishers in the men's outdoor 800-meters in 68 years when the Michigan Wolverines earned first and third-place finishes in 1945.

Gondak has also been widely recognized by the coaching community on multiple occasions earning awards from the United States Track and Field/Cross Country Association (USTFCCCA) ranging from Mid-Atlantic Region Assistant Coach of the Year during his early years, Mid-Atlantic Region Indoor Women's Head Coach of the Year. At the conference level, Gondak has been named Big Ten Head Coach of the Year on three occasions. Under Coach Gondak, Penn State student-athletes have found great success in the classroom. The Penn State cross country teams have recorded a cumulative 20 USTFCCCA All-Academic Team honors as well as 41 USATFCCCA Individual honors.

Academic Success...

In Gondak's program, Penn State student-athletes have found great success in the classroom. The Penn State cross country teams have earned a cumulative 20 USTFCCCA All-Academic Team honors as well as 41 USATFCCCA Individual honors.

Ninety-six Penn State distance student-athletes have been named to the Big Ten's Distinguished Scholar list since the inaugural class of 2008. Since Gondak's arrival on campus, Penn State track & field has earned 409 All-Academic Big

Ten Track & Field honors, 177 All-Academic Big Ten Cross Country Honors, and four Academic All-Americans.

In the Big Ten Conference...

Since joining the conference in 2006, Gondak has coached a total of 46 Big Ten Champions, including 20 of the last 29 winners in the 800-meters (Indoor/Outdoor) on the men's side.

The Nittany Lions have also been consistent at the conference level in the relays, with the men's DMR winning five-straight Big Ten titles (2012-16). The Nittany Lions have been highly recognized under Gondak's watch, as Penn State has earned a total of seven Big Ten Freshman of the Year honors since 2010 -Casimir Loxsom (i), Robby Creese (i/o), Brannon Kidder (i), Danae Rivers (i/o) and Alexis Holmes (i) – as well as three Big Ten Medal of Honor recipients since 2006 – James Pagana ('09), Jessica Babcock ('11) and Emily Giannotti ('14).

Penn State has captured 11 team titles since Gondak's arrival in Happy Valley:

- Women's Cross Country – (2): 2009, 2015
- Women's Indoor – (3): 2010, 2014, 2017
- Women's Outdoor – (5): 2008, 2009, 2010, 2013, 2014
- Men's Outdoor – (1): 2017

Penn Relays Success...

Gondak and the Nittany Lions have become a fixture on the podium at Penn Relays, taking top honors in the women's 4x400-meter relay (2008), men's sprint medley relay (2011, '12, '15 and '18), victories in the men's 4x800-meter relay (2012, 2013 and 2016) as well as a men's DMR title (2013). In 2019, the Nittany Lions women's sprint medley team set a school record en route to winning the Sprint Medley Championship of America (3:45.25).

The Nittany Lions' 2012 4x800 victory (7:12.90) was the seventh-fastest time in collegiate history and the first by a Penn State squad since 1987. With Gondak as his mentor, Loxsom was named the Penn Relays Athlete of the Meet in 2013 for his 1:46 split on the Penn Relays Champion DMR relay. In addition to the relay titles, the Nittany Lions have recorded 24 individual Penn Relays Champions since 2006.

International Coaching Opportunities...

During the summer of 2014, Gondak coached the U.S. men's distance squad at the North America, Central America and Caribbean (NACAC) U-23 Championships. The U.S. men's distance team won two gold, four silver, and three bronze medals under the guidance of Gondak.

Gondak has also continued the tradition of hosting international coaches as a part of the International Coaching Enrichment Certificate Program (ICECP) which provides national-level coaches a practical program orientated towards developing proficiency in the technical, theoretical, conceptual, managerial and ethical aspects of coaching track & field at all levels of competition.

Prior to Penn State ...

Gondak spent nearly eight seasons at the University of Kentucky before moving to Georgia Tech in 2006. As an assistant coach and recruiting coordinator for the Wildcat middle distance/distance runners, Gondak oversaw 25 All-America finishes in his event area, while 19 athletes earned All-Southeastern Conference (SEC) honors. Prior to working at Kentucky, Gondak was the cross country and assistant track and field coach at Georgia Tech from 1995-96, and Toledo from 1996-98.

Gondak started his own collegiate career as a walk-on athlete at Syracuse and quickly improved, qualifying for the IC4A Championships as a sophomore, junior and senior in the distance-medley relay and mile run. During his senior year, he was placed on scholarship and named captain of the cross country program. Gondak graduated summa cum laude as the valedictorian of the civil engineering program.

Gondak lives in State College with his three children, Jessica, Jeffrey, Jackson, and fiancé Lori Yacisin.



Coaching Honors...

- 2019 Mid-Atlantic Region Cross Country Women's Head Coach of the Year
- 2017 Mid-Atlantic Region Cross Country Women's Head Coach of the Year
- 2017 Big Ten Men's Outdoor Head Coach of the Year
- 2017 Mid-Atlantic Region Indoor Women's Head Coach of the Year
- 2017 Big Ten Women's Indoor Head Coach of the Year
- 2016 Mid-Atlantic Region Cross Country Women's Head Coach of the Year
- 2015 Mid-Atlantic Region Cross Country Women's Head Coach of the Year
- 2015 Big Ten Women's Cross Country Head Coach of the Year
- 2015 Mid-Atlantic Region Indoor Men's Head Coach of the Year
- 2014 Mid-Atlantic Region Indoor Men's Assistant of Coach of the Year
- 2013 Mid-Atlantic Region Indoor Men's Assistant of Coach of the Year
- 2013 Mid-Atlantic Region Outdoor Men's Assistant of Coach of the Year
- 2010 Mid-Atlantic Region Outdoor Assistant of Coach of the Year
- 2009 Mid-Atlantic Region Assistant of Coach of the Year

BIG TEN TITLES...

- Women's Cross Country (2): 2009, 2015
- Women's Indoor Track & Field (3): 2010, 2014, 2017
- Women's Outdoor Track & Field (5): 2008, 2009, 2010, 2013, 2014
- Men's Outdoor (1): 2017

CROSS COUNTRY TITLES...

- Mid-Atlantic Regional Championships (4): 2015, 2016, 2017, 2019

Tessa Barrett

- 2x Penn State School Record Holder
- 2x USTFCCCA First-Team All-American
- 5x Big Ten Medalist

Robby Creese

- 2014 NCAA Indoor Runner-Up (DMR)
- 2013 NCAA Indoor Runner-Up (DMR)
- 3x USTFCCCA First-Team All-American
- Collegiate 1,000-Meter Record Holder (2:19.53)
- 4x Big Ten Champion
- Two-Time Big Ten Freshman of the Year
- 4x Penn State School Record Holder

Tori Gerlach

- 8x Big Ten Medalist
- 2x Penn State School Record Holder

Isaiah Harris

- 2018 NCAA Champion in the Outdoor 800-meters (1:44.76)
- 2018 NCAA Indoor/Outdoor All-American
- 2017 IAAF World Championships Semifinalist
- 2017 USATF Silver Medalist - 800-meters (1:44.53)
- 2017 NCAA Silver Medalist - 800-meters (1:45.40)
- 2017 NCAA Indoor/Outdoor All-American
- 2016 U.S. Trials - Sixth-place - 800-meters (1:46.47)
- 2016 NACAC U23 Champion - 800-meters (1:47.52)
- 2016 NCAA Outdoor All-American
- All-Time Big Ten Indoor Championships Record - 800-meters (1:46.24)
- All-Time Big Ten Outdoor Championships Record - 800-meters (1:45.31)
- 8x Big Ten Champion
- 4x Penn State School Record Holder
- 3x time USTFCCCA Mid-Atlantic Track Athlete of the Year
- 2018 Big Ten Outdoor Track Athlete of the Year
- 2018 Big Ten Outdoor Track Athlete of the Championships

Brannon Kidder

- 2015 NCAA Outdoor Runner-Up (800m)
- 2014 NCAA Indoor Runner-Up (DMR)
- 2013 NCAA Indoor Runner-Up (DMR)
- 2013 NCAA Outdoor Bronze Medalist (800m)
- 7x USTFCCCA First-Team All-American
- 9x Big Ten Champion
- 2013 Big Ten Freshman of the Year
- USATF Senior Semi-finalist (800m)
- 2013 Millrose Games Champion (4x800)
- 2014 USTFCCCA Mid-Atlantic Region Indoor Track Athlete of the Year

Casimir Loxsom

- 6x NCAA All-American
- 6x Big Ten Champion
- American Collegiate Record Holder (600m, 1:15.79)
- All-Conditions American Record Holder (600m, 1:15.42)
- 2013 Penn Relays - Collegiate Athlete of the Relays
- 2013 Big Ten Indoor Track Athlete of the Championships
- 2013 Big Ten Indoor Track Athlete of the Year
- 9x Penn State Record Holder
- USATF Junior Champion (800m)
- IAAF World Junior Silver Medalist (800m)
- 2010 Big Ten Freshman of the Year
- 4x USTFCCCA Mid-Atlantic Region Track Athlete of the Year

Danae Rivers

- 11x Penn State School Record Holder
- 2019 800m Indoor National Champion
- 1000m Collegiate Record Holder (2:38.58)
- 9x USTFCCCA First Team All-America
- 10x Big Ten Champion
- 2x Big Ten Freshman of the Year
- 2017, '18, '19 Mid-Atlantic Women's Track Athlete of the Year (i)



COACHING STAFF



Erin
TUCKER
Sixth Year
Florida, '98
Associate Head Coach

SPRINTS • HURDLES • RELAYS

Erin Tucker enters his sixth year as the associate head coach for the Nittany Lion track & field program following a four-year coaching stint at his alma mater, Florida. Tucker oversees the sprints, hurdles and relays program.

Heading into 2021 donning the Blue & White, coach Tucker has coached 10 Big Ten champions, 21 All-Big Ten selections, six Academic All-Americans, and his student-athletes have broken 23 Penn State records.

During the 2020 indoor season, Tucker mentored Kiara Lester to Penn State's second straight 400m indoor title. Alongside Lester, Antoniette Bradley placed third at the Big Ten Indoor Championships with third best time in Penn State history in the 600m. Tucker also guided the women's 4x400m relay team to a silver medal at the Big Ten Indoor Championships.

In 2019, Tucker coached Alexis Holmes to both the indoor and outdoor 400-meter Big Ten Championship and a school record in the 400m indoor event. Holmes earned first-team All-America honors in the 400m along with being named Big Ten Freshman of the Year. Under Tucker's tutelage the Nittany Lions turned in seven top-10 performances all time in Penn State history in 2019, this includes three school records. Tucker's sprinters brought home a pair of Big Ten Championships and 11 events scored points.

Under Tucker's guidance, the sprint medley relay team set a school record at the 125th running of the Penn Relays. The relay team ran 3:45.25 to set the record while winning the Sprint Medley Championship of America.

During 2018, Tucker's event area tallied 13 Penn State record-book performances, which included four school records.

At the national level, freshman Terrance Laird finished 12th in the 200m dash at the NCAA Indoor Championships (20.97) and at the NCAA Outdoor Championships, the men's 4x100-meter relay (William Henderson, Anton Porter, Xavier Smith, and Malik Moffett) finished 14th (39.53).

At the 2018 Big Ten Championships, Coach Tucker saw 17 finishes that scored points, including four runner-up finishes.

In 2017, Tucker helped coach the Nittany Lions to two conference championships, capturing the women's title during indoor season as well as earning the men's first Big Ten title during the outdoor season capturing the title on their home track.

Four school records were broken during the second year under Tucker's tutelage including the 60-meters (6.66) and 100-meters (10.32) by Xavier Smith, 4x100-meter relay (39.08) by Kowalchuck, Chisena, Smith and Moffett, and the men's 4x400-meter relay (3:04.80) (i) by Chisena, Smith, Sam Reiser and Isaiah Harris that set a Big Ten Indoor record. In addition to the multiple school records, 20 other top-five/top-10 marks were set under Tucker's watch.

At the 2017 Big Ten Indoor Championships, the Nittany Lions recorded the highest combined finish in program history (Women - B1G Champions; Men - B1G Runner-up). The success of the Penn State sprints translated to Tucker earning 2017 Mid-Atlantic Region Men's Assistant Coach of the Year accolades.

Penn State, traditionally a mid-distance/distance program, has quickly become a sprint school as well, qualifying a men's 4x100-meter relay and 4x400-meter relay as well as Moffett in the 200-meters to the NCAA Championships in Eugene, Ore.

Under Tucker, Karson Kowalchuck (Canada), Moffett (United States) and Keianna Albury (Bahamas) competed at their respective nation's track & field championships with Kowalchuck doubling as

the 100-200 Canadian champion.

At the IAAF World Championships in London, Albury and then volunteer assistant coach Eddie Lovett competed in the 4x100-meter relay and 110-meter hurdles, respectively.

Tucker wrapped up his first year in Happy Valley by making a trip to Rio de Janeiro, Brazil, to serve as an assistant coach for the U.S. Virgin Islands track & field team. Tucker coached Eddie Lovett of the U.S. Virgin Islands in the 110-meter hurdles at the 2016 Rio Olympics.

Indoor season at Penn State saw Tucker lead Smith to a school record in the 60-meters, breaking a 13-year-old record in the opening meet of the season. Smith lowered the record to a season-ending mark of 6.68. Moffett joined Smith in the top-five with his mark of 6.79 for the No. 4 all-time mark in program history.

During the 2016 outdoor season, Penn State's men's 4x100-meter relay ran the fastest time by a Nittany Lion squad in over 30 years, blazing the track at 39.92 seconds at the Pac-12/Big Ten Challenge in Tempe, Ariz. Tucker's relay team recorded two of the top five-fastest sprint relays in program history during the 2016 season.

Tucker's 2016 squad also set program top-10 marks in the 100-meters and 200-meters, including times of 10.45w, 10.46w, and 10.52w by Smith, Dan Chisena, and Anton Porter, respectively, as well as times of 20.73w, 20.96 and 21.05 by Moffett, Smith and Chisena, respectively.

At Florida, Tucker coached one NCAA champion (2013 - Eddie Lovett - 60-meter hurdles), two NCAA runners-up, 14 All-Americans, six SEC champions, and eight school record holders. Tucker also coached 13 Gator student-athletes to top-10 performances.

As a program, between 2012-15, Florida won three national titles, three SEC conference titles and posted numerous SEC runner-up finishes.

Prior to his time at Florida, Tucker was the assistant coach for hurdles, relays, and sprints from 2003-2012 at Kentucky and he also coached at Illinois for three years overseeing the hurdles, relays and sprints program.

Tucker helped lead the Wildcat track and field program to some of the most successful seasons in program history. Tucker coached 27 All-Americans, 26 All-SEC honorees, 15 All-Region athletes, six SEC champions, three NCAA runners-up and an NCAA Champion (Rondel Sorrillo, 200m, 2010) at Kentucky. Under Tucker's tutelage, 34 school records fell, and 67 athletes ranked in the top-10 in school history.

Tucker coached four Kentucky student-athletes that competed at the Olympics. Luis Luna was Tucker's first athlete to see Olympic action as she competed in the 400m for Venezuela in the 2004 Athens Games. In 2008, three of Tucker's athletes competed in the Beijing Olympics as Sorrillo (200m) and Mikel Thomas (110m high hurdles) competed for Trinidad and Tobago, while Jose Acevedo competed for Venezuela in the 200m.

Before starting his coaching career as a volunteer assistant with the Gators in the 1999-2000 season, Tucker enjoyed a prolific collegiate career at Florida. Tucker, a four-time SEC champion, and a six-time All-American won the 400-meter hurdles at the 1998 SEC Championships with a personal-best time of 49.82, which still ranks as the eighth-fastest time in Florida history. He also ran on three conference championship teams and four All-America 4x400-meter relay teams.

In the classroom, he was a two-time All-SEC academic honoree at Florida, where he earned a bachelor of arts in History and a master's degree in Education.

Tucker has three sons Ezra (10), Erin II (7), & Samuel (5) and he is the legal guardian of his nephew William (14).



at Illinois

- 1 Big Ten Champion
- 1 Big Ten Meet Record
- 3 School Records
- 1 All-American
- 6 All Big-Ten Selections
- 10 Athletes Ranked Top 10 in school history from 2000-2003

at Kentucky

- 2006 Mid-East Regional Men's Assistant Coach of the Year (Sprints & Hurdles) Outdoor Track
- 2006 Venezuelan Coach for Central American and Caribbean Championships
- 2008 Venezuelan Olympic Coach

Olympians

- 2004 Athens Olympics
-400m-Luis Luna (Venezuela)
- 2008 Beijing Olympics
-200m-Rondel Sorrillo (Trinidad)
-200m-Jose Acevedo (Venezuela)
-110HH-Mikel Thomas (Trinidad)
- 7 Venezuelan National Record Holders
- 1 Canadian Junior National Record
- 1 NCAA Champion (2010 Outdoor 200m)
- 6 SEC Champions
- 2 SEC 4x400m Titles
- 3 NCAA Runner-ups (2007 Indoor 4x4, 2009 Outdoor 200m, 2010 Outdoor 100m)
- 70 Athletes Ranked Top 10 since 2003
- 34 School Records
- 27 All-Americans
- 15 All-Regional Selections
- 26 All-SEC Selections

at Florida

Olympians

- 2012 London Olympics
-100m/200m/4X100m Relay - Rondel Sorrillo {Trinidad}
- -110HH - Mikel Thomas {Trinidad}
- Venezuelan 4x400m Relay

- 1 Venezuelan National Record
- 2 U.S. Virgin Island National Records
- 1 NCAA Meet Record 60HH
- 2012 SEC Women's Indoor Team Champion
- 2012 NCAA Men's Indoor Team Champion
- 2012 NCAA Men's Outdoor Team Champion
- 2012 SEC Runner-up Men's Indoor Team
- 2012 SEC Runner-up Women's Outdoor Team
- 2013 NCAA Runner-up Men's Indoor Team
- 2013 SEC Runner-up Men's Indoor and Outdoor Teams
- 2013 NCAA Men's Outdoor Team Champion
- 2014 SEC Women's Indoor Team Champion
- 2014 SEC Runner-up Men's Indoor Team
- 2014 SEC Runner-up Women's Outdoor Team
- 2014 NCAA Runner-up Men's Outdoor Team
- 2014 3rd Place NCAA Men's and Women's Indoor Team
- 2014 4th Place NCAA Women's Outdoor Team
- 2015 SEC Men's Indoor Team Champion

at Florida (Cont.)

- 2015 NCAA Runner-up Men's Indoor Team
- 2015 SEC Men's Outdoor Team Champion
- 2015 NCAA Runner-up Men's Outdoor Team
- 1 NCAA Champion (2013 60HH)
- 2 NCAA Runner-ups (2013 110HH, 2014 60HH)
- 6 SEC Champions
- 16 All-Americans
- 8 School Record Holders
- 13 Athletes Ranked Top 10 since 2012
- 12 All-SEC Selections

at Penn State

- 2017 Mid-Atlantic Men's Assistant Coach of the Year (Indoor Track)
- 2017 Women's Indoor Big Ten Team Champions
- 2017 Indoor Big Ten Runner-up Men's Team
- 2017 Men's Outdoor Big Ten Team Champions
- 2017 3rd Place Outdoor Women's Big Ten Team
- Eighth-fastest 200m in all conditions in NCAA History
- 2 Big Ten Freshman Runner of the Year
- 2 Big Ten Record Meet Records
- 1 Big Ten All-Time Record
- 23 School Records
- 2 All-Americans
- 24 Athletes Ranked Top 5 Indoor since 2016
- 41 Athletes Ranked Top 10 Outdoor since 2016
- 10 Big Ten Champions
- 21 All-Big Ten Selections
- 6 Academic All-Americans
- 2016 World Indoor Championship Finalist 60HH Eddie Lovett 7th Place
- 2017 Canadian Junior Champion 100m
- 2019 U-20 World Record 4x100m



COACHING STAFF



Kevin
KELLY
Eighth Year
Kutztown, '99
Assistant Coach

MEN'S JUMPS • POLE VAULT • MEN'S MULTIS

Kevin Kelly enters his eighth year in Happy Valley in 2020, as the mentor of the Nittany Lion men's jump and multi-events, as well as men's and women's pole vault. Kelly has coached 17 All-Big Ten selections and six first team All-America finishes at Penn State.

Eight Penn State records have been broken by Kelly's student-athletes with 14 holding top-five placements on Penn State performance lists and 23 with top-10 marks.

Katie Jones captured a school record (13-11.25, 4.25m) and just the second Big Ten Championship in the pole vault in program history in 2020. Alongside Jones, freshman Erica Ellis moved into the top-five in Penn State history in the pole vault event. On the men's side, Noah Swaby moved into fifth place all-time in the heptathlon (5,292 pts.)

Kelly oversaw freshman Noah Swaby qualify for the 2019 NCAA Outdoor Championships in the decathlon and a bronze medal performance at the Big Ten championships. His scored positioned him in eighth place all-time at Penn State (7,411 points). Swaby earned a third-place medal at the Big Ten Outdoor Championships. Devin Bradham (men's high jump) and Carena Nottoli (women's pole vault) qualified for the NCAA East Prelims in 2019 under Kelly. Bradham's height of 7-15. (2.17m) ranks seventh all-time in Penn State history in the men's high jump. In the women's pole vault, Nottoli (13-2.25) and Greer Gumbrecht (12-10) rank fourth and seventh, respectively, all-time in Penn State history.

Under Coach Kelly in 2018, a pair of Nittany Lions recorded medal finishes at the Big Ten Indoor Track & Field Championships, as Malik Moffett took second in the long jump (24-6.25/7.47m) and Hannah Mulhern placed third in women's pole vault (13-8.5/4.18m).

At the national level, Bryce Williams finished 15th overall at the 2018 NCAA Indoor Track & Field Championships in the men's triple jump with his mark of 50-7.50/15.43m.

During the 2018 indoor season, Williams set the school record in the triple jump (53-3.50/16.24m) and three Nittany Lion women pole vaulters moved into Penn State's top-five performance list. Mulhern, a senior, recorded the No. 2 height (13-8.50/4.18m) in school history, while freshman Katie Jones tallied the No. 4 height (13-5/4.09m), and Greer Gumbrecht, a sophomore, posted the No. 5 height (13-2.50/4.03m).

Not only did the women's pole vaulters set record book marks during the indoor season, they carried the momentum into the outdoor season. Jones and Mulhern each cleared a school-record height of 13-6.25/4.12m and Gumbrecht finished the outdoor season tied for the No. 9 height at Penn State (12-7.50/3.85m).

Kelly was a significant part of helping Penn State capture indoor and outdoor Big Ten Championships in 2017. At the indoor Big Ten meet, fifth and eighth-place finishes in events Kelly coached added to the women's total score of 96.5-points to claim a fourth Big Ten indoor title. The men posted the highest finish at any championship in program history by scoring 84 points to finish second, securing the highest combined finish at any Big Ten meet in Penn State history.

Bryce Williams took silver with his jump of 51'-7" (15.72m) - just short of his personal best mark of 15.75m set earlier in the season. Williams was honored as the Mid-Atlantic Men's Field Athlete of the Year for his efforts during the indoor season. During the outdoor season, Kelly coached several athletes to school records.

Malik Moffett recorded the longest jump in program history - the sixth longest in the NCAA in 2017 - as Moffett captured the Big Ten title in the long jump with his mark of 26'-3" (8.00m) that erased a 32-year-old record. Moffett was named Big Ten Field Athlete of the Championships for his performance.

Hannah Mulhern earned her school record with a clearance of 13'-5.50" (4.10m) that also punched her ticket to the NCAA Outdoor Championships. The men captured the Big Ten title scoring 117-points. Kelly qualified two athletes through to the meet as Mulhern competed in the pole vault and Moffett qualified in the long jump.

In 2016, Kelly coached three of his women's vaulters to the No. 1, No. 2 and No. 4 indoor marks in program history as Lexi Masterson (13-9.25/4.20m), Mulhern (13-6.50/4.13m), and Kasey Kemp (13-1.75/4.01m) all posted marks over four meters in the pole vault. Mulhern and Kemp returned during the outdoor season with the No. 2 and No. 4 marks in program history while teammate Megan Fry joined with the ninth best jump in the pole vault clearing 12-6 (3.81m).

For the men's jumpers, Brian Leap in the triple jump (53-4.50/16.27m) and Moffett in the long jump (24'-11.50/7.60m) highlighted the group with the No. 3 and No. 9 marks in program history. Leap would cap his Nittany Lion career with All-America honors in the triple jump at the NCAA Championships. Big Ten medalists for Kelly included Chisom Ifedi in the high jump, both indoor and outdoor, clearing 2.15m (7'-0.50") in Lincoln, Nebraska - the No. 7 mark in program history. Leap captured the conference title in the triple jump at 16.27m (53'-4.5").

In 2015, senior Steve Waithe would garner his third All-America honor in his two-year career as a Nittany Lion. His eighth-place performance in the triple jump 16.26m (53' 4.25"w) at the 2015 NCAA Outdoor Track & Field Championships produced the third best outdoor mark in Penn State history.

Brian Leap recorded a 13th-place in the triple jump with his distance of 15.65m (51-4.5) at the 2015 NCAA Indoor Track & Field Championships, garnering second-team All-America honors.

During Big Ten competition, Waithe was named second team All-Big Ten following the 2015 Big Ten Outdoor Track & Field Championships, while Leap, who finished second in the triple jump at the Big Ten Indoor Championships with his personal-best leap of 16.02m (52-6.75) - the second-best mark all-time at Penn State - received second-team Big Ten honors.

The 2014 season witnessed redshirt freshman Robert Cardina attack the record books in the multi-events and end the year with first-team All-America honors. Cardina owns the school record in the heptathlon (5,511) and his score of 7,666 in the decathlon ranks second all-time at Penn State. His score of 7,666 gave him an eighth-place finish in the decathlon at the 2014 NCAA Outdoor Track & Field Championships to garner him first-team All-America honors.

Joining Cardina in Eugene, Oregon, was junior Waithe and junior Brian Leap. Waithe transferred to Penn State and made an immediate impact in the triple jump event. In the indoor season, Waithe tallied a distance of 52-6 (16.00) in the triple jump, which ranks tied for second all-time. In the outdoor Penn State record books, Waithe ranks fourth in the triple jump 52-8.75 (16.06).

At the Big Ten and NCAA levels, Waithe enjoyed major success. He finished second in the triple jump (51-7.25) and eighth in the long jump (51-10.5) at the 2014 Big Ten Indoor Track & Field Championships. During the 2014 Outdoor Big Ten Track & Field Championships, Waithe claimed the triple jump title (52-0) and placed fourth in the long jump (24-0.25).

Waithe garnered first-team All-America honors at both 2014 NCAA Championship meets. At the 2014 Indoor NCAA Track & Field Championships, Waithe placed sixth in the triple jump (51-10.5) and at the 2014 Outdoor Track & Field Championships, he finished fifth in the triple jump (52-11.5).

Leap also qualified for the 2014 Outdoor NCAA Track & Field Championships in the triple event, finishing 16th in the triple jump (51-6.5) and was named a second team All-America. His lifetime-best mark of 51-6.5 ranks seventh all-time at Penn State.

In the pole vault, freshman Lexi Masterson set the second-best mark (13-1.75) all-time at Penn State during the indoor season. Masterson set the pole vault school record in the outdoor season with her height of 13-3.5.

On the men's team, Dylan Bilka moved into fifth (16-8.75) all-time at Penn State during the outdoor season.

Kelly enjoyed a productive opening campaign with the Nittany Lions in 2012-13, coaching one USTFCCA honorable mention All-American, three NCAA Eastern Preliminary Round qualifiers, two Big Ten medalists, and one Penn State record holder.

Kelly coached a trio of high flyers in the high jump during the 2013 campaign with senior Sean Reilly, junior Jon Hendershot, and sophomore



Michael McClelland all bettering the seven-foot barrier during the indoor season. McClelland was a top Nittany Lion during the indoor season, clearing a lifetime-best 7-1 (2.16).

Hendershot and Reilly continued to improve during the outdoor season, led by Hendershot's school-record tying leap of 7-3.25 (2.22) at the Jim Thorpe Invitational. Reilly would enjoy a stellar final season in the Blue & White, clearing a career-high 7-2.25 (2.19) at the LSU Battle on the Bayou. Reilly excelled into the postseason, qualifying for the NCAA Outdoor Championships in the event, where he would finish 19th overall to earn USTFCCA honorable-mention All-America status. Both Hendershot and Reilly were consistent throughout the year and turned in scoring finishes at both the Big Ten Indoor and Outdoor Championships.

Horizontal jump specialist Leap also shined under Kelly's watch in 2013, earning bronze-medal finishes in the triple jump at both the Big Ten Indoor and Outdoor Championships. Kelly guided Leap to significant improvements, as the then-sophomore improved his lifetime-best effort in the triple jump to 50-10.25 (15.50) during the indoor season. Leap also made great strides in the long jump, ending the season with a personal-best 24-0.25 (7.32) at the Big Ten Outdoor Championships, good for a fifth-place finish.

Kelly signed on at Penn State in the summer of 2012 after enjoying a highly successful 11-year coaching tenure at Rutgers, where he oversaw the efforts of all the Scarlet Knights' field event athletes.

Kelly was also successful on the recruiting trail in 2013, adding in transfer triple jump standout Steve Waithe from Shippensburg University. Waithe was the PSAC Indoor and Outdoor Champion in the his signature event, and went on to All-America finishes at both Division II Championships in 2013. Kelly also welcomed in-state sensation Cody Minnig from Neshaminy High School. With a PR of 10.73, Minnig was the No. 6 ranked Pennsylvania prep in the 100 meters in 2013, coming away with a fifth-place finish at the PIAA Outdoor Championships.

On the women's side, Kelly added standout pole vaulter Lexi Masterson from Hempfield Area. Masterson was the PIAA runner-up in the event as a senior and owns a lifetime-best clearance of 12-0.

Kelly arrived at Rutgers in 2001, helping the Scarlet Knights to success in the Big East Conference, including three conference team titles. Individually, Kelly guided 19 Big East Champions, as well as 45 All-Big East performers. In 2004, his athletes swept the top three spots in the decathlon at the Big East Outdoor Championships.

Kelly, was elevated to Associate Head Coach for the Scarlet Knights in 2008, made a mark on the Rutgers' record books as Kelly-coached athletes set eight school records. Off the track, Kelly maintained the role of the Scarlet Knights' recruiting coordinator and served as the men's track and field coaching staff liaison to academic support unit.

An outstanding athlete in his own right, Kelly was a three-time All-American in the decathlon while competing at Kutztown University, earning runner-up honors at the 1998 NCAA Outdoor Championships. In 1998, Kelly, who still owns Kutztown school records in the decathlon and 110-meter hurdles, was named Pennsylvania State Athlete Conference (PSAC) Athlete of the Year. He is also a Kutztown Hall of Fame inductee, and a member of the Golden Bears' "Top 30 Athletes of the 20th Century." Kelly earned his bachelor's degree in political science in 1999.

Prior to Rutgers, Kelly spent several seasons at Lehigh University, coaching all Mountain Hawk throwers. He is married to Maisha Kelly, who is a Senior Associate Director of Athletics and Senior Woman Administrator at Bucknell University, and have a son, Gregory, and a daughter, Kennedy.

Coaching Honors...

- 2014 USTFCCA Mid-Atlantic Region Men's Outdoor Assistant Coach of the Year

Outstanding Nittany Lions Coached...

Noah Swaby

- NCAA Championship Qualifier (Decathlon)
- Big Ten Bronze Medalist

Rob Cardina

- Penn State Record Holder (Heptathlon)
- 2014 First-Team NCAA All-American
- NCAA First Round Qualifier
- Big Ten Medalist
- 2x Big Ten Scorer

Jon Hendershot

- Penn State Record Holder (High Jump)
- 2x NCAA First-Round Qualifier
- 2x Big Ten Athlete of the Week Selection
- 4x Big Ten Scorer
- Second-Team All-American (i)

Brian Leap

- First-Team NCAA All-American
- 3x Big Ten Medalist
- 6x Big Ten Scorer
- 3x NCAA Qualifier
- Big Ten Champion (Triple Jump)

Lexi Masterson

- Penn State Record Holder (Indoor Pole Vault)
- NCAA First Round Qualifier
- 4x Big Ten Scorer

Sean Reilly

- 2013 Honorable Mention NCAA All-American
- NCAA First Round Qualifier
- 2x Big Ten Scorer (2013)

Steve Waithe

- 2015 First Team NCAA All-American
- 2x 2014 First Team NCAA All-American
- 2x Big Ten Athlete of the Week Selection
- 3x Big Ten Medalist
- 5x Big Ten Scorer
- 2x NCAA First Round Qualifier
- Big Ten Champion

Hannah Mulhern

- Penn State Record Holder (Outdoor Pole Vault)
- Big Ten Bronze Medalist
- 5x Big Ten Scorer
- NCAA Qualifier

Malik Moffett

- Penn State Record Holder (Outdoor Long Jump)
- Big Ten Champion
- Big Ten Runner-Up
- NCAA Qualifier
- Big Ten Field Athlete of the Championships

Bryce Williams

- Penn State Record Holder (Indoor Triple Jump)
- 5x Big Ten Scorer
- 2x NCAA Qualifier



COACHING STAFF



Angela Reckart begins her sixth season with the Nittany Lion cross country/track & field program following coaching at North Carolina for three years. Reckart serves as the associate head coach with the cross country programs and coaches the distance events on the track. Immediately adding experience and value to the Penn State track and cross country programs, Reckart has helped guide the Penn State women's cross country team to Big Ten and Mid-Atlantic titles in her first three years in Happy Valley.

Reckart helped lead the women's cross country team to its fourth Mid-Atlantic regional title in the last five years. Four Nittany Lions earned all-region honors on the women's team and Alex Tomasko earned all-region on the men's side. The women's cross country team placed in the top-20 at the NCAA Cross Country Championships for the fifth consecutive year, one of only seven programs in the NCAA to accomplish the feat.

In 2019, the Nittany Lions continued to experience success. The women's cross country squad finished in the top 20 in the country for the fourth consecutive season. During the 2019 indoor season, Tim McGowan broke the Penn State indoor school record in the 5k with a time of 13:46.49. Since coming to Penn State, Reckart has coached individuals who have broken both the men's and women's indoor 5k school records (Tessa Barrett, 15:28.99) as well as the women's indoor 3k school record (Tessa Barret, 9:07.22).

Julia Paternain and Kathryn Munks etched their names in the Penn State record books during the 2019 outdoor season. Paternain now ranks sixth in the 5,000-meter (16:00.10) and third in the 10,000-meter (33:22.91) all-time in Penn State history. Munks ranks second in the 10,000-meter with her time of 33:22.19. Paternain qualified for the NCAA National Championships in the 5k and was the only freshman in the field.

On the track under Reckart in 2018, the Nittany Lions posted five record book performances, won a Penn Relays watch, and posted a medal finish at the Big Ten Championships.

In the Penn State women's track record book, Jillian Hunsberger ran the fourth-fastest outdoor 5k time (15:55.27) and Greta Lindsley tallied a pair of record book times (5th – 3,000-meter steeplechase – 10:11.29 & 10th – 1,500-meter run – 4:20.84). On the men's side, Colin Abert ran a sub-4 minute mile (3:59.51) for the fourth-fastest time in program history.

At the Big Ten Championships, Hunsberger ran to a second-place finish in the 5,000-meter run at the Indoor Championships (16:19.45).

On the cross country course in 2017, the Penn State women won their third straight Mid-Atlantic Regional title en route to a third consecutive top-20 finish at the NCAA Championships. Individually, Hunsberger finished seventh at the Big Ten Championships, place second at the Mid-Atlantic Regional and 75th at the NCAA Championships.

The 2017 outdoor season featured multiple successes in the distance events as Barrett and Hunsberger set the No. 5 and No. 6 times in program history in the 5k, Hunsberger and Munks set the No. 2 and No. 7 times in program history in the 10k and Tori Gerlach

and Lindsley set the No. 2 and No. 8 times in program history in the 3k steeplechase, at 9:46.76 and 10:11.29. Tim and Jack McGowan finished second and sixth in the men's 10k, helping the men's team capture its first Big Ten Championship in program history scoring 117-points.

At the NCAA National Championships, Gerlach finished third at the NCAA championships in the 3k steeplechase, while Hunsberger posted a second-team All-America finish at the NCAA Championships in the 10k with a 10th-place finish.

Reckart coached Barrett to a runner-up finish at the 2017 Big Ten Indoor Championships, as she posted the second-fastest time that season in the NCAA in the 5,000-meters with her time of 15:28.99, just one-tenth of a second off the national leader.

The second-place finish by Barrett helped the women's team capture the Big Ten indoor title, the fourth Big Ten Indoor Championship in program history. Barrett earned All-America honors in the 5k finishing fifth at the NCAA Championships. She also picked up second-team All-America honors in the 3k the following day. During the indoor season, Barrett set school records in both the 3k and 5k.

Reckart was also key in helping Tim McGowan secure a bronze medal at the 2017 Big Ten Indoor Championships in the 5k as the men's team posted their highest finish at a Big Ten Championship in program history scoring 84 points to finish second.

The women's cross country team won the Mid-Atlantic Regional title for a second-straight season with six Penn State student-athletes earned Mid-Atlantic All-Region honors (Tessa Barrett, Elizabeth Chikotas, Hunsberger, Munks, Lindsley and McGowan).

The Nittany Lion women went on to finish 18th as a team in the NCAA Championships. Two Nittany Lions teamed up to provide a program first with Penn State fielding two All-Americans in Elizabeth Chikotas and Jillian Hunsberger at the NCAA Cross Country Championships for the first time in the NCAA era.

Year two in Happy Valley saw Reckart help lead the Nittany Lion women to a second-place finish at the Big Ten Championships in Minneapolis, Minnesota. The second-place finish by the women's team included three All-Big Ten honorees in Barrett (first-team), Hunsberger (first-team) and Chikotas (second-team).

During her first year in Happy Valley Reckart was instrumental in the run to the 2015 Big Ten Championship by the Penn State women's team in Chicago, Illinois.

Reckart joined the Nittany Lions following a three-year stint as the assistant cross country/distance coach at North Carolina. The Tar Heel cross country program produced a historic season as both teams tallied top-25 NCAA finishes for the first time in school history.

The Tar Heel men's cross country program advanced to back-to-back appearances at the NCAA Cross Country Championships for the first time in almost 40 years. At the 2014 NCAA Cross Country Championships, the men finished 12th, their highest finish since 1985 and the women placed 22nd. The men also posted a 17th-place finish at the 2013 NCAA Cross Country Championships. She also helped the Tar Heel women win their first ACC Cross Country Championship title since 2003.

Reckart graduated from The College of New Jersey (TCNJ) in 2008 with a bachelor's degree in exercise science. At TCNJ she was a member of the track & field team and posted All-America honors seven times and was a member of a 4x400-meter relay that won two national titles. Following her track career, she started coaching at TCNJ by helping with the middle distance program.

Prior to North Carolina, she served as a graduate assistant and volunteer coach at North Florida. Reckart and her husband, Jeremiah and their daughter Juliette reside in State College.



Fritz SPENCE

15th Year
Missouri State, '97
Assistant Coach

WOMEN'S JUMPS & MULTIS

Fritz Spence enters his 15th year coaching the Nittany Lion women's jumpers and multi-event athletes. Under his watch, 24 All-America efforts, nine top-5 NCAA finishers, seven Big Ten champions have competed for Penn State and contributed to two top-four finishes at the NCAA Championships (2008 and '10) a Big Ten triple crown (2009 and '10), USTFCCCA Scholar Team of the Year (2010) and nine Big Ten titles.

Prior to coming to Penn State, Spence coached 14 conference champions, 10 NCAA qualifiers, and eight All-Americans at Missouri State University. He was a part of a coaching staff that won four Missouri Valley Conference Team Championships in both the indoor (2003 and 2004) and outdoor (2002 and 2003) seasons.

Spence guided senior Maddie Holmberg to just the second Big Ten championship in program history in the pentathlon event in 2020. Holmberg's score of 4,274 points ranks second all-time at Penn State. Also under Spence's tutelage, Alexa Parks became the first Nittany Lion to clear 6-0 (1.83m) in the high jump event to set the school record. Spence's athletes scored points in the pentathlon, long jump, high jump and triple jump with Maddie Holmberg and Alexa Parks advancing to the NCAA Indoor Championships. Parks and Holmberg were each awarded All-America honors due to the cancellation of the NCAA Indoor Championships due to the COVID-19 pandemic.

Spence was awarded with the USTFCCCA Women's Mid-Atlantic Region Assistant Coach of the Year. Spence earned the fifth Assistant Coach of the Year honor of his career. This marks the first time in he has earned women's indoor assistant coach of the year.

The women's multi-event athletes and jumpers continued success in 2019. Holmberg qualified for the NCAA Indoor Championships in the pentathlon and earned second-team All-American honors with a ninth-place finish at the indoor championships. Breana Gambrell and Alexa Parks each qualified for the NCAA East Prelims in the long jump and the high jump, respectively.

In 2018, junior Maddie Holmberg had the No. 1 performance in program history in the heptathlon with her total score of 5,976 points set at the Big Ten Track & Field Outdoor Championships and her third-place finish at the NCAA Outdoor Championships was the highest of any heptathlete in school history.

Holmberg owns the multi-record in the shot put with her indoor mark of 46-0.50 (14.03m) and outdoor mark 44-8.25 (13.62m). In the Penn State record books, Holmberg ranks No. 10 in the 200m at 23.79, No. 3 in the long jump (20-10.75/6.36m), and also has the No. 7 time in the 100-meter hurdles at 13.70. Holmberg was also named Mid-Atlantic Region Athlete of the Year, and a first team All-American in both Indoor and Outdoor.

Megan McCloskey closed out her decorated career with a fourth-place finish at the NCAA Championships in the high jump (5-10/1.78m). During the 2018 indoor season, she tied the No. 3

height in indoor history with a clearance of 5-10.50 (1.79m). She was a three-time NCAA Outdoor Championships qualifier in the high jump and was recognized as a 2018 first team All-American.

Multiple athletes turned in spectacular performances during the 2017 season. Holmberg grabbed the No. 3 spot in program history with her performance in the heptathlon as her total of 5,636 qualified for the NCAA Outdoor Championship meet in her sophomore season. She also claimed the multi-record in the shot put with her mark of 42-6.25 (12.96m) and posted the No. 7 time in program history in the 100-meter hurdles at 13.70, qualifying for the Outdoor championships in the heptathlon. Dannielle Gibson earned indoor and outdoor All-America honors in the triple jump recording the all-conditions top mark at 45-1.75 (13.76m) in her gold medal performance at the Big Ten Championships. She was the 2017 NACAC Champion in the triple jump and was also a three-time NCAA qualifier.

McCloskey cleared the then-No. 2 mark in program history in the high jump in the 2017 outdoor season, clearing 5-11.50 (1.82m), and was ranked as the No. 3 high jumper in indoor history with a clearance of 5-10.50 (1.79m) during the 2018 indoor season. Kaitlyn Lopez put up a lifetime best of 42-9.25 (13.04m) in the triple jump, No. 5 best performance in program history, and 19-8.00 (5.99m) in the long jump.

In 2017, Spence coached Gibson to a silver medal in the triple jump at the Big Ten Indoor Championships, as she earned second-team honors with a best of 42-11.75 (13.10m). At the NCAA Indoor Championships Gibson earned second-team All-America honors with a 10th-place finish in the triple jump. During the outdoor Big Ten meet, Gibson brought home a silver medal in the triple jump with her mark of 42-9.50 (13.04m). The women's high jump featured McCloskey going 5-10.50 (1.79m) and Ahmenah Richardson clearing 5-9.25 (1.76m) for fourth and fifth finishes, respectively. Gibson received Mid-Atlantic Field Athlete of the Year honors for her efforts during the outdoor season. She went on to finish with second-team All-American honors in the triple jump at the outdoor meet in Eugene, Oregon. She captured gold in the triple jump 44-5.00 (13.54m) at the NACAC U-23 Championships.

Under the guidance of coach Spence, Gibson's a sophomore season tallied a third-place finish in the triple jump. She scored six points for Penn State with her leap of 42-3.50 during the 2015 Big Ten Outdoor Track & Field Championships. Gibson would also finish fourth in the long jump with her personal-best jump of 20-2.25 (6.15m), which ranks 10th all-time at Penn State. Gibson qualified for the NCAA East Prelims in the long jump and the triple jump. In the vertical jumps, Richardson, cleared a height of 5-8 (1.74m) during the Big Ten Indoor Track & Field Championships and 5-9.25 (1.76m) in the high jump during the Big Ten Outdoor Track & Field Championships. Richardson qualified for the NCAA East Prelims in the high jump and she ended her 2015 season with a personal-best of 5-11.25 (1.81m).

Spence helped Brittney Howell to an outstanding 2014 outdoor campaign, highlighted by her performance in the long jump at the NCAA East Prelims. She also scored points at the Big Ten Outdoor Championships. Howell posted Penn State's top long jump mark in 2014 campaign jumping 20-4.50 (6.21m) in the indoor season and 20-10.75 (6.37m) in the outdoor season. Her performances ran No. 5 indoors and No. 3 outdoors all-time at Penn State. India McCoy. McCoy notched a lifetime-best clearance of 5-10.00 (1.78m) during the outdoor season. Gibson, had an strong freshman year, achieving a lifetime-best leap of 42-2.00 (12.80m) in the triple jump and 20-1.00 (6.11m) in the long jump during the outdoor season. Freshman



COACHING STAFF

multi-eventer Tal Ben-Artzi posted lifetime-best score of 3,861 in the indoor pentathlon.

Spence coached Marlene Ricketts, who advanced to the NCAA Indoor Championships in the triple jump in 2013 and brought home USTFCCCA second team All-America status. Ricketts ended her senior season with lifetime-best efforts of 42-4.75 (12.92m) and 42-2.75 (12.87m) for outdoor and indoor in the triple jump, at the time, the second-best and fifth-best performance in program history, respectively.

Spence took on a new coaching role in 2012, overseeing the Nittany Lion men's and women's javelin throwers, including All-America finishers Laura Loht and Lauren Kenney. Spence guided the duo to a one-two finish at the Big Ten Championships with Loht taking top honors. The Nittany Lions were thoroughly impressive at the NCAA Outdoor Championships, which included a PR toss from Loht at 169-4 (51.92m) for third, and a lifetime-best 167-10 (51.17m) for Kenney in fourth.

Spence guided Tanaya Lloyd to a tremendous Nittany Lion career overall, as she finished with the fourth-best performance in Penn State history at 42-3.50 (12.89m). Spence's athletes recorded an outstanding medal haul at the Big Ten Outdoor Championships in 2011, scoring podium finishes in all four horizontal events.

The Nittany Lion jumps squad qualifiers included Clarence Smith in the triple jump, Gayle Hunter in the heptathlon and long jump, and Bianca Fung in the long jump for the 2009 NCAA Outdoor Championships. Indoors, Spence guided Hunter to a runner-up finish in the pentathlon - which tied the highest ever finish by a Nittany Lion at NCAA Indoor Championships - while also overseeing Hunter's school record leap of 20-11.25 (6.38m) in the long jump during the multi-event competition. Hunter also set school records in the pentathlon (4,342) and heptathlon (5,797) and would earn Mid-Atlantic Region Field Athlete of the Year honors during the indoor and outdoor seasons.

In December of 2015, Spence earned his Master of Science in Administrative Studies (MSAS) / Applied Communication from Missouri State University. He is also certified in CPR, First Aid and as a fitness trainer through the International Sports Sciences Association. Spence and his wife, Teri, reside in State College. The couple has three daughters, Ashlie, Keiva, and Ale'ka, one son, Ashton, and a granddaughter, Aria.

Outstanding Athletes Coached...

Dannielle Gibson

- Three-Time NCAA Qualifier (Triple Jump)
- 2017 Indoor / Outdoor First-Team All-American (Triple Jump)
- 2017 Indoor / Outdoor Big Ten Champion (Triple Jump)
- 2017 NACAC Champion (Triple Jump)

Maddie Holmberg

- 2017 NCAA Qualifier (Heptathlon)
- 2018 NCAA Qualifier (Heptathlon)
- 2019 NCAA Qualifier (Pentathlon)
- 2020 NCAA Qualifier (Pentathlon)
- 2020 Big Ten Champion (Pentathlon)

Brittney Howell

- 2014 Indoor NCAA First Team All-American (Pentathlon)
- 2014 Outdoor NCAA Second Team All-American (Heptathlon)
- 2014 Big Ten Champion (Heptathlon)

Gayle Hunter

- NCAA Champion (2008, Outdoor 4x400)
- Nine-Time NCAA All-American
- 2009 NCAA Runner-Up (Pentathlon)
- Four-Time Penn State Record Holder (Pentathlon, Long Jump, Heptathlon, 4x400m)
- Four-Time Mid-Atlantic Region Field Athlete of the Year
- Three-Time USATF Qualifier

Brittany Mann

- Penn State Indoor School Record Holder (High Jump)

Jay Pagana

- Three-Time NCAA Regional Qualifier (Triple Jump)
- PSU McCoy Award Winner (Top GPA by Student-Athlete)
- ESPN the Magazine Academic All-District

Clarence Smith

- Two-Time NCAA All-American (Triple Jump)
- Three-Time Big Ten Champion (Triple Jump)
- Two-Time Mid-Atlantic Region Field Athlete of the Year
- 2008 U.S. Olympic Trials Qualifier (Triple Jump)
- Two-Time USATF Qualifier

Tracy Partain (Missouri State)

- 2006 NCAA Runner-Up (Heptathlon)
- 2006 NACAC Under-23 Championships (Heptathlon)
- Two-Time NCAA All-American (Heptathlon)
- Five-Time Missouri Valley Conference Champion

Fabian Florant (Missouri State)

- 2006 NCAA All-American (Triple Jump)
- Three-Time Missouri Valley Conference Champion (Triple Jump)

Greg Hughes (Missouri State)

- Two-Time NCAA All-American
- Four-Time Missouri Valley Conference Champion



Lucais
MACKAY
Fifth Year
Georgia, '05
Assistant Coach

THROWS

Lucais MacKay enters his fifth season overseeing the throwers for the Nittany Lion Track & Field program in 2021.

In 2020, MacKay helped David Lucas qualify for the NCAA Indoor Championship in his pursuit of his third All-America honor. Lucas was awarded All-America honors due to the cancellation of the NCAA Indoor Championships due to the COVID-19 pandemic. Under MacKay, Tyler Merkley and Gianna Rao each moved into the top-five all-time at men's and women's weight throw events.

2019 witnessed the Nittany Lion throwers continued growth and success under MacKay's guidance. Senior Morgan Shigo accomplished something no Nittany Lion had ever done with the first Big Ten championship in the men's hammer throw in program history. Shigo also became the first Nittany Lion to become a two-time, first-team All-American in the hammer throw. Six Nittany Lions were Big Ten finalists and four were Big Ten medalists.

Shigo and David Lucas earned first-team All-American honors in the weight throw during the indoor season. Shigo and Lucas were both finalists in the weight throw with Shigo earning a silver medal at the Big Ten Indoor Championships. In total, seven Nittany Lions entered the top-10 in the Penn State record book during the indoor and outdoor seasons.

Under MacKay's watch in 2018, the Nittany Lion throws program made a substantial impact on the Big Ten and national stage.

At the 2018 NCAA Indoor Championships in College Station, Texas, David Lucas did what no other Nittany Lion had done since 1993, capture a NCAA title. Lucas' performance set a new school record, Gilliam Facility record, and stands as the fourth-best mark in NCAA meet history. His fifth-round effort captured the gold medal with a personal-best effort of (78-9.75/24.02m).

Along with Lucas, Morgan Shigo represented the Blue and White in the weight throw, narrowly missing the final by one spot; Shigo finished 10th in the weight throw (68-5.75/20.87m) for his first NCAA All-American honor.

During the 2018 outdoor season, 12 throwers advanced to the NCAA East Prelims with four Nittany Lions to the NCAA Championships. Penn State was represented in three of four event areas in Eugene, Oregon. Shigo finishing sixth in the hammer throw (237-9/72.47m) and Lucas placing seventh in the discus throw (186-7/56.87m) were the highlights of the NCAA Outdoor Championships.

Penn State achieved three medalists at the 2018 Big Ten Outdoor Championships with Michael Biddle (239-7/73.02m) winning gold in the javelin throw. Along with Biddle, Lucas recorded silver in the weight throw (76-5.75/23.31m) and Shigo placed third in the hammer throw (226-6/69.05m).

Penn State capped off the 2018 track & field season with Shigo finishing sixth at the USATF Championships in the hammer throw (235-4/71.75m).

In all, the Nittany Lions closed out 2018 with eight record book performances, which included school records by Lucas (weight throw – 78-9.75/24.02m) and Shigo (hammer throw – 237-9/72.47m).

In his first season in Happy Valley, MacKay helped Penn State capture two conference championships as the women's team earned the 2017 Big Ten Indoor title followed by the men capturing the first Big Ten Title in program history during the outdoor season.

MacKay's athletes combined to set four top-10 program marks across three events. Alyssa Robinson recorded the fourth best mark in shot put (53'-5.75"/16.30m) as well as the No. 7 mark in the hammer throw during the outdoor season at (187'-6"/57.15m). Obeng Marfo's mark of (183'6"/55.94m) sits at No. 9 all-time in the hammer throw while Stephanie Sievers launched the eighth-farthest throw in the javelin at (159'-9"/48.70m).

The 2017 Big Ten Championships, that featured a 35-point performance for the men's event group at the Big Ten Championships and 12 student-athletes advanced to the NCAA East Preliminary meet. Obeng Marfo competing in two events while David Lucas competed in three.

The NCAA Championships featured three Nittany Lions competing in the men's javelin throw with Michael Shuey earning All-America honors as he launched a school record throw of 250'-9" to finish third. Obeng Marfo, Jon Yohman, and Lucas also competed at the NCAA Championships following their first season under MacKay's watch.

Michael Shuey and Micahel Biddle advanced to the 2017 USATF Championships with Shuey earning a bronze medal and increasing his throw to a distance of 255-8 to wrap up an eventful first year for MacKay and crew.

MacKay came to Penn State from Oklahoma State University where he was the throws coach for the 2015-16. MacKay helped guide Cowboy Nick Miller to a NCAA Championship in the men's hammer, as well as Chase Ealey the NCAA runner-up in the women's shot put while at Oklahoma State.

Prior to his time at Oklahoma State, MacKay served as the throws coach at Southeastern Louisiana where he coached the men's and women's throwers for two seasons of indoor and outdoor competition. Just four years removed from international competition, MacKay coached 10 Lions throwers to All-Southland honors at the conference meet, and six athletes to the NCAA preliminary rounds.

MacKay coached Division-III champion and record-holder Eric Flores to a hammer throw title, as well as the women's hammer throw runner-up while at California Lutheran University. During his time at CLU, MacKay was awarded the D-III Outdoor Women's Track and Field Assistant Coach of the Year Award and had 11 throwers win conference titles in just two seasons.

In 2003, MacKay won the NCAA hammer throw title for the University of Georgia. His career included six All-American honors and eight All-SEC honors as thrower for the Bulldogs.

After originally attending the University of Southern California on a football scholarship, MacKay transferred to Georgia to focus on throwing. He then graduated from Georgia in 2005 with a Bachelor of Science in Sociology and in 2012 received a Master of Arts in Coaching and Athletic Administration from Concordia University, Irvine.

MacKay, the son of a track and field coach, graduated Hughson High in California as the top-ranked discus thrower in the United States.



Laura Loht, a four-time All-American for Penn State, enters her sixth year on staff with the cross country and track & field programs as the director of operations in 2021.

Loht helps with day-to-day tasks for the program, which includes various administrative roles, facility management, equipment distribution and alumni relations.

A native of McClure, Pennsylvania, Loht graduated from Penn State in the spring of 2014 with a bachelor's degree in kinesiology, fitness studies. Prior to joining the Penn State cross country and track & field staff, Loht worked as an assistant supervisor at the Penn State fitness centers.

During her four years with the program, Loht finished in the top five at the NCAA Outdoor Championships in three times (2012, 2013 & 2014), with her highest finish coming in 2012 (third place). She ended her NCAA career in the javelin with her school record toss of 178-6. She also won two-straight Penn Relays javelin titles in 2013 and 2014. For her performance in the field during the 2012, '13 & '14 track & field seasons, Loht was named the field MVP of the women's team all three years.

In the summer of 2011, Loht finished fourth (150-8) at the USATF Junior Outdoor Championships. Followed by a 16th overall finish (160-7) at the 2012 Olympic Trials. In 2013 & '14, she competed at the USATF Senior Outdoor Championships in the javelin and finished fifth (177-8) in 2013 and 12th (163-8) in 2014.

At the Big Ten level, Loht earned four podium finishes, including a first-place finish at the 2012 Outdoor Track & Field Championships. Loht captured the 2012 Big Ten women's javelin title in dramatic fashion as she posted a mark of 160-11 on her final attempt. She was also a team captain of two outdoor conference-winning squads (2013 & '14).

SUPPORT STAFF



**Melissa
BOLDT**

**Performance Enhancement
Coach**



**Robbie
Creese**

**Volunteer Assistant
Coach**



**Michael
GAY**

**Assistant Athletic
Trainer**



**Emily
LAUER**

**Assistant Athletic
Trainer**



**Isaiah
HARRIS**

**Volunteer Assistant
Coach**

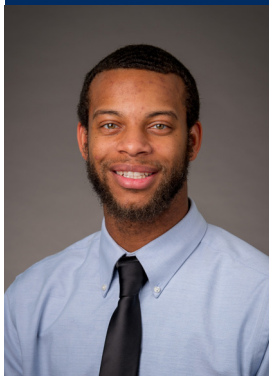


**Kayla
MATRUNICK**

**Assistant AD for
Performance Nutrition
Services**



SUPPORT STAFF



**Malik
MOFFETT**

**Volunteer Assistant
Coach**



**Carl
OHLSON**

**Assistant AD for
Performance Psychology**



**Karley
REMIEL**

**Volunteer Assistant
Coach**



**David
REICK**

**Volunteer Assistant
Coach**



**Joe
WHITE**

**Volunteer Assistant
Coach**



**Robert
FORD**

**Volunteer Assistant
Coach**

CROSS COUNTRY / TRACK & FIELD

WOMEN'S BIOS





WOMEN'S ROSTER

Name	Year	Eligibility	Event Area	Hometown (Previous School)
Cecelia Bacon	Junior	Jr./Soph.	Jumps	Chantilly, Va. (Chantilly)
Antoinette Bradley	Junior	Jr./Soph.	Sprints	Fort Washington, Md. (Friendly)
Yasmin Brooks	Senior	Junior	Sprints/Hurdles	Harrisburg, Pa. (TCU)
Jermecia Brown	Freshman	Freshman	Sprints	Margate, Fla. (St. Thomas Aquinas)
Ryan Brundage	Junior	Sophomore	Throws	Columbus, Pa. (Corry)
Megan Ciasullo	Sophomore	Freshman	Distance/XC	Ambler, Pa (Mt. St. Joseph)
Faith DeMars	Freshman	Freshman	Distance/XC	Ballston Spa, N.Y. (Ballston Spa)
Erica Ellis	Sophomore	Soph./Fr.	Pole Vault	Rochester, N.Y. (Gates-Chili)
Katherine Fedko	Sophomore	Freshman	Distance/XC	Gibsonia, Pa. (Hampton)
Kathleen Gallagher	Junior	Sophomore	Jumps	Libertytown, Md. (Linganore)
Breana Gambrell	Junior	Jr./Soph.	Jumps	Sayra, Pa. (Athens)
Rachel Gearing	Junior	Jr./Soph.	Sprints	Cleveland, Ga. (White County)
Elizabeth Gilpatrick	Freshman	Freshman	Distance/XC	Boalsburg, Pa. (State College)
Taylor Givens	Junior	Sophomore	Jumps	State College, Pa. (State College)
Zoey Goldstein	Freshman	Freshman	Sprints	Lorton, Va. (South County)
Maddie Holmberg	6th Year	Outdoor Only	Multi-Events/Jumps	Greensburg, Pa. (Hempfield Area)
Ekaterina Hupaló	Junior	Jr./Soph.	Sprints/Hurdles	Valencia, Ca. (Bishop Alemany)
Taylor Jede	Sophomore	Freshman	Sprints/Hurdles	Mechanicsburg, Pa. (Cumberland Valley)
Katie Jones	Senior	Junior	Pole Vault	Williamsport, Pa. (South Williamsport)
Kileigh Kane	Sophomore	Freshman	Distance/XC	State College, Pa. (State College)
Mallory Kauffman	Sophomore	Soph./Fr.	Throws	Millerstown, Pa. (Greenwood)
Piper Klinger	Junior	Sophomore	Throws	Selinsgrove, Pa. (Selinsgrove)
Audra Koopman	Senior	Sr./Jr.	Jumps	Fort Collins, Colo. (Fort Collins)
Makenna Krebs	Sophomore	Soph./Fr.	Distance	Harrisburg, Pa. (Central Dauphin East)
Jane Madson	Sophomore	Soph./Fr.	Sprints	Pittsburg, Pa. (Upper St. Clair)
Victoria Mathiew	Freshman	Freshman	Sprints	Richmond, Texas (Fort Bend Travis)
Sera Mazza	Sophomore	Freshman	Distance/XC	Centre Hall, Pa. (St. Joseph's)
Kaylee McCullough	Freshman	Freshman	Distance/XC	Feasterville, Pa. (Neshaminy)
Mary McDavid	Sophomore	Freshman	Distance/XC	Philadelphia, Pa. (Penn Carter)
Leena Morant	Freshman	Freshman	Distance/XC	Scotch Plains, N.J. (Union Catholic)
Katie Munks	5th Year	Outdoor Only	Distance	Chester, N.Y. (Monroe-Woodbury)
Carena Nottoli	Junior	Jr./Soph.	Pole Vault	Columbia, Pa. (Hempfield)
Chibugo Obichere	Sophomore	Soph./Fr.	Sprints/Hurdles	Valley Stream, N.Y. (Valley Stream South)
Alexa Parks	Senior	Junior	Jumps	Pipersville, Pa. (Palisades)
Gianna Rao	Junior	Jr./Soph.	Throws	North Scituate, R.I. (Ponaganset)
Danae Rivers	5th Year	Outdoor Only	Distance	Derby, Conn. (Wilbur Cross)
Madi Smith	Senior	Junior	Throws	New Oxford, Pa. (New Oxford)
Jean Starr	Sophomore	Freshman	Throws	Leechberg, Pa. (Kiski Area)
Samantha Stravach	Sophomore	Freshman	Throws	Westfield, N.J. (Westfield)
Victoria Tachinski	Senior	Sr./Jr.	Distance	Winnipeg, Manitoba (Vincent Massey)
Sharai Taylor	Senior	Sr./Jr.	Multi-Events	Pottstown, Pa. (PSU-Harrisburg)
Paige Terrette	Sophomore	Freshman	Throws	Bangor, Pa. (Bangor Area)
Amariah Thomas	Junior	Jr./Soph.	Sprints	Balacklick, Ohio (Gahanna Lincoln)
Tesia Thomas	Freshman	Freshman	Jumps	York, Pa. (West York Area)
Sophia Toti	Freshman	Freshman	Distance/XC	Carlisle, Pa. (Carlisle)
Madaline Ullom	Freshman	Freshman	Distance/XC	Mason, Ohio (Mason)
Victoria Vanriele	Freshman	Freshman	Distance/XC	Berkeley Heights, N.J. (Governor Livingston)
Brooke-Lynn Williams	Senior	Sr./Jr.	Sprints	Plymouth, Mass. (Norton)
Jordan Williams	Senior	Junior	Distance	Sharon, Pa. (Sharon)
Alison Willingmyre	Senior	Sophomore	Distance	Wernersville, Pa. (Wilson)
Kate Willshaw	Sophomore	Soph./Fr.	Jumps	Easton, Pa. (Easton)
Carlie Wilson	Sophomore	Soph./Fr.	Jumps	Sparta, N.J. (Sparta)
Hailey Zurich	Sophomore	Soph./Fr.	Pole Vault	Williamsport, Pa (Loyalsock Township)

RETURNERS



**Cecelia
BACON**
Chantilly, Va.
Chantilly
Jr./Soph.
Jumps

COLLEGIATE PERSONAL BESTS: High Jump – 1.72m, Triple Jump – 12.34m

TRACK AND FIELD

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Set personal-best marks in both high jump and triple jump...Tallied six top-five finishes in both high jump and triple jump.

Nittany Lion Challenge (1/11): Cleared personal-best height of 5-7.75 (1.72m) to place second in high jump. **Tiger Paw Invitational (2/14-15):** Recorded personal-best distance of in triple jump (40-6 (12.34m).

2019 Outdoor

Jim Thorpe (5/3): Jumped a then-personal best in high jump (1.68m). **Bucknell Team Challenge (4/20):** Jumped 1.55m to finish sixth in high jump. **ASU Invitational (3/22-23):** Finished third in high jump (1.60m).

2019 Indoor

Penn State Tune-Up (2/16): Finished third in both high jump and triple jump. **Sykes & Sabock Challenge Cup (2/2):** Set her collegiate best in the triple jump (11.52m). **Bison Opener (11/30-12-1):** Placed second in the high jump (1.60m) and fifth in triple jump (11.22).

BEFORE PENN STATE

HIGH SCHOOL PRs: 400 - 58.25, Triple jump - 39-0, High jump - 5-5

Won outdoor Virginia High School League (VHSL) Concord Conference 5 triple jump championship...Named 6A Region D outdoor triple jump champion...Named all-state in the triple jump and the high jump...Won Indoor VHSL Concord Conference 5 triple jump championship...Won VHSL 6A Region D indoor triple jump championship...Finished runner-up in the high jump and the triple jump at the VHSL 6A meet...Member of three school record setting relays - 4x100M, 4x400M, and sprint medley relay...Won 2017 Outdoor VHSL Concord Conference 5 triple jump championship...Named all-state in the triple jump VHSL 6A with a school-record mark of 39-0...Won indoor VHSL Concord Conference 5 triple jump title...Named team MVP in indoor and outdoor track & field...Won 2016 outdoor VHSL Concord Conference 5 high jump title...Won indoor VHSL Concord Conference 5 triple jump champion...Placed 19th in the triple jump at the 2017 New Balance Nationals Outdoor meet...Took ninth in the high jump at the 2016 New Balance Nationals Outdoor meet...Earned four varsity letters in indoor and outdoor track...Member of the Na-

tional Honor Society...Member of the marching band for four years at Chantilly High School.

PERSONAL

Full name is Cecelia Renee Bacon...Daughter of Matthew and Noela Bacon...Majoring in liberal arts...Born on April 3, 2000 in Evans, Georgia.



**Antoinette
BRADLEY**
Fort Washington, Md.
Friendly
Jr./Soph.
Sprints

COLLEGIATE PERSONAL BESTS: 400m – 55.62, 400mH – 1:00.13, 600m – 1:29.75

CAREER NOTES & RECORDS

Career: Won silver medal as a member of the 4x400m relay and bronze medal in the 600m event at 2020 Big Ten Indoor Championships.

Records: Broke into the top five in 600m for third all-time (1:29.75)

AT BIG TEN CHAMPIONSHIPS

Big Ten Indoor Championships (2/28-29/20): Medaled in 600m and 4x400m events...Relay team placed second with a time of 3:37.69...Recorded third-best time in PSU history with third-place finish in the 600m

Big Ten Outdoor Championships (5/10-12/19): Ran a personal-best 1:00.13 in the 400-meter hurdles.

Big Ten Indoor Championships (2/22-23/19): Ran 1:34.92 in the 600m prelims...Distance Medley Relay team placed fifth, running 11:26.38.

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Scored twice at Big Ten Indoor Championships with a second-place finish as a part of 4x400m relay team and a third-place finish in the 600m...Set a pair of personal-best marks in the 400m and 600m events...Ranks third-all time in Penn State history in the 600m race (1:29.75).

Nittany Lion Challenge (1/11): Captured two wins, one in the 400m and as a member of 4x400m relay at first home meet. **Tiger Paw Invitational (2/14-15):** Set a personal-best mark in the 400m (55.62).

2019 Outdoor

Season: Ran a personal-best time at Big Ten Championships in the 400mH...Had five top-10 performances and two wins.

ASU Invitational (3/22-23): Won 400mH (1:01.87)...Was a member of 4x400m relay team that placed third (3:51.81). **Virginia Challenge (4/19-20):** Won the 400mH (1:00.79). **125th Penn Re-**



RETURNERS

lays (4/25-27): Competed in 400mH (1:03.56) and member of 4x400m relay (3:39.50).

2019 Indoor

Season: Competed in 600m and DMR at the Big Ten Championships...Posted nine top-10 with 2 then-personal-bests.

Penn State National (1/25-26): Set a then-personal-best in 600m (1:31.76)...Finished second in the 600m. **Clemson Tiger Paw Invitational (2/8-9):** Ran a then-personal-best time of 55.97 in 400m.

BEFORE PENN STATE

HIGH SCHOOL PRs: 400mH - 60.95, 400m - 56.86

Competed for Ned Gunter at Friendly High School...Was part of team that won 2A and 1A Regional outdoor championship...Finished as 2A Indoor Runner-Ups and 1A Outdoor Runner-Ups...Placed first in 500m 2A at the Indoor State Championship...Won 300m hurdle 1A Outdoor state title and regional championship... Won 800m and 400m at 1A Regional Outdoor Championships... Was the 800m and 500m Prince George's County Indoor champion...Placed first in the 300m Hurdle Prince George's County Outdoor championship...Earned the Bob Leo Senior Women's Award...Placed 18th at the New Balance Outdoor National meet in 400m hurdles...Was a member of the National Honor Society.

PERSONAL

Full name is Antoinette Maridor Gude Bradley...Daughter of Anthony Bradley and Tayrn Gude...Has one brother, Anthony... Chose Penn State "Because I feel as though it was the best decision regarding my future and what I want to pursue career wise due to its large alumni base"...Born on November 10, 2000, in Fort Washington, Maryland.

hurdles at Texas Tech Shootout...Attended Susquehanna Township High School...Won three district championships in 300m hurdles...Won two district championships in the 100m hurdles... Was a two-time district champion as a member of the 4x100m and 4x400m relay teams...Won 300m hurdles state championship...Won 200m district championship.

PERSONAL

Full name is Yasmin Lurline Brooks...Daughter of Marjorie and Robert Galbreath...Has four siblings, Patra, John, Tyson and Mikah...Chose Penn State, "To make my dreams come to reality"... Born on October 16, 2001 in Harrisburg, Pennsylvania.



Ryann BRUNDAGE
Corry, Pa.
Corry
Sophomore
Throws

COLLEGIATE PERSONAL BEST: Javelin – 41.92m

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2019 Outdoor

Season: Set a collegiate best in javelin at the Jim Thorpe open (41.92m)...Posted four top-10 performances.

Jim Thorpe (5/3): Threw a collegiate-best 41.92m in javelin event.

BEFORE PENN STATE

High School PR: Javelin - 142-10

Won two regional championships...Won four PA District 10 championships in 2017...Qualified four times for PA state championships...Set school record in javelin...Finished 10th at 2017 New Balance Outdoor Nationals...Finished fourth at USATF Hershey Outdoor Youth Nationals...Named four-time track & field team MVP... Earned four letters in volleyball...Earned two letters in basketball...Was a member of the National Honor Society.

PERSONAL

Full name is Ryann Kay Brundage...Daughter of Steve and Kelly Brundage...Has two brothers, Steven and Matthew...Majoring in biobehavioral health...Chose Penn State "For the opportunities that come with the education"...Born on September 3, 1999, in Columbus, Pennsylvania.



Yasmin BROOKS
Harrisburg, Pa.
Susquehanna Township
Junior
Hurdles/Sprints

COLLEGIATE PERSONAL BESTS: 60mH – 8.41, 100mH – 13.61, 400mH – 1:00.82

2020 Outdoor

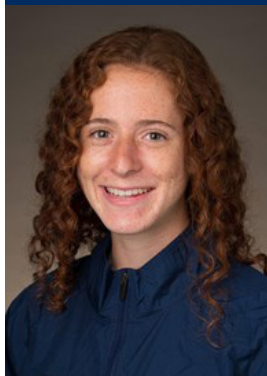
Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Did not compete.

BEFORE PENN STATE

Competed for two seasons at TCU...Reached the NCAA West Prelims in 100 hurdles...Ran season-bests in 100mh (13.61) and 400mh (1:00.82) at Big 12 Championships... Finished fifth in 100 hurdles at the Texas Relays...Competed in three meets during first indoor season for TCU... Ran a season best 8.41 in the 60



**Megan
CIASULLO**
Ambler, Pa.
Mount Saint Joseph
Freshman
Distance

COLLEGIATE PERSONAL BESTS: 6k - 21:05.8

CAREER NOTES & RECORDS

Career: Finished 41st to help Nittany Lions win 2019 Mid-Atlantic regional title.

ON A NATIONAL STAGE

NCAA Cross Country Championships (11/23/19): Ran 21:52.1 to help Nittany Lions to a No. 18 finish...Finished 177th.

NCAA Mid-Atlantic Regional (11/15/19): Secured the regional title as No. 5 finisher for Nittany Lions...Ran a personal-best 21:05.8 for 41st.

AT BIG TEN CHAMPIONSHIPS

Big Ten Cross Country Championships (11/3/19): Ran a then-personal-best time of 21:15.3 for 40th.

Cross Country 2019

Season: Member of 2019 regional championship team...Ran to a pair of top-20 finishes and season-best seventh place in home opener.

Spiked Shoe Invitational (9/13): Ran 21:47.5 in first home meet for seventh. **Penn State National Open (10/18):** Clocked 21:15.8 for 17th.

Track & Field 2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Ran in one meet, unattached.

BEFORE PENN STATE

Earned four varsity letters in cross country, indoor and outdoor track at Mount Saint Joseph Academy...Holds the school record in the 3200m race.

PERSONAL

Full name is Megan Elizabeth Ciasullo...Daughter of Joseph and Nancy Ciasullo...Has three siblings, Kevin, Jen and Lauren...Kevin is a graduate of Penn State and Lauren is currently attending Penn State...Majoring in biomedical engineering...Born on September 9, 2000, in Ambler, Pennsylvania.



**Erica
ELLIS**
Rochester, N.Y.
Gates-Chili
Soph./Fr.
Pole Vault

COLLEGIATE PERSONAL BEST: Pole Vault - 4.08m

CAREER NOTES & RECORDS

Career: Placed 16th in the pole vault at first Big Ten Indoor Championships.

Records: Ranks fourth on Penn State indoor pole vault chart (4.08m).

AT BIG TEN CHAMPIONSHIPS

Big Ten Indoor Championships (2/28-29/20): Placed 16th in the pole vault event.

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Moved into top five all-time at Penn State in the pole vault.

Sykes & Sabock Challenge (2/8): Set collegiate personal-best height of 13-4.5 (4.08m) to move into fourth place on Penn State's all-time in the pole vault list.

BEFORE PENN STATE

HIGH SCHOOL PRs: Pole Vault - 14'1

Attended Gates-Chili High School...Holds junior class national record in the indoor pole vault event...Ranked No. 1 pole vaulter.

PERSONAL

Full name is Erica Nicole Elliss...Daughter of Rickey Ellis...Enrolled in the Division of Undergraduate Studies...Born on June 17, 2001, in Rochester, New York.



RETURNERS



**Katherine
FEDKO**
Gibsonia, Pa.
Hampton
Freshman
Distance

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Did not compete.

BEFORE PENN STATE

HIGH SCHOOL PRs: Mile - 5:13, 3200 - 11:10, 5k - 18:21

Earned four varsity letters in track and cross country...Won two WPIAL cross country championships...Qualified for New Balance nationals in both indoor and outdoor track.

PERSONAL

Full name is Katherine Dawn Fedko...Daughter of John and Tina Fedko...Has four siblings; Kaley, Christian, Kyler and Colby...Mother, Tina, attended Penn State...Brothers Christian and Kyler play baseball at UConn...Born on May 17, 2001, in Gibsonia, Pennsylvania.



**Kathleen
GALLAGHER**
Frederick, Md.
Linganore
Sophomore
Jumps

COLLEGIATE PERSONAL BEST: High Jump - 1.63m

2020 Outdoor

Season cancelled due to COVID-19 pandemic

2020 Indoor Season

Season: Competed in five meets...Set a collegiate-best height in the high jump.

Sykes & Sabock Challenge (2/8): Cleared 5-4.25 (1.63m) to set collegiate-personal height.

2019

Did Not Compete.

BEFORE PENN STATE

High School PR: High jump - 5-7

Won 2018 Outdoor Maryland 3A state title with Linganore High School...Won 2018 Outdoor Maryland 3A West regional title...Won 2018 Indoor Maryland 3A state title...Won 2018 Indoor Maryland 3A West regional title...Won 2018 Indoor Central Maryland conference title...Won 2018 Indoor Frederick county championship... Holds Linganore high jump school record...Named to 2018 FNP All-CMC first team for spring...Named to 2018 All-CMC first team for winter...Competed at 2018 New Balance Indoor Nationals in NYC...Tied for fourth in Emerging Elite Division...Placed 43rd in National Championship Division at 2018 New Balance Outdoor Nationals.

PERSONAL

Full name is Kathleen Elisabeth Gallagher...Daughter of Rustin and Vicki Gallagher...Has one brother, Ryan...Intends to major in information sciences and technology...Chose Penn State "Because parents and several other family members are PSU alumni."...Born on August 26, 2000, in Libertytown, Maryland.



**Breana
GAMBRELL**
Athens, Pa.
Athens
Jr./Soph.
Jumps

COLLEGIATE PERSONAL BESTS: Long Jump – 6.19m, Triple Jump – 12.37m

CAREER NOTES & RECORDS

Career: Placed seventh in both long jump and triple jump events to score points at 2020 Big Ten Indoor Championships.

ON A NATIONAL STAGE

NCAA Outdoor East Prelims (5/23-25/19): Competed in the long jump event.

AT BIG TEN CHAMPIONSHIPS

Big Ten Indoor Championships (2/28-29/20): Scored points in both long jump and triple jump with seventh-place finishes.

Big Ten Outdoor Championships (5/10-12/19): Finished sixth with a best distance of 6.06m in long jump finals...Scored three points for Penn State.

Big Ten Indoor Championships (2/22-23/19): Finished 11th in postseason debut

2020 Outdoor

Season cancelled due to COVID-19 pandemic

2020 Indoor

Season: Posted a pair of personal-best marks in the triple jump



and long jump events. Scored points for the Nittany Lions at the Big Ten Indoor Championships in two events. Placed first four times during indoor campaign.

Bison Opener (12/6-7): Won both long jump and triple jump events...Set personal-best distance in long jump (20-3.75 (6.19m).

Nittany Lion Challenge (1/11): Won triple jump event with personal-best mark of 40-7 (12.37m). **Sykes & Sabock Challenge (2/8):** Won long jump event with a distance of 20-1.75 (6.14m).

2019 Outdoor

Season: Won long jump at the Bison Outdoor Classic and Jim Thorpe meets...Posted seven top-10 finishes...Qualified for the NCAA East Prelims in the long jump...Scored three points for the Nittany Lions at Big Ten Championships with her sixth place finish in the long jump.

Bison Outdoor Classic (4/13-14): Set a long jump personal-best (6.19m) to win event. **Jim Thorpe (5/3):** Won long jump with a distance of 6.11m.

2019 Indoor

Season: Competed in the long jump at the Big Ten Indoor Championships...Set personal bests in three events in the 60m, 200m and triple jump.

Bison Opener (12/1): Ran a personal best in the 60m (7.71).

Penn State National (1/26): Jumped a then-personal best 12.13m in triple jump. **Sykes & Sabock Challenge Cup (2/3):** Ran a personal-best 25.20 in the 200m.

BEFORE PENN STATE

HIGH SCHOOL PRs: Long Jump - 20-8.5 (o), 20-1.5 (i), Triple Jump - 8-8.75 (o), 38-2.5 (i), 100m - 11.83

Was a three-sport athlete Athens Area High School, earning four letters in track & field, basketball and soccer... Named team captain for track and field...Finished second at 2018 state championship (AA)...Finished third at 2017 state championship (AA)...Holds school record in the long jump, triple jump, 100 and 4x100...Won four PIAA state championships...Set state record in long jump...Holds all conditions state record in long jump...Won 14 District 6 championships and holds record in long jump, 100m and 4x100... Won two team district IV championships...Won indoor state title in triple jump... Named all-state seven times...Won 12 national championships...Won four team national championships... Earned New Balance National All-America honors twice...Placed fourth in 2018 long jump both indoor and outdoor...Won 2018 Penn Relays long jump championship...Holds school record in javelin throw...Named javelin All-American...Was a member of National Honor Society...Four-time Honor Roll recipient.

PERSONAL

Full name is Breana Alexis Gambrell...Daughter of Ben and Lisa Gambrell...Has two brothers, Jarred and Benny, and one sister, Ariana...Majoring in nutritional sciences.....Chose Penn State "Because of the outstanding academics along with energetic community which gives the environment a family-like feel"...Born on March 2, 2000 in Sayra, Pennsylvania.



Rachel GEARING

**Cleveland, Ga.
White County
Jr./Soph.
Sprints**

COLLEGIATE PERSONAL BESTS: 200m – 25.96, Long Jump – 5.63m, Triple Jump – 12.45m

AT BIG TEN CHAMPIONSHIPS

Big Ten Indoor Championships (2/28-29/20): Placed 10th in triple jump.

Big Ten Outdoor Championships (5/10-12/19): Finished eighth in triple jump finals for the Nittany Lions and contributed a point Nittany Lions.

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Placed 10th in triple jump at first Big Ten Indoor Championships.

Penn State National Open (1/31-2/1): Reached 40-2.75 (12.26m) for second place and season-best in triple jump.

2019 Outdoor

Season: Competed in triple jump at the Big Ten Championships and finished eighth...Set personal-best distance in the triple jump (12.45m) at Bison Outdoor Classic...Won two triple jump events.

LSU Battle on the Bayou (4/13-14): Kicked off outdoor season with third-place finish in triple jump (12.30m). **Bison Outdoor Classic (4/13-14):** Won triple jump event and set personal best (12.45m). **Jim Thorpe Open (5/3):** Won triple jump event (12.36mw).

2019 Indoor

Season: Posted seven top-10 finishes...Set personal best in the 200m.

Bison Opener (11/30-12/1): Jumped 5.60m and 11.62m in the long jump and triple jump. **Penn State National (1/25-26):** Posted collegiate best 5.63m in long jump.

Sykes & Sabock Challenge Cup (2/2): Ran personal-best 25.96 in the 200m. **Penn State Tune-Up (2/16):** Finished second in triple jump (12.25m).

BEFORE PENN STATE

HIGH SCHOOL PRs: Long jump - 18-8 (5.68m), triple jump - 39-8 (12.09m)

Earned four varsity letters and named team captain in basketball, cross country, soccer and track & field at White County High School...Set multiple school records: 400m, 4x400m relay, 4x100m relay, long jump and triple jump...



RETURNERS

PERSONAL

Full name is Rachel Anna Gearing...Daughter of Bill and Jeanette Gearing...Has six siblings, Cole, Ellie, Jenna, Kaitlyn, Lily and Will...Bill was a member of the Penn State boxing team... Jeannette played field hockey at Penn State...Kaitlyn competes in track & field at Lees-McRae College...Will plays soccer at Young Harris College...Jenna is a member of the Clemson track & field program....Enrolled in the Division of Undergraduate Studies...Chose Penn State because "I loved the atmosphere and it has been my dream school ever since I was little"...Born on December 18, 1999, in Sautee Nacoochee, Georgia.



Taylor GIVENS
State College, Pa.
State College
Sophomore
Jumps

COLLEGIATE PERSONAL-BEST MARKS: Long jump: 5.86m

Big Ten Indoor Championships (2/28-29): Competed in long jump event.

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Recorded six top-10 finishes in first collegiate season and set a personal-best mark in the long jump.

Penn State Tune-Up (2/21): Placed second in long jump with a personal-best mark of 19-2.75 (5.86m).

2019

Season: Did not compete.

BEFORE PENN STATE

Attended State College High School...Won the long jump state championship.

PERSONAL

Full name is Taylor Nicole Givens...Daughter of Hugh and Nancy Givens...Mother, Nancy, attended Penn State...Has two siblings, Haley and Brooke...Born on January 18, 2000 in State College, Pennsylvania.



Maddie HOLMBERG
Greensburg, Pa.
Hempfield Area
6th Year
Multi-Events

COLLEGIATE PERSONAL BESTS: 60mH – 8.49, 100mh – 13.95 (1.1), 200m – 24.08 (0.1), 600m – 1:42.26, 800m – 2:18.30, High Jump – 1.64m, Long Jump – 6.37m, Shot Put – 14.58m, Javelin – 43.35m, Pentathlon – 4,274, Heptathlon – 5,976

CAREER NOTES & RECORDS

CAREER: Two-time first team All-American...Big Ten Champion in the pentathlon...Named an Academic All-Big Ten honoree.

RECORDS: Holds Penn State heptathlon school record (5,976 points)...Ranks second all-time in the pentathlon (4,274 points).

ON A NATIONAL STAGE

NCAA Indoor Championships (3/13/20): Qualified for NCAA Indoor Championships in pentathlon...Was unable to compete cancellation due to COVID-19 pandemic.

NCAA Indoor Championships (3/8-9/19): Finished ninth at the NCAA Finals...Earned second-team All-America honors... Set then-personal best in pentathlon (4,227 points)...Second on Penn State chart in that event.

NCAA Outdoor Championships (6/6-9/18): Finished third in heptathlon (5,833 points)...Had second-best mark in shot put (44-10.75, 13.68m)...Recorded a personal-best time of 2:19.16 in the 800-meter run.

NCAA East Prelims (5/24-26/18): Finished 28th in long jump (19-3.5, 5.88m).

NCAA Indoor Championships (3/9-10/18): Finished seventh in pentathlon with personal-best score for No. 2 score in school history (4,216 points)...Had top mark in shot put with her distance of 45-0.5 (13.73m) in pentathlon.

AT BIG TEN CHAMPIONSHIPS

Big Ten Indoor Championships (2/28-29/20): Won Big Ten championship in pentathlon...Scored 4,274 points to become only Penn State's second-ever Big Ten champion in event.

Big Ten Outdoor Championships (5/11-13/18): Finished second in heptathlon with school record (5,976 points)...Won 200-meter dash (23.79w) and the long jump (20-10.75/6.37m) in heptathlon...Placed eighth in the long jump with her mark of 20-1.75 (6.14m)...Posted personal-best distance of 142-3 (43.35m) in the javelin throw...Tied her distance of 20-10.75 (6.37m) in long jump for the No. 3 mark in school history.

Big Ten Indoor Championships (2/23-24/18): Placed second in long jump with indoor personal-best (20-3.5, 6.18m)...Finished second in pentathlon (4,168 points)...Posted top mark in shot put with personal-best distance (46-0.5, 14.03m) and top distance



in long jump with her mark of 19-1.25 (5.82m)...Tallied an indoor personal-best time of 2:20.13 in 800-meter run...Recorded a personal-best time of 8.49 in 60-meter hurdles...Achieved a 46-0.5 (14.03m) in shot put for her personal-best performance.

Big Ten Outdoor Championships (5/13-15/16): Competed in heptathlon and took seventh with two-day score of 5,118 - a career best...Recorded marks of 35.61m (Javelin), 24.98w (200m), 14.39w (100mH), 11.45m (Shot Put), 2:30.32 (800m), 1.53m (high jump) and 5.68mw (long jump).

Big Ten Indoor Championships (2/26-27/16): Competed in pentathlon (3,747 points)... Recorded marks of 5.65m (long jump), 8.71 (60mH), 11.79m (shot put), 1.49m (high jump) and 2:23.59 (800m).

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Qualified for NCAA Indoor Championships in pentathlon...Captured Big Ten Championships in pentathlon...Won three pentathlon events during season.

Bison Opener (12/6-7): Scored 4,075 points in season-opening performance...Won all five events. **Dr. Sander Invitational (1/23-25):** Won pentathlon event (4,171 points)...Claimed three of five events.

2019 Outdoor

Season: Did not compete.

2019 Indoor

Season: Finished ninth at NCAA Finals...Earned second-team All-America honors...Set personal best in pentathlon (4,227 points)...Ranks second all-time at Penn State...Tallied 13 top-10 finishes.

Bison Opener (11/30-12/1): Won 60mH (8.81) and long jump (6.21m). **Nittany Lion Challenge (1/12):** Won 60mH (8.61) and long jump (6.22m)...Placed fourth in shot put and was a member of 4x400m relay which also took fourth. **Penn State National (1/25-26):** Scored 4,219 points to win pentathlon...Won four of five events. **Clemson Tiger Paw Invitational (2/8-9):** Finished third in long jump (6.18) and ran 8.52 in 60mH.

2018 Outdoor

Season: Earned first-team All-America honors with third-place finish in heptathlon at NCAA Championships...Finished second in heptathlon with school-record score of 5,976 points at Big Ten Championships. Recorded a wind-legal personal-best time of 24.08 in 200m dash at Virginia Challenge.

Pac-12 vs Big Ten Invitational (3/23-24): Posted three top-10 finishes in long jump (6.09m), 4x400m (3:44.59) and 200m (24.36).

Virginia Challenge (4/20-21): Won the heptathlon with a score of 5,736...Won four of the heptathlon events. **USATF Championships:** Placed ninth overall in the heptathlon (5,780 points)...Posted a season-best time of 13.93 in the 100-meter hurdles...Had third-best mark in the shot put field (45-9, 13.94m).

2018 Indoor

Season: Earned first team All-America honors in pentathlon...Finished second at Big Ten Championships in the pentathlon.

Penn State National (1/26-27): Won pentathlon event with a score of 4,133 points...Won three events. **Spire NCAA D1 Indoor Track & Field Classic (2/9-10):** Placed in top-10 in the 60mH, high jump and as a member of the 4x400m relay.

2017 Outdoor

Season: Posted No. 1 mark in Big Ten with her total of 5,636, also the No. 3 total in program history...Set the heptathlon school

record in the shot put with her mark of 42'-0"(12.80m).

Pac-12 vs. Big Ten Invitational (3/24-25): Won long jump (6.04m)...Placed ninth in 100mH (14.65). **Virginia Challenge (4/21-22):** Posted 5,636 points in heptathlon...Won two events to set No. 3 mark in Penn State program history.

2017 Indoor

Did not compete

2016 Outdoor

Season: Recorded a second-place finish in heptathlon at prestigious Penn Relays with score of 5,053 points...Recorded 14 top-10 finishes in regular season...Finished seventh at Big Ten Championships in heptathlon.

Pepsi Invitational (4/9): Placed in top-10 in 200m, 100mH, 4x400m and long jump. **Penn Relays (4/26-27):** Recorded a second-place finish in heptathlon with a score of 5,053 points.

2016 Indoor

Season: Recorded 24 top-10 finishes in regular season including four first-place finishes.

Penn State Relays (1/9): Won long jump event (5.85m) and placed third in 60mH. **Nittany Lion Challenge (1/16):** Set personal-best in 600m. **Sykes & Sabock Challenge (2/5-6):** Placed second in pentathlon and second in long jump. **Fastrack National Invite (2/12):** Set a then-personal best in long jump to win event (5.91m).

BEFORE PENN STATE

HIGH SCHOOL PRs: 100mH: 14.34, 300mH: 42.72, Long Jump: 20-1

Won 12 Westmoreland County championships and earned four varsity letters at Hempfield Area High School...Named Westmoreland MVP three times...Won nine WPIAL championships...Set all-time WPIAL record in long jump and as a member of 4x100-meter relay...Was a PIAA place winner nine times...Won four PIAA state championships (2013: 4x100m, 2014: long jump, 300-meter hurdles, 4x100m)...Earned 2014 New Balance Nationals All-America status- sixth-place (4x1)...Named 2014 PIAA Women's Track Athlete of the Year...Recognized as 2014 Tribune Review Athlete of the Year...Named 2014 Post Gazette Athlete of the Year...Owns the school record in the long jump, 300-meter hurdles, 4x100-meter relay and 4x400-meter relay.

PERSONAL

Full name is Madeline Mae Holmberg...Daughter of Rob and Deidre Holmberg...Father, Rob, played football at Penn State and in the NFL...Majoring in kinesiology...Born on October 26, 1996, in Pittsburgh, Pennsylvania.



RETURNERS



Ekaterina HUPALO
Mission Hills, Calif.
Bishop Alemany
Jr./Soph.
Sprints

COLLEGIATE PERSONAL BESTS: 60mH – 8.57, 100mH – 15.20, 200m – 25.90

AT BIG TEN CHAMPIONSHIPS

Big Ten Indoor Championships (2/28-29/20): Matched a personal-best mark in 60mH (8.57).

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Set a personal-best mark in 60mH at Big Ten Indoor Championships...Placed in top 10 three times in 60mH event.

Sykes & Sabock Challenge (2/8): Set new personal-best mark in 60mH (8.57).

2019 Outdoor

Season: Won two 100mH events...Posted five top-10 finishes... Set a collegiate-best time in the 100m hurdles (15.20)

Bison Outdoor Classic (4/13-14): Ran collegiate-best in 100m hurdles (15.20). **Bucknell Team Challenge (4/20):** Won 100mH (15.46). **Jim Thorpe (5/3):** Won 100mH (15:05w).

2019 Indoor

Season: Set two personal-bests in 200m and 60m hurdles...Won 60mH at Penn State Tune-Up.

Penn State National (1/25-26): Posted two personal-best times in 200m (25.90) and 60m hurdles (8.68). **Penn State Tune-Up (2/16):** Won 60mH.

BEFORE PENN STATE

High School PRs: 60mH - 8.91, 100mH - 14.36, 300mH - 44.54
Earned four varsity letters in track & field...Won the 100mH and 4x100m league championship in 2018...Finished as league 100mH and 300mH as runner-up (2017)...Holds Sunshine League record in the 100mH...Member of school record shuttle hurdle relay team (2018)...Earned 2018 PrepCalTrack "Elite Marks" in 100mH, 300m, and as a member of 4x100m and shuttle hurdle relays...Finished 2018 indoor season ranked third in California in 60mH by MileSplitCA...Named Varsity Women's 2018 MVP...Won Sunshine League Championship (2017-18)...Placed second at California Interscholastic Federation Division 3 (2018)...Qualified for the New Balance National Indoor and Outdoor Championships (2018)...Finished sixth in the 100mH and the 4x100m relay at the Mt. SAC Relays (2018)...Earned three USATF Youth All-American honors in long jump and hurdles...Participated at USATF Junior Olympic National Championships (2010-12, '14, '17).. and participated in AAU Junior Olympic National Championships (2011, '17).

PERSONAL

Full name is Ekaterina Nicole Hupalo...Daughter of Rodney and Christine Hupalo...Has one sister, Alexa...Father, Rodney competed in track & field at Cal Lutheran University...Majoring in health and human development...Chose Penn State "To be a part of a school that takes a great amount of pride in improving the community and offers excellent academic opportunities"... Born on March 21, 2000, in Valencia, California.



Taylor JEDE
Mechanicsburg, Pa.
Cumberland Valley
Freshman
Hurdles/Sprints

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Did not compete.

BEFORE PENN STATE

HIGH SCHOOL PRs: 300mH - 43.98, 200m - 25.68, 4x400m - 3:57.85, 400m - 58.18, 400mH - 1:03.10.

Earned four varsity letters in track and field and two in soccer at Cumberland Valley High School...Won 300m hurdles district championship...Finalist in 300m hurdles at state championships three times...Won Mid Penn 300m hurdles in 2018 & 2019...Won 200m Mid Penn championship in 2019...Holds school record in 200m and 4x400m...Set junior record in 400m and 400m hurdles...Was a member of the National Honors Society...Earned Jerry Brooks Academic Award...

PERSONAL

Daughter of Steve and Kim Jede...Has one sister, Tegan...Mother, Kim, is University of Iowa alumni diver and letterwinner...Majoring in biomedical engineering...Chose Penn State "Because of the strong academic programs and the competitive team"...Born on April 28, 2001, in Mechanicsburg, Pennsylvania.



Katie JONES
Williamsport, Pa.
South Williamsport
Junior
Pole Vault

COLLEGIATE PERSONAL BEST: Pole Vault - 4.25m

CAREER NOTES & AWARDS

CAREER: Won Big Ten Championship in indoor pole vault (2020).

RECORDS: Holds school records in both indoor and outdoor pole vault events (4.25m).

ON A NATIONAL STAGE

NCAA East Prelims (5/24-26/18): Qualified in pole vault.

AT BIG TEN CHAMPIONSHIPS

Big Ten Indoor Championships (2/28-29/20): Won Big Ten championship with a school record height of 13-11.25 (4.25m).

Big Ten Outdoor Championships (5/11-13/18): Recorded a personal-best to tie school record (4.12m) and placed sixth in the pole vault.

Big Ten Indoor Championships (2/23-24/18): Finished 15th in pole vault (12-6.75, 3.83m).

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Won Penn State's second ever indoor Big Ten championship in women's pole vault...Set new school record en route to the title (4.25m).

2019

Did not compete.

2018 Outdoor

Season: Tied Penn State outdoor record in pole vault at Big Ten Championships (4.12m). Scored for Nittany Lions with her sixth-place finish at Big Ten Championships.

Bison Outdoor Classic (4/14-15): Finished third in pole vault (4.02m). **Virginia Challenge (4/20-21):** Placed fourth (4.11m).

2018 Indoor

Season: Recorded a then-personal-best height of (4.09m) in the pole vault at the Sykes & Sabock Challenge Cup...Ranked fourth all-time at Penn State with a height of 4.09m...Competed at the Big Ten Championships in the pole vault.

Nittany Lion Challenge (1/13): Finished third in her first collegiate meet with height of 4.07m. **Sykes & Sabock Challenge (2/2-3):** Set then- personal best and finished second (4.09m) in pole vault.

BEFORE PENN STATE

HIGH SCHOOL PRs: Pole Vault - 13-9.25(i), 13-7

Won four District 4 Championships (2014, 2015, 2016, 2017)... Won four Pennsylvania Heartland Athletic Conference Championships (2014, 2015, 2016, 2017)...Placed fourth at 2015 PIAA AA State Championships...Won 2016 and 2017 PIAA AA State championships...Then won back to back PTFCA Indoor State Championships (2016, 2017)...Won 2016 Penn Relays Championship...Holds Pennsylvania indoor and outdoor state records... Named 2016 and 2017 Williamsport Sun-Gazette Female Athlete of the Year...Earned bronze medal at 2016 Indoor New Balance Nationals and silver at 2016 Outdoor New Balance Nationals... Won 2017 Indoor New Balance National Championship and earned silver medal at 2017 Outdoor New Balance Nationals.

PERSONAL

Full name is Kaitlin Elizabeth Jones...Daughter of Mike & Patti Jones...Majoring in inesiology...Born on July 13, 1999, in Williamsport, Pennsylvania.



Kileigh KANE
State College, Pa.
State College
Freshman
Distance

COLLEGIATE PERSONAL BEST: 6k - 21:36.5

ON A NATIONAL STAGE

NCAA Mid-Atlantic Regional (11/5/19): Made regional debut with a 21:54.4 for 77th place.

AT BIG TEN CHAMPIONSHIPS

Big Ten Cross Country Championships (11/3/19): Set a collegiate personal-best time of 21:36.5 for 62nd.

Track & Field

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Did not compete.

Cross Country

Season: Competed at the NCAA Mid-Atlantic Regional and the Big Ten Cross Country Championships.

BEFORE PENN STATE

Earned three letters in cross country and four letters in track & field at State College High School...Named team MVP in 2018 and team captain...Finished as 2017 cross country District 6 runner-up...Won 2018 cross country District 6 champion...Finished as 2018 PA cross country state runner-up...Won 2018 District 6 4x800 and 1600-meter championships...Finished third in 4x800 and sixth in 1600 at PA state meet. Won 2019 District 6 1600-meter championship...Finished fourth in 1600m at PA state meet in



RETURNERS

2019...Finished 10th at 2019 New Balance Nationals Indoor in the mile...Finished fifth in the mile at 2019 Penn Relays.

PERSONAL

Full name is Kaleigh Isabelle-Anne Kane...Daughter of Leon and Valsechi...Has five siblings, Kassidy, Karsyn, Killian, Jack, Vince... Enrolled in the Division of Undergraduate Studies...Born on December 12, 2000, in State College, Pennsylvania.



Mallory KAUFFMAN
Millerstown, Pa.
Greenwood
Soph./Fr.
Throws

COLLEGIATE PERSONAL BESTS: Weight Throw - 15.83m, Shot put - 15.01m

AT BIG TEN CHAMPIONSHIPS

Big Ten Indoor Championships (2/28-29/20): Placed 14th in first Big Ten Championships with a best throw of 14.71m.

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Set a pair of collegiate-personal bests in shot put and weight throw...Posted three top-five finishes.

Nittany Lion Challenge (1/11): Placed second in shot put event (14.66m)...Set a personal-best mark in weight throw with a throw of 15.83m. **Sykes & Sabock Challenge (2/8):** Placed third in shot put event with a personal-best mark of 15.01m.

BEFORE PENN STATE

HIGH SCHOOL PRs: Discus - 160-8, Shot put - 48-3.75
Lettered four years in track and field and three years in basketball at Greenwood High School...Won three district championships in shot put and discus...Captured 2019 state championships in shot put and discus...Named PIAA first team All-State in shot put and discus...Was a member of the National Honor Society

PERSONAL

Full name is Mallory Kay Kauffman...Daughter of Bryan and Darla...Has two siblings, Morgan and Mitchell...Mom, Darla, attended Penn State, and sister, Morgan, currently attends Penn State... Chose Penn State because, "I loved the campus, the coaches, the facilities, and the overall family feel of the team"...Born on May 15, 2001, in Millerstown, Pennsylvania.



Piper KLINGER
Selinsgrove, Pa.
Selinsgrove
Sophomore
Throws

COLLEGIATE PERSONAL BESTS: Shot put - 12.31m, Discus 46.16m, Hammer throw - 50.62m, Weight throw - 17.90m

AT BIG TEN CHAMPIONSHIPS

Big Ten Indoor Championships (2/28-29/20): Threw a personal-best distance of 58-8.75 (17.90m).

Big Ten Outdoor Championships (5/01-12/19): Competed in both discus and hammer throw events.

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Posted three top-five finishes...Threw a collegiate personal-best in weight throw at Big Ten Indoor Championships.

PSU Tune Up (2/21): Threw a previous personal-best mark of 16.96m to place fifth.

2019 Outdoor

Season: Set personal-best marks in hammer throw (50.62m) shot put (12.31m) and discus (46.16m)...Recorded 10 top-10 finishes in 2019.

ASU Invitational (3/22-23): HAd a season-best throw in the shot put (12.31m)...Placed in top 10 in discus and hammer throw.

Bucknell Team Challenge (4/20): Won discus event (46.16m).

BEFORE PENN STATE

HIGH SCHOOL PRs: Discus - 160-0, Shot put - 42-7
Won three PIAA District 4 championships...Won three Heartland Conference championships...Set Selinsgrove High School record in discus throw...Earned second-team all-state honors...Named to first team all-conference...Named, Daily Item Field Athlete of the Year...Earned four state medals...Earned three varsity letters in track and also lettered in both soccer and bowling...Captained bowling team...Finished seventh at the bowling state championships...Finished second in the discus at 2017 New Balance Nationals Emerging Elite...Finished 12th in discus at 2018 New Balance Nationals...Qualified for New Balance National Emerging Elite in shot put.

PERSONAL

Full name is Piper Sue Klinger...Daughter of Chuck and Marci Klinger...Has one sister, Paetyn...Majoring in kinesiology...Chose Penn State because "I feel it will give me the best opportunities both academically and athletically"...Born on July 9, 2000, in Selinsgrove, Pennsylvania.



**Audra
KOOPMAN**

**Fort Collins, Colo.
Fort Collins
Sr./Jr.
Jumps**

COLLEGIATE PERSONAL BESTS: 60m – 7.82, 100m – 12.83, 200m – 25.86, Long jump – 5.85m

**TRACK AND FIELD
AT BIG TEN CHAMPIONSHIPS**

Big Ten Indoor Championships (2/28-29/20): Jumped in the third Big Ten Indoor Championships of career.

Big Ten Outdoor Championships (5/10-12/19): Competed in the long jump event.

Big Ten Indoor Championships (2/22-23/19): Represented the Nittany Lions in long jump event.

Big Ten Outdoor Championships (5/11-13/18): Tallied a personal-best mark of 19-2.50 (5.85m) in long jump.

Big Ten Indoor Championships (2/23-24/18): Recorded a season-best distance of 19-1.25 (5.82m) in long jump.

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Posted three top-10 finishes in long jump.

PSU Tune Up (2/21): Jumped a season-best 5.80m in long jump to place fourth.

2019 Outdoor

Season: Posted four top-five finishes in long jump...Competed in long jump at Big Ten Outdoor Championships.

Bucknell Team Challenge (4/20): Won long jump event (5.74m).

Jim Thorpe (5/3): Jumped 5.86m to finish second in long jump.

2019 Indoor

Season: Posted seven top-10 finishes...Had her indoor personal-best in long jump at Penn State National (5.83m).

Bison Opener (11/30-12/1): Ran 8.03 in 60m and jumped 5.42 in long jump. **Penn State National (1/25-26):** Finished second in long jump (5.83m). **Sykes & Sabock Challenge Cup (2/2):** Posted an indoor season-best distance in long jump (5.78m).

2018 Outdoor

Season: Recorded three top-10 finishes in long jump...Set a personal-best in the long jump at the Big Ten Championships (5.85m).

Pac-12 vs Big Ten Invitational (3/23-24): Ran a personal-best in the 100m (12.83). **Jim Thorpe (5/4):** Won the long jump with a top jump of 5.83m.

2018 Indoor

Season: Set personal-best marks in both 200m and 60m events... Posted five top-five finishes.

Nittany Lion Challenge (1/13): Ran a personal best in 60m with a time of 7.82. **Spire NCAA D-1 Indoor Track Classic (2/9-10):** Ran a personal-best in 200m (25.86).

BEFORE PENN STATE

HIGH SCHOOL PRs: Long Jump - 19'8.5", High Jump - 5'5.5", 100m - 11.92, 200m - 24.62

Earned varsity letter at Fort Collins High School for Coach Conrad Crist...Earned All-State honors (2014-2017)...Earned All-Conference honors four times (2014-2017)...Won state championship in long jump in 2016 and 2017 and conference championship in 100m and high jump (2014-2017)...Won high jump conference championship in 2016 and 2017...Set school record in long jump, and as a member of 4x100 and medley relay...Member of four team conference championship teams (2014-2017) and two state championships (2014, 2016)...Member of state runner-up team twice (2015, 2017)...Named team captain twice...Named MVP of the track team (2016) and was three-time field MVP (2014, 2015, 2017)...Named President of the BioScience Career Academy... Member of the Science National Honor Society...Finished high school with a 4.04 GPA...Participated in Arcadia Invitational (2014-2016)...Participated in Simplot Games- 2014-2017... Participated in Mt. SAC Relays (2017).

PERSONAL

Full name is Audra Lena Koopman...Daughter of Gay Koopman... Majoring in kinesiology...Born on July 6, 1999, in Fort Collins, Colorado.



**MaKenna
KREBS**

**Harrisburg, Pa.
Central Dauphin East
Soph./Fr.
Distance**

COLLEGIATE PERSONAL BESTS: 800m - 2:14.07, 1000m - 2:55.87, Mile 5:02.41

CAREER NOTES & RECORDS

Career: Placed ninth as a member of the DMR in first career Big Ten Indoor Championships.

AT BIG TEN CHAMPIONSHIPS

Big Ten Indoor Championships (2/28-29/20): Member of DMR team that took ninth place, running 11:50.15.

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Set three collegiate personal-best marks...Had three



RETURNERS

top-five finishes.

Penn State National Open (1/31-2/1): Finished second in 1000m with personal-best time of 2:55.87. **Penn State Tune Up (2/21):** Set personal best in 800m race (2:14.07).

BEFORE PENN STATE

Earned four varsity letters in both cross country and track and field at Central Daughin East High School...Was 800m District 3 runner-up twice...Named PennLive Scholar Athlete of the Year... Named PennLive All-Star in 2018 and 2019.

PERSONAL

Daughter of Chad and Stephanie Krebs...Has two siblings, Levi and Thaddeus...Majoring in Kinesiology....Born on July 7, 2001, in Harrisburg, Pennsylvania.



Jane
MADSON

Pittsburgh, Pa.
Upper Saint Clair
Soph./Fr.
Sprints

COLLEGIATE PERSONAL BESTS: 60m - 7.77, 200m - 24.45, 400m - 55.69

CAREER NOTES & RECORDS

Career: Competed in both the 200m and 400m at first Big Ten Indoor Championships in 2020.

AT BIG TEN CHAMPIONSHIPS

Big Ten Indoor Championships (2/28-29/20): Ran two personal-best times in 200m (24.45) and 400m (55.69).

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Set three personal-best marks in first collegiate season.

Penn State National Open (1/31-2/1): Set a personal-best mark in 60m (7.77).

BEFORE PENN STATE

High School PRs: 400m - 58.45, 200m - 24.65, 100m - 12.30

Participated in 2019 Spire Institute Ohio High School Indoor Meet 200m...Finished second in 200m Indoor Championship Medalist...Finished third in the 100m WPIAL (2018)...Finished second in the 200m WPIAL (2018)...Finished fifth in the 200m at the PIAA Championships (2018, 2019)...Holds the high school record for the 100m and 200m...Earned three letters in soccer at Upper St. Clair.

PERSONAL

Full name is Jane Erin Madson...Daughter of Mark and Erin Madison...Has four siblings, Alyza, McCoy, Charlotte and Georgia... Enrolled in the Division of Undergraduate Studies...Born November 16, 2000, in Pittsburgh, Pennsylvania.



**Sera
MAZZA**
Centre Hall, Pa.
St. Joseph's
Freshman
Distance

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Competed at Nittany Lion Challenge, unattached.

BEFORE PENN STATE

Earned four letters in both track and cross country at St. Joseph's Catholic Academy...Won cross country state championship along with three district championships...Captured two district titles in 1600m race.

PERSONAL

Full name is Serafina Hope Mazza...Daughter of Paul and Sue Mazza...Has four siblings, Fallon, Paul, Josh and Madi...Majoring in engineering...Born on February 15, 2001, in Centre Hall, Pennsylvania.



**Mary
MCDAVID**
Philadelphia, Pa.
Penn Charter
Freshman
Distance

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Did not compete.

BEFORE PENN STATE

Lettered four times in cross country and track at William Penn Charter School...Won 2018 Inter-Academic League Cross Country Team Championship, 2018 PAISAA Cross Country Team Championship and was a member of 2019 Indoor DMR State championship...Named All-Inter-Ac as junior and senior in cross country (2017-2018), PAISAA second team All-State as a senior

in cross country (2018)...Holds school record in the mile and part of the DMR and 4x800 relay teams.

PERSONAL

Full name is Mary Elaine McDavid...Daughter of Jack and Stephanie McDavid...Has three siblings, Jason, Laura and Jeremy...Mother, Stephanie, attended Penn State...Majoring in liberal arts...Born on March 27, 2001, in Philadelphia, Pennsylvania.



**Kathryn
MUNKS**
Chester, N.Y.
Monroe-Woodbury
Outdoor Only
Distance

COLLEGIATE PERSONAL BESTS: 1500m - 4:30.6, Mile - 4:55.46, 3000m - 9:39.90, 5000m - 16:23.15, 10,000m - 33:22.19, 6k - 20:10.7

CAREER NOTES & RECORDS

Career: Earned all-region honors in cross country three times...Turned in All-Big Ten performances twice in cross country...Qualified for the NCAA East Prelims three times.

Records: Owns No. 2 spot on Penn State's all-time list for 10,000m (33:22.19).

ON A NATIONAL STAGE

Track & Field

NCAA East Prelims (5/23-25/19): Participated in 10,000m race.

NCAA East Prelims (5/24-26/18): Competed in her second NCAA East Prelims in 10,000m.

NCAA East Prelims (5/25-27/17): Qualified for her first 10,000m event.

Cross Country

NCAA Championships (11/15): Ran to an 80th place finish to contribute to Nittany Lions top-20 finish (No. 18).

NCAA Mid-Atlantic Regional: Earned All-Region honors with personal-best 20:10.7 for second place finish to help Nittany Lions to a regional title.

NCAA Championship (11/17/18): Posted a 21:34.3 time as part of Nittany Lions top-20.

NCAA Mid-Atlantic Regional (11/9/18): Finished 18th (21:39.1) to help Penn State advance to NCAA Finals.

NCAA Championship (11/18): Was second Nittany Lion finisher, and 106th overall, with a time of 20:45.33.

NCAA Mid-Atlantic Regional (11/10/17): Earned all-region honors with a sixth-place finish, running 20:15.8.

NCAA Championships (11/19/16): Placed 177th running 21:15.2.

NCAA Mid-Atlantic Regional (11/11/16): Earned first all-region



RETURNERS

honor of her career with a 20:53 time for 12th place finish

AT BIG TEN CHAMPIONSHIPS

Big Ten Indoor Championships (2/28-29/20): Contributed points for Nittany Lions in both 3000m and 5000m...Set a personal-best in the 5000m (16:20.31).

Big Ten Outdoor Championships (5/10-12/19): Recorded second-best time in Penn State history in the 10,000m (33:22.19) for fifth.

Big Ten Indoor Championships (2/22-23/19): Finished 13th in the 5000m.

Big Ten Outdoor Championships (5/11-13/18): Took fifth in 10,000-meter run (34:45.11) and finished just outside the top-10 (11th - 17:03.33).

Big Ten Indoor Championships (2/23-24/18): Competed in 5,000m event.

Big Ten Outdoor Championships (5/12-14/17): Finished fifth in the 10,000-meters running a then-personal best 34:05.28.

Big Ten Indoor Championships (2/24-25/17): Ran in 5,000m event.

Cross Country

Big Ten Championships (11/3): Claimed second-team All-Big Ten honors with 11th-place finish.

Big Ten Championships (10/28/18): Shaved more than five seconds off her previous Big Ten postseason appearance with a season-best time of 20:45.2 for 23rd

Big Ten Championships (10/29/17): Had first top-20 finish (20th-20:50.3)

Big Ten Championships (10/30/16): Placed 27th (21:57.4) as a true freshman.

TRACK & FIELD

2020 Outdoor

Season Cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Scored points in 3000m and 5000m at Big Ten Indoor...Set personal-best marks in 3000m and 5000m events.

Dr. Sander Invitational (1/23-25): Ran to third-place finish with a personal best 9:20.84 in 3000m.

2019 Outdoor

Season: Set a pair of personal-bests in the 10,000m and 1,500m events...Recorded the second-best time in Penn State history in the 10,000m race at the Big Ten Championships. Scored points for the Nittany Lions with her fifth-place finish...Qualified for the NCAA East Prelims in the 10,000m.

Bison Outdoor Classic (4/13-14): Posted a personal-best in 1500m (4:30.06).

2019 Indoor

Season: Competed in 5000m race at Big Ten Championships.

Penn State National Open (1/25-26): Recorded season-best performance in 3000m race.

2018 Outdoor

Season: Qualified for NCAA East Prelims in 10,000-meter run... Scored points for Penn State at Big Ten Championships with fifth-place finish in 10,000m race.

Bison Outdoor Classic (4/14-15): Ran 16:35.55 in 5000m to finish third. **Penn Relays (4/26-28):** Finished second in 5,000m at the Penn Relays (16:23.15).

2018 Indoor

Season: Ran personal-best in mile (4:55.46).

Sykes & Sabock Challenge (2/2-3): Ran a personal-best time of 4:55.46 in mile.

2017 Outdoor

Season: Competed in 10,000m at NCAA East Preliminary... Recorded then-personal best in 1,500m (4:33.87) and 5,000m (16:28.57).

Stanford Invitational (3/31-4/1): Ran 16:28.57 in the 5000m race to finish third.

2017 Indoor

Season: Recorded then-personal bests of 4:58.82 in mile and a personal-best 9:39.90 in 3,000m.

Penn State National (1/27-28): Clocked a then-personal-best time of 9:39.90 in 3000m.

CROSS COUNTRY

2019

Season: Earned all-region honors with second-place finish at Mid-Atlantic Regional...Won two races and placed in the top-15 five times...Earned All-Big Ten honors with 11th-place finish at Big Ten Championships.

Spiked Shoe Invitational (9/11): Won first race of season in 20:42.3. **Penn State National Open (10/18):** Completed sweep of home meets with a first-place finish (20:13.0).

2018

Season: Ran in all seven team meets...Helped lead Penn State to its fourth consecutive top-20 finish at NCAA Championship.

Penn State National Open (10/12): Ran 21:00.6 to finish sixth.

2017

Season: Earned all-region honors at NCAA Mid-Atlantic Regional with sixth-place finish at Mid-Atlantic Regional (20:15.8)... Recorded three top-five finishes...Was second Nittany Lion, and 106th overall, finisher at NCAA Championships (20:45.33).

Penn State National (10/13): Finished third, running 20:23.

2016

Season: Earned all-region honors with 12th-place finish at NCAA Mid-Atlantic Regional...Helped Nittany Lions win NCAA Mid-Atlantic Regional title.

Dolan Duals (9/2): Opened year with fifth-place finish (14:15.50).

Spiked Shoe Invitational (9/10): Placed 11th (21:29). **Penn State National Open (10/14):** Placed 21st (20:49.40) in final home meet of season.

BEFORE PENN STATE

Awarded 12 varsity letters and served as team captain in cross country and track at Monroe-Woodbury High School...Named MVP four times in track and three times in cross country...Won OCIAA D1 Championship...Won OCIAA County Championship... Finished Section 9 Champions...Placed fifth at NYSPHSAA Class A Championship...Finished third at NYS Federation Championship...Won OCIAA League championship...Won OCIAA D1 Championship...Finished Section 9 Champions...Qualified for New York State Meet...Holds 4xmile School and Section Record (20:56.98)...Awarded Davidson Award...Won XC OCIAA Championship...Named Times Herald Record Athlete of the Year (2014 & 2015)...Awarded first team All County...Awarded second team All State...Awarded first team All Northeast...Garnered honorable mention All-America honors...Won OCIAA Championship as a member of the 4x800 team...Captured Class A championship in the 4x800...Placed fifth at NYSPHAA...Placed seventh at the NYS Meet...Placed third in the DMR at the Penn Relays (run-

RETURNERS



ning 11:51.65)...Finished Section 9 Champion in the 800m and 3000m...Placed 37th at Footlocker Cross Country Nationals...Competed at New Balance Indoor Nationals in the 4x80 (2014), 2 mile (2015 & 2016) and DMR (2016)...Competed at New Balance Outdoor Nationals in 4xmile (2013, 2015 & 2016), SMR (2015 8th place), 2 mile (2016 11th place) and EE DMR (2015 5th place).

PERSONAL

Full name is Kathryn Anne Munks...Daughter of Susan and Joseph Munks...Pursuing a master's degree in organizational leadership...Born June 30th, 1998, in Chester, New York.



**Carena
NOTTOLI**
Landisville, Pa.
Hempfield
Jr./Soph.
Pole Vault

COLLEGIATE PERSONAL BESTS: 100m - 12.71 (0.6), Pole Vault - 4.02m

CAREER NOTE & RECORDS

Career: Qualified for 2019 NCAA East Prelims in pole vault...Placed eighth in pole vault at 2020 Big Ten Indoor Championships...Finished fourth in pole vault at the 2019 Big Ten Indoor Championships.

Records: Ranks fourth all-time on Penn State's outdoor pole vault (4.02m) performance list.

ON THE NATIONAL STAGE

NCAA East Prelims (5/23-25/19): Qualified in pole vault and cleared 3.77.

AT THE BIG TEN CHAMPIONSHIPS

Big Ten Indoor Championships (2/28-29/20): Scored points with an eighth-place finish (3.95m).

Big Ten Outdoor Championships (5/10-12/19): Finished 14th with a height of 3.72m.

Big Ten Indoor Championships (2/22-23/19): Finished fourth in pole vault, clearing 3.94m...Scored 4.5 points for Penn State.

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Scored points at Big Ten Indoor Championships with an eighth-place finish...Placed in the top-10 in all seven meets.

Bison Opener (12/6-7): Won first pole vault event of the season (3.95m). **Sykes & Sabock Challenge (2/8):** Cleared season-best height of 3.98m for fourth place finish.

2019 Outdoor

Season: Ranks fourth in pole vault all-time at Penn State with a height of 4.02m...Qualified for NCAA East Prelims in pole vault...Set two personal bests.

Arizona State Invitational (3/22-23): Ran personal-best in the 100m (12.71). **Virginia Challenge (4/19-20):** Won pole vault with personal best height of 4.02m and moved into No. 4 spot on Penn State's all-time list.

2019 Indoor

Season: Placed in top five in seven meets in pole vault. Scored points for Penn with a fourth-place finish in the pole vault at the Big Ten Championships.

Bison Opener (11/30-12/1): Finished third in first collegiate meet with a height of 3.80m. **Nittany Lion Challenge (1/12):** Finished second in the pole vault. **Penn State National (1/25-26):** Cleared a then-personal-best height of 3.99m.

BEFORE PENN STATE

HIGH SCHOOL PRs: Pole vault: 12-9

Named two-time team captain at Hempfield High School...Won state championship in pole vault (12-6) in 2017...Qualified for state and districts in the 4x100m...Qualified for districts in the 100m dash, 4x100m, & pole vault in 2016...Qualified for state in the 4x100m & pole vault in 2017...Qualified for districts in the 100m dash, 200m dash, 4x100m, & pole vault...Competed at the Millrose games in 2017.

PERSONAL

Full name is Carena Margarita Nottoli...Daughter of Joy and David Nottoli...Has two brothers, Dominic and Jacob...Majoring in kinesiology...Chose Penn State "because of its family-oriented team, amazing coaching staff, and outstanding academic support"...Born on January 18, 2000, in Columbia, Pennsylvania.



**Chibugo
OBICHERE**
Valley Stream, N. Y.
Vally Stream South
Soph./Fr.
Sprints/Hurdles

COLLEGIATE PERSONAL BESTS: 60mH - 8.60, 200m - 26.89

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Clocked a pair of personal-best marks in the 60mH and 200m events.

Penn State National Open (1/31-2/1): Crossed finish line with a personal best mark in 60mH (8.66). **Sykes & Sabock Challenge (2/8):** Ran personal best time in 200m (26.89).

BEFORE PENN STATE

Attended Valley Stream South High School.....Won five New York state championships...Earned All-America status in the sprint medley relay...Named first team All-Long Island (2017-2019)...Named Nassau County Track and Field Athlete of the Year (2017).



RETURNERS

Named Long Island Track and Field Athlete of the Year (2018)...
Named 2018 USATF Long Island Track Athlete of the Year...
Named 2019 Glenn D. Loucks Dr. Charles "Doc" Blanford Outstanding Female Runner Award... Named the Vice President high school class.

PERSONAL

Full name is Chibugo Adaeze Obichere...Daughter of Chima & Chikodi Obichere...Has three siblings, Chinemerem, Chidiebere and Chinelo. Cousin, Kenny Okoro, played football at Wake Forrest and for Washington Redskins (2009-2014). Chose Penn State because "During the recruiting process my main goal was to find a place where I felt most at home. At Penn State I found just that. There is a sense of community at the university itself, which also carries onto the team. There are people willing to support one another everywhere. Penn State is really a great place to be and I can't wait to start my journey in Happy Valley"...Born on January 18, 2000 in Valley Stream, New York.



Alexa
PARKS

Pipersville, Pa.
Palisades
Junior
Jumps

COLLEGIATE PERSONAL BESTS: High Jump - 1.76m

CAREER NOTES & RECORDS

Career: Qualified for 2020 NCAA Indoor Championships in the high jump prior to cancellation of event due to the COVID-19 pandemic...Qualified for 2019 NCAA East Prelims in high jump... Scored points for Nittany Lions at the Big Ten indoor Championships twice in the high jump.

Records: Holds Penn State school record in the high jump event (6-0/18.83m), becoming the first to ever clear 6-0 (1.83m).

ON A NATIONAL STAGE

NCAA Indoor Championships (3/13-14/20): Qualified for NCAA Indoor Championships in the high jump...Championship cancelled due to COVID-19 pandemic.

NCAA East Prelims (5/23-25/19): Qualified for NCAA East Prelims in high jump.

AT BIG TEN CHAMPIONSHIPS

Big Ten Indoor Championships (2/28-29/20): Placed fourth in high jump to add 4.5 points to the Nittany Lions total...Cleared 1.76m.

Big Ten Outdoor Championships (5/10-12/19): Competed in high jump.

Big Ten Indoor Championships (2/22-23/19): Finished third in high jump a best height of 1.73m...Scored six points for Nittany

Lions.

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Won three high jump events...Placed in top-five in high jump in all six meets in which she competed...Set Penn State school record in the high jump.

Bison Opener (12/6-7): Won season-opener high jump event with a clearance of 5-7 (1.70m). **Penn State National Open (1/31-2/1):** Set Penn State school record with a clearance of 6-0 (1.83m).

2019 Outdoor

Season: Qualified for NCAA East Prelims in the high jump and set a personal-best (1.76m).

LSU Battle on the Bayou (4/6): Set a personal-best with a height of 1.76m. **Jim Thorpe (5/3):** Won high jump (1.71m).

2019 Indoor

Season: Finished third at Big Ten Indoor Track and Field Championships in high jump. Scored points at the Big Ten Championships with her third-place finish. Posted six, top five finishes in the high jump.

Nittany Lion Challenge (1/12): Won high jump with a height of 1.74m.

2018 Outdoor

Season: Recorded two top-10 finishes during outdoor season.

Pac-12 vs Big Ten Invitational (3/23-24): Cleared 1.65m in collegiate debut.

2018 Indoor

Season: Did not compete.

BEFORE PENN STATE

HIGH SCHOOL PR: High Jump: 5'-9" (1.75m)
Finished 31st at the 2016 New Balance Nationals Outdoor... Finished 20th 2017 New Balance Nationals Outdoors.

PERSONAL

Full name is Alexa Lee Parks...Parents are Rob & Beth Parks... Both Penn State Alums...Has one sister, Rachel...Born on June 14, 1999, in Pipersville, Pennsylvania.



**Gianna
RAO**
Ponaganset, R.I.
Ponaganset
Jr./Soph.
Throws

COLLEGIATE PERSONAL-BESTS: Hammer throw - 59.05m, Weight throw - 20.50m

CAREER NOTES & RECORDS

Career: Qualified for NCAA East Prelims in hammer throw event in 2019.

Records: Ranks fourth all-time on Penn State list in hammer throw (59.05m) and weight throw (20.50).

ON A NATIONAL STAGE

NCAA East Prelims (5/23-25/19): Qualified in hammer throw.

AT THE BIG TEN CHAMPIONSHIPS

Big Ten Indoor Championships (2/28-29/20): Placed 10th in weight throw with a distance of 62-6.75 (19.07m).

Big Ten Outdoor Championship (5/10-12/19): Competed in hammer throw.

Big Ten Indoor Championships (2/22-23/19): Finished 14th in weight throw (18.43m).

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Set a personal-best mark in the weight throw event... Won two weight throw events and placed in the top-10 in five other meets.

Nittany Lion Challenge (1/11): Won the weight throw with then personal-best (20.37m). **Sykes & Sabock Challenge (2/8):** Set a personal-best distance of 20.50m to win the weight throw.

2019 Outdoor

Season: Set a personal-best in hammer throw (59.05m) that ranks fourth all-time in Penn State history... Won the hammer throw event at lone home meet.

Bison Outdoor Classic (4/13-14): Set personal-best in hammer throw (59.05m) and claimed No. 4 spot on Penn State performance chart. **Jim Thorpe Open (5/3):** Won hammer throw event at lone home meet of 2019 outdoor season.

2019 Indoor

Season: Posted five top-5 finishes in weight throw in eight meets in freshman indoor season... Set a personal-best in the weight throw (19.57m).

Bison Opener (11/30-12/1): Won the weight throw (17.85m). **Sykes & Sabock Challenge (2/2):** Won weight throw with a throw of 18.97m. **Penn State Tune-Up (2/16):** Set personal-best

in the weight throw (19.57m).

BEFORE PENN STATE

High School PRs: Weight throw: 63-2, Hammer throw: 189-2
Earned eight letters in track/XC and two-time letterwinner in soccer... Named six-time team MVP at Ponaganset High School... Earned five All-American honors... Earned three All-New England honors both indoor and outdoor... Garnered two first team all-state honors indoor and outdoor... Threw fourth-farthest throw of all-time in weight throw for high school girls... Placed as runner-up in weight throw two times at NBNI... Owns the Rhode Island state record in the weight throw... Finished fourth at 2016 New Balance National Indoors... Finished second at the 2017 New Balance National Indoors... Finished second at 2018 New Balance National Indoors and 2016 New Balance National Outdoors... Finished fourth at 2016 New Balance National Outdoors... Finalist at USA Juniors.

PERSONAL

Full name is Gianna Alyssa Rao... Daughter of Paul and Robyn Rao... Has one sister, Aria... Father, Paul, ran track & field at the University of Rhode Island... Majoring in kinesiology... Chose Penn State because "It felt like a home away from home for me, with great academics and big-time athletics"... Born on July 14, 2000, in North Scituate, Rhode Island.



RETURNERS



**Danae
RIVERS**

**Derby, Conn.
Wilbur Cross
Outdoor Only
Distance**

COLLEGIATE PERSONAL BESTS: 600m - 1:29.06, 800m - 2:02.53, 1000m - 2:38.58, 1500m - 4:10.82, Mile - 4:29.47

CAREER NOTES & RECORDS

Awards/Records: 11-time Penn State school record holder... Collegiate Record Holder (1000m)...Nine-time USTFCCCA First Team All-American...10-time Big Ten Champion...Two-time Big Ten Freshman of the Year...Three-time Mid-Atlantic Women's Track Athlete of the Year.

ON A NATIONAL STAGE

NCAA Indoor Championship (3/13-14/20): Qualified for the mile event prior to the event being cancelled due to the COVID-19 pandemic.

NCAA Outdoor Championships (6/5-8/19): Competed at the Outdoor Championships in the 800m event.

NCAA Indoor Championships (3/8-9/19): Won the first women's individual national champion in program history in the 800m (2:03.69).

NCAA Outdoor Championships (6/6-9/18): Finished eighth overall in the 1,500-meter run at the NCAA Championships with her time of 4:12.36...Advanced to the semifinals of the 800-meter run at the USATF Championships and finished 13th with a time of 2:02.88.

NCAA Indoor Championships (3/9-10/18): Placed seventh in the 800-meter run with her time of 2:04.20...Earned first team All-America honors.

NCAA Indoor Championships (3/10-11/17): Finished 19th in the 800-meters at the NCAA championships...Earned All-American honors finishing third in the Mile at the NCAA Championships.

Cross Country

NCAA Cross Country Championships (11/23/19): Ran 21:35.6 to help the Nittany Lion to a No. 18 finish.

NCAA Mid-Atlantic Regional (11/15/19): Earned All-Region honors with a sixth-place finish, running 20:23.8.

NCAA Mid-Atlantic Regional (11/9/18): Finished seventh, running 21:21.4 earning her second All-Region honor.

NCAA Championships (11/18/17): Finished 132nd at the NCAA Championships (20:57.82).

NCAA Mid-Atlantic Regional (11/10/17): Took eighth at the Mid-Atlantic Regional (20:17.6)...Ran a personal-best time while earning All-Region honors.

AT THE BIG TEN CHAMPIONSHIPS

Big Ten Indoor Championships (2/28-29/20): Won both the 800m and mile Big Ten Championships. Became first female student-athlete in Big Ten history to win four consecutive Big Ten 800m titles.

Big Ten Outdoor Championships (5/10-12/19): Won her second consecutive 1500m championship (4:17.69)...Won second 800m championship (2:04.71).

Big Ten Indoor Championships (2/22-23/19): Won Big Ten Championship in the 800m race (2:03.45).

Big Ten Outdoor Championships (5/11-13/18): Won 1,500-meter run title with a time of 4:27.47...Ran the fourth-fastest 800-meter run time in prelims (2:07.07)...Advanced to the NCAA East Prelims in the 1,500-meter run.

Big Ten Indoor Championships (2/23-24/18): Defended her 800-meter run title with a time of 2:07.75...A member of the runner-up distance medley relay with its time of 11:11.91.

Big Ten Outdoor Championships (5/12-14/17): Won first outdoor 800m Big Ten title and finished second in the 1500m final.

Big Ten Indoor Championships (2/24-25/17): Captured the conference title in the 800-meters following a first-place finish in the DMR.

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Won two Big Ten titles in the mile and 800m event... Ranked in the top-five in the NCAA in both the mile and 800m event...Qualified for the NCAA Indoor Championships in the mile event.

Penn State National Open (1/31-2/1): Ran the top time in the Big Ten in the 800m event (2:04.22).

2019 Outdoor

Season: Part of team that won Sprint Medley Relay Championships of America...Team set school-record, running 3:45.25...Won her second consecutive B1G 1500m championship (4:17.69)... Won second B1G 800m championship (2:04.71)...Qualified for the NCAA Championships by placing second at the prelims in the 800m race (2:03.58).

Florida Relays (3/28-30): Won her first 800m race of the year, running 2:03.69. **Penn Relays (4/25-27):** Part of team that won Sprint Medley Relay Championships of America...Team set school-record, running 3:45.25.

2019 Indoor

Season: Set the new collegiate record in the 1000m, running 2:38.58...Set Penn State school record in the 800m (2:02.94)... Won Big Ten Championship in the 800m race (2:03.45)...Won the first women's individual national champion in program history in the 800m (2:03.69)...Named USTFCCAA Mid-Atlantic Track Athlete of the Year for the third consecutive year.

Nittany Lion Challenge (1/12): Set the new collegiate record in the 1000m, running 2:38.58. **Penn State National (1/25-26):** Won the 800m (2:02.94), setting the Penn State school record in the 800m. **Millrose Games (2/9):** Set the school-record in the mile with a time of 4:29.47...Ranked 10th fastest time in collegiate history.

2018 Outdoor

Season: A member of the sprint medley relay that set a then-school-record time of 3:47.80...Defended her 1,500m run title with a time of 4:27.47...Ran the fourth-fastest 800m run time in prelims (2:07.07)...Advanced to the NCAA East Prelims in the



1,500m run...Qualified for the NCAA Championship in the 1500m race with a time of 4:11.75...Finished eighth overall in the 1,500m run at the NCAA Championships with her time of 4:12.36...Earned first team All-America honors.

Florida Relays (3/29-31): Opened up the 2018 outdoor season with a personal-best, and school record, time of 4:10.82 in the 1500m. **LSU Battle on the Bayou (4/7):** Ran 2:05.45 to win the 800m event...4x400m relay team finished third, running 3:43.41. **Virginia Challenge (4/20-21):** Ran 2:03.78 to win the 800m race...4x400m relay team ran 3:43.77, finishing third. **Penn Relays (4/26-28):** A member of the sprint medley relay that set a then-school-record time of 3:47.80. **USATF Championships:** Advanced to the semifinals of the 800m run at the USATF Championships and finished 13th with a time of 2:02.88.

2018 Indoor

Season: Recorded an indoor personal-best, and then-school record, time of 2:03.13 in the 800m run...Defended her 800m run Big Ten title with a time of 2:07.75...Placed seventh at the NCAA Indoor Championships in the 800m run with her time of 2:04.20...Earned first team All-America honors...Earning first-team All-Big Ten.

Clemson Invitational (1/19-20): Recorded an indoor personal-best, and then-school record, time of 2:03.13 in the 800-meter run.

2017 Outdoor

Season: Won first outdoor Big Ten Championship in the 800m race (2:04.14)...Qualified for the NCAA Championship in the 800m event...Ran 2:07.07 to finish 19th in the 800m race at the NCAA Outdoor Championships.

Florida Relays (3/30-4/1): Member of 4x800m relay team that won the race with a time of 8:38.17...Finished third in the 1500m race. **LSU Battle on the Bayou (4/8):** Won the 800m race with a time of 2:04.99...4x400m relay team finished 4th with a time of 3:41.44. **Virginia Challenge (4/21-22):** Ran an outdoor personal-best in the 800m race (2:02.53). **Penn Relays (4/27-29):** Competed in three relay events.

2017 Indoor

Season: Named Big Ten Freshman of the Year...Posted 16 top-10 finishes including six first-place finishes...Set school records in the 600-meters, 800-meters, Mile and DMR.

Nittany Lion Challenge (1/14): Set a school-record in 600m, running 1:29.06.

CROSS COUNTRY

2019

Season: Ran to All-Region honors and helped Nittany Lions to fifth consecutive Top-20 finish at the NCAA Championships.

Penn State National Open (10/18): Placed seventh with a time of 20:52.8.

2018

Season: Competed in four meets...Helped lead Penn State to its fourth consecutive Top-20 finish at the NCAA Championships.

2017

Season: Helped Nittany Lions win their third consecutive NCAA Mid-Atlantic Regional championship.

Dolan Duals (8/31): Tallied a third-place finish (13:54.82). **Cowboy Jamboree (9/30):** Placed 18th (21:41.0).

BEFORE PENN STATE

High School PRs: Mile - 4:47, 800m - 2:05

Won Indoor SCC Championship...Won 2014 Indoor State Open Championship...Won 2015 Indoor State Championship...Holds

Indoor State Records: 1000m, 1600m,4x400m, SMR...Holds Indoor State Open Records: 1000m,1600m, SMR...Holds Outdoor State Record: 800m...Holds Outdoor State Open Record: 1600m...Holds Outdoor New England: 800m...Placed 2nd in 2014 Indoor New Balance Nationals SMR and 1600m fourth-place...Placed 3rd 2015 Outdoor New Balance Nationals 800m...Placed 4th 2016 Indoor New Balance Nationals 800m.

PERSONAL

Full name is Danae Lauren Rivers...Daughter of David and Andrea Rivers... Has two siblings, Andrew and Leah Rivers... Majoring in Integrative Arts...Born on February 3, 1998 in Derby, Connecticut.



Madison SMITH

**New Oxford, Pa.
New Oxford
Junior
Throws**

COLLEGIATE PERSONAL BEST: Javelin - 52.85m

CAREER NOTES & RECORDS

Records: Ranks fifth all-time in Penn State history in javelin (52.85m).

ON A NATIONAL STAGE

NCAA East Prelims (5/23-25/19): Qualified in javelin for the second-straight season.

NCAA East Prelims (5/24-26/18): Qualified for and made first NCAA appearance in javelin.

AT THE BIG TEN CHAMPIONSHIPS

Big Ten Championships (5/10-12/19): Finished second in javelin event personal-best throw of 52.85m...Scored eight points for Penn State.

Big Ten Championships (5/11-13/19): Finished fifth in javelin (48.83m).

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2019 Outdoor

Season: Placed second in javelin at Big Ten Championships...Set a personal-best in javelin (52.85m)...Qualified for her second NCAA East Prelims in javelin...Won two javelin events during outdoor season.

Yellow Jacket Invitational (3/15-16): Placed second in javelin. **ASU Invitational (3/22-23):** Picked up first win of year in javelin. **LSU Battle on the Bayou (4/6):** Won javelin throw for her second win of season.

2018 Outdoor

Season: Placed fifth at Big Ten Championships in javelin as a freshman...Qualified for NCAA East Prelims in javelin...Posted five top-five finishes in javelin.



RETURNERS

Pac-12 vs. Big Ten Invitational (3/23-24): Finished fifth in javelin in first collegiate meet. **LSU Battle on the Bayou (4/7):** Won javelin event (50.02m).

BEFORE PENN STATE

High School PR: Javelin – 148-3

Earned three letters for Jason Warner and Steve Brown...Finished third in javelin at counties and fifth in discus...Finished fifth at districts in the javelin...Finished second in javelin at state meet... Won javelin event at counties and finished fourth in discus...Set district record in the javelin (141')...Won javelin event and finished sixth in discus...Finished third in javelin at state meet... Won counties in javelin and finished fourth in discus as a senior... Finished second at districts in javelin...Finished third in javelin... Holds New Oxford High school record in the javelin (148'-3")... Named National Federation of High School (NFHS) Honor Roll (2016,2017)...Competed in javelin at Penn Relays (2016, 2017 eighth place).

PERSONAL

Full name is Madison Louise Smith...Daughter of Gary and Belinda Smith...Has one sister, Sarah...Born on March 10, 1999, in New Oxford, Pennsylvania.



Samantha STRAVACH

Westfield, N.J
Westfield Freshman Throws

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Did not compete.

BEFORE PENN STATE

HIGH SCHOOL PRs: Javelin – 131-4, Discus – 121-5

Won Javelin Union County championship Westfield High School... Named first team Union County discus second team...Javelin North Jersey Section 2 Group 4...Set javelin school record... Named Most Valuable Senior...Was member of the National Honor Society...Participated in Students Change Hunger, winning NJ food drive two years in a row after donating more than 9,000 pounds of food in two years.

PERSONAL

Full name is Samantha Grace Stravach...Daughter of Lauren and Ed...Has three siblings, Mike, Gab and Matt...Sister, Gab, ran track at Emory University...Brother, Mike, played football at Gettysburg...Enrolled in the Division of Undergraduate Studies...Born on July 14, 2001, in Westfield, New Jersey.



Jean STARR
Leechberg, Pa.
Kiski Area Freshman Throws

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Did not compete.

BEFORE PENN STATE

High School PRs: Shot put – 40-6, Discus – 125-10, Javelin – 114'1

Named team captain as a junior and senior at Kiski Area High School...Won shot put and discus championships...Named field MVP...Holds high school discus record...Earned four varsity letters in track and field and two in soccer...Was a National Honor Society member

PERSONAL

Full name is Jean Marie Starr...Daughter of John and Margie Starr...Has four siblings...Her father, John, wrestled at Penn State...Majoring in engineering....Born on February 2, 2001 in Leechberg, Pennsylvania.



Victoria TACHINSKI
Winnipeg, Manitoba
Vincent Massey Sr./Jr. Distance

COLLEGIATE PERSONAL BESTS: 400m - 55.91, 600m - 1:29.04, 800m - 2:06.73

CAREER NOTES & RECORDS

Career: Won silver medal as a member of 4x400m relay team at the 2019 Big Ten Indoor Championships.



Records: Holds Penn State record in 600m event (1:29.04).

ON THE NATIONAL STAGE

NCAA East Prelims (5/23-25/19): Qualified for NCAA East Prelims in 800m.

NCAA East Prelims (5/24-26/18): Qualified in 800m run...Recorded personal-best time (2:07.66).

AT BIG TEN CHAMPIONSHIPS

Big Ten Indoor Championships (2/28-29): Won silver medal as a member of 4x400m relay team (3:37.69)...Competed in 600m and DMR events.

Big Ten Outdoor Championships (5/10-12/19): Placed eighth (2:09.02) in 800m final.

Big Ten Indoor Championship (2/22-23/19): Competed in both 600m and DMR events (fifth place).

Big Ten Outdoor Championships (5/11-13/18): Was a member of the seventh-place 4x400m relay team (3:39.27)...Competed the 800m event.

Big Ten Indoor Championships (2/23-24/18): Was a member of the distance medley relay that placed second (11:11.91)...Finished sixth in 600m run...Member of the ninth-place 4x400m relay team (3:40.59).

TRACK AND FIELD

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Set Penn State school record in 600m event...Set personal-best marks in 600m and 800m...Helped 4x400m relay team to a silver medal.

Sykes & Sabock Challenge (2/8): Set school record in 600m race with a time of 1:29.04. **Penn State Tune Up (2/21):** Ran to a personal-best mark of 2:06.73 in 800m.

2019 Outdoor

Season: Qualified for NCAA East Prelims in 800m for second time...Competed at Big Ten Outdoor Championships in 800m final.

ASU Invitational (3/22-23): Ran season-best 2:07.67 in 800m.

2019 Indoor

Season: Ran personal-best in 400m (55.91). Posted 10 top-10 finishes during indoor season.

Nittany Lion Challenge (1/12): Won both 600m (1:30.79) and as a member of 4x400m relay (3:40.85). **Penn State National (1/25-26):** Set personal-best in 400m (55.91)...DMR team won event in a time of 11:09.85.

2018 Outdoor

Season: Ran a personal-best 2:07.66 in the 800m at NCAA East Prelims...Competed in both 4x400m and 800 at the Big Ten Championships.

LSU Battle on the Bayou (4/7): Finished fifth in 800m (2:11.40)...Member of 4x400m relay team that placed third, running 3:43.41.

Season: Placed second at Big Ten Championships in the as a member of distance medley relay team...Finished sixth in 600m race and ninth as a member of the 4x400m relay. Posted 14 top-10 finishes in first season.

Nittany Lion Challenge (1/13): Member of 4x800m relay team that won the event (9:04.34). **Penn State National (1/26-27):** Competed as member of 4x400m relay team...Won event (3:47.32)...Finished fourth in 800m (2:10.26). **Sykes & Sabock Challenge (2/2-3):** Won both 400m and 4x400m events. **Spire**

NCAA D1 Classic (2/9-10): Set a personal-best time of 1:30.65 in the 600-meter run at the Spire NCAA D-1 Indoor Track & Field Classic.

BEFORE PENN STATE

High School PRs: 200m- 24.48, 300m- 38.48, 400m- 53.37, 600m- 1:30.28, 800m- 2:03.58

Letterwinner at Vincent Massey Collegiate... Named 2017 Manitoba High School Athlete of the Year...Won six Canadian National Championships...Holds six Canadian records (U18 indoor 300m,400m,600m; U18 outdoor 800m; U20 indoor 400m; U20 outdoor 4X400m)...Won 2017 Pan American U20 800m...Earned Silver Medal at 2017 Pan American U20 in 4X400m.....Earned Bronze Medal at 2016 World U20 in 4X400m...Finished sixth at 2016 World U20 800m...Earned Bronze Medal at 2015 World U18 in 4X400m...Finished 12th at 2015 World U18 in 400m.....2017 Senior 800m 10th Place...Won 2016 U20 800m championship... Won 2016 U18 400m championship...Won 2015 U18 800m championship...Won 2014 U16 300m and 800m championship.

PERSONAL

Full name is Victoria Dawn Tachinski...Daughter of Glen Tachinski & Christine Kuluk...Has three siblings, Xander, Kennedy & Jackson Tachinski... Born on June 15, 1999, in Winnipeg, Manitoba, Canada.



**Sharai
TAYLOR**

**Pottstown, Pa.
PSU Harrisburg
Sr./Jr.
Multi-Events**

COLLEGIATE PERSONAL BEST: Pentathlon - 3712, 60mH - 9.22, 800m - 2:19.99, High jump - 1.64m, Long jump - 5.45m, Shot Put - 11.63m

CAREER NOTES AND RECORDS

Career: Posted a personal-best mark at first Big Ten Indoor Championships in the pentathlon in 2019.

AT BIG TEN CHAMPIONSHIPS

Big Ten Indoor Championships (2/28-29/20): Scored 3,712 points for a personal-best score in pentathlon...Posted personal-best marks in four events.

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Competed in three pentathlon events in first year of competition as a Nittany Lion...Placed 13th at Big Ten Indoor Championships.

Bison Opener (12/6-7): Finished second in pentathlon (3,465 points). **Penn State National Open (1/31-2/1):** Won pentathlon event (3,597 points).



RETURNERS

BEFORE PENN STATE

Competed for two seasons at PSU-Harrisburg...Earned USTF-CCCA All-Mideast Region honors in 2018-19...Won gold in the pentathlon at the CAC Division III Indoor Championships...Won gold in the long jump at the CAC Indoor Championships...Named CAC Women's Athlete of the Year...Earned CAC first team All-Conference honors...Named CAC Women's Field Athlete of the Week...Finished in fourth-place in the 200m dash at the Bucknell Tune Up...Named USTFCCCA All-America during 2019 outdoor season...Earned USTFCCCA All-Region honors in 2019.....Won silver in the javelin throw at the CAC Championships...Won silver in the high jump at the CAC Championships...Named CAC All-Academic Team...Named two-time CAC Women's Field Athlete of the Week...Set a new program record in the 200m dash with a time of 26.26 seconds...Finished second in the 200m dash at Kutztown's Mondschein Multi. Earned USTFCCCA All-Academic honors in 2019.

PERSONAL

Full name is Sharai Lenel Taylor...Daughter of Sasha Taylor...Pre-med major...Born on October 12, 1998, in Pottstown, Pennsylvania.



Amariah THOMAS
Blacklick, Ohio
Gahanna Lincoln Jr./Soph.
Sprints

COLLEGIATE PERSONAL BESTS: 60m - 7.51, 100m - 12.01 (1.2), 200m - 24.29, 400m - 56.16

CAREER NOTES & RECORDS

Career: Big Ten silver medalist in the 4x400m event.

ON A NATIONAL STAGE

NCAA East Prelims (5/23-25/19): Was a member of relay team that qualified for 4x100m relay.

AT BIG TEN CHAMPIONSHIPS

Big Ten Indoor Championships (2/28-29): Ran third leg of 4x400m relay team that placed second (3:37.69)..Tied a personal-best mark of 7.51 in the 60m event.

Big Ten Outdoor Championships (5/10-12/19): Was a member of 4x100m relay team (Fifth - 45.68).

Big Ten Indoor Championships (2/22-23): Competed in 60m (7.68) and 200m (25.59) .

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Set three personal-best marks in 60m, 200m and 400m events...Earned a silver medal at the Big Ten Indoor Championships as a member of 4x400m relay.

Rod McCravy Memorial (1/24-25): Set personal-best mark in 400m race (56.26). **Sykes & Sabock Challenge (2/8):** Won 60m race and set personal-best in 200m (24.29).

2019 Outdoor

Season: Set personal best in the 100m (12.01)...Qualified for NCAA East Prelims as a member of 4x100m relay team.

125th Penn Relays (4/25-27): Set personal best in the 100m (12.01).

2019 Indoor

Season: Set collegiate-bests in 60m (7.51) and 200m (24.60)...Posted six top-10 finishes...Competed in both 60m and 200m events at Big Ten Championships.

Sykes & Sabock Challenge (2/2): Ran 24.60 in 200m to place second...Ran 7.51 in the 60m, finishing second to set personal-bests in both events.

BEFORE PENN STATE

High School PRs: 100 - 11.91, 200 - 24.1

Named four-time all-conference, all-state, and all-district selection at Gahanna Lincoln High School...Won Ohio Capital Confer-



Paige TERRETTE
Bangor, Pa.
Bangor Area Freshman Throws

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Did not compete.

BEFORE PENN STATE

HIGH SCHOOL PRs: Javelin - 135

Won javelin league champion at Attended Bangor Area High School...Also earned letters in soccer and cross country...Member of the French Honor Society.

PERSONAL

Daughter of Susan Terrette...Has one brother, Ian.....Born on January 7, 2001, in Bangor, Pennsylvania.



ence championship (2015-18)...Captured district championship, regional championship, indoor & outdoor championship (2015-16)...Won 2017 200m district and regional indoor championship...Captured 2018 100m, 200m dash Ohio Capital Conference championship...Won 2018 100m, 200m dash district championship...Won 2018 regional championship...Captured 2018 indoor & outdoor championships...Won 100m & 200m Ohio Capital Conference championship...Won 100m & 200m dash district championship...Placed sixth in 400 (NJO) 2014 and eighth in 200 (NJO) New Balance Nationals (2015).

PERSONAL

Full name is Amariah Kaila Thomas...Daughter of Will C. Thomas III and Gail Elaine Young...Has one brother, Will C. Thomas IV...Majoring in kinesiology with a minor in business...Chose Penn State because "The school spirit is unlike any other university and I love the school as a whole"...Born on August 8, 2000, in Blacklick, Ohio.



**Brooke-Lynn
WILLIAMS**

**Butler, Pa.
Butler
Sr./Jr.
Sprints**

COLLEGIATE PERSONAL BESTS: 60m - 7.46, 100m - 11.75 (1.2), 200m - 24..74

CAREER NOTES & RECORDS

Career: Scored points for the Nittany Lions at Big Ten Indoor Championships in the 60m in 2020...Qualified for the NCAA East Prelims in both 2018 and 2019 as a member of 4x100m relay team.

ON THE NATIONAL STAGE

NCAA East Prelims (5/23-25/19): Member of relay team that qualified for 4x100m relay for the second time in her career.

NCAA East Prelims (5/24-26/18): Member of the 4x100-meter relay that finished 17th with its time of 44.85.

AT THE BIG TEN CHAMPIONSHIPS

Big Ten Indoor Championships (2/28-29/20): Ran to an eighth-place finish in a time of 7.53.

Big Ten Outdoor Championships (5/10-12/19): Competed in three events (100m, 200m, 4x100m)...Ran a collegiate-best time of 24.47 in the 200m.

Big Ten Indoor Championships (2/22-23/19): Competed in the 60m race.

Big Ten Outdoor Championships (5/11-13/18): Member of the 4x100-meter relay that finished fifth with its time of 44.69, which is the fifth-best time in program history...Tallied a personal-best time of 11.82 in the 100-meter dash...Recorded a personal-best

time of 24.81 in the 200-meter dash.

Big Ten Indoor Championships (2/23-24/18): Ran a personal-best time of 7.55 in the 60-meter dash...Recorded an indoor personal-best time of 25.03 in the 200-meter dash.

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Placed eighth in 60m at Big Ten Indoor Championships ...Posted four top-10 finishes in 60m.

2019 Outdoor

Season: Set personal-best times in 100m (11.75) and collegiate-best time in 200m (24.47)...Helped sprint medley relay set new school record.

125th Penn Relays (4/25-27): Ran a personal-best time in the 100m (11.75)...Helped sprint medley relay set new Penn State record (3:45.25).

2019 Indoor

Season: Ran a collegiate-best in the 60m (7.46)...Posted five top-10 finished during the indoor season.

Clemson Tiger Paw Invitational (2/8-9): Ran a collegiate-best in the 60m.

2018 Outdoor

Season: Member of 4x100m relay team that qualified for NCAA East Prelims...Posted eight top-10 performances.

2018 Indoor

Season: Competed in five meets...Ran in the 60m and 200m at the Big Ten Championships.

BEFORE PENN STATE

High School PRs: 55m: 6.87, 60m: 7.39, 100m: 11.89, 200m: 24.24, 300m: 40.60

Earned four varsity letters for Lindsay Costa and Kent Taylor...Named four-time Boston Globe Athlete of the Year...Named Boston Herald HotShot & All star MSTCA Track Athlete of the Year...Named four-time Taunton Gazette Athlete of the Year. Won 2015 outdoor DIV state championship...Captured 2015 indoor and outdoor DIV State Relay championships...Finished as 2015 state runner-up...Won three 100m Tri Valley League championships, two 200m Tri Valley League championships and three 55m Tri Valley League championships...Won four 100m DIV state championships, three 200m DIV state championships and three 55m DIV state championships...Won state championships in the 100m, 200m and 55m events...Won 100m New England championship...Won two New England championships...Holds school records in 55m, 60m, 100m, 200m, 300m, 4x100m, 4x200m, sprint medley, triple jump...Holds state records in 55m: 6.87 (also New England Record), 60m: 7.39, 100m: 11.89, 200m: 24.24...Earned All-America status at New Balance Nationals in the 60m (fifth).

PERSONAL

Full name is Brooke-Lynn Williams...Daughter of Jon & Diane Williams...Has two siblings, Lauren and Courtney...Born on September 26, 1998, in Plymouth, Massachusetts.



RETURNERS



**Jordan
WILLIAMS**

**Sharon, Pa.
Sharon
Junior
Distance**

COLLEGIATE PERSONAL BESTS: 800m - 2:17.29, 1000m - 2:56.74, 1500m - 4:32.86, Mile - 4:53.92, 3000m - 9:37.57

ON A NATIONAL STAGE

NCAA Mid-Atlantic Regional (11/9/18): Finished 47th to help Nittany Lions advance to NCAA finals.

AT BIG TEN CHAMPIONSHIPS

Big Ten XC Championships (11/3/19): Ran 21:39.0 to place 65th.

Big Ten XC Championships (10/28/18): Ran 21:18.5 to finish 42nd.

TRACK AND FIELD

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Did not compete.

2019 Outdoor

Season: Did not compete.

2019 Indoor

Season: Set a pair of personal-best times in 3000m and mile events.

Husky Classic (2/8-9): Ran a personal-best 9:37.57 in 3000m.

Penn State Tune-Up (2/16): Clocked a personal-best 4:53.29 in mile.

2018 Outdoor

Season: Ran in five meets...Posted a personal-best mark in 1500m race.

Bucknell Team Challenge (4/21): Won 1500m with a personal-best time (4:32.86).

2018 Indoor

Season: Set personal-best marks in 800m (2:17.29) and 1000m (2:56.74)...Posted four top-10 finishes.

Nittany Lion Challenge (1/13): Finished with a personal-best time 2:56.74 in 1000m. **Penn State National (1/26-27):** Clocked a then-personal-best time of 4:55.97 in mile. **Sykes & Sabock Challenge (2/2-3):** Ran 2:17.29 to set 800m personal-best mark.

CROSS COUNTRY

2019

Season: Competed at NCAA Cross Country Championships as the Nittany Lions finished at No. 18.

Penn State National Open (10/18): Ran a season-best time of 21:37.1

2018

Season: Helped lead Nittany Lions to a top-20 finish at the NCAA finals.

Nuttycombe Wisconsin Invitational (9/28): Ran a personal-best 21:17.0 in the 6k race.

2017

Season: Ran in one meet, unattached.

BEFORE PENN STATE

HIGH SCHOOL PRs: 1600m - 4:59.01, 800 - 2:17.72, XC - 18:56.51

Was a letterwinner at Sharon High School...Won two state championships in 1600m and won three state medals...Qualified all four years of her career...Qualified three times for the state meet in cross country...Earned state medal in cross country...Named all-state in track two years...Holds school record in the 1,600m and 800m.

PERSONAL

Full name is Jordan Rose Williams...Daughter of Mark and Nadin Williams...Has two siblings, Jenna and Jonathon Williams...Born on January 22, 1999 in Sharon, Pennsylvania.



**Alison
WILLINGMYRE**
Wernersville, Pa.
Wilson
Junior
Distance

COLLEGIATE PERSONAL-BESTS: Mile - 4:58.64, 3000m - 9:40.51, 5000m - 16:37.71

CAREER NOTES & RECORDS

Career: Claimed all-region honors three times (2017, 2018, 2019) in cross country.

ON A NATIONAL STAGE

Cross Country

NCAA XC Championships (11/23/19): Ran 21:05.6 to place 73rd.

NCAA Mid-Atlantic Regional (11/15/19): Placed 15th to earn all-region honors with a time of 20:39.9.

NCAA XC Championships (11/17/18): Placed 94th to help lead Nittany Lions to fourth Top-20 team finish.

NCAA Mid-Atlantic Regional (11/9/18): Finished sixth with a time of 21:21.1 to earn All-Region honors.

NCAA XC Championships (11/18/17): Placed 118th (20:51.95) and was the third finisher for the Nittany Lions at the NCAA Championships.

NCAA Mid-Atlantic Regional (11/10/17): Was the second Nittany Lion, and fifth overall finisher (20:15.1)...Helped Penn State to NCAA Mid-Atlantic Regional Championship.

AT THE BIG TEN CHAMPIONSHIPS

Track and Field

Big Ten Indoor Championships (2-23-24/18): Competed in the 5000m event.

Cross Country

Big Ten Championships (11/3/19): Finished 25th with a time of 21:02.2.

Big Ten Championships (10/28/18): Placed 18th with a time of 20:41.0.

Big Ten Championships (10/29/17): Ran 20:48.8 to placed 18th at first Big Ten Cross Country Championships of her career.

TRACK AND FIELD

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Competed in one meet.

Penn State National Open (1/31-2/1): Ran 9:52.23 in the 3000m.

2019 Outdoor

Season: Competed in three meets running the 5000m.

Bison Outdoor Classic (4/13-14): Ran 16:57.05 to set personal-best.

2019 Indoor

Season: Did not compete.

2018 Outdoor

Season: Did not compete.

2018 Indoor

Season: Set personal-bests in the mile (4:58.64), 3000m (9:40.51) and 5000m (16:37.71) with both the 3000m and mile accomplishments were both set at Penn State home track...Competed in 5000m final at Big Ten Indoor Championships.

Penn State National (1/26-27): Ran 9:40.51 to set new personal-best mark in 3000m. **Sykes & Sabock Challenge (2/2-3):** Ran 4:58.64 to set new personal-best mark in mile event.

CROSS COUNTRY

2018

Season: Had three top-ten finishes...Finished 18th at Big Ten Championships...Earned All-Region honors by finishing fifth overall at Mid-Atlantic Regional.

Penn State National Open (10/12): Finished fifth for top finish of the year (20:40.6). **Nuttycombe Wisconsin Invitational (9/28):** Ran a season-best 20:39.6...Placed 45th.

2017

Season: Recorded four top-10 finishes in regular season.

Penn State National (9/30): Placed sixth, running 20.34.

BEFORE PENN STATE

High School PRs: 800m - 2:16.38, 1,600m - 4:56.81, 3,200m - 10:37.79, 3,000m (i) - 10:16.06, Two-Mile (i) - 10:57.07, 5K (XC) - 18:01.00

Won cross country team 2015 District III AAA championship... Won four Track & Field team League & County championships... Earned Berks Cross Country Champion, All-County Player Of The Year, & all-state honors...Won three 3200m & two 1600m Berks championships...Captured 2016 District III AAA 1600m & 4x800m Champion...Earned BCTFCA All-State honors in 3200m, 1600m, 4x800m...Named 2017 Berks All-County Track Player Of The Year...Named Earl Mohn Outstanding Student Athlete Track Award...Holds Wilson HS 1600m record...Earned swimming NIS-CA Academic All-American & three-year District III AAA qualifier... National Footlocker Cross Country Championship All-American Honorable Mention & first Berks female qualifier...Finished 15th at New Balance Indoor Nationals two-mile EE & 18th in 4x800m Championship...Graduated Summa Cum Laude...Named National Honor Society...Earned E. Jerry Brooks Academic Excellence Award...Named Berks Chapter of the PA Sports Hall of Fame Scholar-Athlete Award...Garnered Pepsi Outstanding Senior Athlete Award.

PERSONAL

Full name is Alison Elaine Willingmyre...Daughter of Rich and Darcie Willingmyre... Has one brother, Daniel Willingmyre... Born on June 27, 1999, in Wernersville, Pennsylvania.



RETURNERS



**Kate
WILLSHAW**

**Easton, Pa.
Easton
Soph./Fr.
Jumps**

COLLEGIATE PERSONAL BEST: High jump - 1.65m

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Competed in three meets, setting a collegiate personal-best in high jump.

Penn State National Open (1/31-2/1): Cleared 1.65m to place fourth in the high jump.

BEFORE PENN STATE

HIGH SCHOOL PRs: High Jump - 1.72

Won three district championships in the high jump event...Won three League Championships in high jump...Won four district championships in the 4x400m...Named Athlete of the Field at Bishop Loughlin Games.

PERSONAL

Full name is Kate Emily Willshaw...Daughter of Michael and Jennifer...Has two siblings, Hannah and Jak...Enrolled in the Division of Undergraduate Studies...Born on March 22, 2001, in Easton, Pennsylvania.



**Carlie
WILSON**

**Sparta, N.J.
Sparta
Soph./Fr.
Jumps**

COLLEGIATE PERSONAL BEST: High jump - 1.70m

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Placed in the top-10 in high jump in all four meets in which she competed.

Dr. Sander Invitational (1/23-25): Cleared 1.70m for personal best and fourth-place finish

BEFORE PENN STATE

HIGH SCHOOL PRs: High Jump - 5-6

Qualified Indoor and outdoor Meet of Champions in the high jump...Set personal best in the high jump at Ranger Relays.... Earned 2019 Scholar Athlete honors.

PERSONAL

Full name is Carlie Andrea Wilson...Daughter of Devonnie and Harry Wilson...Enrolled in the Division of Undergraduate Studies...Born on November 17, 2000 in Sparta, New Jersey.



**Hailey
ZURICH**
Williamsport, Pa.
Loyalsock Township
Soph./Fr.
Pole Vault

COLLEGIATE PERSONAL BEST: Pole Vault - 3.85m

CAREER NOTES & RECORDS

Career: Posted a collegiate personal-best height in pole vault at first Big Ten Indoor Championships in 2019.

AT THE BIG TEN CHAMPIONSHIPS

Big Ten Indoor Championships (2/28-29/20): Cleared 3.85m to for 17th in pole vault.

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Placed in top-10 in three pole vault events as a true freshman...Cleared a collegiate personal-best at Big Ten Indoor Championships.

Penn State Tune Up (2/21): Cleared a then-personal-best mark of 3.77m to win the pole vault.

BEFORE PENN STATE

HIGH SCHOOL PRs: Long Jump - 18'1.5", Pole Vault - 13'.25", 100m - 2.54

Lettered in both track and field (2) and soccer (4) at Loyalsock Township High School...Picked up three district championship, two in pole vault and one in long jump...Won state championship in long jump and four medals in pole vault, including two second-place finishes...Eared four PIAA first-team all-state accolades... Holds Loyalsock Township school record in the pole vault.

PERSONAL

Full name is Hailey Celeste Zurich...Daughter of John and Ellie... Has one sibling, Hannah who attends Penn State...Majoring in Mechanical Engineering..."I chose Penn State because I love the atmosphere and school spirit."...Born on July 27, 2001, in Montoursville, Pennsylvania.



NEWCOMERS



**Jermeicia
BROWN**
Fort Lauderdale, Fla.
St. Thomas Aquinas
Freshman
Sprints

BEFORE PENN STATE

HIGH SCHOOL PRs: 100m - 11.81, 200m - 24.2, 400m - 54.9
Earned four varsity letters in track and field at St. Thomas Aquinas High School...Won state championship in 400m...Named All-Boward in the 4x400m event...Was a member of the honor roll...Has completed over 75 hours of community service.

PERSONAL

Full name is Jermeicia Lashonda Brown...Daughter of Lashonda and Jermaine Brown...Has two brothers, Tremaine and Jermaine...Plans to major in criminal justice...Born on October 16, 2001, in Fort Lauderdale, Florida.



**Elizabeth
GILPATRICK**
Boalsburg, Pa.
State College
Freshman
Distance

BEFORE PENN STATE

HIGH SCHOOL PRs: 800m - 2:21, Mile - 5:12, 2 Mile - 11:25, XC 5k - 18:58
Earned seven varsity letters at State College High School...Member of 2019 Cross Country state championship runner-up team...Won 4x800m district championship and team district championships in track and cross country...Finished as 1600m district runner-up...Finished as team state runner-up in both indoor and outdoor track in 2018.



**Faith
DeMARS**
Ballston Spa, N.Y.
Ballston Spa
Freshman
Distance

BEFORE PENN STATE

HIGH SCHOOL PRs: XC 5k - 18:03.27, 2000mSC - 6:51.67, 3000m - 9:47.92, 1500m - 4:35.18
Earned five varsity letters in indoor and outdoor track & field...Earned four varsity letters in cross country...Named team MVP three times in cross country, indoor track and outdoor track at Ballston Spa High School...Won seven state medals...Set seven Ballston Spa school records...Named to Suburban Council All-Star squad five times...Selected New York Sportswriters All-State in cross country...Won USATF JO national championship in 2000mSC.

PERSONAL

Full name is Faith Ann DeMars...Daughter of Jamie and Betsy DeMars...Has one brother, Matthew...Enrolled in the Division of Undergraduate Studies...Born on May 26, 2002, in Manhattan, Kansas.



**Zoey
GOLDSTEIN**
Fairfax, Va.
South County
Freshman
Sprints

BEFORE PENN STATE

HIGH SCHOOL PRs: 55m - 7.28, 300m - 39.77, 500m - 1:14.75
Earned all-region, all-state and All-America honors three times at South County High School...Won four district championships and four region titles...Set five school records...Earned Scholar Athlete Award...Was a member of the National Honors Society.

PERSONAL

Full name is Zoey Katherine Goldstein...Daughter of Lisa and Barry Goldstein...Intends to major in psychology...Born on May 21, 2002, in Fairfax, Virginia.

NEWCOMERS



**Victoria
MATHIEW**
Houston, Texas.
Travis
Freshman
Sprints

BEFORE PENN STATE

HIGH SCHOOL PRs: 100mH - 13.65, 300mH - 42.84
Placed third at the 2018 and 2019 Texas State Championships in 300mH at Travis High School...Named Travis High School Team MVP twice...Finalist in the 100mH at the 2019 Texas State Championships.

PERSONAL

Full name is Victoria Andrene Mathiew...Daughter of Michelle and Reginald Mathiew...Has two siblings, Peyton and Tasha..Mother, Michelle, and one other relative competed in track in college...Enrolled in the Division of Undergraduate Studies...Born on September 21, 2001, in Houston, Texas.



**Tesia
THOMAS**
York, Pa.
West York
Freshman
Jumps

BEFORE PENN STATE

HIGH SCHOOL PRs: Triple jump - 40-5, Long jump - 18-9
Earned four varsity letters in track, swimming and volleyball at West York High School...Named to four first-team all-state teams in track & field...Earned all-state honors three times in volleyball...Earned all-state honors in swimming and diving...Won district championships in long jump and triple jump...Was a member of the volleyball state championship team.

PERSONAL

Full name is Tesia LeRae Thomas...Daughter of Titania and Tisen Thomas...Has four siblings, Trinity, Taelyn, Tristen and Tayvon...Has five relatives who attended Penn State...Father, Tisen, played football at Penn State (1989-1993)...Plans on majoring in architectural engineering...Born on October 1, 2002, in York, Pennsylvania.



**Leena
MORANT**
Cedar Grove, N.J.
Union Catholic
Freshman
Distance

BEFORE PENN STATE

HIGH SCHOOL PRs: 400m - 56.55, 600m - 1:34.07, 800m - 2:08.91, 5k - 18:40.00

Won Sprint Medley Relay Indoor National Championship and 4x800m Outdoor National Championship...Ran to four 800m New Jersey state championships...Set three Union Catholic school records.

PERSONAL

Full name is Leena Morant...Daughter of Lee and Nadia Morant...Planning on majoring in criminology...Born on April 25, 2002, in Livingston, New Jersey.



NEWCOMERS



**Sophia
TOTI**
Carlisle, Pa.
Carlisle
Freshman
Distance

BEFORE PENN STATE

HIGH SCHOOL PRs: 1600m - 4:54.36, 3200m - 10:23.84, 5k - 18:00.80.

Won three state medals at State Track Championships at Carlisle High School...Placed fourth at 2019 state cross country championships...Earned all-state honors in cross country (2019)...Member of 2019 Cross Country District 3 Championships...Named four-time team MVP...Holds three school records...Member of the National Honor Society and Distinguished Honor Roll.

PERSONAL

Full name is Sophia Elaine Toti...Daughter of Dawn and Fred Toti...Has two siblings, Philip and Katie Bowers...Intends to major in biochemistry...Born on May 29, 2002 in Bad Windsheim, Germany.



**Victoria
VANRIELE**
Berkeley Heights, N.J.
Governor Livingston
Freshman
Distance

BEFORE PENN STATE

HIGH SCHOOL PRs: 400m - 54.33, 600m - 1:30.36, 800m - 2:05.15, Mile - 4:55.85, XC 5k - 18:26

Selected New Jersey Gatorade Athlete of the Year three times (2017-2019)...Earned five All-America honors...Won 10 state titles at Governor Livingston High School...Named New Jersey Meet of Champions winner seven times...Was a member of Mu Alpha Theta Honors Society, Spanish Honor Society and Athletic Honor Society...Named a National Merit Scholar...Raised over \$3,000 for the annual CROP Walk toward addressing world hunger.

PERSONAL

Full name is Victoria Grace Sapphire Vanriele...Daughter of Jewel Douglas and Horace Vanriele...Has one sister, Arlene Douglas...Father, Horace, ran track at Northeastern University...Intends to major in Business...Born on September 12, 2002, in Berkeley Heights, New Jersey.



**Maddie
ULLOM**
Mason, Ohio.
William Mason
Freshman
Distance

BEFORE PENN STATE

HIGH SCHOOL PRs: 400m - 56.55, 800m - 2:09.95, 1600m - 5:01, XC 5k - 17:57

Earned four varsity letter in track and field and two letter in cross country at William Mason High School...Named two-time GMC Athlete of the Year...Earned two all-state honors in cross country...Captured three all-state honors in track & field...Won 4x800m state title...Named two-time conference Runner of the Year.

PERSONAL

Full name is Madaline Grace Ullom...Daughter of Kierstin and Michael Ullom...Has two brothers, Jack and Joshua...Intends to major in health and human development...Born on January 16, 2002, in Cincinnati, Ohio.

CROSS COUNTRY / TRACK & FIELD

MEN'S BIOS





MEN'S ROSTER

Name	Year	Eligibility	Event Area	Hometown (Previous School)
William Ashenfelter	5th Year	Outdoor Only	Distance/XC	Needham, Mass. (Needham)
Kevin Bartosh	Freshman	Freshman	Throws	Fleetwood, Pa. (Fleetwood)
Behailu Bekele-Arcuri	Freshman	Freshman	Distance/XC	Warwick, N.Y. (Warwick Valley)
Thomas Bojalad	Senior	Junior	Throw	St. Mary's, Pa. (St. Marys)
Mateo Boudourian	Sophomore	Freshman	Multi-Events	CABA, Argentina (IMG Academy)
Ben Bumgarner	Senior	Sr./Jr.	Distance/XC	Waynesburg, Pa. (Waynesburg Central)
Joe Cardina	Sophomore	Soph./Fr.	Jumps	Lancaster, Pa. (Conestoga Valley)
Isaiah Claiborne	Junior	Jr./Soph.	Distance/XC	Northport, N.Y. (Northport)
Isaac Davis	Junior	Sophomore	Distance/XC	Cogan Station, Pa. (Jersey Shore)
Ka'Mere Day	Freshman	Freshman	Sprints	Harrisburg, Pa. (Harrisburg)
Dan Dean	Freshman	Freshman	Pole Vault	Langhonre, Pa. (Neshaminy)
Hudson Delisle	Junior	Jr./Soph.	Distance/XC	Quakertown, Pa. (Quakertown Community)
Youssef Diawara	Sophomore	Soph./Fr.	Jumps	Philadelphia, Pa. (Academy at Palumbo)
Isaiah Dillard	Junior	Jr./Soph.	Multi-Events	Solon, Ohio (Solon)
Evan Dorenkamp	Sophomore	Soph./Fr.	Distance/XC	Lancaster, Pa (Maheim Township)
Chris Fredericks	Sophomore	Freshman	Throws	Palmerton, Pa. (Palmerton Area)
Lance Hamilton	Sophomore	Soph./Fr.	Jumps	State College, Pa. (State College)
Savion Hebron	Sophomore	Soph./Fr.	Sprints	Langhorne, Pa. (Neshaminy)
Brandon Hontz	Senior	Junior	Distance/XC	West Chester, Pa. (Bayard Rustin)
Chris Hughes	Junior	Sophomore	Distance/XC	Queensbury, N.Y. (Glen Falls)
Godwin Kabanada	Sophomore	Soph./Fr.	Hurdles/Sprints	Philadelphia, Pa. (Northeast)
Joe Kearney	Freshman	Freshman	Jumps	Wexford, Pa. (North Catholic)
Luke Knipe	Sophomore	Soph./Fr.	Pole Vault	Boalsburg, Pa. (State College)
Duane Knisely	Freshman	Freshman	Throws	New Paris, Pa. (Chestnut Ridge)
Josh Lewis	Sophomore	Freshman	Distance/XC	North East, Pa. (North East)
Miles Liggins	Freshman	Freshman	Distance	Monmouth Junction, N.J. (South Brunswick)
Chase Longenecker	Sophomore	Freshman	Hurdles/Sprints	State College, Pa (State College)
David Lucas	6th Year	Outdoor Only	Throws	Lititz, Pa. (Warwick)
Drew Maher	Junior	Jr./Soph.	Distance/XC	Monmouth Beach N.J. (Shore Regional)
Tyler Merkley	Senior	Junior	Throws	Rancho Cucamonga, Calif. (Los Osos)
Sam Owori	Sophomore	Soph./Fr.	Distance/XC	Zelienople, Pa. (Seneca Valley)
Domenic Perretta	Senior	Senior	Distance	Beaver Falls, Pa. (Big Beaver Falls)
Ben Peterson	Senior	Senior	Throws	Solon, Ohio (Solon)
Tanner Piotrowski	Freshman	Freshman	Distance/XC	Gambrills, Md. (Arundel)
Lucciano Pizarro	Sophomore	Freshman	Throws	Newark, Del. (Cherokee)
Mark Porter	Senior	Junior	Throws	Reading, Mass. (Reading Memorial)
Sincere Rhea	Sophomore	Soph./Fr.	Hurdles/Sprints	Philadelphia, Pa. (St. Augustine Prep)
Donovan Sanders	Freshman	Freshman	Sprints	Philadelphia, Pa. (Girard College)
Payton Sewall	Sophomore	Freshman	Distance/XC	Glenmoore, Pa. (Downingtown - West)
Tyler Shue	Freshman	Freshman	Distance/XC	Ephrata, Pa. (Ephrata)
Noah Swaby	Senior	Jr./Soph.	Multi-Events	Pittsburgh, Pa. (Taylor Allderdice)
Sami Taoufik	Freshman	Freshman	Jumps	Butler, Pa. (Butler)
Alex Tomasko	Senior	Junior	Distance/XC	Mechanicsburg, Pa. (Mechanicsburg)
Colin Waters	Sophomore	Freshman	Distance/XC	Poughquag, N.Y. (Arlington)
Henry Zimmerman	Freshman	Freshman	Throws	New Albany, Ohio (New Albany)



**William
ASHENFELTER**
Needham, Mass.
Needham
Outdoor Only
Distance

COLLEGIATE PERSONAL BESTS: 600m – 1:20.94, 800m – 1:51.92, 1000m 2:26.93

AWARDS: Earned Academic All-Big Ten honors three times (2018-20).

AT BIG TEN CHAMPIONSHIPS

Big Ten Indoor Championships (2/28-29/20): Member of the DMR team that placed fifth (9:46.23)...Ran in 800m prelims.

Big Ten Outdoor Championships (5/10-12/19): Finished 16th in 800m prelims (1:52.33).

Big Ten Indoor Championships (2/22-23/19): Set a personal-best in 800m prelims (12th - 1:51.92).

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Was a member of DMR that placed fifth at Big Ten Indoor Championships...Tallied six top-10 finishes.

Penn State Tune Up (2/21): Ran a regular-season best in 800m (1:52.24).

2019 Outdoor

Season: Tallied three top-10 finishes...Ran in the 800m in four meets...Finished 16th in 800m prelims at the Big Ten Championships.

Virginia Challenge (4/19-20): Ran a season-best time of 1:52.05 in 800m.

2019 Indoor

Season: Set personal-bests 800m (1:51.92) and 600m (1:20.94).

Penn State Tune-up (2/16): Took fourth in 600m race with a personal-best mark of 1:20.94.

2018 Outdoor

Season: Posted three top-10 finishes...Won the 800m at the Jim Thorpe Open.

Bucknell Team Challenge (4/21): Ran a then-personal best 1:54.43 for fifth place. **Jim Thorpe Open (5/4):** Won the 800m (1:57.62).

2018 Indoor

Season: Tallied four top-10 finishes.

Penn State Tune-Up (2/17): Ran then-personal-best time of 1:21.02 in 600m. **Spire NCAA D-1 Indoor Track & Field Classic (2/9-10):** Recorded a then-indoor personal best in 800m (1:54.47).

2017 Indoor

Season: Posted collegiate bests of 1:21.88 in 600m and 1:55.89 in 800m...Recorded three top-10 finishes during the season.

BEFORE PENN STATE

Led Needham High School to Bay State Conference Championship (2015) and MA Division 2 Indoor State Championship... Named a three-time Bay State Conference all-star...Won Bay State conference title in the 800m (2015), 600m (2016) and 400m (2016)...Captured Indoor MA Division 2 600m State Championship (2016)...Finished as Outdoor MA Division 1 runner-up 800m (2016)...Set eight Needham High School records (Indoor: 600m, 4x400, DMR, SMR; Outdoor: 400m, 800m, 4x400, SMR)... Named outdoor track captain and team MVP (2016)...Competed at New Balance Indoor Nationals in both 2015 and 2016.

PERSONAL

Full name is William Thompson Ashenfelter...Son of Susan and Tom Ashenfelter...Grandson of Olympic gold medalist Horace Ashenfelter...Majoring in marketing...Born on September 11, 1997 in Needham Massachusetts.



**Tom
BOJALAD**
St. Marys, Pa.
St. Mary's
Junior
Throws

COLLEGIATE PERSONAL BESTS: Shot put – 17.06m, Discus – 52.20m, Weight throw – 15.85m

ON A NATIONAL STAGE

NCAA East Prelims (5/23-25): Qualified in discus.

AT THE BIG TEN CHAMPIONSHIPS

Big Ten Indoor Championships (2/28-29/20): Set personal-best toss of 55-11.75 (17.06m) to place 11th in shot put final.

Big Ten Outdoor Championship (5/10-12/19): Placed in top 15 in both shot put and discus.

Big Ten Indoor Championships (2/22-23/19): Placed 12th in shot put (16.90m).

Big Ten Outdoor Championships (5/11-13/18): Competed in discus throw as true freshman.

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Produced seven top-10 finishes combined in shot put and weight throw...Set personal-best in shot put at Big Ten Indoor Championships.

Penn State Tune Up (2/21): Won shot put (54-10.75, 16.73m).



RETURNERS

2019 Outdoor

Season: Qualified for NCAA East Prelims in discus...Set a personal-best mark in discus (171-3, 52.20m)...Recorded eight top-10 finishes.

ASU Invitational (3/22-23): Placed fourth in shot put (54-6, 16.61m) and second in discus (167-5, 51.03m). **Jim Thorpe (5/3):** Set a personal-best in discus (171-3, 52.20m).

2019 Indoor

Season: Set personal-best marks in shot put and weight throw events...Placed 12th in shot put at Big Ten Indoor Championships.

Bison Opener (11/30-12/1): Placed second in shot put (51-9, 15.77m). **Clemson Tiger Paw (2/8-9):** Set a personal-best in weight throw (52-0, 15.85m). **Penn State Tune-Up (2/16):** Won shot put with personal-best (55-7.5, 16.95m).

2018 Outdoor

Season: Set a pair of then-personal-best marks in the shot put and discus throw.

LSU Battle on the Bayou (4/7): Recorded a then-personal best mark of 50-9.5 (15.48m) in shot put. **Bucknell Team Challenge (4/21):** Posted a then-personal-best in discus (162-5, 49.51m).

2018 Indoor

Season: Competed unattached.

BEFORE PENN STATE

HIGH SCHOOL PRs: Shot put - 59-1.50, Discus - 185-10.50
Earned four varsity letters at St. Mary's High School...Won seven district championships...Earned six state medals (four outdoor, two indoor)...Holds school record in shot put and discus...Named four-time boys team field MVP...Participated in New Balance Indoor Nationals (2016-17) and New Balance Outdoor Nationals (2016-17).

PERSONAL

Full name is Thomas James Bojalad...Son of Laura Claypool and Michael Bojalad...Has three siblings, David Bojalad, Nick Bojalad and Erica Wilson...Majoring in kinesiology...Born on December 3, 1998, in St. Mary's, Pennsylvania.



Mateo BOUDOURIAN

**Caba Argentina
IMG Academy
Freshman
Multi-Events**

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Did not compete.

BEFORE PENN STATE

HIGH SCHOOL PRs: Decathlon - 5,914 points
Attended Belgrano Day School...Participated in both rugby and track & field for four years...Named team MVP four times...Placed third at nationals in decathlon..Set school records in shot put and discus.

PERSONAL

Full name is Mateo Boudourian...Son of Fernanado Boudourian and Ileana Malleret...Chose Penn State "because of the academic and athletic level the university has"...Enrolled in the Division of Undergraduate Studies...Born on April 9, 2001, in Caba, Argentina.



**Ben
BUMGARNER**
Fairport, N.Y.
Waynesburg Central
Sr./Jr.
Distance

COLLEGIATE PERSONAL BEST: Mile – 4:12.64, 3000m – 8:15.22, 5000 – 14:20.44, 10,000m – 30:36.96, XC 8k - 24:47.9, XC 10k - 31:45.9

ON A NATIONAL STAGE

Cross Country

Mid-Atlantic Regional Championships (11/15/19): Set a personal best for 53rd (31:45.9).

Mid-Atlantic Regional Championships (11/9/18): Finished 69th (34:48.9).

Mid-Atlantic Regional Championships (11/10/17): Ran 32:00.8 for 78th.

AT THE BIG TEN CHAMPIONSHIPS

Track and Field

Big Ten Indoor Championships (2/28-29/20): Ran in 5000m final.

Big Ten Indoor Championships (2/22-23/19): Competed in 3000m final.

Cross Country

Big Ten Championships (11/3/19): Finished 32nd with collegiate personal-best of 24:47.9 in 8k.

Big Ten Championships (10/28/18): Ran then-collegiate-best 25:04.4 for 59th.

Big Ten Championships (10/29/17): Finished 97th (26:40.1).

TRACK AND FIELD

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Clocked personal-best mark in 5000m race.

2020 Husky Classic (2/14-15): Ran 14:20.44 to set a personal-best in 5000m.

2019 Outdoor

Season: Ran in two meets and set personal best in 10,000m at Raleigh Relays.

Raleigh Relays (3/29-30): Registered a personal-best 30:36.96 in 10,000m.

2019 Indoor

Season: Set collegiate personal bests in 3000m and 5000m races...Competed in 3000m final at Big Ten Championships.

Husky Classic (2/8-9): Ran personal best 14:25.65 in 5000m.
Penn State Tune-Up (2/16): Ran personal-best 8:15.22 in the 3000m.

2018 Outdoor

Season: Ran unattached.

2018 Indoor

Season: Set personal-best mark of 4:25.36 in mile...Placed in the top 10 in four events.

Nittany Lion Challenge (1/13): Set a personal-best time of 4:25.36 in mile. **Penn State National (1/26-27):** Finished third in 3000m (8:29.08). **Penn State Tune-Up (2/17):** Finished second in 3000m (8:29.71).

CROSS COUNTRY

2019

Season: Clocked personal-best times in 10k and 8k races, accomplishing both in postseason competition.

2018

Season: Ran a season best at Big Ten Championships for 59th.

2017

Season: Set personal best marks in 6k and 8.4k...Turned in season-best performance at OSU Cowboy Jamboree...Ran 78th at NCAA Mid-Atlantic Regional.

OSU Cowboy Jamboree (9/30): Ran season-best 25:29.1 for 27th.

BEFORE PENN STATE

HIGH SCHOOL PRs: 1,600m - 4:17.55, 3,000 - 8:33.86, 3,200 - 9:10.58, 5K - 15:16, XC (5K) - 15:41

Earned four varsity letters at Waynesburg Central...Won 2016 PA AA cross country State Championship...Earned all-state honors in cross country...Won 2017 PA AA 3200m state championship...Set school record in 3200m...Named team MVP in cross country three times and twice in track...Finished 17th at 2016 NE Footlocker...Finished 11th at 2017 New Balance Indoors in the 5000m and eighth at 2017 Penn Relays in 3000m.

PERSONAL

Full name is Benjamin Arthur Bumgarner...Son of Walt and C.A. Bumgarner...Majoring in kinesiology...Born on February 20, 1999, in Waynesburg, Pennsylvania.



RETURNERS



**Joe
CARDINA**
Lancaster, Pa.
Conestoga Valley
Soph./Fr.
Jumps

COLLEGIATE PERSONAL BEST: High jump - 1.96m, Triple jump - 13.44m

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Set collegiate personal-best standards in high jump and triple jump.

Nittany Lion Challenge (1/11): Cleared collegiate personal-best height (6-5, 1.96m). **Sykes & Sabock Challenge (2/8):** Jumped collegiate personal-best 44-1.25 (13.44m) in triple jump.

BEFORE PENN STATE

HIGH SCHOOL PRs: High Jump - 6-6, Triple Jump - 45-11, 100mH - 15.49, 300mH - 43.99

Earned four varsity letters in track & field and two varsity letters in both basketball and football at Conestoga Valley High School... Won high jump league championships...Named Pennsylvania Track & Field Coaches Association indoor all-state honorable-mention...L-L League all-star in triple jump...Set school record in triple jump.

PERSONAL

Full name is Joseph Andrew Cardina...Son of Andy and Jen Cardina...Has three siblings, Robbie, Michael and Jonny...Mother, Jen, and brother, Robbie, are Penn State graduates...Brother, Jonny, currently attends Penn State...Robbie was an All-American in the decathlon (2014-17)...Majoring in science...Born on October 28, 2000, in Lancaster, Pennsylvania



**Isaiah
CLAIBORNE**
Northport, N.Y.
Northport
Jr./Soph.
Distance

COLLEGIATE PERSONAL BESTS: 800m - 1:53.77, 1500m - 3:47.88, Mile - 4:09.46, XC 8k - 27:15.5

AWARDS: Earned Academic All-Big Ten honors in 2019.

AT BIG TEN CHAMPIONSHIPS

Big Ten Indoor Championships (2/28-29): Competed in mile prelims.

TRACK AND FIELD

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Had two top-10 finishes...Set personal best in mile.

Sykes & Sabock Challenge (2/8): Set personal-best (4:09.46) to for second in mile.

2019 Outdoor

Season: Ran collegiate bests in 1500m and 800m events...Won 800m at Jim Thorpe Open.

ASU Invitational (3/22-23): Placed seventh in 1500m in collegiate debut (3:55.58). **Bison Outdoor Classic (4/13-14):** Achieved a collegiate-best 3:47.88 in 1500m. **Jim Thorpe (5/3):** Won 800m with collegiate personal best (1:53.77).

2019 Indoor

Season: Did not compete.

CROSS COUNTRY

2019

Season: Competed in four meets...Posted a personal-best mark in 8k.

Buckeye Preview (9/28): Ran 27:15.5 to set personal-best in 8k.

2018

Season: Did not compete.

BEFORE PENN STATE

High School PRs: 400m - 49.64, 600m -1:23.03, 800m - 1:51.62, 1000m - 2:26.95, Mile - 4:10.96, 3200m - 8:58.33, XC (5K) - 15:32.06

Earned seven All-America, five all-state and 10 all-county honors at Northport High School...Won 1000m state championships... Set school records in 400m, 800m, 1000m, and a member of 4x800m relay and distance medley relay...Was a member of relay team that set 4x800m relay state record...Won cross country division title (2017), winter track league title (2018) and county championship and outdoor track county championship (2018)... Finished as runner-up at DMR Outdoor Nationals twice...Placed third at Indoor Nationals in 4x800, finished fourth in the DMR and



finished fourth in the mile (2018)...Was a member of 4x800 relay championships (2017, 2018).

PERSONAL

Full name is Isaiah Javon Claiborne...Son of Xiomara and Jason... Has a twin brother, Elijah, and two sisters, Gizele and Viviana... Majoring in information sciences and technology...Chose Penn State because "I wanted to continue to compete at a top level and for the education"...Born on December 19, 1999, in Northport, New York.



**Isaac
DAVIS**
Cogan Station, Pa.
Jersey Shore
Sophomore
Distance

COLLEGIATE PERSONAL BEST: 3000m - 8:34.665.2 mile - 26:07.1, 8K - 25:15.3, 10K - 31:54.2.

CAREER NOTES & RECORDS

Career: Earned all-region honors in cross country in 2018.

ON A NATIONAL STAGE

Cross Country

NCAA Mid-Atlantic Regional (11/15/19): Ran 32:15.1 for 74th.

NCAA Mid-Atlantic Regional (11/9/18): Achieved a personal-best 31:54.2 in the 10k race...Placed 24th to earn all-region honors.

AT THE BIG TEN CHAMPIONSHIPS

Cross Country

Big Ten Cross Country Championships (11/3/19): Ran 25:51.5 for 89th.

Big Ten Cross Country Championships (10/28/18): Cut the tape in 25:21.4 for 72nd.

TRACK AND FIELD

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Achieved personal-best times in 3000m and 5000m.

Sykes & Sabock Challenge (2/8): Clocked personal-best of 8:43.66 in 3000m. **Penn State Tune Up (2/21):** Ran 14:33.25 for personal best in 5000m.

2019 Outdoor

Season: Competed in one meet.

2019 Indoor

Season: Did not compete.

CROSS COUNTRY

2019

Season: Set personal-best mark in the 5.2m in lone home meet.

Buckeye Preview (9/28): Ran season best in 8k (25:18.1).

2018

Season: Set three personal-best times in 8k and 10k...Earned all-region honors at NCAA Mid-Atlantic Regional.

Nuttycombe Wisconsin Invitational (9/28): Ran personal best 25:13.3 in 8k race.

BEFORE PENN STATE

HIGH SCHOOL PRs: 3200m - 9:24, 1600m - 4:27, 5K - 15:21
Earned four varsity letters in track and cross country at Jersey Shore High School...Served as track and cross country captain all four years...Won three Pennsylvania Heartland Athletic Conference League titles...Captured AA Boys State Cross Country Championship and three PHAC cross country league championships...Won two PIAA District IV 3200m championships...Crowned PIAA District IV 1600m champion (2017)...Broke Jersey Shore High School cross country record three times and 3200m record three times...Finished first in 10th and 11th PIAA Foundation AA Cross Country Invitational...Named to the PA High School All-State Elite 15 Cross Country Team three times...Awarded "Outstanding Male Runner" (2015-17)...Named "Outstanding Underclassman on the Track" in 2016.

PERSONAL

Full name is Isaac Floyd Davis...Son of Chris and Shelly Davis... Has two siblings, Madissen and Connor...Majoring in recreation, park and tourism management...Chose Penn State because "It feels like home and feels like I will be able to achieve my academic and athletic goals"...Born on June 26, 1999, in Cogan Station, Pennsylvania.



RETURNERS



**Hudson
DELISLE**
Quakertown, Pa.
Quakertown Community
Jr./Soph.
Distance

COLLEGIATE PERSONAL BEST: 600m – 1:23.29, 800m – 1:54.65, 1000m – 2:31.08, Mile - 4:19.48

TRACK AND FIELD

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Clocked personal bests in mile and 1000m.

Nittany Lion Challenge (1/11): Ran 2:31.08 for personal-best in 1000m.

2019 Outdoor

Season: Placed in top 10 in four 800m races.

ASU Invitational (3/22-23): Placed ninth in 800m (1:57.38).

Bucknell Team Challenge (4/20): Ran season-best 1:54.88 in 800m.

2019 Indoor

Season: Set three personal-best marks, all at home meets.

Nittany Lion Challenge (1/12): Ran then-personal-best in 1000m (2:33.11). **Penn State National (1/25-26):** Clocked personal-best in 600m (1:23.29). **Penn State Tune-Up (2/16):** Ran personal-best 1:54.65 in 800m.

CROSS COUNTRY

2019

Season: Competed in four meets for Nittany Lions in his first season of cross country.

Buckeye Preview (9/28): Ran a season best 26:40.0 in 8k race.

2018

Season: Did not compete.

BEFORE PENN STATE

High School PRs: 1600m - 4:18.74, 800m - 1:52.01, 400m - 49.51, XC -15:56

Earned four letters in both track and cross country at Quakertown Community High School...Finished in third in indoor 800m and outdoor 800m state championships (2017)...Took first in the 800m, 1600m and as a member of the 4x800m relay team at the SOL National Conference (2017)...Repeated with titles in 800m and as a part of 4x800m team at the 2018 SOL National Conference...Placed 18th in 800m at New Balance Nationals Outdoors (2017).

PERSONAL

Full name is Hudson Arthur Delisle...Son of Steve and Sally Delisle...Has one brother, Cameron, who plays baseball at Immacu-

lata University...Majoring in accounting...Born on November 30, 1999, in Quakertown, Pennsylvania.



**Youssouf
DIAWARA**
Philadelphia, Pa.
Academy at Palumbo
Soph./Fr.
Jumps

COLLEGIATE PERSONAL BESTS: Long jump - 6.81m, Triple jump - 13.99m

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Registered collegiate personal-best marks in long jump and triple jump.

Nittany Lion Challenge (1/11): Had collegiate personal best 22-4.5 (6.81m) in long jump. **Dr. Sander Invitational (1/23-25):** Jumped 45-10.75 (13.99m) in triple jump for collegiate personal best.

BEFORE PENN STATE

HIGH SCHOOL PRs: Long Jump - 23-2, Triple Jump - 48'

Named three-time team MVP at Academy at Palumbo...Won District Championships in long jump and triple jump...Earned All-Philadelphia public league honors...Named Public League male field MVP and was Academy at Palumbo Male Athlete of the Year...Set school records in long jump and triple jump.

PERSONAL

Full name is Youssouf Wagui Diawara...Son of Wagui Diawara and Ramata Gakou...Has three siblings, Alissetou, Manthita and Zeina...Chose Penn State because "it was the only college I visited that gave me a family feel"...Enrolled in the Division of Undergraduate Studies...Born on January 3, 2001, in Philadelphia, Pennsylvania.



**Isaiah
DILLARD**
Solon, Ohio.
Solon
Jr./Soph.
Multi-Events

COLLEGIATE PERSONAL BESTS: Heptathlon - 5,095 points, 60m - 7.14, 60mH - 8.19, 110 mH - 15.37, 1000m - 2:58.98, High jump 2.05m, Pole vault - 4.16m, Long jump - 6.96m, Shot put - 11.08m

AWARDS: Earned Academic All-Big Ten honors in 2019.

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Recorded personal-best marks in four individual events for an overall personal best in the heptathlon.

Bison Opener (12/6-7): Scored personal-best 5,095 points in heptathlon...Won five events.

2019 Outdoor

Season: Added collegiate-best marks in 100mH and high jump... Recorded six top-10 finishes.

ASU Invitational (3/22-23): Cleared collegiate-best 6-6.75 (2.00m) in high jump to finish fifth. **Bison Outdoor Classic (4/13-14):** Ran a collegiate best 15.37 (-0.3) in 100mH.

2019 Indoor

Season: Set four collegiate best marks in 60m, 60mH, long jump and pole vault.

Penn State Tune-Up (2.16): Placed second in pole vault 12-1.5 (3.70m) and fourth in 60m (7.31).

BEFORE PENN STATE

HIGH SCHOOL PRs: High jump - 6-8, Long jump - 22-2, 110mH - 14.47, 60mH - 8.25, 300mH - 39.26

Won three Greater Cleveland Conference (GCC) titles as a member of Solon High School (2014-16, '18) team...Named 2018 GCC Conference MVP...Placed second at Ohio indoor state meet in high jump (2018)...Named 2017-18 team MVP...Placed seventh in the high jump at AAU Junior Olympics.

PERSONAL

Full name is Isaiah Ruben Dillard...Son of Terrell and Nancy Dillard...Has one brother, Mateo...Father, Terrell, played basketball at Cornell University...Chose Penn State because "Of the many opportunities offered both academically and athletically"...Majoring in mechanical engineering...Born on March 17, 2000, in Solon, Ohio.



**Evan
DORENKAMP**
Lancaster, Pa.
Manheim Township
Soph./Fr.
Distance

COLLEGIATE PERSONAL BESTS: 800m - 1:51.95, 1000m - 2:27.06, Mile - 4:08.99

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Set collegiate personal-best marks in three events in first indoor season.

Nittany Lion Challenge (1/11): Placed third in 1000m (2:27.06). **Sykes & Sabock Challenge (2/8):** Won mile race with time of 4:08.99. **Penn State Tune Up (2/21):** Finished second, clocking 1:51.95 in the 800m.

BEFORE PENN STATE

Earned four letters in track and three letters in cross country at Manheim Townships High School...Named team MVP as a senior in cross country and track...Won 1600m district and state titles...Finished second at the New Balance Nationals...Capped his senior season in cross country with a District Three title and seventh-place finish at state championships...Named PIAA first team all-state as a senior in both track and cross country...Named league runner of the year...Earned National Scholastic Athletics Foundation High School All-America honors in mile...Named "Central PA Runner" Runner of the Year for cross country...Set Lancaster Lebanon League record in 1600m...Was a member of National Honor Society.

PERSONAL

Full name is Evan Francis Dorenkamp...Son of Tim and Pat Reese...Has one sister, Skylar...Has three relatives that attended Penn State...Sister, Skylar, plays lacrosse at St. Joseph's University...Majoring in finance...Born on December 24, 2000, in Lancaster, Pennsylvania.



RETURNERS



**Chris
FREDERICKS**

**Palmerton, Pa.
Palmerton Area
Freshman
Throws**



**Lance
HAMILTON**

**State College, Pa.
State College
Soph./Fr.
Jumps**

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

BEFORE PENN STATE

HIGH SCHOOL PRs: Javelin: 206-3

Was a multi-sport athlete who earned four varsity letters in track and field and one varsity letter in football, wrestling and cross country at Palmerton Area High School...Named field MVP three times...Earned honorable-mention all-state honors in 2019... Won three District XI javelin crowns and two Colonial League championships...Was a member the Blue Bombers team that won the 2018 Colonial League title.

PERSONAL

Full name is Christopher Tyler Fredericks...Son of Chris and Jessyca Fredericks...Has one sister, Abby...Majoring in secondary education....Born December 20, 2000, in Palmertown, Pennsylvania.

COLLEGIATE PERSONAL BESTS: Long jump - 6.88m, Triple jump - 15.22m

CAREER NOTES & RECORDS

Career: Placed ninth in triple jump at first Big Ten Indoor Championships (2019).

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Posted five top-10 finishes...Competed in triple jump at Big Ten Indoor Championships.

Nittany Lion Challenge (1/11): Jumped 22-7 (6.88m) to set a collegiate personal best in long jump...Won triple jump (49-0.25, (14.94m). **Dr. Sander Invitational (1/23-25):** Set collegiate personal best 49-11.25 (15.22m) in triple jump.

BEFORE PENN STATE

HIGH SCHOOL PRs: Triple Jump: 51.25, Long Jump: 23-8

Was a multi-sport letterwinner in track & field, football and basketball at State College Area High School...Recognized as an All-America in 2019 in long jump...Earned all-state honors in 2018 and 2019...Won three district championships in triple jump and two in long jump...Named 2018 District Field MVP.

PERSONAL

Full name is Lance Hamilton...Son of Donna Mancino and Harry Hamilton...Has one brother, Stanley...Father, Harry, played on Penn State football's first national championship team...Majoring in psychology...Born on September 1, 2001, in State College, Pennsylvania.



**Savion
HEBRON**
Langhorne, Pa.
Neshaminy
Soph./Fr.
Sprints

COLLEGIATE PERSONAL BESTS: 60m - 7.11, 200m - 21.38, 400m - 47.80

CAREER NOTES & RECORDS

Career: Competed in 200m and 400m and was a member of 4x400m relay team at first Big Ten Indoor Championships...Was part of 4x400m relay team that tallied points with seventh-place finish.

AT THE BIG TEN CHAMPIONSHIPS

Big Ten Indoor Championships (2.28-29): Ran in 200m, 400m and 4x400m events...Was member of 4x400m team that scored two points for Nittany Lions with seventh-place finish.

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Set personal bests in 200m and 400m...Scored two points at Big Ten Indoor Championships as a member of 4x400m relay team.

Nittany Lion Challenge (1/11): Ran 7.11 to set collegiate personal-best time in 60m...Was a member of 4x400m relay team that placed first. **Penn State National Open (1/31-2/1):** Clocked personal-best 21.38 in 200m. **Tiger Paw Invitational (2/14-15):** Clocked personal-best time of 47.80 in 400m.

BEFORE PENN STATE

HIGH SCHOOL PRs: Indoor 55m - 6.5, 60m - 6.98, 200m - 21.5, 300m - 34.27 400m - 48.56 Outdoor 100m - 10.73, 200m - 21.35, 400m - 48.4

Earned four varsity letters in track & field and two in football at Neshaminy High School...Won 100m, 200m and 4x400m Suburban 1 League championships...Captured district championships in the 100m, 200m and as a member of 4x400m relay team...Won 200m indoor state title and 4x400m state title...Set school records in indoor 200m, 300m and 400m and outdoor school record as member of 4x400m relay team.

PERSONAL

Full name is Savion Myles Hebron...Son of Kim and Vaughn Hebron...Has four siblings, Vaughn, Saloni, Savaughn and Sanaa...Father, Vaughn, played football at Virginia Tech and in the NFL for the Philadelphia Eagles and Denver Broncos...Vaughn won Super Bowls XXXII & XXXIII with the Denver Broncos....Born December 19, 2000, in Langhorne, Pennsylvania.



**Brandon
HONTZ**
West Chester, Pa.
Bayard Rustin
Junior
Distance

COLLEGIATE PERSONAL BESTS: 1500m - 3:46.54, 1600m - 4:05.16, 3000m - 8:13.17, 5000m - 14:46.00

AWARDS: Earned Academic All-Big Ten honors twice (2018-19).

AT THE BIG TEN CHAMPIONSHIPS

Big Ten Outdoor Championships (5/10-12/19): Finished 10th in 1500m final. (3:47.52).

Big Ten Indoor Championships (2/22-23/19): Scored four points with personal-best 4:05.16 in the mile for fifth place

TRACK AND FIELD

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Did not compete.

2019 Outdoor

Season: Set collegiate bests in 1500m and 5000m...Finished 10th in 1500m final at Big Ten Championships.

Bison Outdoor Classic (4/13-14): Ran personal best 3:46.54 in 1500m. **Raleigh Relays (3/29-30):** Crossed finish line with a personal best 14:46.00 in 5000m.

2019 Indoor

Season: Finished four events in top 10...Placed fifth in mile at Big Ten Championships in the mile and scored four points.

Nittany Lion Challenge (1/12): Placed fifth in mile (4:09.98). **Husky Classic (2/8-9):** Ran collegiate best 8:13.17 in 3000m.

2018 Outdoor

Season: Posted four top-10 finishes...Ran a season best 1500m at LSU Battle on the Bayou.

LSU Battle on the Bayou (4/7): Recorded then-personal-best performances in 1,500m (3:51.25) and 5,000m (15:54.77).

2018 Indoor

Season: Did not compete.

CROSS COUNTRY

2019

Season: Set personal-best time in 5.2m race...Ran in two meets.

Spiked Shoe Invitational (9/13): Ran 25:496 for fifth to help Nittany Lions win team title.

2018

Season: Set three personal-best marks.

Spiked Shoe Invitational (9/7): Ran a personal-best time of



RETURNERS

27:13.1 in 8.4k race. **Nuttycombe Wisconsin Invitational (9/28):** Ran a collegiate best 25:57 for 61st.

2017

Season: Competed in three meets unattached.

BEFORE PENN STATE

High School PRs: 800 - 1:58, 1600 - 4:19, 3200 - 9:40, 5000 - 16:05

Was a letterwinner at Bayard Rustin High School and served as team captain....Member of team that won Ches-Mont league championship...Set mile and member of 4x800m relay team that set school records...Finished second at Ches-Mont League Championships in cross country, fourth-place in the district 1,600 and 13th in the state...Placed second at the World Qualifier...Placed third representing the USA and 20th overall at the ITU World Championships in Cozumel, Mexico (AG 15-19).

PERSONAL

Full name is Brandon Keith Hontz...Son of Keith and Lee Hontz...Majoring in finance...Born on December 21, 1998, in West Chester, Pennsylvania.



Chris HUGHES

**Queensbury, N.Y.
Glen Falls
Sophomore
Distance**

COLLEGIATE PERSONAL BESTS: 1500, - 4:04.15, 3000m - 8:23.68, 5000m - 14:46.84, XC 8k - 25:28.1, 10k - 31:12.0

ON A NATIONAL STAGE

Cross Country

NCAA Mid-Atlantic Regional (11/15/19): Placed 37th in first regional competition (31:12.0).

AT THE BIG TEN CHAMPIONSHIPS

Cross Country

Big Ten Cross Country Championships (11/3/19): Clocked 25:28.1 (74th).

TRACK AND FIELD

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Set personal-best marks in both 3000m and 5000m events...Finished three races in top five.

2019 Outdoor

Season: Set personal best in 1500m...Posted then-personal-best marks in 3000m and 5000m events...Recorded a pair of top-10 finishes.

ASU Invitational (3/22-23): Ran personal best in 3000m for sixth (8:49.95). **Bison Outdoor Classic (4/13-14):** Clocked a personal best in 5000m. **Penn Relays (4/25-27):** Ran 15:15.36 in 5000m.

Jim Thorpe (5/3): Ran personal-best time in 1500m race.

2019 Indoor

Season: Did not compete.

CROSS COUNTRY

2019

Season: Competed in first NCAA Mid-Atlantic Regional and Big Ten Cross Country Championships of his career...Ran personal-best times in 8k and 10k races.

Spiked Shoe Invitational (9/13): Ran 19th (26:30.9) in first home meet of career.

2018

Season: Did not compete.

BEFORE PENN STATE

High School PRs: XC (5K): 15:17, 3200m: 9:16.13, 1600m: 4:22.32, XC (2.75-mile): 13:33

Served as team captain for cross country, indoor track and outdoor track...Won NY State cross country championship (2017)...Captured two Foothills cross country conference championships...Earned all-state honors three times...Won Foothills Conference indoor track titles in 1k (2016, 2017), 600m (2016), and 1600m (2017)...Captured Foothills Conference outdoor titles in 800m and 1600m (2016)...Won Section 2 outdoor track champion in 800m, 1600m, 3200m...Set school record in the 3200m, 1600m.

PERSONAL

Full name is Christopher Mark Hughes...Son of Anna Poulos and Peter Hughes...Has one brother, Brian, and two sisters, Erica and Alex...Brother, Brian, graduated from PSU...Majoring in psychology...Chose Penn State because "I wanted a large D1 school with strong academics and athletics"...Born on February 4, 2000, in Queensbury, New York.

RETURNERS



**Godwin
KABANDA**

**Philadelphia, Pa.
Northeast
Soph./Fr.
Sprints**

COLLEGIATE PERSONAL BESTS: 400m - 49.36, 600m - 1:21.39

AT BIG TEN CHAMPIONSHIPS

Big Ten Indoor Championships (2/28-29/20): Competed in 600m at first Indoor Championships.

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Clocked a pair of personal-best in 400m and 600m.

Rod McCravy Memorial (1/24-25): Crossed finish line with a personal best (1:21.39) in 600m. **Penn State National Open (1/31-2/1):** Ran 49.36 for personal best in 400m.

BEFORE PENN STATE

Earned four varsity letters in track & field and one varsity letter in soccer at Northeast High School...Named team MVP in 2018 and 2019...Won 300mH state championship...Captured two district championship and one league championship in the 110mH...Named 2019 PIAA first team all-state...Set school records in the 110mH, 300mH and 400mH.

PERSONAL

Full name is Godwin Mpiana Kabanda...Son of Jean-Claude Kadima Lukusa and Mwadi Eva Mpiana...Has four siblings, Josiah Muledi, Monique Mbombo, Jude Butumbi and Joel Lukusa...Enrolled in the Division of Undergraduate Studies...Born July 14, 2000, in Philadelphia, Pennsylvania.



**Luke
KNIPE**

**State College, Pa.
State College
Soph./Fr.
Pole Vault**

COLLEGIATE PERSONAL BESTS: Pole vault - 4.95m

AT BIG TEN CHAMPIONSHIPS

Big Ten Indoor Championships (2/28-29/20): Placed 12th in pole vault with clearance of 16-1.75 (4.92m).

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Captured two first-place finishes with six total top-10 finishes...Placed 12th in first Big Ten Indoor Championships.

Dr. Sander Invitational (1/23-25): Cleared a personal best 16-2.75 (4.95m). **Penn State Tune Up (2/21):** Won pole vault event (15-7.25, 4.76m).

BEFORE PENN STATE

HIGH SCHOOL PRs: Pole Vault: 16', Long Jump: 23-6
Earned four varsity letters in track & field at State College High School...Won 2019 state championship in pole vault and was a member of Lion state team title team...Captured two district championships, one in pole vault and one in long jump...Placed second in the pole vault at the Penn Relays...Finished third at the Pennsylvania Track and Field Coaches Association (PTFCA) indoor state meet...Named PTFCA first-team all-state in 2019...Named 2019 PennLive boys all-star team.

PERSONAL

Full name is Luke Richard Knipe...Son of Rick and Mary Knipe...Has two siblings, Hannah and Sammy...Sister, Hannah, graduated from Penn State in 2019...Majoring in business administration...Born March 20, 2001, in State College, Pennsylvania.



RETURNERS



**Josh
LEWIS**
North East, Pa.
North East
Freshman
Distance

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Did not compete.

BEFORE PENN STATE

HIGH SCHOOL PRs: 800m - 1:59, 1600m - 4:23, 3200m - 9:26
Attended North East High School...Earned four varsity letters in track and field/cross country, two in wrestling and one in soccer...Named three-time team MVP...Crowned district champion in cross country in 2017...Won team region championship in 2018 and district runner-up as a team in 2018...Earned All-State honors in 2018...Named three-time all-region and all district.

PERSONAL

Full name is Joshua Scott Lewis...Son of Dawn and Scott...Has one sibling, Ethan...Majoring in health & human development... Chose Penn State because, "Penn State had all of the things I was looking for in a potential university. I wanted a school with a great engineering program, a great coach and team, and facilities that will help me become a better athlete. Some schools had one or two of these, but when I visited Penn State I realized they had all three! I knew it was my future home."...Born January 3, 2001 in North East, Pennsylvania.



**Miles
LIGGINS**
Monmouth Junction, N.J.
South Brunswick
Freshman
Distance

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Did not compete.

BEFORE PENN STATE

HIGH SCHOOL PRs: Indoor 800m - 1:54.10, 400m - 50.83 Outdoor 800m - 1:53.88, 400m - 50.29
Earned three varsity letters in track & field at South Brunswick High School...Set school records in 800m and SMR as well as Ocean Breeze Invitational 800m record...Won 800m county, section and group championships...Captured indoor conference and state relay championships...Won outdoor Middlesex conference and conference relay championships.

PERSONAL

Full name Miles Ian Liggins...Son of Deirdre Jackson and Harold Liggins...Chose Penn State because, "of the highly respected business program it offers and I felt comfortable as soon as I stepped on campus"...Enrolled in the Division of Undergraduate Studies...Born August 20, 2001, in Monmouth Junction, New Jersey.



**Chase
LONGENECKER**
State College, Pa.
State College
Freshman
Sprints/Hurdles

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Did not compete.

BEFORE PENN STATE

HIGH SCHOOL PRs: 110mH: 14.56, 60mH: 8.19, 300mH: 41.17

Earned four varsity letters in track & field and one in football at State College High School...Set school records in 60mH and as a member of 4x400m relay...Earned three state medals...Won 110m hurdles district title and two 4x400m district championships...Was a member of team indoor state championship and outdoor state championship (2019).

PERSONAL

Full name is Chase Eric Longenecker...Son of Chad and Tracy Longenecker...Has three siblings, Catelin, Camryn and Carly...Has four relatives who graduated from Penn State including three who competed in college athletics... Mother, Tracy, was a gymnast at Penn State...Chose Penn State because "it offers a tremendous academic atmosphere and very competitive athletic experience. I think Penn State will prepare me for my future"...Majoring in business administration...Born November 5, 2000, in State College, Pennsylvania.



**David
LUCAS**
Lititz, Pa.
Warwick
Outdoor Only
Throws

COLLEGIATE PERSONAL BESTS: Shot Put – 17.81m, Discus – 61.43m, Hammer Throw – 64.78m, Weight Throw – 24.02m (School Record)

CAREER NOTES & RECORDS

Career: Won 2018 weight throw National Championship...Earned three first-team All-America honors (Weight Throw 2019, 2018 & Discus 2018)...Named Mid-Atlantic Region Field Athlete of the Year twice (2018, 2020)...Selected Big Ten Field Athlete of the week three times.

Records: Holds Penn State record in weight throw (24.01m)...Ranks third all-time in hammer throw (64.78m).

ON A NATIONAL STAGE

NCAA Indoor Championships (3/13-14/20): Qualified for NCAA Indoor Championships in weight throw prior to event being cancelled due to COVID-19 pandemic...Was attempting to become first Nittany Lion in history to earn three All-America honors in weight throw.

NCAA Indoor Championships (3/8-9/19): Finished eighth to earn second All-America honor in weight throw (71-4, 21.74m).

NCAA Outdoor Championships (6/6-9/18): Finished seventh in discus throw at NCAA Championships (186-7, 56.87m)...Earned first team All-America accolades.

NCAA Indoor Championships (3/9-10/18): Won weight throw national title with Penn State record, facility record, and fourth-best throw in meet history (78-9.75, 24.02m).

NCAA Outdoor Championships (6/7-10/17): Competed in discus throw at NCAA Championships (190-3, 58.00m) finishing ninth.

NCAA Outdoor Championships (6/8-11/16): Finished 15th in discus throw (180-10, 55.12m).

AT BIG TEN CHAMPIONSHIPS

Big Ten Indoor Championships (2/28-29/20): Secured five points with a fourth-place finish in weight throw (71-11.75, 21.94m).

Big Ten Indoor Championship (2/22-23/19): Finished fourth in weight throw (21.10m).

Big Ten Outdoor Championships (5/11-13/18): Placed fifth in discus throw (194-11, 59.41m) and 11th in hammer throw (206-2, 62.83m).

Big Ten Indoor Championships (2/23-24/18): Secured a runner-up finish in weight throw (76-5.75, 23.31m).



RETURNERS

Big Ten Outdoor Championships (5/12-14/17): Competed in the discus, hammer throw and shot put...Finished fifth in discus (184-11, 56.37m) and sixth in hammer throw (208-2, 63.44m).

Big Ten Indoor Championship (2/24-25/17): Competed in shot put (12th) and weight throw (5th).

Big Ten Outdoor Championships (5/13-15/16): Recorded a sixth-place finish at Big Ten Championships in discus throw (179-3, 54.64m)...Finished 12th in shot put (55-1.5, 16.80m).

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Qualified for third consecutive NCAA Indoor Championships in weight throw...Placed fourth at Big Ten Indoor Championships in weight throw...Finished in top five in weight throw in all five meets.

Nittany Lion Challenge (1/11): Won first weight throw event of season (70-6.5, 21.50m). **Tiger Paw Invitational (2/14-15):** Threw a season best (73-10.75, 22.52m) for second.

2019 Outdoor

Season: Did not compete.

2019 Indoor

Season: Earned first-team All-America honors in weight throw event...Finished fourth in weight throw at Big Ten Championships.

Clemson Tiger Paw (2/8-9): Placed second in weight throw (20.75m). **Penn State Tune-Up (2/16):** Threw a season best 22.47m in weight throw.

2018 Outdoor

Season: Qualified for the NCAA East Prelims in discus throw and hammer throw...Won the open section of the hammer throw at the Penn Relays with a toss of 201-0 (61.27m)...Placed second in the discus throw with a season-best distance of 200-0 (60.97m).

2018 Indoor

Season: Won national title in weight throw with Penn State record, facility record, and the fourth-best throw in meet history (78-9.75, 24.02m)...Captured five weight throw events titles during the season.

Nittany Lion Challenge (1/13): Won first weight throw of season. **Penn State National (1/26-27):** Won second weight throw event of indoor season. **Sykes & Sabock (2/2-3):** Threw then-season best 22.68m to win third weight throw event.

2017 Outdoor

Season: Collected 14 top-10 finishes including two first-place finishes...Threw a personal-best 61.43m in discus at Penn Relays...Competed at USATF Championships in discus...Qualified for NCAA East Prelims in shot put, discus and hammer throw...Advanced to NCAA Championships in discus.

Pac 12 vs Big 10 Invitational (3/24-25): Recorded an outdoor personal-best in shot put event (17.51m). **Penn Relays (4/27-29):** Threw a personal-best in discus (61.43m)...Competed in hammer throw and shot put. **USATF Championships (6/22-25):** Finished 10th at USATF Championships in discus throw (184-9, 56.32m).

2017 Indoor

Season: Competed in seven meets...Had nine top-10 finishes...Competed in shot put (12th) and weight throw (5th) at Big Ten Championships.

Spire NCAA Division I Indoor Track & Field Meet (2/10): Set a personal-best mark in shot put (17.81m). **Penn State Tune Up (2/18):** Won weight throw with then-season-best mark of 20.08m.

2016 Outdoor

Season: Recorded 13 top-10 finishes...Posted two first-place finishes in discus (Bucknell Team Challenge, Jim Thorpe Invite).

BEFORE PENN STATE

HIGH SCHOOL PR: Discus - 199-7

Earned three letters in track at Warwick...Finished as two-time state runner-up in the discus...Placed second in shot put at 2015 PIAA AAA Outdoor Track & Field Championships...Won PIAA AAA District Three discus championship twice...Captured two conference championships in discus...Finished second in discus at the 2015 Penn Relays and fourth in 2014...Set two school records...Two-time New Balance Outdoor Nationals competitor.

PERSONAL

Full name is David Thomas Lucas...Son of Susanne and David Lucas...Earned his undergraduate degree in biobehavioral health...Attending graduate school at Penn State...Born on June 6, 1996, in Lititz, Pennsylvania.



**Drew
MAHER**
Monmouth Beach, N.J.
Shore Regional
Jr./Soph.
Distance

championship team at Shore Regional High School...Won two Monmouth County titles...Captured Shore Conference titles three times...Earned 14 state sectional titles and 10 Group 1 titles... Captured two Meet of Champions titles in 1600m...Earned All-America honors three times...Finished as New Balance Nationals 800m runner-up (2018) and placed fifth in mile (2017, 2018)... Served as Vice President of the Class of 2018...Was a Blue Devil Scholar and a member of the National Honor Society.

PERSONAL

Full name is Drew Anthony Maher...Son of Jean and Tony Maher... Has two siblings, Troy and Rory...Chose Penn State because "As soon as I got on campus I knew this is where I wanted to go"... Majoring in marketing...Born on May 30, 2000, in Monmouth Beach, New Jersey.

COLLEGIATE PERSONAL-BESTS: Mile - 4:04.19, 1500m - 3:44.48, 800m - 1:51.11, 600m - 1:20.58

ON A NATIONAL STAGE

NCAA East Prelims (5/23-25/19): Qualified for NCAA East Prelims in 1500m.

AT BIG TEN CHAMPIONSHIPS

Big Ten Indoor Championships (2/28-29/20): Finished 11th in mile final (4:11.94).

Big Ten Outdoor Championships (5/12-12/19): Competed in 1500m.

Big Ten Indoor Championships (2/22-23/19): Ran 1:51.37 to set then-collegiate-best time in 800m.

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Clocked pair of personal-best times in 800m and mile... Had five top-five finishes.

Sykes & Sabock Challenge (2/8): Finished fourth in 800m (1:51.11). **Husky Classic (2/14-15):** Ran a personal-best 4:04.18 in mile.

2019 Outdoor

Season: Qualified for NCAA East Prelims in 1500m....Set a personal best in 1500m (3:44.88) at Bison Outdoor Classic...Posted four top-10 finishes...Competed in 1500m at USATF Championships.

Bison Outdoor Classic (4/13-14): Set personal-best in 1500m (3:44.88). **USATF U20 Championships (6/21-23):** Placed second in 1500m.

2019 Indoor

Season: Set three collegiate bests in mile, 800m and 600m. Posted eight top-10 finishes with his mile and 600m standards set a Penn State indoor track...Recorded personal-best in 800m at Big Ten Indoor Championships.

Nittany Lion Challenge (1/12): Clocked personal best in mile (4:10.91). **Penn State Tune-Up:** Ran 1:20.58 and finished third in 600m.

BEFORE PENN STATE

High School PRs: 400m: 49.6, 800m: 1:49.1, 1600m: 4:08, 5K: 15:31

Was a member of outdoor track Central Jersey Group 1 state



RETURNERS



**Tyler
Merkley**
Rancho Cucamonga, Calif.
Los Osos
Junior
Throws



**Sam
Owori**
Zelienople, Pa.
Seneca Valley
Soph./Fr.
Distance

COLLEGIATE PERSONAL BEST: Weight throw - 20.96m

CAREER NOTES & RECORDS

Career: Scored points with seventh-place finish at first Big Ten Indoor Championships in weight throw.

Records: Ranks fourth on Penn State's all-time weight throw list (69-1.25, 21.06m).

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Reached a personal-best distance in weight throw... Won two weight throw events and registered five top-five performances.

Dr. Sander Invitational (1/23-25): Won first weight throw event as a Nittany Lion (68-1.5, 20.76m). **Penn State Tune Up (2/21):** Moved into fourth on Penn State's all-time weight throw performance list (69-1.25, 21.06m).

2019 Outdoor

Season: Did not compete.

2019 Indoor

Season: Did not compete.

BEFORE PENN STATE

KANSAS STATE 2015-16 & HIGH SCHOOL

Placed 21st at the NCAA Championships (62.09m, 203-08) at Kansas State...Finished in eighth place at NCAA West Preliminary...Took second at Big 12 Championships...Set Kansas State record in hammer throw (63.99m)...Took sixth place at Big 12 Championships in weight throw...Ranked ninth on Kansas State all-time record list in weight throw...Captured league championship three times in shot put and discus at Los Osos High School... Set the school record in shot put...Earned All-America honors in weight throw...Captured 2014 and 2015 state hammer championship...Was a member of 2014 USA Youth Olympic Team... Won 2015 Division 1 discus champion (southern section)...Was a scholar athlete.

PERSONAL

Full name is Tyler James Merkley...Son of Don and Cindy Merkley...Majoring in kinesiology...Born on April 17, 1997, in Rancho Cucamonga, California.

COLLEGIATE PERSONAL BEST: Mile - 4:24.87

2020 Outdoor

Season Cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Competed in two meets...Set a collegiate personal-best in the mile event.

Dr. Sander Invitational (1/23-25): Ran collegiate personal-best in the mile (4:24.87).

BEFORE PENN STATE

HIGH SCHOOL PRs: 1600m - 4:14.51

Attended Seneca Valley High School...Earned state medals in both cross country and track & field in 1600m event...Ranks in top-10 all-time in three events at Seneca Valley including No. 2 spot in 1600m event.

PERSONAL

Full name is Samuel Robert Owori...Son of Amy Griffith...Enrolled in the Division of Undergraduate Studies...Born on March 27, 2001, in Zelienople, Pennsylvania.



**Domenic
PERRETTA**
Beaver Falls, Pa.
Big Beaver Falls
Senior
Distance

COLLEGIATE PERSONAL BEST: 600m – 1:118.51, 800m – 1:47.29, 1000m – 2:22.20, 1500m – 3:46.47. 1600m – 4:10.07

CAREER NOTES & RECORDS

Career: Won Big Ten 800m indoor championship in 2019...Ran to a silver medal in 800m outdoor event...Qualified for 800m race at 2019 NCAA Indoor Championships...Qualified for 800m race at the 2017 NCAA Outdoor Championships.

Records: Ranks 10th on Penn State all-time list in outdoor 800m.

ON A NATIONAL STAGE

NCAA East Prelims (5/23-25/19): Competed in 800m race.

NCAA Indoor Championship (3/8-9/19): Finished ninth in 800m final, running 1:48.81...Earned second-team All-America honors.

NCAA Outdoor Championship (6/7-10/17): Competed in 800m.

NCAA East Prelims (5/25-27/17): Qualified for NCAA Championship in 800m...Ran 1:47.87 to qualify.

AT BIG TEN CHAMPIONSHIPS

Big Ten Outdoor Championships (5/10-12/19): Ran 1:48.75 in 800m final...Earned silver medal.

Big Ten Indoor Championship (2/22-23/19): Continued Penn State's excellence with 1:48.24 to claim fourth-straight Nittany Lion 800m title.

Big Ten Indoor Championships (2/23-24/18): Placed 11th in 800m final (1:50.83).

Big Ten Outdoor Championships (5/12-14/17): Competed in the 800m final and finished fifth.

Big Ten Indoor Championships (2/24-25): Competed in 800m (1:48.49) and ran a leg on DMR (fourth place).

TRACK AND FIELD

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Redshirted during the indoor season.

2019 Outdoor

Season: Competed in 800m at NCAA East Prelims...Won silver medal in 800m at Big Ten Championships...Posted nine top-five finishes...Earned second-team All-Big Ten honors.

Florida Relays (3/28-20): Ran season-best time in 800m (1:47.75)...Was a member of 4x800m relay team which won event (7:19.50). **Virginia Challenge (4/19):** Picked up first win of season in 800m.

2019 Indoor

Season: Finished ninth at NCAA Championships in 800m...Won Big Ten Championship in 800m...Set a personal-best time in the 1000m (2:22.20)...Earned first-team All-Big Ten honors.

Nittany Lion Challenge (1/12): Finished second in 1000m, running 2:22.20 to set personal-best. **Penn State National (1/25-26):** Finished second in 800m event.

2018 Indoor

Season: Placed 11th in 800m (1:50.83) at Big Ten Indoor Championships...Set a personal-best mark in mile.

Clemson Invitational (1/19-20): Clocked personal-best in mile to win the event (4:10.07)...Placed second in 600m (1:19.32). **Penn State National (1/26-27):** Was a member of winning distance medley relay team.

2017 Outdoor

Season: Competed in NCAA Championships in 800m...Recorded eight top-10 finishes...Posted personal bests of 1:47.29 in 800m and 3:46.47 in 1,500m...Competed in USATF Championships in 800m.

Pac 12 vs Big 10 Invitational (3/24-25): Won 800m event in first meet of outdoor season. **Penn Relays (4/27-29):** Was a member of 4x800m and distance medley relay teams.

2017 Indoor

Season: Posted 11 top-10 finishes...Recorded then-personal bests of 1:18.51 in 600m and 2:23.06 in 1,000m.

Penn State National (1/27-28): Won first 800m event of season (1:50.33). **PSU Tune Up (2/18):** Placed first in 600m to set a personal-best mark (1:18.51).

CROSS COUNTRY

2017

Season: Ran in three meets.

Dolan Duals (9/1): Finished eighth in 6k (18:23.2). **OSU Cowboy Jamboree (9/30):** Finished 73rd in 27:06.2.

BEFORE PENN STATE

HIGH SCHOOL PRs: Mile - 4:11, 800m - 1:50.1, 400m - 49.6
Earned eight varsity letters at Big Beaver Falls High School... Named team captain and team MVP...Earned all-state and all-conference honors...Captured two cross country district championships...Won three 800m state championships and three 1,600m state championships in outdoor competition...Won indoor 800m championship...Took fifth-place at the state championships in cross country...Set school record in the 400m, 800m, 1,600m, and 3,200m...Finished second in the 800m at the New Balance Indoor Nationals meet as a senior...Took fourth place in 800m at USATF Junior Olympics as a sophomore...Made the high school honor roll.

PERSONAL

Full name is Domenic Angelo Perretta...Son of Gretchen and Patsy Perretta...Majoring in communications arts and sciences... Born on September 25, 1997, in Darlington, Pennsylvania.



RETURNERS



**Ben
PETERSON**
Solon, Ohio.
Solon
Senior
Throws

COLLEGIATE PERSONAL BEST: Shot Put – 18.52m, Hammer Throw – 50.21m, Weight Throw – 17.47m.

CAREER NOTES & RECORDS

Records: Ranks 10th on Penn State all-time shot put performance list.

AWARDS: Earned Academic All-Big Ten honors twice (2019-20).

ON A NATIONAL STAGE

NCAA East Prelims (5/10-12): Qualified for East Prelims in shot put.

AT BIG TEN CHAMPIONSHIPS

Big Ten Indoor Championships (2.28-29/20): Competed in shot put.

Big Ten Outdoor Championships (5/10-12/19): Finished ninth in shot put finals.

Big Ten Indoor Championships (2/22-23/19): Competed in shot put

Big Ten Outdoor Championships (5/11-13/18): Finished 14th in shot put with a distance of 55-9.25 (17.00m).

Big Ten Indoor Championships (2/23-24/18): Competed in both shot put and weight throw.

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Posted five top-three finishes in shot put, with two top finishes...Threw a personal best (60-9.25, 18.52m.)

Dr. Sander Invitational (1/23-25): Unleashed a personal-best throw of (60-9.25, 18.52m) to win shot put.

2019 Outdoor

Season: Set two personal bests in shot put and hammer throw events. Qualified for NCAA East Prelims in shot put...Ranks 10th all-time in Penn State history in shot put.

ASU Invitational (3/22-23): Threw personal-best distance in hammer throw (164-9, 50.21m). **LSU Battle on the Bayou (4/6):** Set a personal-best mark and won shot put (60-0.25, 18.29m).

2019 Indoor

Season: Posted five top-10 finishes in shot put and weight throw combined.

Clemson Tiger Paw (2/8-9): Threw season-best (57-0.75, 17.39m) in shot put.

2018 Outdoor

Season: Recorded then-personal-best (149-6, 45.56m) in hammer throw at Pac-12 vs. Big Ten Invitational...Posted an outdoor then personal best of (58-0.5, 17.69m) in shot put.

LSU Battle on the Bayou (4/7): Finished third in shot put (57-11.25, 17.66m). **Penn Relays (4/26-28):** Threw a season best (58-0.5, 17.69m) in shot put.

2018 Indoor

Season: Tossed a then-personal-best (57-3.75, 17.47m) in weight throw at Nittany Lion Challenge...Posted personal-best of 59-5.5 (18.12m) en route to first-place finish in shot put at Sykes & Sabock Challenge Cup (2/2).

Sykes & Sabock (2/2-3): Won shot put with then-personal-best (59-5.5, 18.12m).

BEFORE PENN STATE

HIGH SCHOOL PR: Shot put - 63-7

Earned four varsity letters in track & field and three in football at Solon High School...Named all-state in 2015-16...Named three-time team MVP...Competed in New Balance Indoor National meet in 2015-16 and Outdoor New Balance National meet in 2015.

PERSONAL

Full name is Benjamin Gerald Peterson...Son of Beth and Steve Peterson...Has three siblings, Nick, Kyle and Katie...Majoring in labor and employment relations...Born on July 16, 1997, in Solon, Ohio.



**Lucciano
PIZARRO**
Marlton, N.J.
Cherokee
Freshman
Throws

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Did not compete.

BEFORE PENN STATE

HIGH SCHOOL PRs: Shot Put: 60-11

Earned four varsity letters in track and field at Cherokee High School...Named field MVP as a junior and senior...Captured shot put state, conference and district championships...Named Boys Spring Track Athlete of the Year.

PERSONAL

Full name is Lucciano Dimitri Pizarro...Son of Sadot and Kimberly Pizarro...Has three siblings, Sadot Jr., Ariel and Dymonn...Grandfather competed in decathlon at Seton Hall...Chose Penn State because "of the academic and athletic prestige, and the sense that everyone in the Penn State family is there to help me become a better person and give me a head start in adulthood. Ever since middle school I knew Penn State is where I wanted to continue my future, and going in to high school the dream of attending Penn State provided motive for me to do the work necessary to be able to make my dream a reality"...Majoring in electrical engineering...Born January 4, 2001, in Marlton, New Jersey.



**Mark
PORTER**
Reading, Mass.
Reading Memorial
Junior
Throws

COLLEGIATE PERSONAL BEST: Javelin – 68.64m

CAREER NOTES & RECORDS

Career: Earned second-team All-America honors in javelin in 2019...Captured silver medal at 2019 Big Ten Outdoor Championships in javelin...Qualified for two NCAA East Prelims.

AWARDS: Earned second-team All-Big Ten honors in 2019...Honored as Academic All-Big Ten honors twice (2019-20).

ON A NATIONAL STAGE

NCAA Championship (6/5-8/19): Threw 224-1 (68.31m-13th) and earned second-team All-America honors.

NCAA East Prelims (5/23-25/19): Threw 221-5 (67.50m) to qualify for NCAA Championship.

NCAA East Prelims (5/24-26/18): Qualified for NCAA East Prelims in javelin.

AT BIG TEN CHAMPIONSHIPS

Big Ten Championships (5/10-12/19): Threw personal-best 225-2 (68.64m) to earn a silver medal.

Big Ten Championships (5/11-13/18): Placed eighth in javelin (201-0, 61.27m).

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2019 Outdoor

Season: Threw personal best 225-2 (68.64m) at Big Ten Championship to finish second in javelin...Recorded 221-5 (67.50m) toss to qualify for NCAA Championship in javelin...Placed 13th at NCAA Championships.

Bison Outdoor Classic (4/13-14): Finished second in javelin.

125th Penn Relays (4/25-27): Won college division in javelin (220-2, 67.12m).

2018 Outdoor

Season: Recorded a then-personal-best 215-5 (65.66m) in javelin throw at Virginia Challenge.

Pac 12 vs Big Ten Invitational (3/23-24): Threw 211-3 (64.40m) in first collegiate competition to claim third in javelin.

Virginia Challenge (4/20-21): Recorded a then-personal-best 215-5 (65.66m) for third.

BEFORE PENN STATE

HIGH SCHOOL PRs: Javelin: 194-7

Earned three varsity letters and served as track & field team captain at Reading Memorial High School...Won the Division II state title in 2016...Captured Massachusetts All-State champion in



RETURNERS

2017.

PERSONAL

Full name is Mark Edward Porter...Son of Tom Porter and Christine Ambrose...Has one sibling, Brad Porter...Majoring in plant sciences...Born on October 28, 1998, in Reading, Massachusetts.



Sincere RHEA
Philadelphia, Pa.
St. Augustine Prep
Soph./Fr.
Sprints/Hurdles

COLLEGIATE PERSONAL BESTS: 60mH - 7.76, 200m - 21.38

CAREER NOTES & RECORDS

Career: Earned bronze medal at first career Big Ten Indoor Championships (2019)...Was a member of 4x400m relay team that placed seventh at 2019 Big Ten Indoor Championships.

Records: Ranks second all-time at Penn State in 60mH (7.76).

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Moved into second place on Penn State's all-time performance list in 60mH...Earned a bronze medal at Big Ten Indoor Championships...Scored points in 60mH and as member of 4x400m relay at Big Ten Indoor Championships.

Penn State National Open (1/31-2/1): Ran personal best 21.38 in 200m. **Tiger Paw Invitational (2/14-15):** Was a member of 4x400m relay team that posted a season-best (3:10.04).

BEFORE PENN STATE

HIGH SCHOOL PRs: 55mH - 7.10, 60mH -7.64, 110mH -13.51, 200m - 21.56, 400m - 47.89

Earned four varsity letters in track and football at St. Augustine Preparatory...Won 60mH national championship and two 100mH and 400mH state championships...Captured 400m state championship...Named Meet of Champions champion three times...Earned first team all-state and first team All-USA honors twice...Named SJ Performer of the Year twice.

PERSONAL

Full name is Sincere Nicholas Rhea...Son of Frisco Rhea and Chanel Bozarth...Has four siblings, Alyssa, Janess, Benjamin Jr. and Joseph...Chose Penn State because, "Penn State feels like my home away from home. The family atmosphere here is just what I was looking for in a university. Besides the intangibles this University has, the tangibles back it up tremendously. Largest living alumni rate in the country, big campus filled with diversity and elite academics, as well as athletics. The list goes on and on. I am more than excited to see what the journey has in store for me. #WeAre"...Majoring in criminology...Born on April 13, 2001 in Glenmoore, Pennsylvania.



Payton SEWELL
Glenmoore, Pa.
Downington - West
Freshman
Distance

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Did not compete.

BEFORE PENN STATE

Selected to first-team all-league in back to back seasons in cross country at Downington Stem Academy...Selected as first team all-state in cross country as a senior...Named third team all-region in cross country as a junior...Named all-state in DMR as a senior...Member of the National Honor Society.

PERSONAL

Full name is Payton Russell Sewell...Son of Shaun and Sandy Sewell...Has two siblings, Zac and Emmy...Majoring in engineering...Born on June 21, 2000 in Glenmoore, Pennsylvania.



Noah SWABY
Pittsburgh, Pa.
Taylor Allderice Jr./Soph.
Multi-Events

COLLEGIATE PERSONAL BESTS: 60m - 7.21, 100m - 11.28, 200m - 22.83, 400m - 1:00.72, 1500m - 4:35.47, 60mH - 8.20, 110mH - 14.92, High jump - 1.88m, Pole vault - 4.45m, Long jump - 6.95m, Shot put - 14.96m, Discus - 50.57m, Javelin - 59.41m, Heptathlon - 5,292, Decathlon - 7,411

CAREER NOTES & RECORDS

Career: Qualified for NCAA Outdoor Championships in decathlon as a freshman in 2019...Placed third in decathlon at 2019 Big Ten Outdoor Championships.

RECORDS: Ranks 10th all-time at Penn State in heptathlon



(5,292 points)...Ranks eighth all-time in decathlon (7,411 points).

ON A NATIONAL STAGE

NCAA Outdoor Championship (6/7-10): Qualified for NCAA Championship in decathlon but, withdrew due to injury.

AT BIG TEN CHAMPIONSHIPS

Big Ten Outdoor Championships (5/10-12): Finished third in decathlon...Ranks eighth all-time in Penn State history...Won both javelin and 1500m.

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Moved to 10th all-time on Penn State heptathlon chart with personal-best score (5,292 points).

Dr. Sander Invitational (1/23-25): Finished second in heptathlon with personal-best 5,292 points...Won 60mH and 1000m...Score ranks 10th all-time at Penn State.

2019 Outdoor

Season: Set personal best in decathlon at Big Ten Championship (7,411 points)...Ranks eighth all-time in Penn State history in decathlon...Qualified for NCAA Championship.

ASU Invitational (3/22-23): Set personal-best mark in discus (165-11, 50.57m). **Virginia Challenge (4/19-20):** Finished second in decathlon (7,218 points)...Finished first in shot put and 1500m. **Jim Thorpe (5/3):** Ran personal-best 22.83 in 200m.

2019 Indoor

Season: Competed in shot put in four meets.

Penn State Tune-Up (2/16): Posted personal best in shot put (49-1, 14.96m).

2018

Season: Did not compete.

BEFORE PENN STATE

Earned varsity letters at Taylor Allderdice High School...Earned high school All-American honors twice...Finished USATF National Junior Olympic in second-place in decathlon...Placed fifth in pentathlon at New Balance Nationals Indoor.

PERSONAL

Full name is Noah Miguel Swaby...Son of Melanie Hildebradt...Majoring in philosophy...Born on July 17, 1999, in Pittsburgh, Pennsylvania.



**Alex
TOMASKO**

**Mechanicsburg, Pa.
Mechanicsburg
Junior
Distance**

COLLEGIATE PERSONAL BEST: 3000m - 8:36.36, 5000m - 14:31.78, XC 10k - 30:38.4

CAREER NOTES & RECORDS

Career: Earned cross country all-region honors in 2018 and 2019.

ON A NATIONAL STAGE

Cross Country

NCAA Mid-Atlantic Regional (11/15/19): Earned second all-region honor with 16th-place finish...Ran personal best 30:38.4 in 10k.

NCAA Mid-Atlantic Regional (11/9/18): Placed 18th to all-region honors (31:47.7).

AT THE BIG TEN CHAMPIONSHIPS

Big Ten Cross Country Championships (11/3/19): Ran 24:44.8 to finish 28th.

Big Ten Cross Country Championships (10/28/18): Placed 47th (24:53.5).

TRACK & FIELD

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Set a personal-best mark in the 5000m in lone meet of the season.

Penn State Tune Up (2/21): Clocked a personal-best time of 14:31.78 to finish second in the 5000m.

CROSS COUNTRY

2019

Season: Earned second all-region honor of career with a 16th place finish at NCAA Mid-Atlantic Regional

2018

Season: Earned all-region honors at NCAA Mid-Atlantic Regional.

Dolan Duals (8/31): Finished third in 6k (18:12.9). **Spiked Shoe (9/7):** Finished 16th with a time of 26:27.5.

2017

Season: Competed in two meets unattached.

BEFORE PENN STATE

HIGH SCHOOL PRs: 1,600m: 4:21.06, 3,200m: 9:33.33, 5K: 15:37

Was a letterwinner at Mechanicsburg High School...Finished third in 2016 District 3 AAA cross country meet to qualify for PIAA



RETURNERS

state meet...Named Mid-Penn All-Conference in cross country... Won Foot Locker cross country Northeast Regional Freshman Boys Race Championship at Van Cortlandt Park, New York... Named Mid-Penn track & field all-conference in 3200m three times and 1600m once...Earned all-district plaudits in 1,600m... Claimed Mid-Penn track & field conference 3,200m silver medal in 2017...Earned Mid-Penn All-Conference honors in cross country...Qualified for PIAA District 3 AAA in 1,600m and 3,200m and for PIAA state meet in 1600m...Set school record of 4:21.06 in 1,600m.

PERSONAL

Full name is Alexander Thomas Tomasko...Son of Joyce and Ronald Tomasko...Has one brother, Nicholas...Majoring in international politics...Born on October 20, 1998, in Mechanicsburg, Pennsylvania.



**Colin
WATERS**
Poughquag, N.Y.
Arlington
Freshman
Distance

2020 Outdoor

Season cancelled due to COVID-19 pandemic.

2020 Indoor

Season: Did not compete.

BEFORE PENN STATE

High School PRs: 3200m: 9:21, 1600m: 4:23, 3 Mile: 14:56, 5k: 16:04

Earned three varsity letters in track & field and cross country at Arlington High School...Captured Section 1 cross country championships in 2018 after finishing as runner-up in 2017...Was a member of three Section 1 Class A team cross country championships (2016-2018)...Finished fourth in NYS Class A at state cross country meet (2018)...Won Section 1 Class A Indoor/Outdoor 3200m title (2019)...Was a member of DMR team that won Loucks Games championship...Named all-league, all-county, all-section three times in cross country (2016-2018)...Earned all-state honorable mention in 2017 and first team all-state honors in 2018 in cross country...Was a member of the National Honor Society.

PERSONAL

Full name is Colin James Waters...Son of Lindsey and Kevin Waters...Has two siblings, Liam and Maggie...Chose Penn State because "Penn State had a great balance of everything I was looking for in a school, mainly the strong engineering program, opportunity to run, and campus atmosphere"...Majoring in Engineering...Born on January 4, 2000, in Poughquag, New York.



**Kevin
BARTOSH**
Fleetwood, Pa.
Fleetwood Area
Freshman
Throws

BEFORE PENN STATE

Earned four varsity letters in track and field as well as varsity letters in football, baseball and cross country at Fleetwood Area High School...Named team MVP and served as team captain for two years...Set school record in javelin...Earned all-league honors three times...Entered 100-point club...Named team Offensive Player of the Year in football.

PERSONAL

Full name is Kevin Robert Bartosh...Son of Kristopher and Stephanie Bartosh...Has three siblings, Justin, Emilie and Kaitlynn...Plans to major in psychology with a minor in kinesiology...Born on October 30, 2001, in Fleetwood, Pennsylvania.



**Ka'mere
DAY**
Harrisburg, Pa.
Harrisburg
Freshman
Sprints

BEFORE PENN STATE

HIGH SCHOOL PRs: 100m - 10.48, 200m - 21.96

Won 2019 100m Mid-Penn championships at Harrisburg High School...Finished as 100m PIAA state medalist...Selected as first team Penn Live track & field all-star for Cougars...Named first team all-state as a wide receiver of the football team.

PERSONAL

Full name is Ka'mere Anthony Day...Son of Fatima and Anthony Day...Has three siblings, Anthony, Mi'angel and Dallas...Intends to major in athletic training...Born on December 7, 2001, in Paterson, New Jersey.



**Behailu
BEKELE-ARCURI**
Warwick, N.Y.
Warwick Valley
Freshman
Distance

BEFORE PENN STATE

HIGH SCHOOL PRs: 1600m - 4:17, 3200m - 9:15, 5k - 15:07

Honored twice as USATF NY Youth Cross Country High School Boys Athlete of the Year (2016, 2018)...Won 2019 Class A cross country state championship at Warwick Valley High School...Earned four state medals in cross country...Won four track & field sectional championships.

PERSONAL

Full name is Behailu Thomas Bekele-Arcuri...Son of Thomas and Zewditu Bekele-Arcuri...Has one sibling, Abigiya...Father, Thomas and two uncles attended Penn State...Raised over \$4,000 to help feed and educate kids in Ethiopia...Enrolled in the Division of Undergraduate Studies...Born on June 1, 2002 in Adama, Oromia, Ethiopia.



**Dan
DEAN**
Langhorne, Pa.
Neshaminy
Freshman
Jumps

BEFORE PENN STATE

Earned four varsity letters in track & field and one varsity letter in swimming and diving at Neshaminy High School...Placed third in pole vault at 2019 PIAA Class 3 state championships...Set Neshaminy school record in pole vault.

PERSONAL

Full name is Daniel Patrick Dean...Son of Michael and Christine Dean...Has four brothers, Thomas, William, Matt and Benjamin...Plans to major in computer science...Born on September 9, 2001 in Langhorne, Pennsylvania.



NEWCOMERS



Joseph KEARNEY
Pittsburgh, Pa.
North Catholic
Freshman
Jumps

BEFORE PENN STATE

HIGH SCHOOL PRs: Long jump - 23-6

Won Western Pennsylvania Interscholastic Athletic League long jump championship at North Catholic High School...Placed third at PIAA State Championships in long jump...Won three long jump district titles...Set WPIAL long jump record.

PERSONAL

Full name is Joseph Ryan Kearney...Son of Marianne and Rick Kearney...Has one sibling, Regis...Mother, Marianne attended Penn State...Plans to major in health policy and administration...Born on July 24, 2001 in Pittsburgh, Pennsylvania.



Tanner PIOTROWSKI
Columbia, Md.
Arundel
Freshman
Distance

BEFORE PENN STATE

HIGH SCHOOL PRs: 800m – 1:57.31, 1600m – 4:21.56, 3200m – 9:28.98, 3 Mile – 15:01.61, 5000m – 15:21.60

Won indoor 800m state championship in 2018 at Arundel... Was a member of team that won county championships in 2019 and 2020...Won county titles in indoor 800m, outdoor 1600m, 4x400m and cross country titles...Captured regional championship in 1600m...Was a three-time all-county pick in both cross country and indoor track & field...Named to All-Baltimore Sun teams in indoor track and cross country in 2019.

PERSONAL

Full name is Tanner Michael Piotrowski...Son of Karen and Michael Piotrowski...Has two brothers, Braeden and Dalton...Enrolled in the Division of Undergraduate Studies...Born on April, 5, 2002, in Columbia, Maryland.



Duane KNISLEY
Alum Bank, Pa.
Chestnut Ridge
Freshman
Throws

BEFORE PENN STATE

HIGH SCHOOL PRs: Shot put - 58-9, Discus - 187-11

Won two district titles in shot put and discus at Chestnut Ridge High School...Set Lions' school records in the discus and shot put...Earned all-state honors in both track and football...Won 100 matches as a wrestler.

PERSONAL

Full name is Duane James Knisely...Son of James and Rebecca Knisely...Has two siblings, Samantha and Madeline...Plans to major in biomechanics...Born on March 15, 2000, in Windber, Pennsylvania.

NEWCOMERS



Donovan SANDERS
Philadelphia, Pa.
Girard College
Freshman
Sprints

BEFORE PENN STATE

HIGH SCHOOL PRs: 200m - 21.51, 300m - 33.98, 400m - 48.04
Won 200m indoor state championship in 2020 at Girard College...
Finished as the 2020 state runner-up in the indoor 400m...
Finished as the state runner-up in 400m outdoor in 2019...
Ranked in the top 15 nationally in the 200m, 300m and 400m.

PERSONAL

Full name is Donovan Sanders...Son of Liani Torres...Enrolled in the Division of Undergraduate Studies...Born on February 8, 2002, in Philadelphia, Pennsylvania.



Sami TAOUFIK
Butler, Pa.
Butler Area
Freshman
Jumps

BEFORE PENN STATE

Earned four varsity letters in track & field, one in basketball and one in golf at Butler Area High School...Won high jump district championship...Graduated with honors.

PERSONAL

Full name is Sam Tauoufik...Son of Elaine and Mohamed Taoufik...Has two brothers, Tarik and Omar...Plans to double major in finance and economics...Born on April 9, 2002, in Butler, Pennsylvania.



Tyler SHUE
Ephrata, Pa.
Ephrata
Freshman
Distance

BEFORE PENN STATE

HIGH SCHOOL PRs: 1:50.39, 1600m - 4:15.20
Won 2019 800m New Balance Outdoor National Championship...
Captured 2019 indoor and outdoor state titles in the 800m...
Finished as 2018 indoor and outdoor state runner-up in 800m...
Set eight school records at Ephrata High School.

PERSONAL

Full name is Tyler M. Shue...Son of Susan and Lyle O'Neill...Has three siblings, Ariana, Isabell and Nyah...Intends to major in finance...Born on September 12, 2001, in Ephrata, Pennsylvania.



Henry ZIMMERMAN
New Albany, Ohio.
New Albany
Freshman
Throws

BEFORE PENN STATE

HIGH SCHOOL PRs: Discus - 168', Shot put - 50', Weight throw - 70', Hammer - 204-4
Qualified for nationals four times each in weight throw, hammer throw and discus...Earned all-state honors three times at New Albany High School.

PERSONAL

Full name is Henry Isaiah Zimmerman...Son of Liz and Shawn Zimmerman...Has two sisters, Samantha and Alexandria...Father, Shawn, was a member of Bowling Green's 1985 football MAC championship team...Enrolled in the Division of Undergraduate Studies...Born on May 6, 2001 in Florence, Kentucky.

CROSS COUNTRY/TRACK & FIELD



HISTORY



Year	PSU Athlete	Event	Place	Country	Location
1908	Talbot, Lee	Hammer	5th	United States	London
1920	Barron, Harold	110-Meter High Hurdles	2nd	United States	Antwerp
1920	Heffrich, Alan	1600-Meter Relay	*Alternate	United States	Antwerp
1920	Shields, Larry	1500-Meters	3rd	United States	Antwerp
1920	Shields, Larry	3,000-Meter (Team Run)	1st (Team); 8th Indiv.	United States	Antwerp
1924	Cox, William	10,000-Meters	Unknown	United States	Paris
1924	Cox, William	3,000-Meter (Team Run)	3rd (Team)	United States	Paris
1924	Moore, Charles	110-Meter High Hurdles	*Alternate	United States	Paris
1924	Romig, John	5,000-Meters	4th	United States	Paris
1924	Studenroth, Arthur	5,000-Meters	6th	United States	Paris
1928	Bates, Al	Long Jump	3rd	United States	Amsterdam
1928	Romig, John	10,000-Meters	Unknown	United States	Amsterdam
1932	Rekers, Paul	5,000-Meters	12th	United States	Los Angeles
1940	Ewell, Barney	Sprints	Honorary Olympian	United States	Tokyo
1940	Vukmanic, Nick	Javelin	Honorary Olympian	United States	Tokyo
..... ** Tokyo Games cancelled due to World War II					
1948	Ewell, Barney	100-Meters	2nd	United States	London
1948	Ewell, Barney	200-Meters	2nd	United States	London
1948	Ewell, Barney	4x100-Meter Relay	1st	United States	London
1948	Goffberg, Herman	10,000-Meters	DNF	United States	London
1948	Stone, Curt	10,000-Meters	6th	United States	London
1952	Ashenfelter, Horace	3,000-Meter Steeplechase	1st	United States	Helsinki
..... *8:45.4 (Olympic Record)					
1952	Ashenfelter, William	3,000-Meter Steeplechase	DNF	United States	Helsinki
1952	Stone, Curt	5,000-Meters	6th (Heat)	United States	Helsinki
1952	Stone, Curt	10,000-Meters	15th	United States	Helsinki
1952	Werner, Chick	Assistant Coach	***	United States	Helsinki
1956	Ashenfelter, Horace	3,000-Meter Steeplechase	6th (Heat)	United States	Stockholm
1956	Stone, Curt	5,000-Meters	6th (Heat)	United States	Stockholm
1960	Moran, Ed	1,500-Meters	*Alternate	United States	Rome
1968	Hedmark, Lennart	Decathlon	11th	Sweden	Mexico City
1968	Reilly, Bill	3,000-Meter Steeplechase	5th (Heat)	United States	Mexico City
1972	Hayden, Steve	50K Walk	27th	United States	Munich
1972	Hedmark, Lennart	Decathlon	DNF	Sweden	Munich
1972	Sands, Mike	100-Meters	6th (Heat)	Bahamas	Munich
1972	Sands, Mike	200-Meters	5th (Heat)	Bahamas	Munich
1972	Sands, Mike	4x100-Meter Relay	6th (Heat)	Bahamas	Munich
1976	Hedmark, Lennart	Decathlon	8th	Sweden	Montreal
1976	Hjeltnes, Knut	Discus	7th	Norway	Montreal
1976	Jackson, Al	Hammer	*Alternate	United States	Montreal
1976	Sands, Mike	100-Meters	4th (Heat)	Bahamas	Montreal
1976	Sands, Mike	400-Meters	6th (Heat)	Bahamas	Montreal
1976	Sands, Mike	4x100-Meter Relay	*Relay Pool	Bahamas	Montreal
1976	Shine, Mike	400-Meter Hurdles	2nd	United States	Montreal
1980	Fredericks, Greg	10,000-Meters	Honorary Olympian	United States	Moscow
..... *U.S. boycotted Moscow Olympics					
1980	Hjeltnes, Knut	Discus	7th	Norway	Moscow
1984	Hjeltnes, Knut	Discus	4th	Norway	Los Angeles
1988	Hjeltnes, Knut	Discus	7th	Norway	Los Angeles
1992	Groves, Harry	Assistant Coach	***	United States	Barcelona
1992	Sands, Mike	Head Manager	***	Bahamas	Barcelona
1992	Walsh, Barry	Decathlon	***	Ireland	Barcelona
1996	Hunter, C.J.	Shot Put	7th	United States	Atlanta
2000	Hunter, C.J.	Shot Put	*DQ	United States	Sydney
2004	Alford-Sullivan, Beth	Assistant Coach	***	United States	Athens
2004	Moore, Consuella	4x100-Meter Relay	*Relay Pool	United States	Athens
2008	Augustus, Toyin	100-Meter Hurdles	7th (Heat)	Nigeria	Beijing
2008	Barber, Aleesha	100-Meter Hurdles	4th (Heat)	Trinidad and Tobago	Beijing
2012	Blake, Dominique	4x400-Meter Relay	*Relay Pool (3rd)	Jamaica	London
2012	Cox, Shana	400 Meters; 4x400m Relay	7th (Semi-Final)	Great Britain	London
2012	Cox, Shana	4x400-Meter Relay	5th	Great Britain	London
2012	Franek, Bridget	3,000-Meter Steeplechase	14th	United States	London
2012	Nieuwendam, Kirsten	200 Meters	8th (Heat)	Suriname	London
2016	Kovacs, Joe	Shot Put	2nd	United States	Rio
2016	Hill, Darrell	Shot Put	23rd (Preliminaries)	United States	Rio
2016	Tucker, Erin	Assistant Coach	***	U.S. Virgin Islands	Rio

YELLOW - Denotes Olympic Gold Medalist

BOLD - Denotes Olympic Medalist

CROSS COUNTRY/TRACK & FIELD



CROSS COUNTRY HISTORY



ALL-TIME WOMEN'S TEAM FINISHES (NCAA Era - Since 1981)

Year	Team Place	Team Score	Scoring Finishes	Distance	Host
2019	18th	482 pts	73, 80, 144, 151, 177, 223, 247	6,000-Meters	Indiana State
2018	20th	482 pts	68, 75, 99, 107, 133, 149, 212	6,000-Meters	Wisconsin
2017	18th	443 pts	75, 106, 118, 132, 147, 228, 250	6,000-Meters	Louisville
2016	18th	465 pts	15, 36, 140, 177, 204, 240	6,000-Meters	Indiana State
2015	16th	396 pts	38, 98, 102, 152, 157, 181, 225	6,000-Meters	Louisville
2013	25th	640 pts	111, 147, 152, 186, 204, 222, 237	6,000-Meters	Indiana State
2012	14th	387 pts	33, 51, 59, 121, 123, 143, 150	6,000-Meters	Louisville
2011	13th	368 pts	10, 39, 85, 93, 141, 167, 173	6,000-Meters	Indiana State
2010	26th	550 pts	82, 96, 106, 124, 142, 154, 167	6,000-Meters	Indiana State
2009	14th	375 pts	24, 69, 77, 90, 115, 163, 168	6,000-Meters	Indiana State
2003	23rd	510 pts	42, 103, 114, 116, 135, 173, 186	6,000-Meters	Northern Iowa
2002	T-25th	568 pts	73, 105, 107, 129, 154, 159, 193	6,000-Meters	Indiana State
1996	11th	270 pts	20, 47, 49, 70, 84, 95, 118	5,000-Meters	Arizona
1994	9th	250 pts	25, 34, 49, 51, 91, 103, 110	5,000-Meters	Arkansas
1993	7th	226 pts	31, 33, 50, 51, 61, 70, 119	5,000-Meters	Lehigh
1992	T-6th	179 pts	24, 33, 36, 37, 49, 55, 104	5,000-Meters	Indiana
1991	13th	328 pts	45, 50, 67, 71, 95, 98, 114	5,000-Meters	Arizona
1987	14th	304 pts	28, 54, 63, 76, 83, 94, 104	5,000-Meters	Virginia
1985	10th	253 pts	11, 55, 58, 64, 65, 89, 98	5,000-Meters	Marquette
1984	14th	305 pts	38, 45, 71, 75, 76, 78, 83	5,000-Meters	Penn State
1983	12th	304 pts	47, 50, 58, 74, 75, 82, 88	5,000-Meters	Lehigh
1982	6th	193 pts	20, 23, 41, 47, 62, 68, 77	5,000-Meters	Indiana
1981	10th	249 pts	39, 41, 53, 54, 62, 64, 69	5,000-Meters	Witchita State

ALL-TIME MEN'S TEAM FINISHES

Year	Team Place	Team Score	Scoring Finishes	Distance	Host
2010	30th	659 pts	52, 77, 171, 179, 180, 189, 193	10,000-Meters	Indiana State
2008	25th	547 pts	64, 93, 112, 118, 160, 173, 194	10,000-Meters	Indiana State
1994	8th	250 pts	35, 41, 46, 60, 68, 125, 143	10,000-Meters	Arkansas
1993	14th	311 pts	18, 43, 73, 87, 90, 92, 109	10,000-Meters	Lehigh
1991	10th	286 pts	18, 36, 69, 73, 90, 107, 124	10,000-Meters	Arizona
1987	12th	304 pts	3, 29, 49, 90, 133, 143	10,000-Meters	Virginia
1986	17th	358 pts	21, 64, 82, 93, 98, 118, 122	10,000-Meters	Arizona
1984	21st	403 pts	57, 60, 69, 104, 113, 122, 142	10,000-Meters	Penn State
1981	14th	379 pts	4, 68, 79, 104, 124, 139	10,000-Meters	Wichita State
1980	3rd	153 pts	5, 12, 18, 52, 66, 91, 106	10,000-Meters	Wichita State
1979	3rd	186 pts	15, 27, 41, 46, 57, 68, 82	10,000-Meters	Lehigh
1978	4th	220 pts	7, 38, 42, 52, 81, 88, 94	10,000-Meters	Wisconsin
1977	12th	346 pts	26, 55, 74, 92, 99, 100, 188	10,000-Meters	Washington State
1976	13th	410 pts	18, 45, 68, 108, 171, 204	10,000-Meters	North Texas
1975	4th	256 pts	5, 17, 80, 125, 144, 222, 246	6 Miles	Penn State
1974	10th	279 pts	31, 53, 59, 67, 69, 116, 140	6 Miles	Indiana
1973	10th	252 pts	5, 12, 56, 85, 98, 166, 185	6 Miles	Washington State
1972	12th	326 pts	23, 28, 64, 78, 133, 154	6 Miles	Houston
1971	8th	269 pts	13, 38, 46, 83, 89, 147, 176	6 Miles	Tennessee
1970	13th	420 pts	3, 43, 89, 136, 149, 187, 214	6 Miles	William and Mary
1969	10th	352 pts	27, 63, 70, 92, 100, 144, 150	6 Miles	Manhattan College
1968	14th	319 pts	23, 34, 50, 103, 109, 114, 133	6 Miles	Manhattan College
1962	12th	253 pts	6, 51, 61, 65, 70, 75	4 Miles	Michigan State College
1961	8th	203 pts	16, 19, 47, 55, 66, 70, 80	4 Miles	Michigan State College
1960	4th	104 pts	5, 13, 24, 28, 34, 38, 46	4 Miles	Michigan State College
1959	10th	213 pts	5, 18, 51, 58, 81	4 Miles	Michigan State College
1957	9th	206 pts	9, 34, 36, 55, 72	4 Miles	Michigan State College
1956	7th	192 pts	11, 17, 43, 51, 70, 71	4 Miles	Michigan State College
1954	5th	152 pts	12, 14, 38, 42, 46, 67, 91	4 Miles	Michigan State College
1953	4th	97 pts	3, 6, 29, 33, 36, 58, 60	4 Miles	Michigan State College
1952	T-4th	110 pts	6, 19, 24, 28, 33, 56, 61	4 Miles	Michigan State College
1951	4th	122 pts	4, 15, 17, 22, 64, 76	4 Miles	Michigan State College
1950	1st	53 pts	5, 7, 12, 13, 16, 18, 31	4 Miles	Michigan State College
1949	4th	93 pts	10, 11, 13, 29, 30, 34, 41	4 Miles	Michigan State College
1948	4th	118 pts	18, 21, 25, 26, 28, 36, 46	4 Miles	Michigan State College
1947	1st	60 pts	1, 3, 13, 17, 26, 45, 46	4 Miles	Michigan State College
1946	3rd	114 pts	2, 6, 14, 34, 58, 81, 108	4 Miles	Michigan State College
1942	T-1st	57 pts	4, 6, 7, 11, 29, 42, 46	4 Miles	Michigan State College
1941	2nd	110 pts	11, 15, 27, 28, 29, 56, 66	4 Miles	Michigan State College

Bold denotes national title.



CROSS COUNTRY ALL-AMERICANS

WOMEN'S NCAA ALL-AMERICANS

Year	Athlete	Place
2016	Elizabeth Chikotas	15
2016	Jillian Hunsberger	36
2015	Tessa Barrett	38
2011	Caitlin Lane	16
2009	Bridget Franek	26
2008	Bridget Franek	23
2000	Susanne Heyer	14
1996	Kim McGreevy	27
1994	Kim Kelly	25
1992	Kim Kelly	27
1988	Stacy Prey	31
1985	Stacy Prey	23
1982	Doreen Startare	20
1979*	Heather Carmichael	8
1979*	Kathy Mills	4
1978*	Kathy Mills	3
1977*	Kris Bankes	15
1977*	Kathy Mills	1
1976*	Kathy Mills	3
1975*	Liz Cunningham	12
1975*	Liz Berry	15
1975*	Kris Bankes	3

MEN'S NCAA ALL-AMERICANS

Year	Athlete	Place
2006	Dan Mazzocco	31
2005	Dan Mazzocco	43
1993	Jake Bartholomy	29
1991	Mark Wimmer	26
1989	Steve Brown	20
1989	Doug Walter	41
1988	Brian Laird	13
1987	Eric Carter	4
1985	Eric Carter	9
1981	Alan Scharsu	5
1980	Alan Scharsu	6
1980	John Zishka	22
1980	Larry Mangan	14
1979	Alan Scharsu	19
1979	John Ziegler	34
1978	Bob Snyder	9
1977	Bob Snyder	9
1976	George Malley	20
1975	George Malley	17
1975	Paul Stemmer	5
1974	George Malley	39
1973	Charlie Maguire	23
1971	Greg Fredericks	20
1970	Greg Fredericks	4
1962	Howie Deardoff	8
1960	Jerry Norman	6
1959	Dick Engelbrink	7
1957	Fred Kerr	13
1953	Bob Hollen	6
1953	Lamont Smith	13
1952	Bob Hollen	7
1951	Bill Ashenfelter	4
1950	Bill Ashenfelter	8
1950	Bob Freebairn	11
1949	Bill Ashenfelter	13
1949	Bob Freebairn	14
1947	Gerry Karver	6
1947	Horace Ashenfelter	2
1946	Curt Stone	2
1946	Gerry Karver	7
1942	Curt Stone	6
1942	Gerry Karver	8
1942	McLain Smith	12
1942	Norm Gordon	4
1941	Norm Gordon	11
1940	Bill Smith	7
1939	Bill Smith	5

* Denotes finish from "Pre-NCAA" era.

NCAA CROSS COUNTRY HISTORY



ALL-TIME WOMEN'S CROSS COUNTRY FINISHES (BY YEAR)

Year	Overall	Team	Name	Time	Year	Overall	Team	Name	Time	Year	Overall	Team	Name	Time
1981	43	39	Carmichael, Heather	17:29	1993	44	31	Hunt, Kelli	17:29	2010	111	82	Ridder, Brooklyne	21:23
1981	51	41	Murnane, Patty	17:34	1993	46	33	Weaver, Jennifer	17:30	2010	130	96	Lane, Caitlin	21:34
1981	69	53	Startare, Doreen	17:58	1993	67	50	McCarthy, Candida	17:41	2010	140	106	Millhouse, Kara	21:40
1981	70	54	Purcell, Monique	17:59	1993	68	51	Kelly, Kim	17:41	2010	158	124	Bower, Natalie	21:47
1981	82	62	Ihrig, Carolyn	18:16	1993	79	61	Rutkoski, Jamie	17:51	2010	180	142	Ryan, Maura	22:05
1981	84	64	Gerken, Heidi	18:19	1993	93	70	St. John, Erin	17:59	2010	192	154	Graybill, Lindsey	22:12
1981	90	69	Miley, Sue	18:31	1993	149	119	Hohnka, Mary	18:45	2010	205	167	Giannotti, Emily	22:18
1982	28	20	Startare, Doreen	17:38	1994	35	25	Kelly, Kim	17:46	2011	16	10	Lane, Caitlin	20:03
1982	31	23	Carmichael, Heather	17:43	1994	46	34	St. John, Erin	17:55	2011	59	39	Millhouse, Kara	20:42
1982	56	41	Updegrove, Natalie	18:05	1994	68	49	Hunt, Kelli	18:11	2011	112	85	Bower, Natalie	21:08
1982	64	47	Renzi, Paula	18:13	1994	70	51	Kelly, Kris	18:13	2011	123	93	Ridder, Brooklyne	21:12
1982	82	62	Purcell, Monique	18:38	1994	118	91	Hohnka, Teresa	18:40	2011	177	141	Giannotti, Emily	21:38
1982	89	68	Miley, Sue	18:44	1994	130	103	Harrity, Kim	18:49	2011	203	167	Benson, Abbie	21:45
1982	98	77	Gerken, Heidi	18:54	1994	137	110	Simmonds, Karen	18:54	2011	209	173	Graybill, Lindsey	21:57
1983	65	47	Updegrove, Natalie	18:01	1995	75	IND	Fidler, Donna	18:21	2012	47	33	Perri, Tori	20:21
1983	69	50	White, Meredith	18:04	1995	91	IND	McGreevy, Kim	18:28	2012	71	51	Simko, Rebekka	20:35
1983	78	58	Gerken, Heidi	18:13	1996	28	20	McGreevy, Kim	18:18	2012	80	59	Ridder, Brooklyne	20:38
1983	99	74	Startare, Doreen	18:34	1996	66	47	St. John, Erin	18:46	2012	156	121	Bower, Natalie	21:09
1983	100	75	Shafer, Anne	18:35	1996	68	49	Hohnka, Teresa	18:49	2012	159	123	Rodden, Katie	21:10
1983	107	82	Hart, Tammie	18:51	1996	68	49	Hohnka, Teresa	18:49	2012	180	143	Anderson, Leigha	21:21
1983	113	88	Dickstein, Carol	18:55	1996	94	70	Fidler, Donna	19:04	2012	188	150	Giannotti, Emily	21:26
1984	56	38	Gerken, Heidi	17:26	1996	111	84	Hohnka, Lou	19:19	2013	111	83	Giannotti, Emily	21:23
1984	64	45	White, Meredith	17:33	1996	123	95	Kern, Jill	19:31	2013	147	117	Anderson, Leigha	21:38
1984	93	71	Ross, Lisa	18:01	1996	147	118	Glitz, Allison	19:56	2013	152	121	Klebe, Marta	21:40
1984	98	75	Shafer, Anne	18:04	1998	150	IND	Davis, Erin	18:40	2013	186	152	Rodden, Katie	21:56
1984	100	76	Renzi, Paula	18:05	1999	94	IND	Bouchard, Stacie	17:59	2013	204	167	Gerlach, Tori	22:07
1984	102	78	Stearns, Cindy	18:06	2000	14	IND	Heyer, Susanne	21:09	2013	222	184	Underwood, Sarah	22:20
1984	107	83	Loht, Holly	18:13	2001	134	IND	Wale, Michelle	22:26	2013	237	199	Aldrich, Stephanie	22:36
1985	23	11	Prey, Stacia	16:57	2002	96	73	Brauksieck, Tracey	21:15	2014	161	IND	Hunsberger, Jillian	21:38
1985	76	55	Ross, Lisa	17:44	2002	134	105	Landreth, Molly	21:32	2015	38	24	Barrett, Tessa	20:26
1985	80	58	Pitcher, Kathy	17:47	2002	137	107	Wale, Michelle	21:33	2015	98	65	Gerlach, Tori	20:49
1985	86	64	Loht, Holly	17:59	2002	161	129	Stevens, Jenny	21:46	2015	102	69	Chikotas, Elizabeth	20:50
1985	87	65	Kuhn, Kathleen	17:59	2002	187	154	Hillard, Katy	21:57	2015	152	117	Hunsberger, Jillian	21:12
1985	113	89	Aston, Amy	18:16	2002	192	159	Johnson, Tara	22:01	2015	157	121	Aldrich, Stephanie	21:15
1985	122	98	St. Clair, Katherine	18:39	2002	229	193	Thomas, Maureen	22:29	2015	181	143	Kocjancic, Julie	21:26
1986	56	IND	Prey, Stacia	18:19	2003	56	42	Landreth, Molly	20:55	2015	225	187	Lindsley, Greta	22:03
1987	41	28	Prey, Stacia	17:06	2003	131	103	Thomas, Maureen	21:26	2016	15	10	Chikotas, Elizabeth	20:09
1987	75	54	Knight, Anne	17:36	2003	143	114	Stevens, Jenny	21:31	2016	36	28	Hunsberger, Jillian	20:21
1987	84	63	Hass, Emily	17:43	2003	147	116	Wale, Michelle	21:32	2016	140	112	Lindsley, Greta	21:00
1987	99	76	St. Clair, Katherine	17:52	2003	171	135	Johnson, Tara	21:45	2016	177	145	Munks, Kathryn	21:15
1987	107	83	Moody, Juliann	17:59	2003	211	173	Lenge, Chelsea	22:10	2016	204	170	Kocjancic, Julie	21:31
1987	118	94	Gold, Lisa	18:12	2003	224	186	Brauksieck, Tracey	22:20	2016	240	204	Crawford, Victoria	22:30
1987	128	104	Quinn, Ann Marie	18:32	2006	173	IND	Franek, Bridget	22:41	2016	DNF	NTS	Barrett, Tessa	----
1988	31	IND	Prey, Stacia	17:17	2007	57	IND	Franek, Bridget	21:14	2017	75	55	Hunsberger, Jillian	20:31
1990	43	IND	Nelson, Wendy	17:10	2008	23	IND	Franek, Bridget	20:31	2017	106	80	Munks, Kathryn	20:45
1991	63	45	Kelly, Kim	17:53	2009	26	24	Franek, Bridget	20:35	2017	118	91	Willingmyre, Alison	20:51
1991	69	50	Kelly, Kris	17:56	2009	86	69	Lane, Caitlin	21:11	2017	132	102	Rivers, Danae	20:57
1991	94	67	Morrow, Laurie	18:19	2009	94	77	Lord, Nicole	21:16	2017	147	115	Lindsley, Greta	21:03
1991	98	71	Martin, Leslee	18:21	2009	111	90	Spring, Cheryl	21:23	2017	228	190	Bennatan, Lisa	21:57
1991	123	95	Weaver, Jennifer	18:40	2009	142	115	Millhouse, Kara	21:35	2017	250	212	Crawford, Victoria	22:57
1991	127	98	Dougan, Dana	18:44	2009	200	163	Ridder, Brooklyne	22:05	2018	87	68	Rivers, Danae	21:00
1991	144	114	Hunt, Kelli	18:59	2009	206	168	Bower, Natalie	22:07	2018	94	75	Willingmyre, Alison	21:03
1992	27	24	Kelly, Kim	17:56	Key:					2018	125	99	Paternain, Julia	21:17
1992	42	33	Hunt, Kelli	18:10	IND - Denotes Individual Entrant					2018	140	107	O'Shea, Moria	21:23
1992	48	36	Glyde, Colleen	18:13	BOLD - Denotes All-America finish					2018	166	133	Munks, Kathryn	21:34
1992	49	37	Kelly, Kris	18:14	Notes:					2018	182	149	Williams, Jordan	21:41
1992	65	49	Minard, Meira	18:21	* The women's race distance moved from 5,000-meters to 6,000-meters in 2000.					2018	250	212	Noulet, Noemie	23:11
1992	73	55	Weaver, Jennifer	18:24	* Results since NCAA era began in 1981.					2019	73	53	Willingmyre, Alison	21:05
1992	134	104	Hohnka, Mary	19:06						2019	80	60	Munks, Kathryn	21:07
										2019	144	111	Rivers, Danae	21:35
										2019	151	118	Paternain, Julia	21:38
										2019	177	140	Ciasullo, Megan	21:52
										2019	223	185	Williams, Jordan	22:23
										2019	247	209	Demko, Andrea	23:14



NCAA CROSS COUNTRY HISTORY

ALL-TIME MEN'S CROSS COUNTRY FINISHES (BY YEAR)

Year	Overall	Team	Name	Time	Year	Overall	Team	Name	Time	Year	Overall	Team	Name	Time
1938	5	IND	Smith, Bill	20:49	1951	4	4	Ashenfelter, Bill	20:32	1961	26	16	Norman, Gerald	20:55
					1951	17	15	Hollen, Robert	20:54	1961	29	19	Deardorff, Howard	20:58
1940	7	IND	Smith, Bill	20:55	1951	21	17	Foster, Dudley	21:00	1961	67	47	Bassett, Lionel	21:36
1940	60	IND	Snyder, Chester	22:37	1951	26	22	Horner, Jackson	21:09	1961	75	55	Noll, Ernest	21:48
1940	63	IND	Kotz, Vernard	22:50	1951	72	64	Hamill, James	22:00	1961	89	66	Moorhead, Steven	22:09
					1951	85	76	Chillrud, John	22:25	1961	93	70	Miller, Michael	22:18
										1961	105	80	Imswiler, Ted	22:40
1941	11	11	Gordon, Norm	21:05	1952	7	6	Hollen, Robert	20:00	1962	8	6	Deardorff, Howard	19:51
1941	16	15	Goffberg, Herm	21:30	1952	25	19	Hamill, James	20:36	1962	59	51	Bassett, Lionel	20:51
1941	28	27	Bourgerie, Alex	21:57	1952	30	24	Horner, Jackson	20:42	1962	75	61	Nichols, Joseph	21:05
1941	29	28	Stone, Curtis	21:59	1952	34	28	Linder, Stanley	20:51	1962	82	65	Lampman, Richard	21:17
1941	30	29	Smith, McLane	22:00	1952	39	33	Smith, Lamont	20:58	1962	90	70	Tuft, Richard	21:27
1941	61	56	Thiel, Harold	22:45	1952	67	56	Chillrud, John	21:26	1962	98	75	Imswiler, Ted	21:38
1941	76	66	Kotz, Verard	23:22	1952	72	61	Austin, Don	21:38					
					1953	6	3	Hollen, Robert	20:16	1967	17	IND	Smith, Raymond	32:23
1942	5	4	Gordon, Norm	21:07	1953	13	6	Smith, Lamont	20:29	1968	38	23	Schurk, Michael	30:24
1942	7	6	Stone, Curtis	21:12	1953	30	19	Moorhead, Douglas	20:46	1968	58	34	Sheaffer, Albert	30:49
1942	9	7	Karver, Gerald	21:15	1953	49	33	Hamill, James	21:04	1968	78	50	Peterson, Philip	31:08
1942	13	11	Smith, McLane	21:23	1953	53	36	Garrett, Theodore	21:15	1968	154	103	Kissell, Ralph	32:17
1942	32	29	Horne, Howard	22:17	1953	80	58	McKelvey, James	22:29	1968	162	109	Smith, Raymond	32:26
1942	48	42	Beach, Joseph	22:55	1953	84	60	Chillrud, John	22:42	1968	167	144	Dickson, James	32:35
1942	52	46	Williams, Rufus	23:15						1968	191	133	Gentry, Steve	33:12
					1954	20	12	Moorhead, Douglas	20:44	1969	45	27	Fredericks, Greg	30:43
1946	2	2	Stone, Curtis	20:24	1954	24	14	Garrett, Theodore	21:29	1969	95	63	Henderson, Gerald	31:38
1946	8	6	Karver, Gerald	21:01	1954	52	38	Chillrud, John	21:29	1969	105	70	Chadwick, Matthew	31:46
1946	19	14	Ashenfelter, Horace	21:28	1954	56	42	Woodrow, Donald	21:32	1969	134	92	Kissell, Ralph	32:16
1946	40	34	Longnecker, Donald	22:04	1954	60	46	Pastorius, James	21:35	1969	147	100	Deardorff, Jeffrey	32:29
1946	69	58	Williams, Mitchell	22:33	1954	83	67	Roberts, Paul	22:18	1969	201	144	Alland, James	33:24
1946	94	81	Horne, Howard	23:02	1954	107	91	Mowrey, Donald	23:50	1969	208	150	Dixon, James	33:31
1946	124	108	Shuman, William	23:53						1970	4	3	Fredericks, Greg	28:12
					1956	17	11	Woodrow, Donald	20:45	1970	64	43	Maguire, Charlie	29:31
1947	2	1	Ashenfelter, Horace	20:45	1956	23	17	Kerr, Fred	20:54	1970	128	89	Allahand, James	30:06
1947	6	3	Karver, Gerald	21:03	1956	54	43	Thompson, Robert	21:39	1970	185	136	Supulski, Daniel	30:34
1947	17	13	Lennox, Frederick	21:49	1956	66	51	Schoenebeck, C.	21:47	1970	199	149	Miller, James	30:42
1947	32	26	Longnecker, Donald	22:11	1956	85	70	Moran, Edward	22:22	1970	243	187	McClure, James	31:30
1947	52	45	Bates, John	22:38	1956	86	71	Kirby, William	22:26	1970	277	214	Kissell, Ralph	32:13
1947	53	46	Auman, Robert	22:40						1971	20	13	Fredericks, Greg	30:16
					1957	13	9	Kerr, Fred	20:10	1971	62	38	Maguire, Charlie	31:05
1948	24	18	Longnecker, Donald	21:09	1957	42	34	Moran, Edward	20:51	1971	78	46	Supulski, Daniel	31:13
1948	28	21	St. Clair, John	21:12	1957	44	36	Engelbrink, Richard	20:53	1971	134	83	Hillman, Robert	31:53
1948	32	25	Bates, John	21:21	1957	67	55	Thompson, Joseph	21:23	1971	142	89	Allahand, James	32:01
1948	33	26	Williams, Mitchell	21:22	1957	87	72	King, Charles	21:48	1971	220	147	Chadwick, Matthew	32:48
1948	35	28	Ashenfelter, Horace	21:28						1971	265	176	Fullmer, John	34:17
1948	44	26	Porto, Albert	21:39	1959	7	5	Engelbrink, Richard	21:14	1972	38	23	Maguire, Charlie	29:38
1948	55	46	McCall, John	21:49	1959	28	18	Weber, Herman	21:57	1972	47	28	Gittings, Gary	29:42
					1959	69	51	Moorhead, Steven	22:53	1972	96	64	Secord, Ronald	30:19
1949	13	10	Ashenfelter, Don	20:55	1959	78	58	Johnson, Dennis	23:17	1972	113	78	Allahand, James	30:32
1949	14	11	Freebairn, Bob	20:55	1959	106	81	Miller, Michael	24:37	1972	192	133	Chadwick, Matthew	32:55
1949	16	13	Porto, Albert	20:59						1972	219	154	Supulski, Daniel	33:56
1949	34	29	Gordon, William	21:28	1960	6	5	Norman, Gerald	20:07	1973	23	16	Maguire, Charlie	29:13
1949	35	30	St. Clair, John	21:29	1960	17	13	Weber, Herman	20:35	1973	71	37	Malley, George	29:58
1949	39	34	Ashenfelter, Bill	21:33	1960	34	24	Deardorff, Howard	21:01	1973	98	53	Hillman, Robert	30:19
1949	46	41	Parsons, Bob	21:41	1960	38	28	Moorhead, Steven	21:03	1973	110	59	Secord, Ronald	30:24
					1960	46	34	Bassett, Lionel	21:15	1973	137	79	Gittings, Gary	30:39
1950	8	5	Ashenfelter, Bill	21:05	1960	51	38	Noll, Ernest	21:24					
1950	11	7	Freebairn, Bob	21:12	1960	63	46	Johnson, Dennis	21:49					
1950	16	12	St. Clair, Don	21:34										
1950	17	13	Gordon, William	21:36										
1950	20	16	Foster, Dudley	21:41										
1950	23	18	Ashenfelter, Don	21:45										
1950	38	31	Porto, Albert	22:45										

Key:

IND - Denotes Individual Entrant

BOLD - Denotes All-America finish

Notes:

* The women's race distance moved from 5,000-meters to 6,000-meters in 2000.

* Results since NCAA era began in 1981.

NCAA CROSS COUNTRY HISTORY



Year	Overall	Team	Name	Time	Year	Overall	Team	Name	Time	Year	Overall	Team	Name	Time
1974	34	31	Malley, George	30:49	1984	81	57	Haley, Clark	31:10	1994	48	35	McGlynn, Tom	31:28
1974	76	53	Secord, Ronald	31:21	1984	85	60	Carter, Eric	31:14	1994	56	41	Bartholomy, Jake	31:42
1974	85	59	Majak, Walter	31:27	1984	95	69	Hudson, Robert	31:28	1994	61	46	Hamer, Bob	31:46
1974	95	67	Stemmer, Paul	31:34	1984	135	104	Shisler, Steve	32:03	1994	77	60	Gilkes, Artie	32:04
1974	97	69	Wilson, Kenneth	31:35	1984	145	113	Overheim, Mark	-----	1994	87	68	Arosemena, Che	32:10
1974	166	116	Christopher, George	31:35	1984	153	122	Detuerk, Stephen	32:30	1994	152	125	Simmons, Jamie	33:34
1974	197	140	Augustin, Paul	32:36	1984	173	142	Mackley, Paul	33:22	1994	170	143	Oliver, Steve	34:28
1975	5	5	Stemmer, Paul	28:58	1985	9	IND	Carter, Eric	30:03	1997	114	IND	Drager, Austin	31:36
1975	17	12	Malley, George	29:14	1986	35	21	Carter, Eric	31:47	2003	81	IND	Mazzocco, Dan	30:44
1975	80	56	Wilson, Kenneth	30:08	1986	84	64	Laird, David	32:37	2004	78	IND	Mazzocco, Dan	32:24
1975	125	85	Christopher, George	30:30	1986	104	82	McGarry, Rich	32:47	2005	43	IND	Mazzocco, Dan	30:23
1975	144	98	Majak, Walter	30:40	1986	118	93	Balkey, Steve	33:07	2006	31	IND	Mazzocco, Dan	31:37
1975	222	166	Secord, Ronald	31:28	1986	123	98	Jendricks, Keith	33:11	2008	81	64	Dawson, Kyle	30:45
1975	246	185	Baden, Bruce	31:59	1986	144	118	McCafferty, Bill	33:41	2008	114	93	McNally, Vince	31:00
1976	20	18	Malley, George	29:07	1986	148	122	McMillan, David	33:55	2008	141	112	McCandless, Tyler	31:10
1976	68	45	Baden, Bruce	29:49	1987	4	3	Carter, Eric	29:21	2008	148	118	Mahoney, John	31:14
1976	100	68	Ziegler, John	30:02	1987	42	29	McMillan, David	30:15	2008	197	160	O'Connor, Dennis	31:46
1976	166	108	Majak, Walter	30:34	1987	70	49	Balkey, Steve	30:40	2008	210	173	Quinn, Teddy	31:56
1976	242	171	Nicholson, John	31:28	1987	119	90	Novak, Jeffrey	31:21	2008	232	194	Fuller, Brian	32:25
1976	282	204	Snyder, Robert	32:36	1987	163	133	Accardi, Vinny	32:23	2009	134	IND	McNally, Vince	31:14
1977	34	26	Snyder, Robert	29:53	1987	173	143	Laird, Brian	32:50	2010	64	52	Dawson, Kyle	30:43
1977	83	55	Rapp, Thomas	30:35	1988	13	10	Laird, Brian	29:47	2010	92	77	McNally, Vince	31:05
1977	106	74	Ziegler, John	30:49	1988	91	68	Frazier, Ken	31:09	2010	203	171	Dawson, Owen	32:12
1977	131	92	Wyatt, Michael	31:03	1988	94	70	Walter, Doug	31:10	2010	212	179	Pawola, Danny	32:28
1977	143	99	Felice, Dave	31:11	1988	103	79	Brown, Steve	31:15	2010	213	179	Cipro, Chris	32:30
1977	144	100	Baden, Bruce	31:12	1988	118	91	Novak, Jeffrey	31:26	2010	222	189	Foster, Ryan	32:47
1977	244	188	Cooper, James	32:58	1988	124	*	O'Reilly, Aidan	31:32	2010	226	193	Scarpello, Nick	32:53
1978	9	7	Snyder, Robert	29:48	1988	217	*	Accardi, Vinny	33:12	2011	73	IND	Dawson, Kyle	30:36
1978	54	38	Ziegler, John	30:36	1989	20	12	Brown, Steve	30:23	2011	103	IND	McNally, Vince	30:48
1978	61	42	Mangan, Larry	30:41	1989	41	25	Walter, Doug	30:49	2012	231	IND	Masters, Sam	32:25
1978	73	52	Baden, Bruce	30:50	1989	104	78	Frazier, Ken	31:45	2013	78	IND	Fischer, Matt	31:06
1978	113	81	Rapp, Thomas	31:11	1989	104	78	Frazier, Ken	31:45	2014	167	IND	Fischer, Matt	32:06
1978	120	88	Scharsu, Alan	31:19	1989	141	113	Anderson, Mark	32:23	2017	159	IND	Abert, Colin	31:13
1978	129	94	Wyatt, Michael	31:27	1989	146	118	Novak, Jeffrey	32:29	2017	219	IND	McGowan, Timothy	31:59
1979	19	15	Scharsu, Alan	29:39	1989	159	131	Heffner, Doug	33:03					
1979	34	27	Ziegler, John	29:59	1989	173	145	Castillo, Mike	33:45					
1979	55	41	Mangan, Larry	30:26	1991	26	18	Wimmer, Mark	31:09					
1979	65	46	Adkins, Jeff	30:37	1991	53	36	Gough, Robert	31:55					
1979	81	57	Rapp, Thomas	30:48	1991	88	69	Moore, Ronald	32:22					
1979	95	68	Garcia, Rich	30:55	1991	93	73	O'Reilly, Aidan	32:24					
1979	117	82	Clelland, Steve	31:11	1991	112	90	Morrow, Austin	32:44					
1980	7	5	Scharsu, Alan	29:25	1991	132	107	Scott, Andrew	33:07					
1980	14	12	Mangan, Larry	29:48	1991	152	124	Mellott, Philip	33:47					
1980	22	18	Zishka, John	29:55	1992	64	IND	Wimmer, Mark	32:22					
1980	78	52	Rapp, Thomas	30:44	1993	29	18	Bartholomy, Jake	30:32					
1980	95	66	Stephens, Dwight	30:52	1993	58	43	Hamer, Bob	31:00					
1980	126	91	Garcia, Rich	31:14	1993	95	73	Steiner, Leif	31:33					
1980	144	106	Adkins, Jeff	31:25	1993	109	87	Pritchard, Jon	31:43					
1981	6	4	Scharsu, Alan	29:30	1993	112	90	McGlynn, Tom	31:45					
1981	94	68	Enright, Barry	31:01	1993	115	92	Cooper, Ken	31:48					
1981	106	79	Black, Gary	31:13	1993	134	109	Stants, Harry	32:09					
1981	137	104	Stephens, Dwight	31:41										
1981	160	124	Althouse, Brad	32:09										
1981	175	139	Adkins, Jeff	32:37										
1982	134	IND	Adkins, Jeff	32:42										

Key:
 IND - Denotes Individual Entrant
 BOLD - Denotes All-America finish



BIG TEN CROSS COUNTRY HISTORY

ALL-TIME BIG TEN CROSS COUNTRY TEAM FINISHES

ALL-TIME MEN'S FINISHES

Year	Place	Score	Location
1991	4th	89 pts	West Lafayette, Ind.
1992	3rd	109 pts	Champaign, Ill.
1993	3rd	80 pts	East Lansing, Mich.
1994	3rd	75 pts	Iowa City, Iowa
1995	7th	166 pts	Minneapolis, Minn.
1996	5th	118 pts	Bloomington, Ind.
1997	6th	163 pts	Columbus, Ohio
1998	9th	248 pts	Ann Arbor, Mich.
1999	7th	186 pts	University Park, Pa.
2000	3rd	82 pts	Madison, Wis.
2001	6th	131 pts	Champaign, Ill.
2002	10th	290 pt	West Lafayette, Ind.
2003	7th	218 pts	East Lansing, Mich.
2004	9th	206 pts	Iowa City, Iowa
2005	9th	239 pts	Minneapolis, Minn.
2006	9th	207 pts	Bloomington, Ind.
2007	9th	249 pts	Columbus, Ohio
2008	4th	133 pts	Ann Arbor, Mich.
2009	9th	232 pts	University Park, Pa.
2010	4th	128 pts	Madison, Wis.
2011	6th	165 pts	Champaign, Ill.
2012	6th	169 pts	East Lansing, Mich.
2013	9th	209 pts	West Lafayette, Ind.
2014	3rd	92 pts	Iowa City, IA
2015	6th	169 pts	Chicago, Ill.
2016	9th	250 pts	Minneapolis, Minn.
2017	T-7th	159 pts	Bloomington, Ind.
2018	9th	212 pts	Lincoln, Neb.
2019	5th	169 pts	Columbus, Ohio

BIG TEN MEN'S AWARD WINNERS

MEN'S FIRST TEAM ALL-BIG TEN

Mark Wimmer, 1991
 Bob Hamer, 1993-94
 Jake Bartholomy, 1994
 Che Arosemena, 1996
 Chris McGinness, 2000
 Dan Mazzocco, 2003
 Kyle Dawson, 2008
 Matt Fischer, 2013

MEN'S SECOND TEAM ALL-BIG TEN

Chris McGinness, 2000
 James Carney, 2000
 Steve Walsh, 2001
 Vince McNally, 2009-11
 Kyle Dawson, 2010-11
 Matt Fischer, 2014
 Glen Burkhardt, 2014
 Colin Abert, 2017
 Colin Abert, 2018

MEN'S INDIVIDUAL HONORS

Kyle Dawson, 2008 Freshman of the Year

ALL-TIME WOMEN'S FINISHES

Year	Place	Score	Location
1991	2nd	74 pts	West Lafayette, Ind.
1992	3rd	83 pts	Champaign, Ill.
1993	2nd	59 pts	East Lansing, Mich.
1994	3rd	81 pts	Iowa City, Iowa
1995	3rd	69 pts	Minneapolis, Minn.
1996	2nd	56 pts	Bloomington, Ind.
1997	4th	125 pts	Columbus, Ohio
1998	4th	105 pts	Ann Arbor, Mich.
1999	8th	203 pts	University Park, Pa.
2000	8th	201 pts	Madison, Wis.
2001	T-7th	153 pts	Champaign, Ill.
2002	4th	94 pts	West Lafayette, Ind.
2003	3rd	76 pts	East Lansing, Mich.
2004	6th	142 pts	Iowa City, Iowa
2005	9th	258 pts	Minneapolis, Minn.
2006	8th	222 pts	Bloomington, Ind.
2007	7th	159 pts	Columbus, Ohio
2008	7th	154 pts	Ann Arbor, Mich.
2009	1st	71 pts	University Park, Pa.
2010	4th	106 pts	Madison, Wis.
2011	3rd	71 pts	Champaign, Ill.
2012	3rd	96 pts	East Lansing, Mich.
2013	4th	143 pts	West Lafayette, Ind.
2014	7th	174 pts	Iowa City, IA
2015	1st	53 pts	Chicago, Ill.
2016	2nd	70 pts	Minneapolis, Minn.
2017	4th	107 pts	Bloomington, Ind.
2018	4th	103 pts	Lincoln, Neb.
2019	4th	138 pts	Columbus, Ohio

BIG TEN WOMEN'S AWARD WINNERS

WOMEN'S FIRST TEAM ALL-BIG TEN

Laurie Morrow, 1991
 Kim Kelly, 1993
 Kris Kelly, 1993
 Erin St. John, 1995-96
Kim McGreevy, 1996
 Susanne Heyer, 2000
 Molly Landreth, 2003, '04
Bridget Franek, 2007, '09
Caitlin Lane, 2011
 Kara Millhouse, 2011
 Bekka Simko, 2012
 Tori Gerlach, 2015
 Elizabeth Chikotas, 2015
 Tessa Barrett, 2016
 Jillian Hunsberger, 2016, '17

WOMEN'S SECOND TEAM ALL-BIG TEN

Tracey Brauksieck, 2002
 Katy Hillard, 2002
 Bridget Franek, 2008
 Nicole Lord, 2009
 Brooklyne Ridder, 2010
 Natalie Bower, 2010
 Emily Giannotti, 2011
 Jillian Hunsberger, 2015
 Tessa Barrett, 2015
 Elizabeth Chikotas, 2016
 Danae Rivers, 2018
 Julia Paternain, 2018
 Kathryn Munks, 2019

WOMEN'S INDIVIDUAL HONORS

Colleen Glyde, 1992 Freshman of the Year
 Nicole Lord, 2009 Freshman of the Year
 Kim McGreevy, 1996 Athlete of the Year
 Bridget Franek, 2009 Athlete of the Year
 Beth Alford-Sullivan, 2009 Coach of the Year
 Caitlin Lane, 2011 Athlete of the Year
 Elizabeth Chikotas, 2014 Freshman of the Year
 John Gondak, 2015 Coach of the Year

Bold - Denotes Big Ten Champion

CROSS COUNTRY/TRACK & FIELD



INDOOR HISTORY



NCAA INDOOR HISTORY

MEN'S ALL-TIME INDOOR ALL-AMERICANS (BY YEAR)

Year	Name	Event	Finish	Year	Name	Event	Finish
1965	Bedick, Tom	2-Mile Relay	6th	1994	Robbins, James	DMR	6th
1965	Lampman, Dick	2-Mile Relay	6th	1994	Davis, Antonio	Triple Jump	9th
1965	Morris, Art	2-Mile Relay	6th	1998	Gorham, John	Long Jump	7th
1965	Reilly, Bill	2-Mile Relay	6th	1998	McNutt, Neal	Weight Throw	7th
1965	Kauffman, Roger	Weight Throw	4th	1999	Gorham, John	Long Jump	12th
1974	Sands, Mike	440-Yards	3rd	1999	Audu, George	Long Jump	5th
1974	Maguire, Charlie	3-Mile	3rd	2002	Olkowski, Ryan	200-Meters	8th
1975	Sands, Mike	440-Yards	1st	2002	Olkowski, Ryan	High Jump	5th
1975	Shine, Mike	60-Meter Hurdles	6th	2003	Nichols, Chavous	Triple Jump	9th
1975	Hackman, Steve	Mile Relay	4th	2007	Fritz, Ryan	High Jump	5th
1975	Moser, Randy	Mile Relay	4th	2009	Fritz, Ryan	High Jump	T-3rd
1975	Sands, Mike	Mile Relay	4th	2010	Williams, Lionel	800-Meters	11th
1975	Shine, Mike	Mile Relay	4th	2010	Foster, Ryan	800-Meters	3rd
1975	Hjeltnes, Knut	Shot Put	5th	2010	Dawson, Owen	800-Meters	8th
1976	Sands, Mike	440-Yards	3rd	2010	Kovacs, Joe	Shot Put	3rd
1976	Jackson, Al	Weight Throw	4th	2010	Eaton, Blake	Shot Put	8th
1977	Stemmer, Paul	3-Mile	6th	2011	Gehret, Brady	400-Meters	3rd
1977	Wyatt, Mike	DMR	3rd	2011	Foster, Ryan	Mile	3rd
1977	Falco, Keith	DMR	3rd	2011	Nadolsky, Aaron	4x400-Meter Relay	5th
1977	Rexroat, Pat	DMR	3rd	2011	Williams, Lionel	4x400-Meter Relay	5th
1977	Malley, George	DMR	3rd	2011	Loxsom, Casimir	4x400-Meter Relay	5th
1978	Snyder, Bob	2-Mile	8th	2011	Gehret, Brady	4x400-Meter Relay	5th
1978	Falco, Keith	DMR	3rd	2012	Gehret, Brady	4x400-Meter Relay	2nd
1978	McHugh, Chris	DMR	3rd	2012	Loxsom, Casimir	4x400-Meter Relay	2nd
1978	Rapp, Tom	DMR	3rd	2012	Nadolsky, Aaron	4x400-Meter Relay	2nd
1978	Wyatt, Mike	DMR	3rd	2012	Bennett-Green, Brandon	4x400-Meter Relay	2nd
1979	Snyder, Bob	2-Mile	8th	2013	Loxsom, Casimir	800-Meters	2nd
1979	Scharsu, Alan	3-Mile	6th	2013	Kidder, Brannon	DMR	2nd
1980	Scharsu, Alan	3-Mile	4th	2013	Bennett-Green, Brandon	DMR	2nd
1981	Zishka, John	2-Mile	3rd	2013	Watkins, Za'Von	DMR	2nd
1982	Souza, Paul	High Jump	7th	2013	Creese, Robby	DMR	2nd
1983	Cook, Mike	2-Mile Relay	3rd	2013	Barr, Will	Weight Throw	6th
1983	McLaughlin, Paul	2-Mile Relay	3rd	2014	Watkins, Za'Von	800-Meters	7th
1983	Moore, Randy	2-Mile Relay	3rd	2014	Waithe, Steve	Triple Jump	6th
1983	Wynn, Ken	2-Mile Relay	3rd	2014	Barr, Will	Weight Throw	8th
1983	Shenk, Todd	Weight Throw	10th	2015	Hill, Darrell	Shot Put	4th
1984	Shenk, Todd	Weight Throw	T-9th	2015	Kidder, Brandon	Mile	7th
1985	Moore, Randy	800-Meters	3rd	2015	Kidder, Brandon	DMR	2nd
1985	Hudson, Bob	DMR	4th	2015	Shisler, Alex	DMR	2nd
1985	Overheim, Mark	DMR	4th	2015	Watkins, Za'Von	DMR	2nd
1985	Robinson, Barry	DMR	4th	2015	Creese, Robby	DMR	2nd
1985	Watson, Vance	DMR	4th	2016	Kidder, Brannon	800-Meters	7th
1987	Balkey, Steve	4x800-Meter Relay	6th	2017	Harris, Isaiah	800-Meters	4th
1987	Levitre, Ray	4x800-Meter Relay	6th	2018	Harris, Isaiah	800-Meters	2nd
1987	McMillan, David	4x800-Meter Relay	6th	2018	Lucas, David	Weight Throw	1st
1987	Mills, Chris	4x800-Meter Relay	6th	2019	Lucas, David	Weight Throw	8th
1988	Balkey, Steve	Mile	10th	2019	Shigo, Morgan	Weight Throw	5th
1989	Timpson, Michael	200-Meters	8th	2020	David Lucas*	Weight Throw	N/A*
1989	Hunter, C.J.	Shot Put	2nd	2020 Indoor Championships cancelled due to COVID-19 pandemic			
1990	Hunter, C.J.	Shot Put	1st	*All-America honors awarded to athletes listed on start list due to 2020 Indoor Championships being cancelled due to COVID-19 pandemic			
1991	Caraher, Phil	Shot Put	2nd				
1994	Caldwell, R.B.	DMR	6th				
1994	Hamer, Bob	DMR	6th				
1994	Mellott, Phil	DMR	6th				

BOLD - Denotes NCAA Champion.



MEN'S ALL-TIME INDOOR ALL-AMERICANS (BY EVENT)

200 Meters

Timpson, Michael	8th	1989
Olkowski, Ryan	8th	2002

400 Meters

Sands, Mike	3rd	1974
Sands, Mike	1st	1975
Sands, Mike	3rd	1976
Gehret, Brady	3rd	2011

* 440 yds prior to 1984

800 Meters

Moore, Randy	3rd	1985
Williams, Lionel	11th	2010
Foster, Ryan	3rd	2010
Dawson, Owen	8th	2010
Loxsom, Casimir	2nd	2013
Watkins, Za'Von	7th	2014
Kidder, Brannon	7th	2016
Isaiah Harris	4th	2017
Isaiah Harris	2nd	2018

* 880 yds prior to 1984

Mile

Balkey, Steve	10th	1988
Foster, Ryan	3rd	2011
Kidder, Brandon	7th	2015

3000 Meters

Snyder, Bob	8th	1978
Snyder, Bob	8th	1979
Zishka, John	3rd	1981

* 2-Miles prior to 1984

5000 Meters

Maguire, Charlie	3rd	1974
Stemmer, Paul	6th	1977
Scharsu, Alan	6th	1979
Scharsu, Alan	4th	1980

* 3-Miles prior to 1984

60-Meter Hurdles

Shine, Mike	60-Meter Hurdles	6th	1975
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* 60-yard hurdles prior to 1984

4x400-Meter Relay

Mike Sands, Steve Hackman, Randy Moser, Mike Shine	4th	1975
Aaron Nadolsky, Lionel Williams, Casimir Loxsom, Brady Gehret	5th	2011
Aaron Nadolsky, Brandon Bennett-Green, Casimir Loxsom, Brady Gehret	2nd	2012

* Mile Relay prior to 1984

Distance Medley Relay

Mike Wyatt, Keith Falco, Pat Rexroat, George Malley	3rd	1977
Chris McHugh, Keith Falco, Mike Wyatt, Tom Rapp	3rd	1978
Vance Watson, Barry Robinson, Bob Hudson, Mark Overheim	4th	1985
R. B. Caldwell, James Robbins, Phil Mellott, Bob Hamer	6th	1994
Brannon Kidder, Brandon Bennett-Green, Za'Von Watkins, Robby Creese	2nd	2013
Brandon Kidder, Alex Shisler Za'Von Watkins, Robby Creese	2nd	2015

High Jump

Souza, Paul	7th	1982
Olkowski, Ryan	5th	2002
Fritz, Ryan	5th	2007
Fritz, Ryan	T-3rd	2009

Long Jump

Gorham, John	7th	1998
Gorham, John	12th	1999
Audu, George	5th	1999

Triple Jump

Davis, Antonio	9th	1994
Nichols, Chavous	9th	2003
Waithe, Steve	6th	2014

Shot Put

Hjeltnes, Knut	5th	1975
Hunter, C.J.	2nd	1989
Hunter, C.J.	1st	1990
Caraher, Phil	2nd	1991
Kovacs, Joe	3rd	2010
Eaton, Blake	8th	2010
Hill, Darrell	4th	2015

Weight Throw

Kauffman, Roger	4th	1965
Jackson, Al	4th	1976
Shenk, Todd	10th	1983
Shenk, Todd	T-9th	1984
McNutt, Neal	7th	1998
Barr, Will	6th	2013
Barr, Will	8th	2014
Lucas, David	1st	2018
Lucas, David	8th	2019
Shigo, Morgan	5th	2019
Lucas, David	N/A*	2020

4x800-Meter Relay (Discontinued)

Bill Reilly, Dick Lampman.	6th	1965
Art Morris, Tom Bedick Paul McLaughlin, Randy Moore,	3rd	1983
Ken Wynn, Mike Cook Steve Balkey, Dave McMillan, Chris Mills, Ray Levitre	6th	1987

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BOLD - Denotes NCAA Champion.



NCAA INDOOR HISTORY

WOMEN'S ALL-TIME INDOOR ALL-AMERICANS (BY YEAR)

Year	Name	Event	Finish	Year	Name	Event	Finish
1980**	Rawe, Mary	2000-Meters	2nd	2009	Greaves, Shavon	200-Meters	10th
1980**	Carmichael, Heather	5000-Meters	6th	2009	Franek, Bridget	5000-Meters	4th
1980**	Cleary, Peggy	5000-Meters	5th	2009	Barber, Aleesha	60-Meter Hurdles	4th
1981**	Mills, Kathy	5000-Meters	4th	2009	Barber, Aleesha	4x400-Meter Relay	3rd
1981**	Fales, Penny	DMR	4th	2009	Dorr, Fawn	4x400-Meter Relay	3rd
1981**	Hart, Tammie	DMR	4th	2009	Greaves, Shavon	4x400-Meter Relay	3rd
1981**	Rawe, Mary	DMR	4th	2009	Hunter, Gayle	4x400-Meter Relay	3rd
1981**	Startare, Doreen	DMR	4th	2009	Hunter, Gayle	Pentathlon	2nd
1982**	Hart, Tammie	880 Yards	4th	2010	Greaves, Shavon	60-Meters	11th
1982**	Pioli, Terri	880 Yards	6th	2010	Greaves, Shavon	200-Meters	3rd
1982**	Murnane, Patty	Mile	4th	2010	Dorr, Fawn	400-Meters	5th
1982**	Ihrig, Carolyn	2-Mile	8th	2010	Franek, Bridget	3000-Meters	7th
1982**	Hart, Tammie	DMR	5th	2010	Franek, Bridget	5000-Meters	4th
1982**	Ihrig, Carolyn	DMR	5th	2011	Anyanwu, Doris	4x400-Meter Relay	6th
1982**	Murnane, Patty	DMR	5th	2011	Greaves, Shavon	4x400-Meter Relay	6th
1982**	Startare, Doreen	DMR	5th	2011	Iheoma, Ijeoma	4x400-Meter Relay	6th
1982**	Riddick, Vivian	Long Jump	5th	2011	Duncan, Megan	4x400-Meter Relay	6th
1982**	Sobansky, Elaine	Shot Put	3rd	2014	Jones, Mahagony	200-Meters	3rd
1983	Startare, Doreen	Mile	7th	2014	Seymour, Kiah	400-Meters	6th
1983	Sobansky, Elaine	Shot Put	3rd	2014	McGee, Dynasty	4x400-Meter Relay	5th
1984	Cassel, Judi	4x800-Meter Relay	6th	2014	Jones, Mahagony	4x400-Meter Relay	5th
1984	Gerken, Heidi	4x800-Meter Relay	6th	2014	Rhodes, Tichina	4x400-Meter Relay	5th
1984	Hart, Tammie	4x800-Meter Relay	6th	2014	Seymour, Kiah	4x400-Meter Relay	5th
1984	Stever, Beth	4x800-Meter Relay	6th	2014	Howell, Brittney	Pentathlon	7th
1984	Sobansky, Elaine	Shot Put	2nd	2015	Osborne, Megan	4x400-Meter Relay	8th
1985	Renzi, Paula	3000-Meters	3rd	2015	McGee, Dynasty	4x400-Meter Relay	8th
1990	Prey, Stacy	5000-Meters	4th	2015	Rhodes, Tichina	4x400-Meter Relay	8th
1993	Kelly, Kim	5000-Meters	6th	2015	Seymour, Kiah	4x400-Meter Relay	8th
1996	Bosler, Erica	DMR	4th	2016	Fatherly, Rachel	Shot Put	7th
1996	Huelster, Sue	DMR	4th	2017	Banks, Rachel	DMR	6th
1996	McGreevy, Kim	DMR	4th	2017	Rhodes, Tichina	DMR	6th
1996	St. John, Erin	DMR	4th	2017	Kocjancic, Julie	DMR	6th
1997	McGreevy, Kim	Mile	7th	2017	Rivers, Danae	DMR	6th
1999	Walker, Shakeema	Long Jump	3rd	2017	Barrett, Tessa	5,000-Meters	5th
1999	Walker, Shakeema	Triple Jump	7th	2017	Rivers, Danae	Mile	3rd
2001	Moore, Connie	200-Meters	7th	2017	Gibson, Dannielle	Triple Jump	8th
2002	Moore, Connie	200-Meters	9th	2018	Rivers, Danae	800-Meters	7th
2003	Moore, Connie	200-Meters	9th	2018	Holmberg, Maddie	Pentathlon	7th
2003	Aduba, Chi-Chi	Long Jump	5th	2019	Holmes, Alexis	400-Meters	4th
2003	Aduba, Chi-Chi	Long Jump	5th	2019	Rivers, Danae	800-Meters	1st
2003	Aduba, Chi-Chi	Triple Jump	4th	2020	Rivers, Danae	Mile	N/A*
2004	Moore, Connie	60-Meters	6th	2020	Holmberg, Maddie	Pentathlon	N/A*
2004	Moore, Connie	200-Meters	3rd	2020	Parks, Alexa	High Jump	N/A*
2004	Aduba, Chi-Chi	Triple Jump	7th				
2004	O'Connor, Ja'Nai	Shot Put	5th				
2005	Cox, Shana	400-Meters	11th				
2005	Leatherman, Jennifer	Shot Put	9th				
2005	Leatherman, Jennifer	Weight Throw	4th				
2006	Cox, Shana	400-Meters	7th				
2006	Leatherman, Jennifer	Weight Throw	3rd				
2007	Cox, Shana	400-Meters	7th				
2007	Simmons, Briene	800-Meters	7th				
2007	Barber, Aleesha	4x400-Meter Relay	4th				
2007	Blake, Dominique	4x400-Meter Relay	4th				
2007	Cox, Shana	4x400-Meter Relay	4th				
2007	Simmons, Briene	4x400-Meter Relay	4th				
2008	Cox, Shana	400-Meters	4th				
2008	Franek, Bridget	3000-Meters	10th				
2008	Franek, Bridget	5000-Meters	7th				
2008	Barber, Aleesha	60-Meter Hurdles	8th				
2008	Barber, Aleesha	4x400-Meter Relay	5th				
2008	Blake, Dominique	4x400-Meter Relay	5th				
2008	Cox, Shana	4x400-Meter Relay	5th				
2008	Dorr, Fawn	4x400-Meter Relay	5th				
2008	Hunter, Gayle	Pentathlon	5th				

2020 Indoor Championships cancelled due to COVID-19 pandemic
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BOLD - Denotes NCAA Champion.
**** Denotes finish in AIAW. The first women's NCAA-sponsored Indoor Championship was contested in 1983.**



WOMEN'S ALL-TIME INDOOR ALL-AMERICANS (BY EVENT)

60 Meters

Moore, Connie	6th	2004
Greaves, Shavon	11th	2010

200 Meters

Moore, Connie	7th	2001
Moore, Connie	9th	2002
Moore, Connie	9th	2003
Moore, Connie	3rd	2004
Greaves, Shavon	10th	2009
Greaves, Shavon	3rd	2010
Jones, Mahagony	3rd	2014

400 Meters

Cox, Shana	11th	2005
Cox, Shana	7th	2006
Cox, Shana	7th	2007
Cox, Shana	4th	2008
Dorr, Fawn	5th	2010
Seymour, Kiah	6th	2014
Holmes, Alexis	4th	2019

800 Meters

* 880 yds prior to 1984		
Hart, Tammie	4th	**1982
Pioli, Terri	6th	**1982
Simmons, Briene	7th	2007
Rivers, Danae	7th	2018
Rivers, Danae	1st	2019

Mile

Murnane, Patty	4th	**1982
Startare, Doreen	7th	1983
McGreevy, Kim	7th	1997
Rivers, Danae	3rd	2017
Rivers, Danae	N/A#	2020

3000 Meters

* 2-Miles prior to 1984		
Ihrig, Carolyn	8th	**1982
Renzi, Paula	3rd	1985
Franek, Bridget	10th	2008
Franek, Bridget	7th	2010

5000 Meters

Carmichael, Heather	6th	**1980
Cleary, Peggy	5th	**1980
Mills, Kathy	4th	**1981
Prey, Stacy	4th	1990
Kelly, Kim	6th	1993
Franek, Bridget	7th	2008
Franek, Bridget	4th	2009
Franek, Bridget	4th	2010
Barrett, Tessa	5th	2017

60-Meter Hurdles

Barber, Aleesha	8th	2008
Barber, Aleesha	4th	2009

BOLD - Denotes NCAA Champion.

** Denotes finish in AIAW. The first women's NCAA-sponsored Indoor Championship was contested in 1983.

2020 Indoor Championships cancelled due to COVID-19 pandemic

#All-America honors awarded to athletes listed on start list due to 2020 Indoor Championships being cancelled due to COVID-19 pandemic

4x400-Meter Relay

Dominique Blake, Briene Simmons, Shana Cox, Aleesha Barber	4th	2007
Dominique Blake, Shana Cox, Aleesha Barber, Fawn Dorr	5th	2008
Fawn Dorr, Shavon Greaves, Aleesha Barber, Gayle Hunter	3rd	2009
Doris Anyanwu, Ije Iheoma, Shavon Greaves, Megan Duncan	6th	2011
Dynasty McGee, Mahagony Jones, Tichina Rhodes, Kiah Seymour	5th	2014
Megan Osborne, Dynasty McGee, Tichina Rhodes, Kiah Seymour	8th	2015

Distance Medley Relay

Penny Fales, Mary Rawe, Tammie Hart, Doreen Startare	4th	**1981
Tammie Hart, Carolyn Ihrig, Patty Murnane, Doreen Startare	5th	**1982
Sue Huelster, Erica Bosler, Erin St. John, Kim McGreevy	4th	1996
Rachel Banks, Tichina Rhodes, Julie Kocjancic, Danae Rivers	6th	2017

Long Jump

Riddick, Vivian	5th	**1982
Walker, Shakeema	3rd	1999
Aduba, Chi-Chi	5th	2003
Aduba, Chi-Chi	5th	2003

High Jump

Parks, Alexa	N/A#	2020
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Triple Jump

Walker, Shakeema	7th	1999
Aduba, Chi-Chi	4th	2003
Aduba, Chi-Chi	7th	2004
Gibson, Dannielle	8th	2017

Shot Put

Sobansky, Elaine	3rd	**1982
Sobansky, Elaine	3rd	1983
Sobansky, Elaine	2nd	1984
O'Connor, Ja'Nai	5th	2004
Leatherman, Jennifer	9th	2005
Fatherly, Rachel	7th	2016

Weight Throw

Leatherman, Jennifer	4th	2005
Leatherman, Jennifer	3rd	2006

Pentathlon

Hunter, Gayle	5th	2008
Hunter, Gayle	2nd	2009
Howell, Brittney	7th	2014
Holmberg, Maddie	7th	2018
Holmberg, Maddie	N/A#	2020

2000 Meters (Discontinued)

Rawe, Mary	2nd	**1980
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4x800-Meter Relay (Discontinued)

Beth Stever, Judi Cassell, Haidi Gerken, Tammie Hart	6th	1984
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BIG TEN INDOOR HISTORY

ALL-TIME BIG TEN INDOOR TEAM FINISHES

MEN'S

Year	Place	Score	Location
1992	8th	30.5 pts	East Lansing, Mich.
1993	6th	31 pts	Madison, Wis.
1994	7th	38 pts	Ann Arbor, Mich.
1995	10th	8 pts	Champaign, Ill.
1996	10th	25 pts	Columbus, Ohio
1997	10th	29.3 pts	Iowa City, Iowa
1998	8th	51 pts	West Lafayette, Ind.
1999	10th	30 pts	Madison, Wis.
2000	9th	34.5 pts	Bloomington, Ind.
2001	5th	68 pts	University Park, Pa.
2002	***	CANCELLED	Minneapolis, Minn.
2003	7th	42 pts	Champaign, Ill.
2004	8th	39 pts	Ann Arbor, Mich.
2005	8th	37 pts	West Lafayette, Ind.
2006	8th	46.5 pts	Iowa City, Iowa
2007	8th	46 pts	Bloomington, Ind.
2008	4th	79 pts	Madison, Wis.
2009	3rd	78 pts	University Park, Pa.
2010	T-6th	51 pts	Minneapolis, Minn.
2011	6th	62.66 pts	Champaign, Ill.
2012	6th	51.33 pts	Lincoln, Neb.
2013	3rd	87 pts	Geneva, Ohio
2014	3rd	72 pts	Geneva, Ohio
2015	4th	72 pts	Geneva, Ohio
2016	6th	60 pts	Geneva, Ohio
2017	2nd	84 pts	Geneva, Ohio
2018	4th	84 pts	Geneva, Ohio
2019	7th	63 pts	Ann Arbor, Mi.
2020	9th	37 pts	Geneva, Ohio

BIG TEN MEN'S INDOOR AWARD WINNERS

ATHLETE OF THE CHAMPIONSHIPS

2013 Casimir Loxsom (Track)

ATHLETE OF THE YEAR

2013 Casimir Loxsom (Track)
2017 Isaiah Harris (Track)
2018 David Lucas (Field)

FRESHMAN OF THE YEAR

2012 Robby Creese
2013 Brannon Kidder
2018 Terrance Laird

Bold - Denotes Big Ten Champion

WOMEN'S

Year	Place	Score	Location
1992	8th	30 pts	Columbus, Ohio
1993	4th	43 pts	Bloomington, Ind.
1994	10th	10 pts	West Lafayette, Ind.
1995	10th	17 pts	Ann Arbor, Mich.
1996	4th	39 pts	Madison, Wis.
1997	5th	63 pts	Champaign, Ill.
1998	6th	44.5 pts	East Lansing, Mich.
1999	8th	59.17 pts	Columbus, Ohio
2000	8th	21 pts	Minneapolis, Minn.
2001	T-6th	61 pts	West Lafayette, Ind.
2002	7th	55.5 pts	University Park, Pa.
2003	3rd	87 pts	Bloomington, Ind.
2004	1st	115 pts	Iowa City, Iowa
2005	4th	74 pts	Ann Arbor, Mich.
2006	4th	85 pts	Madison, Wis.
2007	4th	92 pts	Champaign, Ill.
2008	3rd	121 pts	Minneapolis, Minn.
2009	2nd	125 pts	Bloomington, Ind.
2010	1st	111 pts	University Park, Pa.
2011	2nd	86 pts	West Lafayette, Ind.
2012	3rd	99 pts	Lincoln, Neb.
2013	4th	73 pts	Geneva, Ohio
2014	1st	114.5 pts	Geneva, Ohio
2015	T-3rd	68 pts	Geneva, Ohio
2016	3rd	96.5 pts	Geneva, Ohio
2017	1st	96.5 pts	Geneva, Ohio
2018	6th	70 pts	Geneva, Ohio
2019	8th	57.5 pts	Ann Arbor, Mi.
2020	3rd	87.5 pts	Geneva, Ohio

BIG TEN WOMEN'S INDOOR AWARD WINNERS

ATHLETE OF THE CHAMPIONSHIPS

2004 Connie Moore
2008 Shana Cox (Track)
2010 Bridget Franek (Track)
2014 Kiah Seymour (Track)

ATHLETE OF THE YEAR

2004 Connie Moore
2006 Jennifer Leatherman
2010 Shavon Greaves (Track)

***Beginning with the 2007 season, the Big Ten instituted separate honors for the Track Athlete of the Year & Championships and the Field Athlete of the Year & Championships.**

FRESHMAN OF THE YEAR

1996 Donna Fiddler
2008 Shavon Greaves
2017 Danae Rivers
2019 Alexis Holmes

COACH OF THE YEAR

2004, '10, '14 Beth Alford-Sullivan
2017 John Gondak

BIG TEN INDOOR HISTORY



ALL-TIME INDOOR CHAMPIONS || BY YEAR

MEN'S				WOMEN'S (Cont.)			
Year	Athlete	Event	Performance	Year	Athlete	Event	Performance
1993	Kelley, Brian	Pentathlon	4097	2005	Leatherman, Jennifer	Weight Throw	69-11.50 (21.32)
1994	Kelley, Brian	Pentathlon	3967	2006	Blake, Dominique	4x400-Meter Relay	3:41.98
1997	Loner, Joe	800-Meters	1:50.87	2006	Cox, Shana	4x400-Meter Relay	3:41.98
1998	McNutt, Neal	35-lb Weight	62-1 (18.92)	2006	Barber, Aleesha	4x400-Meter Relay	3:41.98
2007	Fritz, Ryan	High Jump	7-3 (2.21)	2006	Simmons, Briene	4x400-Meter Relay	3:41.98
2008	Miller, Mark	800-Meters	1:52.65	2006	Leatherman, Jennifer	Shot Put	53-5 (16.28)
2008	Smith, Clarence	Triple Jump	51-7.75 (15.74)	2006	Leatherman, Jennifer	Weight Throw	74-10.50 (22.82)
2009	Foster, Ryan	800-Meters	1:50.24	2007	Barber, Aleesha	4x400-Meter Relay	3:37.70
2009	Smith, Clarence	Triple Jump	51-7.75 (15.74)	2007	Blake, Dominique	4x400-Meter Relay	3:37.70
2010	Foster, Ryan	800-Meters	1:50.43	2007	Cox, Shana	4x400-Meter Relay	3:37.70
2011	Foster, Ryan	800-Meters	1:49.98	2007	Simmons, Briene	4x400-Meter Relay	3:37.70
2011	Kovacs, Joe	Shot Put	65-1.25 (19.84)	2008	Cox, Shana	200-Meters	24.06
2012	Endress, Wade	DMR	9:44.40	2008	Cox, Shana	400-Meters	53.40
2012	Nadolsky, Aaron	DMR	9:44.40	2008	Barber, Aleesha	4x400-Meter Relay	3:40.43
2012	Loxsom, Casimir	DMR	9:44.40	2008	Blake, Dominique	4x400-Meter Relay	3:40.43
2012	Creese, Robby	DMR	9:44.40	2008	Cox, Shana	4x400-Meter Relay	3:40.43
2013	Loxsom, Casimir	800-Meters	1:15.72	2008	Simmons, Briene	4x400-Meter Relay	3:40.43
2013	Kidder, Brannon	600-Meters	1:49.73	2009	Greaves, Shavon	60-Meters	7.44
2013	Creese, Robby	Mile	4:01.51	2009	Greaves, Shavon	200-Meters	23.96
2013	Kidder, Brannon	DMR	9:39.87	2009	Dorr, Fawn	400-Meters	54.10
2013	Gilmore, Matt	DMR	9:39.87	2009	Barber, Aleesha	4x400-Meter Relay	3:39.43
2013	Brennan, Ryan	DMR	9:39.87	2009	Dorr, Fawn	4x400-Meter Relay	3:39.43
2013	Creese, Robby	DMR	9:39.87	2009	Greaves, Shavon	4x400-Meter Relay	3:39.43
2014	Kidder, Brannon	800-Meters	1:49.52	2009	Hunter, Gayle	4x400-Meter Relay	3:39.43
2014	Watkins, Za'Von	DMR	9:45.48	2010	Greaves, Shavon	60-Meters	7.30
2014	Bennett-Green, Brandon	DMR	9:45.48	2010	Greaves, Shavon	200-Meters	22.98
2014	Brennan, Ryan	DMR	9:45.48	2010	Anyanwu, Doris	4x400-Meter Relay	3:35.38
2014	Kidder, Brannon	DMR	9:45.48	2010	DeFusco, Caitlin	4x400-Meter Relay	3:35.38
2015	Creese, Robby	3,000-Meters	8:10.75	2010	Dorr, Fawn	4x400-Meter Relay	3:35.38
2015	Hill, Darrell	Shot Put	66-6 (20.26)	2010	Greaves, Shavon	4x400-Meter Relay	3:35.38
2015	Makins, Jordan	DMR	9:40.62	2010	Franek, Bridget	Mile	4:37.95
2015	Shisler, Alex	DMR	9:40.62	2011	Greaves, Shavon	200-Meters	23.67
2015	Watkins, Za'Von	DMR	9:40.62	2011	Anyanwu, Doris	4x400-Meter Relay	3:37.80
2015	Creese, Robby	DMR	9:40.62	2011	Iheoma, Ijeoma	4x400-Meter Relay	3:37.80
2015	Creese, Robby	Mile	4:11.41	2011	Greaves, Shavon	4x400-Meter Relay	3:37.80
2016	Harris, Isaiah	800-Meters	1:46.24	2011	Duncan, Megan	4x400-Meter Relay	3:37.80
2016	Kidder, Brannon	Mile	4:07.89	2012	Lane, Caitlin	Mile	4:39.90
2016	Shisler, Alex	DMR	9:43.25	2012	Millhouse, Kara	5,000-Meters	16:17.45
2016	Kidder, Brannon	DMR	9:43.25	2014	Jones, Mahagony	200-Meters	23.10
2016	Harris, Isaiah	DMR	9:43.25	2014	Seymour, Kiah	400-Meters	52.53
2016	Makins, Jordan	DMR	9:43.25	2014	Gerlach, Tori	3,000-Meters	9:10.76
2017	Smith, Xavier	60-Meters	6.66	2014	McGee, Dynasty	4x400-Meter Relay	3:34.55
2017	Harris, Isaiah	800-Meters	1:47.23	2014	Jones, Mahagony	4x400-Meter Relay	3:34.55
2017	Chisena, Dan	4x400-Meter Relay	3:04.80	2014	Rhodes, Tichina	4x400-Meter Relay	3:34.55
2017	Smith, Xavier	4x400-Meter Relay	3:04.80	2014	Seymour, Kiah	4x400-Meter Relay	3:34.55
2017	Reiser, Samuel	4x400-Meter Relay	3:04.80	2015	Gerlach, Tori	5,000-Meters	16:04.64
2017	Harris, Isaiah	4x400-Meter Relay	3:04.80	2015	Seymour, Kiah	400-Meters	52.72
2018	Harris, Isaiah	800-Meters	1:50.15	2017	Rivers, Danae	800-Meters	2:06.10
2019	Perretta, Domenic	800-Meters	1:48.24	2017	Kocjancic, Julie	DMR	11:10.53
2020	Billy McDewitt	800-Meters	1:48.78	2017	Rhodes, Tichina	DMR	11:10.53
				2017	Banks, Rachel	DMR	11:10.53
				2017	Rivers, Danae	DMR	11:10.53
				2017	Gibson, Dannielle	Triple Jump	43-5.25 (13.25)
				2018	Rivers, Danae	800-Meters	2:07.75
				2019	Rivers, Danae	800-Meters	2:03.45
				2019	Holmes, Alexis	400-Meters	52.14
				2020	Holmberg, Maddie	Pentathlon	4274
				2020	Jones, Katie	Pole Vault	13-11.25 (4.25)
				2020	Lester, Kiara	400-Meters	53.37
				2020	Rivers, Danae	800-Meters	2:06.27
				2020	Rivers, Danae	Mile	4:43.35

WOMEN'S			
Year	Athlete	Event	Performance
1992	Mitchell, Shelley	Pentathlon	3830 pts
1998	Bosler, Erica	600-Meters	1:30.22
2002	Aduba, Chi-Chi	Long Jump	19-9 (6.02)
2003	Brauksieck, Tracey	DMR	11:38.33
2003	Green, Cheryl	DMR	11:38.33
2003	Scottoline, Lindsay	DMR	11:38.33
2003	Stevens, Jenny	DMR	11:38.33
2003	Aduba, Chi-Chi	Triple Jump	44-1.50 (13.44)
2003	Williams, Deshaya	Weight Throw	64-6 (19.65)
2004	Moore, Connie	60-Meters	7.27
2004	Moore, Connie	200-Meters	23.44
2004	Dougherty, Sara	Pole Vault	12-11.50 (3.94)
2004	O'Connor, Ja'Nai	Shot Put	55-2 (16.81)
2005	Leatherman, Jennifer	Shot Put	51-3.75 (15.64)

Bold - Denotes Big Ten Championship Record.



BIG TEN INDOOR HISTORY

ALL-TIME INDOOR CHAMPIONS || BY EVENT

MEN'S

60 Meters		
Smith, Xavier	6.66	2017

600 Meters		
Loxsom, Casimir	1:15.72	2013

800 Meters		
Loner, Joe	1:50.87	1997
Miller, Mark	1:52.65	2008
Foster, Ryan	1:50.24	2009
Foster, Ryan	1:50.43	2010
Foster, Ryan	1:49.98	2011
Kidder, Brannon	1:49.73	2013
Kidder, Brannon	1:49.52	2014
Harris, Isaiah	1:46.24	2016
Harris, Isaiah	1:47.23	2017
Harris, Isaiah	1:50.15	2018
Perretta, Domenic	1:48.24	2019
McDevitt, Billy	1:48.78	2020

Mile		
Creese, Robby	4:01.51	2013
Creese, Robby	4:11.41	2015
Kidder, Brannon	4:07.89	2016

3000 Meters		
Creese, Robby	8:10.75	2015

4x400-Meter Relay		
Dan Chisena, Xavier Smith, Samuel Reiser, Isaiah Harris	3:04.80	2017

Distance Medley Relay		
Wade Endress, Aaron Nadolsky, Casimir Loxsom, Robby Creese	9:44.40	2012
Brannon Kidder, Matt Gilmore, Ryan Brennan, Robby Creese	9:39.87	2013
Za'Von Watkins, Brandon Bennett-Green, Ryan Brennan, Brannon Kidder	9:45.48	2014
Jordan Makins, Alex Shisler	9:40.62	2015
Za'Von Watkins, Brannon Kidder, Jordan Makins, Alex Shisler	9:43.25	2016
Isaiah Harris, Brannon Kidder		

High Jump		
Fritz, Ryan	7-3 (2.21)	2007

Triple Jump		
Smith, Clarence	51-7.75 (15.74)	2008
Smith, Clarence	51-7.75 (15.74)	2009

Shot Put		
Kovacs, Joe	65-1.25 (19.84)	2011
Hill, Darrell	66-6 (20.26)	2015

35-lb Weight		
McNutt, Neal	62-1 (18.92)	1998

Pentathlon		
Kelley, Brian	4097	1993
Kelley, Brian	3967	1994

WOMEN'S

60 Meters		
Moore, Connie	7.27	2004
Greaves, Shavon	7.44	2009
Greaves, Shavon	7.30	2010

200 Meters		
Moore, Connie	23.44	2004
Cox, Shana	24.06	2008
Greaves, Shavon	23.96	2009
Greaves, Shavon	22.98	2010
Greaves, Shavon	23.67	2011
Jones, Mahagony	23.10	2014

WOMEN'S (Cont.)

400 Meters		
Cox, Shana	53.40	2008
Dorr, Fawn	54.10	2009
Seymour, Kiah	52.53	2014
Seymour, Kiah	52.72	2015
Holmes, Alexis	52.14	2019
Lester, Kiara	53.37	2020

600 Meters		
Bosler, Erica	1:30.22	1998

800 Meters		
Rivers, Danae	2:06.10	2017
Rivers, Danae	2:07.75	2018
Rivers, Danae	2:03.45	2019
Rivers, Danae	2:06.27	2020

Mile		
Franek, Bridget	4:37.95	2010
Lane, Caitlin	4:39.90	2012
Rivers, Danae	4:43.35	2020

3000 Meters		
Gerlach, Tori	9:10.76	2014

5000 Meters		
Millhouse, Kara	16:17.45	2012
Gerlach, Tori	16:04.64	2015

4x400-Meter Relay		
Shana Cox, Briene Simmons, Aleesha Barber, Dominique Blake	3:41.98	2006
Dominique Blake, Briene Simmons, Shana Cox, Aleesha Barber	3:37.70	2007
Briene Simmons, Dominique Blake, Aleesha Barber, Shana Cox	3:40.43	2008
Fawn Dorr, Aleesha Barber, Shavon Greaves, Gayle Hunter	3:39.43	2009
Doris Anyanwu, Caitlin DeFusco, Shavon Greaves, Fawn Dorr	3:35.38	2010
Doris Anyanwu, Shavon Greaves, lje lheoma, Megan Duncan	3:37.80	2011
Dynasty McGee, Mahagony Jones, Tichina Rhodes, Kiah Seymour	3:34.55	2014

Distance Medley Relay		
Jenny Stevens, Cheryl Green, Lindsay Scottoline, Tracey Brauksieck	11:38.33	2003
Julie Kocjancic, Tichina Rhodes, Rachel Banks, Danae Rivers	11:10.53	2017

Pole Vault		
Dougherty, Sara	12-11.50 (3.94)	2004
Jones, Katie	13-11.25 (4.25)	2020

Long Jump		
Aduba, Chi-Chi	19-9 (6.02)	2002

Shot Put		
O'Connor, Ja'Nai	55-2 (16.81)	2004
Leatherman, Jennifer	51-3.75 (15.64)	2005
Leatherman, Jennifer	53-5 (16.28)	2006

Triple Jump		
Aduba, Chi-Chi	44-1.50 (13.44)	2003
Gibson, Dannielle	43-5.25 (13.25)	2017

Weight Throw		
Williams, Deshaya	64-6 (19.65)	2003
Leatherman, Jennifer	69-11.50 (21.32)	2005
Leatherman, Jennifer	74-10.50 (22.82)	2006

Pentathlon		
Mitchell, Shelley	3830 pts	1992
Holmberg, Maddie	4274 pts	2020

** Bold - Denotes Big Ten Championship Record.

CROSS COUNTRY/TRACK & FIELD



OUTDOOR HISTORY



NCAA OUTDOOR HISTORY

ALL-TIME MEN'S OUTDOOR ALL-AMERICANS (BY YEAR)

Year	Name	Event	Finish	Year	Name	Event	Finish
1921	Romig, John	2-Mile	1st	1987	Levitre, Ray	800-Meters	2nd
1922	Helffrich, Alan	880 Yards	1st	1987	Balkey, Steve	1500-Meters	6th
1922	Shields, Larry	Mile	1st	1987	Carter, Eric	10,000-Meters	7th
1922	Barron, Harold	120 yd HH	1st	1987	Masgay, Dave	Decathlon	7th
1923	Helffrich, Alan	880 Yards	1st	1988	Timpson, Michael	200-Meters	10th
1923	Enck, Schuyler	Mile	1st	1988	Balkey, Steve	1500-Meters	5th
1938	Vukmanic, Nick	Javelin	1st	1988	Hunter, C.J.	Shot Put	5th
1939	Vukmanic, Nick	Javelin		1989	Hunter, C.J.	Shot Put	4th
1940	Ewell, Barney	100 Yards	1st	1990	Walter, Doug	1500-Meters	10th
1940	Ewell, Barney	220 Yards	1st	1990	Brown, Steve	5000-Meters	11th
1940	Ewell, Barney	Long Jump		1990	Hall, Ricardo	Triple Jump	13th
1940	Vukmanic, Nick	Javelin	4th	1990	Hunter, C.J.	Shot Put	2nd
1941	Ewell, Barney	100 Yards	1st	1991	Caraher, Phil	Shot Put	9th
1941	Ewell, Barney	220 Yards	1st	1992	Milne, Brian	Discus	13th
1941	Ewell, Barney	Long Jump		1993	Cripanuk, Kevin	400-Meter Hurdles	8th
1942	Ewell, Barney	100 Yards		1993	Davis, Antonio	Triple Jump	6th
1942	Ewell, Barney	220 Yards		1993	Milne, Brian	Discus	1st
1942	Ewell, Barney	Long Jump		1994	Hamer, Bob	1500-Meters	9th
1947	Karver, Gerald	Mile	1st	1994	Wimmer, Mark	10,000-Meters	9th
1947	Stone, Curtis	2-Mile	2nd	1995	Austin, Rob	Javelin	10th
1947	Ashenfelter, Horace	2-Mile		1996	Pina, Steve	Long Jump	3rd
1948	Ashenfelter, Horace	5000-Meters	2nd	1996	Austin, Rob	Javelin	8th
1949	Lancaster, Wilbur	220 Yards	6th	1996	Cook, James	Decathlon	9th
1949	Ashenfelter, Horace	2-Mile	1st	1997	Gorham, John	Long Jump	11th
1949	Gehrdes, Jim	120 yd HH	3rd	1997	Cook, James	Decathlon	13th
1949	Gehrdes, Jim	220 yd LH	2nd	1998	Audu, George	Long Jump	4th
1949	Perry, Rod	220 yd LH		1998	Gorham, John	Long Jump	6th
1950	Gehrdes, Jim	120 yd HH		1998	Burkholder, Troy	Javelin	12th
1951	Roderes, Ted	Javelin	5th	1998	Wolter, Carl	Javelin	7th
1954	Hollen, Bob	2-Mile		1998	Cook, James	Decathlon	12th
1954	Blockson, Charles	Shot Put		1999	Audu, George	Long Jump	6th
1954	Grier, Roosevelt	Shot Put		2001	Rose, Guy	110-Meter Hurdles	12th
1955	Pollard, Art	220 Yards		2001	Derby, Brian	400-Meter Hurdles	4th
1955	Youkers, Bill	120 yd HH	4th	2002	Olkowski, Ryan	200-Meters	8th
1957	Perry, Rod	120 yd HH		2007	Fritz, Ryan	High Jump	T-9th
1958	Moran, Ed	Mile	6th	2008	Smith, Clarence	Triple Jump	9th
1960	Moorehead, Steve	3000 Steeplechase		2009	Foster, Ryan	800-Meters	8th
1961	Brown, Bob	100 Yards		2009	Smith, Clarence	Triple Jump	8th
1961	Norman, Gerry	3-Mile		2010	McCandless, Tyler	10,000-Meters	12th
1961	Moorehead, Steve	3000 Steeplechase		2010	Fritz, Ryan	High Jump	4th
1965	Hedmark, Lennart	Javelin		2010	Eaton, Blake	Shot Put	3rd
1966	Rockwell, Warren	Triple Jump	2nd	2011	Loxson, Casimir	800-Meters	4th
1966	Stevenson, Jim	Javelin	1st	2011	Kovacs, Joe	Shot Put	3rd
1966	Krombolz, Ernie	Javelin	5th	2012	Gehret, Brady	400-Meters	6th
1970	Fredericks, Greg	3-Mile	5th	2012	Nadolskly, Aaron	4x400-Meter Relay	4th
1971	Fredericks, Greg	3-Mile	2nd	2012	Bennett-Green, Brandon	4x400-Meter Relay	4th
1972	Fredericks, Greg	5000-Meters	2nd	2012	Loxson, Casimir	4x400-Meter Relay	4th
1973	Maguire, Charlie	6-Mile	1st	2012	Gehret, Brady	4x400-Meter Relay	4th
1973	Finkel, Doug	440 Yd Relay	6th	2012	Kovacs, Joe	Shot Put	4th
1973	Sands, Mike	440 Yd Relay	6th	2013	Loxson, Casimir	800-Meters	2nd
1973	Scott, Jim	440 Yd Relay	6th	2013	Kidder, Brannon	800-Meters	3rd
1973	Singleton, Fred	440 Yd Relay	6th	2013	Creese, Robby	1500-Meters	6th
1973	Jackson, Al	Hammer	4th	2014	Waithe, Steve	Triple Jump	5th
1975	Sands, Mike	440 Yards	5th	2014	Cardina, Robert	Decathlon	8th
1975	Shine, Mike	440 Yard IH	6th	2015	Hill, Darrell	Shot Put	2nd
1975	Hjeltnes, Knut	Shot Put	5th	2015	Kidder, Brannon	800-Meters	2nd
1975	Hjeltnes, Knut	Discus	3rd	2015	Waithe, Steve	Triple Jump	8th
1976	Shine, Mike	110-Meter Hurdles	5th	2016	Kidder, Brannon	1500-Meters	4th
1976	Malley, George	3000 Steeplechase	4th	2016	Leap, Brian	Triple Jump	6th
1976	Shine, Mike	400-Meter Hurdles	2nd	2016	Harris, Isaiah	800-Meters	4th
1976	Jackson, Al	Hammer	5th	2017	Shuey, Michael	Javelin	3rd
1977	Stemmer, Paul	10,000-Meters	8th	2017	Harris, Isaiah	800-Meters	2nd
1978	Ziegler, John	10,000-Meters	8th	2018	Harris, Isaiah	800-Meters	1st
1980	Lankford, Paul	400-Meter Hurdles	4th	2018	Lucas, David	Discus	7th
1981	Lankford, Paul	400-Meter Hurdles	4th	2018	Shigo, Morgan	Hammer	6th
1983	Garcia, Rick	3000 Steeplechase	9th	2019	Shigo, Morgan	Hammer	7th
1985	Moore, Randy	800-Meters	4th	2020	Outdoor Season Cancelled due to COVID-19 pandemic.		
1985	Kleban, Rick	Decathlon	5th				
1986	Carter, Eric	10,000-Meters	10th				

BOLD - Denotes NCAA Champion.



ALL-TIME MEN'S OUTDOOR ALL-AMERICANS (BY EVENT)

100 Meters	* 100 yds prior to 1976		4x100-Meter Relay		
Ewell, Barney	1st	1940	Doug Finkleton, Mike Sands,	6th	1973
Ewell, Barney	1st	1941	Fred Singleton, Jim Scott		
Ewell, Barney		1942			
Brown, Bob		1961			
200 Meters	* 220 yds prior to 1976		4x400-Meter Relay		
Ewell, Barney	1st	1940	Aaron Nadolsky, Brandon Bennett-Green,	4th	2012
Ewell, Barney	1st	1941	Casimir Loxsom, Brady Gehret		
Ewell, Barney		1942			
Lancaster, Wilbur	6th	1949			
Pollard, Art		1955			
Timpson, Michael	10th	1988			
Olkowski, Ryan	8th	2002			
400 Meters	* 440 yds prior to 1976		High Jump		
Sands, Mike	5th	1975	Fritz, Ryan	T-9th	2007
Gehret, Brady	6th	2012	Fritz, Ryan	4th	2010
800 Meters	* 880 yds prior to 1976		Long Jump		
Heffrich, Alan	1st	1922	Ewell, Barney		1940
Heffrich, Alan	1st	1923	Ewell, Barney		1941
Moore, Randy	4th	1985	Ewell, Barney		1942
Levitre, Ray	2nd	1987	Pina, Steve	3rd	1996
Foster, Ryan	8th	2009	Gorham, John	11th	1997
Loxsom, Casimir	4th	2011	Audu, George	4th	1998
Loxsom, Casimir	2nd	2013	Gorham, John	6th	1998
Kidder, Brannon	3rd	2013	Audu, George	6th	1999
Kidder, Brandon	2nd	2015			
Harris, Isaiah	4th	2016			
Harris, Isaiah	2nd	2017			
Harris, Isaiah	1st	2018	Triple Jump		
1500 Meters	* One Mile prior to 1976		Rockwell, Warren	2nd	1966
Shields, Larry	1st	1922	Hall, Ricardo	13th	1990
Enck, Schuyler	1st	1923	Davis, Antonio	6th	1993
Karver, Gerald	1st	1947	Smith, Clarence	9th	2008
Moran, Ed	6th	1958	Smith, Clarence	8th	2009
Balkey, Steve	6th	1987	Waithe, Steve	5th	2014
Balkey, Steve	5th	1988	Waithe, Steve	8th	2015
Walter, Doug	10th	1990	Leap, Brian	6th	2016
Hamer, Bob	9th	1994			
Creeese, Robby	6th	2013	Shot Put		
Kidder, Brannon	4th	2016	Blockson, Charles		1954
			Grier, Roosevelt		1954
			Hjeltnes, Knut	5th	1975
			Hunter, C.J.	5th	1988
			Hunter, C.J.	4th	1989
			Hunter, C.J.	2nd	1990
			Caraher, Phil	9th	1991
			Eaton, Blake	3rd	2010
			Kovacs, Joe	3rd	2011
			Kovacs, Joe	4th	2012
			Hill, Darrell	2nd	2015
5000 Meters	* 3-Mile prior to 1976		Discus		
Norman, Gerry		1961	Hjeltnes, Knut	3rd	1975
Fredericks, Greg	5th	1970	Milne, Brian	13th	1992
Fredericks, Greg	2nd	1971	Milne, Brian	1st	1993
Ashenfelter, Horace	2nd	1948	Lucas, David	7th	2018
Fredericks, Greg	2nd	1972			
Brown, Steve	11th	1990	Javelin		
10,000 Meters	* 6-Mile prior to 1976		Vukmanic, Nick	1st	1938
Maguire, Charlie	1st	1973	Vukmanic, Nick		1939
Stemmer, Paul	8th	1977	Vukmanic, Nick	4th	1940
Ziegler, John	8th	1978	Roderes, Ted	5th	1951
Carter, Eric	10th	1986	Hedmark, Lennart		1965
Carter, Eric	7th	1987	Stevenson, Jim	1st	1966
Wimmer, Mark	9th	1994	Krombolz, Ernie	5th	1966
McCandless, Tyler	12th	2010	Austin, Rob	10th	1995
			Austin, Rob	8th	1996
			Burkholder, Troy	12th	1998
			Wolter, Carl	7th	1998
			Shuey, Michael	3rd	2017
110-Meter Hurdles			Hammer		
Barron, Harold	1st	1922	Jackson, Al	4th	1973
Gehrdes, Jim	3rd	1949	Jackson, Al	5th	1976
Gehrdes, Jim		1950	Shigo, Morgan	6th	2018
Youkers, Bill	4th	1955	Shigo, Morgan	7th	2019
Perry, Rod		1957			
Shine, Mike	5th	1976	Decathlon		
Rose, Guy	12th	2001	Kleban, Rick	5th	1985
			Masgay, Dave	7th	1987
			Cook, James	9th	1996
			Cook, James	13th	1997
			Cook, James	12th	1998
			Cardina, Robert	8th	2014
3000-Meter Steeplechase			2-Mile (Discontinued)		
Moorehead, Steve		1960	Romig, John	1st	1921
Moorehead, Steve		1961	Stone, Curtis	2nd	1947
Malley, George	4th	1976	Ashenfelter, Horace		1947
Garcia, Rick	9th	1983	Ashenfelter, Horace	1st	1949
			Hollen, Bob		1954
400-Meter Hurdles			220-Yard Hurdles (Discontinued)		
Shine, Mike	6th	1975	Gehrdes, Jim	2nd	1949
Shine, Mike	2nd	1976	Perry, Rod		1949
Lankford, Paul	4th	1980			
Lankford, Paul	4th	1981			
Cripanuk, Kevin	8th	1993			
Derby, Brian	4th	2001			

2020 Outdoor Season Cancelled due to COVID-19 pandemic.



NCAA OUTDOOR HISTORY

ALL-TIME WOMEN'S OUTDOOR ALL-AMERICANS (BY YEAR)

Year	Name	Event	Finish
1976**	Bankes, Kris	1500-Meters	2nd
1976**	Bankes, Kris	2-Mile	3rd
1977**	Bankes, Kris	3000-Meters	5th
1978**	Bankes, Kris	3000-Meters	2nd
1978**	Mills, Kathy	3000-Meters	1st
1978**	Mills, Kathy	5000-Meters	1st
1978**	Byrnes, Kathy	4x800-Meter Relay	2nd
1978**	Fales, Penny	4x800-Meter Relay	2nd
1978**	Miller, Sandy	4x800-Meter Relay	2nd
1978**	Ventura, Lea	4x800-Meter Relay	2nd
1980**	Carmichael, Heather	3000-Meters	3rd
1981**	Pioli, Terry	800-Meters	6th
1981**	Rawe, Mary	1500-Meters	3rd
1981**	Sobansky, Elaine	Shot Put	4th
1982	Hart, Tammi	400-Meter Hurdles	5th
1982	Riddick, Vivian	Long Jump	6th
1982	Sobansky, Elaine	Shot Put	3rd
1983	Startare, Doreen	1500-Meters	5th
1983	Sobansky, Elaine	Shot Put	6th
1984	Renzi, Paula	5000-Meters	6th
1984	Senz, Marilyn	Javelin	6th
1989	Mann, Carmen	Triple Jump	5th
1991	Connell, Pam	Heptathlon	4th
1992	Gibbs, Stacey	Javelin	10th
1992	Mitchell, Shelley	Heptathlon	8th
1993	Hunt, Kelli	10,000-Meters	4th
1993	Kelly, Kim	10,000-Meters	5th
1994	Hunt, Kelli	10,000-Meters	7th
1994	Sobansky, Elaine	Shot Put	2nd
1996	Gusic, Becky	Javelin	8th
1996	Kisty, Denika	Javelin	10th
1997	McGreevy, Kim	1500-Meters	7th
1997	Fidler, Donna	10,000-Meters	7th
1998	Walker, Shakeema	Triple Jump	7th
1998	Pastore, Jen	Javelin	4th
1999	Heyer, Susanne	1500-Meters	4th
1999	Walker, Shakeema	Long Jump	8th
1999	Williams, Deshaya	Discus	6th
2001	Johnson, Brianne	Javelin	8th
2002	Moore, Connie	100-Meters	9th
2002	Moore, Connie	200-Meters	12th
2002	Williams, Deshaya	Discus	6th
2002	Johnson, Brianne	Javelin	8th
2003	Moore, Connie	100-Meters	5th
2003	Moore, Connie	200-Meters	3rd
2003	Landreth, Molly	3000 Steeplechase	11th
2003	Williams, Deshaya	Discus	1st
2003	Colley, Ashley	Javelin	11th
2003	Johnson, Brianne	Javelin	5th
2004	Moore, Connie	100-Meters	7th
2004	Moore, Connie	200-Meters	5th
2004	Aduba, Chi-Chi	Long Jump	6th
2004	Aduba, Chi-Chi	Triple Jump	7th
2005	Cox, Shana	400-Meters	9th
2005	Leatherman, Jennifer	Hammer	7th
2005	Bruch, Diana	Javelin	8th
2006	Cox, Shana	400-Meters	3rd
2006	Leatherman, Jennifer	Hammer	5th
2007	Cox, Shana	400-Meters	2nd
2007	Barber, Aleesha	400-Meter Hurdles	12th
2007	Hunter, Gayle	Heptathlon	8th

Year	Name	Event	Finish
2008	Cox, Shana	400-Meters	1st
2008	Barber, Aleesha	100-Meter Hurdles	4th
2008	Franek, Bridget	3000 Steeplechase	3rd
2008	Barber, Aleesha	4x400-Meter Relay	1st
2008	Blake, Dominique	4x400-Meter Relay	1st
2008	Cox, Shana	4x400-Meter Relay	1st
2008	Hunter, Gayle	4x400-Meter Relay	1st
2008	Hunter, Gayle	Long Jump	5th
2008	McQuillen, Karlee	Javelin	9th
2008	Hunter, Gayle	Heptathlon	5th
2008	Hunter, Gayle	Heptathlon	5th
2009	Dorr, Fawn	400-Meter Hurdles	6th
2009	Franek, Bridget	3000 Steeplechase	4th
2009	Barber, Aleesha	4x400-Meter Relay	4th
2009	Dorr, Fawn	4x400-Meter Relay	4th
2009	Greaves, Shavon	4x400-Meter Relay	4th
2009	Hunter, Gayle	4x400-Meter Relay	4th
2009	McQuillen, Karlee	Javelin	10th
2010	Greaves, Shavon	200-Meters	7th
2010	Barber, Aleesha	100-Meter Hurdles	3rd
2010	Dorr, Fawn	400-Meter Hurdles	4th
2010	Franek, Bridget	3000 Steeplechase	1st
2010	Anyanwu, Doris	4x400-Meter Relay	4th
2010	Barber, Aleesha	4x400-Meter Relay	4th
2010	Dorr, Fawn	4x400-Meter Relay	4th
2010	Greaves, Shavon	4x400-Meter Relay	4th
2010	McQuillen, Karlee	Javelin	3rd
2011	Anyanwu, Doris	4x400-Meter Relay	4th
2011	Greaves, Shavon	4x400-Meter Relay	4th
2011	Iheoma, Ijeoma	4x400-Meter Relay	4th
2011	Duncan, Megan	4x400-Meter Relay	4th
2012	Loht, Laura	Javelin	3rd
2012	Kenney, Lauren	Javelin	4th
2013	Loht, Laura	Javelin	4th
2013	Kenney, Lauren	Javelin	5th
2014	Jones, Mahagony	100-Meters	7th
2014	Jones, Mahagony	200-Meters	4th
2014	Seymour, Kiah	400-Meter Hurdles	6th
2014	McGee, Dynasty	4x400-Meter Relay	5th
2014	Jones, Mahagony	4x400-Meter Relay	5th
2014	Rhodes, Tichina	4x400-Meter Relay	5th
2014	Seymour, Kiah	4x400-Meter Relay	5th
2014	Loht, Laura	Javelin	5th
2017	Gerlach, Tori	3000 Steeplechase	3rd
2017	Gibson, Dannielle	Triple Jump	6th
2018	Rivers, Danae	1500-Meters	8th
2018	McCloskey, Megan	High Jump	4th
2018	Holmberg, Maddie	Heptathlon	3rd

2020 Outdoor Season Cancelled due to COVID-19 pandemic.

** Denotes finish in AIAW. The first women's NCAA-sponsored Outdoor Championship was contested in 1982.

BOLD - Denotes Champion.



ALL-TIME WOMEN'S OUTDOOR ALL-AMERICANS (BY EVENT)

100 Meters

Moore, Connie	9th	2002
Moore, Connie	5th	2003
Moore, Connie	7th	2004
Jones, Mahagony	7th	2014

200 Meters

Moore, Connie	12th	2002
Moore, Connie	3rd	2003
Moore, Connie	5th	2004
Greaves, Shavon	7th	2010
Jones, Mahagony	4th	2014

400 Meters

Cox, Shana	9th	2005
Cox, Shana	3rd	2006
Cox, Shana	2nd	2007
Cox, Shana	1st	2008

800 Meters

Pioli, Terry	6th	**1981
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1500 Meters

Bankes, Kris	2nd	**1976
Rawe, Mary	3rd	**1981
Startare, Doreen	5th	1983
McGreevy, Kim	7th	1997
Heyer, Susanne	4th	1999
Rivers, Danae	8th	2018

5000 Meters

Mills, Kathy	1st	**1978
Renzi, Paula	6th	1984

10.000 Meters

Hunt, Kelli	4th	1993
Kelly, Kim	5th	1993
Hunt, Kelli	7th	1994
Fidler, Donna	7th	1997

100-Meter Hurdles

Barber, Aleesha	4th	2008
Barber, Aleesha	3rd	2010

400-Meter Hurdles

Hart, Tammi	5th	1982
Barber, Aleesha	12th	2007
Dorr, Fawn	6th	2009
Dorr, Fawn	4th	2010
Seymour, Kiah	6th	2014

3000-Meter Steeplechase

Landreth, Molly	11th	2003
Franek, Bridget	3rd	2008
Franek, Bridget	4th	2009
Franek, Bridget	1st	2010
Gerlach, Tori	3rd	2017

4x400-Meter Relay

Dominique Blake, Aleesha Barber, Gayle Hunter, Shana Cox	1st	2008
Aleesha Barber, Shavon Greaves, Gayle Hunter, Fawn Dorr	4th	2009
Aleesha Barber, Shavon Greaves, Doris Anyanwu, Fawn Dorr	4th	2010
Doris Anyanwu, Shavon Greaves, Ije Iheoma, Megan Duncan	4th	2011
Dynasty McGee, Mahagony Jones, Tichina Rhodes, Kiah Seymour	5th	2014

High Jump

McCloskey, Megan	4th	2018
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Long Jump

Riddick, Vivian	6th	1982
Walker, Shakeema	8th	1999
Aduba, Chi-Chi	6th	2004
Hunter, Gayle	5th	2008

Triple Jump

Mann, Carmen	5th	1989
Walker, Shakeema	7th	1998
Aduba, Chi-Chi	7th	2004
Gibson, Dannielle	6th	2017

Shot Put

Sobansky, Elaine	4th	**1981
Sobansky, Elaine	3rd	1982
Sobansky, Elaine	6th	1983
Sobansky, Elaine	2nd	1984

Discus

Williams, Deshaya	6th	1999
Williams, Deshaya	6th	2002
Williams, Deshaya	1st	2003

Hammer

Leatherman, Jennifer	7th	2005
Leatherman, Jennifer	5th	2006

Javelin

Senz, Marilyn	6th	1984
Gibbs, Stacey	10th	1992
Gusic, Becky	8th	1996
Kisty, Denika	10th	1996
Pastore, Jen	4th	1998
Johnson, Brianne	8th	2001
Johnson, Brianne	8th	2002
Colley, Ashley	11th	2003
Johnson, Brianne	5th	2003
Bruch, Diana	8th	2005
McQuillen, Karlee	9th	2008
McQuillen, Karlee	10th	2009
McQuillen, Karlee	3rd	2010
Loht, Laura	3rd	2012
Kenney, Lauren	4th	2012
Loht, Laura	4th	2013
Kenney, Lauren	5th	2013
Loht, Laura	5th	2014

Heptathlon

Connell, Pam	4th	1991
Mitchell, Shelley	8th	1992
Hunter, Gayle	8th	2007
Hunter, Gayle	5th	2008
Hunter, Gayle	5th	2008
Holmberg, Madeline	3rd	2018

3000 Meters (Discontinued)

Bankes, Kris	3rd	**1976
Bankes, Kris	5th	**1977
Bankes, Kris	2nd	**1978
Mills, Kathy	1st	**1978
Carmichael, Heather	3rd	**1980

4x800-Meter Relay (Discontinued)

Kathy Byrnes, Penny Fales, Sandy Miller, Lea Ventura	2nd	**1978
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** Denotes finish in AIAW. The first women's NCAA-sponsored Outdoor Championship was contested in 1982.



BIG TEN OUTDOOR HISTORY

ALL-TIME BIG TEN OUTDOOR TEAM FINISHES

MEN'S

Year	Place	Score	Location
1992	7th	55 pts	Minneapolis, Minn.
1993	8th	52.5 pts	East Lansing, Mich.
1994	8th	49 pts	Madison, Wis.
1995	5th	87 pts	Minneapolis, Minn.
1996	3rd	82 pts	University Park, Pa.
1997	8th	56 pts	Champaign, Ill.
1998	9th	53 pts	Columbus, Ohio
1999	9th	62 pts	West Lafayette, Ind.
2000	7th	71.5 pts	Iowa City, Iowa
2001	3rd	98.83 pts	Bloomington, Ind.
2002	5th	72 pts	Madison, Wis.
2003	5th	81 pts	Minneapolis, Minn.
2004	7th	54.5 pts	West Lafayette, Ind.
2005	7th	66 pts	Columbus, Ohio
2006	7th	61 pts	East Lansing, Mich.
2007	4th	93.5 pts	University Park, Pa.
2008	6th	77 pts	Champaign, Ill.
2009	5th	80 pts	Columbus, Ohio
2010	T-7th	52 pts	Bloomington, Ind.
2011	6th	74 pts	Iowa City, Iowa
2012	6th	80 pts	Madison, Wis.
2013	8th	59 pts	Columbus, Ohio
2014	6th	78 pts	West Lafayette, Ind.
2015	5th	67 pts	East Lansing, Mich.
2016	5th	82 pts	Lincoln, Neb.
2017	1st	117 pts	University Park, Pa.
2018	5th	83 pts	Bloomington, Ind.
2019	9th	50	Iowa City, Iowa

2020 Outdoor Season Cancelled due to COVID-19 pandemic.

BIG TEN MEN'S OUTDOOR AWARD WINNERS

ATHLETE OF THE CHAMPIONSHIPS

2014	Darrell Hill
2017	Malik Moffett
2018	Isaiah Harris
2019	Morgan Shigo

ATHLETE OF THE YEAR

2012	Joe Kovacs (Field)
2014	Darrell Hill (Field)

FRESHMAN OF THE YEAR

2010	Casimir Loxsom
2012	Robby Creese

COACH OF THE YEAR

2017	John Gondak
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BOLD - Denotes Big Ten Champion.

WOMEN'S

Year	Place	Score	Location
1992	6th	77 pts	Minneapolis, Minn.
1993	6th	56 pts	East Lansing, Mich.
1994	8th	53 pts	Madison, Wis.
1995	10th	33 pts	Minneapolis, Minn.
1996	8th	43 pts	University Park, Pa.
1997	3rd	91 pts	Champaign, Ill.
1998	5th	75 pts	Columbus, Ohio
1999	8th	63 pts	West Lafayette, Ind.
2000	7th	62 pts	Iowa City, Iowa
2001	8th	65 pts	Bloomington, Ind.
2002	8th	72 pts	Madison, Wis.
2003	T-2nd	124 pts	Minneapolis, Minn.
2004	2nd	126.5 pts	West Lafayette, Ind.
2005	2nd	112.5 pts	Columbus, Ohio
2006	3rd	114 pts	East Lansing, Mich.
2007	3rd	114 pts	University Park, Pa.
2008	1st	151 pts	Champaign, Ill.
2009	1st	139 pts	Columbus, Ohio
2010	1st	133.5 pts	Bloomington, Ind.
2011	2nd	122 pts	Iowa City, Iowa
2012	4th	87 pts	Madison, Wis.
2013	1st	133 pts	Columbus, Ohio
2014	1st	136 pts	West Lafayette, Ind.
2015	7th	66 pts	East Lansing, Mich.
2016	10th	47.5 pts	Lincoln, Neb.
2017	3rd	101 pts	University Park, Pa.
2018	9th	50 pts	Bloomington, Ind.
2019	6th	68 pts	Iowa City, Iowa

2020 Outdoor Season Cancelled due to COVID-19 pandemic.

BIG TEN WOMEN'S AWARD WINNERS

ATHLETE OF THE CHAMPIONSHIPS

2002	Connie Moore
2004	Connie Moore
2006	Shana Cox
2008	Shana Cox (Track)
2009	Emma Schmelzer (Field)
2010	Bridget Franek (Track)

ATHLETE OF THE YEAR

2004	Connie Moore
2006	Jennifer Leatherman (Field)
2008	Shana Cox (Track)
2010	Shavon Greaves (Track)

*Beginning with the 2007 season, the Big Ten instituted separate honors for the Track Athlete of the Year & Championships and the Field Athlete of the Year & Championships.

FRESHMAN OF THE YEAR

1992	Kim Kelly
2007	Bridget Franek
2017	Danae Rivers

COACH OF THE YEAR

2008	Beth Alford-Sullivan
2009	Beth Alford-Sullivan
2010	Beth Alford-Sullivan
2013	Beth Alford-Sullivan
2014	Beth Alford-Sullivan

BIG TEN OUTDOOR HISTORY



ALL-TIME OUTDOOR CHAMPIONS || BY YEAR

MEN'S

WOMEN'S (Cont.)

Year	Athlete	Event	Performance
1992	Davis, Antonio	Triple Jump	50-10 (15.49)
1993	Davis, Antonio	Triple Jump	51-1.75 (15.59)
1994	Hamer, Bob	5000-Meters	14:26.10
1995	Austin, Rob	Javelin	224-0
1996	Cook, James	Decathlon	7448
1996	Pina, Steve	Long Jump	25-9.50 (7.86)
1996	Wolter, Carl	Javelin	233-8 (71.22)
1997	Burkholder, Troy	Javelin	224-2 (68.32)
1998	Audu, George	Long Jump	25-4 (7.72)
1998	Burkholder, Troy	Javelin	210-11 (64.28)
1999	Audu, George	Long Jump	25-8.75 (7.84)
1999	Burkholder, Troy	Javelin	222-11 (67.96)
2001	Derby, Brian	400-Meter Hurdles	49.77
2002	Olkowski, Ryan	200-Meters	20.59
2003	Derby, Brian	400-Meter Hurdles	49.72
2003	Kuretic, J.T.	Decathlon	7424
2004	Stumpf, Brian	Javelin	216-4 (65.94)
2005	Campisi, Jaret	400-Meter Hurdles	50.10
2005	Kerschner, Bret	Javelin	218-6 (66.61)
2006	Miller, Mark	800-Meters	1:48.78
2006	Pettner, Allen	Javelin	218-6 (66.60)
2007	Fritz, Ryan	High Jump	7-1.75 (2.13)
2007	Pettner, Allen	Javelin	239-9 (73.09)
2008	Borchers, Samuel	1500-Meters	4:03.96
2009	Evak, Tanner	Javelin	233-4 (71.13)
2009	Foster, Ryan	800-Meters	1:49.66
2009	Smith, Clarence	Triple Jump	52-10.75 (16.12)w
2010	Loxson, Casimir	800-Meters	1:48.06
2010	Eaton, Blake	Shot Put	60-6.75 (18.46)
2011	Loxson, Casimir	800-Meters	1:47.70
2011	Eaton, Blake	Shot Put	61-8.50 (18.81)
2012	Loxson, Casimir	800-Meters	1:46.12
2012	Gehret, Brady	400-Meters	45.22
2012	Kovacs, Joe	Shot Put	68-5 (20.85)
2012	Nadolsky, Aaron	4x400-Meter Relay	3:04.78
2012	Loxson, Casimir	4x400-Meter Relay	3:04.78
2012	Gehret, Brady	4x400-Meter Relay	3:04.78
2012	Bennett-Green, Brandon	4x400-Meter Relay	3:04.78
2014	Waithe, Steve	Triple Jump	52-0 (15.85)
2014	Hill, Darrell	Shot Put	67-6 (20.57)
2014	Shuey, Michael	Javelin	236-2 (71.98)
2015	Hill, Darrell	Shot Put	66-3.25 (20.19)
2015	Shuey, Michael	Javelin	229-2 (69.85)
2015	Kidder, Brandon	800-Meters	1:47.56
2016	Kidder, Brannon	1500-Meters	3:44.67
2016	Harris, Isaiah	800-Meters	1:46.21
2016	Leap, Brian	Triple Jump	53-4.5 (16.37)
2017	Moffett, Malik	200-Meters	19.87
2017	Harris, Isaiah	800-Meters	1:49.68
2017	Moffett, Malik	Long Jump	26-3 (8.00)
2018	Harris, Isaiah	800-Meters	1:45.31
2018	Biddle, Michael	Javelin	239-7 (73.02)
2019	Shigo, Morgan	Hammer	236-4 (72.04)

WOMEN'S

Year	Athlete	Event	Performance
1992	Gibbs, Stacey	Javelin	165-1 (50.31)
1993	Kelly, Kim	10,000-Meters	34:58.95
1998	Bosler, Erica	800-Meters	2:05.69
1998	Walker, Shakeema	Triple Jump	42-4 (12.91)
1999	Walker, Shakeema	Triple Jump	43-6.50 (13.27)
2000	Williams, Deshaya	Discus	165-10 (50.54)
2002	Moore, Connie	100-Meters	11.31
2002	Moore, Connie	200-Meters	23.12
2003	Moore, Connie	100-Meters	11.37
2004	Moore, Connie	100-Meters	11.40
2004	Moore, Connie	200-Meters	22.74
2004	Aduba, Chi-Chi	4x100-Meter Relay	44.55
2004	Moore, Connie	4x100-Meter Relay	44.55
2004	Salaam, Kamilah	4x100-Meter Relay	44.55
2004	Shoaff, Sara	4x100-Meter Relay	44.55
2004	Aduba, Chi-Chi	Long Jump	20-10.75 (6.36)
2004	O'Connor, Ja'Nai	Shot Put	55-4.75 (16.88)

Year	Athlete	Event	Performance
2005	Cox, Shana	400-Meters	52.91
2005	Cox, Shana	4x100-Meter Relay	45.27
2005	Robinson, Brooke	4x100-Meter Relay	45.27
2005	Salaam, Kamilah	4x100-Meter Relay	45.27
2005	Shoaff, Sara	4x100-Meter Relay	45.27
2005	Leatherman, Jennifer	Hammer	199-3 (60.73)
2006	Cox, Shana	200-Meters	23.41
2006	Cox, Shana	400-Meters	52.57
2006	Cox, Shana	4x100-Meter Relay	45.18
2006	Salaam, Kamilah	4x100-Meter Relay	45.18
2006	Shoaff, Sara	4x100-Meter Relay	45.18
2006	Walker, Monique	4x100-Meter Relay	45.18
2006	Blake, Dominique	4x400-Meter Relay	3:36.95
2006	Cox, Shana	4x400-Meter Relay	3:36.95
2006	Markel, Kim	4x400-Meter Relay	3:36.95
2006	Simmons, Briene	4x400-Meter Relay	3:36.95
2006	Leatherman, Jennifer	Discus	167-8 (51.10)
2006	Leatherman, Jennifer	Hammer	197-8 (60.24)
2007	Barber, Aleesha	400-Meter Hurdles	57.56
2007	Blake, Dominique	4x400-Meter Relay	3:34.93
2007	Cox, Shana	4x400-Meter Relay	3:34.93
2007	Hunter, Gayle	4x400-Meter Relay	3:34.93
2007	Simmons, Briene	4x400-Meter Relay	3:34.93
2008	Cox, Shana	200-Meters	23.15
2008	Cox, Shana	400-Meters	52.00
2008	Barber, Aleesha	100-Meter Hurdles	12.83
2008	Franek, Bridget	3000 Steeplechase	9:58.56
2008	Blake, Dominique	4x400-Meter Relay	3:36.24
2008	Cox, Shana	4x400-Meter Relay	3:36.24
2008	Dorr, Fawn	4x400-Meter Relay	3:36.24
2008	Simmons, Briene	4x400-Meter Relay	3:36.24
2009	Greaves, Shavon	100-Meters	11.49
2009	Greaves, Shavon	200-Meters	23.35
2010	Greaves, Shavon	100-Meters	11.56
2010	Greaves, Shavon	200-Meters	23.28
2010	Dorr, Fawn	400-Meters	52.51
2010	Barber, Aleesha	100-Meter Hurdles	13.11
2010	Dorr, Fawn	400-Meter Hurdles	57.5
2010	Franek, Bridget	3000 Steeplechase	9:48.28
2010	Barber, Aleesha	4x100-Meter Relay	42.62
2010	Greaves, Shavon	4x100-Meter Relay	42.62
2010	DeFusco, Caitlin	4x100-Meter Relay	42.62
2010	Dorr, Fawn	4x100-Meter Relay	42.62
2010	Greaves, Shavon	4x400-Meter Relay	3:35.18
2010	Dorr, Fawn	4x400-Meter Relay	3:35.18
2010	Anyanwu, Doris	4x400-Meter Relay	3:35.18
2010	Duncan, Megan	4x400-Meter Relay	3:35.18
2011	Millhouse, Kara	10,000-Meters	35:02.33
2011	Duncan, Megan	400-Meter Hurdles	57.35
2011	McQuillen, Karlee	Javelin	162-10 (49.63)
2012	Millhouse, Kara	10,000-Meters	34:25.78
2012	Loht, Laura	Javelin	160-11 (49.05)
2013	Jones, Mahogany	100-Meters	11.32 (+2.6)
2013	Britton, Evonne	100-Meter Hurdles	13.40
2013	Kenney, Lauren	Javelin	173-10 (52.98)
2014	Jones, Mahogany	200-Meters	23.08
2014	Seymour, Kiah	400-Meter Hurdles	56.40
2014	McGee, Dynasty	4x400-Meter Relay	3:34.81
2014	Jones, Mahogany	4x400-Meter Relay	3:34.81
2014	Rhodes, Tichina	4x400-Meter Relay	3:34.81
2014	Seymour, Kiah	4x400-Meter Relay	3:34.81
2014	Kurzdorfer, Melissa	Hammer	198-6 (60.51)
2014	Howell, Brittny	Heptathlon	5,515
2017	Rivers, Danae	800-Meters	2:04.14
2017	Gibson, Dannielle	Triple Jump	45-1.75 (13.76)
2018	Rivers, Danae	1500-Meters	4:27.47
2019	Rivers, Danae	1500-Meters	4:17.69
2019	Rivers, Danae	800-Meters	2:04.71
2019	Holmes, Alexis	400-Meters	52.17
2020	Outdoor Season Cancelled due to COVID-19 pandemic.		

Bold - Denotes Big Ten Championship Record.



BIG TEN OUTDOOR HISTORY

ALL-TIME OUTDOOR CHAMPIONS || BY EVENT

ALL-TIME MEN'S OUTDOOR CHAMPIONS

200 Meters		
Olkowski, Ryan	20.59	2002
Moffett, Malik	19.87	2017
400 Meters		
Gehret, Brady	45.22	2012
800 Meters		
Miller, Mark	1:48.78	2006
Foster, Ryan	1:49.66	2009
Loxsom, Casimir	1:48.06	2010
Loxsom, Casimir	1:47.70	2011
Loxsom, Casimir	1:46.12	2012
Kidder, Brandon	1:47.56	2015
Harris, Isaiah	1:46.21	2016
Harris, Isaiah	1:49.68	2017
Harris, Isaiah	1:45.31	2018
1500 Meters		
Borchers, Samuel	4:03.96	2008
Kidder, Brannon	3:44.56	2016
5000 Meters		
Hamer, Bob	14:26.10	1994
400-Meter Hurdles		
Derby, Brian	49.77	2001
Derby, Brian	49.72	2003
Campisi, Jaret	50.10	2005
4x400-Meter Relay		
Aaron Nadoisky, Brandon Bennett-Green, Casimir Loxsom, Brady Gehret	3:04.78	2012
High Jump		
Fritz, Ryan	7-1.75 (2.13)	2007
Long Jump		
Pina, Steve	25-9.50 (7.86)	1996
Audu, George	25-4 (7.72)	1998
Audu, George	25-8.75 (7.84)	1999
Moffett, Malik	26-3 (8.00)	2017
Triple Jump		
Davis, Antonio	50-10 (15.49)	1992
Davis, Antonio	51-1.75 (15.59)	1993
Smith, Clarence	52-10.75 (16.12) ^w	2009
Waihte, Steve	52-0 (15.85)	2014
Leap, Brian	53-4.5(16.27)	2016
Shot Put		
Eaton, Blake	60-6.75 (18.46)	2010
Eaton, Blake	61-8.50 (18.81)	2011
Kovacs, Joe	68-5 (20.85)	2012
Hill, Darrell	67-6 (20.57)	2014
Hill, Darrell	66-3.25 (20.19)	2015
Javelin		
Austin, Rob	224-0 (68.27)	1995
Wolter, Carl	233-8 (71.22)	1996
Burkholder, Troy	224-2 (68.32)	1997
Burkholder, Troy	210-11 (64.28)	1998
Burkholder, Troy	222-11 (67.96)	1999
Stumpf, Brian	216-4 (65.94)	2004
Kerschner, Bret	218-6 (66.61)	2005
Pettner, Allen	218-6 (66.60)	2006
Pettner, Allen	239-9 (73.09)	2007
Evak, Tanner	233-4 (71.13)	2009
Shuey, Michael	236-2 (71.98)	2014
Shuey, Michael	236-8.5 (72.14)	2015
Biddle, Michael	239-7 (73.02)	2018
Hammer		
Shigo, Morgan	236-4 (72.04)	2019
Decathlon		
Cook, James	7448	1996
Kuretich, J.T.	7424	2003

ALL-TIME WOMEN'S OUTDOOR CHAMPIONS

100 Meters		
Moore, Connie	11.31	2002
Moore, Connie	11.37	2003
Moore, Connie	11.40	2004
Greaves, Shavon	11.49	2009
Greaves, Shavon	11.56	2010
Jones, Mahagony	11.32 (+2.6)	2013
200 Meters		
Moore, Connie	23.12	2002
Moore, Connie	22.74	2004
Cox, Shana	23.41	2006
Cox, Shana	23.15	2008
Greaves, Shavon	23.35	2009
Greaves, Shavon	23.28	2010
Jones, Mahagony	23.08	2014
400 Meters		
Cox, Shana	52.91	2005
Cox, Shana	52.57	2006
Cox, Shana	52.00	2008
Dorr, Fawn	52.51	2010
Holmes, Alexis	52.17	2019
800 Meters		
Bosler, Erica	2:05.69	1998
Rivers, Danae	2:04.14	2017
Rivers, Danae	2:04.71	2019
1500 Meters		
Rivers, Danae	4:27.47	2018
Rivers, Danae	4:17.69	2019
10,000 Meters		
Kelly, Kim	34:58.95	1993
Millhouse, Kara	35:02.33	2011
Millhouse, Kara	34:25.78	2012
100-Meter Hurdles		
Barber, Aleesha	12.83	2008
Barber, Aleesha	13.11	2010
Britton, Evonne	13.40	2013
400-Meter Hurdles		
Barber, Aleesha	57.56	2007
Dorr, Fawn	57.50	2010
Duncan, Megan	57.35	2011
Seymour, Kiah	56.40	2014
3000-Meter Steeplechase		
Franek, Bridget	9:58.56	2008
Franek, Bridget	9:48.28	2010
4x100-Meter Relay		
Kamilah Salaam, Chi-Chi Aduba, Sara Shoaff, Connie Moore	44.55	2004
Brooke Robinson, Kamilah Salaam, Sara Shoaff, Shana Cox	45.27	2005
Shana Cox, Monique Walker, Kamilah Salaam, Sara Shoaff	45.18	2006
Shavon Greaves, Caitlin DeFusco, Aleesha Barber, Fawn Dorr	42.62	2010
4x400-Meter Relay		
Shana Cox, Dominique Blake, Kim Markel, Briene Simmons	3:36.95	2006
Briene Simmons, Gayle Hunter, Dominique Blake, Shana Cox	3:34.93	2007
Briene Simmons, Dominique Blake, Gayle Hunter, Shana Cox	3:36.24	2008
Megan Duncan, Shavon Greaves, Doris Anyanwu, Fawn Dorr	3:35.18	2010
Dynasty McGee, Mahagony Jones, Tichina Rhodes, Kiah Seymour	3:34.81	2014
Long Jump		
Aduba, Chi-Chi	20-10.75 (6.36)	2004
Triple Jump		
Walker, Shakeema	42-4 (12.91)	1998
Walker, Shakeema	43-6.50 (13.27)	1999
Gibson, Dannielle	45-1.75 (13.76)	2017
Shot Put		
O'Connor, Ja'Nai	55-4.75 (16.88)	2004
Discus		
Williams, Deshaya	165-10 (50.54)	2000
Leatherman, Jennifer	167-8 (51.10)	2006
Hammer		
Leatherman, Jennifer	199-3 (60.73)	2005
Leatherman, Jennifer	197-8 (60.24)	2006
Kurzrdorfer, Melissa	198-6 (60.51)	2014
Javelin		
Gibbs, Stacey	165-1 (50.31)	1992
McQuillen, Karlee	162-10 (49.63)	2011
Loh, Laura	160-11 (49.05)	2012
Kenney, Lauren	173-10 (52.98)	2013
Heptathlon		
Howell, Brittney	5,515	2014

2020 Outdoor Season Cancelled due to COVID-19 pandemic.

Bold - Denotes Big Ten Championship Record.

BIG TEN HISTORY



ALL-TIME BIG TEN ATHLETES OF THE WEEK

ALL-TIME WOMEN'S WINNERS					ALL-TIME MEN'S WINNERS				
Year	Season	Athlete	Date	Event	Year	Season	Athlete	Date	Event
1996	XC	Kim McGreevy	Oct.*		1992	T&F	Jay Kirby	Jan.*	
1996	XC	Kim McGreevy	Nov.*		1992	T&F	Brian Milline	March*	
1997	T&F	Felicia Cooksey	Jan.*		1996	T&F	4x800M Relay Team	March*	
1997	T&F	Jen Pastore	April*		1999	T&F	George Audu	Jan. 12	
2001	XC	Michelle Wale	Oct. 9		1999	T&F	John Gorham	April 19	
2002	XC	Tracey Brauksieck	Sept. 10		2001	XC	Stephen Walsh	Oct. 9	
2002	XC	Tracey Brauksieck	Oct. 15		2001	T&F	Ryan Olkowski	April 9	
2002	XC	Tracey Brauksieck	Oct. 22		2003	XC	Dan Mazzocco	Sept. 17	
2003	XC	Molly Landreth	Sept. 17		2003	XC	Dan Mazzocco	Oct. 22	
2003	XC	Molly Landreth	Oct. 22		2006	T&F	Steve Meyers	April 25	
2003	XC	Molly Landreth	Oct. 29		2007	XC	Brian Fuller	Sept. 4	
2003	T&F	Chi Chi Aduba	Jan. 21		2007	XC	Lucas Zarzeczny	Sept. 25	
2004	XC	Molly Landreth	Sept. 14		2007	T&F	Ryan Fritz	Feb. 13	
2004	XC	Molly Landreth	Sept. 28		2007	T&F	Allen Pettner	April 3	Field
2004	T&F	Sara Dougherty	Feb. 3		2007	T&F	Ryan Fritz	April 17	Field
2004	T&F	Connie Moore	Feb. 18		2008	T&F	Sam Borchers	Jan. 29	Track
2004	T&F	Ja'Nai O'Connor	March 29		2008	T&F	Sam Borchers	April 8	Track
2004	T&F	Connie Moore	April 19		2008	T&F	Clarence Smith	May 6	Field
2004	T&F	Chi Chi Aduba	May 3		2009	T&F	Mike Cadau	Jan. 12	Track
2005	T&F	Jennifer Leatherman	April 25		2009	T&F	Ryan Fritz	Jan. 12	Field
2005	T&F	Jennifer Leatherman	May 9		2009	T&F	Clarence Smith	Jan. 19	Field
2006	XC	Bridget Franek	Oct. 10		2009	T&F	Clarence Smith	Feb. 9	Field
2006	T&F	Jennifer Leatherman	Jan. 17		2009	T&F	Ryan Foster	April 15	Track
2006	T&F	Jennifer Leatherman	Feb. 14		2009	T&F	John Vellenoweth	May 13	Field
2006	T&F	Jennifer Leatherman	March 28		2010	XC	Vince McNally	Sept. 7	
2006	T&F	Jennifer Leatherman	April 11		2010	T&F	Ryan Foster	Jan. 18	Track
2006	T&F	Jennifer Leatherman	April 25		2010	T&F	Ryan Foster	Feb. 1	Track
2006	T&F	Jennifer Leatherman	May 5		2010	T&F	Blake Eaton	Feb. 8	Field
2006	T&F	Jennifer Leatherman	May 8		2010	T&F	Ryan Foster	April 7	Track
2007	XC	Bridget Franek	Sept. 4		2010	T&F	Joe Kovacs	April 21	Field
2007	XC	Bridget Franek	Sept. 25		2010	T&F	Casimir Loxsom	April 28	Track
2007	T&F	Lena Bettis	Jan. 16	Field	2010	T&F	Casimir Loxsom	May 5	Track
2007	T&F	Shana Cox	Jan. 30	Track	2010	T&F	Ryan Fritz	May 12	Field
2007	T&F	Shana Cox	April 10	Track	2011	XC	Kyle Dawson	Sept. 6	
2007	T&F	Shana Cox	April 17	Track	2011	T&F	Blake Eaton	Feb. 7	Field
2007	T&F	Aleesha Barber	April 24	Track	2011	T&F	Joe Kovacs	April 20	Field
2007	T&F	Bridget Franek	May 1	Track	2011	T&F	Casimir Loxsom	April 27	Track
2007	T&F	Gayle Hunter	May 1	Field	2011	T&F	Ryan Foster	May 4	Track
2007	T&F	Emma Schmelzer	May 8	Field	2011	T&F	Sean Reilly	May 11	Field
2008	XC	Caitlin Lane	Sept. 2		2012	XC	Robby Creese	Sept. 4	
2008	XC	Bridget Franek	Oct. 7		2012	T&F	Hanif Johnson	Jan. 9	Field
2008	T&F	Dominique Blake	Jan. 29	Track	2012	T&F	Robby Creese	Jan. 16	Track
2008	T&F	Gayle Hunter	Jan. 29	Field	2012	T&F	Joe Kovacs	April 4	Field
2008	T&F	Briene Simmons	Feb. 5	Track	2012	T&F	Robby Creese	April 18	Track
2008	T&F	Lena Bettis	Feb. 12	Field	2012	T&F	Joe Kovacs	April 18	Field
2008	T&F	Shana Cox	April 15	Track	2012	T&F	Joe Kovacs	May 2	Field
2008	T&F	Shana Cox	April 29	Track	2012	T&F	Joe Kovacs	May 9	Field
2008	T&F	Shana Cox	May 6	Track	2012	T&F	Sancho Barrett	Jan. 7	Track
2009	XC	Caitlin Lane	Sept. 8		2013	T&F	Jon Hendershot	Jan. 7	Field
2009	XC	Cheryl Spring	Sept. 15		2013	T&F	Casimir Loxsom	Jan. 14	Track
2009	XC	Bridget Franek	Oct. 6		2013	T&F	Casimir Loxsom	Jan. 28	Track
2009	T&F	Bridget Franek	Feb. 2	Track	2013	T&F	Robby Creese	Feb. 11	Track
2009	T&F	Gayle Hunter	Feb. 2	Field	2013	T&F	Brannon Kidder	April 10	Track
2009	T&F	Gayle Hunter	Feb. 9	Field	2013	T&F	Robby Creese	April 17	Track
2009	T&F	Bridget Franek	Feb. 16	Track	2013	T&F	Casimir Loxsom	April 24	Track
2009	T&F	Bridget Franek	April 15	Track	2013	T&F	Casimir Loxsom	May 2	Track
2009	T&F	Kim Hanslovan	May 13	Field	2013	T&F	Jon Hendershot	May 8	Field
2010	XC	Caitlin Lane	Sept. 7		2014	T&F	Brannon Kidder	Feb. 10	Track
2010	T&F	Shavon Greaves	Jan. 11	Track	2014	T&F	Steve Waithe	Feb. 17	Field
2010	T&F	Fawn Dorr	Jan. 18	Track	2014	T&F	Steve Waithe	April 16	Field
2010	T&F	Shavon Greaves	Feb. 1	Track	2014	T&F	Darrell Hill	April 30	Field
2010	T&F	Bridget Franek	Feb. 15	Track	2014	T&F	Brannon Kidder	May 7	Track
2010	T&F	Shavon Greaves	April 7	Track	2014	XC	Brandon Kidder	Oct. 14	
2010	T&F	Karlee McQuillen	April 28	Field	2015	T&F	Brandon Kidder	Feb. 2	Track
2010	T&F	Bridget Franek	May 12	Track	2015	T&F	Darrell Hill	Feb. 9	Field
2011	XC	Caitlin Lane	Sept. 6		2015	T&F	Robby Creese	Feb. 9	Track
2011	T&F	Shavon Greaves	Jan. 31	Track	2015	T&F	Brandon Kidder	Feb. 23	Track
2011	T&F	Karlee McQuillen	April 6	Field	2015	T&F	Brandon Kidder	April 8	Track
2012	XC	Bekka Simko	Sept. 4		2015	T&F	Robby Creese	April 15	Track
2012	T&F	Mahagony Jones	Jan. 9	Track	2015	T&F	Darrell Hill	April 29	Field
2012	T&F	Melissa Kurzdorfer	April 4	Field	2015	T&F	Brannon Kidder	May 6	Track
2012	T&F	Kirsten Nieuwendam	May 9	Track	2015	T&F	Sancho Barrett	May 13	Track
2013	T&F	Mahagony Jones	Jan. 7	Track	2015	T&F	Darrell Hill	May 13	Field
2013	T&F	Erika Morgan	Jan. 7	Field	2015	XC	Ean DiSilvio	Sept. 9	
2013	T&F	Marlene Ricketts	Jan. 14	Field	2016	T&F	Brannon Kidder	Jan. 20	Track
2013	T&F	Lauren Kenney	April 10	Field	2016	T&F	Isaiah Harris	Feb. 10	Track
2013	T&F	Mahagony Jones	April 17	Track	2016	T&F	Isaiah Harris	April 6	Track
2014	T&F	Evonne Britton	Feb. 3	Track	2016	T&F	Brian Leap	April 20	Field
2014	T&F	Kiah Seymour	Feb. 17	Track	2016	T&F	Brannon Kidder	April 27	Track
2014	T&F	Mahagony Jones	April 16	Track	2016	T&F	Brian Leap	May 4	Field
2014	T&F	Kiah Seymour	May 7	Track	2017	T&F	Isaiah Harris	Jan. 25	Track
2014	T&F	Melissa Kurzdorfer	May 14	Field	2017	T&F	Isaiah Harris	Feb. 1	Track
2015	XC	Tori Gerlach	Sept. 16		2017	T&F	Michael Shuey	Mar. 29	Field
2016	T&F	Lexi MasterSon	Jan. 13	Field	2017	T&F	Isaiah Harris	Apr. 5	Track
2016	T&F	Dannielle Gibson	March 30	Field	2017	T&F	Isaiah Harris	Apr. 26	Track
2016	XC	Tessa Barrett	Sept. 14		2017	XC	Colin Abert	Sept. 6	
2017	T&F	Dannielle Gibson	Jan. 18	Field	2017	XC	Colin Abert	Sept. 13	
2017	T&F	Tessa Barrett	Feb. 1	Track	2017	XC	Colin Abert	Oct. 18	
2017	T&F	Danae Rivers	Feb. 1	Track	2018	T&F	Bryce Williams	Jan. 17	Field
2017	T&F	Tori Gerlach	Apr. 19	Track	2018	T&F	Colin Abert	Jan. 17	Track
2017	T&F	Danae Rivers	Apr. 26	Track	2018	T&F	Isaiah Harris	Jan. 24	Track
2017	XC	Jillian Hunsberger	Sept. 6		2018	T&F	David Lucas	Jan. 31	Field
2017	XC	Jillian Hunsberger	Sept. 13		2018	T&F	Isaiah Harris	Feb. 14	Track
2018	T&F	Danae Rivers	Jan. 24	Track	2018	XC	Colin Abert	Sept. 5	
2018	XC	Julia Paternain	Sept. 12		2018	XC	Colin Abert	Sept. 12	
2019	T&F	Danae Rivers	Jan. 16	Track	2019	T&F	Morgan Shigo	Jan. 30	Field
2019	T&F	Danae Rivers	Jan. 30	Track	2019	T&F	David Lucas	Feb. 20	Field
2019	T&F	Danae Rivers	Feb. 13	Track	2020	T&F	David Lucas	Feb. 5	Field
2019	T&F	Payden Montana	Mar. 27	Field					
2020	T&F	Maddie Holmberg	Jan. 29	Field					

2020 Outdoor Season cancelled due to COVID-19 pandemic



PENN RELAYS HISTORY

MEN'S RELAYS CHAMPIONS

Year	Relay	Performance
1920	4x1 Mile Relay	18:10.6
	—, —, —, Larry Shields	
1920	DMR (3/4 Mile, 440, 880, Mile)	10:37.2
	—, —, —, Larry Shields	
1923	4x880 Yard Relay	7:48.8
	Edgar L. Carter, J. Russell Edgerton, Schuyler Enck, Alan Helffrich	
1924	SMR (440, 220, 440, 880)	3:30.4
	Alan Helffrich, Conway, Crip Moore, Schuyler Ench	
1926	4x1 Mile Relay	18:14.6
	R.R. Fouracre, P.B. Reis, K.B. Barclay, J.H. Stewart	
1926	4 x 120-Yd High Hurdle Shuttle	1:06.0
	E.T. Eggers, J.M. Lerch, C.J. Sharp, Crip Moore	
1928	4x110 Yards	42.6
	Frank Kilmer, Al Bates, John McCracken, Dick Bartholomew	
1928	DMR (3/4 Mile, 440, 880, Mile)	10:37.8
	Lonnie Kittle, Bill Karbach, George Offenhausen, Bill Cox	
1929	4x1 Mile Relay	17:48.6
	C.A. Meisinger, P.E. Rekers, G.K. Offenhauser, Bill Cox	
1932	SMR (440, 220, 220, 880)	3:28.6
	C.E. Gritsavage, I. Dale, W. Van Keuran, W.F. Dunaway, or H. Thompson Dale	
1942	SMR (440, 220, 220, 880)	3:26.5
	Barney Ewell, D.D. Dolbin, M.M. Neville, Norm Gordon	
1947	4x1 Mile Relay	17:48.6
	Bill Shuman, Curt Stone, Horace Ashenfelter, Gerry Karver	
1948	4x1 Mile Relay	17:30.7
	Bill Shuman, Mitch Williams, H.Ashenfelter, Gerry Karver	
1948	DMR (3/4 Mile, 440, 880, Mile)	10:15.1
	Paul Koch, Mitch Williams, Bill Shuman, Gerry Karver	
1949	4x1 Mile Relay	17:35.4
	Unknown	
1950	4x110 Yards	41.3
	Jim Gehrdes, Guy Kay, Bill Lockhart, Wilbert Lancaster	
1951	4x1 Mile Relay	17:24.6
	Bob Parsons, Don Ashenfelter, Bill Ashenfelter, Bob Freebairn	
1959	4x1 Mile Relay	17:11.3
	Ed Moran, Dick Engelbrink, Charles King, Fred Kerr	
1959	DMR (3/4 Mile, 440, 880, Mile)	9:58.2
	Unknown	
1983	4x800-Meter Relay	7:19.77
	Paul McLaughlin, Randy Moore, Mike Cook, Ken Wynn	
1985	4x800-Meter Relay	7:11.17
	Vance Watson, Steve Shisler, Chris Mills, Randy Moore	
1986	4x800-Meter Relay	7:16.05
	Vance Watson, Steve Shisler, Ray Levitre, Chris Mills	
1987	4x800-Meter Relay	7:14.65
	Steve Balkey, Mark Anderson, Chris Mills, Ray Levitre	
2011	SMR	3:17.10
	Aaron Nadolsky, Brady Gehret, Casimir Loxsom, Ryan Foster	
2012	SMR	3:18.47
	Aaron Nadolsky, Br. Bennett-Green, Brady Gehret, Casimir Loxsom	
2012	4x800	7:19.76
	Owen Dawson, Ryan Brennan, Casimir Loxsom, Robby Creese	
2013	4x800	7:14.14
	Robby Creese, Za'Von Watkins, Casimir Loxsom, Brannon Kidder	
2013	DMR	9:24.68
	Brannon Kidder, Brandon Bennett-Green, Casimir Loxsom, Robby Creese	
2015	SMR	3:21.29
	Xavier Smith, Sancho Barrett, Alex Shisler, Brandon Kidder	
2016	4x800-Meter Relay	7:14.14
	Robby Creese, Jordan Makins, Isaiah Harris, Brannon Kidder	
2018	SMR	3:15.25
	Xavier Smith, Malik Moffett, Kier Miner, Isaiah Harris	

WOMEN'S RELAY CHAMPIONS

Year	Relay	Performance
1978	4x800-Meter Relay	8:49.9
	Unknown	
2008	4x400-Meter Relay	3:31.44
	Dominique Blake, Aleesha Barber, Gayle Hunter, Shana Cox	
2019	Sprint Medley Relay	3:45.25
	Brooke-Lynn Williams, Kiara Lester, Alexis Holmes, Danae Rivers	

MEN'S INDIVIDUAL CHAMPIONS

Year	Athlete	Event	Performance
1910	Lee Talbot	Hammer Throw	160-6 (48.92)
1911	Lee Talbot	Discus	129-2 (39.32)
1911	Alfred Tilley	Hammer Throw	143-8 (43.78)
1913	Lee Talbot	Discus	142-0 (43.28)
1913	Lee Talbot	Hammer Throw	163-7 (49.88)
1919	Francis Emory	56-Pound Weight	28-0 (8.53)
1920	Francis Emory	Javelin	165-6 (50.44)
1923	Crip Moore	120-Yard High Hurdles	15.4
1925	Crip Moore	120-Yard High Hurdles	14.8
1926	Al Bates	Long Jump	23-3 1/2 (7.07)
1927	Bill Cox	Two-Mile	9:32.0
1927	Marian Ide	Hammer Throw	158-0 7/8
1938	Nick Vukmanic	Javelin	223-10 (68.22)
1939	Nick Vukmanic	Javelin	207-3 (63.16)
1942	Barney Ewell	Long Jump	24-5 1/2 (7.45)
1944	Barney Ewell	Long Jump	24-2 (7.36)
1945	Barney Ewell	100 Yards	9.8
1947	Curt Stone	Two-Mile	9:19.4
1949	Horace Ashenfelter	Two-Mile	9:21.5
1949	Jim Gehrdes	120-Yard High Hurdles	14.4
1950	Jim Gehrdes	120-Yard High Hurdles	14.3
1954	Art Pollard	100 Yards	9.8
1955	Roosevelt Grier	Shot Put	54-8 (16.66)
1961	Bob Brown	100 Yards	9.9
1965	Lennart Hedmark	Javelin	243-0 (74.06)
1966	Bill Reilly	3000-Meter Steeplechase	9:22.8
1971	Greg Fredericks	Three-Mile	13:36.1
1972	Greg Fredericks	Three-Mile	13:31.5
1973	Charlie Maguire	Three-Mile	13:41.6
1974	Charlie Maguire	Three-Mile	13:27.0
1974	Mike Shine	120-Yard High Hurdles	13.9
1974	Mike Shine	400-Meter Hurdles	50.8
1975	Knut Hjeltnes	Shot Put	61-23/4 (18.66)
1976	George Malley	3000-Meter Steeplechase	8:34.4
1976	Mike Shine	110-Meter High Hurdles	13.6
1976	Al Jackson	Hammer Throw	199-4 (60.76)
1977	Paul Stemmer	5000 Meters	13:52.4
1979	Bruce Baden	3000-Meter Steeplechase	8:42.5
1979	Alan Scharsu	5000 Meters	13:48.5
1979	John Ziegler	10,000 Meters	29:19.3
1979	Tim Backenstose	Marathon	2:22:14
1980	Alan Scharsu	5000 Meters	13:42.1
1982	Jeff Adkins	5000 Meters	13:55.0
1987	Dave Masgay	Decathlon (Multi)	7282
1989	C.J. Hunter	Shot Put	63-3 1/4 (19.28)
1990	C.J. Hunter	Shot Put	65-5 (19.81)
1993	Brian Milne	Discus	196-5 (59.86)
1993	Antonio Davis	Triple Jump	53-11 1/4 (16.44)
1996	James Cook	Decathlon (Multi)	7600
1997	James Cook	Decathlon (Multi)	7458
1998	Kevin Geesaman	20,000 Meters	1:04:40
2003	J.T. Kurelich	Decathlon (Multi)	7056
2005	Ian McCann	20,000 Meters	1:07:40
2007	Chris Morrissey	Decathlon (Multi)	7014
2008	Chris Morrissey	Decathlon (Multi)	6995
2009	Tanner Evak	Javelin	225-6 (68.74)
2012	Joe Kovacs	Shot Put	65-5 (19.94)
2014	Steve Waithe	Triple Jump	53-2.75 (16.22)
2014	Darrell Hill	Shot Put	63-11.75 (19.50)
2014	Michael Shuey	Javelin	234-11 (71.60)
2015	Darrell Hill	Shot Put	68-2.5 (20.78)
2016	Ryan Kerr	Javelin	228-8 (69.72)
2016	Brian Leap	Triple Jump	53-0 (16.15)
2018	Luke Grodeska	Shot Put	55-8.75
2019	Morgan Shigo	Hammer	234-4 (71.45)

INDIVIDUAL WOMEN'S CHAMPIONS

Year	Athlete	Event	Performance
1983	Marilyn Senz	Javelin	162-9 (49.60)
1984	Elaine Sobansky	Shot Put	53-4.50 (5.96)
1985	Paula Renzi	5000-Meters	16:01.4
1986	Stacy Prey	5000-Meters	16:01.2
1998	Jen Pastore	Javelin	177-7 (54.12)
2000	Deshaya Williams	Discus	174-8 (53.24)
2001	Brianna Johnson	Javelin	161-7 (49.26)
2006	Jennifer Leatherman	Hammer	213-7 (65.12)
2007	Bridget Franek	3,000m Steeplechase	9:59.21
2007	Gayle Hunter	Heptathlon	5606
2009	Fawn Dorr	400-Meter Hurdles	57.78
2010	Karlee McQuillen	Javelin	162-7 (49.57)
2011	Karlee McQuillen	Javelin	158-4 (48.28)
2012	Melissa Kurzdorfer	Hammer	205-1 (62.53)
2012	Lauren Kenney	Javelin	160-8 (48.99)
2013	Natalie Bower	3,000m Steeplechase	10:13.58
2013	Laura Loht	Javelin	154-6 (47.10)
2013	Brittney Howell	Heptathlon	5084
2014	Leigha Anderson	10,000m	33:52.32
2014	Laura Loht	Javelin	167-8 (51.11)
2015	Elizabeth Chikotas	5000-Meters	16:05.46
2017	Dannielle Gibson	Triple Jump	43-6 (13.26)

2020 Penn Relays cancelled due to COVID-19 pandemic

CROSS COUNTRY/TRACK & FIELD



RECORDS



WOMEN'S INDOOR RECORDS

Track Events

60 Meters	7.24Shavon Greaves, 2010
200 Meters	22.60Consuella Moore, 2004
400 Meters	52.14 Alexis Holmes, 2019
800 Meters	2:02.94Danae Rivers, 2019
Mile	4:29.47Danae Rivers, 2019
3000 Meters	9:07.22 Tessa Barrett, 2017
5000 Meters	15:28.99 Tessa Barrett, 2017
60m Hurdles	8.10 Evonne Britton, 2014

Relay Events

4x400-Meters	3:33.13	Dynasty McGee, Mahogany Jones, Tichina Rhodes, Kiah Seymour, 2014
Distance Medley	11:01.16Julie Kocjancic, Tichina Rhodes, Rachel Banks, Danae Rivers, 2017

Non-NCAA Event Records

55 Meters	6.98Shavon Greaves, 2008
300 Meters	37.13Shavon Greaves, 2010
500 Meters	1:09.19 Shana Cox, 2007
600 Meters	1:29.04 Victoria Tachinski, 2020
1000 Meters	2:38.58Danae Rivers, 2019
55m Hurdles	7.77Aleesha Barber, 2008
Shuttle Hurdles	32.30	Carla Criste, Laurie Dangel, Sue Lindner, Stephanie Weeks, 1983
4x200-Meters	1:35.65Megan Osborne, Kiah Seymour, Dynasty McGee, Mahogany Jones, 2014 (Collegiate Record)
4x800-Meters	8:45.60	Judi Cassel, Heidi Gerken, Tammie Hart, Beth Stever, 1984
Sprint Medley	3:52.25 Lauren Burns, Lena Bettis, Aleesha Barber, Briene Simmons, 2007 (Collegiate Record)

*All times are FAT (Fully Automatic Timing)

Field Events

High Jump	6-0 (1/83) Alexa Parks, 2020
Pole Vault	13-11.25 (4.25) Katie Jones, 2020
Long Jump	20-11.25 (6.38) Gayle Hunter, 2009
Triple Jump	44-1.25 (13.45) Chi-Chi Aduba, 2003
Shot Put	56-8 (17.27) Rachel Fatherly, 2016
20-lb. Weight	74-10.50 (22.82)	... Jen Leatherman, 2006
Pentathlon	4,342 points Gayle Hunter, 2009

Pentathlon Event Records

60-Meter Hurdles	8.31Brittney Howell, 2014
High Jump	5-8.50 (1.74) Amber Strouse, 2007 Kelsey Coutts, 2012
Long Jump	20-11.25 (6.38) Gayle Hunter, 2009
Shot Put	40-0.50 (12.20) Gayle Hunter, 2009
800-Meters	2:13.73 Gayle Hunter, 2009

Retired Records

50 Yards	6.00 Lea Ventura, 1977
60 Yards	7.12 Vivian Riddick, 1983
220 Yards	24.84 Debbie Lewis, 1980
300 Yards	36.49 Janice Carter, 1985
440 Yards	55.62 Tammie Hart, 1981
600 Yards	1:20.34 Tammie Hart, 1983
880 Yards	2:09.11 Terry Pioli, 1983
1000 Yards	2:32.00Doreen Startare, 1983
1500 Meters	4:20.50 Patty Murnane, 1980
2000 Meters	6:05.67 Mary Rawe, 1980
2-Mile	9:54.76Doreen Startare, 1983
3-Mile	15:48.00 Paula Renzi, 1985
50-Yard Hurdles	6.80 Patti Knighton, 1978
60-Yard Hurdles	8.07 Stephanie Weeks, 1983
50-Meter Hurdles	7.20 Carla Criste, 1985
Mile Relay	3:46.30 Penny Fales, Tammie Hart, Elaine LaFramboise, Terry Pioli, 1980
2-Mile Relay	8:52.40 Judi Cassel, Heidi Gerken, Beth Stever, Doreen Startare, 1984
880-Yard Relay	1:43.90Debbie Lewis, Ann McKillop, Terry Pioli, Vivian Riddick, 1980

Bold - Denotes Performance Set in 2020.

WOMEN'S INDOOR RECORDS



WOMEN'S INDOOR TOP-5 PERFORMANCES

60 Meters

1.	7.24	Shavon Greaves, 2010
2.	7.26	Mahagony Jones, 2014
3.	7.27	Consuella Moore, 2004
4.	7.32	Keianna Albury, 2017
5.	7.41	Toyin Augustus, 2001

200 Meters

1.	22.60	Consuella Moore, 2004
2.	22.93	Mahagony Jones, 2014
3.	22.98	Shavon Greaves, 2010
4.	23.48	Shana Cox, 2005
	23.48	Kiah Seymour, 2014

400 Meters

1.	52.14	Alexis Holmes, 2019
2.	52.31	Shana Cox, 2007
3.	52.53	Fawn Dorr, 2010
	52.53	Kiah Seymour, 2014
4.	53.14	Shavon Greaves, 2010
5.	53.15	Dominique Blake, 2008

500 Meters

1.	1:09.19	Shana Cox, 2007
2.	1:12.03	Janice Carter, 1989
3.	1:12.05	Ijeoma Iheoma, 2012
4.	1:12.23	Fawn Dorr, 2010
5.	1:13.32	Briene Simmons, 2006

600 Meters

1.	1:29.04	Victoria Tachinski, 2020
2.	1:29.06	Danae Rivers, 2017
3.	1:29.75	Antoinette Bradley, 2020
4.	1:29.81	Briene Simmons, 2008
5.	1:30.22	Erica Bosler, 1998

800 Meters

1.	2:02.94	Danae Rivers, 2019
2.	2:05.67	Briene Simmons, 2007
3.	2:06.73	Victoria Tachinski, 2020
3.	2:06.88	Bekka Simko, 2012
4.	2:06.99	Rachel Banks, 2017

1000 Meters

1.	2:38.58	Danae Rivers, 2019
2.	2:43.15	Tori Gerlach, 2016
3.	2:44.24	Caitlin Lane, 2012
4.	2:47.28	Marta Klebe, 2014
5.	2:48.17	Sarah Jane Underwood, 2014

Mile

1.	4:29.47	Danae Rivers, 2019
2.	4:37.83	Tori Gerlach, 2016
3.	4:37.95	Bridget Franek, 2010
4.	4:38.37	Caitlin Lane, 2011
5.	4:40.43	Julie Kocjancic, 2017

3000 Meters

1.	9:07.22	Tessa Barrett, 2017
2.	9:10.04	Bridget Franek, 2009
3.	9:10.76	Tori Gerlach, 2014
4.	9:13.06	Paula Renzi, 1985
5.	9:15.16	Caitlin Lane, 2012

5000 Meters

1.	15:28.99	Tessa Barrett, 2017
2.	15:50.49	Tori Gerlach, 2016
1.	15:53.50	Paula Renzi, 1985
2.	15:56.76	Bridget Franek, 2010
5.	16:01.90	Jillian Hunsberger, 2017

60-Meter Hurdles

1.	8.10	Evonne Britton, 2014
2.	8.16	Aleesha Barber, 2009
3.	8.21	Quenee Dale, 2017
4.	8.22	Toyin Augustus, 2001
5.	8.31	Brittney Howell, 2014

4x200-Meter Relay

1.	1:35.65	Megan Osborne, Kiah Seymour, Dynasty McGee, Mahagony Jones, 2014 <i>** Collegiate Record</i>
2.	1:37.25	Mahagony Jones, Kirsten Nieuwendam, Doris Anyanwu, Kiah Seymour
3.	1:37.76	Monique Walker, Kamilah Salaam, Gayle Hunter, Sara Shoaff, 2006
4.	1:37.92	Kamilah Salaam, Brooke Robinson, Sara Shoaff, Shana Cox, 2005
5.	1:38.05	Cheryl Green, Connie Moore, Sara Shoaff, Kamilah Salaam, 2004

4x400-Meter Relay

1.	3:33.13	Dynasty McGee, Mahagony Jones, Tichina Rhodes, Kiah Seymour, 2014
2.	3:33.49	Dominique Blake, Briene Simmons, Shana Cox, Aleesha Barber, 2007
3.	3:34.00	Dominique Blake, Shana Cox, Aleesha Barber, Fawn Dorr, 2008
	3:34.00	Doris Anyanwu, Ije Iheoma, Shavon Greaves, Megan Duncan, 2011
5.	3:34.04	Shana Cox, Briene Simmons, Aleesha Barber, Dominique Blake, 2006

Bold - Denotes Performance Set in 2020.



WOMEN'S INDOOR RECORDS

WOMEN'S INDOOR TOP-5 PERFORMANCES

Sprint Medley Relay

- 3:52.25 Lauren Burns, Lena Bettis, Aleesha Barber, Briene Simmons, 2007
- 3:56.63 Cheryl Green, Connie Moore, Sara Shoaff, Briene Simmons, 2004
- 4:01.38 Sara Shoaff, Gayle Hunter, Dominique Blake, Jenny Stevens, 2005
- 4:09.50 Monique Walker, Sara Shoaff, Aleesha Barber, Katie Willow, 2006

Distance Medley Relay

- 11:01.16 Julie Kocjancic, Tichina Rhodes, Rachel Banks, Danae Rivers, 2017
- 11:05.16 Caitlin Lane (3:22), Iheoma (53.5), Bekka Simko (2:07.5), Kara Millhouse (4:41.1), 2012
- 11:09.85 Marissa Sheva, Alexis Holmes, Victoria Tachinski, Danae Rivers, 2019
- 11:14.78 Megan Hutchinson, Shana Cox, Briene Simmons, Bridget Franek, 2007
- 11:15.00 Danae Rivers, Kiara Lester, Rachel Banks, Tessa Barrett, 2017

High Jump

- 6-0 (1.83).....Alexa Parks, 2020**
- 5-11.25 (1.81) Brittany Maun, 2010
- 5-11.25 (1.81) Antoinette O'Carroll, 1987
- 5-10.50 (1.79) Erika Morgan, 2013
- 5-10.50 (1.79) Megan McCloskey, 2018

Pole Vault

- 13.11.25 (4.25)Katie Jones, 2020**
- 13-9.75 (4.21) Lexi Masterson, 2016
- 13-8.50 (4.18) Hannah Mulhern, 2018
- 13-5.50 (4.11) Sara Dougherty, 2004
- 13-4.5 (4.08)..... Erica Ellis, 2020**

Long Jump

- 20-11.25 (6.38) Gayle Hunter, 2009
- 20-8 (6.30) Chi-Chi Aduba, 2003
- 20-8 (6.30) Shakeema Walker, 1999
- 20-7.50 (6.28) Carmen Mann, 1990
- 20-5 (6.22) Maddie Holmberg, 2019

Triple Jump

- 44-1.50 (13.45) Chi-Chi Aduba, 2003
- 43-9.00 (13.33) Dannielle Gibson, 2017
- 42-4.75 (12.92) Marlene Ricketts, 2013
- 41-11.50 (12.79) Gabriela Baiter, 2008
- 41-9.25 (12.73) Lena Bettis, 2007
- 41-9.25 (12.73) Shakeema Walker, 1998

Shot Put

- 56-8 (17.27) Rachel Fatherly, 2016
- 56-5.25 (17.20) Ja'Nai O'Connor, 2004
- 53-6 (16.31) Elaine Sobansky, 1983
- 53-5.75 (16.30) Alyssa Robinson, 2017
- 53-5 (16.28) Jen Leatherman, 2006

20-lb Weight Throw

- 74-10.50 (22.82) Jen Leatherman, 2006
- 69-2 (21.08) Rachel Fatherly, 2015
- 68-6 (20.88) Melissa Kurzdorfer, 2014
- 67-3.25 (20.50).....Gianna Rao, 2020**
- 66-3 (20.19) Kate Johnston, 2005

Pentathlon

- 4,342 Gayle Hunter, 2009
- 4,274 Maddie Holmberg, 2020**
- 4,202 Brittney Howell, 2014
- 3,988 Carla Criste, 1985
- 3,861 Tal Ben-Artzi, 2014

Notable Performances

- * 4,059 Gayle Hunter, 2005
* *American Junior Record*

Bold - Denotes Performance Set in 2020.



Track Events

60 Meters	6.65	William Henderson, 2019
200 Meters	20.56	Terrance Laird, 2018
400 Meters	46.22	Brady Gehret, 2011
800 Meters	1:46.08	Isaiah Harris, 2018
Mile	3:57.11	Robby Creese, 2013
3000 Meters	7:50.36	Robby Creese, 2015
5000 Meters	13:46.49	Tim McGowan, 2019
60m Hurdles	7.69	Guy Rose, 2001

Relay Events

4x400-Meters	3:04.80	Dan Chisena, Xavier Smith, Samuel Reiser, Isaiah Harris, 2017
Distance Medley	9:26.59	Brannon Kidder, Brandon Bennett-Green, Za'Von Watkins, Robby Creese, 2014

Non-NCAA Event Records

55 Meters	6.31	Michael Timpson, 1986
300 Meters	33.01	Michael Timpson, 1986 U.S. Collegiate Record
500 Meters	1:01.28	Casimir Loxsom, 2011
600 Meters	1:14.96	Isaiah Harris, 2017 ** Collegiate Record **
1000 Meters	2:18.26	Brandon Kidder, 2016 ** Collegiate Record **
1500 Meters	3:44.0	Larry Mangan, 1979
55m Hurdles	7.31	Michael Timpson, 1986
4x55-Meters	24.65	Knowledge Timmons, Shawn Colligan, Alex Langan, Ernie Terrell, 2006
4x55m Hurdles	28.8	Paul Pollock, Bill Austin, Matt Graham & Dennis Rock, 1977
4x200-Meters	1:23.75	Xavier Smith, Dan Chisena, Malik Moffett, Anton Porter, 2016
Sprint Medley	3:23.74	Ernie Terrell, Jaret Campisi, Chris Lolagne, Matt Lincoln, 2005
4x800-Meters	7:21.37	Steve Balkey, Dave McMillan, Chris Mills & Ray Levitre, 1987
	7:21.37	Za'Von Watkins, Brannon Kidder, Ricky West, Casimir Loxsom, 2013
4-Mile	16:43.4	Jeff Adkins, Tom Rapp, Alan Scharsu & Larry Mangan, 1980

Field Events

High Jump	7-4.25 (2.24)	Paul Souza, 1982
Pole Vault	17-0.75 (5.20)	John Vellenoweth, 2009
Long Jump	25-11 (7.90)	David Coney, 1986
Triple Jump	53-3.50 (16.24)	Bryce Williams, 2018
Shot Put	67-3.5 (20.51)	Darrell Hill, 2015
35-lb. Weight	78-9.75 (24.02)	David Lucas, 2018
Heptathlon	5,511 pts	Rob Cardina, 2014

Heptathlon Event Records

Points	5,511	Rob Cardina, 2014
60 Meters	7.04	Rob Cardina, 2014
Long Jump	23-1 3/4 (7.05)	Rob Cardina, 2014
Shot Put	46-6 1/4 (14.18)	Rob Cardina, 2017
High Jump	6-7 1/2 (2.02)	Anyu Uzoh, 2012
60-Meter Hurdles	8.21	J.T. Kuretich, 2003
Pole Vault	15-5 3/4 (4.72)	J.T. Kuretich, 2003
1,000 Meters	2:41.90	Chris Morrissey, 2007

Retired Records

50 Yards	5.1	Barney Ewell, 1942 (1)
300 Yards	30.1	Mike Sands, 1975
500 Yards	57.0	Ollie Sax, 1953
600 Yards	1:09.6	Ken Wynn, 1983
1000 Yards	2:09.4	Pat Rexroat, 1975
2-Miles	8:34.2	Greg Fredericks, 1972
3-Miles	13:17.6	Paul Stemmer, 1976
50-Yard Hurdles	6.1	Rod Perry, 1955 (1)
70-Yard Hurdles	8.4	Jim Gehrdes, 1949; 8.4 Mike Shine, 1975
National TAC Medley (440, 220, 220, 300)	2:04.9	Mike Sands, Steve Hackman, Jack Davis & Mike Shine, 1975
Indoor Pentathlon	4,097	Brian Kelley, 1993
Pentathlon	4,097 pts	Brian Kelley, 1993

Bold - Denotes Performance Set in 2020.



MEN'S INDOOR RECORDS

MEN'S INDOOR TOP-5 PERFORMANCES

60 Meters

1.	6.65	William Henderson, 2019
2.	6.66	Xavier Smith, 2016
3.	6.75	Justin Ofotan, 2020
	6.75	Malik Moffett, 2018
5.	6.76	Ernie Terrell, 2003

* Converted time from 60 yards to 55 meters

200 Meters

1.	20.56	Terrance Laird, 2018
2.	20.76	Malik Moffett, 2017
3.	20.85	Xavier Smith, 2017
4.	20.98	Ryan Olkowski, 2002
5.	21.11	Michael Timpson, 1989

400 Meters

1	46.22	Brady Gehret, 2011
2.	46.27	Dan Chisena, 2018
3.	46.55	Bernard Bennett-Green, 2014
4.	46.73	Byron Robinson, 2014
5.	46.74	Brandon Bennett-Green, 2014

500 Meters

1.	1:01.28	Casimir Loxsom, 2011
2.	1:02.58	Ben Karcz, 2000
3.	1:02.75	Ernie Terrell, 2003
4.	1:02.81	Mike Cadau, 2009
5.	1:03.01	Bernard Bennett-Green, 2014

600 Meters

1.	1:14.96	Isaiah Harris, 2017
2.	1:15.42	Casimir Loxsom, 2013
3.	1:16.89	Ben Karcz, 2001
4.	1:16.98	Brannon Kidder, 2015
5.	1:17.58	Robert Rhodes, 2016

Notable Performances

*	1:16.92	Casimir Loxsom, 2010 * American Junior Record
*	1:15.79	Casimir Loxsom, 2013 * American Collegiate Record
*	1:15.42	Casimir Loxsom, 2013 * All-Time Collegiate and American Best

800 Meters

1.	1:46.08	Isaiah Harris, 2018
2.	1:46.98	Casimir Loxsom, 2013
3.	1:47.01	Brannon Kidder, 2016
4.	1:47.32	Ryan Foster, 2010
5.	1:47.77	Owen Dawson, 2010

Notable Performances

1:47.48	Ryan Foster, 2010	* Australian National Record
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1000 Meters

1.	2:18.26	Brannon Kidder, 2016
2.	2:19.53	Robby Creese, 2012
3.	2:19.60	Ryan Foster, 2010
4.	2:21.95	Ricky West, 2013
5.	2:21.98	Owen Dawson, 2010

Notable Performances

*	2:18.26	Brannon Kidder, 2016 * Collegiate Record
*	2:19.53	Robby Creese, 2012 * Collegiate, American Junior Record
*	2:19.60	Ryan Foster, 2010 * Australian National Record

Mile

1.	3:57.11	Robby Creese, 2013
2.	3:57.13	Brannon Kidder, 2015
3.	3:58.49	Ryan Foster, 2011
4.	3:59.51	Colin Abert, 2018
5.	4:01.98	Samuel Borchers, 2008

3000 Meters

1.	7:50.36	Robby Creese, 2015
2.	7:54.52	Sam Masters, 2013
3.	8:00.78	Ken Frazier, 1989
4.	8:01.49	Tim McGowan, 2019
5.	8:02.05	John Zishka, 1981

Converted Marks

1.	7:53.58	Greg Fredericks, 1972
2.	7:54.50	Robert Snyder, 1979

5000 Meters

1.	13:46.49	Timothy McGowan, 2019
2.	13:52.36	Steve Brown, 1990
3.	13:58.55	Eric Carter, 1986

Converted Marks

1.	13:46.42	Paul Stemmer, 1976
2.	13:46.94	Alan Scharu, 1980
3.	13:59.71	Charlie Maguire, 1974

60-Meter Hurdles

1.	7.69	Guy Rose, 2001
2.	7.76	Sincere Rhea, 2020
3.	7.82	Michael Timpson, 1986
4.	7.83	John Whelan, 1998
5.	7.85	Mike Shine, 1975

4x200-Meter Relay

1.	1:24.70	Emunael Mpanduki, Matt Gilmore, Brandon Bennett-Green, Aaron Nadolsky, 2013 ** Collegiate Record
2.	1:26:24	Alex Langan, Jaret Campisi, Chris Lolagne, Ernie Terrell, 2005
3.	1:28.31	Alex Langan, Ron Jules, Mike O'Donnell, Adam Stanowick, 2007
4.	1:28.99	Justin Kiscadden, Jaret Campisi, Ernie Terrell, Greg Miller, 2003
5.	1:29.32	Steve Morgan, Jordan Rajan, Justin Babich, Dan Engel, 2006

Bold - Denotes Performance Set in 2020.



MEN'S INDOOR TOP-5 PERFORMANCES

4x400-Meter Relay

- 3:04.80 Dan Chisena, Xavier Smith, Sam Reiser, Isaiah Harris, 2017
- 3:05.12 Dan Chisena (45.7), Xavier Smith (46.4) Kier Miner (46.8), Isaiah Harris (45.9), 2018
- 3:05.22 Nadolsky (46.8), Bennett-Green (46.6), Loxsom (46.1), Gehret (45.8), 2012
- 3:07.27 Nadolsky, Williams, Loxsom, Gehret, 2011
- 3:07.72 Nadolsky, Gehret, Loxsom, Gilmore, 2012

Sprint Medley Relay

- 3:23.74 Ernie Terrell (48.67), Jaret Campisi (21.31), Chris Lolagne (21.40), Matt Lincoln (1:52.06), 2005
- 3:27.70 Ben Karcz (49.31), Duane Reeves (21.94), John Gorham (22.53), Joe Hubbard (1:53.03), 1999
- 3:28.35 Ben Karcz, John Whelan, Duane Reeves, Joe Loner, 1998
- 3:29.07 Vern Lucas, Steve Evans, Paul Pollack, Bill Sheskey, 1978
- 3:29.1 Mike Sands, Doug Finkel, Fred Singleton, Martin Keen, 1974

4x800-Meter Relay

- 7:21.37 Balkey, McMillan, Mills, Levitre, 1987
.....Watkins, Kidder, West, Loxsom, 2013
- 7:22.10 Makins, Brennan, Kidder, Creese, 2015

Converted from 2-Mile Relay

- 7:21.42 McLaughlin, Moore, Wynn, Cook, 1983
- 7:23.38 Watson, Shisler, Mills, Moore, 1985

Distance Medley Relay

- 9:26.59 Kidder, Bennett-Green, Watkins, Creese, 2014
- 9:27.20 Makins, Shisler, Harris, Kidder, 2016
- 9:28.36 Kidder, Rhodes, Watkins, Creese, 2015
- 9:32.21 Kidder, Shisler, Watkins, Creese, 2015
- 9:32.94 Borchers, Cadau, Foster, Johnson, 2009

4xMile Relay

- 16:43.4 Jeff Adkins (4:15.1), Tom Rapp (4:10.2), Alan Scharsu (4:11.2), Larry Mangan (4:05.9), 1980
- 17:07.5* Charlie Maguire, Bob Hillman, Dan Supulski, Greg Fredericks, 1972
- 17:10.0 Dan Supulski, Charlie Maguire, Gary Gittings, Bob Hillman, 1971
- 17:11.8 Larry Mangan, Kelly O'Brien, Glen Chumley, Tom Rapp, 1973
- 17:14.5 Charlie Maguire, John Fullmer, Matt Chadwick, Gary Gittings, 1973

High Jump

- 7-4 1/4 (2.24) Paul Souza, 1982
- 7-3 1/4 (2.22) Ryan Fritz, 2007
- 7-2 3/4 (2.20) Ryan Olkowski, 1999
- 7-2 3/4 (2.20) Jon Hendershot, 2014
- 7-1 3/4 (2.18) Sean Reilly, 2012

Pole Vault

- 17-0 3/4 (5.20) John Vellenoweth, 2009
- 17-0 (5.18) Mason Ternay, 1992
- 16-9 1/2 (5.12) Ron Campbell, 1985
- 16-9 1/2 (5.12) Rick Kleban, 1985
- 16-8 3/4 (5.10) Dave Bollinger, 2004
- 16-8 3/4 (5.10) Brad Lawrence, 2010

Long Jump

- 25-11 1/4 (7.90) Dave Coney, 1986
- 25-10 3/4 (7.89) Antonio Davis, 1993
- 25-8 (7.82) George Audu, 1999
- 25-5 1/2 (7.76) William Henderson, 2019
- 25-5 1/2 (7.76) Rob Boulware, 1986

Triple Jump

- 53-3 1/2 (16.24) Bryce Williams, 2018
- 53-0 3/4 (16.17) Chavous Nichols, 2003
- 52-6 3/4 (16.02) Brian Leap, 2015
- 52-6 (16.00) Clarence Smith, 2009
- 52-6 (16.00) Steve Waithe, 2014

Shot Put

- 67-3 1/2 (20.51) Darrell Hill, 2015
- 65-7 (19.99) C.J. Hunter, 1990
- 65-1 1/4 (19.84) Joe Kovacs, 2011
- 62-6 1/2 (19.05) Phil Caraher, 1991
- 62-1 1/4 (18.93) Blake Eaton, 2011

35-lb Weight Throw

- 78-9 3/4 (24.02) David Lucas, 2018
- 73-8 3/4 (22.47) Morgan Shigo, 2019
- 70-6 1/2 (21.50) Will Barr, 2014
- 69-1.25 (21.06)** **Tyler Merkley, 2020**
- 66-5 3/4 (20.26) Dorian Lowe, 2002

Heptathlon

- 5511 Robert Cardina, 2014
- 5500 James Cook, 1998
- 5419 Chris Morrissey, 2008
- 5367 Anya Uzoh, 2012
- 5292** **Noah Swaby, 2020**

*American record when recorded.

Bold - Denotes Performance Set in 2020.



WOMEN'S OUTDOOR RECORDS

Track Events

100 Meters	11.21	Connie Moore, 2003
200 Meters	22.45	Connie Moore, 2004
400 Meters	50.84	Shana Cox, 2008
800 Meters	2:02.53	Danae Rivers, 2017
1,500 Meters	4:10.82	Danae Rivers, 2018
5,000 Meters	15:32.53	Kathy Mills, 1978
10,000 Meters	32:57.33	Kara Millhouse, 2012
100m Hurdles	12.85	Aleesha Barber, 2010
400m Hurdles	55.57	Fawn Dorr, 2010
3000m Steeple	9:32.35	Bridget Franek, 2010

Relay Events

4x100-Meters	44.25	Laurie Fox, Chi-Chi Aduba, Sara Shoaff, Connie Moore, 2003
4x400-Meters	3:27.69	Dominique Blake, Aleesha Barber, Gayle Hunter, Shana Cox, 2008

Non-NCAA Event Records

Mile	4:40.65	Bridget Franek, 2010
3000 Meters	9:08.04	Kathy Mills, 1978
4x200-Meters	1:33.09	Mahogany Jones, Dynasty McGee, Brittney Howell, Kiah Seymour, 2014
4x800-Meters	8:25.49	Tori Gerlach, Julie Kocjancic, Rachel Banks, Danae Rivers, 2017
Distance Medley	10:56.07	Tori Gerlach, Tichina Rhodes, Rachel Banks, Danae Rivers, 2017
Sprint Medley	3:45.25	Brooke-Lynn Williams, Kiara Lester, Alexis Holmes, Danae Rivers, 2019
4x1500m Relay	17:57.28	Meghan Noecker, Bridget Franek, Leah Rosenfeld, Claire Percival, 2007)

Field Events

High Jump	6-0 (1.83)	Shelley Mitchell, 1992
Pole Vault	13-6.25 (4.12)	Hannah Mulhern, 2018
	13-6.25 (4.12)	Katie Jones, 2018
Long Jump	21-6 (6.55)	Chi-Chi Aduba, 2004
Triple Jump	44-6.75 (13.58)	Chi-Chi Aduba, 2004
Shot Put	56-3.25 (17.15)	Rachel Fatherly, 2015
Discus	185-1 (56.42)	Deshaya Williams, 2003
Hammer	219-1 (66.78)	Jen Leatherman, 2006
Javelin	178-6 (54.41)	Laura Loht, 2014

Heptathlon Event Records

Heptathlon	5976	Maddie Holmberg, 2018
100-Meter Hurdles	13.45	Gayle Hunter, 2009
High Jump	5-10 (1.78)	Brittney Howell, 2014
Shot Put	44-8.25 (13.62)	Maddie Holmberg, 2018
200-Meters	23.56w	Gayle Hunter, 2008
Long Jump	21-0.50 (6.42)w	Gayle Hunter, 2009
Javelin	127-0 (38.70)	Maddie Holmberg, 2018
800-Meters	2:16.52	Tal Ben-Artzi, 2015

Retired Records

800m Medley	1:47.20	Johanna Humphreys, Terry Pioli, Vivian Riddick, Stephanie Weeks, 1982
Javelin (old)	198-11 (60.64)	Jen Pastore, 1998
Pentathlon	3,725 points	Patti Knighton, 1978

*All times are FAT (Fully Automatic Timing)
2020 Outdoor Season cancelled due to COVID-19 pandemic

WOMEN'S OUTDOOR RECORDS



WOMEN'S TOP-10 OUTDOOR PERFORMANCES

100 Meters

1.	11.21	Connie Moore, 2003
2.	11.27	Shavon Greaves, 2010
3.	11.29	Mahogany Jones, 2014
4.	11.56	Kamilah Salaam, 2004
5.	11.58	Keianna Albury, 2017
6.	11.63 (11.57w)	Aleesha Barber, 2008
7.	11.68	Vivian Riddick, 1983
	11.68 (11.60w)	Kirsten Nieuwendam, 2012
9.	11.70	Sara Shoaff, 2006
10.	11.72	Caitlin DeFusco, 2010

200 Meters

1.	22.45	Connie Moore, 2004
2.	22.90 (22.64w)	Mahogany Jones, 2014
3.	23.07	Shavon Greaves, 2010
4.	23.15 (22.92w)	Shana Cox, 2008
5.	23.33	Keianna Albury, 2017
6.	23.47	Kirsten Nieuwendam, 2012
7.	23.53	Alexis Holmes, 2019
8.	23.61	Kamilah Salaam, 2004
9.	23.66	Kiah Seymour, 2014
10.	23.70	Sara Shoaff, 2005
	23.79 (w)	Maddie Holmberg, 2018

400 Meters

1.	50.84	Shana Cox, 2008
2.	52.08	Alexis Holmes, 2019
3.	52.15	Dominique Blake, 2008
4.	52.51	Fawn Dorr, 2010
5.	53.14	Dynasty McGee, 2014
6.	53.17	Ije Iheoma, 2012
7.	53.65	Tichina Rhodes, 2015
8.	53.74	Laila Brock, 1998
	53.74	Janice Carter, 1988
10.	53.80	Tammie Hart, 1981

800 Meters

1.	2:02.53	Danae Rivers, 2017
2.	2:03.09	Bekka Simko, 2012
3.	2:04.37	Tammie Hart, 1985
4.	2:04.72	Briene Simmons, 2006
5.	2:05.14	Rachel Banks, 2017
6.	2:05.66	Janice Carter, 1985
7.	2:06.68	Terry Pioli, 1981
8.	2:05.69	Erica Bosler, 1998
9.	2:06.80	Maura Ryan, 2011
10.	2:07.26	Judi Cassel, 1995

1500 Meters

1.	4:10.82	Danae Rivers, 2018
2.	4:15.20	Marta Klebe, 2014
3.	4:16.96	Doreen Startare, 1993
4.	4:17.40	Kim McGreevy, 1997
5.	4:17.54	Mary Rawe, 1981
6.	4:18.33	Bridget Franek, 2010
7.	4:19.83	Patty Murnane, 1981
8.	4:20.11	Bekka Simko, 2012
9.	4:20.40	Caitlin Lane, 2010
10.	4:20.84	Greta Lindsley, 2018

5000 Meters

1.	15:32.52	Kathy Mills, 1978
2.	15:46.08	Bridget Franek, 2010
3.	15:53.50	Paula Renzi, 1985
4.	15:55.27	Jillian Hunsberger, 2018
5.	15:58.79	Tori Gerlach, 2015
6.	16:00.10	Julia Paternain, 2019
7.	16:01.59	Tessa Barrett, 2016
8.	16:05.46	Elizabeth Chikotas, 2015
9.	16:06.32	Kim Kelly, 1993
10.	16:08.74	Leigha Anderson, 2014

10,000 Meters

1.	32:57.33	Kara Millhouse, 2012
2.	33:22.19	Kathryn Munks, 2019
3.	33:22.91	Julia Paternain, 2019
4.	33:29.40	Jillian Hunsberger, 2017
5.	33:52.32	Leigha Anderson, 2014
6.	34:00.00	Natalie Updegrove, 1983
7.	34:02.52	Kim Kelly, 1993
8.	34:02.80	Kris Kelly, 1993
9.	34:09.00	Kelli Hunt, 1993
10.	34:20.10	Donna Fidler, 1999

100-Meter Hurdles

1.	12.85	Aleesha Barber, 2010
2.	13.03	Evonne Britton, 2014
3.	13.35	Gayle Hunter, 2009
4.	13.36	Toyin Augustus, 2001
5.	13.45	Brittney Howell, 2014
6.	13.57	Quenee Dale, 2018
7.	13.70	Madeline Holmberg, 2017
8.	13.71	Shelley Black, 2015
9.	13.83	Kamilah Salaam, 2006
	13.83	Monique Walker, 2006

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WOMEN'S OUTDOOR RECORDS

WOMEN'S TOP-10 OUTDOOR PERFORMANCES

400-Meter Hurdles

1.	55.57	Fawn Dorr, 2010
2.	55.88	Kiah Seymour, 2014
3.	57.00	Aleesha Barber, 2007
4.	57.32	Evonne Britton, 2010
5.	57.35	Megan Duncan, 2011
6.	57.88	Shelley Mitchell, 1991
7.	58.45	Tammie Hart, 1982
8.	58.60	Ernestine Marsh, 1987
9.	58.77	Kim Markel, 2007
10.	58.93	Doris Anyanwu, 2012

3000-Meter Steeplechase

1.	9:32.35	Bridget Franek, 2010
2.	9:46.76	Tori Gerlach, 2017
3.	10:07.78	Molly Landreth, 2003
4.	10:07.86	Natalie Bower, 2013
5.	10:11.29	Greta Lindsley, 2018
6.	10:16.91	Tracey Brauksieck, 2003
7.	10:20.33	Lindsey Graybill, 2012
8.	10:20.76	Abbie Benson, 2014
9.	10:24.01	Claire Percival, 2007
10.	10:26.41	Nicole Lord, 2010

4x100-Meter Relay

1.	44.25	Laurie Fox, Sara Shoaff, Connie Moore, Chi-Chi Aduba, 2003
2.	44.38	Kamilah Salaam, Chi-Chi Aduba, Sarah Shoaff, Connie Moore, 2004
3.	44.57	Shavon Greaves, Caitlin DeFusco, Aleesha Barber, Fawn Dorr, 2010
4.	44.59	Brooke-Lynn Williams, Amariah Thomas, Kiara Lester, Alexis Holmes, 2019
5.	44.64	Dannielle Gibson, Mahagony Jones, Dynasty McGee, Kiah Seymour, 2014
6.	44.69	Brooklyn-Lynn Williams, Keianna Albury, Quenee Dale, Kiara Lester, 2018
7.	44.77	Quenee Dale, Keianna Albury, Kiara Lester, Tichina Rhodes, 2017
8.	44.80	Kamilah Salaam, Sara Shoaff, Shana Cox, Brooke Robinson, 2005
9.	44.86	Shavon Greaves, Shana Cox, Aleesha Barber, Dominique Blake, 2008
10.	45.18	Shana Cox, Monique Walker, Kamilah Salaam, Sara Shoaff, 2006

4x200-Meter Relay

1.	1:33.09	Mahagony Jones, Dynasty McGee, Brittney Howell, Kiah Seymour, 2014
2.	1:33.78	Caitlin DeFusco, Shavon Greaves, Fawn Dorr, Doris Anyanwu, 2010
3.	1:33.86	Deja Davis, Keianna Albury, Kiara Lester, Madeline Holmberg, 2018
4.	1:33.87	Connie Moore, Kamilah Salaam, Chi-Chi Aduba, Sara Shoaff, 2004
5.	1:34.75	Shavon Greaves, Gayle Hunter, Fawn Dorr, Caitlin DeFusco, 2009
6.	1:34.76	Dynasty McGee, Mahagony Jones, Megan Osborne, Kiah Seymour, 2014
7.	1:35.36	Quenee Dale, Keianna Albury, Kiara Lester, Madeline Holmberg, 2017
8.	1:35.98	Shana Cox, Gayle Hunter, Dominique Blake, Lauren Burns, 2007
9.	1:36.56	Megan Duncan, Ije Iheoma, Doris Anyanwu, Caitlin DeFusco, 2011
10.	1:36.73	Laurie Fox, Cheresse Sullivan, Chi-Chi Aduba, Consuella Moore, 2003

4x400-Meter Relay

1.	3:27.69	Dominique Blake, Aleesha Barber, Gayle Hunter, Shana Cox, 2008
2.	3:30.34	Aleesha Barber, Shavon Greaves, Gayle Hunter, Fawn Dorr, 2009
3.	3:30.35	Doris Anyanwu, Shavon Greaves, Ije Iheoma, Megan Duncan, 2011
4.	3:30.74	Aleesha Barber, Shavon Greaves, Doris Anyanwu, Fawn Dorr, 2010
5.	3:31.17	Dynasty McGee, Mahagony Jones, Tichina Rhodes, Kiah Seymour, 2014
6.	3:31.75	Dominique Blake, Briene Simmons, Gayle Hunter, Shana Cox, 2007
7.	3:32.90	Briene Simmons, Dominique Blake, Fawn Dorr, Shana Cox, 2008
8.	3:33.03	Doris Anyanwu, Ije Iheoma, Kirsten Nieuwendam, Dynasty McGee, 2012
9.	3:33.40	Dominique Blake, Aleesha Barber, Gayle Hunter, Fawn Dorr, 2008
10.	3:33.47	Kiah Seymour, Mahagony Jones, Shelley Black, Dynasty McGee, 2013

2020 Outdoor Season cancelled due to COVID-19 pandemic



WOMEN'S TOP-10 OUTDOOR PERFORMANCES

Sprint Medley Relay

1.	3:45.25	Brooke-Lynn Williams, Kiara Lester Alexis Holmes, Danae Rivers, 2019
2.	3:47.80	Keianna Albury, Kiara Lester, Deja Davis, Danae Rivers, 2018
3.	3:47.90	Aleesha Barber, Dominique Blake, Shana Cox, Briene Simmons, 2007
4.	3:49.19	Mahagony Jones, Dynasty McGee, Kiah Seymour, Marta Klebe, 2014
5.	3:50.15	Kamilah Salaam, Sara Shoaff, Shana Cox, Dominique Blake, 2005
6.	3:50.54	Shavon Greaves, Gayle Hunter, Fawn Dorr, Bridget Franek, 2009
7.	3:52.37	Sara Shoaff, Kamilah Salaam, Dominique Blake, Briene Simmons, 2006
8.	3:53.20	Janice Carter, Leslie Hummer, Lisa Chess, Kiernan O'Toole, 1988
9.	3:53.21	Mahagony Jones, Kiah Seymour, Dynasty McGee, Colleen Shannon, 2013
10.	3:54.71	Erica Bosler, Laila Brock, Tiffany Glenn, Nicole Paul, 1998

4x800-Meter Relay

1.	8:25.49	Tori Gerlach, Julie Kocjancic, Rachel Banks, Danae Rivers, 2017
2.	8:38.17	Marissa Sheva, Julie Kocjancic, Frances Bull, Danae Rivers, 2017
3.	8:39.44	Caitlin Lane, Bekka Simko, Kalyn Fisher, Maura Ryan, 2011
4.	8:41.09	Kathy Byrnes, Penny Fales, Sandy Miller, Lea Ventura, 1978
5.	8:43.56	Tammie Hart, Elaine LaFramboise, Doreen Startare, Terry Pioli, 1982
6.	8:43.70	Joetta Dweh, Kim McGreevy, Tracy Pombo, Erica Bosler, 1997
7.	8:44.37	Dominique Blake, Fiana York, Briene Simmons, Meghan Hutchinson, 2006
8.	8:46.84	Greta Lindsley, Grace Trucilla, Marissa Sheva, Frances Bull, 2018
9.	8:47.60	MaryBeth Powers, Dana Dougan, Laurie Morrow, Teressa DiPerna, 1990
10.	8:47.67	Greta Lindsley, Sarah Jane Underwood, Julie Kocjancic, Victoria Crawford, 2016

Distance Medley Relay

1.	10:56.07	Tori Gerlach (3:23.24), Tichina Rhodes (53.77), Rachel Banks (2:08.02), Danae Rivers (4:31.05), 2017
2.	11:08.41	Bekka Simko (3:23.0), Ije Iheoma (52.8) Marta Klebe (2:09.8), Kara Millhouse (4:42.8), 2012
3.	11:09.15	Greta Lindsley (3:26.71), Deja Davis (55.22), Victoria Tachinski (2:09.72), Danae Rivers (4:37.52), 2018
4.	11:09.50	Tammie Hart, Patty Murnane, Terry Pioli, Mary Rawe, 1981
5.	11:16.97	Leah Rosenfeld, Shana Cox, Briene Simmons, Bridget Franek, 2008
6.	11:17.53	Marta Klebe, Marlene Ricketts, Sarah Jane Underwood, Caitlin Lane, 2013
7.	11:18.20	Tammi Hart, Janice Carter, Lisa Ross, Paula Renzi, 1985
8.	11:20.80	Penny Fales, Debbie Lewis, Heather Carmichael, Mary Rawe, 1980
9.	11:21.64	Sue Huelster, Erica Bosler, Erin St. John, Kim McGreevy, 1996
10.	11:25.72	Caitlin Lane, Fawn Dorr, Liz Kearins, Bridget Franek, 2009

4x1500-Meter Relay

1.	17:57.28	Meghan Noecker, Bridget Franek, Leah Rosenfeld, Claire Percival, 2007
2.	18:02.32	Marta Klebe, Caitlin Lane, Brooklyne Ridder, Sara Jane Underwood, 2013
3.	18:05.21	Greta Lindsley, Julie Kocjancic, Tessa Barrett, Sarah Jane Underwood, 2016
4.	18:07.25	Katy Hillard, Jenny Stevens, Lauren Clark, Tracey Brauksieck, 2004
5.	18:15.31	Grace Trucilla, Marissa Sheva, Jordan Williams, Victoria Crawford, 2018
6.	18:19.78	Laurie Morrow, Ann Marie Quinn, Kiernan O'Toole, Wendy Nelson, 1989
7.	18:21.78	Jenny Stevens, Nicki Bohnsack, Stephanie Pezzulo, Lindsay Scottoline, 2005
8.	18:38.35	Laurie Morrow, Wendy Nelson, Jenny Weaver, Amanda Dudley, 1991
9.	18:43.37	Laurie Morrow, Dana Dougan, Anna DeRenzi, Jenny Weaver, 1992

High Jump

1.	6-0 (1.83)	Shelley Mitchell, 1992
2.	5-10.75 (1.82)	Megan McCloskey, 2018
3.	5-11.25 (1.81)	Pam Connell, 1991
	5-11.25 (1.81)	Ahmenah Richardson, 2015
5.	5-11	Antoinette O'Carroll, 1987
6.	5-10.75 (1.80)	Erika Morgan, 2013
7.	5-10.50 (1.79)	Karen Krawick, 1980
	5-10.50 (1.79)	Jenny Williams, 1987
	5-10.50 (1.79)	Leslie Lippincott, 1991
10.	5-10.25 (NMC)	Holly Jones, 1992

2020 Outdoor Season cancelled due to COVID-19 pandemic



WOMEN'S OUTDOOR RECORDS

WOMEN'S TOP-10 OUTDOOR PERFORMANCES

Pole Vault

1.	13-6.25 (4.12)	Hannah Mulhern, 2018
	13-6.25 (4.12)	Katie Jones, 2018
3.	13-4.5 (4.08)	Lexi Masterson, 2017
4.	13-2.25 (4.02)	Carena Nottoli, 2019
5.	13-1.25 (4.00)	Sara Dougherty, 2004
6.	12-10.25 (3.92)	Kasey Kemp, 2016
7.	12-10 (3.91)	Greer Gumbrecht, 2019
8.	12-9.5 (3.90)	Jocelyn Witmer, 2010
	12-9.5 (3.90)	Erin Knabe, 2014
10.	12-8.25 (3.87)	Caitlin Fairbairn, 2010

Long Jump

1.	21-6 (6.55)	Chi-Chi Aduba, 2004
2.	21-4.75 (6.52)	Gayle Hunter, 2008
3.	20-10.75 (6.37)	Carmen Mann, 1989
	20-10.75 (6.37)	Shakeema Walker, 1999
	20-10.75 (6.37)	Brittney Howell, 2014
	20-10.75 (6.37)	Maddie Holmberg, 2018
7.	20-10.50 (6.36) w	Bianca Fung, 2009
	20-5.25 (6.25)	Bianca Fung, 2009
8.	20-4.50 (6.21)	Vivian Riddick, 1982
9.	20-4.25 (6.20)	Monique Gillman, 1997
10.	20-3.75	Breana Gambrell, 2019

Triple Jump

~	45-1.75 (13.76) +6.0 ^w	Dannielle Gibson, 2017
1.	44-6.75 (13.58)	Chi-Chi Aduba, 2004
2.	44-3 (13.48)	Shakeema Walker, 1999
3.	43-8 (13.31)	Dannielle Gibson, 2016
4.	43-1 (13.13)	Carmen Mann, 1990
5.	42-9.25 (13.04)	Kaitlyn Lopez, 2017
6.	42-3.50 (12.89)	Tanaya Lloyd, 2012
7.	42-2.75 (12.87)	Marlene Ricketts, 2014
8.	41-7 (12.67)	Lena Bettis, 2007
9.	41-2.50 (12.56)	Gayle Hunter, 2007
	41-2.50 (12.56)	Alicia Porro, 1992

Shot Put

1.	56-3.25 (17.15)	Rachel Fatherly, 2015
2.	55-4.75 (16.88)	Ja'Nai O'Connor, 2004
3.	55-0 (16.76)	Elaine Sobansky, 1984
4.	54-2 (16.51)	Alyssa Robinson, 2016
5.	53-11 (16.43)	Obeng Marfo, 2017
6.	53-10.25 (16.41)	Payden Montana, 2019
7.	53-8.25 (16.36)	Jennifer Leatherman, 2006
8.	52-6 (16.00)	Jane Swenson, 2011
9.	51-6.5 (15.71)	Melissa Kurzdorfer, 2014
10.	51-6.25 (15.70)	Deshaya Williams, 2003

Discus

1.	185-1 (56.42)	Deshaya Williams, 2001
2.	173-4 (52.83)	Christen Clemson, 2007
3.	170-8 (52.03)	Obeng Marfo, 2016
4.	170-0 (51.82)	Jennifer Leatherman, 2006
5.	167-7 (51.08)	Elaine Sobansky, 1984
6.	167-4 (51.01)	Emma Schmelzer, 2007
7.	166-8 (60.96)	Melissa Kurzdorfer, 2013
8.	162-3 (49.47)	Payden Montana, 2019
8.	161-5 (49.21)	Rachel Fatherly, 2014
9.	157-6 (48.02)	Taylor McNally, 2011

Hammer

1.	219-1 (66.75)	Jennifer Leatherman, 2006
2.	207-10 (63.35)	Melissa Kurzdorfer, 2012
3.	197-3 (60.12)	Kate Johnston, 2003
4.	193-9 (59.05)	Gianna Rao, 2019
5.	191-9 (58.44)	Rachel Fatherly, 2015
6.	191-2 (58.27)	Annjulie Vester, 2015
7.	190-10 (58.16)	Deshaya Williams, 2003
8.	187-6 (57.15)	Alyssa Robinson, 2017
9.	186-11 (56.97)	Helen Higgins, 2007
10.	183-6 (55.94)	Obeng Marfo, 2017

Javelin

1.	178-6 (54.41)	Laura Loht, 2014
2.	178-4 (54.35)	Kim Hanslovan, 2009
3.	177-3 (54.02)	Lauren Kenney, 2013
4.	176-2 (53.70)	Karlee McQuillen, 2008
5.	173-5 (52.85)	Madison Smith, 2019
6.	169-3 (51.58)	Carrie Karabinos, 1999
7.	167-2 (50.96)	Heidi Nadeau, 2007
8.	167-1 (50.92)	Brianne Johnson, 2001
9.	164-0 (50.00)	Stephanie Sievers, 2019
10.	159-4 (48.56)	Ashley Colley, 2002

Heptathlon

1.	5976	Maddie Holmberg, 2018
2.	5797	Gayle Hunter, 2009
3.	5706	Pam Connell, 1991
4.	5625	Brittney Howell, 2014
5.	5420	Carmen Mann, 1990
6.	5407	Shelley Mitchell, 1992
7.	5311	Carla Criste, 1986
8.	4941	Tal Ben-Artzi, 2016
9.	4919	Amber Strouse, 2007
10.	4917	Holly Jones, 1992

2020 Outdoor Season cancelled due to COVID-19 pandemic



Track Events

100 Meters	10.32	Xavier Smith, 2018
200 Meters	20.23	Michael Timpson, 1986
400 Meters	45.20	Mike Sands, 1975
800 Meters	1:44.42	Isaiah Harris, 2018
1,500 Meters	3:38.82	Brannon Kidder, 2014
5,000 Meters	13:34.0	Greg Fredericks, 1972
10,000 Meters	28:08.0	Greg Fredericks, 1972
110m Hurdles	13.56	Guy Rose, 2001
400m Hurdles	48.69 (FAT)	Mike Shine, 1976
3000m Steeple	8:22.5	George Malley, 1977

Relay Events

4x100-Meter	39.08	Karson Kowalchuk, Dan Chisena, Xavier Smith, Malik Moffett, 2017
4x400-Meter	3:01.52	A Nadolsky, Br Bennett-Green, C Loxsom, B Gehret, 2012

Non-NCAA Event Records

Mile	3:58.4	Larry Mangan, 1980
2,000 Meters	5:07.2	Greg Fredericks, 1972
3,000 Meters	7:54.0	George Malley, 1977
20,000 Meters	1:04:40	Kevin Geesaman, 1998
Marathon	2:17:49	George Christopher, 1975

Non-NCAA Relay Records

4x200-Meter	1:23.75	Xavier Smith, Dan Chisena, Malik Moffett, Anton Porter, 2016
4x800-Meter	7:11.17	Vance Watson, Steve Shisler, Chris Mills, Randy Moore 1985
4x1500-Meter	14:58.71	Bob Hudson, Mark Overheim, Eric Carter, Steve Shisler, 1986
4x1600-Meter	16:12.5	Tom Rapp, Bob Snyder, Mike Wyatt, Larry Mangan, 1979
4-Mile Relay	16:18.5	Tom Rapp, Bob Snyder, Mike Wyatt, Larry Mangan, 1979
Distance Medley	9:24.68	Brannon Kidder, Brandon Bennett-Green, Casimir Loxsom, Robby Creese, 2013
Sprint Medley	3:15.25	Xavier Smith, Malik Moffett, Kier Miner, Isaiah Harris, 2018
4x110m Hurdles	57.29	Chris Green, Al Parker, Sam Harris, Michael Timpson, 1986

Field Events

High Jump	7-3.50 (2.22)	David Coney, 1985*
	7-3.25 (2.22)	Jon Hendershot, 2013
Pole Vault	17-5.50 (5.32)	John Vellenoweth, 2009
Long Jump	26-3 (8.00)	Malik Moffett, 2017
Triple Jump	54-6 (16.61)	Antonio Davis, 1993
Shot Put	69-2 (21.08)	Joe Kovacs, 2012
Discus	207-5 (63.22)	Brian Milne, 1992
Hammer	237-9 (72.47)	Morgan Shigo, 2018
Javelin	262-2 (79.91)	Michael Shuey, 2017

Decathlon Event Records

Points	7,685	Rick Kleban, 1985
First-day Score	4,087	Robert Cardina, 2014
Second-day Score	3,774	James Cook, 1996
100 Meters	11.01	Rick Kleban, 1985
		Shawn Colligan, 2008
Long Jump	23-7.25 (7.19)	Dave Masgay, 1987
Shot Put	48-9.50 (4.87)	Barry Walsh, 1989
High Jump	7-0.25 (2.14)	Robert Cardina, 2014
400 Meters	47.65	Brian Kelley, 1991
110-Meter HH	14.45	Rick Kleban, 1987
Discus	155-3 (47.32)	James Cook, 1997
Pole Vault	16-2 1/2 (14.94)	Rick Kleban, 1985
Javelin	206-2 (62.83)	Shawn Colligan, 2008
1,500 Meters	4:21.05	Tom Kleban, 1989

Retired Records

2,000m Steeple	5:43.2	Rick Garcia, 1981
Javelin (old)	78.77 (258-5)	Jim Stevenson, 1966

**Coney's mark is only recorded with an English measurement, 2.22m is the nearest metric equivalent.*

2020 Outdoor Season cancelled due to COVID-19 pandemic



MEN'S OUTDOOR RECORDS

MEN'S TOP-10 OUTDOOR PERFORMANCES

100 Meters

1.	10.21w (2.3)	Justin Ofofan, 2019#
2.	10.32 (10.10W)	Xavier Smith, 2018
3.	10.34 (10.1 MT)	Mike Sands, 1975
4.	10.37 (10.26W)	Malik Moffett, 2018
5.	10.38 (10.22W)	Karson Kowalchuk, 2017
	10.38	Justin Ofofan, 2019
7.	10.42	Terrance Laird, 2018
8.	10.44	Mike Shine, 1976
9.	10.46	Ryan Olkowski, 2002
	(10.46W)	Dan Chisena, 2016

200 Meters

1.	20.23	Michael Timpson, 1986
2.	20.41	Terrance Laird, 2018
3.	20.49 (19.87W)	Malik Moffett, 2017
4.	20.58	Mike Sands, 1975
5.	20.59	Ryan Olkowski, 2002
6.	20.62	Brady Gehret, 2012
7.	20.68 (20.23W)	Xavier Smith, 2018
8.	21.01	Ernie Terrell, 2002
	21.01	Justin Ofofan, 2019
10.	21.02	Barry Ewell, 1942
	21.02	Art Pollard, 1955

400 Meters

1.	45.20	Mike Sands, 1975
2.	45.22	Brady Gehret, 2012
3.	45.94	Brandon Bennett-Green, 2012
4.	46.12	Byron Robinson, 2014
5.	46.14	Paul Lankford, 1980
6.	46.16	Dan Chisena, 2017
7.	46.62	Ernie Terrell, 2002
8.	46.74	Mike Cadau, 2009
9.	46.91	Ben Karcz, 2002
10.	46.93	Tyreek Mathis, 2017

800 Meters

1.	1:44.42	Isaiah Harris, 2018
2.	1:45.28	Casimir Loxsom, 2011
3.	1:45.58	Brannon Kidder, 2015
4.	1:45.96	Randy Moore, 1985
5.	1:46.62	Ray Levitre, 1987
6.	1:46.78	Ryan Foster, 2009
7.	1:46.81	Chris Mills, 1987
8.	1:46.82	Ken Wynn, 1983
9.	1:46.85	Samuel Borchers, 2011
10.	1:47.29	Domenic Perretta, 2017

1500 Meters

1.	3:38.82	Brannon Kidder, 2014
2.	3:38.99	Steve Balkey, 1987
3.	3:39.02	Robby Creese, 2015
4.	3:39.25	Larry Mangan, 1980
5.	3:39.57	Ryan Foster, 2011
6.	3:42.08	Doug Walter, 1990
7.	3:42.12	David McMillan, 1988
8.	3:42.20	George Malley, 1977
	3:42.20	Mike Wyatt, 1977
10.	3:42.54	Owen Dawson, 2012

5000 Meters

1.	13:34.00	Greg Fredericks, 1972
2.	13:36.30	Robert Snyder, 1978
3.	13:42.10	Alan Scharsu, 1980
4.	13:50.54	Steve Brown, 1989
5.	13:52.40	Paul Stemmer, 1977
6.	13:53.20	George Malley, 1976
7.	13:54.20	Timothy McGowan, 2017
8.	13:55.00	Jeff Adkins, 1982
9.	13:56.10	Charlie Maguire, 1974
10.	13:57.10	Gary Gittings, 1973

10,000 Meters

1.	28:08.0	Greg Fredericks, 1972
2.	28:29.4	Charlie Maguire, 1974
3.	28:38.3	Eric Carter, 1987
4.	28:42.80	Paul Stemmer, 1976
5.	28:55.33	Kyle Dawson, 2012
6.	29:11.71	John Ziegler, 1979
7.	29:15.73	Tyler McCandless, 2010
8.	29:25.58	Mark Wimmer, 1994
9.	29:27.6	George Malley, 1975
10.	29:30.6	Alan Scharsu, 1980

110-Meter Hurdles

1.	13.56	Guy Rose, 2001
2.	13.69	Sancho Barrett, 2015
3.	13.73	Paul Lankford, 1980
4.	13.80	Michael Timpson, 1988
5.	13.87	Mike Shine, 1976
6.	13.96	Ron Jules, 2008
7.	14.06	John Whelan, 1997
8.	14.08	Sam Harris, 1988
9.	14.09	Brian Derby, 2002
10.	14.09	Barry Robinson, 1985

#-Denotes mark set at summer championships. School records include competition through summer of year exhausted eligibility

2020 Outdoor Season cancelled due to COVID-19 pandemic



MEN'S TOP-10 OUTDOOR PERFORMANCES

400-Meter Hurdles

1.	48.69	Mike Shine, 1976
2.	49.55	Paul Lankford, 1981
3.	49.72	Brian Derby, 2003
4.	50.10	Jaret Campisi, 2005
5.	50.49	Bill Austin, 1978
6.	50.54	Michael Timpson, 1988
7.	50.61	Barry Robinson, 1985
8.	50.67	Kevin Cripanuk, 1992
9.	50.75	Byron Robinson, 2014
10.	50.76	Brian Kelly, 1993

3000-Meter Steeplechase

1.	8:22.54	George Malley, 1977
2.	8:37.7	Rick Garcia, 1983
3.	8:40.4	Bruce Baden, 1977
4.	8:42.85	Eric Carter, 1988
5.	8:47.03	Larry Mangan, 1980
6.	8:48.1	Paul Mackley, 1985
7.	8:49.45	Brian Laird, 1989
8.	8:50.9	Jim Allahand, 1972
9.	8:51.84	Chris Foster, 2005
10.	8:53.71	Andy Scott, 1991

4x100-Meter Relay

1.	39.08	Karson Kowalchuk, Dan Chisena, Xavier Smith, Malik Moffett, 2017
2.	39.21	Will Henderson, Anton Porter, Xavier Smith, Malik Moffett, 2018
3.	39.63	Jack Davis, Steve Hackman, Mike Shine, Mike Sands, 1975
4.	39.69	Xavier Smith, Anton Porter, Terrance Laird, Malik Moffett, 2018
5.	39.88	Doug Finkel, Fred Singleton, Mike Sands, Jimmy Scott, 1973
6.	39.92	Dan Chisena, Malik Moffett Anton Porter, Xavier Smith, 2016
7.	40.04	Xavier Smith, Dan Chisena, Malik Moffett, Cody Minnig, 2016
8.	40.18	Mike Shine, Steve Hackman, Fred Singleton, Mike Sands, 1974
9.	40.40	Guy Rose, Duane Reeves, Greg Miller, Ryan Olkowski, 2001
10.	40.48	Doug Finkel, Steve Hackman, Fred Singleton, Mike Sands, 1974

4x200-Meter Relay

1.	1:23.75	Xavier Smith, Dan Chisena, Malik Moffett, Anton Porter, 2016
2.	1:23.85	Alex Langan, Chris Lolagne, Jaret Campisi, Ernie Terrell, 2005
3.	1:23.87	Bryant Littlejohn, Dave Coney, Sean Faust, Michael Timpson, 1986
4.	1:23.93	Karson Kowalchuk, Malik Moffett, Anton Porter, Samuel Reiser, 2017
5.	1:24.10	Guy Rose, Ben Karcz, Greg Miller, Ryan Olkowski, 2001
6.	1:24.18	Alex Langan, Diamond Woolford, Jaret Campisi, Chris Lolagne, 2004
7.	1:24.42	Emunael Mpanduki, Brady Gehret, Aaron Nadolsky, Mark Filando, 2011
8.	1:24.82	Jaret Campisi, Chris Lolagne, Greg Miller, Ryan Olkowski, 2002
9.	1:24.86	Doug Finkel, Steve Hackman, Fred Singleton, Mike Sands, 1974
10.	1:25.04	Munya Maraire, Jaret Campisi, Greg Miller, Ryan Olkowski, 2002

4x400-Meter Relay

1.	3:01.52	Aaron Nadolsky (46.6), Br. Bennett-Green (44.8), Casimir Loxsom (45.6), Brady Gehret (44.22), 2012
2.	3:03.48	Dan Chisena, Xavier Smith, Tyreek Mathis, Isaiah Harris, 2017
3.	3:04.78	Aaron Nadolsky (47.2), Matt Gilmore (47.4), Brady Gehret (44.1), Br. Bennett-Green (46.1), 2012
4.	3:05.13	Kier Miner, Xavier Smith, Samuel Reiser, Isaiah Harris, 2018
5.	3:06.21	Matt Gilmore, Alex Shisler, Be. Bennett-Green, Br. Bennett-Green, 2013
6.	3:06.50	Br. Bennett-Green, Brady Gehret, Casimir Loxsom, Emunael Mpanduki, 2012
7.	3:06.80	Be. Bennett-Green, Matt Gilmore, Casimir Loxsom, Br. Bennett-Green, 2013
8.	3:07.19	Aaron Nadolsky, Casimir Loxsom, Brady Gehret, Lionel Williams, 2011
9.	3:07.25	Dan Chisena, Alex Shisler, Samuel Reiser, Isaiah Harris, 2016
10.	3:07.31	Emunael Mpanduki, Casimir Loxsom, Aaron Nadolsky, Br. Bennett-Green, 2013

2020 Outdoor Season cancelled due to COVID-19 pandemic



MEN'S OUTDOOR RECORDS

MEN'S TOP-10 OUTDOOR PERFORMANCES

4x800-Meter Relay

- 7:11.17 Vance Watson (1:49.2), Steve Shisler (1:47.9), Chris Mills (1:48.5), Randy Moore (1:45.5), 1985
- 7:12.90Lionel Williams (1:50.69), Sam Borchers (1:47.56), Ryan Foster (1:47.95), Casimir Loxsom (1:46.70), 2011
- 7:14.14 Robby Creese (1:50.53), Za'Von Watkins (1:48.22) Casimir Loxsom (1:46.30), Brannon Kidder (1:49.10), 2013
- 7:14.65Steve Balkey (1:51.5), Mark Anderson (1:49.2), Chris Mills (1:46.1), Ray Levitre (1:47.85), 1987
- 7:16.02 Vance Watson (1:48.9), Steve Shisler (1:49.9), Ray Levitre (1:48.7), Chris Mills (1:48.4), 1986
- 7:17.02 ... Owen Dawson (1:49.84), Casimir Loxsom (1:46.58), Lionel Williams (1:51.94), Ryan Foster (1:48.67), 2010
- 7:17.03 Vance Watson, Steve Shisler, Chris Mills, Randy Moore, 1985
- 7:17.37 Robby Creese (1:50.25), Jordan Makins (1:50.05), Isaiah Harris (1:48.50), Brannon Kidder (1:48.59), 2016
- 7:17.90 ..Paul McLaughlin (1:49.1), Randy Moore (1:49.1), Ken Wynn (1:49.1), Mike Cook (1:49.5), 1983
- 7:18.66 .. Owen Dawson (1:51.7), Samuel Borchers (1:49.8), Lionel Williams (1:48.4), Ryan Foster (1:48.9), 2009

Distance Medley Relay

- 9:24.68Brannon Kidder (2:53.5), Brannon Bennett-Green (45.6), Casimir Loxsom (1:46.7), Robby Creese (3:58.9), 2013
- 9:30.1Larry Mangan (2:53.3), Paul Lankford (45.6), Mike Cook (1:49.6), Alan Scharsu (4:01), 1980
- 9:31.53 .David McMillan (2:56.9), Michael Timpson (45.5), Ray Levitre (1:47.8), Steve Balkey (4:01.3), 1987
- 9:35.12 Aidan O'Reilly (2:57.1), Jon Strange (48.6), Mark Anderson (1:48.4), Doug Walter, (4:01.4), 1990
- 9:35.51 Robby Creese (2:51.01), Alex Shisler (47.77), Isaiah Harris (1:49.96), Brannon Kidder (4:00.77), 2016
- 9:35.8 Jim Close (800), Bill Austin (400), Mike Wyatt (1200), Larry Mangan (1600), 1979
- 9:37.92 Mike Cook (1200), Jeff Lockett (400), Ken Wynn (800), Gary Black (1600), 1982
- 9:38.9 Pat Rexroat (800), Keith Falco, Mike Wyatt, Dave Felice, 1977
- 9:38.16 Aidan O'Reilly (2:56.8), Jerry Robinson, (47.9), Joe Stegbauer (1:50.7), Doug Walter (4:03.2), 1991
- 9:39.54 Steve Shisler (2:58.9), Sean Faust (47.7), Vance Watson (1:49.1), Mark Overheim (4:03.7), 1986

High Jump

- 7-3.50 (2.22)..... David Coney, 1985*
7-3.25 (2.22)..... Jon Hendershot, 2013
 - 7-3 (2.21).....Paul Souza, 1983
 - 7-2.50 (2.20).....Ryan Fritz, 2007
 - 7-2.25 (2.19)..... Sean Reilly, 2013
 - 7-1.75 (2.18).....David Kriz, 1995
 - 7-1.5 (2.17)..... Devin Bradham, 2019
 - 7-0.50 (2.15)..... Ryan Olkowski, 1999
7-0.50 (2.15)..... Chisom Ifedi, 2016
 - 7-0.25 (2.14)..... Nick Plack, 2000
7-0.25 (2.14)..... Rob Cardina, 2014
- *Coney's 7-3.50 was measured in English - the closet metric equivalent is 2.22)

Pole Vault

- 17-5 1/2 (5.32).....John Vellenoweth, 2009
- 17-5 (5.31).....Mason Ternay, 1991
- 17-0 (5.18)..... Dave Bollinger, 2004
- 16-10 (5.13).....Rick Kleban, 1985
- 16-8.75 (5.10)..... Dylan Bilka, 2014
- 16-7.25 (5.06)..... Ron Campbell, 1985
16-7.25 (5.06)..... Bradford Lawrence, 2009
- 16-6.75 (5.05)..... Kevin Dare, 2001
16-6.75 (5.05)..... Nick Fegley, 2003
- 16-6 (5.03)..... Ken Stoffer, 1983

Long Jump

- 26-3 (8.00)..... Malik Moffett, 2017
- 25-11 (7.90).....David Coney, 1985
- 25-9 (7.86)..... Rob Boulware, 1986
25-9 (7.86)..... Steve Pina, 1996
- 25-8.75 (7.84).....George Audu, 1999
25-8.75 (7.84)..... John Gorham, 1999
- 25-6 (7.77).....Antonio Davis, 1993
- 25-2.75 (7.69)..... Ryan Olkowski, 2000
- 25-1.25 (7.65).....William Henderson, 2019
- 25-0.75 (7.64).....Chavous Nichols, 2004
25-0 (7.62) w +3.7Doug Moppert, 2011

Triple Jump

- 54-6 (16.61).....Antonio Davis, 1993
- 54-3.75 (16.55).....Chavous Nichols, 2004
~ 54-4.25 (16.26)w Steve Waithe, 2015
- 53-8.50 (16.37).....Brian Leap, 2016
- 53-1.50 (16.19)..... Clarence Smith, 2009
- 52-11.50 (16.14)..... Steve Waithe, 2014
- 52-8.25 (16.06)..... Ricardo Hall, 1990
- 52-0 (15.90)..... Bryce Williams, 2017
- 51-8.50 (15.76)..... Hanif Johnson, 2011
- 51-1 (15.57)..... Warren Rockwell, 1966
- 50-7 (15.42)..... Steve Pina, 1995

2020 Outdoor Season cancelled due to COVID-19 pandemic



MEN'S TOP-10 OUTDOOR PERFORMANCES

Shot Put

1.	69-2 (21.08).....	Joe Kovacs, 2012
2.	68-5.25 (20.86).....	Darrell Hill, 2015
3.	65-5 (19.94).....	C.J. Hunter, 1990
4.	64-2.50 (19.57).....	Blake Eaton, 2010
5.	64-0.25 (19.51)	Knut Hjeltnes, 1975
6.	62-9.25 (19.13).....	Jon Yohman, 2017
7.	61-11.75 (18.89).....	Logan Caldwell, 2012
8.	61-3.25 (18.68).....	Greg Reyner, 1986
9.	61-1.25 (18.62).....	Phil Caraher, 1990
10.	60-0.25 (18.29).....	Ben Peterson, 2019

Discus

1	207-5 (63.22)	Brian Milne, 1992
2	201-10 (61.52)	Knut Hjeltnes, 1975
3.	201-6 (61.43).....	David Lucas, 2017
4	186-9 (56.90)	Gary Williky, 1979
5	186-3 (56.78).....	Blake Eaton, 2011
6	184-0 (56.08).....	Joe Kovacs, 2011
7	183-6 (55.93).....	Will Barr , 2012
8	182-2 (55.53).....	Jon Yohman, 2016
9	177-11 (54.23)	Dan Diaz, 2003
10	176-10 (53.90)	Steve Meyers, 2006

Hammer

1.	237-9 (72.47).....	Morgan Shigo, 2018
2.	218-6 (66.60).....	Alvin Jackson, 1976
3.	212-6 (64.78).....	David Lucas, 2018
4.	212-4 (64.73).....	Luke Grodeska, 2019
5.	207-10 (63.35).....	Will Barr, 2013
6.	207-1 (63.11).....	Kory Decesaris, 2017
7.	203-0 (61.88).....	Neal McNutt, 1998
8.	201-9 (61.50).....	Joe Kovacs, 2011
9.	198-5 (60.49).....	Tyler Hoffman, 2008
10.	197-0 (60.04).....	Todd Shenk, 1984

Javelin

1.	262-2 (79.91).....	Michael Shuey, 2017
2.	239-9 (73.09).....	Allen Pettner, 2007
3.	239-7 (73.02).....	Michael Biddle, 2018
4.	237-1 (72.26).....	Troy Burkholder, 1997
5	233-8 (71.22).....	Carl Wolter, 1996
6.	233-4 (71.13).....	Tanner Evak, 2009
7.	232-0 (70.71).....	Ryan Kerr, 2017
8.	231-3 (70.48).....	Brian Stumpf, 2003
9.	230-3 (70.19).....	Matt Moyer, 2004
10.	227-8 (69.40).....	Rob Austin, 1995

Decathlon

1.	7685	Rick Kleban,, 1985
2.	7666	Rob Cardina, 2014
3.	7600	James Cook, 1996
4.	7588	Dave Masgay, 1987
5.	7472	Barry Walsh, 1989
6.	7424	J.T. Kuretich, 2003
7.	7415	Brian Kelley, 1991
8.	7411	Noah Swaby, 2019
9.	7361	Shawn Colligan, 2008
10.	7119	Any Uzoh, 2012

2020 Outdoor Season cancelled due to COVID-19 pandemic



ASHENFELTER III INDOOR TRACK || FACILITY RECORDS

Men's Records

EVENT	PERFORMANCE	YEAR	ATHLETE, SCHOOL
60 Meters	6.58	2011	Reggie Dixon, Hampton
200 Meters	20.72	2006	LaShawn Merritt, Unattached
400 Meters	45.46	2001	Andrew Pierce, Ohio State
500 Meters	1:01.28	2011	Casimir Loxsom, Penn State
600 Meters	1:14.91 WR	2017	Casimir Loxsom, Brooks
800 Meters	1:46.91	2019	Joe White, Georgetown
1000 Meters	2:18.26 C	2016	Brannon Kidder, Penn State
Mile	3:56.51	2012	Jeff See, Saucony
3000 Meters	7:57.75	2014	Patrick Tiernan, Villanova
5000 Meters	13:58.16	2009	Hassan Mead, Minnesota
60 Meter Hurdles	7.49	2012	Jarret Eaton, Syracuse
2000 Meter Steeplechase	5:47.33	2013	Michael Kiley, Penn State
4x200 Meter Relay	1:24.70 CR	2013	Penn State (E. Mpanduki, M. Gilmore, Br. Bennett, Green, A. Nadolsky)
4x400 Meter Relay	3:06.98	2014	Pittsburgh (M. Murray, C. Nkanata, D. Palmer, B. Spratling)
4x800 Meter Relay	7:22.10	2015	Penn State (J. Makins, R. Brennan, B. Kidder, R. Creese)
Sprint Medley	3:23.74	2005	Penn State (E. Terrell, J. Campisi, C. Lolagne, M. Lincoln)
Distance Medley	9:26.59	2014	Penn State (B. Kidder, B. Bennett, Green, Z. Watkins, R. Creese)
High Jump	7,5 (2.26)	2008	Joe Kindred, St. Augustine's
Pole Vault	18,6.75 (5.65)	2018	Matthew Ludwig, Akron
Long Jump	26,1.50 (7.96)	2011	Justin Hunter, Tennessee
Triple Jump	55,9 (16.99)	2006	Leevan Sands, Bahamas
Shot Put	70,10 (21.59)	2013	Ryan Whiting, Nike
Weight Throw 35 lb	76,6.25 (23.32)	2017	Rudy Walker, Cornell
Heptathlon	5827	2005	Ryan Olkowski, Unattached

Women's Records

EVENT	PERFORMANCE	YEAR	ATHLETE, SCHOOL
60 Meters	7.17	2012	Barbara Pierre, Unattached
200 Meters	22.98	2010	Shavon Greaves, Penn State
400 Meters	52.31	2007	Shana Cox, Penn State
500 Meters	1:08.70*	2010	Shana Cox, Adidas
600 Meters	1:27.22	2010	Molly Beckwith, Indiana
800 Meters	2:02.94	2019	Danae Rivers, Penn State
1000 Meters	2:38.58	2019	Danae Rivers, Penn State
Mile	4:30.41	2013	Sheila Reid, Nike
3000 Meters	9:01.91	2011	Jackie Areson, Tennessee
5000 Meters	15:48.10	2005	Maureen McCandless, Pittsburgh
60 Meter Hurdles	7.92	2002	Danielle Carruthers, Indiana
2000 Meter Steeplechase	6:29.38	2013	Natalie Bower, Penn State
4x200 Meter Relay	1:35.65	2014	Penn State (M. Osborne, K. Seymour, D. McGee, M. Jones)
4x400 Meter Relay	3:34.22	2014	Penn State (D. McGee, K. Seymour, T. Rhodes, M. Jones)
4x800 Meter Relay	8:34.82	2009	Tennessee (L. Loche, N. Cook, P. Hall, C. Champion)
Sprint Medley	3:52.25 C	2007	Penn State (L. Burns, L. Bettis, A. Barber, B. Simmons)
Distance Medley	10:54.04	2014	Stanford (A. Weissenbach, K. Williams, C. Saunders, J. Fedronic)
High Jump	6,2.75 (1.90)	2013	Tynita Butts, East Carolina
Pole Vault	14,8.25 (4.47)	2017	Katie Nageotte, Adidas
Long Jump	21,6.75 (6.57)	2006	Tianna Madison, Nike
Triple Jump	45,2.50 (13.45)	2004	Colleen Scott, Unattached
Shot Put	60,7.75 (18.48)	2006	Cleopatra Borel, Brown, Unattached
Weight Throw 20 lb	73,0.50 (22.26)	2007	Jennifer Leatherman, Unattached
Pentathlon	4731	2010	Hyleas Fountain, Nike

*, American Indoor Record; C, Collegiate Record; AmC, American Collegiate Record; AJ, American Junior Record; WR, World Record

2020 Outdoor Season cancelled due to COVID-19 pandemic



NITTANY LION OUTDOOR TRACK || FACILITY RECORDS

Men's Records

EVENT	PERFORMANCE	YEAR	ATHLETE, SCHOOL
100 Meters	10.19	2007	Demi Omole, Wisconsin
200 Meters	20.23	1986	Michael Timpson, Penn State
400 Meters	45.48	1983	James Rolle, Central Florida YMCA
800 Meters	1:46.15	2019	Alex Amankwah, District Track Club
1500 Meters	3:42.5	1980	Larry Mangan, Penn State
Mile	3:58.4	1980	Susthenes Bitock, Richmond
3000-Meter Steeplechase	8:33.45 (FAT)	1980	Larry Mangan, Penn State
5000 Meters	14:00.73	1980	Hillary Tuwei, Richmond
10,000 Meters	28:45.8	1973	Hillary Tuwei, Richmond
110-Meter High Hurdles	13.57	2017	Charlie Maguire, Penn State
400-Meter Hurdles	50.29	2007	Aaron Mallett, Iowa
4x100-Meter Relay	39.67	2017	Adrian Walker, Illinois
4x110-Meter Shuttle Hurdles	59.2	1976	Illinois (C. Henderson, J. Eiker, M. Maat, D. Quinn)
4x200-Meter Relay	1:25.2	1974	Penn State (D. Rock, P. Kiproff, B. Austin, M. Shine)
4x400-Meter Relay	3:04.95	2017	Essex CC (C. Mitchell, K. Joseph, H. Marchen, F. Brown)
4x800-Meter Relay	7:21.4	1974	Ohio State (A. Burke, N. Gray, D. Marshall, C. Page)
4x1600-Meter Relay	16:44.7	1973	Cornell (T. Patterson, B. Anastasio, P. Roach, D. Keehn)
Distance Medley Relay	9:44.7	1973	Villanova (E. Coughlin, B. McElroy, T. Gregan, J. Hartnett)
Sprint Medley Relay	3:18.5	1974	Villanova (W. Clark, J. Rheim, K. Schappert, J. Hartnett)
High Jump	7-4 (2.24)	1983	Essex CC (K. Joseph, F. Brown, H. Marchen, H. Tuitt)
Pole Vault	18-2 1/2 (5.55)	2002	Bill Therfelder, Keystone State Games
Long Jump	26-3 (8.00)	2017	Jeremy Smith, Allegheny
Triple Jump	54-4 3/4 (16.58)	1984	Malik Moffett, Penn State
Shot Put	69-1.25 (21.06)	2011	David McFadgen, Newburg Track Club
Discus	207-5 (63.22)	1992	Ryan Whiting, Nike
Hammer	268-8 (81.88)	1988	Brian Milne, Penn State
Javelin (New)	252-7 (76.98)	1997	Jud Logan, Athletics West
Javelin (Old)	254-4 (77.52)	1984	Nigel Beven, Belgrave Harrier
Decathlon	8,316 points (Hand)	1985	Bob Dubyoski, Unattached
			Dave Steen, University of Toronto TC

Women's Records

EVENT	PERFORMANCE	YEAR	ATHLETE, SCHOOL
100 Meters	11.19	1996	Kerry Ann Richards, Illinois
200 Meters	23.13	1996	Aspen Burkett, Illinois
400 Meters	51.89	1996	Chandra Burns, Michigan State
800 Meters	2:03.45	1983	Patty Bradley, Villanova
1500 Meters	4:15.93	2007	Anna Willard, Michigan
3000 Meters	9:21.67	1981	Judy St. Hilaire, Vermont State
5000 Meters	16:11.14	1981	Kathy Mills, Penn State
10,000 Meters	33:53.02	2017	Gina Sereno, Michigan
3000-Meter Steeplechase	9:51.83	2017	Madeline Strandemo, Minnesota
100-Meter Hurdles	12.67	2017	Devynne Charlton, Purdue
400-Meter Hurdles	56.01	2017	Symone Black, Purdue
4x100-Meter Relay	43.89	1996	Illinois (B. Kelley, K.A. Richards, T. Williams, A. Burkett)
4x200-Meter Relay	1:43.78	1981	Morgan State (R. Yancy, J. Dodson, N. Bullock, R. Belle)
4x400-Meter Relay	3:32.76	2017	Ohio State (B. Hannan, K. Winters, M. Barrie, A. Barnes)
4x800-Meter Relay	8:48.27	1981	Penn State (D. Startare, P. Murnane, T. Pioli, M. Rawe)
High Jump	6-2 1/4 (1.88)	1983	Lisa Bernhagen, Idaho Track Club
Pole Vault	14-6 1/2 (4.13)	2007	Vera Neuenswander
Long Jump	21-2 3/4 (6.47)	2017	Savannah Carson, Purdue
Triple Jump	43-4 1/2 (13.22)	1996	Dawn Reilly, Illinois
Shot Put	55-0 1/4 (16.77)	1984	Elaine Sobansky, Penn State
Discus	180-5 (55.00)	2017	Laulauga Tausaga, Iowa
Hammer	219-1 (66.78)	2005	Jennifer Leatherman, Penn State
Javelin	178-9 (54.48)	2017	Brittini Wolczyk, Nebraska
Heptathlon	5,722 points	2007	Bettie Wade, Michigan

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