WOMEN'S VOLLEYBALL

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PENN STATE INVITATIONAL

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Penn State

BERNNE STATE DUKE PRINCETON ST. JOHNS UNIVERSITY PARK, PA.

REC HALL



WHAT'S INSIDE

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Head Coach Katie Schumache	r-Cawley13
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NITTANY LIONS ON SOCIAL MEDIA







Duke		#3 Penn State
Jolene Nagel	HEAD COACH Ka	tie Schumacher-Cawley
(502-268, at Duke)	(5	4-17, at Penn State)
(705-408, Career)		(375-189, Career)
3-3, 0-0 ACC	2024 RECORD	5-0, 0-0 B1G
Series History	Pe	nn State leads 10-0

Rec Hall // University Park, Pa. // 8:30 p.m.





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2024 SCHEDULE

at #15 TENNESSEE W,31 Knoxville, Tenn. Food City Center 6 p.m.	Image: style="text-align: center;">OCT.13 at INDIANA Bloomington, Ind. Wilkinson Hall 1 p.m.
at TEMPLE W, 3-0 Philadelphia, Pa. McGonigle Hall 1:30 p.m.	at OHIO STATE OCT. 18 Columbus, Ohio Covelli Center 8 p.m.
#4 LOUISVILLE W,3-0 University Park, Pa. Rec Hall 7:30 p.m.	MINNESOTA OCT. 20 University Park, Pa. Rec Hall TBD
at #9 KENTUCKY W, 3-2 Lexington, Ky. Memorial Coliseum 7 p.m.	at UCLA DCT. 24 Los Angeles, Calif. Pauley Pavilion 9 p.m.
VS. BALL STATE W, 3-0 Lexington, Ky. Memorial Coliseum 5 p.m.	at USC OCT. 26 Los Angeles, Calif. Galen Center 11 p.m.
DUKE SEPT. 13 University Park, Pa. Rec Hall 8 p.m.	University Park, Pa. Rec Hall 7:30 p.m.
PRINCETON SEPT. 14 University Park, Pa. Rec Hall 10:30 a.m.	IOWA NOV. 2 University Park, Pa. Rec Hall TBD
SEPT. 14 University Park, Pa. Rec Hall 6:30 p.m.	at NORTHWESTERN NOV. 8 Evanston, III. Welsh-Ryan Arena 8 p.m.
at PITT SEPT. 18 Pittsburgh, Pa. Petersen Events Center 7 p.m.	at WISCONSIN NOV. 9 Madison, Wis. UW Field House 3:30 p.m.
JAMES MADISON SEPT. 20 University Park, Pa. Rec Hall 7 p.m.	ILLINOIS NOV. 15 University Park, Pa. Rec Hall TBD
YALE SEPT. 22 University Park, Pa. Rec Hall 2 p.m.	at MARYLAND NOV. 17 College Park, Md. XFINITY Center Pavilion 2:30 p.m.
at PURDUE SEPT. 25 West Lafayette, Ind. Holloway Gymnasium 7 p.m.	PURDUE NOV. 21 University Park, Pa. Rec Hall TBD
MICHIGAN STATE SEPT. 29 University Park, Pa. Rec Hall TBD	WASHINGTON NOV. 24 University Park, Pa. Rec Hall TBD
MARYLAND OCT. 3 University Park, Pa. Rec Hall 6 p.m.	at RUTGERS NOV. 27 Piscataway, N.J. Jersey Mike's Arena 7 p.m.
OREGON OCT. 4 University Park, Pa. Rec Hall 7 p.m.	NEBRASKA NOV. 29 University Park, Pa. Rec Hall 5 p.m.
at MICHIGAN STATE DCT. 11 East Lansing, Mich. Breslin Center 7 p.m. P.m.	



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2024 PENN STATE NITTANY LIONS



DUKE BLUE DEVILS

Septem	ber 13 ·	• Rec H	all
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No.	Name	CI.	Pos.	Ht.	Hometown/High School
	Lauren Ingram	OH	So.	6-1	Dallas, Texas/The Hockaday School
2	Grace Thrower	ОН	So.	6-2	Manhattan Beach, Calif./Harvard-Westlake
3	Rachel Richardson	ОН	Sr.	5-9	Ellicott City, Md./St. John's College HS
4	Sydney Tomlak	DS/L	Jr.	5-11	Oakland, Mich./Stoney Creek
5	Breonna Goss	MB	Fr.	6-0	Fishers, Ind./Hamilton Southeastern
6	Rylie Kadel	MB	Sr.	6-0	Parker, Colo./Legend
7	Grace Penn	S	Gr.	5-10	Manhattan Beach, Calif./Notre DamecHS
9	Taylor Williams	OH	Fr.	6-2	Mountain View, Calif./Saint Francis
10	Mailinh Godschall	DS/L	Fr.	5-7	Colorado Springs, Colo./Rampart
11	Kerry Keefe	OH	Jr.	6-3	Pacific Palisades, Calif./Marymount
12	Avery Hamlin	OH	Fr.	6-1	Austin, Texas/Lake Travis
13	Nikki Underwood	DS/L	Sr.	5-11	Manhattan Beach, Calif./Mira Costa
14	Christina Barrow	DS/L	Jr.	5-8	Fayetteville, Ga./Eagle's Landing Christian Acad.
16	Millie Muir	S	R-So.	6-1	Stanford, Calif./Sacred Heart Prep
17	Ngozi Iloh	MB	R-Jr.	6-2	Peachtree City, Ga./McIntosh
20	Tiffany Paalman	MB	Gr.	6-1	Appleton, Wisc./Appleton/Green Bay
21	Ariana White	MB	Gr.	6-2	Carlsbad, Calif./Pacific Ridge/Harvard
23	Nikki Quinn	S	R-Fr.	5-11	Del Mar, Calif./Torrey Pines

Head Coach: Jolene Nagel Associate Head Coach: Kellie Catanach Johnson Assistant Coaches: Jeremy Garcia, Maddie Bryant

SCHEDULE

STATISTICS

	Overall	Pct.	Big Ten	Pct.
			ter en la seconda de la se	
Michigan	7-0	1.000	0-0	.000
Purdue	7-0	1.000	0-0	.000
Penn State	5-0	1.000	0-0	.000
Washington	5-0	1.000	0-0	.000
Illinois	6-1	.857	0-0	.000
Nebraska	6-1	.857	0-0	.000
UCLA	5-1	.833	0-0	.000
Oregon	4-1	.800	0-0	.000
Maryland	5-2	.714	0-0	.000
Indiana	4-2	.667	0-0	.000
USC	4-2	.667	0-0	.000
Ohio State	3-2	.600	0-0	.000
Iowa	4-3	.571	0-0	.000
Michigan State	4-3	.571	0-0	.000
Minnesota	3-3	.500	0-0	.000
Wisconsin	3-3	.500	0-0	.000
Rutgers	3-5	.375	0-0	.000
Northwestern	0-5	.000	0-0	.000

7 | 2024 PENN STATE WOMEN'S VOLLEYBALL



FOUNDED IN 1855 AS PENNSYLVANIA'S LAND GRANT COLLEGE, PENN STATE® UNIVERSITY HAS A STORY TO TELL ABOUT ITS HOMEGROWN JOURNEY. BUT SO DO MANY OTHER PENNSYLVANIA-BASED COMPANIES ACROSS THE COMMONWEALTH. OUR, "WE ARE PA" CORPORATE PARTNER PROGRAM HIGHLIGHTS THE HISTORY, SUCCESS AND GOODWILL OF THOSE BUSINESSES ROOTED HERE IN OUR HOME STATE OF PENNSYLVANIA.

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PLAYER TO WATCH



Had zero errors while racking up 11 kills on 12 attacks in a 3-0 win over Ball State last match.



Was named the top player as the MVP of the Kentucky Invitational last weekend.



Needs just 34 more blocks to reach 500 for her career.

TAYLOR TRAMMELL

Sr.+ • Middle Blocker

BLG PENN STATE

FULL BIO

HEAD COACH KATIE SCHUMACHER-CAWLEY

Katie Schumacher-Cawley was named the third head coach in the history of Penn State Women's Volleyball on Jan. 10, 2022. A two-time All-American and a member of Penn State's 1999 National Championship team, Schumacher-Cawley took over the program after spending four seasons as an assistant under legendary head coach Russ Rose. She enters her third season as the team's head coach in 2024.

Penn State advanced to the NCAA Tournament in each of Schumacher-Cawley's first two seasons as head coach at her alma mater, helping the program extend its streak to 43 consecutive appearances. The Nittany Lions advanced to the Regional Semifinal in each of those seasons, posting a win over a nationally-ranked team in the Second Round both times. They defeated No. 21 UCF at Rec Hall in 2022 and went on the road to take down No. 15 Kansas in five sets in 2023.

In Schumacher-Cawley's first two seasons as head coach at Penn State, the Nittany Lions have had players earn two All-America honors, five all-region accolades and six All-Big Ten awards, including five first-team selections. They were ranked all 32 weeks of the AVCA Coaches Poll, reaching a season-high rank of No. 9 in 2022 and No. 8 in 2023. They posted an overall record of 49-17 for a .742 winning percentage.

The Nittany Lions have been tough to beat on their home floor at Rec Hall in Schumacher-Cawley's two seasons, going 28-5 during that time. Included in those wins was a four-set victory over second-ranked Wisconsin in front of more than 5,000 fans during the regular season in 2023.

Before returning to Penn State as an assistant coach in 2018, Schumacher-Cawley spent eight seasons as the head coach at UIC and one season at Penn. During the 2017 season at Penn, Schumacher-Cawley led the Quakers to a 12-11 record, while going 7-7 in Ivy League play. The seven wins in the Ivy League were the most by a Penn head coach in their first year. She also guided the Quakers to notable conference wins, including defeating Yale for the first time since 2010.

Prior to her tenure at Penn, Schumacher-Cawley spent 14 years coaching at UIC, including eight as the head coach (2009-16). She recorded 113 wins as the Flames' head coach, which is third on the program's all-time list, and oversaw UIC's run to the Horizon League Championship match and a runner-up finish in 2012.

While at UIC, she mentored a two-time Horizon League Plaver of the Year in Stephanee Yancy (2014 & 2015), along with 11 All-Horizon League selections and three Horizon League All-Newcomer Team recipients.

A 2002 graduate of Penn State, Schumacher-Cawley helped lead the Nittany Lions to the 1999 NCAA Women's Volleyball Championship, the program's first national title, and three Big Ten Conference crowns during her career. She was a two-time American Volleyball Coaches Association (AVCA) All-American, three-time All-Big Ten selection and three-time AVCA All-Region selection. Schumacher ended her career with 1,310 kills, 772 digs and 299 blocks. Schumacher-Cawley also played for the Lady Lion Basketball team in 2001-02.

A Chicago native, Schumacher-Cawley played volleyball and basketball at Mother McAuley High School and led the Mighty Macs to state and national titles in volleyball. She was inducted into both the Girls Catholic Athletic Conference (GCAC) Hall of Fame and the Catholic League Hall of Fame in 2003. In 2008, a resolution in the Illinois House of Representatives congratulated Schumacher-Cawley for her achievements. On October 15, 2008, she was inducted into the prestigious Chicagoland Sports Hall of Fame for her contributions to the sport of volleyball as an athlete and a coach. She was part of a class that also included Pro

Football Hall of Famers Dick Butkus, Gale Sayers and Marv Levy; Chicago Cubs great Andre Dawson and Chicago Mayor Richard M. Daley.

Schumacher-Cawley earned her bachelor's degree in communications from Penn State in May 2002. She is married to Mike Cawley, who was a James Madison University football student-athlete from 1993-95 and a sixth-round pick by the Indianapolis Colts in the 1996 NFL Draft, and they have three daughters, Stella, Nora and Shea.

KATIE SCHUMACHER-CAWLEY COACHING TIMELINE

2022-current - Penn State (Head Coach) 2018-21 - Penn State (Assistant Coach) 2017 - Penn (Head Coach) 2009-16 - UIC (Head Coach) 2003-08 - UIC (Assistant Coach)

KATIE SCHUMACHER-CAWLEY RECORD

Year	School	Record	Postseason
2009	UIC	16-18	Horizon League Semifinal
2010	UIC	13-18	Horizon League Quarterfinal
2011	UIC	14-15	Horizon League Quarterfinal
2012	UIC	19-13	Horizon League Final
2013	UIC	9-21	
2014	UIC	14-17	Horizon League Quarterfinal
2015	UIC	12-19	
2016	UIC	16-14	
2017	Penn	12-11	
2022	Penn State	26-8	NCAA Regional Semifinal
2023	Penn State	23-9	NCAA Regional Semifinal
<u>2024</u>	Penn State	5-0	
Career Record: 179-163			NCAA Tournament Record: 4-2

