



# NOTES!

THIS IS **PENN STATE. WRESTLING** LIVES HERE.

## #1 PENN STATE NITTANY LIONS (9-0, 3-0 B1G)

WT	NAME	EL	HT/HS	REC
125	#7 Luke Lilledahl	Fr.	Weldon Spring, Mo./Wyoming Seminary	10-1
133	#7 Braeden Davis	So.	Belleville, Mich./Dundee	7-2
141	#3 Beau Bartlett	Sr.+	Tempe, Ariz./Wyoming Seminary	12-0
149	#4 Shayne Van Ness	So.	Somerville, N.J./Blair Academy	11-1
157	#3 Tyler Kasak	So.	Doylestown, Pa./Bethlehem Catholic	11-0
165	#1 Mitchell Mesenbrink	So.	Hartland, Wis./Arrowhead	13-0
174	#2 Levi Haines	Jr.	Arendtsville, Pa./Biglerville	11-1
184	#1 Carter Starocci	Gr.	Erie, Pa./Cathedral Prep	12-0
197	#4 Josh Barr	R-Fr.	Davison, Mich./Davison	10-0
285	#2 Greg Kerkvliet	Sr.+	Inver Grove Heights, Minn./Simley	12-0

## #2 IOWA HAWKEYES (9-0, 3-0 B1G)

WT	NAME	EL	HT/HS	
125	#26 Joey Cruz	So.	Fresno, Calif./Bullard	11-6
133	#3 Drake Ayala	Jr.	Ford Dodge, Iowa/Fort Dodge	11-1
141	Ryder Block	Fr.	Waverly, Iowa/Waverly-Shell Rock	2-4
149	#2 Kyle Parco	Sr.	Danville, Calif./De La Salle	13-0
157	#1 Jacori Teemer	Gr.	Long Beach, N.Y./Long Beach	3-1
165	#2 Mikey Caliendo	Jr.	Geneva, Ill./Batavia	13-0
174	#6 Patrick Kennedy	Sr.	Kasson-Mantorville, Minn.	8-1
184	#5 Gabe Arnold	Fr.	Albany, Ga./Iowa City	11-1
197	#1 Stephen Buchanan	Gr.	Loyal, Wis./Loyal	13-0
285	#11 Ben Kueter	Fr.	Iowa City, Iowa	10-2

Individual rankings listed are InterMat as of 1-28-25 // Team ranking InterMat TPI

## 2024-25 SCHEDULE

### NOVEMBER

**Sat. 16 NWCA All-Star Classic Exhibition**  
**Rec Hall**

(Beau Bartlett, 4-1 loss to Jesse Mendez; Shayne Van Ness, 16-4 maj. Ty Watters; Tyler Kasak, 4-2 dec. Peyton Keller; Levi Haines, 7-0 dec. Cade DeVos; Carter Starocci, 4-1 sv dec. Parker Keckeisen)

**Sun. 17 DREXEL, Rec Hall (B1G+) W, 41-3**

Sun. 24 at Army Black Knight Invitational (Flo)  
(Lilledahl 1st at 125; Bartlett 1st at 141; Van Ness 1st at 149; Kasak 1st at 157; Mesenbrink 1st at 165; Haines/Lee 1st at 174; Starocci/Ryder 1st at 184; Barr 1st at 197; Kerkvliet/Cole Mirasola 1st at 285)

### DECEMBER

Sun. 8 at #14 Lehigh (Flo) W, 36-3

**Sun. 15 WYOMING, BJC (B1G+) W, 54-0**

Sun. 22 Journeymen Collegiate Duals, Nashville, Tenn.

22 vs. Binghamton (Rokfin) W, 52-0

22 vs. #15 Little Rock (Rokfin) W, 44-0

22 vs. #8 Missouri (Rokfin) W, 41-3

### JANUARY

**Fri. 10 MICHIGAN STATE\*, Rec Hall (B1GN) W, 55-0**

Fri. 17 at #4 Nebraska\* (B1GN) W, 31-7

Fri. 24 at #25 Rutgers\* (B1GN) W, 35-3

**Fri. 31 #2 IOWA\*, BJC (B1GN) 7 p.m.**

### FEBRUARY

**Fri. 7 MICHIGAN\*, BJC (B1GN) 6 p.m.**

**Sun. 9 MARYLAND\*, Rec Hall (B1G+) 1 p.m.**

Fri. 14 at Ohio State\* (B1GN) 7 p.m.

Sun. 16 at Illinois\* (B1G+) TBA

**Fri. 21 AMERICAN, Rec Hall (B1G+) 7 p.m.**

### MARCH

Sa.-Sn. 8-9 2025 B1G Championships, Evanston, Ill.

Sat. 8 Session 1 (B1GN/B1G+)

Sat. 8 Session 2 (B1GN/B1G+)

Sun. 9 Session 3/4 (B1GN/B1G+)

Th.-Sa. 20-22 2025 NCAA Championships  
Wells Fargo Center, Philadelphia, Pa.

Thur. 20 Session 1 (ESPN/2/U)

Thur. 20 Session 2 (ESPN/2/U)

Thur. 21 Session 3 (ESPN/2/U)

Thur. 21 Session 4 (ESPN/2/U)

Thur. 22 Session 5 (ESPN/2/U)

Thur. 22 Session 6 (ESPN/2/U)

\* Big Ten Dual -- Home events in CAPS -- All Times EASTERN  
Team rankings are InterMat TPI at time of dual

### THIS WEEK

The Penn State Nittany Lions (9-0, 3-0 B1G) hosts Iowa (9-0, 3-0 B1G) on Friday, Jan. 31, at 7 p.m. in the first of two straight BJC Duals. The event is a B1G Network national telecast.

### UP NEXT

Penn State hosts Michigan on Friday, Feb. 7, in a second straight BJC Dual, this one at 6 p.m., also on the B1G Network. Two days later, the Nittany Lions host Maryland at 1 p.m. in Rec Hall on Feb. 9.

### ON THE AIR

Television - B1G Network  
Streamed TV - Fox Sports App  
Radio online - Free all year via Lionvision at GoPSUsports.com

## THIS WEEK'S ACTION:

UNIVERSITY PARK, Pa.; January 29, 2025 – The Penn State Nittany Lion wrestling team (9-0, 3-0 B1G) hosts Iowa (9-0, 3-0 B1G) in the first of two straight B1G Duals. The Nittany Lions and Hawkeyes battle at 7 p.m. on Friday, Jan. 31, in a B1G Network national telecast. All rankings listed are InterMat/InterMat Tournament Power Index (TPI).

The Nittany Lions are coming off a rousing 35-3 win at Rutgers last Friday night in sold out Jersey Mike's Arena. Penn State won nine of ten bouts, including four technical falls to improve to 9-0 on the year, 3-0 in Big Ten action.

Penn State's line-up features ten ranked wrestlers. Luke Lilledahl is 10-1 and ranked No. 7 at 125. Braeden Davis is 7-2 and No. 7 at 133. Beau Bartlett is 12-0 and No. 3 at 141. Shayne Van Ness is 11-1 and No. 4 at 149. Tyler Kasak is 11-0 and No. 3 at 157. Mitchell Mesenbrink is 13-0 and No. 1 at 165. Levi Haines is 11-1 and No. 2 at 174. Carter Starocci is 12-0 and No. 1 at 184. Josh Barr is 10-0 and No. 4 at 197. Greg Kerkvliet is 12-0 and No. 2 at 285.

Iowa is coming off a 24-13 home win over Ohio State last Saturday. The Hawkeyes improved to 9-0 as well, 3-0 in conference action. Iowa's line-up features nine ranked wrestlers as well. Joey Cruz is No. 26 at 125. Drake Ayala is No. 3 at 133. Kyle Parco is No. 2 at 149. Jacori Teemer is No. 1 at 157. Mikey Caliendo is No. 2 at 165. Patrick Kennedy is No. 6 at 174. Gabe Arnold is No. 5 at 184. Stephen Buchanan is No. 1 at 197. Ben Kueter is No. 11 at 285. Iowa leads the all-time series with Penn State 28-13-2. The Nittany Lions have won three straight, including a 29-6 win at Iowa last year on Feb. 9, 2024, and a 23-14 win in the BJC two years ago on Jan. 27, 2023).

Penn State will host Michigan on Feb. 7 in the second BJC Dual. The Nittany Lions and Wolverines meet at 6 p.m. in another B1G Network national telecast. Two days later, Penn State hosts Maryland at 1 p.m. in Rec Hall on Feb. 9.

The 2024-25 Penn State Wrestling season is presented by the Family Clothesline. Penn State Fans are encouraged to follow Penn State wrestling via X at @pennstateWREST, on Penn State Wrestling's Facebook page at [www.facebook.com/pennstatewrestling](https://www.facebook.com/pennstatewrestling) and on Instagram at [www.instagram.com/pennstatewrest](https://www.instagram.com/pennstatewrest). This is PENN STATE. WRESTLING lives here.

## 2024-25 INDIVIDUAL RECORDS (AS OF 1/27/25)

<b>Name, Wt.</b>	<b>Record</b>
Josh Barr, 197	10-0
Beau Bartlett, 141	12-0
Sam Beckett, 174	10-4
Brian Borden, 174	0-0
Dawson Bundy, 285	0-0
Lucas Cochran, 197	4-0
Hayden Cunningham, 141	0-0
Braeden Davis, 133	7-2
Aurelius Dunbar, 165	3-2
David Evans, 149	0-0
Alex Facundo, 157	5-0
AJ Fricchione, 197	2-2
Kyison Garcia, 133	1-1
Erik Gibson, 174	0-0
Levi Haines, 174	11-1
Tyler Kasak, 149/157	11-0
Jack Kelly, 184	5-2
Greg Kerkvliet, 285	12-0
Matt Lee, 174	2-0
Timothy Levine, 133	8-8
Luke Lilledahl, 125	10-1
Kurt McHenry, 125	8-2
Mitchell Mesenbrink, 165	13-0
Cole Mirasola, 285	6-0
Connor Mirasola, 197	8-0
Aaron Nagao, 133	0-0
Cael Nasdeo, 133	6-5
Connor Pierce, 149	7-3
Matt Rodriguez, 149	0-2
Zack Ryder, 184	8-0
Joe Sealey, 165	0-0
Karl Shindledecker, 133	0-0
Carter Starocci, 184	12-0
Gary Steen, 133	3-3
Shayne Van Ness, 149	11-1
Sean Wang, 141	0-0
Ty Watson, 157/165	3-4
Brock Weiss, 141	2-2

*This includes records w/unattached results listed in current mark*

### PENN STATE WRESTLING STRATEGIC COMMUNICATIONS!

For more information or credentials, contact me, Pat Donghia, Penn State Wrestling SID!  
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<https://gopsusports.com/index.aspx?path=wrestling>

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# HEAD COACH CAEL SANDERSON

## THE PENN STATE YEARS

Sanderson led Penn State to a 13-6-1 dual meet record in his first season at Penn State (2009-10), much improved over the prior year's 8-12-2 mark. After a year outside the top 10, Sanderson led the Lions back to their place among the nation's elite with a ninth-place finish at the NCAA Championships and a No. 10 final dual meet ranking from the NWCA Coaches. Sanderson picked up three more All-Americans (including a national finalist) and a Big Ten Champion in younger brother, Cyler Sanderson.

In 2010-11, Sanderson reached the pinnacle of the collegiate coaching mountain by guiding Penn State through a stunning season filled with records, championships and memories that thrilled the Penn State faithful. Sanderson led the Nittany Lions to their first-ever Southern Scuffle Co-Championship and first Virginia Duals Championship since 1991. While guiding Penn State to a 6-1-1 conference mark, Sanderson equaled the highest Big Ten dual meet wins in Penn State history (1998). He led Penn State to the school's first ever Big Ten Championship and was named 2011 Big Ten Coach of the Year. He became the first coach in NCAA history to be named both the Big Ten and Big 12 Coach of the Year. Saving the best for last, he led the Nittany Lions to the 2011 NCAA National Championship in Philadelphia, Penn State's first since 1953 and Sanderson's first as a collegiate head coach.

During the 2011-12 season, the nation watched as Sanderson led Penn State to a 13-1 dual mark, including a school record 7-1 Big Ten dual record to earn a share of the 2012 Big Ten dual meet championship. Sanderson then made it two in a row by leading Penn State to the 2012 Big Ten Championship at Purdue. He was named 2012 Big Ten Coach of the Year, earning the honor for the second-straight season. Two weeks later, Sanderson led Penn State to a second-straight NCAA crown, helping Penn State to become the fifth team in NCAA history to win back-to-back titles. He was named NWCA National Coach of the Year for the second time in his career at the conclusion of the championships in Des Moines.

In 2012-13, Penn State posted an identical 13-1 mark, 7-1 Big Ten dual record and won its third-straight Big Ten Championship in Illinois in March. Sanderson earned his third-straight Big Ten Coach of the Year honor (co) in the process. Two weeks after that, Sanderson guided Penn State to a thrilling third-straight NCAA crown, helping Penn State to become just the third team in NCAA history to win three-straight team titles. At the tournament's end, he was named NWCA National Coach of the Year.

In 2013-14, Penn State went 15-1 overall and won a share of the Big Ten dual meet title with a 7-1 record. The Nittany Lions won their fourth-straight Big Ten Championship in Madison, Wisconsin, helping Sanderson win his fourth-straight Big Ten Coach of the Year honor. Two weekends later, the Nittany Lions won their fourth-straight NCAA title, becoming the third team in NCAA history to win four-straight NCAA titles.

In 2014-15, Sanderson led Penn State to an 11-4 dual meet record, a fifth-straight Southern Scuffle title, garnering five All-Americans and another individual National Champion at the NCAA Championships as Matt Brown won the 174-pound title.

In 2015-16, he added a sixth-straight Southern Scuffle championships, a third Big Ten dual meet title (co-) and the 2016 NWCA National Dual Series championship. He led Penn State to its fifth Big Ten Championship in six years in Iowa City and followed that up with his fifth NCAA National Championship in six years in New York City's Madison Square Garden.

In 2016-17, Sanderson led Penn State to its second-straight NCAA title and sixth in seven years. Penn State posted a perfect 14-0 dual meet record, won the 2017 Big Ten regular season (dual meet) title and the NWCA Dual Championship Series crown for the second-straight season. Sanderson's team posted a gaudy 35-6 record at NAAs and won five-straight individual championships to close out the national finals.

In 2017-18, Sanderson led Penn State to its seventh NCAA title in eight years and third-straight. Penn State posted a perfect 14-0 dual meet record and won the Big Ten regular season (dual meet) title yet again. Sanderson's team posted a superb 39-9 record at NAAs. Penn State ended the season riding a 45-dual win streak and set an NCAA record for attendance at an indoor dual meet with 15,998 in the BJC for a win over Iowa.

In 2018-19, Sanderson closed out a decade as Penn State's mentor by leading Penn State to its eighth NCAA title in nine years and fourth-straight for the second time in his first ten years as head coach. Penn State posted a perfect 14-0 dual meet record for the fourth-straight year, won the Big Ten regular season (dual meet) and Big Ten Tournament Championship. Sanderson's team posted a 35-11 record at NAAs and had the team title clinched before the finals began Saturday night. Penn State ended the season riding a 59-dual win streak. Sanderson was named Big Ten Coach of the Year and InterMat National Coach of the Year.

In 2019-20, the Lion mentor led the team to a 12-2 overall record and a near-perfect 8-1 Big Ten dual meet mark. Penn State dropped two duals by a total of three points. Penn State crowned two more Big Ten Champions in true freshman Aaron Brooks and senior Mark Hall. Brooks was named Big Ten Freshman of the Year. The Nittany Lions advanced seven wrestlers to the 2020 NCAA Championships before the NCAA canceled the event. The NWCA named the top eight seeds at each weight first team All-Americans after the tournament was canceled, giving Sanderson five more All-Americans.

In 2020-21, Sanderson guided Penn State through a season that was shortened and altered by the NCAA's reaction to a virus. The Nittany Lions went a perfect 6-0 in dual meets (all in the Big Ten) and earned a share of their seventh Big Ten dual meet title. Roman Bravo-Young and Aaron Brooks won Big Ten titles in the BJC and Carter Starocci was named Big Ten Freshman of the Year. Penn State took nine wrestlers to nationals and the Nittany Lions went a perfect 4-0 in the NCAA finalist in St. Louis, with Bravo-Young, Nick Lee, Starocci and Brooks all claiming their first individual titles. Freshmen Michael Beard and Greg Kerkvliet each placed seventh to give Sanderson six All-Americans for the year.

In 2021-22, the Nittany Lions roared into Detroit and claimed their ninth NCAA team title since Sanderson's arrival. Penn State, winning the 9th NCAA crown in the last 11 tournaments, brought home six All-Americans (a tournament high) and went a Penn State Perfect 5-0 in the NCAA finals (following up 2021's 4-0 run). Roman Bravo-Young, Nick Lee, Carter Starocci, Aaron Brooks and Max Dean all won individual titles while Greg Kerkvliet placed fourth. Sanderson was named 2022 NCAA Coach of the Championship by the NWCA at the conclusion of the event. The 36.5-point margin of victory over the second place team was the largest since the Lions outdistanced the field by 40 points in 2019.

In 2022-23, the Nittany Lions stormed into Tulsa, Okla., to claim their 10th NCAA title under Sanderson (and the 10th in the last 12 tournaments). The Nittany Lions crowned two more NCAA Champions (Carter Starocci and Aaron Brooks), had five NCAA finalists and eight All-Americans. Sanderson's team won the NCAA team title with 137.5 points and posted the fifth largest winning margin (55.0) in NCAA history. Penn State won the 2023 Big Ten Regular Season Championship and the 2023 Big Ten Championship by dominating the field at the Big Ten tournament in Ann Arbor. True freshman Levi Haines was named Big Ten Freshman of the Year, the third time in the last four years that a Nittany Lion has won the honor (Brooks, Starocci).

In 2023-24, Penn State produced a record-setting performance on its way to winning a third straight NCAA Championship in Kansas City. The Nittany Lions won their 11th title in the past 13 tournaments. Penn State crowned four more NCAA Champions (Levi Haines, Carter Starocci, Aaron Brooks, Greg Kerkvliet), including the school's first two four-timers (Starocci, Brooks). Penn State had eight All-Americans, six national finalists and won the team title with an NCAA record 172.5 points. The margin of victory between Penn State and the second place team (72.5) was also an all-time record (100 points). Penn State own the 2024 Big Ten Regular Season Championship and the 2024 Big Ten Championship at the Big Ten Tournament at Maryland. Mitchell Mesenbrink was named Big Ten Freshman of the Year, Aaron Brooks Big Ten Wrestler of the Year and Sanderson Big Ten Coach of the Year. After the NCAA title run, Brooks was named 2024 NCAA Most Dominant Wrestler and the 2024 NCAA Championship Outstanding Wrestler.

Sanderson, who concluded his 15th year as Penn State's head coach in 2023-24, has led the Nittany Lions to eight Southern Scuffle titles, ten B1G dual meet titles, eight Big Ten Championships, 11 NCAA Championships, collected 91 All-Americans, 38 National Champions, including an NCAA record-tying five in both 2017 and 2022, four Gorriaran winners, six NCAA Tournament Outstanding Wrestlers, one Co-SIDA Academic All-American of the Year, one NCAA Elite 89 winner, one NCAA Top 10 Award winner and six Hodge Trophy winners. Sanderson, who has coached 106 total All-Americans and 40 total National Champions (including his three years at Iowa State), grabbed his 200th win as Penn State's head coach in its 29-6 win at Iowa on Feb. 9, 2024, and his 100th Big Ten dual win as Penn State's mentor with a 23-14 win over Iowa in the BJC on 1/27/23.

## Sanderson's Career Coaching Record

Season	Record	%	B1G Dual	B1G/B12 Trn.	NCAA	Qual.	AA	NC
2006-07	13-3-0	.813	---	1st (B12)	2nd	10	4	1
2007-08	16-4-0	.800	---	1st (B12)	5th	10	7	0
2008-09	15-3-0	.833	---	1st (B12)	3rd	10	4	1
2009-10	13-6-1	.675	5-3-0	5th	9th	6	3	0
2010-11	17-1-1	.921	6-1-1	1st	1st	8	5	1
2011-12	13-1-0	.929	7-1-0	1st	1st	9	6	3
2012-13	13-1-0	.929	7-1-0	1st	1st	10	5	2
2013-14	15-1-0	.938	7-1-0	1st	1st	10	7	2
2014-15	11-4-0	.733	6-3-0	5th	6th	7	5	1
2015-16	16-0-0	1.000	9-0-0	1st	1st	9	6	2
2016-17	14-0-0	1.000	9-0-0	2nd	1st	9	6	5
2017-18	14-0-0	1.000	9-0-0	2nd	1st	9	8	4
2018-19	14-0-0	1.000	9-0-0	1st	1st	9	7	3
2019-20	12-2-0	.857	8-1-0	4th	#	7	5	#
2020-21	6-0-0	1.000	6-0-0	2nd	2nd	9	6	4
2021-22	17-0-0	1.000	8-0-0	2nd	1st	9	6	5
2022-23	16-0-0	1.000	8-0-0	1st	1st	9	8	2
2023-24	12-0-0	1.000	8-0-0	1st	1st	10	8	4
2024-25	9-0-0	1.000	3-0-0	--	--	--	--	--
<b>Career</b>	<b>256-26-2</b>	<b>.905</b>	<b>115-11-1</b>	<b>11 titles</b>	<b>11 titles</b>	<b>160</b>	<b>106</b>	<b>40</b>
At Penn State	212-16-2	.926	115-11-1	8 titles	11 titles	130	91	38

Italics are at Iowa State /// # - the 2020 NCAA championship was canceled.



NOTES

PENN STATE ROARS AT RUTGERS

The Penn State Nittany Lions roared in front of a sold out Jersey Mike's Arena crowd at Rutgers on Friday, Jan. 24 in Piscataway, N.J. Penn State won nine of ten matches, including four tech falls, to roll to a 35-3 win over #25 Rutgers. Shayne Van Ness (149), Mitchell Mesenbrink (165), Carter Starocci (184) and Josh Barr (197) all posted tech falls. Barr's tech fall, of note, featured 22 unanswered points in less than 3:00 in the third period. He turned a 0-0 tie heading into the third into a 22-6 tech fall over #16 Josh Poznanski, a returning All-American, at 6:19. Carter Starocci teched #18 Shane Cartagena-Walsh 17-2, a bout that saw Starocci force the Knight into four stall warnings.

NIITTANY LIONS ROUT #4 NEBRASKA IN LINCOLN, LIONS WIN 8 OF 10 IN FRONT OF NEARLY 7K FANS

Penn State routed homestanding Nebraska 31-7 in Lincoln, Neb., on Friday, Jan. 17, winning eight of ten bouts in front of a Nebraska record crowd of over 6,600 fans. Penn State used three tech falls and a major, as well as a number of impressive regular decisions, to grab the win. True freshman Luke Lilledahl downed #6 Caleb Smith 4-2 at 125 and sophomore Mitchell Mesenbrink posted a 20-3 tech fall (5:39) over #7 Bubba Wilson as well.

NIITTANY LIONS TIE ALL-TIME MARGIN OF VICTORY RECORD WITH 55-0 SHUTOUT WIN OVER MICHIGAN STATE

The Penn State Nittany Lions opened up Big Ten dual action on Friday, Jan. 10, by shutting out visiting Michigan State 55-0 in Rec Hall. Penn State tied its all-time record for margin of victory with the effort (Buffalo, 55-0, Feb. 18, 2018). The Nittany Lions had six pins (Greg Kerkvliet, Shayne Van Ness, Tyler Kasak, Levi Haines, Carter Starocci, Josh Barr), three technical falls (Luke Lilledahl, Braeden Davis, Mitchell Mesenbrink) and a major (Beau Bartlett).

BECKETT RUNNER-UP AT F&M, 5 LIONS COMPETE

Senior Sam Beckett went 4-1 with three majors to take second place at 174 in the Franklin & Marshall Open on Friday, Jan. 10. Four other Lions competed as well: Cael Nasdeo picked up two wins at 141, Brock Weiss grabbed two wins at 149 and Ty Watson won twice at 157. Tim Levine picked up a victory at 141.

ZACK RYDER NAMED B1G FRESHMAN OF THE WEEK (1/8)

Freshman Zack Ryder was named Big Ten Freshman of the Week for the week ending Jan. 5, 2025. Ryder was one of nine Penn State Nittany Lion wrestlers to head to the 2025 Southern Scuffle in Chattanooga, Tenn., on Jan. 4-5. He rolled through a strong field at 184 to claim the 184-pound title as a true freshman. Ryder went 5-0 overall with a pin and a tech fall. He posted a dominant 9-2 win over No. 22 DJ Parker of Oklahoma in the quarterfinals and then pinned No. 25 TJ Stewart of Virginia Tech in the semifinals. He downed Northern Colorado's Al Heeg 6-1 (sv) in the finals.

THREE LIONS WIN SCUFFLE TITLES, FIVE PLACE AT UTC

Penn State sent nine individuals to Chattanooga for the 2025 Southern Scuffle on Jan. 4-5 and three true freshmen won titles. Five Penn Staters placed overall. Zack Ryder went 5-0 with a pin and a tech to win the crown at 184. He beat #22 DJ Parker of Oklahoma 9-2 in the quarters and pinned #25 TJ Stewart of Virginia Tech in the semis on his way to the championship. Connor Mirasola went 5-0 with a pin, two techs and a major to win at 197, downing #30 Patrick Brophy of The Citadel 7-3 in the finals. Cole Mirasola went 4-0 with two techs and a major to win at 285. He downed #29 Connor Barkett of Duke in the quarters and majored #25 Lucas Stoddard of Army in the finals. Sophomore Connor Pierce went 4-1 to place second at 149 and senior+ Kurt McHenry went 6-2 to take fifth at 125.

NASDEO WINS EDINBORO OPEN CROWN; BECKETT SECOND

True freshman Cael Nasdeo went 3-0 with a tech and a major (plus a non-collegiate win) to claim the 141 pound title at the Edinboro Open on Jan. 4. Redshirt freshman Sam Beckett went 2-1 at 174 and took second place.

PENN STATE NEARLY PERFECT IN NASHVILLE

The Penn State Nittany Lions went 3-0 at the 2024 Journeymen Collegiate Duals in Nashville, Tenn., on Sunday, Dec. 22, 2024, in dominant fashion. The Nittany Lions notched two shutout wins and went 29-1 overall in their three duals. Penn State shutout Binghamton 52-0 and #15 Little Rock 44-0 and downed #8 Missouri 41-3. The Nittany Lions had 29 wins, 22 for bonus (four majors, eight technical falls, eight pins and two forfeits) and outscored its three opponents 135-3.

PENN STATE ROARS TO 41-3 WIN OVER #8 MISSOURI TO CLOSE OUT COLLEGIATE DUALS IN NASHVILLE

Penn State roared to a 41-3 win over #8 Missouri on Sunday, Dec. 22, to close out the 2024 Journeymen Collegiate Duals in Nashville. Beau Bartlett posted a 4-1 win over #16 Josh Edmond at 141 and Carter Starocci majored #10 Colton Hawks 10-1 at 184 to lead Penn State. Levi Haines, ranked #2 at 174, lost a thrilling 4-1 sudden victory decision to #1 Keegan O'Toole in the dual's marquee match up.

NIITTANY LIONS POST THIRD STRAIGHT SHUTOUT, BLANKING #15 LITTLE ROCK AT JOURNEYMEN

Josh Barr posted a 4-1 (sv) win over #5 Stephen Little at 197 and Braeden Davis downed #5 Nassir Bailey 1-0 at 133 to spark Penn State to a 44-0 shutout win over #15 Little Rock in its second dual at the Journeymen Collegiate Duals on Dec. 22. The shutout was Penn State's third straight. The Lions also got ranked wins from Shayne Van Ness, who pinned #16 Jordan Williams at 149; Tyler Kasak, a 4-2 winner over #20 Matty Bianchi at 157; and Mitchell Mesenbrink, who roared to a 17-1 tech over #21 Joey Bianchi at 165.

PENN STATE SHUTS OUT BINGHAMTON IN NASHVILLE

The Nittany Lions opened up the 2024 Journeymen Collegiate Duals with a 52-0 shutout win over Binghamton. Luke Lilledahl posted a 19-4 tech over #33 Carson Wagner and Carter Starocci pinned #23 Will Ebert to spark Penn State.

2024-25 BIG TEN STANDINGS (as of 1/27/25)

Pl.	Team	Big Ten		Overall	
		W-L-T	PCT	W-L-T	PCT
1.	PENN STATE	3-0-0	1.000	9-0-0	1.000
	Iowa	3-0-0	1.000	9-0-0	1.000
3.	Maryland	3-1-0	.750	8-6-0	.571
	Minnesota	3-1-0	.750	7-1-0	.875
	Nebraska	3-1-0	.750	8-2-0	.800
	Ohio State	3-1-0	.750	11-1-0	.917
7.	Rutgers	3-2-0	.600	11-4-0	.733
8.	Illinois	3-3-0	.500	8-3-0	.727
9.	Indiana	2-3-0	.400	6-3-0	.667
	Michigan	2-3-0	.400	5-3-0	.625
11.	Purdue	1-2-0	.333	8-3-0	.727
12.	Michigan State	0-4-0	.000	3-5-0	.375
	Northwestern	0-4-0	.000	2-5-0	.286
	Wisconsin	0-4-0	.000	4-8-0	.333

BIG TEN WRESTLERS OF THE WEEK

11/5	Joseph Walker, Michigan
11/14	Matt Ramos, Purdue
11/21	Ridge Lovett, Nebraska
11/27	MITCHELL MESENBRINK, PENN STATE
12/5	Max McEnally, Minnesota
12/12	Antrell Taylor, Nebraska
	Matt Ramos, Purdue
12/18	BEAU BARTLETT, PENN STATE
12/25	Jesse Mendez, Ohio State
1/8	Kyle Parco, Iowa
1/15	GREG KERKVLIT, PENN STATE
	Jaxon Smith, Maryland
1/22	Drake Ayala, Iowa
	Ridge Lovett, Nebraska
1/29	TBA

BIG TEN FRESHMEN OF THE WEEK

11/5	Ben Davino, Ohio State
11/12	Kannon Webster, Illinois
	Max McEnelly, Minnesota
11/21	Charlie Millard, Minnesota
11/27	Brock Mantanona, Michigan
12/5	Max McEnally, Minnesota
12/12	JOSH BARR, PENN STATE
12/18	LUKE LILLED AHL, PENN STATE
12/25	JOSH BARR, PENN STATE
1/8	ZACK RYDER, PENN STATE
1/15	Christopher Minto, Nebraska
1/22	Beau Mantanona, Michigan
1/29	TBA





## BARR EARNS SECOND B1G FRESHMAN OF THE WEEK AWARD (12/25)

Redshirt freshman Josh Barr was named Big Ten Freshman of the week for the week ending Dec. 22, 2024, his second honor of the season. Barr went 3-0 at the Journeymen Collegiate Duals in Nashville on Sunday, Dec. 22. He had a tech fall in PSU's win over Binghamton and a pin in the Lion win over Missouri. Barr also used a takedown in extra time to post a thrilling 4-1 (sv) win over #5 Stephen Little in the Nittany Lions' victory over Little Rock.

## BARTLETT AND LILLEDAHL EARN B1G WEEKLY HONORS (12/18)

Senior+ Beau Bartlett was named B1G Wrestler of the week and true freshman Luke Lilledahl was named B1G Freshman of the Week for the week ending Dec. 18, 2024. Bartlett pinned No. 28 Cole Brooks and Lilledahl posted a 20-5 tech fall at 4:25 over Jack Braman in Penn State's 54-0 shutout win over visiting Wyoming in the Bryce Jordan Center.

## PENN STATE SHUTS OUT WYOMING 54-0 IN JORDAN CENTER

The Penn State Nittany Lions rolled to a 54-0 shut out win over visiting Wyoming on Sunday, Dec. 15. The dual, moved to the Bryce Jordan Center earlier in the week due to scheduling conflicts with the NCAA women's volleyball tournament in Rec Hall, was wrestled in front of over 7,300 fans, turning a Rec Hall sellout into an even bigger crowd for the Cowboy dual. Penn State had five pins, four technical falls and a major in posting its second most lopsided win ever (55-0 over Buffalo on Feb. 18, 2018).

## JOSH BARR MAJORS #6 BEARD TO LEAD PENN STATE IN 36-3 WIN OVER LEHIGH IN ALLENTOWN'S PPL CENTER; NAMED B1G FRESHMAN OF THE WEEK

Red shirt freshman Josh Barr tallied three takedowns (one in the second and two in a dominant third) to roll to an 11-3 major decision over #6 Michael Beard at 197, leading Penn State to a 36-3 win over the Mountain Hawks. The dual was wrestled in Allentown's PPL Center in front of a sold out crowd of nearly 10,000 fans. Penn State won nine of ten bouts, also picking up a win from true freshman Luke Lilledahl over #15 Sheldon Seymour at 125. Barr was named Big Ten Freshman of the Week (12/12) for his efforts.

## KELLY WINS MAT-TOWN I TITLE, LEVINE RUNNER-UP

Jack Kelly went 3-0 with two pins (in 0:13 and 0:46 seconds) to win the 174 pound title at the Mat-Town Invitational on Dec. 1 in Lock Haven, Pa. Tim Levine went 1-1 plus a non-collegiate victory to earn a runner-up finish at 133 while Sam Beckett went 2-1 to place third at 174.

## MITCHELL MESENBRINK EARNS B1G W.O.W. HONORS (11/27)

Sophomore Mitchell Mesenbrink went 4-0 with four technical falls at the Black Knight Invitational on Sunday, Nov. 24, to earn the 165 pound title at West Point, N.Y., earning tournament Outstanding Wrestler honors. He was named Big Ten Wrestler of the Week for the week ending Nov. 24, 2024, for his efforts.

## NITTANY LIONS DOMINATE BLACK KNIGHT INVITATIONAL

The Penn State Nittany Lions dominated the 2024 Black Knight Invitational at Army West Point on Nov. 24. The Nittany Lions won nine of the 10 individual titles, 18 of their 22 competitors placed in the top six and every Penn State garnered at least one win. With results against teammates not counting as official NCAA bouts, three of Penn State's titles included shared crowns with teammates not wrestling each other in the title bouts. Luke Lilledahl (125), Beau Bartlett (141), Shayne Van Ness (149), Tyler Kasak (157), Mitchell Mesenbrink (165), Levi Haines/Matt Lee (174), Carter Starocci/Zack Ryder (184), Lucas Cochran (197) and Greg Kerkvliet/Cole Mirasola (285) were champs. Alex Facundo (157) and Lucas Cochran (197) were runners-up. Kurt McHenry (125) and Connor Mirasola (197) placed third. Penn State rolled up a 55-9 overall record at the event, including seven majors, 24 tech falls and 15 pins (46 of its 55 wins were for bonus). Various matches that pitted Nittany Lions against each other are not included in those totals.

## NITTANY LIONS ROLL OVER DREXEL 41-3 IN SEASON OPENER

The Penn State Nittany Lions opened up the regular season with a 41-3 victory over visiting Drexel on Sunday, Nov. 17, in Rec Hall. True freshman Luke Lilledahl received a forfeit win at 125 in his collegiate debut and Greg Kerkvliet closed out the dual with a pin at 285. In between, the Nittany Lions picked up three decisions and four straight tech falls in the second half to roll to the win. Lewis Haines (174) and Carter Starocci (184) competed the night before in the NWCA All-Star Classic Exhibition and posted tech falls the next day in the win over the Dragons. Also grabbing victories were Braeden Davis (133), Connor Pierce (149), Alex Facundo (157), Mitchell Mesenbrink (165) and Lucas Cochran (197).

## PSU SHINES AT ALL-STAR CLASSIC EXHIBITION

While Penn State's official season began on Sunday, Nov. 17, in Rec Hall when the Nittany Lions beat Drexel, five Nittany Lions took part in the NWCA All-Star Classic exhibition the night before. The exhibition, not an official NCAA event and does not count towards wins, losses or RPI, featured Beau Bartlett (141), Shayne Van Ness (149), Tyler Kasak (157), Levi Haines (174) and Carter Starocci (184). Bartlett dropped a hard-fought 4-1 decision to No. 2 Jesse Mendez of Ohio State, Van Ness rolled to a 16-4 major over No. 3 Ty Watters of West Virginia, Kasak posted a 4-2 win over No. 3 Peyton Keller of Ohio, Haines notched a 7-0 win over No. 3 Cade DeVos of South Dakota State and Starocci grabbed a hard-fought 4-1 (sv) win over No. 2 Parker Keckeisen of Northern Iowa.

## NATIONAL RANKINGS

### TEAM RANKINGS INTERMAT TPI (1/28/25)

1. PENN STATE
2. Iowa
3. Oklahoma State
4. Nebraska
5. Minnesota
6. Northern Iowa
7. Ohio State
8. Virginia Tech
9. Lehigh
10. Cornell
11. North Carolina State
12. Stanford
13. Arizona State
14. Northern Colorado
15. Cal Poly
16. Purdue
17. Missouri
18. Michigan
19. Iowa State
20. Illinois
20. Little Rock
22. North Carolina
23. West Virginia
24. South Dakota St.
25. Rutgers
25. Maryland

### NWCA COACHES POLL (DUAL) (1/28/25)

1. Penn State
2. Iowa
3. Oklahoma State
4. Ohio State
5. Northern Iowa
6. North Carolina State
7. Nebraska
8. Minnesota
9. Cornell
10. Virginia Tech
11. South Dakota State
12. Rutgers
13. Iowa State
14. Illinois
15. Stanford
16. Pittsburgh
17. Little Rock
18. North Carolina
19. Michigan
20. Missouri
21. West Virginia
22. Oklahoma
23. Indiana
24. Army West Point
25. Maryland

### INTERMAT (1/28/25)

Luke Lilledahl	7th/125
Braeden Davis	7th/133
Beau Bartlett	3rd/141
Shayne Van Ness	4th/149
Tyler Kasak	3rd/157
Mitchell Mesenbrink	1st/165
Levi Haines	2nd/174
Carter Starocci	1st/184
Josh Barr	4th/197
Greg Kerkvliet	2nd/285

### vs. RANKED FOES

Check here throughout the season for Penn State's dual meet results against foes ranked in the InterMat Top 25 Team TPI.

12/8	at #14 Lehigh	W, 36-3
12/22	vs. #15 Little Rock	W, 44-0
12/22	vs. #8 Missouri	W, 41-3
1/17	at #4 Nebraska	W, 31-7
1/24	at #25 Rutgers	W, 35-3
1/31	vs. #2 Iowa	



## #FUNSTATS AFTER THE 2024 NCAA CHAMPIONSHIPS

- // Most Individual NCAA Titles Since 2011 -- PENN STATE 38, Cornell 14, Oklahoma State 10, Ohio State 10, Iowa 7
- // Penn State National Finalists Since 2011 -- 56
- // Penn State in NCAA Finals Since 2011 -- 38-18 (Since 2011, winning percentage in NCAA finals is .679)
- // Penn State in NCAA Semifinals Since 2011 -- 56-8 (Since 2011, winning percentage in NCAA semis is .875)
- // Penn State Team Championships Since 2011 -- 11 (of 13, no NCAA tournament in 2020)
- // Penn State Percentage of Team Titles Won Since 2011 - .846 (no NCAA tournament in 2020)
- // Penn State has 12 NCAA Championships (11 under Sanderson), third most in NCAA history
- // Penn State is the only team in the nation to win at least one individual title at EACH WEIGHT in the last decade
- // Penn State is one of only two teams in NCAA history to have five individual champions in one year TWICE.
- // Penn State's Cael Sanderson has won 11 NCAA titles as a coach, second most in NCAA history (tied).

### HONORS WON

**JOSH BARR, 197**  
Big Ten Freshman of the Week (12/12)  
Big Ten Freshman of the Week (12/26)

**BEAU BARTLETT, 141**  
NWCA All-Star Classic Exhibition

**LEVI HAINES, 174**  
NWCA All-Star Classic Exhibition

**TYLER KASAK, 149/157**  
NWCA All-Star Classic Exhibition

**LUKE LILLED AHL, 125**  
Big Ten Freshman of the Week (12/18)

**MITCHELL MESENBRINK, 165**  
Black Knight Invitational O.W. (11/24)  
Big Ten Wrestler of the Week (11/27)

**ZACK RYDER, 184**  
Big Ten Freshman of the Week (1/8)

**CARTER STAROCCI, 174**  
NWCA All-Star Classic Exhibition

**SHAYNE VAN NESS, 149**  
NWCA All-Star Classic Exhibition

### 2024-25 RIDGE RILEY AWARD WINNERS (home)

11/17	Drexel	Lucas Cochran, 197
12/15	Wyoming	Mitchell Mesenbrink, 165
1/10	Michigan State	Shayne Van Ness, 149
1/31	Iowa	
2/7	Michigan	
2/9	Maryland	
2/21	American	

### 2024-25 ERNIE LUCAS AWARD WINNERS (away)

12/8	at Lehigh	Josh Barr, 197
12/22	vs. Binghamton	Carter Starocci, 184
12/22	vs. Little Rock	Braeden Davis, 133
12/22	vs. Missouri	Beau Bartlett, 141
1/17	at Nebraska	Luke Lilledahl, 125
1/24	at Rutgers	Josh Barr, 197
2/14	at Ohio State	
2/16	at Illinois	



## FUN WITH FAN FIGURES

### PENN STATE OWNS THE TOP SEVEN NCAA INDOOR DUAL MEET MARKS, ALL IN THE BJC!

The top two NCAA dual meet attendance figures of all-time come in outdoor venues in football stadiums at Iowa City and Piscataway:

11/14/15	Iowa v. Oklahoma St.	42,287
11/18/16	Princeton v. Rutgers	16,178

#### TOP 10 INDOOR ATTENDANCE FIGURES,

##### NCAA ALL-TIME RECORDS:

1: Iowa at PENN STATE (1/27/23)	15,998
Iowa at PENN STATE (2/10/18)	15,998
3: Pittsburgh at PENN STATE (12/8/13)	15,996
4: Ohio St. at PENN STATE (2/15/20)	15,995
5: Ohio St. at PENN STATE (2/4/22)	15,991
6: Ohio St. at PENN STATE (2/5/16)	15,983
7: Michigan at PENN STATE (1/20/23)	15,975
8: Iowa at PENN STATE (2/8/15)	15,967
9: Iowa State at Iowa (12/6/08)	15,955
10: Michigan at PENN STATE (2/1/19)	15,703

Of the top ten indoor dual meets in NCAA history, Penn State has hosted nine! All have come since head coach Cael Sanderson's arrival at Penn State.

### THE TOP 10 REC HALL ATTENDANCE FIGURES IN THE SANDERSON ERA!

While Rec Hall held many more fans in decades past, recent renovations and updated fire safety regulations/SRO guidelines at the end of the 2013-14 season have the venerable venue's attendance capped at 6,202 (not including SROs, media, staff, etc.).

Since Cael Sanderson took the helm of the Nittany Lions, Rec Hall has essentially been sold out. Penn State is riding a multi-year streak of Rec Hall sellouts and has also sold out six of eight duals in the near-16K seat BJC.

The following are the top 10 Rec Hall attendance marks since Sanderson's arrival in 2009-10:

Rk.	Date	Opponent (Res.)	Att.
1.	1/22/12	Iowa (W, 22-12)	6,796
2.	2/19/12	Pitt (W, 33-6)	6,755
3.	1/29/12	Ohio State (W, 34-9)	6,728
4.	2/3/18	Ohio State (W, 19-18)	6,699
5.	1/30/11	Iowa (L, 13-22)	6,686
6.	12/14/18	Arizona St. (W, 41-3)	6,676
7.	2/5/12	Michigan (W, 34-7)	6,671
8.	2/12/17	Maryland (W, 45-6)	6,661
9.	2/2/24	Ohio State (W, 28-9)	6,659
10.	2/10/17	Illinois (W, 34-7)	6,645

### AVERAGE ATTENDANCE SINCE 2009-10 UNDER CAEL

YEAR	AVG	Best
2009-10	4,343	4,833 vs. Illinois, 1/22/10
2010-11	5,455	6,686 vs. Iowa, 1/30/11
2011-12	6,481	6,796 vs. Iowa, 1/22/12
2012-13	6,411	6,618 vs. Nebraska, 1/27/13
2013-14	7,646	15,996 vs. Pitt, 12/8/13
2014-15	7,747	15,967 vs. Iowa, 2/8/15
2015-16	8,756	15,983 vs. Ohio St., 2/15/16
2016-17	7,833	15,424 vs. Lehigh, 12/4/16
2017-18	7,693	*+15,998 vs. Iowa, 2/10/18
2018-19	7,715	15,703 vs. Michigan, 2/1/19
2019-20	7,604	15,995 vs. Ohio State, 2/15/20
2020-21	N/A	No public attendance allowed
2021-22	7,776	15,991 vs. Ohio State, 2/4/22
2022-23	9,224	*+15,998 vs. Iowa, 1/27/23
2023-24	7,337	12,049 vs. Rutgers, 2/12, 24
2024-25	6,704	7,317 vs. Wyoming, 2/15/24

\* all-time Penn State record

+ all-time Penn State record, all-time NCAA indoor dual meet record

## 2024-25 ATTENDANCE

Please note that Penn State did not allow fans into dual meets and did not permit or track attendance in the 2020-21 season due to not being allowed to have fans and/or sell tickets.

11/17	DREXEL	6,426
12/15	WYOMING (BJC)	7,317
1/10	MICHIGAN STATE	6,368
1/31	IOWA (BJC)	
2/7	MICHIGAN (BJC)	
2/9	MARYLAND	
2/21	AMERICAN	
<b>TOTAL</b>		<b>20,111</b>
<b>AVG.</b>		<b>6,704</b>

(Penn State has wrestled in front of 83 of 87 sell-outs at home, including 74-straight in Rec Hall and 9 of 13 in the Bryce Jordan Center)

## FALL LEADERS SINCE 2009-10

YEAR	TOTAL	WRESTLER
2009-10	9	Quentin Wright
2010-11	18	Andrew Alton
	13	Ed Ruth
2011-12	15	David Taylor
	14	Quentin Wright
	11	Cameron Wade
	10	Ed Ruth
2012-13	14	David Taylor
	12	Andrew Alton
	12	Ed Ruth
	11	Quentin Wright
2013-14	16	David Taylor
	11	Ed Ruth
2014-15	8	Matt Brown
2015-16	15	Jason Nolf
	15	Zain Retherford
	10	Morgan McIntosh
2016-17	17	Bo Nickal
	17	Zain Retherford
	14	Jason Nolf
	12	Mark Hall
2017-18	17	Zain Retherford
	16	Bo Nickal
	16	Jason Nolf
	13	Mark Hall
	12	Shakur Rasheed
2018-19	18	Bo Nickal
	15	Jason Nolf
	14	Vincenzo Joseph
2019-20	10	Mark Hall
	5	Greg Kerkvliet
	5	Nick Lee
	5	Vincenzo Joseph
2020-21	2	Beau Bartlett
	2	Greg Kerkvliet
	2	Joe Lee
2021-22	6	Greg Kerkvliet
	5	Jack Kelly
2022-23	6	Max Dean
	4	David Evans
	4	Shayne Van Ness
2023-24	8	Jack Kelly
	7	Beau Bartlett
	6	Aaron Brooks
	5	Lucas Cochran
	5	Levi Haines
	5	Tyler Kasak
	5	Connor Pierce
2024-25	5	Josh Barr
	5	Levi Haines
	5	Greg Kerkvliet
	5	Carter Starocci
	5	Shayne Van Ness

# THIS YEAR'S SQUAD

## PENN STATE WRESTLING 2024-25 ROSTER

NAME	Wt.	YR./EL.	HOMETOWN/HIGH SCHOOL	X	IG
Josh Barr	197	So./Fr.	Davison, Mich./Davison	@barljosh	@joshbarr44
Beau Bartlett	141	Sr./Sr+.	Tempe, Ariz./Wyoming Seminary	@beaubartlett	@beau.bartlett
Sam Beckett	174	Gr./Sr.	Harleysville, Pa./Souderton		
Brian Borden	174	Sr./Jr.	Rupert, Idaho/Minico		
Dawson Bundy	285	Fr./Fr.	St. George, Utah/Desert Hills		@dawson_bundy
Lucas Cochran	197	Sr./Jr.	Perry, Utah/Box Elder		@lucas_cochran11
Hayden Cunningham	141	Fr./Fr.	State College, Pa./State College		@haydenwcunningham
Braeden Davis	133	So./So.	Belleville, Mich./Dundee		@braeden_davis1
Aurelius Dunbar	165	Sr./Sr.	Greencastle, Pa./Mercersburg Academy		@aurelius_dunbar
David Evans	149	Sr./Sr.	Tunkhannock, Pa./Tunkhannock		
Alex Facundo	157	Jr./So.	Essexville, Mich./Davison		@alexfacundo_
AJ Fricchione	197	So./Fr.	Duryea, Pa./Bergen Catholic	@ajfricchione	@ajfricchione
Kyison Garcia	133	So./Fr.	South Jordan, Utah/Mountain Ridge		@kyison_garcia
Erik Gibson	174	So./Fr.	South Fork, Pa./Bishop McCort	@GibErikson345	@erikgibso_psu
Levi Haines	174	Jr./Jr.	Arendtsville, Pa./Biglerville	@LeviHainespsu	@levi_haines77
Tyler Kasak	149/157	So./So.	Doylestown, Pa./Bethlehem Catholic		@tylerkasak
Jack Kelly	184	Sr./Jr.	Little Silver, N.J./Rumson-Fair Haven		@jackkellspu
Greg Kerkvliet	285	Sr./Sr+.	Inver Grove Heights, Minn./Simley		@danielkerkvliet
Matt Lee	174	Sr./Sr.	Evansville, Ind./Evansville Mater Dei		@mattlee_psu
Timothy Levine	133	Sr./Sr.	Costa Mesa, Calif./St. John Bosco		
Luke Lilledahl	125	Fr./Fr.	Weldon Spring, Mo./Wyoming Seminary	@lightnin_luke20	@lightnin_luke20
Kurt McHenry	125	Gr./Sr+.	Leesburg, Va./St. Paul's School (Md.)		@kurt.mchenry
Mitchell Mesenbrink	165	Jr./So.	Hartland, Wis./Arrowhead	@mitch_mes	@mitchell_mesenbrink
Cole Mirasola	285	Fr./Fr.	Jackson, Wis./West Bend	@ColeMirasola	@colemirasola
Connor Mirasola	197	Fr./Fr.	Jackson, Wis./West Bend	@connor_mirasola	@connor.mirasola
Aaron Nagao	133	Sr./Jr.	La Habra, Calif./Esperanza		@aaronz777
Cael Nasdeo	133	Fr./Fr.	Williamsport, Pa./Williamsport	@nasdeo_cael	@cael_nasdeo
Connor Pierce	149	Jr./So.	Erie, Pa./Harbor Creek	@connorpierce__	@connorpierce__
Matt Rodriguez	149	So./Fr.	Guadalupe, Calif./Righetti		@matt.rodriquezz
Zack Ryder	184	Fr./Fr.	Westtown, N.Y./Minisink Valley		@zackryder.5
Joe Sealey	165	Fr./Fr.	Bear Creek Twp, Pa./Wyoming Seminary		
Karl Shindledecker	133	Jr./Jr.	Fayetteville, Pa./Chambersburg		@notkarlosantana
Carter Starocci	184	Gr./Gr.	Erie, Pa./Cathedral Prep	@carterstarocci	@carterstarocci
Gary Steen	133	Sr./Jr.	Hermitage, Pa./Reynolds		@gary.steen_
Shayne Van Ness	149	Jr./So.	Somerville, N.J./Blair Academy	@shayne_finesse	@shayne_finesse
Sean Wang	141	Sr./Jr.	Great Neck, N.Y./Great Neck South		@seanvvang
Ty Watson	157	Fr./Fr.	Centre Hall, Pa./Penns Valley	@ty_watsonpsu	@ty_watsonnn
Brock Weiss	141	Fr./Fr.	Jersey Shore, Pa./Jersey Shore		@brockweiss1

Head Coach: Cael Sanderson (Iowa State '02)

Associate Head Coach: Cody Sanderson (Iowa State '00)

Head Assistant Coach: Casey Cunningham (Central Michigan '99)

Assistant Coach: Nick Lee (Penn State, '22)

Director of Operations: Adam Lynch (Penn State '10)

*Penn State Athletics chose to advance classes as though 2020-21 was a normal year of eligibility. Student-athletes listed as red shirt freshmen in 2021-22 did not officially red shirt in 2020-21, but would have in any other normal year. Extra years of eligibility will be marked on the back end of student-athletes' career (a "+" symbol will be added on the end of "Sr." to indicate the extra year of eligibility being used).*





# 2024-25 PENN STATE WRESTLING INDIVIDUAL RECORDS & STATS

9-0 OVERALL, 3-0 B1G, 3-0 HOME, 3-0 ROAD, 3-0 NEUTRAL

Wrestler, Wt.	Overall Record	Collegiate Record	Dual Record	Big 10 Dual Record	Dual Pts. For/Against	SV W-L	TB W-L	MD W-L	TF W-L	Pins W-L	Fastest Fall
Josh Barr, 197	10-0	10-0	8-0	3-0	40/0	1-0	0-0	1-0	3-0	5-0	1:45
Beau Bartlett, 141	12-0	12-0	8-0	3-0	32/0	2-0	0-0	2-0	2-0	3-0	0:43
Sam Beckett, 174	10-4	10-4	0-0	0-0	0/0	0-0	0-0	4-1	3-1	0-0	---
Brian Borden, 174	0-0	0-0	0-0	0-0	0/0	0-0	0-0	0-0	0-0	0-0	---
Dawson Bundy, 285	0-0	0-0	0-0	0-0	0/0	0-0	0-0	0-0	0-0	0-0	---
Lucas Cochran, 197	4-0	4-0	1-0	0-0	5/0	0-0	0-0	1-0	2-0	1-0	3:58
Hayden Cunningham, 141	0-0	0-0	0-0	0-0	0/0	0-0	0-0	0-0	0-0	0-0	---
Braeden Davis, 133	7-2	7-2	7-2	2-1	26/6	0-0	0-0	1-0	2-0	0-0	---
Aurelius Dunbar, 165	3-2	3-2	0-0	0-0	0/0	0-0	0-0	2-2	0-0	0-0	---
David Evans, 149	0-0	0-0	0-0	0-0	0/0	0-0	0-0	0-0	0-0	0-0	---
Alex Facundo, 157	5-0	5-0	1-0	0-0	3/0	0-0	0-0	0-0	4-0	0-0	---
AJ Frichione, 197	2-2	2-2	0-0	0-0	0/0	0-0	0-0	1-0	0-0	1-0	1:45
Kyison Garcia, 133	1-1	1-1	0-0	0-0	0/0	0-0	0-0	0-0	1-0	0-0	---
Erik Gibson, 174	0-0	0-0	0-0	0-0	0/0	0-0	0-0	0-0	0-0	0-0	---
Levi Haines, 174	11-1	11-1	8-1	3-0	39/0	0-1	0-0	0-0	4-0	5-0	2:25
Tyler Kasak, 149/157	11-0	11-0	8-0	3-0	32/0	0-0	0-0	3-0	2-0	2-0	3:31
Jack Kelly, 184	5-2	5-2	0-0	0-0	0/0	0-0	0-0	0-1	0-1	3-0	0:13
Greg Kerkvliet, 285	12-0	12-0	9-0	3-0	46/0	0-0	0-0	0-0	6-0	5-0	0:56
Matt Lee, 174	2-0	2-0	0-0	0-0	0/0	0-0	0-0	0-0	1-0	0-0	---
Timothy Levine, 133	8-8	8-8	0-0	0-0	0/0	0-1	0-0	1-1	1-0	3-1	1:04
Luke Lilledahl, 125	10-1	10-1	8-1	2-1	33/3	0-0	0-0	0-0	5-0	0-0	---
Kurt McHenry, 125	8-2	8-2	0-0	0-0	0/0	0-0	0-0	2-0	2-0	0-0	---
Mitchell Mesenbrink, 165	13-0	13-0	9-0	3-0	47/0	0-0	0-0	0-0	11-0	0-0	---
Cole Mirasola, 285	6-0	6-0	0-0	0-0	0/0	0-0	0-0	1-0	3-0	1-0	0:32
Connor Mirasola, 197	8-0	8-0	0-0	0-0	0/0	0-0	0-0	2-0	2-0	2-0	5:33
Aaron Nagao, 133	0-0	0-0	0-0	0-0	0/0	0-0	0-0	0-0	0-0	0-0	---
Cael Nasdeo, 133	6-5	6-5	0-1	0-0	0/3	0-0	0-0	1-0	2-0	0-0	---
Connor Pierce, 149	7-3	7-3	1-0	0-0	3/0	0-0	0-0	2-0	0-0	1-0	2:22
Matt Rodriguez, 149	0-2	0-2	0-0	0-0	0/0	0-0	0-0	0-0	0-0	0-1	---
Zack Ryder, 184	8-0	8-0	0-0	0-0	0/0	1-0	0-0	0-0	1-0	2-0	3:43
Joe Sealey, 165	0-0	0-0	0-0	0-0	0/0	0-0	0-0	0-0	0-0	0-0	---
Karl Shindledecker, 133	0-0	0-0	0-0	0-0	0/0	0-0	0-0	0-0	0-0	0-0	---
Carter Starocci, 184	12-0	12-0	9-0	3-0	*44/0	0-0	0-0	3-0	4-0	5-0	1:33
Gary Steen, 133	3-3	3-3	0-0	0-0	0/0	0-0	0-0	1-0	2-0	0-0	---
Shayne Van Ness, 149	11-1	11-1	7-1	2-1	39/4	0-0	0-0	2-1	3-0	5-0	1:57
Sean Wang, 141	0-0	0-0	0-0	0-0	0/0	0-0	0-0	0-0	0-0	0-0	---
Ty Watson, 157/165	3-4	3-4	0-0	0-0	0/0	0-0	0-0	0-0	1-1	1-0	4:10
Brock Weiss, 141	2-2	2-2	0-0	0-0	0/0	0-0	0-0	1-0	1-1	0-0	---
Dual Forfeit losses			0-0	0-0	0/0						
<b>TOTALS</b>	<b>201-45</b>	<b>201-45</b>	<b>84-6</b>	<b>27-3</b>	<b>*389/19</b>	<b>4-2</b>	<b>0-0</b>	<b>31-6</b>	<b>68-4</b>	<b>45-2</b>	<b>0:13</b>

SV - sudden victory • TB - tiebreak • MD - major decision • TF - technical fall • \* by dual pts total indicates loss of team point during dual meet

## SEASON LEADERS -- OVERALL\*

WINS			FALLS		
1.	Mitchell Mesenbrink, 165	13	1.	Josh Barr, 197	5
2.	Beau Bartlett, 141	12		Levi Haines, 174	5
	Greg Kerkvliet, 285	12		Greg Kerkvliet, 285	5
	Carter Starocci, 184	12		Carter Starocci, 184	5
5.	Levi Haines, 174	11		Shayne Van Ness, 149	5
	Tyler Kasak, 157	11	6.	Beau Bartlett, 141	3
	Shayne Van Ness, 149	11		Jack Kelly, 174	3
8.	Josh Barr, 197	10		Tim Levine, 133	3
	Sam Beckett, 174	10	9.	Tyler Kasak, 157	2
	Luke Lilledahl, 125	10		Connor Mirasola, 197	2
11.	Tim Levine, 133	8		Zack Ryder, 184	2
	Kurt McHenry, 125	8	12.	Lucas Cochran, 197	1
	Connor Mirasola, 197	8		AJ Frichione, 197	1
	Zack Ryder, 184	8		Cole Mirasola, 285	1
14.	Braeden Davis, 133	7		Connor Pierce, 149	1
	Connor Pierce, 149	7		Ty Watson, 157/165	1
17/	Cole Mirasola, 285	6	TECHNICAL FALLS		
	Cael Nasdeo, 141	6	1.	Mitchell Mesenbrink, 165	11
19.	Alex Facundo, 157	5	2.	Greg Kerkvliet, 285	6
	Jack Kelly, 174	5	3.	Luke Lilledahl, 125	5
21.	Lucas Cochran, 197	4	4.	Alex Facundo, 157	4
22.	Aurelius Dunbar, 165	3		Levi Haines, 174	4
	Gary Steen, 133	3		Carter Starocci, 184	4
	Ty Watson, 157/165	3	7.	Josh Barr, 197	3
25.	AJ Frichione, 197	2		Sam Beckett, 174	3
	Matt Lee, 174	2		Cole Mirasola, 285	3
	Brock Weiss, 149	2		Shayne Van Ness, 149	3
28.	Kyison Garcia, 133	1	11.	Beau Bartlett, 141	2
				Lucas Cochran, 197	2
				Braeden Davis, 133	2
				Tyler Kasak, 157	2
				Kurt McHenry, 125	2

(continued next column)

## DUAL TAKEDOWNS

(numbers listed FOR - AGAINST)

Wt.	Wrestler	1st	2nd	3rd	OT	Total
125	Luke Lilledahl	10-2	6-0	4-1	0-0	20-3
133	Braeden Davis	10-2	4-0	2-1	0-0	16-3
141	Beau Bartlett	6-0	7-0	4-1	1-0	18-1
141	Cael Nasdeo	2-1	0-1	0-0	0-0	2-2
149	Shayne Van Ness	10-2	5-0	3-1	0-0	18-3
149	Connor Pierce	1-0	0-0	0-1	0-0	1-1
157	Tyler Kasak	11-0	5-0	1-0	0-0	17-0
157	Alex Facundo	1-0	0-1	0-0	0-0	1-1
165	Mitchell Mesenbrink	16-0	8-0	4-0	0-0	28-0
174	Levi Haines	9-0	4-0	2-0	0-1	15-1
184	Carter Starocci	13-0	8-0	6-0	0-0	27-0
197	Josh Barr	15-0	2-0	13-0	1-0	31-0
197	Lucas Cochran	2-0	1-0	0-0	0-0	3-0
285	Greg Kerkvliet	15-0	1-0	1-0	0-0	17-0
<b>TOTAL</b>		<b>121-7</b>	<b>51-2</b>	<b>40-5</b>	<b>2-1</b>	<b>214-15</b>

\* Includes wrestlers w/unattached wins and red-shirts.



2024-25 DUAL MEET TEAM POINTS SCORED BY WEIGHT/FINAL SCORES

Opponent	125	133	141	149	157	165	174	184	197	285	FINAL
11/17: RIDER	6-0	3-0	0-3	3-0	3-0	5-0	5-0	5-0	5-0	6-0	41-3
12/8: at #14 Lehigh	3-0	0-3	3-0	4-0	3-0	5-0	6-0	*3-0	4-0	5-0	36-3
12/15: WYOMING	5-0	5-0	6-0	6-0	4-0	5-0	6-0	6-0	6-0	5-0	54-0
12/22: vs. Binghamton#	5-0	3-0	4-0	6-0	6-0	6-0	5-0	6-0	5-0	6-0	52-0
12/22: vs. #15 Little Rock#	3-0	3-0	6-0	6-0	3-0	5-0	5-0	5-0	3-0	5-0	44-0
12/22: vs. #8 Missouri#	3-0	4-0	3-0	6-0	4-0	6-0	0-3	4-0	6-0	5-0	41-3
1/10: MICHIGAN STATE+	5-0	5-0	4-0	6-0	6-0	5-0	6-0	6-0	6-0	6-0	55-0
1/17: at #4 Nebraska+	3-0	0-3	3-0	0-4	3-0	5-0	3-0	4-0	5-0	5-0	31-7
1/24: at #25 Rutgers+	0-3	3-0	3-0	5-0	3-0	5-0	3-0	5-0	5-0	3-0	35-3
1/31: IOWA+											
2/7: MICHIGAN+											
2/9: MARYLAND+											
2/14: at Ohio State+											
2/16: at Illinois+											
2/21: AMERICAN											
TEAM TOTALS	33-3	26-6	32-3	42-4	35-0	47-0	39-3	44-0	45-0	46-0	389-19
+ Big Ten Dual // * Indicates team point lost during dual (bench OR athlete) // # Journeymen Collegiate Duals, Nashville, Tenn.											

INDIVIDUAL DUAL RECORD BY WEIGHT

125	133	141	149	157	165	174	184	197	285	TOTAL
8-1	7-2	8-1	8-1	9-0	9-0	8-1	9-0	9-0	9-0	84-6

DUAL PINS BY WEIGHT

125	133	141	149	157	165	174	184	197	285	TOTAL
0-0	0-0	2-0	5-0	2-0	0-0	3-0	3-0	3-0	3-0	21-0

DUAL TECHNICAL FALLS BY WEIGHT

125	133	141	149	157	165	174	184	197	285	TOTAL
3-0	2-0	0-0	1-0	0-0	7-0	3-0	3-0	4-0	5-0	28-0

DUAL MAJOR DECISIONS BY WEIGHT

125	133	141	149	157	165	174	184	197	285	TOTAL
0-0	1-0	2-0	1-1	2-0	0-0	0-0	3-0	1-0	0-0	10-1

DUAL FORFEITS/DQs/INJURY DEFAULTS BY WEIGHT

125	133	141	149	157	165	174	184	197	285	TOTAL
1-0	0-0	0-0	0-0	0-0	2-0	0-0	0-0	0-0	0-0	3-0

DUAL DECISIONS BY WEIGHT

125	133	141	149	157	165	174	184	197	285	TOTAL
4-1	4-2	4-1	1-0	5-0	0-0	2-1	0-0	1-0	1-0	22-5

TEAM RECORD AT DUAL'S STARTING WEIGHT

125	133	141	149	157	165	174	184	197	285	TOTAL
6-1	0-0	0-0	0-0	0-0	0-0	1-0	0-0	0-0	1-0	8-1

SEASON LEADERS -- DUAL MEETS

DUAL POINTS		DUAL MAJOR DECISIONS		DUAL REVERSALS		DUAL STALLS FORCED/TAKEN	
1. Mitchell Mesenbrink, 165	47	1. Carter Starocci, 184	3	1. Carter Starocci, 184	3	125: Luke Lilledahl	8 0
2. Greg Kerkvliet, 285	46	Beau Bartlett, 141	2	2. Braeden Davis, 133	2	133: Braeden Davis	2 3
3. Carter Starocci, 184	44*	Tyler Kasak, 157	2	Alex Facundo, 157	2	141: Beau Bartlett	5 2
4. Josh Barr, 197	40	4. Josh Barr, 197	1	Beau Bartlett, 141	1	141: Cael Nasdeo	1 0
5. Levi Haines, 174	39	Braeden Davis, 133	1	Tyler Kasak, 157	1	149: Shayne Van Ness	2 0
Shayne Van Ness, 149	39	Shayne Van Ness, 149	1	Greg Kerkvliet, 285	1	149: Connor Pierce	0 0
7. Luke Lilledahl, 125	33			Luke Lilledahl, 125	1	157: Tyler Kasak	4 7
8. Beau Bartlett, 141	32	DUAL TECH FALLS		Mitchell Mesenbrink, 165	1	157: Alex Facundo	1 0
Tyler Kasak, 157	32	1. Mitchell Mesenbrink, 165	7	Shayne Van Ness, 149	1	165: Mitchell Mesenbrink	10 0
10. Braeden Davis, 133	26	2. Greg Kerkvliet, 285	5			174: Levi Haines	1 0
11. Lucas Cochran, 197	5	3. Josh Barr, 197	3	DUAL NEAR FALL 2		184: Carter Starocci	10 0
12. Alex Facundo, 157	3	Levi Haines, 174	3	1. Josh Barr, 197	1	197: Josh Barr	2 1
Connor Pierce, 149	3	Luke Lilledahl, 125	3	Levi Haines, 174	1	197: Lucas Cochran	0 0
* lost team point		Carter Starocci, 184	3	Greg Kerkvliet, 285	1	285: Greg Kerkvliet	6 0
DUAL BONUS POINTS		8. Lucas Cochran, 197	1	Luke Lilledahl, 125	1	TOTALS	52 13
1. Mitchell Mesenbrink, 165	20	9. Shayne Van Ness, 149	1	Mitchell Mesenbrink, 165	1		
2. Greg Kerkvliet, 285	19					DUAL RIDING TIME POINTS FOR/AGAINST	
3. Shayne Van Ness, 149	18	DUAL TAKEDOWNS		DUAL NEAR FALL 3		125: Luke Lilledahl	1 0
4. Carter Starocci, 184	17*	1. Josh Barr, 197	31	1. Mitchell Mesenbrink, 165	2	133: Braeden Davis	3 1
5. Josh Barr, 197	16	2. Mitchell Mesenbrink, 165	28	Levi Haines, 174	1	141: Beau Bartlett	2 0
6. Levi Haines, 174	15	Carter Starocci, 184	28	Tyler Kasak, 157	1	141: Cael Nasdeo	0 1
7. Luke Lilledahl, 125	9	Luke Lilledahl, 125	20			149: Shayne Van Ness	1 1
8. Beau Bartlett, 141	8	4. Beau Bartlett, 141	18	DUAL NEAR FALL 4		149: Connor Pierce	1 0
Tyler Kasak, 157	8	5. Shayne Van Ness, 149	18	1. Greg Kerkvliet, 285	13	157: Tyler Kasak	4 0
10. Braeden Davis, 133	5	7. Tyler Kasak, 157	17	2. Levi Haines, 174	8	157: Alex Facundo	1 0
11. Lucas Cochran, 197	2	9. Braeden Davis, 133	16	Mitchell Mesenbrink, 165	5	165: Mitchell Mesenbrink	0 0
* lost team point		10. Levi Haines, 174	15	3. Braeden Davis, 133	3	174: Levi Haines	2 0
DUAL PINS		11. Lucas Cochran, 197	3	4. Carter Starocci, 184	3	184: Carter Starocci	3 0
1. Shayne Van Ness, 149	5	12. Cael Nasdeo, 141	2	6. Josh Barr, 197	2	197: Josh Barr	0 0
2. Josh Barr, 197	3	13. Alex Facundo, 157	1	Lucas Cochran, 197	2	197: Lucas Cochran	0 0
Levi Haines, 174	3	Connor Pierce, 149	1	Tyler Kasak, 157	1	285: Greg Kerkvliet	0 0
Greg Kerkvliet, 285	3			Luke Lilledahl, 125	1	TOTALS	18 3
Carter Starocci, 184	3			Shayne Van Ness, 149	1		
6. Beau Bartlett, 141	2						
Tyler Kasak, 157	2						
DUAL FORFEIT/INJ. DEF./DQ WINS							
1. Mitchell Mesenbrink, 165	2						
2. Luke Lilledahl, 125	1						

# RECORD WATCH

## SINGLE SEASON

### VICTORIES

1.	54	Scott Moore, 2003
2.	47	Kerry McCoy, 1994
3.	44	Josh Moore, 2004
4.	43	Mark Becks, 2003
		Jim Martin, 1989
7.	41	Kerry McCoy, 1995
		Jim Martin, 1988
		Kerry McCoy, 1997
9.	40	Josh Moore, 2003
10.	39	Carl DeStefanis, 1984
		Bob Truby, 1991
12.	38	Ed Ruth, 2011
		David Taylor, 2011
		Pat Cummins, 2004
		Pat Cummins, 2003
		Greg Elinsky, 1987
		Cary Kolat, 1994
16.	37	Phil Davis, 2005
		Jim Martin, 1986
		Greg Elinsky, 1986
19.	36	John Hughes, 1994
20.	35	Sanshiro Abe, 1994
		Bill Marino, 1983
		Greg Elinsky, 1984
		Ken Chertow, 1987, 88
		Jamarr Billman, 1998

### FALLS

1.	24	Josh Moore, '03-04
2.	22	Scott Moore, '02-03
3.	20	Cary Kolat, '93-94
4.	18	Bo Nickal, '18-19
	18	Andrew Alton, '10-11
6.	17	Zain Retherford, '17-18
	17	Bo Nickal, '16-17
	17	Zain Retherford, '16-17
9.	16	Bo Nickal, '17-18
	16	Jason Nolf, '17-18
	16	David Taylor, '13-14
	16	Josh Moore, '02-03
13.	15	Jason Nolf, '18-19
	15	Jason Nolf, '15-16
	15	Zain Retherford, '15-16
	15	David Taylor, '11-12
	15	Bill Marino, '82-83

### SHUTOUTS (34 SINCE 81-82)

45-0	vs. Cornell, 12/3/81, Rec Hall
54-0	vs. Millersville, 1/25/83, Rec Hall
39-0	vs. Virginia, 12/1/87, Rec Hall
45-0	vs. Maryland, 1/18/92, Rec Hall
38-0	vs. Minnesota, 2/8/92, Ann Arbor
39-0	vs. Bloomsburg, 2/10/93, Rec Hall
39-0	vs. Lehigh, 2/13/93, Rec Hall
40(-1)	vs. Wartburg, 1/22/00, BJC
38-0	vs. Appalachian State, 1/11/02, Hampton, Va.
47-0	vs. Clarion, 11/19/06, Lock Haven, Pa.
41-0	vs. Rider, 1/13/07, Hampton, Va.
33-0	vs. Lehigh, 12/7/07, Easton, Pa.
45-0	vs. Harvard, 11/21/10, Binghamton
48-0	vs. Lock Haven, 12/12/10, Rec Hall
50-0	vs. Lock Haven, 12/18/11, Lock Haven
43-0	vs. Wisconsin, 1/15/12, Madison
52-0	vs. Indiana, 12/9/12, Rec Hall
41-0	vs. Michigan State, 1/13/13, Rec Hall
37-0	vs. Illinois, 2/3/13, Champaign, Ill.
48-0	vs. Rider, 2/17/13, Rec Hall
34-0	vs. Rutgers, 2/24/13, New Brunswick
44-0	vs. Clarion, 11/22/14, Clarion, Pa.
35-0	vs. Michigan State, 2/1/15, East Lansing
50-0	vs. Lock Haven, 11/13/15, Rec Hall
45-0	vs. Army, 11/11/16, West Point, N.Y.
46-0	vs. Binghamton, 12/11/16, Rec Hall

(shutouts continued)...

55-0	vs. Buffalo, 2/18/18, Rec Hall
42-0	vs. Lehigh, 12/2/18, Rec Hall
45-0	vs. Navy, 11/10/19, Rec Hall
44-0	vs. Maryland, 2/22/21, Rec Hall
46-0	vs. Maryland, 1/7/22, College Park, Md.
46-0	vs. Rider, 2/20/22, Rec Hall
46-0	vs. Indiana, 1/14/24, Rec Hall
35-0	at Michigan State, 2/21/24, East Lansing, Mich.
54-0	vs. Wyoming (BJC), Bryce Jordan Center
52-0	vs. Binghamton, 12/22/24, Nashville, Tenn.
44-0	vs. Little Rock, 12/22/24, Nashville, Tenn.
55-0	vs. Michigan State, 1/10/25, Rec Hall

## CAREER

### MATCHES WRESTLED

1.	184	Josh Moore, '01-04
2.	168	Jim Martin, '86-89
	168	Kerry McCoy, '92-97
4.	162	Greg Elinsky, '83-87
5.	158	Doc Vecchio, '00-03
		Clint Musser, '94, 96-99
7.	154	Ken Chertow, '85, 87-89
		Jason Suter, '88-91
9.	151	Adam Smith, '02-05
	151	Scott Moore, '00, '02-03
11.	150	Frank Molinaro, '09-12
12.	149	Mark Becks, '00-03
		Eric Brugel, '82-84, 86
		John Hughes, '92, 94-96
		Andy Voit, '85, 87-89
		Dan Vallimont, '07-10
		John Hanrahan, '79-82
		Jeremy Hunter, '96-00
		Sanshiro Abe, '93-96
20.	139	Tim Flynn, '83, 85-87
	139	Quentin Wright, '09, 11-13
	139	Ed Ruth, '11-13

### VICTORIES (AT PENN STATE)

1.	155	Jim Martin, '86-89
2.	150	Kerry McCoy, '92-97
3.	146	Josh Moore, '01-04
4.	138	Greg Elinsky, '83-87
5.	136	Ed Ruth, 2011-14
6.	134	David Taylor, 2011-14
7.	126	Zain Retherford, '14-18
8.	125	Sanshiro Abe, '93-96
9.	123	Jeremy Hunter, '96-00
	123	Clint Musser, '94, 96-99
11.	121	Frank Molinaro, '09-12
	121	John Hughes, '92, 94-96
13.	119	Nico Megaludis, '12-16
14.	118	Nick Lee, '18-22
	118	Matt Brown, '12-15
16.	116	Mark Hall, 2017-20
	116	Quentin Wright, '09-13
	116	Phil Davis, '05-08
19.	115	Ken Chertow, '85, 87-89
20.	114	Morgan McIntosh, '12-16
	114	Carl DeStefanis, '81-84

### OVERALL WINNING %

#### (MINIMUM 30 MATCHES)

1.	97.84	Ed Ruth (136-3), 2011-14
2.	97.81	David Taylor (134-3), 2011-14
3.	97.6	Zain Retherford (126-3), 2014-18
4.	97.5	Bo Nickal (120-3), 2016-19
5.	97.5	Jason Nolf (117-3), 2016-19
6.	96.7	Aaron Brooks (89-3), '20-24
	96.7	Andy Matter (59-2), 1970-72
8.	95.7	<b>Carter Starocci (90-4), '21-Prsnt.</b>
89.	95.1	Mark Hall (116-6), 2017-20
10.	93.4	Jim Martin (155-9-4), 1986-89

### FALLS

1.	60	Jason Nolf, '16-19
2.	59	Bo Nickal, '16-19
3.	53	Zain Retherford, '14-18
	53	David Taylor, '11-14
	53	Josh Moore, '01-04
6.	46	Ed Ruth, '11-14
7.	41	Mark Hall, '17-20
	38	Quentin Wright, '09-13
9.	34	Scott Moore, '00, '02-03
	34	Kerry McCoy, '92-97
11.	32	Cameron Wade, 2009-12
	32	Josh Walker, '02-05
13.	31	Andrew Alton, '11-15
	31	Biff Walizer, '95-99
15.	30	Shakur Rasheed, '16-20
	30	Matt Brown, '12-15
	30	Phil Davis, '05-08
	30	Pat Cummins, '01-04
19	29	Jeremy Hunter, '96-00
20.	28	Cary Kolat, '93-94

**19 Carter Starocci, '21-Prsnt.**  
**18 Greg Kerkvliet, '21-Prsnt.**

### DUAL MEET VICTORIES

1.	73	Jim Martin, '86-89
2.	71	Kerry McCoy, '92-97
3.	63	David Taylor, '11-14
4.	62	Jeremy Hunter, '96-00
5.	59	Zain Retherford, '14-18
6.	58	Phil Davis, 05-08
7.	57	Bo Nickal, 2016-19
	57	Sanshiro Abe, '93-96
	57	Dan Vallimont, '07-10
10.	55	Nick Lee, '18-22
	55	Ed Ruth, '11-14
	55	Frank Molinaro, '09-12
	55	Greg Elinsky, '83-87
14.	54	<b>Carter Starocci, '21-Prsnt.</b>
	54	Roman Bravo-Young, '19-'23
	54	Jason Nolf, 2016-19
	54	Glenn Pritzlaff, '94, 96-99
18.	53	Morgan McIntosh, '12-16
	53	Clint Musser, '94, 96-99
20.	52	Nico Megaludis, '12-16
	52	Troy Sunderland, '89, 91-93
	46	<b>Beau Bartlett, '21-Prsnt.</b>
	46	<b>Greg Kerkvliet, '21-Prsnt.</b>

### DUAL MEET WINNING % (MINIMUM 20 MATCHES)

1.	100.0	David Taylor (63-0), 2011-14
		Zain Retherford (59-0), 2014-18
		Ed Ruth (55-0), 2011-14
		Andy Matter (33-0), 1970-72
5.	98.3	Bo Nickal (57-1), 2016-19
6.	98.2	<b>Carter Starocci (54-1), '21-Prsnt.</b>
	98.2	Jason Nolf (54-1), 2016-19


$$\text{Fr.}/\text{Fr.} = 125$$

## CAREER STATISTICS

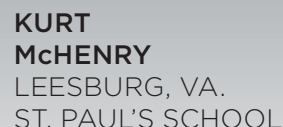
Year	Overall	Duals (BIG)	TRN (BIG/NCAA)	F	TF	M	PTS
2024-25	10-1	8-1 (2-1)	2-0 (0-0/0-0)	0-0	5-0	0-0	33
<b>Career</b>	<b>10-1</b>	<b>8-1 (2-1)</b>	<b>2-0 (0-0/0-0)</b>	<b>0-0</b>	<b>5-0</b>	<b>0-0</b>	<b>33</b>

**PARENTS: HEATHER AND DREW LILDEHAHL**  
**MAJOR: HEALTH AND HUMAN DEVELOPMENT**

## MATCH-BY-MATCH

Date	Wt.	Result	Opponent	Place	Record
11/17	125	W, forfeit	Forfeit, Drexel	dual	1-0
11/24	125	W, 19-4	Jeffrey Jacome, Gardner Webb (TF; 5:38)	BK	2-0
11/24	125	W, 19-4	#21 Charlie Farmer, Army (TF; 5:13)	BK	3-0
12/8	125	W, 4-1	#15 Sheldon Seymour, Lehigh	dual	4-0
12/15	125	W, 20-5	Jack Braman, Wyoming (TF; 4:25)	dual	5-0
12/22	125	W, 19-4	#33 Carson Wagner, Binghamton (TF; 5:37)	dual	6-0
12/22	125	W, 9-3	Jaden Carson, Little Rock	dual	7-0
12/22	125	W, 5-4	Gage Walker, Missouri	dual	8-0
1/10	125	W, 19-2	Nick Corday, Michigan State (TF; 6:08)	dual	9-0
1/17	125	W, 4-2	#6 Caleb Smith, Nebraska	dual	10-0
1/24	125	L, 1-4	#19 Dean Peterson, Rutgers	dual	10-1

**NOTES:** Ranked #7 by InterMat. True freshman. **Drexel (11/17):** Received forfeit victory in collegiate debut in Rec Hall. **Black Knight Invitational (11/24):** Won Black Knight Invitational with 2-0 mark (plus a win over a PSU teammate), including a 19-4 tech fall over #21 Charlie Farmer of Army. **Le-high (12/8):** Downed #15 Sheldon Seymour 4-1. **Wyoming (12/15):** Posted a 20-5 tech fall in the Jordan Center (4:25). **Journeymen Collegiate (12/22):** kjkjkjWent 3-0 in Nashville, including tech fall over #33 Carson Wagner of Binghamton (19-4; 5:37). **Michigan State (1/10):** Teched Nick Corday 19-2 (6:08) in Big Ten dual debut. **Nebraska (1/17):** Defeated #6 Caleb Smith 4-2 in dual meet victory in Lincoln.



**Gr./Sr.+ = 125**

## CAREER STATISTICS

Year	Overall	Duals (B1G)TRN (B1G/NCAA)	F	TF	M	PTS
2019-20	Red shirt season					
2020-21	0-2	0-2 (0-1)	0-0 (0-0/0-0)	0-0	0	0
2021-22	5-0	0-0 (0-0)	5-0 (0-0/0-0)	0-0	0-0	1-0
2022-23	7-4	2-0 (0-0)	5-4 (0-0/0-0)	0-0	1-0	1-0
2023-24	1-2	0-0 (0-0)	1-2 (0-0/0-0)	0-0	0-0	0-0
2024-25	8-2	0-0 (0-0)	8-2 (0-0/0-0)	0-0	2-0	2-0
<b>Career</b>	<b>21-10</b>	<b>2-2 (0-1)</b>	<b>19-8 (0-0/0-0)</b>	<b>0-0</b>	<b>3-0</b>	<b>4-0</b>

**PARENTS: RENEE AND KURT MCHENRY**  
**MAJOR: CORPORATE INNOVATION AND ENTREPRENEURSHIP**

## MATCH-BY-MATCH

Date	Wt.	Result	Opponent	Place	Record
11/24	125	W, 11-7	Sulayman Bah, Columbia	BK	1-0
11/24	125	W, 13-1	Caleb Weiland, Michigan State (major)	BK	2-0
1/4	125	W, 18-3	Weston Pisarchik, Clarion (TF; 5:03)	Scuffle	3-0
1/4	125	L, 4-5	Beric Jordan, Oklahoma	Scuffle	3-1
1/4	125	W, 23-8	Bryson Terrell, Appalachian St. (TF; 6:20)	Scuffle	4-1
1/4	125	W, 11-3	Robert Segaris, LIU (major)	Scuffle	5-1
1/4	125	W, 7-5	Tristan Daugherty, North Dakota State	Scuffle	6-1
1/5	125	W, 7-2	Jeff Jacome, Gardner Webb	Scuffle	7-1
1/5	125	L, 1-2	Anthony Molton, Campbell	Scuffle	7-2
1/5	125	W, Md.Frf.	Keyveon Roller, Virginia	Scuffle (5th)	8-2

**NOTES:** Senior+. **Black Knight Invitational (11/24):** Took third place, going 2-0 (plus a loss to a PSU teammate). **Southern Scuffle (1/4-5):** Went 6-2 with two techs and a major to place fifth.





Fr./Fr. = 133

## CAREER STATISTICS

Year	Overall	Duals (BIG)	TRN (BIG/NCAA)	F	TF	M	PTS
2023-24	22-4	9-2 (6-2)	13-2 (4-0/2-2)	0-0	5-0	5-1	33
2024-25	7-2	7-2 (2-1)	0-0 (0-0/0-0)	0-0	2-0	0-0	26
<b>Career</b>	<b>29-6</b>	<b>16-4 (8-3)</b>	<b>13-2 (4-0/2-2)</b>	<b>0-0</b>	<b>7-0</b>	<b>5-1</b>	<b>59</b>

**PARENTS: RENAE AND STEVEN DAVIS**  
**MAJOR: DIVISION OF UNDERGRADUATE STUDIES**

## MATCH-BY-MATCH

Date	Wt.	Result	Opponent	Place	Record
11/17	133	W, 7-5	Kyle Waterman, Drexel	dual	1-0
12/8	133	L, 2-4	#1 Ryan Crookham, Lehigh	dual	1-1
12/15	133	W, 19-4	Stockton O'Brien, Wyoming (TF; 5:27)	dual	2-1
12/22	133	W, 6-0	Micah Roes, Binghamton	dual	3-1
12/22	133	W, 1-0	#5 Nassir Bingham, Little Rock	dual	4-1
12/22	133	W, 14-3	Kade Moore, Missouri (major)	dual	5-1
1/10	133	W, 20-5	Andrew Hampton, Michigan St. (TF; 5:25)	dual	6-1
1/17	133	L, 7-14	#16 Jacob Van Dee, Nebraska	dual	6-2
1/24	133	W, 2-1	#9 Dylan Shawver, Rutgers	dual	7-2

**NOTES:** Ranked #7 by InterMat. **Drexel (11/17):** Postd 7-5 win over Kyle Waterman. **Lehigh (12/8):** Battled #1 Ryan Crookham tough in 4-2 loss at Lehigh. **Wyoming (12/15):** Dominated Stockton O'Brien in a 19-4 tech fall (5:27). **Journeymen Collegiate (12/22):** Went 3-0 with a major in Nashville, notched 1-0 win over #5 Nassir Bailey of Little Rock. **Michigan State (1/10):** Posted 20-5 tech fall over Andrew Hampton (5:25). **Rutgers (1/24):** Used second period rideout and 1:40 in riding time to down #9 Dylan Shawver.



Sr./Jr. = 133

## CAREER STATISTICS

Year	Overall	Duals (BIG)	TRN (BIG/NCAA)	F	TF	M	PTS
2021-22			Red shirt season				
2022-23	6-15	3-11 (1-5)	3-4 (0-3/0-0)	0-1	0-3	0-1	9
2023-24	6-3	0-1 (0-0)	6-2 (0-0/0-0)	1-0	3-0	1-1	0
2024-25	3-3	0-0 (0-0)	3-3 (0-0/0-0)	0-0	2-0	0-1	0
<b>Career</b>	<b>15-21</b>	<b>3-12 (1-5)</b>	<b>12-9 (0-3/0-0)</b>	<b>1-1</b>	<b>5-3</b>	<b>1-3</b>	<b>9</b>

**PARENTS: KIM McNATT, MARK STEEN**  
**MAJOR: RECREATION, PARK AND TOURISM MANAGEMENT**

## MATCH-BY-MATCH

Date	Wt.	Result	Opponent	Place	Record
11/24	133	L, 5-8	Takeo Davis, Gardner Webb	BK	0-1
11/24	133	W, 11-1	Tyler Lamon, Gardner Webb (major)	BK	1-1
1/4	133	W, 16-1	Josh Sanders, Bellarmine (TF; 5:00)	Scuffle	2-1
1/4	133	W, 18-3	Spencer Von Savoye, Duke (TF; 7:00)	Scuffle	3-1
1/4	133	L, 3-7	#15 Dom Serrano, Northern Colorado	Scuffle	3-2
1/4	133	L, 3-5	Cleveland Bolton, Oklahoma	Scuffle	3-3

**NOTES:** Junior eligibility. **Black Knight Invitational (11/24):** Went 1-1 in West Point, N.Y. **Southern Scuffle (1/4-5):** Went 2-2 with two tech falls in Chattanooga.



**BEAU  
BARTLETT**  
TEMPE, ARIZ.  
WYOMING SEMINARY (PA.)

2X All-American (3rd, 2023;  
2nd, 2024)

**Sr./Sr.+ = 141**

### CAREER STATISTICS

Year	Overall	Duals (B1G)	TRN (B1G/NCAA)	F	TF	M	PTS
2020-21	8-3	1-1 (1-1)	7-2 (1-2/0-0)	2-0	0-0	1-0	3
2021-22	15-10	11-6 (4-4)	4-4 (3-2/1-2)	2-0	0-0	2-2	41
2022-23	27-3	15-1 (7-1)	12-2 (3-1/5-1)	3-0	1-0	6-0	58
2023-24	24-2	11-0 (8-0)	13-2 (2-1/4-1)	7-0	0-0	3-0	38
2024-25	12-0	8-0 (3-0)	4-0 (0-0/0-0)	3-0	2-0	2-0	32
<b>Career</b>	<b>86-18</b>	<b>46-8 (23-6)</b>	<b>40-10 (9-6/10-4)</b>	<b>17-0</b>	<b>3-0</b>	<b>14-2</b>	<b>172</b>

**PARENTS: RENEE AND ANDRE BARTLETT**  
**MAJOR: PSYCHOLOGY**

### MATCH-BY-MATCH

Date	Wt.	Result	Opponent	Place	Record
11/24	141	W, 16-1	Charlie Sly, Gardner Webb (TF; 3:32)	BK	1-0
11/24	141	W, 4-1 (sv)	Joe Fongaro, Rutgers	BK	2-0
11/24	141	W, 18-3	Rich Treanor, Army (TF; 4:44)	BK	3-0
11/24	141	WBF	#28 Todd Carter, Gardner Webb (5:57)	BK	4-0
12/8	141	W, 5-0	Carter Bailey, Lehigh	dual	5-0
12/15	141	WBF	#28 Cole Brooks, Wyoming (0:47)	dual	6-0
12/22	141	W, 14-2	Nate Lucier, Binghamton (major)	dual	7-0
12/22	141	WBF	Cole Minnick, Little Rock (5:23)	dual	8-0
12/22	141	W, 4-1 (sv)	#16 Josh Edmond, Missouri	dual	9-0
1/10	141	W, 12-3	Jaden Crumpler, Michigan State (major)	dual	10-0
1/17	141	W, 8-7	#6 Brock Hardy, Nebraska	dual	11-0
1/24	141	W, 7-3	#14 Joseph Olivieri, Rutgers	dual	12-0

**NOTES:** Ranked #3 by InterMat. **NWCA Exhibition (11/16):** Dropped thrilling 4-1 dec. to #2 Jesse Mendez of Ohio State. **Black Knight Invitational (11/24):** Won Black Knight title with 4-0 mark, including pin (5:57) of #28 Todd Carter of Gardner Webb. **Lehigh (12/8):** Shut out Carter Bailey 5-0. **Wyoming (12/15):** Pinned #28 Cole Brooks in just 0:47. **Journeyman Collegiate (12/22):** Went 3-0 with a major and a pin in Nashville, including 4-1 (sv) win over #16 Josh Edmond of Missouri. **Michigan State (1/10):** Majored Jaden Crumpler 12-3. **Nebraska (1/17):** Used late reversal to down #6 Brock Hardy in Lincoln. **Rutgers (1/24):** Posted 7-3 win over #14 Joseph Olivieri.



**SHAYNE  
VAN NESS**  
SOMERVILLE, N.J.  
BLAIR ACADEMY

All-American (3rd, 2023)

**Jr./So. = 149**

### CAREER STATISTICS

Year	Overall	Duals (B1G)	TRN (B1G/NCAA)	F	TF	M	PTS
2021-22							
2022-23							
2023-24*							
2024-25							
<b>Career</b>	<b>38-8</b>	<b>19-5 (7-4)</b>	<b>19-3 (4-2/5-1)</b>	<b>13-0</b>	<b>5-0</b>	<b>9-1</b>	<b>94</b>

\*Medical red shirt season, results count towards career record

**PARENTS: DAWN AND RODNEY VAN NESS**  
**MAJOR: PSYCHOLOGY**

### MATCH-BY-MATCH

Date	Wt.	Result	Opponent	Place	Record
11/24	149	W, 18-1	Yanni Vines, Columbia (TF; 4:40)	BK	1-0
11/24	149	W, 15-2	Joe Giordano, Gardner Webb (major)	BK	2-0
11/24	149	W, 5-0	Richard Fedalen, Columbia	BK	3-0
11/24	149	W, 19-4	Andrew Clark, Rutgers (TF; 7:00)	BK	4-0
12/8	149	W, 17-3	Matt Repos, Lehigh (major)	dual	5-0
12/15	149	WBF	#22 Gabe Willochell, Wyoming (4:27)	dual	6-0
12/22	149	WBF	Caleb Sweet, Binghamton (2:49)	dual	7-0
12/22	149	WBF	#16 Jordan Williams, Little Rock (4:39)	dual	8-0
12/22	149	WBF	Zeke Seltzer, Missouri (1:57)	dual	9-0
1/10	149	WBF	Clayton Jones, Michigan State (2:25)	dual	10-0
1/17	149	L, 2-10	#4 Ridge Lovett, Nebraska	dual	10-1
1/24	149	W, 17-2	Alex Nini, Rutgers (TF; 5:26)	dual	11-1

**NOTES:** Ranked #4 by InterMat. **NWCA Exhibition (11/16):** Rolled to 16-4 major over #3 Ty Watters of West Virginia. **Black Knight Invitational (11/24):** Won Black Knight title with 4-0 mark including two techs and a major. **Lehigh (12/8):** Rolled to 17-3 major over Matt Repos. **Wyoming (12/15):** Pinned #22 Gabe Willochell at 4:27. **Journeyman Collegiate (12/22):** Went 3-0 in Nashville, all by fall, including pinning #16 Jordan Williams of Little Rock at 4:39. **Michigan State (1/10):** Pinned Clayton Jones in the first period (2:25). **Rutgers (1/24):** Dominant 17-2 tech fall (5:26) over Alex Nini.



**So./So. = 149/157**

Year	Overall	Duals (BIG)	TRN (B1G/NCAA)	F	TF	M	PTS
2023-24	24-5	6-2 (3-2)	18-3 (4-1/7-1)	5-0	1-0	7-0	23
2024-25	11-0	8-0 (3-0)	3-0 (0-0/0-0)	2-0	2-0	3-0	32
<b>Career</b>	<b>35-5</b>	<b>14-2 (6-2)</b>	<b>21-3 (4-1/7-1)</b>	<b>7-0</b>	<b>3-0</b>	<b>10-0</b>	<b>55</b>

Date	Wt.	Result	Opponent	Place	Record
11/24	157	W, 19-4	Rawson Iwanicki, Columbia (TF; 6:50)	BK	1-0
11/24	157	W, 19-3	Jordan Brown, Binghamton (TF; 3:55)	BK	2-0
11/24	157	W, 18-5	Dakota Morris, Army (major)	BK	3-0
12/8	157	W, 5-2	Logan Rozynski, Lehigh	dual	4-0
12/15	157	W, 16-3	#19 Jared Hill, Wyoming (major)	dual	5-0
12/22	157	WBF	Jordan Brown, Binghamton (3:31)	dual	6-0
12/22	157	W, 4-2	#20 Matty Bianchi, Little Rock	dual	7-0
12/22	157	W, 11-3	James Conway, Missouri (major)	dual	8-0
1/10	157	WBF	Braden Stauffenberg, Michigan St. (3:46)	dual	9-0
1/17	157	W, 9-3	#5 Antrell Taylor, Nebraska	dual	10-0
1/24	157	W, 4-0	#31 Connor Harer, Rutgers	dual	11-0

**Jr./So. = 157**

Year	Overall	Duals (BIG)	TRN (BIG/NCAA)	F	TF	M	PTS
2021-22							
2022-23	19-6	13-2 (6-1)	6-4 (3-2/0-2)	1-0	1-0	5-1	48
2023-24							
2024-25	5-0	1-0 (0-0)	4-0 (0-0/0-0)	0-0	4-0	0-0	3
Career	24-6	14-2 (6-1)	10-4 (3-2/0-2)	1-0	5-0	5-1	51

Date	Wt.	Result	Opponent	Place	Record
11/17	157	W, 8-6	Luke Nichter, Drexel	dual	1-0
11/24	157	W, 19-4	Mason Stewart, Michigan State (TF; 3:42)	BK	2-0
11/24	157	W, 21-6	Jake Wach, Columbia (TF; 3:35)	BK	3-0
11/24	157	W, 24-8	Drew Pepin, Gardner Webb (TF; 6:17)	BK	4-0

**NOTES:** Sophomore eligibility. **Drexel (11/17):** Posted 8-6 win over Luke Richter in Rec Hall. **Black Knight Invitational (11/24):** Took second place at Black Knight, with a close loss to a teammate in the finals, going 4-0 with four tech falls.



**MITCHELL  
MESENBRIK**  
HARTLAND, WIS.  
ARROWHEAD

All-American (2nd, 2024)

**So./Fr. = 165**

### CAREER STATISTICS

Year	Overall	Duals (B1G)TRN (B1G/NCAA)	F	TF	M	PTS
*2022-23	2-0	2-0 (0-0)	0-0 (0-0/0-0)	2-0	0-0	0-0 12
2023-24	26-1	12-0 (8-0)	7-0 (0-0/0-0)	4-0	9-0	4-0 56
2024-25	13-0	9-0 (3-0)	4-0 (0-0/0-0)	0-0	11-0	0-0 48
<b>Career</b>	<b>41-1</b>	<b>23-0 (11-0)</b>	<b>11-0 (0-0/0-0)</b>	<b>6-0</b>	<b>20-0</b>	<b>6-0 116</b>

\* at Cal-Baptist // Red shirt season (results count)



**LEVI  
HAINES**  
ARENDTSVILLE, PA.  
BIGLERVILLE  
National Champion  
2X All-American  
(2nd, 2023; 1st, 2024)

**Jr./Jr. = 174**

### CAREER STATISTICS

Year	Overall	Duals (B1G)TRN (B1G/NCAA)	F	TF	M	PTS
2022-23	25-2	11-0 (7-0)	14-2 (3-0/4-1)	3-0	1-0	5-0 43
2023-24	23-0	12-0 (8-0)	11-0 (3-0/5-0)	5-0	5-0	5-0 51
2024-25	11-1	8-1 (3-0)	3-0 (0-0/0-0)	5-0	4-0	0-0 39
<b>Career</b>	<b>59-3</b>	<b>31-1 (18-0)</b>	<b>28-2 (6-0/9-1)</b>	<b>13-0</b>	<b>10-0</b>	<b>10-0 133</b>

**PARENTS: BERNADETTE AND JOHN MESENBRIK**  
**MAJOR: PSYCHOLOGY**

### MATCH-BY-MATCH

Date	Wt.	Result	Opponent	Place	Record
11/17	165	W, 21-4	Cody Walsh, Drexel (TF; 5:19)	dual	1-0
11/24	165	W, 18-3	Carter Baer, Binghamton (TF; 5:37)	BK	2-0
11/24	165	W, 18-1	Cam Adams, Michigan State (TF; 4:01)	BK	3-0
11/24	165	W, 19-4	#32 Tony White, Rutgers (TF; 5:46)	BK	4-0
11/24	165	W, 17-2	#14 Gunner Filipowicz, Army (TF; 4:50)	BK	5-0
12/8	165	W, 18-1	Thayne Lawrence, Lehigh (TF; 4:37)	dual	6-0
12/15	165	W, 15-0	Cooper Voorhees, Wyoming (TF; 3:17)	dual	7-0
12/22	165	W, forfeit	Forfeit, Binghamton	dual	8-0
12/22	165	W, 17-1	#21 Joey Bianchi, Little Rock (TF; 5:27)	dual	9-0
12/22	165	W, forfeit	Forfeit, Missouri	dual	10-0
1/10	165	W, 20-5	Jay Navison, Michigan State (TF; 3:57)	dual	11-0
1/17	165	W, 20-3	#7 Bubba Wilson, Nebraska (TF; 5:39)	dual	12-0
1/24	165	W, 19-3	#26 Anthony White, Rutgers (TF; 6:30)	dual	13-0

**NOTES:** Ranked #1 by InterMat. **Drexel (11/17):** Dominant 21-4 tech fall (5:14) over Cody Walsh. **Black Knight Invitational (11/24):** Named Outstanding Wrestler at Black Knight Invitational after winning title with 4-0 mark, all tech falls, including techs over #32 Tony White of Rutgers and #14 Gunner Filipowicz of Army in finals. **Big Ten Wrestler of the Week (11/27):** **Lehigh (12/8):** Dominated Thayne Lawrence in 18-1 tech fall (4:37). **Wyoming (12/15):** Seventh tech in as many matches with a 15-0 win over Cooper Voorhees (3:17). **Journeyman Collegiate (12/22):** Went 3-0 in Nashville, including 17-1 tech fall over #21 Joey Bianchi of Little Rock (5:27). **Michigan State (1/10):** Rolled to 20-5 tech fall over Jay Navison (3:57). **Nebraska (1/17):** Dominated #7 Bubba Wilson in Lincoln, rolling to a 20-3 tech fall (5:39). **Rutgers (1/24):** Five takedowns in a 19-3 tech fall (6:30) over #26 Anthony White.

**PARENTS: AIMEE AND KEN HAINES**  
**MAJOR: RECREATION, PARK AND TOURISM MANAGEMENT**

### MATCH-BY-MATCH

Date	Wt.	Result	Opponent	Place	Record
11/17	174	W, 16-0	Jack Janda, Drexel (TF; 4:04)	dual	1-0
11/24	174	WBF	Marty Larkin, Michigan State (4:29)	BK	2-0
11/24	174	WBF	Matt Romanelli, Columbia (3:36)	BK	3-0
11/24	174	W, 17-1	Cooper Haase, Army (TF; 5:13)	BK	4-0
12/8	174	WBF	Rylan Rogers, Lehigh (4:12)	dual	5-0
12/15	174	WBF	Riley Davis, Wyoming (2:25)	dual	6-0
12/22	174	W, 18-0	Robert Padilla, Binghamton (TF; 5:00)	dual	7-0
12/22	174	W, 18-2	Kodiak Kennedy, Little Rock (TF; 5:33)	dual	8-0
12/22	174	L, 1-4 (sv)	#1 Keegan O'Toole, Missouri	dual	8-1
1/10	174	WBF	Cesar Garza, Michigan State (4:13)	dual	9-1
1/17	174	W, 9-2	#15 Lenny Pinto, Nebraska	dual	10-1
1/24	174	W, 5-2	#22 Jackson Turley, Rutgers	dual	11-1

**NOTES:** Ranked #2 by InterMat. **NWCA Exhibition (11/16):** Used dominant third period to post 7-0 win over #3 Cade DeVos of South Dakota State. **Drexel (11/17):** Rolled to a 16-0 tech fall (4:04) over Jack Janda. **Black Knight Invitational (11/24):** Shared title at 174 (not wrestling teammate in the finals), going 3-0 with two pins and a tech. **Lehigh (12/8):** Pinned Rylan Rogers at the 4:12 mark. **Wyoming (12/15):** Pinned Riley Davis in the first period (2:25). **Journeyman Collegiate (12/22):** Went 2-1 in Nashville with two tech falls, only loss thrilling 4-1 sudden victory defeat to #1 Keegan O'Toole of Missouri. **Michigan State (1/10):** Pinned Cesar Garza (4:13). **Nebraska (1/17):** Defeated #15 Lenny Pinto in dual meet in Lincoln. **Rutgers (1/24):** Hard-fought 5-2 win over #22 Jackson Turley.





**CARTER STAROCCI**  
 ERIE, PA.  
 CATHEDRAL PREP  
 4X National Champion  
 (2021, 2022, 2023, 2024)  
 4X All-American (1st, 2021;  
 1st, 2022; 1st, 2023; 1st, 2024)

**Gr./Gr. = 184**

### CAREER STATISTICS

Year	Overall	Duals (BIG)	TRN (BIG/NCAA)	F	TF	M	PTS
2019-20			Red shirt season				
2020-21	14-2	5-1 (5-1)	9-1 (3-1/5-0)	1-0	1-0	2-0	16
2021-22	23-0	15-0 (6-0)	8-0 (3-0/5-0)	4-0	5-0	4-0	65
2022-23	24-0	16-0 (8-0)	8-0 (3-0/5-0)	4-0	3-0	9-0	68
2023-24	17-2	9-0 (5-0)	8-2 (0-2/5-0)	3-0	6-0	1-0	44
2024-25	12-0	9-0 (3-0)	3-0 (0-0/0-0)	5-0	4-0	3-0	44
<b>Career</b>	<b>90-4</b>	<b>54-1 (27-1)</b>	<b>36-3 (9-3/20-0)</b>	<b>19-0</b>	<b>19-0</b>	<b>19-0</b>	<b>237</b>



**JOSH BARR**  
 DAVISON, MICH.  
 DAVISON

**So./Fr. = 197**

### CAREER STATISTICS

Year	Overall	Duals (BIG)	TRN (BIG/NCAA)	F	TF	M	PTS
2023-24	14-0	1-0 (1-0)	13-0 (0-0/0-0)	1-0	5-0	4-0	4
2024-25	10-0	8-0 (3-0)	2-0 (0-0/0-0)	5-0	3-0	1-0	40
<b>Career</b>	<b>24-0</b>	<b>9-0 (4-0)</b>	<b>15-0 (0-0/0-0)</b>	<b>6-0</b>	<b>8-0</b>	<b>5-0</b>	<b>44</b>

\*maintains red shirt / results count towards career record

**PARENTS: STARLA AND CHRIS STAROCCI**  
**MAJOR: BUSINESS MANAGEMENT FOUNDATIONS GCT**

### MATCH-BY-MATCH

Date	Wt.	Result	Opponent	Place	Record
11/17	184	W, 19-3	Giuseppe Hoose, Drexel (TF; 5:37)	dual	1-0
11/24	184	WBF	Spencer Fine, Columbia (1:37)	BK	2-0
11/24	184	W, 20-3	Cole Karpinski, Army (TF; 3:00)	BK	3-0
11/24	184	WBF	Lucas Daily, Michigan State (4:23)	BK	4-0
12/8	184	W, 15-1	Jack Wilt, Lehigh (major)	dual	5-0
12/15	184	WBF	Ethan Ducca, Wyoming (1:37)	dual	6-0
12/22	184	WBF	#23 Will Ebert, Binghamton (5:55)	dual	7-0
12/22	184	W, 17-1	Tristan Wills, Little Rock (TF; 5:37)	dual	8-0
12/22	184	W, 10-1	#10 Colton Hawks, Missouri (major)	dual	9-0
1/10	184	WBF	Ryan Boucher, Michigan State (5:48)	dual	10-0
1/17	184	W, 11-2	#17 Silas Allred, Nebraska (major)	dual	11-0
1/24	184	W, 17-2	#18 Shane Cartagena-Walsh, Rutgers (TF) dual	dual	12-0

**NOTES:** Ranked #1 by InterMat. **Drexel (11/17):** Thrilling 4-1 (sv) win over #2 Parker Keckeisen in Rec Hall. **Drexel (11/17):** Dominated Giuseppe Hoose in a 19-3 tech fall (5:37). **Black Knight Invitational (11/24):** Shared 184 pound title at Black Knight (not wrestling teammate in finals) with two falls and a tech. **Lehigh (12/8):** Majored Jack Wilt 15-1. **Wyoming (12/15):** First period pin of Ethan Ducca (1:37). **Journeymen Collegiate (12/22):** Rolled to 3-0 mark in Nashville, including a fall over #23 Will Ebert of Binghamton (5:55) and a 10-1 major over #10 Colton Hawks of Missouri. **Michigan State (1/10):** Pinned Ryan Boucher (5:48). **Nebraska (1/17):** Majored #17 Silas Allred in Lincoln, 11-2. **Rutgers (1/24):** Forced four stall warnings in dominant 17-2 tech fall (6:58) over #18 Shane Cartagena-Walsh.

**PARENTS: SIMONA AND DOUGLAS BARR**  
**MAJOR: RECREATION, PARK AND TOURISM MANAGEMENT**

### MATCH-BY-MATCH

Date	Wt.	Result	Opponent	Place	Record
11/24	197	WBF	Jack Bernik, Columbia (2:26)	BK	1-0
11/24	197	WBF	Josh McCutcheon, Gardner Webb (2:53)	BK	2-0
12/8	197	W, 11-3	#6 Michael Beard, Lehigh (major)	dual	3-0
12/15	197	WBF	Brant Whitaker, Wyoming (1:48)	dual	4-0
12/22	197	19-4	Andrew Bailey, Binghamton (TF; 2:40)	dual	5-0
12/22	197	W, 4-1 (sv)	#5 Stephen Little, Little Rock	dual	6-0
12/22	197	WBF	Jesse Cassatt, Missouri (1:45)	dual	7-0
1/10	197	WBF	Cory Thomas, Michigan State (2:44)	dual	8-0
1/17	197	W, 19-4	#22 Camden McDaniel, Nebraska (TF; 6:42)	dual	9-0
1/24	197	W, 22-6	#16 John Poznanski, Rutgers (TF; 6:19)	dual	10-0

**NOTES:** Ranked #4 by InterMat. **Black Knight Invitational (11/24):** Won Black Knight championship with 2-0 mark (both pins) plus two wins over teammates in semis and finals. **Lehigh (12/8):** Dominated #6 Michael Beard of Lehigh, rolling to 11-3 major decision on the road. **Wyoming (12/15):** Picked up first period pin of Brant Whitaker (1:48). **Journeymen Collegiate (12/22):** Went 3-0 in Nashville with a pin and a tech, including impressive 4-1 (sv) win over #5 Stephen Little of Little Rock. **Michigan State (1/10):** Pinned Cory Thomas in the first period (2:44). **Nebraska (1/17):** Posted 19-4 tech fall over #22 Camden McDaniel (6:42) in Lincoln. **Rutgers (1/24):** Stunning 22 points in third period alone to post 22-6 tech fall over #16 John Poznanski (6:19) at Rutgers.



LUCAS  
COCHRAN  
PERRY, UTAH  
BOX ELDER

Sr./Jr. = 197

CAREER STATISTICS

Year	Overall	Duals (BIG)	TRN (BIG/NCAA)	F	TF	M	PTS
2021-22	Red shirt season						
2022-23	7-2	0-0 (0-0)	7-2 (0-0/0-0)	1-0	0-0	2-1	0
2023-24	11-2	2-1 (2-0)	9-1 (0-0/0-0)	5-0	2-0	1-1	6
2024-25	4-0	1-0 (0-0)	3-0 (0-0/0-0)	1-0	2-0	1-0	5
Career	22-4	3-1 (2-0)	19-3 (0-0/0-0)	7-0	4-0	4-2	11

PARENTS: MELISSA AND TRAVIS COCHRAN  
MAJOR: FINANCE

MATCH-BY-MATCH

Date	Wt.	Result	Opponent	Place	Record
11/17	197	W, 18-1	Ethan Wilson, Drexel (TF; 3:27)	dual	1-0
11/24	197	WBF	Mason Rebulk, Bloomsburg (3:58)	BK	2-0
11/24	197	W, 15-0	Chris Murphy, Army (TF; 2:27)	BK	3-0
11/24	197	W, 11-1	#27 Remy Cotton, Michigan State (major)	BK	4-0

NOTES: Junior eligibility. **Drexel (11/17):** Began season with convincing 18-1 tech fall over Ethan Wilson (3:27). **Black Knight Invitational (11/24):** Took second place at Black Knight Invitational (including loss to teammate in the finals), going 3-0 with a pin, tech and major).



GREG  
KERKVLiet  
INVER GROVE HEIGHTS,  
MINN. // SIMLEY  
National Champion  
4X All-American  
(7th, 2021; 4th, 2022;  
2nd, 2023; 1st, 2024)

Sr./Sr.+ = 285

CAREER STATISTICS

Year	Overall	Duals (BIG)	TRN (BIG/NCAA)	F	TF	M	PTS
2019-20	Red shirt season						
2020-21	10-4	1-0 (1-0)	9-4 (4-2/4-2)	2-0	1-0	6-0	6
2021-22	22-3	14-1 (7-1)	8-1 (4-1/4-1)	6-0	3-0	5-0	64
2022-23	19-3	13-1 (6-1)	6-2 (2-1/4-1)	3-0	6-0	4-0	66
2023-24	20-0	9-0 (6-0)	11-0 (3-0/5-0)	2-0	4-0	8-0	40
2024-25	12-0	9-0 (3-0)	3-0 (0-0/0-0)	5-0	6-0	0-0	47
Career	83-10	46-2 (23-2)	37-8 (13-4/17-4)	18-0	20-0	23-0	219

PARENTS: KRYSTAL AND GREG KERKVLiet  
MAJOR: HUMAN DEVELOPMENT AND FAMILY STUDIES

MATCH-BY-MATCH

Date	Wt.	Result	Opponent	Place	Record
11/17	285	WBF	Tanner Updegraff, Drexel (1:40)	dual	1-0
11/24	285	WBF	Tristen Hitchcock, Army (2:31)	BK	2-0
11/24	285	WBF	Billy McChesney, Columbia (1:29)	BK	3-0
11/24	285	W, 15-0	Brady Colbert, Army (TF; 5:10)	BK	4-0
12/8	285	W, 15-0	Calvin Lachman, Lehigh (TF; 2:07)	dual	5-0
12/15	285	W, 20-3	Kevin Zimmer, Wyoming (TF; 3:28)	dual	6-0
12/22	285	WBF	Charlie Tibbits, Binghamton (1:33)	dual	7-0
12/22	285	W, 15-0	Keith Miley, Little Rock (TF; 1:40)	dual	8-0
12/22	285	W, 15-0	Jarret Stoner, Missouri (TF; 5:57)	dual	9-0
1/10	285	WBF	Max Vanadia, Michigan State (0:56)	dual	10-0
1/17	285	W, 20-2	#24 Harley Andrews, Nebraska (TF; 6:12)	dual	11-0
1/24	285	W, 2-0	#7 Yaroslau Slavikouski, Rutgers	dual	12-0

NOTES: Ranked #2 by InterMat. **Drexel (11/17):** First period pin over Tanner Updegraff (1:40). **Black Knight Invitational (11/24):** Shared 285 pound title (not wrestling teammate in the finals) with 3-0 mark, including two pins and a tech fall. **Lehigh (12/8):** First period tech fall over Calvin Lachman, 15-0 at 2:07. **Wyoming (12/15):** Notched 20-3 tech fall over Kevin Zimmer (3:28). **Journeymen Collegiate (12/22):** Went 3-0 in Nashville with two technical falls and a first period pin of Binghamton's Charlie Tibbits (1:33). **Michigan State (1/10):** Fast fall over Max Vanadia to open dual meet against the Spartans (0:56). **Nebraska (1/17):** Majored #24 Harley Andrews 20-2 (6:12) in Lincoln. **Rutgers (1/24):** Hard-fought 2-0 win over #7 Yaroslau Slavikouski.



## #1 PENN STATE 41, DREXEL 3 Sunday, Nov. 17, 2024 -- Rec Hall -- University Park, Pa.

125: Luke Lilledahl PSU win by forfeit	6-0
133: #7 Braeden Davis PSU dec. Kyle Waterman DREX, 7-5	9-0
141: Jordan Soriano DREX dec. Cael Nasdeo PSU, 11-8	9-3
149: Connor Pierce PSU dec. Dom Findora DREX, 5-4	12-3
157: Alex Facundo PSU dec. Luke Nichter DREX, 8-6	15-3
165: #1 Mitchell Mesenbrink PSU tech fall Cody Walsh DREX, 21-4 (TF; 5:19)	20-3
174: #2 Levi Haines PSU tech fall Jack Janda DREX, 16-0 (TF; 4:04)	25-3
184: #1 Carter Starocci PSU tech fall Giuseppe Hoose DREX, 19-3 (TF; 5:37)	30-3
197: Lucas Cochran PSU tech fall Ethan Wilson DREX, 18-1 (TF; 3:27)	35-3
285: #1 Greg Kerkvliet PSU pinned Tanner Updegraff DREX, WBF (1:40)	41-3
Attendance: 6,426 (Penn State has wrestled in front of 82 sellouts in its last 85 home events, including 73-straight in Rec Hall and 9 of 12 in the BJC)	

The Penn State Nittany Lion wrestling team (1-0, 0-0 B1G) rolled to a 41-3 win over visiting Drexel (0-4) in its official NCAA season opener Sunday in Rec Hall. Penn State posted the win with a handful of regular starters not competing, having wrestled in last night's NWCA All-Star Exhibition.

Two true freshmen made their Penn State dual debuts in the season opener and two wrestlers who won in last night's All-Star Exhibition took to the mat and rolled to big wins. The dual was wrestled in front of 6,426 fans, the 73rd-straight Rec Hall sellout crowd. The dual meet began at 125. True freshman Luke Lilledahl made his Penn State debut at 125 and received a forfeit victory after Drexel's 125-pounder suffered an injury heading into the weekend. Sophomore Braeden Davis, ranked No. 7 at 133, opened up an early 6-2 lead and held on for a 7-5 win over Drexel's Kyle Waterman to give Penn State a 9-0 lead. With No. 3 Beau Bartlett not wrestling after last night's All-Star exhibition, true freshman Cael Nasdeo made his collegiate debut at 141. Nasdeo led early but dropped a tough 11-8 decision to Drexel's Jordan Soriano. With No. 2 Shayne Van Ness also not competing after the All-Star exhibition, sophomore Connor Pierce got the nod at 149. Pierce opened up an early lead and held on for a hard fought 5-4 win over Dom Findora to put Penn State up 12-3. Likewise, No. 5 Tyler Kasak did not compete after his All-Star exhibition appearance and sophomore Alex Facundo took to the mat at 157. Facundo led early and held off a late rally to post an 8-6 win over Luke Nichter. Penn State led 15-3 at halftime.

Mitchell Mesenbrink, ranked No. 1 at 165, opened up the second half by rolling to a 21-4 technical fall over Drexel's Cody Walsh (5:19). Mesenbrink's win put the Nittany Lions up 20-3. Junior Levi Haines, ranked No. 2 at 174, followed that up with a tech fall of his own. Haines rolled up two takedowns and a series of nearfalls to post the 16-0 tech at 4:04. Graduate Carter Starocci, ranked No. 1 at 184, notched Penn State's third straight technical fall. Starocci dominated Giuseppe Hoose in a 19-3 tech fall at 5:37, to put Penn State on top 30-3. Junior Lucas Cochran made it four straight techs with a big win at 197. The Lion junior led 14-1 after two and ended the match early in the second with an escape and takedown to roll to an 18-1 tech (3:27). Senior Greg Kerkvliet, ranked No. 1 at 285, finished off a torrid Penn State second half with a first period pin over Tanner Updegraff, getting the fall at 1:40. Kerkvliet's capped off Penn State's 41-3 win. Penn State won nine of ten bouts and rolled up a 25-4 edge in takedowns. The Nittany Lions picked up 14 bonus points off a pin (Kerkvliet), a forfeit win (Lilledahl) and four technical falls (Mesenbrink, Haines, Starocci, Cochran).

### DUAL MEET BOUT-BY-BOUT:

125: True freshman Luke Lilledahl made his collegiate debut on Sunday and received a forfeit victory as Drexel's 125-pounder suffered an injury heading into the weekend.

133: Sophomore Braeden Davis, ranked No. 7 by InterMat at 133, met senior Kyle Waterman. Davis came out quickly and took Waterman down for an early 3-1 lead just seconds into the bout. The Nittany Lion sophomore worked his way in on a single leg. Davis called for a quick injury timeout, stopping the action. Waterman chose down on the reset and escaped to a 3-2 score. Davis quickly took the Dragon down for another takedown and a 6-2 lead. Waterman reversed Davis on the scramble to cut the lead to 6-4 at :35. Trailing 6-4, Waterman chose down to start the second stanza and quickly escaped to a 6-5 score. Davis worked the center of the mat through the 1:00 mark, looking for an opening to score again. Waterman was able to work Davis towards the outside circle and the match moved to the third period with Davis leading 6-5. Davis chose down to start the third period and quickly escaped to a 7-5 lead. Davis was hit for a first stall call at 1:04. He fought off a solid Waterman shot at the 1:05 mark and worked the clock down to :45 before the bout was stopped for blood. Davis worked his way in on a shot at the reset and forced a scramble through the end of the bout. The Drexel corner called for a video review at the end of the match, looking for a Waterman takedown on the scramble. The call was confirmed and Davis walked away with the 7-5 victory.

141: True freshman Cael Nasdeo made his collegiate debut and met Drexel's Jordan Soriano at 141. Nasdeo came out and scored quickly, taking Soriano down at the 2:41 mark for a 3-0 lead. Soriano worked a double into a near takedown but Nasdeo deftly rolled through the move and took a 6-1 lead with another takedown of his own. Nasdeo worked strong on top, building up over 1:30 in riding time while looking for a turn. Soriano escaped to a 6-2 score and then countered a Nasdeo shot for a late takedown, cutting the lead to 6-5. Nasdeo escaped with :02 on the clock to lead 7-5 after one. Nasdeo chose down to start the second period and quickly escaped to an 8-5 lead. Soriano worked a low single into a takedown and an 8-8 tie at the 1:15 mark. Nasdeo was unable to work free of the Drexel ride and the bout moved to the third period tied 8-8. Soriano chose down to start the third period and reversed Nasdeo to lead 10-8. Soriano built his time up to 1:25 before a stall warning at the :48 mark. Nasdeo was unable to break free of Soriano's ride and, giving up riding time, dropped the 11-8 decision.

149: Junior Connor Pierce took on Dragon Dom Findora at 149. Findora worked his way in on a solid shot at the 1:50 mark but Pierce was able to scrambled his way to a stalemate and a reset. The Nittany Lion then pressed forward with a low shot, flowing through the action to get the takedown at 1:20, opening up a 3-0 lead. Pierce was able to maintain control of the action for the remainder of the period, finishing on top to lead 3-0 with 1:20 in time after one. Findora chose down to start the second period and escaped to a 3-1 score. Pierce moved in on a low shot, forcing a scramble at the :50 mark, but Findora worked his way to a stalemate and a reset. Findora took a shot with :10 left, and Pierce fought the move off to kill the clock and lead 3-1 after two. Pierce chose down to start the third period and quickly escaped to a 4-1 lead. Findora moved in on a low single and scrambled his way to a takedown to tie the bout at 4-4. Pierce escaped to a 5-4 lead with 1:10 left. Findora continued to shoot, forcing Pierce into defense for the remaining :50 seconds. Pierce held on for the 5-4 victory.

157: Sophomore Alex Facundo faced off against Drexel's Luke Nichter at 157. Facundo fought off a Nichter shot with 2: on the clock and then scrambled around behind the Dragon for a takedown of his own and a 3-0 lead. Nichter escaped to a 3-1 score at 1:40. Facundo moved in on a low shot, but the action was halted at :50. The Nittany Lion sophomore carried the 3-1 lead into the second period. Facundo chose down to start the second period and Facundo quickly reversed the Dragon for a 5-1 lead. He settled on a strong ride through the 1:00 mark before cutting Nichter loose to a 5-2 score. Nichter worked his way in for a tying takedown at :45 and Facundo scrambled his way to a reversal with :08 left to lead 7-5 after two periods. Nichter chose down to start the third period. Facundo was strong on top, working his riding time back up over 1:00 and the clock down to 1:00 before Nichter escaped to a 7-6 score. Facundo pressed the Dragon backwards, forcing a stall warning at :35. He finished the period in control of a scramble and, with 1:24 in riding time, rolled to the 8-6 win.

165: Mitchell Mesenbrink, ranked No. 1 at 165, battled senior Cody Walsh of Drexel. Mesenbrink started quickly, lifting Walsh off the mat and taking him down to a scramble off the opening whistle. He finished off the takedown for a 3-0 lead at 2:20 and went to work on top. Mesenbrink cut Walsh loose and then immediately scored off a reset to lead 6-1 at 1:52. The Nittany Lion sophomore built up over 1:00 of riding time with strong control on top before cutting the Dragon loose again. Mesenbrink added a quick third takedown for a 9-2 lead at 1:00. He scored again after a Walsh escape and carried a 12-3 lead with 1:56 riding time into the second period. Mesenbrink chose down to start the second period and quickly reversed Walsh to lead 14-3. He built his riding time up over 3:00 while looking to turn Walsh to his back. The Dragon was able to fight off the nearfall until Mesenbrink cut him loose with :30 on the clock. Mesenbrink took him down again to lead 17-4 with :20 left and, with 3:23 in riding time, led 17-4 after two. Walsh chose top to start the third period and Mesenbrink escaped to an 18-4 lead. Mesenbrink finished off the match with a final takedown to post the 21-4 tech fall at 5:19.

174: Levi Haines, ranked No. 2 at 174, met Jack Janda. Haines scored quickly, taking an early 3-2 lead at the 2:21 mark. He spent 1:00 working for a turn and picked up two near fall points to lead 5-0 at :50. He continued to work Janda's shoulders, looking for another turn. He picked up another four point turn before the period ended to lead 9-0 after one. Haines chose neutral to start the second period. He zipped through a low single for another takedown and a 12-0 lead at 1:35. Haines then rolled Janda one more time and ended the bout with a final four point turn, posting the 16-0 tech fall at 4:04.

184: Graduate Carter Starocci, ranked No. 1 at 184, took on Giuseppe Hoose. Starocci scored quickly, turning a low shot into a scramble and a takedown to lead 3-0 at 2:11. Starocci let the Dragon loose at 1:15, leading 3-1. He worked another low single into a scramble and a second takedown to lead 6-1 at the :50 mark. Starocci cut Hoose loose and quickly took him down again for a 9-2 lead with :32 left on the clock. The Nittany Lion grad finished the period on top to carry that lead, plus 1:36 in time, into the second period. Starocci chose down to start the second period and quickly escaped to a 10-2 lead. Starocci dropped down after a quick high single to open up a 13-3 lead with another takedown and cut. He added another quick takedown to up his lead 16-3 with 1:05 left in the period. Starocci finished on top and led 16-3 with 2:40 in riding time after two. Hoose chose neutral to start the third period and Starocci ended the bout with a final takedown at the 1:23 mark, posting the 19-3 tech fall at the 5:37 mark.

197: Penn State's Lucas Cochran faced off against Ethan Wilson at 197. Cochran scored quickly, taking Wilson down for an early 3-0 lead just :15 into the bout. Cochran turned Wilson for four back points before the Dragon escaped to a 7-1 Cochran lead. The Nittany Lion junior turned a low shot into another takedown to up his lead to 10-1 at 1:20. He then turned Wilson for four more back points, upping his margin to 14-1 at 1:05. He chose down to start the second half, escaped and quickly ended the match with a takedown, posting the 18-1 tech fall at 3:27.

285: Greg Kerkvliet, ranked No. 1 at 285, met Drexel's Tanner Updegraff. Kerkvliet scored quickly, taking Updegraff down for a 3-1 lead just :30 into the bout. He added a second takedown, and a four-point turn to open up a 10-1 lead and then finished the match off with a first period pin, getting the fall at 1:40.



## #1 PENN STATE at BLACK KNIGHT INVITATIONAL Sun., Nov. 24, 2024 -- West Point, N.Y.

The Penn State Nittany Lion wrestling team (1-0, 0-0 B1G) sent 22 wrestlers to West Point, N.Y., for the Black Knight Invitational on Sunday, Nov. 24, at Army West Point. The Nittany Lions won nine of the ten individual titles. All rankings listed are InterMat/Intermat TPI.

Penn State had or shared nine of the titles and 18 of Penn State's 22 wrestlers placed. True freshmen are permitted to compete in up to five scheduled events during the season while still retaining a red shirt opportunity. Please note, under recent NCAA rules, when teammates wrestle each other now in an NCAA event, the results do NOT count as wins or losses, or towards NCAA qualification metrics (FPI, minimum matches, etc.).

True freshman Luke Lilledahl, ranked No. 33 at 125, rolled to the championship in West Point. Lilledahl had a first-round bye and then posted a 19-4 tech fall over Gardner Webb's Jeffrey Jacome in the quarterfinals. He faced teammate Kurt McHenry in the semifinals and picked up a hard-fought 8-2 win. Lilledahl battled No. 21 Charlie Farmer of Army in the title bout and roared to the Black Knight title with a 19-4 tech fall (5:13). Lilledahl went 2-0 (plus the McHenry win), both techs, to claim the title.

Senior+ Beau Bartlett, ranked No. 3 at 141, won the championship. Bartlett began the tournament with a 16-1 tech fall (3:32) over Gardner Webb's Charlie Sty. He needed extra time in the quarterfinals, posting an exciting 4-1 (sv) win over Rutgers' Joe Fangaro to advance to the semifinals. Bartlett rolled to an 18-3 (4:44) tech fall over Army's Rich Treanor for a trip to the finals. He then pinned No. 28 Todd Carter of Gardner Webb to close out the bout, getting the fall at the 5:57 mark. Bartlett went 4-0 on the day with two techs and a pin.

Sophomore Shayne Van Ness, ranked No. 2 at 149, rolled to the title at 149. Van Ness had a first-round bye and then teched Columbia's Yanni Vines 18-1 (4:14) to move into the quarterfinals. Van Ness notched a 15-2 major over Joe Giordano of Gardner Webb and advanced to the semifinals. He downed Richard Fedalen of Columbia in the semis to move to the finals. He took care of Rutgers' Andrew Clark in the title bout, posting a 19-4 technical fall (7:00). Van Ness went 4-0 with two techs and a major on the day.

Sophomore Tyler Kasak, ranked No. 4 at 157, won the crown at 157. Kasak had a first-round bye and dominated Columbia's Rawson Iwanicki with a 19-4 tech fall (6:50) to advance to the quarterfinals. Kasak notched another tech fall, this one a 19-3 (3:55) win over Binghamton's Jordan Brown, moving to the semifinals. Kasak notched an 18-5 major over Dakota Morris of Army to move into the finals where he met teammate Alex Facundo. Kasak used a first period takedown to post a hard-fought 5-2 win over his teammate and take the title. Kasak went 3-0 with two techs and a major (plus the Facundo result).

Sophomore Alex Facundo took second place at 157. Facundo opened the tournament with a 19-4 tech fall over Mason Stewart of Michigan State. He followed that up with a 21-6 tech (3:35) over Jake Wach of Columbia and advanced to the quarterfinals. Facundo made it three straight tech falls with a 17-2 win (7:00) over Binghamton's Fin Nadeau and moved to the semifinals. A fourth straight tech, this one a 24-8 (6:17) win over Drew Pepin of Gardner Webb, sent Facundo to the finals to battle teammate Tyler Kasak. Facundo dropped a tough 5-2 decision to Kasak in the finals to take second place. He went 4-0 with four techs (plus the Kasak result) on the day.

Sophomore Mitchell Mesenbrink, ranked No. 1 at 165, roared to the title. Mesenbrink opened up the tournament with an 18-3 tech fall (5:37) over Binghamton's Carter Baer to move into the quarterfinals. He rolled to another technical fall, this one an 18-1 win over Cam Adams of Michigan State. He took on No. 32 Tony White of Rutgers in the semifinals and reeled off 19 points in a 19-4 tech fall (5:46). Mesenbrink rolled to a 17-2 tech fall (4:50) over No. 14 Gunner Filipowicz in the finals to claim the Black Knight. Mesenbrink went 4-0 on the day, all tech falls.

Junior Levi Haines, ranked No. 2 at 174, advanced to the finals at 174 and shared the crown with teammate Matt Lee. Haines opened the tournament by pinning Michigan State's Marty Larkin (4:29) in the opening round to move into the quarters. Haines picked up a second fall, this one at 3:36 over Columbia's Matt Romanelli. Haines dominated Army's Cooper Haase, posting a 17-2 tech fall at the 5:13 mark, to advance to the title bout against teammate Matt Lee. Since teammate vs. teammate results do not count, the title bout was not contested.

Senior Matt Lee advanced to the finals at 165 and shared the title with teammate Levi Haines. Lee had a first-round bye. He took on Andrew Wilson of Gardner Webb in the quarterfinals and rolled to a 17-2 tech fall at the 6:04 mark to move into the semifinals. Lee met No. 31 Dalton Harkins of Army in the semis and used an early takedown to notch an impressive 5-4 win. He moved into the finals against teammate Levi Haines. Since teammate vs. teammate results do not count, the title bout was not contested.

Graduate Carter Starocci, ranked No. 1 at 184, advanced to the finals at 184 and shared the crown with teammate Zack Ryder. Starocci opened up the event with a first period pin (1:37) of Columbia's Spencer Fine to move into the quarterfinals. He dominated Army's Cole Karpinski in the quarters, rolling into the semifinals with a 20-3 tech fall (3:00). Starocci made it three straight bonus wins by pinning Michigan State's Lucas Daly (4:23) to advance to the finals. Since teammate vs. teammate results do not count, the title bout was not contested.

True freshman Zack Ryder rolled to the finals at 184 and shared the crown with teammate Carter Starocci. Ryder posted a first-round pin over Michigan State's Cory Thomas (3:43) and advanced to the quarterfinals. Ryder met No. 21 Brian Saldano of Rutgers in his next match and used an early takedown to post a thrilling 4-2 win over the ranked Knight. He met Shane Cartegena-Walsh of Rutgers in the semis and used a last second takedown to notch a thrilling 4-1 win. He moved to the finals where he met teammate Carter Starocci. Since teammate vs. teammate results do not count, the title bout was not contested.

Red shirt freshman Josh Barr, ranked No. 23 at 197, won the title at 197. Barr began the tournament with a first period pin (2:26) over Columbia's Jack Bernik to advance to the quarters. He picked up a second first period fall in the quarters, pinning Gardner Webb's Josh McCutcheon at the 2:53 mark to move into the semis. He met teammate Connor Mirasola in the semis and posted a strong 11-0 major to advance to the finals where he took on another teammate, Lucas Cochran. Barr posted a strong 10-1 major over Cochran in the finals to win the title. Barr went 3-0 with two pins and a major (plus the Cochran result) on the day.

Lucas Cochran ended the day as the runner-up at 197. Cochran posted a pin at the 3:58 mark over Bloomsburg's Mason Rebuk in the opening round to move to the quarterfinals. He rolled up 15 quick points in a 15-0 tech fall (2:27) over Army's Chris Murphy to move into the semifinals. Cochran posted an 11-1 major decision over Murphy and advanced to the finals to take on teammate Josh Barr. He lost a tough 10-1 bout to Barr in the finals to place second. Cochran went 3-0 with a pin, a tech and a major (plus the Barr result).

Senior Greg Kerkvliet, ranked No. 2 at 285, rolled to the finals at 285 and shared the crown with teammate Cole Mirasola. Kerkvliet notched a first period fall in his first bout, getting the call at 2:31 over Army's Tristen Hitchcock. He met Billy McChesney of Columbia in the quarterfinals and picked up another fast fall, this one at the 1:29 mark. Since teammate vs. teammate results do not count, the title bout was not contested.

True freshman Cole Mirasola advanced to the championship bout at 285 and shared the title with teammate Greg Kerkvliet. Mirasola had a first-round bye. He battled Army's Sam Sorenson in the quarters and rolled to a 19-4 tech fall at the 3:28 mark, advancing to the semifinals. Since teammate vs. teammate results do not count, the title bout was not contested.

Senior+ Kurt McHenry took third at 125. McHenry had a first-round bye as well and notched an 11-7 decision over Columbia's Sulayman Bah in the quarters. He faced teammate Luke Lilledahl in the semifinals and lost a tough 8-2 decision. McHenry took on Michigan State's Caleb Weiland for third place and dominated the Spartan in a 13-1 major. McHenry took third with a 2-0 mark (plus the loss to Lilledahl).

True freshman Connor Mirasola finished third at 197. Mirasola opened the tournament with a 14-6 major decision over Army's Reid Schroeder to move to the quarters. He pinned Michigan State's Kael Wisler at the 5:33 mark to set up a semifinal bout with teammate Josh Barr. Mirasola lost a tough 11-0 bout to Barr and moved to the third-place bout. He took on No. 27 Remy Cotton of Michigan State in the third-place match and notched an impressive 8-4 win. He ended the day with a 3-0 mark, including a pin and a major (plus the Barr result in the semis).

Senior Timothy Levine took fifth at 133. Levine downed Tyler Lamon of Gardner Webb in the first round before falling 14-2 to Columbia's Boris Witmer in the quarters. After a bye in his first consor round, Levine pinned Michigan State's Andrew Hampton at the 5:15 mark to advance to the fifth-place bout. He met teammate Kyson Garcia in that match and posted a 4-1 (sv) win. He went 2-1 with a pin (plus the Garcia bout) on the day.

Red shirt freshman Kyson Garcia placed sixth at 133. Garcia opened the tournament with a hard-fought 4-1 loss to top seed No. 25 Ethan Berginc of host Army in the first round. He then rolled to a 17-2 tech fall over LIU's Jared Chuquillin in consolation action. He majored teammate Gary Steen 14-4 to set up a fifth-place bout against teammate Tim Levine. He dropped a tough 4-1 (sv) bout to his teammate in that bout. Garcia official went 1-1 with a tech fall (plus the Steen and Levine matches).

Junior Gary Steen competed at 133. Steen dropped a hard-fought 8-5 match to Gardner Webb's Takeo Davis in the opening round and fell into consolation action. He majored Gardner Webb's Tyler Lamon 11-1 to open consor action then fell 14-4 to teammate Kyson Garcia in his next bout, ending his tournament run at 1-1 with a major (not including Garcia bout).

True freshman Cael Nasdeo wrestled at 141. Nasdeo posted a quick 15-0 first period tech fall (1:41) over Ty Edwards of Gardner Webb in the opening round. He dropped a 9-4 decision to No. 29 Braden Basile of Army in the quarters fall into consolation action. He dropped a 5-2 bout to LIU's Devin Matthews and ended his tournament with a 1-2 mark.

Sophomore Connor Pierce wrestled at 149. Pierce had a first round by and then rolled to a 16-7 major decision over No. 28 Trae McDaniel of Army to advance to the quarters. Pierce lost an 8-1 decision to No. 33 Michael Cetta of Rutgers in the next round to move into consor action. He beat Army's Mason Barvitskie 8-5 in his first consor bout and then dropped a tough 10-4 bout to Binghamton's Ivan Garcia. Pierce bowed out with a 2-2 mark.

True freshman Ty Watson moved up a weight for the tournament and competed at 165. Watson lost a tough 12-2 major to No. 14 Gunner Filipowicz of host Army in the first round to drop into consolation action. Watson turned a second period reversal into a pin at 4:10 over Michigan State's Cam Adams in his first consor bout. He dropped a hard-fought 11-4 bout to Columbia's Cesar Alvin in his next match and bowed out of the tournament with a 1-2 mark, including a pin.

Mesenbrink was named the tournament's Outstanding Wrestler. Penn State won nine of the ten individual titles, sharing three of them. All 22 Nittany Lions earned victories and all but four placed at the event.

### WEIGHT-BY-WEIGHT AGATE

NOTE: RESULTS AGAINST TEAMMATES DO NOT COUNT AS WINS, LOSSES, OR TOWARDS NCAA METRICS

125: #33 Luke Lilledahl, Jr.  
Rd. 1: bye  
Qtr.: Jeffrey Jacome, Gardner Webb – W, 19-4 (TF; 5:38)  
Semi: Kurt McHenry, Penn State – W, 8-2 dec.  
Final: #21 Charlie Farmer, Army – W, 19-4 (TF; 5:13)

125: Kurt McHenry, Sr.+  
Rd. 1: bye  
Qtr.: Sulayman Bah, Columbia – W, 11-7 dec.  
Semi: #33 Luke Lilledahl, Penn State – L, 2-8 dec.  
3rd: Caleb Weiland, Michigan State – W, 13-1 maj. dec.

133: Kyson Garcia, Jr.-R.  
Rd. 1: #25 Ethan Berginc, Army – L, 1-4 dec.  
Cn. 2: Jared Chuquillin, LIU – W, 17-2 (TF; 3:43)  
Cn. 3: Gary Steen, Penn State – W, 14-4 maj. dec.  
5th: Tim Levine, Penn State – L, 1-4 (sv) dec.

133: Timothy Levine, Sr.  
Rd. 1: Tyler Lamon, Gardner Webb – W, 4-0 dec.  
Qtr.: Boris Witmer, Columbia – L, 2-14 maj. dec.  
Cn. 2: bye  
Cn. 3: Andrew Hampton, Michigan State – W-BF (5:15)  
5th: Kyson Garcia, Penn State – W, 4-1 (sv) dec.

133: Gary Steen, Jr.  
Rd. 1: bye  
Qtr.: Takeo Davis, Gardner Webb – L, 5-8 dec.  
Cn. 2: Tyler Lamon, Gardner Webb – W, 11-1 maj. dec.  
Cn. 3: Kyson Garcia, Penn State – L, 4-14 maj. dec.

141: #3 Beau Bartlett, Sr.+  
Rd. 1: Charlie Sty, Gardner Webb – W, 16-1 (TF; 3:32)  
Qtr.: Joe Fangaro, Rutgers – W, 4-1 (sv)  
Semi: Rich Treanor, Army – W, 18-3 (TF; 4:44)  
Final: #28 Todd Carter, Gardner Webb – WBF (5:57)

141: Cael Nasdeo, Jr.  
Rd. 1: Ty Edwards, Gardner Webb – W, 15-0 (TF; 1:41)  
Qtr.: #29 Braden Basile, Army – L, 4-9 dec.  
Cn. 2: Devin Matthews, LIU – L, 2-5 dec.

149: #2 Shayne Van Ness, So.  
Rd. 1: bye  
Rd. 2: Yanni Vines, Columbia – W, 18-1 (TF; 4:14)  
Qtr.: Joey Giordano, Gardner Webb – W, 15-2 maj. dec.  
Semi: Richard Fedalen, Columbia – W, 5-0  
Final: Andrew Clark, Rutgers – W, 19-4 (TF; 7:00)

149: Connor Pierce, So.  
Rd. 1: bye  
Rd. 2: #28 Trae McDaniel, Army – W, 16-7 maj. dec.  
Qtr.: #33 Michael Cetta, Rutgers – L, 1-8 dec.  
Cn. 2: Mason Barvitskie, Columbia – W, 8-5 dec.  
Cn. 3: Ivan Garcia, Binghamton – L, 4-10 dec.

157: #4 Tyler Kasak, So.  
Rd. 1: bye  
Rd. 2: Rawson Iwanicki, Columbia – W, 19-4 (TF; 6:50)  
Qtr.: Jordan Brown, Binghamton – W, 19-3 (TF; 3:55)  
Semi: Dakota Morris, Army – W, 18-5 maj. dec.  
Final: Alex Facundo, Penn State – W, 5-2 dec.

157: Alex Facundo, So.  
Rd. 1: Mason Stewart, Michigan State – W, 19-4 (TF; 3:42)  
Rd. 2: Jake Wach, Columbia – W, 21-6 (TF; 3:35)  
Qtr.: Fin Nadeau, Binghamton – W, 17-2 (TF; 7:00)  
Semi: Drew Pepin, Gardner Webb – W, 24-8 (TF; 6:17)  
Final: #4 Tyler Kasak, Penn State – L, 2-5 dec.

165: #1 Mitchell Mesenbrink, So.  
Rd. 1: Carter Baer, Binghamton – W, 18-3 (TF; 5:37)  
Qtr.: Cam Adams, Michigan State – W, 18-1 (TF; 4:01)  
Semi: #32 Tony White, Rutgers – W, 19-4 (TF; 5:46)  
Final: #14 Gunner Filipowicz, Army – W, 17-2 (TF; 4:50)

165: Ty Watson, Jr.  
Rd. 1: #14 Gunner Filipowicz, Army – L, 2-12 maj. dec.  
Cn. 2: Cam Adams, Michigan State – WBF (4:10)  
Cn. 3: Cesar Alvin, Columbia – L, 4-11 dec.

174: #2 Levi Haines, Jr.  
Rd. 1: Marty Larkin, Michigan State – WBF (4:29)  
Qtr.: Matt Romanelli, Columbia – WBF (3:36)  
Semi: Cooper Haase, Army – W, 17-1 (TF; 5:13)  
Final: Matt Lee, Penn State – No contest

174: Matt Lee, Sr.  
Rd. 1: bye  
Qtr.: Andrew Wilson, Gardner Webb – W, 17-2 (TF; 6:04)  
Semi: #31 Dalton Harkins, Army – W, 5-4 dec.  
Final: #2 Levi Haines, Penn State – No contest

184: #1 Carter Starocci, Jr.  
Rd. 1: Spencer Fine, Columbia – WBF (1:37)  
Qtr.: Cole Karpinski, Army – W, 20-3 (TF; 3:00)  
Semi: Lucas Daly, Michigan State – WBF (4:23)  
Final: Zack Ryder, Penn State – No contest

184: Zack Ryder, Jr.  
Rd. 1: Cory Thomas, Michigan State – WBF (3:43)  
Qtr.: #21 Brian Soldano, Rutgers – W, 4-2 dec.  
Semi: Shane Cartegena-Walsh, Rutgers – W, 4-1 dec.  
Final: #1 Carter Starocci, Penn State – No contest

197: #23 Josh Barr, Jr.-R.  
Rd. 1: Jack Bernik, Columbia – WBF (2:26)  
Qtr.: Josh McCutcheon, Gardner Webb – WBF (2:53)  
Semi: Connor Mirasola, Penn State – W, 11-0 maj. dec.  
Final: Lucas Cochran, Penn State – W, 10-1 maj. dec.

197: Lucas Cochran, Jr.  
Rd. 1: Mason Rebuk, Bloomsburg – WBF (3:58)  
Qtr.: Chris Murphy, Army – W, 15-0 (TF; 7:00)  
Semi: #27 Remy Cotton, Michigan State – W, 11-1 maj. dec.  
Final: #23 Josh Barr, Penn State – L, 1-10 maj. dec.

197: Connor Mirasola, Jr.  
Rd. 1: Reid Schroeder, Army – W, 14-5 maj. dec.  
Qtr.: Kael Wisler, Michigan State – WBF (5:33)  
Semi: #23 Josh Barr, Penn State – L, 0-11 maj. dec.  
3rd: #27 Remy Cotton, Michigan State – W, 8-4 dec.

285: #2 Greg Kerkvliet, Sr.  
Rd. 1: Tristen Hitchcock, Army – WBF (2:31)  
Qtr.: Billy McChesney, Columbia – WBF (1:29)  
Semi: Brady Colbert, Army – W, 15-0 (TF; 5:10)  
Final: Cole Mirasola, Penn State – No contest

285: Cole Mirasola, Jr.  
Rd. 1: bye  
Qtr.: Sam Sorenson, Army – W, 19-4 (TF; 3:28)  
Semi: Max Vanadia, Michigan State – WBF (0:32)  
Final: #1 Greg Kerkvliet, Penn State – No contest





## #1 PENN STATE 36, #14 LEHIGH 3 Sunday, Dec. 8, 2024 -- Bethlehem, Pa.

125: #16 Luke Lilledahl PSU dec. #15 Sheldon Seymour LEH, 4-1	3-0
133: #1 Ryan Crookham LEH dec. #10 Braeden Davis PSU, 4-2	3-3
141: #3 Beau Bartlett PSU dec. Carter Bailey LEH, 5-0	6-3
149: #2 Shayne Van Ness PSU maj. dec. Matt Repos LEH, 17-3	10-3
157: #4 Tyler Kasak PSU dec. Logan Rozynski LEH, 5-2	13-3
165: #1 Mitchell Mesenbrink PSU tech fall Thayne Lawrence LEH, 18-1 (TF; 4:37)	18-3
174: #2 Levi Haines PSU pinned Rylan Rogers LEH, WBF (4:12)	24-3
184: #1 Carter Starocci PSU maj. dec. Jack Wilt LEH, 15-1	27-3*
197: #23 Josh Barr PSU maj. dec. #6 Michael Beard LEH, 11-3	31-3
285: #2 Greg Kerkvliet PSU tech fall Calvin Lachman LEH, 15-0 (TF; 2:07)	36-3
* One team point deduction, unsportsmanlike conduct	
Attendance: 9,769	

The Penn State Nittany Lion wrestling team (2-0, 0-0 B1G) took down Lehigh (1-2) in a Pennsylvania intra-state dual meet on Sunday in Allentown, Pa. Penn State won nine of ten bouts in a lopsided 36-3 victory.

The dual was wrestled in Allentown's PPL Center in front of a sold-out crowd of 9,769. All rankings listed are InterMat/InterMat Tournament Power Index (TPI).

The dual began at 125. Penn State true freshman Luke Lilledahl, ranked No. 16 at 125, opened up the dual with a 4-1 win over No. 15 Sheldon Seymour, notching a late counter takedown for the victory. Sophomore Braeden Davis, ranked No. 10 at 133, battled No. 1 Ryan Crookham tough, forcing two late stalls but dropping a tough 4-2 decision.

Senior+ Beau Bartlett, ranked No. 3 at 141, gave Penn State a 6-3 lead in the dual meet with a 5-0 win over Mountain Hawk Carter Bailey, using a first period takedown, an escape and riding time to grab the victory. Sophomore Shayne Van Ness, ranked No. 2 at 149, followed that up with a strong 17-3 major decision over Matt Repos, working up five takedowns in the win. Sophomore Tyler Kasak, ranked No. 4 at 157, used a second period takedown as the edge in a hard fought 5-2 win over Logan Rozynski to close out the first half for Penn State. The Nittany Lions led 13-3 at the midway point.

Sophomore Mitchell Mesenbrink, ranked No. 1 at 165, opened up the second half for Penn State with a dominant 18-1 tech fall over Lehigh's Thayne Lawrence. Mesenbrink used three takedowns, and two four-point turns to give Penn State an 18-3 lead. Junior Levi Haines, ranked No. 1 at 174, followed that up with more bonus points. Haines turned a second period takedown into a pin, getting the fall at 4:12.

Graduate Carter Starocci, ranked No. 1 at 184, dominated Jack Wilt in the next bout. Starocci picked up four takedowns in a 15-1 major decision. Penn State lost a team point for unsportsmanlike conduct as the bout ended and the Nittany Lions led 27-3. Red shirt freshman Josh Barr, ranked No. 23 at 197, controlled No. 6 Michael Beard from start to finish at 197, rolling up three takedowns on his way to a convincing 11-3 major decision. Senior+ Greg Kerkvliet, ranked No. 2 at 285, closed out the dual meet with a first period technical fall. He took Calvin Lachman down early in the opening period and then turned him for three four-point turns to notch the 15-0 tech at 2:07. Kerkvliet's final win gave Penn State the 36-3 win.

Penn State tallied a 21-1 lead in takedowns, winning nine of ten bouts. The Nittany Lions amassed ten bonus points off a pin (Haines), two tech falls (Mesenbrink, Kerkvliet) and three majors (Van Ness, Starocci, Barr). The Nittany Lions lost one team point for the unsportsmanlike call after 184.

### DUAL MEET BOUT-BY-BOUT:

125: True freshman Luke Lilledahl, ranked No. 16 at 125, took on No. 15 Sheldon Seymour. Lilledahl worked the middle of the mat over the first minute-plus, working for position and trading shots with the Lehigh senior. Lilledahl took a series of early low shots, but Seymour stepped back from each and the bout moved to the second period tied 0-0. Lilledahl chose down to start the second period. He quickly escaped to a 1-0 lead and went to work on his feet. He continued to take fast low shots, forcing Seymour into a defensive posture as the clock hit 1:00. The period ended in neutral, and Lilledahl led 1-0 after two. Seymour chose down to start the third period and escaped to a 1-1 tie at 1:45. Riding time was not a factor. Seymour got in on a high single at the 1:15 mark but Lilledahl quickly fought off, forcing a stalemate at 1:08. Seymour connected on another high shot at :30 and Lilledahl countered the shot for a late takedown with :15 left, securing the 4-1 win.

133: Sophomore Braeden Davis, ranked No. 10 at 133, met No. 1 Ryan Crookham. Davis and Crookham battled in neutral through the 2:00 mark before Davis worked a low single into a scramble. But a potentially dangerous call forced a reset at 1:40. Davis continued to press forward, forcing a scramble. Crookham countered his way to control, rolling through for a takedown and a 3-0 lead after the opening period. Crookham chose down to start the second period and escaped to a 4-0 lead at 1:40. Davis got in on another single and Crookham worked his way to another potentially dangerous call, stopping the action at 1:00. Trailing 4-0, Davis chose down to start the third period. The sophomore escaped to a 4-1 score at 1:15. Davis forced Crookham into a stall warning at :30 as he looked to close the gap for a late takedown. He picked up a late stall point, but Crookham was able to work the sidelines and get the 4-2 win.

141: Senior+ Beau Bartlett, ranked No. 3 at 141, met Carter Bailey. Bartlett and Bailey worked in neutral though the first two minutes. Bartlett turned a low single into a scramble at the :50 mark and steadily worked his way into control and a takedown with :13 on the clock. He finished the period on top to lead 3-0 after one. Bartlett chose down to start the second period and quickly escaped to a 4-0 lead. He worked on his feet through the period, forcing Bailey into defense and led 4-0 after two. Bailey chose down to start the third period. Bartlett controlled the action on top, building up over 1:00 in riding time with strong work on top. Bartlett finished off the bout with a rideout and, with 1:54 in riding time, rolled to the 5-0 win.

149: Sophomore Shayne Van Ness, ranked No. 2 at 149, battled Matt Repos. Van Ness took a quick shot in the opening minute, but Repos was able to escape his grasp to keep the bout scoreless. Van Ness continued to press the Hawk towards the outside circle through the 1:30 mark, with a reset bringing action back to the middle of the mat. Van Ness' constant offensive pressure paid off with a takedown at the :47 mark for a 3-0 lead. Van Ness worked on top, looking to turn Repos for back points as the clock wound down. Repos was able to defend the turn, but Van Ness took a 3-0 lead into the second stanza. Van Ness chose down to start the second period and quickly escaped to a 4-0 lead. He then locked Repos' shoulders and scrambled through for a second takedown to open up a 7-0 lead at the 1:20 mark. Van Ness cut Repos loose at :30 and went back to work on offense, scrambling around the Hawk for a

third takedown and a 10-1 lead after two. Repos chose down to start the third period and Van Ness cut him loose to a 10-2 score. Repos was hit for stalling early in the third, took a slight shot at 2:00, only to have Van Ness counter for control and a 13-2 lead with another takedown. He cut Repos loose again and had a cradle locked on the edge of the mat, but Repos was able to work out of bounds for a reset with :16 left. Van Ness continued to press and picked up a final takedown. He added 1:57 in riding time and rolled to the 17-3 major.

157: Sophomore Tyler Kasak, ranked No. 4 at 157, met Logan Rozynski. Kasak quickly turned a low shot into a scramble. He pulled a fleeing Rozynski back onto the mat, but the Hawk was able to flee out of bounds and force a reset at 1:55 with no score in the books. Van Ness continued to shoot and Rozynski continued to back out of bounds as the clock hit :55. Rozynski was finally called for a first stall at :50. Kasak forced another stall and took a 1-0 lead at :13. Trailing 1-0, Rozynski chose down to start the second period and escaped to a 1-1 tie. Kasak continued to press Rozynski towards the outside circle, but Kasak was called for stalling as he pushed the Hawk out of bounds. Kasak forced a scramble at the :50 mark and steadily worked his way to control and a takedown at the :30 mark, opening up a 4-1 lead. Kasak maintained control for the rest of the period and carried that 4-1 lead into the third. Leading by three, Kasak chose down to start the third period. He was unable to escape until after a restart at the :42 mark, opening up a 5-1 lead. Kasak gave up a stall point at :14 and settled for a 5-2 win.

165: Sophomore Mitchell Mesenbrink, ranked No. 1 at 165, faced off against Thayne Lawrence. Mesenbrink scored a quick takedown just :08 into the bout to open up an early 3-0 lead. He cut Lawrence loose and quickly took him down once more for a 6-1 lead at the 1:20 mark. Mesenbrink went to work on top, building up over 1:00 in riding time while looking to turn the Mountain Hawk for back points. Lawrence was able to fight off Mesenbrink's efforts but gave up a stall warning at :20. Leading 6-1, Mesenbrink chose down to start the second period and quickly escaped to a 7-1 lead. He then turned in on a high shot and finished off the takedown to open up a 10-1 lead. He turned Lawrence to his back for four back points and a 14-1 lead at 1:00. Mesenbrink finished off the tech fall at 4:37 with another four-point turn for the 18-1 win (TF; 4:37).

174: Junior Levi Haines, ranked No. 2 at 174, met Rylan Rogers. Haines worked neutral for the opening minute before Rogers got in on a low shot, forcing a scramble until a stalemate stopped action at 1:32. Haines and Rogers traded shots late in the period. Haines turned a high single into a takedown at the :25 mark to open up a 3-0 lead. Leading by three, Haines chose down to start the second period and quickly escaped to a 4-0 score. Haines took a 7-0 lead with another high shot and then turned Rogers to his back, getting the fall at the 4:12 mark.

184: Graduate Carter Starocci, ranked No. 1 at 184, battled Jack Wilt. Starocci took a 3-0 lead early in the match with a takedown in the opening minute. After an injury timeout for Wilt, Starocci took down on the reset and escaped to a 4-0 lead with 1:38 on the clock. He then fought off a Wilt shot through the 1:15 mark and went back to work on his feet. Starocci bulled through a high shot for a second takedown and a 7-0 lead. He finished the period on top and led 7-0 after one. Starocci chose down to start the second period and quickly escaped to an 8-0 lead. Wilt turned a low shot into a scramble at 1:30 but Starocci easily forced a stalemate with 1:08 on the clock. Starocci bulled his way through a low double for a third takedown and an 11-0 lead late in the period. Trailing by 11, Wilt chose down to start the third period. Starocci worked his time edge up to 2:13 before cutting Wilt loose. With riding time clinched, Starocci continued to shoot as the clock hit :30. Starocci added a late takedown and 2:13 in riding time to roll to the 15-1 major. He was called for unsportsmanlike conduct as the bout ended (one team point deduction).

197: Red shirt freshman Josh Barr, ranked No. 23 at 197, met No. 6 Michael Beard. Barr was active in the center of the mat, setting a fast tempo through the first minute-plus with Beard. The ranked duo battled in neutral for the entirety of the opening period and moved to the second stanza knotted in a 0-0 tie. Beard chose down to start the second period and, after :20 of work, reversed Barr for a 2-0 lead. Barr worked his way to his feet for an escape and cut the lead to 2-1 at :50. Barr continued to press forward on his feet, turned a low single into a late takedown on the edge of the mat, taking a 4-2 lead into the third period. Leading by two, Barr chose down to start the third period and quickly escaped to a 5-2 lead. Barr continued to shoot, taking a low shot and picking up a second takedown to open up an 8-2 lead at 1:40. Beard worked his way to an escape at the 1:00 mark to cut the lead to 8-3. Barr moved in on a high single and took Beard down once again, opening up an 11-3 lead at :20. Barr finished the period on top and rolled to a strong 11-3 major decision over the sixth-ranked Beard.

285: Senior+ Greg Kerkvliet, ranked No. 2 at 285, met Calvin Lachman. Kerkvliet opened up a 3-0 lead early in the bout with a quick takedown. He then turned Lachman to his back for four nearfall points at 1:40 to lead 7-0. Kerkvliet reset, turned Lachman again and led 11-0 at 1:07. Kerkvliet finished off the match with a final turn and picked up the 15-0 tech fall at the 2:07 mark in the first period.

**#1 PENN STATE 54, WYOMING 0****Sunday, Dec. 15, 2024 -- Bryce Jordan Center -- University Park, Pa.**

125: #12 Luke Lilledahl PSU tech fall Jack Braman WYO, 20-5 (TF; 4:25)	5-0
133: #11 Braeden Davis PSU tech fall Stockton O'Brien WYO, 18-3 (TF; 5:27)	10-0
141: #3 Beau Bartlett PSU pinned No. 28 Cole Brooks WYO, WBF (0:47)	16-0
149: #2 Shayne Van Ness PSU pinned No. 22 Gabe Willochell WYO, WBF (4:27)	22-0
157: #4 Tyler Kasak PSU maj. dec. No. 19 Jared Hill WYO, 16-3	26-0
165: #1 Mitchell Mesenbrink PSU tech fall Cooper Voorhees WYO, 15-0 (TF; 3:17)	31-0
174: #2 Levi Haines PSU pinned Riley Davis WYO, WBF (2:25)	37-0
184: #1 Carter Starocci PSU pinned Ethan Ducca WYO, WBF (1:37)	43-0
197: #7 Josh Barr PSU pinned Brant Whitaker WYO, WBF (1:48)	49-0
285: #2 Greg Kerkvliet PSU tech fall Kevin Zimmer WYO, 20-3 (TF; 3:28)	54-0
Attendance: 7,317	

The Penn State Nittany Lion wrestling team (3-0, 0-0 B1G) shut out visiting Wyoming (2-3) 54-0 in front of over 7,300 fans in the Bryce Jordan Center. The dual, originally a sellout in Rec Hall, was moved to the Jordan Center this past Sunday due to the NCAA women's volleyball tournament being held in Rec Hall this weekend. All rankings listed are InterMat/InterMat Tournament Power Index (TPI).

The Nittany Lions won all ten bouts, all for bonus, including five pins. The shut out is the first of the season for Penn State.

The dual began at 125. Penn State true freshman Luke Lilledahl, ranked No. 12 at 125, rolled to a 20-5 technical fall over Wyoming's Jack Braman, finishing off the match in the second period at 4:25. Sophomore Braeden Davis, ranked No. 11 at 133, mirrored that tech fall next. Davis rolled to an 18-3 tech fall at 5:27 to put Penn State up 10-0 early. Senior+ Beau Bartlett, ranked No. 3 at 141, made short work of No. 28 Cole Brooks, locking the Cowboy's shoulders and getting the fast fall at 0:47 in the first period.

Sophomore Shayne Van Ness, ranked No. 2 at 149, picked up Penn State's second straight fall, pinning No. 22 Gabe Willochell at the 4:27 mark to give the Nittany Lions a 22-0 lead. Sophomore Tyler Kasak, ranked No. 4 at 157, dominated No. 19 Jared Hill in the fifth bout of the dual. Kasak used two first period takedowns and a takedown and three nearfall points in the third to roll to a 16-3 major and send Penn State into the halftime break with a 26-0 lead.

Sophomore Mitchell Mesenbrink, ranked No. 1 at 165, opened up the second half with his seventh technical fall in as many matches. Mesenbrink rolled over Cooper Voorhees, posting the 15-0 tech fall at the 3:17 mark. Junior Levi Haines, ranked No. 2 at 174, continued Penn State's dominance with the third pin of the dual. Haines got the first period pin over Riley Davis at 2:25 to put Penn State up 37-0.

Graduate Carter Starocci, ranked No. 1 at 184, picked up yet another first period fall for the Nittany Lions. The Nittany Lion graduate picked up his fall at the 1:38 mark to give Penn State a 43-0 lead. Redshirt freshman Josh Barr, ranked No. 7 at 197, picked up Penn State's third straight pin, getting another first period fall at 1:48. Senior+ Greg Kerkvliet, ranked No. 2 at 285, finished off the dual meet with a convincing 20-3 technical fall over Kevin Zimmer at the 3:28 mark. Kerkvliet's effort capped off Penn State's 54-0 shutout victory.

Penn state rolled up a gaudy 29-1 edge in takedowns. The Nittany Lions won all ten matches, picking up bonus points in each. Penn State had 24 bonus points off five pins (Bartlett, Van Ness, Haines, Starocci, Barr), four tech falls (Lilledahl, Davis, Mesenbrink, Kerkvliet) and one major (Kasak). The 54-0 win, Penn State's first shutout of the year, is the first since a 35-0 shutout at Michigan State last year on Feb. 21, 2024. The 54-point margin is the second largest in Penn State history (55-0 over Buffalo on Feb. 18, 2018).

**DUAL MEET BOUT-BY-BOUT:**

125: True freshman Luke Lilledahl, ranked No. 12 at 125, met Wyoming's Jack Braman. Lilledahl began the dual with a quick low single, finishing off the takedown at the 2:25 mark. Braman escaped after a reset and Lilledahl went right back to work on offense, notching a second takedown at 2:10 to open up a 6-1 lead. The Lion freshman let the Cowboy up at 1:45 and worked his way for a third takedown and a 9-2 lead at 1:30. Lilledahl added a fourth takedown with :30 left in the period and then finished the period on top to lead 12-3 with 1:51 in riding time after one. Braman chose down to start the second period. Lilledahl turned him for two back points, cut him, took him down, cut him once more and finished off the bout with a final takedown to post the 20-5 technical fall at the 4:25 mark.

133: Sophomore Braeden Davis, ranked No. 11 at 133, took on Stockton O'Brien. Davis took O'Brien down quickly opening up a 3-0 lead in the first minute. He dominated action on top, working to turn O'Brien for nearly a minute before O'Brien escaped to a 3-1 score. Davis turned a low shot into a second takedown with under 1:00 left in the period, finished the first on top, and led 6-1 with 1:35 in time. O'Brien chose down to start the second period and escaped to a 6-2 score. Davis quickly took the Cowboy down again and opened up a 9-2 lead. He cut O'Brien loose, moved in on offense and notched a third takedown at :22. Another rideout gave the Lion sophomore a 12-3 lead with 2:30 in time after two periods. Davis chose down to start the third period. He worked his way to a reversal, lifting O'Brien off his feet and taking him to his back for four near fall points, ending the match with an 18-3 tech fall at 5:27.

141: Senior+ Beau Bartlett, ranked No. 3 at 141, met No. 28 Cole Brooks. Bartlett ended the match quickly, working Brooks to the mat, shoulders down and getting the pin at 0:47.

149: Sophomore Shayne Van Ness, ranked No. 2 at 149, battled No. 22 Gabe Willochell. Van Ness scored quickly, opening up a 3-0 lead in the opening seconds. He cut Willochell loose and went back to work on offense. He forced a scramble at 1:20 but Willochell countered for his own takedown and a 4-3 lead. Van Ness worked his way to an escape and a 4-4 tie at :55 and then went back to work, snapping through a quick takedown and a 7-4 lead at :45. Willochell chose down to start the second period and Van Ness built his riding time up to 1:04 before the Cowboy escaped to a 7-5 score. The Lion sophomore blew through a high double and took him down to a 10-5 lead at 1:10. He worked his shoulders to the mat and finished off the fall at 4:27.

157: Sophomore Tyler Kasak, ranked No. 4 at 157, faced No. 19 Jared Hill. Kasak worked in neutral for nearly a minute before taking a 3-0 lead with a takedown on the edge of the mat. Kasak maintained control on top before cutting Hill loose to a 4-1 score. Hill gave up a penalty point with a swipe to the head and Kasak led 4-1 at 1:21. Kasak scrambled his way to a second takedown with 1:00 on the clock, opening up a 7-1 lead. Kasak put together a strong ride, finishing the period on top to lead 7-1 with 1:43 in time after one. Hill chose down to start the second period. Kasak controlled the action on until Hill escaped to a 7-2 score at 1:40. The duo worked in neutral as Kasak worked Hill backwards for the entirety of the period, forcing a first stall at :03. Leading 7-2, Kasak chose down to start the third period and quickly escaped to an 8-2 lead. He then snapped a low single, nearly taking Hill down again on the edge of the mat. But the Cowboy was able to flee the mat and forced a reset with 1:24 on the clock. Kasak countered a slight Hill shot at the 1:00 mark, took the Cowboy down on the edge of the mat turned him to his back for three nearfall points and a 14-2 lead. Kasak cut Hill loose on the reset and went back to work on his feet. Kasak picked up a stall point at :08 and, with 2:06 in riding time, rolled to the 16-3 major.

165: Sophomore Mitchell Mesenbrink, ranked No. 1 at 165, took on Cooper Voorhees. Mesenbrink scored quickly, taking Voorhees down at the 2:45 mark for an early 3-0 lead. He worked top control into over 1:00 in riding time, eventually turning the Cowboy to his shoulders. He picked up a four-point near fall the 1:00 mark to open up a 7-0 lead. Mesenbrink continued to dominate the top position, turning Voorhees for four more back points to lead 11-0 at :08. Mesenbrink chose down to start the second period, escaped to a 12-0 score, and finished off the tech fall with another takedown, winning 15-0 at 3:17.

174: Junior Levi Haines, ranked No. 2 at 174, met Riley Davis. Haines picked up the first takedown at the 1:44 mark, opening up a 3=0 lead in the center circle. He worked his way to a turn, picking up four back points to lead 7-0 at :55. He reset, then turned the Cowboy flat and picked up the first period pin at 2:25.

184: Graduate Carter Starocci, ranked No. 1 at 184, battled Ethan Ducca. Starocci took Ducca down for the opening takedown at the 2:18 mark to lead 3-0. He worked his way into a turn, rolling Ducca to his back for four back points and a 7-0 lead with 1:45 on the clock. Starocci reset, turned Ducca to his back and notched the first period pin at the 1:37 mark.

197: Redshirt freshman Josh Barr, ranked No. 7 at 197, took on Brant Whitaker. Barr took Whitaker down for a quick takedown, cut him loose and then took the Cowboy down once more to open up a 6-1 lead in the opening minute. Whitaker escaped and Barr quickly took him down again. The redshirt freshman worked Whitaker to his back for four near fall points to open up a 16-3 lead. He finished off the match with another Penn State pin, getting the fall at 1:48.

285: Senior+ Greg Kerkvliet, ranked No. 2 at 285, faced Kevin Zimmer. Kerkvliet scored first, taking Zimmer down for an early 3-1 lead. He cut the Cowboy loose and worked his offense for a second takedown and a 6-2 lead after another cut. Kerkvliet picked up a third quick takedown to lead 9-2 at 1:15 and went to work in the top position. Kerkvliet worked his riding time up to :39 before Zimmer escaped, but the Nittany Lion turned a high shot into a fourth takedown to lead 12-3 at :15. He added a late four point turn and led 16-3 after one. Zimmer chose down to start the second period and Kerkvliet quickly ended the bout, turning the Cowboy for four points, ending the 20-3 tech at 3:28.



## #1 PENN STATE 52, BINGHAMATON 0 Sunday, Dec. 22, 2024 -- Journeyman Duals -- Nashville, Tenn.

125: #12 Luke Lilledahl PSU tech fall #33 Carson Wagner BING, 19-4 (TF; 5:37)	5-0
133: #10 Braeden Davis PSU dec. Micah Roes BING, 6-0	8-0
141: #3 Beau Bartlett PSU maj. dec. Nate Lucier BING, 14-2	12-0
149: #2 Shayne Van Ness PSU pinned Caleb Sweet BING, WBF (2:49)	18-0
157: #4 Tyler Kasak PSU pinned Jordan Brown BING, WBF (3:31)	24-0
165: #1 Mitchell Mesenbrink PSU win by forfeit	30-0
174: #2 Levi Haines PSU tech fall Roberto Padilla BING, 18-0 (TF; 5:00)	35-0
184: #1 Carter Starocci PSU pinned #23 Will Ebert BING, WBF (5:55)	41-0
197: #7 Josh Barr PSU tech fall Andrew Bailey BING, 19-4 (2:40)	46-0
285: #2 Greg Kerkvliet PSU pinned Charlie Tibbits BING, WBF (1:33)	52-0

The Penn State Nittany Lion wrestling team (4-0, 0-0 B1G) shutout the Binghamton Bearcats (1-2) 52-0 in its first dual at the 2024 Journeyman Collegiate Duals in Nashville, Tenn. Penn State won all ten matches, nine for bonus, and notched its second straight shutout win. All rankings listed are InterMat/InterMat Tournament Power Index (TPI).

The dual began at 125. Penn State true freshman Luke Lilledahl, ranked No. 12 at 125, opened the dual meet by dominating No. 33 Carson Wagner. Lilledahl used six takedowns and an escape to post a 19-4 technical fall (5:37). Sophomore Braeden Davis, ranked No. 10 at 133, followed that up with a 6-0 shutout win over Binghamton's Micah Roes to give the Nittany Lions an early 8-0 lead.

Senior+ Beau Bartlett, ranked No. 3 at 141, turned four takedowns into a strong 14-2 major over Binghamton's Nate Lucier for Penn State's third straight win in the dual. Sophomore Shayne Van Ness, ranked No. 2 at 149, picked up Penn State's first pin of the day, getting a late first period fall over Caleb Sweet (2:49). Sophomore Tyler Kasak, ranked No. 4 at 157, pinned Jordan Brown early in the second period, getting the fall at 3:31, to give Penn State a 24-0 lead at the midway point of the dual.

Sophomore Mitchell Mesenbrink, ranked No. 1 at 165, received a forfeit win to put Penn State up 30-0. Junior Levi Haines, ranked No. 2 at 174, continued Penn State's bonus point barrage. Haines used two takedowns, and three four-point turns to roll to an 18-0 tech fall (5:00) over Roberto Padilla. Graduate Carter Starocci, ranked No. 1 at 184, dominated No. 23 Will Ebert, using a first period takedowns and two reversals to open up a big lead before pinning the Bearcat at the 5:55 mark to give the Nittany Lions a 41-0 lead.

Redshirt freshman Josh Barr, ranked No. 7 at 197, exploded for five first period takedowns against Andrew Bailey. Barr finished off the first period tech fall with four back points, winning 19-4 at the 2:40 mark. Senior+ Greg Kerkvliet, ranked No. 2 at 285, ended the dual meet with a first period pin of his own. Kerkvliet got the fall call over Charlie Tibbits as the 1:33 mark and the Nittany Lions posted their second straight shutout win, downing Binghamton 52-0.

Penn State owned a 25-0 lead in takedowns in the dual. The Nittany Lions won all ten bouts, including nine of ten for bonus. Penn State had 22 bonus points off a major (Bartlett), three tech falls (Lilledahl, Haines, Barr), four pins (Van Ness, Kasak, Starocci, Kerkvliet) and a forfeit win (Mesenbrink).

### DUAL MEET BOUT-BY-BOU:

125: True freshman Luke Lilledahl, ranked No. 12 at 125, took on No. 33 Carson Wagner. Lilledahl set the tempo early, taking multiple shots and working his way behind Wagner for an early 3-0 lead at the 2:24 mark. Wagner escaped to a 3-1 score at 2:00 and Lilledahl used a low single to gain control of Wagner's ankle, pulled him back into the circle, and finished off the takedown to lead 6-1 midway through the period. Lilledahl worked his time edge up over 1:00 before Wagner escaped to a 6-2 score. Lilledahl added a third takedown with :25 left in the period, finished on top, and led 9-2 after one. Lilledahl chose down to start the second period and quickly escaped to a 10-2 lead. A fourth takedown :30 into the middle stanza gave Lilledahl a 13-2 lead. Lilledahl forced a stall warning before cutting Wagner loose at the 1:00 mark. Lilledahl scrambled for another takedown late to carry a 16-3 lead with 2:23 in time into the third period. Wagner chose down to start the third and escaped to a 16-4 score. Lilledahl then ended the bout with a final takedown, posting the 19-4 technical fall at the 5:37 mark.

133: Sophomore Braeden Davis, ranked No. 10 at 133, met Micah Roes. Davis and Roes battled through the first minute in neutral, working the clock down to the 1:30 mark knotted in a scoreless tie. Davis worked to control the center of the mat, snapped Roes' shoulders and worked his way around for a takedown and a 3-0 lead at the 0:43 mark. Davis controlled the action from the top position and carried that lead into the second stanza. Leading by three, Davis chose down to start the second period. He worked his way to a seated position, scrambled for control and finished off a reversal for a 5-0 lead at the 1:20 mark. Davis once again controlled the action on top, building riding time over 1:00 while looking for a tilt. Roes fought off the turn, but Davis finished with a rideout and led 5-0 with 1:35 in time after two. Roes chose neutral to start the third period. Davis worked the center circle for over a minute. He worked his way in on a high single at the :45 mark but Roes was able to work his way out of bounds to force a reset at :28. Davis chased Roes down for the final seconds but settled for a 6-0 win with 1:35 in riding time.

141: Senior+ Beau Bartlett, ranked No. 3 at 141, battled Nate Lucier. Bartlett and Lucier worked the center of the mat through the 2:00 mark. Bartlett scored first, turning a low single into a takedown and a 3-0 lead at the 1:21 mark. Bartlett controlled action on top until cutting Lucier loose at :42. Bartlett led 3-1 after one. Leading by two, Bartlett chose down to start the second period and quickly escaped to a 4-1 lead. He countered a slight Lucier shot and scrambled to a second takedown and a 7-2 lead after a quick cut. Bartlett muscled his way to a third takedown at the 1:00 mark to lead 10-2. He worked his riding time up over 1:00 as he looked to turn Lucier for back points. The Bearcat was able to fight off the turn, but Bartlett led 10-2 with 1:39 after two. Lucier chose neutral to start the final stanza. Bartlett worked for a fourth takedown to start the third period, but Lucier's defense kept the Lion from scoring through the 1:00 mark. Bartlett forced a stall and then scrambled his way to a takedown and a 13-2 lead. He finished on top and, with 1:41 in riding time, posted the 14-2 major.

149: Sophomore Shayne Van Ness, ranked No. 2 at 149, faced Caleb Sweet. Van Ness scored quickly, taking Sweet down and nearly to his back, settling for a 3-0 lead on the takedown. He then controlled the action on top, looking to turn the Bearcat. Van Ness cut Sweet loose after a reset and then quickly moved in for a second takedown to up his lead to 6-1. Van Ness continued to work for a turn through the :30 mark with riding time pushing 2:00. Van Ness turned Sweet late and finished off the bout by pinning him at the 2:49 mark of the first period.

157: Sophomore Tyler Kasak, ranked No. 4 at 157, met Jordan Brown. Kasak controlled action early and took a 3-0 lead with a takedown at the 2:10 mark. He then went to work on top, looking to turn Brown for back points while building up his riding time. Kasak battled through the 1:00 mark, looking for back points. Brown was able to fight Kasak's turn off and a potentially dangerous stopped action at :23. Kasak ended the period on top and led 3-0 with 2:10 in time after one. Brown chose neutral to start the second period and Kasak quickly turned a high single into a takedown and a turn. He finished off the fall at 3:31.

165: Sophomore Mitchell Mesenbrink, ranked No. 1 at 165, received a forfeit victory.

174: Junior Levi Haines, ranked No. 2 at 174, met Robert Padilla. Haines worked neutral through the midway point of the first period. He turned a low shot into a brief scramble before taking a 3-0 lead with a takedown at 1:13. Haines went to work on top, looking to turn the Bearcat for back points or more Haines turned an arm bar into back points, nearly getting the fall but settling for a four-point turn and a 7-0 lead after one. Padilla chose neutral to start the second period. Haines went to work, notching a quick takedown to up his lead to 10-0. He quickly turned Padilla to his back once more, locking up near fall points to lead 14-0 at the :45 mark. Haines reset, and turned Padilla once more and ended the bout with an 18-0 tech fall at the 5:00 mark.

184: Graduate Carter Starocci, ranked No. 1 at 184, faced No. 23 Will Ebert. Starocci controlled action early in the first period, working the ranked Bearcat to the outside circle and taking a 3-0 lead with a takedown at the 1:46 mark. Starocci maintained control of Ebert after a reset, working the Bearcat wrestler back to the mat, building his riding time up over 1:00. Starocci finished the first period on top and led 3-0 with 1:46 in time after one. Starocci chose down to start the second period. He worked for a reversal early in the period, but the action was stopped on a stalemate at 1:35. Starocci forced Ebert into a stall warning at 1:10 as he battled for control and a reversal. Starocci picked up the two-point reversal at :40 to lead 5-0 and then finished the period off with a rideout. With Starocci leading 5-0, Ebert chose top to start the third period. Starocci took a 6-0 lead off another stall, quickly reversed the Bearcat for two points and then finished off the match by pinning the Bearcat at the 5:55 mark.

197: Redshirt freshman Josh Barr, ranked No. 7 at 197, took on Andrew Bailey. Barr scored quickly, taking Bailey down for an early 3-1 lead. The Nittany Lion freshman cut Bailey loose after a short ride and moved in for a second takedown and a 6-2 lead after a quick cut. Barr continued to press on offense, turning a low shot into a third takedown on the edge of the mat to open up a 9-2 lead with over 1:30 on the clock. Barr cut the Bearcat loose once more and quickly took him down again. This time he turned Bailey quickly to his back and nearly pinned him. He settled for four back points to open up a 16-3 lead. Barr cut Bailey loose late and then ended the match with a final takedown with just :20 on the clock. Barr's late score gave him the 19-4 tech fall at 2:40.

285: Senior+ Greg Kerkvliet, ranked No. 2 at 285, battled Charlie Tibbits. Kerkvliet quickly took Tibbits down for a 3-0 lead. He spent nearly a minute trying to turn Tibbits before the Bearcat scrambled to an escape. Kerkvliet wasted no time moving back in on offense, however, and took him down and to his back. Kerkvliet finished off



## #1 PENN STATE 44, #15 LITTLE ROCK 0 Sunday, Dec. 22, 2024 -- Journeyman Duals -- Nashville, Tenn.

125: #12 Luke Lilledahl PSU dec. Jaden Carson LR, 9-3	3-0
133: #10 Braeden Davis PSU dec. #5 Nassir Bailey LR, 1-0	6-0
141: #3 Beau Bartlett PSU pinned Cole Minnick LB, WBF (5:23)	12-0
149: #2 Shayne Van Ness PSU pinned #16 Jordan Williams LR, WBF (4:39)	18-0
157: #4 Tyler Kasak PSU dec. #20 Matty Bianchi LR, 4-2	21-0
165: #1 Mitchell Mesenbrink PSU tech fall #21 Joey Bianchi LR, 17-1 (TF; 5:27)	26-0
174: #2 Levi Haines PSU tech fall Kodiak Kennedy LR, 18-2 (TF; 5:33)	31-0
184: #1 Carter Starocci PSU tech fall Tristan Wills LR, 17-1 (TF; 5:37)	36-0
197: #7 Josh Barr PSU dec. #5 Stephen Little LR, 4-1 (sv)	39-0
285: #2 Greg Kerkvliet PSU tech fall Keith Miley LR, 15-0 (TF; 1:40)	44-0

The Penn State Nittany Lion wrestling team (5-0, 0-0 B1G) dominated the Little Rock Trojans (6-1) in its second of three duals at the 2024 Journeyman Collegiate Duals in Nashville, Tenn. Penn State shut out Little Rock 44-0, the third straight shutout win for the Nittany Lions. All rankings listed are InterMat/InterMat Tournament Power Index (TPI).

The dual began at 125. Penn State true freshman Luke Lilledahl, ranked No. 12 at 125, opened up the dual meet with a strong 9-3 win over Little Rock's Jaden Carson. Sophomore Braeden Davis, ranked No. 10 at 133, thrilled the partisan Penn State crowd in the next bout. Davis used a second period escape to post a thrilling 1-0 win over No. 5 Nassir Bailey, putting Penn State up 6-0. Senior+ Beau Bartlett, ranked No. 3 at 141, gave the Nittany Lions a 12-0 lead by pinning Cole Minnick at 5:23.

Sophomore Shayne Van Ness, ranked No. 2 at 149, came back from an early first period deficit against No. 16 Jordan Williams to pin the Trojan at the 4:39 mark of the second period, upping the Nittany Lion lead to 18-0. Sophomore Tyler Kasak, ranked No. 4 at 157, used a first period takedown to post a hard-fought 4-2 win over No. 20 Matty Bianchi. Penn State let Little Rock 21-0 at the midway point of the dual.

Sophomore Mitchell Mesenbrink, ranked No. 1 at 165, continued Penn State's scoreboard assault. Mesenbrink used four takedowns and a turn to roll to a 17-1 tech fall over No. 21 Joey Bianchi at 5:27. Junior Levi Haines, ranked No. 2 at 174, followed that up with another tech, using a couple takedowns and three turns to beat Kodiak Kennedy 18-2 (5:33), giving the Nittany Lions a 31-0 lead.

Graduate Carter Starocci, ranked No. 1 at 184, dominated Tristan Wills in the next match. Starocci took Wills down three times and turned him twice before posting the 17-1 tech fall at 5:37 in the third period. Redshirt freshman Josh Barr, ranked No. 7 at 197, thrilled the Penn State faithful in his match-up against No. 5 Stephen Little. Barr battled Little into extra time before ending the match with a takedown in sudden victory, winning 4-1 (sv) with just :17 on the clock. Senior+ Greg Kerkvliet, ranked No. 2 at 285, ended the dual meet with a 15-0 technical fall (1:40) over Little Rock's Keith Miley. The Nittany Lions pocketed their third straight shutout win, 44-0, and won their second in a row in Nashville.

The Nittany Lions owned an 18-2 lead in takedowns. Penn State tallied 14 bonus points off two pins (Bartlett, Van Ness) and four tech falls (Mesenbrink, Haines, Starocci, Kerkvliet).

### DUAL MEET BOUT-BY-BOUT:

125: True freshman Luke Lilledahl, ranked No. 12 at 125, took on Jaden Carson. Lilledahl countered a slight Carson shot to start the match and worked his way back to standing, looking to control the center circle. Carson countered a Lilledahl shot for a takedown of his own to open up an early 3-0 lead. Lilledahl worked his way to his feet to cut the lead to 3-1 at the 1:20 mark. Lilledahl and Carson battled in neutral through the :30 mark with Lilledahl continuing to shoot. But Carson was able to carry the 3-1 lead into the second period. Lilledahl, trailing by two, chose down to start the second and quickly reversed Carson to tie the bout 3-3. Lilledahl controlled the action on top through the 1:00 mark and forced a stall warning at :51. The Nittany Lion freshman built his riding time up over 1:00 with a strong ride and finished the period on top. Tied 3-3, Carson chose neutral to start the third period. Lilledahl continued to move forward, forcing Carson backwards, until the Lion turned a low single into a takedown and a 6-3 lead at 1:31. Lilledahl took a 7-3 lead on a second stall call and clinched his riding time point. Lilledahl picked up another stall point with :10 left and, with 3:00 in riding time, rolled to the 9-3 win.

133: Sophomore Braeden Davis, ranked No. 10 at 133, met No. 5 Nassir Bailey. Davis fought off an early Bailey shot, maintaining neutral through a quick tie-up to keep the bout scoreless at 2:25. The top ten duo then worked the center of the mat through the 2:00 mark. Davis and Bailey battled on their feet through the :30 mark and eventually to the end of the opening period. With the score tied 0-0 after one, Davis chose down to start the second period. Davis swiftly scrambled his way to an escape and a 1-0 lead just seconds into the period. Davis held good position in the center of the mat, hand fighting with Bailey through the 1:00 mark. The duo finished the period on their feet and Davis led 1-0 after two. Trailing by one, Bailey chose neutral to start the third period. Davis battled to maintain position and nearly connected on a high shot at the :55 mark. Bailey was able to step away and the duo returned to the center circle. With the clock hitting the :40 mark, Davis fought off a Bailey shot and worked the clock down to the :23 mark. Davis took a slight shot at :15, Bailey countered, and Davis did the same. Davis finished the bout in neutral and, on the power of a second period escape, posted the thrilling 1-0 win.

141: Senior+ Beau Bartlett, ranked No. 3 at 141, took on Cole Minnick. Bartlett patiently worked on his feet for the first half of the opening stanza, eventually connecting on a shot to take a 3-0 lead. The Lion built up :30 in riding time before Minnick escaped to a 3-1 score. Bartlett finished the opening period on his feet and led 3-1 after one. Minnick chose down to start the middle period and escaped to a 3-2 score. Bartlett quickly turned a low shot into a second takedown and cut to lead 6-3 at the 1:30 mark. Bartlett went back to his offense and blew through a low double leg to open up a 9-3 lead at the :45 mark. Bartlett cut Minnick loose again and finished off the period with another late takedown to lead 12-4 after two. Bartlett chose neutral to start the third period and sprawled his way to another takedown to start the period. He quickly locked Minnick's shoulders, turned him to his back, and picked up the pin at the 5:23 mark.

149: Sophomore Shayne Van Ness, ranked No. 2 at 149, battled No. 16 Jordan Williams. Williams got in deep on a shot at the 1:40 mark, forcing a scramble that wound the clock down towards the 1:00 mark before Van Ness was able to regain his feet and action resumed in neutral. Van Ness fought off another Williams shot, nearly countered for a takedown of his own, but gave up the takedown to trail 3-0 at :26. Van Ness steadily worked his way to an escape to cut the lead to 3-1 after one. Trailing by two, Van Ness chose down to start the second period. He quickly worked his way to an escape to cut the Williams lead to 3-2 at the 1:45 mark. Van Ness began to string together multiple shots, but Williams was able to push the Lion backwards through the 1:00 mark, holding on to the lead. Van Ness snapped his way to a takedown at the 1:00 mark, opening up a 5-3 lead. He then turned Williams on the edge of the mat, rolling the Trojan grappler flat and getting the fall at the 4:39 mark.

157: Sophomore Tyler Kasak, ranked No. 4 at 157, wrestled No. 20 Matty Bianchi. Kasak set the offensive tempo early in the bout, forcing Bianchi towards the outside circle. Bianchi defended a Kasak shot at the 1:50 mark, moving out of bounds and resetting the action in neutral. Kasak continued to press Bianchi backwards, chasing the Trojan down until turning a fast high double into a takedown and a 3-0 lead with :49 on the clock. Bianchi was able to scramble his way to an escape at the :25 mark, cutting Kasak's lead to 3-1. Bianchi chose down to start the second period. Kasak controlled the action through the 1:20 mark, building up over 1:00 in riding time with a strong ride. Bianchi scrambled to an escape after a reset, cutting Kasak's lead to 3-2. Kasak had 1:12 in riding time. Kasak worked neutral in the center circle for the rest of the period and led 3-2 after two. Kasak chose down to start the third period. Bianchi was able to maintain control of Kasak through the 1:40 mark, killing Kasak's time edge. Kasak escaped after a reset to a 4-2 lead at 1:32. With the clock moving below 1:00, Kasak kept the Trojan's feet touching the outside circle. Kasak maintained position in the center of the mat, fighting off late Bianchi shots as the clock hit :15. Kasak finished the bout on his feet and posted the hard-fought 4-2 win.

165: Sophomore Mitchell Mesenbrink, ranked No. 1 at 165, faced No. 21 Joey Bianchi. Mesenbrink scored first, taking Bianchi down to lead 3-1 after a quick Bianchi escaped in the first minute of the bout. Mesenbrink skipped away from a quick Bianchi shot at 1:30, moved in with a low single and took a 6-1 lead with a second takedown. Mesenbrink then went to work from the top position, building up riding time while locking up an arm bar in an effort to turn the Trojan. Bianchi fought off the back points and Mesenbrink led 6-1 with 1:19 in time after one. Mesenbrink chose down to start the second period and quickly escaped to a 7-1 lead. Mesenbrink forced Bianchi out of bounds and then scored off the reset to lead 10-1 at the 1:15 mark. Mesenbrink spent the next minute-plus trying to turn Bianchi and picked up four late back points to lead 14-1 after two. Bianchi chose neutral to start the third period. Mesenbrink ended things quickly. The Nittany Lion forced a stall warning, then ended the bout with a takedown to notch the 17-1 tech fall at 5:27.

174: Junior Levi Haines, ranked No. 2 at 174, met Kodiak Kennedy. Haines opened up an early lead, taking Kennedy down to lead 3-0. Haines went to work for back points but slipped through the move and Kennedy notched a reversal, cutting the lead to 3-2. Haines was able to escape in the latter seconds of the period and led 4-2 after one. Trailing by two, Kennedy chose down to start the second period. Haines went to work on top. The Nittany Lion junior cranked the Trojan to his back, picking up three near fall points. After potentially dangerous forced a reset, Haines went back to work on top, working Kennedy over to his back again. Haines picked up a four point turn to lead 11-2 at :20. Haines chose neutral to start the third, took Kennedy down, and then ended the match with a four-point turn, winning 18-2 at 5:33.

184: Graduate Carter Starocci, ranked No. 1 at 184, battled Tristan Wills. Starocci scored quickly, taking Wills down in the opening minute to lead 3-0. Starocci worked from the top position, building up solid riding time before cutting Wills loose to a 3-1 score at 1:04. Starocci used a high single to take Wills down again, upping his lead to 6-1 with :20 on the clock. Starocci finished the period on top and led 6-1 after one. Starocci chose down to start the second period and quickly escaped to a 7-1 lead. Wills took a solid shot at 1:30 but Starocci countered for his third takedown and led 10-1. He forced a stall warning at :42. Starocci turned Wills to his back and picked up four back points late to lead 14-1 after two. Wills chose neutral to start the third. Starocci quickly ended the match. The Nittany Lion took Wills down quickly and rolled to the 17-1 tech fall at 5:37.

197: Redshirt freshman Josh Barr, ranked No. 7 at 197, faced No. 5 Stephen Little. The ranked duo worked in neutral through the first minute, battling in the center of the mat. Little took a slight shot at 1:34 and Barr countered for control. Barr spent :30 trying to pull Little back in bounds, but the Trojan was able to force a reset out of bounds with :55 on the clock. Barr and Little finished the period in neutral and the match moved to the second knotted in a scoreless tie. Little chose down to start the second period. Little scrambled to an escape and a 1-0 lead in the opening seconds but called for injury time and went into concussion protocol at 1:50 (meaning there would be no choice on the reset). After a brief pause, action resumed with Little up by one. Barr continued to force Little backwards, working multiple shots and forcing the Trojan backwards. Little took a slight shot at :40 but Barr quickly stepped away from contact and the Nittany Lion trailed 1-0 after two. Barr chose down to start the third period and quickly escaped to a 1-1 tie. Barr battled in the middle of the mat, fighting off a Little shot at 1:15. As the clock hit :30, action remained in neutral in the center circle. Barr and Little moved to sudden victory tied 1-1. Barr shot high at 1:30 and Little was able to step away from contact. Barr forced a reset at :55 with a strong shot. Little took a strong shot that Barr fought off himself and action was reset with :32 on the clock. Barr immediately moved in on a low shot, getting control of Little's ankle. He moved forward, grabbed a second foot, and ended the bout with a takedown. Barr's late effort gave the Nittany Lion a thrilling 4-1 (sv) win over fifth-ranked Little.

285: Senior+ Greg Kerkvliet, ranked No. 2 at 285, met Keith Miley. Kerkvliet made short work of the Trojan big man. The Nittany Lion senior blew through an initial takedown, opening up a 3-0 lead early in the first period. He then settled in on offense, turning Miley for four back points to lead 7-0 early. Kerkvliet reset, turned Miley once more to lead 11-0, and reset again. Kerkvliet then ended the match early with one last four-point turn to pick up the 15-0 technical fall at 1:40.





## #1 PENN STATE 41, #8 MISSOURI 3 Sunday, Dec. 22, 2024 -- Journeyman Duals -- Nashville, Tenn.

125: #12 Luke Lilledahl PSU dec. Gage Walker UM, 5-4	3-0
133: #10 Braeden Davis PSU maj. dec. Kade Moore UM, 14-3	7-0
141: #3 Beau Bartlett PSU dec. #16 Josh Edmond UM, 4-1 (sv)	10-0
149: #2 Shayne Van Ness PSU pinned Zeke Seltzer UM, WBF (1:57)	16-0
157: #4 Tyler Kasak PSU maj. dec. James Conway UM, 11-3	20-0
165: #1 Mitchell Mesenbrink PSU win by forfeit	26-0
174: #1 Levi Haines UM dec. #2 Levi Haines PSU, 4-1 (sv)	26-3
184: #1 Carter Starocci PSU maj. dec. #10 Colton Hawks UM, 10-1	30-3
197: #7 Josh Barr PSU pinned Jesse Cassatt UM, WBF (1:45)	36-3
285: #2 Greg Kerkvliet PSU tech fall Jarrett Stoner UM, 15-0 (TF; 5:57)	41-3

The Penn State Nittany Lion wrestling team (6-0, 0-0 B1G) dominated Missouri (2-5) 41-3 in its third and final dual meet of the day at the 2024 Journeyman Collegiate Duals in Nashville, Tenn. The Nittany Lions won nine of ten bouts to sweep the three duals at the event. All rankings listed are InterMat/InterMat Tournament Power Index (TPI).

The dual began at 125. Penn State true freshman Luke Lilledahl, ranked No. 12 at 125, opened up Penn State's final dual of the day with a 5-4 win over Gage Walker. Sophomore Braeden Davis, ranked No. 10 at 133, built up over 4:00 in riding time during a convincing 14-3 major over Missouri's Kade Moore to give the Nittany Lions and early 7-0 lead. Senior+ Beau Bartlett, ranked No. 3 at 141, had to use extra time to beat No. 16 Josh Edmond. Bartlett scored early in the extra period to post the 4-1 (sv) win.

Sophomore Shayne Van Ness, ranked No. 2 at 149, continued Penn State's hot streak. Van Ness turned a first period takedown into a pin at the 1:57 mark, it was Van Ness' third pin of the day and gave the Lions a 16-0 lead. Sophomore Tyler Kasak, ranked No. 4 at 157, controlled James Conway for three periods and rolled to an 11-3 major decision to give Penn State a 20-0 lead at the midway point of the dual.

Sophomore Mitchell Mesenbrink, ranked No. 1 at 165, won by forfeit (his second of the day) and Penn State led 26-0. Junior Levi Haines, ranked No. 2 at 174, took on No. 1 Keegan O'Toole in a much-anticipated match-up. The duo battled through regulation even. A wild scramble in sudden victory ended with an O'Toole takedown, with Haines dropping the thrilling 4-1 (sv) decision.

Graduate Carter Starocci, ranked No. 1 at 184, dominated No. 10 Colton Hawks in another top ten match-up. Starocci used a six-point third period to roll to a 10-1 major with over 2:00 in riding time to put Penn State up 30-3. Redshirt freshman Josh Barr, ranked No. 7 at 197, blitzed Tiger Jesse Cassatt. Barr opened up an 11-0 lead before pinning Cassatt at the 1:45 mark. Senior+ Greg Kerkvliet, ranked No. 2 at 285, finished off Penn State's day with a final technical fall. Kerkvliet rolled to a 15-0 tech fall at the 5:57 mark over Missouri's Jarrett Stoner. The Nittany Lions won the dual 41-3, closing out the day with a third win.

Penn State owned a 15-2 takedown advantage and picked up 14 bonus points off a forfeit (Mesenbrink), two pins (Van Ness, Barr), a tech fall (Kerkvliet) and three majors (Davis, Kasak, Starocci).

### DUAL MEET BOUT-BY-BOUT:

125: True freshman Luke Lilledahl, ranked No. 12 at 125, faced Gage Walker. Lilledahl used a fast low shot to force a scramble early in the first period, but Walker was able to counter his way through for control and a 3-1 lead after a quick Lilledahl escape at 1:30. Lilledahl then moved in on offense. He shot to Walker's left leg and muscled through for a takedown and a 4-3 lead with :40 on the clock. He finished the period on top and carried that lead into the second. Walker chose down to start the second period. Walker escaped to a 4-4 tie but not until Lilledahl built his riding time up to 1:08. Lilledahl shot Walker to the outside circle for the entire second period but could not break through for a score and the match moved to the third tied 4-4. Lilledahl chose down to start the third period and quickly escaped to a 5-4 lead. Lilledahl shot Walker backwards for the first minute of the third before the Tiger took a slight shot that Lilledahl easily evaded. Action continued in neutral as the clock moved towards :30. Lilledahl finished the bout on his feet and walked away with a 5-4 win.

133: Sophomore Braeden Davis, ranked No. 10 at 133, battled Kade Moore. Moore came out quickly, trying to throw Davis off the whistle. But Davis was able to scramble out of control and return action to neutral. Davis then initiated contact, worked through a brief Moore counter, and took a 3-0 lead with the bout's first takedown at the 1:39 mark. Davis then turned Moore to his back, looking for a fall. Davis settled for four back points and finished the period on top to lead 7-0 after one. Moore chose down to start the second period. Davis controlled the action on top, building his riding time up over 2:00. Davis gave up a penalty point during his ride but maintained control of Moore through the 1:30 mark. Davis continued to work Moore to the mat, looking for back points again. Davis finished the period on top and led 7-1 after two with 3:39 in riding time. With riding time clinched, Davis chose neutral to start the third period and quickly took Moore down for a 10-1 lead. Moore escaped to a 10-2 score at 1:15. Davis scrambled behind Moore for another takedown to lead 13-3 at :45 after a Moore escape. The action ended with both wrestlers on their feet and, with 4:03 in riding time, Davis rolled to a 14-3 major.

141: Senior+ Beau Bartlett, ranked No. 3 at 141, took on No. 16 Josh Edmond. The duo worked the middle of the mat in neutral through the first two minutes. Neither wrestler was able to find a solid opening, but Bartlett was able to force a first stall warning at :50. Bartlett stepped back from an Edmond shot with :25 on the clock and the match moved to the second period tied 0-0. Bartlett chose down to start the second period and quickly escaped to a 1-0 lead. Bartlett held position in the center circle while Edmond kept his back to the outside circle as the clock moved below the 1:00 mark. Bartlett used a high double to force a scramble on the edge of the mat, shifted to a single and tried to pull Edmond back into play as the period ended. Edmond was able to defend to zeroes and Bartlett led 1-0 after two. Edmond chose down to start the third period and quickly escaped to a 1-1 tie. Bartlett continued to take shots, forcing Edmond into defense. Bartlett owned the center of the mat while Edmond kept Bartlett at arm's length defensively and the bout moved to sudden victory. Bartlett moved in quickly, taking a high shot and getting the takedown at 1:17 to post the thrilling 4-1 (sv) win.

149: Sophomore Shayne Van Ness, ranked No. 2 at 149, wrestled Zeke Seltzer. Van Ness battled through an even first minute and then took a 3-0 lead with a takedown at the 2:01 mark. Van Ness then turned Seltzer to his back, working his way to a first period pin at the 1:57 mark.

157: Sophomore Tyler Kasak, ranked No. 4 at 157, met James Conway. The duo battled through the first two minutes evenly with neither wrestler threatening. Kasak moved through a high single at 1:15, forcing a scramble in front of the Missouri bench as he tried to pull Conway back onto the mat. Kasak finished off the takedown to lead 3-0 at :46. Kasak finished the period on top, giving up one stall warning in the process, and led 3-0 with :46 in time after one. Kasak chose down to start the second period. He quickly escaped to a 4-0 lead and went back on offense. Kasak's pressure paid off as he connected on a high shot for a second takedown and a 7-0 lead with :48 left in the period. Conway scored on an escape, but Kasak continued to connect on offense as he notched another takedown late in the period and led 10-2 after two. Conway chose down to start the third period and escaped to a 10-3 score. Kasak worked the middle of the mat as Conway played defense through the 1:00 mark. Kasak fought off a late Conway shot and, with 1:17 in riding time, walked away with a strong 11-3 major decision.

165: Sophomore Mitchell Mesenbrink, ranked No. 1 at 165, won by forfeit, his second forfeit victory of the day.

174: Junior Levi Haines, ranked No. 2 at 174, took on No. 1 Keegan O'Toole. The top two wrestlers at the weight class battled in neutral through nearly 2:00 before Haines forced a scramble with a single shot at O'Toole's right leg. The Tiger was able to force a stalemate and action was reset with :45 on the clock. Haines maintained position in the center circle, but O'Toole defended throughout the rest of the period and the bout moved to the second tied 0-0. Haines chose down to start the middle stanza and quickly escaped to a 1-0 lead. O'Toole took a low shot at 1:40, Haines countered, and O'Toole skipped out of trouble to keep the bout at 1-0. The duo worked the middle of the mat through the 1:00 mark with. O'Toole got in on a high single, but Haines was able to force a stalemate with :28 left, still leading 1-0. Trailing by one, O'Toole chose down to start the third period. O'Toole turned in and muscled his way to an escape and a 1-1 tie with 1:30 left to wrestle. Haines took a low shot and worked O'Toole into a scramble that nearly ended in a takedown. But O'Toole countered his way to a stalemate with :45 on the clock. The period ended in neutral and the bout moved to extra time tied 1-1. Haines took a shot that O'Toole countered, nearly taking Haines down. Haines scrambled out of trouble, but O'Toole continued to work for the takedown. He eventually got the takedown and downed Haines 4-1 (sv) at 1:01 of extra time.

184: Graduate Carter Starocci, ranked No. 1 at 184, faced No. 10 Colton Hawks. Starocci set a high tempo to start the bout, forcing Hawks backwards as the first two minutes rolled by. Starocci's pressure led to a first stall warning and then a late takedown. Starocci led 3-0 after one. Trailing by three, Hawks chose down to start the second period. Starocci controlled the action on top. The Nittany Lion built his riding time up over 1:15. Starocci then finished off the period with a full rideout and led 3-0 with 2:18 in time after two. Starocci chose down to start the third period. He forced a stall warning for a point and then reversed Hawks to lead 6-0. He cut the Tiger loose, took him down and finished on top. With 2:33 in riding time, Starocci posted the 10-1 major decision.

197: Redshirt freshman Josh Barr, ranked No. 7 at 197, met Jesse Cassatt. Barr scored quickly, taking Cassatt down for an early 3-0 lead, adding two back points for a 5-0 lead. He cut Cassatt loose, took him down quickly and cut him once more to open up a bigger lead. Barr continued to pressure the Tiger, notching a third takedown to open up an 11-2 lead with 1:45 on the clock. He finished off the bout by turning Cassatt and pinning him at the 1:45 mark.

285: Senior+ Greg Kerkvliet, ranked No. 2 at 285, took on Jarrett Stoner. Kerkvliet battled through an even two minutes before notching his first takedown at the 1:01 mark. Kerkvliet then worked Stoner's shoulders to the mat, picking up four back points to lead 7-0 with :20 on the clock. Kerkvliet finished the period on top and led 7-0 with 1:01 in riding time after one. Stoner chose down to start the second period. Kerkvliet went to work and quickly turned him for more back points. He picked up another four-point turn and reset with 1:10 on the clock, leading 11-0. Kerkvliet forced a stall warning at :40, another at :25 to lead 12-0, and then finished the period on top to lead 12-0 with clinched riding time (3:01) after two. Kerkvliet chose neutral to start the third period. He ended the match with a takedown, rolling to a 15-0 tech fall at 5:57.

## #1 PENN STATE 55, MICHIGAN STATE 0 Friday, Jan. 10, 2025 -- Rec Hall -- University Park, Pa.

285: #2 Greg Kerkvliet PSU pinned Max Vanadia MSU, WBF (0:56) 6-0  
125: #12 Luke Lilledahl PSU tech fall Luke Corday MSU, 19-2 (TF; 6:08) 11-0  
133: #5 Braeden Davis PSU tech fall Andrew Hampton MSU, 20-5 (5:25) 16-0  
141: #3 Beau Bartlett PSU maj. dec. Jaden Crumpler MSU, 12-3 20-0  
149: #2 Shayne Van Ness PSU pinned Clayton Jones MSU, WBF (2:25) 26-0  
157: #3 Tyler Kasak PSU pinned Braden Stauffenberg MSU, WBF (3:46) 32-0  
165: #1 Mitchell Mesenbrink PSU tech fall Jay Nivison MSU, 20-5 (TF; 3:57) 37-0  
174: #2 Levi Haines PSU pinned Ceasar Garza MSU, WBF (4:13) 43-0  
184: #1 Carter Starocci PSU pinned Ryan Boucher MSU, WBF (5:48) 49-0  
197: #4 Josh Barr PSU pinned Cory Thomas MSU, WBF (2:44) 55-0  
Attendance: 6,368 (Penn State has wrestled in front of 83 straight sellouts in its last 87 home events, including 74-straight in Rec Hall and 9 of 13 in the BJC).

The Penn State Nittany Lion wrestling team (7-0, 1-0 B1G) opened up Big Ten dual meet action on Friday by shutting out Michigan State (2-2, 0-1 B1G) 55-0 in sold out Rec Hall. Penn State tallied six pins in the victory.

The shutout was the fourth of the year for Penn State and the 55-0 margin over victory tied the school record (55-0 over Buffalo on Feb. 18, 2018, in Rec Hall). Penn State held Michigan State to no takedowns in the dual meet as well.

The dual began at 285. Senior+ Greg Kerkvliet, ranked No. 2 at 285, opened up the dual meet by pinning Max Vanadia in less than a minute. Kerkvliet got the fall at 0:56 to give Penn State an early 6-0 lead. Penn State true freshman Luke Lilledahl, ranked No. 12 at 125, then rolled to a 19-2 tech fall over Luke Corday. Sophomore Braeden Davis, ranked No. 5 at 133, picked up a second straight tech for Penn State, posting a 20-5 tech at the 5:25 mark.

Senior+ Beau Bartlett, ranked No. 3 at 141, used strong second and third periods to roll to a 12-3 major decision over Jaden Crumpler to give the Nittany Lions a 20-0 lead. Sophomore Shayne Van Ness, ranked No. 2 at 149, closed out the first half with another first period fall. Van Ness pinned MSU's Clayton Jones at the 2:25 mark and the Nittany Lions lead 26-0 at halftime.

Sophomore Tyler Kasak, ranked No. 3 at 157, opened up the second half with Penn State's third fall of the dual. Kasak pinned Braden Stauffenberg at the 3:46 mark. Sophomore Mitchell Mesenbrink, ranked No. 1 at 165, put Penn State up 37-0 with a 20-5 technical fall at the 3:57 mark, notching Penn State's third tech fall of the dual.

Junior Levi Haines, ranked No. 2 at 174, turned a big lead into Penn State's fourth pin of the dual, getting the fall over Ceasar Garza at the 4:13 mark in the second period. Graduate Carter Starocci, ranked No. 1 at 184, made it five falls, pinning MSU's Ryan Boucher in the third period at 5:48. Redshirt freshman Josh Barr, ranked No. 4 at 197, wrapped up the dual meet with Penn State's sixth pin, getting the fall over Cory Thomas at the 2:44 mark. Penn State rolled to the 55-0 shutout win, picking up bonus points in each bout.

The Nittany Lions posted a 36-0 takedown margin and tallied 25 bonus points off six pins (Kerkvliet, Van Ness, Kasak, Haines, Starocci, Barr), three tech falls (Lilledahl, Davis, Mesenbrink) and a major (Bartlett).

### DUAL MEET BOUT-BY-BOUT:

285: Senior+ Greg Kerkvliet, ranked No. 2 at 285, faced Max Vanadia. Kerkvliet came out fast, taking Vanadia down quickly and releasing him twice before locking up a cradle and finishing off the match with a fast fall. He got the pin at :56.

125: True freshman Luke Lilledahl, ranked No. 12 at 125, met Nick Corday. Lilledahl worked the middle of the mat through the first minute-plus and took a 3-0 lead with a takedown at the midway point. He cut Corday loose and immediately picked up a second takedown. He finished the period on top and led 6-1 after one with 1:30 in riding time. Lilledahl chose down to start the second period. He picked up two points on three stalls, then escaped, and led 9-1 at the 1:08 mark. He notched a third takedown to open up a 12-1 lead with 1:05 left. Corday escaped to a 12-2 score and Lilledahl finished off the period with another takedown to lead 15-2 after two. Corday chose down to start the third period. Lilledahl pushed his riding time up to 2:00 while looking to turn the Spartan for back points. Lilledahl turned Corday at the 1:05 mark and ended the match with a four point turn to post the 19-2 tech fall at 6:08.

133: Sophomore Braeden Davis, ranked No. 5 at 133, took on Andrew Hampton. Davis took Hampton down quickly, opening up a 3-0 score in the opening seconds. He turned the Spartan for four quick back points and led 7-0 at the 2:25 mark. Hampton got on the board with an escape and Davis quickly took him down once more to open up a 10-2 lead after a quick MSU escape. Davis turned a scramble late in the period into another takedown to lead 13-2 at :35. Hampton notched a late escape and Davis led 13-3 after one. Hampton chose down to start the second period and escaped to a 13-4 score. Davis used a high single to take Hampton to the mat once more and lead 16-4 with 1:25 on the clock. Davis cut Hampton loose, took him down once more and led 19-5 with clinched riding time after two periods. Davis chose down to start the third period and quickly escaped to a 20-5 score, icing the tech fall at the 5:25 mark.

141: Senior+ Beau Bartlett, ranked No. 3 at 141, faced off against Jaden Crumpler. Bartlett set a fast tempo to start the bout, but Crumpler's defense kept Bartlett from scoring early. Bartlett forced a stall warning at 1:25 and Bartlett moved in on a quick high double on the reset. He forced a scramble on the Nittany Lion logo that ended in a stalemate with :40 on the clock. Bartlett was unable to break through Crumpler's defense and the match moved to the second period tied 0-0. Bartlett chose down to start the second period and quickly escaped to a 1-0 lead. He picked up a second point on a stall to lead 2-0 and continued to press Crumpler backwards as the Spartan played defense through the 1:00 mark. Bartlett took a 5-0 lead with a quick low double late in the second period. Trailing 5-0, Crumpler chose down to start the third period. Bartlett tacked on two takedowns early in the third period and lead 12-3 at the :25 mark. He finished the bout in neutral and notched the 12-3 major decision.

149: Sophomore Shayne Van Ness, ranked No. 2 at 149, met Clayton Jones. Van Ness took Jones down quickly, opening up an early 3-0 lead. Van Ness worked on top for a minute, looking to turn Jones for back points. Van Ness built up over 2:00 in riding time before cutting Jones loose to a 3-1 score. He quickly took Jones down seconds after that and led 6-1 at :45. He quickly turned Jones to his back and notched the first period fall, getting the pin at the 2:25 mark.

157: Sophomore Tyler Kasak, ranked No. 3 at 157, battled Braden Stauffenberg. Kasak scored early, opening up a 3-0 lead less than :20 into the bout. He cut Stauffenberg loose and quickly took him down again to lead 6-1 at 2:35. Kasak picked up a third takedown at the midway point of the first period and led 9-2. He worked his riding time up over 1:00 with a strong ride and cut Stauffenberg loose to a 9-3 score at :45. Kasak added a fourth takedown late in the period, finished on top, and led 12-3 with 1:54 in riding time after one. Kasak chose down to start the second period and quickly reversed the Spartan to lead 14-4 lead after a quick cut. Kasak took a 17-4 lead with a quick takedown and then wrenched the Spartan to his back for Penn State's third pin, getting the call at 3:46.

165: Sophomore Mitchell Mesenbrink, ranked No. 1 at 165, faced off against Jay Nivison. Mesenbrink notched the bout's first takedown at the 2:25 mark to lead 3-0. He worked his riding time up near 1:00, cut Nivison loose and then quickly took him down to lead 6-1. Mesenbrink cut Nivison loose again and picked up a point on stalling. He turned into a third takedown to lead 10-3 after cutting the Spartan loose one more time. Mesenbrink used a fast low shot for a fourth takedown and lead 13-3 with 1:38 in time after one. Mesenbrink picked up another stall point early in the second, took Nivison down again and cut him loose to a 17-5 score. The Nittany Lion sophomore finished off the 20-5 tech fall with a final takedown at the 3:57 mark.

174: Junior Levi Haines, ranked No. 2 at 174, met Ceasar Garza. Haines took a 3-0 lead with a takedown at the 2:02 mark. He then went to work on top, looking to turn Garza for back points. Haines forced a stall warning at 1:12 and then nearly picked up back points at :45, but Garza rolled through the move to escape. Haines quickly took Garza down a second time at :20 and finished the period on top to lead 6-1 after one. Haines chose down to start the second period and quickly escaped to a 7-1 lead. Garza got in on a low shot, forcing a scramble with 1:45 on the clock. Haines countered a slight Garza shot at 1:25 and turned it into a takedown and a 10-1 lead with 1:10 in the period. He used a bow and arrow to turn the Spartan to his back and picked up the pin at the 4:13 mark.

184: Graduate Carter Starocci, ranked No. 1 at 184, took on Ryan Boucher. Starocci fought off an early Boucher shot and then picked up the dual's first takedown with 2:16 on the clock. He turned the Spartan for four back points on the edge of the mat to open up a 7-0 lead and then reset on top in the middle of the mat after action moved out of bounds. Starocci finished the period on top and led 7-0 after one. Starocci chose down to start the second period and quickly escaped to an 8-0 lead. The Nittany Lion graduate student took Boucher down a third time to lead 11-1 after a quick cut and went back to work on his feet. He used a high double to open up a 14-1 lead but gave up a penalty point on an illegal hold to lead 14-2 after two periods. Boucher chose down to start the third period. Starocci quickly ran the Spartan to his back and picked up the fall at the 5:48 mark.

197: Redshirt freshman Josh Barr, ranked No. 4 at 197, battled Cory Thomas. Barr scored quickly, using a lightning quick shot in front of the scorers table to open up a 3-0 lead less than a minute into the bout. He built up over 1:00 in riding time, looking for a turn. Thomas was able to fight off his efforts and Barr cut him loose to a 3-1 score at :50, forcing a first stall in the process. Barr notched a second takedown at :35 to open up a 6-1 lead and then turned Thomas for the fall at the 2:44 mark.



## #1 PENN STATE 31, #4 NEBRASKA 7 Friday, Jan. 17, 2025 -- Lincoln, Neb.

174: #2 Levi Haines PSU dec. #15 Lenny Pinto NEB, 9-2	3-0
184: #1 Carter Starocci PSU maj. dec. #17 Silas Allred NEB, 11-2	7-0
197: #4 Josh Barr PSU tech fall #22 Camden McDaniel NEB, 19-4 (TF; 6:42)	12-0
285: #2 Greg Kerkvliet PSU tech fall #24 Harley Andrews NEB, 20-2 (TF; 6:12)	17-0
125: #12 Luke Lilledahl PSU dec. #6 Caleb Smith NEB, 4-2	20-0
133: #16 Jacob Van Dee NEB dec. #5 Braeden Davis PSU, 14-7	20-3
141: #3 Beau Bartlett PSU dec. #6 Brock Hardy NEB, 8-7	23-3
149: #4 Ridge Lovett NEB maj. dec. #2 Shayne Van Ness PSU, 10-2	23-7
157: #3 Tyler Kask PSU dec. #5 Antrell Taylor NEB, 9-3	26-7
165: #1 Mitchell Mesenbrink PSU tech fall #7 Bubba Wilson NEB, 20-3 (TF; 5:39)	31-7
Attendance: 6,661	

The Penn State Nittany Lion wrestling team (8-0, 2-0 B1G) rolled to a 31-7 win over homestanding Nebraska (6-2, 1-1 B1G) in its first Big Ten road dual of the season. The Nittany Lions dominated the dual from the onset in front of a record crowd of over 6,600 fans in Nebraska's Devaney Center, winning eight of ten bouts in the process.

The dual began at 174. Junior Levi Haines, ranked No. 2 at 174, got Penn State off to a hot start with a strong 9-2 win over No. 15 Lenny Pinto off two takedowns, two escapes and a riding time point. Graduate Carter Starocci, ranked No. 1 at 184, followed Haines' win up by majoring No. 17 Silas Allred, rolling to an 11-2 major decision with 2:45 in riding time to put Penn State up 7-0. Redshirt freshman Josh Barr, ranked No. 4 at 197, racked up six takedowns to post a convincing 19-4 technical fall over No. 22 Camden McDaniel at the 6:42 mark.

Senior+ Greg Kerkvliet, ranked No. 2 at 285, was equally dominant, using two takedowns and three turns (including two four-point moves in the third) to roll to a 20-2 tech fall over No. 24 Harley Andrews at 6:12. True freshman Luke Lilledahl, ranked No. 12 at 125, used a late takedown to break a 1-1 tie late in his bout with No. 6 Caleb Smith and posted a 4-2 win over the sixth-ranked Husker. Lilledahl's victory gave Penn State a 20-0 lead at halftime.

Sophomore Braeden Davis, ranked No. 5 at 133, dropped a tough 14-7 decision to No. 16 Jacob Van Dee to start the second half, cutting Penn State's lead to 20-3. Senior+ Beau Bartlett, ranked No. 3 at 141, used a last second reversal to post a thrilling 8-7 win over No. 6 Brock Hardy to give Penn State a 23-3 lead. Sophomore Shayne Van Ness, ranked No. 2 at 149, lost to No. 4 Ridge Lovett, dropping a 10-2 major.

Sophomore Tyler Kasak, ranked No. 3 at 157, used a seven-point flurry (takedown, four back points) in the first period to roll to a 9-3 win over No. 5 Antrell Taylor to give the Lions a 26-7 lead. Sophomore Mitchell Mesenbrink, ranked No. 1 at 165, closed out the dual meet by dominating No. 7 Bubba Wilson in the dual's final bout. Mesenbrink used three takedowns, and two three-point turns to roll to a 20-3 tech fall at 5:39. The Nittany Lions walked out of Devaney with a lopsided 31-7 victory.

Penn State booked a big 20-4 edge in takedowns. The Lions, winning eight of ten bouts, picked up seven bonus points off three tech falls (Barr, Kerkvliet, Mesenbrink) and a major (Starocci).

### DUAL MEET BOUT-BY-BOUT:

174: Junior Levi Haines, ranked No. 2 at 174, faced No. 15 Lenny Pinto. Haines and Pinto battled through the first :30 in neutral before Haines connected on a low single and brought action to the mat. Haines and Pinto scrambled for :35 before a stalemate stopped action. Haines sidestepped a Pinto shot at 1:20 and notched a takedown at 1:18 for a 3-0 lead. Haines controlled the action on top and worked his riding time over 1:00. He finished the period on top and led 3-0 with 1:18 in riding time after the opening stanza. Haines chose down to start the second period and quickly escaped to a 4-0 lead. Haines worked the center of the mat through the 1:00 mark and then connected on a low single at :30. Pinto fought off Haines' efforts to kill the clock and Haines led 4-0 after two. Pinto chose down to start the third period. Haines worked his riding time up over 2:00 with a strong ride, clinching the riding time point in the process. Pinto scrambled to a reversal and Haines led 5-2 at the 1:00 mark. Haines countered a late Pinto shot for a final takedown and, with 2:13 in time, posted the 9-2 win.

184: Graduate Carter Starocci, ranked No. 1 at 184, took on No. 17 Silas Allred. Starocci set a fast pace off the opening whistle, forcing Allred backwards for the opening minute-plus. Starocci chased Allred around the outside circle until turning a fast high shot into a takedown and a 3-0 lead at 1:19. Starocci worked top position, building up riding time while looking to turn the Husker for back points. Starocci spent the rest of the period in control and led 3-0 with 1:19 in riding time after the first. Allred chose down to start the second period and Starocci cut him loose at 1:34. Allred took a high single and Starocci quickly forced a stalemate. Starocci turned another low shot into a takedown to lead 6-1. He rode Allred out once more and led 6-1 with 2:36 in time after two. Starocci chose down to start the third period and quickly escaped to a 7-1 lead. Allred took a high single and Starocci countered, moved his way into control and took a 10-1 lead with a third takedown. He cut Allred loose to a 10-2 score, looking for more bonus. Starocci settled for an 11-2 major with 2:45 in riding time.

197: Redshirt freshman Josh Barr, ranked No. 4 at 197, met No. 22 Camden McDaniel. Barr, like Haines and Starocci, set a fast offensive tempo from the outside. McDaniel was able to defend Barr's early offensive efforts, and the match moved to through the 2:00 mark tied 0-0. Barr turned a high double into a scramble that McDaniel was able to turn into a stalemate with 1:20 on the clock. Barr connected on another high double and took a 3-0 lead with :17 in the period and carried that lead into the second. Barr chose down to start the second stanza, snapped behind Allred on the whistle and quickly escaped to a 4-0 lead. Barr scored quickly after a reset, taking McDaniel down again to lead 7-0 at 1:20. Barr dominated action on top, looking for a chance to turn McDaniel. He worked his riding time up over 1:00, finishing the period on top to lead 7-0 with 1:20 in time after two. McDaniel chose down to start the third and Barr cut him loose immediately. Barr took a 10-2 lead after a quick takedown and cut. Barr connected on a fast low double to lead 13-3 after another cut with 1:04 left in the match. Barr notched another takedown to lead 16-4 at :55. He finished off the 19-4 tech fall at 6:42 with his sixth takedown of the bout.

285: Senior+ Greg Kerkvliet, ranked No. 2 at 285, battled No. 24 Harley Andrews. Kerkvliet forced an early scramble, Andrews countered and Kerkvliet rolled through the move for the bout's first takedown and a 3-0 lead at 2:21. Kerkvliet immediately went to work for a pinning combination, controlling the action through the 1:00 mark. The Nittany Lion senior spent the rest of the period on top and led 3-0 with 2:21 in riding time after the opening stanza. Leading by three, Kerkvliet chose down to start the second period and quickly rolled underneath Andrews and came around for a reversal to lead 5-0. Kerkvliet picked up a stall point and turned Andrews for two back points. Andrews was able to reverse the Lion to cut the lead to 8-2 at :55. Kerkvliet escaped to a 9-2 lead after a reset at :40. Kerkvliet zipped through a low shot for a last second takedown and led 12-2 with 2:35 in time after two. Andrews chose down to start the third period. Kerkvliet turned Andrews for four back points to lead 16-2, reset and turned him one more time for another four, capping off a 20-2 tech fall at 6:12.

25: True freshman Luke Lilledahl, ranked No. 12 at 125, met graduate Caleb Smith, ranked No. 6. Lilledahl and Smith worked in neutral in the center of the mat, trading low shots on the Husker logo. The duo worked neutral through the 2:00 mark. Lilledahl took a series of fast shots that forced Smith backwards through the 1:00 mark. Lilledahl continued to snap low shots at Smith's ankles through the :45 mark. The first period ended in a 0-0 tie. Smith chose down to start the second stanza and quickly escaped to a 1-0 lead. Lilledahl continued to be the aggressor, taking shots that forced Smith into defense as the clock hit 1:00. Lilledahl took three furious shots at :20 as Smith worked to kill the clock. Trialing 1-0, Lilledahl chose down to start the third period and quickly escaped to a 1-1 tie. Lilledahl forced Smith into a stall warning at 1:20, the first of the match. Lilledahl continued to move forward and shot Smith backwards through the :50 mark. Lilledahl took a 4-1 lead with a takedown at the :15 mark and, despite a late Smith escape, notched the impressive 4-2 win over the sixth-ranked Husker.

133: Sophomore Braeden Davis, ranked No. 5 at 133, took on No. 16 Jacob Van Dee. Davis came out quickly, forcing a scramble on a quick shot but Van Dee countered for his own takedown and took Davis to his back for four back points to lead 7-1 after a Davis escape at 1:20. Davis blew through a high double to cut the lead to 7-4 at :45. Davis tried to turn Van Dee but the Husker countered for a reversal and Davis escaped before the buzzer to trail 9-5 after one. Davis chose down to start the second period. Davis worked his way to an escape, cutting the lead to 9-5 at 1:20. Davis and Van Dee worked in neutral until a reset at :31. Davis trailed 9-6 after two. Van Dee chose down to start the third period and escaped to a 10-6 lead. Davis tried to throw Van Dee at the 1:10 mark but the Husker countered the effort to lead 13-7 after a Davis escape with :55 on the clock. Van Dee was able to kill the clock, and Davis dropped a tough 14-7 decision.

141: Senior+ Beau Bartlett, ranked No. 3 at 141, took on No. 6 Brock Hardy. Bartlett used a low single to gain control of Hardy's leg and, after pulling him back towards the center of the mat, took a 3-0 lead with a takedown at 1:44. Hardy was able to reverse Bartlett to cut the lead to 3-2 at the 1:21 mark. Bartlett answered with a reversal of his own and, after a quick Hardy escape, Bartlett led 5-3 at :50. Bartlett maintained position in the center of the mat and led 5-3 after one. Bartlett chose down to start the second period and quickly escaped to a 6-3 lead. Bartlett gave up a stall warning at 1:05. The Nittany Lion continued to maintain position in the center of the mat. He took a high shot with :15 left in the period, but Hardy was able to block off the effort and kill the clock. Hardy chose down to start the third period and quickly escaped to a 6-4 Bartlett lead. Hardy notched his first takedown shortly after the escape to take a 7-6 lead. Bartlett was unable to work his way out of Hardy's control as the clock moved below the :30 mark. With time running out, Bartlett worked his way into a cradle and took an 8-7 lead with a reversal as the clock hit :07. The Nittany Lion held on to Hardy's ankle as the Husker looked to escape, finished in control and walked away with a thrilling 8-7 win.

149: Sophomore Shayne Van Ness, ranked No. 2 at 149, battled No. 4 Ridge Lovett. Van Ness nearly scored at 2:25, almost connecting on a fast single. But Lovett was able to slide out of his control to keep the match 0-0 early. Van Ness continued to push the pace, maintaining position on the Husker logo. Van Ness continued to shoot, and Lovett continued to defend through the :30 mark. Van Ness chose down to start the second period. Lovett was able to control action for :44 before Van Ness worked his way to a reversal and a 2-1 lead after a quick Lovett escape. Van Ness led 2-1 after two periods. Trailing by one, Lovett chose down to start the third stanza. He escaped to a 2-2 tie at 1:30 and then used a high double to take a 5-2 lead with 1:25 on the clock. Lovett was able to turn Van Ness for four back points to take a 9-2 lead. Lovett added a riding time point and posted the 10-2 major decision.

157: Sophomore Tyler Kasak, ranked No. 3 at 157, met No. 5 Antrell Taylor. Kasak nearly scored on an early shot, but Taylor was able to step out of bounds and force a reset in the center of the mat. Kasak continued to work in neutral and, after countering a slight Taylor shot, took the Husker down and to his back for three points and four near fall to lead 7-0 at 1:27. Taylor was able to escape at the :20 mark but Kasak had 1:02 in riding time. Kasak chose down to start the second period and quickly escaped to an 8-1 lead. He continued to pressure Taylor backwards, looking for another takedown and possible bonus points but Taylor defended his way through the period. Taylor chose down to start the third period, trailing 8-1. Kasak worked his riding time back over 1:00, nearly turning Taylor once more. He clinched riding time at the :55 mark before Taylor escaped to an 8-2 score. Kasak gave up a stall point at :25 but added 2:01 in riding time to roll to the 9-3 win.

165: Sophomore Mitchell Mesenbrink, ranked No. 1 at 165, battled No. 7 Bubba Wilson. Mesenbrink connected on a lows single in the first seconds, forcing a quick scramble. Wilson was able to defend his way out of trouble and the match continued in neutral in a scoreless tie. Mesenbrink's offence forced a stall warning at 1:40. The Nittany Lion continued to shoot, taking a 3-0 lead at 1:08 with his first takedown. Mesenbrink worked on top for the remainder of the period and carried that lead into the second period. Mesenbrink chose down to start the second period and quickly escaped to a 4-0 lead. He quickly tacked on a second takedown to open up a 7-0 lead and went to work on top. The Lion was called for a penalty point and Mesenbrink cut him loose on the reset to lead 7-2 at 1:00. Mesenbrink forced a stall and led 8-2 with the point, then moved in on a single leg, finishing off the takedown and adding three back points to lead 14-3 after two. Wilson chose down to start the third, Mesenbrink cut him and quick took him down to lead 17-3. He capped off the win, and the dual, with a three-point turn to post the 20-3 tech fall at 5:39.



## #1 PENN STATE 35, #25 RUTGERS 3 Friday, Jan. 24, 2025 -- Piscataway, N.J.

125: #19 Dean Peterson RU dec. #6 Luke Lilledahl PSU, 4-1	0-3
133: #7 Braeden Davis PSU dec. #9 Dylan Shawver RU, 2-1	3-3
141: #3 Beau Bartlett PSU dec. #14 Joesph Olivieri RU, 7-3	6-3
149: #4 Shayne Van Ness PSU tech fall Alex Nini RU, 17-2 (TF; 5:26)	11-3
157: #3 Tyler Kasak PSU dec. #31 Conner Harer RU, 4-0	14-3
165: #1 Mitchell Mesenbrink PSU tech fall #26 Anthony White RU, 19-3 (TF; 6:30)	19-3
174: #2 Levi Haines PSU dec. #22 Jackson Turley RU, 5-2	22-3
184: #1 Carter Starocci PSU tech fall #18 S.Cartagena-Walsh RU, 17-2 (TF; 6:58)	27-3
197: #4 Josh Barr PSU tech fall #16 John Poznanski RU, 22-6 (TF; 6:19)	32-3
285: #2 Greg Kerkviet PSU dec. #7 Yaraslau Slavikouski RU, 2-0	35-3
Attendance: 8,057	

The Penn State Nittany Lion wrestling team (9-0, 3-0 B1G) downed homestanding Rutgers (10-4, 2-2 B1G) 35-3 in Big Ten action Friday. Penn State rode the wave of four technical falls and won nine of the dual's ten bouts to sail to victory.

The dual was wrestled in front of a sold-out crowd in Rutgers' Jersey Mike's Arena. Penn State took care of the homestanding Knights in front of 8,057 fans.

The dual began at 125. True freshman Luke Lilledahl, ranked No. 6 at 125, lost a 4-1 decision to No. 19 Dean Peterson on a late takedown and Rutgers led 3-0 out of the gates. Sophomore Braeden Davis, ranked No. 7 at 133, used a full rideout in the second period and the riding time point that came with it to down No. 9 Dylan Shawver 2-1. With the dual tied 3-3, senior+ Beau Bartlett, ranked No. 3 at 141, used takedowns in the first and second periods to down No. 14 Joseph Olivieri 7-3 to put the Nittany Lions on top 6-3.

Sophomore Shayne Van Ness, ranked No. 4 at 149, followed that up with a 17-2 technical fall (5:26), using four takedowns and a four-point turn to roll to victory. Sophomore Tyler Kasak, ranked No. 3 at 157, used a first period takedown and 3:42 in riding time to roll to a 4-0 win over No. 31 Conner Harer and Penn State led 14-3 at halftime.

Sophomore Mitchell Mesenbrink, ranked No. 1 at 165, rolled to a 19-3 technical fall over No. 26 Anthony White to start the second half, ending the bout at 6:30. Junior Levi Haines, ranked No. 2 at 174, downed No. 22 Jackson Turley for a hard-fought 5-2 win in the next match, giving Penn State a 22-3 lead. Graduate Carter Starocci, ranked No. 1 at 184, used three takedowns and forced four stall warnings in a dominant 17-2 tech fall (6:58) over No. 18 Shane Cartagena-Walsh.

Redshirt freshman Josh Barr, ranked No. 4 at 197, dazzled in the third period in his 22-6 tech fall (6:19) over No. 16 John Poznanski. Barr scored all his points in the third, using an escape and seven takedowns in the win. Senior+ Greg Kerkviet, ranked No. 2 at 285, capped off the lopsided dual meet with a hard-fought 2-0 win over No. 7 Yaraslau Slavikouski to finish off Penn State's 35-3 win.

The Nittany Lions dominated the dual meet, posting a 24-1 takedown advantage and forcing nine stall warnings. Penn State won nine of ten bouts and picked up eight bonus points off four tech falls (Van Ness, Mesenbrink, Starocci, Barr).

### DUAL MEET BOUT-BY-BOUT:

125: True freshman Luke Lilledahl, ranked No. 6 at 125, took on No. 19 Dean Peterson. Lilledahl side-stepped an early Peterson shot, nearly connecting on a counter at 2:20. The duo worked the center of the mat through the 1:30 mark with neither wrestler connecting on low single attempts. Lilledahl began to press Peterson backwards in the final minute. After a scoreless first period, Peterson chose down to start the second stanza and quickly escaped to a 1-0 lead. Lilledahl and Peterson worked for control on the Rutgers logo, center mat, through 1:00. The first period finished in neutral, and Lilledahl trailed 1-0 after two. Lilledahl chose down to start the third period and quickly escaped to a 1-1 tie. Lilledahl took a couple low singles, forcing Peterson towards the outside circle as the clock hit :45. Peterson turned a low single into a scramble and finished off the takedown to open up a 4-1 lead at :30 and finished the period on top to post the 4-1 win.

133: Sophomore Braeden Davis, ranked No. 7 at 133, met No. 9 Dylan Shawver. Davis and Shawver battled evenly through the opening two minutes. Davis maintained position in the middle of the mat and shot Shawver back at :20. Shawver countered with a high double and Davis fought off the move to kill the clock. Tied 0-0, Shawver chose down to start the second period. Davis maintained control of Shawver through the 1:00 mark and gave up a stall warning at :35. Davis nearly turned Shawver for back points after a reset but gave up a stall point on another stall. Davis finished the rideout and trailed 1-0 but had 2:00 in riding time. Davis chose down to start the third period and quickly escaped to a 1-1 tie, still maintaining 1:40 in time. Davis connected on a single to Shawver's right thigh and worked action to the mat, Shawver scrambled through the move, but the clock hit :03 before the action was stopped. Davis, with 1:40 in riding time, posted the 2-1 win.

141: Senior+ Beau Bartlett, ranked No. 3 at 141, battled No. 14 Joseph Olivieri. Bartlett and Olivieri battled in neutral through the 1:45 mark before Bartlett connected on a low single and took a 3-1 lead after a quick RU escape. Bartlett controlled position on the Rutgers logo through the :30 mark, looking for another chance to score. Olivieri's defense held through the period and Bartlett led 3-1 after one. Trailing by two, Olivieri chose down to start the second period and escaped to a 3-2 score. Bartlett worked another low single into a takedown at the :44 mark, opening up a 6-2 lead. The Nittany Lion maintained control on top until the :16 mark before Olivieri escaped to a 6-3 score. Leading 6-3, Bartlett chose down to start the third period. He quickly escaped to a 7-3 lead and went back to work on offense. Bartlett fought off a slight Olivieri shot with 1:25 left in the bout, forcing a reset. He stepped away from a flurry of Olivieri shots as the clock hit :45. Bartlett finished the period with a late shot and the clock hit 0:00 before he could finish the move. He settled for the 7-3 win.

149: Sophomore Shayne Van Ness, ranked No. 4 at 149, faced Alex Nini. Van Ness scored first, taking Nini down at the 2:07 mark to lead 3-1 after a Nini escape. Van Ness quickly scored again to open up a 6-1 lead. Van Ness put together a strong ride, building up over 1:00 in riding time and forcing a first stall warning at :35. He finished the period on top and led 6-1 with 1:55 in time after one. Van Ness chose down to start the second period and quickly escaped to a 7-1 lead. Nini turned a low single into a scramble at 1:15. Van Ness worked his way into control of the scramble and nearly turned Nini for points but a stalemate was

called at :50. Van Ness bullied through a high double for a takedown at :30 and turned Nini for four back points to lead 14-1 after two. Nini chose down to start the third and Van Ness cut him loose to a 14-2 score. Van Ness ended the match with a takedown at 1:34 and posted the 17-2 technical fall at 5:26.

157: Sophomore Tyler Kasak, ranked No. 3 at 157, took on No. 31 Conner Harer. Kasak scored first, scrambling to a takedown and a 3-0 lead at the 1:42 mark. The Nittany Lion sophomore controlled the action on top, building up riding time through the 1:00 mark. Kasak continued to control from the top position on the outside circle and finished off the rideout to lead 3-0 with 1:42 in time after the opening period. Kasak chose neutral to start the second period. Kasak worked Harer towards the outside circle as the clock ticked past 1:00. The Nittany Lion paced on the Rutgers logo and worked on offense, but Harer defended his way through the period. Trailing 3-0, Harer chose down to start the third period and Kasak went to work on top. Kasak worked forced a stall warning at 1:30 while working for back points. With riding time clinched after a reset at 1:18, Kasak continued to work for a turn, but Harer was able to stay flat. Kasak finished the period on top and, with 3:42 in riding time, posted the strong 4-0 win.

165: Sophomore Mitchell Mesenbrink, ranked No. 1 at 165, met No. 26 Anthony White. Mesenbrink scored first, taking white down off the opening whistle to lead 3-0 just :13 into the bout. White escaped to a 3-1 score and Mesenbrink quickly took him down once more to lead 6-1 at 1:42. Mesenbrink forced a stall warning at 1:25 while trying to turn White. He turned the Knight once but White rolled through the move. Mesenbrink picked up a stall point at and two near fall points at the buzzer to lead 9-1 after one. Mesenbrink chose down to start the second period and quickly escaped to a 10-1 lead. White turned a low single into a scramble, but Mesenbrink fought off the move and eventually scrambled his way to another takedown and 13-1 lead at 1:02. Mesenbrink continued to work on offense, looking for a turn. He finished the period on top and led 13-1 with 3:22 in time after two. White chose down to start the third and Mesenbrink cut him loose to lead 16-3 at 1:20. Mesenbrink ended the match with a final takedown, rolling to a 19-3 tech fall at 6:30.

174: Junior Levi Haines, ranked No. 2 at 174, battled No. 22 Jackson Turley. Haines forced an early scramble, using a high double, eventually finishing off the takedown to lead 3-0 at 2:09. Haines built up riding time with strong work on top, looking to turn Turley. Turley worked his way to an escape at :35 and Haines led 3-1 with 1:24 in riding time after one. Haines chose down to start the second period and quickly escaped to a 4-1 lead. Haines worked the center of the mat after his escape and the clock moved past 1:00. Haines rolled through a low shot, but Turley scrambled his way out of bounds with :26 on the clock. Haines led 4-1 with 1:09 riding time after two. Turley chose down to start the third period and Haines went to work on top, adding to his riding time edge. Turley escaped to a 4-2 score and Haines had riding time clinched with 1:04 on the clock. Haines shot low at :35 but the scramble ended in potentially dangerous at :15. Haines, with 1:57, posted the 5-2 win.

184: Graduate Carter Starocci, ranked No. 1 at 184, faced No. 18 Shane Cartagena-Walsh. Starocci set a fast tempo from the start, forcing the Knight wrestler backwards through 2:00 of neutral action. He forced a first stall at :45 and then took a 3-0 lead with a takedown at :41. Starocci maintained control on top for the rest of the period and led 3-0 with :41 in time after one. Starocci chose down to start the second period and quickly escaped to a 4-0 lead. The Nittany Lion grad student continued to press the Knight backwards, keeping Cartagena-Walsh working on the outside circle through the 1:00 mark. Starocci snapped a low double into a takedown and a 7-0 lead at :22. He led 7-0 with 1:00 in riding time after another ride out heading to the third period. Cartagena-Walsh chose neutral to start the third period. Starocci picked up a third takedown and cut the Knight loose to a 10-1 lead. Starocci picked up another takedown and cut and led 14-2, then 15-2 on another stall. Starocci chased Cartagena-Walsh around for the final seconds, forcing a fourth stall call and the two points gave Starocci the 17-2 tech fall at 6:58.

197: Redshirt freshman Josh Barr, ranked No. 4 at 197, met No. 16 John Poznanski. Barr controlled the center of the mat as he battled the Rutgers senior through the opening minutes in neutral. Poznanski played defense while Barr pressed the Knight backwards as the clock hit :45. Barr worked Poznanski backwards and turned a low single into a late scoring chance, but time ran out and the bout moved to the second tied 0-0. Poznanski chose down to start the second period. Barr controlled the action on top, building up solid riding time while Poznanski tried to slide out of bounds. The Lion freshman dominated action on offense, working the clock down below 1:00. Barr finished the second on top, although he gave up one stall warning. Tied 0-0, Barr chose down to start the third period and quickly escaped to a 1-0 lead with 1:56 in time. He immediately went to work on offense and took a 4-0 lead with a takedown on the edge of the mat. Barr cut Poznanski loose, moved in on another single and opened up a 7-2 lead after another cut. Barr went on a furious run and finished off a sizzling third period with 22 points. He tallied seven takedowns and an escape in the final three minutes and posted a 22-6 tech fall at 6:19.

285: Senior+ Greg Kerkviet, ranked No. 2 at 285, battled No. 7 Yaraslau Slavikouski. The duo battled evenly over the first minute, but Kerkviet began to press on offense at 1:30. He forced Slavikouski into a stall warning at :55. The first period ended in a 0-0 tie. Kerkviet chose down to start the second period and quickly escaped to a 1-0 lead. The Nittany Lion big man held his position through the 1:00 mark, looking for an opening but Slavikouski was able to play defense and keep the bout scoreless. Kerkviet continued to shoot the Knight backwards as the clock hit :30 but settled for a 1-0 lead after two. Trailing by one, Slavikouski chose neutral to start the third period. Kerkviet moved in on offense and shot Slavikouski out of bounds for a second stall and a 2-0 lead. Rutgers challenged the stall, but it was confirmed after review. Kerkviet maintained his position on the RU logo as the clock slid through 1:00. Kerkviet finished the period in neutral and settled for a hard-fought 2-0 win.