



**THE SYKES & SABOCK CHALLENGE | FINAL TIME SCHEDULE**  
**FEBRUARY 8, 2025**

**FIELD EVENTS**

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11:00 AM	Women Long Jump (Back Runway)	Finals
11:00 AM	Men Long Jump (Front Runway)	Finals
approx. 2:00 PM	Women Triple Jump (Back Runway)	Finals
approx. 2:00 PM	Men Triple Jump (Front Runway)	Finals
11:00 AM	Women Pole Vault (Front Pit)	Finals
To Follow W PV	Men Pole Vault (Front Pit)	Finals
approx. 3:00 PM	Women High Jump	Finals
approx. 3:00 PM	Men High Jump	Finals
9:45 AM	Women Weight Throw 20 lb	Finals
approx. 11:45 AM	Men Weight Throw 35 lb	Finals
approx. 1:30 PM	Women Shot Put	Finals
approx. 3:30 PM	Men Shot Put	Finals

**TRACK EVENTS**

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10:30 AM	Mixed 3000 Meter Run & 1 Mile Run NVRC	Finals
11:30 AM	PENN STATE Senior Day presentation	
12:00 PM	Women 60 Meter Hurdles	Prelims
12:10 PM	Men 60 Meter Hurdles	Prelims
12:20 PM	Women 60 Meter Dash	Prelims
12:35 PM	Men 60 Meter Dash	Prelims
12:50 PM	Women 1 Mile Run	Finals
1:05 PM	Men 1 Mile Run	Finals
1:20 PM	Women 500 Meter Dash	Finals
1:30 PM	Men 500 Meter Dash	Finals
1:40 PM	Women 60 Meter Hurdles	Finals
1:45 PM	Men 60 Meter Hurdles	Finals
1:50 PM	Women 60 Meter Dash	Finals
1:55 PM	Men 60 Meter Dash	Finals
2:05 PM	Women 400 Meter Dash	Finals
2:20 PM	Men 400 Meter Dash	Finals
2:40 PM	Women 1000 Meter Run	Finals
2:45 PM	Men 1000 Meter Run	Finals
2:50 PM	Women 600 Meter Run	Finals
2:55 PM	Men 600 Meter Run	Finals
3:05 PM	Women 800 Meter Run	Finals
3:15 PM	Men 800 Meter Run	Finals
3:25 PM	Women 200 Meter Dash	Finals
3:50 PM	Men 200 Meter Dash	Finals
4:15 PM	Women 3000 Meter Run	Finals
4:30 PM	Men 3000 Meter Run	Finals
4:40 PM	Women 4x400 Meter Relay	Finals
4:55 PM	Men 4x400 Meter Relay	Finals