

PENN STATE VOLLEYBALL ELITE CAMP I TENTATIVE SCHEDULE

Equipment:

- Knee pads
- Volleyball or All court type shoes
- Personal water bottle
- No personal equipment will be shared during camp

Monday, July 14, 2025

9:00 a.m. – 10:00 a.m. Check-In

10:15 a.m. Meet outside dorm (dressed ready to play)

10:30 a.m. Camp Introduction

10:45 a.m. Session 1

12:15 p.m. **Lunch** (Dining Commons)

2:15 p.m. Walk to Facility

2:30 p.m. Session 2

4:30 p.m. **Dinner** (Dining Commons)

5:30 p.m. Walk to Facility

6:00 p.m. Session 3

8:45 p.m. <u>Day camper</u> pick-up – **IM Building**

Overnight Campers - walk to dorm

10:30 p.m. Lights Out

Tuesday, July 15, 2025

7:30 a.m. **Breakfast** (Dining Commons)

8:45 a.m. Walk to Facility

8:45 a.m. **Day Camper** Drop off – **IM Building**

9:00 a.m. Session 4

11:30 a.m. Penn State Campus Tour 12:00 p.m. Lunch (Dining Commons)

1:30 p.m. Walk to Facility

1:45 p.m. Session 5

4:00 p.m. Camp Closing Remarks

4:15 p.m. <u>Day camper</u> pick-up – **IM Building**

Overnight Campers - walk to dorm

4:45 p.m. Check Out, Turn in Room Key, Depart

Penn State Sport Camps Office University Park, PA 16802

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