



# PENN STATE WRESTLING

## 2025 NCAA WRESTLING TOURNAMENT GUIDE



CARTER STAROCCI **184**

PENN  
STATE



GREG KERKVLIT **285**

STATE



LEVI HAINES **174**

PENN  
STATE



MITCHELL MESENBRINK **165**

PENN  
STATE



BEAU BARTLETT **141**

PENN  
STATE

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# NOTES!

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**#1 PENN STATE NITTANY LIONS (15-0, 8-0 B1G)**  
**2025 B1G CHAMPIONS -- 2025 REGULAR SEASON CHAMPS**  
**2025 NCAA NATIONAL CHAMPIONS**

| WT   | NAME                   | EL    | HT/HS                               | REC  |
|--|------------------------|-------|-------------------------------------|------|
| 125  | #1 Luke Lilledahl      | Fr.   | Weldon Spring, Mo./Wyoming Seminary | 25-3 |
| 1X All-American (3rd, 2025)  |                        |       |                                     |      |
| 133  | #8 Braeden Davis       | So.   | Belleville, Mich./Dundee            | 17-7 |
| 1X All-American (5th, 2025)  |                        |       |                                     |      |
| 141  | #2 Beau Bartlett       | Sr.+  | Tempe, Ariz./Wyoming Seminary       | 26-2 |
| 3X All-American (3rd, 2023; 2nd, 2024; 3rd, 2025)  |                        |       |                                     |      |
| 149  | #3 Shayne Van Ness     | So.   | Somerville, N.J./Blair Academy      | 25-3 |
| 2X All-American (3rd, 2023; 3rd, 2025)   |                        |       |                                     |      |
| 157  | #1 Tyler Kasak         | So.   | Doylestown, Pa./Bethlehem Catholic  | 23-2 |
| 2X All-American (3rd, 2024/149; 3rd, 2025/157)   |                        |       |                                     |      |
| 165  | #1 Mitchell Mesenbrink | So.   | Hartland, Wis./Arrowhead            | 27-0 |
| 1X NCAA Champion (2025); 2X All-American (2nd, 2024; 1st, 2025)  |                        |       |                                     |      |
| 174  | #2 Levi Haines         | Jr.   | Arendtsville, Pa./Biglerville       | 25-2 |
| 1X NCAA Champion (2024/157) -- 3X All-American (2nd, 2023/157; 1st, 2024/157; 3rd, 2025/174)                     |                        |       |                                     |      |
| 184  | #1 Carter Starocci     | Gr.   | Erie, Pa./Cathedral Prep            | 26-0 |
| 5X NCAA Champion (2021, 2022, 2023, 2024/174; 2025, 184); 5X All-American (2021, 2022, 2023, 2024/174; 2025/184) |                        |       |                                     |      |
| 197  | #4 Josh Barr           | R-Fr. | Davison, Mich./Davison              | 20-4 |
| 1X All-American (2nd, 2025)  |                        |       |                                     |      |
| 285  | #3 Greg Kerkvliet      | Sr.+  | Inver Grove Heights, Min./Simley    | 21-3 |
| 1X NCAA Champion (2024); 5X All-American (7th, 2021; 4th, 2022; 2nd, 2023; 1st, 2024; 6th, 2025)                 |                        |       |                                     |      |

Individual rankings listed are tournament seed // Team ranking NCAA tournament finish

## 2024-25 SCHEDULE

### NOVEMBER

Sat. 16 **NWCA All-Star Classic Exhibition**  
Rec Hall  
(Beau Bartlett, 4-1 loss to Jesse Mendez; Shayne Van Ness, 16-4 maj. Ty Watters; Tyler Kasak, 4-2 dec. Peyton Keller; Levi Haines, 7-0 dec. Cade DeVos; Carter Starocci, 4-1 sv dec. Parker Keckeisen)

Sun. 17 **DREXEL, Rec Hall (B1G+)** W, 41-3

Sun. 24 at Army Black Knight Invitational (Flo)  
(Lilledahl 1st at 125; Bartlett 1st at 141; Van Ness 1st at 149; Kasak 1st at 157; Mesenbrink 1st at 165; Haines/Lee 1st at 174; Starocci/Ryder 1st at 184; Barr 1st at 197; Kerkvliet/Cole Mirasola 1st at 285)

### DECEMBER

Sun. 8 at #14 Lehigh (Flo) W, 36-3  
Sun. 15 **WYOMING, BJC (B1G+)** W, 54-0  
Sun. 22 Journeymen Collegiate Duals, Nashville, Tenn.  
22 vs. Binghamton (Rokfin) W, 52-0  
22 vs. #15 Little Rock (Rokfin) W, 44-0  
22 vs. #8 Missouri (Rokfin) W, 41-3

### JANUARY

Fri. 10 **MICHIGAN STATE\*, Rec Hall (B1GN)** W, 55-0  
Fri. 17 at #4 Nebraska\* (B1GN) W, 31-7  
Fri. 24 at #25 Rutgers\* (B1GN) W, 35-3  
Fri. 31 **#2 IOWA\*, BJC (B1GN)** W, 30-8

### FEBRUARY

Fri. 7 **#12 MICHIGAN\*, BJC (B1GN)** W, 39-0  
Sun. 9 **MARYLAND\*, Rec Hall (B1G+)** W, 35-10  
Fri. 14 at #6 Ohio State\* (B1GN) W, 27-13  
Sun. 16 at #19 Illinois\* (B1G+) W, 29-9  
Fri. 21 **AMERICAN, Rec Hall (B1G+)** W, 50-3

### MARCH

Sa.-Sn. 8-9 2025 B1G Championships, Evanston, Ill. 1st - 181.5  
(Lilledahl 1st, 125; Kasak 1st, 157; Mesenbrink 1st, 165; Haines 1st, 174; Starocci 1st, 184; Kerkvliet 2nd, 285; Bartlett 3rd, 141; Van Ness 3rd, 149; Davis 4th, 133; Barr 6th, 197)

Th.-Sa. 20-22 2025 NCAA Championships, Philadelphia 1st -- 177.0  
(Mesenbrink 1st, 165; Starocci 1st, 184; Barr 2nd, 197; Lilledahl 3rd, 125; Bartlett 3rd, 141; Van Ness 3rd, 149; Kasak 3rd, 157; Haines 3rd, 174; Davis 5th, 133; Kerkvliet 6th, 285)

\* Big Ten Dual -- Home events in CAPS -- All Times EASTERN  
Team rankings are InterMat TPI at time of dual

### THIS WEEK

Season complete :(

### UP NEXT

Season complete :(

### ON THE AIR

Television -  
Streamed TV -  
Radio online -

## THIS WEEK'S ACTION:

UNIVERSITY PARK, Pa.; April, 2025 -- REVIEW OF SESSION 6 -- The Penn State Nittany Lion wrestling team followed up clinching the NCAA team title earlier in the day by crowning two individual champions in the national finals at the 2025 NCAA Wrestling Championships. Carter Starocci and Mitchell Mesenbrink both won in the national finals while freshman Josh Barr finished as NCAA runner-up.

With the titles won by Starocci and Mesenbrink, the Nittany Lions now have 61 NCAA Champions, 40 since Sanderson's arrival as head coach (this is his 16th season at Penn State). Starocci became the first ever five-time national champion with his win. Carter Starocci was named the 2025 NCAA Wrestling Championship Outstanding Wrestler at the tournament's end and Mitchell Mesenbrink was presented with the NCAA's season-long Most Technical Falls Award.

The Nittany Lions won the team race, clinching it early Saturday morning, with 177.0 points. Penn State finished a full 60.0 points ahead of second place Nebraska's 117.0. The team point total of 177.0 is a new NCAA record, breaking the mark of 172.5, set by Penn State last year in Kansas City.

Penn State has now won 12 of the last 15 contest NCAA Championships (no event in 2020) and its fourth straight for the third time since Sanderson became head coach in April of 2009. Sanderson is now second in all-time NCAA history with 12 head coaching titles to his credit. The NCAA record is 15. The Nittany Lions have won the NCAA Championship in 2025, 2024, 2023, 2022, 2019, 2018, 2017, 2016, 2014, 2013, 2012, 2011 and 1953. Early in the tournament on Friday night, Penn State secured 10 All-Americans for the first time in school history, becoming only the second team in NCAA history to do so (Minnesota, 2001). All of Penn State's 10 All-Americans placed in the top six. The Nittany Lions now have 264 All-Americans, 101 under Sanderson in just 16 seasons.

Graduate Carter Starocci, the No. 1 seed at 184, took on No. 2 Parker Keckeisen of Northern Iowa in the first match of the championship finals. The duo worked through the first minute-plus on their feet in the center circle. Starocci gained control of Keckeisen's foot on the edge of the mat with :50 on the clock but Keckeisen was able to counter and force a stalemate at :32. The match moved to the second period tied 0-0. Starocci chose down to start the second period and quickly escaped to a 1-0 lead. The wrestlers traded shots at 1:00 but action remained in neutral. Starocci led 1-0 after two. Keckeisen chose down to start the third period and quickly escaped to a 1-1 tie. Starocci moved in on a shot in the center of the mat and worked himself into control of Keckeisen's foot. After seconds of scrambling, the Lion senior finished off the takedown with :50 on the clock to take a 4-1 lead. Northern Iowa challenged the call, but the takedown stood for Starocci. Keckeisen escaped and Starocci gave up a stall point in the final seconds. But the Lion's takedown was the difference in the 4-3 victory that allowed him to claim his fifth NCAA individual national championship. Starocci ends his historic Penn State wrestling career as the only five-time NCAA Champion in collegiate wrestling history. Starocci went 5-0 in Philadelphia this weekend and closes out his Penn State career with a 104-4 overall record.

Sophomore Mitchell Mesenbrink, the No. 1 seed at 165, met No. 3 Mikey Caliendo of Iowa in Penn State's second title bout. Mesenbrink came out and moved forward quickly, Caliendo stumbled to the mat and Mesenbrink moved on top. But the official called injury time before the action so no score was awarded. Mesenbrink chose down on the reset and quickly escaped to a 1-0 lead. The duo worked the clock down to the end of the first in neutral and Mesenbrink led 1-0 after one. Caliendo escaped to start the second period, knotting the score at 1-1. Mesenbrink chased Caliendo down for a takedown and a 4-2 lead after a quick Caliendo escape at the :45 mark. Leading 4-2, Mesenbrink chose down to start the third period. He escaped to a 5-2 lead and then fought off a high Caliendo shot with 1:05 on the clock. Mesenbrink finished tacked on one final takedown in the waning seconds and rolled to his first NCAA title with an 8-2 victory. Mesenbrink left Philadelphia as a two-time All-American and a perfect 27-0 overall record on the year.

Redshirt freshman Josh Barr, the No. 4 seed at 197, faced No. 2 Stephen Buchanan of Iowa in the final title match-up for Penn State. Barr came out fast, taking a high shot that Buchanan muscled himself away from. Barr slid away from a Buchanan shot at 1:30 and the match continued in neutral. The first period ended in a scoreless tie. Barr chose down to start the second period. Buchanan got hit with a stall at 1:35. Buchanan got hit with locked hands and Barr escaped with :54 on the clock to a 2-0 lead. Buchanan then took Barr down with a low double to lead 3-2 at :25. Barr trailed 3-2 after two and Buchanan chose down to start the third. Buchanan escaped to a 4-2 lead with 1:31 on the clock. Barr nearly connected on a low shot at 1:06 but Buchanan skipped away. Barr chased Buchanan past the :30 mark but could not catch him for a takedown and lost a tough 5-2 bout to finish as NCAA runner-up as a freshman. Barr ends the year as an All-American with a 20-6 overall record.

The Nittany Lions leave Philadelphia with 10 All-Americans for the first time, all finishing in the top six. True freshman Luke Lilledahl went 6-1 with a pin and two tech falls and placed third at 125, sophomore Braeden Davis went 5-2 with a major and a pin to finish fifth at 133, Senior+ Beau Bartlett went 5-1 with a major place third at 141, sophomore Shayne Van Ness went 5-1 with two pins and two pins to take third at 149, sophomore Tyler Kasak went 6-1 with two pins and a major to place third at 157, junior Levi Haines went 5-1 with a pin and a major to take third at 174 and senior+ Greg Kerkvliet went 3-2 with a tech fall to finish sixth at 285.

The Nittany Lions went 2-1 in the finals and leave Philadelphia with a 49-10 overall record. Penn State amassed 34.5 bonus points this weekend off 10 majors, seven tech falls and seven pins.

Sanderson's 15-year head coaching ledger for team finishes at NAAs since arriving at Penn State is as follows: 2010 (9th), 2011 (1st), 2012 (1st), 2013 (1st), 2014 (1st), 2015 (6th), 2016 (1st), 2017 (1st), 2018 (1st), 2019 (1st), 2020 (no tourn.), 2021 (2nd), 2022 (1st), 2023 (1st), 2024 (1st), 2025 (1st).

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## 2024-25 INDIVIDUAL RECORDS (AS OF 3/24/25)

| Name, Wt.                | Record |
|--------------------------|--------|
| Josh Barr, 197           | 20-4   |
| Beau Bartlett, 141       | 26-2   |
| Sam Beckett, 174         | 12-5   |
| Brian Borden, 174        | 0-0    |
| Dawson Bundy, 285        | 0-0    |
| Lucas Cochran, 197       | 4-0    |
| Hayden Cunningham, 141   | 0-0    |
| Braeden Davis, 133       | 17-7   |
| Aurelius Dunbar, 165     | 3-2    |
| David Evans, 149         | 0-0    |
| Alex Facundo, 157        | 5-0    |
| AJ Fricchione, 197       | 2-2    |
| Kyison Garcia, 133       | 2-3    |
| Erik Gibson, 174         | 0-0    |
| Levi Haines, 174         | 25-2   |
| Tyler Kasak, 149/157     | 23-2   |
| Jack Kelly, 184          | 5-4    |
| Greg Kerkvliet, 285      | 21-2   |
| Matt Lee, 174            | 2-0    |
| Timothy Levine, 141/149  | 9-10   |
| Luke Lilledahl, 125      | 25-3   |
| Kurt McHenry, 125/133    | 8-3    |
| Mitchell Mesenbrink, 165 | 27-0   |
| Cole Mirasola, 285       | 6-2    |
| Connor Mirasola, 197     | 8-0    |
| Aaron Nagao, 133         | 0-0    |
| Cael Nasdeo, 133         | 6-5    |
| Connor Pierce, 149       | 7-3    |
| Matt Rodriguez, 149      | 0-4    |
| Zack Ryder, 184          | 8-0    |
| Joe Sealey, 165          | 0-2    |
| Karl Shindledecker, 133  | 2-2    |
| Carter Starocci, 184     | 26-0   |
| Gary Steen, 133          | 3-3    |
| Shayne Van Ness, 149     | 25-3   |
| Sean Wang, 141           | 0-0    |
| Ty Watson, 157/165       | 3-4    |
| Brock Weiss, 141         | 2-2    |

*This includes records w/unattached results listed in current mark*

### PENN STATE WRESTLING STRATEGIC COMMUNICATIONS!

For more information or credentials, contact me, Pat Donghia, Penn State Wrestling SID!  
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HEAD COACH CAEL SANDERSON

THE PENN STATE YEARS

Sanderson led Penn State to a 13-6-1 dual meet record in his first season at Penn State (2009-10), much improved over the prior year's 8-12-2 mark. After a year outside the top 10, Sanderson led the Lions back to their place among the nation's elite with a ninth-place finish at the NCAA Championships and a No. 10 final dual meet ranking from the NWCA Coaches. Sanderson picked up three more All-Americans (including a national finalist) and a Big Ten Champion in younger brother, Cyler Sanderson.

In 2010-11, Sanderson reached the pinnacle of the collegiate coaching mountain by guiding Penn State through a stunning season filled with records, championships and memories that thrilled the Penn State faithful. Sanderson led the Nittany Lions to their first-ever Southern Scuffle Co-Championship and first Virginia Duals Championship since 1991. While guiding Penn State to a 6-1-1 conference mark, Sanderson equaled the highest Big Ten dual meet wins in Penn State history (1998). He led Penn State to the school's first ever Big Ten Championship and was named 2011 Big Ten Coach of the Year. He became the first coach in NCAA history to be named both the Big Ten and Big 12 Coach of the Year. Saving the best for last, he led the Nittany Lions to the 2011 NCAA National Championship in Philadelphia, Penn State's first since 1953 and Sanderson's first as a collegiate head coach.

During the 2011-12 season, the nation watched as Sanderson led Penn State to a 13-1 dual mark, including a school record 7-1 Big Ten dual record to earn a share of the 2012 Big Ten dual meet championship. Sanderson then made it two in a row by leading Penn State to the 2012 Big Ten Championship at Purdue. He was named 2012 Big Ten Coach of the Year, earning the honor for the second-straight season. Two weeks later, Sanderson led Penn State to a second-straight NCAA crown, helping Penn State to become the fifth team in NCAA history to win back-to-back titles. He was named NWCA National Coach of the Year for the second time in his career at the conclusion of the championships in Des Moines.

In 2012-13, Penn State posted an identical 13-1 mark, 7-1 Big Ten dual record and won its third-straight Big Ten Championship in Illinois in March. Sanderson earned his third-straight Big Ten Coach of the Year honor (co) in the process. Two weeks after that, Sanderson guided Penn State to a thrilling third-straight NCAA crown, helping Penn State to become just the third team in NCAA history to win three-straight team titles. At the tournament's end, he was named NWCA National Coach of the Year.

In 2013-14, Penn State went 15-1 overall and won a share of the Big Ten dual meet title with a 7-1 record. The Nittany Lions won their fourth-straight Big Ten Championship in Madison, Wisconsin, helping Sanderson win his fourth-straight Big Ten Coach of the Year honor. Two weekends later, the Nittany Lions won their fourth-straight NCAA title, becoming the third team in NCAA history to win four-straight NCAA titles.

In 2014-15, Sanderson led Penn State to an 11-4 dual meet record, a fifth-straight Southern Scuffle title, garnering five All-Americans and another individual National Champion at the NCAA Championships as Matt Brown won the 174-pound title.

In 2015-16, he added a sixth-straight Southern Scuffle championships, a third Big Ten dual meet title (co-) and the 2016 NWCA National Dual Series championship. He led Penn State to its fifth Big Ten Championship in six years in Iowa City and followed that up with his fifth NCAA National Championship in six years in New York City's Madison Square Garden.

In 2016-17, Sanderson led Penn State to its second-straight NCAA title and sixth in seven years. Penn State posted a perfect 14-0 dual meet record, won the 2017 Big Ten regular season (dual meet) title and the NWCA Dual Championship Series crown for the second-straight season. Sanderson's team posted a gaudy 35-6 record at NAAs and won five-straight individual championships to close out the national finals.

In 2017-18, Sanderson led Penn State to its seventh NCAA title in eight years and third- straight. Penn State posted a perfect 14-0 dual meet record and won the Big Ten regular season (dual meet) title yet again. Sanderson's team posted a superb 39-9 record at NAAs. Penn State ended the season riding a 45-dual win streak and set an NCAA record for attendance at an indoor dual meet with 15,998 in the BJC for a win over Iowa.

In 2018-19, Sanderson closed out a decade as Penn State's mentor by leading Penn State to its eighth NCAA title in nine years and fourth-straight for the second time in his first ten years as head coach. Penn State posted a perfect 14-0 dual meet record for the fourth-straight year, won the Big Ten regular season (dual meet) and Big Ten Tournament Championship. Sanderson's team posted a 35-11 record at NAAs and had the team title clinched before the finals began Saturday night. Penn State ended the season riding a 59-dual win streak. Sanderson was named Big Ten Coach of the Year and InterMat National Coach of the Year.

In 2019-20, the Lion mentor led the team to a 12-2 overall record and a near-perfect 8-1 Big Ten dual meet mark. Penn State dropped two duals by a total of three points. Penn State crowned two more Big Ten Champions in true freshman Aaron Brooks and senior Mark Hall. Brooks was named Big Ten Freshman of the Year. The Nittany Lions advanced seven wrestlers to the 2020 NCAA Championships before the NCAA canceled the event. The NWCA named the top eight seeds at each weight first team All-Americans after the tournament was canceled, giving Sanderson five more All-Americans.

In 2020-21, Sanderson guided Penn State through a season that was shortened and altered by the NCAA's reaction to a virus. The Nittany Lions went a perfect 6-0 in dual meets (all in the Big Ten) and earned a share of their seventh Big Ten dual meet title. Roman Bravo-Young and Aaron Brooks won Big Ten titles in the BJC and Carter Starocci was named Big Ten Freshman of the Year. Penn State took nine wrestlers to nationals and the Nittany Lions went a perfect 4-0 in the NCAA finalist in St. Louis, with Bravo-Young, Nick Lee, Starocci and Brooks all claiming their first individual titles. Freshmen Michael Beard and Greg Kerkvliet each placed seventh to give Sanderson six All-Americans for the year.

In 2021-22, the Nittany Lions roared into Detroit and claimed their ninth NCAA team title since Sanderson's arrival. Penn State, winning the 9th NCAA crown in the last 11 tournaments, brought home six All-Americans (a tournament high) and went a Penn State Perfect 5-0 in the NCAA finals (following up 2021's 4-0 run). Roman Bravo-Young, Nick Lee, Carter Starocci, Aaron Brooks and Max Dean all won individual titles while Greg Kerkvliet placed fourth. Sanderson was named 2022 NCAA Coach of the Championship by the NWCA at the conclusion of the event. The 36.5-point margin of victory over the second place team was the largest since the Lions outdistanced the field by 40 points in 2019.

In 2022-23, the Nittany Lions stormed into Tulsa, Okla., to claim their 10th NCAA title under Sanderson (and the 10th in the last 12 tournaments). The Nittany Lions crowned two more NCAA Champions (Carter Starocci and Aaron Brooks), had five NCAA finalists and eight All-Americans. Sanderson's team won the NCAA team title with 137.5 points and posted the fifth largest winning margin (55.0) in NCAA history. Penn State won the 2023 Big Ten Regular Season Championship and the 2023 Big Ten Championship by dominating the field at the Big Ten tournament in Ann Arbor. True freshman Levi Haines was named Big Ten Freshman of the Year, the third time in the last four years that a Nittany Lion has won the honor (Brooks, Starocci)

In 2023-24, Penn State produced a record-setting performance on its way to winning a third straight NCAA Championship in Kansas City. The Nittany Lions won their 11th title in the past 13 tournaments. Penn State crowned four more NCAA Champions (Levi Haines, Carter Starocci, Aaron Brooks, Greg Kerkvliet), including the school's first two four-timers (Starocci, Brooks). Penn State had eight All-Americans, six national finalists and won the team title with an NCAA record 172.5 points. The margin of victory between Penn State and the second place team (72.5) was also an all-time record (100 points). Penn State own the 2024 Big Ten Regular Season Championship and the 2024 Big Ten Championship at the Big Ten Tournament at Maryland. Mitchell Mesenbrink was named Big Ten Freshman of the Year, Aaron Brooks Big Ten Wrestler of the Year and Sanderson Big Ten Coach of the Year. After the NCAA title run, Brooks was named 2024 NCAA Most Dominant Wrestler, 2024 NCAA Championship Outstanding Wrestler and Hodge Trophy Winner.

In 2024-25, Penn State outdid its record-setting performance form a year ago, winning a fourth straight NCAA Championship in Philadelphia. The Nittany Lions won their 12th title in the past 14 tournaments. Penn State crowned two more NCAA Champions (Mitchell Mesenbrink, Carter Starocci), including the NCAA's first ever five-time Division I Champion in Carter Starocci. Penn State became only the second team in NCAA history to have 10 All-Americans in the same tournament (joining Minnesota's 2001 squad). The Nittany Lions had two NCAA Champions, three national finalists, had eight finish in the top three and all ten finish in the top six. Penn State ran away with the team title, scoring a record 177.0 points (breaking the mark PSU set the prior season). Starocci was named 2025 NCAA Championship Outstanding Wrestler and Mesenbrink won the season's NCAA Most Technical Fall Award. Two weeks prior, Penn State won the 2025 Big Ten Championship and also claimed the 2025 Big Ten Regular Season Championship after a perfect run through the dual meet season (15-0 overall, 8-0 Big Ten).

Sanderson, who concluded his 16th year as Penn State's head coach in 2024-25, has led the Nittany Lions to eight Southern Scuffle titles, ten B1G dual meet titles, nine Big Ten Championships, 12 NCAA Championships, collected 101 All-Americans, 40 National Champions, including an NCAA record-tying five in both 2017 and 2022, four Gorriaran winners, seven NCAA Tournament Outstanding Wrestlers, one CoSIDA Academic All-American of the Year, one NCAA Elite 89 winner, one NCAA Top 10 Award winner and six Hodge Trophy winners. Sanderson, who has coached 116 total All-Americans and 42 total National Champions (including his three years at Iowa State), grabbed his 200th win as Penn State's head coach in its 29-6 win at Iowa on Feb. 9, 2024, and his 100th Big Ten dual win as Penn State's mentor with a 23-14 win over Iowa in the BJC on 1/27/23.

Sanderson's Career Coaching Record

| Season   | Record   | %     | B1G Dual | B1G/B12 Trn. | NCAA      | Qual. | AA  | NC |
|--|----------|-------|----------|--------------|-----------|-------|-----|----|
| 2006-07  | 13-3-0   | .813  | ---      | 1st (B12)    | 2nd       | 10    | 4   | 1  |
| 2007-08  | 16-4-0   | .800  | ---      | 1st (B12)    | 5th       | 10    | 7   | 0  |
| 2008-09  | 15-3-0   | .833  | ---      | 1st (B12)    | 3rd       | 10    | 4   | 1  |
| 2009-10  | 13-6-1   | .675  | 5-3-0    | 5th          | 9th       | 6     | 3   | 0  |
| 2010-11  | 17-1-1   | .921  | 6-1-1    | 1st          | 1st       | 8     | 5   | 1  |
| 2011-12  | 13-1-0   | .929  | 7-1-0    | 1st          | 1st       | 9     | 6   | 3  |
| 2012-13  | 13-1-0   | .929  | 7-1-0    | 1st          | 1st       | 10    | 5   | 2  |
| 2013-14  | 15-1-0   | .938  | 7-1-0    | 1st          | 1st       | 10    | 7   | 2  |
| 2014-15  | 11-4-0   | .733  | 6-3-0    | 5th          | 6th       | 7     | 5   | 1  |
| 2015-16  | 16-0-0   | 1.000 | 9-0-0    | 1st          | 1st       | 9     | 6   | 2  |
| 2016-17  | 14-0-0   | 1.000 | 9-0-0    | 2nd          | 1st       | 9     | 6   | 5  |
| 2017-18  | 14-0-0   | 1.000 | 9-0-0    | 2nd          | 1st       | 9     | 8   | 4  |
| 2018-19  | 14-0-0   | 1.000 | 9-0-0    | 1st          | 1st       | 9     | 7   | 3  |
| 2019-20  | 12-2-0   | .857  | 8-1-0    | 4th          | #         | 7     | 5   | #  |
| 2020-21  | 6-0-0    | 1.000 | 6-0-0    | 2nd          | 2nd       | 9     | 6   | 4  |
| 2021-22  | 17-0-0   | 1.000 | 8-0-0    | 2nd          | 1st       | 9     | 6   | 5  |
| 2022-23  | 16-0-0   | 1.000 | 8-0-0    | 1st          | 1st       | 9     | 8   | 2  |
| 2023-24  | 12-0-0   | 1.000 | 8-0-0    | 1st          | 1st       | 10    | 8   | 4  |
| 2024-25  | 15-0-0   | 1.000 | 8-0-0    | 1st          | 1st       | 10    | 10  | 2  |
| Career   | 262-26-2 | .907  | 120-11-1 | 12 titles    | 12 titles | 170   | 116 | 42 |
| At Penn State  | 218-16-2 | .928  | 120-11-1 | 9 titles     | 12 titles | 140   | 101 | 40 |
| Italics are at Iowa State /// # - the 2020 NCAA championship was canceled. |          |       |          |              |           |       |     |    |





NOTES

#FUNSTATS AFTER THE 2025 NCAA CHAMPIONSHIPS

// Most Individual NCAA Titles Since 2011 -- PENN STATE 40, Cornell 14, Oklahoma State 12, Ohio State 11, Iowa 8  
// Penn State National Finalists Since 2011 -- 59  
// Penn State in NCAA Finals Since 2011 -- 40-19 (Since 2011, winning percentage in NCAA finals is .678)  
// Penn State in NCAA Semifinals Since 2011 -- 59-12 (Since 2011, winning percentage in NCAA semis is .831)  
// Penn State Team Championships Since 2011 -- 12 (of 14, no NCAA tournament in 2020)  
// Penn State Percentage of Team Titles Won Since 2011 - .857 (no NCAA tournament in 2020)  
// Penn State has 13 NCAA Championships (12 under Sanderson), third most in NCAA history  
// Penn State is the only team in the nation to win at least one individual title at EACH WEIGHT in the last decade  
// Penn State is one of only two teams in NCAA history to have five individual champions in one year TWICE.  
// Penn State is one of only two teams in NCAA history to have 10 All-Americans in one year.  
// Penn State's Cael Sanderson has won 12 NCAA titles as a coach, second most in NCAA history.

NITTANY LIONS WIN 12TH NCAA TITLE UNDER SANDERSON;  
13TH OVERALL IN SCHOOL HISTORY

The Penn State Nittany Lions crushed the field at the 2025 NCAA Wrestling Championships on March 20-22, 2025, in Philadelphia's Wells Fargo Center. Head coach Cael Sanderson led Penn State to its 12th NCAA title in the last 14 events (no tournament in 2020), moving him into second place alone on the all-time NCAA title list for head coaches (the record is 15). Penn State lapped the field, scoring an NCAA record 177.0 points (breaking the mark of 172.5 that Penn State set last year), a full 60 points ahead of second place Nebraska's 117.0. No other team was within 70 points. Penn State went 49-10 with ten majors, seven tech falls and seven pins at the event.

PENN STATE BECOMES ONLY SECOND TEAM EVER TO  
EARN 10 ALL-AMERICANS IN ONE YEAR

Penn State's record setting performance in claiming the 2025 NCAA Championship in Philadelphia was driven by a strong balanced performance from all 10 of its wrestlers at the event. All 10 Nittany Lions became All-Americans, marking only the second time in NCAA history that a team has achieved that benchmark (Minnesota, 2001). Carter Starocci and Mitchell Mesenbrink won national titles, Josh Barr was national runner-up, five Nittany Lions earned third place laurels (Luke Lilledahl, Beau Bartlett, Shayne Van Ness, Tyler Kasak, Levi Haines), Braeden Davis took fifth and Greg Kerkvliet battled through injury to a sixth place finish. All 10 Lions placed in the top six, and eight finished in the top three.

CARTER STAROCCI MAKES HISTORY AS NCAA'S  
FIRST AND ONLY 5X NATIONAL CHAMPION; NAMED O.W.

Carter Starocci made history at the 2025 NCAA Championships, becoming the NCAA's first and only five-time National Champion. Starocci dominated the field at 184, going 5-0 with two technical falls and a major to win his fifth straight crown. Starocci began the tournament with two tech falls before majoring #8 Jaxon Smith of Maryland in the quarterfinals. He followed that up with a dominant 9-3 win over #4 Dustin Plott of Oklahoma State and then downed defending 184-pound champion #2 Parker Keckeisen 4-3 in the national finals. Starocci ended the 2024-25 season with a 26-0 record and concludes his Penn State career with a 104-4 career record. He was named 2025 NCAA Championship Outstanding Wrestler at the conclusion of the tournament.

MITCHELL MESENBRINK CLAIMS 165 NATIONAL TITLE;  
WINS NCAA'S SEASON TECHNICAL FALL AWARD

Sophomore Mitchell Mesenbrink stormed through the bracket at the 2025 NCAA Championships, earning his first NCAA individual national title and second All-America honor at 165. Mesenbrink went 5-0 with two technical falls and a major to win the crown. He opened the tournament with two technical falls before shutting out #8 Cameron Amine of Oklahoma State 5-0 in the quarterfinals. He then majoring #12 Chris Minto of Nebraska 13-2 in the semifinals before rolling to an 8-2 win over #3 Mikey Callendo of Iowa in the title match. Mesenbrink ended the year with a 27-0 record and is 55-1 in his career. He had 18 tech falls this season and was presented with the NCAA's Technical Falls Award.

FRESHMAN JOSH BARR ADVANCES TO FINALS; EARNS  
NATIONAL RUNNER-UP AND ALL-AMERICA LAURELS

Redshirt freshman Josh Barr overcame a late season injury to advance to the national finals in his first trip to the NCAA Championship. Barr went 4-1 with two majors. in Philadelphia, earned National Runner-Up status and became an All-American. Barr opened the tournament with two wins before rolling to a 14-3 major over #5 Michael Beard of Lehigh in the quarterfinals. Barr then took out #1 Jacob Cardenas of Michigan 5-3 in the semifinals before losing a hard-fought 5-2 match to #2 Stephen Buchanan of Iowa in the finals. Barr ended the 2024-25 season with a 20-4 overall record.

ALL-AMERICANS LILLED AHL, BARTLETT, VAN NESS, KASAK,  
HAINES GIVE PENN STATE FIVE THIRD PLACE FINISHERS

Penn State clinched the 2025 NCAA crown early in the day Saturday at the start of a stellar fifth session on March 22. Penn State posted a stellar 11-2 overall record among seven All-Americans (with one included loss an injury default). Five of those seven wrestlers went 2-0 to place third. True freshman Luke Lilledahl capped off a 6-1 run at his first tournament with a third place finish at 125. Lilledahl had two tech falls and a pin. He ended the tournament by pinning #2 Matt Ramos of Purdue (6:18) in the third place match. Lilledahl went 25-3 as a true freshman. Beau Bartlett capped off a stellar Penn State career as a three-time All-American with another third place finish at 141. Bartlett went 5-1 overall, including an 11-2 major over #10 CJ Composto of Penn in the third place bout. Bartlett went 26-2 this season and leaves Penn State with a 100-20 career record. Sophomore Shayne Van Ness became a two-time All-American with another third place finish at 149. Van Ness went 5-1 with two pins and two majors, including a Saturday pin over #12 Ethan Stiles of Oregon State (1:06) and a 15-4 major over #13 Dylan D'Emilio of Ohio State in the third place match. Van Ness ended the season with a 25-3 record. Sophomore Tyler Kasak became a two-time All-American with a second straight third place finish, this time up at 157. Kasak went 6-1 with two pins and a major, the major coming in the third place bout (an 8-0 win over #20 Trevor Chumbley of Northwestern). Kasak went 23-2 this year. Junior Levi Haines became a three-time All-American with a third place finish up two weights at 174. Haines had a pin and a major, with the major coming in the third place bout, an 11-3 win over #11 Patrick Kennedy of Iowa. Haines went 25-2 this past season.

2024-25 BIG TEN STANDINGS  
(FINAL as of 2/24/25)

| Pl. | Team                     | Big Ten<br>W-L-T | PCT          | Overall<br>W-L-T | PCT          |
|-----|--------------------------|------------------|--------------|------------------|--------------|
| 1.  | <b>PENN STATE # \$ *</b> | <b>8-0-0</b>     | <b>1.000</b> | <b>15-0-0</b>    | <b>1.000</b> |
| 2.  | Iowa                     | 7-1-0            | .875         | 14-1-0           | .933         |
| 3.  | Minnesota                | 6-2-0            | .750         | 10-2-0           | .833         |
|     | Nebraska                 | 6-2-0            | .750         | 11-3-0           | .786         |
| 5.  | Ohio State               | 5-3-0            | .625         | 13-3-0           | .812         |
|     | Rutgers                  | 5-3-0            | .625         | 14-5-0           | .737         |
| 7.  | Illinois                 | 4-4-0            | .500         | 9-4-0            | .692         |
| 8.  | Indiana                  | 3-5-0            | .375         | 8-5-0            | .615         |
|     | Maryland                 | 3-5-0            | .375         | 9-10-0           | .474         |
|     | Michigan                 | 3-5-0            | .375         | 7-5-0            | .583         |
|     | Purdue                   | 3-5-0            | .375         | 10-6-0           | .625         |
| 12. | Northwestern             | 2-6-0            | .250         | 4-7-0            | .364         |
| 13. | Wisconsin                | 1-7-0            | .125         | 5-12-0           | .294         |
| 14. | Michigan State           | 0-8-0            | .000         | 4-10-0           | .386         |

# 2025 Big Ten Regular Season Champions

\$ Big Ten Champions

\* NCAA National Champions

BIG TEN WRESTLERS  
OF THE WEEK

|       |                                 |
|-------|---------------------------------|
| 11/5  | Joseph Walker, Michigan         |
| 11/14 | Matt Ramos, Purdue              |
| 11/21 | Ridge Lovett, Nebraska          |
| 11/27 | MITCHELL MESENBRINK, PENN STATE |
| 12/5  | Max McEnally, Minnesota         |
| 12/12 | Antrell Taylor, Nebraska        |
|       | Matt Ramos, Purdue              |
| 12/18 | BEAU BARTLETT, PENN STATE       |
| 12/25 | Jesse Mendez, Ohio State        |
| 1/8   | Kyle Parco, Iowa                |
| 1/15  | GREG KERKVLIT, PENN STATE       |
|       | Jaxon Smith, Maryland           |
| 1/22  | Drake Ayala, Iowa               |
|       | Ridge Lovett, Nebraska          |
| 1/29  | Lucas Byrd, Illinois            |
|       | Dean Peterson, Rutgers          |
| 2/5   | TYLER KASAK, PENN STATE         |
| 2/12  | Gable Steveson, Minnesota       |
| 2/19  | BEAU BARTLETT, PENN STATE       |
| 2/26  | Angelo Ferrari, Iowa            |

BIG TEN FRESHMEN  
OF THE WEEK

|       |                             |
|-------|-----------------------------|
| 11/5  | Ben Davino, Ohio State      |
| 11/12 | Kannon Webster, Illinois    |
|       | Max McEnally, Minnesota     |
|       | Charlie Millard, Minnesota  |
| 11/21 | Brock Mantonona, Michigan   |
| 11/27 | Max McEnally, Minnesota     |
| 12/5  | JOSH BARR, PENN STATE       |
| 12/12 | LUKE LILLED AHL, PENN STATE |
| 12/18 | JOSH BARR, PENN STATE       |
| 12/25 | ZACK RYDER, PENN STATE      |
| 1/8   | Christopher Minto, Nebraska |
| 1/15  | Beau Mantonona, Michigan    |
| 1/22  | Christopher Minto, Nebraska |
| 1/29  | LUKE LILLED AHL, PENN STATE |
| 2/5   | JOSH BARR, PENN STATE       |
| 2/12  | Max McEnally, Minnesota     |
| 2/19  | Angelo Ferrari, Iowa        |
| 2/26  |                             |



## DAVIS AND KERKVLiet ROUND OUT PENN STATE'S 10 ALL-AMERICA PERFORMERS

Sophomore Braeden Davis and senior Greg Kerkvliet earned All-America laurels for Penn State to help drive the Nittany Lions' record-setting performance at the 2025 NCAA Championships in Philadelphia. Davis went 5-2 up at his new weight, 133, including a major and a pin. The pin, his first in college, came over #6 Connor McGonagle of Virginia Tech in the fifth place bout on Saturday. Kerkvliet overcame a knee injury suffered the week prior to the tournament to become Penn State's fifth five-time All-American. Kerkvliet muscled his way to three straight wins, including a tech fall, before losing in the semifinals and injury defaulting out of the tournament. Kerkvliet went 3-2 overall and ended the year with a 21-3 overall record. Kerkvliet leaves Penn State as a National Champion (2024), two time national finalist (2023, 2024) and five time All-American. He caps off his career with a 92-13 overall record.

## CARTER STAROCCI AND CAEL SANDERSON EARN BIG TEN POST-SEASON HONORS

Graduate Carter Starocci was named Big Ten Wrestler of the Year on Sunday, March 9, after Penn State won the 2025 Big Ten Championship at Northwestern. Starocci won his third Big Ten title (and first at 184) and was honored by the conference's head coaches with the award. Head coach Cael Sanderson was also named Big Ten Coach of the Year, earning the award for the ninth time after leading Penn State to its ninth conference crown (all under Sanderson's tutelage).

## PENN STATE CROWNS FIVE BIG TEN CHAMPIONS, TYING SCHOOL RECORD FOR CHAMPS

The Penn State Nittany Lions had five wrestlers win individual Big Ten titles at the 2025 Big Ten Championships at Northwestern. True freshman Luke Lilledahl won at 125 and sophomore Tyler Kasak won at 157, both earning their first crowns. Mitchell Mesenbrink won his second at 165. Levi Haines (174) and Carter Starocci (184) both won their third, albeit at new weights for each wrestler. The five individual champions ties a school record for most champs in a season (2011 and 2024). Penn State won the 2025 Big Ten title with 181.5 points, also a school record.

## KERKVLiet, BARTLETT, VAN NESS, DAVIS, BARR ALL PLACE AT BIGS, EARN NCAA BIDS

Penn State qualified all 10 wrestlers for the national tournament. In addition to its five champions, Greg Kerkvliet (2nd at 285), Beau Bartlett (3rd at 141), Shayne Van Ness (3rd at 149), Braeden Davis (4th at 133) and Josh Barr (6th at 197) all earned automatic bids to Philadelphia with their performances in Evanston.

## NIITTANY LIONS WIN NINTH BIG TEN CHAMPIONSHIP, SETTING NEW SCHOOL RECORD FOR POINTS SCORED

Penn State ran away from the field at the 2025 Big Ten Championships in Evanston, Ill., on Saturday and Sunday, March 8-9. In addition to crowning five champions and qualifying all ten wrestlers for nationals, the Nittany Lions set a new school record for points scored at the event, tallying 181.5 and breaking the old mark of 170.5 set last year in 2024. Penn State was a full 44.5 points ahead of second place Nebraska (137.0).

## NIITTANY LIONS HAMMER AMERICAN IN DUAL FINALE

The Nittany Lions capped off their dual meet season on Friday, Feb. 21, with a 50-3 win over visiting American University in Rec Hall. The Nittany Lions picked up five pins (Tyler Kasak, Levi Haines, Carter Starocci, Josh Barr, Greg Kerkvliet) and four technical falls (Luke Lilledahl, Beau Bartlett, Shayne Van Ness, Mitchell Mesenbrink) in the win. Braeden Davis did not wrestle.

## BEAU BARTLETT EARNS BIG W.O.W HONORS (2/19)

Bartlett continued his outstanding 2024-25 season, going 2-0 in two road duals for 2025 Big Ten Regular Season Champion Penn State. He began the weekend road trip by downing No. 1 Jesse Mendez 4-2 in the Nittany Lions' 27-13 victory at Ohio State. Bartlett notched the only takedown of the bout in the first period and added an escape in the hard-fought win. Two days later, Bartlett dominated No. 17 Danny Pucino of Illinois, rolling to a 9-2 win. Bartlett's victory helped Penn State clinch the 2025 Big Ten Regular Season title with a 29-9 victory at Illinois. Bartlett earned Penn State's 11th award of the year with the honor.

## NIITTANY LIONS CLINCH 11TH BIG REGULAR SEASON CHAMPIONSHIP WITH 29-9 VICTORY AT ILLINOIS

The Penn State Nittany Lions closed out the conference portion of their dual meet schedule with a dominant 29-9 win at #19 Illinois on Sunday, Feb. 16, clinching their 11th Big Ten Regular Season Championship in the process. The Nittany Lions won seven of ten bouts with a tech fall, three majors, and Carter Starocci's DQ win (on six forced stalls) over #12 Edmond Ruth.

## BARTLETT DOWNS MENDEZ AS LIONS ROLL OVER BUCKEYES IN COLUMBUS

Nittany Lion Beau Bartlett used a first period takedown and a second period escape to defeat then top-ranked Jesse Mendez 4-2 in Penn State's 27-13 victory over Ohio State in Columbus. Bartlett's win was one of seven for Penn State, which also got technical falls from Mitchell Mesenbrink at 165, Carter Starocci at 184 and Josh Barr at 197. Levi Haines also took down #5 Carson Kharchla at 174, Braeden Davis beat #11 Nic Bouzakis at 133 and Shayne Van Ness beat #7 Dylan D'Emilio at 149.

## NATIONAL RANKINGS

### TEAM RANKINGS

#### INTERMAT TPI

(3/11/25)

1. PENN STATE
2. Iowa
3. Nebraska
4. Oklahoma State
5. Minnesota
6. Virginia Tech
7. Ohio State
- 8t. Cornell
- 8t. Northern Iowa
10. Illinois
11. Michigan
12. Missouri
13. Purdue
14. Little Rock
- 15t. Iowa State
- 15t. Lehigh
- 15t. North Carolina State
18. Arizona State
19. West Virginia
- 20t. Northern Colorado
- 20t. South Dakota St.
22. Maryland
- 23t. CSU Bakersfield
- 23t. Pittsburg
25. Stanford

### NWCA COACHES

#### POLL (DUAL)

(2/25/25)

1. Penn State
2. Iowa
3. Oklahoma State
4. Northern Iowa
5. Nebraska
6. Minnesota
7. Ohio State
8. Virginia Tech
9. South Carolina State
10. Cornell
11. Rutgers
12. Iowa State
13. South Dakota State
14. Illinois
15. Little Rock
16. North Carolina
17. Pittsburgh
18. Stanford
19. Michigan
20. Oklahoma
21. Lehigh
22. Indiana
23. Army West Point
24. West Virginia
25. Missouri

### INTERMAT

(3/11/25)

|                     |         |
|---------------------|---------|
| Luke Lilledahl      | 3rd/125 |
| Braeden Davis       | 8th/133 |
| Beau Bartlett       | 1st/141 |
| Shayne Van Ness     | 3rd/149 |
| Tyler Kasak         | 1st/157 |
| Mitchell Mesenbrink | 1st/165 |
| Levi Haines         | 2nd/174 |
| Carter Starocci     | 1st/184 |
| Josh Barr           | 3rd/197 |
| Greg Kerkvliet      | 2nd/285 |

### NCAA COACHES

(3/11/25)

|                     |         |
|---------------------|---------|
| Luke Lilledahl      | 2nd/125 |
| Braeden Davis       | 5th/133 |
| Beau Bartlett       | 2nd/141 |
| Shayne Van Ness     | 3rd/149 |
| Tyler Kasak         | 1st/157 |
| Mitchell Mesenbrink | 1st/165 |
| Levi Haines         | 2nd/174 |
| Carter Starocci     | 1st/184 |
| Josh Barr           | 4th/197 |
| Greg Kerkvliet      | 2nd/285 |

### vs. RANKED FOES

Check here throughout the season for Penn State's dual meet results against foes ranked in the InterMat Top 25 Team TPI.

|       |                     |          |
|-------|---------------------|----------|
| 12/8  | at #14 Lehigh       | W, 36-3  |
| 12/22 | vs. #15 Little Rock | W, 44-0  |
| 12/22 | vs. #8 Missouri     | W, 41-3  |
| 1/17  | at #4 Nebraska      | W, 31-7  |
| 1/24  | at #25 Rutgers      | W, 35-3  |
| 1/31  | vs. #2 Iowa         | W, 30-8  |
| 2/7   | vs. #12 Michigan    | W, 39-0  |
| 2/14  | at #6 Ohio State    | W, 27-13 |
| 2/16  | at #19 Illinois     | W, 29-9  |

## JOSH BARR NAMED B1G FRESHMAN OF THE WEEK (2/11)

Nittany Lion freshman Josh Barr was named Big Ten Freshman of the Week for the week ending February 12, 2025. Barr earns the honor after a 2-0 weekend for the Nittany Lions, who continued to dominate Big Ten competition. The award is the 10th of the year for the Nittany Lions (Wrestler and Freshman). He used a late reversal to beat then No. 2 Josh Cardenas of Michigan Friday night and then teched Maryland's Chase Mielnik on Sunday.

## PENN STATE HOLDS MARYLAND TO NO TAKEDOWNS IN LOPSIDED VICTORY IN REC HALL

The Nittany Lions kept their foes from securing a single takedown for the second time in three days when Penn State beat Maryland 35-10 on Sunday, Feb. 9, in Rec Hall. Led by Carter Starocci's 20-3 tech fall over #11 Jaxon Smith, Penn State tallied five tech falls in the lopsided win. Joining Starocci with techs in the dual were Luke Lilledahl, Shayne Van Ness, Mitchell Mesenbrink and Josh Barr.

## BARR DOWNS #2 CARDENAS AS NITTANY LIONS SHUT OUT MICHIGAN 39-0 IN BJC DUAL

Penn State won all ten bouts in a rousing 39-0 shutout of visiting Michigan on Friday, Feb. 7, in another BJC Dual. The win featured pins from Luke Lilledahl and Levi Haines and a 3-2 tiebreaker win for Josh Barr over then No. 2 Jacob Cardenas at 197. The Nittany Lions did not give up a takedown in the dual.

## KASAK AND LILLED AHL WIN B1G WEEKLY HONORS AFTER LIONS DOMINATED IOWA

Sophomore Tyler Kasak and true freshman Luke Lilledahl swept Big Ten wrestling's weekly honors after the Nittany Lions dominated Iowa 30-8 in the Bryce Jordan Center. Kasak posted a 5-2 win over then top-ranked Jacori Teemer at 157 to earn Big Ten Wrestler of the Week honors. Lilledahl rolled to a 22-6 tech fall over #26 Joey Cruz at 125 to earn B1G Freshman of the Week laurels.

## PENN STATE WINS 8 OF 10 IN 30-8 VICTORY OVER #2 IOWA

Penn State won eight of ten bouts against #2 Iowa in a 30-8 win over the Hawkeyes in the Bryce Jordan Center on Friday, Jan. 31. The Lions thrilled a record-tying crowd of 15,998, for largest dual meet attendance for an indoor wrestling match. Penn State also owns the other two, against Iowa, in the BJC. Penn State got a tech fall from Luke Lilledahl at 125, a win from Beau Bartlett at 141, a major from Shayne Van Ness at 149, a win from Tyler Kasak at 157, a tech fall from Mitchell Mesenbrink at 165, a win from Levi Haines at 174, a win from Carter Starocci at 184 and a major from Greg Kerkvliet at 285. This marks the second straight year that Penn State has won eight of ten bouts against the Hawkeyes.

## SOPHOMORE TRIO NOTCHES TOP-2 WINS IN VICTORY OVER IOWA

Sophomores Tyler Kasak, Mitchell Mesenbrink and Shayne Van Ness each notched impressive top-two victories over their respective combatants in Penn State's 30-8 win over Iowa on Friday, Jan. 31, in the Bryce Jordan Center. Van Ness dominated #2 Kyle Parco at 149, rolling to a 17-6 major. Kasak took down #1 Jacori Teemer 5-2 at 157 to send Penn State into halftime with a 15-5 lead. Mesenbrink began the second half by controlling #2 Mikey Caliendo in a convincing 19-4 technical fall (6:24).

## PENN STATE ROARS AT RUTGERS

The Penn State Nittany Lions roared in front of a sold out Jersey Mike's Arena crowd at Rutgers on Friday, Jan. 24 in Piscataway, N.J. Penn State won nine of ten matches, including four tech falls, to roll to a 35-3 win over #25 Rutgers. Shayne Van Ness (149), Mitchell Mesenbrink (165), Carter Starocci (184) and Josh Barr (197) all posted tech falls. Barr's tech fall, of note, featured 22 unanswered points in less than 3:00 in the third period. He turned a 0-0 tie heading into the third into a 22-6 tech fall over #16 Josh Poznanski, a returning All-American, at 6:19. Carter Starocci teched #18 Shane Cartagena-Walsh 17-2, a bout that saw Starocci force the Knight into four stall warnings.

## NITTANY LIONS ROUT #4 NEBRASKA IN LINCOLN, LIONS WIN 8 OF 10 IN FRONT OF NEARLY 7K FANS

Penn State routed homestanding Nebraska 31-7 in Lincoln, Neb., on Friday, Jan. 17, winning eight of ten bouts in front of a Nebraska record crowd of over 6,600 fans. Penn State used three tech falls and a major, as well as a number of impressive regular decisions, to grab the win. True freshman Luke Lilledahl downed #6 Caleb Smith 4-2 at 125 and sophomore Mitchell Mesenbrink posted a 20-3 tech fall (5:39) over #7 Bubba Wilson as well.

## NITTANY LIONS TIE ALL-TIME MARGIN OF VICTORY RECORD WITH 55-0 SHUTOUT WIN OVER MICHIGAN STATE

The Penn State Nittany Lions opened up Big Ten dual action on Friday, Jan. 10, by shutting out visiting Michigan State 55-0 in Rec Hall. Penn State tied its all-time record for margin of victory with the effort (Buffalo, 55-0, Feb. 18, 2018). The Nittany Lions had six pins (Greg Kerkvliet, Shayne Van Ness, Tyler Kasak, Levi Haines, Carter Starocci, Josh Barr), three technical falls (Luke Lilledahl, Braeden Davis, Mitchell Mesenbrink) and a major (Beau Bartlett).

## BECKETT RUNNER-UP AT F&M, 5 LIONS COMPETE

Senior Sam Beckett went 4-1 with three majors to take second place at 174 in the Franklin & Marshall Open on Friday, Jan. 10. Four other Lions competed as well: Cael Nasdeo picked up two wins at 141, Brock Weiss grabbed two wins at 149 and Ty Watson won twice at 157. Tim Levine picked up a victory at 141.

## FUN WITH FAN FIGURES

### PENN STATE OWNS THE TOP SEVEN NCAA INDOOR DUAL MEET MARKS, ALL IN THE BJC!

The top two NCAA dual meet attendance figures of all-time come in outdoor venues in football stadiums at Iowa City and Piscataway:

|          |                      |        |
|----------|----------------------|--------|
| 11/14/15 | Iowa v. Oklahoma St. | 42,287 |
| 11/18/16 | Princeton v. Rutgers | 16,178 |

### TOP 10 INDOOR ATTENDANCE FIGURES, NCAA ALL-TIME RECORDS:

|                                       |        |
|---------------------------------------|--------|
| 1: Iowa at PENN STATE (1/31/25)       | 15,998 |
| Iowa at PENN STATE (1/27/23)          | 15,998 |
| Iowa at PENN STATE (2/10/18)          | 15,998 |
| 4: Pittsburgh at PENN STATE (12/8/13) | 15,996 |
| 5: Ohio St. at PENN STATE (2/15/20)   | 15,995 |
| 6: Ohio St. at PENN STATE (2/4/22)    | 15,991 |
| 7: Ohio St. at PENN STATE (2/5/16)    | 15,983 |
| 8: Michigan at PENN STATE (1/20/23)   | 15,975 |
| 9: Iowa at PENN STATE (2/8/15)        | 15,967 |
| 10: Iowa State at Iowa (12/6/08)      | 15,955 |

Of the top ten indoor dual meets in NCAA history, Penn State has hosted nine! All have come since head coach Cael Sanderson's arrival at Penn State.

### THE TOP 10 REC HALL ATTENDANCE FIGURES IN THE SANDERSON ERA!

While Rec Hall held many more fans in decades past, recent renovations and updated fire safety regulations/SRO guidelines at the end of the 2013-14 season have the venerable venue's attendance capped at 6,202 (not including SROs, media, staff, etc.).

Since Cael Sanderson took the helm of the Nittany Lions, Rec Hall has essentially been sold out. Penn State is riding a multi-year streak of Rec Hall sellouts and has also sold out six of eight duals in the near-16K seat BJC.

The following are the top 10 Rec Hall attendance marks since Sanderson's arrival in 2009-10:

| Rk. | Date     | Opponent (Res.)       | Att.  |
|-----|----------|-----------------------|-------|
| 1.  | 1/22/12  | Iowa (W, 22-12)       | 6,796 |
| 2.  | 2/19/12  | Pitt (W, 33-6)        | 6,755 |
| 3.  | 1/29/12  | Ohio State (W, 34-9)  | 6,728 |
| 4.  | 2/3/18   | Ohio State (W, 19-18) | 6,699 |
| 5.  | 1/30/11  | Iowa (L, 13-22)       | 6,686 |
| 6.  | 12/14/18 | Arizona St. (W, 41-3) | 6,676 |
| 7.  | 2/5/12   | Michigan (W, 34-7)    | 6,671 |
| 8.  | 2/12/17  | Maryland (W, 45-6)    | 6,661 |
| 9.  | 2/2/24   | Ohio State (W, 28-9)  | 6,659 |
| 10. | 2/10/17  | Illinois (W, 34-7)    | 6,645 |

### AVERAGE ATTENDANCE SINCE 2009-10 UNDER CAEL

| YEAR    | AVG   | Best                           |
|---------|-------|--------------------------------|
| 2009-10 | 4,343 | 4,833 vs. Illinois, 1/22/10    |
| 2010-11 | 5,455 | 6,686 vs. Iowa, 1/30/11        |
| 2011-12 | 6,481 | 6,796 vs. Iowa, 1/22/12        |
| 2012-13 | 6,411 | 6,618 vs. Nebraska, 1/27/13    |
| 2013-14 | 7,646 | 15,996 vs. Pitt, 12/8/13       |
| 2014-15 | 7,747 | 15,967 vs. Iowa, 2/8/15        |
| 2015-16 | 8,756 | 15,983 vs. Ohio St., 2/15/16   |
| 2016-17 | 7,833 | 15,424 vs. Lehigh, 12/4/16     |
| 2017-18 | 7,693 | *+15,998 vs. Iowa, 2/10/18     |
| 2018-19 | 7,715 | 15,703 vs. Michigan, 2/1/19    |
| 2019-20 | 7,604 | 15,995 vs. Ohio State, 2/15/20 |
| 2020-21 | N/A   | No public attendance allowed   |
| 2021-22 | 7,776 | 15,991 vs. Ohio State, 2/4/22  |
| 2022-23 | 9,224 | *+15,998 vs. Iowa, 1/27/23     |
| 2023-24 | 7,337 | 12,049 vs. Rutgers, 2/12, 24   |
| 2024-25 | 9,007 | *+15,998 vs. Iowa, 1/31/24     |

\* all-time Penn State record

+ all-time Penn State record, all-time NCAA indoor dual meet record





## ZACK RYDER NAMED B1G FRESHMAN OF THE WEEK (1/8)

Freshman Zack Ryder was named Big Ten Freshman of the Week for the week ending Jan. 5, 2025. Ryder was one of nine Penn State Nittany Lion wrestlers to head to the 2025 Southern Scuffle in Chattanooga, Tenn., on Jan. 4-5. He rolled through a strong field at 184 to claim the 184-pound title as a true freshman. Ryder went 5-0 overall with a pin and a tech fall. He posted a dominant 9-2 win over No. 22 DJ Parker of Oklahoma in the quarterfinals and then pinned No. 25 TJ Stewart of Virginia Tech in the semifinals. He downed Northern Colorado's Al Heeg 6-1 (sv) in the finals.

## THREE LIONS WIN SCUFFLE TITLES, FIVE PLACE AT UTC

Penn State sent nine individuals to Chattanooga for the 2025 Southern Scuffle on Jan. 4-5 and three true freshmen won titles. Five Penn Staters placed overall. Zack Ryder went 5-0 with a pin and a tech to win the crown at 184. He beat #22 DJ Parker of Oklahoma 9-2 in the quarters and pinned #25 TJ Stewart of Virginia Tech in the semis on his way to the championship. Connor Mirasola went 5-0 with a pin, two techs and a major to win at 197, downing #30 Patrick Brophy of The Citadel 7-3 in the finals. Cole Mirasola went 4-0 with two techs and a major to win at 285. He downed #29 Connor Barkett of Duke in the quarters and majored #25 Lucas Stoddard of Army in the finals. Sophomore Connor Pierce went 4-1 to place second at 149 and senior+ Kurt McHenry went 6-2 to take fifth at 125.

## NASDEO WINS EDINBORO OPEN CROWN; BECKETT SECOND

True freshman Cael Nasdeo went 3-0 with a tech and a major (plus a non-collegiate win) to claim the 141 pound title at the Edinboro Open on Jan. 4. Redshirt freshman Sam Beckett went 2-1 at 174 and took second place.

## PENN STATE NEARLY PERFECT IN NASHVILLE

The Penn State Nittany Lions went 3-0 at the 2024 Journeymen Collegiate Duals in Nashville, Tenn., on Sunday, Dec. 22, 2024, in dominant fashion. The Nittany Lions notched two shutout wins and went 29-1 overall in their three duals. Penn State shutout Binghamton 52-0 and #15 Little Rock 44-0 and downed #8 Missouri 41-3. The Nittany Lions had 29 wins, 22 for bonus (four majors, eight technical falls, eight pins and two forfeits) and outscored its three opponents 135-3.

## PENN STATE ROARS TO 41-3 WIN OVER #8 MISSOURI TO CLOSE OUT COLLEGIATE DUALS IN NASHVILLE

Penn State roared to a 41-3 win over #8 Missouri on Sunday, Dec. 22, to close out the 2024 Journeymen Collegiate Duals in Nashville. Beau Bartlett posted a 4-1 win over #16 Josh Edmond at 141 and Carter Starocci majored #10 Colton Hawks 10-1 at 184 to lead Penn State. Levi Haines, ranked #2 at 174, lost a thrilling 4-1 sudden victory decision to #1 Keegan O'Toole in the dual's marquee match up.

## NITTANY LIONS POST THIRD STRAIGHT SHUTOUT, BLANKING #15 LITTLE ROCK AT JOURNEYMEN

Josh Barr posted a 4-1 (sv) win over #5 Stephen Little at 197 and Braeden Davis downed #5 Nassir Bailey 1-0 at 133 to spark Penn State to a 44-0 shutout win over #15 Little Rock in its second dual at the Journeymen Collegiate Duals on Dec. 22. The shutout was Penn State's third straight. The Lions also got ranked wins from Shayne Van Ness, who pinned #16 Jordan Williams at 149; Tyler Kasak, a 4-2 winner over #20 Matty Bianchi at 157; and Mitchell Mesenbrink, who roared to a 17-1 tech over #21 Joey Bianchi at 165.

## PENN STATE SHUTS OUT BINGHAMTON IN NASHVILLE

The Nittany Lions opened up the 2024 Journeymen Collegiate Duals with a 52-0 shutout win over Binghamton. Luke Lilledahl posted a 19-4 tech over #33 Carson Wagner and Carter Starocci pinned #23 Will Ebert to spark Penn State.

## BARR EARNS SECOND B1G FRESHMAN OF THE WEEK AWARD (12/25)

Redshirt freshman Josh Barr was named Big Ten Freshman of the week for the week ending Dec. 22, 2024, his second honor of the season. Barr went 3-0 at the Journeymen Collegiate Duals in Nashville on Sunday, Dec. 22. He had a tech fall in PSU's win over Binghamton and a pin in the Lion win over Missouri. Barr also used a takedown in extra time to post a thrilling 4-1 (sv) win over #5 Stephen Little in the Nittany Lions' victory over Little Rock.

## BARTLETT AND LILLED AHL EARN B1G WEEKLY HONORS (12/18)

Senior+ Beau Bartlett was named B1G Wrestler of the week and true freshman Luke Lilledahl was named B1G Freshman of the Week for the week ending Dec. 18, 2024. Bartlett pinned No. 28 Cole Brooks and Lilledahl posted a 20-5 tech fall at 4:25 over Jack Braman in Penn State's 54-0 shutout win over visiting Wyoming in the Bryce Jordan Center.

## PENN STATE SHUTS OUT WYOMING 54-0 IN JORDAN CENTER

The Penn State Nittany Lions rolled to a 54-0 shut out win over visiting Wyoming on Sunday, Dec. 15. The dual, moved to the Bryce Jordan Center earlier in the week due to scheduling conflicts with the NCAA women's volleyball tournament in Rec Hall, was wrestled in front of over 7,300 fans, turning a Rec Hall sellout into an even bigger crowd for the Cowboy dual. Penn State had five pins, four technical falls and a major in posting its second most lopsided win ever (55-0 over Buffalo on Feb. 18, 2018).

## 2024-25 ATTENDANCE

Please note that Penn State did not allow fans into dual meets and did not permit or track attendance in the 2020-21 season due to not being allowed to have fans and/or sell tickets.

|              |                |               |
|--------------|----------------|---------------|
| 11/17        | DREXEL         | 6,426         |
| 12/15        | WYOMING (BJC)  | 7,317         |
| 1/10         | MICHIGAN STATE | 6,368         |
| 1/31         | IOWA (BJC)     | 15,998        |
| 2/7          | MICHIGAN (BJC) | 14,355        |
| 2/9          | MARYLAND       | 6,275         |
| 2/21         | AMERICAN       | 6,311         |
| <b>TOTAL</b> |                | <b>63,050</b> |
| <b>AVG.</b>  |                | <b>9,007</b>  |

(Penn State has wrestled in front of 86 of 91 sell-outs at home, including 76-straight in Rec Hall and 10 of 15 in the Bryce Jordan Center)

## FALL LEADERS SINCE 2009-10

| YEAR    | TOTAL | WRESTLER        |
|---------|-------|-----------------|
| 2009-10 | 9     | Quentin Wright  |
| 2010-11 | 18    | Andrew Alton    |
|         | 13    | Ed Ruth         |
| 2011-12 | 15    | David Taylor    |
|         | 14    | Quentin Wright  |
|         | 11    | Cameron Wade    |
|         | 10    | Ed Ruth         |
| 2012-13 | 14    | David Taylor    |
|         | 12    | Andrew Alton    |
|         | 12    | Ed Ruth         |
|         | 11    | Quentin Wright  |
| 2013-14 | 16    | David Taylor    |
|         | 11    | Ed Ruth         |
| 2014-15 | 8     | Matt Brown      |
| 2015-16 | 15    | Jason Nolf      |
|         | 15    | Zain Retherford |
|         | 10    | Morgan McIntosh |
| 2016-17 | 17    | Bo Nickal       |
|         | 17    | Zain Retherford |
|         | 14    | Jason Nolf      |
|         | 12    | Mark Hall       |
| 2017-18 | 17    | Zain Retherford |
|         | 16    | Bo Nickal       |
|         | 16    | Jason Nolf      |
|         | 13    | Mark Hall       |
|         | 12    | Shakur Rasheed  |
| 2018-19 | 18    | Bo Nickal       |
|         | 15    | Jason Nolf      |
|         | 14    | Vincenzo Joseph |
| 2019-20 | 10    | Mark Hall       |
|         | 5     | Greg Kerkvliet  |
|         | 5     | Nick Lee        |
|         | 5     | Vincenzo Joseph |
| 2020-21 | 2     | Beau Bartlett   |
|         | 2     | Greg Kerkvliet  |
|         | 2     | Joe Lee         |
| 2021-22 | 6     | Greg Kerkvliet  |
|         | 5     | Jack Kelly      |
| 2022-23 | 6     | Max Dean        |
|         | 4     | David Evans     |
|         | 4     | Shayne Van Ness |
| 2023-24 | 8     | Jack Kelly      |
|         | 7     | Beau Bartlett   |
|         | 6     | Aaron Brooks    |
|         | 5     | Lucas Cochran   |
|         | 5     | Levi Haines     |
|         | 5     | Tyler Kasak     |
|         | 5     | Connor Pierce   |
| 2024-25 | 9     | Levi Haines     |
|         | 7     | Greg Kerkvliet  |
|         | 7     | Shayne Van Ness |
|         | 6     | Josh Barr       |
|         | 6     | Tyler Kasak     |
|         | 6     | Carter Starocci |

## JOSH BARR MAJORS #6 BEARD TO LEAD PENN STATE IN 36-3 WIN OVER LEHIGH IN ALLENTOWN'S PPL CENTER; NAMED B1G FRESHMAN OF THE WEEK

Red shirt freshman Josh Barr tallied three takedowns (one in the second and two in a dominant third) to roll to an 11-3 major decision over #6 Michael Beard at 197, leading Penn State to a 36-3 win over the Mountain Hawks. The dual was wrestled in Allentown's PPL Center in front of a sold out crowd of nearly 10,000 fans. Penn State won nine of ten bouts, also picking up a win from true freshman Luke Lilledahl over #15 Sheldon Seymour at 125. Barr was named Big Ten Freshman of the Week (12/12) for his efforts.

## KELLY WINS MAT-TOWN I TITLE, LEVINE RUNNER-UP

Jack Kelly went 3-0 with two pins (in 0:13 and 0:46 seconds) to win the 174 pound title at the Mat-Town Invitational on Dec. 1 in Lock Haven, Pa. Tim Levine went 1-1 plus a non-collegiate victory to earn a runner-up finish at 133 while Sam Beckett went 2-1 to place third at 174.

## MITCHELL MESENBRINK EARNS B1G W.O.W. HONORS (11/27)

Sophomore Mitchell Mesenbrink went 4-0 with four technical falls at the Black Knight Invitational on Sunday, Nov. 24, to earn the 165 pound title at West Point, N.Y., earning tournament Outstanding Wrestler honors. He was named Big Ten Wrestler of the Week for the week ending Nov. 24, 2024, for his efforts.

## NITTANY LIONS DOMINATE BLACK KNIGHT INVITATIONAL

The Penn State Nittany Lions dominated the 2024 Black Knight Invitational at Army West Point on Nov. 24. The Nittany Lions won nine of the 10 individual titles, 18 of their 22 competitors placed in the top six and every Penn Stater garnered at least one win. With results against teammates not counting as official NCAA bouts, three of Penn State's titles included shared crowns with teammates not wrestling each other in the title bouts. Luke Lilledahl (125), Beau Bartlett (141), Shayne Van Ness (149), Tyler Kasak (157), Mitchell Mesenbrink (165), Levi Haines/Matt Lee (174), Carter Starocci/Zack Ryder (184), Lucas Cochran (197) and Greg Kerkvliet/Cole Mirasola (285) were champs. Alex Facundo (157) and Lucas Cochran (197) were runners-up. Kurt McHenry (125) and Connor Mirasola (197) placed third. Penn State rolled up a 55-9 overall record at the event, including seven majors, 24 tech falls and 15 pins (46 of its 55 wins were for bonus). Various matches that pitted Nittany Lions against each other are not included in those totals.

## NITTANY LIONS ROLL OVER DREXEL 41-3 IN SEASON OPENER

The Penn State Nittany Lions opened up the regular season with a 41-3 victory over visiting Drexel on Sunday, Nov. 17, in Rec Hall. True freshman Luke Lilledahl received a forfeit win at 125 in his collegiate debut and Greg Kerkvliet closed out the dual with a pin at 285. In between, the Nittany Lions picked up three decisions and four straight tech falls in the second half to roll to the win. Levis Haines (174) and Carter Starocci (184) competed the night before in the NWCA All-Star Classic Exhibition and posted tech falls the next day in the win over the Dragons. Also grabbing victories were Braeden Davis (133), Connor Pierce (149), Alex Facundo (157), Mitchell Mesenbrink (165) and Lucas Cochran (197).

## PSU SHINES AT ALL-STAR CLASSIC EXHIBITION

While Penn State's official season began on Sunday, Nov. 17, in Rec Hall when the Nittany Lions beat Drexel, five Nittany Lions took part in the NWCA All-Star Classic exhibition the night before. The exhibition, not an official NCAA event and does not count towards wins, losses or RPI, featured Beau Bartlett (141), Shayne Van Ness (149), Tyler Kasak (157), Levi Haines (174) and Carter Starocci (184). Bartlett dropped a hard-fought 4-1 decision to No. 2 Jesse Mendez of Ohio State, Van Ness rolled to a 16-4 major over No. 3 Ty Watters of West Virginia, Kasak posted a 4-2 win over No. 3 Peyton Keller of Ohio, Haines notched a 7-0 win over No. 3 Cade DeVos of South Dakota State and Starocci grabbed a hard-fought 4-1 (sv) win over No. 2 Parker Keckeisen of Northern Iowa.

### HONORS WON

#### JOSH BARR, 197

Big Ten Freshman of the Week (12/12)  
Big Ten Freshman of the Week (12/26)  
Big Ten Freshman of the Week (2/11)  
All-American (197)

#### BEAU BARTLETT, 141

NWCA All-Star Classic Exhibition  
All-American (141)

#### LEVI HAINES, 174

NWCA All-Star Classic Exhibition  
Big Ten Champion (174)  
First Team All-Big Ten  
All-American (174)

#### TYLER KASAK, 149/157

NWCA All-Star Classic Exhibition  
Big Ten Wrestler of the Week (2/5)  
Big Ten Champion (157)  
First Team All-Big Ten  
All-American (157)

#### GREG KERKVLIT, 285

Second Team All-Big Ten  
All-American (285)

#### LUKE LILLED AHL, 125

Big Ten Freshman of the Week (12/18)  
Big Ten Freshman of the Week (2/5)  
Big Ten Champion (125)  
First Team All-Big Ten  
All-American (125)

#### MITCHELL MESENBRINK, 165

Black Knight Invitational O.V. (11/24)  
Big Ten Wrestler of the Week (11/27)  
Big Ten Champion (165)  
First Team All-Big Ten  
All-American (165)  
National Champion (165)  
2025 NCAA Technical Falls Award (season)

#### ZACK RYDER, 184

Big Ten Freshman of the Week (1/8)

#### CARTER STAROCCI, 174

NWCA All-Star Classic Exhibition  
Big Ten Champion (184)  
First Team All-Big Ten  
Big Ten Wrestler of the Year  
All-American (184)  
National Champion (184)  
2025 NCAA Championship Outstanding Wrestler

#### SHAYNE VAN NESS, 149

NWCA All-Star Classic Exhibition  
All-American (149)

#### CAEL SANDERSON

Big Ten Coach of the Year

#### 2024-25 RIDGE RILEY AWARD WINNERS (home)

|       |                |                          |
|-------|----------------|--------------------------|
| 11/17 | Drexel         | Lucas Cochran, 197       |
| 12/15 | Wyoming        | Mitchell Mesenbrink, 165 |
| 1/10  | Michigan State | Shayne Van Ness, 149     |
| 1/31  | Iowa           | Tyler Kasak, 157         |
| 2/7   | Michigan       | Josh Barr, 197           |
| 2/9   | Maryland       | Carter Starocci, 184     |
| 2/21  | American       | Greg Kerkvliet, 285      |

#### 2024-25 ERNIE LUCAS AWARD WINNERS (away)

|       |                 |                      |
|-------|-----------------|----------------------|
| 12/8  | at Lehigh       | Josh Barr, 197       |
| 12/22 | vs. Binghamton  | Carter Starocci, 184 |
| 12/22 | vs. Little Rock | Braeden Davis, 133   |
| 12/22 | vs. Missouri    | Beau Bartlett, 141   |
| 1/17  | at Nebraska     | Luke Lilledahl, 125  |
| 1/24  | at Rutgers      | Josh Barr, 197       |
| 2/14  | at Ohio State   | Beau Bartlett, 141   |
| 2/16  | at Illinois     | Shayne Van Ness, 149 |





# THIS YEAR'S SQUAD

## PENN STATE WRESTLING 2024-25 ROSTER

| NAME                | Wt.     | YR./EL.  | HOMETOWN/HIGH SCHOOL                  | X                | IG                   |
|---------------------|---------|----------|---------------------------------------|------------------|----------------------|
| Josh Barr           | 197     | So./Fr.  | Davison, Mich./Davison                | @barljosh        | @joshbarr44          |
| Beau Bartlett       | 141     | Sr./Sr+. | Tempe, Ariz./Wyoming Seminary         | @beaubartlett    | @beau.bartlett       |
| Sam Beckett         | 174     | Gr./Sr.  | Harleysville, Pa./Souderton           |                  |                      |
| Brian Borden        | 174     | Sr./Jr.  | Rupert, Idaho/Minico                  |                  |                      |
| Dawson Bundy        | 285     | Fr./Fr.  | St. George, Utah/Desert Hills         |                  | @dawson_bundy        |
| Lucas Cochran       | 197     | Sr./Jr.  | Perry, Utah/Box Elder                 |                  | @lucas_cochran11     |
| Hayden Cunningham   | 141     | Fr./Fr.  | State College, Pa./State College      |                  | @haydenwcunningham   |
| Braeden Davis       | 133     | So./So.  | Belleville, Mich./Dundee              |                  | @braeden_davis1      |
| Aurelius Dunbar     | 165     | Sr./Sr.  | Greencastle, Pa./Mercersburg Academy  |                  | @aurelius_dunbar     |
| David Evans         | 149     | Sr./Sr.  | Tunkhannock, Pa./Tunkhannock          |                  |                      |
| Alex Facundo        | 157     | Jr./So.  | Essexville, Mich./Davison             |                  | @alexfacundo_        |
| AJ Fricchione       | 197     | So./Fr.  | Duryea, Pa./Bergen Catholic           | @ajfricchione    | @ajfricchione        |
| Kyison Garcia       | 133     | So./Fr.  | South Jordan, Utah/Mountain Ridge     |                  | @kyison_garcia       |
| Erik Gibson         | 174     | So./Fr.  | South Fork, Pa./Bishop McCort         | @GibErikson345   | @erikgibso_psu       |
| Levi Haines         | 174     | Jr./Jr.  | Arendtsville, Pa./Biglerville         | @LeviHainespsu   | @levi_haines77       |
| Tyler Kasak         | 149/157 | So./So.  | Doylestown, Pa./Bethlehem Catholic    |                  | @tylerkasak          |
| Jack Kelly          | 184     | Sr./Jr.  | Little Silver, N.J./Rumson-Fair Haven |                  | @jackkellspu         |
| Greg Kerkvliet      | 285     | Sr./Sr+. | Inver Grove Heights, Minn./Simley     |                  | @danielkerkvliet     |
| Matt Lee            | 174     | Sr./Sr.  | Evansville, Ind./Evansville Mater Dei |                  | @mattlee_psu         |
| Timothy Levine      | 133     | Sr./Sr.  | Costa Mesa, Calif./St. John Bosco     |                  |                      |
| Luke Lilledahl      | 125     | Fr./Fr.  | Weldon Spring, Mo./Wyoming Seminary   | @lightnin_luke20 | @lightnin_luke20     |
| Kurt McHenry        | 125     | Gr./Sr+. | Leesburg, Va./St. Paul's School (Md.) |                  | @kurt.mchenry        |
| Mitchell Mesenbrink | 165     | Jr./So.  | Hartland, Wis./Arrowhead              | @mitch_mes       | @mitchell_mesenbrink |
| Cole Mirasola       | 285     | Fr./Fr.  | Jackson, Wis./West Bend               | @ColeMirasola    | @colemirasola        |
| Connor Mirasola     | 197     | Fr./Fr.  | Jackson, Wis./West Bend               | @connor_mirasola | @connor.mirasola     |
| Aaron Nagao         | 133     | Sr./Jr.  | La Habra, Calif./Esperanza            |                  | @aaronz777           |
| Cael Nasdeo         | 133     | Fr./Fr.  | Williamsport, Pa./Williamsport        | @nasdeo_cael     | @cael_nasdeo         |
| Connor Pierce       | 149     | Jr./So.  | Erie, Pa./Harbor Creek                | @connorpierce__  | @connorpierce__      |
| Matt Rodriguez      | 149     | So./Fr.  | Guadalupe, Calif./Righetti            |                  | @matt.rodriquezz     |
| Zack Ryder          | 184     | Fr./Fr.  | Westtown, N.Y./Minisink Valley        |                  | @zackryder.5         |
| Joe Sealey          | 165     | Fr./Fr.  | Bear Creek Twp, Pa./Wyoming Seminary  |                  |                      |
| Karl Shindledecker  | 133     | Jr./Jr.  | Fayetteville, Pa./Chambersburg        |                  | @notkarlosantana     |
| Carter Starocci     | 184     | Gr./Gr.  | Erie, Pa./Cathedral Prep              | @carterstarocci  | @carterstarocci      |
| Gary Steen          | 133     | Sr./Jr.  | Hermitage, Pa./Reynolds               |                  | @gary.steen_         |
| Shayne Van Ness     | 149     | Jr./So.  | Somerville, N.J./Blair Academy        | @shayne_finesse  | @shayne_finesse      |
| Sean Wang           | 141     | Sr./Jr.  | Great Neck, N.Y./Great Neck South     |                  | @seanvvang           |
| Ty Watson           | 157     | Fr./Fr.  | Centre Hall, Pa./Penns Valley         | @ty_watsonpsu    | @ty_watsonnn         |
| Brock Weiss         | 141     | Fr./Fr.  | Jersey Shore, Pa./Jersey Shore        |                  | @brockweiss1         |

Head Coach: Cael Sanderson (Iowa State '02)

Associate Head Coach: Cody Sanderson (Iowa State '00)

Head Assistant Coach: Casey Cunningham (Central Michigan '99)

Assistant Coach: Nick Lee (Penn State, '22)

Director of Operations: Adam Lynch (Penn State '10)

*Penn State Athletics chose to advance classes as though 2020-21 was a normal year of eligibility. Student-athletes listed as red shirt freshmen in 2021-22 did not officially red shirt in 2020-21, but would have in any other normal year. Extra years of eligibility will be marked on the back end of student-athletes' career (a "+" symbol will be added on the end of "Sr." to indicate the extra year of eligibility being used).*

THIS IS PENN STATE. WRESTLING LIVES HERE.



# 2024-25 PENN STATE WRESTLING INDIVIDUAL RECORDS & STATS

2025 B1G REGULAR SEASON CHAMPS - 2025 BIG TEN CHAMPIONS - 2025 NCAA NATIONAL CHAMPIONS

15-0 OVERALL, 8-0 B1G, 7-0 HOME, 5-0 ROAD, 3-0 NEUTRAL

| Wrestler, Wt.            | Overall<br>Record | Collegiate<br>Record | Dual<br>Record | Big 10 Dual<br>Record | Dual Pts.<br>For/Against | SV<br>W-L  | TB<br>W-L  | MD<br>W-L   | TF<br>W-L   | Pins<br>W-L | Fastest<br>Fall |
|--------------------------|-------------------|----------------------|----------------|-----------------------|--------------------------|------------|------------|-------------|-------------|-------------|-----------------|
| Josh Barr, 197           | 20-4              | 20-4                 | 13-1           | 7-1                   | 63/3                     | 2-1        | 1-0        | 4-0         | 6-0         | 6-0         | 1:09            |
| Beau Bartlett, 141       | 26-2              | 26-2                 | 14-0           | 8-0                   | 53/0                     | 3-0        | 0-1        | 5-0         | 3-0         | 3-0         | 0:43            |
| Sam Beckett, 174         | 12-5              | 12-5                 | 0-0            | 0-0                   | 0/0                      | 0-0        | 0-0        | 5-1         | 3-1         | 1-0         | 4:58            |
| Brian Borden, 174        | 0-0               | 0-0                  | 0-0            | 0-0                   | 0/0                      | 0-0        | 0-0        | 0-0         | 0-0         | 0-0         | ---             |
| Dawson Bundy, 285        | 0-0               | 0-0                  | 0-0            | 0-0                   | 0/0                      | 0-0        | 0-0        | 0-0         | 0-0         | 0-0         | ---             |
| Lucas Cochran, 197       | 4-0               | 4-0                  | 1-0            | 0-0                   | 5/0                      | 0-0        | 0-0        | 1-0         | 2-0         | 1-0         | 3:58            |
| Hayden Cunningham, 141   | 0-0               | 0-0                  | 0-0            | 0-0                   | 0/0                      | 0-0        | 0-0        | 0-0         | 0-0         | 0-0         | ---             |
| Braeden Davis, 133       | 17-7              | 17-7                 | 8-3            | 3-2                   | 29/9                     | 0-0        | 0-0        | 3-1         | 3-0         | 1-1         | 2:33            |
| Aurelius Dunbar, 165     | 3-2               | 3-2                  | 0-0            | 0-0                   | 0/0                      | 0-0        | 0-0        | 2-2         | 0-0         | 0-0         | ---             |
| David Evans, 149         | 0-0               | 0-0                  | 0-0            | 0-0                   | 0/0                      | 0-0        | 0-0        | 0-0         | 0-0         | 0-0         | ---             |
| Alex Facundo, 157        | 5-0               | 5-0                  | 1-0            | 0-0                   | 3/0                      | 0-0        | 0-0        | 0-0         | 4-0         | 0-0         | ---             |
| AJ Fricchione, 197       | 2-2               | 2-2                  | 0-0            | 0-0                   | 0/0                      | 0-0        | 0-0        | 1-0         | 0-0         | 1-0         | 1:45            |
| Kyison Garcia, 133       | 2-3               | 2-3                  | 1-2            | 1-1                   | 3/7                      | 0-0        | 0-0        | 0-1         | 1-0         | 0-0         | ---             |
| Erik Gibson, 174         | 0-0               | 0-0                  | 0-0            | 0-0                   | 0/0                      | 0-0        | 0-0        | 0-0         | 0-0         | 0-0         | ---             |
| Levi Haines, 174         | 25-2              | 25-2                 | 14-1           | 8-0                   | 63/3                     | 0-1        | 0-0        | 2-0         | 4-0         | 9-0         | 2:25            |
| Tyler Kasak, 149/157     | 23-2              | 23-2                 | 11-1           | 5-1                   | 44/6                     | 0-0        | 0-0        | 5-0         | 2-0         | 6-0         | 1:17            |
| Jack Kelly, 184          | 5-4               | 5-4                  | 0-0            | 0-0                   | 0/0                      | 0-0        | 0-0        | 0-1         | 0-2         | 3-1         | 0:13            |
| Greg Kerkvliet, 285      | 21-3              | 21-3                 | 13-0           | 6-0                   | 62/0                     | 0-0        | 0-0        | 2-0         | 7-0         | 7-0         | 0:56            |
| Matt Lee, 174            | 2-0               | 2-0                  | 0-0            | 0-0                   | 0/0                      | 0-0        | 0-0        | 0-0         | 1-0         | 0-0         | ---             |
| Timothy Levine, 141/149  | 9-10              | 9-10                 | 0-0            | 0-0                   | 0/0                      | 0-1        | 0-0        | 1-1         | 1-0         | 3-2         | 1:04            |
| Luke Lilledahl, 125      | 25-3              | 25-3                 | 13-2           | 6-2                   | 59/9                     | 1-0        | 0-0        | 2-0         | 11-0        | 3-1         | 4:09            |
| Kurt McHenry, 125/133    | 8-3               | 8-3                  | 0-1            | 0-1                   | 0/5                      | 0-0        | 0-0        | 2-0         | 2-1         | 0-0         | ---             |
| Mitchell Mesenbrink, 165 | 27-0              | 27-0                 | 15-0           | 8-0                   | 75/0                     | 0-0        | 0-0        | 3-0         | 18-0        | 0-0         | ---             |
| Cole Mirasola, 285       | 6-2               | 6-2                  | 0-2            | 0-2                   | 0/6                      | 0-0        | 0-0        | 1-0         | 3-0         | 1-0         | 0:32            |
| Connor Mirasola, 197     | 8-0               | 8-0                  | 0-0            | 0-0                   | 0/0                      | 0-0        | 0-0        | 2-0         | 2-0         | 2-0         | 5:33            |
| Aaron Nagao, 133         | 0-0               | 0-0                  | 0-0            | 0-0                   | 0/0                      | 0-0        | 0-0        | 0-0         | 0-0         | 0-0         | ---             |
| Cael Nasdeo, 133         | 6-5               | 6-5                  | 0-1            | 0-0                   | 0/3                      | 0-0        | 0-0        | 1-0         | 2-0         | 0-0         | ---             |
| Connor Pierce, 149       | 7-3               | 7-3                  | 1-0            | 0-0                   | 3/0                      | 0-0        | 0-0        | 2-0         | 0-0         | 1-0         | 2:22            |
| Matt Rodriguez, 149      | 0-4               | 0-4                  | 0-0            | 0-0                   | 0/0                      | 0-0        | 0-0        | 0-0         | 0-0         | 0-1         | ---             |
| Zack Ryder, 184          | 8-0               | 8-0                  | 0-0            | 0-0                   | 0/0                      | 1-0        | 0-0        | 0-0         | 1-0         | 2-0         | 3:43            |
| Joe Sealey, 165          | 0-2               | 0-2                  | 0-2            | 0-2                   | 0/7                      | 0-0        | 0-0        | 0-1         | 0-0         | 0-0         | ---             |
| Karl Shindeldecker, 133  | 2-2               | 2-2                  | 0-0            | 0-0                   | 0/0                      | 0-0        | 0-0        | 1-0         | 0-0         | 0-0         | ---             |
| Carter Starocci, 184     | 26-0              | 26-0                 | 15-0           | 8-0                   | *74/0                    | 1-0        | 0-0        | 5-0         | 10-0        | 6-0         | 1:33            |
| Gary Steen, 133          | 3-3               | 3-3                  | 0-0            | 0-0                   | 0/0                      | 0-0        | 0-0        | 1-0         | 2-0         | 0-0         | ---             |
| Shayne Van Ness, 149     | 25-3              | 25-3                 | 13-1           | 7-1                   | 63/4                     | 0-0        | 0-0        | 9-1         | 5-0         | 7-0         | 1:06            |
| Sean Wang, 141           | 0-0               | 0-0                  | 0-0            | 0-0                   | 0/0                      | 0-0        | 0-0        | 0-0         | 0-0         | 0-0         | ---             |
| Ty Watson, 157/165       | 3-4               | 3-4                  | 0-0            | 0-0                   | 0/0                      | 0-0        | 0-0        | 0-0         | 1-1         | 1-0         | 4:10            |
| Brock Weiss, 141         | 2-2               | 2-2                  | 0-0            | 0-0                   | 0/0                      | 0-0        | 0-0        | 1-0         | 1-1         | 0-0         | ---             |
| Dual Forfeit losses      |                   |                      | 0-0            | 0-0                   | 0/0                      |            |            |             |             |             |                 |
| <b>TOTALS</b>            | <b>333-82</b>     | <b>333-82</b>        | <b>133-17</b>  | <b>67-13</b>          | <b>*599/62</b>           | <b>8-3</b> | <b>1-2</b> | <b>61-9</b> | <b>95-6</b> | <b>64-6</b> | <b>0:13</b>     |

SV - sudden victory • TB - tiebreak • MD - major decision • TF - technical fall • \* by dual pts total indicates loss of team point during dual meet

## SEASON LEADERS -- OVERALL \*

| WINS                           | FALLS                          | MAJOR DECISIONS            |
|--------------------------------|--------------------------------|----------------------------|
| 1. Mitchell Mesenbrink, 165 27 | 1. Levi Haines, 174 9          | Connor Mirasola, 197 2     |
| 2. Beau Bartlett, 141 26       | 2. Greg Kerkvliet, 285 7       | Cael Nasdeo, 141 2         |
| Carter Starocci, 184 26        | Shayne Van Ness, 149 7         | Gary Steen, 133 2          |
| 4. Levi Haines, 174 25         | 4. Josh Barr, 197 6            | 19. Kyison Garcia, 133 1   |
| Luke Lilledahl, 125 25         | Tyler Kasak, 157 6             | Matt Lee, 174 1            |
| Shayne Van Ness, 149 25        | Carter Starocci, 184 6         | Tim Levine, 133 1          |
| 7. Tyler Kasak, 157 23         | 7. Beau Bartlett, 141 3        | Zack Ryder, 184 1          |
| 8. Josh Barr, 197 20           | Jack Kelly, 174 3              | Ty Watson, 157 1           |
| Greg Kerkvliet, 285 20         | Tim Levine, 133 3              | Brock Weiss, 149 1         |
| 10. Braeden Davis, 133 17      | Luke Lilledahl, 125 3          |                            |
| 11. Sam Beckett, 174 12        | 11. Connor Mirasola, 197 2     | MAJOR DECISIONS            |
| 12. Tim Levine, 133 9          | Zack Ryder, 184 2              | 1. Shayne Van Ness, 149 9  |
| Kurt McHenry, 125 8            | 13. Sam Beckett, 174 1         | 2. Sam Beckett, 174 5      |
| Connor Mirasola, 197 8         | Lucas Cochran, 197 1           | 3. Beau Bartlett, 141 5    |
| Zack Ryder, 184 8              | Braeden Davis, 133 1           | Tyler Kasak, 157 5         |
| 16. Connor Pierce, 149 7       | AJ Fricchione, 197 1           | 5. Carter Starocci, 184 4  |
| 17. Cole Mirasola, 285 6       | Cole Mirasola, 285 1           | 6. Josh Barr, 197 4        |
| Cael Nasdeo, 141 6             | Connor Pierce, 149 1           | Braeden Davis, 133 3       |
| 19. Alex Facundo, 157 5        | Ty Watson, 157/165 1           | Aurelius Dunbar, 165 2     |
| Jack Kelly, 174 5              |                                | Greg Kerkvliet, 285 2      |
| 21. Lucas Cochran, 197 4       | TECHNICAL FALLS                | Luke Lilledahl, 125 2      |
| 22. Aurelius Dunbar, 165 3     | 1. Mitchell Mesenbrink, 165 18 | Kurt McHenry, 125 2        |
| Gary Steen, 133 3              | 2. Luke Lilledahl, 133 11      | Mitchell Mesenbrink, 165 3 |
| Ty Watson, 157/165 3           | 3. Carter Starocci, 184 10     | Connor Mirasola, 197 2     |
| 25. AJ Fricchione, 197 2       | 4. Greg Kerkvliet, 285 7       | Connor Pierce, 149 2       |
| Kyison Garcia, 133 2           | 5. Josh Barr, 197 6            | 15. Lucas Cochran, 197 1   |
| Matt Lee, 174 2                | 6. Shayne Van Ness, 149 5      | AJ Fricchione, 197 1       |
| Karl Shindeldecker, 133 2      | 7. Alex Facundo, 157 4         | Levi Haines, 174 2         |
| Brock Weiss, 149 2             | Levi Haines, 174 4             | Tim Levine, 133 1          |
|                                | 9. Beau Bartlett, 141 3        | Cole Mirasola, 285 1       |
|                                | Sam Beckett, 174 3             | Cael Nasdeo, 141 1         |
|                                | Braeden Davis, 133 3           | Karl Shindeldecker, 133 1  |
|                                | Cole Mirasola, 285 3           | Gary Steen, 133 1          |
|                                | 13. Lucas Cochran, 197 2       |                            |
|                                | Tyler Kasak, 157 2             |                            |
|                                | Kurt McHenry, 125 2            |                            |

\* Includes wrestlers w/unattached wins and red-shirts

## DUAL TAKEDOWNS

(numbers listed FOR - AGAINST)

| Wt.          | Wrestler            | 1st           | 2nd         | 3rd         | OT         | Total         |
|--------------|---------------------|---------------|-------------|-------------|------------|---------------|
| 125          | Luke Lilledahl      | 24-2          | 14-0        | 11-1        | 0-0        | 49-3          |
| 133          | Braeden Davis       | 10-3          | 5-1         | 3-1         | 0-0        | 18-5          |
| 133          | Kyison Garcia       | 0-0           | 2-1         | 1-1         | 0-0        | 3-2           |
| 133          | Kurt McHenry        | 0-3           | 0-3         | 0-0         | 0-0        | 0-6           |
| 141          | Beau Bartlett       | 17-0          | 9-0         | 6-1         | 1-0        | 33-1          |
| 141          | Cael Nasdeo         | 2-1           | 0-1         | 0-0         | 0-0        | 2-2           |
| 149          | Shayne Van Ness     | 16-3          | 9-0         | 8-1         | 0-0        | 33-4          |
| 149          | Connor Pierce       | 1-0           | 0-0         | 0-1         | 0-0        | 1-1           |
| 157          | Tyler Kasak         | 14-0          | 6-0         | 1-0         | 0-0        | 21-0          |
| 157          | Joe Sealey          | 0-1           | 0-0         | 0-1         | 0-0        | 0-2           |
| 157          | Alex Facundo        | 1-0           | 0-1         | 0-0         | 0-0        | 1-1           |
| 165          | Mitchell Mesenbrink | 31-0          | 14-0        | 10-0        | 0-0        | 55-0          |
| 174          | Levi Haines         | 13-1          | 6-0         | 7-0         | 0-1        | 26-2          |
| 184          | Carter Starocci     | 24-0          | 16-0        | 11-0        | 0-0        | 51-0          |
| 197          | Josh Barr           | 21-0          | 6-0         | 19-1        | 1-0        | 47-1          |
| 197          | Lucas Cochran       | 2-0           | 1-0         | 0-0         | 0-0        | 3-0           |
| 285          | Greg Kerkvliet      | 21-0          | 2-0         | 2-0         | 0-0        | 25-0          |
| 285          | Cole Mirasola       | 0-1           | 0-2         | 0-1         | 0-0        | 0-4           |
| <b>TOTAL</b> |                     | <b>183-15</b> | <b>80-9</b> | <b>64-9</b> | <b>2-1</b> | <b>368-34</b> |





## 2024-25 DUAL MEET TEAM POINTS SCORED BY WEIGHT/FINAL SCORES

| Opponent                    | 125         | 133          | 141         | 149         | 157          | 165         | 174         | 184         | 197         | 285         | FINAL         |
|-----------------------------|-------------|--------------|-------------|-------------|--------------|-------------|-------------|-------------|-------------|-------------|---------------|
| 11/17: RIDER                | 6-0         | 3-0          | 0-3         | 3-0         | 3-0          | 5-0         | 5-0         | 5-0         | 5-0         | 6-0         | 41-3          |
| 12/8: at #14 Lehigh         | 3-0         | 0-3          | 3-0         | 4-0         | 3-0          | 5-0         | 6-0         | *3-0        | 4-0         | 5-0         | 36-3          |
| 12/15: WYOMING              | 5-0         | 5-0          | 6-0         | 6-0         | 4-0          | 5-0         | 6-0         | 6-0         | 6-0         | 5-0         | 54-0          |
| 12/22: vs. Binghamton#      | 5-0         | 3-0          | 4-0         | 6-0         | 6-0          | 6-0         | 5-0         | 6-0         | 5-0         | 6-0         | 52-0          |
| 12/22: vs. #15 Little Rock# | 3-0         | 3-0          | 6-0         | 6-0         | 3-0          | 5-0         | 5-0         | 5-0         | 3-0         | 5-0         | 44-0          |
| 12/22: vs. #8 Missouri#     | 3-0         | 4-0          | 3-0         | 6-0         | 4-0          | 5-0         | 0-3         | 4-0         | 6-0         | 5-0         | 41-3          |
| 1/10: MICHIGAN STATE+       | 5-0         | 5-0          | 4-0         | 6-0         | 6-0          | 5-0         | 6-0         | 6-0         | 6-0         | 6-0         | 55-0          |
| 1/17: at #4 Nebraska+       | 3-0         | 0-3          | 3-0         | 0-4         | 3-0          | 5-0         | 3-0         | 4-0         | 5-0         | 5-0         | 31-7          |
| 1/24: at #25 Rutgers+       | 0-3         | 3-0          | 3-0         | 5-0         | 3-0          | 5-0         | 3-0         | 5-0         | 5-0         | 3-0         | 35-3          |
| 1/31: #2 IOWA+              | 5-0         | 0-5          | 3-0         | 4-0         | 3-0          | 5-0         | 3-0         | 3-0         | 0-3         | 4-0         | 30-8          |
| 2/7: #12 MICHIGAN+          | 6-0         | 3-0          | 3-0         | 3-0         | 3-0          | 4-0         | 6-0         | 5-0         | 3-0         | 3-0         | 39-0          |
| 2/9: MARYLAND+              | 5-0         | 0-4          | 4-0         | 5-0         | 0-6          | 5-0         | 3-0         | 5-0         | 5-0         | 3-0         | 35-10         |
| 2/14: at #6 Ohio State+     | 0-6         | 3-0          | 3-0         | 3-0         | 0-4          | 5-0         | 3-0         | 5-0         | 5-0         | 0-3         | 27-13         |
| 2/16: at #19 Illinois+      | 5-0         | 0-3          | 3-0         | 4-0         | 0-3          | 4-0         | 3-0         | 6-0         | 4-0         | 0-3         | 29-9          |
| 2/21: AMERICAN              | 5-0         | 0-3          | 5-0         | 5-0         | 6-0          | 5-0         | 6-0         | 6-0         | 6-0         | 6-0         | 50-3          |
| <b>TEAM TOTALS</b>          | <b>51-9</b> | <b>32-18</b> | <b>48-3</b> | <b>61-4</b> | <b>41-13</b> | <b>70-0</b> | <b>57-3</b> | <b>68-0</b> | <b>62-3</b> | <b>56-6</b> | <b>599-62</b> |

+ Big Ten Dual // \* Indicates team point lost during dual (bench OR athlete) // # Journeymen Collegiate Duals, Nashville, Tenn.

### INDIVIDUAL DUAL RECORD BY WEIGHT

| 125         | 133        | 141         | 149         | 157         | 165         | 174         | 184         | 197         | 285         | TOTAL         |
|-------------|------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|---------------|
| <b>13-2</b> | <b>9-6</b> | <b>14-1</b> | <b>14-1</b> | <b>12-3</b> | <b>15-0</b> | <b>14-1</b> | <b>15-0</b> | <b>14-1</b> | <b>13-2</b> | <b>133-17</b> |

### DUAL PINS BY WEIGHT

| 125        | 133        | 141        | 149        | 157        | 165        | 174        | 184        | 197        | 285        | TOTAL       |
|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|-------------|
| <b>1-1</b> | <b>0-0</b> | <b>2-0</b> | <b>5-0</b> | <b>3-0</b> | <b>0-0</b> | <b>5-0</b> | <b>4-0</b> | <b>4-0</b> | <b>4-0</b> | <b>28-1</b> |

### DUAL TECHNICAL FALLS BY WEIGHT

| 125        | 133        | 141        | 149        | 157        | 165         | 174        | 184        | 197        | 285        | TOTAL       |
|------------|------------|------------|------------|------------|-------------|------------|------------|------------|------------|-------------|
| <b>7-0</b> | <b>2-1</b> | <b>1-0</b> | <b>3-0</b> | <b>0-0</b> | <b>11-0</b> | <b>3-0</b> | <b>6-0</b> | <b>6-0</b> | <b>5-0</b> | <b>44-1</b> |

### DUAL MAJOR DECISIONS BY WEIGHT

| 125        | 133        | 141        | 149        | 157        | 165        | 174        | 184        | 197        | 285        | TOTAL       |
|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|-------------|
| <b>0-0</b> | <b>1-1</b> | <b>3-0</b> | <b>3-1</b> | <b>2-1</b> | <b>2-0</b> | <b>0-0</b> | <b>3-0</b> | <b>2-0</b> | <b>1-0</b> | <b>17-3</b> |

### DUAL FORFEITS/DQs/INJURY DEFAULTS BY WEIGHT

| 125        | 133        | 141        | 149        | 157        | 165        | 174        | 184        | 197        | 285        | TOTAL      |
|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|
| <b>1-0</b> | <b>0-0</b> | <b>0-0</b> | <b>0-0</b> | <b>0-1</b> | <b>2-0</b> | <b>0-0</b> | <b>1-0</b> | <b>0-0</b> | <b>0-0</b> | <b>4-1</b> |

### DUAL DECISIONS BY WEIGHT

| 125        | 133        | 141        | 149        | 157        | 165        | 174        | 184        | 197        | 285        | TOTAL        |
|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|--------------|
| <b>4-1</b> | <b>6-4</b> | <b>8-1</b> | <b>3-0</b> | <b>7-1</b> | <b>0-0</b> | <b>6-1</b> | <b>1-0</b> | <b>2-1</b> | <b>3-2</b> | <b>40-11</b> |

### TEAM RECORD AT DUAL'S STARTING WEIGHT

| 125         | 133        | 141        | 149        | 157        | 165        | 174        | 184        | 197        | 285        | TOTAL       |
|-------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|-------------|
| <b>11-2</b> | <b>0-0</b> | <b>0-0</b> | <b>0-0</b> | <b>0-0</b> | <b>0-0</b> | <b>1-0</b> | <b>0-0</b> | <b>0-0</b> | <b>1-0</b> | <b>13-2</b> |

## SEASON LEADERS -- DUAL MEETS

#### DUAL POINTS

|     |                          |     |
|-----|--------------------------|-----|
| 1.  | Mitchell Mesenbrink, 165 | 75  |
| 2.  | Carter Starocci, 184     | 74* |
| 3.  | Josh Barr, 197           | 63  |
|     | Levi Haines, 174         | 63  |
|     | Shayne Van Ness, 149     | 63  |
| 6.  | Greg Kerkvliet, 285      | 62  |
| 7.  | Luke Lilledahl, 125      | 59  |
| 8.  | Beau Bartlett, 141       | 53  |
| 9.  | Tyler Kasak, 157         | 44  |
| 10. | Braeden Davis, 133       | 29  |
| 11. | Lucas Cochran, 197       | 5   |
| 12. | Alex Facundo, 157        | 3   |
|     | Kyson Garcia, 133        | 3   |
|     | Connor Pierce, 149       | 3   |

\* lost team point

#### DUAL BONUS POINTS

|     |                          |     |
|-----|--------------------------|-----|
| 1.  | Mitchell Mesenbrink, 165 | 30  |
| 2.  | Carter Starocci, 184     | 29* |
| 3.  | Josh Barr, 197           | 24  |
|     | Shayne Van Ness, 149     | 24  |
| 5.  | Greg Kerkvliet, 285      | 23  |
| 6.  | Levi Haines, 174         | 21  |
| 7.  | Luke Lilledahl, 125      | 20  |
| 8.  | Tyler Kasak, 157         | 11  |
|     | Beau Bartlett, 141       | 11  |
| 10. | Braeden Davis, 133       | 5   |
| 11. | Lucas Cochran, 197       | 2   |

\* lost team point

#### DUAL PINS

|    |                      |   |
|----|----------------------|---|
| 1. | Levi Haines, 174     | 5 |
|    | Shayne Van Ness, 149 | 5 |
| 3. | Josh Barr, 197       | 4 |
|    | Greg Kerkvliet, 285  | 4 |
|    | Carter Starocci, 184 | 4 |
| 6. | Tyler Kasak, 157     | 3 |
| 7. | Beau Bartlett, 141   | 2 |
| 8. | Luke Lilledahl, 125  | 1 |

#### DUAL FORFEIT/INJ. DEF/DQ WINS

|    |                          |   |
|----|--------------------------|---|
| 1. | Mitchell Mesenbrink, 165 | 2 |
| 2. | Luke Lilledahl, 125      | 1 |

#### DUAL MAJOR DECISIONS

|    |                          |   |
|----|--------------------------|---|
| 1. | Beau Bartlett, 141       | 3 |
|    | Carter Starocci, 184     | 3 |
|    | Shayne Van Ness, 149     | 3 |
| 4. | Josh Barr, 197           | 2 |
|    | Tyler Kasak, 157         | 2 |
|    | Mitchell Mesenbrink, 165 | 2 |
| 7. | Braeden Davis, 133       | 2 |
|    | Greg Kerkvliet, 285      | 1 |

#### DUAL TECH FALLS

|    |                          |    |
|----|--------------------------|----|
| 1. | Mitchell Mesenbrink, 165 | 11 |
| 2. | Luke Lilledahl, 125      | 7  |
|    | Carter Starocci, 184     | 6  |
| 4. | Josh Barr, 197           | 5  |
|    | Greg Kerkvliet, 285      | 5  |
| 6. | Levi Haines, 174         | 3  |
|    | Shayne Van Ness, 149     | 3  |
| 8. | Braeden Davis, 133       | 2  |
| 9. | Beau Bartlett, 141       | 1  |
|    | Lucas Cochran, 197       | 1  |

#### DUAL TAKEDOWNS

|     |                          |    |
|-----|--------------------------|----|
| 1.  | Mitchell Mesenbrink, 165 | 55 |
| 2.  | Carter Starocci, 184     | 52 |
| 3.  | Luke Lilledahl, 125      | 49 |
| 4.  | Josh Barr, 197           | 47 |
| 5.  | Beau Bartlett, 141       | 33 |
|     | Shayne Van Ness, 149     | 33 |
| 7.  | Levi Haines, 174         | 26 |
| 8.  | Greg Kerkvliet, 285      | 25 |
| 9.  | Tyler Kasak, 157         | 21 |
| 10. | Braeden Davis, 133       | 18 |
| 11. | Lucas Cochran, 197       | 3  |
|     | Kyson Garcia, 133        | 3  |
| 13. | Cael Nasdeo, 141         | 2  |
| 14. | Alex Facundo, 157        | 1  |
|     | Connor Pierce, 149       | 1  |

#### DUAL REVERSALS

|    |                          |   |
|----|--------------------------|---|
| 1. | Mitchell Mesenbrink, 165 | 3 |
|    | Carter Starocci, 184     | 3 |
| 3. | Beau Bartlett, 141       | 2 |
|    | Braeden Davis, 133       | 2 |
|    | Alex Facundo, 157        | 2 |
|    | Greg Kerkvliet, 285      | 2 |
|    | Shayne Van Ness, 149     | 2 |
| 8. | Josh Barr, 197           | 1 |
|    | Tyler Kasak, 157         | 1 |
|    | Luke Lilledahl, 125      | 1 |

#### DUAL NEAR FALL 2

|    |                          |   |
|----|--------------------------|---|
| 1. | Beau Bartlett, 141       | 2 |
|    | Mitchell Mesenbrink, 165 | 2 |
| 3. | Josh Barr, 197           | 1 |
|    | Levi Haines, 174         | 1 |
|    | Greg Kerkvliet, 285      | 1 |
|    | Luke Lilledahl, 125      | 1 |

#### DUAL NEAR FALL 3

|    |                          |   |
|----|--------------------------|---|
| 1. | Mitchell Mesenbrink, 165 | 2 |
| 2. | Levi Haines, 174         | 1 |
|    | Tyler Kasak, 157         | 1 |

#### DUAL NEAR FALL 4

|    |                          |    |
|----|--------------------------|----|
| 1. | Greg Kerkvliet, 285      | 13 |
| 2. | Levi Haines, 174         | 8  |
| 3. | Mitchell Mesenbrink, 165 | 5  |
|    | Shayne Van Ness, 149     | 5  |
| 5. | Josh Barr, 197           | 4  |
| 6. | Braeden Davis, 133       | 3  |
|    | Carter Starocci, 184     | 3  |
| 8. | Lucas Cochran, 197       | 2  |
|    | Luke Lilledahl, 125      | 2  |
| 9. | Tyler Kasak, 157         | 1  |

#### DUAL STALLS FORCED/TAKEN

|                          |            |           |
|--------------------------|------------|-----------|
| 125: Luke Lilledahl      | 13         | 0         |
| 133: Braeden Davis       | 2          | 4         |
| 133: Kyson Garcia        | 0          | 3         |
| 133: Kurt McHenry        | 0          | 1         |
| 141: Beau Bartlett       | 9          | 5         |
| 141: Cael Nasdeo         | 1          | 0         |
| 149: Shayne Van Ness     | 9          | 0         |
| 149: Connor Pierce       | 0          | 0         |
| 157: Tyler Kasak         | 6          | 8         |
| 157: Alex Facundo        | 1          | 0         |
| 157: Joe Sealey          | 0          | 3         |
| 165: Mitchell Mesenbrink | 24         | 0         |
| 174: Levi Haines         | 3          | 1         |
| 184: Carter Starocci     | 25         | 0         |
| 197: Josh Barr           | 5          | 2         |
| 197: Lucas Cochran       | 0          | 0         |
| 285: Greg Kerkvliet      | 9          | 0         |
| 285: Cole Mirasola       | 0          | 1         |
| <b>TOTALS</b>            | <b>107</b> | <b>28</b> |

#### DUAL RIDING TIME POINTS FOR/AGAINST

|                          |           |          |
|--------------------------|-----------|----------|
| 125: Luke Lilledahl      | 1         | 0        |
| 133: Braeden Davis       | 3         | 1        |
| 133: Kyson Garcia        | 0         | 1        |
| 141: Beau Bartlett       | 3         | 0        |
| 141: Cael Nasdeo         | 0         | 1        |
| 149: Shayne Van Ness     | 2         | 1        |
| 149: Connor Pierce       | 3         | 0        |
| 157: Tyler Kasak         | 6         | 0        |
| 157: Alex Facundo        | 1         | 0        |
| 157: Joe Sealey          | 0         | 2        |
| 165: Mitchell Mesenbrink | 2         | 0        |
| 174: Levi Haines         | 5         | 0        |
| 184: Carter Starocci     | 6         | 0        |
| 197: Josh Barr           | 2         | 1        |
| 197: Lucas Cochran       | 0         | 0        |
| 285: Greg Kerkvliet      | 3         | 0        |
| 285: Cole Mirasola       | 0         | 0        |
| <b>TOTALS</b>            | <b>37</b> | <b>7</b> |

# RECORD WATCH

## SINGLE SEASON

### VICTORIES

|     |    |                       |
|-----|----|-----------------------|
| 1.  | 54 | Scott Moore, 2003     |
| 2.  | 47 | Kerry McCoy, 1994     |
| 3.  | 44 | Josh Moore, 2004      |
| 4.  | 43 | Mark Becks, 2003      |
|     |    | Jim Martin, 1989      |
|     |    | Kerry McCoy, 1995     |
| 7.  | 41 | Jim Martin, 1988      |
|     |    | Kerry McCoy, 1997     |
| 9.  | 40 | Josh Moore, 2003      |
| 10. | 39 | Carl DeStefanis, 1984 |
|     |    | Bob Truby, 1991       |
| 12. | 38 | Ed Ruth, 2011         |
|     |    | David Taylor, 2011    |
|     |    | Pat Cummins, 2004     |
|     |    | Pat Cummins, 2003     |
|     |    | Greg Elinsky, 1987    |
|     |    | Cary Kolat, 1994      |
| 16. | 37 | Phil Davis, 2005      |
|     |    | Jim Martin, 1986      |
|     |    | Greg Elinsky, 1986    |
| 19. | 36 | John Hughes, 1994     |
| 20. | 35 | Sanshiro Abe, 1994    |
|     |    | Bill Marino, 1983     |
|     |    | Greg Elinsky, 1984    |
|     |    | Ken Chertow, 1987, 88 |
|     |    | Jamarr Billman, 1998  |

### FALLS

|     |    |                         |
|-----|----|-------------------------|
| 1.  | 24 | Josh Moore, '03-04      |
| 2.  | 22 | Scott Moore, '02-03     |
| 3.  | 20 | Cary Kolat, '93-94      |
| 4.  | 18 | Bo Nickal, '18-19       |
|     | 18 | Andrew Alton, '10-11    |
| 6.  | 17 | Zain Retherford, '17-18 |
|     | 17 | Bo Nickal, '16-17       |
|     | 17 | Zain Retherford, '16-17 |
| 9.  | 16 | Bo Nickal, '17-18       |
|     | 16 | Jason Nolf, '17-18      |
|     | 16 | David Taylor, '13-14    |
|     | 16 | Josh Moore, '02-03      |
| 13. | 15 | Jason Nolf, '18-19      |
|     | 15 | Jason Nolf, '15-16      |
|     | 15 | Zain Retherford, '15-16 |
|     | 15 | David Taylor, '11-12    |
|     | 15 | Bill Marino, '82-83     |

### SHUTOUTS (34 SINCE 81-82)

|        |  |
|--------|--|
| 45-0   | vs. Cornell, 12/3/81, Rec Hall               |
| 54-0   | vs. Millersville, 1/25/83, Rec Hall          |
| 39-0   | vs. Virginia, 12/1/87, Rec Hall              |
| 45-0   | vs. Maryland, 1/18/92, Rec Hall              |
| 38-0   | vs. Minnesota, 2/8/92, Ann Arbor             |
| 39-0   | vs. Bloomsburg, 2/10/93, Rec Hall            |
| 39-0   | vs. Lehigh, 2/13/93, Rec Hall                |
| 40(-1) | vs. Wartburg, 1/22/00, BJC                   |
| 38-0   | vs. Appalachian State, 1/11/02, Hampton, Va. |
| 47-0   | vs. Clarion, 11/19/06, Lock Haven, Pa.       |
| 41-0   | vs. Rider, 1/13/07, Hampton, Va.             |
| 33-0   | vs. Lehigh, 12/7/07, Easton, Pa.             |
| 45-0   | vs. Harvard, 11/21/10, Binghamton            |
| 48-0   | vs. Lock Haven, 12/12/10, Rec Hall           |
| 50-0   | vs. Lock Haven, 12/18/11, Lock Haven,        |
| 43-0   | vs. Wisconsin, 1/15/12, Madison              |
| 52-0   | vs. Indiana, 12/9/12, Rec Hall               |
| 41-0   | vs. Michigan State, 1/13/13, Rec Hall        |
| 37-0   | vs. Illinois, 2/3/13, Champaign, Ill.        |
| 48-0   | vs. Rider, 2/17/13, Rec Hall                 |
| 34-0   | vs. Rutgers, 2/24/13, New Brunswick          |
| 44-0   | vs. Clarion, 11/22/14, Clarion, Pa.          |
| 35-0   | vs. Michigan State, 2/1/15, East Lansing     |
| 50-0   | vs. Lock Haven, 11/13/15, Rec Hall           |
| 45-0   | vs. Army, 11/11/16, West Point, N.Y.         |
| 46-0   | vs. Binghamton, 12/11/16, Rec Hall           |

(shutouts continued)...

|      |   |
|------|---|
| 55-0 | vs. Buffalo, 2/18/18, Rec Hall                  |
| 42-0 | vs. Lehigh, 12/2/18, Rec Hall                   |
| 45-0 | vs. Navy, 11/10/19, Rec Hall                    |
| 44-0 | vs. Maryland, 2/22/21, Rec Hall                 |
| 46-0 | vs. Maryland, 1/7/22, College Park, Md.         |
| 46-0 | vs. Rider, 2/20/22, Rec Hall                    |
| 46-0 | vs. Indiana, 1/14/24, Rec Hall                  |
| 35-0 | at Michigan State, 2/21/24, East Lansing, Mich. |
| 54-0 | vs. Wyoming, 12/8/24, Bryce Jordan Center       |
| 52-0 | vs. Binghamton, 12/22/24, Nashville, Tenn.      |
| 44-0 | vs. Little Rock, 12/22/24, Nashville, Tenn.     |
| 55-0 | vs. Michigan State, 1/10/25, Rec Hall           |
| 39-0 | vs. Michigan, 2/7/25, Bryce Jordan Center       |

## CAREER

### MATCHES WRESTLED

|     |     |                            |
|-----|-----|----------------------------|
| 1.  | 184 | Josh Moore, '01-04         |
| 2.  | 168 | Jim Martin, '86-89         |
|     | 168 | Kerry McCoy, '92-97        |
| 4.  | 162 | Greg Elinsky, '83-87       |
| 5.  | 158 | Doc Vecchio, '00-03        |
|     |     | Clint Musser, '94, 96-99   |
|     |     | Ken Chertow, '85, 87-89    |
|     |     | Jason Suter, '88-91        |
| 7.  | 154 | Adam Smith, '02-05         |
|     | 151 | Scott Moore, '00, '02-03   |
| 11. | 150 | Frank Molinaro, '09-12     |
| 12. | 149 | Mark Becks, '00-03         |
|     |     | Eric Brugel, '82-84, 86    |
|     |     | John Hughes, '92, 94-96    |
| 15. | 144 | Andy Voit, '85, 87-89      |
| 16. | 143 | Dan Vallimont, '07-10      |
| 17. | 142 | John Hanrahan, '79-82      |
| 19. | 140 | Jeremy Hunter, '96-00      |
|     |     | Sanshiro Abe, '93-96       |
|     |     | Tim Flynn, '83, 85-87      |
| 20. | 139 | Quentin Wright, '09, 11-13 |
|     | 139 | Ed Ruth, '11-13            |

### VICTORIES (AT PENN STATE)

|     |     |                          |
|-----|-----|--------------------------|
| 1.  | 155 | Jim Martin, '86-89       |
| 2.  | 150 | Kerry McCoy, '92-97      |
| 3.  | 146 | Josh Moore, '01-04       |
| 4.  | 138 | Greg Elinsky, '83-87     |
| 5.  | 136 | Ed Ruth, 2011-14         |
| 6.  | 134 | David Taylor, 2011-14    |
| 7.  | 126 | Zain Retherford, '14-18  |
| 8.  | 125 | Sanshiro Abe, '93-96     |
| 9.  | 123 | Jeremy Hunter, '96-00    |
|     | 123 | Clint Musser, '94, 96-99 |
| 11. | 121 | Frank Molinaro, '09-12   |
|     | 121 | John Hughes, '92, 94-96  |
| 13. | 119 | Nico Megaludis, '12-16   |
| 14. | 118 | Nick Lee, '18-22         |
|     | 118 | Matt Brown, '12-15       |
| 16. | 116 | Mark Hall, 2017-20       |
|     | 116 | Quentin Wright, '09-13   |
|     | 116 | Phil Davis, '05-08       |
| 19. | 115 | Ken Chertow, '85, 87-89  |
| 20. | 114 | Morgan McIntosh, '12-16  |
|     | 114 | Carl DeStefanis, '81-84  |

### OVERALL WINNING % (MINIMUM 30 MATCHES)

|     |       |  |
|-----|-------|--|
| 1.  | 97.84 | Ed Ruth (136-3), 2011-14                   |
| 2.  | 97.81 | David Taylor (134-3), 2011-14              |
| 3.  | 97.6  | Zain Retherford (126-3), 2014-18           |
| 4.  | 97.5  | Bo Nickal (120-3), 2016-19                 |
| 5.  | 97.5  | Jason Nolf (117-3), 2016-19                |
| 6.  | 96.7  | Aaron Brooks (89-3), '20-24                |
|     | 96.7  | Andy Matter (59-2), 1970-72                |
| 8.  | 96.3  | <b>Carter Starocci (104-4), '21-Prsnt.</b> |
| 9.  | 95.1  | Mark Hall (116-6), 2017-20                 |
| 10. | 93.4  | Jim Martin (155-9-4), 1986-89              |

### FALLS

|     |    |                          |
|-----|----|--------------------------|
| 1.  | 60 | Jason Nolf, '16-19       |
| 2.  | 59 | Bo Nickal, '16-19        |
| 3.  | 53 | Zain Retherford, '14-18  |
|     | 53 | David Taylor, '11-14     |
|     | 53 | Josh Moore, '01-04       |
| 6.  | 46 | Ed Ruth, '11-14          |
| 7.  | 41 | Mark Hall, '17-20        |
|     | 38 | Quentin Wright, '09-13   |
| 9.  | 34 | Scott Moore, '00, '02-03 |
|     | 34 | Kerry McCoy, '92-97      |
| 11. | 32 | Cameron Wade, 2009-12    |
|     | 32 | Josh Walker, '02-05      |
| 13. | 31 | Andrew Alton, '11-15     |
|     | 31 | Biff Walizer, '95-99     |
| 15. | 30 | Shakur Rasheed, '16-20   |
|     | 30 | Matt Brown, '12-15       |
|     | 30 | Phil Davis, '05-08       |
|     | 30 | Pat Cummins, '01-04      |
| 19  | 29 | Jeremy Hunter, '96-00    |
| 20. | 28 | Cary Kolat, '93-94       |

### DUAL MEET VICTORIES

|     |    |                                    |
|-----|----|------------------------------------|
| 1.  | 73 | Jim Martin, '86-89                 |
| 2.  | 71 | Kerry McCoy, '92-97                |
| 3.  | 63 | David Taylor, '11-14               |
| 4.  | 62 | Jeremy Hunter, '96-00              |
| 5.  | 60 | <b>Carter Starocci, '21-Prsnt.</b> |
|     | 59 | Zain Retherford, '14-18            |
| 7.  | 58 | Phil Davis, '05-08                 |
| 8.  | 57 | Bo Nickal, 2016-19                 |
|     | 57 | Sanshiro Abe, '93-96               |
|     | 57 | Dan Vallimont, '07-10              |
| 11. | 55 | Nick Lee, '18-22                   |
|     | 55 | Ed Ruth, '11-14                    |
|     | 55 | Frank Molinaro, '09-12             |
|     | 55 | Greg Elinsky, '83-87               |
| 15. | 54 | Roman Bravo-Young, '19-23          |
|     | 54 | Jason Nolf, 2016-19                |
|     | 54 | Glenn Pritzlaff, '94, 96-99        |
| 18. | 53 | Morgan McIntosh, '12-16            |
|     | 53 | Clint Musser, '94, 96-99           |
| 20. | 52 | <b>Beau Bartlett, '21-Prsnt.</b>   |
|     | 52 | Nico Megaludis, '12-16             |
|     | 52 | Troy Sunderland, '89, 91-93        |

### DUAL MEET WINNING % (MINIMUM 20 MATCHES)

|    |       |   |
|----|-------|---|
| 1. | 100.0 | David Taylor (63-0), 2011-14              |
|    |       | Zain Retherford (59-0), 2014-18           |
|    |       | Ed Ruth (55-0), 2011-14                   |
|    |       | Andy Matter (33-0), 1970-72               |
| 5. | 98.4  | <b>Carter Starocci (60-1), '21-Prsnt.</b> |
| 6. | 98.3  | Bo Nickal (57-1), 2016-19                 |
| 7. | 98.2  | Jason Nolf (54-1), 2016-19                |





# PENN STATE IN THE NCAA CHAMPIONSHIPS

## NCAA HIGHLIGHTS

### National Champions (61)

|      |                          |
|------|--------------------------|
| 1935 | Howard Johnston, 165     |
| 1952 | Joe Lemyre, 167          |
| 1953 | Hud Samson, 191          |
| 1955 | Larry Fornicola, 137     |
| 1955 | Bill Oberly, Hwt.        |
| 1957 | John Johnston, 130       |
| 1971 | Andy Matter, 167         |
| 1972 | Andy Matter, 167         |
| 1975 | John Fritz, 126          |
| 1984 | Carl DeStefanis, 118     |
|      | Scott Lynch, 134         |
| 1988 | Jim Martin, 126          |
| 1991 | Jeff Prescott, 118       |
| 1992 | Jeff Prescott, 118       |
| 1994 | Kerry McCoy, Hwt.        |
| 1995 | John Hughes, 142         |
| 1996 | Sanshiro Abe, 126        |
| 1997 | Kerry McCoy, Hwt.        |
| 1999 | Glenn Pritzlaff, 174     |
| 2000 | Jeremy Hunter, 125       |
| 2008 | Phil Davis, 197          |
| 2011 | Quentin Wright, 184      |
| 2012 | Frank Molinaro, 149      |
|      | David Taylor, 165        |
|      | Ed Ruth, 174             |
| 2013 | Ed Ruth, 184             |
|      | Quentin Wright, 197      |
| 2014 | David Taylor, 165        |
|      | Ed Ruth, 184             |
| 2015 | Matt Brown, 174          |
| 2016 | Nico Megaludis, 125      |
|      | Zain Retherford, 149     |
| 2017 | Zain Retherford, 149     |
|      | Jason Nolf, 157          |
|      | Vincenzo Joseph, 165     |
|      | Mark Hall, 174           |
|      | Bo Nickal, 184           |
| 2018 | Zain Retherford, 149     |
|      | Jason Nolf, 157          |
|      | Vincenzo Joseph, 165     |
|      | Bo Nickal, 184           |
| 2019 | Jason Nolf, 157          |
|      | Bo Nickal, 197           |
|      | Anthony Cassar, 285      |
| 2020 | event canceled by NCAA   |
|      | in reaction to a virus   |
| 2021 | Roman Bravo-Young, 133   |
|      | Nick Lee, 141            |
|      | Carter Starocci, 174     |
|      | Aaron Brooks, 184        |
| 2022 | Roman Bravo-Young, 133   |
|      | Nick Lee, 141            |
|      | Carter Starocci, 174     |
|      | Aaron Brooks, 184        |
|      | Max Dean, 197            |
| 2023 | Carter Starocci, 174     |
|      | Aaron Brooks, 184        |
| 2024 | Levi Haines, 157         |
|      | Carter Starocci, 174     |
|      | Aaron Brooks, 197        |
|      | Greg Kerkvliet, 285      |
| 2025 | Mitchell Mesenbrink, 165 |
|      | Carter Starocci, 184     |

### Top NCAA Finishes

|     |                                 |
|-----|---------------------------------|
| 118 | 1st: Carl DeStefanis, 1984      |
|     | 1st: Jeff Prescott, 1991-92     |
| 125 | 1st: Jeremy Hunter, 2000        |
|     | 1st: Nico Megaludis, 2016       |
|     | 2nd: Nico Megaludis, 2012       |
|     | 2nd: Nico Megaludis, 2013       |
|     | 3rd: Nico Megaludis, 2014       |
|     | 3rd: Luke Lilledahl, 2025       |
| 126 | 1st: John Fritz, 1975           |
|     | 1st: Jim Martin, 1988           |
|     | 1st: Sanshiro Abe, 1996         |
| 130 | 1st: John Johnston, 1957        |
| 133 | 1st: Roman Bravo-Young, 2022    |
|     | 1st: Roman Bravo-Young, 2021    |
|     | 2nd: Roman Bravo-Young, 2023    |
|     | 2nd: Josh Moore, 2004           |
|     | 3rd: Andrew Long, 2011          |
| 134 | 1st: Scott Lynch, 1984          |
| 137 | 1st: Larry Fornicola, 1955      |
| 141 | 1st: Nick Lee, 2022             |
|     | 1st: Nick Lee, 2021             |
|     | 2nd: Beau Bartlett, 2024        |
|     | 3rd: Beau Bartlett, 2023        |
|     | 3rd: Beau Bartlett, 2025        |
| 142 | 1st: John Hughes, 1995          |
| 149 | 1st: Frank Molinaro, 2012       |
|     | 1st: Zain Retherford, 2016      |
|     | 1st: Zain Retherford, 2017      |
|     | 1st: Zain Retherford, 2018      |
|     | 2nd: Frank Molinaro, 2011       |
|     | 2nd: Bubba Jenkins, 2008        |
|     | 3rd: Shayne Van Ness, 2023      |
|     | 3rd: Tyler Kasak, 2024          |
|     | 3rd: Shayne Van Ness, 2025      |
| 150 | 2nd: Troy Sunderland, 1992 & 93 |
| 157 | 1st: Levi Haines, 2024          |
|     | 1st: Jason Nolf, 2018           |
|     | 1st: Jason Nolf, 2017           |
|     | 2nd: Levi Haines, 2023          |
|     | 2nd: Jason Nolf, 2016           |
|     | 2nd: David Taylor, 2011         |
|     | 2nd: Clint Musser, 1999         |
|     | 3rd: Dylan Alton, 2012          |
|     | 3rd: Dan Vallimont, 2008        |
|     | 3rd: Tyler Kasak, 157           |
| 158 | 2nd: Greg Elinsky, 1985-86      |
|     | 2nd: Josh Robbins, 1993         |
| 165 | 1st: David Taylor, 2012         |
|     | 1st: David Taylor, 2013         |
|     | 1st: Vincenzo Joseph, 2017      |
|     | 1st: Vincenzo Joseph, 2018      |
|     | 1st: Mitchell Mesenbrink, 165   |
|     | 1st: Howard Johnson, 1935       |
|     | 2nd: Mitchell Mesenbrink, 2024  |
|     | 2nd: David Taylor, 2013         |
|     | 2nd: Dan Vallimont, 2010        |
|     | 2nd: Vincenzo Joseph, 2019      |
| 167 | 1st: Joe Lemyre, 1952           |
|     | 1st: Andy Matter, 1971-72       |
| 174 | 1st: Carter Starocci, 2024      |
|     | 1st: Carter Starocci, 2023      |
|     | 1st: Carter Starocci, 2022      |
|     | 1st: Carter Starocci, 2021      |
|     | 1st: Glenn Pritzlaff, 1999      |
|     | 1st: Ed Ruth, 2012              |
|     | 1st: Matt Brown, 2015           |
|     | 1st: Mark Hall, 2017            |
|     | 2nd: Mark Hall, 2019            |
|     | 2nd: Mark Hall, 2018            |
|     | 2nd: Matt Brown, 2013           |
|     | 2nd: Bo Nickal, 2016            |

|     |                            |
|-----|----------------------------|
|     | 3rd: Ed Ruth, 2011         |
|     | 3rd: Levi Haines, 174      |
| 177 | 2nd: Mike Rubino, 1951     |
|     | 2nd: Joe Krufka, 1955      |
|     | 2nd: Dan Mayo, 1988        |
| 184 | 1st: Carter Starocci, 2025 |
|     | 1st: Aaron Brooks, 2023    |
|     | 1st: Aaron Brooks, 2022    |
|     | 1st: Aaron Brooks, 2021    |
|     | 1st: Quentin Wright, 2011  |
|     | 1st: Ed Ruth, 2013         |
|     | 1st: Ed Ruth, 2014         |
|     | 1st: Bo Nickal, 2017       |
|     | 1st: Bo Nickal, 2018       |
|     | 2nd: Quentin Wright, 2012  |
| 190 | 4th: Andy Voit, 1987       |
| 191 | 1st: Hud Samson, 1953      |
| 197 | 1st: Aaron Brooks, 2024    |
|     | 1st: Max Dean, 2022        |
|     | 1st: Quentin Wright, 197   |
|     | 1st: Phil Davis, 2008      |
|     | 2nd: Josh Barr, 197        |
|     | 2nd: Phil Davis, 2006      |
|     | 2nd: Morgan McIntosh, 2016 |
|     | 3rd: Morgan McIntosh, 2015 |
| Hwt | 1st: Greg Kerkvliet, 2024  |
|     | 1st: Anthony Cassar, 2020  |
|     | 1st: Bill Oberly, 1955     |
|     | 1st: Kerry McCoy, 1997     |
|     | 1st: Kerry McCoy, 1994     |
|     | 2nd: Greg Kerkvliet, 2023  |
|     | 2nd: Aaron Anspach, 2007   |

### National Runners-Up (46)

|      |                      |
|------|----------------------|
| 1939 | Joe Scalzo, 145      |
| 1951 | Don Frey, 147        |
|      | Mike Rubino, 177     |
|      | Homer Barr, Hwt.     |
| 1953 | Dick Lemyre, 130     |
| 1955 | Joe Krufka, 177      |
| 1956 | Dave Adams, 147      |
| 1957 | John Pepe, 137       |
| 1961 | Ron Pifer, 147       |
| 1971 | Dave Joyner, Hwt.    |
| 1985 | Greg Elinsky, 158    |
| 1986 | Greg Elinsky, 158    |
| 1987 | Jim Martin, 118      |
| 1988 | Dan Mayo, 177        |
| 1990 | Greg Haladay, Hwt.   |
| 1992 | Troy Sunderland, 150 |
| 1993 | Cary Kolat, 134      |
|      | Troy Sunderland, 150 |
|      | Josh Robbins, 158    |
| 1995 | Sanshiro Abe, 126    |
| 1996 | John Hughes, 142     |
|      | Jeremy Hunter, 125   |
|      | Clint Musser, 157    |
| 2004 | Josh Moore, 133      |
|      | Pat Cummins, Hwt.    |
| 2006 | Phil Davis, 197      |
| 2007 | Aaron Anspach, HWT   |
| 2008 | Bubba Jenkins, 149   |
| 2010 | Dan Vallimont, 165   |
| 2011 | Frank Molinaro, 149  |
|      | David Taylor, 157    |
| 2012 | Nico Megaludis, 125  |
|      | Quentin Wright, 184  |
| 2013 | Nico Megaludis, 125  |
|      | David Taylor, 165    |
|      | Matt Brown, 174      |
| 2016 | Jason Nolf, 157      |

# PENN STATE IN THE NCAA CHAMPIONSHIPS

|      |                          |
|------|--------------------------|
|      | Bo Nickal, 174           |
|      | Morgan McIntosh, 197     |
| 2018 | Mark Hall, 174           |
| 2019 | Vincenzo Joseph, 165     |
|      | Mark Hall, 174           |
| 2023 | Roman Bravo-Young, 133   |
|      | Levi Haines, 157         |
|      | Greg Kerkvliet, 285      |
| 2024 | Beau Bartlett, 141       |
|      | Mitchell Mesenbrink, 165 |
| 2025 | Josh Barr, 197           |

## NCAA Tournament Wins

|    |                            |      |
|----|----------------------------|------|
| 1  | Carter Starocci, 2021-25   | 25-0 |
| 2  | Ed Ruth, 2010-14           | 21-1 |
| 3  | Aaron Brooks, 2021-24      | 20-0 |
|    | Nick Lee, 2018-22          | 20-4 |
|    | Greg Kerkvliet, 2021-Prst. | 20-5 |
| 5  | Bo Nickal, 2016-19         | 19-1 |
|    | Jason Nolf, 2016-19        | 19-1 |
|    | Zain Retherford, 2014-18   | 19-2 |
| 8  | David Taylor, 2011-14      | 18-2 |
|    | Nico Megaludis, 2012-16    | 18-3 |
|    | Roman Bravo-Young, 2019-23 | 18-4 |
|    | Quentin Wright, 2009-13    | 18-4 |
|    | Jim Martin, 1986-89        | 18-4 |
|    | Sanshiro Abe, 1993-96      | 18-4 |
|    | Greg Elinsky, 1984-87      | 18-5 |
| 15 | John Fritz, 1972-75        | 17-3 |
|    | Phil Davis, 2005-08        | 17-5 |
|    | Frank Molinaro, 2009-12    | 17-6 |
|    | Ken Chertow, 1985, 1987-89 | 17-6 |

## NCAA Tournament Win % (Minimum 10 matches)

|     |                          |                |
|-----|--------------------------|----------------|
| 1.  | Carter Starocci, 2021-25 | 100.0.... 25-0 |
| 2.  | Aaron Brooks, 2020-24    | 100.0.... 20-0 |
| 3.  | Ed Ruth, 2011-14         | 95.5..... 21-1 |
| 4.  | Bo Nickal, 2016-19       | 95.0..... 19-1 |
|     | Jason Nolf, 2016-19      | 95.0..... 19-1 |
| 6.  | Vincenzo Joseph, 2017-19 | 93.3..... 14-1 |
| 7.  | Andy Matter, 1970-72     | 91.7..... 11-1 |
| 8.  | Zain Retherford, 2014-18 | 90.5..... 19-2 |
| 9.  | David Taylor, 2011-14    | 90.0..... 18-2 |
| 10. | Jeff Prescott, 1990-92   | 88.2..... 15-2 |
| 11. | Levi Haines, 2023-Prst.  | 87.5..... 14-2 |

## TEAM RECORDS

### Top Ten Finishes (57)

|      |  |
|------|--|
| 1st  | 1953, 2011, 2012, 2013, 2014<br>2016, 2017, 2018, 2019, 2022<br>2023, 2024, 2025 |
| 2nd  | 1955, 1993, 2021   |
| 3rd  | 1942, 1951, 1954, 1984,<br>1987, 1991, 1992, 1994, 2008                          |
| 4th  | 1971 (tie), 1996, 1998, 1999   |
| 5th  | 1935 (tie), 1952, 1956,<br>1957, 1986, 1988, 1995                                |
| 6th  | 1981, 1990, 2003, 2015   |
| 7th  | 1960, 1961, 1974, 1983, 1985   |
| 8th  | 1939, 1964, 1972   |
| 9th  | 1946 (tie), 1950, 2006 (tie), 2010   |
| 10th | 1973 (tie), 1975,<br>1976, 1989, 1997  |

## Highest Point Totals

|     |         |            |
|-----|---------|------------|
| 1.  | 177.0*  | 2025 (1st) |
| 2.  | 172.5** | 2024 (1st) |
| 3.  | 146.5   | 2017 (1st) |
| 4.  | 143.0   | 2012 (1st) |
| 5.  | 141.5   | 2018 (1st) |
| 6.  | 140.5   | 2014 (1st) |
| 7.  | 137.5   | 2023 (1st) |
|     | 137.5   | 2019 (1st) |
| 9.  | 131.5   | 2022 (1st) |
| 10. | 123.5   | 2013 (1st) |
| 11. | 123.0   | 2016 (1st) |
| 12. | 113.5   | 2021 (2nd) |
| 13. | 107.5   | 2011 (1st) |
| 14. | 97.75   | 1987 (3rd) |
| 15. | 89.25   | 1992 (3rd) |
| 16. | 87.50   | 1993 (2nd) |
| 17. | 78.50   | 1999 (4th) |
| 18. | 75.00   | 2008 (3rd) |
| 19. | 71.50   | 1988 (5th) |
| 20. | 70.50   | 1984 (3rd) |
|     | 70.50   | 1998 (4th) |

\* NCAA All-Time Record

\*\* Second Highest in NCAA history

## ALL-AMERICANS (264)

### All-Americans under Sanderson (101)

|      |   |                 |     |     |
|------|---|-----------------|-----|-----|
| 2010 | 3 | Dan Vallimont   | 165 | 2nd |
|      |   | Frank Molinaro  | 149 | 5th |
|      |   | Cyler Sanderson | 157 | 6th |
| 2011 | 5 | Quentin Wright  | 184 | 1st |
|      |   | Frank Molinaro  | 149 | 2nd |
|      |   | David Taylor    | 157 | 2nd |
|      |   | Andrew Long     | 133 | 3rd |
|      |   | Ed Ruth         | 174 | 3rd |
| 2012 | 6 | Frank Molinaro  | 149 | 1st |
|      |   | Ed Ruth         | 174 | 1st |
|      |   | David Taylor    | 165 | 1st |
|      |   | Nico Megaludis  | 125 | 2nd |
|      |   | Quentin Wright  | 184 | 2nd |
|      |   | Dylan Alton     | 157 | 3rd |
| 2013 | 5 | Ed Ruth         | 184 | 1st |
|      |   | Quentin Wright  | 197 | 1st |
|      |   | Nico Megaludis  | 125 | 2nd |
|      |   | David Taylor    | 165 | 2nd |
|      |   | Matt Brown      | 174 | 2nd |
| 2014 | 7 | David Taylor    | 165 | 1st |
|      |   | Ed Ruth         | 184 | 1st |
|      |   | Nico Megaludis  | 125 | 3rd |
|      |   | Zain Retherford | 141 | 5th |
|      |   | Matt Brown      | 174 | 5th |
|      |   | James English   | 149 | 7th |
|      |   | Morgan McIntosh | 197 | 7th |
| 2015 | 5 | Matt Brown      | 174 | 1st |
|      |   | Morgan McIntosh | 197 | 3rd |
|      |   | Jimmy Gulibon   | 133 | 5th |
|      |   | Jimmy Lawson    | 285 | 6th |
|      |   | Jordan Conaway  | 125 | 8th |
| 2016 | 6 | Nico Megaludis  | 125 | 1st |
|      |   | Zain Retherford | 149 | 1st |
|      |   | Jason Nolf      | 157 | 2nd |
|      |   | Bo Nickal       | 174 | 2nd |
|      |   | Morgan McIntosh | 197 | 2nd |
|      |   | Jordan Conaway  | 133 | 6th |
| 2017 | 6 | Zain Retherford | 149 | 1st |
|      |   | Jason Nolf      | 157 | 1st |
|      |   | Vincenzo Josepn | 165 | 1st |
|      |   | Mark Hall       | 174 | 1st |
|      |   | Bo Nickal       | 184 | 1st |
|      |   | Nick Nevills    | 285 | 5th |
| 2018 | 8 | Zain Retherford | 149 | 1st |
|      |   | Jason Nolf      | 157 | 1st |
|      |   | Vincenzo Josepn | 165 | 1st |
|      |   | Bo Nickal       | 184 | 1st |
|      |   | Mark Hall       | 174 | 2nd |
|      |   | Nick Lee        | 141 | 5th |

|       |   |                        |     |       |
|-------|---|------------------------|-----|-------|
|       |   | Shakur Rasheed .....   | 197 | 7th   |
|       |   | Nick Nevills .....     | 285 | 7th   |
| 2019  | 7 | Jason Nolf.....        | 157 | 1st   |
|       |   | Bo Nickal .....        | 197 | 1st   |
|       |   | Anthony Cassar .....   | 285 | 1st   |
|       |   | Vincenzo Joseph.....   | 165 | 2nd   |
|       |   | Mark Hall.....         | 174 | 2nd   |
|       |   | Nick Lee.....          | 141 | 5th   |
|       |   | Roman Bravo-Young..... | 133 | 8th   |
| 2020* | 5 | Roman Bravo-Young..... | 133 | 1st-T |
|       |   | Nick Lee.....          | 141 | 1st-T |
|       |   | Vincenzo Joseph.....   | 165 | 1st-T |
|       |   | Mark Hall.....         | 174 | 1st-T |
|       |   | Aaron Brooks.....      | 184 | 1st-T |

\* The 2020 tournament was canceled by the NCAA, the top eight seeds at each weight were named First Team All-Americans by the NWCA.

|      |    |                     |     |     |
|------|----|---------------------|-----|-----|
| 2021 | 6  | Roman Bravo-Young   | 133 | 1st |
|      |    | Nick Lee            | 141 | 1st |
|      |    | Carter Starocci     | 174 | 1st |
|      |    | Aaron Brooks        | 184 | 1st |
|      |    | Michael Beard       | 197 | 7th |
|      |    | Greg Kerkvliet      | 197 | 7th |
| 2022 | 6  | Roman Bravo-Young   | 133 | 1st |
|      |    | Nick Lee            | 141 | 1st |
|      |    | Carter Starocci     | 174 | 1st |
|      |    | Aaron Brooks        | 184 | 1st |
|      |    | Max Dean            | 197 | 1st |
|      |    | Greg Kerkvliet      | 197 | 4th |
| 2023 | 8  | Carter Starocci     | 174 | 1st |
|      |    | Aaron Brooks        | 184 | 1st |
|      |    | Roman Bravo-Young   | 133 | 2nd |
|      |    | Levi Haines         | 157 | 2nd |
|      |    | Greg Kerkvliet      | 285 | 2nd |
|      |    | Beau Bartlett       | 141 | 3rd |
|      |    | Shayne Van Ness     | 149 | 3rd |
|      |    | Max Dean            | 197 | 7th |
| 2024 | 8  | Levi Haines         | 157 | 1st |
|      |    | Carter Starocci     | 174 | 1st |
|      |    | Aaron Brooks        | 197 | 1st |
|      |    | Greg Kerkvliet      | 285 | 1st |
|      |    | Beau Bartlett       | 141 | 2nd |
|      |    | Mitchell Mesenbrink | 165 | 2nd |
|      |    | Tyler Kasak         | 149 | 3rd |
|      |    | Bernie Truax        | 184 | 5th |
| 2025 | 10 | Mitchell Mesenbrink | 165 | 1st |
|      |    | Carter Starocci     | 184 | 1st |
|      |    | Josh Barr           | 197 | 2nd |
|      |    | Luke Lilledahl      | 125 | 3rd |
|      |    | Beau Bartlett       | 141 | 3rd |
|      |    | Shayne Van Ness     | 149 | 3rd |
|      |    | Tyler Kasak         | 157 | 3rd |
|      |    | Levi Haines         | 174 | 3rd |
|      |    | Braeden Davis       | 133 | 5th |
|      |    | Greg Kerkvliet      | 285 | 6th |





# BIG TEN HIGHLIGHTS

## BIG TEN CHAMPIONS

Total Champions: 69  
(37 individuals)

Four-Time Champions:

Aaron Brooks (2020, 21, 23, 24)  
Ed Ruth (2011, 12, 13, 14)  
David Taylor (2011, 12, 13, 14)

Three-Time Champions:

Sanshiro Abe (1993, 94, 96)  
Kerry McCoy (1994, 95, 97)  
Zain Retherford (2016, 17, 18)  
Bo Nickal (2016, 18, 19)  
Mark Hall (2018, 19, 20)  
Roman Bravo-Young (2021, 22, 23)  
Aaron Brooks (2020, 21, 23)  
Levi Haines (2023, 24, 25)  
Carter Starocci (2022, 23, 25)

Champions:

Eric Bradley (2004, 05)  
Matt Brown (2013)  
Anthony Cassar (2019)  
Braeden Davis (2024)  
Phil Davis (2006, 08)  
Max Dean (2022)  
Dave Hart (1993)  
John Hughes (1995)  
Russ Hughes (1996)  
Jeremy Hunter (1999)  
Tyler Kasak (2025)  
Greg Kerkvliet (2024)  
Cary Kolat (1994)  
John Lange (1998)  
Nick Lee (2022)  
Luke Lilledahl (2025)  
Andrew Long (2011)  
Morgan McIntosh (2015)  
Mitchell Mesenbrink (2024, 25)  
Frank Molinaro (2011, 12)  
Scott Moore (2003)  
Jason Nolf (2017, 19)  
Glenn Pritzlaff (1999)  
Cyler Sanderson (2010)  
Troy Sunderland (1993)  
Quentin Wright (2011, 13)

## BIG TEN CHAMPIONSHIPS

1993: 2nd  
1994: 3rd  
1995: 6th  
1996: 2nd  
1997: 4th  
1998: 2nd  
1999: 3rd  
2000: 8th  
2001: 10th  
2002: 6th  
2003: 3rd  
2004: 5th  
2005: 7th

2006: 4th  
2007: 4th  
2008: 7th  
2009: 7th  
2010: 5th  
**2011: 1st**  
**2012: 1st**  
**2013: 1st**  
**2014: 1st**  
2015: 5th  
**2016: 1st**  
2017: 2nd  
2018: 2nd  
**2019: 1st**  
2020: 4th  
2021: 2nd  
2022: 2nd  
**2023: 1st**  
**2024: 1st**  
**2025: 1st**

## TOP FINISHES

1993: Shawn Nelson (3rd, 118),  
Cary Kolat (2nd, 134),  
Josh Robbins (2nd, 158)  
1994: John Hughes (3rd, 150)  
1995: Sanshiro Abe (2nd, 126)  
1996: Biff Walizer (3rd, 134),  
Rob Neidlinger (3rd, 190)  
1997: Jeremy Hunter (3rd, 118),  
Biff Walizer (3rd, 134),  
Clint Musser (3rd, 142),  
Rob Neidlinger (4th, 190)  
1998: Jeremy Hunter (2nd, 118),  
Biff Walizer (2nd, 134)  
Jamarr Billman (3rd, 142)  
Clint Musser (2nd, 150)  
Glenn Pritzlaff (3rd, 167)  
Rob Neidlinger (3rd, 177)  
1999: Clint Musser (2nd, 150)  
Ross Thatcher (2nd, 184)  
Mark Janus (3rd, Hwt.)  
2000: Jeremy Hunter (2nd, 125)  
2001: Doc Vecchio (3rd, 165)  
2003: Mark Becks (2nd, 184)  
Josh Moore (3rd, 133)  
Pat Cummins (3rd, Hwt.)  
2004: Matt Storniolo (2nd, 149)  
Pat Cummins (2nd, Hwt.)  
2006: Jake Strayer (3rd, 133)

2007: James Yonushonis (2nd, 174)  
Aaron Anspach (2nd, Hwt.)  
2008: Dan Vallimont (2nd, 157)  
2009: Bubba Jenkins (2nd, 149)  
Quentin Wright (2nd, 174)  
Dan Vallimont (3rd, 165)  
2010: Dan Vallimont (3rd, 165)  
2011: Andrew Long (1st, 133)  
Frank Molinaro (1st, 149)  
Ed Ruth (1st, 174)  
David Taylor (1st, 157)  
Quentin Wright (1st, 184)  
2012: Frank Molinaro (1st, 149)  
David Taylor (1st, 165)  
Ed Ruth (1st, 174)  
Dylan Alton (3rd, 157)  
Quentin Wright (3rd, 184)  
Cameron Wade (3rd, Hwt.)  
2013: David Taylor (1st, 165)  
Matt Brown (1st, 174)  
Ed Ruth (1st, 184)  
Quentin Wright (1st, 197)  
Nico Megaludis (3rd, 125)  
2014: David Taylor (1st, 165)  
Ed Ruth (1st, 184)  
Nico Megaludis (2nd, 125)  
Zain Retherford (2nd, 141)  
Morgan McIntosh (2nd, 197)  
Matt Brown (3rd, 174)  
2015: Morgan McIntosh (1st, 197)  
Matt Brown (2nd, 174)  
Jordan Conaway (3rd, 125)  
2016: Morgan McIntosh (1st, 197)  
Bo Nickal (1st, 174)  
Zain Retherford (1st, 149)  
Jimmy Gulibon (2nd, 141)  
Jason Nolf (2nd, 157)  
2017: Zain Retherford (1st, 149)  
Jason Nolf (1st, 157)  
Mark Hall (2nd, 174)  
2018: Zain Retherford (1st, 149)  
Mark Hall (1st, 174)  
Bo Nickal (1st, 184)  
Vincenzo Joseph (2nd, 165)  
Shakur Rasheed (2nd, 197)  
Nick Lee (3rd, 141)  
Nick Nevills (3rd, 285)  
2019: Jason Nolf (1st, 157)  
Mark Hall (1st, 174)  
Bo Nickal (1st, 197)  
Anthony Cassar (1st, 285)

Vincenzo Joseph (2nd, 165)  
Shakur Rasheed (2nd, 184)

2020: Aaron Brooks (1st, 184)  
Mark Hall (1st, 174)  
Roman Bravo-Young (2nd, 133)  
Nick Lee (2nd, 141)  
Vincenzo Joseph (2nd, 165)

2021: Roman Bravo-Young (1st, 133)  
Aaron Brooks (1st, 184)  
Nick Lee (2nd, 141)  
Carter Starocci (2nd, 174)  
Greg Kerkvliet (4th, 285)

2022: Roman Bravo-Young (1st, 133)  
Nick Lee (1st, 141)  
Carter Starocci (1st, 174)  
Max Dean (1st, 197)  
Aaron Brooks (2nd, 184)  
Brady Berge (3rd, 157)  
Greg Kerkvliet (3rd, 285)

2023: Roman Bravo-Young (1st, 133)  
Levi Haines (1st, 157)  
Carter Starocci (1st, 174)  
Aaron Brooks (1st, 184)  
Max Dean (2nd, 197)  
Greg Kerkvliet (2nd, 285)  
Beau Bartlett (3rd, 141)

2024: Braeden Davis (1st, 125)  
Levi Haines (1st, 157)  
Mitchell Mesenbrink (1st, 165)  
Aaron Brooks (1st, 197)  
Greg Kerkvliet (1st, 285)  
Beau Bartlett (2nd, 141)  
Bernie Truax (2nd, 184)  
Aaron Nagao (3rd, 133)  
Tyler Kasak (3rd, 149)

2025: Luke Lilledahl (1st, 125)  
Tyler Kasak (1st, 157)  
Mitchell Mesenbrink (1st, 165)  
Levi Haines (1st, 174)  
Carter Starocci (1st, 184)  
Greg Kerkvliet (2nd, 285)  
Beau Bartlett (3rd, 141)  
Shayne Van Ness (3rd, 149)

#### NCAA QUALIFIERS BY YEAR

|          |          |          |
|----------|----------|----------|
| 1993: 10 | 1994: 6  | 1995: 4  |
| 1996: 7  | 1997: 10 | 1998: 9  |
| 1999: 9  | 2000: 6  | 2001: 6  |
| 2002: 7  | 2003: 8  | 2004: 6  |
| 2005: 6  | 2006: 8  | 2007: 7  |
| 2008: 7  | 2009: 6  | 2010: 6  |
| 2011: 8  | 2012: 9  | 2013: 10 |
| 2014: 10 | 2015: 7  | 2016: 9  |
| 2017: 9  | 2018: 9  | 2019: 9  |
| 2020: 7  | 2021: 9  | 2022: 9  |
| 2023: 9  | 2024: 10 | 2025: 10 |

#### HOST SITE

Bryce Jordan Center: 1998  
Bryce Jordan Center: 2009  
Bryce Jordan Center: 2021

#### TEAM HIGHS AND LOWS

Highest Finish:  
1st; 2011, 2012, 2013, 2014, 2016, 2019,  
2023, 2024, 2025

Lowest Finish: 10th; 2001

Top Three Finishes: 18

Highest Point Total: 181.5, 2025

Lowest Point Total: 35; 2001

Most Champions: 5; 2011, 24, 25

Most Wrestlers in Finals: 7 2024

Fewest Wrestlers in Finals: 0; 2001 &  
02

Most Placers (top 8): 10; 1993, 97, 2012, 13,  
14, 18, 24, 25

Fewest Placers: 4; 1995

Most NCAA Qualifiers:  
10; 1993, 1997, 2013, 2014, 2024, 2025

Fewest NCAA Qualifiers: 4; 1995

Most Dual Wins: 9; 2016, 17, 18, 19

#### BIG TEN DUAL TITLES

2012: 7-1 (co-)  
2014: 7-1 (co-)  
2016: 9-0 (co-)  
2017: 9-0  
2018: 9-0  
2019: 9-0  
2021: 6-0 (co-)  
2022: 8-0  
2023: 8-0  
2024: 8-0  
2025: 8-0

#### INDIVIDUAL HONORS

##### Big Ten Tournament O.W.

|                           |      |
|---------------------------|------|
| Troy Sunderland (150)     | 1993 |
| Cary Kolat (134)          | 1994 |
| Kerry McCoy (Hwt)         | 1995 |
| Quentin Wright (184)      | 2011 |
| Frank Molinaro (149, Co-) | 2012 |
| David Taylor (165)        | 2014 |
| Zain Retherford (149)     | 2017 |
| Jason Nolf (157, Co-)     | 2019 |
| Aaron Brooks (197)        | 2024 |

#### Big Ten Wrestler of the Year

|                       |      |
|-----------------------|------|
| Cary Kolat (134)      | 1994 |
| Jeremy Hunter (125)   | 2000 |
| David Taylor (157)    | 2011 |
| David Taylor (165)    | 2012 |
| Ed Ruth (184)         | 2013 |
| David Taylor (165)    | 2014 |
| Zain Retherford (149) | 2016 |
| Jason Nolf (157)      | 2017 |
| Zain Retherford (149) | 2018 |
| Jason Nolf (157, Co-) | 2019 |
| Bo Nickal (197, Co-)  | 2019 |
| Aaron Brooks (197)    | 2024 |
| Carter Starocci (184) | 2025 |

#### Big Ten Freshman of the Year

|                           |      |
|---------------------------|------|
| Jeremy Hunter (118)       | 1997 |
| Jamarr Billman (149)      | 1998 |
| Matt Storniolo (149)      | 2004 |
| David Taylor (157)        | 2011 |
| Jason Nolf (157)          | 2016 |
| Aaron Brooks (184)        | 2020 |
| Carter Starocci (174)     | 2021 |
| Levi Haines (157)         | 2023 |
| Mitchell Mesenbrink (165) | 2024 |

#### Big Ten Coach of the Year

|                 |      |
|-----------------|------|
| John Fritz      | 1998 |
| Troy Sunderland | 2003 |
| Cael Sanderson  | 2011 |
| Cael Sanderson  | 2012 |
| Cael Sanderson  | 2013 |
| Cael Sanderson  | 2014 |
| Cael Sanderson  | 2016 |
| Cael Sanderson  | 2019 |
| Cael Sanderson  | 2023 |
| Cael Sanderson  | 2024 |
| Cael Sanderson  | 2025 |

#### BIG TEN DUAL MEET RECORDS

|             |             |           |
|-------------|-------------|-----------|
| 1993: 5-0-1 | 1994: 5-2   | 1995: 2-4 |
| 1996: 3-4   | 1997: 5-2   | 1998: 6-0 |
| 1999: 5-3   | 2000: 3-5   | 2001: 1-7 |
| 2002: 3-5   | 2003: 3-5   | 2004: 5-3 |
| 2005: 3-5   | 2006: 5-3   | 2007: 5-3 |
| 2008: 5-3   | 2009: 1-5-2 | 2010: 5-3 |
| 2011: 6-1-1 | 2012: 7-1   | 2013: 7-1 |
| 2014: 7-1   | 2015: 6-3   | 2016: 9-0 |
| 2017: 9-0   | 2018: 9-0   | 2019: 9-0 |
| 2020: 8-1   | 2021: 6-0   | 2022: 8-0 |
| 2023: 8-0   | 2024: 8-0   | 2025: 8-0 |



**LUKE  
LILLED AHL**  
WELDON SPRING, MO.  
WYOMING SEMINARY

All-American (3rd, 2025)

**Fr./Fr. = 125**

**PARENTS: HEATHER AND DREW LILLED AHL**  
**MAJOR: HEALTH AND HUMAN DEVELOPMENT**

## MATCH-BY-MATCH

| Date  | Wt. | Result       | Opponent                                 | Place      | Record |
|-------|-----|--------------|--|------------|--------|
| 11/17 | 125 | W, forfeit   | Forfeit, Drexel                          | dual       | 1-0    |
| 11/24 | 125 | W, 19-4      | Jeffrey Jacome, Gardner Webb (TF; 5:38)  | BK         | 2-0    |
| 11/24 | 125 | W, 19-4      | #21 Charlie Farmer, Army (TF; 5:13)      | BK         | 3-0    |
| 12/8  | 125 | W, 4-1       | #15 Sheldon Seymour, Lehigh              | dual       | 4-0    |
| 12/15 | 125 | W, 20-5      | Jack Braman, Wyoming (TF; 4:25)          | dual       | 5-0    |
| 12/22 | 125 | W, 19-4      | #33 Carson Wagner, Binghamton (TF; 5:37) | dual       | 6-0    |
| 12/22 | 125 | W, 9-3       | Jaden Carson, Little Rock                | dual       | 7-0    |
| 12/22 | 125 | W, 5-4       | Gage Walker, Missouri                    | dual       | 8-0    |
| 1/10  | 125 | W, 19-2      | Nick Corday, Michigan State (TF; 6:08)   | dual       | 9-0    |
| 1/17  | 125 | W, 4-2       | #6 Caleb Smith, Nebraska                 | dual       | 10-0   |
| 1/24  | 125 | L, 1-4       | #19 Dean Peterson, Rutgers               | dual       | 10-1   |
| 1/31  | 125 | W, 22-6      | #26 Joey Cruz, Iowa (TF; 6:48)           | dual       | 11-1   |
| 2/7   | 125 | WBF          | Christian Tanefeu, Michigan (5:38)       | dual       | 12-1   |
| 2/9   | 125 | W, 20-4      | Tyler Garvin, Maryland (TF; 3:42)        | dual       | 13-1   |
| 2/14  | 125 | LBF          | #21 Brendan McCrone, Ohio State (3:58)   | dual       | 13-2   |
| 2/16  | 125 | W, 19-3      | Caelen Riley, Illinois (TF; 4:19)        | dual       | 14-2   |
| 2/21  | 125 | W, 20-3      | Coen Bainey, American                    | dual       | 15-2   |
| 3/8   | 125 | WBF          | Caelen Riley, Illinois (4:09)            | B1G        | 16-2   |
| 3/8   | 125 | W, 11-1      | #15 Joey Cruz, Iowa (major)              | B1G        | 17-2   |
| 3/8   | 125 | W, 12-4      | #1 Matt Ramos, Purdue (major)            | B1G        | 18-2   |
| 3/9   | 125 | W, 4-3       | #7 Caleb Smith, Nebraska                 | B1G (1st)  | 19-2   |
| 3/20  | 125 | W, 19-4      | #32 Marcello Milani, Cornell (TF; 4:24)  | NCAA       | 20-2   |
| 3/20  | 125 | W, 19-3      | #16 Blake West, NIU (TF; 6:52)           | NCAA       | 21-2   |
| 3/21  | 125 | L, 2-2 (TB3) | #8 Sheldon Seymour, Lehigh               | NCAA       | 21-3   |
| 3/21  | 125 | W, 7-3       | #11 Nicolai Rivera, Wisconsin            | NCAA       | 22-3   |
| 3/21  | 125 | W, 3-0       | #10 Stevo Poulin, Northern Colorado      | NCAA       | 23-3   |
| 3/22  | 125 | W, 4-1 (sv)  | #3 Eddie Ventresca, Virginia Tech        | NCAA       | 24-3   |
| 3/22  | 125 | WBF          | #2 Matt Ramos, Purdue (6:18)             | NCAA (3rd) | 25-3   |

**NOTES:** Ranked #3 by InterMat. True freshman. **Drexel (11/17):** Received forfeit victory in collegiate debut in Rec Hall. **Black Knight Invitational (11/24):** Won Black Knight Invitational with 2-0 mark (plus a win over a PSU teammate), including a 19-4 tech fall over #21 Charlie Farmer of Army. **Lehigh (12/8):** Downed #15 Sheldon Seymour 4-1. **Wyoming (12/15):** Posted a 20-5 tech fall in the Jordan Center (4:25). **Journeyman Collegiate (12/22):** kjkjkjWent 3-0 in Nashville, including tech fall over #33 Carson Wagner of Binghamton (19-4; 5:37). **Michigan State (1/10):** Teched Nick Corday 19-2 (6:08) in Big Ten dual debut. **Nebraska (1/17):** Defeated #6 Caleb Smith 4-2 in dual meet victory in Lincoln. **Iowa (1/31):** Dominated #26 Joey Cruz, using seven takedowns to roll to a 22-6 tech fall (6:48). **Michigan (2/7):** Pinned Christian Tanefeu (5:38). **Maryland (2/9):** Posted 20-4 tech fall over Tyler Garvin (3:42). **Illinois (2/16):** Teched Caelen Riley 19-3 (4:19). **American (2/21):** Teched Coen Bainey 20-3 (5:11).

**Big Ten Championships (3/8-9):** Won Big Ten Championship as a true freshman, going 4-0 with two majors and a pin. Majored #16 Joey Cruz of Iowa 11-1 and #1 Matt Ramos of Purdue 12-4. Won title with 4-3 win over #7 Caleb Smith of Nebraska.

**NCAA Championships (3/20-22):** Became an All-American as a true freshman with a strong 6-1 run at first NCAA tournament. Finished third place with a pin and two tech falls. Teched #32 and #16 ranked foes before tough 2-2 (TB3) loss to #8 Sheldon Seymour of Lehigh in quarters. Rebounded with four straight wins over four top ranked wrestlers, including 4-1 (sv) win over #3 Eddie Ventresca and a pin over #2 Matt Romos (6:18) in the third place match.

## CAREER STATISTICS

| Year          | Overall     | Duals (B1G)       | TRN (B1G/NCAA)        | F          | TF          | M          | PTS       |
|---------------|-------------|-------------------|-----------------------|------------|-------------|------------|-----------|
| 2024-25       | 25-3        | 13-2 (6-2)        | 12-1 (4-0/6-1)        | 3-1        | 11-0        | 2-0        | 59        |
| <b>Career</b> | <b>25-3</b> | <b>13-2 (6-2)</b> | <b>12-1 (4-0/6-1)</b> | <b>3-1</b> | <b>11-0</b> | <b>2-0</b> | <b>59</b> |

## CAREER IN NCAA TOURNAMENT

| Year | Wt. | Result       | Opponent                                | Place      | Record |
|------|-----|--------------|---|------------|--------|
| 2025 | 125 | W, 19-4      | #32 Marcello Milani, Cornell (TF; 4:24) | NCAA       | 1-0    |
| 2025 | 125 | W, 19-3      | #16 Blake West, NIU (TF; 6:52)          | NCAA       | 2-0    |
| 2025 | 125 | L, 2-2 (TB3) | #8 Sheldon Seymour, Lehigh              | NCAA       | 2-1    |
| 2025 | 125 | W, 7-3       | #11 Nicolai Rivera, Wisconsin           | NCAA       | 3-1    |
| 2025 | 125 | W, 3-0       | #10 Stevo Poulin, Northern Colorado     | NCAA       | 4-1    |
| 2025 | 125 | W, 4-1 (sv)  | #3 Eddie Ventresca, Virginia Tech       | NCAA       | 5-1    |
| 2025 | 125 | WBF          | #2 Matt Ramos, Purdue (6:18)            | NCAA (3rd) | 6-1    |





**BRAEDEN DAVIS**  
BELLEVILLE, MICH.  
DUNDEE  
All-American (5th, 2025/133)  
  
**Fr./Fr. = 133**

**PARENTS: RENAE AND STEVEN DAVIS**  
**MAJOR: DIVISION OF UNDERGRADUATE STUDIES**

## MATCH-BY-MATCH

| Date  | Wt. | Result  | Opponent                                  | Place     | Record |
|-------|-----|---------|---|-----------|--------|
| 11/17 | 133 | W, 7-5  | Kyle Waterman, Drexel                     | dual      | 1-0    |
| 12/8  | 133 | L, 2-4  | #1 Ryan Crookham, Lehigh                  | dual      | 1-1    |
| 12/15 | 133 | W, 19-4 | Stockton O'Brien, Wyoming (TF; 5:27)      | dual      | 2-1    |
| 12/22 | 133 | W, 6-0  | Micah Roes, Binghamton                    | dual      | 3-1    |
| 12/22 | 133 | W, 1-0  | #5 Nassir Bailey, Little Rock             | dual      | 4-1    |
| 12/22 | 133 | W, 14-3 | Kade Moore, Missouri (major)              | dual      | 5-1    |
| 1/10  | 133 | W, 20-5 | Andrew Hampton, Michigan St. (TF; 5:25)   | dual      | 6-1    |
| 1/17  | 133 | L, 7-14 | #16 Jacob Van Dee, Nebraska               | dual      | 6-2    |
| 1/24  | 133 | W, 2-1  | #9 Dylan Shawver, Rutgers                 | dual      | 7-2    |
| 2/14  | 133 | W, 8-5  | #11 Nic Bouzakis, Ohio State              | dual      | 8-2    |
| 2/16  | 133 | L, 1-7  | #4 Lucas Byrd, Illinois                   | dual      | 8-3    |
| 3/8   | 133 | W, 11-2 | Andrew Hampton, Michigan State            | B1G       | 9-3    |
| 3/8   | 133 | L, 1-3  | Dylan Shawver, Rutgers                    | B1G       | 9-4    |
| 3/8   | 133 | W, 17-2 | Dustin Norris, Purdue (TF; 2:03)          | B1G       | 10-4   |
| 3/8   | 133 | W, 10-5 | #28 Angelo Rini, Indiana                  | B1G       | 11-4   |
| 3/9   | 133 | W, 9-7  | #4 Braxton Brown, Maryland                | B1G       | 12-4   |
| 3/9   | 133 | LBF     | #12 Nic Bouzakis, Ohio State (2:22)       | B1G (4th) | 12-5   |
| 3/20  | 133 | W, 12-4 | #25 Kurt Phipps, Bucknell (major)         | NCAA      | 13-5   |
| 3/20  | 133 | W, 5-3  | #9 Braxton Brown, Maryland                | NCAA      | 14-5   |
| 3/21  | 133 | L, 1-12 | #1 Lucas Byrd, Illinois                   | NCAA      | 14-6   |
| 3/21  | 133 | W, 4-2  | #11 Evan Frost, Iowa State                | NCAA      | 15-6   |
| 3/21  | 133 | W, 4-2  | #17 Jacob Van Dee, Nebraska               | NCAA      | 16-6   |
| 3/22  | 133 | L, 5-8  | #14 Zan Fugitt, Wisconsin                 | NCAA      | 16-7   |
| 3/22  | 133 | WBF     | #6 Connor McGonagle, Virginia Tech (2:33) | NCAA      | 17-7   |

**NOTES:** Ranked #8 by InterMat. **Drexel (11/17):** Postd 7-5 win over Kyle Waterman. **Lehigh (12/8):** Battled #1 Ryan Crookham tough in 4-2 loss at Lehigh. **Wyoming (12/15):** Dominated Stockton O'Brien in a 19-4 tech fall (5:27). **Journeymen Collegiate (12/22):** Went 3-0 with a major in Nashville, notched 1-0 win over #5 Nassir Bailey of Little Rock. **Michigan State (1/10):** Posted 20-5 tech fall over Andrew Hampton (5:25). **Rutgers (1/24):** Used second period rideout and 1:40 in riding time to down #9 Dylan Shawver. **Ohio State:** Took down #11 Nic Bouzakis 8-5 on the road. **Illinois (2/16):** Lost 7-1 to #4 Lucas Byrd.

**Big Ten Championships (3/8-9):** Went 4-2 at Big Tens, placing fourth as the four-seed. Beat #28 Angelo Rini of Indiana 10-5 and #4 Braxton Brown of Maryland 9-7.

**NCAA Championships (3/20-22):** Earned his first All-American honor with a 5-2 showing in Philadelphia. Majored #25 Kurt Phipps of Bucknell 12-4 and downed #9 Braxton Brown of Maryland before losing to top-seed Lucas Byrd of Illinois. Rebounded with wins over #11, #17 and a pin of #6 Connor McGonagle of Virginia Tech in his final bout to place fifth at 133.

## CAREER STATISTICS

| Year          | Overall      | Duals (B1G)       | TRN (B1G/NCAA)        | F          | TF         | M          | PTS       |
|---------------|--------------|-------------------|-----------------------|------------|------------|------------|-----------|
| 2023-24       | 22-4         | 9-2 (6-2)         | 13-2 (4-0/2-2)        | 0-0        | 5-0        | 5-1        | 33        |
| 2024-25       | 17-7         | 8-3 (3-2)         | 9-4 (4-2/5-2)         | 1-1        | 3-0        | 2-1        | 29        |
| <b>Career</b> | <b>39-11</b> | <b>17-5 (9-4)</b> | <b>22-6 (8-2/7-4)</b> | <b>1-1</b> | <b>8-0</b> | <b>7-2</b> | <b>62</b> |

## CAREER IN NCAA TOURNAMENT

| Year | Wt. | Result      | Opponent                                  | Place | Record |
|------|-----|-------------|---|-------|--------|
| 2024 | 125 | W, 8-1      | #33 Tristan Lujan, Michigan State         | NCAA  | 1-0    |
| 2024 | 125 | W, 2-1      | #17 Brett Ungar, Cornell                  | NCAA  | 2-0    |
| 2024 | 125 | L, 2-3      | #8 Richard Figueroa, Arizona State        | NCAA  | 2-1    |
| 2024 | 125 | L, 1-4 (sv) | #5 Jore Volk, Wyoming                     | NCAA  | 2-2    |
| 2025 | 133 | W, 12-4     | #25 Kurt Phipps, Bucknell (major)         | NCAA  | 3-2    |
| 2025 | 133 | W, 5-3      | #9 Braxton Brown, Maryland                | NCAA  | 4-2    |
| 2025 | 133 | L, 1-12     | #1 Lucas Byrd, Illinois                   | NCAA  | 4-3    |
| 2025 | 133 | W, 4-2      | #11 Evan Frost, Iowa State                | NCAA  | 5-3    |
| 2025 | 133 | W, 4-2      | #17 Jacob Van Dee, Nebraska               | NCAA  | 6-3    |
| 2025 | 133 | L, 5-8      | #14 Zan Fugitt, Wisconsin                 | NCAA  | 6-4    |
| 2025 | 133 | WBF         | #6 Connor McGonagle, Virginia Tech (2:33) | NCAA  | 7-4    |



**BEAU  
BARTLETT**  
TEMPE, ARIZ.  
WYOMING SEMINARY (PA.)

3X All-American (3rd, 2023;  
2nd, 2024; 3rd, 2025)

**Sr./Sr.+ = 141**

**PARENTS: RENEE AND ANDRE BARTLETT**  
**MAJOR: PSYCHOLOGY**

## MATCH-BY-MATCH

| Date  | Wt. | Result       | Opponent                               | Place      | Record |
|-------|-----|--------------|--|------------|--------|
| 11/24 | 141 | W, 16-1      | Charlie Sly, Gardner Webb (TF; 3:32)   | BK         | 1-0    |
| 11/24 | 141 | W, 4-1 (sv)  | Joe Fongaro, Rutgers                   | BK         | 2-0    |
| 11/24 | 141 | W, 18-3      | Rich Treanor, Army (TF; 4:44)          | BK         | 3-0    |
| 11/24 | 141 | WBF          | #28 Todd Carter, Gardner Webb (5:57)   | BK         | 4-0    |
| 12/8  | 141 | W, 5-0       | Carter Bailey, Lehigh                  | dual       | 5-0    |
| 12/15 | 141 | WBF          | #28 Cole Brooks, Wyoming (0:47)        | dual       | 6-0    |
| 12/22 | 141 | W, 14-2      | Nate Lucier, Binghamton (major)        | dual       | 7-0    |
| 12/22 | 141 | WBF          | Cole Minnick, Little Rock (5:23)       | dual       | 8-0    |
| 12/22 | 141 | W, 4-1 (sv)  | #16 Josh Edmond, Missouri              | dual       | 9-0    |
| 1/10  | 141 | W, 12-3      | Jaden Crumpler, Michigan State (major) | dual       | 10-0   |
| 1/17  | 141 | W, 8-7       | #6 Brock Hardy, Nebraska               | dual       | 11-0   |
| 1/24  | 141 | W, 7-3       | #14 Joseph Olivieri, Rutgers           | dual       | 12-0   |
| 1/31  | 141 | W, 7-3       | Cullan Schriever, Iowa                 | dual       | 13-0   |
| 2/7   | 141 | W, 3-2       | #12 Sergio Lemley, Michigan            | dual       | 14-0   |
| 2/9   | 141 | W, 17-3      | Dario Lemus, Maryland (major)          | dual       | 15-0   |
| 2/14  | 141 | W, 4-2       | #1 Jesse Mendez, Ohio State            | dual       | 16-0   |
| 2/16  | 141 | W, 9-2       | #17 Danny Pucino, Illinois             | dual       | 17-0   |
| 2/21  | 141 | W, 21-5      | Elijah White, American (TF; 3:19)      | dual       | 18-0   |
| 3/8   | 141 | W, 13-3      | #28 Greyson Clark, Purdue (major)      | B1G        | 19-0   |
| 3/8   | 141 | L, 3-5       | #8 Vance Vombaur, Minnesota            | B1G        | 19-1   |
| 3/9   | 141 | W, 4-2       | #13 Joey Olivieri, Rutgers             | B1G        | 20-1   |
| 3/9   | 141 | W, 4-2       | #2 Jesse Mendez, Ohio State            | B1G (3rd)  | 21-1   |
| 3/20  | 141 | W, 4-2       | #31 Jordan Titus, West Virginia        | NCAA       | 22-1   |
| 3/20  | 141 | W, 4-1       | #18 Julian Tagg, South Dakota State    | NCAA       | 23-1   |
| 3/21  | 141 | W, 5-0       | #10 CJ Composto, Penn                  | NCAA       | 24-1   |
| 3/21  | 141 | L, 1-2 (tb)  | #3 Jesse Mendez, Ohio State            | NCAA       | 24-2   |
| 3/22  | 141 | W, 11-6 (sv) | #4 Josh Koderhandt, Navy               | NCAA       | 25-2   |
| 3/22  | 141 | W, 11-2      | #10 CJ Composot, Penn (major)          | NCAA (3rd) | 26-2   |

**NOTES:** Ranked #1 by InterMat. **NWCA Exhibition (11/16):** Dropped thrilling 4-1 dec. to #2 Jesse Mendez of Ohio State. **Black Knight Invitational (11/24):** Won Black Knight title with 4-0 mark, including pin (5:57) of #28 Todd Carter of Gardner Webb. **Lehigh (12/8):** Shut out Carter Bailey 5-0. **Wyoming (12/15):** Pinned #28 Cole Brooks in just 0:47. **Journeyman Collegiate (12/22):** Went 3-0 with a major and a pin in Nashville, including 4-1 (sv) win over #16 Josh Edmond of Missouri. **Michigan State (1/10):** Majored Jaden Crumpler 12-3. **Nebraska (1/17):** Used late reversal to down #6 Brock Hardy in Lincoln. **Rutgers (1/24):** Posted 7-3 win over #14 Joseph Olivieri. **Iowa (1/31):** Downed Cullan Schriever 7-3 in the BJC. **Michigan (2/7):** Posted 3-2 win over #12 Sergio Lemley. **Maryland (2/9):** Majored Dario Lemus 17-3 in Rec Hall. **Ohio State:** Used a first period takedown and a second period escape to beat #1 Jesse Mendez 4-2 in Columbus. **Illinois (2/16):** Took down #17 Danny Pucino 9-2 in Champaign. **American (2/21):** Teched Elijah White 21-5 (3:19) in final Rec Hall appearance.

**Big Ten Championships (3/8-9):** Went 3-1 with a major to take third at Big Ten Championships. Majored #28 Greyson Clark of Purdue 13-3, lost to #8 Vance Vombaur of Minnesota 5-3, beat #13 Joey Olivieri of Rutgers 4-2 and downed #2 Jesse Mendez of Ohio State 4-2 in the third place bout.

**NCAA Championships (3/20-22):** Went 5-1 to place third at final NCAA tournament, becoming a three-time All-American. Downed #31, #18 and #10 wrestlers to advance to semifinals where he lost a heart-breaking 2-1 (tb) decision to #3 Jesse Mendez of Ohio State. Rebounded with wins over #4 Josh Koderhandt of Navy and #10 CJ Composto of Penn (by 11-2 major) in third place bout.

## CAREER STATISTICS

| Year          | Overall       | Duals (B1G)        | TRN (B1G/NCAA)           | F           | TF         | M           | PTS        |
|---------------|---------------|--------------------|--------------------------|-------------|------------|-------------|------------|
| 2020-21       | 8-3           | 1-1 (1-1)          | 7-2 (1-2/0-0)            | 2-0         | 0-0        | 1-0         | 3          |
| 2021-22       | 15-10         | 11-6 (4-4)         | 4-4 (3-2/1-2)            | 2-0         | 0-0        | 2-2         | 41         |
| 2022-23       | 27-3          | 15-1 (7-1)         | 12-2 (3-1/5-1)           | 3-0         | 1-0        | 6-0         | 58         |
| 2023-24       | 24-2          | 11-0 (8-0)         | 13-2 (2-1/4-1)           | 7-0         | 0-0        | 3-0         | 38         |
| 2024-25       | 26-2          | 14-0 (8-0)         | 12-2 (3-1/5-1)           | 3-0         | 3-0        | 5-0         | 53         |
| <b>Career</b> | <b>100-20</b> | <b>52-8 (28-6)</b> | <b>48-12 (12-7/15-5)</b> | <b>17-0</b> | <b>4-0</b> | <b>17-2</b> | <b>193</b> |

## CAREER IN NCAA TOURNAMENT

| Year | Wt. | Result       | Opponent                             | Place      | Record |
|------|-----|--------------|--------------------------------------|------------|--------|
| 2022 | 149 | W, 5-4       | #20 Colin Realbuto, Northern Iowa    | NCAA       | 1-0    |
| 2022 | 149 | L, 4-6       | #4 Sammy Sasso, Ohio State           | NCAA       | 1-1    |
| 2022 | 149 | L, 3-5       | #19 Yahya Thomas, Northwestern       | NCAA       | 1-2    |
| 2023 | 141 | W, 9-2       | #27 Shannon Hanna, Campbell          | NCAA       | 2-2    |
| 2023 | 141 | W, 3-1       | #11 Clay Carlson, South Dakota State | NCAA       | 3-2    |
| 2023 | 141 | W, 3-1 (tb1) | #3 Cole Matthews, Pittsburgh         | NCAA       | 4-2    |
| 2023 | 141 | L, 2-6       | #2 Andrew Alirez, Northern Colorado  | NCAA       | 4-3    |
| 2023 | 141 | W, 12-3      | #11 Clay Carlson, South Dakota State | NCAA       | 5-3    |
| 2023 | 141 | W, 4-1       | #10 Lachlan McNeil, North Carolina   | NCAA (3rd) | 6-3    |
| 2024 | 141 | W, 6-1       | #31 Kal Miller, Maryland             | NCAA       | 7-3    |
| 2024 | 141 | WBF          | #15 Mitche Moore, Rutgers (5:49)     | NCAA       | 8-3    |
| 2024 | 141 | WBF          | #26 Vance Vombaur, Minnesota (6:48)  | NCAA       | 9-3    |
| 2024 | 141 | W, 5-1       | #6 Lachlan McNeil, North Carolina    | NCAA       | 10-3   |
| 2024 | 141 | L, 1-4       | #1 Jesse Mendez, Ohio State          | NCAA (2nd) | 10-4   |
| 2025 | 141 | W, 4-2       | #31 Jordan Titus, West Virginia      | NCAA       | 11-4   |
| 2025 | 141 | W, 4-1       | #18 Julian Tagg, South Dakota State  | NCAA       | 12-4   |
| 2025 | 141 | W, 5-0       | #10 CJ Composto, Penn                | NCAA       | 13-4   |
| 2025 | 141 | L, 1-2 (tb)  | #3 Jesse Mendez, Ohio State          | NCAA       | 13-5   |
| 2025 | 141 | W, 11-6 (sv) | #4 Josh Koderhandt, Navy             | NCAA       | 14-5   |
| 2025 | 141 | W, 11-2      | #10 CJ Composot, Penn (major)        | NCAA (3rd) | 15-5   |







**TYLER  
KASAK**  
DOYLESTOWN, PA.  
BETHLEHEM CATHOLIC

2X All-American (3rd, 2024;  
3rd, 2025)

**So./So. = 149/157**

**PARENTS: JANEICE AND JOEL KASAK**  
**MAJOR: AGRICULTURE**

## MATCH-BY-MATCH

| Date  | Wt. | Result      | Opponent                                 | Place      | Record |
|-------|-----|-------------|--|------------|--------|
| 11/24 | 157 | W, 19-4     | Rawson Iwanicki, Columbia (TF; 6:50)     | BK         | 1-0    |
| 11/24 | 157 | W, 19-3     | Jordan Brown, Binghamton (TF; 3:55)      | BK         | 2-0    |
| 11/24 | 157 | W, 18-5     | Dakota Morris, Army (major)              | BK         | 3-0    |
| 12/8  | 157 | W, 5-2      | Logan Rozynski, Lehigh                   | dual       | 4-0    |
| 12/15 | 157 | W, 16-3     | #19 Jared Hill, Wyoming (major)          | dual       | 5-0    |
| 12/22 | 157 | WBF         | Jordan Brown, Binghamton (3:31)          | dual       | 6-0    |
| 12/22 | 157 | W, 4-2      | #20 Matty Bianchi, Little Rock           | dual       | 7-0    |
| 12/22 | 157 | W, 11-3     | James Conway, Missouri (major)           | dual       | 8-0    |
| 1/10  | 157 | WBF         | Braden Stauffenberg, Michigan St. (3:46) | dual       | 9-0    |
| 1/17  | 157 | W, 9-3      | #5 Antrell Taylor, Nebraska              | dual       | 10-0   |
| 1/24  | 157 | W, 4-0      | #31 Connor Harer, Rutgers                | dual       | 11-0   |
| 1/31  | 157 | W, 5-2      | #1 Jacori Teemer, Iowa                   | dual       | 12-0   |
| 2/7   | 157 | W, 7-2      | Zack Mattin, Michigan                    | dual       | 13-0   |
| 2/9   | 157 | L, inj.def. | #6 Ethen Miller, Maryland                | dual       | 13-1   |
| 2/21  | 157 | WBF         | Devon Capato, American (2:19)            | dual       | 14-1   |
| 3/8   | 157 | W, 7-3      | #9 Trevor Chumbley, Northwestern         | B1G        | 15-1   |
| 3/8   | 157 | WBF         | #4 Antrell Taylor, Nebraska (1:17)       | B1G        | 16-1   |
| 3/9   | 157 | W, 12-2     | #11 Brandon Cannon, Ohio St. (major)     | B1G (1st)  | 17-1   |
| 3/20  | 157 | WBF         | #32 Landen Johnson, NIU (1:38)           | NCAA       | 18-1   |
| 3/20  | 157 | W, 8-3      | #16 Cody Chittum, Iowa State             | NCAA       | 19-1   |
| 3/21  | 157 | L, 4-5      | #8 Joey Blaze, Purdue                    | NCAA       | 19-2   |
| 3/21  | 157 | W, 5-4      | #14 Jude Swisher, Penn                   | NCAA       | 20-2   |
| 3/21  | 157 | WBF         | #12 Caleb Fish, Oklahoma St. (4:19)      | NCAA       | 21-2   |
| 3/22  | 157 | W, 4-2      | #2 Meyer Shapiro, Cornell                | NCAA       | 22-2   |
| 3/22  | 157 | W, 8-0      | #20 Trevor Chumbley, Northwestern (maj.) | NCAA (3rd) | 23-2   |

**NOTES:** Ranked #1 by InterMat. **NWCA All-Star Exhibition (11/16):** Posted 4-2 win over #3 Peyton Keller of Ohio. **Black Knight Invitational (11/24):** Won Black Knight crown with 3-0 mark, including win over teammate in finals, and had two techs and a major. **Lehigh (12/8):** Hard fought 5-2 win over Logan Rozynski. **Wyoming (12/15):** Dominated #19 Jared Hill in 16-3 major. **Journeymen Collegiate (12/22):** Went 3-0 in Nashville with a fall and a major, including 4-2 win over #20 Matty Bianchi of Little Rock. **Michigan State (1/10):** Pinned Braden Stauffenberg (3:46). **Nebraska (1/17):** Used a takedown and four nearfall points to down #5 Antrell Taylor in Lincoln. **Rutgers (1/24):** Posted 4-0 win over #31 Connor Harer. **Iowa (1/31):** Used second period takedown and 2:04 in riding time to down #1 Jacori Teemer in front of sold out BJC Dual crowd. **Michigan (2/7):** Downed Zack Mattin 7-2. **Maryland (2/9):** Was beating #6 Ethen Miller in second period when he took a third hand to the face, went into concussion protocol and could not continue, dropping the injury default bout at 4:27. **American (2/21):** Pinned Devon Capato (2:19).

**Big Ten Championships (3/8-9):** Became Big Ten Champion with 3-0 run at Northwestern. Beat #9 Trevor Chumbley of Northwestern 7-3, pinned #4 Antrell Taylor of Nebraska (1:17) and majored #11 Brandon Cannon of Ohio State 12-2 in the title bout.

**NCAA Championships (3/20-22):** Placed third at the NCAA Championships for the second straight season, goign 6-1 in Philadelphia and becoming a two-time All-American. Opened with a pin and a decision before an upset loss in the quarterfinals. Rebounded with four straight wins, including a pin, a major and a strong win over #2 Meyer Shapiro of Cornell.

## CAREER STATISTICS

| Year          | Overall     | Duals (B1G)       | TRN (B1G/NCAA)         | F           | TF         | M           | PTS       |
|---------------|-------------|-------------------|------------------------|-------------|------------|-------------|-----------|
| 2023-24       | 24-5        | 6-2 (3-2)         | 18-3 (4-1/7-1)         | 5-0         | 1-0        | 7-0         | 23        |
| 2024-25       | 23-2        | 11-1 (5-1)        | 12-1 (3-0/6-1)         | 6-0         | 2-0        | 5-0         | 44        |
| <b>Career</b> | <b>47-7</b> | <b>17-3 (8-3)</b> | <b>30-4 (7-1/13-2)</b> | <b>11-0</b> | <b>3-0</b> | <b>12-0</b> | <b>67</b> |

## CAREER IN NCAA TOURNAMENT

| Date | Wt. | Result  | Opponent                                 | Place      | Record |
|------|-----|---------|--|------------|--------|
| 2024 | 141 | W, 6-1  | #31 Kal Miller, Maryland                 | NCAA       | 0-1    |
| 2024 | 141 | WBF     | #15 Mitche Moore, Rutgers (5:49)         | NCAA       | 1-1    |
| 2024 | 149 | WBF     | #9 Ethan Fernandez, Cornell (0:36)       | NCAA       | 2-1    |
| 2024 | 149 | W, 13-1 | #17 Graham Rooks, Indiana (major)        | NCAA       | 3-1    |
| 2024 | 149 | W, 5-4  | #3 Jackson Ranger, North Carolina St.    | NCAA       | 4-1    |
| 2024 | 149 | W, 10-2 | #11 Quinn Kinner, Rider (major)          | NCAA       | 5-1    |
| 2024 | 149 | W, 10-1 | #1 Ridge Lovett, Nebraska (major)        | NCAA       | 6-1    |
| 2024 | 149 | W, 3-2  | #5 Ty Watters, West Virginia             | NCAA (3rd) | 7-1    |
| 2025 | 157 | WBF     | #32 Landen Johnson, NIU (1:38)           | NCAA       | 8-1    |
| 2025 | 157 | W, 8-3  | #16 Cody Chittum, Iowa State             | NCAA       | 9-1    |
| 2025 | 157 | L, 4-5  | #8 Joey Blaze, Purdue                    | NCAA       | 9-2    |
| 2025 | 157 | W, 5-4  | #14 Jude Swisher, Penn                   | NCAA       | 10-2   |
| 2025 | 157 | WBF     | #12 Caleb Fish, Oklahoma St. (4:19)      | NCAA       | 11-2   |
| 2025 | 157 | W, 4-2  | #2 Meyer Shapiro, Cornell                | NCAA       | 12-2   |
| 2025 | 157 | W, 8-0  | #20 Trevor Chumbley, Northwestern (maj.) | NCAA (3rd) | 13-2   |



MITCHELL  
MESENBRIK  
HARTLAND, WIS.  
ARROWHEAD

1X National Champion (2025)  
2X All-American (2nd, 2024;  
1st, 2025)

So./Fr. = 165

PARENTS: BERNADETTE AND JOHN MESENBRIK  
MAJOR: PSYCHOLOGY

## MATCH-BY-MATCH

| Date  | Wt. | Result     | Opponent                                 | Place      | Record |
|-------|-----|------------|--|------------|--------|
| 11/17 | 165 | W, 21-4    | Cody Walsh, Drexel (TF; 5:19)            | dual       | 1-0    |
| 11/24 | 165 | W, 18-3    | Carter Baer, Binghamton (TF; 5:37)       | BK         | 2-0    |
| 11/24 | 165 | W, 18-1    | Cam Adams, Michigan State (TF; 4:01)     | BK         | 3-0    |
| 11/24 | 165 | W, 19-4    | #32 Tony White, Rutgers (TF; 5:46)       | BK         | 4-0    |
| 11/24 | 165 | W, 17-2    | #14 Gunner Filipowicz, Army (TF; 4:50)   | BK         | 5-0    |
| 12/8  | 165 | W, 18-1    | Thayne Lawrence, Lehigh (TF; 4:37)       | dual       | 6-0    |
| 12/15 | 165 | W, 15-0    | Cooper Voorhees, Wyoming (TF; 3:17)      | dual       | 7-0    |
| 12/22 | 165 | W, forfeit | Forfeit, Binghamton                      | dual       | 8-0    |
| 12/22 | 165 | W, 17-1    | #21 Joey Bianchi, Little Rock (TF; 5:27) | dual       | 9-0    |
| 12/22 | 165 | W, forfeit | Forfeit, Missouri                        | dual       | 10-0   |
| 1/10  | 165 | W, 20-5    | Jay Nivison, Michigan State (TF; 3:57)   | dual       | 11-0   |
| 1/17  | 165 | W, 20-3    | #7 Bubba Wilson, Nebraska (TF; 5:39)     | dual       | 12-0   |
| 1/24  | 165 | W, 19-3    | #26 Anthony White, Rutgers (TF; 6:30)    | dual       | 13-0   |
| 1/31  | 165 | W, 19-4    | #2 Mikey Caliendo, Iowa (TF; 6:24)       | dual       | 14-0   |
| 2/7   | 165 | W, 18-4    | #10 Beau Mantanona, Michigan (major)     | dual       | 15-0   |
| 2/9   | 165 | W, 18-3    | Alex Uryniak, Maryland (TF; 4:59)        | dual       | 16-0   |
| 2/14  | 165 | W, 19-4    | Brock Herman, Ohio State (TF; 4:39)      | dual       | 17-0   |
| 2/16  | 165 | W, 10-1    | #14 Braeden Scoles, Illinois (major)     | dual       | 18-0   |
| 2/21  | 165 | W, 19-2    | Kaden Milheim, American (TF; 5:20)       | dual       | 19-0   |
| 3/8   | 165 | W, md.frf. | #9 Paddy Gallagher, Ohio State           | B1G        | 20-0   |
| 3/8   | 165 | W, 25-8    | #10 Beau Mantanona, Michigan (TF; 6:29)  | B1G        | 21-0   |
| 3/9   | 165 | W, 4-1     | #2 Mikey Caliendo, Iowa                  | B1G (1st)  | 22-0   |
| 3/20  | 165 | W, 16-0    | #33 Chandler Amaker, CMU (TF; 3:32)      | NCAA       | 23-0   |
| 3/20  | 165 | W, 22-6    | #16 Kyle Mosher, Hofstra (TF; 4:15)      | NCAA       | 24-0   |
| 3/21  | 165 | W, 5-0     | #8 Cameron Amine, Oklahoma State         | NCAA       | 25-0   |
| 3/21  | 165 | W, 13-2    | #12 Chris Minto, Nebraska (major)        | NCAA       | 26-0   |
| 3/22  | 165 | W, 8-2     | #3 Mike Caliendo, Iowa                   | NCAA (1st) | 27-0   |

**NOTES:** Ranked #1 by InterMat. **Drexel (11/17):** Dominant 21-4 tech fall (5:14) over Cody Walsh. **Black Knight Invitational (11/24):** *Named Outstanding Wrestler at Black Knight Invitational* after winning title with 4-0 mark, all tech falls, including techs over #32 Tony White of Rutgers and #14 Gunner Filipowicz of Army in finals. **Big Ten Wrestler of the Week (11/27):** **Lehigh (12/8):** Dominated Thayne Lawrence in 18-1 tech fall (4:37). **Wyoming (12/15):** Seventh tech in as many matches with a 15-0 win over Cooper Voorhees (3:17). **Journeyman Collegiate (12/22):** Went 3-0 in Nashville, including 17-1 tech fall over #21 Joey Bianchi of Little Rock (5:27). **Michigan State (1/10):** Rolled to 20-5 tech fall over Jay Navison (3:57). **Nebraska (1/17):** Dominated #7 Bubba Wilson in Lincoln, rolling to a 20-3 tech fall (5:39). **Rutgers (1/24):** Five takedowns in a 19-3 tech fall (6:30) over #26 Anthony White. **Iowa (1/31):** Dominated #2 Mikey Caliendo, forcing three stalls and grabbing five takedowns in 19-4 tech fall (6:24). **Michigan (2/7):** Majored #10 Beau Mantanona 18-4, with five takedowns. **Maryland (2/9):** Teched Alex Uryniak 18-3 (4:59). **Ohio State:** Teched Brock Herman 19-4 (4:39). **Illinois (2/16):** Majored #14 Braeden Scoles 10-1. **American (2/21):** Teched Kaden Milheim 19-2 (5:20).

**Big Ten Championships (3/8-9):** Won second Big Ten title by going 3-0 in Evanston. Got medical forfeit win over #9 Paddy Gallagher of Ohio State, teched #10 Beau Mantanona of Michigan 25-8 (6:29) and then downed #2 Mikey Caliendo of Iowa 4-1 in the finals.

**NCAA Championships (3/20-22):** Won first National Championship and became two-time All-American with 5-0 showing in Philadelphia. Teched #33 and #16 before downing #8 Cameron Amine of Oklahoma State in quarterfinals. Majored #12 Chris Minto of Nebraska in national semis to set up dominant 8-2 win over #3 Mikey Caliendo of Iowa in the national finals.

## CAREER STATISTICS

| Year          | Overall     | Duals (B1G)        | TRN (B1G/NCAA)        | F          | TF          | M          | PTS        |
|---------------|-------------|--------------------|-----------------------|------------|-------------|------------|------------|
| *2022-23      | 2-0         | 2-0 (0-0)          | 0-0 (0-0/0-0)         | 2-0        | 0-0         | 0-0        | 12         |
| 2023-24       | 26-1        | 12-0 (8-0)         | 7-0 (3-0/4-1)         | 4-0        | 9-0         | 4-0        | 56         |
| 2024-25       | 27-0        | 15-0 (8-0)         | 12-0 (3-0/5-0)        | 0-0        | 18-0        | 3-0        | 75         |
| <b>Career</b> | <b>55-1</b> | <b>29-0 (16-0)</b> | <b>19-0 (6-0/9-1)</b> | <b>6-0</b> | <b>27-0</b> | <b>7-0</b> | <b>143</b> |

\* at Cal-Baptist // Red shirt season (results count)

## CAREER IN NCAA TOURNAMENT

| Date | Wt. | Result  | Opponent                                   | Place      | Record |
|------|-----|---------|--|------------|--------|
| 2024 | 165 | W, 18-2 | #31 Maxx Mayfield, Northwestern (TF; 5:32) | NCAA       | 1-0    |
| 2024 | 165 | W, 11-3 | #15 Brevin Cassella, Binghamton (major)    | NCAA       | 2-0    |
| 2024 | 165 | W, 6-1  | #10 Cameron Amine, Michigan                | NCAA       | 3-0    |
| 2024 | 165 | W, 17-9 | #6 Mikey Caliendo, Iowa (major)            | NCAA       | 4-0    |
| 2024 | 165 | L, 8-9  | #4 David Carr, Iowa State                  | NCAA (2nd) | 4-1    |
| 2025 | 165 | W, 16-0 | #33 Chandler Amaker, CMU (TF; 3:32)        | NCAA       | 5-1    |
| 2025 | 165 | W, 22-6 | #16 Kyle Mosher, Hofstra (TF; 4:15)        | NCAA       | 6-1    |
| 2025 | 165 | W, 5-0  | #8 Cameron Amine, Oklahoma State           | NCAA       | 7-1    |
| 2025 | 165 | W, 13-2 | #12 Chris Minto, Nebraska (major)          | NCAA       | 8-1    |
| 2025 | 165 | W, 8-2  | #3 Mike Caliendo, Iowa                     | NCAA (1st) | 9-1    |



**LEVI  
HAINES**  
ARENDTSTVILLE, PA.  
BIGLERVILLE  
1X National Champion  
3X All-American  
(2nd, 2023/157; 1st,  
2024/157; 3rd, 2025/174)

**Jr./Jr. = 174**

**PARENTS: AIMEE AND KEN HAINES**

**MAJOR: RECREATION, PARK AND TOURISM MANAGEMENT**

## MATCH-BY-MATCH

| Date  | Wt. | Result      | Opponent                               | Place      | Record |
|-------|-----|-------------|--|------------|--------|
| 11/17 | 174 | W, 16-0     | Jack Janda, Drexel (TF; 4:04)          | dual       | 1-0    |
| 11/24 | 174 | WBF         | Marty Larkin, Michigan State (4:29)    | BK         | 2-0    |
| 11/24 | 174 | WBF         | Matt Romanelli, Columbia (3:36)        | BK         | 3-0    |
| 11/24 | 174 | W, 17-1     | Cooper Haase, Army (TF; 5:13)          | BK         | 4-0    |
| 12/8  | 174 | WBF         | Rylan Rogers, Lehigh (4:12)            | dual       | 5-0    |
| 12/15 | 174 | WBF         | Riley Davis, Wyoming (2:25)            | dual       | 6-0    |
| 12/22 | 174 | W, 18-0     | Robert Padilla, Binghamton (TF; 5:00)  | dual       | 7-0    |
| 12/22 | 174 | W, 18-2     | Kodiak Kennedy, Little Rock (TF; 5:33) | dual       | 8-0    |
| 12/22 | 174 | L, 1-4 (sv) | #1 Keegan O'Toole, Missouri            | dual       | 8-1    |
| 1/10  | 174 | WBF         | Cesar Garza, Michigan State (4:13)     | dual       | 9-1    |
| 1/17  | 174 | W, 9-2      | #15 Lenny Pinto, Nebraska              | dual       | 10-1   |
| 1/24  | 174 | W, 5-2      | #22 Jackson Turley, Rutgers            | dual       | 11-1   |
| 1/31  | 174 | W, 10-3     | #6 Patrock Kennedy, Iowa               | dual       | 12-1   |
| 2/7   | 174 | WBF         | #29 Joseph Walker, Michigan (2:37)     | dual       | 13-1   |
| 2/9   | 174 | W, 8-1      | Branson John, Maryland                 | dual       | 14-1   |
| 2/14  | 174 | W, 6-4      | #5 Carson Kharchla, Ohio State         | dual       | 15-1   |
| 2/16  | 174 | W, 5-1      | #23 Danny Braunagel, Illinois          | dual       | 16-1   |
| 2/21  | 174 | WBF         | Breon Phifer, American (3:41)          | dual       | 17-1   |
| 3/8   | 174 | WBF         | #26 Brody Bauman, Purdue (5:58)        | B1G        | 18-1   |
| 3/8   | 174 | W, 10-3     | #10 Patrick Kennedy, Iowa              | B1G        | 19-1   |
| 3/9   | 174 | W, 12-1     | #8 Lenny Pinto, Nebraska (major)       | B1G (1st)  | 20-1   |
| 3/20  | 174 | WBF         | #31 Branson John, Maryland (2:46)      | NCAA       | 21-1   |
| 3/20  | 174 | W, 4-0      | #18 Gavin Sax, Oklahoma                | NCAA       | 22-1   |
| 3/21  | 174 | W, 7-2      | #7 Danny Wask, Navy                    | NCAA       | 23-1   |
| 3/21  | 174 | L, 2-4      | #3 Dean Hamiti, Oklahoma State         | NCAA       | 23-2   |
| 3/22  | 174 | W, 4-1      | #5 Simon Ruiz, Cornell                 | NCAA       | 24-2   |
| 3/22  | 174 | W, 11-3     | #11 Patrick Kennedy, Iowa (major)      | NCAA (3rd) | 25-2   |

**NOTES:** Ranked #2 by InterMat. **NWCA Exhibition (11/16):** Used dominant third period to post 7-0 win over #3 Cade DeVos of South Dakota State.

**Drexel (11/17):** Rolled to a 16-0 tech fall (4:04) over Jack Janda. **Black**

**Knight Invitational (11/24):** Shared title at 174 (not wrestling teammate in the finals), going 3-0 with two pins and a tech. **Lehigh (12/8):** Pinned Rylan Rogers at the 4:12 mark. **Wyoming (12/15):** Pinned Riley Davis in the first period (2:25). **Journeyman Collegiate (12/22):** Went 2-1 in Nashville with two tech falls, only loss thrilling 4-1 sudden victory defeat to #1 Keegan O'Toole of Missouri. **Michigan State (1/10):** Pinned Cesar Garza (4:13). **Nebraska (1/17):** Defeated #15 Lenny Pinto in dual meet in Lincoln. **Rutgers (1/24):** Hard-fought 5-2 win over #22 Jackson Turley. **Iowa (1/31):** Strong 10-3 win over #6 Patrick Kennedy in BJC Dual win over the Hawkeyes. **Michigan (2/7):** First period pin of #29 Joseph Walker (2:37). **Maryland (2/9):** Notched 8-1 win over Branson John. **Ohio State:** Beat #5 Carson Kharchla 6-4 in Columbus. **Illinois (2/16):** Beat #23 Danny Braunagel 5-1. **American (2/21):** Pinned Breon Phifer (3:41).

**Big Ten Championships (3/8-9):** Became three-time Big Ten Champion by going 3-0 in Evanston. Pinned #26 Brody Bauman of Purdue (5:58), beat #10 Patrick Kennedy of Iowa 10-3 and majored #8 Lenny Pinto of Nebraska in the finals.

**NCAA Championships (3/20-22):** Became three-time All-American with a third place finish in his first season up two weights at 174. Two quick wins and then a victory over #7 Danny Wask in the quarterfinals before an upset loss in the semis. Rebounded with wins over #5 Simon Ruiz and an 11-3 major over #11 Patrick Kennedy of Iowa in the third place bout.

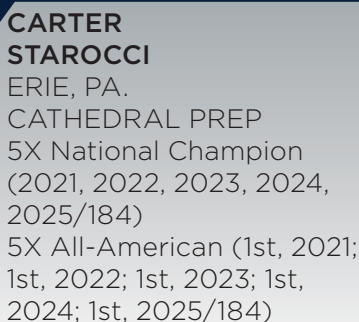
## CAREER STATISTICS

| Year          | Overall     | Duals (B1G)        | TRN (B1G/NCAA)         | F           | TF          | M           | PTS        |
|---------------|-------------|--------------------|------------------------|-------------|-------------|-------------|------------|
| 2022-23       | 25-2        | 11-0 (7-0)         | 14-2 (3-0/4-1)         | 3-0         | 1-0         | 5-0         | 43         |
| 2023-24       | 23-0        | 12-0 (8-0)         | 11-0 (3-0/5-0)         | 5-0         | 5-0         | 5-0         | 51         |
| 2024-25       | 25-2        | 14-1 (8-0)         | 11-1 (3-0/5-1)         | 9-0         | 4-0         | 2-0         | 63         |
| <b>Career</b> | <b>73-4</b> | <b>37-1 (23-0)</b> | <b>36-3 (9-0/14-2)</b> | <b>17-0</b> | <b>10-0</b> | <b>12-0</b> | <b>157</b> |

## CAREER IN NCAA TOURNAMENT

| Date | Wt. | Result   | Opponent                                   | Place      | Record |
|------|-----|----------|--|------------|--------|
| 2023 | 157 | W, 10-3  | #31 Ashton Eyler, Lock Haven               | NCAA       | 1-0    |
| 2023 | 157 | W, 8-2   | #15 Jacob Wright, Wyoming                  | NCAA       | 2-0    |
| 2023 | 157 | WBF      | #7 Bryce Andonian, Virginia Tech (6:11)    | NCAA       | 3-0    |
| 2023 | 157 | W, 5-3   | #3 Peyton Robb, Nebraska                   | NCAA       | 4-0    |
| 2023 | 157 | L, 2-6   | #1 Austin O'Connor, North Carolina         | NCAA (2nd) | 4-1    |
| 2024 | 157 | W, 17-2  | #32 Isaac Wilcox, Ohio State (TF; 7:00)    | NCAA       | 5-1    |
| 2024 | 157 | W, 19-4  | #16 Teague Travis, Oklahoma St. (TF; 6:41) | NCAA       | 6-1    |
| 2024 | 157 | W, 8-0   | #8 Peyton Robb, Nebraska (major)           | NCAA       | 7-1    |
| 2024 | 157 | WBF (sv) | #12 Bryce Andonian, Virginia Tech (7:48)   | NCAA       | 8-1    |
| 2024 | 157 | W, 5-0   | #2 Jacori Teemer, Arizona State            | NCAA (1st) | 9-1    |
| 2025 | 174 | WBF      | #31 Branson John, Maryland (2:46)          | NCAA       | 10-1   |
| 2025 | 174 | W, 4-0   | #18 Gavin Sax, Oklahoma                    | NCAA       | 11-1   |
| 2025 | 174 | W, 7-2   | #7 Danny Wask, Navy                        | NCAA       | 12-1   |
| 2025 | 174 | L, 2-4   | #3 Dean Hamiti, Oklahoma State             | NCAA       | 12-2   |
| 2025 | 174 | W, 4-1   | #5 Simon Ruiz, Cornell                     | NCAA       | 13-2   |
| 2025 | 174 | W, 11-3  | #11 Patrick Kennedy, Iowa (major)          | NCAA (3rd) | 14-2   |





**PARENTS: STARLA AND CHRIS STAROCCI**  
**MAJOR: BUSINESS MANAGEMENT FOUNDATIONS GCT**

| Date  | Wt. | Result      | Opponent                                | Place      | Record |
|-------|-----|-------------|---|------------|--------|
| 11/17 | 184 | W, 19-3     | Giuseppe Hoose, Drexel (TF; 5:37)       | dual       | 1-0    |
| 11/24 | 184 | WBF         | Spencer Fine, Columbia (1:37)           | BK         | 2-0    |
| 11/24 | 184 | W, 20-3     | Cole Karpinski, Army (TF; 3:00)         | BK         | 3-0    |
| 11/24 | 184 | WBF         | Lucas Daily, Michigan State (4:23)      | BK         | 4-0    |
| 12/8  | 184 | W, 15-1     | Jack Wilt, Lehigh (major)               | dual       | 5-0    |
| 12/15 | 184 | WBF         | Ethan Ducca, Wyoming (1:37)             | dual       | 6-0    |
| 12/22 | 184 | WBF         | #23 Will Ebert, Binghamton (5:55)       | dual       | 7-0    |
| 12/22 | 184 | W, 17-1     | Tristan Wills, Little Rock (TF; 5:37)   | dual       | 8-0    |
| 12/22 | 184 | W, 10-1     | #10 Colton Hawks, Missouri (major)      | dual       | 9-0    |
| 1/10  | 184 | WBF         | Ryan Boucher, Michigan State (5:48)     | dual       | 10-0   |
| 1/17  | 184 | W, 11-2     | #17 Silas Allred, Nebraska (major)      | dual       | 11-0   |
| 1/24  | 184 | W, 17-2     | #18 Shane Cartagena-Walsh, Rutgers (TF) | dual       | 12-0   |
| 1/31  | 184 | W, 3-1      | Angelo Ferrari, Iowa                    | dual       | 13-0   |
| 2/7   | 184 | W, 19-4     | #24 Jaden Bullock, Michigan (TF; 7:00)  | dual       | 14-0   |
| 2/9   | 184 | W, 20-3     | #11 Jaxon Smith, Maryland (TF; 6:45)    | dual       | 15-0   |
| 2/14  | 184 | W, 22-7     | #19 Ryder Rogotzke, Ohio St. (TF; 7:00) | dual       | 16-0   |
| 2/16  | 184 | W, DQ       | #12 Edmond Ruth, Illinois (DQ, 6:43)    | dual       | 17-0   |
| 2/21  | 184 | WBF         | Lucas White, American (2:22)            | dual       | 18-0   |
| 3/8   | 184 | W, 18-1     | #24 DJ Washington, Indiana (TF; 4:54)   | B1G        | 19-0   |
| 3/8   | 184 | W, 12-2     | #11 Jaxon Smith, Maryland (major)       | B1G        | 20-0   |
| 3/9   | 184 | W, 8-5 (sv) | #4 Max McEnelly, Minnesota              | B1G (1st)  | 21-0   |
| 3/20  | 184 | W, 18-2     | #32 Caden Rogers, Lehigh (TF; 6:19)     | NCAA       | 22-0   |
| 3/20  | 184 | W, 15-0     | #16 Shane Cartagena-Welsh, Rutgers (TF) | NCAA       | 23-0   |
| 3/21  | 184 | W, 9-1      | #8 Jaxosn Smith, Maryland (major)       | NCAA       | 24-0   |
| 3/21  | 184 | W, 9-3      | #4 Dustin Plott, Oklahoma State         | NCAA       | 25-0   |
| 3/22  | 184 | W, 4-3      | #2 Parker Keckeisen, Northern Iowa      | NCAA (1st) | 26-0   |

| CAREER STATISTICS |                  |             |                  |      |      |      |     |
|-------------------|------------------|-------------|------------------|------|------|------|-----|
| Year              | Overall          | Duals (BIG) | TRN (BIG/NCAA)   | F    | TF   | M    | PTS |
| 2019-20           | Red shirt season |             |                  |      |      |      |     |
| 2020-21           | 14-2             | 5-1 (5-1)   | 9-1 (3-1/5-0)    | 1-0  | 1-0  | 2-0  | 16  |
| 2021-22           | 23-0             | 15-0 (6-0)  | 8-0 (3-0/5-0)    | 4-0  | 5-0  | 4-0  | 65  |
| 2022-23           | 24-0             | 16-0 (8-0)  | 8-0 (3-0/5-0)    | 4-0  | 3-0  | 9-0  | 68  |
| 2023-24           | 17-2             | 9-0 (5-0)   | 8-2 (0-2/5-0)    | 3-0  | 6-0  | 1-0  | 44  |
| 2024-25           | 26-0             | 15-0 (8-0)  | 11-0 (3-0/5-0)   | 6-0  | 10-0 | 5-0  | 74  |
| Career            | 104-4            | 60-1 (32-1) | 44-3 (12-3/25-0) | 20-0 | 25-0 | 21-0 | 267 |

| Date | Wt. | Result           | Opponent                                | Place      | Record |
|------|-----|------------------|---|------------|--------|
| 2021 | 174 | W, 10-2          | #30 Victor Marcelli, Virginia (major)   | NCAA       | 1-0    |
| 2021 | 174 | W, 8-2           | #14 Hayden Hastings, Wyoming            | NCAA       | 2-0    |
| 2021 | 174 | W, 6-3           | #6 Andrew McNally, Kent State           | NCAA       | 3-0    |
| 2021 | 174 | W, 2-0           | #2 Demetrius Romero, Utah Valley        | NCAA       | 4-0    |
| 2021 | 174 | W, 3-1 (sv)      | #1 Michael Kemerer, Iowa                | NCAA (1st) | 5-0    |
| 2022 | 174 | WBF              | #33 Connor O'Neill, Rutgers (6:38)      | NCAA       | 6-0    |
| 2022 | 174 | W, 10-4          | #16 Adam Kemp, Cal Poly                 | NCAA       | 7-0    |
| 2022 | 174 | W, 6-1           | #9 Mikey Labriola, Nebraska             | NCAA       | 8-0    |
| 2022 | 174 | W, 10-3          | #4 Hayden Hidlaj, North Carolina State  | NCAA       | 9-0    |
| 2022 | 714 | W, 5-5 (TB2, RT) | #2 Mekhi Lewis, North Carolina St.      | NCAA (1st) | 10-0   |
| 2023 | 174 | WBF              | #33 John Worthing, Clarion (1:21)       | NCAA       | 11-0   |
| 2023 | 174 | W, 4-0           | #17 DJ Washington, Indiana              | NCAA       | 12-0   |
| 2023 | 174 | W, 5-2           | #8 Bailee O'Reilly, Minnesota           | NCAA       | 13-0   |
| 2023 | 174 | W, 6-0           | #4 Chris Foca, Cornell                  | NCAA       | 14-0   |
| 2023 | 174 | WBF              | #2 Mike Labriola, Nebraska (2:46)       | NCAA (1st) | 15-0   |
| 2024 | 174 | W, 12-6          | #24 Andrew Sparks, Minnesota            | NCAA       | 16-0   |
| 2024 | 174 | W, 5-3           | #8 Adam Kemp, Cal Poly                  | NCAA       | 17-0   |
| 2024 | 174 | W, 4-0           | #1 Mekhi Lewis, Virginia Tech           | NCAA       | 18-0   |
| 2024 | 174 | W, 2-0           | #4 Shane Griffith, Michigan             | NCAA       | 19-0   |
| 2024 | 174 | W, 2-0           | #6 Rozco Welsh, Ohio State              | NCAA (1st) | 20-0   |
| 2025 | 184 | W, 18-2          | #32 Caden Rogers, Lehigh (TF; 6:19)     | NCAA       | 21-0   |
| 2025 | 184 | W, 15-0          | #16 Shane Cartagena-Welsh, Rutgers (TF) | NCAA       | 22-0   |
| 2025 | 184 | W, 9-1           | #8 Jaxosn Smith, Maryland (major)       | NCAA       | 23-0   |
| 2025 | 184 | W, 9-3           | #4 Dustin Plott, Oklahoma State         | NCAA       | 24-0   |
| 2025 | 184 | W, 4-3           | #2 Parker Keckeisen, Northern Iowa      | NCAA (1st) | 25-0   |



**JOSH BARR**  
DAVISON, MICH.  
DAVISON

1X All-American (2nd, 205)

**So./Fr. = 197**

## CAREER STATISTICS

| Year          | Overall     | Duals (B1G)       | TRN (B1G/NCAA)        | F          | TF          | M          | PTS       |
|---------------|-------------|-------------------|-----------------------|------------|-------------|------------|-----------|
| *2023-24      | 14-0        | 1-0 (1-0)         | 13-0 (0-0/0-0)        | 1-0        | 5-0         | 4-0        | 4         |
| 2024-25       | 20-4        | 13-1 (7-1)        | 7-3 (1-2/4-1)         | 6-0        | 6-0         | 4-0        | 63        |
| <b>Career</b> | <b>34-4</b> | <b>14-1 (8-1)</b> | <b>20-3 (1-2/4-1)</b> | <b>7-0</b> | <b>11-0</b> | <b>8-0</b> | <b>67</b> |

\*maintains red shirt / results count towards career record

**PARENTS: SIMONA AND DOUGLAS BARR**  
**MAJOR: RECREATION, PARK AND TOURISM MANAGEMENT**

## MATCH-BY-MATCH

| Date  | Wt. | Result      | Opponent                                | Place      | Record |
|-------|-----|-------------|---|------------|--------|
| 11/24 | 197 | WBF         | Jack Bernik, Columbia (2:26)            | BK         | 1-0    |
| 11/24 | 197 | WBF         | Josh McCutcheon, Gardner Webb (2:53)    | BK         | 2-0    |
| 12/8  | 197 | W, 11-3     | #6 Michael Beard, Lehigh (major)        | dual       | 3-0    |
| 12/15 | 197 | WBF         | Brant Whitaker, Wyoming (1:48)          | dual       | 4-0    |
| 12/22 | 197 | 19-4        | Andrew Bailey, Binghamton (TF; 2:40)    | dual       | 5-0    |
| 12/22 | 197 | W, 4-1 (sv) | #5 Stephen Little, Little Rock          | dual       | 6-0    |
| 12/22 | 197 | WBF         | Jesse Cassatt, Missouri (1:45)          | dual       | 7-0    |
| 1/10  | 197 | WBF         | Cory Thomas, Michigan State (2:44)      | dual       | 8-0    |
| 1/17  | 197 | W, 19-4     | #22 Camden McDanel, Nebraska (TF; 6:42) | dual       | 9-0    |
| 1/24  | 197 | W, 22-6     | #16 John Poznanski, Rutgers (TF; 6:19)  | dual       | 10-0   |
| 1/31  | 197 | L, 1-5      | #1 Stephen Buchanan, Iowa               | dual       | 10-1   |
| 2/7   | 197 | W, 3-2 (tb) | #2 Jacob Cardenas, Michigan             | dual       | 11-1   |
| 2/9   | 197 | W, 17-2     | Chase Mielnik, Maryland (TF; 4:35)      | dual       | 12-1   |
| 2/14  | 197 | W, 20-5     | #23 Seth Shumate, Ohio State (TF; 7:00) | dual       | 13-1   |
| 2/16  | 197 | W, 15-4     | #17 Zac Braunagle, Illinois (major)     | dual       | 14-1   |
| 2/21  | 197 | WBF         | Liam Volk-Klos, American (1:09)         | dual       | 15-1   |
| 3/8   | 197 | W, 17-2     | #20 Camden McDanel, Nebraska (TF; 4:05) | B1G        | 16-1   |
| 3/8   | 197 | L, 1-4 (sv) | #3 Jacob Cardenas, Michigan             | B1G        | 16-2   |
| 3/9   | 197 | L, inj.def. | #8 Isaiah Salazar, Minnesota            | B1G (6th)  | 16-3   |
| 3/20  | 197 | W, 9-1      | #29 Tucker Logan, Lock Haven (major)    | NCAA       | 17-3   |
| 3/20  | 197 | W, 5-2 (sv) | #13 Tey Munoz, Oregon State             | NCAA       | 18-3   |
| 3/21  | 197 | W, 14-3     | #5 Michael Beard, Lehigh (major)        | NCAA       | 19-3   |
| 3/21  | 197 | W, 5-3      | #1 Jacob Cardenas, Michigan             | NCAA       | 20-3   |
| 3/22  | 197 | L, 2-5      | #2 Stephen Buchanan, Iowa               | NCAA (2nd) | 20-4   |

**NOTES:** Ranked #3 by InterMat. **Black Knight Invitational (11/24):** Won Black Knight championship with 2-0 mark (both pins) plus two wins over teammates in semis and finals. **Lehigh (12/8):** Dominated #6 Michael Beard of Lehigh, rolling to 11-3 major decision on the road. **Wyoming (12/15):** Picked up first period pin of Brant Whitaker (1:48). **Journeymen Collegiate (12/22):** Went 3-0 in Nashville with a pin and a tech, including impressive 4-1 (sv) win over #5 Stephen Little of Little Rock. **Michigan State (1/10):** Pinned Cory Thomas in the first period (2:44). **Nebraska (1/17):** Posted 19-4 tech fall over #22 Camden McDanel (6:42) in Lincoln. **Rutgers (1/24):** Stunning 22 points in third period alone to post 22-6 tech fall over #16 John Poznanski (6:19) at Rutgers. **Iowa (1/31):** Lost first bout of the year to #1 Stephen Buchanan, 5-1. **Michigan (2/7):** Last second reversal in tie-breaker to snag 3-2 win over #2 Jacob Cardenas in BJC Dual. **Maryland (2/9):** Rolled to a 17-2 tech fall (4:35) over Chase Mielnik. **Ohio State:** Dominant 20-5 tech fall (7:00) over #23 Seth Shumate. **Illinois (2/16):** Majored #17 Zac Braunagle 15-4. **American (2/21):** Pinned Liam Volk-Klos (1:09).

**Big Ten Championships (3/8-9):** Won first bout at first Big Tens, a 17-2 tech fall over #20 Camden McDanel of Nebraska. Lost tough 4-1 (sv) decision to #3 Jacob Cardenas of Michigan in semis and then suffered injury early in conso semis, taking injury default loss to #8 Isaiah Salazar of Minnesota. Finished sixth with a 1-2 mark.

**NCAA Championships (3/20-22):** Became NCAA national finalist and All-American as a freshman, going 4-1 in first trip to tournament. Began tourney with major over #29 Tucker Logan of Lock Haven then downed #13 Tey Munoz of Oregon State. Rolled to 14-3 major over #5 Michael Beard in quarterfinals then downed #1 Jacob Cardenas of Michigan in semifinals. Lost hard-fought 5-2 decision to #2 Stephen Buchanan of Iowa in the finals.

## CAREER IN NCAA TOURNAMENT

| Date | Wt. | Result      | Opponent                             | Place      | Record |
|------|-----|-------------|--------------------------------------|------------|--------|
| 2025 | 197 | W, 9-1      | #29 Tucker Logan, Lock Haven (major) | NCAA       | 1-0    |
| 2025 | 197 | W, 5-2 (sv) | #13 Tey Munoz, Oregon State          | NCAA       | 2-0    |
| 2025 | 197 | W, 14-3     | #5 Michael Beard, Lehigh (major)     | NCAA       | 3-0    |
| 2025 | 197 | W, 5-3      | #1 Jacob Cardenas, Michigan          | NCAA       | 4-0    |
| 2025 | 197 | L, 2-5      | #2 Stephen Buchanan, Iowa            | NCAA (2nd) | 4-1    |



**GREG KERKVLIT**  
INVER GROVE HEIGHTS,  
MINN. // SIMLEY  
1X National Champion  
5X All-American  
(7th, 2021; 4th, 2022; 2nd,  
2023; 1st, 2024; 6th, 2025)

**Sr./Sr.+ = 285**

**PARENTS: KRYSTAL AND GREG KERKVLIT**  
**MAJOR: HUMAN DEVELOPMENT AND FAMILY STUDIES**

## MATCH-BY-MATCH

| Date  | Wt. | Result     | Opponent                                | Place      | Record |
|-------|-----|------------|---|------------|--------|
| 11/17 | 285 | WBF        | Tanner Updegraff, Drexel (1:40)         | dual       | 1-0    |
| 11/24 | 285 | WBF        | Tristen Hitchcock, Army (2:31)          | BK         | 2-0    |
| 11/24 | 285 | WBF        | Billy McChesney, Columbia (1:29)        | BK         | 3-0    |
| 11/24 | 285 | W, 15-0    | Brady Colbert, Army (TF; 5:10)          | BK         | 4-0    |
| 12/8  | 285 | W, 15-0    | Calvin Lachman, Lehigh (TF; 2:07)       | dual       | 5-0    |
| 12/15 | 285 | W, 20-3    | Kevin Zimmer, Wyoming (TF; 3:28)        | dual       | 6-0    |
| 12/22 | 285 | WBF        | Charlie Tibbits, Binghamton (1:33)      | dual       | 7-0    |
| 12/22 | 285 | W, 15-0    | Keith Miley, Little Rock (TF; 1:40)     | dual       | 8-0    |
| 12/22 | 285 | W, 15-0    | Jarret Stoner, Missouri (TF; 5:57)      | dual       | 9-0    |
| 1/10  | 285 | WBF        | Max Vanadia, Michigan State (0:56)      | dual       | 10-0   |
| 1/17  | 285 | W, 20-2    | #24 Harley Andrews, Nebraska (TF; 6:12) | dual       | 11-0   |
| 1/24  | 285 | W, 2-0     | #7 Yaraslau Slavikouski, Rutgers        | dual       | 12-0   |
| 1/31  | 285 | W, 12-2    | #11 Ben Kueter, Iowa (major)            | dual       | 13-0   |
| 2/7   | 285 | W, 6-0     | #8 Josh Heindselman, Michigan           | dual       | 14-0   |
| 2/9   | 285 | W, 8-3     | #12 Seth Nevills, Maryland              | dual       | 15-0   |
| 2/21  | 285 | WBF        | Emmanuel Ulrich, American (2:47)        | dual       | 16-0   |
| 3/8   | 285 | WBF        | #11 Ben Kueter, Iowa (1:53)             | B1G        | 17-0   |
| 3/8   | 285 | W, 9-1     | #8 Josh Heindselman, Michigan (major)   | B1G        | 18-0   |
| 3/9   | 285 | L, 3-10    | #1 Gable Steveson, Minnesota            | B1G (2nd)  | 18-1   |
| 3/20  | 285 | W, 15-0    | #30 Sam Mitchell, Wyoming (TF; 5:30)    | NCAA       | 19-1   |
| 3/20  | 285 | W, 4-0     | #14 Gavin Hoffman, Lock Haven           | NCAA       | 20-1   |
| 3/21  | 285 | W, 5-0     | #6 Josh Heindselman, Michigan           | NCAA       | 21-1   |
| 3/21  | 285 | L, 2-8     | #2 Wyatt Hendrickson, Oklahoma State    | NCAA       | 21-2   |
| 3/22  | 285 | L, inj.def | #9 Cohlton Schultz, Arizona State       | NCAA (6th) | 21-3   |

**NOTES:** Ranked #2 by InterMat. **Drexel (11/17):** First period pin over Tanner Updegraff (1:40). **Black Knight Invitational (11/24):** Shared 285 pound title (not wrestling teammate in the finals) with 3-0 mark, including two pins and a tech fall. **Lehigh (12/8):** First period tech fall over Calvin Lachman, 15-0 at 2:07. **Wyoming (12/15):** Notched 20-3 tech fall over Kevin Zimmer (3:28). **Journeyman Collegiate (12/22):** Went 3-0 in Nashville with two technical falls and a first period pin of Binghamton's Charlie Tibbits (1:33). **Michigan State (1/10):** Fast fall over Max Vanadia to open dual meet against the Spartans (0:56). **Nebraska (1/17):** Majored #24 Harley Andrews 20-2 (6:12) in Lincoln. **Rutgers (1/24):** Hard-fought 2-0 win over #7 Yaraslau Slavikouski. **Iowa (1/31):** Used three takedowns and almost 4:00 in riding time to roll to 12-2 major over #12 Ben Kueter in BJC dual win. **Michigan (2/7):** Shut out #8 Josh Heindselman 6-0. **Maryland (2/9):** Strong 8-3 win over #12 Seth Nevills. **American (2/21):** Pinned Emmanuel Ulrich (2:47) in final Rec Hall appearance.

**Big Ten Championships (3/8-9):** Went 2-1 to place second at Big Ten tournament. Pinned #11 Ben Kueter if Iowa (1:53), majored #8 Josh Heindselman of Michigan 9-1 and lost to #1 Gable Steveson of Minnesota 10-3 in the finals. **NCAA Championships (3/20-22):** Injured knee week before national championships and still battled to become a five-time All-American. Opened tournament with 15-0 tech and a 4-0 win over #14 Gavin Hoffman of Lock Haven. Downed #6 Josh Heindselman of Michigan 5-0 in quarters before losing in semifinals and injury defaulting to sixth place with a 3-2 overall record.

## CAREER STATISTICS

| Year          | Overall      | Duals (B1G)        | TRN (B1G/NCAA)           | F           | TF          | M           | PTS        |
|---------------|--------------|--------------------|--------------------------|-------------|-------------|-------------|------------|
| 2019-20       |              |                    | Red shirt season         |             |             |             |            |
| 2020-21       | 10-4         | 1-0 (1-0)          | 9-4 (4-2/4-2)            | 2-0         | 1-0         | 6-0         | 6          |
| 2021-22       | 22-3         | 14-1 (7-1)         | 8-2 (4-1/4-1)            | 6-0         | 3-0         | 5-0         | 64         |
| 2022-23       | 19-3         | 13-1 (6-1)         | 6-2 (2-1/4-1)            | 3-0         | 6-0         | 4-0         | 66         |
| 2023-24       | 20-0         | 9-0 (6-0)          | 11-0 (3-0/5-0)           | 2-0         | 4-0         | 8-0         | 40         |
| 2024-25       | 21-3         | 13-0 (6-0)         | 8-3 (2-1/3-2)            | 7-0         | 7-0         | 2-0         | 62         |
| <b>Career</b> | <b>92-13</b> | <b>50-2 (26-2)</b> | <b>42-11 (15-5/20-6)</b> | <b>20-0</b> | <b>21-0</b> | <b>25-0</b> | <b>238</b> |

## CAREER IN NCAA TOURNAMENT

| Date | Wt. | Result     | Opponent                                  | Place      | Record |
|------|-----|------------|---|------------|--------|
| 2021 | 285 | W, 18-0    | #24 Jonathan Birchmeier, Navy (TF; 2:17)  | NCAA       | 1-0    |
| 2021 | 285 | W, 12-2    | #8 Jordan Wood, Lehigh (major)            | NCAA       | 2-0    |
| 2021 | 285 | L, 4-7     | #1 Gable Steveson, Minnesota              | NCAA       | 2-1    |
| 2021 | 285 | W, 13-5    | #29 Austin Harris, Oklahoma St. (major)   | NCAA       | 3-1    |
| 2021 | 285 | L, 8-14    | #4 Cohlton Schultz, Arizona State         | NCAA       | 3-2    |
| 2021 | 285 | W, 13-1    | #21 Tate Orndorff, Ohio State (major)     | NCAA (7th) | 4-2    |
| 2022 | 285 | WBF        | #29 Brandon Metz, North Dakota St.        | NCAA       | 5-2    |
| 2022 | 285 | W, 10-1    | #13 Tate Orndorff, Ohio State (major)     | NCAA       | 6-2    |
| 2022 | 285 | W, 7-1     | #12 Christian Lance, Nebraska             | NCAA       | 7-2    |
| 2022 | 285 | L, 3-8     | #1 Gable Steveson, Minnesota              | NCAA       | 7-3    |
| 2022 | 285 | W, 6-1     | #7 Mason Parris, Michigan                 | NCAA (4th) | 8-3    |
| 2023 | 285 | WBF        | #30 Hayden Copass, Purdue (0:34)          | NCAA       | 9-3    |
| 2023 | 285 | W, 14-2    | #14 A.J. Nevills, South Dakota St. (maj.) | NCAA       | 10-3   |
| 2023 | 285 | W, 4-0     | #11 Trent Hillger, Wisconsin              | NCAA       | 11-3   |
| 2023 | 285 | W, 4-2     | #2 Wyatt Hendrickson, Air Force           | NCAA       | 12-3   |
| 2023 | 285 | L, 1-5     | #1 Mason Parris, Michigan                 | NCAA (2nd) | 12-4   |
| 2024 | 285 | W, 19-3    | #32 Nick Willham, Indiana (TF; 5:16)      | NCAA       | 13-4   |
| 2024 | 285 | W, 9-0     | #17 Grady Griess, Navy (major)            | NCAA       | 14-4   |
| 2024 | 285 | W, 1-0     | #19 Nick Feldman, Ohio State              | NCAA       | 15-5   |
| 2024 | 285 | W, 8-1     | #4 Cohlton Schultz, Arizona State         | NCAA       | 16-4   |
| 2024 | 285 | W, 13-4    | #10 Lucas Davison, Michigan (major)       | NCAA (1st) | 17-4   |
| 2025 | 285 | W, 15-0    | #30 Sam Mitchell, Wyoming (TF; 5:30)      | NCAA       | 19-1   |
| 2025 | 285 | W, 4-0     | #14 Gavin Hoffman, Lock Haven             | NCAA       | 20-1   |
| 2025 | 285 | W, 5-0     | #6 Josh Heindselman, Michigan             | NCAA       | 21-1   |
| 2025 | 285 | L, 2-8     | #2 Wyatt Hendrickson, Oklahoma State      | NCAA       | 21-2   |
| 2025 | 285 | L, inj.def | #9 Cohlton Schultz, Arizona State         | NCAA (6th) | 21-3   |





## #1 PENN STATE 41, DREXEL 3 Sunday, Nov. 17, 2024 -- Rec Hall -- University Park, Pa.

|  |      |
|--|------|
| 125: Luke Lilledahl PSU win by forfeit   | 6-0  |
| 133: #7 Braeden Davis PSU dec. Kyle Waterman DREX, 7-5   | 9-0  |
| 141: Jordan Soriano DREX dec. Cael Nasdeo PSU, 11-8  | 9-3  |
| 149: Connor Pierce PSU dec. Dom Findora DREX, 5-4  | 12-3 |
| 157: Alex Facundo PSU dec. Luke Nichter DREX, 8-6  | 15-3 |
| 165: #1 Mitchell Mesenbrink PSU tech fall Cody Walsh DREX, 21-4 (TF; 5:19)   | 20-3 |
| 174: #2 Levi Haines PSU tech fall Jack Janda DREX, 16-0 (TF; 4:04)   | 25-3 |
| 184: #1 Carter Starocci PSU tech fall Giuseppe Hoose DREX, 19-3 (TF; 5:37)   | 30-3 |
| 197: Lucas Cochran PSU tech fall Ethan Wilson DREX, 18-1 (TF; 3:27)  | 35-3 |
| 285: #1 Greg Kerkvliet PSU pinned Tanner Updegraff DREX, WBF (1:40)  | 41-3 |
| Attendance: 6,426 (Penn State has wrestled in front of 82 sellouts in its last 85 home events, including 73-straight in Rec Hall and 9 of 12 in the BJC) |      |

The Penn State Nittany Lion wrestling team (1-0, 0-0 B1G) rolled to a 41-3 win over visiting Drexel (0-4) in its official NCAA season opener Sunday in Rec Hall. Penn State posted the win with a handful of regular starters not competing, having wrestled in last night's NWCA All-Star Exhibition.

Two true freshmen made their Penn State dual debuts in the season opener and two wrestlers who won in last night's All-Star Exhibition took to the mat and rolled to big wins. The dual was wrestled in front of 6,426 fans, the 73rd-straight Rec Hall sellout crowd. The dual meet began at 125. True freshman Luke Lilledahl made his Penn State debut at 125 and received a forfeit victory after Drexel's 125-pounder suffered an injury heading into the weekend. Sophomore Braeden Davis, ranked No. 7 at 133, opened up an early 6-2 lead and held on for a 7-5 win over Drexel's Kyle Waterman to give Penn State a 9-0 lead. With No. 3 Beau Bartlett not wrestling after last night's All-Star exhibition, true freshman Cael Nasdeo made his collegiate debut at 141. Nasdeo led early but dropped a tough 11-8 decision to Drexel's Jordan Soriano. With No. 2 Shayne Van Ness also not competing after the All-Star exhibition, sophomore Connor Pierce got the nod at 149. Pierce opened up an early lead and held on for a hard fought 5-4 win over Dom Findora to put Penn State up 12-3. Likewise, No. 5 Tyler Kasak did not compete after his All-Star exhibition appearance and sophomore Alex Facundo took to the mat at 157. Facundo led early and held off a late rally to post an 8-6 win over Luke Nichter. Penn State led 15-3 at halftime.

Mitchell Mesenbrink, ranked No. 1 at 165, opened up the second half by rolling to a 21-4 technical fall over Drexel's Cody Walsh (5:19). Mesenbrink's win put the Nittany Lions up 20-3. Junior Levi Haines, ranked No. 2 at 174, followed that up with a tech fall of his own. Haines rolled up two takedowns and a series of nearfalls to post the 16-0 tech at 4:04. Graduate Carter Starocci, ranked No. 1 at 184, notched Penn State's third straight technical fall. Starocci dominated Giuseppe Hoose in a 19-3 tech fall at 5:37, to put Penn State on top 30-3. Junior Lucas Cochran made it four straight techs with a big win at 197. The Lion junior led 14-1 after two and ended the match early in the second with an escape and takedown to roll to an 18-1 tech (3:27). Senior Greg Kerkvliet, ranked No. 1 at 285, finished off a torrid Penn State second half with a first period pin over Tanner Updegraff, getting the fall at 1:40. Kerkvliet's capped off Penn State's 41-3 win. Penn State won nine of ten bouts and rolled up a 25-4 edge in takedowns. The Nittany Lions picked up 14 bonus points off a pin (Kerkvliet), a forfeit win (Lilledahl) and four technical falls (Mesenbrink, Haines, Starocci, Cochran).

### DUAL MEET BOUT-BY-BOUT:

125: True freshman Luke Lilledahl made his collegiate debut on Sunday and received a forfeit victory as Drexel's 125-pounder suffered an injury heading into the weekend.

133: Sophomore Braeden Davis, ranked No. 7 by InterMat at 133, met senior Kyle Waterman. Davis came out quickly and took Waterman down for an early 3-1 lead just seconds into the bout. The Nittany Lion sophomore worked his way in on a single leg. Davis called for a quick injury timeout, stopping the action. Waterman chose down on the reset and escaped to a 3-2 score. Davis quickly took the Dragon down for another takedown and a 6-2 lead. Waterman reversed Davis on the scramble to cut the lead to 6-4 at :35. Trailing 6-4, Waterman chose down to start the second stanza and quickly escaped to a 6-5 score. Davis worked the center of the mat through the 1:00 mark, looking for an opening to score again. Waterman was able to work Davis towards the outside circle and the match moved to the third period with Davis leading 6-5. Davis chose down to start the third period and quickly escaped to a 7-5 lead. Davis was hit for a first stall call at 1:04. He fought off a solid Waterman shot at the 1:05 mark and worked the clock down to :45 before the bout was stopped for blood. Davis worked his way in on a shot at the reset and forced a scramble through the end of the bout. The Drexel corner called for a video review at the end of the match, looking for a Waterman takedown on the scramble. The call was confirmed and Davis walked away with the 7-5 victory.

141: True freshman Cael Nasdeo made his collegiate debut and met Drexel's Jordan Soriano at 141. Nasdeo came out and scored quickly, taking Soriano down at the 2:41 mark for a 3-0 lead. Soriano worked a double into a near takedown but Nasdeo deftly rolled through the move and took a 6-1 lead with another takedown of his own. Nasdeo worked strong on top, building up over 1:30 in riding time while looking for a turn. Soriano escaped to a 6-2 score and then countered a Nasdeo shot for a late takedown, cutting the lead to 6-5. Nasdeo escaped with :02 on the clock to lead 7-5 after one. Nasdeo chose down to start the second period and quickly escaped to an 8-5 lead. Soriano worked a low single into a takedown and an 8-8 tie at the 1:15 mark. Nasdeo was unable to work free of the Drexel ride and the bout moved to the third period tied 8-8. Soriano chose down to start the third period and reversed Nasdeo to lead 10-8. Soriano built his time up to 1:25 before a stall warning at the :48 mark. Nasdeo was unable to break free of Soriano's ride and, giving up riding time, dropped the 11-8 decision.

149: Junior Connor Pierce took on Dragon Dom Findora at 149. Findora worked his way in on a solid shot at the 1:50 mark but Pierce was able to scrambled his way to a stalemate and a reset. The Nittany Lion then pressed forward with a low shot, flowing through the action to get the takedown at 1:20, opening up a 3-0 lead. Pierce was able to maintain control of the action for the remainder of the period, finishing on top to lead 3-0 with 1:20 in time after one. Findora chose down to start the second period and escaped to a 3-1 score. Pierce moved in on a low shot, forcing a scramble at the :50 mark, but Findora worked his way to a stalemate and a reset. Findora took a shot with :10 left, and Pierce fought the move off to kill the clock and lead 3-1 after two. Pierce chose down to start the third period and quickly escaped to a 4-1 lead. Findora moved in on a low single and scrambled his way to a takedown to tie the bout at 4-4. Pierce escaped to a 5-4 lead with 1:10 left. Findora continued to shoot, forcing Pierce into defense for the remaining :50 seconds. Pierce held on for the 5-4 victory.

157: Sophomore Alex Facundo faced off against Drexel's Luke Nichter at 157. Facundo fought off a Nichter shot with 2: on the clock and then scrambled around behind the Dragon for a takedown of his own and a 3-0 lead. Nichter escaped to a 3-1 score at 1:40. Facundo moved in on a low shot, but the action was halted at :50. The Nittany Lion sophomore carried the 3-1 lead into the second period. Facundo chose down to start the second period and Facundo quickly reversed the Dragon for a 5-1 lead. He settled on a strong ride through the 1:00 mark before cutting Nichter loose to a 5-2 score. Nichter worked his way in for a tying takedown at :45 and Facundo scrambled his way to a reversal with :08 left to lead 7-5 after two periods. Nichter chose down to start the third period. Facundo was strong on top, working his riding time back up over 1:00 and the clock down to 1:00 before Nichter escaped to a 7-6 score. Facundo pressed the Dragon backwards, forcing a stall warning at :35. He finished the period in control of a scramble and, with 1:24 in riding time, rolled to the 8-6 win.

165: Mitchell Mesenbrink, ranked No. 1 at 165, battled senior Cody Walsh of Drexel. Mesenbrink started quickly, lifting Walsh off the mat and taking him down to a scramble off the opening whistle. He finished off the takedown for a 3-0 lead at 2:20 and went to work on top. Mesenbrink cut Walsh loose and then immediately scored off a reset to lead 6-1 at 1:52. The Nittany Lion sophomore built up over 1:00 of riding time with strong control on top before cutting the Dragon loose again. Mesenbrink added a quick third takedown for a 9-2 lead at 1:00. He scored again after a Walsh escape and carried a 12-3 lead with 1:56 riding time into the second period. Mesenbrink chose down to start the second period and quickly reversed Walsh to lead 14-3. He built his riding time up over 3:00 while looking to turn Walsh to his back. The Dragon was able to fight off the nearfall until Mesenbrink cut him loose with :30 on the clock. Mesenbrink took him down again to lead 17-4 with :20 left and, with 3:23 in riding time, led 17-4 after two. Walsh chose top to start the third period and Mesenbrink escaped to an 18-4 lead. Mesenbrink finished off the match with a final takedown to post the 21-4 tech fall at 5:19.

174: Levi Haines, ranked No. 2 at 174, met Jack Janda. Haines scored quickly, taking an early 3-2 lead at the 2:21 mark. He spent 1:00 working for a turn and picked up two near fall points to lead 5-0 at :50. He continued to work Janda's shoulders, looking for another turn. He picked up another four point turn before the period ended to lead 9-0 after one. Haines chose neutral to start the second period. He zipped through a low single for another takedown and a 12-0 lead at 1:35. Haines then rolled Janda one more time and ended the bout with a final four point turn, posting the 16-0 tech fall at 4:04.

184: Graduate Carter Starocci, ranked No. 1 at 184, took on Giuseppe Hoose. Starocci scored quickly, turning a low shot into a scramble and a takedown to lead 3-0 at 2:11. Starocci let the Dragon loose at 1:15, leading 3-1. He worked another low single into a scramble and a second takedown to lead 6-1 at the :50 mark. Starocci cut Hoose loose and quickly took him down again for a 9-2 lead with :32 left on the clock. The Nittany Lion grad finished the period on top to carry that lead, plus 1:36 in time, into the second period. Starocci chose down to start the second period and quickly escaped to a 10-2 lead. Starocci dropped down after a quick high single to open up a 13-3 lead with another takedown and cut. He added another quick takedown to up his lead 16-3 with 1:05 left in the period. Starocci finished on top and led 16-3 with 2:40 in riding time after two. Hoose chose neutral to start the third period and Starocci ended the bout with a final takedown at the 1:23 mark, posting the 19-3 tech fall at the 5:37 mark.

197: Penn State's Lucas Cochran faced off against Ethan Wilson at 197. Cochran scored quickly, taking Wilson down for an early 3-0 lead just :15 into the bout. Cochran turned Wilson for four back points before the Dragon escaped to a 7-1 Cochran lead. The Nittany Lion junior turned a low shot into another takedown to up his lead to 10-1 at 1:20. He then turned Wilson for four more back points, upping his margin to 14-1 at 1:05. He chose down to start the second half, escaped and quickly ended the match with a takedown, posting the 18-1 tech fall at 3:27.

285: Greg Kerkvliet, ranked No. 1 at 285, met Drexel's Tanner Updegraff. Kerkvliet scored quickly, taking Updegraff down for a 3-1 lead just :30 into the bout. He added a second takedown, and a four-point turn to open up a 10-1 lead and then finished the match off with a first period pin, getting the fall at 1:40.



## #1 PENN STATE at BLACK KNIGHT INVITATIONAL Sun., Nov. 24, 2024 -- West Point, N.Y.

The Penn State Nittany Lion wrestling team (1-0, 0-0 B1G) sent 22 wrestlers to West Point, N.Y., for the Black Knight Invitational on Sunday, Nov. 24, at Army West Point. The Nittany Lions won nine of the ten individual titles. All rankings listed are InterMat/Intermat TPI.

Penn State had or shared nine of the titles and 18 of Penn State's 22 wrestlers placed. True freshmen are permitted to compete in up to five scheduled events during the season while still retaining a red shirt opportunity. Please note, under recent NCAA rules, when teammates wrestle each other now in an NCAA event, the results do NOT count as wins or losses, or towards NCAA qualification metrics (FPI, minimum matches, etc.).

True freshman Luke Lilledahl, ranked No. 33 at 125, rolled to the championship in West Point. Lilledahl had a first-round bye and then posted a 19-4 tech fall over Gardner Webb's Jeffrey Jacome in the quarterfinals. He faced teammate Kurt McHenry in the semifinals and picked up a hard-fought 8-2 win. Lilledahl battled No. 21 Charlie Farmer of Army in the title bout and roared to the Black Knight title with a 19-4 tech fall (5:13). Lilledahl went 2-0 (plus the McHenry win), both techs, to claim the title.

Senior+ Beau Bartlett, ranked No. 3 at 141, won the championship. Bartlett began the tournament with a 16-1 tech fall (3:32) over Gardner Webb's Charlie Sly. He needed extra time in the quarterfinals, posting an exciting 4-1 (sv) win over Rutgers' Joe Fangaro to advance to the semifinals. Bartlett rolled to an 18-3 (4:44) tech fall over Army's Rich Treanor for a trip to the finals. He then pinned No. 28 Todd Carter of Gardner Webb to close out the bout, getting the fall at the 5:57 mark. Bartlett went 4-0 on the day with two techs and a pin.

Sophomore Shayne Van Ness, ranked No. 2 at 149, rolled to the title at 149. Van Ness had a first-round bye and then teched Columbia's Yanni Vines 18-1 (4:14) to move into the quarterfinals. Van Ness notched a 15-2 major over Joe Giordano of Gardner Webb and advanced to the semifinals. He downed Richard Fedalen of Columbia in the semis to move to the finals. He took care of Rutgers' Andrew Clark in the title bout, posting a 19-4 technical fall (7:00). Van Ness went 4-0 with two techs and a major on the day.

Sophomore Tyler Kasak, ranked No. 4 at 157, won the crown at 157. Kasak had a first-round bye and dominated Columbia's Rawson Iwanicki with a 19-4 tech fall (6:50) to advance to the quarterfinals. Kasak notched another tech fall, this one a 19-3 (3:55) win over Binghamton's Jordan Brown, moving to the semifinals. Kasak notched an 18-5 major over Dakota Morris of Army to move into the finals where he met teammate Alex Facundo. Kasak used a first period takedown to post a hard-fought 5-2 win over his teammate and take the title. Kasak went 3-0 with two techs and a major (plus the Facundo result).

Sophomore Alex Facundo took second place at 157. Facundo opened the tournament with a 19-4 tech fall over Mason Stewart of Michigan State. He followed that up with a 21-6 tech (3:35) over Jake Wach of Columbia and advanced to the quarterfinals. Facundo made it three straight tech falls with a 17-2 win (7:00) over Binghamton's Fin Nadeau and moved to the semifinals. A fourth straight tech, this one a 24-8 (6:17) win over Drew Pepin of Gardner Webb, sent Facundo to the finals to battle teammate Tyler Kasak. Facundo dropped a tough 5-2 decision to Kasak in the finals to take second place. He went 4-0 with four techs (plus the Kasak result) on the day.

Sophomore Mitchell Mesenbrink, ranked No. 1 at 165, roared to the title. Mesenbrink opened up the tournament with an 18-3 tech fall (5:37) over Binghamton's Carter Baer to move into the quarterfinals. He rolled to another technical fall, this one an 18-1 win over Cam Adams of Michigan State. He took on No. 32 Tony White of Rutgers in the semifinals and reeled off 19 points in a 19-4 tech fall (5:46). Mesenbrink rolled to a 17-2 tech fall (4:50) over No. 14 Gunner Filipowicz in the finals to claim the Black Knight. Mesenbrink went 4-0 on the day, all tech falls.

Junior Levi Haines, ranked No. 2 at 174, advanced to the finals at 174 and shared the crown with teammate Matt Lee. Haines opened the tournament by pinning Michigan State's Marty Larkin (4:29) in the opening round to move into the quarters. Haines picked up a second fall, this one at 3:36 over Columbia's Matt Romanelli. Haines dominated Army's Cooper Haase, posting a 17-2 tech fall at the 5:13 mark, to advance to the title bout against teammate Matt Lee. Since teammate vs. teammate results do not count, the title bout was not contested.

Senior Matt Lee advanced to the finals at 165 and shared the title with teammate Levi Haines. Lee had a first-round bye. He took on Andrew Wilson of Gardner Webb in the quarterfinals and rolled to a 17-2 tech fall at the 6:04 mark to move into the semifinals. Lee met No. 31 Dalton Harkins of Army in the semis and used an early takedown to notch an impressive 5-4 win. He moved into the finals against teammate Levi Haines. Since teammate vs. teammate results do not count, the title bout was not contested.

Graduate Carter Starocci, ranked No. 1 at 184, advanced to the finals at 184 and shared the crown with teammate Zack Ryder. Starocci opened up the event with a first period pin (1:37) of Columbia's Spencer Fine to move into the quarterfinals. He dominated Army's Cole Karpinski in the quarters, rolling into the semifinals with a 20-3 tech fall (3:00). Starocci made it three straight bonus wins by pinning Michigan State's Lucas Daly (4:23) to advance to the finals. Since teammate vs. teammate results do not count, the title bout was not contested.

True freshman Zack Ryder rolled to the finals at 184 and shared the crown with teammate Carter Starocci. Ryder posted a first-round pin over Michigan State's Cory Thomas (3:43) and advanced to the quarterfinals. Ryder met No. 21 Brian Saldano of Rutgers in his next match and used an early takedown to post a thrilling 4-2 win over the ranked Knight. He met Shane Cartegena-Walsh of Rutgers in the semis and used a last second takedown to notch a thrilling 4-1 win. He moved to the finals where he met teammate Carter Starocci. Since teammate vs. teammate results do not count, the title bout was not contested.

Red shirt freshman Josh Barr, ranked No. 23 at 197, won the title at 197. Barr began the tournament with a first period pin (2:26) over Columbia's Jack Bernik to advance to the quarters. He picked up a second first period fall in the quarters, pinning Gardner Webb's Josh McCutcheon at the 2:53 mark to move into the semis. He met teammate Connor Mirasola in the semis and posted a strong 11-0 major to advance to the finals where he took on another teammate, Lucas Cochran. Barr posted a strong 10-1 major over Cochran in the finals to win the title. Barr went 3-0 with two pins and a major (plus the Cochran result) on the day.

Lucas Cochran ended the day as the runner-up at 197. Cochran posted a pin at the 3:58 mark over Bloomsburg's Mason Rebuk in the opening round to move to the quarterfinals. He rolled up 15 quick points in a 15-0 tech fall (2:27) over Army's Chris Murphy to move into the semifinals. Cochran posted an 11-1 major decision over Murphy and advanced to the finals to take on teammate Josh Barr. He lost a tough 10-1 bout to Barr in the finals to place second. Cochran went 3-0 with a pin, a tech and a major (plus the Barr result).

Senior Greg Kerkvliet, ranked No. 2 at 285, rolled to the finals at 285 and shared the crown with teammate Cole Mirasola. Kerkvliet notched a first period fall in his first bout, getting the call at 2:31 over Army's Tristen Hitchcock. He met Billy McChesney of Columbia in the quarterfinals and picked up another fast fall, this one at the 1:29 mark. Since teammate vs. teammate results do not count, the title bout was not contested.

True freshman Cole Mirasola advanced to the championship bout at 285 and shared the title with teammate Greg Kerkvliet. Mirasola had a first-round bye. He battled Army's Sam Sorenson in the quarters and rolled to a 19-4 tech fall at the 3:28 mark, advancing to the semifinals. Since teammate vs. teammate results do not count, the title bout was not contested.

Senior+ Kurt McHenry took third at 125. McHenry had a first-round bye as well and notched an 11-7 decision over Columbia's Sulayman Bah in the quarters. He faced teammate Luke Lilledahl in the semifinals and lost a tough 8-2 decision. McHenry took on Michigan State's Caleb Weiland for third place and dominated the Spartan in a 13-1 major. McHenry took third with a 2-0 mark (plus the loss to Lilledahl).

True freshman Connor Mirasola finished third at 197. Mirasola opened the tournament with a 14-6 major decision over Army's Reid Schroeder to move to the quarters. He pinned Michigan State's Kael Wisler at the 5:33 mark to set up a semifinal bout with teammate Josh Barr. Mirasola lost a tough 11-0 bout to Barr and moved to the third-place bout. He took on No. 27 Remy Cotton of Michigan State in the third-place match and notched an impressive 8-4 win. He ended the day with a 3-0 mark, including a pin and a major (plus the Barr result in the semis).

Senior Timothy Levine took fifth at 133. Levine downed Tyler Lamon of Gardner Webb in the first round before falling 14-2 to Columbia's Boris Witmer in the quarters. After a bye in his first conso round, Levine pinned Michigan State's Andrew Hampton at the 5:15 mark to advance to the fifth-place bout. He met teammate Kyson Garcia in that match and posted a 4-1 (sv) win. He went 2-1 with a pin (plus the Garcia bout) on the day.

Red shirt freshman Kyson Garcia placed sixth at 133. Garcia opened the tournament with a hard-fought 4-1 loss to top seed No. 25 Ethan Berginc of host Army in the first round. He then rolled to a 17-2 tech fall over LIU's Jared Chuquillin in consolation action. He majored teammate Gary Steen 14-4 to set up a fifth-place bout against teammate Tim Levine. He dropped a tough 4-1 (sv) bout to his teammate in that bout. Garcia official went 1-1 with a tech fall (plus the Steen and Levine matches).

Junior Gary Steen competed at 133. Steen dropped a hard-fought 8-5 match to Gardner Webb's Takeo Davis in the opening round and fell into consolation action. He majored Gardner Webb's Tyler Lamon 11-1 to open conso action then fell 14-4 to teammate Kyson Garcia in his next bout, ending his tournament run at 1-1 with a major (not including Garcia bout).

True freshman Cael Nasdeo wrestled at 141. Nasdeo posted a quick 15-0 first period tech fall (1:41) over Ty Edwards of Gardner Webb in the opening round. He dropped a 9-4 decision to No. 29 Braden Basile of Army in the quarters fall into consolation action. He dropped a 5-2 bout to LIU's Devin Matthews and ended his tournament with a 1-2 mark.

Sophomore Connor Pierce wrestled at 149. Pierce had a first round by and then rolled to a 16-7 major decision over No. 28 Trae McDaniel of Army to advance to the quarters. Pierce lost an 8-1 decision to No. 33 Michael Cetta of Rutgers in the next round to move into conso action. He beat Army's Mason Barvitskie 8-5 in his first conso bout and then dropped a tough 10-4 bout to Binghamton's Ivan Garcia. Pierce bowed out with a 2-2 mark.

True freshman Ty Watson moved up a weight for the tournament and competed at 165. Watson lost a tough 12-2 major to No. 14 Gunner Filipowicz of host Army in the first round to drop into consolation action. Watson turned a second period reversal into a pin at 4:10 over Michigan State's Cam Adams in his first conso bout. He dropped a hard-fought 11-4 bout to Columbia's Cesar Alvin in his next match and bowed out of the tournament with a 1-2 mark, including a pin.

Mesenbrink was named the tournament's Outstanding Wrestler. Penn State won nine of the ten individual titles, sharing three of them. All 22 Nittany Lions earned victories and all but four placed at the event.

### WEIGHT-BY-WEIGHT AGATE

NOTE: RESULTS AGAINST TEAMMATES DO NOT COUNT AS WINS, LOSSES, OR TOWARDS NCAA METRICS

125: #33 Luke Lilledahl, Jr.  
Rd. 1: bye  
Qtr.: Jeffrey Jacome, Gardner Webb – W, 19-4 (TF; 5:38)  
Semi: Kurt McHenry, Penn State – W, 8-2 dec.  
Final: #21 Charlie Farmer, Army – W, 19-4 (TF; 5:13)

125: Kurt McHenry, Sr.+  
Rd. 1: bye  
Qtr.: Sulayman Bah, Columbia – W, 11-7 dec.  
Semi: #33 Luke Lilledahl, Penn State – L, 2-8 dec.  
3rd: Caleb Weiland, Michigan State – W, 13-1 maj. dec.

133: Kyson Garcia, Jr.-R.  
Rd. 1: #25 Ethan Berginc, Army – L, 1-4 dec.  
Cn. 2: Jared Chuquillin, LIU – W, 17-2 (TF; 3:43)  
Cn. 3: Gary Steen, Penn State – W, 14-4 maj. dec.  
5th: Tim Levine, Penn State – L, 1-4 (sv) dec.

133: Timothy Levine, Sr.  
Rd. 1: Tyler Lamon, Gardner Webb – W, 4-0 dec.  
Qtr.: Boris Witmer, Columbia – L, 2-14 maj. dec.  
Cn. 2: bye  
Cn. 3: Andrew Hampton, Michigan State – W, 5-15 (TF; 5:15)  
5th: Kyson Garcia, Penn State – W, 4-1 (sv) dec.

133: Gary Steen, Jr.  
Rd. 1: bye  
Qtr.: Takeo Davis, Gardner Webb – L, 5-8 dec.  
Cn. 2: Tyler Lamon, Gardner Webb – W, 11-1 maj. dec.  
Cn. 3: Kyson Garcia, Penn State – L, 4-14 maj. dec.

141: #3 Beau Bartlett, Sr.+  
Rd. 1: Charlie Sly, Gardner Webb – W, 16-1 (TF; 3:32)  
Qtr.: Joe Fangaro, Rutgers – W, 4-1 (sv)  
Semi: Rich Treanor, Army – W, 18-3 (TF; 4:44)  
Final: #28 Todd Carter, Gardner Webb – WBF (5:57)

141: Cael Nasdeo, Fr.  
Rd. 1: Ty Edwards, Gardner Webb – W, 15-0 (TF; 1:41)  
Qtr.: #29 Braden Basile, Army – L, 4-9 dec.  
Cn. 2: Devin Matthews, LIU – L, 2-5 dec.

149: #2 Shayne Van Ness, So.  
Rd. 1: bye  
Rd. 2: Yanni Vines, Columbia – W, 18-1 (TF; 4:14)  
Qtr.: Joey Giordano, Gardner Webb – W, 15-2 maj. dec.  
Semi: Richard Fedalen, Columbia – W, 5-0  
Final: Andrew Clark, Rutgers – W, 19-4 (TF; 7:00)

149: Connor Pierce, So.  
Rd. 1: bye  
Rd. 2: #28 Trae McDaniel, Army – W, 16-7 maj. dec.  
Qtr.: #33 Michael Cetta, Rutgers – L, 1-8 dec.  
Cn. 2: Mason Barvitskie, Columbia – W, 8-5 dec.  
Cn. 3: Ivan Garcia, Binghamton – L, 4-10 dec.

157: #4 Tyler Kasak, So.  
Rd. 1: bye  
Rd. 2: Rawson Iwanicki, Columbia – W, 19-4 (TF; 6:50)  
Qtr.: Jordan Brown, Binghamton – W, 19-3 (TF; 3:55)  
Semi: Dakota Morris, Army – W, 18-5 maj. dec.  
Final: Alex Facundo, Penn State – W, 5-2 dec.

157: Alex Facundo, So.  
Rd. 1: Mason Stewart, Michigan State – W, 19-4 (TF; 3:42)  
Rd. 2: Jake Wach, Columbia – W, 21-6 (TF; 3:35)  
Qtr.: Fin Nadeau, Binghamton – W, 17-2 (TF; 7:00)  
Semi: Drew Pepin, Gardner Webb – W, 24-8 (TF; 6:17)  
Final: #4 Tyler Kasak, Penn State – L, 2-5 dec.

165: #1 Mitchell Mesenbrink, So.  
Rd. 1: Carter Baer, Binghamton – W, 18-3 (TF; 5:37)  
Qtr.: Cam Adams, Michigan State – W, 18-1 (TF; 4:01)  
Semi: #32 Tony White, Rutgers – W, 19-4 (TF; 5:46)  
Final: #14 Gunner Filipowicz, Army – W, 17-2 (TF; 4:50)

165: Ty Watson, Fr.  
Rd. 1: #14 Gunner Filipowicz, Army – L, 2-12 maj. dec.  
Cn. 2: Cam Adams, Michigan State – WBF (4:10)  
Cn. 3: Cesar Alvin, Columbia – L, 4-11 dec.

174: #2 Levi Haines, Jr.  
Rd. 1: Marty Larkin, Michigan State – WBF (4:29)  
Qtr.: Matt Romanelli, Columbia – WBF (3:36)  
Semi: Cooper Haase, Army – W, 17-1 (TF; 5:13)  
Final: Matt Lee, Penn State – No contest

174: Matt Lee, Sr.  
Rd. 1: bye  
Qtr.: Andrew Wilson, Gardner Webb – W, 17-2 (TF; 6:04)  
Semi: #31 Dalton Harkins, Army – W, 5-4 dec.  
Final: #2 Levi Haines, Penn State – No contest

184: #1 Carter Starocci, Gr.  
Rd. 1: Spencer Fine, Columbia – WBF (1:37)  
Qtr.: Cole Karpinski, Army – W, 20-3 (TF; 3:00)  
Semi: Lucas Daly, Michigan State – WBF (4:23)  
Final: Zack Ryder, Penn State – No contest

184: Zack Ryder, Fr.  
Rd. 1: Cory Thomas, Michigan State – WBF (3:43)  
Qtr.: #21 Brian Soldano, Rutgers – W, 4-2 dec.  
Semi: Shane Cartegena-Walsh, Rutgers – W, 4-1 dec.  
Final: #1 Carter Starocci, Penn State – No contest

197: #23 Josh Barr, Jr.-R.  
Rd. 1: Jack Bernik, Columbia – WBF (2:26)  
Qtr.: Josh McCutcheon, Gardner Webb – WBF (2:53)  
Semi: Connor Mirasola, Penn State – W, 11-0 maj. dec.  
Final: Lucas Cochran, Penn State – W, 10-1 maj. dec.

197: Lucas Cochran, Jr.  
Rd. 1: Mason Rebuk, Bloomsburg – WBF (3:58)  
Qtr.: Chris Murphy, Army – W, 15-0 (TF; 7:00)  
Semi: #27 Remy Cotton, Michigan State – W, 11-1 maj. dec.  
Final: #23 Josh Barr, Penn State – L, 1-10 maj. dec.

197: Connor Mirasola, Fr.  
Rd. 1: Reid Schroeder, Army – W, 14-5 maj. dec.  
Qtr.: Kael Wisler, Michigan State – WBF (5:33)  
Semi: #23 Josh Barr, Penn State – L, 0-11 maj. dec.  
3rd: #27 Remy Cotton, Michigan State – W, 8-4 dec.

285: #2 Greg Kerkvliet, Sr.  
Rd. 1: Tristen Hitchcock, Army – WBF (2:31)  
Qtr.: Billy McChesney, Columbia – WBF (1:29)  
Semi: Brady Colbert, Army – W, 15-0 (TF; 5:10)  
Final: Cole Mirasola, Penn State – No contest

285: Cole Mirasola, Fr.  
Rd. 1: bye  
Qtr.: Sam Sorenson, Army – W, 19-4 (TF; 3:28)  
Semi: Max Vanadia, Michigan State – WBF (0:32)  
Final: #1 Greg Kerkvliet, Penn State – No contest



## #1 PENN STATE 36, #14 LEHIGH 3 Sunday, Dec. 8, 2024 -- Bethlehem, Pa.

|  |       |
|--|-------|
| 125: #16 Luke Lilledahl PSU dec. #15 Sheldon Seymour LEH, 4-1                  | 3-0   |
| 133: #1 Ryan Crookham LEH dec. #10 Braeden Davis PSU, 4-2                      | 3-3   |
| 141: #3 Beau Bartlett PSU dec. Carter Bailey LEH, 5-0                          | 6-3   |
| 149: #2 Shayne Van Ness PSU maj. dec. Matt Repos LEH, 17-3                     | 10-3  |
| 157: #4 Tyler Kasak PSU dec. Logan Rozynski LEH, 5-2                           | 13-3  |
| 165: #1 Mitchell Mesenbrink PSU tech fall Thayne Lawrence LEH, 18-1 (TF; 4:37) | 18-3  |
| 174: #2 Levi Haines PSU pinned Rylan Rogers LEH, WBF (4:12)                    | 24-3  |
| 184: #1 Carter Starocci PSU maj. dec. Jack Wilt LEH, 15-1                      | 27-3* |
| 197: #23 Josh Barr PSU maj. dec. #6 Michael Beard LEH, 11-3                    | 31-3  |
| 285: #2 Greg Kerkviet PSU tech fall Calvin Lachman LEH, 15-0 (TF; 2:07)        | 36-3  |
| * One team point deduction, unsportsmanlike conduct                            |       |
| Attendance: 9,769  |       |

The Penn State Nittany Lion wrestling team (2-0, 0-0 B1G) took down Lehigh (1-2) in a Pennsylvania intra-state dual meet on Sunday in Allentown, Pa. Penn State won nine of ten bouts in a lopsided 36-3 victory.

The dual was wrestled in Allentown's PPL Center in front of a sold-out crowd of 9,769. All rankings listed are InterMat/InterMat Tournament Power Index (TPI).

The dual began at 125. Penn State true freshman Luke Lilledahl, ranked No. 16 at 125, opened up the dual with a 4-1 win over No. 15 Sheldon Seymour, notching a late counter takedown for the victory. Sophomore Braeden Davis, ranked No. 10 at 133, battled No. 1 Ryan Crookham tough, forcing two late stalls but dropping a tough 4-2 decision.

Senior+ Beau Bartlett, ranked No. 3 at 141, gave Penn State a 6-3 lead in the dual meet with a 5-0 win over Mountain Hawk Carter Bailey, using a first period takedown, an escape and riding time to grab the victory. Sophomore Shayne Van Ness, ranked No. 2 at 149, followed that up with a strong 17-3 major decision over Matt Repos, working up five takedowns in the win. Sophomore Tyler Kasak, ranked No. 4 at 157, used a second period takedown as the edge in a hard fought 5-2 win over Logan Rozynski to close out the first half for Penn State. The Nittany Lions led 13-3 at the midway point.

Sophomore Mitchell Mesenbrink, ranked No. 1 at 165, opened up the second half for Penn State with a dominant 18-1 tech fall over Lehigh's Thayne Lawrence. Mesenbrink used three takedowns, and two four-point turns to give Penn State an 18-3 lead. Junior Levi Haines, ranked No. 1 at 174, followed that up with more bonus points. Haines turned a second period takedown into a pin, getting the fall at 4:12.

Graduate Carter Starocci, ranked No. 1 at 184, dominated Jack Wilt in the next bout. Starocci picked up four takedowns in a 15-1 major decision. Penn State lost a team point for unsportsmanlike conduct as the bout ended and the Nittany Lions led 27-3. Red shirt freshman Josh Barr, ranked No. 23 at 197, controlled No. 6 Michael Beard from start to finish at 197, rolling up three takedowns on his way to a convincing 11-3 major decision. Senior+ Greg Kerkviet, ranked No. 2 at 285, closed out the dual meet with a first period technical fall. He took Calvin Lachman down early in the opening period and then turned him for three four-point turns to notch the 15-0 tech at 2:07. Kerkviet's final win gave Penn State the 36-3 win.

Penn State tallied a 21-1 lead in takedowns, winning nine of ten bouts. The Nittany Lions amassed ten bonus points off a pin (Haines), two tech falls (Mesenbrink, Kerkviet) and three majors (Van Ness, Starocci, Barr). The Nittany Lions lost one team point for the unsportsmanlike call after 184.

### DUAL MEET BOUT-BY-BOUT:

125: True freshman Luke Lilledahl, ranked No. 16 at 125, took on No. 15 Sheldon Seymour. Lilledahl worked the middle of the mat over the first minute-plus, working for position and trading shots with the Lehigh senior. Lilledahl took a series of early low shots, but Seymour stepped back from each and the bout moved to the second period tied 0-0. Lilledahl chose down to start the second period. He quickly escaped to a 1-0 lead and went to work on his feet. He continued to take fast low shots, forcing Seymour into a defensive posture as the clock hit 1:00. The period ended in neutral, and Lilledahl led 1-0 after two. Seymour chose down to start the third period and escaped to a 1-1 tie at 1:45. Riding time was not a factor. Seymour got in on a high single at the 1:15 mark but Lilledahl quickly fought off, forcing a stalemate at 1:08. Seymour connected on another high shot at :30 and Lilledahl countered the shot for a late takedown with :15 left, securing the 4-1 win.

133: Sophomore Braeden Davis, ranked No. 10 at 133, met No. 1 Ryan Crookham. Davis and Crookham battled in neutral through the 2:00 mark before Davis worked a low single into a scramble. But a potentially dangerous call forced a reset at 1:40. Davis continued to press forward, forcing a scramble. Crookham countered his way to control, rolling through for a takedown and a 3-0 lead after the opening period. Crookham chose down to start the second period and escaped to a 4-0 lead at 1:40. Davis got in on another single and Crookham worked his way to another potentially dangerous call, stopping the action at 1:00. Trailing 4-0, Davis chose down to start the third period. The sophomore escaped to a 4-1 score at 1:15. Davis forced Crookham into a stall warning at :30 as he looked to close the gap for a late takedown. He picked up a late stall point, but Crookham was able to work the sidelines and get the 4-2 win.

141: Senior+ Beau Bartlett, ranked No. 3 at 141, met Carter Bailey. Bartlett and Bailey worked in neutral through the first two minutes. Bartlett turned a low single into a scramble at the :50 mark and steadily worked his way into control and a takedown with :13 on the clock. He finished the period on top to lead 3-0 after one. Bartlett chose down to start the second period and quickly escaped to a 4-0 lead. He worked on his feet through the period, forcing Bailey into defense and led 4-0 after two. Bailey chose down to start the third period. Bartlett controlled the action on top, building up over 1:00 in riding time with strong work on top. Bartlett finished off the bout with a rideout and, with 1:54 in riding time, rolled to the 5-0 win.

149: Sophomore Shayne Van Ness, ranked No. 2 at 149, battled Matt Repos. Van Ness took a quick shot in the opening minute, but Repos was able to escape his grasp to keep the bout scoreless. Van Ness continued to press the Hawk towards the outside circle through the 1:30 mark, with a reset bringing action back to the middle of the mat. Van Ness' constant offensive pressure paid off with a takedown at the :47 mark for a 3-0 lead. Van Ness worked on top, looking to turn Repos for back points as the clock wound down. Repos was able to defend the turn, but Van Ness took a 3-0 lead into the second stanza. Van Ness chose down to start the second period and quickly escaped to a 4-0 lead. He then locked Repos' shoulders and scrambled through for a second takedown to open up a 7-0 lead at the 1:20 mark. Van Ness cut Repos loose at :30 and went back to work on offense, scrambling around the Hawk for a

third takedown and a 10-1 lead after two. Repos chose down to start the third period and Van Ness cut him loose to a 10-2 score. Repos was hit for stalling early in the third, took a slight shot at 2:00, only to have Van Ness counter for control and a 13-2 lead with another takedown. He cut Repos loose again and had a cradle locked on the edge of the mat, but Repos was able to work out of bounds for a reset with :16 left. Van Ness continued to press and picked up a final takedown. He added 1:57 in riding time and rolled to the 17-3 major.

157: Sophomore Tyler Kasak, ranked No. 4 at 157, met Logan Rozynski. Kasak quickly turned a low shot into a scramble. He pulled a fleeing Rozynski back onto the mat, but the Hawk was able to flee out of bounds and force a reset at 1:55 with no score in the books. Van Ness continued to shoot and Rozynski continued to back out of bounds as the clock hit :55. Rozynski was finally called for a first stall at :50. Kasak forced another stall and took a 1-0 lead at :13. Trailing 1-0, Rozynski chose down to start the second period and escaped to a 1-1 tie. Kasak continued to press Rozynski towards the outside circle, but Kasak was called for stalling as he pushed the Hawk out of bounds. Kasak forced a scramble at the :50 mark and steadily worked his way to control and a takedown at the :30 mark, opening up a 4-1 lead. Kasak maintained control for the rest of the period and carried that 4-1 lead into the third. Leading by three, Kasak chose down to start the third period. He was unable to escape until after a restart at the :42 mark, opening up a 5-1 lead. Kasak gave up a stall point at :14 and settled for a 5-2 win.

165: Sophomore Mitchell Mesenbrink, ranked No. 1 at 165, faced off against Thayne Lawrence. Mesenbrink scored a quick takedown just :08 into the bout to open up an early 3-0 lead. He cut Lawrence loose and quickly took him down once more for a 6-1 lead at the 1:20 mark. Mesenbrink went to work on top, building up over 1:00 in riding time while looking to turn the Mountain Hawk for back points. Lawrence was able to fight off Mesenbrink's efforts but gave up a stall warning at :20. Leading 6-1, Mesenbrink chose down to start the second period and quickly escaped to a 7-1 lead. He then turned in on a high shot and finished off the takedown to open up a 10-1 lead. He turned Lawrence to his back for four back points and a 14-1 lead at 1:00. Mesenbrink finished off the tech fall at 4:37 with another four-point turn for the 18-1 win (TF; 4:37).

174: Junior Levi Haines, ranked No. 2 at 174, met Rylan Rogers. Haines worked neutral for the opening minute before Rogers got in on a low shot, forcing a scramble until a stalemate stopped action at 1:32. Haines and Rogers traded shots late in the period. Haines turned a high single into a takedown at the :25 mark to open up a 3-0 lead. Leading by three, Haines chose down to start the second period and quickly escaped to a 4-0 score. Haines took a 7-0 lead with another high shot and then turned Rogers to his back, getting the fall at the 4:12 mark.

184: Graduate Carter Starocci, ranked No. 1 at 184, battled Jack Wilt. Starocci took a 3-0 lead early in the match with a takedown in the opening minute. After an injury timeout for Wilt, Starocci took down on the reset and escaped to a 4-0 lead with 1:38 on the clock. He then fought off a Wilt shot through the 1:15 mark and went back to work on his feet. Starocci bulled through a high shot for a second takedown and a 7-0 lead. He finished the period on top and led 7-0 after one. Starocci chose down to start the second period and quickly escaped to an 8-0 lead. Wilt turned a low shot into a scramble at 1:30 but Starocci easily forced a stalemate with 1:08 on the clock. Starocci bulled his way through a low double for a third takedown and an 11-0 lead late in the period. Trailing by 11, Wilt chose down to start the third period. Starocci worked his time edge up to 2:13 before cutting Wilt loose. With riding time clinched, Starocci continued to shoot as the clock hit :30. Starocci added a late takedown and 2:13 in riding time to roll to the 15-1 major. He was called for unsportsmanlike conduct as the bout ended (one team point deduction).

197: Red shirt freshman Josh Barr, ranked No. 23 at 197, met No. 6 Michael Beard. Barr was active in the center of the mat, setting a fast tempo through the first minute-plus with Beard. The ranked duo battled in neutral for the entirety of the opening period and moved to the second stanza knotted in a 0-0 tie. Beard chose down to start the second period and, after :20 of work, reversed Barr for a 2-0 lead. Barr worked his way to his feet for an escape and cut the lead to 2-1 at :50. Barr continued to press forward on his feet, turned a low single into a late takedown on the edge of the mat, taking a 4-2 lead into the third period. Leading by two, Barr chose down to start the third period and quickly escaped to a 5-2 lead. Barr continued to shoot, taking a low shot and picking up a second takedown to open up an 8-2 lead at 1:40. Beard worked his way to an escape at the 1:00 mark to cut the lead to 8-3. Barr moved in on a high single and took Beard down once again, opening up an 11-3 lead at :20. Barr finished the period on top and rolled to a strong 11-3 major decision over the sixth-ranked Beard.

285: Senior+ Greg Kerkviet, ranked No. 2 at 285, met Calvin Lachman. Kerkviet opened up a 3-0 lead early in the bout with a quick takedown. He then turned Lachman to his back for four nearfall points at 1:40 to lead 7-0. Kerkviet reset, turned Lachman again and led 11-0 at 1:07. Kerkviet finished off the match with a final turn and picked up the 15-0 tech fall at the 2:07 mark in the first period.



## #1 PENN STATE 54, WYOMING 0

Sunday, Dec. 15, 2024 -- Bryce Jordan Center -- University Park, Pa.

|  |      |
|--|------|
| 125: #12 Luke Lilledahl PSU tech fall Jack Braman WYO, 20-5 (TF; 4:25)         | 5-0  |
| 133: #11 Braeden Davis PSU tech fall Stockton O'Brien WYO, 18-3 (TF; 5:27)     | 10-0 |
| 141: #3 Beau Bartlett PSU pinned No. 28 Cole Brooks WYO, WBF (0:47)            | 16-0 |
| 149: #2 Shayne Van Ness PSU pinned No. 22 Gabe Willochell WYO, WBF (4:27)      | 22-0 |
| 157: #4 Tyler Kasak PSU maj. dec. No. 19 Jared Hill WYO, 16-3                  | 26-0 |
| 165: #1 Mitchell Mesenbrink PSU tech fall Cooper Voorhees WYO, 15-0 (TF; 3:17) | 31-0 |
| 174: #2 Levi Haines PSU pinned Riley Davis WYO, WBF (2:25)                     | 37-0 |
| 184: #1 Carter Starocci PSU pinned Ethan Ducca WYO, WBF (1:37)                 | 43-0 |
| 197: #7 Josh Barr PSU pinned Brant Whitaker WYO, WBF (1:48)                    | 49-0 |
| 285: #2 Greg Kerkvliet PSU tech fall Kevin Zimmer WYO, 20-3 (TF; 3:28)         | 54-0 |
| Attendance: 7,317  |      |

The Penn State Nittany Lion wrestling team (3-0, 0-0 B1G) shut out visiting Wyoming (2-3) 54-0 in front of over 7,300 fans in the Bryce Jordan Center. The dual, originally a sellout in Rec Hall, was moved to the Jordan Center this past Sunday due to the NCAA women's volleyball tournament being held in Rec Hall this weekend. All rankings listed are InterMat/InterMat Tournament Power Index (TPI).

The Nittany Lions won all ten bouts, all for bonus, including five pins. The shut out is the first of the season for Penn State.

The dual began at 125. Penn State true freshman Luke Lilledahl, ranked No. 12 at 125, rolled to a 20-5 technical fall over Wyoming's Jack Braman, finishing off the match in the second period at 4:25. Sophomore Braeden Davis, ranked No. 11 at 133, mirrored that tech fall next. Davis rolled to an 18-3 tech fall at 5:27 to put Penn State up 10-0 early. Senior+ Beau Bartlett, ranked No. 3 at 141, made short work of No. 28 Cole Brooks, locking the Cowboy's shoulders and getting the fast fall at 0:47 in the first period.

Sophomore Shayne Van Ness, ranked No. 2 at 149, picked up Penn State's second straight fall, pinning No. 22 Gabe Willochell at the 4:27 mark to give the Nittany Lions a 22-0 lead. Sophomore Tyler Kasak, ranked No. 4 at 157, dominated No. 19 Jared Hill in the fifth bout of the dual. Kasak used two first period takedowns and a takedown and three nearfall points in the third to roll to a 16-3 major and send Penn State into the halftime break with a 26-0 lead.

Sophomore Mitchell Mesenbrink, ranked No. 1 at 165, opened up the second half with his seventh technical fall in as many matches. Mesenbrink rolled over Cooper Voorhees, posting the 15-0 tech fall at the 3:17 mark. Junior Levi Haines, ranked No. 2 at 174, continued Penn State's dominance with the third pin of the dual. Haines got the first period pin over Riley Davis at 2:25 to put Penn State up 37-0.

Graduate Carter Starocci, ranked No. 1 at 184, picked up yet another first period fall for the Nittany Lions. The Nittany Lion graduate picked up his fall at the 1:38 mark to give Penn State a 43-0 lead. Redshirt freshman Josh Barr, ranked No. 7 at 197, picked up Penn State's third straight pin, getting another first period fall at 1:48. Senior+ Greg Kerkvliet, ranked No. 2 at 285, finished off the dual meet with a convincing 20-3 technical fall over Kevin Zimmer at the 3:28 mark. Kerkvliet's effort capped off Penn State's 54-0 shutout victory.

Penn state rolled up a gaudy 29-1 edge in takedowns. The Nittany Lions won all ten matches, picking up bonus points in each. Penn State had 24 bonus points off five pins (Bartlett, Van Ness, Haines, Starocci, Barr), four tech falls (Lilledahl, Davis, Mesenbrink, Kerkvliet) and one major (Kasak). The 54-0 win, Penn State's first shutout of the year, is the first since a 35-0 shutout at Michigan State last year on Feb. 21, 2024. The 54-point margin is the second largest in Penn State history (55-0 over Buffalo on Feb. 18, 2018).

### DUAL MEET BOUT-BY-BOUT:

125: True freshman Luke Lilledahl, ranked No. 12 at 125, met Wyoming's Jack Braman. Lilledahl began the dual with a quick low single, finishing off the takedown at the 2:25 mark. Braman escaped after a reset and Lilledahl went right back to work on offense, notching a second takedown at 2:10 to open up a 6-1 lead. The Lion freshman let the Cowboy up at 1:45 and worked his way for a third takedown and a 9-2 lead at 1:30. Lilledahl added a fourth takedown with :30 left in the period and then finished the period on top to lead 12-3 with 1:51 in riding time after one. Braman chose down to start the second period. Lilledahl turned him for two back points, cut him, took him down, cut him once more and finished off the bout with a final takedown to post the 20-5 technical fall at the 4:25 mark.

133: Sophomore Braeden Davis, ranked No. 11 at 133, took on Stockton O'Brien. Davis took O'Brien down quickly opening up a 3-0 lead in the first minute. He dominated action on top, working to turn O'Brien for nearly a minute before O'Brien escaped to a 3-1 score. Davis turned a low shot into a second takedown with under 1:00 left in the period, finished the first on top, and led 6-1 with 1:35 in time. O'Brien chose down to start the second period and escaped to a 6-2 score. Davis quickly took the Cowboy down again and opened up a 9-2 lead. He cut O'Brien loose, moved in on offense and notched a third takedown at :22. Another rideout gave the Lion sophomore a 12-3 lead with 2:30 in time after two periods. Davis chose down to start the third period. He worked his way to a reversal, lifting O'Brien off his feet and taking him to his back for four near fall points, ending the match with an 18-3 tech fall at 5:27.

141: Senior+ Beau Bartlett, ranked No. 3 at 141, met No. 28 Cole Brooks. Bartlett ended the match quickly, working Brooks to the mat, shoulders down and getting the pin at 0:47.

149: Sophomore Shayne Van Ness, ranked No. 2 at 149, battled No. 22 Gabe Willochell. Van Ness scored quickly, opening up a 3-0 lead in the opening seconds. He cut Willochell loose and went back to work on offense. He forced a scramble at 1:20 but Willochell countered for his own takedown and a 4-3 lead. Van Ness worked his way to an escape and a 4-4 tie at :55 and then went back to work, snapping through a quick takedown and a 7-4 lead at :45. Willochell chose down to start the second period and Van Ness built his riding time up to 1:04 before the Cowboy escaped to a 7-5 score. The Lion sophomore blew through a high double and took him down to a 10-5 lead at 1:10. He worked his shoulders to the mat and finished off the fall at 4:27.

157: Sophomore Tyler Kasak, ranked No. 4 at 157, faced No. 19 Jared Hill. Kasak worked in neutral for nearly a minute before taking a 3-0 lead with a takedown on the edge of the mat. Kasak maintained control on top before cutting Hill loose to a 4-1 score. Hill gave up a penalty point with a swipe to the head and Kasak led 4-1 at 1:21. Kasak scrambled his way to a second takedown with 1:00 on the clock, opening up a 7-1 lead. Kasak put together a strong ride, finishing the period on top to lead 7-1 with 1:43 in time after one. Hill chose down to start the second period. Kasak controlled the action on until Hill escaped to a 7-2 score at 1:40. The duo worked in neutral as Kasak worked Hill backwards for the entirety of the period, forcing a first stall at :03. Leading 7-2, Kasak chose down to start the third period and quickly escaped to an 8-2 lead. He then snapped a low single, nearly taking Hill down again on the edge of the mat. But the Cowboy was able to flee the mat and forced a reset with 1:24 on the clock. Kasak countered a slight Hill shot at the 1:00 mark, took the Cowboy down on the edge of the mat turned him to his back for three nearfall points and a 14-2 lead. Kasak cut Hill loose on the reset and went back to work on his feet. Kasak picked up a stall point at :08 and, with 2:06 in riding time, rolled to the 16-3 major.

165: Sophomore Mitchell Mesenbrink, ranked No. 1 at 165, took on Cooper Voorhees. Mesenbrink scored quickly, taking Voorhees down at the 2:45 mark for an early 3-0 lead. He worked top control into over 1:00 in riding time, eventually turning the Cowboy to his shoulders. He picked up a four-point near fall the 1:00 mark to open up a 7-0 lead. Mesenbrink continued to dominate the top position, turning Voorhees for four more back points to lead 11-0 at :08. Mesenbrink chose down to start the second period, escaped to a 12-0 score, and finished off the tech fall with another takedown, winning 15-0 at 3:17.

174: Junior Levi Haines, ranked No. 2 at 174, met Riley Davis. Haines picked up the first takedown at the 1:44 mark, opening up a 3=0 lead in the center circle. He worked his way to a turn, picking up four back points to lead 7-0 at :55. He reset, then turned the Cowboy flat and picked up the first period pin at 2:25.

184: Graduate Carter Starocci, ranked No. 1 at 184, battled Ethan Ducca. Starocci took Ducca down for the opening takedown at the 2:18 mark to lead 3-0. He worked his way into a turn, rolling Ducca to his back for four back points and a 7-0 lead with 1:45 on the clock. Starocci reset, turned Ducca to his back and notched the first period pin at the 1:37 mark.

197: Redshirt freshman Josh Barr, ranked No. 7 at 197, took on Brant Whitaker. Barr took Whitaker down for a quick takedown, cut him loose and then took the Cowboy down once more to open up a 6-1 lead in the opening minute. Whitaker escaped and Barr quickly took him down again. The redshirt freshman worked Whitaker to his back for four near fall points to open up a 16-3 lead. He finished off the match with another Penn State pin, getting the fall at 1:48.

285: Senior+ Greg Kerkvliet, ranked No. 2 at 285, faced Kevin Zimmer. Kerkvliet scored first, taking Zimmer down for an early 3-1 lead. He cut the Cowboy loose and worked his offense for a second takedown and a 6-2 lead after another cut. Kerkvliet picked up a third quick takedown to lead 9-2 at 1:15 and went to work in the top position. Kerkvliet worked his riding time up to :39 before Zimmer escaped, but the Nittany Lion turned a high shot into a fourth takedown to lead 12-3 at :15. He added a late four point turn and led 16-3 after one. Zimmer chose down to start the second period and Kerkvliet quickly ended the bout, turning the Cowboy for four points, ending the 20-3 tech at 3:28.



## #1 PENN STATE 52, BINGHAMATON 0 Sunday, Dec. 22, 2024 -- Journeyman Duals -- Nashville, Tenn.

|   |      |
|---|------|
| 125: #12 Luke Lilledahl PSU tech fall #33 Carson Wagner BING, 19-4 (TF; 5:37) | 5-0  |
| 133: #10 Braeden Davis PSU dec. Micah Roes BING, 6-0                          | 8-0  |
| 141: #3 Beau Bartlett PSU maj. dec. Nate Lucier BING, 14-2                    | 12-0 |
| 149: #2 Shayne Van Ness PSU pinned Caleb Sweet BING, WBF (2:49)               | 18-0 |
| 157: #4 Tyler Kasak PSU pinned Jordan Brown BING, WBF (3:31)                  | 24-0 |
| 165: #1 Mitchell Mesenbrink PSU win by forfeit                                | 30-0 |
| 174: #2 Levi Haines PSU tech fall Roberto Padilla BING, 18-0 (TF; 5:00)       | 35-0 |
| 184: #1 Carter Starocci PSU pinned #23 Will Ebert BING, WBF (5:55)            | 41-0 |
| 197: #7 Josh Barr PSU tech fall Andrew Bailey BING, 19-4 (2:40)               | 46-0 |
| 285: #2 Greg Kerkvliet PSU pinned Charlie Tibbits BING, WBF (1:33)            | 52-0 |

The Penn State Nittany Lion wrestling team (4-0, 0-0 B1G) shutout the Binghamton Bearcats (1-2) 52-0 in its first dual at the 2024 Journeyman Collegiate Duals in Nashville, Tenn. Penn State won all ten matches, nine for bonus, and notched its second straight shutout win. All rankings listed are InterMat/InterMat Tournament Power Index (TPI).

The dual began at 125. Penn State true freshman Luke Lilledahl, ranked No. 12 at 125, opened the dual meet by dominating No. 33 Carson Wagner. Lilledahl used six takedowns and an escape to post a 19-4 technical fall (5:37). Sophomore Braeden Davis, ranked No. 10 at 133, followed that up with a 6-0 shutout win over Binghamton's Micah Roes to give the Nittany Lions an early 8-0 lead.

Senior+ Beau Bartlett, ranked No. 3 at 141, turned four takedowns into a strong 14-2 major over Binghamton's Nate Lucier for Penn State's third straight win in the dual. Sophomore Shayne Van Ness, ranked No. 2 at 149, picked up Penn State's first pin of the day, getting a late first period fall over Caleb Sweet (2:49). Sophomore Tyler Kasak, ranked No. 4 at 157, pinned Jordan Brown early in the second period, getting the fall at 3:31, to give Penn State a 24-0 lead at the midway point of the dual.

Sophomore Mitchell Mesenbrink, ranked No. 1 at 165, received a forfeit win to put Penn State up 30-0. Junior Levi Haines, ranked No. 2 at 174, continued Penn State's bonus point barrage. Haines used two takedowns, and three four-point turns to roll to an 18-0 tech fall (5:00) over Roberto Padilla. Graduate Carter Starocci, ranked No. 1 at 184, dominated No. 23 Will Ebert, using a first period takedowns and two reversals to open up a big lead before pinning the Bearcat at the 5:55 mark to give the Nittany Lions a 41-0 lead.

Redshirt freshman Josh Barr, ranked No. 7 at 197, exploded for five first period takedowns against Andrew Bailey. Barr finished off the first period tech fall with four back points, winning 19-4 at the 2:40 mark. Senior+ Greg Kerkvliet, ranked No. 2 at 285, ended the dual meet with a first period pin of his own. Kerkvliet got the fall call over Charlie Tibbits as the 1:33 mark and the Nittany Lions posted their second straight shutout win, downing Binghamton 52-0.

Penn State owned a 25-0 lead in takedowns in the dual. The Nittany Lions won all ten bouts, including nine of ten for bonus. Penn State had 22 bonus points off a major (Bartlett), three tech falls (Lilledahl, Haines, Barr), four pins (Van Ness, Kasak, Starocci, Kerkvliet) and a forfeit win (Mesenbrink).

### DUAL MEET BOUT-BY-BOU:

125: True freshman Luke Lilledahl, ranked No. 12 at 125, took on No. 33 Carson Wagner. Lilledahl set the tempo early, taking multiple shots and working his way behind Wagner for an early 3-0 lead at the 2:24 mark. Wagner escaped to a 3-1 score at 2:00 and Lilledahl used a low single to gain control of Wagner's ankle, pulled him back into the circle, and finished off the takedown to lead 6-1 midway through the period. Lilledahl worked his time edge up over 1:00 before Wagner escaped to a 6-2 score. Lilledahl added a third takedown with :25 left in the period, finished on top, and led 9-2 after one. Lilledahl chose down to start the second period and quickly escaped to a 10-2 lead. A fourth takedown :30 into the middle stanza gave Lilledahl a 13-2 lead. Lilledahl forced a stall warning before cutting Wagner loose at the 1:00 mark. Lilledahl scrambled for another takedown late to carry a 16-3 lead with 2:23 in time into the third period. Wagner chose down to start the third and escaped to a 16-4 score. Lilledahl then ended the bout with a final takedown, posting the 19-4 technical fall at the 5:37 mark.

133: Sophomore Braeden Davis, ranked No. 10 at 133, met Micah Roes. Davis and Roes battled through the first minute in neutral, working the clock down to the 1:30 mark knotted in a scoreless tie. Davis worked to control the center of the mat, snapped Roes' shoulders and worked his way around for a takedown and a 3-0 lead at the 0:43 mark. Davis controlled the action from the top position and carried that lead into the second stanza. Leading by three, Davis chose down to start the second period. He worked his way to a seated position, scrambled for control and finished off a reversal for a 5-0 lead at the 1:20 mark. Davis once again controlled the action on top, building riding time over 1:00 while looking for a tilt. Roes fought off the turn, but Davis finished with a rideout and led 5-0 with 1:35 in time after two. Roes chose neutral to start the third period. Davis worked the center circle for over a minute. He worked his way in on a high single at the :45 mark but Roes was able to work his way out of bounds to force a reset at :28. Davis chased Roes down for the final seconds but settled for a 6-0 win with 1:35 in riding time.

141: Senior+ Beau Bartlett, ranked No. 3 at 141, battled Nate Lucier. Bartlett and Lucier worked the center of the mat through the 2:00 mark. Bartlett scored first, turning a low single into a takedown and a 3-0 lead at the 1:21 mark. Bartlett controlled action on top until cutting Lucier loose at :42. Bartlett led 3-1 after one. Leading by two, Bartlett chose down to start the second period and quickly escaped to a 4-1 lead. He countered a slight Lucier shot and scrambled to a second takedown and a 7-2 lead after a quick cut. Bartlett muscled his way to a third takedown at the 1:00 mark to lead 10-2. He worked his riding time up over 1:00 as he looked to turn Lucier for back points. The Bearcat was able to fight off the turn, but Bartlett led 10-2 with 1:39 after two. Lucier chose neutral to start the final stanza. Bartlett worked for a fourth takedown to start the third period, but Lucier's defense kept the Lion from scoring through the 1:00 mark. Bartlett forced a stall and then scrambled his way to a takedown and a 13-2 lead. He finished on top and, with 1:41 in riding time, posted the 14-2 major.

149: Sophomore Shayne Van Ness, ranked No. 2 at 149, faced Caleb Sweet. Van Ness scored quickly, taking Sweet down and nearly to his back, settling for a 3-0 lead on the takedown. He then controlled the action on top, looking to turn the Bearcat. Van Ness cut Sweet loose after a reset and then quickly moved in for a second takedown to up his lead to 6-1. Van Ness continued to work for a turn through the :30 mark with riding time pushing 2:00. Van Ness turned Sweet late and finished off the bout by pinning him at the 2:49 mark of the first period.

157: Sophomore Tyler Kasak, ranked No. 4 at 157, met Jordan Brown. Kasak controlled action early and took a 3-0 lead with a takedown at the 2:10 mark. He then went to work on top, looking to turn Brown for back points while building up his riding time. Kasak battled through the 1:00 mark, looking for back points. Brown was able to fight Kasak's turn off and a potentially dangerous stopped action at :23. Kasak ended the period on top and led 3-0 with 2:10 in time after one. Brown chose neutral to start the second period and Kasak quickly turned a high single into a takedown and a turn. He finished off the fall at 3:31.

165: Sophomore Mitchell Mesenbrink, ranked No. 1 at 165, received a forfeit victory.

174: Junior Levi Haines, ranked No. 2 at 174, met Robert Padilla. Haines worked neutral through the midway point of the first period. He turned a low shot into a brief scramble before taking a 3-0 lead with a takedown at 1:13. Haines went to work on top, looking to turn the Bearcat for back points or more Haines turned an arm bar into back points, nearly getting the fall but settling for a four-point turn and a 7-0 lead after one. Padilla chose neutral to start the second period. Haines went to work, notching a quick takedown to up his lead to 10-0. He quickly turned Padilla to his back once more, locking up near fall points to lead 14-0 at the :45 mark. Haines reset, and turned Padilla once more and ended the bout with an 18-0 tech fall at the 5:00 mark.

184: Graduate Carter Starocci, ranked No. 1 at 184, faced No. 23 Will Ebert. Starocci controlled action early in the first period, working the ranked Bearcat to the outside circle and taking a 3-0 lead with a takedown at the 1:46 mark. Starocci maintained control of Ebert after a reset, working the Bearcat wrestler back to the mat, building his riding time up over 1:00. Starocci finished the first period on top and led 3-0 with 1:46 in time after one. Starocci chose down to start the second period. He worked for a reversal early in the period, but the action was stopped on a stalemate at 1:35. Starocci forced Ebert into a stall warning at 1:10 as he battled for control and a reversal. Starocci picked up the two-point reversal at :40 to lead 5-0 and then finished the period off with a rideout. With Starocci leading 5-0, Ebert chose top to start the third period. Starocci took a 6-0 lead off another stall, quickly reversed the Bearcat for two points and then finished off the match by pinning the Bearcat at the 5:55 mark.

197: Redshirt freshman Josh Barr, ranked No. 7 at 197, took on Andrew Bailey. Barr scored quickly, taking Bailey down for an early 3-1 lead. The Nittany Lion freshman cut Bailey loose after a short ride and moved in for a second takedown and a 6-2 lead after a quick cut. Barr continued to press on offense, turning a low shot into a third takedown on the edge of the mat to open up a 9-2 lead with over 1:30 on the clock. Barr cut the Bearcat loose once more and quickly took him down again. This time he turned Bailey quickly to his back and nearly pinned him. He settled for four back points to open up a 16-3 lead. Barr cut Bailey loose late and then ended the match with a final takedown with just :20 on the clock. Barr's late score gave him the 19-4 tech fall at 2:40.

285: Senior+ Greg Kerkvliet, ranked No. 2 at 285, battled Charlie Tibbits. Kerkvliet quickly took Tibbits down for a 3-0 lead. He spent nearly a minute trying to turn Tibbits before the Bearcat scrambled to an escape. Kerkvliet wasted no time moving back in on offense, however, and took him down and to his back. Kerkvliet finished off

## #1 PENN STATE 44, #15 LITTLE ROCK 0 Sunday, Dec. 22, 2024 -- Journeyman Duals -- Nashville, Tenn.

|  |      |
|--|------|
| 125: #12 Luke Lilledahl PSU dec. Jaden Carson LR, 9-3                          | 3-0  |
| 133: #10 Braeden Davis PSU dec. #5 Nassir Bailey LR, 1-0                       | 6-0  |
| 141: #3 Beau Bartlett PSU pinned Cole Minnick LB, WBF (5:23)                   | 12-0 |
| 149: #2 Shayne Van Ness PSU pinned #16 Jordan Williams LR, WBF (4:39)          | 18-0 |
| 157: #4 Tyler Kasak PSU dec. #20 Matty Bianchi LR, 4-2                         | 21-0 |
| 165: #1 Mitchell Mesenbrink PSU tech fall #21 Joey Bianchi LR, 17-1 (TF; 5:27) | 26-0 |
| 174: #2 Levi Haines PSU tech fall Kodiak Kennedy LR, 18-2 (TF; 5:33)           | 31-0 |
| 184: #1 Carter Starocci PSU tech fall Tristan Wills LR, 17-1 (TF; 5:37)        | 36-0 |
| 197: #7 Josh Barr PSU dec. #5 Stephen Little LR, 4-1 (sv)                      | 39-0 |
| 285: #2 Greg Kerkvliet PSU tech fall Keith Miley LR, 15-0 (TF; 1:40)           | 44-0 |

The Penn State Nittany Lion wrestling team (5-0, 0-0 B1G) dominated the Little Rock Trojans (6-1) in its second of three duals at the 2024 Journeyman Collegiate Duals in Nashville, Tenn. Penn State shut out Little Rock 44-0, the third straight shutout win for the Nittany Lions. All rankings listed are InterMat/InterMat Tournament Power Index (TPI).

The dual began at 125. Penn State true freshman Luke Lilledahl, ranked No. 12 at 125, opened up the dual meet with a strong 9-3 win over Little Rock's Jaden Carson. Sophomore Braeden Davis, ranked No. 10 at 133, thrilled the partisan Penn State crowd in the next bout. Davis used a second period escape to post a thrilling 1-0 win over No. 5 Nassir Bailey, putting Penn State up 6-0. Senior+ Beau Bartlett, ranked No. 3 at 141, gave the Nittany Lions a 12-0 lead by pinning Cole Minnick at 5:23.

Sophomore Shayne Van Ness, ranked No. 2 at 149, came back from an early first period deficit against No. 16 Jordan Williams to pin the Trojan at the 4:39 mark of the second period, upping the Nittany Lion lead to 18-0. Sophomore Tyler Kasak, ranked No. 4 at 157, used a first period takedown to post a hard-fought 4-2 win over No. 20 Matty Bianchi. Penn State let Little Rock 21-0 at the midway point of the dual.

Sophomore Mitchell Mesenbrink, ranked No. 1 at 165, continued Penn State's scoreboard assault. Mesenbrink used four takedowns and a turn to roll to a 17-1 tech fall over No. 21 Joey Bianchi at 5:27. Junior Levi Haines, ranked No. 2 at 174, followed that up with another tech, using a couple takedowns and three turns to beat Kodiak Kennedy 18-2 (5:33), giving the Nittany Lions a 31-0 lead.

Graduate Carter Starocci, ranked No. 1 at 184, dominated Tristan Wills in the next match. Starocci took Wills down three times and turned him twice before posting the 17-1 tech fall at 5:37 in the third period. Redshirt freshman Josh Barr, ranked No. 7 at 197, thrilled the Penn State faithful in his match-up against No. 5 Stephen Little. Barr battled Little into extra time before ending the match with a takedown in sudden victory, winning 4-1 (sv) with just :17 on the clock. Senior+ Greg Kerkvliet, ranked No. 2 at 285, ended the dual meet with a 15-0 technical fall (1:40) over Little Rock's Keith Miley. The Nittany Lions pocketed their third straight shutout win, 44-0, and won their second in a row in Nashville.

The Nittany Lions owned an 18-2 lead in takedowns. Penn State tallied 14 bonus points off two pins (Bartlett, Van Ness) and four tech falls (Mesenbrink, Haines, Starocci, Kerkvliet).

### DUAL MEET BOUT-BY-BOUT:

125: True freshman Luke Lilledahl, ranked No. 12 at 125, took on Jaden Carson. Lilledahl countered a slight Carson shot to start the match and worked his way back to standing, looking to control the center circle. Carson countered a Lilledahl shot for a takedown of his own to open up an early 3-0 lead. Lilledahl worked his way to his feet to cut the lead to 3-1 at the 1:20 mark. Lilledahl and Carson battled in neutral through the :30 mark with Lilledahl continuing to shoot. But Carson was able to carry the 3-1 lead into the second period. Lilledahl, trailing by two, chose down to start the second and quick quickly reversed Carson to tie the bout 3-3. Lilledahl controlled the action on top through the 1:00 mark and forced a stall warning at :51. The Nittany Lion freshman built his riding time up over 1:00 with a strong ride and finished the period on top. Tied 3-3, Carson chose neutral to start the third period. Lilledahl continued to move forward, forcing Carson backwards, until the Lion turned a low single into a takedown and a 6-3 lead at 1:31. Lilledahl took a 7-3 lead on a second stall call and clinched his riding time point. Lilledahl picked up another stall point with :10 left and, with 3:00 in riding time, rolled to the 9-3 win.

133: Sophomore Braeden Davis, ranked No. 10 at 133, met No. 5 Nassir Bailey. Davis fought off an early Bailey shot, maintaining neutral through a quick tie-up to keep the bout scoreless at 2:25. The top ten duo then worked the center of the mat through the 2:00 mark. Davis and Bailey battled on their feet through the :30 mark and eventually to the end of the opening period. With the score tied 0-0 after one, Davis chose down to start the second period. Davis swiftly scrambled his way to an escape and a 1-0 lead just seconds into the period. Davis held good position in the center of the mat, hand fighting with Bailey through the 1:00 mark. The duo finished the period on their feet and Davis led 1-0 after two. Trailing by one, Bailey chose neutral to start the third period. Davis battled to maintain position and nearly connected on a high shot at the :55 mark. Bailey was able to step away and the duo returned to the center circle. With the clock hitting the :40 mark, Davis fought off a Bailey shot and worked the clock down to the :23 mark. Davis took a slight shot at :15, Bailey countered, and Davis did the same. Davis finished the bout in neutral and, on the power of a second period escape, posted the thrilling 1-0 win.

141: Senior+ Beau Bartlett, ranked No. 3 at 141, took on Cole Minnick. Bartlett patiently worked on his feet for the first half of the opening stanza, eventually connecting on a shot to take a 3-0 lead. The Lion built up :30 in riding time before Minnick escaped to a 3-1 score. Bartlett finished the opening period on his feet and led 3-1 after one. Minnick chose down to start the middle period and escaped to a 3-2 score. Bartlett quickly turned a low shot into a second takedown and cut to lead 6-3 at the 1:30 mark. Bartlett went back to his offense and blew through a low double leg to open up a 9-3 lead at the :45 mark. Bartlett cut Minnick loose again and finished off the period with another late takedown to lead 12-4 after two. Bartlett chose neutral to start the third period and sprawled his way to another takedown to start the period. He quickly locked Minnick's shoulders, turned him to his back, and picked up the pin at the 5:23 mark.

149: Sophomore Shayne Van Ness, ranked No. 2 at 149, battled No. 16 Jordan Williams. Williams got in deep on a shot at the 1:40 mark, forcing a scramble that wound the clock down towards the 1:00 mark before Van Ness was able to regain his feet and action resumed in neutral. Van Ness fought off another Williams shot, nearly countered for a takedown of his own, but gave up the takedown to trail 3-0 at :26. Van Ness steadily worked his way to an escape to cut the lead to 3-1 after one. Trailing by two, Van Ness chose down to start the second period. He quickly worked his way to an escape to cut the Williams lead to 3-2 at the 1:45 mark. Van Ness began to string together multiple shots, but Williams was able to push the Lion backwards through the 1:00 mark, holding on to the lead. Van Ness snapped his way to a takedown at the 1:00 mark, opening up a 5-3 lead. He then turned Williams on the edge of the mat, rolling the Trojan grappler flat and getting the fall at the 4:39 mark.

157: Sophomore Tyler Kasak, ranked No. 4 at 157, wrestled No. 20 Matty Bianchi. Kasak set the offensive tempo early in the bout, forcing Bianchi towards the outside circle. Bianchi defended a Kasak shot at the 1:50 mark, moving out of bounds and resetting the action in neutral. Kasak continued to press Bianchi backwards, chasing the Trojan down until turning a fast high double into a takedown and a 3-0 lead with :49 on the clock. Bianchi was able to scramble his way to an escape at the :25 mark, cutting Kasak's lead to 3-1. Bianchi chose down to start the second period. Kasak controlled the action through the 1:20 mark, building up over 1:00 in riding time with a strong ride. Bianchi scrambled to an escape after a reset, cutting Kasak's lead to 3-2. Kasak had 1:12 in riding time. Kasak worked neutral in the center circle for the rest of the period and led 3-2 after two. Kasak chose down to start the third period. Bianchi was able to maintain control of Kasak through the 1:40 mark, killing Kasak's time edge. Kasak escaped after a reset to a 4-2 lead at 1:32. With the clock moving below 1:00, Kasak kept the Trojan's feet touching the outside circle. Kasak maintained position in the center of the mat, fighting off late Bianchi shots as the clock hit :15. Kasak finished the bout on his feet and posted the hard-fought 4-2 win.

165: Sophomore Mitchell Mesenbrink, ranked No. 1 at 165, faced No. 21 Joey Bianchi. Mesenbrink scored first, taking Bianchi down to lead 3-1 after a quick Bianchi escaped in the first minute of the bout. Mesenbrink skipped away from a quick Bianchi shot at 1:30, moved in with a low single and took a 6-1 lead with a second takedown. Mesenbrink then went to work from the top position, building up riding time while locking up an arm bar in an effort to turn the Trojan. Bianchi fought off the back points and Mesenbrink led 6-1 with 1:19 in time after one. Mesenbrink chose down to start the second period and quickly escaped to a 7-1 lead. Mesenbrink forced Bianchi out of bounds and then scored off the reset to lead 10-1 at the 1:15 mark. Mesenbrink spent the next minute-plus trying to turn Bianchi and picked up four late back points to lead 14-1 after two. Bianchi chose neutral to start the third period. Mesenbrink ended things quickly. The Nittany Lion forced a stall warning, then ended the bout with a takedown to notch the 17-1 tech fall at 5:27.

174: Junior Levi Haines, ranked No. 2 at 174, met Kodiak Kennedy. Haines opened up an early lead, taking Kennedy down to lead 3-0. Haines went to work for back points but slipped through the move and Kennedy notched a reversal, cutting the lead to 3-2. Haines was able to escape in the latter seconds of the period and led 4-2 after one. Trailing by two, Kennedy chose down to start the second period. Haines went to work on top. The Nittany Lion junior cranked the Trojan to his back, picking up three near fall points. After potentially dangerous forced a reset, Haines went back to work on top, working Kennedy over to his back again. Haines picked up a four point turn to lead 11-2 at :20. Haines chose neutral to start the third, took Kennedy down, and then ended the match with a four-point turn, winning 18-2 at 5:33.

184: Graduate Carter Starocci, ranked No. 1 at 184, battled Tristan Wills. Starocci scored quickly, taking Wills down in the opening minute to lead 3-0. Starocci worked from the top position, building up solid riding time before cutting Wills loose to a 3-1 score at 1:04. Starocci used a high single to take Wills down again, upping his lead to 6-1 with :20 on the clock. Starocci finished the period on top and led 6-1 after one. Starocci chose down to start the second period and quickly escaped to a 7-1 lead. Wills took a solid shot at 1:30 but Starocci countered for his third takedown and led 10-1. He forced a stall warning at :42. Starocci turned Wills to his back and picked up four back points late to lead 14-1 after two. Wills chose neutral to start the third. Starocci quickly ended the match. The Nittany Lion took Wills down quickly and rolled to the 17-1 tech fall at 5:37.

197: Redshirt freshman Josh Barr, ranked No. 7 at 197, faced No. 5 Stephen Little. The ranked duo worked in neutral through the first minute, battling in the center of the mat. Little took a slight shot at 1:34 and Barr countered for control. Barr spent :30 trying to pull Little back in bounds, but the Trojan was able to force a reset out of bounds with :55 on the clock. Barr and Little finished the period in neutral and the match moved to the second knotted in a scoreless tie. Little chose down to start the second period. Little scrambled to an escape and a 1-0 lead in the opening seconds but called for injury time and went into concussion protocol at 1:50 (meaning there would be no choice on the reset). After a brief pause, action resumed with Little up by one. Barr continued to force Little backwards, working multiple shots and forcing the Trojan backwards. Little took a slight shot at :40 but Barr quickly stepped away from contact and the Nittany Lion trailed 1-0 after two. Barr chose down to start the third period and quickly escaped to a 1-1 tie. Barr battled in the middle of the mat, fighting off a Little shot at 1:15. As the clock hit :30, action remained in neutral in the center circle. Barr and Little moved to sudden victory tied 1-1. Barr shot high at 1:30 and Little was able to step away from contact. Barr forced a reset at :55 with a strong shot. Little took a strong shot that Barr fought off himself and action was reset with :32 on the clock. Barr immediately moved in on a low shot, getting control of Little's ankle. He moved forward, grabbed a second foot, and ended the bout with a takedown. Barr's late effort gave the Nittany Lion a thrilling 4-1 (sv) win over fifth-ranked Little.

285: Senior+ Greg Kerkvliet, ranked No. 2 at 285, met Keith Miley. Kerkvliet made short work of the Trojan big man. The Nittany Lion senior blew through an initial takedown, opening up a 3-0 lead early in the first period. He then settled in on offense, turning Miley for four back points to lead 7-0 early. Kerkvliet reset, turned Miley once more to lead 11-0, and reset again. Kerkvliet then ended the match early with one last four-point turn to pick up the 15-0 technical fall at 1:40.





## #1 PENN STATE 41, #8 MISSOURI 3 Sunday, Dec. 22, 2024 -- Journeyman Duals -- Nashville, Tenn.

|   |      |
|---|------|
| 125: #12 Luke Lilledahl PSU dec. Gage Walker UM, 5-4                    | 3-0  |
| 133: #10 Braeden Davis PSU maj. dec. Kade Moore UM, 14-3                | 7-0  |
| 141: #3 Beau Bartlett PSU dec. #16 Josh Edmond UM, 4-1 (sv)             | 10-0 |
| 149: #2 Shayne Van Ness PSU pinned Zeke Seltzer UM, WBF (1:57)          | 16-0 |
| 157: #4 Tyler Kasak PSU maj. dec. James Conway UM, 11-3                 | 20-0 |
| 165: #1 Mitchell Mesenbrink PSU win by forfeit                          | 26-0 |
| 174: #1 Levi Haines UM dec. #2 Levi Haines PSU, 4-1 (sv)                | 26-3 |
| 184: #1 Carter Starocci PSU maj. dec. #10 Colton Hawks UM, 10-1         | 30-3 |
| 197: #7 Josh Barr PSU pinned Jesse Cassatt UM, WBF (1:45)               | 36-3 |
| 285: #2 Greg Kerkvliet PSU tech fall Jarrett Stoner UM, 15-0 (TF; 5:57) | 41-3 |

The Penn State Nittany Lion wrestling team (6-0, 0-0 B1G) dominated Missouri (2-5) 41-3 in its third and final dual meet of the day at the 2024 Journeyman Collegiate Duals in Nashville, Tenn. The Nittany Lions won nine of ten bouts to sweep the three duals at the event. All rankings listed are InterMat/InterMat Tournament Power Index (TPI).

The dual began at 125. Penn State true freshman Luke Lilledahl, ranked No. 12 at 125, opened up Penn State's final dual of the day with a 5-4 win over Gage Walker. Sophomore Braeden Davis, ranked No. 10 at 133, built up over 4:00 in riding time during a convincing 14-3 major over Missouri's Kade Moore to give the Nittany Lions and early 7-0 lead. Senior+ Beau Bartlett, ranked No. 3 at 141, had to use extra time to beat No. 16 Josh Edmond. Bartlett scored early in the extra period to post the 4-1 (sv) win.

Sophomore Shayne Van Ness, ranked No. 2 at 149, continued Penn State's hot streak. Van Ness turned a first period takedown into a pin at the 1:57 mark, it was Van Ness' third pin of the day and gave the Lions a 16-0 lead. Sophomore Tyler Kasak, ranked No. 4 at 157, controlled James Conway for three periods and rolled to an 11-3 major decision to give Penn State a 20-0 lead at the midway point of the dual.

Sophomore Mitchell Mesenbrink, ranked No. 1 at 165, won by forfeit (his second of the day) and Penn State led 26-0. Junior Levi Haines, ranked No. 2 at 174, took on No. 1 Keegan O'Toole in a much-anticipated match-up. The duo battled through regulation even. A wild scramble in sudden victory ended with an O'Toole takedown, with Haines dropping the thrilling 4-1 (sv) decision.

Graduate Carter Starocci, ranked No. 1 at 184, dominated No. 10 Colton Hawks in another top ten match-up. Starocci used a six-point third period to roll to a 10-1 major with over 2:00 in riding time to put Penn State up 30-3. Redshirt freshman Josh Barr, ranked No. 7 at 197, blitzed Tiger Jesse Cassatt. Barr opened up an 11-0 lead before pinning Cassatt at the 1:45 mark. Senior+ Greg Kerkvliet, ranked No. 2 at 285, finished off Penn State's day with a final technical fall. Kerkvliet rolled to a 15-0 tech fall at the 5:57 mark over Missouri's Jarrett Stoner. The Nittany Lions won the dual 41-3, closing out the day with a third win.

Penn State owned a 15-2 takedown advantage and picked up 14 bonus points off a forfeit (Mesenbrink), two pins (Van Ness, Barr), a tech fall (Kerkvliet) and three majors (Davis, Kasak, Starocci).

### DUAL MEET BOUT-BY-BOUT:

125: True freshman Luke Lilledahl, ranked No. 12 at 125, faced Gage Walker. Lilledahl used a fast low shot to force a scramble early in the first period, but Walker was able to counter his way through for control and a 3-1 lead after a quick Lilledahl escape at 1:30. Lilledahl then moved in on offense. He shot to Walker's left leg and muscled through for a takedown and a 4-3 lead with :40 on the clock. He finished the period on top and carried that lead into the second. Walker chose down to start the second period. Walker escaped to a 4-4 tie but not until Lilledahl built his riding time up to 1:08. Lilledahl shot Walker to the outside circle for the entire second period but could not break through for a score and the match moved to the third tied 4-4. Lilledahl chose down to start the third period and quickly escaped to a 5-4 lead. Lilledahl shot Walker backwards for the first minute of the third before the Tiger took a slight shot that Lilledahl easily evaded. Action continued in neutral as the clock moved towards :30. Lilledahl finished the bout on his feet and walked away with a 5-4 win.

133: Sophomore Braeden Davis, ranked No. 10 at 133, battled Kade Moore. Moore came out quickly, trying to throw Davis off the whistle. But Davis was able to scramble out of control and return action to neutral. Davis then initiated contact, worked through a brief Moore counter, and took a 3-0 lead with the bout's first takedown at the 1:39 mark. Davis then turned Moore to his back, looking for a fall. Davis settled for four back points and finished the period on top to lead 7-0 after one. Moore chose down to start the second period. Davis controlled the action on top, building his riding time up over 2:00. Davis gave up a penalty point during his ride but maintained control of Moore through the 1:30 mark. Davis continued to work Moore to the mat, looking for back points again. Davis finished the period on top and led 7-1 after two with 3:39 in riding time. With riding time clinched, Davis chose neutral to start the third period and quickly took Moore down for a 10-1 lead. Moore escaped to a 10-2 score at 1:15. Davis scrambled behind Moore for another takedown to lead 13-3 at :45 after a Moore escape. The action ended with both wrestlers on their feet and, with 4:03 in riding time, Davis rolled to a 14-3 major.

141: Senior+ Beau Bartlett, ranked No. 3 at 141, took on No. 16 Josh Edmond. The duo worked the middle of the mat in neutral through the first two minutes. Neither wrestler was able to find a solid opening, but Bartlett was able to force a first stall warning at :50. Bartlett stepped back from an Edmond shot with :25 on the clock and the match moved to the second period tied 0-0. Bartlett chose down to start the second period and quickly escaped to a 1-0 lead. Bartlett held position in the center circle while Edmond kept his back to the outside circle as the clock moved below the 1:00 mark. Bartlett used a high double to force a scramble on the edge of the mat, shifted to a single and tried to pull Edmond back into play as the period ended. Edmond was able to defend to zeroes and Bartlett led 1-0 after two. Edmond chose down to start the third period and quickly escaped to a 1-1 tie. Bartlett continued to take shots, forcing Edmond into defense. Bartlett owned the center of the mat while Edmond kept Bartlett at arm's length defensively and the bout moved to sudden victory. Bartlett moved in quickly, taking a high shot and getting the takedown at 1:17 to post the thrilling 4-1 (sv) win.

149: Sophomore Shayne Van Ness, ranked No. 2 at 149, wrestled Zeke Seltzer. Van Ness battled through an even first minute and then took a 3-0 lead with a takedown at the 2:01 mark. Van Ness then turned Seltzer to his back, working his way to a first period pin at the 1:57 mark.

157: Sophomore Tyler Kasak, ranked No. 4 at 157, met James Conway. The duo battled through the first two minutes evenly with neither wrestler threatening. Kasak moved through a high single at 1:15, forcing a scramble in front of the Missouri bench as he tried to pull Conway back onto the mat. Kasak finished off the takedown to lead 3-0 at :46. Kasak finished the period on top, giving up one stall warning in the process, and led 3-0 with :46 in time after one. Kasak chose down to start the second period. He quickly escaped to a 4-0 lead and went back on offense. Kasak's pressure paid off as he connected on a high shot for a second takedown and a 7-0 lead with :48 left in the period. Conway scored on an escape, but Kasak continued to connect on offense as he notched another takedown late in the period and led 10-2 after two. Conway chose down to start the third period and escaped to a 10-3 score. Kasak worked the middle of the mat as Conway played defense through the 1:00 mark. Kasak fought off a late Conway shot and, with 1:17 in riding time, walked away with a strong 11-3 major decision.

165: Sophomore Mitchell Mesenbrink, ranked No. 1 at 165, won by forfeit, his second forfeit victory of the day.

174: Junior Levi Haines, ranked No. 2 at 174, took on No. 1 Keegan O'Toole. The top two wrestlers at the weight class battled in neutral through nearly 2:00 before Haines forced a scramble with a single shot at O'Toole's right leg. The Tiger was able to force a stalemate and action was reset with :45 on the clock. Haines maintained position in the center circle, but O'Toole defended throughout the rest of the period and the bout moved to the second tied 0-0. Haines chose down to start the middle stanza and quickly escaped to a 1-0 lead. O'Toole took a low shot at 1:40, Haines countered, and O'Toole skipped out of trouble to keep the bout at 1-0. The duo worked the middle of the mat through the 1:00 mark with. O'Toole got in on a high single, but Haines was able to force a stalemate with :28 left, still leading 1-0. Trailing by one, O'Toole chose down to start the third period. O'Toole turned in and muscled his way to an escape and a 1-1 tie with 1:30 left to wrestle. Haines took a low shot and worked O'Toole into a scramble that nearly ended in a takedown. But O'Toole countered his way to a stalemate with :45 on the clock. The period ended in neutral and the bout moved to extra time tied 1-1. Haines took a shot that O'Toole countered, nearly taking Haines down. Haines scrambled out of trouble, but O'Toole continued to work for the takedown. He eventually got the takedown and downed Haines 4-1 (sv) at 1:01 of extra time.

184: Graduate Carter Starocci, ranked No. 1 at 184, faced No. 10 Colton Hawks. Starocci set a high tempo to start the bout, forcing Hawks backwards as the first two minutes rolled by. Starocci's pressure led to a first stall warning and then a late takedown. Starocci led 3-0 after one. Trailing by three, Hawks chose down to start the second period. Starocci controlled the action on top. The Nittany Lion built his riding time up over 1:15. Starocci then finished off the period with a full rideout and led 3-0 with 2:18 in time after two. Starocci chose down to start the third period. He forced a stall warning for a point and then reversed Hawks to lead 6-0. He cut the Tiger loose, took him down and finished on top. With 2:33 in riding time, Starocci posted the 10-1 major decision.

197: Redshirt freshman Josh Barr, ranked No. 7 at 197, met Jesse Cassatt. Barr scored quickly, taking Cassatt down for an early 3-0 lead, adding two back points for a 5-0 lead. He cut Cassatt loose, took him down quickly and cut him once more to open up a bigger lead. Barr continued to pressure the Tiger, notching a third takedown to open up an 11-2 lead with 1:45 on the clock. He finished off the bout by turning Cassatt and pinning him at the 1:45 mark.

285: Senior+ Greg Kerkvliet, ranked No. 2 at 285, took on Jarrett Stoner. Kerkvliet battled through an even two minutes before notching his first takedown at the 1:01 mark. Kerkvliet then worked Stoner's shoulders to the mat, picking up four back points to lead 7-0 with :20 on the clock. Kerkvliet finished the period on top and led 7-0 with 1:01 in riding time after one. Stoner chose down to start the second period. Kerkvliet went to work and quickly turned him for more back points. He picked up another four-point turn and reset with 1:10 on the clock, leading 11-0. Kerkvliet forced a stall warning at :40, another at :25 to lead 12-0, and then finished the period on top to lead 12-0 with clinched riding time (3:01) after two. Kerkvliet chose neutral to start the third period. He ended the match with a takedown, rolling to a 15-0 tech fall at 5:57.

## #1 PENN STATE 55, MICHIGAN STATE 0 Friday, Jan. 10, 2025 -- Rec Hall -- University Park, Pa.

285: #2 Greg Kerkvliet PSU pinned Max Vanadia MSU, WBF (0:56) 6-0  
125: #12 Luke Lilledahl PSU tech fall Luke Corday MSU, 19-2 (TF; 6:08) 11-0  
133: #5 Braeden Davis PSU tech fall Andrew Hampton MSU, 20-5 (5:25) 16-0  
141: #3 Beau Bartlett PSU maj. dec. Jaden Crumpler MSU, 12-3 20-0  
149: #2 Shayne Van Ness PSU pinned Clayton Jones MSU, WBF (2:25) 26-0  
157: #3 Tyler Kasak PSU pinned Braden Stauffenberg MSU, WBF (3:46) 32-0  
165: #1 Mitchell Mesenbrink PSU tech fall Jay Nivison MSU, 20-5 (TF; 3:57) 37-0  
174: #2 Levi Haines PSU pinned Ceasar Garza MSU, WBF (4:13) 43-0  
184: #1 Carter Starocci PSU pinned Ryan Boucher MSU, WBF (5:48) 49-0  
197: #4 Josh Barr PSU pinned Cory Thomas MSU, WBF (2:44) 55-0  
Attendance: 6,368 (Penn State has wrestled in front of 83 straight sellouts in its last 87 home events, including 74-straight in Rec Hall and 9 of 13 in the BJC).

The Penn State Nittany Lion wrestling team (7-0, 1-0 B1G) opened up Big Ten dual meet action on Friday by shutting out Michigan State (2-2, 0-1 B1G) 55-0 in sold out Rec Hall. Penn State tallied six pins in the victory.

The shutout was the fourth of the year for Penn State and the 55-0 margin over victory tied the school record (55-0 over Buffalo on Feb. 18, 2018, in Rec Hall). Penn State held Michigan State to no takedowns in the dual meet as well.

The dual began at 285. Senior+ Greg Kerkvliet, ranked No. 2 at 285, opened up the dual meet by pinning Max Vanadia in less than a minute. Kerkvliet got the fall at 0:56 to give Penn State an early 6-0 lead. Penn State true freshman Luke Lilledahl, ranked No. 12 at 125, then rolled to a 19-2 tech fall over Luke Corday. Sophomore Braeden Davis, ranked No. 5 at 133, picked up a second straight tech for Penn State, posting a 20-5 tech at the 5:25 mark.

Senior+ Beau Bartlett, ranked No. 3 at 141, used strong second and third periods to roll to a 12-3 major decision over Jaden Crumpler to give the Nittany Lions a 20-0 lead. Sophomore Shayne Van Ness, ranked No. 2 at 149, closed out the first half with another first period fall. Van Ness pinned MSU's Clayton Jones at the 2:25 mark and the Nittany Lions lead 26-0 at halftime.

Sophomore Tyler Kasak, ranked No. 3 at 157, opened up the second half with Penn State's third fall of the dual. Kasak pinned Braden Stauffenberg at the 3:46 mark. Sophomore Mitchell Mesenbrink, ranked No. 1 at 165, put Penn State up 37-0 with a 20-5 technical fall at the 3:57 mark, notching Penn State's third tech fall of the dual.

Junior Levi Haines, ranked No. 2 at 174, turned a big lead into Penn State's fourth pin of the dual, getting the fall over Ceasar Garza at the 4:13 mark in the second period. Graduate Carter Starocci, ranked No. 1 at 184, made it five falls, pinning MSU's Ryan Boucher in the third period at 5:48. Redshirt freshman Josh Barr, ranked No. 4 at 197, wrapped up the dual meet with Penn State's sixth pin, getting the fall over Cory Thomas at the 2:44 mark. Penn State rolled to the 55-0 shutout win, picking up bonus points in each bout.

The Nittany Lions posted a 36-0 takedown margin and tallied 25 bonus points off six pins (Kerkvliet, Van Ness, Kasak, Haines, Starocci, Barr), three tech falls (Lilledahl, Davis, Mesenbrink) and a major (Bartlett).

### DUAL MEET BOUT-BY-BOU

285: Senior+ Greg Kerkvliet, ranked No. 2 at 285, faced Max Vanadia. Kerkvliet came out fast, taking Vanadia down quickly and releasing him twice before locking up a cradle and finishing off the match with a fast fall. He got the pin at :56.

125: True freshman Luke Lilledahl, ranked No. 12 at 125, met Nick Corday. Lilledahl worked the middle of the mat through the first minute-plus and took a 3-0 lead with a takedown at the midway point. He cut Corday loose and immediately picked up a second takedown. He finished the period on top and led 6-1 after one with 1:30 in riding time. Lilledahl chose down to start the second period. He picked up two points on three stalls, then escaped, and led 9-1 at the 1:08 mark. He notched a third takedown to open up a 12-1 lead with 1:05 left. Corday escaped to a 12-2 score and Lilledahl finished off the period with another takedown to lead 15-2 after two. Corday chose down to start the third period. Lilledahl pushed his riding time up to 2:00 while looking to turn the Spartan for back points. Lilledahl turned Corday at the 1:05 mark and ended the match with a four point turn to post the 19-2 tech fall at 6:08.

133: Sophomore Braeden Davis, ranked No. 5 at 133, took on Andrew Hampton. Davis took Hampton down quickly, opening up a 3-0 score in the opening seconds. He turned the Spartan for four quick back points and led 7-0 at the 2:25 mark. Hampton got on the board with an escape and Davis quickly took him down once more to open up a 10-2 lead after a quick MSU escape. Davis turned a scramble late in the period into another takedown to lead 13-2 at :35. Hampton notched a late escape and Davis led 13-3 after one. Hampton chose down to start the second period and escaped to a 13-4 score. Davis used a high single to take Hampton to the mat once more and lead 16-4 with 1:25 on the clock. Davis cut Hampton loose, took him down once more and led 19-5 with clinched riding time after two periods. Davis chose down to start the third period and quickly escaped to a 20-5 score, icing the tech fall at the 5:25 mark.

141: Senior+ Beau Bartlett, ranked No. 3 at 141, faced off against Jaden Crumpler. Bartlett set a fast tempo to start the bout, but Crumpler's defense kept Bartlett from scoring early. Bartlett forced a stall warning at 1:25 and Bartlett moved in on a quick high double on the reset. He forced a scramble on the Nittany Lion logo that ended in a stalemate with :40 on the clock. Bartlett was unable to break through Crumpler's defense and the match moved to the second period tied 0-0. Bartlett chose down to start the second period and quickly escaped to a 1-0 lead. He picked up a second point on a stall to lead 2-0 and continued to press Crumpler backwards as the Spartan played defense through the 1:00 mark. Bartlett took a 5-0 lead with a quick low double late in the second period. Trailing 5-0, Crumpler chose down to start the third period. Bartlett tacked on two takedowns early in the third period and lead 12-3 at the :25 mark. He finished the bout in neutral and notched the 12-3 major decision.

149: Sophomore Shayne Van Ness, ranked No. 2 at 149, met Clayton Jones. Van Ness took Jones down quickly, opening up an early 3-0 lead. Van Ness worked on top for a minute, looking to turn Jones for back points. Van Ness built up over 2:00 in riding time before cutting Jones loose to a 3-1 score. He quickly took Jones down seconds after that and led 6-1 at :45. He quickly turned Jones to his back and notched the first period fall, getting the pin at the 2:25 mark.

157: Sophomore Tyler Kasak, ranked No. 3 at 157, battled Braden Stauffenberg. Kasak scored early, opening up a 3-0 lead less than :20 into the bout. He cut Stauffenberg loose and quickly took him down again to lead 6-1 at 2:35. Kasak picked up a third takedown at the midway point of the first period and led 9-2. He worked his riding time up over 1:00 with a strong ride and cut Stauffenberg loose to a 9-3 score at :45. Kasak added a fourth takedown late in the period, finished on top, and led 12-3 with 1:54 in riding time after one. Kasak chose down to start the second period and quickly reversed the Spartan to lead 14-4 lead after a quick cut. Kasak took a 17-4 lead with a quick takedown and then wrenched the Spartan to his back for Penn State's third pin, getting the call at 3:46.

165: Sophomore Mitchell Mesenbrink, ranked No. 1 at 165, faced off against Jay Nivison. Mesenbrink notched the bout's first takedown at the 2:25 mark to lead 3-0. He worked his riding time up near 1:00, cut Nivison loose and then quickly took him down to lead 6-1. Mesenbrink cut Nivison loose again and picked up a point on stalling. He turned into a third takedown to lead 10-3 after cutting the Spartan loose one more time. Mesenbrink used a fast low shot for a fourth takedown and lead 13-3 with 1:38 in time after one. Mesenbrink picked up another stall point early in the second, took Nivison down again and cut him loose to a 17-5 score. The Nittany Lion sophomore finished off the 20-5 tech fall with a final takedown at the 3:57 mark.

174: Junior Levi Haines, ranked No. 2 at 174, met Ceasar Garza. Haines took a 3-0 lead with a takedown at the 2:02 mark. He then went to work on top, looking to turn Garza for back points. Haines forced a stall warning at 1:12 and then nearly picked up back points at :45, but Garza rolled through the move to escape. Haines quickly took Garza down a second time at :20 and finished the period on top to lead 6-1 after one. Haines chose down to start the second period and quickly escaped to a 7-1 lead. Garza got in on a low shot, forcing a scramble with 1:45 on the clock. Haines countered a slight Garza shot at 1:25 and turned it into a takedown and a 10-1 lead with 1:10 in the period. He used a bow and arrow to turn the Spartan to his back and picked up the pin at the 4:13 mark.

184: Graduate Carter Starocci, ranked No. 1 at 184, took on Ryan Boucher. Starocci fought off an early Boucher shot and then picked up the dual's first takedown with 2:16 on the clock. He turned the Spartan for four back points on the edge of the mat to open up a 7-0 lead and then reset on top in the middle of the mat after action moved out of bounds. Starocci finished the period on top and led 7-0 after one. Starocci chose down to start the second period and quickly escaped to an 8-0 lead. The Nittany Lion graduate student took Boucher down a third time to lead 11-1 after a quick cut and went back to work on his feet. He used a high double to open up a 14-1 lead but gave up a penalty point on an illegal hold to lead 14-2 after two periods. Boucher chose down to start the third period. Starocci quickly ran the Spartan to his back and picked up the fall at the 5:48 mark.

197: Redshirt freshman Josh Barr, ranked No. 4 at 197, battled Cory Thomas. Barr scored quickly, using a lightning quick shot in front of the scorers table to open up a 3-0 lead less than a minute into the bout. He built up over 1:00 in riding time, looking for a turn. Thomas was able to fight off his efforts and Barr cut him loose to a 3-1 score at :50, forcing a first stall in the process. Barr notched a second takedown at :35 to open up a 6-1 lead and then turned Thomas for the fall at the 2:44 mark.



## #1 PENN STATE 31, #4 NEBRASKA 7 Friday, Jan. 17, 2025 -- Lincoln, Neb.

|  |      |
|--|------|
| 174: #2 Levi Haines PSU dec. #15 Lenny Pinto NEB, 9-2                          | 3-0  |
| 184: #1 Carter Starocci PSU maj. dec. #17 Silas Allred NEB, 11-2               | 7-0  |
| 197: #4 Josh Barr PSU tech fall #22 Camden McDaniel NEB, 19-4 (TF; 6:42)       | 12-0 |
| 285: #2 Greg Kerkvliet PSU tech fall #24 Harley Andrews NEB, 20-2 (TF; 6:12)   | 17-0 |
| 125: #12 Luke Lilledahl PSU dec. #6 Caleb Smith NEB, 4-2                       | 20-0 |
| 133: #16 Jacob Van Dee NEB dec. #5 Braeden Davis PSU, 14-7                     | 20-3 |
| 141: #3 Beau Bartlett PSU dec. #6 Brock Hardy NEB, 8-7                         | 23-3 |
| 149: #4 Ridge Lovett NEB maj. dec. #2 Shayne Van Ness PSU, 10-2                | 23-7 |
| 157: #3 Tyler Kask PSU dec. #5 Antrell Taylor NEB, 9-3                         | 26-7 |
| 165: #1 Mitchell Mesenbrink PSU tech fall #7 Bubba Wilson NEB, 20-3 (TF; 5:39) | 31-7 |
| Attendance: 6,661  |      |

The Penn State Nittany Lion wrestling team (8-0, 2-0 B1G) rolled to a 31-7 win over homestanding Nebraska (6-2, 1-1 B1G) in its first Big Ten road dual of the season. The Nittany Lions dominated the dual from the onset in front of a record crowd of over 6,600 fans in Nebraska's Devaney Center, winning eight of ten bouts in the process.

The dual began at 174. Junior Levi Haines, ranked No. 2 at 174, got Penn State off to a hot start with a strong 9-2 win over No. 15 Lenny Pinto off two takedowns, two escapes and a riding time point. Graduate Carter Starocci, ranked No. 1 at 184, followed Haines' win up by majoring No. 17 Silas Allred, rolling to an 11-2 major decision with 2:45 in riding time to put Penn State up 7-0. Redshirt freshman Josh Barr, ranked No. 4 at 197, racked up six takedowns to post a convincing 19-4 technical fall over No. 22 Camden McDaniel at the 6:42 mark.

Senior+ Greg Kerkvliet, ranked No. 2 at 285, was equally dominant, using two takedowns and three turns (including two four-point moves in the third) to roll to a 20-2 tech fall over No. 24 Harley Andrews at 6:12. True freshman Luke Lilledahl, ranked No. 12 at 125, used a late takedown to break a 1-1 tie late in his bout with No. 6 Caleb Smith and posted a 4-2 win over the sixth-ranked Husker. Lilledahl's victory gave Penn State a 20-0 lead at halftime.

Sophomore Braeden Davis, ranked No. 5 at 133, dropped a tough 14-7 decision to No. 16 Jacob Van Dee to start the second half, cutting Penn State's lead to 20-3. Senior+ Beau Bartlett, ranked No. 3 at 141, used a last second reversal to post a thrilling 8-7 win over No. 6 Brock Hardy to give Penn State a 23-3 lead. Sophomore Shayne Van Ness, ranked No. 2 at 149, lost to No. 4 Ridge Lovett, dropping a 10-2 major.

Sophomore Tyler Kasak, ranked No. 3 at 157, used a seven-point flurry (takedown, four back points) in the first period to roll to a 9-3 win over No. 5 Antrell Taylor to give the Lions a 26-7 lead. Sophomore Mitchell Mesenbrink, ranked No. 1 at 165, closed out the dual meet by dominating No. 7 Bubba Wilson in the dual's final bout. Mesenbrink used three takedowns, and two three-point turns to roll to a 20-3 tech fall at 5:39. The Nittany Lions walked out of Devaney with a lopsided 31-7 victory.

Penn State booked a big 20-4 edge in takedowns. The Lions, winning eight of ten bouts, picked up seven bonus points off three tech falls (Barr, Kerkvliet, Mesenbrink) and a major (Starocci).

### DUAL MEET BOUT-BY-BOUT:

174: Junior Levi Haines, ranked No. 2 at 174, faced No. 15 Lenny Pinto. Haines and Pinto battled through the first :30 in neutral before Haines connected on a low single and brought action to the mat. Haines and Pinto scrambled for :35 before a stalemate stopped action. Haines sidestepped a Pinto shot at 1:20 and notched a takedown at 1:18 for a 3-0 lead. Haines controlled the action on top and worked his riding time over 1:00. He finished the period on top and led 3-0 with 1:18 in riding time after the opening stanza. Haines chose down to start the second period and quickly escaped to a 4-0 lead. Haines worked the center of the mat through the 1:00 mark and then connected on a low single at :30. Pinto fought off Haines' efforts to kill the clock and Haines led 4-0 after two. Pinto chose down to start the third period. Haines worked his riding time up over 2:00 with a strong ride, clinching the riding time point in the process. Pinto scrambled to a reversal and Haines led 5-2 at the 1:00 mark. Haines countered a late Pinto shot for a final takedown and, with 2:13 in time, posted the 9-2 win.

184: Graduate Carter Starocci, ranked No. 1 at 184, took on No. 17 Silas Allred. Starocci set a fast pace off the opening whistle, forcing Allred backwards for the opening minute-plus. Starocci chased Allred around the outside circle until turning a fast high shot into a takedown and a 3-0 lead at 1:19. Starocci worked top position, building up riding time while looking to turn the Husker for back points. Starocci spent the rest of the period in control and led 3-0 with 1:19 in riding time after the first. Allred chose down to start the second period and Starocci cut him loose at 1:34. Allred took a high single and Starocci quickly forced a stalemate. Starocci turned another low shot into a takedown to lead 6-1. He rode Allred out once more and led 6-1 with 2:36 in time after two. Starocci chose down to start the third period and quickly escaped to a 7-1 lead. Allred took a high single and Starocci countered, moved his way into control and took a 10-1 lead with a third takedown. He cut Allred loose to a 10-2 score, looking for more bonus. Starocci settled for an 11-2 major with 2:45 in riding time.

197: Redshirt freshman Josh Barr, ranked No. 4 at 197, met No. 22 Camden McDaniel. Barr, like Haines and Starocci, set a fast offensive tempo from the outside. McDaniel was able to defend Barr's early offensive efforts, and the match moved to through the 2:00 mark tied 0-0. Barr turned a high double into a scramble that McDaniel was able to turn into a stalemate with 1:20 on the clock. Barr connected on another high double and took a 3-0 lead with :17 in the period and carried that lead into the second. Barr chose down to start the second stanza, snapped behind Allred on the whistle and quickly escaped to a 4-0 lead. Barr scored quickly after a reset, taking McDaniel down again to lead 7-0 at 1:20. Barr dominated action on top, looking for a chance to turn McDaniel. He worked his riding time up over 1:00, finishing the period on top to lead 7-0 with 1:20 in time after two. McDaniel chose down to start the third and Barr cut him loose immediately. Barr took a 10-2 lead after a quick takedown and cut. Barr connected on a fast low double to lead 13-3 after another cut with 1:04 left in the match. Barr notched another takedown to lead 16-4 at :55. He finished off the 19-4 tech fall at 6:42 with his sixth takedown of the bout.

285: Senior+ Greg Kerkvliet, ranked No. 2 at 285, battled No. 24 Harley Andrews. Kerkvliet forced an early scramble, Andrews countered and Kerkvliet rolled through the move for the bout's first takedown and a 3-0 lead at 2:21. Kerkvliet immediately went to work for a pinning combination, controlling the action through the 1:00 mark. The Nittany Lion senior spent the rest of the period on top and led 3-0 with 2:21 in riding time after the opening stanza. Leading by three, Kerkvliet chose down to start the second period and quickly rolled underneath Andrews and came around for a reversal to lead 5-0. Kerkvliet picked up a stall point and turned Andrews for two back points. Andrews was able to reverse the Lion to cut the lead to 8-2 at :55. Kerkvliet escaped to a 9-2 lead after a reset at :40. Kerkvliet zipped through a low shot for a last second takedown and led 12-2 with 2:35 in time after two. Andrews chose down to start the third period. Kerkvliet turned Andrews for four back points to lead 16-2, reset and turned him one more time for another four, capping off a 20-2 tech fall at 6:12.

25: True freshman Luke Lilledahl, ranked No. 12 at 125, met graduate Caleb Smith, ranked No. 6. Lilledahl and Smith worked in neutral in the center of the mat, trading low shots on the Husker logo. The duo worked neutral through the 2:00 mark. Lilledahl took a series of fast shots that forced Smith backwards through the 1:00 mark. Lilledahl continued to snap low shots at Smith's ankles through the :45 mark. The first period ended in a 0-0 tie. Smith chose down to start the second stanza and quickly escaped to a 1-0 lead. Lilledahl continued to be the aggressor, taking shots that forced Smith into defense as the clock hit 1:00. Lilledahl took three furious shots at :20 as Smith worked to kill the clock. Trialing 1-0, Lilledahl chose down to start the third period and quickly escaped to a 1-1 tie. Lilledahl forced Smith into a stall warning at 1:20, the first of the match. Lilledahl continued to move forward and shot Smith backwards through the :50 mark. Lilledahl took a 4-1 lead with a takedown at the :15 mark and, despite a late Smith escape, notched the impressive 4-2 win over the sixth-ranked Husker.

133: Sophomore Braeden Davis, ranked No. 5 at 133, took on No. 16 Jacob Van Dee. Davis came out quickly, forcing a scramble on a quick shot but Van Dee countered for his own takedown and took Davis to his back for four back points to lead 7-1 after a Davis escape at 1:20. Davis blew through a high double to cut the lead to 7-4 at :45. Davis tried to turn Van Dee but the Husker countered for a reversal and Davis escaped before the buzzer to trail 9-5 after one. Davis chose down to start the second period. Davis worked his way to an escape, cutting the lead to 9-5 at 1:20. Davis and Van Dee worked in neutral until a reset at :31. Davis trailed 9-6 after two. Van Dee chose down to start the third period and escaped to a 10-6 lead. Davis tried to throw Van Dee at the 1:10 mark but the Husker countered the effort to lead 13-7 after a Davis escape with :55 on the clock. Van Dee was able to kill the clock, and Davis dropped a tough 14-7 decision.

141: Senior+ Beau Bartlett, ranked No. 3 at 141, took on No. 6 Brock Hardy. Bartlett used a low single to gain control of Hardy's leg and, after pulling him back towards the center of the mat, took a 3-0 lead with a takedown at 1:44. Hardy was able to reverse Bartlett to cut the lead to 3-2 at the 1:21 mark. Bartlett answered with a reversal of his own and, after a quick Hardy escape, Bartlett led 5-3 at :50. Bartlett maintained position in the center of the mat and led 5-3 after one. Bartlett chose down to start the second period and quickly escaped to a 6-3 lead. Bartlett gave up a stall warning at 1:05. The Nittany Lion continued to maintain position in the center of the mat. He took a high shot with :15 left in the period, but Hardy was able to block off the effort and kill the clock. Hardy chose down to start the third period and quickly escaped to a 6-4 Bartlett lead. Hardy notched his first takedown shortly after the escape to take a 7-6 lead. Bartlett was unable to work his way out of Hardy's control as the clock moved below the :30 mark. With time running out, Bartlett worked his way into a cradle and took an 8-7 lead with a reversal as the clock hit :07. The Nittany Lion held on to Hardy's ankle as the Husker looked to escape, finished in control and walked away with a thrilling 8-7 win.

149: Sophomore Shayne Van Ness, ranked No. 2 at 149, battled No. 4 Ridge Lovett. Van Ness nearly scored at 2:25, almost connecting on a fast single. But Lovett was able to slide out of his control to keep the match 0-0 early. Van Ness continued to push the pace, maintaining position on the Husker logo. Van Ness continued to shoot, and Lovett continued to defend through the :30 mark. Van Ness chose down to start the second period. Lovett was able to control action for :44 before Van Ness worked his way to a reversal and a 2-1 lead after a quick Lovett escape. Van Ness led 2-1 after two periods. Trailing by one, Lovett chose down to start the third stanza. He escaped to a 2-2 tie at 1:30 and then used a high double to take a 5-2 lead with 1:25 on the clock. Lovett was able to turn Van Ness for four back points to take a 9-2 lead. Lovett added a riding time point and posted the 10-2 major decision.

157: Sophomore Tyler Kasak, ranked No. 3 at 157, met No. 5 Antrell Taylor. Kasak nearly scored on an early shot, but Taylor was able to step out of bounds and force a reset in the center of the mat. Kasak continued to work in neutral and, after countering a slight Taylor shot, took the Husker down and to his back for three points and four near fall to lead 7-0 at 1:27. Taylor was able to escape at the :20 mark but Kasak had 1:02 in riding time. Kasak chose down to start the second period and quickly escaped to an 8-1 lead. He continued to pressure Taylor backwards, looking for another takedown and possible bonus points but Taylor defended his way through the period. Taylor chose down to start the third period, trailing 8-1. Kasak worked his riding time back over 1:00, nearly turning Taylor once more. He clinched riding time at the :55 mark before Taylor escaped to an 8-2 score. Kasak gave up a stall point at :25 but added 2:01 in riding time to roll to the 9-3 win.

165: Sophomore Mitchell Mesenbrink, ranked No. 1 at 165, battled No. 7 Bubba Wilson. Mesenbrink connected on a lows single in the first seconds, forcing a quick scramble. Wilson was able to defend his way out of trouble and the match continued in neutral in a scoreless tie. Mesenbrink's offence forced a stall warning at 1:40. The Nittany Lion continued to shoot, taking a 3-0 lead at 1:08 with his first takedown. Mesenbrink worked on top for the remainder of the period and carried that lead into the second period. Mesenbrink chose down to start the second period and quickly escaped to a 4-0 lead. He quickly tacked on a second takedown to open up a 7-0 lead and went to work on top. The Lion was called for a penalty point and Mesenbrink cut him loose on the reset to lead 7-2 at 1:00. Mesenbrink forced a stall and led 8-2 with the point, then moved in on a single leg, finishing off the takedown and adding three back points to lead 14-3 after two. Wilson chose down to start the third, Mesenbrink cut him and quick took him down to lead 17-3. He capped off the win, and the dual, with a three-point turn to post the 20-3 tech fall at 5:39.



## #1 PENN STATE 35, #25 RUTGERS 3 Friday, Jan. 24, 2025 -- Piscataway, N.J.

|   |      |
|---|------|
| 125: #19 Dean Peterson RU dec. #6 Luke Lilledahl PSU, 4-1                       | 0-3  |
| 133: #7 Braeden Davis PSU dec. #9 Dylan Shawver RU, 2-1                         | 3-3  |
| 141: #3 Beau Bartlett PSU dec. #14 Joesph Olivieri RU, 7-3                      | 6-3  |
| 149: #4 Shayne Van Ness PSU tech fall Alex Nini RU, 17-2 (TF; 5:26)             | 11-3 |
| 157: #3 Tyler Kasak PSU dec. #31 Conner Harer RU, 4-0                           | 14-3 |
| 165: #1 Mitchell Mesenbrink PSU tech fall #26 Anthony White RU, 19-3 (TF; 6:30) | 19-3 |
| 174: #2 Levi Haines PSU dec. #22 Jackson Turley RU, 5-2                         | 22-3 |
| 184: #1 Carter Starocci PSU tech fall #18 S.Cartagena-Walsh RU, 17-2 (TF; 6:58) | 27-3 |
| 197: #4 Josh Barr PSU tech fall #16 John Poznanski RU, 22-6 (TF; 6:19)          | 32-3 |
| 285: #2 Greg Kerkvliet PSU dec. #7 Yaraslau Slavikouski RU, 2-0                 | 35-3 |
| Attendance: 8,057   |      |

The Penn State Nittany Lion wrestling team (9-0, 3-0 B1G) downed homestanding Rutgers (10-4, 2-2 B1G) 35-3 in Big Ten action Friday. Penn State rode the wave of four technical falls and won nine of the dual's ten bouts to sail to victory.

The dual was wrestled in front of a sold-out crowd in Rutgers' Jersey Mike's Arena. Penn State took care of the homestanding Knights in front of 8,057 fans.

The dual began at 125. True freshman Luke Lilledahl, ranked No. 6 at 125, lost a 4-1 decision to No. 19 Dean Peterson on a late takedown and Rutgers led 3-0 out of the gates. Sophomore Braeden Davis, ranked No. 7 at 133, used a full rideout in the second period and the riding time point that came with it to down No. 9 Dylan Shawver 2-1. With the dual tied 3-3, senior+ Beau Bartlett, ranked No. 3 at 141, used takedowns in the first and second periods to down No. 14 Joseph Olivieri 7-3 to put the Nittany Lions on top 6-3.

Sophomore Shayne Van Ness, ranked No. 4 at 149, followed that up with a 17-2 technical fall (5:26), using four takedowns and a four-point turn to roll to victory. Sophomore Tyler Kasak, ranked No. 3 at 157, used a first period takedown and 3:42 in riding time to roll to a 4-0 win over No. 31 Conner Harer and Penn State led 14-3 at halftime.

Sophomore Mitchell Mesenbrink, ranked No. 1 at 165, rolled to a 19-3 technical fall over No. 26 Anthony White to start the second half, ending the bout at 6:30. Junior Levi Haines, ranked No. 2 at 174, downed No. 22 Jackson Turley for a hard-fought 5-2 win in the next match, giving Penn State a 22-3 lead. Graduate Carter Starocci, ranked No. 1 at 184, used three takedowns and forced four stall warnings in a dominant 17-2 tech fall (6:58) over No. 18 Shane Cartagena-Walsh.

Redshirt freshman Josh Barr, ranked No. 4 at 197, dazzled in the third period in his 22-6 tech fall (6:19) over No. 16 John Poznanski. Barr scored all his points in the third, using an escape and seven takedowns in the win. Senior+ Greg Kerkvliet, ranked No. 2 at 285, capped off the lopsided dual meet with a hard-fought 2-0 win over No. 7 Yaraslau Slavikouski to finish off Penn State's 35-3 win.

The Nittany Lions dominated the dual meet, posting a 24-1 takedown advantage and forcing nine stall warnings. Penn State won nine of ten bouts and picked up eight bonus points off four tech falls (Van Ness, Mesenbrink, Starocci, Barr).

### DUAL MEET BOUT-BY-BOUT:

125: True freshman Luke Lilledahl, ranked No. 6 at 125, took on No. 19 Dean Peterson. Lilledahl side-stepped an early Peterson shot, nearly connecting on a counter at 2:20. The duo worked the center of the mat through the 1:30 mark with neither wrestler connecting on low single attempts. Lilledahl began to press Peterson backwards in the final minute. After a scoreless first period, Peterson chose down to start the second stanza and quickly escaped to a 1-0 lead. Lilledahl and Peterson worked for control on the Rutgers logo, center mat, through 1:00. The first period finished in neutral, and Lilledahl trailed 1-0 after two. Lilledahl chose down to start the third period and quickly escaped to a 1-1 tie. Lilledahl took a couple low singles, forcing Peterson towards the outside circle as the clock hit :45. Peterson turned a low single into a scramble and finished off the takedown to open up a 4-1 lead at :30 and finished the period on top to post the 4-1 win.

133: Sophomore Braeden Davis, ranked No. 7 at 133, met No. 9 Dylan Shawver. Davis and Shawver battled evenly through the opening two minutes. Davis maintained position in the middle of the mat and shot Shawver back at :20. Shawver countered with a high double and Davis fought off the move to kill the clock. Tied 0-0, Shawver chose down to start the second period. Davis maintained control of Shawver through the 1:00 mark and gave up a stall warning at :35. Davis nearly turned Shawver for back points after a reset but gave up a stall point on another stall. Davis finished the rideout and trailed 1-0 but had 2:00 in riding time. Davis chose down to start the third period and quickly escaped to a 1-1 tie, still maintaining 1:40 in time. Davis connected on a single to Shawver's right thigh and worked action to the mat, Shawver scrambled through the move, but the clock hit :03 before the action was stopped. Davis, with 1:40 in riding time, posted the 2-1 win.

141: Senior+ Beau Bartlett, ranked No. 3 at 141, battled No. 14 Joseph Olivieri. Bartlett and Olivieri battled in neutral through the 1:45 mark before Bartlett connected on a low single and took a 3-1 lead after a quick RU escape. Bartlett controlled position on the Rutgers logo through the :30 mark, looking for another chance to score. Olivieri's defense held through the period and Bartlett led 3-1 after one. Trailing by two, Olivieri chose down to start the second period and escaped to a 3-2 score. Bartlett worked another low single into a takedown at the :44 mark, opening up a 6-2 lead. The Nittany Lion maintained control on top until the :16 mark before Olivieri escaped to a 6-3 score. Leading 6-3, Bartlett chose down to start the third period. He quickly escaped to a 7-3 lead and went back to work on offense. Bartlett fought off a slight Olivieri shot with 1:25 left in the bout, forcing a reset. He stepped away from a flurry of Olivieri shots as the clock hit :45. Bartlett finished the period with a late shot and the clock hit 0:00 before he could finish the move. He settled for the 7-3 win.

149: Sophomore Shayne Van Ness, ranked No. 4 at 149, faced Alex Nini. Van Ness scored first, taking Nini down at the 2:07 mark to lead 3-1 after a Nini escape. Van Ness quickly scored again to open up a 6-1 lead. Van Ness put together a strong ride, building up over 1:00 in riding time and forcing a first stall warning at :35. He finished the period on top and led 6-1 with 1:55 in time after one. Van Ness chose down to start the second period and quickly escaped to a 7-1 lead. Nini turned a low single into a scramble at 1:15. Van Ness worked his way into control of the scramble and nearly turned Nini for points but a stalemate was

called at :50. Van Ness bullied through a high double for a takedown at :30 and turned Nini for four back points to lead 14-1 after two. Nini chose down to start the third and Van Ness cut him loose to a 14-2 score. Van Ness ended the match with a takedown at 1:34 and posted the 17-2 technical fall at 5:26.

157: Sophomore Tyler Kasak, ranked No. 3 at 157, took on No. 31 Conner Harer. Kasak scored first, scrambling to a takedown and a 3-0 lead at the 1:42 mark. The Nittany Lion sophomore controlled the action on top, building up riding time through the 1:00 mark. Kasak continued to control from the top position on the outside circle and finished off the rideout to lead 3-0 with 1:42 in time after the opening period. Kasak chose neutral to start the second period. Kasak worked Harer towards the outside circle as the clock ticked past 1:00. The Nittany Lion paced on the Rutgers logo and worked on offense, but Harer defended his way through the period. Trailing 3-0, Harer chose down to start the third period and Kasak went to work on top. Kasak worked forced a stall warning at 1:30 while working for back points. With riding time clinched after a reset at 1:18, Kasak continued to work for a turn, but Harer was able to stay flat. Kasak finished the period on top and, with 3:42 in riding time, posted the strong 4-0 win.

165: Sophomore Mitchell Mesenbrink, ranked No. 1 at 165, met No. 26 Anthony White. Mesenbrink scored first, taking white down off the opening whistle to lead 3-0 just :13 into the bout. White escaped to a 3-1 score and Mesenbrink quickly took him down once more to lead 6-1 at 1:42. Mesenbrink forced a stall warning at 1:25 while trying to turn White. He turned the Knight once but White rolled through the move. Mesenbrink picked up a stall point at and two near fall points at the buzzer to lead 9-1 after one. Mesenbrink chose down to start the second period and quickly escaped to a 10-1 lead. White turned a low single into a scramble, but Mesenbrink fought off the move and eventually scrambled his way to another takedown and 13-1 lead at 1:02. Mesenbrink continued to work on offense, looking for a turn. He finished the period on top and led 13-1 with 3:22 in time after two. White chose down to start the third and Mesenbrink cut him loose to lead 16-3 at 1:20. Mesenbrink ended the match with a final takedown, rolling to a 19-3 tech fall at 6:30.

174: Junior Levi Haines, ranked No. 2 at 174, battled No. 22 Jackson Turley. Haines forced an early scramble, using a high double, eventually finishing off the takedown to lead 3-0 at 2:09. Haines built up riding time with strong work on top, looking to turn Turley. Turley worked his way to an escape at :35 and Haines led 3-1 with 1:24 in riding time after one. Haines chose down to start the second period and quickly escaped to a 4-1 lead. Haines worked the center of the mat after his escape and the clock moved past 1:00. Haines rolled through a low shot, but Turley scrambled his way out of bounds with :26 on the clock. Haines led 4-1 with 1:09 riding time after two. Turley chose down to start the third period and Haines went to work on top, adding to his riding time edge. Turley escaped to a 4-2 score and Haines had riding time clinched with 1:04 on the clock. Haines shot low at :35 but the scramble ended in potentially dangerous at :15. Haines, with 1:57, posted the 5-2 win.

184: Graduate Carter Starocci, ranked No. 1 at 184, faced No. 18 Shane Cartagena-Walsh. Starocci set a fast tempo from the start, forcing the Knight wrestler backwards through 2:00 of neutral action. He forced a first stall at :45 and then took a 3-0 lead with a takedown at :41. Starocci maintained control on top for the rest of the period and led 3-0 with :41 in time after one. Starocci chose down to start the second period and quickly escaped to a 4-0 lead. The Nittany Lion grad student continued to press the Knight backwards, keeping Cartagena-Walsh working on the outside circle through the 1:00 mark. Starocci snapped a low double into a takedown and a 7-0 lead at :22. He led 7-0 with 1:00 in riding time after another ride out heading to the third period. Cartagena-Walsh chose neutral to start the third period. Starocci picked up a third takedown and cut the Knight loose to a 10-1 lead. Starocci picked up another takedown and cut and led 14-2, then 15-2 on another stall. Starocci chased Cartagena-Walsh around for the final seconds, forcing a fourth stall call and the two points gave Starocci the 17-2 tech fall at 6:58.

197: Redshirt freshman Josh Barr, ranked No. 4 at 197, met No. 16 John Poznanski. Barr controlled the center of the mat as he battled the Rutgers senior through the opening minutes in neutral. Poznanski played defense while Barr pressed the Knight backwards as the clock hit :45. Barr worked Poznanski backwards and turned a low single into a late scoring chance, but time ran out and the bout moved to the second tied 0-0. Poznanski chose down to start the second period. Barr controlled the action on top, building up solid riding time while Poznanski tried to slide out of bounds. The Lion freshman dominated action on offense, working the clock down below 1:00. Barr finished the second on top, although he gave up one stall warning. Tied 0-0, Barr chose down to start the third period and quickly escaped to a 1-0 lead with 1:56 in time. He immediately went to work on offense and took a 4-0 lead with a takedown on the edge of the mat. Barr cut Poznanski loose, moved in on another single and opened up a 7-2 lead after another cut. Barr went on a furious run and finished off a sizzling third period with 22 points. He tallied seven takedowns and an escape in the final three minutes and posted a 22-6 tech fall at 6:19.

285: Senior+ Greg Kerkvliet, ranked No. 2 at 285, battled No. 7 Yaraslau Slavikouski. The duo battled evenly over the first minute, but Kerkvliet began to press on offense at 1:30. He forced Slavikouski into a stall warning at :55. The first period ended in a 0-0 tie. Kerkvliet chose down to start the second period and quickly escaped to a 1-0 lead. The Nittany Lion big man held his position through the 1:00 mark, looking for an opening but Slavikouski was able to play defense and keep the bout scoreless. Kerkvliet continued to shoot the Knight backwards as the clock hit :30 but settled for a 1-0 lead after two. Trailing by one, Slavikouski chose neutral to start the third period. Kerkvliet moved in on offense and shot Slavikouski out of bounds for a second stall and a 2-0 lead. Rutgers challenged the stall, but it was confirmed after review. Kerkvliet maintained his position on the RU logo as the clock slid through 1:00. Kerkvliet finished the period in neutral and settled for a hard-fought 2-0 win.



## #1 PENN STATE 30, #2 IOWA 8 Friday, Jan. 31, 2025 -- Bryce Jordan Center -- University Park, Pa.

125: #7 Luke Lilledahl PSU tech fall #26 Joey Cruz IOWA, 22-6 (TF; 6:43) 5-0  
133: #3 Drake Ayala IOWA tech fall Kurt McHenry PSU, 19-4 (TF; 3:42) 5-5  
141: #3 Beau Bartlett PSU dec. Cullen Schriever IOWA, 7-3 8-5  
149: #4 Shayne Van Ness PSU maj. dec. #2 Kyle Parco IOWA, 17-6 12-5  
157: #3 Tyler Kasak PSU dec. #1 Jacori Teemer IOWA, 5-2 15-5  
165: #1 Mitchell Mesenbrink PSU TF #2 Mikey Callendo IOWA, 19-4 (TF; 6:24) 20-5  
174: #2 Levi Haines PSU dec. #6 Patrick Kennedy IOWA, 10-3 23-5  
184: #1 Carter Starocci PSU dec. Angelo Ferrari IOWA, 3-1 26-5  
197: #1 Stephen Buchanan IOWA dec. #4 Josh Barr PSU, 5-1 26-8  
285: #2 Greg Kerkvliet PSU maj. dec. #11 Ben Kueter IOWA, 12-2 30-8  
Attendance: 15,998 / Ties NCAA and Penn State all-time record for indoor wrestling dual meet attendance / Penn State v. Iowa 1/27/23 in BJC and Penn State v. Iowa 2/10/18 in BJC (Penn State has wrestled in front of 84 sellouts in its last 88 home events, including 74-straight in Rec Hall and 10 of 14 in the BJC).

The Penn State Nittany Lion wrestling team (10-0, 4-0 B1G) dominated visiting Iowa (9-1, 3-1 B1G) 30-8 in a Big Ten wrestling showdown Friday night. The Nittany Lions won eight of ten matches, including two tech falls and two majors, in front of a record tying sellout crowd in the Bryce Jordan Center.

The event was wrestling in front of 15,998 fans, tying the NCAA and Penn State all-time record for attendance at an indoor wrestling dual with both other marks held by the Nittany Lions (Penn State vs. Iowa 1/27/23 in BJC; Penn State vs. Iowa 2/10/18 in BJC)

The dual began at 125. True freshman Luke Lilledahl, ranked No. 7 at 125, opened up the dual by dominating No. 26 Joey Cruz. Lilledahl tallied seven takedowns in a 22-6 tech fall at the 6:43 mark. Senior Kurt McHenry moved up a weight to 133 with No. 7 Braeden Davis not competing and dropped a 19-4 tech fall to No. 3 Drake Ayala. Senior+ Beau Bartlett, ranked No. 3 at 141, downed Cullen Schriever 7-3 to give the Nittany Lions an 8-5 lead.

Sophomore Shayne Van Ness, ranked No. 4 at 149, thrilled the BJC sellout crowd with a dominant performance over No. 2 Kyle Parco. Van Ness used a takedown and four nearfall points late in the second period to roll to a 17-6 major and put Penn State on top 12-5. Sophomore Tyler Kasak, ranked No. 3 at 157, used a second period takedown and 2:06 in riding time to roll to a strong 5-2 win over NO. 1 Jacori Teemer in the first half's final bout. Penn State led 15-5 at the break.

Sophomore Mitchell Mesenbrink, ranked No. 1 at 165, dominated No. 2 Mikey Callendo, using multiple takedowns and forcing three stalls in a 19-4 technical fall at 6:24. Junior Levi Haines, ranked No. 2 at 174, then downed No. 6 Patrick Kennedy, notching a convincing 10-3 win to give the Nittany Lions a 23-5 lead in the dual meet.

Graduate Carter Starocci, ranked No. 1 at 184, kept Penn State rolling with a 3-1 win over Iowa's Angelo Ferrari to give the Lions a 26-5 lead. Redshirt freshman Josh Barr, ranked No. 4 at 197, battled No. 1 Stephen Buchanan tough but dropped a hard-fought 5-1 decision. Senior Greg Kerkvliet, ranked No. 2 at 285, capped off a dominating team performance with a 12-2 major over No. 11 Ben Kueter. Penn State capped off the dual winning 30-8.

The Nittany Lions won the takedown battle 24-8. Penn State picked up six bonus points off two tech falls (Lilledahl, Mesenbrink) and two majors (Van Ness, Kerkvliet).

### DUAL MEET BOUT-BY-BOU:

125: True freshman Luke Lilledahl, ranked No. 7 at 125, took on No. 26 Joey Cruz. Lilledahl drew first blood, taking Cruz down in the first :45 seconds, nearly picking up back points in the process. Cruz escaped to a 3-1 score and Lilledahl went back to work on offense. Lilledahl called for injury timeout at 1:28 and Cruz took down on the reset. Lilledahl maintained control of the Hawkeye long enough to work his time up over 1:00. He continued his strong ride for the remainder of the period and led 3-1 with 1:49 in time after one. Lilledahl chose down to start the second period and quickly escaped to a 4-1 lead. He moved forward on offense as Cruz backed towards the edge of the mat. Lilledahl countered a slight Cruz single and muscled his way to a second takedown and a 7-1 lead at the 1:02 mark. Lilledahl worked his riding time up over 2:00 and finished the period on top once more to lead 7-1 with 2:44 in time. Cruz chose down to start the third period and Lilledahl cut him loose to a 7-2 score. Lilledahl immediately stormed through another takedown, cut him loose and took him down again to lead 13-4 at 1:30 after another cut. Lilledahl took a 16-4 lead at 1:10, cut Cruz loose to a 16-5 score and forced Cruz into a stall warning at :52. Lilledahl notched another takedown and cut to lead 19-6 at :35. He then finished off the bout with a final takedown to notch the 22-6 technical fall at 6:43.

133: Senior Kurt McHenry moved up a weight to 133 for No. 7 Braeden Davis and met No. 3 Drake Ayala. Ayala drew first blood, taking a 3-1 lead with an early takedown. The Hawkeye wrestler picked up a second takedown at 1:40 to open up a 6-2 lead after a quick McHenry escape. Ayala added a third takedown and led 9-2 after one. Ayala chose down to start the second period and

141: Senior+ Beau Bartlett, ranked No. 3 at 141, battled Cullen Schriever. Bartlett scored quickly, taking Schriever down to open up a 3-1 lead after cutting him loose quickly. Bartlett continued to press forward on offense, but Schriever was able to back towards the outside circle through the 1:00 mark. Bartlett moved back to the center of the mat and turned a fast low shot into a takedown and a 6-1 lead at :42. Bartlett maintained control until Schriever escaped with :11 left, and Bartlett led 6-2 after one. Schriever chose down to start the second period. Bartlett built his riding time up to 1:04 before Schriever escaped to a 6-3 score. Bartlett worked on the Nittany Lion logo as the clock moved past :30. He took two more solid shots that forced Schriever to continue to back away through the period. Leading 6-3, Bartlett chose down to start the third period and quickly escaped to a 7-3 lead. He pressured Schriever backwards through 1:30, forcing the Hawkeye to the outside circle. Bartlett defended two late Schriever shots and finished the match on his feet to notch the 7-3 win.

149: Sophomore Shayne Van Ness, ranked No. 4 at 149, faced No. 2 Kyle Parco. Van Ness came out and quickly blasted through a high shot to take Parco down and open up a 3-1 lead at 2:20. Van Ness countered a Parco shot at 1:45, nearly notching a counter. Parco scrambled out of trouble and action resumed in neutral. Parco took a 4-3 lead with a takedown at 1:01. Van Ness worked his way to an escape

to tie the match at 4-4 with :48 left in the opening period. Tied 4-4, Parco chose down to start the second period and worked his way to a reversal and a 6-4 lead. Van Ness escaped to cut the lead to 6-5 at 1:30. Parco forced a scramble with a low single and Van Ness muscled his way to a stalemate with 1:07 on the clock. Van Ness muscled his way through a high double and took Parco down to take an 8-6 lead. He then turned the Hawkeye for four back points late in the period and led 12-6 after two periods. Leading by six, Van Ness chose down to start the third period and quickly escaped to a 13-6 lead. The duo worked the center circle as the clock moved past 1:15. Van Ness nearly took Parco down with a low double at 1:05 but the Hawkeye was able to escape out of bounds. Van Ness was undaunted, however, and blew through another high shot for another takedown and a 16-6 lead. He worked his riding time up over 1:00 and finished the period on top. With 1:38 in time, Van Ness rolled to the 17-6 major.

157: Tyler Kasak, ranked No. 3 at 157, met No. 1 Jacori Teemer. Kasak fought off an early Teemer push and kept action in neutral through the 2:00 mark. Kasak sidestepped a slight Teemer shot at 1:45 and the duo battled on the Nittany Lion logo through 1:00. Kasak shot twice in the last :40, forcing Teemer into defense for the rest of the period and the bout moved to the second period tied 0-0. Kasak down to start the second period and quickly escaped to a 1-0 lead. He paced in the center of the mat and turned a fast low single into a takedown and a 4-0 lead at 1:20. Kasak controlled the action on top, building up over 1:00 in riding time. Teemer scrambled and kicked his way to an escape to cut the lead to 4-1 with :20 on the clock. Kasak nearly countered a late Teemer shot at :05 but action moved out of bounds and the Lion led 4-1 with 1:03 in time after two. Teemer chose down to start the third period and Kasak maintained control of the Hawkeye, building his riding time up over 2:00 before Teemer escaped to a 4-2 score. Kasak countered a Teemer shot and nearly took him down once more, but Teemer was able to slide out of bounds at :30. Kasak muscled Teemer off his feet and held him for the final seconds of the bout and, with 2:06 in riding time, walked away with the 5-2 win.

165: Mitchell Mesenbrink, ranked No. 1 at 165, took on No. 2 Mikey Callendo. Mesenbrink sidestepped an early Callendo shot and scrambled through another, forcing a stalemate at 2:04. Mesenbrink worked his way in on a high single and rolled through Callendo's defense for a takedown and a 3-0 lead at 1:20. Callendo escaped quickly, and action returned to the middle of the mat. Mesenbrink worked a high shot into a second takedown with :25 on the clock and finished the period on top to lead 6-1 after one. Callendo chose down to start the second period and escaped to a 6-2 score. The Nittany Lion continued to shoot Callendo backwards and scrambled his way to a third takedown with 1:20 left in the period. Leading 9-2, Mesenbrink controlled action on top, building his time edge up well over 1:00 while looking for a turn. He forced a stall at :48 and another at :15 to lead 10-2 with 2:13 in time after two. Mesenbrink chose down to start the third period and worked his way to a reversal and a 12-3 lead after cutting him loose. Mesenbrink added another takedown and led 18-4 late. He forced another stall and posted the 19-4 tech fall at 6:24.

174: Junior Levi Haines, ranked No. 2 at 174, faced off against No. 6 Patrick Kennedy. Haines and Kennedy battled through the first ninety seconds in neutral with neither wrestler gaining an edge. Haines worked to string shots together as the clock moved past :45 but Kennedy's defense was equal to the task. The first period ended in a 0-0 tie. Haines chose down to start the second period and quickly escaped to a 1-0 lead. The duo worked in neutral through the 1:00 mark and then through :30. Haines moved in on a high single at :28 and took a 4-0 lead with a takedown. Haines controlled Kennedy for the rest of the period and carried that lead into the third stanza. Trailing by four, Kennedy chose down to start the third period and escaped to a 4-1 score. Haines worked in neutral and took a 7-1 lead with his second takedown as the clock moved past 1:00. Haines cut Kennedy loose, took him down again and led 10-2 at the :30 mark. Kennedy managed a late escape and Haines posted the strong 10-3 win.

184: Graduate Carter Starocci, ranked No. 1 at 184, met Angelo Ferrari. Starocci controlled his position on the Lion logo, as Ferrari stepped backwards towards the outside circle. Starocci forced the first stall at 2:07. Starocci continued to press Ferrari backwards, fighting off a slight shot at 1:45. Starocci maintained position through the 1:00 mark with Ferrari backing away to the outside circle. Starocci took a 1-0 lead on another Ferrari stall at :22. The Lion then scrambled in on a single, but Ferrari was able to kill the clock. Trailing by one, Ferrari chose down to start the second period. Starocci controlled action with a strong ride, building up over 1:00 in time before Ferrari escaped to a 1-1 tie. Starocci then worked a low single into a scramble, but Ferrari once again defended his way to the end of the period and the bout moved to the second stanza tied 1-1. Starocci chose down to start the third period and escaped to a 2-1 lead with 1:07 in riding time. Ferrari worked his way in on a high single at 1:30 but Starocci forced a stalemate at the 1:08 mark. Starocci worked Ferrari's left leg up off the mat at :20 and the duo battled to a stalemate at the :07 mark. Starocci used 1:07 in riding time for the final point and posted the 3-1 win.

197: Redshirt freshman Josh Barr, ranked No. 4 at 197, faced No. 1 Stephen Buchanan. The duo worked evenly through the first two minutes, battling for position in the middle of the mat. As the clock moved below 1:00, Barr shot, Buchanan countered, and Barr scrambled out of trouble to keep the bout tied 0-0 at :40. The first period ended in a 0-0 tie. Barr chose down to start the second period. Worked his way to his feet and escaped to a 1-0 lead at :52. The duo battled through the rest of the period in neutral and Barr led by one after two. Buchanan chose down to start the third and quickly escaped to a 1-1 tie, maintaining 1:02 in riding time. Barr took a series of shots as the clock moved down to 1:30 and Buchanan defended them. Buchanan forced a scramble at the 1:00 mark and Barr worked his way to a stalemate at :51. Barr chased Buchanan, scrambling for a shot but Buchanan countered for a late takedown to clinch the win. Barr dropped the 5-1 decision.

285: Senior+ Greg Kerkvliet, ranked No. 2 at 285, battled No. 11 Ben Kueter. Kerkvliet stormed through a low double to open up a 3-0 lead at the 2:09 mark. The Nittany Lion senior then broke Kueter down and built up over 1:00 in riding time while looking for a turning combination. Kerkvliet cut Kueter loose at 1:00 and went back to work on offense. Kerkvliet blew through a late high shot at Kueter's waist and finished off the period with a takedown to lead 6-1 with 1:17 in time after one. Kerkvliet worked on top, trying to turn the Hawkeye through 1:00, forcing a stall call at :55. He built his riding time up well over 3:00, clinching the point with a rideout, and led 6-1 after two. Kerkvliet chose down to start the third period and quickly escaped to a 7-1 lead. With time slipping under 1:00, Kerkvliet nearly picked up another takedown at 1:00 but action was called out of bounds. Penn State challenged the call and Kerkvliet picked up a penalty point on fleeing. He added one more takedown and with 3:52 in time, rolled to the 12-2 major.

## #1 PENN STATE 39, #12 MICHIGAN 0 Friday, Feb. 7, 2025 -- Bryce Jordan Center -- University Park, Pa.

125: #7 Luke Lilledahl PSU pinned Christian Tanefeu MICH, WBF (5:38) 6-0  
133: Kyison Garcia PSU dec. Nolan Wertanen MICH, 4-1 9-0  
141: #3 Beau Bartlett PSU dec. #12 Sergio Lemley MICH, 3-2 12-0  
149: #3 Shayne Van Ness PSU dec. Dylan Gilcher MICH, 7-1 15-0  
157: #1 Tyler Kasak PSU dec. Zack Mattin MICH, 7-2 18-0  
165: #1 Mitchell Mesenbrink PSU maj. dec. #10 Beau Mantanona MICH, 18-4 22-0  
174: #2 Levi Haines PSU pinned #29 Joseph Walker MICH, WBF (2:37) 28-0  
184: #1 Carter Starocci PSU tech fall #24 Jaden Bullock MICH, 19-4 (TF; 7:00) 33-0  
197: #4 Josh Barr PSU dec. #2 Jacob Cardenas MICH, 3-2 (TB) 36-0  
285: #2 Greg Kerkvliet PSU dec. #8 Josh Heindselman MICH, 6-0 39-0  
Attendance: 14,355 (Penn State has wrestled in front of 84 sellouts in its last 89 home events, including 74-straight in Rec Hall and 10 of 15 in the BJC).

The Penn State Nittany Lion wrestling team (11-0, 5-0 B1G) shut out visiting Michigan (5-5, 2-5) 39-0 in a second straight dual meet in the Bryce Jordan Center. Penn State won all ten bouts and did not give up a takedown in the lopsided Big Ten win.

The dual began at 125. True freshman Luke Lilledahl, ranked No. 7 at 125, opened up the dual meet with a pin. Lilledahl worked his way to a 10-2 lead over Christian Tanefeu before getting the fall at 5:38. The pin was Lilledahl's first as a Lion. Freshman Kyison Garcia stepped in for No. 7 Braeden Davis at 133 and picked up his first dual meet win as a Nittany Lion with a 4-1 victory over Nolan Wertanen to give the Nittany Lions a 9-0 lead.

Senior+ Beau Bartlett, ranked No. 3 at 141, used a third period reversal and 1:10 in riding time to post a hard-fought 3-2 win over No. 12 Sergio Lemley. Sophomore Shayne Van Ness, ranked No. 3 at 149, tallied two takedowns in a strong 7-1 win over Dylan Gilcher to put the Nittany Lions up 15-0. Sophomore Tyler Kasak, ranked No. 1 at 157, dominated Zack Mattin in the final bout of the first half. Kasak used two takedowns and 2:29 in riding time to post a 7-2 win and the Nittany Lions led 18-0 at the break.

Sophomore Mitchell Mesenbrink, ranked No. 1 at 165, muscled his way to an 18-4 major decision over No. 10 Beau Mantanona with nearly 3:00 in riding time. Mesenbrink's win gave PSU a 22-0 lead. Junior Levi Haines, ranked No. 2 at 174, picked up Penn State's second pin of the dual, this one a first period fall over No. 29 Joseph Walker at the 2:37 mark. Graduate Carter Starocci, ranked No. 1 at 184, dominated No. 24 Jaden Bullock. Starocci picked up five takedowns and forced three stalls on his way to a 19-4 technical fall (7:00 with 3:31 riding time).

Redshirt freshman Josh Barr, ranked No. 4 at 197, battled No. 2 Jacob Cardenas evenly for over 7:00. After a scoreless overtime period, Cardenas took a 2-1 lead in the first tie-breaker session. Barr then took down and scrambled his way to a late reversal at the :05 mark to grab the 3-2 (TB) victory. Senior+ Greg Kerkvliet, ranked No. 2 at 285, used a takedown and a reversal to roll to a 6-0 win over No. 8 Josh Heindselman in the final bout of the evening, clinching the 39-0 shutout victory.

Penn State had 20 takedowns in the dual and did not give up one. The Lions tallied nine bonus points off two pins (Lilledahl, Haines), a tech fall (Starocci) and a major (Mesenbrink). The shutout is the fifth of the season for Penn State.

### DUAL MEET BOUT-BY-BOUT:

125: True freshman Luke Lilledahl, ranked No. 7 at 125, met Christian Tanefeu. Lilledahl forced an early scramble with a high double, eventually gaining control of Tanefeu and taking a 3-0 lead at the 2:00 mark. The Wolverine escaped to a 3-1 score and action resumed in neutral. The duo battled on the lion logo through the :30 mark. Lilledahl took a couple low shots, but Tanefeu was able to back out of his reach and the Lion settled for a 3-1 lead after one. Tanefeu chose neutral to start the second period and escaped to a 3-2 score. The Wolverine worked his way in on a shot but Lilledahl was able to force a stalemate at 1:20. Lilledahl zipped through another high shot and took a 6-2 lead with another takedown with :55 on the clock. Lilledahl controlled action on top for the rest of the period and carried a 6-2 lead with 1:23 in time into the third. Lilledahl chose down to start the third period and quickly escaped to a 7-2 lead, still holding over a minute in riding time. He forced a stall warning and immediately took Tanefeu down to lead 10-2. He quickly locked up a cradle and finished off the bout with a fall at 5:38.

133: Freshman Kyison Garcia stepped in for No. 7 Braeden Davis at 133 and took on Nolan Wertanen. The duo worked in neutral through the 1:10 mark before Garcia connected on a low single. The Lion worked to pull Wertanen in but the Wolverine was able to defend the effort action to keep Garcia off the scoreboard. The first period ended in a scoreless tie. Garcia chose down to start the second period and quickly escaped to a 1-0 lead. The clock ticked below 1:00 in neutral. Garcia began to pressure Wertanen backwards and turned a low single on the edge of the mat to a takedown and a 4-0 lead. Trailing 4-0, Wertanen chose down to start the third period and quickly escaped to a 4-1 score. Garcia snapped down on Wertanen's head and nearly connected again at 1:00 but action moved out of bounds. With the clock sliding past :45, Garcia fought off a slight Wertanen shot and locked up the action, forcing a reset with :20 left in the bout. Garcia finished the match on his feet and posted the 4-1 win.

141: Senior+ Beau Bartlett, ranked No. 3 at 141, battled No. 12 Sergio Lemley. Bartlett worked to control the action, holding position on the Lion logo through the opening minute. Action continued on their feet through one minute and a double stall was called. The first period ended in a 0-0 tie. Lemley chose down to start the second period and worked his way to an escape after :39. Lemley took a slight low shot at :30 that Bartlett stepped back from and the match moved to the second period with Bartlett trailing 1-0. Bartlett chose down to start the third period and muscled his way to a reversal and a 2-1 lead. He controlled Lemley until a stalemate was called at 1:14. Bartlett settled in on offense off the reset, controlling the Wolverine long enough to build his riding time over 1:00. With :40 on the clock, Lemley was able to escape to a 2-2 tie, but Bartlett had 1:10 in time. The Nittany Lion finished the match on his feet and, with riding time, posted the hard fought 3-2 win.

149: Sophomore Shayne Van Ness, ranked No. 3 at 149, met Dylan Gilcher. Van Ness controlled the tempo to start the match, forcing Gilcher to the outside circle as the clock moved below the 1:30 mark. Van Ness continued to pressure Gilcher backwards through 1:00, forcing a stall warning at :50. He then connected on a low single. He maintained connection with Gilcher as he worked to break away and finished off the takedown with :03 left to lead 3-0 after one. Leading by three, Van Ness chose down to start the second period and quickly escaped to a 4-0 lead. Van Ness continued to press Gilcher backwards and,

with :50, turned a low shot into another takedown and a 7-0 lead. He finished the period on top and led 7-0 with :33 in riding time after two periods. Gilcher chose down to start the third period and escaped to a 7-1 score. Van Ness nearly took Gilcher down again at 1:15 but the Wolverine was once again able to slip out of bounds. Van Ness scrambled his way into control on a low single at :55. Gilcher was able to back out of bounds again and kill the clock. Van Ness posted a strong 7-1 win.

157: Sophomore Tyler Kasak, ranked No. 1 at 157, faced off against Zack Mattin. Kasak scored quickly, taking Mattin down to open up a 3-0 lead at the 2:37 mark. He cut Mattin loose after a short ride and led 3-1. Kasak continued to press on offense and took a 6-1 lead with a low shot at 1:05. Kasak controlled action on top, forcing a stall warning with :30. He finished the period on top and led 6-1 with 1:20 in riding time after the opening period. Kasak chose neutral to start the second period. Kasak paced on the Lion logo through the 1:00 mark, looking to score again. Mattin was able to fight off the Lion's efforts, however, and Kasak continued to lead 6-1 with 1:20 in time after two. Mattin chose down to start the third period, Kasak built his riding time edge up over 2:00 with a strong ride. With riding time clinched, Kasak cut Mattin loose at :55, looking for bonus points with another takedown. Kasak was unable to break through Mattin's late defense and, with 2:29 in riding time, notched the convincing 7-2 win.

165: Sophomore Mitchell Mesenbrink, ranked No. 1 at 165, took on No. 10 Beau Mantanona. Mesenbrink worked a high shot into a scramble early in the period and, after :30 of work, took a 3-0 lead with his first takedown of the bout. Mesenbrink built up nearly 1:00 in riding time before Mantanona escaped to a 3-1 score. Mesenbrink nearly turned a scramble into a second takedown late in the period, but action was halted on potentially dangerous the he led 3-1 after one. Mesenbrink chose down to start the second period and quickly escaped to a 4-1 lead. He moved in on another low shot but dangerous was called to again. Mesenbrink forced a first stall at 1:20 and then muscled through a low single for a second takedown and a 7-1 lead. Mesenbrink worked on top for the rest of the period and carried that lead, with 2:01 in time, into the third. Mantanona chose down to start the third and Mesenbrink cut him loose. He took a 10-2 lead at 1:40 with another takedown. After cutting Mantanona loose, he picked up a point on stalling. He took a 14-4 lead with a takedown and cut at :40., then a 17-4 lead at :10 with a final takedown. Mesenbrink added 2:53 in riding time and rolled to the 18-4 major decision.

174: Junior Levi Haines, ranked No. 2 at 174, battled No. 29 Joseph Walker. Haines moved in quickly on offense. He used a low single to gain control of Walker on the edge of the mat and finished off the takedown to lead 3-0 with just under 2:00 remaining in the opening stanza. Haines controlled action on top and ran Walker over to his back, picking up the first period pin at the 2:37 mark.

184: Graduate Carter Starocci, ranked No. 1 at 184, met No. 24 Jaden Bullock. Starocci scored quickly, turning a high single into a double leg lift and a 3-0 lead at 2:32. Starocci nearly picked up back points on the edge of the mat but action moved out of bounds and forced a reset at 1:52. Starocci controlled action on top while trying to turn Bullock through the 1:00 mark. He cut the Wolverines loose at :55 and went back to work on offense. He forced a first stall at :30 and then moved in on a low single, finishing off the takedown with :07 left to lead 6-1 with 1:47 in time after one. Starocci chose down to start the second period and quickly escaped to a 7-1 lead. He snapped a low single and took a 10-1 lead with another takedown with 1:04 on the clock. Starocci cut Bullock loose on a reset and dove through a high double for another takedown and a 13-3 lead. Trailing by ten, Bullock chose down to start the third period. Starocci dominated action on top, picking up a stall point to lead 14-3 while clinching his riding time. A third stall gave Starocci a 15-3 lead. He cut Bullock loose at :30 and then finished off a takedown in the final seconds. His 3:31 in riding time gave Starocci the 19-4 tech fall at 7:00.

197: Redshirt freshman Josh Barr, ranked No. 4 at 197, faced No. 2 Jacob Cardenas. The duo battled evenly in the center of the mat over the first minute plus. Each wrestler defended slight shots from the other as the clock moved below the 1:15 mark. Barr began to pressure Cardenas backwards, nearly connecting on a high shot. Cardenas was able to defend the effort and action moved out of bounds. The first period ended in neutral and in a 0-0 tie. Barr chose down to start the second period and quickly escaped to a 1-0 lead. He moved back to the center of the mat and set up position on the Lion logo. The wrestlers traded quick shots as the clock hit 1:20. Barr and Cardenas worked in neutral for the remainder of the period and Barr carried the one point lead into the third period. Cardenas chose down to start the third period, trailing 1-0. Barr maintained control of the Wolverine for nearly :30 before Cardenas escaped to a 1-1 tie. Barr held position in the center of the mat, taking a series of low fast shots as the clock slipped past the 1:00 mark. Cardenas was able to defend Barr's efforts, and the match moved to sudden victory tied 1-1. Barr took a couple of quick shots and then fought off a lunging Cardenas effort to force a stalemate at 1:27. Barr slipped out of a quick Cardenas shot at 1:10 and action continued in neutral. The match moved to tiebreaker tied 1-1. Cardenas was down for the first tie-breaker session and escaped to a 2-1 lead after just :08. Barr took down for his tiebreaker session needing to escape in :08. Barr was not able to escape quickly but continued to scramble on bottom. With :10 left, he turned into Cardenas with leg control and rolled through for a reversal with just :05 on the clock to secure the 3-2 (TB) win.

285: Senior+ Greg Kerkvliet, ranked No. 2 at 285, battled No. 8 Josh Heindselman. Kerkvliet worked the center of the mat, trying to break through Heindselman's defense for over 1:00. As the Wolverine blocked the Nittany Lion off, Kerkvliet patiently continued to work with low shots. He connected on a single leg at the :45 mark and took a 3-0 lead. Kerkvliet finished the period on top to take that lead into the second stanza. Kerkvliet down to start the second period and quickly reversed Heindselman to lead 5-0. Kerkvliet then went to work on top, looking to turn Heindselman. The Wolverine was able to keep from getting turned but gave up a first stall at :45. Kerkvliet finished the period on top and led 5-0 with 2:27 in time after two. Kerkvliet chose neutral to start the third period. Kerkvliet battled on his feet through the 1:00 mark. Heindselman was able to defend his way to 0:00 on the clock and Kerkvliet, with 3:27 in time, securing a strong 6-0 win.





## #1 PENN STATE 35, MARYLAND 10 Sunday, Feb. 9, 2025 -- Rec Hall -- University Park, Pa.

125: #7 Luke Lilledahl PSU tech fall Tyler Garvin MD, 20-4 (TF; 3:42) 5-0  
133: #11 Braxton Brown MD maj. dec. Kyison Garcia PSU, 9-1 5-4  
141: #3 Beau Bartlett PSU maj. dec. Dario Lemus MD, 17-3 9-4  
149: #3 Shayne Van Ness PSU tech fall #32 Kal Miller MD, 17-2 (TF; 7:00) 14-4  
157: #6 Ethen Miller MD inj. Def. #1 Tyler Kasak PSU, injury default (4:21) 14-10  
165: #1 Mitchell Mesenbrink PSU tech fall Alex Uryniak MD, 18-3 (TF; 4:59) 19-10  
174: #2 Levi Haines PSU dec. Branson John MD, 8-1 22-10  
184: #1 Carter Starocci PSU tech fall #11 Jaxon Smith MD, 20-3 (TF; 6:45) 27-10  
197: #4 Josh Barr PSU tech fall Chase Mielnik MD, 17-2 (TF; 4:36) 32-10  
285: #2 Greg Kerkvliet PSU dec. #12 Seth Nevills MD, 8-3 35-10  
Attendance: 6,275 (Penn State has wrestled in front of 85 sellouts in its last 90 home events, including 75-straight in Rec Hall and 10 of 15 in the BJC)

The Penn State Nittany Lion wrestling team (12-0, 6-0 B1G) dominated visiting Maryland (8-9, 3-4 B1G) 35-10 in Big Ten dual action on Sunday in Rec Hall. Penn State tallied five technical falls in the lopsided victory. The Nittany Lions did not give up a takedown for the second time this weekend.

The dual began at 125. True freshman Luke Lilledahl, ranked No. 7 at 125, dominated Tyler Garvin, ending the match in the second period with a 20-4 technical fall at the 3:42 mark. Freshman Kyison Garcia stepped in for No. 7 Braeden Davis at 133 again and dropped a 9-1 major to No. 11 Braxton Brown. Senior+ Beau Bartlett, ranked No. 3 at 141, extended Penn State's lead with a dominating 17-3 major decision over Dario Lemus. His win put Penn State on top 9-5.

Sophomore Shayne Van Ness, ranked No. 3 at 149, controlled the action against No. 32 Kal Miller in the next match. Van Ness turned Miller multiple times on his way to a 17-2 technical fall with 2:52 riding time, at 7:00. Sophomore Tyler Kasak, ranked No. 1 at 157, was leading No. 6 Ethen Miller late in the second period when he took a third hand to the head and entered concussion protocol. He was unable to continue, and Miller won by injury default at 4:21. Penn State led 14-10 at halftime.

Sophomore Mitchell Mesenbrink, ranked No. 1 at 165, picked up yet another tech fall to open up the second half. Mesenbrink tallied five takedowns in an 18-3 tech fall at 4:59 over Alex Uryniak to give the Nittany Lions a 19-10 lead. Junior Levi Haines, ranked No. 2 at 174, used a second period rideout and a couple takedowns in the third to post an 8-1 win over Branson John.

Graduate Carter Starocci, ranked No. 1 at 184, thoroughly controlled No. 11 Jaxon Smith from start to finish, rolling to a dominating 20-3 tech fall at the 6:45 mark (forcing four stall warnings in the process). Red-shirt freshman Josh Barr, ranked No. 4 at 197, continued Penn State's dominance. Barr used a takedown and near fall late in the second period to seal a 17-2 tech fall over Chase Mielnik and give Penn State a 32-10 lead in the dual. Senior+ Greg Kerkvliet, ranked No. 2 at 285, closed out the dual with a strong 8-3 win over No. 12 Seth Nevills as the Nittany Lions walked away with the lopsided 35-10 dual meet victory.

Penn State won eight of ten bouts and once again did not give up a takedown, owning a 29-0 edge. The Lions picked up 11 bonus points off five tech falls (Lilledahl, Van Ness, Mesenbrink, Smith, Barr) and one major (Bartlett).

### DUAL MEET BOUT-BY-BOU

125: True freshman Luke Lilledahl, ranked No. 7 at 125, met Tyler Garvin. Lilledahl came out of the gates hot, taking Garvin down in less than :20 for an early 3-0 lead. Lilledahl controlled action from the top position for :40 before cutting Garvin loose to a 3-1 score. Lilledahl caught Garvin on his feet, taking him to his back for three and four to lead 10-2 after quickly cutting him again. Lilledahl picked up a third takedown to open up a 13-2 lead with 1:05 on the clock. He forced a first stall while building his time up near 2:00. Lilledahl finished the period on top and led 13-2 with 2:16 in riding time after the opening period. Garvin chose down to start the second period and Lilledahl cut him loose to a 13-3 score. Lilledahl snapped a low single into another takedown at the 1:50 mark to up his lead to 16-3. He cut the Terrapin loose once more, picked up a stall point and then ended the match with a final takedown, notching the 20-4 tech fall at 3:42.

133: Freshman Kyison Garcia got the nod once again for No. 7 Braeden Davis at 133 and took on No. 11 Braxton Brown. Garcia worked a high single into a scramble out of the gates, but Brown was able to fight off the effort and force a reset at the 2:00 mark. Garcia continued to pace the center of the mat, working in neutral on the Nittany Lion logo. Garcia battled Brown in neutral for the rest of the period and the bout moved to the second period tied 0-0. Brown chose down to start the second period and scrambled his way to a reversal and a 2-0 lead. Garcia nearly reversed the Terrapin at 1:30 but settled for an escape and a 2-1 score. Brown took a slight high shot that Garcia countered and defended, staying neutral through :30. Trailing 2-1 after two, Garcia chose down to start the third period. Brown was able to turn Garcia for two near fall points to up his lead to 4-1 at 1:40. He reset and turned him once more for four points and the Lion freshman trailed 8-1 at the 1:10 mark. Garcia gave up a stall warning with :50 on the clock. Brown finished the bout on top and, with 2:22 in riding time, posted the 9-1 major decision.

141: Senior+ Beau Bartlett, ranked No. 3 at 141, battled Dario Lemus. Bartlett scored in just seconds, taking a 3-0 lead at 2:53. He went to work on top, working to turn Lemus while building up a time edge. Bartlett hit the 1:00 mark in riding time before Lemus escaped to a 3-1 score. Bartlett forced a scramble with another lower shot, finished off the takedown and then turned the Terrapin for two back points to lead 8-1 at 1:30. Bartlett maintained control for the rest of the period and carried that 8-1 lead, and 2:19 in riding time, into the second period. Bartlett chose down to start the second period and quickly escaped to a 9-1 lead. He worked the clock down to :30 in neutral and muscled Lemus to the mat for a last second takedown to lead 12-1 after two. Lemus chose down to start the third period and Bartlett cut him loose to a 12-2 score. Bartlett snapped Lemus to the mat for a quick takedown and cut at 1:30 to lead 16-3. As the clock hit :45, Bartlett picked up a stall point and nearly ended the match with a low single. Lemus forced a reset at :28 and, with 2:17 in riding time, posted the 17-3 major decision.

149: Sophomore Shayne Van Ness, ranked No. 3 at 149, met No. 32 Kal Miller. Van Ness fought off an early Miller shot early on to keep the match scoreless less than a minute into the bout. He then scrambled for a takedown to lead 3-0 at the 1:00 mark. After resetting on top, Van Ness turned Miller for four back points and a 7-0 lead with :30 on the clock. Miller escaped as the period ended and Van Ness led 7-1 with 1:22 in time after one. Van Ness chose down to start the second period and escaped to an 8-1 lead in the opening seconds. Miller got hit with stalling shortly after and Van Ness moved in on a low double, setting up a scramble on the Penn State logo. Miller forced a stalemate at :29. Van Ness almost worked a

low single into another takedown, but time ran out in the period. Miller chose down to start the third period. Van Ness picked up a stall point and then turned Miller to his back for four back points. Van Ness worked the fall over the last :35, but never got the call and, with 2:52 riding time, posted the 17-2 tech fall at 7:00 (on riding time).

157: Sophomore Tyler Kasak, ranked No. 1 at 157, faced off against No. 6 Ethen Miller. The duo battled for control of the center of the mat over the first minute. Kasak pressed forward while Miller blocked the Lion off to keep the match scoreless. Kasak maintained his position on the Lion logo over the course of the opening period and the first stanza ended in a scoreless tie. Kasak chose down to start the second period and quickly escaped to a 1-0 lead. Miller continued to step away from contact as Kasak pressed in on offense. Kasak forced a first stall at 1:10. Miller nearly connected on a high single but Kasak was able to kick his way out of trouble and maintain neutral at :30. Kasak took a Miller shot to the head for the third time late in the second period forcing a stoppage in the action for concussion protocol. The Nittany Lion sophomore was unable to continue, and Miller won by injury default at 4:21 with Kasak leading 1-0 at the time.

165: Sophomore Mitchell Mesenbrink, ranked No. 1 at 165, took on Alex Uryniak. Mesenbrink scored quickly, taking the Terrapin down for a 3-0 lead just :20 into the bout. He cut Uryniak loose and quickly moved in for a second takedown and a 6-1 lead at 1:45. Mesenbrink controlled the action on top to the 1:10 mark before cutting Uryniak loose on a reset. Mesenbrink countered a slight Maryland shot for a 9-2 lead at :48. He forced a first stall warning and finished the period on top to lead 9-2 with 2:09 in riding time after one. Mesenbrink chose down to start the second period and picked up a point on locked hands to lead 10-2. He escaped to an 11-2 lead and countered another shot for a takedown of his own and a 14-2 lead with 1:25 on the clock. Mesenbrink picked up another point on stalling before Uryniak escaped with :10 left. Mesenbrink finished off the match with a final takedown with just :01 on the clock, posting the 18-3 tech fall at 4:59.

174: Junior Levi Haines, ranked No. 2 at 174, battled Branson John. The duo battled evenly in neutral for the majority of the first period with neither wrestler able to find any footing on offense. The first period ended in a scoreless tie. John chose down to start the second period and Haines went to work on top. The Lion junior put together a strong ride, looking to turn John for nearfall. Haines worked his riding time up over 1:00. He forced John into a stall warning at :30 and then was hit with stalling at :22. Haines finished off the period in control for the full rideout. Tied 0-0, Haines chose down to pull Smith down to the mat and quickly escaped to a 1-0 lead. John worked his way in on a high single and Haines muscled his way through the move. He countered the action, worked low control into a takedown and led 4-0 at 1:12 with over 2:00 in riding time. John picked up an escape at the :45 mark and Haines took him down for a 7-1 lead with :20 on the clock. The Lion junior finished the period on top and, with 2:35 riding time, rolled to the 8-1 win.

184: Graduate Carter Starocci, ranked No. 1 at 184, met No. 11 Jaxon Smith. Starocci scored quickly, taking Smith down for an early 3-0 lead less than :30 into the bout. Starocci controlled action from the top position, building up riding time to :52 before cutting Smith loose to a 3-1 score. Starocci forced a stall warning at 1:32 and went back to work in the center of the mat. Starocci continued to chase down as the Terrapin continued to back away. Starocci used a fast low single to pull Smith down to the mat and pick up a second takedown at :20. Starocci finished the period on top and led 6-1 with 1:21 in riding time after one. Starocci chose down to start the second period and quickly escaped to a 7-1 lead. He immediately turned in on Smith to gain control of his right ankle. Smith was able to escape out of bounds at 1:07 to send action back to the center of the mat. Starocci picked up a stall point at :45 and then took Smith down with a low double on the outside circle to up his lead to 11-1. He cut Smith loose and the quickly took him down once more to lead 14-2 with :23 left in the period. Smith chose down to start the third period. Starocci worked his riding time edge over 2:00. He picked up another stall point and then cut Smith loose to a 15-3 lead at 1:12. Starocci picked up two more points on yet another stall to lead 17-3 and then finished off the technical fall with a final takedown to win 20-3 at 6:45.

197: Redshirt freshman Josh Barr, ranked No. 4 at 197, faced Chase Mielnik. Barr scored first, taking Mielnik down for a 3-0 lead less than 1:00 into the match. Barr built up 1:04 riding time before Mielnik escaped to a 3-1 score. Mielnik worked in on a high shot at 1:00 but Barr deftly countered the move and worked his way around Mielnik for a second takedown and a 6-1 lead. He finished the period on top. Leading 6-1, Barr chose down to start the second period and quickly escaped to a 7-1 lead. He almost muscled a low single into another takedown to lead 10-1 with 1:10 on the clock. Mielnik escaped and Barr quickly took him down and then turned him to his back for four back points to end the match. Barr's quick flurry gave him a 17-2 technical fall at the 4:36 mark.

285: Senior+ Greg Kerkvliet, ranked No. 2 at 285, battled No. 12 Seth Nevills. Kerkvliet worked to control the action on his feet, holding court on the Nittany Lion logo center mat. The Lion senior continued to shoot low shots, forcing Nevills into defense as the clock moved towards 1:00. Kerkvliet turned a low single into a scramble at the :45 mark, finishing off the takedown for a 3-0 lead seconds later. He finished the period on top and led 3-0 with :31 in riding time after one. Kerkvliet chose down to start the second period and quickly escaped to a 4-0 lead. Kerkvliet muscled through a low shot for a second takedown to up his lead to 7-1 midway through the period. Nevills escaped to a 7-2 score and Kerkvliet led by five after two periods. Trailing 7-2, Nevills chose down to start the third period. Kerkvliet built his riding time advantage up over 1:00 before Nevills escaped to a 7-3 score. Kerkvliet controlled position in the middle of the mat as time dipped below 1:00. Kerkvliet finished the period in neutral and, with 1:06 in riding time, posted the 8-3 win.

## #1 PENN STATE 27, #6 OHIO STATE 13 Friday, Feb. 14, 2025 -- Columbus, Ohio

|   |       |
|---|-------|
| 125: #21 Brendan McCrone OSU pinned #7 Luke Lilledahl PSU, LBF (3:58)         | 0-6   |
| 133: #8 Braeden Davis PSU dec. #11 Nic Bouzakis OSU, 8-5                      | 3-6   |
| 141: #3 Beau Bartlett PSU dec. #1 Jesse Mendez OSU, 4-2                       | 6-6   |
| 149: #2 Shayne Van Ness PSU dec. #7 Dylan D'Emilio OSU, 4-2                   | 9-6   |
| 157: Brandon Cannon OSU maj. dec. Joe Sealey PSU, 10-1                        | 9-10  |
| 165: #1 Mitchell Mesenbrink PSU tech fall Brock Herman OSU, 19-4 (TF; 4:39)   | 14-10 |
| 174: #2 Levi Haines PSU dec. #5 Carson Kharchla OSU, 6-4                      | 17-10 |
| 184: #1 Carter Starocci PSU tech fall #19 Ryder Rogotzke OSU, 22-7 (TF; 7:00) | 22-10 |
| 197: #3 Josh Barr PSU tech fall #23 Seth Shumate OSU, 20-5 (TF; 7:00)         | 27-10 |
| 285: #9 Nick Feldman OSU dec. Cole Mirasola PSU, 10-3                         | 27-13 |

The Penn State Nittany Lion wrestling team (13-0, 7-0 B1G) rolled over Ohio State (13-3, 5-3 B1G) 27-13 in a Big Ten road dual on Friday night. Penn State rode the momentum of three technical falls to the win in Columbus. The dual was wrestled in front of a sellout crowd of 4,494 in Ohio State's Covelli Center.

The dual began at 125. True freshman Luke Lilledahl, ranked No. 7 at 125, was leading 6-2 midway through the second period when No. 21 Brendan McCrone connected on a cradle to get the pin at 3:58 and put Ohio State on top 6-0 early. Sophomore Braeden Davis, ranked No. 8 at 133, returned to action and posted a strong 8-5 win over No. 11 Nic Bouzakis, using takedowns in the second and third to grab the victory.

Senior+ Beau Bartlett, ranked No. 3 at 141, took down No. 1 Jesse Mendez in late in the first period and rode it to a 4-2 win over the Buckeye, tying the dual meet at 6-6. Sophomore Shayne Van Ness, ranked No. 2 at 149, battled No. 7 Dylan D'Emilio for seven minutes and used a last second takedown to break a 1-1 tie and post a 4-2 victory to put Penn State back on top in the dual. With No. 1 Tyler Kasak not competing, true freshman Joe Sealey made his Nittany Lion season debut at 157. He dropped a tough 10-1 bout to Brandon Cannon and the Nittany Lions trailed 10-9 at halftime.

Sophomore Mitchell Mesenbrink, ranked No. 1 at 165, zipped through five takedowns in the first period and forced three stalls to roll to a 19-4 technical fall (4:39) over Brock Herman to start the second half. Junior Levi Haines, ranked No. 2 at 174, battled back from a first period deficit, using a takedown midway through the third period to notch a hard fought 6-4 win over No. 5 Carson Kharchla. Haines' win put the Nittany Lions up 17-10.

Graduate Carter Starocci, ranked No. 1 at 184, dominated No. 19 Ryder Rogotzke, rolling up seven takedowns in a resounding 22-7 tech fall, getting the tech with 2:02 riding time at 7:00. Redshirt freshman Josh Barr, ranked No. 3 at 197, mirrored Starocci's performance with his own tech fall. Barr had six takedowns, five in the third period, to roll to a 20-5 tech at 7:00 (with 1:24 in riding time). Barr's win put Penn State up 27-10. With No. 2 Greg Kerkvliet not competing at 285, true freshman Cole Mirasola made his Penn State dual meet debut against No. 9 Nick Feldman. Mirasola battled Feldman tough but dropped a 10-3 decision and Penn State walked away with a strong 27-13 dual meet victory.

The Nittany Lions dominated the dual meet, posting a 25-6 takedown edge while winning seven bouts. Penn State tallied six bonus points off three technical falls (Mesenbrink, Starocci, Barr).

### DUAL MEET BOUT-BY-BOUT:

125: True freshman Luke Lilledahl, ranked No. 7 at 125, battled No. 21 Brendan McCrone. Lilledahl scored first, taking McCrone down with a low double at the 2:05 mark to open up a 3-0 lead. Lilledahl controlled action on top for over a minute to build up a riding time edge. He cut McCrone loose at the 1:00 mark and went back to work on offense. Lilledahl quickly napped an ankle with a low double to lead 6-2 at :45 after a quick McCrone escape. Lilledahl forced a late scramble with another shot, but McCrone defended till the end of the period and Lilledahl led 6-2 with 1:17 in time after one. Lilledahl chose down to start the second period. McCrone controlled the action on top for a minute and then locked up a cradle to end the match by fall over Lilledahl at 3:58.

133: Sophomore Braeden Davis, ranked No. 8 at 133, met No. 11 Nic Bouzakis. Davis and Bouzakis worked the middle of the mat for a minute with a stalemate stopping things at 2:10. Davis fought off three Bouzakis throws as the clock hit 1:30. Bouzakis forced a scramble at the 1:15 mark and Davis fought off the move for over a minute, holding tight to Bouzakis' leg and forcing a stalemate at the :16 mark. Bouzakis chose down to start the second period with the match scoreless and escaped to a 1-0 lead after :30. Davis connected on a low single, forcing a scramble on the Buckeye logo and finishing off the takedown to lead 3-1 at :45. During the scramble, Bouzakis was awarded a reversal and two nearfall but Davis was able to maintain control and Penn State challenged the nearfall in the scramble. The nearfall was saved off and Davis and Bouzakis were tied 3-3 after two periods. Davis chose down to start the third period and quickly escaped to a 4-3 lead. Davis moved in on a low shot and notched a second takedown to up his lead to 7-3. Bouzakis managed another reversal and Davis escaped to an 8-5 lead. He fought off a late Buckeye shot and posted the hard fought 8-5 win.

141: Senior+ Beau Bartlett, ranked No. 3 at 141, took on No. 1 Jesse Mendez. Mendez worked his way in on a high shot at the 2:30 mark and Bartlett muscled his way out of trouble to keep action in neutral through the 2:00. Bartlett maintained position in the middle of the mat as he and Mendez worked through 1:00 on their feet. Bartlett muscled Mendez to the mat, worked to control of his shoulders and finished off a takedown on the edge of the mat with :19 on the clock. He finished the period on top and carried a 3-0 lead into the second. Bartlett chose down to start the second period and quickly escaped to a 4-0 lead. The duo worked the center of the mat as the clock slid past 1:00. Bartlett maintained his position in neutral through the end of the period and led 4-0 after two. Trailing by four, Mendez chose down to start the third and quickly escaped to a 4-1 score. Bartlett worked his way in on a high single and forced a scramble that nearly led to danger and a takedown. But Mendez fought the effort off, and a stalemate was called at 1:05. Bartlett fought off a quick Mendez shot at :35, giving up a stall warning in the process. Bartlett gave up a stall point at :05 but walked away with a strong 4-2 win.

149: Sophomore Shayne Van Ness, ranked No. 2 at 149, faced No. 7 Dylan D'Emilio. The duo worked in neutral through the opening minute. Van Ness fought off a solid D'Emilio shot at the 1:50 mark and then the Buckeye returned the favor, fighting off Van Ness moves at 1:30 and another at 1:07. Van Ness worked the center of the mat through the remainder of the period and the bout moved to the second period tied 0-0. D'Emilio chose down to start the second period and quickly escaped to a 1-0 lead. D'Emilio shot high to Van Ness' right leg and the Lion forced a stalemate at 1:22. D'Emilio used a high double to lift Van Ness

and return him to the mat but Van Ness deftly rolled through the effort and forced a stalemate with 1:00 left in the period. Van Ness, trailing 1-0 after two periods, chose down to begin the third. He worked his way to his feet, tied the score at 1-1 and then moved in on high shot. He nearly took D'Emilio down, but the Buckeye scrambled his way out of bounds at 1:17. Van Ness countered a slight D'Emilio shot at :30, worked his way into control at the :08 mark for the winning takedown. He gave up a locked hands point in the final seconds but walked away with a hard fought 4-2 victory.

157: With No. 1 Tyler Kasak not competing, true freshman Joe Sealey got the call at 157, making his Penn State debut against Brandon Cannon. Sealey, wrestling in his first match of the season, worked the center of the mat. Cannon managed a takedown at the 2:11 mark to open up a 3-1 lead after a quick Sealey escape. The duo worked in neutral through the 1:00 mark. Sealey controlled the pace and action as he looked to snap Cannon's head down and move in on offense. The first ended in neutral and Sealey trailed 3-1 after one. The Nittany Lion freshman chose down to start the second period. He gave up a stall warning as Cannon worked the clock down to the 1:00 mark. Cannon managed to maintain control of Sealey for the period and also picked up a stall point to lead 4-1 after two. Cannon chose down to start the third and Sealey cut him loose to a 5-1 score. Cannon turned a quick low shot into another takedown to up his lead to 8-1 with riding time clinched.

165: Sophomore Mitchell Mesenbrink, ranked No. 1 at 165, took on Brock Herman. Mesenbrink scored quickly, turning a low shot into a takedown and a 3-0 lead at 2:48. The Nittany Lion sophomore built up :46 in riding time before blood time stopped the action with 2:02 on the clock. Mesenbrink cut Herman loose after the restart and moved in on another single. He finished off the takedown to lead 6-1 at 1:30 and built his riding time up over 1:00 with a strong ride. Mesenbrink cut Herman loose once more at 1:00 and went back to work on offense. He took him down quickly and cut him loose to a 9-3 lead. Mesenbrink took a 12-3 lead with another score, cut the Buckeye loose with :15 left and added a final late takedown to lead 15-4 after one period. Mesenbrink chose down to start the second period and quickly reversed Herman to lead 17-4. He picked up a stall point at 1:24, upping his margin to 18-4. Mesenbrink controlled action on top, building his time up well over 2:00 while looking for a turn. The Nittany Lion forced one more stall warning and ended the match with a 19-4 technical fall at 4:39.

174: Junior Levi Haines, ranked No. 2 at 174, met No. 5 Carson Kharchla. Kharchla worked his way in on low shot, forcing a scramble that lasted through the 2:00 mark. The Buckeye finished off the takedown and led 3-1 after a quick Haines escape at 1:30. Haines Kharchla connected on another high single and Haines forced a stalemate at :46. The first period ended in neutral and Haines trailed 3-1 after one. Haines chose down to start the second period and quickly escaped to a 3-2 score. Haines began working quick singles and Kharchla defended the efforts as the clock moved below 1:00. Kharchla countered a Haines shot at :50 and Haines forced a stalemate with :37 left in the period. Leading 3-2 after two, Kharchla chose down to start the third period and escaped to a 4-2 lead. Haines Haines scrambled his way through a shot and took a 5-4 lead with a takedown at 1:15. He then worked to turn the Buckeye to his back as the clock hit :40. Haines controlled the action on top, looking to turn Kharchla and building his riding time up over 1:00. He finished the period on top and, with 1:08 in time, posted the 6-4 win.

184: Graduate Carter Starocci, ranked No. 1 at 184, battled No. 19 Ryder Rogotzke. Starocci moved through a low shot at 2:30 and Rogotzke was able to scramble his way to a stoppage. The duo worked in neutral with Starocci forcing the Buckeye towards the outside circle before he slid down and nabbed both Buckeye ankles for a takedown and a 3-0 lead with 1:25 on the clock. Starocci cut the Buckeye loose on a reset and went back to work on offense. He used a low shot for control and took a 6-1 lead at the :30 mark. Rogotzke managed a late escape and Starocci led 6-2 after one. Rogotzke chose down to start the second, Starocci let him loose and immediately moved in for a third takedown and a 9-3 lead. Starocci, after another cut, muscled Rogotzke to the mat for a fourth takedown and a 12-4 lead with 1:00 left in the period. He built his time up to 1:30 before cutting the Buckeye loose on a reset with :35 left in the period. Starocci took a 15-5 lead with a fifth takedown, cut him loose at :15 and led 15-6 after two periods. Starocci chose neutral to start the third period. Starocci took an 18-6 lead at 1:30, cut Rogotzke loose and went back to work on offense. Starocci took a high shot and finished off a takedown at :10. He finished the period on top and, with 2:05 in time, posted the 22-7 tech fall at 7:00.

197: Redshirt freshman Josh Barr, ranked No. 3 at 197, faced No. 23 Seth Shumate. The duo battled evenly for the opening minute-plus, with Barr looking to hold position on the Buckeye log. Shumate fought off two Barr shots as time slipped past 1:00 to keep the match scoreless. The first period ended in a scoreless tie. Barr chose down to start the second period and quickly escaped to a 1-0 lead. Barr began pressing Shumate backwards, with the Buckeye scrambling away from the Lion's shots. Barr turned a low single into a scramble with 1:20 on the clock and took a 4-0 lead with a takedown at :58. Barr broke Shumate down on a reset with :35 on the clock and finished the period on top to lead 4-0 with :49 riding time after two. Trailing by four, Shumate chose down to start the third period and escaped to a 4-1 score. Barr moved back in on offense and zipped through a fast, low double on the edge of the mat for another takedown to lead 7-2 after cutting Shumate loose. He added two more takedowns in the next :40 to lead 13-4 at :45. Barr upped his lead to 16-5 lead with another takedown and then picked up a final takedown with :03 left in the bout. He added 1:24 in riding time, and with the bonus point, notched the strong 20-5 tech fall at 7:00.

285: With No. 2 Greg Kerkvliet not competing, true freshman Cole Mirasola made his Penn State dual meet debut and took on No. 9 Nick Feldman. Feldman scored quickly, using a high shot to take a 3-1 lead after a quick Mirasola escape. Mirasola nearly connected on a low single shortly after that but Feldman countered his way to stoppage and the match continued in neutral. The duo finished the period in neutral and Mirasola trailed 3-1 after the opening stanza, with Mirasola nearly connecting on a late shot (with time running out). Feldman chose down to start the second period and escaped to a 4-1 lead. Feldman connected on a low single at 1:40 and took a 7-1 lead. Mirasola escaped to a 7-2 score with 1:12 on the clock. Mirasola and Feldman battled in neutral for the rest of the period and the Nittany Lion trailed by five after two. Mirasola chose down to start the third period and escaped to a 7-3 score at 1:32. Mirasola turned a low shot into a scramble with :30 left in the bout but Feldman countered for a takedown and a 10-3 win.



## #1 PENN STATE 29, #19 ILLINOIS 9 Sunday, Feb. 16, 2025 -- Champaign, Ill.

|  |      |
|--|------|
| 125: #7 Luke Lilledahl PSU tech fall Caelen Riley ILL, 19-3 (TF; 4:19) | 5-0  |
| 133: #4 Lucas Byrd ILL dec. #8 Braeden Davis PSU, 7-1                  | 5-3  |
| 141: #3 Beau Bartlett PSU dec. #17 Danny Pucino ILL, 9-2               | 8-3  |
| 149: #2 Shayne Van Ness PSU maj. dec. #14 Kannon Webster ILL, 15-4     | 12-3 |
| 157: #30 Jason Kraisser ILL dec. Joe Sealey PSU, 2-1                   | 12-6 |
| 165: #1 Mitchell Mesenbrink PSU maj. dec. #14 Braeden Scoles ILL, 10-1 | 16-6 |
| 174: #2 Levi Haines PSU dec. #23 Danny Braunagel ILL, 5-1              | 19-6 |
| 184: #1 Carter Starocci PSU WB disq. #12 Edmond Ruth ILL, DQ (6:43)    | 25-6 |
| 197: #3 Josh Barr PSU maj. dec. #17 Zac Braunagel ILL, 15-4            | 29-6 |
| 285: #10 Luke Luffman ILL dec. Cole Mirasola PSU, 4-0                  | 29-9 |
| Attendance: 2,136  |      |

The Penn State Nittany Lion wrestling team (14-0, 8-0 B1G) dominated homestanding Illinois (9-4, 4-4 B1G) 29-9 on Sunday to wrap up the Big Ten portion of its dual schedule unbeaten. Penn State finished the Big Ten season with an 8-0 mark and won the 2025 Big Ten Regular Season (dual meet) Championship.

This year's regular season crown is the 11th in Penn State history (all since head coach Cael Sanderson's arrival) and the fifth straight. The 2025 Big Ten Championship will be contested, and crowned, at the 2025 Big Ten Championship Tournament on March 8-9 at Northwestern.

The dual began at 125. True freshman Luke Lilledahl, ranked No. 7 at 125, opened the dual meet with a dominant 19-3 technical fall over Caelen Riley at 4:19. Sophomore Braeden Davis, ranked No. 8 at 133, dropped a tough 7-1 decision to No. 4 Lucas Byrd in the next bout and Penn State led the dual 5-3 after two matches. Senior+ Beau Bartlett, ranked No. 3 at 141, turned a five-point first period into a dominating 9-2 win over No. 17 Danny Pucino to give the Nittany Lions an 8-3 lead.

Sophomore Shayne Van Ness, ranked No. 2 at 149, tallied four takedowns to dominate No. 14 Kannon Webster. Van Ness, with 2:07 in riding time, rolled to a 15-4 major decision. With No. 1 Tyler Kasak not competing, true freshman Joe Sealey wrestled again at 157. Sealey battled the ranked Illini evenly. Sealey, tied 1-1 but giving up riding time late in the bout, took Kraisser down on the edge of the mat to take a 4-1 lead. But after an Illinois challenge and a long review the call was reversed, and the Nittany Lion freshman dropped a tough 2-1 decision on 1:04 riding time. Penn State led 12-6 at the half.

Sophomore Mitchell Mesenbrink, ranked No. 1 at 165, forced three early stall warnings on No. 14 Braeden Scoles and chased the Illini down for a strong 10-1 major decision (with 2:23 in riding time). Junior Levi Haines, ranked No. 2 at 174, used a first period takedown, an escape and riding time to post a 5-1 win over No. 23 Danny Braunagel, giving the Nittany Lions a 19-6 lead. Graduate Carter Starocci, ranked No. 1 at 184, worked up a 17-4 lead on No. 12 Edmond Ruth late in the third period and then won by disqualification after forcing a sixth stall warning at 6:43.

Redshirt freshman Josh Barr, ranked No. 3 at 197, dominated No. 17 Zac Braunagel, using four takedowns and over 2:00 in riding time to roll to a 15-4 major decision and give the Nittany Lions a 29-6 lead. With No. 2 Greg Kerkvliet not competing, true freshman Cole Mirasola stepped in once more. Mirasola battled the ranked Illini tough but lost a hard-fought 4-0 decision. The Nittany Lions capped off the 2025 Big Ten Regular Season title with a 29-9 win.

Penn State posted a lopsided 23-3 edge in takedowns. The Lions won seven of ten bouts and picked up eight bonus points off a DQ (Starocci), a tech fall (Lilledahl) and three majors (Van Ness, Mesenbrink, Barr).

### DUAL MEET BOUT-BY-BOUT:

125: True freshman Luke Lilledahl, ranked No. 7 at 125, battled Caelen Riley. Lilledahl moved in on a low single early in the opening period and finished off the first takedown at the 2:23 mark to lead 3-0. He picked up a quick second takedown to lead 6-1 at the 2:00 mark and went to work on top, building up riding time. Lilledahl built his time up over 1:00 and then cut Riley loose to a 6-2 score. Lilledahl quickly moved in on a low shot, took Riley down and cut him loose again to lead 9-3 at the :40 mark. Lilledahl muscled his way to a fourth takedown at :30 and finished the period on top to lead 12-3 with 1:49 in time after one. Lilledahl chose down to start the second period and quickly escaped to a 13-3 lead. He scrambled to another takedown to lead 16-3 at 1:25, cut Riley loose and then finished off the tech fall with a final takedown at with :41 left in the period. Lilledahl notched the 19-4 tech fall at 4:19.

133: Sophomore Braeden Davis, ranked No. 8 at 133, met No. 4 Lucas Byrd. Davis and Byrd battled for control on the Illinois logo to start the bout. The clock moved past the 2:00 mark with neither wrestler giving ground. Davis fought off Byrd control through 1:30, with potentially dangerous halting action and forcing a reset. Davis took a shot at :40, Byrd countered, and Davis rolled through the action, but Byrd was able to scramble around for a late takedown to lead 3-0 after one. Byrd chose down to start the second period and escaped to a 4-0 lead. The Illini scrambled around Davis again for a second takedown and a 7-0 lead with :35 left in the period. He finished the period on top and Davis trailed 7-0 after two. Davis chose down to start the third period and escaped to a 7-1 score with 1:50 left in the bout. Davis took two quick shots with 1:15 on the clock but Byrd was able to step away from them to maintain his lead and keep action in neutral. The bout finished in neutral, and Byrd posted the 7-1 win.

141: Senior+ Beau Bartlett, ranked No. 3 at 141, took on No. 17 Danny Pucino. Pucino connected on a low single at 2:15, forcing Bartlett to defend the effort through the 1:45 mark before action moved out of bounds. Bartlett and Pucino worked the middle of the mat through the 1:00 mark before the Nittany Lion turned a low single into a takedown and a 3-0 lead at the :38 mark. Bartlett turned him for two late back points and led 5-0 after one. He chose down to start the second period and quickly escaped to a 6-0 lead. Bartlett held his position on the Illinois logo as time dipped below 1:00. Bartlett and Pucino battled on their feet through the period and the Lion led 6-0 after two. Pucino chose down to start the third period and Bartlett cut him loose to a 6-1 score. Bartlett moved in through a low shot for another takedown and a 9-1 lead. Pucino escaped to a 9-2 score at 1:10. Bartlett forced a stall warning at :38 and finished the bout on his feet to post a strong 9-2 win.

149: Sophomore Shayne Van Ness, ranked No. 2 at 149, faced No. 14 Kannon Webster. Van Ness and Webster spent the opening minute plus trading shots in the center of the mat. Van Ness forced a quick stall warning and then moved in for a first takedown and a 3-0 lead at 1:40. Van Ness worked his riding time up to :46 before Webster escaped to a 3-1 score. Van Ness led 3-1 after one. Webster chose down to start the second period. He escaped to a 3-2 score at 1:35. Van Ness picked up a stall point and then

picked up a second takedown to lead 7-3 after a quick Webster escape. Van Ness took a 10-3 lead with a third takedown at :08 and finished the period on top to carry that lead and 1:46 in riding time, into the third period. Van Ness chose down to start the third and quickly escaped to an 11-3 lead. Van Ness continued to control the center of the mat, snapped Webster's head to the mat and muscled his way to another takedown at 1:05. Leading 14-3 with riding time clinched, Van Ness cut Webster loose. Van Ness picked up another point on 2:07 in riding time to post the strong 15-4 major decision.

157: With No. 1 Tyler Kasak not competing, true freshman Joe Sealey wrestled once again at 157 and faced No. 30 Jason Kraisser. Sealey worked to hold position in the center of the mat, forcing Kraisser backwards through the opening minute of the bout. The duo battled evenly in neutral until Sealey worked a low shot into a scramble at the :55 mark. Sealey controlled the scramble until Kraisser was able to force a stalemate with :10 on the clock. Tied 0-0 after one, Kraisser chose down to start the second period and escaped to a 1-0 lead with 1:45 on the clock. Kraisser connected on a high single, forcing action to the mat. But Sealey scrambled through the action and forced a stalemate at :30, still trailing by one. Sealey moved in on another single at :15 but Kraisser fought off the move to kill the clock and Sealey stalled 1-0 after two. Sealey chose down to start the third period. Kraisser was able to control the action on top and build up over 1:00 in riding time. Sealey escaped to a 1-1 tie at :30 but the Illini had over 1:00 in riding time. Sealey then zipped through a swift shot for a slick takedown on the edge of the mat with just :10 on the clock, taking a 4-1 lead. Illinois challenged the call and after a lengthy review the call was overturned and Sealey dropped a tough 2-1 decision on 1:04 in riding time.

165: Sophomore Mitchell Mesenbrink, ranked No. 1 at 165, took on No. 14 Braeden Scoles. Mesenbrink quickly forced Scoles to the outside circle and a stall warning just :10 into the bout. The Nittany Lion sophomore turned a low single into a takedown and a 3-0 lead at 2:13. He worked on top through 1:30, picked up a stall point, and moved his time edge over 1:00. Mesenbrink picked up another stalled point, finished on top, and led 5-0 with 2:13 in time after one. Mesenbrink chose down to start the second period and quickly escaped to a 6-0 lead. Mesenbrink then turned a low shot into a scramble but Scoles was able to break free to keep action in neutral. Mesenbrink countered a slight Scoles shot :40 and forced a stalemate with :27 left in the period. The Lion sophomore muscled his way through a late shot and finished off another takedown late to lead 9-0 after two, with 2:07 in time. Scoles chose down to start the third period and Mesenbrink cut him loose to a 9-1 score. Mesenbrink, with riding time clinched, continued his fast pace but Scoles was able to defend his way to the end of the match and Mesenbrink, with 2:23 in riding time, posted the 10-1 major.

174: Junior Levi Haines, ranked No. 2 at 174, met No. 23 Danny Braunagel. Haines and Braunagel worked evenly in the center of the mat through the opening minute of the match. Braunagel looked to connect on a high single but Haines quickly forced a stalemate and the bout resumed in a scoreless tie at 1:25. Haines worked a low single into a late takedown and led 3-0 after one. Leading by three, Haines chose down to start the second period and quickly escaped to a 4-0 lead. Haines pressed in on Braunagel through the 1:00 mark, forcing the Illinois wrestler's back to the outside circle, but the period ended in neutral, and Haines led 4-0 after two. Braunagel chose down to start the third period. Haines controlled the action on top, looking to turn Braunagel while building riding time up over 1:00. Braunagel escaped to a 4-1 score with :41 left in the match. The wrestlers traded quick shots in the final seconds and Haines, with 1:14 in time, notched the 5-1 win.

184: Graduate Carter Starocci, ranked No. 1 at 184, battled No. 12 Edmond Ruth. Starocci came out fast, forcing a quick stall warning and then taking Ruth down on the Illinois logo at the 2:07 mark for a 3-0 lead. Ruth escaped on the edge of the mat to cut the lead to 3-1 and Starocci went back to work. He picked up a stall point at :51 to lead 4-1, then turned a high shot into a second takedown with :18 on the clock. Starocci finished the period on top and led 7-1 after one. Ruth chose down to start the second period. Starocci controlled action on top. He picked up another point on a third stall to lead 8-1. Starocci cut Ruth loose on a reset with 1:10 on the clock. The Nittany Lion graduate used a slick high shot to take Ruth down with :15 on the clock and led 11-3 after two. Starocci chose down to start the third period and quickly escaped to a 12-3 lead. Starocci muscled his way to a fourth takedown and a 15-4 lead after cutting Ruth loose. Starocci forced another stall for two points and then forced a sixth stall and won by disqualification at 6:43. He was leading 17-4 at the time of the disqualification.

197: Redshirt freshman Josh Barr, ranked No. 3 at 197, faced No. 17 Zac Braunagel. Barr controlled the action from the onset and took a quick 3-0 lead with a takedown at the 2:16 mark. Barr worked up over 1:00 in riding time with strong work on top, working the clock down under 1:00 before Braunagel escaped to a 3-1 score. Barr forced a late stall warning and then took Braunagel down with just :02 on the clock to lead 6-1 after one. Barr chose down to start the second period and quickly escaped to a 7-1 lead. Barr notched a third takedown at 1:15 to up his lead to 10-1. Barr worked his riding time up over 2:00 before Braunagel escaped late to cut the lead to 10-2 after two. Braunagel chose down to start the third and escaped to a 10-3 score. Barr shot low and took a 13-3 lead with another takedown, cutting the Illini loose to a 13-4 score. Barr forced a scramble at :37 but Braunagel was able to work to a stalemate. Barr picked up a stall point and, with 2:45 in riding time, posted the strong 15-4 major.

285: With No. 2 Greg Kerkvliet not competing, true freshman Cole Mirasola got the call at 285 and took on No. 10 Luke Luffman. Mirasola and Luffman worked the center of the mat through the 2:00 mark. Mirasola fought off a slight Luffman shot to keep action in neutral. The first period ended in a scoreless tie. Luffman chose down to start the second period. Mirasola controlled action on top for :45 before Luffman escaped to a 1-0 lead. Luffman picked up the first takedown of the bout shortly after and led 4-0. Luffman finished in control and led 4-0 after two. Mirasola chose neutral to start the third period. Mirasola paced the center of the mat, trying to find an opening in Luffman's defense. But the Illini big man was able to block Mirasola's shots, and the match ended with Luffman grabbing the 4-0 win.



## #1 PENN STATE 50, AMERICAN 3

### Friday, Feb. 21, 2025 -- Rec Hall -- University Park, Pa.

125: #9 Luke Lilledahl PSU tech fall Coen Baaney, 20-3 (TF; 5:11) 5-0  
 133: Raymond Lopez AU dec. Kyison Garcia PSU, 9-7 5-3  
 141: #1 Beau Bartlett PSU tech fall Elijah White AU, 21-5 (TF; 3:19) 10-3  
 149: #2 Shayne Van Ness PSU tech fall Gage Owen AU, 16-1 (TF; 5:51) 15-3  
 157: #1 Tyler Kasak PSU pinned Devon Capato AU, WBF (2:19) 21-3  
 165: #1 Mitchell Mesenbrink PSU tech fall Kaden Milheim AU, 19-2 (TF; 5:20) 26-3  
 174: #2 Levi Haines PSU pinned Breon Phifer AU, WBF (3:41) 32-3  
 184: #1 Carter Starocci PSU pinned Lucas White AU, WBF (2:22) 38-3  
 197: #2 Josh Barr PSU pinned Liam Volk-Klos AU, WBF (1:09) 44-3  
 285: #2 Greg Kerkvliet PSU pinned Emmanuel Ulrich AU, WBF (2:47) 50-3  
 Attendance: 6,311 (Penn State has wrestled in front of 86 sellouts in its last 91 home events, including 76-straight in Rec Hall and 10 of 15 in the BJC)

The Penn State Nittany Lion wrestling team (15-0, 8-0 B1G) dominated visiting American University (10-10) 50-3 in the dual meet season finale for the team. Head coach Cael Sanderson's squad wrapped up another unbeaten season with the lopsided victory, picking up five pins and four tech falls in the win.

The Penn State Nittany Lions end the dual season with a 15-0 overall record and clinched the 2025 Big Ten Regular Season Championship last weekend at Illinois, wrapping up an 8-0 conference campaign. Penn State will now prepare for the 2025 Big Ten Championships in two weeks at Northwestern.

The dual began at 125. True freshman Luke Lilledahl, ranked No. 9 at 125, opened up the dual meet with a convincing 20-3 tech fall over Coen Baaney at 5:11, giving Penn State an early 5-0 lead. With No. 7 Braeden Davis not competing, freshman Kyison Garcia took the mat at 133 and lost a hard-fought 9-7 decision to American's Raymond Lopez, cutting the Lion lead to 5-3.

Senior+ Beau Bartlett, ranked No. 1 at 141, dominated Elijah White in his final appearance in Rec Hall. Bartlett tallied seven takedowns in a 21-5 tech fall at the 3:19 mark. Sophomore Shayne Van Ness, ranked No. 2 at 149, picked up Penn State's third tech fall of the half, rolling to a 16-1 tech over Gage Owen at the 5:51 mark. Sophomore Tyler Kasak, ranked No. 1 at 157, returned to action and closed out the half by pinning American's Devon Capato in the first period, picking up the fall at 2:19. The Nittany Lions led 21-3 at halftime.

Sophomore Mitchell Mesenbrink, ranked No. 1 at 165, opened up the second half with yet another Nittany Lion tech fall. Mesenbrink rolled to a 19-2 tech at the 5:20 mark to give Penn State a 26-3 lead. Junior Levi Haines, ranked No. 2 at 174, grabbed Penn State's second pin of the dual meet. Haines turned an early second period takedown into a fall over Breon Phifer at 3:41.

Graduate Carter Starocci, ranked No. 1 at 184, capped off his nights in Rec Hall by pinning Lucas White at the 2:22 mark to put the Lions up 38-3. Redshirt freshman Josh Barr, ranked No. 2 at 197, made it three straight falls in the next bout. Barr picked up the fast fall over Liam Volk-Kloss at the 1:09 mark in the first period. Senior+ Greg Kerkvliet, ranked No. 2 at 285, capped off the night with Penn State's fifth fall. Kerkvliet pinned AU's Emmanuel Ulrich in the first period, getting the call at 2:47.

Three all-time Penn State greats (Bartlett, Starocci, Kerkvliet) each competed in their final events in Rec Hall. The Nittany Lions amassed a 33-2 edge in takedowns. Penn State, winning nine of ten bouts, garnered 23 bonus points off five pins (Kasak, Haines, Starocci, Barr, Kerkvliet) and four tech falls (Lilledahl, Bartlett, Van Ness, Mesenbrink).

#### DUAL MEET BOUT-BY-BOUT:

125: True freshman Luke Lilledahl, ranked No. 9 at 125, faced off against Coen Baaney. Lilledahl worked a low shot into a takedown at the 2:40 mark to open up a quick 3-0 lead. Lilledahl controlled action on top for :40 before cutting Baaney loose. He quickly took the eagle down a second time to lead 6-1 at 1:20 and worked his riding time up over 1:00. He forced Baaney into a stall warning and Baaney escaped to a 6-2 score. Lilledahl used a fast low double to pick up a third takedown late and led 9-2 after one. Lilledahl chose down to start the second period and quickly escaped to a 10-2 lead. He scrambled his way to a fourth takedown at 1:40 to take a 13-2 lead and cut Baaney loose on a reset at 1:12. He picked up a stall point and then took Baaney down once more to lead 17-3 at :40. Lilledahl worked his time edge up near 3:00 with a rideout and carried that lead into the third period. Baaney chose neutral to start the third period and Lilledahl ended the match with another takedown to post the 20-3 tech fall at 5:11.

133: With No. 7 Braeden Davis not competing, freshman Kyison Garcia took on American's Raymond Lopez at 133. The duo battled in the center of the mat for the first minute. Garcia nearly connected on a fast low shot, but Lopez was able to skip out of trouble and the match continued in neutral through 1:30. Garcia continued to fire off shots for the rest of the period, but Lopez was able to defend his way to a 0-0 tie after one. Lopez chose down to start the second period and quickly escaped to a 1-0 lead. Garcia turned a low single into a scoring chance at the 1:20 mark and finished off the takedown to lead 3-1 at the 1:09 mark. Lopez escaped to a 3-2 score with :48 on the clock. Lopez forced a scramble at the :20 mark with a low shot and took a 5-3 lead with a late takedown. Trailing by two, Garcia chose down to start the third period and quickly escaped to a 5-4 score. Garcia gave up a stall warning at 1:47. He snapped through a low single and finished off a takedown on the Lion logo to retake the lead, 7-6, after a quick Lopez escape. Lopez forced a scramble on the edge of the mat, but action moved out of bounds with :50 on the clock. Garcia took a low double, and Lopez countered the effort for a takedown with :10 to steal a 9-7 win.

141: Senior+ Beau Bartlett, ranked No. 1 at 141, met Elijah White. Bartlett scored quickly, taking White down in just seconds and then notching a second takedown before :20 had passed in the dual. Leading 6-1, Bartlett cut White loose to a 6-2 score and went back to work on his feet. Bartlett countered a slight White shot for a third takedown and a 9-2 lead as the clock hit 2:00. The Nittany Lion senior, wrestling in his final Rec Hall dual, picked up a fourth takedown at 1:38 and then fought off a White to force a stalemate at 1:10, leading 12-4. Bartlett muscled through a high double for a 15-4 lead and worked his riding time up over 1:00 before cutting the Eagle loose again. He finished off a furious first period with a sixth takedown to lead 18-5 with 1:29 after one. Bartlett chose neutral to start the second period and then ended the match with a final takedown, posting the 21-5 tech fall at the 3:19 mark.

149: Sophomore Shayne Van Ness, ranked No. 2 at 149, took on Gage Owen. Van Ness fought off an early Owen shot, countered the action and moved in for his own takedown to open up a quick 3-0 lead. He then took a 6-1 lead after an Owen escape and built up over 1:30 in riding time before turning the Eagle for

four back points as the period ended. Trailing 10-1, Owen chose top to start the second period. Van Ness forced Owen into a stall warning while working off the bottom and then rolled through for a reversal and a 12-1 lead with :45 left in the period. He picked up a stall point during the rideout and led 13-1 after two. Van Ness chose neutral to start the third period. Action moved to the mat and Van Ness ended the match with a takedown to post the 16-1 technical fall at 5:51.

157: Sophomore Tyler Kasak, ranked No. 1 at 157, faced Devon Capato. Kasak turned an early low shot into a takedown and a 3-0 lead just seconds into the bout. He worked to turn Capato to his back, but the Eagle was able to work action out of bounds with 1:41 on the clock. Kasak worked his riding time up to 1:31 before cutting Capato loose. He quickly took the Eagle down and then rolled him to his back for the pin at the 2:19 mark.

165: Sophomore Mitchell Mesenbrink, ranked No. 1 at 165, battled Kaden Milheim. Mesenbrink scored in the opening ten seconds to take a quick lead. He then turned the Eagle for two back points and led 5-1 after a Milheim escape. Mesenbrink took the Eagle down a second time to open up an 8-2 lead after a Milheim escape. Mesenbrink fought off an Eagle shot, reset on his feet and took an 11-2 lead with a third takedown in the final seconds of the period. Leading 11-2, Mesenbrink chose down to start the second period and quickly escaped to a 12-2 lead. He used a low double for a fourth takedown and a 15-2 lead and then went to work on top. He picked up a stall point to lead 16-2, worked his riding time up over 3:00 and finished the period on top to carry that lead and clinched riding time into the third stanza. Milheim chose neutral to start the third period. Mesenbrink then ended the match with a final takedown, notching a 19-2 tech fall at 5:20.

174: Junior Levi Haines, ranked No. 2 at 174, battled Breon Phifer. Haines took Phifer down in the opening seconds and then went to work on top, building up over 1:00 in riding time while trying to garner back points. Haines cut Phifer loose at the :55 mark and went back to work on his feet. Phifer worked a low single into a scramble, but Phifer was able to force a stalemate at :29. Haines turned a high single into a late takedown and led 6-1 after one. Haines chose down to start the second period and quickly escaped to a 7-1 lead. He picked up his third takedown seconds later and then turned Phifer to his back. Haines muscled the Eagle flat and picked up the pin at 3:41.

184: Graduate Carter Starocci, ranked No. 1 at 184, met Lucas White. Starocci countered a White shot and took a 3-1 lead with a takedown. He quickly moved in for a second one and led 6-1 at 2:00. Starocci cut White loose to a 6-2 score and then a 9-2 lead with a third takedown. Starocci muscled White to his back and capped off his Rec Hall appearances with a fall at the 2:22 mark.

197: Redshirt freshman Josh Barr, ranked No. 2 at 197, took on Liam Volk-Klos. Barr scored quickly, taking Volk-Klos down for an early takedown and a 3-0 lead. Barr turned the Eagle for four back points and led 7-1 after an escape. Barr quickly moved in for another takedown and then turned Volk-Klos to his back for a fast fall, getting the first period pin at the 1:09 mark.

285: Senior+ Greg Kerkvliet, ranked No. 2 at 285, faced off against Emmanuel Ulrich. Kerkvliet took Ulrich down quickly to open up a 3-0 lead. He put together a strong ride, building up 2:00 in riding time while trying to turn the Eagle for back points. Kerkvliet cut Ulrich loose at :40 and went back to work on his feet. He locked Ulrich up at the shoulders and finished off the first period pin at the 2:47 mark.



## #1 PENN STATE at 2025 BIG TEN CHAMPIONSHIPS Sat.-Sun., March 8-9, 2025 Evanston, Ill.

Team Standings (FINAL)

- 1: PENN STATE -- 181.5
- 2: Nebraska -- 137.0
- 3: Iowa -- 112.0
- 4: Minnesota -- 108.5
- 5: Illinois -- 105.5
- 6: Ohio State -- 95.5
- 7: Michigan -- 71.0
- 8: Maryland -- 54.0
- 9: Rutgers -- 46.0
- 10: Purdue -- 44.5
- 11: Indiana -- 33.0
- 12: Northwestern -- 21.5
- 13: Wisconsin -- 19.0
- 14: Michigan State -- 11.5

The Penn State Nittany Lion wrestling team (15-0, 8-0 B1G) stormed the field at the 2025 Big Ten Championship to claim its ninth Big Ten Championship, all under head coach Cael Sanderson. The Nittany Lions ran away from the field, winning the title with 181.5 points, a new school record (breaking the mark of 170.5 set last year). Five Nittany Lions won individual titles, also tying a school record.

Penn State has qualified all ten of its wrestlers for the 2025 NCAA Championships in Philadelphia in two weeks on March 20-22, 2025. All rankings listed are InterMat as of March 4, 2025. Penn State's 181.5 points were 44.5 points in front of second place Nebraska's 137.0. Iowa took third with 112.0.

This is Penn State's ninth conference championship, having also won in 2011, 2012, 2013, 2014, 2016, 2019, 2023, 2024 and 2025. Penn State now has 69 Big Ten Champions spread among 37 individuals. Penn State's five champions ties the school record, set in 2024 and 2011. Carter Starocci was named Big Ten Wrestler of the Year. He is Penn State's 13th Big Ten Wrestler of the Year. Cael Sanderson was also named Big Ten Coach of the Year for the ninth time.

True freshman Luke Lilledahl, ranked No. 8 at 125 by InterMat, took on No. 7 Caleb Smith of Nebraska in the first of Penn State's six Big Ten title bouts. Lilledahl and Smith battled evenly for the first minute and a half, circling on the Northwestern logo in the center of the mat. Lilledahl turned a low single into a takedown and a 3-0 lead at :40. He finished the period on top and carried that lead into the second stanza. Smith escaped to a 3-1 score to start the second period. Lilledahl maintained position through the 1:00 mark, pressing Smith backwards as the clock moved to the end of the period. Lilledahl escaped quickly to start the third period and led 4-1. Lilledahl was called for stalling as action moved out of bounds and Smith out the lead to 4-2 with 1:20 on the clock. Smith was awarded another stall point as Lilledahl defended in the middle of the mat as time ran out. Lilledahl, on the strength of his first period takedown, earned his first Big Ten Championship as a true freshman with a 4-3 win. Lilledahl, now a Big Ten Champion, went 4-0 in the tournament and heads to nationals with a 19-2 record.

Sophomore Tyler Kasak, ranked No. 1 at 157, faced No. 11 Brandon Cannon of Ohio State in the Big Ten finals. Cannon worked his way in on an early shot, but Kasak was able to quickly force a stalemate. Kasak battled the Buckeye through the 1:00 mark in neutral. Cannon worked in on a low shot late in the period, but Kasak quickly countered and took him down at the :28 mark to lead 3-0 after one. Cannon escaped to start the second period and Kasak led 3-1. Kasak scrambled away from a Cannon shot at :45, giving up a stall warning in the process. Kasak led 3-1 after two, chose down to start the third, and escaped to a 4-1 lead. Kasak gave up a stall point and led 4-2 at 1:15. He then grabbed Cannon by the shoulders, threw him to his back for a takedown and spent settled for four near fall points to lead 11-2 at after blood stopped action at :13. Kasak finished in control and, with a riding time point, rolled to his first Big Ten title with a 12-2 major decision. Kasak went 3-0 with a pin and a major at Big Tens and, now a Big Ten Champion, heads to nationals with a 17-1 overall record.

Sophomore Mitchell Mesenbrink, ranked No. 1 at 165, battled No. 2 Mikey Caliendo of Iowa in the Big Ten championship. Mesenbrink worked the middle of the mat over the first minute, taking quick shots and forcing Caliendo into defense and counter offense. His pressure paid off late in the period with a takedown at the :11 mark for a 3-0 lead. Caliendo escaped to start the second period, cutting the lead to 3-1. The escape was the only score of the middle period. Mesenbrink quickly escaped to start the third period and led 4-1. The duo battled evenly for the rest of the period and Mesenbrink walked away with a 4-1 win to claim his second Big Ten title. Mesenbrink went 3-0 at Big Tens and heads to the national tournament with a 22-0 overall record.

Junior Levi Haines, ranked No. 2 at 174, faced No. 8 Lenny Pinto of Nebraska in the conference title match. Haines fought off a Pinto

shot at 1:40, working his way out of trouble and returning to his feet to keep the match scoreless. Haines worked on his feet to the end of the period and turned a late low single into a takedown with just :04 left to lead 3-0 after one. Haines then escaped to start the second period, upping his lead to 4-0. He then muscled a double to a second takedown and a 7-0 lead. Haines then took Pinto down and to his back, nearly pinning him but settling for four back points and an 11-1 lead after a late Pinto escape, ending the second period. Pinto chose down to start the third period and Haines built his riding time up well over 2:00. Haines controlled the action on top, clinching riding time with the rideout. He rolled to a 12-1 major decision, becoming a three-time Big Ten Champion in the process. Haines went 3-0 with a pin and a major in Evanston and heads to NCAAs with a 20-1 overall record.

Graduate Carter Starocci, ranked No. 1 at 184, battled No. 4 Max McEnelly of Minnesota in the Big Ten title bout. The duo battled through an even 2:00 before McEnelly was able to turn a single into a takedown and a 3-1 lead. Starocci worked in on two shots in the last :30 but McEnelly was able to defend his way to the end of the period. Trailing 3-1, Starocci chose down to start the second period and quickly escaped to a 3-2 score. Starocci chased McEnelly down as the Gopher retreated to the outside circle and tracked him down for a takedown and a 5-3 lead at :39. Starocci controlled the action until a late Minnesota escape. Starocci led 5-4 after two. McEnelly chose down to start the third period and quickly escaped to a 5-5 tie. Starocci forced one stall warning before the period ended and the bout moved to sudden victory tied 5-5. Starocci controlled the center of the mat through the bulk of extra time and, in the waning seconds, slid by McEnelly for the winning takedown. The late move gave Starocci an 8-5 (sv) win and earned him his third Big Ten title. Starocci went 3-0 in his final Big Ten tournament and heads to the NCAA Championship with a 21-0 overall record.

Senior+ Greg Kerkvliet, ranked No. 2 at 285, faced No. 1 Gable Steveson of Minnesota in the last Big Ten title bout of the day. Kerkvliet and Steveson battled evenly through the opening minute-plus. With the clock moving past the 1:00 mark, Steveson worked his way in through a double to take a 3-0 lead at :34. Trailing 3-0 after one, Kerkvliet chose down to start the second period and escaped to a 3-1 score at 1:36. Steveson added a second takedown to open up a 6-1 lead at 1:00. Kerkvliet escaped before the period ended and trailed 6-2 after two. Steveson picked up a third takedown to lead 9-3 after a Kerkvliet escape.

Sophomore Braeden Davis, ranked No. 5 at 133, met No. 4 Braxton Brown of Maryland in the consolation semifinals. Davis countered a Brown shot at the 2:05 mark and moved in for his own takedown to open up a 3-0 lead at the 1:57 mark. Davis then turned Brown for four back points but gave up a reversal and led 7-2 after the flurry. Davis added an escape and led 8-2 after one. Davis controlled Brown, who chose down to start the second period, and built up over 1:00 in time. But he gave up a stall point in the process and led 8-3 at :40. Brown escaped, and Davis led 8-4 after two. Davis escaped quickly to start the third and led 9-4. With :45 left, Brown countered a Davis shot and took the Lion down to cut the lead to 8-7. Davis then spent the final :45 seconds fighting off a strong Brown effort to turn him and advanced to the third-place bout with a 9-7 win. Davis took on No. 12 Nic Bouzakis of Ohio State in the third-place bout. Davis took a quick 3-0 lead with a takedown at 1:45 but Bouzakis managed a reversal and two near fall. Davis reversed him back and led 5-4 with just over 1:00 left. Davis instigated another wild scramble, nearly taking Bouzakis to his back. But the Buckeye countered, scrambled and picked up a quick pin of his own, getting the fall at 2:22. Davis, the fourth seed, placed fourth at Big Tens with a 4-2 mark and heads to NCAAs with a 12-5 record.

Senior+ Beau Bartlett, ranked No. 1 at 141, took on No. 13 Joey Oliveri of Rutgers in the consolation semifinals. Bartlett took a 3-0 lead with 1:00 left in the first, turning a single leg into a takedown. He carried that lead into the second period. Bartlett escaped quickly to start the second to up his lead to 4-1. Bartlett worked neutral through the second period and carried that lead into the third. Oliveri escaped to start the third period and Bartlett led 4-2. Bartlett controlled his position in the center of the mat for the rest of the bout and moved into the third-place bout with a 4-2 victory. Bartlett met No. 2 Jesse Mendez of Ohio State in the third-place match-up. Bartlett forced Mendez into an early stall warning at 2:30 then fought off high control as the clock hit 2:00. Bartlett then gave up a stall warning as well. Bartlett nearly connected on a high shot, but Mendez fought off the shot, then another Bartlett shot, and the match moved to the second period tied 0-0. Bartlett escaped to a 1-0 lead at the 1:09 mark of the second period after choosing down to start it. The escape was the only score of the period and Bartlett led by one after two. Mendez escaped thirty seconds into he third to tie the bout at 1-1. Mendez shot low and Bartlett countered, steadily working his way into control for a takedown and a 4-1 lead at the :38 mark. Mendez managed a late escape, but Bartlett sealed the deal with the earlier takedown, posting the 4-2 win to take third place. Bartlett, who went 3-1 at Big Tens this year, heads to NCAAs with a 21-1 overall record.

Sophomore Shayne Van Ness, ranked No. 2 at 149, faced No. 18 Andrew Clark of Rutgers in the consolation semifinals. Van Ness

notched the bout's first takedown at the 1:38 mark, opening up a 3-0 lead. Van Ness controlled the action on top for the rest of the period and led 3-0 with 1:38 in riding time after one. Van Ness escaped quickly to start the second and then moved in on offense for another takedown to open up a 7-0 advantage. Clark escaped late in the period, but Van Ness took him down in the final seconds to lead 10-1 after two. Van Ness chose down in the third and picked up a stall point from Clark during the ride. Van Ness tacked on an escaped and moved into the third-place bout with a 12-1 major decision. Van Ness battled No. 3 Kyle Parco of Iowa in the third-place bout. Van Ness took a low double and scrambled his way to a takedown at the 1:12 mark. He worked Parco's back to the mat, nearly pinning him, and settling for a 7-0 lead after the opening stanza. Van Ness escaped to an 8-0 lead to start the second period. He muscled Parco to the mat once more and led 11-0 at 1:00. He finished the period on top and carried that lead to the third. Parco chose down to start the third and Van Ness never let up. The Lion sophomore controlled Parco for the period and, with 3:50 in riding time, rolled to the 13-0 major decision, claiming third place. Van Ness went 3-1 with three majors in Evanston and heads to Philadelphia with a 20-2 overall record.

Redshirt freshman Josh Barr, ranked No. 2 at 197, met No. 8 Isaiah Salazar of Minnesota in the consolation semifinals. Barr came out with a high pace but was injured in a scramble out of bounds. He tried to continue but was unable and lost by injury default and dropped into the fifth placer bout. Barr did not compete in the fifth-place bout, taking a medical forfeit (not a loss). Barr went 1-2 on the day and placed sixth. Barr leaves Evanston with a 16-3 overall record.

The Nittany Lions went 10-3 on Sunday and closed out the tournament with a 29-7 record. Penn State amassed 27.0 bonus points off 11 majors, four tech falls, four pins and a default win.

Penn State's five Big Ten Champions have all earned first team All-Big Ten honors: Luke Lilledahl (125), Tyler Kasak (157), Mitchell Mesenbrink (165), Levi Haines (174) and Carter Starocci (184). Penn State's Big Ten Runner-up Greg Kerkvliet (285) earned second team All-Big Ten laurels.

Weight-by-weight agate (rankings listed are InterMat as of 2/25/25):

125: #8 Luke Lilledahl, Fr., Weldon Spring, Mo./Wyoming Seminary – 4th-seed  
Rd. 1: Caelen Riley, Illinois – WBF (4:09)  
Qtr: #15 Joey Cruz, Iowa – W, 11-1 maj, dec.  
Semi: #1 Matt Ramos, Purdue – W, 12-4 maj, dec.  
Finals: #7 Caleb Smith, Nebraska – W, 4-3 dec.

Lilledahl took on Illinois' Caelen Riley in the opening round. Lilledahl used two takedowns in the first two minutes to open up a 6-1 lead and build his riding time over 1:00. He added a third takedown and led 9-2 after one. Lilledahl escaped to start the second period, took Riley down on the edge of the mat midway through the period and pinned the Illini at 4:09 to advance to the quarterfinals. He took on No. 15 Joey Cruz of Iowa in the quarters. Lilledahl used a last second takedown in the opening period to lead 3-0 after one. He then escaped to a 4-0 lead to start the second period. Lilledahl took Cruz down with :30 left in the period, finished on top and led 7-0 after two. Lilledahl worked his riding time up over 1:00 before Cruz escaped to a 7-1 score in the third. The Lion freshman picked up a final takedown at :35 and added 1:45 in riding time to roll to an 11-1 major decision, advancing to the semifinals and earning a trip to the NCAA Championships.

Luke met No. 1 Matt Ramos of Purdue in the first of Penn State's nine semifinal bouts. The duo battled through an even minute before Lilledahl lifted Ramos off the mat, took him down and added four nearfall points to lead 7-0 at 1:55. Ramos escaped to a 7-1 score and Lilledahl carried that lead into the second period. Lilledahl controlled Ramos to start the second period, building up over a minute in riding time before Ramos reversed him. Lilledahl then escaped to an 8-3 lead. He carried that lead, and 1:07 in riding time, into the third period. Lilledahl added a takedown to start the third period to up his lead to 11-3. Ramos added an escape and Lilledahl controlled neutral for the rest of the match. The Lion true freshman added a riding time point and rolled to an impressive 12-4 major decision to advance to the Big Ten finals.

SEE ABOVE STORY FOR THIS SESSION'S BOUT-BY-BOU

133: #5 Braeden Davis, So., Belleville, Mich./Dundee – 4th-seed  
Rd. 1: Andrew Hampton, Michigan State – W, 11-2 maj, dec.  
Qtr: #10 Dylan Shawver, Rutgers – L, 1-3 dec.  
Cn. 2: Dustin Norris, Purdue – W, 17-2 (TF; 2:03)  
Cn. 3: #28 Angelo Rini, Indiana – W, 10-5 dec.  
Cn. Semi: #4 Braxton Brown, Maryland – W, 9-7 dec.  
3rd: #12 Nic Bouzakis, Ohio State – LBF (2:22)

Davis battled Andrew Hampton of Michigan State in the first round. Davis picked up a takedown midway through the opening period and carried a 3-1 lead into the second period. He escaped to start the second period then added a late takedown to lead 7-1 heading into the third. After a Hampton escape, Davis added one more takedown



and tacked on riding time to roll to an 11-2 major decision. He met No. 10 Dylan Shawver of Rutgers in the quarterfinals. Davis fought off a late Shawver shot over the last seconds of the opening period to move the bout into the second tied 0-0. Shawver chose neutral in the second and Davis battled through another late shot to head to the third tied 0-0. Davis escaped to a 1-0 lead quickly in the third. Davis and Shawver rolled through a wild scramble that appeared to lead to a Davis takedown. None was called, Penn State threw a brick, action continued with Shawver being given a takedown with just seconds left. The flurry went to review. The call on the mat stood and Davis dropped the last second 3-1 decision.

Braeden met Dustin Norris of Purdue in his first consolation bout of the night. Davis took control of the match early with a takedown and four near fall points to open up a 7-0 lead. He added two more takedowns before the 2:00 mark and then turned Norris to his back once more and picked up the first period tech fall, winning 17-2 at the 2:03 mark. Davis then took on No. 28 Angelo Rini of Indiana in the next round of consolations. Davis took a 3-0 lead midway through the opening period. He added a second takedown late in the period and led 6-1 after one. After a Rini escape to start the second, the Hoosier scrambled to a late takedown to cut Davis' lead to 6-5 heading to the third. Davis used an escape and a late takedown in the third period to post a 10-5 win and move into the consolation semifinals.

SEE ABOVE STORY FOR THIS SESSION'S BOUT-BY-BOUT

141: #1 Beau Bartlett, Sr., Tempe, Ariz./Wyoming Seminary – 1st-seed  
Rd. 1: bye  
Rd. 2: #28 Greyson Clark, Purdue – W, 13-3 maj. dec.  
Semis: #8 Vance Vombaur, Minnesota – L, 3-5 dec.  
Cn. Semi: #13 Joey Olivieri, Rutgers – W, 4-2 dec.  
3rd: #2 Jesse Mendez, Ohio State – W, 4-2 dec.

Bartlett had a first-round bye and took on No. 28 Greyson Clark of Purdue in the quarterfinals. Bartlett used two slick first period takedowns to take a 6-2 lead into the second period. He added a quick takedown in the second stanza to open up a 9-2 lead and carried that lead, plus 1:40 in riding time, into the third period. Bartlett worked his way to an escape and a 10-2 lead midway through the third period. Bartlett tacked on one more takedown and moved into the semifinals with a 13-3 major decision. He also earned a trip to the NCAA tournament once more.

Beau faced No. 8 Vance Vombaur of Minnesota in the semifinals. Vombaur got on the board first with an early takedown and led 3-1 after a Bartlett escape at 1:06. Bartlett fought off a couple more Vombaur shots and trailed 3-1 after one. Vombaur escaped to a 4-1 lead to start the second period. Bartlett got in on a deep single midway through the second, but the Gopher fought off the effort and Bartlett trailed 4-1 after two. Bartlett escaped to a 4-2 score at 1:01 but Vombaur had 1:36 in riding time. Bartlett picked up a stall point but Vombaur, with riding time, held on for the 5-3 win, sending Bartlett to the consolation semifinals.

SEE ABOVE STORY FOR THIS SESSION'S BOUT-BY-BOUT

149: #2 Shayne Van Ness, So., Somerville, N.J./Blair Academy – 1st-seed  
Rd. 1: bye  
Rd. 2: #29 Kal Miller, Maryland – W, 12-2 maj. dec.  
Semis: #16 Kannon Webster of Illinois – L, 2-4 dec.  
Cn. Semi: #18 Andrew Clark, Rutgers – W, 12-1 maj. dec.  
3rd: #3 Kyle Parco, Iowa – W, 13-0 maj. dec.

Van Ness had a first-round bye and took on No. 29 Kal Miller of Maryland in the quarterfinals. Van Ness notched a takedown with 1:04 left in the first period and finished the stanza on top to lead 3-0 after one. He quickly escaped to a 4-0 lead to start the second period. Van Ness worked his way to a takedown in the final minute, finished on top and led 7-0 with 1:33 in riding time after two. After a Miller escape, Van Ness picked up another takedown and a stall point to lead 11-2 after Miller escaped at :35. He tacked on a riding time point and rolled into the semifinals with a 12-2 major decision. The win also clinched a spot at the NCAA Championships.

Shayne took on No. 16 Kannon Webster of Illinois in the semis. Van Ness and Webster battled through a scoreless first period. Van Ness escaped quickly to start the second period, the only scoring of the middle stanza as Webster battled through a late Van Ness shot to kill the clock. Webster escaped early in the third to tie the bout at 1-1 and then Van Ness fought off a Webster shot to keep the match tied at :55. Van Ness scrambled for a late takedown, Webster countered and notched a last second takedown to grab a 4-2 win (giving up locked hands in the process). Van Ness' loss sent him to the consolation semifinals.

SEE ABOVE STORY FOR THIS SESSION'S BOUT-BY-BOUT

157: #1 Tyler Kasak, So., Doylestown, Pa./Bethlehem Catholic – 2nd-seed  
Rd. 1: bye

Rd. 2: #9 Trevor Chumbley, Northwestern – W, 7-3 dec.  
Semis: #4 Antrell Taylor, Nebraska – WBF (1:17)  
Finals: #11 Brandon Cannon, Ohio State – W, 12-2 maj. dec.

Kasak had a first-round bye and took on No. 9 Trevor Chumbley of Northwestern in the quarterfinals. Kasak scored quickly, taking a 3-0 lead off the opening whistle. He added a second takedown to carry a 6-1 lead into the second. Kasak escaped to start the middle period and led 7-1. He carried that lead into the third period. Kasak was able to hold on for a 7-3 win despite giving up a couple late stall points. His win advanced him to the semifinals and earned him a trip to the NCAA Championships.

Tyler battled No. 4 Antrell Taylor of Nebraska in the semifinals. Kasak scored quickly, taking Taylor down for an early 3-0 lead at the 2:43 mark. After a Taylor escape, Kasak continued to move in on offense, taking the Husker down and to his back. He settled in and finished off the first period pin at the 1:17 mark, advancing to the Big Ten title bout.

SEE ABOVE STORY FOR THIS SESSION'S BOUT-BY-BOUT

165: #1 Mitchell Mesenbrink, So., Hartland, Wis./Arrowhead – 1st-seed  
Rd. 1: bye  
Rd. 2: #9 Paddy Gallagher, Ohio State – W, med. def. (0:01)  
Semis: #10 Beau Mantanona, Michigan – W, 25-8 (TF; 6:29)  
Finals: #2 Mikey Caliendo, Iowa – W, 4-1 dec.

Mesenbrink had a first-round bye and met No. 9 Paddy Gallagher of Ohio State in the quarterfinals. Mesenbrink received a medical default victory and advanced to the semifinals with the win. He also earned a trip to the NCAA Championships.

Mitchell faced No. 10 Beau Mantanona of Michigan in semis. Mantanona notched the first takedown, taking a 3-1 lead early in the match. Mesenbrink battled through the Wolverine's defense to take a 4-3 lead at the :55 mark. Mesenbrink escaped to start the second period and the added two quick takedowns to lead 11-5. He added another takedown late in the period to lead 14-5 after two. After a Mantanona escape, Mesenbrink picked up a stall point and then took the Wolverine down for an 18-6 lead. Mesenbrink added two more takedowns and a stall point to cap off a convincing 25-8 technical fall at the 6:29 mark to advance to the Big Ten finals.

SEE ABOVE STORY FOR THIS SESSION'S BOUT-BY-BOUT

174: #2 Levi Haines, Jr., Arendtsville, Pa./Biglerville – 1st-seed  
Rd. 1: bye  
Rd. 2: #26 Brody Baumann, Purdue – WBF (5:58)  
Semis: #10 Patrick Kennedy, Iowa – W, 10-3 dec.  
Finals: #8 Lenny Pinto, Nebraska – W, 12-1 maj. dec.

Haines had a first-round bye and took on No. 26 Brody Baumann of Purdue in the quarterfinals. Haines took Baumann down at the 1:59 mark and then finished the period on top to lead 3-0 after one. He chose down to start the second and quickly reversed his way to a 5-0 lead to start the middle stanza. He built his riding time up to 3:50 with a rideout and carried that led to the third. Haines added an early takedown in the third to lead 8-0, then another to lead 11-1 and picked up the fall at the 5:58 mark, moving on to the semifinals and earning a trip to the NCAA tournament.

Levi took on No. 10 Patrick Kennedy of Iowa in the semifinals. Haines took a quick 3-1 lead early in the first period with a fast takedown. He battled through the rest of the period in neutral and carried that lead into the second period. Haines escaped to start the second period, opening up a 4-1 lead. He took a 7-2 lead with a takedown midway through the second period and carried it into the third. Kennedy escaped to start the third period, cutting Haines' lead to 7-3. Haines added a late takedown and rolled into the Big Ten finals with a 10-3 win.

SEE ABOVE STORY FOR THIS SESSION'S BOUT-BY-BOUT

184: #1 Carter Starocci, Gr., Erie, Pa./Cathedral Prep – 1st-seed  
Rd. 1: bye  
Rd. 2: #24 DJ Washington, Indiana – W, 18-1 (TF; 4:54)  
Semis: #11 Jaxon Smith, Maryland – W, 12-2 maj. dec.  
Finals: #4 Max McEnelly, Minnesota – W, 8-5 (sv) dec.

Starocci had a first-round bye and took on DJ Washington of Indiana in the quarterfinals. Starocci dominated the first period, using a takedown and two stall points to lead 4-0 early. He picked up four late back points and led 9-0 after one. He reversed Washington to start the second stanza and led 11-0. Starocci ended the match in the second period with another takedown and four near fall points, getting the tech fall at the 4:54 mark to advance to the semifinals. Starocci also earned his fifth trip to nationals with the win.

Carter battled No. 11 Jaxon Smith of Maryland in the semifinals. Starocci chased Smith around the outside circle for the first period, forcing one stall but the bout moved to the second tied 0-0. Starocci

escaped to a 1-0 lead early in the second and then pulled Smith back on to the mat for a takedown and a 4-0 lead midway through the period. Smith escaped to a 4-1 score to start the third period. Starocci picked up a stall point and then took Smith down again to open up an 8-1 lead with over 1:00 in time. He added a late takedown and riding time and rolled into the Big Ten finals with a 12-2 major decision.

SEE ABOVE STORY FOR THIS SESSION'S BOUT-BY-BOUT

197: #2 Josh Barr, R-Fr., Davison, Mich./Davison – 2nd-seed  
Rd. 1: bye  
Rd. 2: #20 Camden McDanel, Nebraska – W, 17-2 (TF; 4:05)  
Semis: #3 Jacob Cardenas, Michigan – L, 1-4 (sv)  
Cn. Semi: #8 Isaiah Salazar, Minnesota – L, inj. def.  
5th: Did not compete (medical forfeit, not a loss)

Barr had a first-round bye and met No. 20 Camden McDanel of Nebraska in the quarterfinals. Barr scored quickly, taking McDanel down off the opening whistle. Barr built up over 1:00 in time, let McDanel up and then took him down again. He added four back points to lead 10-1 after the opening period. He quickly escaped to an 11-1 lead to start the second period then took a 14-2 lead with another quick takedown. He ended the match with a final takedown, getting the 17-2 tech fall at 4:05. The win moved Barr into the semifinals and earned him his first trip to the NCAA Championships.

Josh met No. 3 Jacob Cardenas of Michigan in the semifinals. Barr battled the Wolverine evenly in neutral for the entire first period and the match moved to the second stanza tied 0-0. Barr escaped quickly to start the second and led 1-0. Barr pressed forward but Cardenas was able to defend his way through the period and the Lion freshman led 1-0 after two. Cardenas escaped to a 1-1 tie at the 1:33 mark in the third period. The two escapes were the only scoring in regulation and the match moved to sudden victory. Cardenas was able to scramble to a takedown late in sudden victory to post the 4-1 (sv) win, dropping Barr to consolation semifinal action.

SEE ABOVE STORY FOR THIS SESSION'S BOUT-BY-BOUT

285: #2 Greg Kerkvliet, Sr., Inver Grove Heights, Minn./Simley – 2nd-seed  
Rd. 1: bye  
Rd. 2: #11 Ben Kueter, Iowa – WBF (1:53)  
Semis: #8 Josh Heindselman, Michigan – W, 9-1 maj. dec.  
Finals: #1 Gable Steveson, Minnesota – L, 3-10 dec.

Kerkvliet had a first-round bye and battled No. 11 Ben Kueter of Iowa in the quarterfinals. Kerkvliet took Kueter down quickly, opening up a 3-0 lead in the initial seconds of the bout. He cut the Hawk eye loose and immediately took him down again to lead 6-1 at 1:47. Kerkvliet then turned Kueter to his back and picked up the first period pin at the 1:53 mark. Kerkvliet's fall earned him a spot in the semifinals and a fifth trip to the NCAA tournament.

Greg battled No. 8 Josh Heindselman of Michigan in the last of Penn State's ninth semifinal bouts. Kerkvliet drew first blood, taking Heindselman down early in the first period to open up a 3-0 lead. Heindselman managed an escape after a 1:20 ride and Kerkvliet led 3-1 after one. Kerkvliet escaped to start the second period, opening up a 4-1 lead. Kerkvliet added another takedown to lead 7-1 at the midway point of the period and worked his riding time up over 2:00. He finished the period on top and led 7-1 heading into the third. Heindselman chose down to start the third and Kerkvliet spent the period working for back points. While the Wolverine fought off any nearfall points, Kerkvliet picked up a stall point and finished with 4:27 in riding time to post a strong 9-1 major decision. Kerkvliet's win pushed him into the Big Ten finals.

SEE ABOVE STORY FOR THIS SESSION'S BOUT-BY-BOUT





## #1 PENN STATE at the 2025 NCAA CHAMPIONSHIPS Thur.-Sun., March 20-22, 2025 Wells Fargo Center - Philadelphia, Pa.

Team Standings – Top 10 FINAL

- 1: PENN STATE – 177.0
- 2: Nebraska – 117.0
- 3: Oklahoma State – 102.5
- 4: Iowa – 81.0
- 5: Minnesota – 51.5
- 6: Ohio State – 51.5
- 7: Cornell – 50.0
- 8: North Carolina State – 46.5
- 9: Northern Iowa – 45.5
- 10: Illinois – 44.5

The Penn State Nittany Lion wrestling team followed up clinching the NCAA team title earlier in the day by crowning two individual champions in the national finals at the 2025 NCAA Wrestling Championships. Carter Starocci and Mitchell Mesenbrink both won in the national finals while freshman Josh Barr finished as NCAA runner-up.

With the titles won by Starocci and Mesenbrink, the Nittany Lions now have 61 NCAA Champions, 40 since Sanderson's arrival as head coach (this is his 16th season at Penn State). Starocci became the first ever five-time national champion with his win. Carter Starocci was named the 2025 NCAA Wrestling Championship Outstanding Wrestler at the tournament's end and Mitchell Mesenbrink was presented with the NCAA's season-long Most Technical Falls Award.

The Nittany Lions won the team race, clinching it early Saturday morning, with 177.0 points. Penn State finished a full 60.0 points ahead of second place Nebraska's 117.0. The team point total of 177.0 is a new NCAA record, breaking the mark of 172.5, set by Penn State last year in Kansas City.

Penn State has now won 12 of the last 15 contest NCAA Championships (no event in 2020) and its fourth straight for the third time since Sanderson became head coach in April of 2009. Sanderson is now second in all-time NCAA history with 12 head coaching titles to his credit. The NCAA record is 15. The Nittany Lions have won the NCAA Championship in 2025, 2024, 2023, 2022, 2019, 2018, 2017, 2016, 2014, 2013, 2012, 2011 and 1953. Early in the tournament on Friday night, Penn State secured 10 All-Americans for the first time in school history, becoming only the second team in NCAA history to do so (Minnesota, 2001). All of Penn State's 10 All-Americans placed in the top six. The Nittany Lions now have 264 All-Americans, 101 under Sanderson in just 16 seasons.

Graduate Carter Starocci, the No. 1 seed at 184, took on No. 2 Parker Keckeisen of Northern Iowa in the first match of the championship finals. The duo worked through the first minute-plus on their feet in the center circle. Starocci gained control of Keckeisen's foot on the edge of the mat with :50 on the clock but Keckeisen was able to counter and force a stalemate at :32. The match moved to the second period tied 0-0. Starocci chose down to start the second period and quickly escaped to a 1-0 lead. The wrestlers traded shots at 1:00 but action remained in neutral. Starocci led 1-0 after two. Keckeisen chose down to start the third period and quickly escaped to a 1-1 tie. Starocci moved in on a shot in the center of the mat and worked himself into control of Keckeisen's foot. After seconds of scrambling, the Lion senior finished off the takedown with :50 on the clock to take a 4-1 lead. Northern Iowa challenged the call, but the takedown stood for Starocci. Keckeisen escaped and Starocci gave up a stall point in the final seconds. But the Lion's takedown was the difference in the 4-3 victory that allowed him to claim his fifth NCAA individual national championship. Starocci ends his historic Penn State wrestling career as the only five-time NCAA Champion in collegiate wrestling history. Starocci went 5-0 in Philadelphia this weekend and closes out his Penn State career with a 104-4 overall record.

Sophomore Mitchell Mesenbrink, the No. 1 seed at 165, met No. 3 Mikey Caliendo of Iowa in Penn State's second title bout. Mesenbrink came out and moved forward quickly, Caliendo stumbled to the mat and Mesenbrink moved on top. But the official called injury time before the action so no score was awarded. Mesenbrink chose down on the reset and quickly escaped to a 1-0 lead. The duo worked the clock down to the end of the first in neutral and Mesenbrink led 1-0 after one. Caliendo escaped to start the second period, knotting the score at 1-1. Mesenbrink chased Caliendo down for a takedown and a 4-2 lead after a quick Caliendo escape at the :45 mark. Leading 4-2, Mesenbrink chose down to start the third period. He escaped to a 5-2 lead and then fought off a high Caliendo shot with 1:05 on the clock. Mesenbrink finished tacked on one final takedown in the waning seconds and rolled to his first NCAA title with an 8-2 victory. Mesenbrink left Philadelphia as a two-time All-American and a perfect 27-0 overall record on the year.

Redshirt freshman Josh Barr, the No. 4 seed at 197, faced No. 2 Stephen Buchanan of Iowa in the final title match-up for Penn State. Barr came out fast, taking a high shot that Buchanan muscled himself

away from. Barr slid away from a Buchanan shot at 1:30 and the match continued in neutral. The first period ended in a scoreless tie. Barr chose down to start the second period. Buchanan got hit with a stall at 1:35. Buchanan got hit with locked hands and Barr escaped with :54 on the clock to a 2-0 lead. Buchanan then took Barr down with a low double to lead 3-2 at :25. Barr trailed 3-2 after two and Buchanan chose down to start the third. Buchanan escaped to a 4-2 lead with 1:31 on the clock. Barr nearly connected on a low shot at 1:06 but Buchanan skipped away. Barr chased Buchanan past the :30 mark but could not catch him for a takedown and lost a tough 5-2 bout to finish as NCAA runner-up as a freshman. Barr ends the year as an All-American with a 20-6 overall record.

The Nittany Lions leave Philadelphia with 10 All-Americans for the first time, all finishing in the top six. True freshman Luke Lilledahl went 6-1 with a pin and two tech falls and placed third at 125, sophomore Braeden Davis went 5-2 with a major and a pin to finish fifth at 133, Senior+ Beau Bartlett went 5-1 with a major place third at 141, sophomore Shayne Van Ness went 5-1 with two pins and two pins to take third at 149, sophomore Tyler Kasak went 6-1 with two pins and a major to place third at 157, junior Levi Haines went 5-1 with a pin and a major to take third at 174 and senior+ Greg Kerkvliet went 3-2 with a tech fall to finish sixth at 285.

The Nittany Lions went 2-1 in the finals and leave Philadelphia with a 49-10 overall record. Penn State amassed 34.5 bonus points this weekend off 10 majors, seven tech falls and seven pins.

Sanderson's 15-year head coaching ledger for team finishes at NCAA's since arriving at Penn State is as follows: 2010 (9th), 2011 (1st), 2012 (1st), 2013 (1st), 2014 (1st), 2015 (6th), 2016 (1st), 2017 (1st), 2018 (1st), 2019 (1st), 2020 (no tourn.), 2021 (2nd), 2022 (1st), 2023 (1st), 2024 (1st), 2025 (1st).

Weight-by-weight agate (RANKINGS LISTED ARE OFFICIAL TOURNAMENT SEED):

125: #1 Luke Lilledahl, Fr., Weldon Spring, Mo./Wyoming Seminary  
Rd. 1: #32 Marcello Milani, Cornell – W, 19-4 (TF; 4:24)  
Rd. 2: #16 Blake West, Northern Illinois – W, 19-3 (TF; 6:52)  
Qtr: #8 Sheldon Seymour, Lehigh – L, 2-2 (TB3-RT) dec.  
Rd. 12: #11 Nicolai Rivera, Wisconsin – W, 7-3 dec.  
Cn. Q: #10 Stevo Poulin, Northern Colorado – W, 3-0 dec.  
Cn. S: #3 Eddie Ventresca, Virginia Tech – W, 4-1 (sv)  
3rd: #2 Matt Ramos, Purdue – WBF (6:18)

Lilledahl met No. 32 Marcello Milani of Cornell in the first round. Lilledahl scored quickly, taking Milani down at the 2:24 mark to open up a 3-0 lead. He cut the Red wrestler loose after a short ride and quickly took him down again to lead 6-1. Lilledahl added one more takedown to lead 9-2 after the first period. Lilledahl escaped to start the second, took Milani down to lead 13-3, again to lead 16-4 and a final time to post a 19-4 technical fall at the 4:24 mark.

He met No. 16 Blake West of Northern Illinois in the first of Penn State's second round matchups. The wrestlers traded early shots over the first two minutes. Lilledahl turned a low shot into a takedown with :18 left in the opening period to lead 3-0 after one. West chose down to start the second period and escaped after nearly a minute to cut the score to 3-1. Lilledahl once again picked up a late takedown and led 6-1 after two. Lilledahl quickly took West down again to up his lead to 9-2 after cutting West loose. Lilledahl added two takedowns and four near fall points and ended the bout early, recording a 19-3 technical fall at the 6:52 mark and advancing to the quarterfinals.

Lilledahl faced No. 8 Sheldon Seymour of Lehigh in the first of Penn State's ten quarterfinal bouts. Lilledahl fought off an early Seymour single leg to keep the bout scoreless at the 2:00 mark. The duo worked in neutral for the rest of the period. Seymour escaped to a 1-0 lead at the 1:30 mark of the second period. Lilledahl and Seymour battled in the center of the mat for the rest of the period and Lilledahl trailed 1-0 after two. Lilledahl chose down to start the third period and quickly escaped to a 1-1 tie. Lilledahl nearly took a lead as regulation ended but Seymour escaped out of bounds and the match moved to extra time. Lilledahl nearly finished off another takedown but a 1:00 scramble ended out of bounds and the match moved to a tiebreaker. Seymour was down first and escaped in :12. Lilledahl was down next and picked up a point on a stall, tying the bout. But the freshman could not escape, and Lilledahl lost the match 2-2 (TB3-RT) and dropped into consolation action.

He took on No. 11 Nicolai Rivera of Wisconsin in the All-America round. Lilledahl worked the center of the mat for the opening minute-plus and then used an ankle-pick to gain control and finish off a takedown to lead 3-2 at :30. He was dinged for a penalty point on a reset and then locked hands on the rideout and led 3-2 after one. Rivera chose down to start the second period. Lilledahl controlled the action on top, forcing a stall warning and riding out the Badger to lead 3-2 with 2:29 riding time after two. Lilledahl chose neutral to start the third period. Lilledahl notched a quick counter takedown at the 1:15 mark to up his lead to 6-3 after a Rivera escape. Lilledahl added a riding time point and became a first time All-American with the 7-3 win. Lilledahl took on No. 10 Steve Poulin of Northern Colorado in the

consolation quarterfinals. Lilledahl battled Poulin through a scoreless first period. The Nittany Lion chose down to start the second period and worked his way to a reversal and a 2-0 lead. Lilledahl finished the period on top and carried that lead into the third. Poulin chose neutral to start the third period and Lilledahl controlled the action on his feet. He finished in neutral and, with riding time, moved into the consolation semifinals with a 3-0 victory.

Lilledahl took on No. 3 Eddie Ventresca of Virginia Tech in the consolation semifinals. Lilledahl and Ventresca battled through a scoreless first period and moved to the second tied 0-0. Lilledahl chose down to start the second stanza and escaped to a 1-0 lead at the 1:41 mark. The duo continued to work in neutral for the rest of the period and the Lion freshman led by one after two. Ventresca chose down to start the third period and escaped to tie the bout at 1-1. Lilledahl forced a first stall warning with good pressure at the :33 mark. The match moved to sudden victory tied 1-1. Lilledahl moved quickly in extra time, turning an ankle pick into a takedown to post the 4-1 (sv) win and move into the third place bout. He took on No. 2 Matt Ramos of Purdue. Ramos scored first, using a fast low shot to take the Lion down and lead 3-1 after a quick Lion escape. Lilledahl quickly moved in on a high shot and took a 4-3 lead with a late takedown. He finished the period on top and led by one after one. Lilledahl chose down to start the second period and quickly escaped to a 5-3 lead. The second period ended with traded shots and Lilledahl led by two after two. Ramos chose down to start the third period and escaped to a 5-4 score. Lilledahl worked Ramos to the mat and finished off the match, taking third place with a pin at 6:18. Lilledahl is now an All-American as a freshman, having gone 25-3 overall record.

133: #8 Braeden Davis, So., Belleville, Mich./Dundee  
Rd. 1: #25 Kurt Phipps, Bucknell – W, 12-4 maj. dec.  
Rd. 2: #9 Braxton Brown, Maryland – W, 5-3 dec.  
Qtr: #1 Lucas Byrd, Illinois – L, 1-12 maj. dec.  
Rd. 12: #11 Evan Frost, Iowa State – W, 4-2 dec.  
Cn. Q: #17 Jacob Van Dee, Nebraska – W, 4-2 dec.  
Cn. S: #14 Zan Fugitt, Wisconsin – L, 5-8 dec.  
5th: #6 Connor McGonagle, Virginia Tech – WBF (2:33)

Davis battled No. 25 Kurt Phipps of Bucknell in the first round. Davis fought off a Phipps high double at the 1:30 mark but gave up the three point takedown to trail 3-0 at :59. He reversed Phipps with :31 on the clock to cut the lead to 3-2 and finished on top to trail by one after one. Phipps escaped to a 4-2 lead to start the second period. Davis turned a high single into a late takedown and led 5-4 after the second period. Davis worked a high double into a takedown at :10 and then turned Phipps for four late back points to walk away with a 12-4 major decision.

He faced No. 9 Braxton Brown of Maryland in the second round. Davis scored first, taking Brown down in the middle of the mat for a 3-1 lead after a quick Brown escape. Leading by two, Davis chose down to start the second period and quickly escaped to a 4-1 lead. Davis worked the center of the mat until Brown tried a standing cradle. Davis countered for a near takedown, but action resumed in neutral after the wrestlers rolled out of bounds. Brown chose down to start the third period and reversed Davis to cut his lead to 5-3 after a Davis escape. Davis fought off Brown's offense down the stretch and moved into the quarterfinals with a 5-3 decision.

Davis battled No. 1 Lucas Byrd of Illinois in the quarters. Byrd took a 3-0 lead with a takedown at the 1:48 mark. Davis worked his way to an escape late in the period and trailed 3-1 after one. Byrd chose down to start the second period and escaped to a 4-1 lead. Byrd turned a quick scramble into a takedown and four back points to lead 11-1 with over 2:00 in riding time after two. Davis chose neutral to start the third period and action never returned to the mat. Byrd, with 2:08 in riding time, posted the 12-1 major decision and Davis dropped into consolation action.

He met No. 11 Evan Frost of Iowa State in the All-American round. Davis turned a high single at the 2:15 mark into a takedown and a 3-0 lead with 2:02 on the clock. Davis controlled the action on top for over a minute before Frost escaped to a 3-1 score. Davis moved in on another low shot with :35 on the clock but Frost fought off the effort and Davis led 3-1 after one. Davis chose down to start the second period and escaped to a 4-1 lead thirty seconds in and carried that lead into the third period after a scoreless second. After a neutral start to the third period, Davis worked on his feet for the final 120 seconds. He gave up one stall point but held off Frost down the stretch and became an All-American with the 4-2 win. Davis took on No. 17 Jacob Van Dee of Nebraska in the consolation quarterfinals. Davis and Van Dee battled through a scoreless first period. Van Dee chose down to start the second stanza and escaped to a 1-0 lead. The rest of the second period was contested in neutral and Davis trailed by one after two. Davis chose down to start the third period and quickly escaped to a 1-1 tie. He turned a shot on the edge of the mat into a takedown and a 4-2 lead after a quick Van Dee escape with 1:30 on the clock. That was the last of the scoring and Davis moved into the consolation semifinals with a 4-2 win.

Davis met No. 14 Zan Fugitt of Wisconsin in the consolation semifinals. Fugitt took an early lead with a takedown at the 2:30 mark and

built up 1:33 in riding time before Davis escaped to a 3-1 score. Fugitt chose down to start the second period and escaped to a 4-1 lead. The Badger then notched a second takedown to open up a 7-1 lead with 1:00 left in the period. Trailing 7-1, Davis chose neutral to start the third. He worked for a takedown and picked one up late in the period, but time ran out and the Nittany Lion fell to the fifth place match with an 8-5 loss. He took on No. 6 Connor McGonagle of Virginia Tech. Davis and McGonagle battled evenly through the first ninety seconds before Davis notched a neutral danger takedown to lead 3-0 at 1:05. McGonagle escaped after reset and Davis moved in on a low double, forcing a scramble. Davis maneuvered McGonagle's shoulders to the mat and got the fall at the 2:33 mark to take the fifth place spot. Davis went 5-2 with a major and a pin in Philadelphia and ends the year as an All-American with a 17-7 mark.

141: #2 Beau Bartlett, Sr., Tempe, Ariz./Wyoming Seminary  
Rd. 1: #31 Jordan Titus, West Virginia – W, 4-2 dec.  
Rd. 2: #18 Julian Tagg, South Dakota St. – W, 4-1 dec.  
Qtr: #10 CJ Composto, Penn – W, 5-0 dec.  
Semi: #3 Jesse Mendez, Ohio State – L, 1-2 TB dec  
Cn. S: #4 Josh Koderhandt, Navy – W, 11-6 (sv)  
3rd: #10 CJ Composto, Penn – 11-2 maj. dec.

Bartlett faced #31 Jordan Titus of West Virginia in the first round. Bartlett notched the bout's first takedown at the 1:26 mark and led 3-1 after cutting Titus loose. Bartlett stayed on offense and led 3-1 after one. Titus escaped to a 3-2 score to begin the second period. Bartlett finished the period on his feet and led by one heading into the final period. Bartlett worked his way to an escape and a 4-2 lead at :53 and rode the strength of the first period takedown to a 4-2 win.

He took on No. 18 Julian Tagg of South Dakota State in the second round. Bartlett and Tagg battled evenly over the first two minutes. Bartlett nearly turned a low single into a takedown, but Tagg was able to fight back to neutral with :30 on the clock. Tagg escaped early in the second to take a 1-0 lead. Bartlett countered a quick Tagg shot for the first takedown of the bout and led 3-1 at 1:11. Bartlett finished on top and carried that lead, plus 1:43 in riding time, into the third. He chose neutral to start the third. Bartlett controlled action on his feet for the rest of the period and, with the riding time point, moved into the quarterfinals with a 4-1 win.

Bartlett took on No. 10 CJ Composto of Penn in the quarterfinals. Bartlett and Composto battled through a scoreless first period, working in neutral in the center of the mat. The Nittany Lion senior chose down to start the second period and quickly escaped to a 1-0 lead. He immediately moved in on a low single and finished off the takedown to open up a 4-0 lead. Bartlett rode Composto out and led 4-0 with 1:08 in riding time after two. Composto chose neutral to start the third period. Bartlett controlled action in neutral throughout the third period and, with 1:08 in riding time, moved into the semifinals with a 5-0 win. He also became a three-time All-American with the victory.

He met No. 3 Jesse Mendez of Ohio State in the first of Penn State's seven semifinal bouts. Bartlett and Mendez worked in neutral on the NCAA logo for the entirety of the first period and action moved to the second tied 0-0. Bartlett chose down to start the second and quickly escaped to a 1-0 lead. Bartlett worked to maintain his position near the center of the mat as the clock moved below :30 and the Lion led 1-0 after two periods. Mendez chose down to start the third period and quickly escaped to a 1-1 tie. Mendez worked his way in on a single leg at the :30 mark and Bartlette fought off the effort for the remainder of the period to send the match to overtime. The duo worked neutral for the first minute-plus with neither grappler threatening. The match moved to a tie-breaker knotted at 1-1. Mendez was down first. Mendez escaped with :03 on the clock to take a 2-1 lead. Bartlett was down next. The Nittany Lion battled for an escape and nearly pulled it off with :06 on the clock but Mendez held on and finished the rideout. Bartlett dropped the 2-1 (tb) decision and moved into consolation action, alive for third place.

Bartlett wrestled No. 4 Josh Koderhandt of Navy in the consolation semifinals. Bartlett notched the bout's first takedown early in the first period and led 3-1 after a quick Koderhandt escape. Koderhandt answered with his own takedown late in the period to lead by one, but Bartlett was able to escape to tie the bout heading into the second. Koderhandt chose down to start the second and escaped to a 5-4 lead, the only score of the period. Bartlett took down to start the final period and worked his way to a reversal and a 6-5 lead at 1:30. Koderhandt escaped to tie the bout and action moved to extra time. Bartlett struck fast in sudden victory, taking Koderhandt down on the edge of the mat and turning him for two back points to post the thrilling 11-6 (sv) win. He moved into the third place bout where he met No. 10 CJ Composto for the second time this weekend. Bartlett took a 3-1 lead with a takedown at the 1:05 mark with a quick Penn escape. The first period ended in neutral, and Bartlett led 3-1 after one. Composto took down to start the third and escaped to a 3-2 score. Bartlett scrambled his way to a takedown and added four near fall to open up a 10-2 lead after two. Bartlett chose down to start the third and escaped to an 11-2 lead. Bartlett finished the period on his feet and nabbed third place in his final NCAA appearance with an 11-2 major decision. Bartlett wraps up his outstanding Nittany Lion wrestling career as a three-time All-American having placed third, second

and third. He went 5-1 this weekend and ends his collegiate career with a 100-20 career record.

149: #3 Shayne Van Ness, So., Somerville, N.J./Blair Academy  
Rd. 1: #30 Gabe Willochell, Wyoming – WBF (4:11)  
Rd. 2: #19 Andrew Clark, Rutgers – W, 11-1 maj. dec.  
Qtr: #6 Lachlan McNeil, North Carolina – W, 7-2 dec.  
Semi: #2 Ridge Lovett, Nebraska – L, 6-14 dec.  
Cn. S: #12 Ethan Stiles, Oregon State – WBF (1:06)  
3rd: #13 Dylan D'Emilio, Ohio State – W, 15-4 maj. dec.

Van Ness met No. 30 Gabe Willochell of Wyoming in the first round. Van Ness turned a low single into a takedown at the 1:32 mark to lead 3-0 early. Van Ness scrambled to a second takedown and a 6-1 lead after one. Willochell chose bottom to start the second period, and Van Ness took advantage of the decision. He turned the Cowboy wrestler to his back and picked up the fall at the 4:11 mark.

He battled No. 19 Andrew Clark of Rutgers in the second round. Van Ness turned a sideline single into a takedown to open up a 3-0 lead a minute into the bout. Clark escaped after Van Ness built up over 1:00 in time and Van Ness moved in quickly for another takedown to lead 6-1 after one. Clark chose down to start the second period and Van Ness controlled action on offense. He worked his riding time up over 3:00 with a full rideout and led 6-1 with clinched riding time (3:32) after two. After a neutral start, Van Ness worked the clock down to the last :30 before taking Clark down again. He added a stall point and riding time and rolled into the quarterfinals with an 11-1 major decision.

Van Ness wrestled No. 6 Lachlan McNeil of North Carolina in the quarters. Van Ness and McNeil wrestled through the opening three minutes on their feet in the middle of the mat and moved to the second tied 0-0. McNeil chose down to start the middle stanza and escaped to a 1-0 lead at 1:47. Van Ness pressured the Tar Heel for the rest of the period, forcing one stall warning but trailing by one heading to the third. Van Ness escaped quickly to start the third period and knotted the bout at 1-1. Van Ness' offensive pressure paid off when the Lion sophomore moved through a fast low double and finished off a takedown to lead 4-1 at the 1:23 mark. McNeil escaped and the match resumed in neutral. Van Ness continued his work on offense and capped off the victory with a final takedown, rolling into the semifinals with a 7-2 victory. The win also made Van Ness a two-time All-American.

He battled No. 2 Ridge Lovett of Nebraska in the semifinals. Lovett took Van Ness down early in the first period and then turned him for three back points to lead 6-0 at the 2:00 mark. He added another four point turn and led 10-0 after the first period. Lovett chose down to start the second period and Van Ness cut him to an 11-0 score. Van Ness cut into the lead with a takedown at the 1:25 mark and trailed 12-3 after cutting him loose. The Lion notched another quick takedown to cut the score to 13-6 after another cut with :40 left in the period. Trailing 13-6, Van Ness chose neutral to start the third period. Van Ness picked up a stall point at :50 and another at :25 but his comeback effort ran out of time. Van Ness lost 14-8 and moved into consolation action, alive for third place.

battled No. 12 Ethan Stiles of Oregon State in the consolation semifinals. Van Ness controlled action on the NCAA logo to start the bout. Working for control on his feet, the Nittany Lion sophomore wrapped up a cradle and turned Stiles to his back quickly, getting the fast fall at the 1:06 mark to move into the third place bout. Van Ness took on No. 13 Dylan D'Emilio of Ohio State. Van Ness worked D'Emilio for a takedown a minute into the first period and took a 3-0 lead. He built up almost a minute of time before the Buckeye escaped and Van Ness led 3-1 after one. D'Emilio chose down to start the second period and quickly escaped to a 3-2 score. Van Ness went to work on offense, notching two takedowns and two back points to lead 8-2 after two. The Nittany Lion sophomore capped off third place with another takedown and riding time to roll to a 15-4 major decision. Van Ness is now a two-time All-American with this third place finish, ending the year with a 25-3 record.

157: #1 Tyler Kasak, So., Doylestown, Pa./Bethlehem Catholic  
Rd. 1: #32 Landen Johnson, Northern Illinois – WBF (1:38)  
Rd. 2: #16 Cody Chittum, Iowa State – W, 8-3 dec.  
Qtr: #8 Joey Blaze, Purdue – L, 4-5 dec.  
Rd. 12: #14 Jude Swisher, Penn – W, 5-4 dec.  
Cn. Q: #12 Caleb Fish, Oklahoma State – WBF (4:19)  
Cn. S: #2 Meyer Shapiro, Cornell – W, 4-2 dec.  
3rd: #20 Trevor Chumbley, Northwestern – W, 8-0 maj. dec.

Kasak took on No. 32 Landen Johnson of Northern Illinois in the first round. Kasak scored quickly, taking Johnson down just nine seconds into the bout to lead 3-1 after a short ride. He took Johnson down once more in neutral, wrapping up a cradle. Kasak adjusted for a couple seconds and finished off the first period pin at the 1:38 mark.

He met No. 16 Cody Chittum of Iowa State in the second round. Kasak scored quickly, taking Chittum down to open up a 3-1 lead after a quick Cyclone escape. Kasak nearly connected on another single at the :10 mark, but Chittum slid out of bounds and Kasak

led 3-1 after one. Kasak chose down to start the second period and quickly reversed Chittum, opening up a 5-2 lead after Chittum escaped. Kasak scrambled his way to a neutral danger takedown at the end of the second and lead 8-2. Chittum escaped to an 8-3 score to start the third period. The escape was the only score in the final period and Kasak walked into the quarterfinals with the strong 8-3 decision.

Kasak faced No. 8 Joey Blaze of Purdue in the quarterfinals. Kasak scored first, turning a low single into a takedown on the edge of the mat at 1:47. Blaze escaped to a 3-1 score at 1:20 and the match continued in neutral. Kasak and Blaze worked neutral for the rest of the period and Kasak led 3-1 after the opening period. Blaze chose down to start the second period. Kasak controlled the action long enough to work his riding time up over 1:00 but gave up a stall warning in the process. Kasak led 3-2 after a Blaze escaped and carried that lead into the third period. Kasak escaped to a 4-2 lead to start the third period but lost his riding time edge. Kasak and Blaze scrambled through action on the edge of the mat and the Boiler-maker turned it into a takedown and a 5-4 lead. Kasak was unable to escape and dropped a 5-4 decision. The loss moved Kasak into consolation action.

He met No. 14 Jude Swisher of Penn in the All-America round. Kasak came out and scored quickly, taking Swisher down to open up a 3-0 lead less than thirty seconds into the bout. Kasak controlled the action on top for over 1:00 before Swisher escaped to a 3-1 score. Kasak finished the period pressuring the Quaker offensively and led 3-1 after one. Swisher chose down to start the second period and escaped to a 3-2 score, but Kasak had 1:48 in riding time. Kasak carried that lead and riding time edge into the third period. Kasak gave up two stall points in the third period, but his riding time edge earned in the first two periods gave him a 5-4 win and made him a two-time All-American. Kasak met No. 12 Caleb Fish of Oklahoma State in the quarterfinals. Kasak scored first to lead 3-1 after Fish escaped midway through the period. Fish notched a late takedown to lead 4-3, however, when the period ended. Kasak chose down to start the second, escaped, and then caught Fish at the shoulders and threw him to his back. He settled in and got the fall at the 4:19 mark, moving into the consolation semifinals.

Kasak met No. 2 Meyer Shapiro of Cornell in the consolation semifinals. Kasak and Shapiro battled evenly on the NCAA logo for the bulk of the first period. The duo scrambled onto the mat late in the period and Kasak was able to work his way into control for a late takedown and led 3-0 after one. Kasak chose down to start the second period and worked his way to an escape and a 4-0 lead at :49. Shapiro, trailing by four, chose down to start the third period. Kasak controlled action deep into the third period before Shapiro escaped to a 4-1 score. Kasak gave up a stall point down the stretch, but the first period takedown proved the difference in a 4-2 win. Kasak moved to the third place match where he met No. 20 Trevor Chumbley of Northwestern. Kasak opened up an early lead with a takedown in the first minute. He forced a stall warning with a rideout and carried that lead into the second. Chumbley chose down to start the second period and Kasak once again dominated action on top. The Lion sophomore controlled the Wildcat for the entire period and led 3-0 with 4:20 in riding time after the second stanza. Kasak escaped to start the third period and led 4-0. He finished off the third period with a takedown and riding time to post an 8-0 major decision to grab third place for the second straight year. Kasak is now a two-time All-American, finishing his sophomore season with a 23-2 record.

165: #1 Mitchell Mesenbrink, So., Hartland, Wis./Arrowhead  
Rd. 1: #33 Chandler Amaker, Central Michigan – W, 16-0 (TF; 3:32)  
Rd. 2: #16 Kyle Mosher, Hofstra – W, 22-6 (TF; 4:15)  
Qtr: #8 Cameron Amine, Oklahoma State – W, 5-0 dec.  
Semi: #12 Chris Minto, Nebraska – W, 13-2 maj. dec.  
Finals: #3 Mikey Caliendo, Iowa – W, 8-2 dec.

Mesenbrink faced No. 33 Chandler Amaker of Central Michigan in the first round. Mesenbrink dominated the action from the onset, using a quick takedown and four back points to lead 7-0 at 1:48. He picked up a penalty point and four more back points to open up a 12-0 lead after one. Mesenbrink chose down to start the second period, quickly escaped and then ended the bout with a final takedown, getting the 16-0 technical fall at 3:32.

He faced No. 16 Kyle Mosher of Hofstra in the second round. Mesenbrink scored early, taking the Hofstra wrestler down to open up a 3-0 lead at 2:39. Mesenbrink cut Mosher loose, took him down again and turned him to his back for three near fall for a 9-2 lead after Mosher escaped. Mesenbrink picked up another quick takedown and led 12-2 with 2:18 in riding time after one period. Mosher escaped to start the second period. Mesenbrink took him down, Mosher reversed, Mesenbrink escaped led 16-5. Mesenbrink tacked on two more takedowns to post a dominant 22-6 technical fall at the 4:15 mark, advancing to the quarterfinals.

Mesenbrink met No. 8 Cameron Amine of Oklahoma State in the quarters. Mesenbrink chased Amine around the mat for the first minute as the Cowboy grappler played the outside circle. The Lion sophomore finally got a stall warning on Amine at the :45 mark and then worked his way in on a low single. But Amine forced a stalemate,

and the match moved to the second tied 0-0. Mesenbrink escaped to a 1-0 lead to start the second period and then forced a scramble with a low single at 1:15. The Lion was able to finish off the takedown in front of the OSU bench and took a 4-0 lead at :33. He finished the period on top and led by four after two. Amine took down to begin the final period and Mesenbrink controlled the action for the full two minutes. Mesenbrink's rideout gave him a riding time point and a 5-0 win. The victory advanced him to the national semifinals and made the Lion sophomore a two-time All-American.

He faced No. 12 Chris Minto of Nebraska in the semifinals. Mesenbrink chased Minto off the mat to force a stall in the opening ten seconds. He then worked into a scramble and finished off a takedown for a 3-0 lead with 2:12 on the clock. Mesenbrink picked up another point on stalling and finished the period on top to lead 4-0 with 2:15 in riding time after one. Mesenbrink chose down to start the second period and quickly escaped to a 5-0 lead. He added another takedown to up his lead to 8-0 and continued to try and turn the Husker for back points. Mesenbrink finished the period on top and led by eight after two. After Minto chose down to start the third, Mesenbrink picked up another stall point before Minto escaped. Mesenbrink quickly took him down again to lead 12-2 lead after cutting Minto loose. Mesenbrink added a riding time point and moved into the national finals with a strong 13-2 major decision.

#### SEE ABOVE STORY FOR THIS SESSION'S BOUT-BY-BOUT

174: #2 Levi Haines, Jr., Arendtsville, Pa./Biglerville  
Rd. 1: #31 Branson John, Maryland – WBF (2:46)  
Rd. 2: #18 Gavin Sax, Oklahoma – W, 4-0 dec.  
Qtr: #7 Danny Wask, Navy – W, 7-2 dec.  
Semi: #3 Dean Hamiti, Oklahoma State – L, 2-4 dec.  
On. S: #5 Simon Ruiz, Cornell – W, 4-1 dec.  
3rd: #11 Patrick Kennedy, Iowa – W, 11-3 maj. dec.

Haines met No. 31 Branson John of Maryland in the first round. Haines drew first blood with a takedown at the 1:38 mark. He then turned John for two back points and led 5-0. Haines went to work, locking up a cradle and finishing off the first period pin. Haines got the fall call at 2:46.

He took on No. 18 Gavin Sax of Oklahoma in the second round. Haines notched the bout's first takedown two minutes into the period. Haines controlled the action on top, working his riding time up over 1:00 and finished the period on top to lead 3-0 after one. Haines escaped to start the second period and led 4-0 after two. The Sooner chose neutral to start the third period. Haines pressured Sax offensively for the rest of the match, forcing him into defense for the final two minutes. Haines posted the 4-0 decision and advanced to the quarterfinals.

Haines, battled No. 7 Danny Wask of Army in the quarterfinals. Haines connected on a single early in the match and took a 3-0 lead with a takedown at the 1:00 mark. Wask escaped after a quick Haines ride and action resumed in neutral with the Lion up 3-1. Haines carried that two point lead into the middle period and escaped to a 4-1 lead to begin the second. Haines nearly picked up a second takedown late in the period, but Wask fought it off and Haines led 4-1 after two. Wask chose down to start the third and Haines maintained control until the 1:20 mark before Wask escaped to a 4-2 score. Haines countered a slight Wask shot and iced the bout with a final takedown at :08. The final score gave Haines the 7-2 win, advanced him to the semifinals and made him a three time All-American.

He took on No. 3 Dean Hamiti of Oklahoma State in the semifinals. Hamiti scored quickly, notching a takedown seconds into the bout. Haines escaped quickly to cut the lead to 3-1 and action resumed in neutral. Haines forced a scramble with a high shot, but Hamiti fought it to a stalemate with 1:10 on the clock. Haines trailed 3-1 after the opening period. Haines chose down to start the second period and quickly escaped to a 3-2 score. Haines got in on another high shot, but Hamiti was able to force another stalemate and Haines trailed by one after two periods. Hamiti chose down to start the third and escaped to a 4-2 lead. Haines battled for a takedown, but Hamiti halted each effort, and the Lion junior dropped a 4-2 decision. The loss move3d him into consolation action.

took on No. 5 Simon Ruiz in the consolation semifinals. Haines and Ruiz worked the center of the mat and battled through a scoreless first period. Ruiz chose down to start the second period and quickly escaped to a 1-0 lead. The early escape was the only point of the second period and Haines trailed by one after two. Haines escaped quickly to start the third period and tie the bout at 1-1. Haines took a slight shot at :30, Ruiz nearly countered and Haines countered back for the critical takedown in a 4-1 win. Haines moved into the third place bout and took on No. 11 Patrick Kennedy of Iowa. Haines opened up the scoring with a takedown at the 1:59 mark to lead 3-1 after a quick Kennedy escape. He carried that two point lead into the second period. Haines chose down to start the second and quickly escaped to a 4-1 lead. He notched his second takedown less than a minute later and upped his edge to 7-2 after two. Kennedy escaped to start the third period, cutting the lead to 7-3. Haines pressed for bonus points and took the Hawkeye down once more with just :15

on the clock. His riding time point proved key as Haines capped off his season with an 11-3 major decision to take third place. Haines is now a three-time All-American, having placed second, first and third thus far. He ends the season with a 25-2 record.

184: #1 Carter Starocci, Gr., Erie, Pa./Cathedral Prep  
Rd. 1: #32 Caden Rogers, Lehigh – W, 18-2 (TF; 6:19)  
Rd. 2: #16 Shane Cartagena-Walsh, Rutgers – W, 15-0 (TF; 4:23)  
Qtr: #8 Jaxon Smith, Maryland – W, 9-1 maj. dec.  
Semi: #4 Dustin Plott, Oklahoma State – W, 9-3 dec.  
Finals: #2 Parker Keckeisen, Northern Iowa – W, 4-3 dec.

Starocci faced No. 32 Caden Rogers of Lehigh in the first round. Starocci forced a stall warning in the opening minute as Rogers played the outside circle. Starocci took a lead with a takedown at :59 mark and then spent the rest of the period working for nearfall and settled for a 3-0 lead after one. Rogers chose down and Starocci picked up two stall points on offense, then turned the Hawk for four back points and led 9-0. Starocci, leading 9-0, chose neutral to start the third period and took a 12-1 lead with a quick takedown and cut. He added two more takedowns and finished off the 18-2 tech fall at the 6:19 mark for career win 100.

He faced No. 16 Shane Cartagena-Walsh of Rutgers in the second round. Starocci scored quickly, taking Cartagena-Walsh down in the opening seconds. Starocci worked the Knight over for four back points to lead 7-0, reset and picked up four more to lead 11-0 after the opening period. After a neutral start, Starocci picked up another takedown and then iced the technical fall on a stall point, winning 15-0 at 4:23 to move into the quarterfinals.

Starocci faced No. 8 Jaxon Smith of Maryland in the quarters. Starocci followed Smith to the edge of the mat for the first two minutes. He caught the Terrapin before he could escape out of bounds and took a 3-0 lead with a takedown at :42. He finished the period on top and led 3-0 heading into the second. A quick Starocci escape to begin the period gave the Nittany Lion a 4-0 lead. He picked up a stall point at 1:03 and led 5-0 after two periods. Smith chose down to start the third period and Starocci maintained control the action on top. With riding time clinched, Starocci cut Smith loose, looking for bonus points. Starocci finished off the major with a late takedown and, with riding time, moved into the semifinals with a 9-1 major decision. He also became Penn State's fourth five time All-American with the win.

He faced No. 4 Dustin Plott of Oklahoma State in the semifinals. Starocci came out fast on offense and his pressure paid off with a takedown to lead 3-0 at the 1:46 mark. He cut Plott loose after working up a minute of time and then took the Cowboy down once more to open up a 6-1 lead. He carried it, and 1:17 in time, into the second period. Starocci chose down to start the second period. Starocci reversed the Cowboy and led 8-1 midway through the period. Plott cut the lead to 8-2 before the period ended and then chose down to start the third. He escaped to cut Starocci's lead to 8-3, but the Lion held 1:57 in riding time. Starocci finished the bout in neutral and moved into the NCAA finals for a fifth time with a 9-3 victory.

#### SEE ABOVE STORY FOR THIS SESSION'S BOUT-BY-BOUT

197: #4 Josh Barr, R-Fr., Davison, Mich./Davison  
Rd. 1: #29 Tucker Hogan, Lock Haven – W, 9-1 maj. dec.  
Rd. 2: #13 Trey Munoz, Oregon State – W, 5-2 (sv) dec.  
Qtr: #5 Michael Beard, Lehigh – W, 14-3 maj. dec.  
Semi: #1 Jacob Cardenas, Michigan – W, 5-3 dec.  
Finals: #2 Stephen Buchanan, Iowa – L, 2-5 dec.

Barr battled No. 29 Tucker Hogan of Lock Haven in the first round. Barr battled through the opening minutes, taking a series of shots that forced Hogan backwards. The Lion freshman took a 3-0 lead into the second period with a last second takedown. Logan escaped to a 3-1 score to start the second period. Leading 3-1, Barr chose down to start the third stanza and quickly escaped to a 4-1 lead. Barr continued to shoot Hogan backwards, picking up a stall point and then taking Logan down to lead 8-1 at 1:30. Barr picked up another point after an escape (injury time choice) and walked away with a 9-1 major decision.

He battled No. 13 Trey Munoz of Oklahoma State in the second round. Barr got in deep on a high single at the 1:10 mark but Munoz was able to defend his way to neutral and keep the bout scoreless through one period. Munoz chose down to start the second period and reversed Barr to lead 2-1 after a quick Lion escape. Trailing by one, Barr chose down to start the third period and quickly escaped to a 2-2 tie. He then worked his way in on a single leg, forcing a scramble through the 1:00 mark before a stalemate forced a reset. The bout moved into extra time tied 2-2. Barr battled his way through the first minute, got in deep on a low double and muscled his way into the quarterfinals with a takedown and a 5-2 (sv) win.

Barr met No. 5 Michael Beard of Lehigh in the quarterfinals. Barr battled in neutral for the first two minutes and took a 3-0 lead with a quick shot at the 1:10 mark. Beard escaped to a 3-1 score at :43 and action resumed in neutral. Leading 3-1, Barr chose down to start the

second period. Barr escaped, quickly turned in on a single and took a 7-2 lead on the edge of the mat. Barr notched a third takedown with 1:10 left to up his lead to 10-2. Barr finished the period on top and led 10-2 with 1:39 in riding time after two periods. After a neutral start to the third, Barr continued to work his offense and turned a high single into another takedown and a 13-2 lead. Beard escaped and Barr finished in neutral. With riding time, the Nittany Lion freshman posted the 14-3 major decision and advanced to the national semifinals in his first trip to NCAAs. Barr also became a first time All-American with the victory as well.

He met No. 1 Jacob Cardenas of Michigan in the semifinals. Cardenas snapped into a low single and nearly took Barr down off the whistle, but the Lion freshman countered and rolled through for a takedown of his own to lead 3-0 at the 2:36 mark. Barr then went to work on top, building up riding time 1:24 in time before Cardenas escaped. Barr carried a 3-1 lead and the time edge into the second period. He chose down to start it and quickly escaped to a 4-1 lead. Barr maintained his position on the NCAA logo and finished the period in neutral to lead by three heading into the third. Cardenas chose down to start the third period and escaped to a 4-2 score, but Barr had 1:31 in riding time. Barr gave up a stall call at :22 and then another at :15, cutting his lead to 4-3 at the :15 mark. Barr's riding time point gave the Nittany Lion a final point and the Penn State freshman moved into the NCAA finals in his first trip to nationals with a 5-3 win.

#### SEE ABOVE STORY FOR THIS SESSION'S BOUT-BY-BOUT

285: #3 Greg Kerkvliet, Sr., Inver Grove Heights, Minn./Simley  
Rd. 1: #30 Sam Mitchell, Wyoming – W, 15-0 (TF; 5:31)  
Rd. 2: #14 Gavin Hoffman, Lock Haven – W, 4-0 dec.  
Qtr: #6 Josh Heindselman, Michigan – W, 5-0 dec.  
Semi: #2 Wyatt Hendrickson, Oklahoma State – L, 2-8 dec.  
On.S: #9 Cohlton Schultz, Arizona State – L, inj. def.

Kerkvliet met No. 30 Sam Mitchell of Wyoming in the first round. Kerkvliet muscled Mitchell to the mat and worked around for a takedown at the 2:12 mark, opening up a 3-0 lead. He controlled action on top, turned Mitchell late for four back points, and led 7-0 after one. Kerkvliet led 12-0 after two, picking up a late stall point. Kerkvliet ended the bout with a quick takedown to start the third period, notching the 15-0 technical fall at the 5:30 mark.

He met No. 14 Gavin Hoffman of Lock Haven in the last of Penn State's 10 second round bouts. Kerkvliet worked in neutral through the first two minutes and then took a 3-0 lead with a takedown at 1:01. Kerkvliet controlled the action on top for the rest of the period and led 3-0 after one. Hoffman chose down to start the third period and Kerkvliet controlled the action for the entire period, riding Hoffman out to lead 3-0 with clinched riding time (3:01) after two. Kerkvliet chose top to start the third period. The Lion big man worked his way to another ride out and, with 5:01 in riding time, advanced to the quarterfinals with a 4-0 win.

Kerkvliet took on No. 6 Josh Heindselman of Michigan in Penn State's final quarterfinal bout. Kerkvliet used a blast double to take a 3-0 lead at the 2:21 mark. He went to work on top, building up riding time while trying to turn the Wolverine for back points. Kerkvliet picked up a stall point and finished the period on top to lead 4-0 with 2:11 in time after one. After a neutral start to the second and the middle stanza was scoreless. Heindselman also chose neutral to begin the third period. Kerkvliet and Heindselman worked the third period on their feet and Kerkvliet, with riding time, posted the 5-0 win to advance to the NCAA semifinals. He also became a five-time All-American with the win.

He battled No. 2 Wyatt Hendrickson of Oklahoma State in the last of Penn State's seven semifinal match-ups. The big man duo worked the center of the mat for the first two minutes, battling on their feet in a scoreless tie. Kerkvliet took a slight shot, slipped on Hendrickson's counter, and the Cowboy took a 3-0 lead. Kerkvliet escaped with a second left and trailed 3-1 after one. Kerkvliet chose down to start the second and escaped to a 3-2 score, but Hendrickson had 1:27 in riding time. Hendrickson chose down to start the third period and escaped to a 4-2 lead, then rolled through a shot to open up a 7-2 advantage with 1:30 on the clock. Hendrickson finished the period on top and, with riding time, posted the 8-2 win. Kerkvliet's loss moved him to consolation action, still alive for third place.

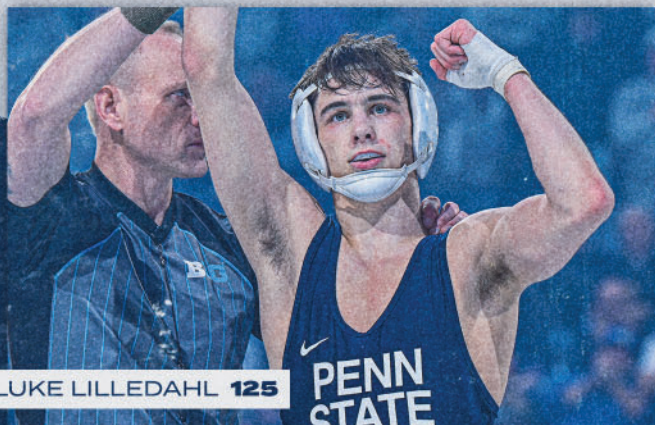
Kerkvliet was to meet No. 9 Cohlton Schultz of Arizona State in the consolation semifinals. Kerkvliet was unable to continue in the tournament due to injury and bowed out of the event. He finishes the tournament in sixth place with a 3-2 record. Kerkvliet ends his stellar Penn State career as a five-time All-American and NCAA Champion (2024) and with an 92-13 career record.





# PENN STATE WRESTLING

## 2025 NCAA WRESTLING TOURNAMENT GUIDE



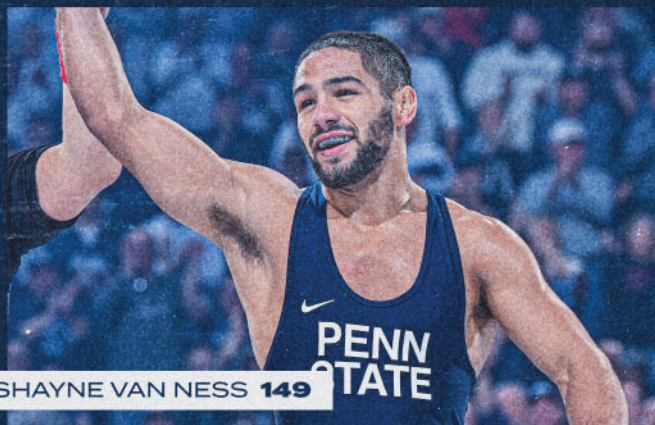
LUKE LILLED AHL 125



BRAEDEN DAVIS 133



TYLER KASAK 157



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