

# PENN STATE TRACK & FIELD CROSS COUNTRY



## 2025 Penn State Women's Outdoor Performance List

### WOMEN'S 100-METER DASH PSU: 11.21, Connie Moore (2003)

12.00	Lauren Princz	March 22
12.09 PR	Dani Prunzik	April 18
12.49 PR	Carly Aument	April 10

### WOMEN'S 200-METER DASH PSU: Connie Moore, 22.60 (2010)

23.78	Maddie Pitts	April 10
23.82	Zoey Goldstein	April 4
24.31 PR	Lauren Princz	May 2
24.71 PR	Mimi Duffy	May 2
24.95 PR	Alexandria North	May 2

### WOMEN'S 400-METER DASH PSU: 50.84, Shana Cox (2008)

53.07 PR	Zoey Goldstein	April 5
54.81 PR	Alexandria North	May 2
56.07 PR	Mimi Duffy	May 2
56.80 PR	Harriett Healey	May 2
58.05	Allison Johnson	March 29

### WOMEN'S 800-METER RUN PSU: 2:00.70, Hayley Kitching (2024)

2:04.79	Allison Johnson	April 5
2:06.28 PR	Tayissa Buchanan	March 29
2:08.37	Ada Rand	April 5
2:09.02 PR	Kileigh Kane	March 28
2:09.44	Maddie Ullom	March 28

### WOMEN'S 1500-METER RUN PSU: 4:10.47, Danae Rivers (2021)

4:12.49 PR	Kileigh Kane	April 18
4:13.92 PR	Maddie Ullom	March 28
4:15.24 PR	Ada Rand	May 2
4:16.26 PR	Lea Hatcher	May 2
4:17.15 PR	Allison Johnson	March 28

### WOMEN'S 5000-METER RUN PSU: 15:31.63, Florence Caron (2025)

15:31.63 PR	Florence Caron	April 16
16:05.40	Sophia Toti	April 24
16:29.60 PR	Katie Dallas	April 24
16:42.55	Allison Dougherty	April 12
16:44.91 PR	Claire Zubey	April 24

### WOMEN'S 10,000-METER RUN PSU: 32:26.52, Florence Caron (2025)

32:26.52 PR	Florence Caron	March 27
33:39.54	Sophia Toti	March 27

### WOMEN'S 100-METER HURDLES PSU: 12.85, Aleesha Barber (2010)

13.54 PR	Maddie Pitts	April 24
14.52 PR	Madeleine Soderqvist	April 18
15.26	Allison Spalding	March 22

### WOMEN'S 400-METER HURDLES PSU: 55.57, Fawn Dorr (2010)

1:01.16 PR	Addyson White	April 18
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### WOMEN'S 3,000-METER STEEPLECHASE PSU: 9:32.35, Bridget Franek (2010)

10:16.91 PR	Maddie Ullom	April 4
10:21.43	Kileigh Kane	April 4
10:58.11	Allison Dougherty	March 28

### WOMEN'S 4X100-METER RELAY PSU: 44.25, Fox, Shoaf, Moore, Aduba (2003)

46.81	White, Prunzik Aument, Princz	April 10
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### WOMEN'S 4X200-METER RELAY PSU: 1:33.09, Jones, McGee, Howell, Seymour (2014)

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### WOMEN'S 4x400-METER RELAY PSU: 3:27.69, Blake, Barber, Hunter, Cox, (2008)

3:36.10	Pitts, Duffy North, Goldstein	April 10
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### WOMEN'S 4x800-METER RELAY PSU: 8:23.81, Ullom, Johnson, Kitching, Gearing (2023)

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### WOMEN'S SPRINT MEDLEY RELAY PSU: 3:44.66, Pitts, Brown, Goldstein, Kitching, (2024)

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### WOMEN'S DISTANCE MEDLEY RELAY PSU: 10:55.31, Ullom, Goldstein, Johnson, Kane (2025)

10:55.31	Ullom, Goldstein Johnson, Kane	April 24
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### WOMEN'S 4X1500-METER RELAY PSU: 17:09.59, Ullom, Kane, Caron, Kitching (2024)

17.13.14	Kane, Caron Ullom, Rand	April 24
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### WOMEN'S HIGH JUMP PSU: 6-0 (1.83), Shelley Mitchell (1992)

5-08.75 (1.75m)	Hannah Riolo	March 29
5-07.25 (1.71m)	Gwen Cudmore	May 2
5-07.00 (1.70m)	PR Jenna Young	April 24
5-05.25 (1.66m)	Morgan Casey	March 22
5-05.00 (1.65m)	Katie Becker	March 28

### WOMEN'S POLE VAULT PSU: 14-1.75 (4.31), Katie Jones (2022)

13-09.25 (4.20m)	PR Victoria Atkinson	April 18
13-05.75 (4.11m)	PR Meredith Baham	April 24
13-05.75 (4.11m)	PR Gabriella Recce	April 24
11-09.75 (3.60m)	Amelia McBain	April 18

### WOMEN'S LONG JUMP PSU: 21-6 (6.55), Chi-Chi Aduba (2004)

19-08.00 (5.99m)	Maddie Pitts	April 18
19-00.50 (5.80m)	Gabriella Recce	May 2
18-08.50 (5.70m)	PR Madeleine Soderqvist	April 18
16-03.00 (4.95m)	Allison Spalding	March 22

### WOMEN'S TRIPLE JUMP PSU: 44-6.75 (13.58), Chi-Chi Aduba (2004)

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### WOMEN'S SHOT PUT PSU: 59-0.75 (18.00), Mallory Kauffman (2023)

41-1.50 (12.53m)	Maddie Pitts	April 10
40-0.50 (12.20m)	PR Madeleine Soderqvist	April 10

### WOMEN'S DISCUS PSU: 185-1 (56.42), Deshaya Williams (2001)

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### WOMEN'S HAMMER PSU: 219-11 (67.05), Samaria McDonald (2024)

185-08 (56.59m)	PR Gabi Deglau	May 2
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### WOMEN'S JAVELIN PSU: 178-6 (54.41), Laura Loht (2014)

160-9 (49.00m)	PR Audrey Friedman	April 12
123-9 (37.72m)	PR Marley Croyle	April 18
97-11 (29.85m)	Maddie Pitts	May 2
97-7 (29.75m)	PR Madeleine Soderqvist	April 10

### WOMEN'S HEPTATHLON PSU: 5,976, Maddie Holmberg (2018)

5603	Maddie Pitts	May 2
4845	Madeleine Soderqvist	April 12

# PENN STATE TRACK & FIELD CROSS COUNTRY



## 2025 Penn State Men's Outdoor Performance List

### MEN'S 100-METER DASH

PSU: 10.15, Cheickna Traore (2024)

10.19 (10.05w)	Ajani Dwyer	April 18
10.85 PR	Scotty Coffi	April 12
10.90 PR	James Onwuka	April 12
10.92 PR	Austin Gallant	April 12

### MEN'S 200-METER DASH

PSU: 19.93, Cheickna Traore (2024)

20.55 PR	Ajani Dwyer	March 28
21.11 PR	Jake Palermo	May 2
21.61 PR	James Onwuka	April 12
21.82 PR	Joshua Stolarski	May 2
22.38	Matt DeMatteo	April 18

### MEN'S 400-METER DASH

PSU: 45.20, Mike Sands (1975)

46.36 PR	Jake Palermo	April 4
46.70 PR	James Onwuka	April 18
47.18	Austin Gallant	March 28
46.95	Handal Roban	March 28
47.23 PR	Max DeAngelo	May 2

### MEN'S 800-METER RUN

PSU: 1:44.42 Isaiah Harris (2018)

1:45.16 PR	Handal Roban	April 4
1:47.77	Olivier Desmeules	April 18
1:47.82 PR	Allon Clay	April 18
1:47.91	Darius Smallwood	April 18
1:48.69	Carter Fitzgerald	April 18

### MEN'S 1500-METER RUN

PSU: 3:38.82, Brannon Kidder (2014)

3:41.13 PR	Nick Sloff	May 2
3:43.16 PR	Jake Allen	April 24
3:44.51 PR	Ryan Watson	April 18
3:46.54 PR	Christopher DeSousa	April 12
3:47.83	Kevin Haas	April 24

### MEN'S 5000-METER RUN

PSU: 13:34.00, Greg Fredericks (1972)

13:49.03	Nick Sloff	March 27
13:56.70	Jake Allen	March 27
14:37.50	Brendan Flynn	May 2
14:49.54 PR	Caiden Leen	April 12

### MEN'S 10,000-METER RUN

PSU: 28:08.0, Greg Fredericks (1972)

29:55.14	Hayden Healey	April 12
29:55.31	Brendan Flynn	March 27

### MEN'S 110-METER HURDLES

PSU: 13.56, Guy Rose (2001)

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### MEN'S 400-METER HURDLES

PSU: 48.69, Mike Shine (1976)

52.33	Matt DeMatteo	May 2
1:04.04 PR	Austin Gallant	April 18

### MEN'S 3,000-METER STEEPLECHASE

PSU: 8:22.54, George Malley (1977)

8:52.42 PR	Justin Healey	May 2
8:53.81 PR	Ryan Watson	May 2
9:04.79 PR	Logan Strawser	May 2

### MEN'S 4X100-METER RELAY

PSU: 39.08, Kowalchuk, Chisena, Smith, Moffett (2017)

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### MEN'S 4x400-METER RELAY

PSU: 3:01.52, Nadolsky, Bennett-Green, Loxsom, Gehret (2008)

3:05.89	Stolarski, Onwuka, DeMatteo, Palermo	April 24
3:06.51	Palermo, Onwuka, Gallant, Roban	April 4

### MEN'S 4X800-METER RELAY

PSU: 7:11.17, Watson, Shisler, Mills, Moore (1985)

7:15.11	Smallwood, Clay, Demeules, Roban	April 24
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### MEN'S SPRINT MEDLEY RELAY

PSU: 3:15.25, Smith, Moffett, Miner, Harris (2018)

3:16.50	Palermo, Dwyer, DeAngelo, Roban	April 24
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### MEN'S 4X1 MILE RELAY

16:32.32	Allen, Watson, Sloff, DeSousa	April 24
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### MEN'S HIGH JUMP

PSU: 7-3.5 (2.22), David Coney (1985)

7-02.50 (2.20m)	PR Isaac Osifo	April 24
6-09.00 (2.06m)	Robert Allen	April 18
6-07.00 (2.01m)	Timothy Watson	April 18

### MEN'S POLE VAULT

PSU: 17-5.75 (5.33), Luke Knipe, 2022

16-10.75 (5.15m)	Tristan McGarrah	March 28
16-04.75 (5.00m)	Mason Bucks	April 24
16-04.00 (4.98m)	Jonathan Petersen	May 2
15-11.00 (4.85m)	PR Breckin Swope	April 24

### MEN'S LONG JUMP

PSU: 26-3 (8.00), Malik Moffett (2017)

24-01.75 (7.36m)	PR Joe White	May 2
23-06.00 (7.16m)	Emi ErekiSoma	March 28

### MEN'S TRIPLE JUMP

PSU: 54-6 (16.61), Antonio Davis (1993)

50-02.00 (15.29m)	Emi ErekiSoma	March 28
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### MEN'S SHOT PUT

PSU: 69-2 (21.08), Joe Kovacs (2012)

61-0.50 (18.83m)	PR Dylan Lambrecht	April 24
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### MEN'S DISCUS

PSU: 207-5 (63.22), Brian Milne (1992)

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### MEN'S HAMMER

PSU: 241-8 (73.67), Tyler Merkley (2023)

219-3 (66.83m)	PR Nathan Williams	April 4
214-7 (65.42m)	Collin Burkhardt	March 28

### MEN'S JAVELIN

PSU: 262-2 (79.91), Michael Shuey (2017)

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### MEN'S DECATHLON

PSU: 7,685, Rick Kleban (1985)

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As of May 14

**KEY -**  
**BOLD - School Record**  
w - Wind-assisted time/mark  
(multi) - denotes marks by multi-event athletes  
\* - Flat to bank conversion  
CR- Collegiate Record  
PR - personal record

# All-Time Women's Top Ten Outdoor Performances

## WOMEN'S 100-METER DASH

PSU: 11.21, Connie Moore (2003)

1.	11.21	Connie Moore, 2003
2.	11.27	Shavon Greaves, 2010
3.	11.29	Mahagony Jones, 2014
4.	11.56	Kamilah Salaam, 2004
5.	11.58	Keianna Albury, 2017
6.	11.61	Jermecia Brown, 2023
7.	11.63 (11.57w)	Aleesha Barber, 2008
8.	11.68	Vivian Riddick, 1983
	11.68 (11.60w)	Kirsten Nieuwendam, 2012
10.	11.70	Sara Shoaff, 2006

## WOMEN'S 200-METER DASH

PSU: 22.45, Connie Moore (2004)

1.	22.45	Connie Moore, 2004
2.	22.90 (22.64w)	Mahagony Jones, 2014
3.	23.07	Shavon Greaves, 2010
4.	23.15 (22.92w)	Shana Cox, 2008
5.	23.33	Keianna Albury, 2017
6.	23.47	Kirsten Nieuwendam, 2012
7.	23.53	Alexis Holmes, 2019
8.	23.61	Kamilah Salaam, 2004
9.	23.63	Zoey Goldstein, 2024
10.	23.66	Kiah Seymour, 2014

## WOMEN'S 400-METER DASH

PSU: 50.84, Shana Cox (2008)

1.	50.84	Shana Cox, 2008
2.	52.08	Alexis Holmes, 2019
3.	52.15	Dominique Blake, 2008
4.	52.51	Fawn Dorr, 2010
5.	<b>53.07</b>	<b>Zoey Goldstein, 2025</b>
6.	53.14	Dynasty McGee, 2014
7.	53.17	Ije Iheoma, 2012
8.	53.65	Tichina Rhodes, 2015
	53.74	Laila Brock, 1998
	53.74	Janice Carter, 1988
11.	53.80	Tammie Hart, 1981

## WOMEN'S 800-METER RUN

PSU: 2:01.24, Rachel Gearing (2023)

1.	2:00.70	Hayley Kitching, 2024
2.	2:01.24	Rachel Gearing, 2023
3.	2:02.53	Danae Rivers, 2017
4.	2:03.09	Bekka Simko, 2012
5.	2:03.89	Victoria Tachinski, 2022
6.	2:04.37	Tammie Hart, 1985
7.	2:04.61	Allison Johnson, 2024
8.	2:04.72	Briene Simmons, 2006
9.	2:05.14	Rachel Banks, 2017
10.	2:05.18	Victoria Vanriele, 2024

## WOMEN'S 1500-METER RUN

PSU: 4:10.47, Danae Rivers (2021)

1.	4:10.47	Danae Rivers, 2021
2.	<b>4:12.49</b>	<b>Kileigh Kane, 2025</b>
3.	4:13.45	Florence Caron, 2024
4.	<b>4:13.92</b>	<b>Maddie Ullom, 2025</b>
5.	4:14.75	Hayley Kitching, 2024
6.	4:15.20	Marta Klebe, 2014
7.	<b>4:15.24</b>	<b>Ada Rand, 2025</b>
8.	<b>4:16.26</b>	<b>Lea Hatcher, 2025</b>
9.	4:16.96	Doreen Startare, 1993
10.	4:17.40	Kim McGreevy, 1997

## WOMEN'S 5000-METER RUN

PSU: 15:31.63, Florence Caron, 2025

1.	<b>15:31.63</b>	<b>Florence Caron, 2025</b>
2.	15:32.52	Kathy Mills, 1978
3.	15:44.89	Sophia Toti, 2024
4.	15:44.98	Faith DeMars, 2023
5.	15:46.08	Bridget Franek, 2010
6.	15:53.50	Paula Renzi, 1985
7.	15:55.27	Jillian Hunsberger, 2018
8.	15:58.52	Kileigh Kane, 2024
9.	15:58.79	Tori Gerlach, 2015
10.	16:00.10	Julia Paternain, 2019

## WOMEN'S 10,000-METER RUN

PSU: 32:26.52, Florence Caron (2025)

1.	<b>32:26.52</b>	<b>Florence Caron, 2025</b>
2.	32:57.33	Kara Millhouse, 2012
3.	32:57.89	Sophia Toti, 2024
4.	33:03.96	Florence Caron, 2024
5.	33:22.19	Kathryn Munks, 2019
6.	33:22.91	Julia Paternain, 2019
7.	33:29.40	Jillian Hunsberger, 2017
8.	33:52.32	Leigha Anderson, 2014
9.	34:00.00	Natalie Updegrove, 1983
10.	34:02.52	Kim Kelly, 1993

## WOMEN'S 100-METER HURDLES

PSU: 12.85, Aleesha Barber (2010)

1.	12.85	Aleesha Barber, 2010
2.	13.03	Evonne Britton, 2014
3.	13.04	Yasmin Brooks, 2022
4.	13.35	Gayle Hunter, 2009
5.	13.36	Toyin Augustus, 2001
6.	13.45	Brittney Howell, 2014
7.	<b>13.56</b>	<b>Maddie Pitts, 2025</b>
8.	13.57	Quenee Dale, 2018
9.	13.70	Madeline Holmberg, 2017
10.	13.71	Shelley Black, 2015

## WOMEN'S 400-METER HURDLES

PSU: 55.57, Fawn Dorr (2010)

1.	55.57	Fawn Dorr, 2010
2.	55.88	Kiah Seymour, 2014
3.	57.00	Aleesha Barber, 2007
4.	57.32	Evonne Britton, 2010
5.	57.35	Megan Duncan, 2011
6.	57.48	Antoinette Bradley, 2021
7.	57.57	Yasmin Brooks, 2022
8.	57.88	Shelley Mitchell, 1991
9.	58.45	Tammie Hart, 1982
10.	58.60	Ernestine Marsh, 1987

## WOMEN'S 3,000-METER STEEPLECHASE

PSU: 9:32.35, Bridget Franek (2010)

1.	9:32.35	Bridget Franek, 2010
2.	9:46.76	Tori Gerlach, 2017
3.	9:59.54	Faith DeMars, 2023
4.	10:01.29	Makenna Krebs, 2024
5.	10:07.78	Molly Landreth, 2003
6.	10:07.86	Natalie Bower, 2013
7.	10:11.29	Greta Lindsley, 2018
8.	10:16.91	Tracey Brauksieck, 2003
	<b>10:16.91</b>	<b>Maddie Ullom, 2025</b>
9.	10:20.33	Lindsey Graybill, 2012
10.	10:20.76	Abbie Benson, 2014

## WOMEN'S 4X100-METER RELAY

PSU: 44.25, Fox, Shoaf, Moore, Aduba (2003)

1.	44.25	Laurie Fox, Sara Shoaff, Connie Moore, Chi-Chi Aduba, 2003
2.	44.38	Kamilah Salaam, Chi-Chi Aduba, Sarah Shoaff, Connie Moore, 2004
3.	44.57	Shavon Greaves, Caitlin DeFusco, Aleesha Barber, Fawn Dorr, 2010
4.	44.59	Brooke-Lynn Williams, Amariah Thomas, Kiara Lester, Alexis Holmes, 2019
5.	44.64	Dannielle Gibson, Mahagony Jones, Dynasty McGee, Kiah Seymour, 2014
6.	44.69	Brooklyn-Lynn Williams, Keianna Albury, Quenee Dale, Kiara Lester, 2018
7.	44.77	Quenee Dale, Keianna Albury, Kiara Lester, Tichina Rhodes, 2017
8.	44.80	Kamilah Salaam, Sara Shoaff, Shana Cox, Brooke Robinson, 2005
9.	44.86	Shavon Greaves, Shana Cox, Aleesha Barber, Dominique Blake, 2008
10.	45.18	Shana Cox, Monique Walker, Kamilah Salaam, Sara Shoaff, 2006

## WOMEN'S 4X200-METER RELAY

PSU: 1:33.09, Jones, McGee, Howell, Seymour (2014)

1.	1:33.09	Mahagony Jones, Dynasty McGee, Brittney Howell, Kiah Seymour, 2014
2.	1:33.78	Caitlin DeFusco, Shavon Greaves, Fawn Dorr, Doris Anyanwu, 2010
3.	1:33.86	Deja Davis, Kieanna Albury, Kiara Lester, Madeline Holmberg, 2018
4.	1:33.87	Connie Moore, Kamilah Salaam, Chi-Chi Aduba, Sara Shoaff, 2004
5.	1:34.75	Shavon Greaves, Gayle Hunter, Fawn Dorr, Caitlin DeFusco, 2009
6.	1:34.76	Dynasty McGee, Mahagony Jones, Megan Osborne, Kiah Seymour, 2014
7.	1:35.36	Quenee Dale, Keianna Albury, Kiara Lester, Madeline Holmberg, 2017
8.	1:35.98	Shana Cox, Gayle Hunter, Dominique Blake, Lauren Burns, 2007
9.	1:36.56	Megan Duncan, Ije Iheoma, Doris Anyanwu, Caitlin DeFusco, 2011
10.	1:36.73	Laurie Fox, Cherese Sullivan, Chi-Chi Aduba, Consuela Moore, 2003

## WOMEN'S 4x400-METER RELAY

PSU: 3:27.69, Blake, Barber, Hunter, Cox, (2008)

1.	3:27.69	Dominique Blake, Aleesha Barber, Gayle Hunter, Shana Cox, 2008
2.	3:30.34	Aleesha Barber, Shavon Greaves, Gayle Hunter, Fawn Dorr, 2009
3.	3:30.35	Doris Anyanwu, Shavon Greaves, Ije Iheoma, Megan Duncan, 2011
4.	3:30.74	Aleesha Barber, Shavon Greaves, Doris Anyanwu, Fawn Dorr, 2010
5.	3:31.17	Dynasty McGee, Mahagony Jones, Tichina Rhodes, Kiah Seymour, 2014
6.	3:31.75	Dominique Blake, Briene Simmons, Gayle Hunter, Shana Cox, 2007
7.	3:32.90	Briene Simmons, Dominique Blake, Fawn Dorr, Shana Cox, 2008
8.	3:33.03	Doris Anyanwu, Ije Iheoma, Kirsten Nieuwendam, Dynasty McGee, 2012
9.	3:33.40	Dominique Blake, Aleesha Barber, Gayle Hunter, Fawn Dorr, 2008
10.	3:33.47	Kiah Seymour, Mahagony Jones, Shelley Black, Dynasty McGee, 2013

**BOLD - Denotes Current Season Performance**

# All-Time Women's Top Ten Outdoor Performances

## WOMEN'S SPRINT MEDLEY RELAY

PSU: 3:44.66, Pitts, Brown, Goldstein, Kitching, (2024)

- 3:44.66 Maddie Pitts, Jermecia Brown, Zoey Goldstein, Hayley Kitching, 2024
- 3:45.25 Brooke-Lynn Williams, Kiara Lester, Alexis Holmes, Danae Rivers, 2019
- 3:47.80 Keianna Albury, Kiara Lester, Deja Davis, Danae Rivers, 2018
- 3:47.90 Aleesha Barber, Dominique Blake, Shana Cox, Briene Simmons, 2007
- 3:48.47 Jane Madson, Yasmin Brooks, Rachel Gearing, Victoria Tachinski, 2022
- 3:49.19 Mahogany Jones, Dynasty McGee, Kiah Seymour, Marta Klebe, 2014
- 3:50.15 Kamilah Salaam, Sara Shoaff, Shana Cox, Dominique Blake, 2005
- 3:50.54 Shavon Greaves, Gayle Hunter, Fawn Dorr, Bridget Franek, 2009
- 3:52.37 Sara Shoaff, Kamilah Salaam, Dominique Blake, Briene Simmons, 2006
- 3:53.20 Janice Carter, Leslie Hummer, Lisa Chess, Kiernan O'Toole, 1988

## WOMEN'S 4X800-METER RELAY

PSU: 8:23.81, Ullom, Johnson, Kitching, Gearing (2023)

- 8:23.81 Maddie Ullom, Allison Johnson, Hayley Kitching, Rachel Gearing, 2023
- 8:24.49 Victoria Vanriele, Rachel Gearing, Madaline Ullom, Victoria Tachinski, 2022
- 8:25.49 Tori Gerlach, Julie Kocjancic, Rachel Banks, Danae Rivers, 2017
- 8:38.17 Marissa Sheva, Julie Kocjancic, Frances Bull, Danae Rivers, 2017
- 8:39.44 Caitlin Lane, Bekka Simko, Kaly Fisher, Maura Ryan, 2011
- 8:41.09 Kathy Byrnes, Penny Fales, Sandy Miller, Lea Ventura, 1978
- 8:43.12 Allison Johnson, Victoria Vanriele, Makenna Krebs, Sarah Pickering, 2024
- 8:43.56 Tammie Hart, Elaine LaFramboise, Doreen Startare, Terry Pioli, 1982
- 8:43.70 Joetta Dweh, Kim McGreevy, Tracy Pombo, Erica Bosler, 1997
- 8:44.37 Dominique Blake, Fiana York, Briene Simmons, Meghan Hutchinson, 2006

## WOMEN'S DISTANCE MEDLEY RELAY

PSU: 10:55.31, Goldstein, Ullom, Kane, Johnson (2025)

- 10:55.31 Maddie Ullom (3:20.37), Zoey Goldstein (52.19), Allison Johnson (2:05.93), Kileigh Kane (4:36.84)
- 10:56.07 Tori Gerlach (3:23.24), Tichina Rhodes (53.77), Rachel Banks (2:08.02), Danae Rivers (4:31.05), 2017
- 11:08.41 Bekka Simko (3:23.0), Ije Iheoma (52.8), Marta Klebe (2:09.8), Kara Millhouse (4:42.8), 2012
- 11:09.15 Greta Lindsley (3:26.71), Deja Davis (55.22), Victoria Tachinski (2:09.72), Danae Rivers (4:37.52), 2018
- 11:09.50 Tammie Hart, Patty Murnane, Terry Pioli, Mary Rawe, 1981
- 11:16.97 Leah Rosenfeld, Shana Cox, Briene Simmons, Bridget Franek, 2008
- 11:17.53 Marta Klebe, Marlene Ricketts, Sarah Jane Underwood, Caitlin Lane, 2013
- 11:18.20 Tammi Hart, Janice Carter, Lisa Ross, Paula Renzi, 1985
- 11:18.98 Kileigh Kane, Zoey Goldstein, Victoria Vanriele, Faith DeMars, 2023
- 11:20.80 Penny Fales, Debbie Lewis, Heather Carmichael, Mary Rawe, 1980

## WOMEN'S HIGH JUMP

PSU: 6-0 (1.83), Shelley Mitchell (1992)

- 6-0 (1.83) Shelley Mitchell, 1992
- 5-11.50 (1.82) Megan McCloskey, 2018
- 5-11.25 (1.81) Cecelia Bacon, 2023
- 5-11.25 (1.81) Pam Connell, 1991
- 5-11.25 (1.81) Ahmenah Richardson, 2015
- 5-11 Antoinette O'Carroll, 1987
- 5-10.75 (1.80) Erika Morgan, 2013
- 5-10.50 (1.79) Karen Krawick, 1980
- 5-10.50 (1.79) Jenny Williams, 1987
- 5-10.50 (1.79) Leslie Lippincott, 1991

## WOMEN'S POLE VAULT

PSU: 14-1.75 (4.31), Katie Jones (2022)

- 14-1.75 (4.31) Katie Jones, 2022
- 13-9.25 (4.20) Hailey Zurich, 2024
- 13-9.25 (4.20) Victoria Atkinson, 2025
- 13-6.25 (4.12) Hannah Mulhern, 2018
- 13-5.75 (4.11) Meredith Baham, 2025
- 13-5.75 (4.11) Gabriella Recce, 2025
- 13-4.5 (4.08) Lexi Masterson, 2017
- 13-2.5 (4.03) Erica Ellis, 2021
- 13-2.25 (4.02) Carena Nottoli, 2019
- 13-1.5 (4.00) Sara Dougherty, 2004

## WOMEN'S LONG JUMP

PSU: 21-6 (6.55), Chi-Chi Aduba (2004)

- 21-6 (6.55) Chi-Chi Aduba, 2004
- 21-4.75 (6.52) Gayle Hunter, 2008
- 20-10.75 (6.37) Carmen Mann, 1989
- 20-10.75 (6.37) Shakeema Walker, 1999
- 20-10.75 (6.37) Brittney Howell, 2014
- 20-10.75 (6.37) Maddie Holmberg, 2018
- 20-8 (6.30) Breana Gambrell, 2022
- 20-5.25 (6.25) Bianca Fung, 2009
- 20-5 (6.22) Tesia Thomas, 2022
- 20-4.50 (6.21) Vivian Riddick, 1982

## WOMEN'S TRIPLE JUMP

PSU: 44-6.75 (13.58), Chi-Chi Aduba (2004)

- 44-6.75 (13.58) Chi-Chi Aduba, 2004
- 44-3 (13.48) Shakeema Walker, 1999
- 43-8 (13.31) Dannielle Gibson, 2016
- 43-1 (13.13) Carmen Mann, 1990
- 42-9.25 (13.04) Kaitlyn Lopez, 2017
- 42-3.50 (12.89) Tanaya Lloyd, 2012
- 42-2.75 (12.87) Marlene Ricketts, 2014
- 41-11.25 (12.78) Breana Gambrell, 2022
- 41-7 (12.67) Lena Bettis, 2007
- 41-4.5 (12.61) Tesia Thomas, 2024

## WOMEN'S SHOT PUT

PSU: 59-0.75 (18.00)

- 59-0.75 (18.00) Mallory Kauffman, 2023
- 56-3.25 (17.15) Rachel Fatherly, 2015
- 55-4.75 (16.88) Ja'Nai O'Connor, 2004
- 55-0 (16.76) Elaine Sobansky, 1984
- 54-2 (16.51) Alyssa Robinson, 2016
- 53-11 (16.43) Obeng Marfo, 2017
- 53-10.25 (16.41) Payden Montana, 2019
- 53-8.25 (16.36) Jennifer Leatherman, 2006
- 52-6 (16.00) Jane Swenson, 2011
- 51-6.5 (15.71) Melissa Kurzdorfer, 2014

## WOMEN'S DISCUS

PSU: 185-1 (56.42), Deshaya Williams (2001)

- 185-1 (56.42) Deshaya Williams, 2001
- 174-0 (53.04) Mallory Kauffman, 2022
- 173-4 (52.83) Christen Clemson, 2007
- 170-8 (52.03) Obeng Marfo, 2016
- 170-0 (51.82) Jennifer Leatherman, 2006
- 167-7 (51.08) Elaine Sobansky, 1984
- 167-4 (51.01) Emma Schmelzer, 2007
- 166-8 (50.96) Melissa Kurzdorfer, 2013
- 165-0 (50.29) Piper Klinger, 2021
- 162-3 (49.47) Payden Montana, 2019

## WOMEN'S HAMMER

PSU: 219-11 (67.05), Samaria McDonald (2024)

- 219-11 (67.05) Samaria McDonald, 2024
- 219-1 (66.75) Jennifer Leatherman, 2006
- 207-10 (63.35) Melissa Kurzdorfer, 2012
- 197-10 (60.24) Gianna Rao, 2021
- 197-3 (60.12) Kate Johnston, 2003
- 192-9 (58.75) Jean Starr, 2023
- 191-9 (58.44) Rachel Fatherly, 2015
- 191-2 (58.27) Annjulie Vester, 2015
- 190-10 (58.16) Deshaya Williams, 2003
- 187-6 (57.15) Alyssa Robinson, 2017

## WOMEN'S JAVELIN

PSU: 178-6 (54.41), Laura Loht (2014)

- 178-6 (54.41) Laura Loht, 2014
- 178-4 (54.35) Kim Hanslovan, 2009
- 177-3 (54.02) Lauren Kenney, 2013
- 176-2 (53.70) Karlee McQuillen, 2008
- 174-0 (53.03) Madison Smith, 2021
- 169-3 (51.58) Carrie Karabinos, 1999
- 167-2 (50.96) Heidi Nadeau, 2007
- 167-1 (50.92) Brienne Johnson, 2001
- 164-0 (50.00) Stephanie Sievers, 2019
- 160-9 (49m) Audrey Friedman, 2025

## WOMEN'S HEPTATHLON

PSU: 5,976, Maddie Holmberg (2018)

- 5976 Maddie Holmberg, 2018
- 5797 Gayle Hunter, 2009
- 5706 Pam Connell, 1991
- 5625 Brittney Howell, 2014
- 5603 Maddie Pitts, 2025
- 5420 Carmen Mann, 1990
- 5407 Shelley Mitchell, 1992
- 5311 Carla Criste, 1986
- 5152 Chloe Royce, 2022
- 4941 Tal Ben-Artzi, 2016

**BOLD - Denotes Current Season Performance**

# All-Time Men's Top Ten Outdoor Performances

## MEN'S 100-METER DASH

PSU: **10.15**, Cheickna Traore (2024)

1.	10.15	Cheickna Traore, 2024
2.	<b>10.19 (10.05w)</b>	<b>Ajani Dwyer, 2025</b>
3.	10.32 (10.10w)	Xavier Smith, 2018
4.	10.34 (10.1 MT)	Mike Sands, 1975
5.	10.37 (10.26w)	Malik Moffett, 2018
6.	10.38 (10.22w)	Karson Kowalchuk, 2017
	10.38	Justin Ofotan, 2019
8.	10.41 (10.25w)	Ka'mere Day, 2022
9.	10.42	Terrance Laird, 2018
10.	10.44	Mike Shine, 1976

## MEN'S 200-METER DASH

PSU: **19.93**, Cheickna Traore (2024)

1.	19.93	Cheickna Traore, 2024
2.	20.23	Michael Timpson, 1986
3.	20.41	Terrance Laird, 2018
4.	20.49 (19.87w)	Malik Moffett, 2017
5.	<b>20.55</b>	<b>Ajani Dwyer, 2025</b>
6.	20.58	Mike Sands, 1975
7.	20.59	Ryan Olkowski, 2002
8.	20.62	Brady Gehret, 2012
9.	20.68 (20.23w)	Xavier Smith, 2018
10.	21.01	Ernie Terrell, 2002
	21.01	Justin Ofotan, 2019

## MEN'S 400-METER DASH

PSU: **45.20**, Mike Sands (1975)

1.	45.20	Mike Sands, 1975
2.	45.22	Brady Gehret, 2012
3.	45.94	Brandon Bennett-Green, 2012
4.	46.12	Byron Robinson, 2014
5.	46.14	Paul Lankford, 1980
6.	46.16	Dan Chisena, 2017
7.	<b>46.36</b>	<b>Jake Palermo, 2025</b>
8.	46.62	Ernie Terrell, 2002
9.	46.68	Korbin Martino, 2022
10.	<b>46.70</b>	<b>James Onwuka, 2025</b>

## MEN'S 800-METER RUN

PSU: **1:44.42** Isaiah Harris (2018)

1.	1:44.42	Isaiah Harris, 2018
2.	<b>1:45.16</b>	<b>Handal Roban, 2025</b>
3.	1:45.28	Casimir Loxsom, 2011
4.	1:45.58	Brannon Kidder, 2015
5.	1:45.96	Randy Moore, 1985
6.	1:46.22	Yukichi Ishii, 2024
7.	1:46.62	Ray Levitre, 1987
8.	1:46.68	Darius Smallwood, 2024
9.	1:46.78	Ryan Foster, 2009
10.	1:46.81	Chris Mills, 1987

## MEN'S 1500-METER RUN

PSU: **3:38.82**, Brannon Kidder (2014)

1.	3:38.82	Brannon Kidder, 2014
2.	3:38.99	Steve Balkey, 1987
3.	3:39.02	Robby Creese, 2015
4.	3:39.25	Larry Mangan, 1980
5.	3:39.57	Ryan Foster, 2011
6.	3:40.30	Evan Dorenkamp, 2023
7.	<b>3:41.13</b>	<b>Nick Sloff, 2025</b>
8.	3:41.50	Brandon Hontz, 2022
9.	3:42.08	Doug Walter, 1990
10.	3:42.12	David McMillan, 1988

## MEN'S 5000-METER RUN

PSU: **13:34.00**, Greg Fredericks (1972)

1.	13:34.00	Greg Fredericks, 1972
2.	13:36.30	Robert Snyder, 1978
3.	13:42.10	Alan Scharsu, 1980
4.	<b>13:49.03</b>	<b>Nick Sloff, 2025</b>
5.	13:50.54	Steve Brown, 1989
6.	13:52.40	Paul Stemmer, 1977
7.	13:53.20	George Malley, 1976
8.	13:54.20	Timothy McGowan, 2017
9.	13:55.00	Jeff Adkins, 1982
10.	13:56.10	Charlie Maguire, 1974

## MEN'S 10,000-METER RUN

PSU: **28:08.0**, Greg Fredericks (1972)

1.	28:08.0	Greg Fredericks, 1972
2.	28:29.4	Charlie Maguire, 1974
3.	28:38.3	Eric Carter, 1987
4.	28:42.80	Paul Stemmer, 1976
5.	28:55.33	Kyle Dawson, 2012
6.	29:11.71	John Ziegler, 1979
7.	29:14.92	Hayden Healey, 2024
8.	29:15.73	Tyler McCandless, 2010
9.	29:25.58	Mark Wimmer, 1994
10.	29:27.6	George Malley, 1975

## MEN'S 110-METER HURDLES

PSU: **13.56**, Guy Rose (2001)

1.	13.56	Guy Rose, 2001
2.	13.69	Sancho Barrett, 2015
3.	13.73	Paul Lankford, 1980
4.	13.80	Michael Timpson, 1988
5.	13.87	Mike Shine, 1976
6.	13.89	Sincere Rhea, 2021
7.	13.96	Ron Jules, 2008
8.	14.06	John Whelan, 1997
9.	14.08	Sam Harris, 1988
10.	14.09	Brian Derby, 2002

## MEN'S 400-METER HURDLES

PSU: **48.69**, Mike Shine (1976)

1.	48.69	Mike Shine, 1976
2.	49.55	Paul Lankford, 1981
3.	49.72	Brian Derby, 2003
4.	50.10	Jaret Campisi, 2005
5.	50.49	Bill Austin, 1978
6.	50.54	Michael Timpson, 1988
7.	50.61	Barry Robinson, 1985
8.	50.67	Kevin Cripasuk, 1992
9.	50.75	Byron Robinson, 2014
10.	50.76	Brian Kelly, 1993

## MEN'S 3,000-METER STEEPLECHASE

PSU: **8:22.54**, George Malley (1977)

1.	8:22.54	George Malley, 1977
2.	8:37.7	Rick Garcia, 1983
3.	8:40.4	Bruce Baden, 1977
4.	8:42.85	Eric Carter, 1988
5.	8:47.03	Larry Mangan, 1980
6.	8:48.1	Paul Mackley, 1985
7.	8:49.45	Brian Laird, 1989
8.	8:50.9	Jim Allahand, 1972
9.	8:51.84	Chris Foster, 2005
10.	8:52.16	Connor McMenamin, 2022

## MEN'S 4X100-METER RELAY

PSU: **39.08**, Kowalchuk, Chisena, Smith, Moffett (2017)

1.	39.08	Karson Kowalchuk, Dan Chisena, Xavier Smith, Malik Moffett, 2017
2.	39.21	Will Henderson, Anton Porter, Xavier Smith, Malik Moffett, 2018
3.	39.63	Jack Davis, Steve Hackman, Mike Shine, Mike Sands, 1975
4.	39.69	Xavier Smith, Anton Porter, Terrance Laird, Malik Moffett, 2018
5.	39.88	Doug Finkel, Fred Singleton, Mike Sands, Jimmy Scott, 1973
6.	39.92	Dan Chisena, Malik Moffett, Anton Porter, Xavier Smith, 2016
7.	40.04	Xavier Smith, Dan Chisena, Malik Moffett, Cody Minnig, 2016
8.	40.18	Mike Shine, Steve Hackman, Fred Singleton, Mike Sands, 1974
9.	40.40	Guy Rose, Duane Reeves, Greg Miller, Ryan Olkowski, 2001
10.	40.48	Doug Finkel, Steve Hackman, Fred Singleton, Mike Sands, 1974

## MEN'S 4X200-METER RELAY

PSU: **1:23.75**, Smith, Chisena, Moffett, Porter (2016)

1.	1:23.75	Xavier Smith, Dan Chisena, Malik Moffett, Anton Porter, 2016
2.	1:23.85	Alex Langan, Chris Lolagne, Jaret Campisi, Ernie Terrell, 2005
3.	1:23.87	Bryant Littlejohn, Dave Coney, Sean Faust, Michael Timpson, 1986
4.	1:23.93	Karson Kowalchuk, Malik Moffett, Anton Porter, Samuel Reiser, 2017
5.	1:24.10	Guy Rose, Ben Karcz, Greg Miller, Ryan Olkowski, 2001
6.	1:24.18	Alex Langan, Diamond Woolford, Jaret Campisi, Chris Lolagne, 2004
7.	1:24.42	Emunael Mpanduki, Brady Gehret, Aaron Nadolsky, Mark Filando, 2011
8.	1:24.82	Jaret Campisi, Chris Lolagne, Greg Miller, Ryan Olkowski, 2002
9.	1:24.86	Doug Finkel, Steve Hackman, Fred Singleton, Mike Sands, 1974
10.	1:25.04	Munya Maraie, Jaret Campisi, Greg Miller, Ryan Olkowski, 2002

## MEN'S 4x400-METER RELAY

PSU: **3:01.52**, Nadolsky, Bennett-Green, Loxsom, Gehret (2008)

1.	3:01.52	A. Nadolsky (46.6), Br. Bennett-Green (44.8), C. Loxsom (45.6), B. Gehret (44.22), 2012
2.	3:03.15	H. Roban (46.41), P. Abel (46.36) O. Desmeules (46.39), C. Traore (44.00), 2024
3.	3:03.48	Dan Chisena, Xavier Smith, Tyreek Mathis, Isaiah Harris, 2017
4.	3:04.78	A. Nadolsky (47.2), Matt Gilmore (47.4), Brady Gehret (44.1), Br. Bennett-Green (46.1), 2012
5.	3:05.13	Kier Miner, Xavier Smith, Samuel Reiser, Isaiah Harris, 2018
6.	<b>3:05.89</b>	<b>Josh Stolarski (1:33.61), James Onwuka, (47.09), Matt DeMatteo (45.81), Jake Palermo, 2025</b>
7.	3:05.92	A. Gallant, O. Desmeules D. Smallwood, C. Traore (44.44), 2024
8.	3:06.17	Austin Gallant, Savion Hebron Callum Dodds, James Onwuka, 2023
9.	3:06.21	Matt Gilmore, Alex Shisler, Be. Bennett-Green, Br. Bennett-Green, 2013
10.	3:06.50	Br. Bennett-Green, Brady Gehret, Casimir Loxsom, Emunael Mpanduki, 2012

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# All-Time Men's Top Ten Outdoor Performances

## MEN'S 4X800-METER RELAY

PSU: 7:11.17, Watson, Shisler, Mills, Moore (1985)

- 7:11.17 Vance Watson (1:49.2), Steve Shisler (1:47.9), Chris Mills (1:48.5), Randy Moore (1:45.5), 1985
- 7:12.90 L. Williams (1:50.69), Sam Borchers (1:47.56), Ryan Foster (1:47.95), Casimir Loxsom (1:46.70), 2011
- 7:12.96 Evan Dorenkamp (1:48.65)  
Darius Smallwood (1:48.49), Olivier Desmeules (1:47.37), Handal Roban (1:48.46), 2023
- 7:14.14 R. Creese (1:50.53), ZaVon Watkins (1:48.22)  
Casimir Loxsom (1:46.30), B. Kidder (1:49.10), 2013
- 7:14.65 Steve Balkey (1:51.5), Mark Anderson (1:49.2), Chris Mills (1:46.1), Ray Levitre (1:47.85), 1987
- 7:15.11 Darius Smallwood (1:50.57), Allon Clay (1:46.63)  
Olivier Desmeules (1:49.26), Handal Roban (1:48.66)**
- 7:16.02 Vance Watson (1:48.9), Steve Shisler (1:49.9), Ray Levitre (1:48.7), Chris Mills (1:48.4), 1986
- 7:17.02 Owen Dawson (1:49.84), C. Loxsom (1:46.58), Lionel Williams (1:51.94), Ryan Foster (1:48.67), 2010
- 7:17.03 Vance Watson, Steve Shisler, Chris Mills, Randy Moore, 1985
- 7:17.37 R. Creese (1:50.25), Jordan Makins (1:50.05), I. Harris (1:48.50), B. Kidder (1:48.59), 2016

## MEN'S DISTANCE MEDLEY RELAY

PSU: 9:24.68, Kidder, Br. Bennett-Green, Loxsom, Creese (2013)

- 9:24.68 B. Kidder (2:53.5), Br. Bennett-Green (45.6), C. Loxsom (1:46.7), R. Creese (3:58.9), 2013
- 9:30.1 L. Mangan (2:53.3), Paul Lankford (45.6), Mike Cook (1:49.6), Alan Scharsu (4:01), 1980
- 9:31.53 D. McMillan (2:56.9), M. Timpson (45.5), Ray Levitre (1:47.8), Steve Balkey (4:01.3), 1987
- 9:35.12 Aidan O'Reilly (2:57.1), Jon Strange (48.6), Mark Anderson (1:48.4), Doug Walter, (4:01.4), 1990
- 9:35.51 R. Creese (2:51.01), A. Shisler (47.77), I. Harris (1:49.96), B. Kidder (4:00.77), 2016
- 9:35.8 Jim Close (800), Bill Austin (400), Mike Wyatt (1200), L. Mangan (1600), 1979
- 9:37.92 Mike Cook (1200), Jeff Lockett (400), Ken Wynn (800), Gary Black (1600), 1982
- 9:38.9 Pat Rexroat (800), Keith Falco, Mike Wyatt, Dave Felice, 1977
- 9:38.16 A. O'Reilly (2:56.8), Jerry Robinson, (47.9), Joe Stegbauer (1:50.7), Doug Walter (4:03.2), 1991
- 9:39.54 S. Shisler (2:58.9), S. Faust (47.7), V. Watson (1:49.1), Mark Overheim (4:03.7), 1986

## MEN'S HIGH JUMP

PSU: 7-3.5 (2.22), David Coney (1985)

- 7-3.50 (2.22) David Coney, 1985
- 7-3.25 (2.22) Jon Hendershot, 2013
- 7-3 (2.21) Paul Souza, 1983
- 7-2.50 (2.20) Ryan Fritz, 2007
- 7-2.50 (2.20) Isaac Osifo, 2025**
- 7-2.25 (2.19) Sean Reilly, 2013
- 7-1.75 (2.18) David Kriz, 1995
- 7-1.5 (2.17) Devin Bradham, 2019
- 7-0.50 (2.15) Ryan Olkowski, 1999
- 7-0.50 (2.15) Chisom Ifedi, 2016

## MEN'S POLE VAULT

PSU: 17-5.75 (5.33), Luke Knipe (2022)

- 17-5.75 (5.33) Luke Knipe, 2022
- 17-5.5 (5.32) John Vellenoweth, 2009
- 17-5 (5.31) Mason Ternay, 1991
- 17-0 (5.18) Dave Bollinger, 2004
- 16-10.75 (5.15) Tristan McGarrah, 2024
- 16-10.75 (5.15) Jonathan Petersen, 2022
- 16-10 (5.13) Rick Kleban, 1985
- 16-8.75 (5.10) Dylan Bilka, 2014
- 16-7.25 (5.06) Ron Campbell, 1985
- 16-7.25 (5.06) Bradford Lawrence, 2009
- 16-6.75 (5.05) Kevin Dare, 2001
- 16-6.75 (5.05) Nick Fegley, 2003

## MEN'S LONG JUMP

PSU: 26-3 (8.00), Malik Moffett (2017)

- 26-3 (8.00) Malik Moffett, 2017
- 25-11 (7.90) David Coney, 1985
- 25-9 (7.86) Rob Boulware, 1986
- 25-9 (7.86) Steve Pina, 1996
- 25-8.75 (7.84) George Audu, 1999
- 25-8.75 (7.84) John Gorham, 1999
- 25-6 (7.77) Antonio Davis, 1993
- 25-2.75 (7.69) Ryan Olkowski, 2000
- 25-1.25 (7.65) William Hendersson, 2019
- 25-0.75 (7.64) Chavous Nichols, 2004

## MEN'S TRIPLE JUMP

PSU: 54-6 (16.61), Antonio Davis (1993)

- 54-6 (16.61) Antonio Davis, 1993
- 54-3.75 (16.55) Chavous Nichols, 2004
- ~ 53-4.25 (16.26w) Steve Waithe, 2015
- 53-8.50 (16.37) Brian Leap, 2016
- 53-1.50 (16.19) Clarence Smith, 2009
- 52-8.25 (16.06) Ricardo Hall, 1990
- 52-0 (15.90) Bryce Williams, 2017
- 51-9.25 (15.78) Lance Hamilton, 2022
- 51-8.50 (15.76) Hanif Johnson, 2011
- 51-1 (15.57) Warren Rockwell, 1966
- 50-7 (15.42) Steve Pina, 1995

## MEN'S SHOT PUT

PSU: 69-2 (21.08), Joe Kovacs (2012)

- 69-2 (21.08) Joe Kovacs, 2012
- 68-5.25 (20.86) Darrell Hill, 2015
- 65-5 (19.94) C.J. Hunter, 1990
- 65-0.75 (19.83) Lucciano Pizarro, 2023
- 64-2.50 (19.57) Blake Eaton, 2010
- 64-0.25 (19.51) Knut Hjeltne, 1975
- 62-9.25 (19.13) Jon Yohman, 2017
- 61-11.75 (18.89) Logan Caldwell, 2012
- 61-9.75 (18.84) Duane Knisely, 2024
- 61-9.50 (18.83) Dylan Lambrecht, 2025**

## MEN'S DISCUS

PSU: 207-5 (63.22), Brian Milne (1992)

- 207-5 (63.22) Brian Milne, 1992
- 201-10 (61.52) Knut Hjeltne, 1975
- 201-6 (61.43) David Lucas, 2017
- 186-9 (56.90) Gary Willikly, 1979
- 186-3 (56.78) Blake Eaton, 2011
- 184-0 (56.08) Joe Kovacs, 2011
- 183-6 (55.93) Will Barr, 2012
- 182-2 (55.53) Jon Yohman, 2016
- 181-3 (55.26) Tyler Merkley, 2022
- 177-11 (54.23) Dan Diaz, 2003

## MEN'S HAMMER

PSU: 241-8 (73.67), Tyler Merkley, 2023

- 241-8 (73.67) Tyler Merkley, 2023
- 237-9 (72.47) Morgan Shigo, 2018
- 219-3 (66.83) Nathan Williams, 2025**
- 218-6 (66.60) Alvin Jackson, 1976
- 214-8 (65.43) Collin Burkhart, 2023
- 212-6 (64.78) David Lucas, 2018
- 212-4 (64.73) Luke Grodeska, 2019
- 207-10 (63.35) Will Barr, 2013
- 207-1 (63.11) Kory Decesaris, 2017
- 203-0 (61.88) Neal McNutt, 1998

## MEN'S JAVELIN

PSU: 262-2 (79.91), Michael Shuey (2017)

- 262-2 (79.91) Michael Shuey, 2017
- 242-7 (73.94) Mark Porter, 2021
- 239-9 (73.09) Allen Pettner, 2007
- 239-7 (73.02) Michael Biddle, 2018
- 237-1 (72.26) Troy Burkholder, 1997
- 233-8 (71.22) Carl Wolter, 1996
- 233-4 (71.13) Tanner Evak, 2009
- 232-0 (70.71) Ryan Kerr, 2017
- 231-3 (70.48) Brian Stumpf, 2003
- 230-5 (70.24) Chris Fredericks, 2024

## MEN'S DECATHLON

PSU: 7,685, Rick Kleban (1985)

- 7685 Rick Kleban, 1985
- 7666 Rob Cardina, 2014
- 7600 James Cook, 1996
- 7588 Dave Masgay, 1987
- 7517 Noah Swaby, 2021
- 7472 Barry Walsh, 1989
- 7424 J.T. Kuretich, 2003
- 7415 Brian Kelley, 1991
- 7361 Shawn Colligan, 2008
- 7119 Anya Uzoh, 2012

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