



## GIRLS SOCCER ID CLINIC TENTATIVE SCHEDULE

### Equipment:

- **Shin guards are mandatory for every session**
- Cleats
- Outdoor and indoor soccer shoes
- Soccer training gear
- Sunscreen
- Rain gear recommended
- **Soccer Ball**
- GK (Gloves & all gear)
- Personal water bottle

### **Saturday, October 25, 2025**

12:30 p.m. – 1:00 p.m.	Final Check-in, <b>Soccer Practice Fields</b>
1:00 p.m. – 1:30 p.m.	Warm-up & Tech Session
1:30 p.m. – 3:00 p.m.	Session 1
3:00 p.m. – 3:20 p.m.	<b>Break</b>
3:30 p.m. – 5:00 p.m.	Session 2
5:00 p.m.	Camp Ends, Depart, <b>Soccer Practice Fields</b>

**Note:** Bring snack(s) to energize yourself and a water bottle to refill during camp. Water will be provided.

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