





# 2025-26 DUAL MEET TEAM POINTS SCORED BY WEIGHT/FINAL SCORES

Opponent	125	133	141	149	157	165	174	184	197	285	FINAL
11/14: OKLAHOMA	4-0	5-0	3-0	5-0	5-0	5-0	6-0	5-0	4-0	3-0	45-0
12/5: at Drexel	4-0	6-0	0-3	5-0	6-0	5-0	4-0	4-0	5-0	4-0	43-3
12/7: LEHIGH	5-0	5-0	0-3	4-0	6-0	4-0	6-0	3-0	3-0	0-3	36-6
12/13: at Wyoming	5-0	6-0	3-0	6-0	6-0	6-0	5-0	3-0	0-4	0-3	40-7
12/20: vs. North Dakota State#	3-0	4-0	3-0	5-0	4-0	5-0	6-0	5-0	5-0	6-0	46-0
12/20: vs. Stanford#	3-0	6-0	3-0	3-0	4-0	6-0	4-0	3-0	5-0	5-0	42-0
1/10: RUTGERS+	3-0	4-0	4-0	6-0	5-0	6-0	6-0	4-0	5-0	3-0	46-0
1/16: at Iowa+	3-0	3-0	0-3	4-0	3-0	4-0	3-0	3-0	6-0	3-0	32-3
1/18: at Northwestern+	5-0	4-0	4-0	5-0	6-0	6-0	5-0	5-0	6-0	5-0	51-0
1/23: INDIANA+	6-0	5-0	4-0	5-0	5-0	6-0	5-0	3-0	4-0	5-0	48-0
1/24: at Maryland+	5-0	4-0	4-0	5-0	6-0	5-0	5-0	6-0	5-0	6-0	51-0
1/30: NEBRASKA+	5-0	3-0	*0-6	3-0	0-3	5-0	3-0	4-0	4-0	0-3	26-12
2/6: at Michigan+	5-0	5-0	3-0	4-0	3-0	5-0	5-0	3-0	5-0	0-3	38-3
2/13: OHIO STATE+	3-0	3-0	0-5	5-0	6-0	4-0	5-0	3-0	4-0	3-0	36-5
2/20: PRINCETON	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0
<b>TEAM TOTALS</b>	<b>59-0</b>	<b>63-0</b>	<b>31-20</b>	<b>64-0</b>	<b>64-3</b>	<b>72-0</b>	<b>68-0</b>	<b>54-0</b>	<b>61-4</b>	<b>43-12</b>	<b>580-39</b>

+ Big Ten Dual // # Journeyman Collegiate Duals, Nashville, Tenn. -- \* by score denotes loss of team point during dual meet.

## INDIVIDUAL DUAL RECORD BY WEIGHT

125	133	141	149	157	165	174	184	197	285	TOTAL
<b>14-0</b>	<b>14-0</b>	<b>9-5</b>	<b>14-0</b>	<b>13-1</b>	<b>14-0</b>	<b>14-0</b>	<b>14-0</b>	<b>13-1</b>	<b>10-4</b>	<b>129-11</b>

## DUAL PINS BY WEIGHT

125	133	141	149	157	165	174	184	197	285	TOTAL
<b>1-0</b>	<b>3-0</b>	<b>0-1</b>	<b>2-0</b>	<b>6-0</b>	<b>5-0</b>	<b>4-0</b>	<b>1-0</b>	<b>2-0</b>	<b>2-0</b>	<b>26-1</b>

## DUAL TECHNICAL FALLS BY WEIGHT

125	133	141	149	157	165	174	184	197	285	TOTAL
<b>6-0</b>	<b>4-0</b>	<b>0-1</b>	<b>7-0</b>	<b>3-0</b>	<b>5-0</b>	<b>6-0</b>	<b>3-0</b>	<b>6-0</b>	<b>3-0</b>	<b>43-1</b>

## DUAL MAJOR DECISIONS BY WEIGHT

125	133	141	149	157	165	174	184	197	285	TOTAL
<b>2-0</b>	<b>4-0</b>	<b>5-0</b>	<b>3-0</b>	<b>1-0</b>	<b>3-0</b>	<b>2-0</b>	<b>3-0</b>	<b>4-1</b>	<b>1-0</b>	<b>28-1</b>

## DUAL FORFEITS/DQs/INJURY DEFAULTS BY WEIGHT

125	133	141	149	157	165	174	184	197	285	TOTAL
<b>0-0</b>	<b>0-0</b>	<b>0-0</b>	<b>0-0</b>	<b>1-0</b>	<b>1-0</b>	<b>0-0</b>	<b>0-0</b>	<b>0-0</b>	<b>0-0</b>	<b>2-0</b>

## DUAL DECISIONS BY WEIGHT

125	133	141	149	157	165	174	184	197	285	TOTAL
<b>5-0</b>	<b>3-0</b>	<b>4-3</b>	<b>2-0</b>	<b>2-2</b>	<b>0-0</b>	<b>2-0</b>	<b>7-0</b>	<b>1-0</b>	<b>4-4</b>	<b>30-8</b>

## TEAM RECORD AT DUAL'S STARTING WEIGHT

125	133	141	149	157	165	174	184	197	285	TOTAL
<b>12-0</b>	<b>0-0</b>	<b>0-0</b>	<b>0-0</b>	<b>0-0</b>	<b>0-0</b>	<b>1-0</b>	<b>0-0</b>	<b>1-0</b>	<b>0-0</b>	<b>14-0</b>

## SEASON LEADERS -- DUAL MEETS

### DUAL POINTS

1. Mitchell Mesenbrink, 165	72
2. Levi Haines, 174	68
3. Shayne Van Ness, 149	65
4. Marcus Blaze, 133	63
5. PJ Duke, 157	59
6. Luke Lilledahl, 125	59
7. Rocco Welsh, 184	54
8. Josh Barr, 197	49
9. Cole Mirasola, 285	43
10. Braeden Davis, 141	16
11. Connor Mirasola, 197	12
12. Nate Desmond, 141	13
13. Joe Sealey, 157	5
14. Aaron Nagao, 133	3

### DUAL BONUS POINTS

1. Mitchell Mesenbrink, 165	30
2. Levi Haines, 174	26
3. PJ Duke, 157	23
4. Shayne Van Ness, 149	23
5. Marcus Blaze, 133	21
6. Luke Lilledahl, 125	20
7. Josh Barr, 197	19
8. Cole Mirasola, 285	13
9. Rocco Welsh, 184	12
10. Braeden Davis, 141	4
11. Connor Mirasola, 197	3
12. Joe Sealey, 157	2
13. Nate Desmond, 141	1

### DUAL PINS

1. PJ Duke, 157	5
2. Levi Haines, 174	4
3. Mitchell Mesenbrink, 165	4
4. Marcus Blaze, 133	3
5. Josh Barr, 197	2
6. Cole Mirasola, 285	2
7. Shayne Van Ness, 149	2
8. Luke Lilledahl, 125	1
9. Rocco Welsh, 184	1

### DUAL MAJOR DECISIONS

1. Braeden Davis, 141	4
2. Marcus Blaze, 133	4
3. Josh Barr, 197	3
4. Mitchell Mesenbrink, 165	3
5. Shayne Van Ness, 149	3
6. Rocco Welsh, 184	3
7. PJ Duke, 157	2
8. Levi Haines, 174	2
9. Luke Lilledahl, 125	2
10. Nate Desmond, 141	1
11. Cole Mirasola, 285	1
12. Connor Mirasola, 197	1

### DUAL TECH FALLS

1. Shayne Van Ness, 149	7
2. Levi Haines, 174	6
3. Luke Lilledahl, 125	6
4. Mitchell Mesenbrink, 165	6
5. Josh Barr, 197	5
6. Marcus Blaze, 133	4
7. Cole Mirasola, 285	3
8. Rocco Welsh, 184	3
9. PJ Duke, 157	2
10. Connor Mirasola, 197	1
11. Joe Sealey, 157	1

### DUAL FORFEIT/INJ. DEF/DQ WINS

1. PJ Duke, 157	1
2. Mitchell Mesenbrink, 165	1

### DUAL REVERSALS

1. Shayne Van Ness, 149	6
2. Mitchell Mesenbrink, 165	5
3. Marcus Blaze, 133	2
4. Nate Desmond, 141	2
5. Luke Lilledahl, 125	2
6. Connor Mirasola, 197	1

### DUAL TAKEDOWNS

1. Shayne Van Ness, 149	54
2. Luke Lilledahl, 125	51
3. Marcus Blaze, 133	47
4. Levi Haines, 174	45
5. Josh Barr, 197	43
6. Mitchell Mesenbrink, 165	43
7. Rocco Welsh, 184	43
8. PJ Duke, 157	42
9. Cole Mirasola, 285	31
10. Braeden Davis, 141	20
11. Connor Mirasola, 197	13
12. Nate Desmond, 141	6
13. Joe Sealey, 157	6
14. Aaron Nagao, 141	1
15. Cael Nasdeo, 141	1

### DUAL NEAR FALL 2

1. Luke Lilledahl, 125	2
2. Levi Haines, 174	1
3. Mitchell Mesenbrink, 165	1
4. Shayne Van Ness, 149	1
5. Rocco Welsh, 184	1

### DUAL NEAR FALL 3

1. Shayne Van Ness, 149	2
2. Mitchell Mesenbrink, 165	1

### DUAL NEAR FALL 4

1. Mitchell Mesenbrink, 165	11
2. Shayne Van Ness, 149	7
3. Levi Haines, 174	4
4. Josh Barr, 197	3
5. Marcus Blaze, 133	2
6. Braeden Davis, 141	1
7. Luke Lilledahl, 125	1
8. Cole Mirasola, 285	1

### DUAL STALLS FORCED/TAKEN

125: Luke Lilledahl	10	0
133: Marcus Blaze	15	1
141: Braeden Davis	5	2
141: Aaron Nagao	1	1
141: Cael Nasdeo	2	0
141: Nate Desmond	4	3
149: Shayne Van Ness	12	0
157: PJ Duke	6	0
157: Joe Sealey	2	0
165: Mitchell Mesenbrink	12	0
174: Levi Haines	11	0
184: Rocco Welsh	15	2
197: Josh Barr	5	2
197: Connor Mirasola	4	0
285: Cole Mirasola	8	2

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### DUAL RIDING TIME POINTS FOR/AGAINST

125: Luke Lilledahl	4	0
133: Marcus Blaze	1	0
141: Braeden Davis	4	0
141: Aaron Nagao	1	0
141: Nate Desmond	1	0
141: Cael Nasdeo	0	2
149: Shayne Van Ness	5	0
157: PJ Duke	2	0
157: Joe Sealey	0	0
165: Mitchell Mesenbrink	1	0
174: Levi Haines	2	0
184: Rocco Welsh	3	1
197: Josh Barr	4	0
197: Connor Mirasola	2	0
285: Cole Mirasola	1	1

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THIS IS PENN STATE WRESTLING LIVES HERE.