



## FIELD HOCKEY ID CLINIC TENTATIVE SCHEDULE

### ***Sunday, April 12, 2026***

10:30 a.m. – 11:00 a.m.	Check-In, <b>Field Hockey Complex</b>
11:00 a.m. – 11:15 a.m.	Camp introduction & Warm-up
11:15 a.m. – 12:00 p.m.	Skill stations
12:00 p.m. – 12:15 p.m.	<b>Break</b> – Bring your own snacks
12:20 p.m. – 1:15 p.m.	Small-sided games and stations
1:15 p.m. – 1:55 p.m.	Game play
1:55 p.m. – 2:00 p.m.	Wrap-up and closing remarks
2:00 p.m.	Clinic Ends, Depart <b>Field Hockey Complex</b>

**Note:** We will have a break during the clinic. Please bring snacks to energize yourself and a water bottle to refill. Water will be provided.

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