



50 FREESTYLE

21.98	Carolyn Fittin	2015-pres.
22.22	Paige Whitmire	2013-2015
22.33	Paige Whitmire	2012-2013
22.52	Paige Whitmire	2011-2012
22.58	Michelle Myers	2009-2011
22.60	Michelle Myers	2009
22.71	Michelle Myers	2008-2009
22.80	Dee Dlugonski	2005-2008
22.99	Katie Hostettler	2001-2005
23.21	Fran McDermid	1993-2001
23.43	Fran McDermid	1992-1993
23.51	Fran McDermid	1990-1992
23.70	Kristin Whitner	1986-1990
23.78	Kristin Whitner	1985-1986
24.60	Cindy Aungst	1979-1985
24.79	Karen Schoeholtz	1976-1979
25.17	Laura Fedon	1975-1976

100 FREESTYLE

48.01	Alyson Ackman	2014-pres.
48.74	Paige Whitmire	2013-2014
48.93	Samantha Palser	2012-2013
49.03	Samantha Palser	2011-2012
49.70	Lindsey DeForrest	2009-2011
49.84	Dee Dlugonski	2005-2009
50.12	Fran McDermid	1992-2005
50.68	Fran McDermid	1990-1992
51.12	Megan Tompkins	1983-1990
53.02	Cindy Aungst	1979-1983
53.96	Janice Fischer	1975-1979

200 FREESTYLE

1:43.59	Alyson Ackman	2014-pres.
1:44.83	Alyson Ackman	2013-2014
1:44.94	Kelly Nelson	2009-2013
1:45.75	Kelly Nelson	2008-2009
1:47.30	Kelly Nelson	2006-2008
1:47.33	Lauren Preyss	2005-2006
1:47.61	Fran McDermid	1992-2006
1:48.78	Kristin Lilly	1989-1992
1:49.70	Megan Tompkins	1984-1989
1:55.45	Cindy Aungst	1979-1984
1:59.39	Tammy Brush	1977-1979
1:59.86	Janice Fischer	1975-1977

500 FREESTYLE

4:36.17	Ally McHugh	2018-pres.
4:40.72	Katleyn Sowinski	2015-2018
4:41.86	Megan Siverling	2014-2015
4:42.11	Alyson Ackman	2013-2014
4:42.17	Erin Morris	2005-2013
4:45.49	Sally Anderson	2003-2005
4:45.71	Sally Anderson	2002-2003
4:46.27	Katie Anderson	2001-2002
4:47.90	Katie Anderson	1999-2001
4:49.26	Arianne Adams	1998-1999
4:50.29	Kim Kephart	1996-1998
4:50.75	Regan Stacey	1993-1996
4:51.01	Kristin Lilly	1990-1993
4:53.68	Denise Sonntag	1988-1990
4:55.69	Megan Tomkins	1984-1988
5:10.84	Cindy Aungst	1979-1984
5:21.41	Tammy Brush	1977-1979
5:36.27	Janice Fischer	1976-1977

1,000 FREESTYLE

9:30.09	Ally McHugh	2018-pres.
9:36.29	Ally McHugh	2018-2018
9:42.52	Ally McHugh	2017-2018
9:42.99	Casey Francis	2015-2017
9:45.41	Megan Siverling	2014-2015
9:47.88	Nikki Collins	2007-2014
9:48.36	Nikki Collins	2006-2007
9:50.35	Margy Keefe	2004-2006
9:57.30	Katie Anderson	2000-2004
9:58.47	Regan Stacey	1994-2000
10:00.25	Regan Stacey	1993-1994
10:06.14	Regan Stacey	1992-1993
10:08.10	Alisa Hess	1987-1992
10:15.50	Linda Krauser	1983-1987
10:40.76	Cindy Aungst	1979-1983
11:17.10	Trisha Lang	1978-1979

1,650 FREESTYLE

15:36.27	Ally McHugh	2018-pres.
15:43.34	Ally McHugh	2018-2018
15:58.92	Ally McHugh	2017-2018
16:05.25	Casey Francis	2015-2017
16:07.55	Megan Siverling	2015-2015
16:08.90	Megan Siverling	2014-2015
16:09.40	Megan Siverling	2013-2014
16:12.44	Nikki Collins	2007-2013
16:13.35	Nikki Collins	2006-2007
16:16.59	Claire Hawley	2005-2006
16:16.98	Margy Keefe	2004-2005
16:26.02	Regan Stacey	1994-2004
16:28.78	Regan Stacey	1993-1994
16:46.96	Heather Nicholson	1991-1993
16:59.24	Heather Nicholson	1990-1991
17:02.28	Linda Krauser	1983-1990
18:11.95	Peggy Hale	1979-1983
18:23.44	Carol Mazzer	1978-1979
19:30.34	Barbara Koepp	1977-1978

100 BACKSTROKE

52.13	Marie Schobel	2022-pres.
52.19	Mackenzie Powers	2014-2022
52.50	Paige Whitmire	2013-2014
53.03	Sarah Haupt	2006-2013
53.17	Sarah Haupt	2004-2006
53.44	Sarah Haupt	2003-2004
55.40	Katie Bruzda	2001-2003
55.79	Katie Bruzda	2000-2001
56.26	Lisa Pastrana	1995-2000
56.70	Janet Worobel	1994-1995
56.97	Janet Worobel	1993-1994
57.57	Janet Worobel	1992-1993
58.49	Denise Sonntag	1988-1992
59.23	Rita Maximo	1985-1988
1:01.22	Bobbi Millard	1979-1985
1:02.22	Cindy Fry	1976-1979
1:05.50	Laura Fedon	1975-1976

200 BACKSTROKE

1:53.37	Maddie Hart	2020-pres.
1:53.66	Amy Modglin	2011-2020
1:54.02	Amy Modglin	2010-2011
1:55.65	Daphne Skelos	2008-2010
1:57.25	Erin Morris	2006-2008
1:58.62	Sarah Haupt	2004-2006
1:58.89	Erin Mulshenock	2002-2004
1:58.98	Jenelle Ritchie	2000-2002
2:00.51	Lisa Pastrana	1994-2000
2:02.54	Lisa Pastrana	1993-1994
2:02.79	Lori Williams	1992-1993
2:04.22	Lori Williams	1991-1992
2:04.25	Lori Williams	1990-1991
2:04.42	Denise Sonntag	1988-1990
2:06.59	Denise Sonntag	1987-1988
2:08.18	Rita Maximo	1985-1987
2:13.65	Sue Cosgarea	1979-1985
2:13.65	Sue Cosgarea	1978-1979
2:18.23	Cindy Fry	1977-1978

100 BREASTSTROKE

59.68	Merritt Krawczyk	2012-pres.
59.77	Kristen Woodring	2001-2012
1:02.66	Julie Krail	1994-2001
1:05.11	Jan Leeshock	1985-1994
1:10.30	Lynn Scovazzo	1976-1985

200 BREASTSTROKE

2:07.80	Melissa Rodriguez	2016-pres.
2:09.54	Melissa Rodriguez	2014-2016
2:10.29	Melissa Rodriguez	2013-2014
2:11.33	Merritt Krawczyk	2012-2013
2:11.84	Kaitlin O'Brien	2009-2012
2:12.03	Karie Haglund	2009
2:12.09	Kaitlin O'Brien	2009
2:12.11	Corrie Clark	2002-2009
2:12.16	Corrie Clark	2001-2002
2:16.08	Julie Krail	1994-2001
2:20.50	Kathleen Dick	1988-1994
2:21.59	Kathleen Dick	1987-1988
2:22.20	Jan Leeshock	1985-1987
2:31.08	Chris Venneri	1979-1985
2:32.80	Lynn Scovazzo	1976-1979

100 BUTTERFLY

51.56	Mackenzie Powers	2014-pres.
52.25	Mackenzie Powers	2012-2014
52.72	Mackenzie Powers	2011-2012
53.47	Amberle Biedermann	2003-2011
54.06	Corrie Clark	2001-2003
55.08	Kristen Elias	1988-2001
55.45	Kristen Elias	1987-1988
56.19	Kathy Zoranski	1985-1987
58.22	Sandy Bizal	1979-1985
1:01.17	Carol Mazzer	1978-1979
1:01.37	Carol Mazzer	1977-1978
1:01.70	Joan Peto	1975-1977

200 BUTTERFLY

1:54.96	Kelly Nelson	2009-pres.
1:55.32	Kelly Nelson	2009
1:55.86	Kelly Nelson	2008-2009
1:57.38	Kelly Nelson	2008
1:57.79	Kailey Morris	2008
1:57.87	Amberle Biedermann	2004-2008
1:58.08	Amberle Biedermann	2003-2004
2:00.52	Corrie Clark	2002-2003
2:00.63	Kristen Elias	1987-2002
2:05.60	Doreen Kase	1984-1987
2:09.64	Sandy Bizal	1979-1984
2:13.30	Carol Mazzer	1977-1979

200 IM

1:57.03	Margaret Markvardt	2025-pres
1:57.16	Merritt Krawczyk	2013-25
1:57.77	Merritt Krawczyk	2012-2013
1:58.05	Merritt Krawczyk	2011-2012
1:58.50	Kaitlin O'Brien	2009-2011
1:58.59	Kaitlin O'Brien	2009
1:58.88	Kaitlin O'Brien	2007-2009
2:00.11	Corrie Clark	2002-2007
2:00.66	Corrie Clark	2001-2002
2:03.22	Barb Mulshine	1999-2001
2:04.00	Julie Krail	1994-1999
2:06.14	Kristin Lilly	1989-1994
2:06.27	Kristin Lilly	1988-1989
2:07.36	Kathy Zoranski	1986-1988
2:14.12	Bobbi Millard	1979-1986
2:17.50	Janice Fischer	1978-1979
2:18.40	Janice Fischer	1975-1978

400 IM

4:05.78	Ally McHugh	2019-pres.
4:06.27	Ally McHugh	2017-2019
4:06.85	Gabrielle Shishkoff	2014-2017
4:08.10	Kaitlin O'Brien	2009-2014
4:08.18	Kaitlin O'Brien	2009
4:08.40	Kaitlin O'Brien	2007-2009
4:11.56	Kaitlin O'Brien	2007-2007
4:12.03	Kaitlin O'Brien	2006-2007
4:17.89	Megan Palera	2004-2006
4:18.96	Erin Mulshenock	2002-2004
4:22.74	Jenna Lopano	2001-2002
4:23.66	Jenna Lopano	2000-2001
4:26.47	Lisa Maximo	1988-2000
4:32.10	Kristen Elias	1987-1988
4:33.06	Nancy McCarthy	1985-1987
4:44.84	Chris Venneri	1979-1985
4:56.37	Carol Mazzer	1977-1979