

PLU INVITE - 3/8/2025 to 3/9/2025

Pacific Lutheran Track

Results

Event 1 Women 3000 Meter Steeplechase

Name	School	Finals
Finals		
1 Ewing, Maya	Seattle Paci	10:48.00
2 Bassett, Elie	Western Wash	11:16.52
3 Stenehjem, Skye	Western Wash	11:23.71
4 Edens, Ella	Western Wash	11:36.06
5 Beck, Norah	Puget Sound	12:34.77
--- Czar, Sophia	Pacific Luth	DNF

Event 2 Men 3000 Meter Steeplechase

Name	School	Finals
Finals		
1 Beam, Josh	Harrier TC	9:13.76
2 Eifert, Ian	Western Wash	9:19.70
3 Fernandez, George	Western Wash	9:36.67
4 Lusi, Stefans	Pacific Luth	9:45.78
5 Dale, Eli	Saint Martin	9:48.77
6 Estrada, Harlan	Evergreen St	10:10.02
7 Zimmer, Daniel	Pacific Luth	10:28.25
8 Kreimer, Oliver	Puget Sound	10:33.93
9 Andrews, Jonah	Pacific Luth	11:51.23
--- Demmert, Silas	Seattle Paci	DNF

Event 3 Women 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 Western Washington	A	47.72
2 Seattle Pacific	A	48.81
3 Puget Sound	A	49.38
4 Seattle U.	A	50.15
5 Pacific Lutheran	A	51.71
6 Olympic College	A	53.32
7 Pacific Lutheran	B	53.74

Event 4 Men 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 Western Washington	A	42.30
2 Pacific Lutheran	A	43.22
3 Puget Sound	A	43.47
4 Olympic College	A	44.12
--- Pacific Lutheran	B	DQ

Event 5 Women 1500 Meter Run

Name	School	Finals
Finals		
1 Reeck, Ashley	Western Wash	4:44.72
2 Prussian, Anna	Seattle Paci	4:51.78
3 Flolo, Katelyn	Seattle Paci	4:52.88
4 Yorges, Nicki	Seattle Paci	4:56.16
5 Gossett, Alexa	Seattle Paci	4:57.08
6 Mulch, Matise	Seattle Paci	5:02.40
7 Gildersleeve-Stiles, Brooklyn	Puget Sound	5:02.44
8 Cociolone, Lydia	Puget Sound	5:03.26
9 Milanovich, Ella	Seattle Paci	5:08.12

10 Perales, Sherlyn	Evergreen St	5:08.43
11 Palek, Madison	Evergreen St	5:09.34
12 Dickson, Sarah	Western Wash	5:09.73
13 Trefts, Izabelle	Evergreen St	5:11.91
14 Butcher, Emri	Northwest U.	5:12.16
15 Swart, Sierra	Seattle U.	5:13.24
16 Ramirez, Kya	Saint Martin	5:14.04
17 Guthrie, Marissa	Northwest U.	5:15.01
18 Pierce, Nicole	Seattle Paci	5:23.36
19 Lim, Alana	Puget Sound	5:30.45
20 Jayarama, Mira	Saint Martin	5:30.65
21 Rock, Lily	Everett CC	5:31.11
22 Deazley, Annika	Pacific Luth	5:39.20
23 Moran-Padilla, Natalie	Pacific Luth	5:44.59
24 Hill, Emma	Northwest U.	5:53.22

Event 6 Men 1500 Meter Run

Name	School	Finals
Finals		
1 Jaquith, Josiah	Northwest U.	4:02.51
2 Pagente, Kainalu	Saint Martin	4:03.83
3 Lingwall, Samuel	Western Wash	4:05.31
4 Yell, Dillon	Puget Sound	4:08.41
5 Ransford, Jarron	Northwest U.	4:08.63
6 Monaghan, Cian	Puget Sound	4:08.98
7 Baldus, Chris	Unattached	4:09.10
8 Kopatich, Jack	Northwest U.	4:11.84
9 Baeder, Max	Evergreen St	4:12.94
10 Venable, Isaac	Seattle Paci	4:12.94
11 #8 Phillips, John	Unattached	4:15.83
12 Ladinig, Owen	Pacific Luth	4:16.29
13 Hicks, Rowan	Evergreen St	4:16.76
14 Coon, Ethan	Saint Martin	4:17.11
15 Gale, Nathaniel	Seattle Paci	4:21.22
16 Cerda, Jason	Puget Sound	4:22.43
17 Blackburn, Jaydon	Evergreen St	4:22.95
18 Williams, Evan	Evergreen St	4:23.62
19 Bardwell, Kyle	Olympic Coll	4:36.74
20 Ochoa, Jonathan	Pacific Luth	4:38.47
21 Placencio- Zapata, Gabriel	Edmonds Coll	4:42.00
22 Endresen, Gabe	Seattle Paci	4:42.84
23 Everson, Kaleb	Evergreen St	4:50.56
24 Pacheco-Mendez, Jordan	Saint Martin	5:06.49

Event 7 Women 100 Meter Hurdles

Name	School	Finals
Finals		
1 Heite, Liv	Alaska Ancho	14.10 0.3
2 Chandler, Lauryn	Kitsap flier	14.61 0.3
3 Nguyen, Ari	Western Wash	14.87 0.3
4 Simmons, Lacie	Alaska Ancho	14.95 0.3
5 Chang, Hannah	Seattle Paci	15.39 0.3
6 Porter, Isabella	Western Wash	15.99 0.3
7 Reublin-Geer, Quinn	Puget Sound	16.02 0.4
8 Herring, Addisen	Pacific Luth	16.05 0.4
9 Eddington, McKinley	Alaska Ancho	16.78 0.3

PLU INVITE - 3/8/2025 to 3/9/2025

Pacific Lutheran Track

Results

Finals ... (Event 7 Women 100 Meter Hurdles)

	Name	School	Finals	
10	Dang, Madeline	Everett CC	16.81	0.4
11	Naone, Linnea	Seattle Paci	16.95	0.6
12	Mock, Sophie	Seattle Paci	17.33	0.4
13	Achterling, Lilly	Pacific Luth	17.37	0.4
14	Brandt, Sarah	Pacific Luth	17.93	0.6
15	Morgan, Maddie	Evergreen St	20.85	0.4
16	Morris, Kara	Puget Sound	26.90	0.6

Event 8 Men 110 Meter Hurdles

	Name	School	Finals	
Finals				
1	Bell, Andrew	Seattle Paci	14.61	2.1
2	Flick, Hunter	Western Wash	14.76	2.1
3	Haynes, Augustas	Western Wash	15.82	2.1
4	Szewczyk, AJ	Alaska Ancho	16.42	2.1
5	Chaffin, Darius	Pacific Luth	17.47	2.1
6	Baisden, Scott	Northwest U.	20.33	2.1
7	Van Pelt, Jonathan	Evergreen St	21.43	2.1

Event 9 Women 400 Meter Dash

	Name	School	Finals	
Finals				
1	Bennett, Bec	Western Wash	54.54	
2	Cook, Kennedy	Western Wash	56.28	
3	Sarrys, Jada	Seattle Paci	58.52	
4	Brown, Johanna	Seattle Paci	59.15	
5	Hanay, Sophie	Seattle Paci	1:01.66	
6	wesner, maile	Unattached	1:02.22	
7	Alcorn, Aalliya	Olympic Coll	1:06.47	
8	Moore, Dylan	Puget Sound	1:08.57	

Event 10 Men 400 Meter Dash

	Name	School	Finals	
Finals				
1	Le, Brian	Western Wash	48.39	
2	Foust, Sam	Western Wash	50.21	
3	Pinto, Denzel	Western Wash	50.26	
4	Smith, Aiden	Olympic Coll	51.73	
5	Cummings, Zachary	Olympic Coll	52.19	
6	Jana, Riday	Alaska Ancho	52.56	
7	Schaal, Jacob	Puget Sound	52.90	
8	Griffith, Braden	Western Wash	52.91	
9	Zamora, JR	Seattle U.	53.54	
10	Morris, Brian	Alaska Ancho	53.92	
11	Wiese, Benjamin	Alaska Ancho	54.48	
12	Keating, Sean	Bolt Track a	54.76	
13	Slominski, Zachary	Puget Sound	55.69	
14	Bouknight, Noah	Seattle Paci	56.07	
15	Doughty, Jacob	Everett CC	56.13	
16	Villamena, Rieal	Everett CC	57.34	
17	#6 Haas, Steven	Unattached	57.89	
18	Thomas, Nate	Unattached	59.19	
19	#5 Daniels, Christian	Unattached	1:01.19	
---	Stauch, Mercer	Puget Sound	DQ	

Event 11 Women 100 Meter Dash

	Name	School	Finals	
Finals				
1	Wilson, Kyrstin	Puget Sound	12.00	1.5
2	Polkinghorn, Hannah	Western Wash	12.34	1.5
3	Heite, Liv	Alaska Ancho	12.42	1.2
4	Green, Aniya	Unattached	12.43	1.5
5	Cook, Kennedy	Western Wash	12.46	1.2
6	Heiman, Annabelle	Western Wash	12.50	1.5
7	Behnke, Lizzy	Northwest U.	12.56	1.5
8	Mayfield, Aphina	Self Esteem	12.69	1.2
9	Hudson, Ndya	Unattached	12.73	1.5
10	Rowland, Evey	Seattle Paci	12.78	1.0
11	McIntosh, Jasmine	Western Wash	12.85	1.2
12	Limb, Naomi	Northwest U.	12.98	1.5
13	Clemons, D'Yhana	Pacific Luth	13.05	1.2
14	Porter, Isabella	Western Wash	13.06	1.2
15	Curtis, LaQuinta	Olympic Coll	13.32	1.4
16	Dang, Madeline	Everett CC	13.48	1.4
17	Rodriguez, Mariela	Saint Martin	13.56	1.4
18	Huynh, Kaylyn	Seattle U.	13.57	1.2
19	Rivas, Sophia	Puget Sound	13.71	1.4
20	Jadhav, Shasmeerra	Seattle U.	13.72	1.4
21	Burnham, Bea	Unattached	13.74	1.6
22	Bass, Isabella	Seattle U.	13.80	1.4
23	Sparks, Sydney	Pacific Luth	13.99	1.4
24	Youngs, Allie	Pacific Luth	14.00	1.4
25	Reublin-Geer, Quinn	Puget Sound	14.09	1.6
26	Neir, Kiana	Pacific Luth	14.27	1.0
27	Requa, Madelyn	Pacific Luth	14.86	1.6
28	Marquez, Christina	Unattached	14.94	1.6
29	Miller, Nadya	Evergreen St	15.96	1.0
30	Rukhadze, Lika	Edmonds Coll	16.73	1.6

Event 12 Men 100 Meter Dash

	Name	School	Finals	
Finals				
1	Gray, Samuel	Saint Martin	10.73	1.3
2	Johnson, Ethan	Western Wash	10.81	1.3
3	Trichel, Cameron	Western Wash	10.82	1.3
4	George, Peyton	Alaska Ancho	10.87	2.1
5	Clark, Octavian	Olympic Coll	10.95	1.3
6	Joshua, Robert	Seattle Paci	10.96	2.3
7	Dixon, James	Alaska Ancho	10.98	2.1
8	Meade, Kellen	Pacific Luth	11.07	1.3
9	Mercier, Marc	Alaska Ancho	11.07	1.3
10	Boyea-Quiton, Bryson	Puget Sound	11.10	1.3
11	Nguyen, Hewie	Western Wash	11.15	2.1
12	Keith, Avery	Puget Sound	11.17	3.3
13	DiMarzio, Jake	Western Wash	11.19	2.1
14	Hunter, Tarelle	Seattle Paci	11.23	4.4
15	Szewczyk, AJ	Alaska Ancho	11.23	2.1
16	Swinton, Steele	Pacific Luth	11.25	0.4
17	Stiller, Ethan	Alaska Ancho	11.34	2.1
18	Smith, LeBron	Pacific Luth	11.38	2.1

PLU INVITE - 3/8/2025 to 3/9/2025

Pacific Lutheran Track

Results

Finals ... (Event 12 Men 100 Meter Dash)			
Name		School	Finals
19	Murphy, Brogan	Puget Sound	11.40 0.4
20	Grant, Morgan	Alaska Ancho	11.41 2.1
21	Guzman, Zuriel	Alaska Ancho	11.43 0.4
22	Mandujano, Jesse	Alaska Ancho	11.45 0.4
23	Hannah, Matthew	Puget Sound	11.46 0.4
24	Aguilar, Joseph	Saint Martin	11.47 0.4
25	Foust, Sam	Western Wash	11.48 1.3
26	Atkinson, Nathan	Pacific Luth	11.52 2.5
27	Cole, Ryan	Unattached	11.53 3.3
28	Waters, Davyn	Pacific Luth	11.59 3.3
29	McHugh, Harry	Everett CC	11.60 3.3
30	Yost, Aiden	Pacific Luth	11.73 0.4
31	Ray-Kirk, Anthoney	Everett CC	11.76 3.3
32	Damasiewicz, Peyton	Puget Sound	11.83 2.5
33	Burnham, Noah	Unattached	11.87 2.5
34	Horton, Oliver	Unattached	11.88 3.3
35	Brown, Jaydon	Northwest U.	11.90 4.4
36	#4 Lanza, Raymond	Unattached	11.95 2.5
37	Villamena, Rieal	Everett CC	11.98 2.5
38	Keating, Sean	Bolt Track a	12.02 0.4
39	Pedrotti-Jacobs, Max	Puget Sound	12.07 2.3
40	Boyd, Noah	Saint Martin	12.17 2.3
41	Wade, Jerrik	Puget Sound	12.19 2.3
42	Ellison, Sean	Seattle U.	12.20 3.3
43	LaRose, Silas	Northwest U.	12.21 2.3
44	Bjorneby, Kenneth	Unattached	12.24 2.3
45	Raymundo, Johny	Olympic Coll	12.34 2.5
46	#3 Stilnovich, Joe	Unattached	12.47 2.5
47	Cordeiro, Dylan	Puget Sound	12.68 4.4
48	Waller, Michael	Unattached	14.05 2.3

Event 13 Women 800 Meter Run			
Name		School	Finals
Finals			
1	Schmidlin, Erin	Puget Sound	2:19.63
2	Garcia, Lucia	Alaska Ancho	2:20.84
3	Templeton, Lucia	Seattle Paci	2:25.57
4	Maurer, Delphine	Western Wash	2:26.28
5	Cocciolone, Lydia	Puget Sound	2:27.42
6	Robles, Jessalyn	Pacific Luth	2:28.29
7	Gildersleeve-Stiles, Brooklyn	Puget Sound	2:32.11
8	Pentz, Teagan	Everett CC	2:34.70
9	Lim, Alana	Puget Sound	2:40.25
10	Deitemeyer, Charis	Saint Martin	2:42.13
11	Merritt, Kadence	Saint Martin	2:44.71

Event 14 Men 800 Meter Run			
Name		School	Finals
Finals			
1	Sorensen, Kai	Pacific Luth	1:56.15
2	Pagente, Kainalu	Saint Martin	1:56.91
3	Keith, Avery	Puget Sound	1:57.05
4	Korth, Nathan	Seattle Paci	1:57.94
5	Sunray, Tdohasan	Puget Sound	1:58.22

6	Higgins, Francis (Timmy)	Saint Martin	1:58.94
7	Ransford, Jarron	Northwest U.	2:00.65
8	Lieb, Jonathan	Seattle Paci	2:00.94
9	Miller, Brandon	Husky Runnin	2:01.38
10	Erickson, Ethan	Seattle Paci	2:01.97
11	Harvey, Jack	Unattached	2:03.43
12	Friedrich, Noah	Pacific Luth	2:04.16
13	Monaghan, Cian	Puget Sound	2:07.82
14	Piper, Corban	Pacific Luth	2:08.03
15	Blackburn, Jaydon	Evergreen St	2:08.60
16	Mendoza, Hector	Everett CC	2:10.34
17	Bardwell, Kyle	Olympic Coll	2:16.40
18	Placencio- Zapata, Gabriel	Edmonds Coll	2:21.62

Event 15 Women 400 Meter Hurdles			
Name		School	Finals
Finals			
1	Nguyen, Ari	Western Wash	1:04.50
2	Simmons, Lacie	Alaska Ancho	1:07.26
3	Chang, Hannah	Seattle Paci	1:08.41
4	Naone, Linnea	Seattle Paci	1:11.87
5	Nelson, Whitney	Puget Sound	1:12.18
6	Herring, Addisen	Pacific Luth	1:14.35
7	Olmos, Adalia	Pacific Luth	1:15.75
8	Mock, Sophie	Seattle Paci	1:16.19
9	Achterling, Lilly	Pacific Luth	1:16.90
10	Dang, Madeline	Everett CC	1:18.72
11	Morgan, Maddie	Evergreen St	1:26.26

Event 16 Men 400 Meter Hurdles			
Name		School	Finals
Finals			
1	Woodring, Maurice	Western Wash	52.78
2	Haynes, Augustas	Western Wash	56.45
3	Szewczyk, AJ	Alaska Ancho	58.16
4	Hong, Ethan	Western Wash	58.82
5	Bell, Andrew	Seattle Paci	59.32
6	Boyd, Noah	Saint Martin	59.39
7	Morrison, Nathan	Olympic Coll	59.89
8	Baisden, Scott	Northwest U.	1:03.80
9	Barraza, Jesus	Puget Sound	1:04.08

Event 17 Women 200 Meter Dash			
Name		School	Finals
Finals			
1	Cook, Kennedy	Western Wash	24.33 3.3
2	Wilson, Kyrstin	Puget Sound	24.70 3.3
3	Green, Aniya	Unattached	25.39 3.3
4	Heite, Liv	Alaska Ancho	25.41 3.3
5	Marks, Taylor	Seattle U.	25.66 3.3
6	Brown, Johanna	Seattle Paci	25.72 3.3
7	Rowland, Evey	Seattle Paci	25.86 1.8
8	Sarrys, Jada	Seattle Paci	25.95 4.6
9	Talarico, Mia	Seattle U.	26.05 2.1
10	Hudson, Ndya	Unattached	26.32 3.3
11	McIntosh, Jasmine	Western Wash	26.36 4.6

PLU INVITE - 3/8/2025 to 3/9/2025

Pacific Lutheran Track

Results

Finals ... (Event 17 Women 200 Meter Dash)

Name	School	Finals
12 Behnke, Lizzy	Northwest U.	26.44 4.6
13 Hanay, Sophie	Seattle Paci	26.49 1.8
14 wesner, maile	Unattached	26.68 1.8
15 Limb, Naomi	Northwest U.	27.44 1.8
16 Porter, Isabella	Western Wash	27.46 4.6
17 Rodriguez, Mariela	Saint Martin	27.58 1.7
18 Bradshaw, Victoria	Puget Sound	27.82 4.6
19 Caprye, Abigail	Pacific Luth	27.98 1.7
20 Rivas, Sophia	Puget Sound	28.12 1.8
21 Huynh, Kaylyn	Seattle U.	28.24 1.7
22 Curtis, LaQuinta	Olympic Coll	28.40 1.7
23 Bass, Isabella	Seattle U.	28.50 1.7
24 Brandt, Sarah	Pacific Luth	28.66 2.1
25 Sparks, Sydney	Pacific Luth	28.71 2.1
26 Youngs, Allie	Pacific Luth	29.03 1.7
27 Alcorn, Aaliya	Olympic Coll	29.09 2.1
28 Moore, Dylan	Puget Sound	29.66 1.7
29 Olmos, Adalia	Pacific Luth	29.87 2.1
30 Rukhadze, Lika	Edmonds Coll	34.86 2.1

Event 18 Men 200 Meter Dash

Name	School	Finals
Finals		
1 Greenwalt, Ryan	Western Wash	21.47 1.9
2 Le, Brian	Western Wash	21.48 1.9
3 Ford, Isaac	Western Wash	21.75 1.9
4 Johnson, Ethan	Western Wash	21.84 2.8
5 Gray, Samuel	Saint Martin	21.89 1.9
6 Trichel, Cameron	Western Wash	21.94 1.9
7 Ford, Evin	Western Wash	21.96 1.9
8 Joshua, Robert	Seattle Paci	21.96 2.8
9 George, Peyton	Alaska Ancho	22.03 2.8
10 Jana, Riday	Alaska Ancho	22.06 1.9
11 Morris, Brian	Alaska Ancho	22.08 2.8
12 Foust, Sam	Western Wash	22.35 2.8
13 Dixon, James	Alaska Ancho	22.50 2.8
14 Meade, Kellen	Pacific Luth	22.58 1.9
15 DiMarzio, Jake	Western Wash	22.61 1.4
16 Clark, Octavian	Olympic Coll	22.68 1.4
17 Boyea-Quinton, Bryson	Puget Sound	22.71 1.0
18 Swinton, Steele	Pacific Luth	22.72 1.4
19 Zamora, JR	Seattle U.	22.76 2.8
20 Guzman, Zuriel	Alaska Ancho	22.85 2.3
21 Mercier, Marc	Alaska Ancho	22.90 1.4
22 Stiller, Ethan	Alaska Ancho	22.95 1.4
23 Grant, Morgan	Alaska Ancho	22.96 2.3
24 Mandujano, Jesse	Alaska Ancho	23.13 1.4
25 Hannah, Matthew	Puget Sound	23.26 1.0
26 Griffith, Braden	Western Wash	23.38 1.0
27 Smith, Aiden	Olympic Coll	23.51 2.3
28 Cummings, Zachary	Olympic Coll	23.54 2.3
29 Kramer, Seth	Pacific Luth	23.57 1.0
30 Satterfield, Kaimana	Pacific Luth	23.63 1.2
31 Waters, Davyn	Pacific Luth	23.65 2.3

32 McHugh, Harry	Everett CC	23.66 1.0
33 Stauch, Mercer	Puget Sound	23.73 1.0
34 Cole, Ryan	Unattached	23.74 2.3
35 Ray-Kirk, Anthoney	Everett CC	23.87 1.2
36 Schaal, Jacob	Puget Sound	23.90 2.3
37 Howmiller, Jacob	Puget Sound	23.94 1.0
38 Aguilar, Joseph	Saint Martin	23.96 1.2
39 Atkinson, Nathan	Pacific Luth	24.17 1.2
40 Horton, Oliver	Unattached	24.18 1.9
41 Villamena, Rieal	Everett CC	24.43 1.9
42 Yost, Aiden	Pacific Luth	24.49 1.0
43 Damasiewicz, Peyton	Puget Sound	24.54 1.2
44 Burnham, Noah	Unattached	25.04 1.2
45 Bjorneby, Kenneth	Unattached	25.05 1.9
46 Slominski, Zachary	Puget Sound	25.06 1.2
47 Raymundo, Johny	Olympic Coll	25.32 1.9

Event 19 Women 5000 Meter Run

Name	School	Finals
Finals		
1 Clancy, Elaina	Unattached	18:02.33
2 Perales, Sherlyn	Evergreen St	19:03.40
3 Mullen, Claire	Puget Sound	19:07.12
4 Trefts, Izabelle	Evergreen St	19:19.74
5 Butcher, Emri	Northwest U.	20:06.06
6 Lindley, Victoria	Pacific Luth	20:37.92
7 Palek, Madison	Evergreen St	20:53.39
8 Schwenneker, Mara	Evergreen St	21:00.82
9 Guthrie, Marissa	Northwest U.	21:08.42
10 Kilgore, Taya	Everett CC	21:18.43
11 Koon, Amelia	Everett CC	22:44.99
--- Ames, Taylor	Saint Martin	DNF

Event 20 Men 5000 Meter Run

Name	School	Finals
Finals		
1 Stracke, Ryan	Pacific Luth	14:43.13
2 Beam, Josh	Harrier TC	14:54.95
3 Reischel, Christopher	Unattached	14:56.92
4 Drozynski, Chris	Club Northwe	15:32.17
5 Jaquith, Josiah	Northwest U.	15:46.18
6 Nichols, Levi	Northwest U.	15:52.99
7 Baeder, Max	Evergreen St	16:20.78
8 Roberts, Charlie	Everett CC	16:51.04
9 Estrada, Harlan	Evergreen St	16:51.05
10 Hicks, Rowan	Evergreen St	16:53.42
11 Arndt, Darren	Unattached	17:50.49
12 Bardwell, Kyle	Olympic Coll	18:17.26
13 Williams, Evan	Evergreen St	18:23.27
--- Ransford, Jarron	Northwest U.	DNF
--- Kopatich, Jack	Northwest U.	DNF

Event 21 Women 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 Western Washington	A	4:12.00

PLU INVITE - 3/8/2025 to 3/9/2025

Pacific Lutheran Track

Results

Finals ... (Event 21 Women 4x400 Meter Relay)

	Team	Relay	Finals
2	Seattle U.	A	4:24.09
3	Puget Sound	A	4:27.09
4	Pacific Lutheran	A	4:34.13
5	Everett CC	A	4:50.48

Event 22 Men 4x400 Meter Relay

	Team	Relay	Finals
Finals			
1	Western Washington	A	3:19.69
2	Alaska Anchorage	A	3:26.86
3	Western Washington	B	3:30.40
4	Alaska Anchorage	B	3:31.53
5	Puget Sound	A	3:32.90
6	Pacific Lutheran	A	3:37.81
7	Olympic College	A	3:39.22
8	Everett CC	A	3:46.96
9	Pacific Lutheran	B	3:50.13

Event 35 Women Pole Vault

	Name	School	Finals
Finals			
1	Daugherty, Lizzy	Unattached	3.65m
2	Mohlman, Sydney	Western Wash	J3.65m
3	Thomason, Emily	Unattached	3.50m
4	Asksay, Kaitlyn	Seattle Paci	3.20m
5	Neir, Kiana	Pacific Luth	3.05m
6	Downey, Madison	Pacific Luth	2.75m
---	Holmes, Morgan	Pacific Luth	NH
---	Bradshaw, Victoria	Puget Sound	NH

Event 36 Men Pole Vault

	Name	School	Finals
Finals			
1	Doidge, Ryan	Saint Martin	4.40m
2	Klein, Aidan	Western Wash	4.25m
3	Saxon, Mikel	Seattle Paci	J4.10m
4	Donnelly, Aidan	Pacific Luth	J4.10m
5	Leahy, Blake	Pacific Luth	J4.10m
6	Cummings, Isaiah	Western Wash	J3.95m
7	Cox, Aiden	Western Wash	J3.95m
8	Pedrotti-Jacobs, Max	Puget Sound	J3.80m
9	Funston, Justice	Everett CC	J3.80m
10	Cordeiro, Dylan	Puget Sound	J3.65m
---	Takeshita, Zack	Saint Martin	NH
---	Montero, Kurt	Western Wash	NH

Event 37 Women Shot Put

	Name	School	Finals
Finals			
1	Polkinghorn, Jessica	Western Wash	14.59m
2	Potts, Katie	Western Wash	12.97m
3	Chapin, Kathryn	Western Wash	12.89m
4	Parks, Mara	Western Wash	12.08m
5	Andrews, Rylee	Western Wash	11.94m

6	Samuelu, Alberta	Saint Martin	11.34m
7	Huff, Tajana	Pacific Luth	11.19m
8	Fellows, Nashayla	Olympic Coll	11.18m
9	Siva, Mariah	Unattached	10.45m
10	Wochnick, Taryn	Saint Martin	9.84m
11	White, Samayia	Pacific Luth	9.80m
12	Dillon, Taylor	Saint Martin	9.53m
13	Malaga, Trinity	Unattached	9.40m
14	Lawrence, Bridget	Seattle U.	8.79m
15	Carter, Tulip	Pacific Luth	8.44m
16	Wafer, Madeline	Puget Sound	8.07m
17	Bledsoe, Vanessa	Saint Martin	7.63m
18	Engram, Tanisha	Evergreen St	7.43m

Event 38 Men Shot Put

	Name	School	Finals
Finals			
1	Turner, Noah	Western Wash	15.36m
2	Goeglein, Thomas	Puget Sound	14.09m
3	Campbell, Miller	Western Wash	13.95m
4	Ramos, Angelo	Western Wash	13.78m
5	Sonko, George	Pacific Luth	13.53m
6	Pytte, Alex	Western Wash	13.37m
7	Ragaza-Bourassa, Micah	Pacific Luth	12.87m
8	Montana, Griffin	Pacific Luth	12.77m
9	Picazo, Ivan	Olympic Coll	12.58m
10	Wall, Liam	Western Wash	12.47m
11	#2 Real, Masum	Unattached	12.37m
12	Hawley, Gavin	Pacific Luth	12.09m
13	Leeming, Wangyu	Pacific Luth	11.64m
14	Ta'avili, Thomas	Pacific Luth	11.47m
15	Mandlin, Zachary	Saint Martin	11.22m
16	Vargas, Alejandro	Olympic Coll	11.07m
17	Bruss, Brandon	Everett CC	10.89m
18	Coble, Trevor	Pacific Luth	10.57m
19	Tofaeona-Faagua, Zechariah	Saint Martin	10.55m
20	Gutierrez, Calvin	Western Wash	10.36m
21	Krane, Elliott	Puget Sound	10.15m
22	Andrews, David	Olympic Coll	10.01m
23	Budnek, Zach	Pacific Luth	9.91m
24	Morningdove, Aidan	Puget Sound	9.81m
25	Hasten, William	Puget Sound	9.78m
26	Bereket, Nayel	Northwest U.	8.73m
27	Blanco, Aidan	Puget Sound	8.44m
---	Simicich, Nathan	Western Wash	FOUL

Event 39 Women Hammer Throw

	Name	School	Finals
Finals			
1	Saribay, Jocelyn	Saint Martin	50.64m
2	Parks, Mara	Western Wash	46.15m
3	Wirth, Eva	Pacific Luth	44.46m
4	Valmonte, Alessandra	Pacific Luth	41.68m
5	Wayss, Carly	Puget Sound	39.93m
6	Campbell, Lily	Unattached	39.92m
7	Ryan, Claire	Evergreen St	39.39m

PLU INVITE - 3/8/2025 to 3/9/2025

Pacific Lutheran Track

Results

Finals ... (Event 39 Women Hammer Throw)

	Name	School	Finals
8	Wohnick, Taryn	Saint Martin	38.19m
9	White, Samayia	Pacific Luth	37.63m
10	Bledsoe, Vanessa	Saint Martin	36.02m
11	Green, Jenisha	Northwest U.	33.25m
12	Albright, Rachel	Seattle U.	33.08m
13	Salazar, Kloe	Pacific Luth	32.41m
14	Carter, Tulip	Pacific Luth	31.91m
15	Aston, Eryn	Pacific Luth	31.81m
16	Patterson, Rosali	Puget Sound	28.02m
17	Huff, Tajanai	Pacific Luth	26.95m
18	Samuelu, Alberta	Saint Martin	25.07m
19	Gresham, Katie	Evergreen St	23.87m
---	Chapin, Kathryn	Western Wash	FOUL
---	Cook, Katy	Pacific Luth	FOUL

Event 40 Men Hammer Throw

	Name	School	Finals
Finals			
1	Campbell, Miller	Western Wash	53.69m
2	Picazo, Ivan	Olympic Coll	52.73m
3	Gutierrez, Calvin	Western Wash	49.58m
4	Ragaza-Bourassa, Micah	Pacific Luth	47.64m
5	Pedro, Gage	Saint Martin	45.77m
6	Simicich, Nathan	Western Wash	45.57m
7	Linerud, Ethan	Saint Martin	44.76m
8	Rees, Taylor	Puget Sound	44.52m
9	Bahm, Tristan	Western Wash	43.85m
10	Andrews, David	Olympic Coll	40.96m
11	Stewart, Paul	Evergreen St	39.97m
12	Vargas, Alejandro	Olympic Coll	39.08m
13	Tofaeona-Faagua, Zechariah	Saint Martin	36.49m
14	Slupski, Ryan	Northwest U.	35.69m
15	Cummings, Calvin	Pacific Luth	32.34m
16	Bereket, Nayel	Northwest U.	27.11m
17	Brown, Jaydon	Northwest U.	24.56m
18	Ta'avili, Thomas	Pacific Luth	23.33m
---	Ramos, Angelo	Western Wash	FOUL

Event 41 Women Javelin Throw

	Name	School	Finals
Finals			
1	Polkinghorn, Jessica	Western Wash	37.08m
2	Matsushima, Hoku	Seattle U.	35.61m
3	Andrews, Rylee	Western Wash	34.81m
4	Saucedo, Lianna	Puget Sound	29.82m
5	Bowechop, Brannndi	Seattle U.	25.87m
6	Kenaston, Taylor	Pacific Luth	23.68m
7	Bebber, Eva	Puget Sound	18.87m
8	Lawrence, Bridget	Seattle U.	18.51m
9	Morgan, Maddie	Evergreen St	14.53m
---	Cook, Katy	Pacific Luth	FOUL

Event 42 Men Javelin Throw

	Name	School	Finals
Finals			
1	Braunstein, Jakob	Western Wash	62.42m
2	Witters, Sean	Western Wash	55.37m
3	Nelson, Andrew	Western Wash	55.05m
4	Berger, Max	Western Wash	54.45m
5	Chaffin, Darius	Pacific Luth	52.43m
6	Hynds, Angelo	Unattached	49.90m
7	Wade, Jerrik	Puget Sound	47.76m
8	Schriner, Zachary	Seattle U.	46.57m
9	Bullman, Alex	Olympic Coll	45.62m
10	Slupski, Ryan	Northwest U.	43.24m
11	Coble, Trevor	Pacific Luth	43.04m
12	Hollinger, Isaiah	Northwest U.	39.53m
13	Augustine, Gus	Unattached	38.74m
14	Jarrett, Jackson	Seattle U.	37.32m
15	Stoilkovich, Izac	Puget Sound	36.37m
16	Smith, Hayden	Puget Sound	35.16m
17	Hanis, Kevin	Pacific Luth	31.62m
18	LaRose, Silas	Northwest U.	31.00m
19	Gignac, Rock	Seattle U.	28.65m

Event 43 Women Triple Jump

	Name	School	Finals
Finals			
1	Wague, Manthita	Seattle U.	11.67m 2.1
2	Tibbo, Zoe	Seattle U.	11.16m 2.7
3	Archer, Kyleigh	Pacific Luth	10.78m 1.5
4	Danner-Bunn, Ayla	Western Wash	10.66m 3.8
5	Downey, Madison	Pacific Luth	10.46m 2.5
6	Brown, Jennie	Pacific Luth	9.58m 1.1

Event 44 Men Triple Jump

	Name	School	Finals
Finals			
1	Mendenhall, Aiden	Kitsap flier	14.68m 2.9
2	Fiso, Matthew	Seattle U.	13.38m 2.8
3	Ellison, Sean	Seattle U.	13.05m 3.4
4	Meade, Connor	Pacific Luth	12.69m 4.0
5	Mccrimmon, Jaxson	Olympic Coll	12.03m 2.1
6	Tong, Khai	Puget Sound	11.96m 2.1
7	Zongo, A Hakim	Saint Martin	11.86m 2.8
---	Bauch, Thaden	Olympic Coll	FOUL

Event 45 Women Long Jump

	Name	School	Finals
Finals			
1	Wague, Manthita	Seattle U.	5.47m 2.3
2	Polkinghorn, Hannah	Western Wash	5.36m 0.7
3	Campbell, Mya	Alaska Ancho	5.14m 3.2
4	Tibbo, Zoe	Seattle U.	5.10m 3.7
5	Danner-Bunn, Ayla	Western Wash	5.08m 2.3
6	Brandt, Sarah	Pacific Luth	4.74m 2.1
7	Brown, Jennie	Pacific Luth	4.39m 3.8

PLU INVITE - 3/8/2025 to 3/9/2025

Pacific Lutheran Track

Results

Finals ... (Event 45 Women Long Jump)

	Name	School	Finals
8	Jones, Na'Riyah	Olympic Coll	4.25m 2.5
9	Purnell-Bishop, Naveah	Puget Sound	3.91m 3.1
---	Rukhadze, Lika	Edmonds Coll	FOUL
---	Diaz, Susana	Saint Martin	FOUL
---	Archer, Kyleigh	Pacific Luth	FOUL

Event 46 Men Long Jump

	Name	School	Finals
Finals			
1	Greenwalt, Ryan	Western Wash	7.01m 1.4
2	Mercier, Marc	Alaska Ancho	6.96m 1.2
3	Kramer, Seth	Pacific Luth	6.59m 1.3
4	Murphy, Brogan	Puget Sound	6.38m 1.4
4	Grant, Morgan	Alaska Ancho	6.38m 2.8
6	Fiso, Matthew	Seattle U.	6.34m 1.7
7	Gichohi, David	Royal T Trac	6.31m 2.1
8	Boyea-Quiton, Bryson	Puget Sound	6.27m 1.7
9	Guzman, Zuriel	Alaska Ancho	6.10m -0.1
10	White, Ethan	Northwest U.	5.99m 0.5
11	Van Pelt, Jonathan	Evergreen St	5.90m 0.5
12	Mccrimmon, Jaxson	Olympic Coll	5.88m 0.8
13	Tong, Khai	Puget Sound	5.87m +0.0
14	Ellison, Sean	Seattle U.	5.83m 1.4
15	Mendenhall, Aiden	Kitsap flier	5.71m +0.0
16	Funston, Justice	Everett CC	5.54m 0.4
17	Thomas, Nate	Unattached	5.37m 0.4
18	Bauch, Thaden	Olympic Coll	5.26m +0.0
19	Zongo, A Hakim	Saint Martin	5.18m 0.3
20	Lin, Andy	Olympic Coll	5.15m 0.2
21	Hollinger, Isaiah	Northwest U.	4.95m 0.2
---	Doughty, Jacob	Everett CC	FOUL
---	Gignac, Rock	Seattle U.	FOUL

Event 47 Women Discus Throw

	Name	School	Finals
Finals			
1	Potts, Katie	Western Wash	44.68m
2	Galvan, Adriannah	Western Wash	38.65m
3	Fellows, Nashayla	Olympic Coll	37.78m
4	Wirth, Eva	Pacific Luth	37.46m
5	Patterson, Rosali	Puget Sound	34.15m
6	Dillon, Taylor	Saint Martin	32.06m
7	Bebber, Eva	Puget Sound	31.26m
8	Wayss, Carly	Puget Sound	30.50m
9	Siva, Mariah	Unattached	30.24m
10	Kenaston, Taylor	Pacific Luth	22.69m
11	Aston, Eryn	Pacific Luth	22.08m
12	Carter, Tulip	Pacific Luth	22.02m
13	Engram, Tanisha	Evergreen St	20.62m
---	Malaga, Trinity	Unattached	FOUL

Event 48 Men Discus Throw

	Name	School	Finals
Finals			
1	Wall, Liam	Western Wash	46.35m
2	Goeglein, Thomas	Puget Sound	43.95m
3	van Valey, Angus	Unat-Western	43.70m
4	Sonko, George	Pacific Luth	43.08m
5	Pytte, Alex	Western Wash	42.22m
6	Pedro, Gage	Saint Martin	41.98m
7	Linerud, Ethan	Saint Martin	41.72m
8	Leeming, Wangyu	Pacific Luth	39.21m
9	Turner, Noah	Western Wash	38.83m
10	Campbell, Miller	Western Wash	38.07m
11	Ramos, Angelo	Western Wash	36.53m
12	Bruss, Brandon	Everett CC	36.29m
13	Andrews, David	Olympic Coll	35.88m
14	Picazo, Ivan	Olympic Coll	35.18m
15	Tofaeona-Faagua, Zechariah	Saint Martin	34.65m
16	Hawley, Gavin	Pacific Luth	33.54m
17	Hasten, William	Puget Sound	32.91m
18	Rees, Taylor	Puget Sound	31.71m
19	Vargas, Alejandro	Olympic Coll	30.92m
20	Budnek, Zach	Pacific Luth	29.36m
21	Funston, Justice	Everett CC	26.84m
---	Simicich, Nathan	Western Wash	FOUL

Event 49 Women High Jump

	Name	School	Finals
Finals			
1	Parker, Corona	Evergreen St	1.66m
2	Campbell, Mya	Alaska Ancho	J1.47m
3	Sparks, Sydney	Pacific Luth	J1.47m
4	Youngs, Allie	Pacific Luth	J1.47m
4	Downey, Madison	Pacific Luth	J1.47m
6	Young, Amelie	Puget Sound	J1.42m
7	Achterling, Lilly	Pacific Luth	J1.42m
8	Enney, Avery	Olympic Coll	J1.42m
9	Reublin-Geer, Quinn	Puget Sound	J1.32m
10	Jones, Na'Riyah	Olympic Coll	J1.32m

Event 50 Men High Jump

	Name	School	Finals
Finals			
1	Greenlee, Manu	Western Wash	1.87m
2	Hanis, Kevin	Pacific Luth	1.77m
2	Shin, Nathan	Western Wash	1.77m
4	Bluitt, Jaden	Olympic Coll	J1.67m
5	#1 Bowman, Trey	Unattached	J1.67m
6	Van Pelt, Jonathan	Evergreen St	1.62m