

# SEATTLE TRACK & FIELD

## All Time Indoor Top-10 List As of 3-2-2025

Marks set this season

Marks set by current Redhawks in prior seasons

### MEN

### WOMEN

#### 60m

|    |                     |             |                 |
|----|---------------------|-------------|-----------------|
| 1  | Miguel Rosario III  | 6.69        | 1/27/2024       |
| 2  | Zach Stanfield      | 6.92        | 1/15/2011       |
| 3  | Kavon Holden        | 6.94        | 2/25/2023       |
| 4  | Isaiah Payne        | 6.95        | 2/14/2020       |
| 5  | Christopher Fussell | 6.95        | 3/7/2009        |
| 6  | Noah Payne          | 6.98        | 2/12/2023       |
| 7  | Dominic Jacobs      | 7.06        | 2/7/2020        |
| 8  | Jim Mezzera         | 7.07        | 12/6/2008       |
|    | <b>JR Zamora</b>    | <b>7.07</b> | <b>2/1/2025</b> |
| 10 | Zac Schlachter      | 7.08        | 2/14/2014       |

#### 60m

|    |                     |             |                 |
|----|---------------------|-------------|-----------------|
| 1  | Tricht Jocelyn      | 7.66        | 2/18/2022       |
| 2  | Alyssa Gonzales     | 7.79        | 2/25/2016       |
| 3  | Michaela Moore      | 7.81        | 2/22/2019       |
| 4  | Miriam Mboya        | 7.82        | 2/21/2013       |
| 5  | Katie Tougas        | 7.88        | 2/21/2013       |
| 6  | Madison Lichter     | 7.91        | 2/26/2015       |
| 6  | Morgan Lewis        | 7.91        | 2/18/2022       |
| 8  | Alyssa Tao          | 7.95        | 2/26/2014       |
|    | <b>Taylor Marks</b> | <b>7.95</b> | <b>2/8/2025</b> |
| 10 | Michelle Newblom    | 7.96        | 2/21/2020       |

#### 200m

|    |                        |       |           |
|----|------------------------|-------|-----------|
| 1  | Miguel Rosario III     | 21.03 | 2/19/2024 |
| 2  | Zach Stanfield         | 21.71 | 2/21/2013 |
| 3  | Isaiah Payne           | 21.76 | 2/18/2022 |
| 4  | Christopher Fussell    | 22.07 | 3/7/2009  |
| 5  | Zac Schlachter         | 22.17 | 2/14/2014 |
| 6  | Austin Thummel-Gravitt | 22.39 | 2/21/2013 |
| 7  | Shadye Melu            | 22.42 | 2/14/2014 |
| 8  | Eric Patterson-Floyd   | 22.60 | 2/8/2013  |
| 9  | Zach Gonzalez          | 22.64 | 2/7/2020  |
| 10 | Bleu Perez             | 22.67 | 2/23/2017 |

#### 200m

|    |                        |              |                  |
|----|------------------------|--------------|------------------|
| 1  | Tricht Jocelyn         | 24.88        | 2/18/2022        |
| 2  | <b>Livii Fetterley</b> | <b>25.06</b> | <b>1/17/2025</b> |
| 3  | Regie Grady            | 25.59        | 2/7/2020         |
| 4  | Caylah Lunning         | 25.65        | 2/23/2017        |
| 5  | Morgan Lewis           | 25.79        | 2/18/2022        |
|    | <b>Taylor Marks</b>    | <b>25.79</b> | <b>4/28/2023</b> |
| 7  | Alyssa Gonzales        | 25.84        | 2/26/2014        |
| 8  | <b>Julie Smith</b>     | <b>25.85</b> | <b>2/20/2024</b> |
| 9  | Katie Tougas           | 25.89        | 2/21/2013        |
| 10 | Madison Lichter        | 26.15        | 2/26/2015        |

#### 400m

|    |                        |       |           |
|----|------------------------|-------|-----------|
| 1  | Shadye Melu            | 48.12 | 2/13/2015 |
| 2  | Tom Mezzera            | 48.48 | 3/7/2009  |
| 3  | Zach Stanfield         | 48.76 | 2/27/2011 |
| 4  | Janzen Aguilar-Nelson  | 48.87 | 2/23/2017 |
| 5  | Austin Thummel-Gravitt | 49.10 | 2/26/2014 |
| 6  | Zach Gonzalez          | 49.31 | 2/28/2020 |
| 7  | Zac Schlachter         | 49.92 | 2/21/2013 |
| 8  | Keith Beasley          | 50.22 | 1/14/2017 |
| 9  | Jason Cowan            | 50.25 | 2/26/2015 |
| 10 | Christopher Stephens   | 50.25 | 2/26/2010 |

#### 400m

|    |                     |              |                  |
|----|---------------------|--------------|------------------|
| 1  | Candice de Sauvage  | 57.67        | 2/13/2015        |
| 2  | Regie Grady         | 57.81        | 1/31/2020        |
| 3  | Caylah Lunning      | 58.23        | 2/22/2019        |
| 4  | Mandy Rusch         | 58.54        | 1/31/2014        |
| 5  | Maya McCabe         | 58.64        | 1/29/2022        |
| 6  | Rachel Purcell      | 58.80        | 2/11/2011        |
| 7  | <b>Taylor Marks</b> | <b>59.26</b> | <b>1/28/2023</b> |
| 8  | Abby Wachter        | 59.33        | 2/25/2016        |
| 9  | Clare Obradovich    | 59.35        | 2/11/2011        |
| 10 | Elena Collins       | 59.39        | 2/10/2012        |

#### 800m

|    |                       |                |                  |
|----|-----------------------|----------------|------------------|
| 1  | <b>Osaze Williams</b> | <b>1:50.91</b> | <b>2/15/2025</b> |
| 2  | <b>Seku Sanders</b>   | <b>1:51.54</b> | <b>2/15/2025</b> |
| 3  | <b>Alex Jensen</b>    | <b>1:51.97</b> | <b>3/1/2025</b>  |
| 4  | Nathan Pixler         | 1:52.39        | 2/21/2020        |
| 5  | Alex Franklin         | 1:53.52        | 2/24/2024        |
| 6  | Nicholas Dols         | 1:53.85        | 2/24/2007        |
| 7  | Stewart Keene         | 1:54.52        | 2/8/2019         |
| 8  | Joe Charbonneau       | 1:54.63        | 2/25/2016        |
| 9  | Matthew Holme         | 1:55.01        | 1/15/2022        |
| 10 | Gus Harquail          | 1:55.04        | 2/24/2024        |

#### 800m

|    |                        |                |                 |
|----|------------------------|----------------|-----------------|
| 1  | Liane Swegle           | 2:08.35        | 2/14/1976       |
| 2  | Maya McCabe            | 2:10.65        | 1/28/2023       |
| 3  | <b>Alisha Saucedo</b>  | <b>2:12.06</b> | <b>3/1/2025</b> |
| 4  | Siobhan Rubio          | 2:14.35        | 1/26/2018       |
| 5  | Alisa Poplawski        | 2:16.89        | 1/30/2015       |
| 6  | Ellie Postma           | 2:16.94        | 2/22/2019       |
| 7  | Madison Davis          | 2:17.10        | 1/25/2013       |
| 8  | Anastasia Honea        | 2:18.51        | 2/11/2018       |
| 9  | Hannah Mittelstaedt    | 2:19.05        | 1/12/2013       |
| 10 | <b>Annabelle Clapp</b> | <b>2:19.26</b> | <b>2/1/2025</b> |

#### MILE

|    |                       |                |                  |
|----|-----------------------|----------------|------------------|
| 1  | Jacques Hebert        | 4:09.62        | 2/15/2019        |
| 2  | Nathan Pixler         | 4:10.98        | 2/15/2019        |
| 3  | Gus Harquail          | 4:12.29        | 2/12/2023        |
| 4  | Alex Franklin         | 4:13.01        | 1/27/2024        |
| 5  | Collin Overbay        | 4:14.00        | 3/1/2013         |
| 6  | Ansel Pendley-Griffin | 4:14.83        | 2/26/2022        |
| 7  | Gus Arroyo            | 4:15.39        | 1/30/2015        |
| 8  | Ryan Dennison         | 4:15.59        | 3/1/2013         |
| 9  | Robert Renninger      | 4:15.70        | 3/1/2006         |
| 10 | <b>Yonas Sauers</b>   | <b>4:16.30</b> | <b>1/27/2024</b> |

#### MILE

|    |                            |                |                  |
|----|----------------------------|----------------|------------------|
| 1  | <b>Lilianne Hargreaves</b> | <b>4:50.32</b> | <b>2/15/2025</b> |
| 2  | Sophie Curatilo            | 4:51.13        | 2/13/2015        |
| 3  | <b>Azalea Groleau</b>      | <b>4:53.79</b> | <b>2/15/2025</b> |
| 4  | Katie Hansen               | 4:55.68        | 3/7/2009         |
| 5  | Lila Rice                  | 4:57.43        | 2/10/2017        |
| 6  | <b>McKenna White</b>       | <b>4:59.92</b> | <b>2/1/2025</b>  |
| 7  | Johanna Erickson           | 5:02.88        | 2/23/2017        |
| 8  | Emily Harris               | 5:03.22        | 1/28/2023        |
| 9  | Sarah Bolce                | 5:03.30        | 2/10/2012        |
| 10 | <b>Alisha Saucedo</b>      | <b>5:03.54</b> | <b>1/18/2025</b> |

#### 3000m

|    |                     |                |                 |
|----|---------------------|----------------|-----------------|
| 1  | <b>Yonas Sauers</b> | <b>8:16.42</b> | <b>2/9/2024</b> |
| 2  | Matt Seidel         | 8:20.78        | 2/9/2018        |
| 3  | Gus Arroyo          | 8:21.38        | 1/29/2016       |
| 4  | Erik Barkhaus       | 8:21.63        | 3/3/2012        |
| 5  | Eli Boudouris       | 8:21.97        | 2/15/2019       |
| 6  | Gus Harquail        | 08:22.4        | 1/14/2023       |
| 7  | Chay Weaver         | 8:27.02        | 2/11/2017       |
| 8  | Alex Franklin       | 08:27.1        | 1/15/2023       |
| 9  | Jacques Hebert      | 8:27.41        | 2/11/2017       |
| 10 | Nicholas Alvarado   | 8:32.31        | 1/30/2010       |

#### 3000m

|    |                            |                 |                  |
|----|----------------------------|-----------------|------------------|
| 1  | <b>Lilianne Hargreaves</b> | <b>9:36.11</b>  | <b>12/7/2024</b> |
| 2  | <b>Azalea Groleau</b>      | <b>9:41.85</b>  | <b>12/7/2024</b> |
| 3  | Sophie Curatilo            | 9:51.29         | 1/18/2015        |
| 4  | Katie Hansen               | 9:56.52         | 2/1/2009         |
| 5  | Moiria O'Connor Lenth      | 10:01.13        | 2/11/2017        |
| 6  | <b>Diana Camargo Solis</b> | <b>10:01.64</b> | <b>1/17/2025</b> |
| 7  | <b>McKenna White</b>       | <b>10:05.99</b> | <b>1/17/2025</b> |
| 8  | Sarah Bolce                | 10:07.54        | 1/28/2012        |
| 9  | Anastasia Honea            | 10:08.12        | 1/28/2017        |
| 10 | Olivia Stein               | 10:10.42        | 1/27/2018        |

#### 5000m

|   |                     |                 |                  |
|---|---------------------|-----------------|------------------|
| 1 | <b>Yonas Sauers</b> | <b>14:23.74</b> | <b>2/22/2024</b> |
| 2 | Erik Barkhaus       | 14:42.52        | 2/10/2012        |
| 3 | Gus Arroyo          | 14:44.82        | 2/12/2016        |
| 4 | Matthew McClement   | 14:50.06        | 2/8/2013         |

#### 5000m

|   |                 |          |           |
|---|-----------------|----------|-----------|
| 1 | Katie Hasnsen   | 16:57.17 | 2/14/2009 |
| 2 | Olivia Stein    | 17:05.11 | 2/9/2018  |
| 3 | Sophie Curatilo | 17:14.94 | 1/30/2015 |
| 4 | Elena Smith     | 17:39.68 | 2/25/2016 |

# SEATTLEU

## TRACK & FIELD

### All Time Indoor Top-10 List As of 3-2-2025

|    |                      |          |           |
|----|----------------------|----------|-----------|
| 5  | Joe Charbonneau      | 14:54.25 | 1/30/2015 |
| 6  | Cal Davidson-Turner  | 14:54.43 | 1/25/2019 |
| 7  | Matt Seidel          | 14:54.48 | 1/29/2016 |
| 8  | Graham Kinzel-Grubbs | 15:03.15 | 2/8/2013  |
| 9  | Eli Boudouris        | 15:03.98 | 1/27/2017 |
| 10 | Chay Weaver          | 15:07.09 | 1/27/2017 |

#### 60m Hurdles

|   |                  |      |           |
|---|------------------|------|-----------|
| 1 | Lucas Milne      | 8.64 | 1/28/2022 |
| 2 | d'Andre Benjamin | 8.73 | 2/8/2008  |
| 3 | Delvin Sweeney   | 8.96 | 12/6/2008 |
| 4 | William Sun      | 9.21 | 2/21/2020 |
| 5 | Michael Cardinal | 9.23 | 1/16/2010 |
| 6 | Samuel Engle     | 9.23 | 3/3/2012  |
| 7 | Robert Poshusta  | 9.25 | 2/14/2010 |

8  
9  
10

#### 4x400m Relay

|    |                                             |                |                 |
|----|---------------------------------------------|----------------|-----------------|
| 1  | Thummel-Gravitt, Stanfield,Melu, Schlachter | 3:18.98        | 2/21/2013       |
| 2  | <b>Fiso, Williams, Sanders, Jensen</b>      | <b>3:19.69</b> | <b>3/1/2025</b> |
| 3  | I. Payne, Rosario, Christopherson, Holme    | 3:19.89        | 2/25/2023       |
| 4  | Law, Holme, Rosario, Blunden                | 3:22.41        | 2/12/2023       |
| 5  | Sullivan, Fussell, Mezzera, Standfield      | 3:22.41        | 2/28/2009       |
| 6  | Stanfield, Sullivan, T. Mezzera, Martinez   | 3:23.29        | 1/29/2010       |
| 7  | I. Payne, Gonzalez, Pendley-Griffin, Holme  | 3:23.71        | 2/19/2022       |
| 8  | MacKay, Engle, Schlachter, Thummel-Gravitt  | 3:24.01        | 2/12/2012       |
| 9  | <b>Fiso, Jensen, Sanders, Osorio</b>        | <b>3:24.49</b> | <b>2/1/2025</b> |
| 10 | Carrasco, I. Payne, Gonzalez, Milne         | 3:24.79        | 2/22/2019       |

#### Distance Medley Relay

|    |                                              |                |                  |
|----|----------------------------------------------|----------------|------------------|
| 1  | Franklin, <b>Jensen</b> , Sundt, Harquail    | <b>9:59.75</b> | <b>2/19/2024</b> |
| 2  | Franklin, I. Payne, Holme, Harquail          | 10:00.1        | 2/25/2023        |
| 3  | Franklin, I. Payne, Goodwin, Harquail        | 10:00.19       | 1/27/2023        |
| 4  | Charbonneau, Melu, Hebert, Rodrigues         | 10:06.23       | 2/12/2016        |
| 5  | McLaughlin, Schlachter, Overbay, Charbonneau | 10:15.18       | 1/31/2014        |
| 6  | Franklin, I. Payne, Holme, Parker            | 10:15.30       | 1/28/2022        |
| 7  | Pixler, Keene, Boudouris, Hebert             | 10:23.33       | 2/22/2019        |
| 8  | Slichko, Beasley, Boudouris, Seidel          | 10:23.38       | 2/22/2018        |
| 9  | D. Auld, Schlachter, Overbay, Sears          | 10:25.41       | 2/25/2012        |
| 10 | Arroyo, Schlachter, McLaughlin, Rennison     | 10:25.87       | 1/25/2013        |

#### High Jump

|    |                  |       |          |           |
|----|------------------|-------|----------|-----------|
| 1  | Shadye Melu      | 2.11m | 6' 11"   | 2/26/2015 |
| 2  | Taylor Choyce    | 1.93m | 6' 4"    | 3/1/2006  |
| 3  | Cam Peters       | 1.91m | 6' 3.25" | 2/26/2015 |
| 4  | Xavier Kelley    | 1.90m | 6' 2.75" | 2/19/2022 |
| 4  | Ty Jaros         | 1.90m | 6' 2.75" | 1/17/2009 |
| 6  | Ryan Agnew       | 1.87m | 6' 1.5"  | 1/12/2013 |
| 7  | Delvin Sweeney   | 1.87m | 6' 1.5"  | 12/6/2008 |
| 8  | Lucas Milne      | 1.77m | 5' 9.75" | 2/18/2022 |
| 9  | Michael Cardinal | 1.76m | 5' 9.25" | 1/16/2010 |
| 10 | d'Andre Benjamin | 1.68m | 5' 6.25" | 2/6/2009  |

#### Pole Vault

|    |                   |       |           |           |
|----|-------------------|-------|-----------|-----------|
| 1  | Stephen Squatrito | 4.45m | 14' 7.25" | 1/21/2012 |
| 2  | Brock Jahner      | 3.96m | 13' 0"    | 2/19/2007 |
| 3  | Marc Massey       | 3.51m | 11' 6.25" | 1/19/2008 |
| 4  | Lucas Milne       | 3.40m | 11' 1.75" | 2/19/2022 |
| 5  | d'Andre Benjamin  | 3.20m | 10' 6"    | 1/19/2008 |
| 6  |                   |       |           |           |
| 7  |                   |       |           |           |
| 8  |                   |       |           |           |
| 9  |                   |       |           |           |
| 10 |                   |       |           |           |

#### Long Jump

|   |                          |              |                  |                  |
|---|--------------------------|--------------|------------------|------------------|
| 1 | <b>Jamaari Jefferson</b> | <b>6.67m</b> | <b>21'10.75"</b> | <b>2/23/2024</b> |
| 2 | <b>JR Zamora</b>         | <b>6.66m</b> | <b>21' 10"</b>   | <b>1/17/2025</b> |
| 3 | <b>Matthew Fiso</b>      | <b>6.65m</b> | <b>21'10"</b>    | <b>2/1/2025</b>  |
| 4 | d'Andre Benjamin         | 6.58m        | 21' 7.25"        | 2/18/2008        |
| 5 | Ty Jaros                 | 6.55m        | 21' 6"           | 12/6/2008        |
| 6 | Lucas Milne              | 6.45m        | 21' 2"           | 1/29/2022        |
| 7 | Tom Topinka              | 6.43m        | 21'1.25"         | 2/10/2024        |
| 8 | Brock Jahner             | 6.41m        | 21' .5"          | 3/1/2006         |

|    |                       |                 |                  |
|----|-----------------------|-----------------|------------------|
| 5  | Hannah Mittelstaedt   | 17:40.90        | 2/25/2012        |
| 6  | <b>Azalea Groleau</b> | <b>17:47.94</b> | <b>2/24/2024</b> |
| 7  | Lauren Hammerle       | 17:56.72        | 1/31/2014        |
| 8  | Caitlyn O'Neil        | 18:01.3         | 1/27/2023        |
| 9  | Emily Hedberg         | 18:15.49        | 2/14/2014        |
| 10 | Taylor de Laveaga     | 18:16.70        | 1/31/2014        |

#### 60m Hurdles

|    |                  |       |           |
|----|------------------|-------|-----------|
| 1  | Michelle Newblom | 8.74  | 2/28/2020 |
| 2  | Mandie Maddux    | 9.17  | 2/23/2017 |
| 3  | Mariah Gibbs     | 9.19  | 2/25/2016 |
| 4  | Kaytie Bateman   | 9.26  | 2/21/2013 |
| 5  | Nicole Golba     | 9.31  | 2/28/2020 |
| 6  | Emily Walters    | 9.34  | 2/27/2011 |
| 7  | Ashley Burns     | 9.92  | 3/1/2006  |
| 8  | Katie Fleming    | 10.03 | 1/31/2014 |
| 9  | Rachel Vranizan  | 10.14 | 3/7/2009  |
| 10 |                  |       |           |

#### 4x400m Relay

|    |                                            |                |                 |
|----|--------------------------------------------|----------------|-----------------|
| 1  | Grady, McCabe, Rubio, Newblom              | 3:52.45        | 2/28/2020       |
| 2  | Gonzalez, Rusch, Cull, de Sauvage          | 3:54.08        | 2/26/2014       |
| 3  | <b>Marks, Clapp, Talarico, Shkalenkova</b> | <b>3:59.82</b> | <b>3/1/2025</b> |
| 4  | Lunning, Grady, Golba, Van Liew            | 4:00.30        | 2/22/2019       |
| 5  | Lunning, Wachter, Hegg, Soliman            | 4:00.47        | 2/22/2018       |
| 6  | Lichter, Rusch, Fleming, de Sauvage        | 4:00.50        | 2/26/2015       |
| 7  | Wachter, Smith, Fleming, Sparkman          | 4:01.26        | 1/29/2016       |
| 8  | Fleming, Wachter, Rusch, Maddux            | 4:01.30        | 2/23/2017       |
| 9  | Tougas, Bergmann, Lassere, de Sauvage      | 4:01.59        | 2/21/2013       |
| 10 | Purcell, Bergmann, Walters, Obradovich     | 4:02.15        | 2/13/2011       |

#### Distance Medley Relay

|    |                                                |                 |                  |
|----|------------------------------------------------|-----------------|------------------|
| 1  | <b>M. White, Marks, Clapp, Groleau</b>         | <b>11:52.39</b> | <b>3/1/2025</b>  |
| 2  | <b>Groleau, Marks, White, Hargreaves</b>       | <b>11:54.94</b> | <b>2/19/2024</b> |
| 3  | Much, <b>Marks</b> , McCabe, <b>Groleau</b>    | <b>11:55.21</b> | <b>1/27/2023</b> |
| 4  | <b>M. White, Clapp, Saucedo, Camargo Solis</b> | <b>12:00.45</b> | <b>2/1/2025</b>  |
| 5  | Erickson, Fleming, Rubio, Honea                | 12:02.41        | 2/10/2017        |
| 6  | O'Connor Lenth, Maddux, Danforth, Rice         | 12:08.32        | 2/12/2016        |
| 7  | Davis, de Sauvage, Curatilo, Rice              | 12:08.66        | 1/31/2014        |
| 8  | Harris, <b>Smith</b> , Much, <b>Groleau</b>    | <b>12:09.28</b> | <b>2/25/2023</b> |
| 9  | McCabe, Marks, Postma, O'Leary                 | 12:09.85        | 1/28/2022        |
| 10 | Higgins, Wachter, Rubio, Erickson              | 12:11.88        | 2/22/2018        |

#### High Jump

|    |                    |       |          |           |
|----|--------------------|-------|----------|-----------|
| 1  | Mandie Maddux      | 1.67m | 5' 5.75" | 2/23/2017 |
| 2  | Mara Becker        | 1.65m | 5' 5"    | 2/14/2010 |
| 3  | Rachel Van Liew    | 1.57m | 5' 1.75" | 2/7/2020  |
| 4  | Kaytie Bateman     | 1.55m | 5' 1"    | 2/21/2013 |
| 5  | Laurel Mack-Wilson | 1.55m | 5' 1"    | 2/21/2020 |
| 6  | Emily Walters      | 1.53m | 5' 0.25" | 1/28/2011 |
| 7  | Cora Devaney       | 1.50m | 4' 11"   | 1/13/2018 |
| 8  | Brittany Philio    | 1.47m | 4' 9.75" | 2/7/2010  |
| 9  | Toni Tetzlaff      | 1.45m | 4' 9"    | 2/7/2010  |
| 10 | Rowan Cuadrado     | 1.40m | 4' 7"    | 2/6/2009  |

#### Pole Vault

|    |                  |       |           |           |
|----|------------------|-------|-----------|-----------|
| 1  | Ariel Johnson    | 3.36m | 11' 0.25" | 2/11/2011 |
| 2  | Theresa Mangahas | 3.30m | 10' 10"   | 3/1/2004  |
| 3  | Courtney Cabebe  | 3.26m | 10' 8.25" | 2/14/2008 |
| 4  | Brittany Lee     | 2.75m | 9' 0.25"  | 2/14/2008 |
| 5  |                  |       |           |           |
| 6  |                  |       |           |           |
| 7  |                  |       |           |           |
| 8  |                  |       |           |           |
| 9  |                  |       |           |           |
| 10 |                  |       |           |           |

#### Long Jump

|   |                      |              |                  |                  |
|---|----------------------|--------------|------------------|------------------|
| 1 | Caylah Lunning       | 5.60m        | 18' 4.5"         | 2/23/2017        |
| 2 | <b>Manhita Wague</b> | <b>5.57m</b> | <b>18' 3.25"</b> | <b>2/8/2025</b>  |
| 3 | Emily Walters        | 5.56m        | 18' 3"           | 2/27/2011        |
| 4 | Katie Tougas         | 5.43m        | 17' 9.75"        | 2/26/2014        |
| 5 | Renee Soliman        | 5.33m        | 17' 6"           | 2/12/2017        |
| 5 | <b>Zoe Tibbo</b>     | <b>5.27m</b> | <b>17'3.5"</b>   | <b>2/20/2024</b> |
| 7 | Cali Cull            | 5.15m        | 16' 10.75"       | 2/25/2012        |
| 8 | Mandie Maddux        | 5.04m        | 16' 6.5"         | 2/4/2016         |

# SEATTLEU

## TRACK & FIELD

### All Time Indoor Top-10 List As of 3-2-2025

|                     |                  |        |            |           |                     |                    |        |           |           |
|---------------------|------------------|--------|------------|-----------|---------------------|--------------------|--------|-----------|-----------|
| 9                   | Sean Ellison     | 6.35m  | 20' 8"     | 3/1/2025  | 9                   | Maia Sparkman      | 5.03m  | 16' 6"    | 1/17/2015 |
| 10                  | Matthew Crumedy  | 6.34m  | 20' 9.5"   | 2/11/2007 | 10                  | Kaytie Bateman     | 4.96m  | 16' 3.25" | 1/27/2012 |
| <b>Triple Jump</b>  |                  |        |            |           | <b>Triple Jump</b>  |                    |        |           |           |
| 1                   | Nick Bever       | 13.82m | 45' 4.25"  | 2/26/2014 | 1                   | Mariah Gibbs       | 11.96m | 39' 3"    | 2/26/2015 |
| 2                   | Matthew Fiso     | 13.69m | 44' 11"    | 1/17/2025 | 2                   | Bryana Rogers      | 11.74m | 38' 6"    | 2/12/2023 |
| 3                   | Ty Jaros         | 13.51m | 44' 4"     | 2/27/2011 | 3                   | Manthita Wague     | 11.59m | 38'       | 3/1/2025  |
| 4                   | Jordan Kenison   | 13.43m | 44' 0.75"  | 1/27/2017 | 4                   | Zoe Tibbo          | 11.38m | 37' 3.5"  | 3/1/2025  |
|                     | JR Zamora        | 13.43m | 44' 0.75'  | 2/8/2025  | 5                   | Katie Fleming      | 11.33m | 37' 2.25" | 1/16/2016 |
| 6                   | Nick Redlew      | 13.42m | 44' 0.5"   | 1/30/2015 | 6                   | Cali Cull          | 11.30m | 37' 1"    | 1/12/2013 |
| 7                   | Xavier Kelley    | 13.09m | 42' 11.5"  | 2/28/2020 | 7                   | Emily Walters      | 11.29m | 37' 0.5"  | 2/11/2011 |
| 8                   | Brock Jahner     | 13.06m | 42' 10.25" | 2/11/2007 | 8                   | Shannon Sadler     | 11.09m | 36' 4.75" | 1/29/2022 |
| 9                   | Sean Ellison     | 12.99m | 42' 7.50"  | 1/13/2024 | 9                   | Nicole Golba       | 10.93m | 35' 10.5" | 2/28/2020 |
| 10                  | Mahmoud Hassany  | 12.96m | 42' 6.25"  | 1/15/2012 | 10                  | Sandy Dasalla      | 10.92m | 35' 10"   | 2/26/2015 |
| <b>Shot Put</b>     |                  |        |            |           | <b>Shot Put</b>     |                    |        |           |           |
| 1                   | Bo Anderson      | 14.32m | 46' 11.75" | 2/21/2013 | 1                   | Tallia Sova        | 11.98m | 39' 3.75" | 2/21/2020 |
| 2                   | Devon Walker     | 12.90m | 42' 4"     | 1/25/2013 | 2                   | Mandie Maddux      | 11.94m | 39' 2.25" | 2/23/2017 |
| 3                   | Kai Little       | 12.51m | 41' .5"    | 2/4/2022  | 3                   | ShaTanya Fernandez | 11.54m | 37' 10.5" | 3/1/2006  |
| 4                   | Peter Albrich    | 11.52m | 37' 9.5"   | 1/17/2009 | 4                   | Bethany Richards   | 11.14m | 36' 6.75" | 1/25/2013 |
| 5                   | Josh Walters     | 11.38m | 37' 4"     | 1/27/2012 | 5                   | Lindsay Carrier    | 10.84m | 35' 6.75" | 2/7/2008  |
| 6                   | Lucas Milne      | 11.12m | 36' 5.75"  | 2/18/2022 | 6                   | Livii Fetterley    | 10.80m | 35' 5"    | 1/28/2023 |
| 7                   | Angel Cheema     | 11.00m | 36' 1.25"  | 1/14/2017 | 7                   | Sara Blakely       | 10.73m | 35' 2.5"  | 1/28/2011 |
| 8                   | Brock Jahner     | 10.12m | 33' 2.5"   | 1/13/2007 | 8                   | Emee Mathew        | 10.54m | 34' 7"    | 12/6/2008 |
| 9                   |                  |        |            |           | 9                   | Cora Devaney       | 10.45m | 34' 3.5"  | 2/22/2018 |
| 10                  |                  |        |            |           | 10                  | Sara DeMartini     | 10.11m | 33' 2"    | 2/7/2008  |
| <b>Weight Throw</b> |                  |        |            |           | <b>Weight Throw</b> |                    |        |           |           |
| 1                   | Devon Walker     | 14.75m | 48' 4.75"  | 2/25/2016 | 1                   | Bethany Richards   | 15.06m | 49' 5"    | 2/21/2013 |
| 2                   | Josh Walters     | 14.55m | 47' 9"     | 1/12/2013 | 2                   | Amanda Luna        | 13.76m | 45' 1.75" | 2/10/2013 |
| 3                   | Malaki Seanoa II | 14.06m | 46' 1.5"   | 1/30/2015 | 3                   | Jami Tresselt      | 12.70m | 41' 8"    | 2/7/2020  |
| 4                   | Chris Scaffa     | 13.45m | 44' 1.5"   | 1/31/2014 | 4                   | Rachel Albright    | 12.08m | 39' 7.75" | 2/1/2025  |
| 5                   | Bo Anderson      | 12.66m | 41' 6.5"   | 2/10/2013 | 5                   | Alexa DeYoung      | 11.92m | 39' 1.25" | 1/18/2014 |
| 6                   | Kai Little       | 12.36m | 40' 6.75"  | 1/15/2022 | 6                   | Renate Wescott     | 11.40m | 37' 5"    | 2/12/2012 |
| 7                   | Brandan Haggarty | 12.10m | 39' 8.5"   | 1/28/2011 | 7                   | Melissa Oeser      | 10.71m | 35' 1.75" | 1/18/2014 |
| 8                   |                  |        |            |           | 8                   | Tallia Sova        | 10.68m | 35' 0.5"  | 2/15/2019 |
| 9                   |                  |        |            |           | 9                   | Sylvia Hendrix     | 10.38m | 34' 0.75" | 2/15/2019 |
| 10                  |                  |        |            |           | 10                  | Sara Blakely       | 9.87m  | 32' 4.75" | 1/28/2011 |
| <b>Heptathlon</b>   |                  |        |            |           | <b>Pentathlon</b>   |                    |        |           |           |
| 1                   | Lucas Milne      | 4387   | 2/19/2022  |           | 1                   | Mandie Maddux      | 3512   | 2/25/2017 |           |
| 2                   |                  |        |            |           | 2                   | Kaytie Bateman     | 3275   | 2/22/2013 |           |
| 3                   |                  |        |            |           | 3                   | Cora Devaney       | 2706   | 2/23/2018 |           |
| 4                   |                  |        |            |           | 4                   |                    |        |           |           |
| 5                   |                  |        |            |           | 5                   |                    |        |           |           |
| 6                   |                  |        |            |           | 6                   |                    |        |           |           |
| 7                   |                  |        |            |           | 7                   |                    |        |           |           |
| 8                   |                  |        |            |           | 8                   |                    |        |           |           |
| 9                   |                  |        |            |           | 9                   |                    |        |           |           |
| 10                  |                  |        |            |           | 10                  |                    |        |           |           |