

Washington State Open - 2/4/2022**The Podium****Results****Women 60 Meter Dash**

Podium:	7.19	1/15/2022	Destiny Smith-Barnett, DoublePil
NCAA:	7.05	3/13/2021	Kemba Nelson, Oregon
US Indoor:	6.95	3/12/1993	Gail Devers, Nike
Name		Year School	Prelims H#

Preliminaries

1	Abba, Ezinne	California	7.55Q	3
2	Shaheed, Aysha	California	7.56Q	1
3	Duke, LaTrouchka	Sacramento St.	7.64Q	2
4	Stevens, Maisie	California	7.56q	3
5	Spinks, Jenea	California	7.58q	1
6	Wood, Abbey	Northwest Nazarene	7.72q	2
7	Hansen, Makenna	Central Washington	7.73q	3
8	Jocelyn, Tricht	Seattle U.	7.76q	2
9	Pipion, Ceonna	Fresno State	7.79	2
10	Antolin, Alyssa Mae	Hawaii	7.81	1
11	Williams, Juliette	Central Washington	7.82	3
12	Scruggs, Gianna	Sacramento St.	7.85	3
13	Thompson, Maliyah	Western Oregon	7.86	1
14	Buck, Catherine	Montana	7.89	1
15	Hopwood, Maya	Western Oregon	7.90	2
16	Kuntz, Samiah	Eastern Washington	7.90	1
17	Richardson, Jahzara	California	7.91	1
18	Hewson, Amelia	Whitworth	8.00	3
19	Grogan, Anika	Lewis-Clark	8.04	2
20	Smith, Audrey	Montana	8.12	2
21	Moku, Madison	Cal St. Fullerton	8.13	2
22	Lungo, Jordyn	Whitworth	8.14	3
23	Carter, Leigha	Montana State	8.15	1
24	Brice-Moore, Jailah	Sacramento St.	8.32	3

Women 60 Meter Dash Qualifying

Podium:	7.59	2/4/2022	Ezinne Abba, California
Name		Year School	Finals H#

Finals

1	Abba, Ezinne	California	7.59	3
2	Shaheed, Aysha	California	7.66	4
3	Thompson, Maliyah	Western Oregon	7.92	2
4	Grogan, Anika	Lewis-Clark	7.97	5
5	Hewson, Amelia	Whitworth	8.05	4
6	Lungo, Jordyn	Whitworth	8.09	1 8.085
7	Smith, Audrey	Montana	8.09	1 8.087
8	Carter, Leigha	Montana State	8.10	5 8.093
9	Dezember, Camryn	Montana	8.10	3 8.095
10	Warrington, Amy	Hawaii	8.12	3
11	Cheney, Caitlyn	Western Washington	8.16	5
12	Buckner, Nakya	Fresno State	8.17	3
13	Brown, Kameryn	Sacramento St.	8.18	2
14	Hathaway, Sara	Lewis-Clark	8.21	3
15	Baniaga, Katie	Northwest Nazarene	8.27	4
16	Aczon, Kasee	Sacramento St.	8.29	5
17	Baumann, Danielle	Hawaii	8.31	2 8.303
18	Wu, Stevie	Hawaii	8.31	5 8.304

Washington State Open - 2/4/2022**The Podium****Results****....Women 60 Meter Dash Qualifying**

19	Green, Kiarra	Central Washington	8.32	4
20	Smith, Karlie	Lewis-Clark	8.33	1
21	Halbert, Nikki	Lewis-Clark	8.38	5
22	Zywina, Sydney	Lewis-Clark	8.42	2
23	Testa, Chelsie	Lewis-Clark	8.53	1
24	Williams, Shayna	Northwest Nazarene	8.54	3
25	McIntosh, Makayla	Lewis-Clark	8.59	4
26	Smith, Cynthia	Lewis-Clark	8.60	4
27	Recasner, Alyssa	Seattle U.	8.64	2
28	Pilcher, Keelyn	Lewis-Clark	8.93	2
29	Stieglitz, Kea	Lewis-Clark	8.97	3
30	Winslow, Desiree	Lewis-Clark	9.07	2

Women 60 Meter Dash

Podium:	7.19	1/15/2022	Destiny Smith-Barnett, Double
NCAA:	7.05	3/13/2021	Kemba Nelson, Oregon
US Indoor:	6.95	3/12/1993	Gail Devers, Nike

Name	Year	School	Finals
1	Abba, Ezinne	California	7.52
2	Spinks, Jenea	California	7.55
3	Stevens, Maisie	California	7.58
4	Shaheed, Aysha	California	7.62
5	Duke, LaTrouchka	Sacramento St.	7.66
6	Wood, Abbey	Northwest Nazarene	7.73
7	Hansen, Makenna	Central Washington	7.76
8	Jocelyn, Tricht	Seattle U.	7.78

Women 200 Meter Dash

Podium:	23.65	1/15/2022	Iman Brown, Oregon
NCAA:	22.38	3/13/2021	Abby Steiner, Gabby Thomas, Kent
US Indoor:	22.33	3/2/1996	Gwen Torrence, Mizuno

Name	Year	School	Finals	H#
1	Bailey, Anaya	Grand Canyon	24.54	1
2	Antolin, Alyssa Mae	Hawaii	24.68	2
3	Duke, LaTrouchka	Sacramento St.	25.07	1
4	Quarles, Kennedy	Grand Canyon	25.08	1
5	Hurley, Jada	Oregon State	25.16	4
6	Conyers, Aly	California	25.17	5
7	Hansen, Makenna	Central Washington	25.21	4
8	Light, Kirstin	Cal St. Fullerton	25.30	4
9	Jocelyn, Tricht	Seattle U.	25.31	2
10	Lacefield, Ryan	California	25.51	3
11	Allain, Deja	Cal St. Fullerton	25.53	2
12	Butler, Elizabeth	Idaho State	25.59	2
13	Buckley, Abigail	Oregon State	25.64	5
14	Warrington, Amy	Hawaii	25.79	5
15	Kuntz, Samiah	Eastern Washington	25.82	3
16	Charlton, Jayde	Sacramento St.	25.82	7
17	McCloy, Makenna	Utah	25.84	6
18	Wood, Abbey	Northwest Nazarene	25.92	9
19	Filipovic, Dora	Grand Canyon	25.93	3

Washington State Open - 2/4/2022**The Podium****Results****....Women 200 Meter Dash**

20	Watson, Taylor	Utah	26.03	5
21	Ford, Daysha	Sacramento St.	26.04	8
22	Scruggs, Gianna	Sacramento St.	26.13	7
23	Carter, Leigha	Montana State	26.23	7
24	Marks, Taylor	Seattle U.	26.33	6
25	Kennedy, Faith	Eastern Washington	26.36	4
26	Buck, Catherine	Montana	26.37	3
27	Ochoa, Yareli	Central Washington	26.37	6
28	Dezember, Camryn	Montana	26.44	8
29	Hopwood, Maya	Western Oregon	26.46	3
30	Rose, Megan	Utah	26.52	8
31	Armbruster, Ellie	Gonzaga	26.66	11
32	Brice-Moore, Jailah	Sacramento St.	26.69	7
33	Ball, Alison	Whitworth	26.74	4
34	Harmon, Abby	Montana	26.79	7
35	DeJong, Laine	Northwest Nazarene	26.84	11
35	Whipple, Rachel	Utah	26.84	8
37	Brown, Kameryn	Sacramento St.	26.85	9
38	Wu, Stevie	Hawaii	26.90	9
39	Cheney, Caitlyn	Western Washington	26.95	10
40	De Arvizu Sarrias, Blanc	Alaska Anchorage	27.05	10
41	Baniaga, Katie	Northwest Nazarene	27.05	11
42	Pankova, Lidiya	Eastern Washington	27.06	5
43	Williams, Juliette	Central Washington	27.07	8
44	Gomez, Alejandra	Northwest Nazarene	27.40	11
45	Smith, Audrey	Montana	27.46	11
46	Baumann, Danielle	Hawaii	27.73	9
47	Howard, Chelsea	Oregon State	27.87	9
48	Green, Kiarra	Central Washington	27.87	6
49	Eberhardt, Mayah	Eastern Washington	28.65	10

Women 400 Meter Dash

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Podium:	56.76	1/15/2022	Ceonna Pipion, Fresno State		
NCAA:	50.34	3/10/2018	Kendall Ellis, Sourthern Califor		
US Indoor:	50.34	3/10/2018	Kendall Ellis, Southern Californ		
Name		Year	School	Finals	H#
=====					
1	Scatena, Adael		Oregon State	56.84	1
2	Kurucz, Aaryanna		Idaho	58.05	3
3	Delgadillo, Lauren		Cal St. Fullerton	58.38	2
4	Hanson, Morgan		Montana State	58.95	5
5	Sturgis, Ashley		Idaho State	59.15	2
6	Durocher, Payton		Idaho State	59.31	1
7	Hudson, Deja		Fresno State	59.43	2
8	Soaris, Alero		Cal St. Fullerton	59.50	3
9	Armbruster, Ellie		Gonzaga	59.51	5
10	Warrington, Amy		Hawaii	59.59	10
11	Mitchell, Cu-Nisha		Fresno State	59.91	4
12	Martin, Kyndal		Idaho State	59.93	4
13	Emmerson, Chelsie		Oregon State	59.97	4
14	Hart, Jessy		Western Oregon	1:00.02	10
15	Kennedy, Faith		Eastern Washington	1:00.21	2
16	Soliday, Darby		Idaho State	1:00.25	6
17	Marks, Taylor		Seattle U.	1:00.33	4

Washington State Open - 2/4/2022**The Podium****Results****....Women 400 Meter Dash**

18	Levinte, Estera	Western Washington	1:00.35	4
19	DeJong, Laine	Northwest Nazarene	1:00.37	5
20	Whitehurst, Katie	Montana	1:00.40	6
21	Allain, Deja	Cal St. Fullerton	1:00.53	2
22	Hempstead, Felicity	Eastern Washington	1:00.64	7
23	Smith, Tenleigh	Idaho State	1:00.77	5
24	Nutting, Haven	Eastern Washington	1:00.89	3
25	Hoffman, Alyssa	Eastern Washington	1:00.96	6
26	Bishop, Kaila	Cal Poly	1:01.21	5
27	Ford, Daysha	Sacramento St.	1:01.31	3
28	Butler, Elizabeth	Idaho State	1:01.42	1
29	Pankova, Lidiya	Eastern Washington	1:01.59	6
30	Gomez, Alejandra	Northwest Nazarene	1:01.73	7
31	Ward, Mackenzie	Whitworth	1:02.22	7
32	Knight, Madelyn	Eastern Washington	1:02.38	8
33	Johansen, Victoria	Alaska Anchorage	1:02.39	7
34	Garcia Arias, Belen	Idaho	1:02.43	3
35	Holloway, Tatum	Santa Clara	1:02.43	8
36	Flad, Leonie	Alaska Anchorage	1:02.67	9
37	Bates, Naomi	Western Washington	1:02.87	8
38	Ball, Alison	Whitworth	1:02.91	7
39	Joy, Leighton	Gonzaga	1:02.96	9
40	Graham, Hailey	Northwest Nazarene	1:03.15	9
41	Biondi, Taylor	Gonzaga	1:03.18	8
42	Brice-Moore, Jailah	Sacramento St.	1:03.20	10
43	Drury, Kaitlyn	Northwest Nazarene	1:03.34	9
44	Konrad, Shawnee	Western Washington	1:03.41	10
45	Hatton, Megan	Eastern Washington	1:03.68	8
46	Johnson, Alexie	Northwest Nazarene	1:04.16	10
47	Eberhardt, Mayah	Eastern Washington	1:08.21	9
48	Falstad, Charlotte	Spokane CC	1:09.68	10
--	Charlton, Jayde	Sacramento St.	DQ	1

Women 800 Meter Run

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Podium:	2:07.50	1/15/2022	MaLeigha Menegatti, Boise Stat	
NCAA:	1:58.40	2/25/2021	Athing Mu, Texas A&M	
US Indoor:	1:58.29	2/8/2020	Ajee Wilson, adidas	
Name	Year	School	Finals	H#
=====				
1	Moodry, Kelly	Grand Canyon	2:08.34	4
2	Hokanson, Alexa	Grand Canyon	2:08.67	4
3	Hubert, Cassidy	Cal Poly	2:12.57	4
4	Escalera, JJ	Santa Clara	2:14.26	1
5	Timmons, Presley	Idaho State	2:14.73	4
6	Bienfang, Alyssa	Gonzaga	2:16.12	4
7	McCabe, Maya	Seattle U.	2:17.36	4
8	Morris, Sophia	Santa Clara	2:18.44	3
9	Postma, Ellie	Seattle U.	2:19.26	3
10	Collier, Sarah	Sacramento St.	2:19.73	4
11	Hansen, Brittney	Gonzaga	2:19.96	2
12	Svetere, Agita	Fresno State	2:20.16	3
13	Walchak-Sloan, Cassidy	Saint Martin's	2:20.33	3
14	Boyle, Bridget	Montana	2:20.84	2
15	Lawrence, Mia	Sacramento St.	2:21.07	3

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16 Wright, Sophie	Western Washington	2:21.87	2
17 Sefried, Paige	Oregon State	2:22.36	2
18 Crocker, Mia	Western Washington	2:22.43	3
19 Ruiz, Olivia	Cal St. Fullerton	2:22.49	3
20 Correa, Geraldin	Lewis-Clark	2:22.90	4
21 Buckley, Madelyn	Whitworth	2:23.27	1
22 Saucedo, Alisha	Saint Martin's	2:23.85	1
23 Navarro, Gabby	Santa Clara	2:23.91	1
24 Pratt, Savannah	Idaho	2:24.01	2
25 Flood, Emma	Gonzaga	2:24.52	3
26 Sherman, Molly	Montana	2:26.40	1
27 Harding, Madee	Hawaii	2:27.28	2
28 Burciaga, Madison	Sacramento St.	2:27.28	2
29 Smith, Karina	Gonzaga	2:27.47	2
30 Hill, Olivia	Hawaii	2:28.37	2
31 Shell, Brooklyn	Lewis-Clark	2:29.27	1
32 Van Der Zee, Sydney	Oregon State	2:29.61	1
33 Chapman, Katie	Western Oregon	2:33.26	1
34 Lester, Kay	Central Washington	2:33.94	1
35 Thompson, Madison	Central Washington	2:39.90	1

Women 1 Mile Run

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Podium:	4:54.63	1/15/2022	Alicia Anderson, Gonzaga	
NCAA:	4:25.91	2/28/2009	Jenny Barringer, Colorado	
US Indoor:	4:16.85	2/8/2020	Elinor Purrier, New Balance	
Name	Year	School	Finals	H#
=====				
1 Olsen, Molly		Idaho State	5:00.78	4
2 Bergman, Mia		Cal St. Fullerton	5:01.39	3
3 Block, Alyssa		Cal St. Fullerton	5:01.68	4
4 Calvert, Carolinh		UC Riverside	5:01.73	3
5 Kenyon, Madi		Idaho State	5:04.67	4
6 McGrath, Dana		Cal St. Fullerton	5:04.71	4
7 Donaldson, Kate		Gonzaga	5:05.94	4
8 Caesar, McKaylie		Cal St. Fullerton	5:06.24	4
9 Lowengrub, Collette		UC Riverside	5:06.94	4
10 Jenkins, Halle		Grand Canyon	5:07.31	4
11 Hansen, Brittney		Gonzaga	5:07.59	4
12 Golmon, Hailey		Cal Poly	5:08.16	4
13 Rethmeier, Eva		Cal St. Fullerton	5:09.61	4
14 Davis, Ila		Western Washington	5:10.66	3
15 Miramontes, Dariana		UC Riverside	5:11.35	3
16 Hargreaves, Lilianne		Seattle U.	5:11.59	3
17 Fujiwara, Maiya		Santa Clara	5:12.23	3
18 Visser, Lilly		Gonzaga	5:14.42	3
19 O'Leary, Fiona		Seattle U.	5:14.60	3
20 Heldt, Caitlin		Western Oregon	5:15.07	4
21 Chahroui, Marie-Therese		Seattle U.	5:18.72	4
22 Wright, Sophie		Western Washington	5:19.50	4
23 Shell, Brooklyn		Lewis-Clark	5:19.83	2
24 Brands, Elizabeth		Gonzaga	5:20.81	2
25 Crocker, Mia		Western Washington	5:22.02	3
26 Cuadrado, Rowan		Seattle U.	5:26.58	3
27 Kohlmeier, Katrina		Sacramento St.	5:28.46	1

Washington State Open - 2/4/2022**The Podium****Results****....Women 1 Mile Run**

28	Nygard, Amanda	Eastern Washington	5:29.70	1
29	Ferrell, Kate	Gonzaga	5:30.90	1
30	Jauregui, Mia	Fresno State	5:32.63	2
31	Chapman, Katie	Western Oregon	5:34.31	3
32	Lenth, Luciana	Santa Clara	5:34.87	3
33	Fetzer, Lilly	Eastern Washington	5:35.81	2
34	Atin, Sophia	Gonzaga	5:38.26	2
35	Child, Madison	Central Washington	5:38.55	2
36	Hill, Mia	Idaho	5:38.59	2
37	Harrison, Anna	Eastern Washington	5:39.24	1
38	Wood, Tressa	Spokane CC	5:47.74	1
39	Poasa, Adahra	Seattle U.	5:48.82	2
40	McCormick, Grace	Lewis-Clark	5:50.95	1
41	Gaines, Kenzie	Eastern Washington	5:51.62	1
42	Drennen, Maddie	Eastern Washington	5:52.41	3
43	Gohr, Caitlin	Central Washington	5:56.24	1
44	Henry, Kelsey	Lewis-Clark	5:56.72	1
45	Massey, Meredith	Central Washington	6:09.20	1
--	Codiga, Sasha	Santa Clara	DNF	2
--	Babcock, Mary Cate	Gonzaga	DNF	2

Women 3000 Meter Run

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Podium:	9:41.67	12/11/2021	Alicia Anderson, Gonzaga	
NCAA:	8:41.60	2/3/2018	Karissa Schweizer, Missouri	
US Indoor:	8:25.70	2/27/2020	Karissa Schweizer, Nike/Bowerm	
Name	Year	School	Finals	H#
=====				
1	Noe, Camila	Montana State	9:47.85	3
2	Brill, Sierra	Cal Poly	9:50.37	3
3	Olsen, Molly	Idaho State	9:54.24	3
4	Judd, Jodie	Grand Canyon	9:54.25	3
5	Lowengrub, Collette	UC Riverside	9:58.12	3
6	Gooley, Schuyler	Cal Poly	10:03.58	3
7	Dube, Mya	Montana State	10:04.50	3
8	Rivas, Sydnie	Cal Poly	10:07.87	3
9	Buchholz, Carissa	Cal Poly	10:07.93	3
10	Meck, Abbey	Santa Clara	10:11.36	2
11	Hall, Kinsey	Santa Clara	10:11.79	3
12	Moore, Alex	Montana State	10:13.42	2
13	Gilbreth, Grace	Montana State	10:17.80	2
14	Wedin, Brook	Western Washington	10:17.84	2
15	Perrin, Hannah	Montana State	10:18.10	3
16	Kelderman, Sam	Montana State	10:18.72	2
17	Miramontes, Dariana	UC Riverside	10:19.62	3
18	Brady, Georgi	Gonzaga	10:21.48	2
19	Jenkins, Halle	Grand Canyon	10:22.14	2
20	Adams, Emily	Lewis-Clark	10:24.89	3
21	Davis, Ila	Western Washington	10:25.33	2
22	Garcia, Luz	Western Oregon	10:26.79	3
23	Castelli, Katie	Santa Clara	10:27.20	1
24	Vandersloot, Elena	Montana State	10:29.38	2
25	Phelps, Emily	Gonzaga	10:29.58	3
26	Neumann, Kayla	Santa Clara	10:30.23	2
27	Morgan, Sophia	Hawaii	10:30.99	2

Washington State Open - 2/4/2022**The Podium****Results****....Women 3000 Meter Run**

28 Linnenburger, Ellie	Eastern Washington	10:33.58	2
29 Oliver, Tia	Sacramento St.	10:42.92	2
30 Nguyen, Jasmine	Gonzaga	10:43.14	1
31 Belton, Kalen	Northwest Nazarene	10:45.90	2
32 Vergnolle, Adelaide	Santa Clara	10:54.32	1
33 Maurer, Delphine	Western Washington	10:59.64	1
34 Smith, Abby	Seattle U.	11:10.36	1
35 Gorton, Abigail	Lewis-Clark	11:14.10	1
36 Peterman, Jasmin	Santa Clara	11:23.08	1
37 Wood, Tressa	Spokane CC	11:26.03	1
38 Howe, Madison	Lewis-Clark	11:51.31	1
39 Johnson, Kaidyn	Spokane CC	11:59.73	1
40 Creeger, Kaitlin	Spokane CC	12:36.19	1

Women 60 Meter Hurdles

Podium:	8.44	2/4/2022	Jazlynn Shearer, California
NCAA:	7.78	1/11/2013	Brianna Rollins-McNeal, Clemson
US Indoor:	7.68	2/10/2008	Susanna Kallur
Name	Year	School	Prelims H#

Preliminaries

1 Shearer, Jazlynn	California	8.65Q	5
2 Grady, Jordyn	California	8.76Q	1
3 Thru, Amanda	Grand Canyon	8.84Q	2
4 Hawkins, Amira	Cal St. Fullerton	8.85Q	4
5 Mane, Jaree	Montana	9.13Q	3
6 Popchock, Ana	Western Oregon	8.92q	2
7 Martin, Kyndal	Idaho State	9.00q	1
8 Kelly, Madigan	Lewis-Clark	9.07q	2
9 Hewson, Amelia	Whitworth	9.10	4
10 Thompson, Maliyah	Western Oregon	9.14	3
11 Best, Karyn	Cal St. Fullerton	9.16	3
12 Hempstead, Felicity	Eastern Washington	9.18	1
13 Surnip, Alexis	Sacramento St.	9.21	4
14 Brown, Kameryn	Sacramento St.	9.23	5 9.223
15 Hagler, Brianna	Idaho State	9.23	3 9.224
16 Hoffman, Alyssa	Eastern Washington	9.24	4
17 Knight, Madelyn	Eastern Washington	9.25	5 9.242
17 Coburn, Eliana	Sacramento St.	9.25	1 9.242
19 Hathaway, Sara	Lewis-Clark	9.29	4
20 Moku, Madison	Cal St. Fullerton	9.43	2
21 Soliday, Darby	Idaho State	9.50	2
22 Bates, Naomi	Western Washington	9.51	2
23 Gordon, Samantha	Hawaii	9.52	3
24 Fryberger, Carlee	Montana	9.53	3 9.521
25 Britt, Ashley	Lewis-Clark	9.53	3 9.525
26 De Arvizu Sarrias, Blanc	Alaska Anchorage	9.54	1
27 Dandridge, Alexa	Fresno State	9.66	5
28 Nelson, Taylor	Fresno State	9.67	1
29 Kibbee, Leanne	Western Washington	9.68	5
30 Rawls, Breanne	Whitworth	10.06	2
31 Sheets, Abby	Sacramento St.	10.09	5
32 McIntosh, Makayla	Lewis-Clark	10.23	2
33 Pilcher, Keelyn	Lewis-Clark	10.24	4

Washington State Open - 2/4/2022**The Podium****Results****Women 60 Meter Hurdles**

Podium:	8.44	2/4/2022	Jazlynn Shearer, California
NCAA:	7.78	1/11/2013	Brianna Rollins-McNeal, Clems
US Indoor:	7.68	2/10/2008	Susanna Kallur
Name		Year School	Finals

Finals

1	Shearer, Jazlynn	California	8.44
2	Grady, Jordyn	California	8.72
3	Thru, Amanda	Grand Canyon	8.83
4	Popchock, Ana	Western Oregon	8.83
5	Hawkins, Amira	Cal St. Fullerton	8.91
6	Martin, Kyndal	Idaho State	8.92
7	Kelly, Madigan	Lewis-Clark	9.12
8	Mane, Jaree	Montana	9.14

Women 4x400 Meter Relay

Podium:	3:42.11	1/15/2022	Oregon, Oregon
			K Wright, S Hall, E Clayton, I Brown
NCAA:	3:26.27	2/13/2021	Texas A&M
			Martin, Richardson, Young, Mu
US Indoor:	3:23.85	3/4/2018	USA
			Hayes, Moline, Wimbley, Okolo
School			Finals H#

1	Cal St. Fullerton 'A'	3:52.92	2
	1) Light, Kirstin	2) Occiano, Maya	
	3) Soaris, Alero	4) Delgadillo, Lauren	
2	Idaho State 'A'	3:58.45	1
	1) Martin, Kyndal	2) Timmons, Presley	
	3) Durocher, Payton	4) Sturgis, Ashley	
3	Hawaii 'A'	3:58.49	2
	1) Antolin, Alyssa Mae	2) Gordon, Samantha	
	3) Harding, Madee	4) Sydnor, Tierra	
4	Lewis-Clark 'A'	3:58.60	2
	1) Grogan, Anika	2) Smith, Karlie	
	3) Kelly, Madigan	4) Britt, Ashley	
5	Montana 'A'	3:58.67	2
	1) Dezember, Camryn	2) Morrison, Whitney	
	3) Whitehurst, Katie	4) Harmon, Abby	
6	Central Washington 'A'	4:00.21	2
	1) Ochoa, Yareli	2) Sewell, Sarah	
	3) Hansen, Makenna	4) DeChenne, McCall	
7	Gonzaga 'A'	4:04.38	1
	1) Armbruster, Ellie	2) Joy, Leighton	
	3) Groth, Emilee	4) Bienfang, Alyssa	
8	Sacramento St. 'A'	4:04.46	2
	1) Brice-Moore, Jailah	2) Duke, LaTrouchka	
	3) Ford, Daysha	4) Charlton, Jayde	
9	Lewis-Clark 'B'	4:08.25	1
	1) Horsley, Alexa	2) Correa, Geraldine	
	3) Zywna, Sydney	4) Pilcher, Keelyn	
10	Alaska Anchorage 'A'	4:11.55	1
	1) Johansen, Victoria	2) Flad, Leonie	
	3) De Arvizu Sarrias, Blanca	4) Duenninger, Carlotta	

Washington State Open - 2/4/2022**The Podium****Results****....Women 4x400 Meter Relay**

11 Gonzaga 'B'	4:20.41	1
1) Biondi, Taylor	2) Flood, Emma	
3) Smith, Karina	4) Atin, Sophia	
12 Whitworth 'A'	4:23.99	1
1) Ball, Alison	2) Buckley, Madelyn	
3) Rawls, Breanne	4) Lungo, Jordyn	

Women High Jump

Podium:	1.73m	1/15/2022	Tori Sloan, Oregon		
NCAA:	1.98m	3/11/2016	Akela Jones, Kansas State		
US Indoor:	2.02m	2/26/2012	Chaunte Lowe, Nike		
Name	Year	School	Finals		H#
1 Harr, Kylee		Colorado	1.72m	5-07.75	2
2 Dimick, Kylee		Idaho State	J1.72m	5-07.75	2
3 Sylvester, Kapri		Idaho State	1.69m	5-06.50	2
4 Leonard, Izzi		Sacramento St.	1.66m	5-05.25	1
5 Dawkins, Aliyah		Western Washington	J1.66m	5-05.25	2
6 Jozin, Annika		Idaho	1.63m	5-04.25	1
6 Gordon, Samantha		Hawaii	1.63m	5-04.25	1
6 Trudnowski, Anna		Montana State	1.63m	5-04.25	2
9 Reilly, Savannah		Oregon State	J1.63m	5-04.25	1
10 Neal, Jessica		Western Washington	J1.63m	5-04.25	2
11 Degroot, Lilian		Grand Canyon	1.58m	5-02.25	2
11 Ngaida, Kalulusno		Western Oregon	1.58m	5-02.25	2
11 Sheets, Abby		Sacramento St.	1.58m	5-02.25	1
11 Grant, Ellie		Idaho	1.58m	5-02.25	1
11 Sydnor, Tierra		Hawaii	1.58m	5-02.25	2
11 Sturgis, Ashley		Idaho State	1.58m	5-02.25	2
17 Coburn, Eliana		Sacramento St.	J1.58m	5-02.25	1
17 Deters, Amity		Western Oregon	J1.58m	5-02.25	2
19 Hagler, Brianna		Idaho State	J1.58m	5-02.25	2
19 Hayes, Julia		Idaho	J1.58m	5-02.25	2
19 Johnson, Zoe		Montana State	J1.58m	5-02.25	2
19 Koch, Miya		Northwest Nazarene	J1.58m	5-02.25	1
23 Hathaway, Sara		Lewis-Clark	J1.58m	5-02.25	1
24 Henley, Lariel		Cal Poly	1.53m	5-00.25	1
25 Rawls, Breanne		Whitworth	J1.53m	5-00.25	1
26 Hicks, Hannah		Montana State	1.48m	4-10.25	1
27 Duenninger, Carlotta		Alaska Anchorage	1.43m	4-08.25	1
27 Rankin, Olivia		Cal Poly	1.43m	4-08.25	1
27 DeChenne, McCall		Central Washington	1.43m	4-08.25	1
30 Clemens, Macy		Western Oregon	J1.43m	4-08.25	1
-- Nelson, Emma		Oregon State	NH		2
-- Kibbee, Leanne		Western Washington	NH		1

Women Pole Vault

Podium:	4.15m	12/11/2021	Makenna Barton, Washington		
NCAA:	4.75m	1/24/2015	Demi Payne, Stephen F. Austin		
US Indoor:	5.03m	1/30/2016	Jenn Suhr, adidas		
Name	Year	School	Finals		H#
1 Richards, Tatum		Emmett HS	3.90m	12-09.50	1

Washington State Open - 2/4/2022**The Podium****Results****....Women Pole Vault**

2	Hatzenbeler, Annie	Cal Poly	3.75m	12-03.50	2
3	Schwartz, Alyson	Grand Canyon	J3.75m	12-03.50	2
4	Anger, Brooke	Idaho State	3.60m	11-09.75	2
5	Tehrani, Natasha	Hawaii	J3.60m	11-09.75	2
5	Langin, Kinsey	Northwest Nazarene	J3.60m	11-09.75	2
7	Hoadley, Helen	Hawaii	J3.60m	11-09.75	1
8	Flaherty, Erika	Cal St. Fullerton	J3.60m	11-09.75	2
9	Zimmerman, Emma	Montana	3.45m	11-03.75	2
9	McGee, Shealynne	Montana	3.45m	11-03.75	2
9	Brown, Maisie	Montana State	3.45m	11-03.75	2
9	Jones-Sagendorf, Lindsey	Idaho State	3.45m	11-03.75	2
13	Smith, Cynthia	Lewis-Clark	3.30m	10-10.00	1
14	Tran, Annie	Western Washington	J3.30m	10-10.00	1
14	Cheney, Julie	Northwest Nazarene	J3.30m	10-10.00	1
16	Holmes, Taylor	Montana State	3.15m	10-04.00	1
17	Chavez, Leah	Sacramento St.	J3.15m	10-04.00	1
17	Campbell, Jadyn	Montana	J3.15m	10-04.00	1
19	Coble, Kaylee	Western Washington	3.00m	9-10.00	1
--	Jimno, Maeghan	Spokane CC	NH		1
--	Nolan, Roxanne	Cal Poly	NH		2
--	Carreon, Isabelle	Cal St. Fullerton	NH		2
--	Winslow, Desiree	Lewis-Clark	NH		1
--	Chambers, Molly	Montana	NH		1
--	Coleman, Allison	Central Washington	NH		1

Women Long Jump

Podium:	5.86m	12/11/2021	Anna Rodgers, Washington State		
NCAA:	6.93m	3/12/2021	Tara Davis, Texas		
US Indoor:	7.23m	3/11/2012	Brittney Reese		
Name	Year	School	Finals	H#	
=====					
1	Fletcher, Asha	California	5.80m	19-00.50	3
2	Pace, Rachela	Fresno State	5.61m	18-05.00	2
3	Renelus, Felicia	California	5.52m	18-01.50	3
4	Carter, Elena	Montana State	5.51m	18-01.00	3
5	N'Da, Nebtom	Grand Canyon	5.50m	18-00.50	3
6	Sydnor, Tierra	Hawaii	J5.50m	18-00.50	3
7	Sturgis, Ashley	Idaho State	5.38m	17-08.00	3
8	Weems, Jodeci	Fresno State	5.37m	17-07.50	3
9	Brisendine, Taylor	Montana State	5.36m	17-07.00	1
10	Simmons, Caitlin	Hawaii	5.27m	17-03.50	3
11	Scott, Jazmine	Grand Canyon	J5.27m	17-03.50	2
12	Abirached, Haley	Fresno State	5.26m	17-03.25	2
13	Adams, Evelyn	Montana State	5.25m	17-02.75	3
14	Gordon, Samantha	Hawaii	5.19m	17-00.50	1
15	Clemens, Macy	Western Oregon	J5.19m	17-00.50	1
16	McElmurry, Audrey	Sacramento St.	5.18m	17-00.00	1
17	Testa, Chelsie	Lewis-Clark	J5.18m	17-00.00	2
18	Gilbert, Ailsa	Montana	5.15m	16-10.75	3
19	Young, Makaylee	Central Washington	5.13m	16-10.00	2
20	Surnip, Alexis	Sacramento St.	5.12m	16-09.75	1
21	Okoh, Queen	Fresno State	J5.12m	16-09.75	3
22	Aczon, Kasee	Sacramento St.	5.08m	16-08.00	1
23	Thru, Amanda	Grand Canyon	J5.08m	16-08.00	3

Washington State Open - 2/4/2022**The Podium****Results****...Women Long Jump**

24	Reovan, Twila	Montana State	5.06m	16-07.25	2
25	Sanford, Jamie	Western Washington	5.03m	16-06.00	2
26	Hicks, Hannah	Montana State	5.01m	16-05.25	2
27	Cabanos, Erica	Central Washington	4.97m	16-03.75	1
28	Kibbee, Leanne	Western Washington	4.96m	16-03.25	2
29	Morrison, Whitney	Montana	J4.96m	16-03.25	2
30	Ochoa, Yareli	Central Washington	4.86m	15-11.50	2
31	Deters, Amity	Western Oregon	4.84m	15-10.50	1
32	Croffet, Alexia	Sacramento St.	4.81m	15-09.50	3
33	McAuliff, Hayden	Eastern Washington	4.80m	15-09.00	2
34	Gregory, Chadelle	Hawaii	J4.80m	15-09.00	1
35	Duenninger, Carlotta	Alaska Anchorage	4.79m	15-08.75	1
36	DeChenne, McCall	Central Washington	J4.79m	15-08.75	1
37	Flowers, Jayla	Sacramento St.	4.73m	15-06.25	2
38	Trudnowski, Anna	Montana State	4.65m	15-03.25	1
39	Deleissegues, Chloe	Seattle U.	4.61m	15-01.50	1
40	Horsley, Alexa	Lewis-Clark	4.44m	14-07.00	1
41	Hagar, Ashley	Seattle U.	4.42m	14-06.00	1

Women Triple Jump

Podium:	12.45m	1/14/2022	Nura Muhammad, UCLA		
NCAA:	14.53m	1/20/2018	Keturah Orji, Georgia		
US Indoor:	14.64m	2/14/2020	Tori Franklin, USA		
Name	Year	School	Finals	H#	
1 Nwagwu, Melody		Cal Poly	11.94m	39-02.25	2
2 Moreland, Karina		Cal Poly	11.83m	38-09.75	2
3 Lee, London		Cal St. Fullerton	11.49m	37-08.50	2
4 Reovan, Twila		Montana State	11.42m	37-05.75	2
5 Popchock, Ana		Western Oregon	11.24m	36-10.50	1
6 Brisendine, Taylor		Montana State	11.22m	36-09.75	1
7 Hagler, Brianna		Idaho State	11.21m	36-09.50	2
8 Cabanos, Erica		Central Washington	11.15m	36-07.00	2
9 Croffet, Alexia		Sacramento St.	11.11m	36-05.50	2
10 Kuhne, Greta		Idaho	10.95m	35-11.25	2
11 McElmurry, Audrey		Sacramento St.	10.85m	35-07.25	1
12 Zywina, Sydnie		Lewis-Clark	10.64m	34-11.00	1
13 Sanford, Jamie		Western Washington	10.61m	34-09.75	2
14 Ngaida, Kalulusno		Western Oregon	10.45m	34-03.50	2
15 Lyamba, Lainnie		Western Washington	10.41m	34-02.00	1
16 Gregory, Chadelle		Hawaii	10.36m	34-00.00	1
17 Baumann, Danielle		Hawaii	10.32m	33-10.25	1
18 Testa, Chelsie		Lewis-Clark	10.22m	33-06.50	1
19 Alberts, Ellie		Northwest Nazarene	10.19m	33-05.25	1
20 Sadler, Shannon		Seattle U.	10.18m	33-04.75	1
21 Hagar, Ashley		Seattle U.	10.17m	33-04.50	1
22 Horsley, Alexa		Lewis-Clark	9.76m	32-00.25	1
23 Irmer, Shelby		Spokane CC	9.57m	31-04.75	1
-- Gilbert, Ailsa		Montana	FOUL		2
-- Simmons, Caitlin		Hawaii	FOUL		2
-- Flowers, Jayla		Sacramento St.	FOUL		2

Washington State Open - 2/4/2022**The Podium****Results****Women Shot Put**

=====					
Podium:	15.80m	1/15/2022	Jaida Ross, Oregon		
NCAA:	19.56m	3/10/2017	Raven Saunders, Mississippi		
US Indoor:	20.21m	3/19/2016	Michelle Carter, Nike		
Name	Year	School	Finals		H#
=====					
1 Orie, Mackenna		Arizona	15.98m	52-05.25	3
2 McLaughlin, Keely		Oregon State	14.49m	47-06.50	3
3 Jackson, Cierra		Fresno State	14.26m	46-09.50	3
4 DiPaola, Amelia		Fresno State	14.06m	46-01.50	3
5 Paller, Kaitlyn		Eastern Washington	13.34m	43-09.25	3
6 Whyrick, Lauren		Colorado	13.28m	43-07.00	3
7 Meder, Abigail		Sacramento St.	13.22m	43-04.50	3
8 Gianotti, Moana		Western Oregon	13.01m	42-08.25	3
9 Stovall, Carissa		Eastern Washington	12.73m	41-09.25	3
10 Nnaji, Shantel		Sacramento St.	12.65m	41-06.00	3
10 Herbert, Destany		Northwest Nazarene	12.65m	41-06.00	2
12 Rogers, Natalie		Cal Poly	12.64m	41-05.75	2
13 Johnson, Morgan		Fresno State	12.55m	41-02.25	2
14 Gaines, Deanna		Sacramento St.	12.52m	41-01.00	2
15 Williams, Trinity		Fresno State	12.34m	40-06.00	3
16 Fisk, Avery		Central Washington	12.17m	39-11.25	3
17 Fonoti, Dyvhon		Eastern Washington	12.14m	39-10.00	2
18 Fonoti, Dyvhine		Eastern Washington	12.13m	39-09.75	1
19 Rigby, Isabella		Cal Poly	12.08m	39-07.75	2
20 Whitfield, Jade		Oregon State	12.02m	39-05.25	2
21 Dickemore, Katelyn		Idaho State	11.81m	38-09.00	2
22 Espinoza, Breanna		Sacramento St.	11.78m	38-07.75	1
23 Spradlin, Jordan		Oregon State	11.66m	38-03.25	3
24 Lymon, Soley		Hawaii	11.65m	38-02.75	2
25 Harper, Emma		Fresno State	11.64m	38-02.25	1
26 Kaufman, Jasmine		Western Washington	11.62m	38-01.50	2
27 Arneson, Madi		Montana State	11.61m	38-01.25	3
28 Potts, Katie		Western Washington	11.47m	37-07.75	2
29 Borsz, Kate		Hawaii	11.37m	37-03.75	1
30 Mane, Jaree		Montana	11.19m	36-08.50	2
31 Schander, Anna		Montana State	11.17m	36-07.75	2
32 Layman, Hallee		Hawaii	11.15m	36-07.00	1
33 Lopez-Fuller, Amaya		Cal Poly	10.84m	35-06.75	2
34 Montanes Arbo, Montserra		Hawaii	10.75m	35-03.25	1
35 Dibisceglie, Chloe		Eastern Washington	10.73m	35-02.50	2
36 Carlson, Abbie Jo		Whitworth	9.85m	32-03.75	1
37 Lagerwey, Matty		Western Washington	9.66m	31-08.50	1
38 DeChenne, McCall		Central Washington	9.46m	31-00.50	1
39 Stieglitz, Kea		Lewis-Clark	9.38m	30-09.25	1
40 Henderson, Cassidy		Lewis-Clark	8.71m	28-07.00	1
41 McIntosh, Makayla		Lewis-Clark	8.64m	28-04.25	1
42 Kibbee, Leanne		Western Washington	8.20m	26-11.00	1
43 Rawls, Breanne		Whitworth	7.41m	24-03.75	1

Washington State Open - 2/4/2022**The Podium****Results****Women Weight Throw**

Podium:	18.47m	1/15/2022	Cierra Jackson, Fresno State		
NCAA:	25.56m	3/10/2007	Brittany Riley, Southern Illinois		
US Indoor:	25.60m	3/4/2017	Gwen Berry, Nike		
Name	Year	School	Finals		H#
1	Thurston, Tahjnee	Fresno State	18.03m	59-02.00	2
2	Opp, Amanda	Colorado	17.65m	57-11.00	2
3	Nnaji, Shantel	Sacramento St.	17.58m	57-08.25	2
4	Smallbeck, Meagan	Central Washington	16.99m	55-09.00	2
5	Sami, Gya'ni	Colorado	16.40m	53-09.75	2
6	Whitfield, Jade	Oregon State	16.05m	52-08.00	2
7	Whelan, Erin	Sacramento St.	15.98m	52-05.25	2
8	Wilensky, Sarah	Idaho State	15.76m	51-08.50	2
9	Williams, Trinity	Fresno State	15.74m	51-07.75	2
10	Meder, Abigail	Sacramento St.	15.37m	50-05.25	2
11	Hallett, Emily	Cal Poly	15.35m	50-04.50	2
12	Montanes Arbo, Montserra	Hawaii	15.24m	50-00.00	2
13	Opp, Elena	Colorado	15.09m	49-06.25	2
14	Gianotti, Moana	Western Oregon	15.04m	49-04.25	1
15	McLaughlin, Keely	Oregon State	14.99m	49-02.25	2
16	Schander, Anna	Montana State	14.57m	47-09.75	1
17	Waddell, Zoe	Montana State	14.48m	47-06.25	2
18	Stovall, Carissa	Eastern Washington	14.41m	47-03.50	1
19	Billings, Markayla	Oregon State	14.40m	47-03.00	1
20	Harper, Emma	Fresno State	14.26m	46-09.50	1
21	Fonoti, Dyvhine	Eastern Washington	14.26m	46-09.50	1
22	Fonoti, Dyvhon	Eastern Washington	13.90m	45-07.25	1
23	Grexton, Anna	Cal Poly	13.54m	44-05.25	1
24	Pesina, Mercedes	Central Washington	13.34m	43-09.25	1
25	Christiansen, Kylie	Montana State	13.00m	42-08.00	1
26	Mendoza, Jazmin	Central Washington	12.99m	42-07.50	1
27	Keyes, Vatoria	Eastern Washington	12.38m	40-07.50	1
28	Dibisceglie, Chloe	Eastern Washington	12.31m	40-04.75	1
29	Schloss, Kahlani	Eastern Washington	11.37m	37-03.75	2
--	Herbert, Destany	Northwest Nazarene	FOUL		1
--	Marx, Caitlyn	Oregon State	FOUL		1

Men 60 Meter Dash

=====					
Podium:	6.48	1/15/2022	Micah Williams, Oregon		
NCAA:	6.45	3/11/2017	Christian Coleman, Tennessee		
US Indoor:	6.34	2/18/2018	Christian Coleman, Nike		
Name		Year	School	Prelims	H#
=====					
Preliminaries					
1	Catlin, Christian		California	6.88Q	1
2	Jones, Jaichaun		Grand Canyon	6.90Q	3
3	Lippert, Aiden		California	6.91Q	2
4	Hines, Solo		Whitworth	6.92q	2
5	House, Rasaun		Cal St. Fullerton	6.96q	1
6	Hewett, Cooper		Montana	6.98q	1
7	Holland, Blaize		Sacramento St.	6.98q	3
8	Monroe, George		California	6.99q	1
9	Allen, Logan		Eastern Washington	7.01	2
9	Dower, William		Cal St. Fullerton	7.01	3

Washington State Open - 2/4/2022**The Podium****Results****....Men 60 Meter Dash**

11 Johnson, Devonn	Sacramento St.	7.02	2
12 Widmar, Bobby	Central Washington	7.03	1 7.022
13 Payne, Isaiah	Seattle U.	7.03	1 7.029
14 Carlisle, Kamau	California	7.04	2 7.034
15 Davis, Jalen	Sacramento St.	7.04	2 7.038
16 Greenwalt, Ryan	Western Washington	7.07	3
17 Davis, Zachary	Central Washington	7.09	1 7.082
18 Scruggs, Naythn	Cal St. Fullerton	7.09	1 7.088
19 Wood, Christian	Cal St. Fullerton	7.12	3
20 Dean, Patrick	Sacramento St.	7.15	3
21 Johnson, Noah	Western Washington	7.16	3
-- Foster, David	California	DQ	2

Men 60 Meter Dash Qualifying

Podium:	6.89	2/4/2022	David Foster, California	
Name	Year	School	Finals	H#

Finals

1 Foster, David	California	6.89	4
2 Carlisle, Kamau	California	6.99	3
3 Hewett, Cooper	Montana	7.02	1
4 Johnson, Devonn	Sacramento St.	7.06	2
5 Johnson, Noah	Western Washington	7.08	5
6 Woodard, Tyrone	Western Washington	7.10	5
7 Dean, Patrick	Sacramento St.	7.10	1
8 Scruggs, Naythn	Cal St. Fullerton	7.10	2
9 Vining, Kodee	Idaho State	7.16	2
10 Maloney, Connor	Idaho State	7.18	1
11 Welch, Bryant	Western Washington	7.18	3
12 Henry, Ryan	Western Washington	7.18	4
13 Yamamoto, Brant	Seattle U.	7.19	5
14 Kibler, Trent	Western Washington	7.20	3
15 Kirk, London	Lewis-Clark	7.20	1
16 Topinka, Tom	Seattle U.	7.24	1
17 Rieckmann, Ryan	Eastern Washington	7.25	4
18 Schnatter, Jake	Spokane CC	7.27	4
18 Wong, Nicholas	Northwest Nazarene	7.27	3
20 Jones, Brandon	Montana	7.29	1
21 Silva, Tre	Central Washington	7.34	3
22 Albertin, Austin	Central Washington	7.36	1
23 Conley, Elijah	Eastern Washington	7.37	4
24 Mazzeo, James	Western Oregon	7.37	3
25 Kenny, Ryan	Western Washington	7.39	1
26 Wright, Logan	Whitworth	7.39	2
27 Hunt, Sylvanus	Northwest Nazarene	7.39	5
28 Homen, Chris	Eastern Washington	7.48	3
29 Irish-Lodge, Samson	Whitworth	7.54	5
30 Grieshaber, John	Eastern Washington	7.57	5
31 Meyer, Caleb	Whitworth	7.58	4
32 Wood, Levi	Whitworth	7.59	5
33 Dykstra, Nathan	Whitworth	7.63	3
34 Ditter, Cameron	Whitworth	7.75	2
35 Snider, Brandon	Spokane CC	7.94	2
36 Lynch, T.J.	Spokane CC	7.99	4

Washington State Open - 2/4/2022**The Podium****Results****Men 60 Meter Dash**

=====				
Podium:	6.48	1/15/2022	Micah Williams, Oregon	
NCAA:	6.45	3/11/2017	Christian Coleman, Tennessee	
US Indoor:	6.34	2/18/2018	Christian Coleman, Nike	
Name		Year	School	Finals
=====				
1 Catlin, Christian			California	6.87
2 Lippert, Aiden			California	6.88
3 House, Rasaun			Cal St. Fullerton	6.92
4 Holland, Blaize			Sacramento St.	6.96
5 Monroe, George			California	7.02

Men 200 Meter Dash

=====					
Podium:	21.22	1/15/2022	Rieker Daniel, Oregon		
NCAA:	20.02	3/10/2018	Elijah Hall, Houston		
US Indoor:	20.02	3/10/2018	Elijah Hall, Houston		
Name		Year	School	Finals	H#
=====					
1 De Moica, Kyle			Grand Canyon	21.51	2
2 Kral, Jan			Grand Canyon	21.73	1
3 Lowe, Justin			Cal St. Fullerton	21.76	2
4 Kolar, David			Grand Canyon	21.85	1
5 Lopez, Lyricc			Gls Speed TC	21.94	4
6 Holland, Blaize			Sacramento St.	21.97	1
7 Jones, Jaichaun			Grand Canyon	21.99	4
8 Vining, Kodee			Idaho State	22.02	3
9 Hernandez, Mariano			Grand Canyon	22.05	3
10 Thota, Samir			California	22.07	1
11 Smith, Paris			Grand Canyon	22.11	12
12 Shaw, Isaiah			California	22.16	6
13 Brenek, Lucas			Western Washington	22.31	8
14 House, Rasaun			Cal St. Fullerton	22.32	2
15 Payne, Isaiah			Seattle U.	22.36	2
16 Scruggs, Naythn			Cal St. Fullerton	22.40	3
17 Kirk, London			Lewis-Clark	22.46	5
18 Larkin, Henry			California	22.51	4
19 Davis, Jalen			Sacramento St.	22.60	6
20 Greenwalt, Ryan			Western Washington	22.61	6
21 Shiley, Chris			Cal St. Fullerton	22.67	3
22 Braseth, Hunter			Northwest Nazarene	22.69	5
23 Moore, Nautus			Sacramento St.	22.70	9
24 Maloney, Connor			Idaho State	22.74	10
25 Henry, Ryan			Western Washington	22.80	8
26 Knuff, Adam			Grand Canyon	22.81	3
27 Johnson, Devonn			Sacramento St.	22.86	4
28 Hunter, Timothy			Alaska Anchorage	22.98	5
29 Jones, Brandon			Montana	23.04	12
30 Rieckmann, Ryan			Eastern Washington	23.05	9
31 Allen, Logan			Eastern Washington	23.06	7
32 Daniels, Mark			Western Washington	23.06	8
33 Bertling, Nik			Lewis-Clark	23.15	9
34 Rohde, Wyatt			Alaska Anchorage	23.16	12
35 Schnatter, Jake			Spokane CC	23.18	5
36 Beck, Josh			Northwest Nazarene	23.24	9
37 McAllister, Cyrus			Western Washington	23.35	7

Washington State Open - 2/4/2022**The Podium****Results****....Men 200 Meter Dash**

38	Widmar, Bobby	Central Washington	23.35	6
39	Yamamoto, Brant	Seattle U.	23.42	7
40	Hunt, Sylvanus	Northwest Nazarene	23.48	11
41	Mazzeo, James	Western Oregon	23.53	11
42	Wright, Logan	Whitworth	23.66	12
43	Topinka, Tom	Seattle U.	23.66	8
44	Velasco, Adrian	Alaska Anchorage	23.67	10
45	Flaharty, Conor	Seattle U.	23.77	10
46	Betancourt, Xavier	Whitworth	23.81	10
47	Witters, Ryan	Western Washington	23.87	9
48	Wise, Aiden	Central Washington	23.96	12
49	Dean, Patrick	Sacramento St.	23.97	6
50	Meyer, Caleb	Whitworth	24.09	11
51	Gonzalez, Zach	Seattle U.	24.22	7
52	Wong, Nicholas	Northwest Nazarene	24.31	10
53	Cummings, Cooper	Western Washington	24.37	11
54	Wood, Levi	Whitworth	24.46	11

Men 400 Meter Dash

=====				
	Podium:	47.54	1/15/2022	Myles Misener-Daley, UCLA
	NCAA:	44.52	3/10/2018	Michael Norman, Southern Califo
	US Indoor:	44.52	3/10/2018	Michael Norman, Southern Califor
	Name		Year School	Finals H#
=====				
1	Bracken, Liam	Eastern Washington	49.02	1
2	Ayers, Alex	Idaho	49.22	1
3	Albertin, Austin	Central Washington	49.40	1
4	Benjamin, Bryson	Grand Canyon	49.48	1
5	Braseth, Hunter	Northwest Nazarene	49.97	4
6	Lopez, Lyricc	Gls Speed TC	50.03	1
7	Ascencio, Ricardo	Idaho State	50.12	4
8	Moore, Nautus	Sacramento St.	50.20	3
9	Kirk, London	Lewis-Clark	50.39	8
10	Brennek, Lucas	Western Washington	50.42	2
11	Ferguson, Ty	Montana	50.60	4
12	Daniels, Mark	Western Washington	50.62	1
13	Alteneder, Cole	Idaho	50.67	3
14	Watkins, Jon	Spokane CC	50.76	2
15	Cohen, Matt	Cal St. Fullerton	50.81	3
16	Angarita, Kevin	Alaska Anchorage	50.95	8
17	Oglesby, Jon	Western Washington	51.00	2
18	Henkel, Evan	Idaho	51.04	4
19	Hershey, Alex	Montana State	51.11	3
20	Beagle, Jay	Montana	51.28	5
21	Arce-Torres, Gabe	Western Oregon	51.30	2
22	Hanible, Aaron	Western Oregon	51.35	5
23	Stevens, Deshaun	Western Oregon	51.59	4
24	Beck, Josh	Northwest Nazarene	51.72	5
25	Witters, Ryan	Western Washington	52.01	3
26	Edwards, Jaden	Western Washington	52.66	5
27	Blaker, Jaxson	Lewis-Clark	52.73	7
28	Bear Cloud, Hunter	Montana State	52.75	8
29	Fowlkes, Khalil	Sacramento St.	52.82	7
30	Wise, Aiden	Central Washington	52.92	6

Washington State Open - 2/4/2022**The Podium****Results****....Men 400 Meter Dash**

31 Wilkins, Shalkar	Northwest Nazarene	53.27	5
32 Flaharty, Conor	Seattle U.	53.35	6
33 Blunden, Justin	Seattle U.	53.42	8
34 Gonzalez, Zach	Seattle U.	53.42	2
35 Engebretsen, Kale	Western Washington	53.95	6
36 Dyess, Preston	Spokane CC	54.58	7
37 Gray, Nathaniel	Whitworth	58.46	7
38 Wideman, Caliph	Whitworth	58.68	8
-- Law, Sebbie	Seattle U.	DNF	6

Men 800 Meter Run

=====				
Podium:	1:50.49	2/4/2022	Collin Dylla, Idaho State	
NCAA:	1:44.84	3/4/1989	Paul Ereng, Virginia	
US Indoor:	1:44.21	2/13/2021	Donavan Brazier, Nike	
Name	Year	School	Finals	H#
=====				
1 Dylla, Collin		Idaho State	1:50.49	4
2 VanDyke, Clayton		Lewis-Clark	1:50.53	4
3 Carmona, Max		Grand Canyon	1:51.78	4
4 Bianchini, Chris		Montana State	1:52.65	4
5 Pendley-Griffin, Ansel		Seattle U.	1:55.82	4
6 Higgins, Jenner		Idaho	1:55.90	3
7 Hicks, Travis		Spokane CC	1:56.33	3
8 Gilbertson, Reier		Grand Canyon	1:56.43	3
9 Zanette, Gage		Idaho	1:56.74	3
10 Sturdevant, Landon		Western Washington	1:56.74	3
11 McManus, Rob		Montana State	1:57.17	1
12 Kness, Alec		Eastern Washington	1:57.34	4
13 Parker, James		Seattle U.	1:57.42	3
14 Dupree, Dion		Santa Clara	1:58.62	2
15 Figueira, Kainoa		Whitworth	1:58.90	2
16 Fitsum, Hayelom		Santa Clara	1:58.93	2
17 Wani, Rudu		Saint Martin's	1:59.69	1
18 Kosgei, Norman		Northwest Nazarene	1:59.88	1
19 Robert, Lucas		Eastern Washington	2:00.17	2
20 Ellis, Quincy		Northwest Nazarene	2:00.49	1
21 Rambo, Tim		Western Oregon	2:00.51	3
22 Brown, Brycen		Lewis-Clark	2:00.71	1
23 Lantagne, Cameron		Whitworth	2:01.46	1
24 May, Conner		Lewis-Clark	2:02.73	2
25 Mckenney, Dustyn		Western Oregon	2:03.34	2
26 Solvberg, Spencer		Central Washington	2:04.78	2
27 Clough, Shawn		Central Washington	2:09.28	1
28 Diop, Ibrahim		Whitworth	2:12.11	1

Men 1 Mile Run

=====				
Podium:	4:07.70	1/14/2022	Justin Roosma, Eastern Wash	
NCAA:	3:50.39	2/13/2021	Cooper Teare, Oregon	
US Indoor:	3:49.89	2/11/2005	Bernard Lagat, Nike	
Name	Year	School	Finals	H#
=====				
1 Emerson, Aiden		Unattached	4:13.33	3
2 Davis, Aiden		UC Riverside	4:15.64	3

Washington State Open - 2/4/2022**The Podium****Results****....Men 1 Mile Run**

3	Carp, Mukai	Gonzaga	4:15.89	3
4	Jacobsen, Sam	Unattached	4:17.36	3
5	Ritter, Alec	Western Washington	4:19.83	2
6	Teeple, Isaac	Unattached	4:19.91	3
7	Korta, Kaleb	Western Washington	4:21.02	2
8	Wilcox, Quinn	Western Washington	4:21.94	2
9	May, Hunter	Montana	4:22.19	3
10	Sturdevant, Landon	Western Washington	4:22.78	3
11	Sanchez, Keeton	Western Oregon	4:24.43	3
12	Majerus, Noah	Montana State	4:25.51	1
13	Fagerlin, Christian	Grand Canyon	4:26.08	2
14	Brown, Brycen	Lewis-Clark	4:27.40	2
15	Rambo, Tim	Western Oregon	4:27.62	1
16	Emerson, Chandler	Northwest Nazarene	4:28.14	1
17	McIver, Nick	Western Washington	4:28.27	1
18	Mendoza, Joshua	UC Riverside	4:29.90	2
19	Mares, Rogelio	Montana	4:30.02	2
20	Murasmith, Noah	UC Riverside	4:30.54	3
21	Lemon, Marcus	Eastern Washington	4:31.13	2
22	Javurek, Jalen	Western Washington	4:33.07	3
23	Crocker, Stephen	Seattle U.	4:37.25	1
24	Clough, Shawn	Central Washington	4:37.81	1
25	Dawson, Dillon	Lewis-Clark	4:39.83	2
26	McKenney, Dustyn	Western Oregon	4:42.97	2
27	Moore, Brandon	Unattached	4:45.80	3
28	Powers, James	Gonzaga	4:48.98	1
29	Sellmann, Luke	Lewis-Clark	4:52.76	1

Men 3000 Meter Run

=====				
Podium:	7:56.86	2/4/2022	Duncan Hamilton, Montana Stat	
NCAA:	7:38.59	2/14/2004	Alistair Cragg, Arkansas	
US Indoor:	7:30.16	2/21/2013	Galen Rupp, Nike	
Name	Year	School	Finals	H#
=====				
1	Hamilton, Duncan	Montana State	7:56.86	4
2	Perrin, Ben	Montana State	8:01.31	4
3	Litoff, Zach	Santa Clara	8:05.20	4
4	Twyman, Ian	Santa Clara	8:11.90	4
5	Bates, Evan	Gonzaga	8:15.56	4
6	Taylor, Levi	Montana State	8:20.43	4
7	Skoog, Joseph	Grand Canyon	8:20.68	4
8	Rast, Landon	Grand Canyon	8:22.48	4
9	Cerkowniak, Bryce	Gonzaga	8:23.27	4
10	Shea, Tyler	Northwest Nazarene	8:31.60	3
11	Richtman, Matthew	Montana State	8:34.34	4
12	Carter, Nathan	Montana	8:36.09	3
13	Singh, Ishaan	Santa Clara	8:36.52	4
14	Fulbright, Sam	Idaho	8:36.65	3
15	Vanderbosch, Ben	Montana	8:37.00	3
16	Baciocco, Dominic	Santa Clara	8:38.60	3
17	Roberts, Matthew	Gonzaga	8:39.60	4
18	Tucker, Ansel	Gonzaga	8:41.23	3
19	Mackie, Jaxon	Gonzaga	8:43.77	3
20	Mackie, Jeremiah	Gonzaga	8:45.50	3

Washington State Open - 2/4/2022**The Podium****Results****....Men 3000 Meter Run**

21 Charbeneau, Brenden	Gonzaga	8:47.26	1
22 Wilcott, Grayso	Unattached	8:48.80	3
23 Carlascio, Anthony	Spokane CC	8:50.56	2
24 Collins, Riley	Montana State	8:53.21	2
25 Rickey, Quentin	Gonzaga	8:53.36	1
26 Javurek, Jalen	Western Washington	8:53.71	4
27 Davis, Aiden	UC Riverside	8:53.99	4
28 Barrow, Chase	Lewis-Clark	8:54.54	3
29 Herrejon, Jesus	Eastern Washington	8:55.08	2
30 Ritter, Alec	Western Washington	8:58.75	3
31 Sands, Sean	Western Washington	8:59.12	3
32 Dawson, Dillon	Lewis-Clark	8:59.49	2
33 Branham-Upton, Oliver	Santa Clara	8:59.92	3
34 Conley, Treyson	Northwest Nazarene	9:00.32	2
35 Cortes, Isaac	Saint Martin's	9:00.50	2
36 Baughan, Aidan	Gonzaga	9:05.80	1
37 West, Cooper	Montana State	9:06.50	4
38 Steed, Austin	Eastern Washington	9:07.06	2
39 May, Hunter	Montana	9:10.40	4
40 Abdelmagid, Ashraf	UC Riverside	9:14.50	3
41 Christner, Jamie	Eastern Washington	9:19.28	2
42 Swanson, Gideon	Spokane CC	9:20.89	1
43 Bush, Marshall	Gonzaga	9:21.93	1
44 Dugenet, James	Whitworth	9:29.21	1
45 Harwell, Michael	Saint Martin's	9:31.82	2
46 Hansen, Jordan	Montana	9:35.03	3
47 Schlicter, Connor	Whitworth	9:39.33	1
48 Sellmann, Luke	Lewis-Clark	9:45.01	1

Men 60 Meter Hurdles

Podium:	7.82	12/11/2021	Sam Brixey, Washington State		
NCAA:	7.35	3/9/2019	Grant Holloway, Florida		
US Indoor:	7.32	2/9/2021	Grant Holloway, USA		
Name		Year	School	Prelims	H#

Preliminaries

1 Bates, Di'Niko	California	8.09Q	1	
2 Cox, Zachary	Idaho State	8.30Q	5	
3 Thiam, Charles	Grand Canyon	8.53Q	3	
4 Aguilar, Andrew	Cal St. Fullerton	8.59Q	2	
5 Edwards, Jaden	Western Washington	8.71Q	4	
6 Rash, Reyte	Cal St. Fullerton	8.40q	5	
7 Bouchard, Noah	Colorado	8.47q	5	
8 Cohen, Matt	Cal St. Fullerton	8.49q	1	
9 Peterson, Landon	Idaho	8.57	5	
10 Wise, Aiden	Central Washington	8.58	1	
11 Nelson, Patrick	Grand Canyon	8.63	2	
12 Cherrington, Noah	Eastern Washington	8.73	3	
13 Milne, Lucas	Seattle U.	8.74	4	8.734
14 Homen, Chris	Eastern Washington	8.74	5	8.737
15 Sorah, Brennen	Western Oregon	8.75	4	
16 Conklin, Justin	Western Oregon	8.76	2	
17 Easley, Logan	Central Washington	8.82	3	
18 Charlton, Jack	Sacramento St.	8.86	1	

Washington State Open - 2/4/2022**The Podium****Results****....Men 60 Meter Hurdles**

19 Hanible, Aaron	Western Oregon	8.94	4
20 Velasco, Adrian	Alaska Anchorage	8.96	1
21 Burchfield, Gabe	Western Oregon	9.05	2
22 Conley, Elijah	Eastern Washington	9.07	3
23 Nicholson, Hunter	Montana State	9.15	5
24 Russell, Zach	Montana State	9.19	5
25 Rohde, Wyatt	Alaska Anchorage	9.22	3
26 Braun, Joshua	Sacramento St.	9.42	1
27 Winger, Zachary	Sacramento St.	9.53	5
28 Kenny, Ryan	Western Washington	9.54	2
29 Cummings, Cooper	Western Washington	9.64	4
30 Hines, Christopher	Central Washington	9.67	1
31 Dykstra, Nathan	Whitworth	9.98	3
32 Freitag, Braydon	Eastern Washington	10.41	4
33 Ditter, Cameron	Whitworth	10.94	2

Men 60 Meter Hurdles

Podium:	7.82	12/11/2021	Sam Brixey, Washington State
NCAA:	7.35	3/9/2019	Grant Holloway, Florida
US Indoor:	7.32	2/9/2021	Grant Holloway, USA

Name	Year	School	Finals
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Finals

1 Rash, Reyte	Cal St. Fullerton	8.28
2 Cohen, Matt	Cal St. Fullerton	8.35
3 Bouchard, Noah	Colorado	8.42
4 Aguilar, Andrew	Cal St. Fullerton	8.53
5 Thiam, Charles	Grand Canyon	8.58
6 Edwards, Jaden	Western Washington	8.69
7 Bates, Di'Niko	California	9.65
8 Cox, Zachary	Idaho State	31.97

Men 4x400 Meter Relay

Podium:	3:15.53	2/4/2022	Cal St. Fullerton, Cal St. Ful
			R Rash, C Shiley, J Lowe, C Kelly
NCAA:	3:00.77	3/10/2018	Southern California
			Shinnick, Benjamin, Morgan, Norman
US Indoor:	3:00.77	3/10/2018	Southern California
			Shinnick, Benjamin, Morgan, Norman

School	Finals	H#
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1 Cal St. Fullerton 'A'	3:15.53	2
1) Rash, Reyte	2) Shiley, Chris	
3) Lowe, Justin	4) Kelly, Charles	
2 Montana 'A'	3:21.12	2
1) Beagle, Jay	2) Ferguson, Ty	
3) Johnstone, Cade	4) Johnstone, Paul	
3 Sacramento St. 'A'	3:25.73	2
1) Holland, Blaize	2) Fowlkes, Khalil	
3) Johnson, Devonn	4) Moore, Nautus	
4 Alaska Anchorage 'A'	3:26.12	2
1) Angarita, Kevin	2) Hunter, Timothy	
3) Velasco, Adrian	4) Rohde, Wyatt	

Washington State Open - 2/4/2022**The Podium****Results****....Men 4x400 Meter Relay**

5 Northwest Nazarene 'A'	3:28.00	2
1) Braseth, Hunter	2) Beck, Josh	
3) Wilkins, Shalkar	4) Ellis, Quincy	
6 Idaho State 'A'	3:28.09	2
1) Vining, Kodee	2) Ascencio, Ricardo	
3) Maloney, Connor	4) Elorrieta, Adam	
7 Lewis-Clark 'B'	3:33.65	1
1) Blaker, Jaxson	2) Gardom, Ian	
3) Phillis, David	4) VanDyke, Clayton	
8 Spokane CC 'A'	3:33.67	1
1) Watkins, Jon	2) Dyess, Preston	
3) Hicks, Travis	4) Carlascio, Anthony	
9 Whitworth 'A'	3:39.90	1
1) Betancourt, Xavier	2) Figueira, Kainoa	
3) Lantagne, Cameron	4) Ditter, Cameron	
10 Central Washington 'A'	3:43.69	1
1) Hines, Christopher	2) Wise, Aiden	
3) Solvberg, Spencer	4) Easley, Logan	
11 Whitworth 'B'	3:49.76	1
1) Dykstra, Nathan	2) Diop, Ibrahim	
3) Gray, Nathaniel	4) Wideman, Caliph	

Men High Jump

Podium:	2.15m	12/11/2021	Joseph Ruddell, Idaho		
NCAA:	2.37m	3/11/1989	Hollis Conway, Louisiana		
US Indoor:	2.40m	3/10/1991	Hollis Conway, Nike		
Name	Year	School	Finals	H#	
1 Grant, Miles		Sacramento St.	2.05m	6-08.75	1
2 Sheeran, Beau		Western Washington	2.00m	6-06.75	1
3 Poole, Shallamar		Cal St. Fullerton	J2.00m	6-06.75	1
3 Mitchell, Owen		Idaho State	J2.00m	6-06.75	1
5 Elorrieta, Adam		Idaho State	J2.00m	6-06.75	1
6 Schmidt, Steven		Northwest Nazarene	1.95m	6-04.75	1
7 Garrett, Ethan		Idaho State	J1.95m	6-04.75	1
8 Treat, Race		Eastern Washington	J1.95m	6-04.75	2
9 Willis, Camren		Cal St. Fullerton	1.90m	6-02.75	2
10 Peterson, Alfred		Montana	J1.90m	6-02.75	1
11 Sterkel, Ethan		Western Washington	J1.90m	6-02.75	1
12 Rihari, Gerohm		Northwest Nazarene	1.85m	6-00.75	1
12 Burchfield, Gabe		Western Oregon	1.85m	6-00.75	2
14 Kelley, Xavier		Seattle U.	J1.85m	6-00.75	1
14 Kibler, Trent		Western Washington	J1.85m	6-00.75	1
16 Steele, Jacob		Northwest Nazarene	J1.85m	6-00.75	2
17 Mercado, Damian		Western Washington	J1.85m	6-00.75	1
18 Kenny, Ryan		Western Washington	1.80m	5-10.75	2
19 Kelly, Brendan		Spokane CC	J1.80m	5-10.75	2
20 Homen, Chris		Eastern Washington	1.75m	5-08.75	2
21 Nelson, Patrick		Grand Canyon	J1.75m	5-08.75	2
22 Conley, Elijah		Eastern Washington	J1.75m	5-08.75	2
23 Cummings, Cooper		Western Washington	J1.75m	5-08.75	2
24 Aguilar, Andrew		Cal St. Fullerton	1.70m	5-07.00	2
25 Easley, Logan		Central Washington	J1.70m	5-07.00	2
26 Linhart-Wubbena, Parker		Eastern Washington	1.65m	5-05.00	2

Washington State Open - 2/4/2022**The Podium****Results****....Men High Jump**

-- Manju, Iyan Western Washington NH 2

Men Pole Vault

Podium:	5.10m	1/15/2022	Jacob Englar, Washington S		
NCAA:	6.00m	2/13/2021	KC Lightfoot, Baylor		
US Indoor:	6.01m	3/10/2020	Sam Kendricks		
Name	Year	School	Finals		
1 Palacio, Daniel		Cal St. Fullerton	5.05m	16-06.75	
2 Collazo, Ernesto		Cal St. Fullerton	4.90m	16-00.75	
3 Heinrichs, Samuel		Cal St. Fullerton	4.80m	15-09.00	
4 Dudley, Evan		Grand Canyon	4.65m	15-03.00	
5 Hagaman, Grant		Grand Canyon	J4.65m	15-03.00	
6 Probst, Kyler		Grand Canyon	4.50m	14-09.00	
6 Cabais-Fernandez, Eric		Grand Canyon	4.50m	14-09.00	
6 Ricks, Cade		Idaho State	4.50m	14-09.00	
9 Anderson, Josh		Idaho State	J4.50m	14-09.00	
10 Thomas, Lofton		Idaho State	J4.50m	14-09.00	
11 Freitag, Braydon		Eastern Washington	J4.50m	14-09.00	
11 Valenzuela, Tyler		Idaho State	J4.50m	14-09.00	
13 Lynch, T.J.		Spokane CC	4.35m	14-03.25	
14 Bertling, Nik		Lewis-Clark	J4.35m	14-03.25	
15 Weeden, Carson		Montana	J4.35m	14-03.25	
16 Gibbs, John		Sacramento St.	J4.35m	14-03.25	
17 Lane, James		Eastern Washington	J4.35m	14-03.25	
18 Provo, Kacey		Western Washington	4.20m	13-09.25	
19 Grieshaber, John		Eastern Washington	4.05m	13-03.50	
20 Cummings, Cooper		Western Washington	J4.05m	13-03.50	
20 Aguilar, Andrew		Cal St. Fullerton	J4.05m	13-03.50	
-- Johnson, Zane		Montana	NH		
-- Weishaar, Pilot		Spokane CC	NH		

Men Long Jump

Podium:	7.28m	1/15/2022	Emmanuel Ihemeje, Oregon		
NCAA:	8.59m	3/1/2002	Miguel Pate, Alabama		
US Indoor:	8.79m	1/27/1984	Carl Lewis, Santa Monica TC		
Name	Year	School	Finals	H#	
1 Mangum, Mason		California	7.09m	23-03.25	3
2 Say, Bobby		Eastern Washington	7.03m	23-00.75	3
3 Willis, Camren		Cal St. Fullerton	6.95m	22-09.75	3
4 Sample, Collin		Alaska Anchorage	6.70m	21-11.75	3
5 Peterson, Landon		Idaho	6.65m	21-10.00	3
6 Bouchard, Noah		Colorado	6.63m	21-09.00	3
7 Smith, Lachlan		Idaho	6.60m	21-08.00	3
8 Woodard, Tyrone		Western Washington	6.53m	21-05.25	2
9 Porterfield, Quintin		Eastern Washington	6.50m	21-04.00	3
10 Fosdick, Ian		Montana State	6.47m	21-02.75	2
11 Rieckmann, Ryan		Eastern Washington	6.46m	21-02.50	2
12 Johnson, Jaren		Sacramento St.	6.44m	21-01.50	3
13 Stevens, Deshaun		Western Oregon	6.41m	21-00.50	3
14 McMillion, Gordon		Montana	J6.41m	21-00.50	1
15 Upton, Jason		Montana	6.39m	20-11.75	3

Washington State Open - 2/4/2022**The Podium****Results****...Men Long Jump**

16	Kenny, Ryan	Western Washington	J6.39m	20-11.75	3
17	Schnatter, Jake	Spokane CC	6.38m	20-11.25	3
18	Silva, Tre	Central Washington	6.31m	20-08.50	2
19	Milne, Lucas	Seattle U.	6.21m	20-04.50	2
20	Rihari, Gerohm	Northwest Nazarene	6.19m	20-03.75	2
21	Conley, Elijah	Eastern Washington	6.11m	20-00.50	1
22	Mitchell, Mason	Sacramento St.	J6.11m	20-00.50	1
23	Mercado, Damian	Western Washington	6.05m	19-10.25	2
24	Wright, Logan	Whitworth	5.95m	19-06.25	2
25	McAllister, Cyrus	Western Washington	J5.95m	19-06.25	2
26	Braun, Joshua	Sacramento St.	5.90m	19-04.25	1
27	Homen, Chris	Eastern Washington	5.88m	19-03.50	1
28	Kelley, Xavier	Seattle U.	5.86m	19-02.75	2
29	Harrison, Marley	Western Oregon	5.85m	19-02.50	2
30	Kelly, Brendan	Spokane CC	5.78m	18-11.75	2
31	Charlton, Jack	Sacramento St.	5.75m	18-10.50	1
32	Eckart, Amadeus	Seattle U.	5.74m	18-10.00	1
33	Hines, Christopher	Central Washington	5.70m	18-08.50	2
34	Rendahl, Dylan	Spokane CC	5.68m	18-07.75	1
35	Dykstra, Nathan	Whitworth	5.67m	18-07.25	1
36	Linhart-Wubbena, Parker	Eastern Washington	5.53m	18-01.75	1
37	Easley, Logan	Central Washington	5.49m	18-00.25	2
38	Chhim, Sonny	Western Washington	J5.49m	18-00.25	1
39	Cunningham, Isaiah	Spokane CC	5.48m	17-11.75	1
40	Ditter, Cameron	Whitworth	4.88m	16-00.25	1
41	Snider, Brandon	Spokane CC	4.86m	15-11.50	1

Men Triple Jump

Podium:	15.33m	1/15/2022	DJ Henderson, Oregon		
NCAA:	17.40m	2/22/1985	Mike Conley, Arkansas		
US Indoor:	17.76m	2/27/1987	Mike Conley, Tyson TC		
Name		Year	School		Finals
1	Say, Bobby		Eastern Washington	15.14m	49-08.25
2	Fosdick, Ian		Montana State	14.38m	47-02.25
3	Gibbs, John		Sacramento St.	14.17m	46-06.00
4	Johnson, Jaren		Sacramento St.	13.44m	44-01.25
5	Harrison, Marley		Western Oregon	13.23m	43-05.00
6	Hines, Christopher		Central Washington	12.94m	42-05.50
7	Braun, Joshua		Sacramento St.	12.83m	42-01.25
8	Irish-Lodge, Samson		Whitworth	12.74m	41-09.75
9	Silva, Tre		Central Washington	11.75m	38-06.75
10	Rendahl, Dylan		Spokane CC	11.57m	37-11.50

Men Shot Put

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Podium:	17.94m	1/15/2022	Jacob Wilson, UCLA		
NCAA:	21.85m	2/13/2021	Turner Washington, Arizona State		
US Indoor:	22.82m	1/24/2021	Ryan Crouser, Nike		
Name	Year	School	Finals	H#	
=====					
1	Koudssi, Youssef	Arizona	17.01m	55-09.75	3
2	Ramos, Zack	Idaho State	16.75m	54-11.50	3
3	Fillis, Bradley	Spokane CC	16.14m	52-11.50	3

Washington State Open - 2/4/2022**The Podium****Results****....Men Shot Put**

4	Landa, Zach	Arizona	15.79m	51-09.75	3
5	Spaeth, Ryan	Idaho State	15.68m	51-05.50	3
6	Johnson, Caleb	Eastern Washington	15.63m	51-03.50	3
7	Tirado-Sanchez, Axel	Idaho State	15.23m	49-11.75	3
8	Luker, Keegan	Idaho State	14.75m	48-04.75	3
9	Collins, Owen	Western Oregon	14.44m	47-04.50	3
10	Lee, Jerrod	Western Washington	13.74m	45-01.00	2
11	Hurst, Reed	Whitworth	13.72m	45-00.25	3
12	Cole, Sam	Western Oregon	13.71m	44-11.75	2
13	Miller, Daniel	Eastern Washington	13.52m	44-04.25	2
14	Conley, Elijah	Eastern Washington	13.49m	44-03.25	2
15	Davis, Luke	Whitworth	13.48m	44-02.75	3
16	Warren, Mark	Western Oregon	13.39m	43-11.25	1
17	Burr, Colton	Northwest Nazarene	13.37m	43-10.50	2
18	McCartney, Ryan	Montana State	13.31m	43-08.00	2
19	Robbins, Cody	Northwest Nazarene	13.30m	43-07.75	3
20	Hendry, Dylan	Northwest Nazarene	13.00m	42-08.00	2
21	Nila, Giovanni	Spokane CC	12.88m	42-03.25	2
22	Franklin, Wyatt	Central Washington	12.69m	41-07.75	1
23	Little, Kai	Seattle U.	12.51m	41-00.50	2
24	Young, Omar	Central Washington	12.21m	40-00.75	2
25	Nelson, Patrick	Grand Canyon	11.92m	39-01.25	2
26	Michaels, Brooks	Spokane CC	11.61m	38-01.25	2
27	Knight, Derek	Northwest Nazarene	11.40m	37-05.00	1
28	Russell, Zach	Montana State	11.37m	37-03.75	2
29	Ditter, Cameron	Whitworth	11.13m	36-06.25	1
30	Schmidt, Steven	Northwest Nazarene	10.92m	35-10.00	1
31	Treat, Race	Eastern Washington	10.39m	34-01.25	1
32	Swaney, Braden	Northwest Nazarene	10.36m	34-00.00	1
33	Dykstra, Nathan	Whitworth	10.28m	33-08.75	1
34	Easley, Logan	Central Washington	10.27m	33-08.50	1
35	Raymond, Reise	Spokane CC	9.29m	30-05.75	1
36	Homen, Chris	Eastern Washington	9.25m	30-04.25	1
37	Gardom, Ian	Lewis-Clark	8.20m	26-11.00	1
--	Chan, Tony	Eastern Washington	FOUL		3

Men Weight Throw

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Podium:	21.75m	2/4/2022	Jordan Geist, Arizona		
NCAA:	25.58m	2/28/2015	Michael Lihman, Wisconsin		
US Indoor:	25.86m	3/4/1995	Lance Deal, New York AC		
Name	Year	School	Finals		H#
=====					
1	Geist, Jordan	Arizona	21.75m	71-04.25	2
2	Williams, Dominique	Rainbow Warriors	20.74m	68-00.50	2
3	Stork, Evan	Sacramento St.	19.11m	62-08.50	2
4	Chamberlin, Jakob	Arizona	18.51m	60-08.75	2
5	Sconce, Tyler	Colorado	18.32m	60-01.25	2
6	Fillis, Bradley	Spokane CC	17.65m	57-11.00	2
7	Maka, John	Sacramento St.	16.51m	54-02.00	2
8	Luker, Keegan	Idaho State	16.27m	53-04.50	2
9	Munyon, Marty	Washington St.	16.26m	53-04.25	2
10	Furdyk, Matt	Montana State	15.90m	52-02.00	2
11	Hendry, Dylan	Northwest Nazarene	15.84m	51-11.75	2
12	Burr, Colton	Northwest Nazarene	15.82m	51-11.00	2

Washington State Open - 2/4/2022**The Podium****Results****....Men Weight Throw**

13 Young, Omar	Central Washington	15.79m	51-09.75	2
14 Chan, Tony	Eastern Washington	15.13m	49-07.75	1
15 Slade, Carter	Montana State	15.03m	49-03.75	1
16 Cole, Sam	Western Oregon	14.85m	48-08.75	2
17 Grimes, Alaxander	Eastern Washington	14.84m	48-08.25	1
18 Robbins, Cody	Northwest Nazarene	14.37m	47-01.75	1
19 Tirado-Sanchez, Axel	Idaho State	14.22m	46-08.00	1
20 Lee, Jerrod	Western Washington	13.76m	45-01.75	1
21 Michaels, Brooks	Spokane CC	13.73m	45-00.50	1
22 Warren, Mark	Western Oregon	13.56m	44-06.00	1
23 Malquist, Ben	Western Washington	13.02m	42-08.75	1
24 Franklin, Wyatt	Central Washington	12.93m	42-05.25	1
25 Atencio, Jaycob	Lewis-Clark	12.79m	41-11.50	1
26 Swaney, Braden	Northwest Nazarene	12.69m	41-07.75	1
27 McCartney, Ryan	Montana State	12.14m	39-10.00	1
28 Hardee, Jack	Lewis-Clark	11.94m	39-02.25	1
-- Knight, Derek	Northwest Nazarene	FOUL		1
-- Collins, Owen	Western Oregon	FOUL		2
-- Atkinson, Laurence	Colorado	FOUL		2