

Seattle Pacific Final Qualifier – February 26, 2022

ESTIMATED meet schedule

We will run the meet on a ROLLING SCHEDULE, but we have ESTIMATED the start times for each event for your convenience. Feel free to use this estimated schedule as a reference point during the meet, but know that we will roll along as efficiently as possible regardless of this publication. We will run sections from fastest to slowest.

4:15	Women's Distance Medley Relay	(1 section)
4:30	Men's Distance Medley Relay	(1 section)
4:42	Women's Mile	(1 section)
4:49	Men's Mile	(2 sections)
5:01	Women's 400m	(2 sections)
5:06	Men's 400m	(4 sections)
5:14	Women's 60m-dash prelims	(5 heats)
5:24	Men's 60m-dash prelims	(4 heats)
5:34	Women's 60m-hurdles prelims	(3 heats)
5:41	Men's 60m-hurdles prelims	(2 heats)
5:46	Women's 800m	(2 sections)
5:53	Men's 800m	(3 sections)
6:03	Women's 200m	(5 sections)
6:13	Men's 200m	(5 sections)
6:23	Women's 3000m	(1 section)
6:38	Men's 3000m	(2 sections)
7:03	Women's 4x400m relay	(1 section)
7:09	Men's 4x400m relay	(1 section)
7:15	Women's 60m-dash finals	(2 timed finals)
7:19	Men's 60m-dash finals	(2 timed finals)
7:23	Women's 60m-hurdles finals	(2 timed finals)
7:27	Men's 60m-hurdles finals	(2 timed finals)

Field events:

Men's triple jump (start of meet, 4:15 p.m.)

Men's long jump to follow

Women's high jump (start of meet, 4:15 p.m.)

Men's high jump to follow

Women's shot put (start of meet, 4:15 p.m.)

Women's weight throw to follow shot put

Women's pole vault (start of meet, 4:15 p.m.)

Men's pole vault to follow