

ROADRUNNER INVITATIONAL SCHEDULE

Thursday, March 22:

Combined Events (Day 1)

12:00pm **Decathlon:** 100m, Long Jump, Shot Put, High Jump, 400m

12:30pm **Heptathlon:** 100 Hurdles, High Jump, Shot Put, 200m

Friday, March 23:

Combined Events (Day 2)

10:00am **Heptathlon:** Long Jump, Javelin (outside throws venue), 800m

10:00am **Decathlon:** 110 Hurdles, Discus (inside ring), Pole Vault, Javelin (inside throws venue), 1500m

Field Events:

1:00pm Women's Hammer (Men to Follow)

Men's Shot Put (Women to Follow)

5:00pm Men's Javelin (Women to Follow)

Saturday, March 24:

Field Events:

11:00am Men's Pole Vault (Women to Follow)

Women's High Jump (Men to Follow)

Women's Long Jump (Triple Jump to Follow)

Men's Long Jump (Triple Jump to Follow)

Women's Discus (Men to follow)

Running Events:

1:55pm National Anthem

2:00pm Men's 2K Steeplechase
Women's 2K Steeplechase
Men's 4 X 100
Women's 4 X 100
Men's 1500
Women's 1500
Men's 110 High Hurdles
Women's 100 Hurdles
Men's 400
Women's 400
Men's 100m
Women's 100m
Men's 800m
Women's 800m
Men's 400IH
Women's 400IH
Men's 200m
Women's 200m
Men's 3K
Women's 3K
Men's 4 X 400
Women's 4 X 400