

The University of Texas at San Antonio

Department of Sports Nutrition

Internship Program

The UTSA Department of Sports Nutrition is actively seeking applicants for their Sports Nutrition Internship program. The interns chosen for this opportunity will work with Division 1 student-athletes in a variety of sports. The majority of this work will take place at UTSA's RACE Athletic Complex with satellite locations at the Intercollegiate Athletics Building/Convocation Center and Park West Athletics Campus. These internship positions are **VOLUNTARY/NON-MONETARY**.

The internship duration will align with the Athletics department schedule for the Summer, Fall, and Spring. The dates are listed below.

SUMMER

June 1, 2023 – August 31, 2023

FALL

Sep 1, 2023 – Dec 8, 2023

Spring

Jan 9, 2024 – May 31, 2024

Interns will have the opportunity to develop practical knowledge and hands-on skills to be effective, entry-level sports nutrition fellows and dietitians on a collegiate or professional level. Interns will be expected to aid Sports Nutrition staff in all nutrition services provided to student-athletes across various sports. Interns will be expected to participate in an internship curriculum that educates and prepares them for a career within the field of sports nutrition. This curriculum will include assignments, projects, and work experience in the following areas: food service operations, nutrition counseling, nutrition education, media content creation, nutrition assessment and testing, performance research and data collection.

Intern responsibilities will include various daily duties within the UTSA Department of Sports Nutrition. Work hours will vary throughout the semester and may include morning, afternoon, evening, and weekend shifts.

Minimum Requirements

1. Candidates must be: passionate, proactive, detail-oriented, and eager to learn and develop
2. Must be responsible for transportation to and from internship sites on a daily basis
3. Responsible for finding housing during internship duration
4. Responsible for cost of living
5. Education - High School Diploma or equivalent

Preferred Requirements

1. Working towards or completion of an accredited bachelor's or master's degree program in Nutrition and Dietetics on the career path to becoming a Registered Dietitian/Nutritionist (RD, RDN) or Nutrition/Dietetic Technician, Registered (DTR, NDTR)
2. Holds an active state or nationally accredited food safety handler or manager certification
 - a. [ANAB-CONFERENCE FOR FOOD PROTECTION - ACCREDITATION DIRECTORY](#)
3. Holds an active state or national accredited CPR/AED/First Aid certification
4. Experience working within a collegiate or professional Sports Nutrition department