



***TRACK & FIELD/  
CROSS COUNTRY***

***HISTORY & RECORD BOOK***

AS OF FEBRUARY 8, 2024



# Men's Coaching History & Team Captains



Year	Head Coach (Assistant Coaches)	Conference Finish			
		In	Out	XC	
81-82	Jim Skaines (Shawn Flanagan)	—	—	—	
82-83	Jim Skaines (Shawn Flanagan)	—	—	—	
83-84	Jim Skaines (Shawn Flanagan)	—	—	—	
84-85	Jim Skaines (Shawn Flanagan)	—	—	—	
85-86	Shawn Flanagan (Glen McMicken)	—	—	—	
86-87	Shawn Flanagan (Glen McMicken)	—	—	1st	
87-88	Shawn Flanagan (Brad Joens)	—	—	1st	
88-89	Shawn Flanagan (Brad Joens)	—	—	1st	
89-90	Shawn Flanagan (Brad Joens)	—	—	1st	
90-91	Shawn Flanagan (Brad Joens)	—	—	1st	
91-92	Shawn Flanagan (not available)	8th	9th	3rd	
92-93	Shawn Flanagan (Macks Dillon)	7th	8th	6th	
93-94	Shawn Flanagan (Macks Dillon)	4th	6th	2nd	
94-95	Shawn Flanagan (Macks Dillon)	5th	4th	4th	
95-96	Shawn Flanagan (Macks Dillon)	3rd	4th	1st	
96-97	Macks Dillon (David Hartman)	2nd	3rd	1st	
97-98	Que McMaster (David Hartman)	6th	7th	1st	
98-99	Que McMaster (Randy Reina)	5th	9th	3rd	
99-00	Que McMaster (James Blackwood, Randy Reina, Leonard Byrd)	7th	8th	6th	
00-01	Que McMaster (James Blackwood, Randy Reina, Aaron Fox, Tameka Roberts)	2nd	1st	6th	
01-02	Que McMaster (Aaron Fox)	2nd	4th	6th	
02-03	Aaron Fox (interim head coach) (Matt Ellis, Rose Monday)	5th	7th	4th	
03-04	Aaron Fox (Matt Ellis, Rose Monday)	Ca. Johnson, Cu. Johnson, J. Youngblood	6th	4th	7th

Year	Head Coach (Assistant Coaches)	Conference Finish			
		In	Out	XC	
04-05	Aaron Fox (Matt Ellis, Rose Monday)	Cu. Johnson	2nd	3rd	9th
05-06	Aaron Fox (Matt Ellis, Rose Monday)	D. Burnett, M. Mitchell, B. Wolfe	1st	2nd	7th
06-07	Aaron Fox (Scott Slade, David Burnett)	L. Brooks, B. Buteaux	1st	2nd	7th
07-08	Aaron Fox (Scott Slade, David Burnett)	S. Brown, L. Johnson, W. Vese	1st	1st	6th
08-09	Aaron Fox (Chris Adams, Virginia Coindreau)	W. Vese, T. Wolfe	1st	4th	6th
09-10	Aaron Fox (Chris Adams, Virginia Coindreau)	C. Vargas, J. Whittaker	1st	1st	3rd
10-11	Aaron Fox (Chris Adams, Virginia Coindreau)	D. Bond, C. Reveal	1st	2nd	3rd
11-12	Aaron Fox (Steven Brown, Adam Hudson)	A. Cardenas, C. Reveal, P. Steinert	1st	1st	2nd
12-13	Aaron Fox (Steven Brown, Adam Hudson)	D. Balbontin, R. Garrett Jr., P. Steinert	1st	6th	6th
13-14	Aaron Fox (Steven Brown, Adam Hudson, LaVera Morris)	N. Collier, R. Garrett Jr., P. Steinert	7th	1st	7th
14-15	Aaron Fox (David Hartman, Adam Hudson, LaVera Morris)	Andrew Akens, Mike Medrano	2nd	1st	7th
15-16	Aaron Fox (Chris Adams, Steven Brown, David Hartman, Adam Hudson)		2nd	3rd	6th
16-17	Aaron Fox (Kareem Streete-Thompson, Chris Adams, David Hartman, Jackie Richards)		3rd	2nd	8th
17-18	Aaron Fox (Kareem Streete-Thompson, Chris Adams, David Hartman, Michael McPherson, Jackie Richards)		2nd	3rd	7th
18-19	Aaron Fox (Kareem Streete-Thompson, Chris Adams, David Hartman, Michael McPherson, Jackie Richards)		3rd	3rd	7th
19-20	Aaron Fox (Kareem Streete-Thompson, Chris Adams, David Hartman, Michael McPherson, Jackie Richards)		2nd	—	8th
20-21	Aaron Fox (Kareem Streete-Thompson, Chris Adams, David Hartman, Jackie Richards)		3rd	6th	9th
21-22	Aaron Fox (Kareem Streete-Thompson, Chris Adams, David Hartman, Jackie Richards)		3rd	4th	8th
22-23	Aaron Fox (Kareem Streete-Thompson, Chris Adams, David Hartman, Jackie Richards)		2nd	2nd	5th
23-24	Aaron Fox (Kareem Streete-Thompson, Chris Adams, David Hartman, Jackie Richards)				10th

UTSA



1986-90



1991-2012



2012-13



2013-23



2013-present



# Women's Coaching History & Team Captains



Year	Head Coach (Assistants Coaches)	Conference Finish		
		In	Out	XC
81-82	Jim Skaines (Shawn Flanagan)	—	—	—
82-83	Jim Skaines (Shawn Flanagan)	—	—	—
83-84	Jim Skaines (Shawn Flanagan)	—	—	—
84-85	Jim Skaines (Shawn Flanagan)	—	—	—
85-86	Shawn Flanagan (Glen McMicken)	—	—	—
86-87	Shawn Flanagan (Glen McMicken)	—	—	—
87-88	Shawn Flanagan (Brad Joens)	—	—	—
88-89	Shawn Flanagan (Brad Joens)	—	—	—
89-90	Shawn Flanagan (Brad Joens)	—	—	—
90-91	Shawn Flanagan (Brad Joens)	—	—	—
91-92	Shawn Flanagan (not available)	1st	1st	1st
92-93	Shawn Flanagan (Macks Dillon)	1st	1st	1st
93-94	Shawn Flanagan (Macks Dillon)	1st	1st	1st
94-95	Shawn Flanagan (Macks Dillon)	2nd	2nd	3rd
95-96	Shawn Flanagan (Macks Dillon)	2nd	1st	1st
96-97	Macks Dillon (David Hartman)	2nd	1st	1st
97-98	Que McMaster (David Hartman)	3rd	8th	4th
98-99	Que McMaster (Randy Reina)	8th	8th	8th
99-00	Que McMaster (James Blackwood, Randy Reina, Leonard Byrd)	9th	7th	2nd
00-01	Que McMaster (James Blackwood, Randy Reina, Aaron Fox, Tameka Roberts)	4th	5th	5th
01-02	James Blackwood (Rose Monday, Aaron Fox)	4th	3rd	4th
02-03	James Blackwood (Rose Monday)	3rd	9th	3rd
03-04	James Blackwood (Jerry Dyes, Rose Monday)	3rd	5th	7th

Year	Head Coach (Assistants Coaches)	Conference Finish		
		In	Out	XC
04-05	James Blackwood (Jerry Dyes, Rose Monday)	4th	4th	3rd
05-06	James Blackwood (Jerry Dyes, Rose Monday)	5th	5th	5th
06-07	James Blackwood (Jerry Dyes, Rose Monday)	6th	4th	5th
07-08	James Blackwood (Jerry Dyes, Katie Kelley)	7th	4th	8th
08-09	Aaron Fox (Scott Slade, David Burnett) A.Jackson J.Jones, D.Mecke Chris Adams, Virginia Coindreau	5th	9th	5th
09-10	Aaron Fox (Scott Slade, David Burnett) R.Hill, J.Jones, D.Mecke Chris Adams, Virginia Coindreau	3rd	4th	4th
10-11	Aaron Fox (Scott Slade, David Burnett) S.Armbrister, D.Mecke, T.Wilson Chris Adams, Virginia Coindreau	3rd	6th	5th
11-12	Aaron Fox (Scott Slade, Chris Adams) D.Mecke, T.Wilson Steven Brown, Adam Hudson	4th	2nd	2nd
12-13	Aaron Fox (Scott Slade, Chris Adams) K.Bragg, J.Bitterly, E.Johnson, S.Newton Steven Brown, Adam Hudson	2nd	4th	2nd
13-14	Aaron Fox (Scott Slade, Chris Adams) A.Diaz, N.Herrera, M.Hurd Steven Brown, Adam Hudson, LaVera Morris	2nd	7th	1st
14-15	Aaron Fox (Chris Adams, Steven Brown) K.James, S.Swift, S.Wangui David Hartman, Adam Hudson, LaVera Morris	8th	t-6th	7th
15-16	Aaron Fox (Chris Adams, Steven Brown, David Hartman, Adam Hudson)	9th	9th	8th
16-17	Aaron Fox (Kareem Streete-Thompson, Chris Adams, David Hartman, Jackie Richards)	4th	10th	9th
17-18	Aaron Fox (Kareem Streete-Thompson, Chris Adams, David Hartman, Michael McPherson, Jackie Richards)	6th	6th	9th
18-19	Aaron Fox (Kareem Streete-Thompson, Chris Adams, David Hartman, Michael McPherson, Jackie Richards)	7th	10th	10th
19-20	Aaron Fox (Kareem Streete-Thompson, Chris Adams, David Hartman, Michael McPherson, Jackie Richards)	4th	—	11th
20-21	Aaron Fox (Kareem Streete-Thompson, Chris Adams, David Hartman, Jackie Richards)	3rd	3rd	12th
21-22	Aaron Fox (Kareem Streete-Thompson, Chris Adams, David Hartman, Jackie Richards)	3rd	2nd	12th
22-23	Aaron Fox (Kareem Streete-Thompson, Chris Adams, David Hartman, Jackie Richards)	4th	3rd	6th
23-24	Aaron Fox (Kareem Streete-Thompson, Chris Adams, David Hartman, Jackie Richards)	—	—	12th



1991-2012



2012-13



2013-23



2013-present



# All-Americans & NCAA Championships Results

## MEN



### INDIVIDUAL RESULTS

#### Bashiru Abdullahi

2022 (outdoor) \_\_\_\_\_ 110-meter hurdles (second team/15th/13.69)  
 2023 (outdoor) \_\_\_\_\_ 110-meter hurdles (second team/16th/13.68)

#### Andrew Akens

2014 (outdoor) \_\_\_\_\_ shot put (honorable mention/23rd/17.04m)

#### Ty Anderson

2016 (outdoor) \_\_\_\_\_ high jump (second team/12th/2.14m)  
 2018 (outdoor) \_\_\_\_\_ high jump (second team/13th/2.08m)

#### Keith Benford

2011 (outdoor) \_\_\_\_\_ high jump (honorable mention/23rd/2.05m)  
 2012 (indoor) \_\_\_\_\_ high jump (second team/14th/2.15m)

#### Devon Bond

2010 (outdoor) \_\_\_\_\_ triple jump (5th/16.20m)  
 2011 (outdoor) \_\_\_\_\_ triple jump (second team/16th/15.50m)

#### Larry Brooks

2007 (indoor) \_\_\_\_\_ 800 meters (16th/1:53.76)  
 2007 (outdoor) \_\_\_\_\_ 800 meters (8th/1:53.77)

#### Brandon Buteaux

2005 (indoor) \_\_\_\_\_ heptathlon (7th/5,519)

#### Leonard Byrd

1995 (outdoor) \_\_\_\_\_ 400 meters (7th/45.76)  
 1996 (outdoor) \_\_\_\_\_ 400 meters (3rd/45.51)  
 1997 (outdoor) \_\_\_\_\_ 400 meters (7th/45.99)

#### Luca Chatham

2019 (outdoor) \_\_\_\_\_ 800 meters (honorable mention/18th/1:50.60)

#### Richard Garrett Jr.

2011 (indoor) \_\_\_\_\_ shot put (second team/15th/17.69m)  
 2011 (outdoor) \_\_\_\_\_ shot put (second team/14th/17.69m)  
 2012 (outdoor) \_\_\_\_\_ shot put (second team/11th/18.84m)  
 2013 (indoor) \_\_\_\_\_ shot put (first team/4th/19.48m)  
 2014 (outdoor) \_\_\_\_\_ shot put (first team/4th/20.14m)

#### Gary Haasbroek

2019 (indoor) \_\_\_\_\_ heptathlon (second team/10th/5,601)  
 2020 (indoor) \_\_\_\_\_ heptathlon (meet canceled/COVID-19)

#### Keyunta Hayes

2012 (outdoor) \_\_\_\_\_ 400-meter hurdles (first team/4th/49.38)  
 2014 (outdoor) \_\_\_\_\_ 400-meter hurdles (first team/6th/51.65)  
 2015 (outdoor) \_\_\_\_\_ 400-meter hurdles (honorable mention/18th/51.68)

#### Christiaan Le Roux

2022 (outdoor) \_\_\_\_\_ long jump (honorable mention/22nd/7.31m)

#### Joel McFarlane

2023 (outdoor) \_\_\_\_\_ decathlon (honorable mention/18th/7,311)

#### Jemuel Miller

2022 (indoor) \_\_\_\_\_ triple jump (first team/6th/16.17m)  
 2022 (outdoor) \_\_\_\_\_ triple jump (second team/10th/16.01m)

#### Adrian Riley

2017 (outdoor) \_\_\_\_\_ long jump (honorable mention/15th/7.44m)  
 2018 (outdoor) \_\_\_\_\_ decathlon (second team/12th/7,520 points)

#### Patrick Prince

2018 (outdoor) \_\_\_\_\_ 110m hurdles (honorable mention/20th/14.10)

#### Jurmarcus Shelvin

2015 (outdoor) \_\_\_\_\_ 400-meter hurdles (honorable mention/23rd/53.36)

#### Joshua Smith

2013 (outdoor) \_\_\_\_\_ 400-meter hurdles (second team/13th/51.27)

#### Jack Turner

2023 (outdoor) \_\_\_\_\_ decathlon (first team/7th/7,851)

#### Teddy Williams

2008 (outdoor) \_\_\_\_\_ 100 meters (7th/10.40)  
 2009 (indoor) \_\_\_\_\_ 60 meters (8th/6.70)  
 2010 (indoor) \_\_\_\_\_ 60 meters (4th/6.65)  
 2010 (outdoor) \_\_\_\_\_ 100 meters (9th/10.32)

#### Tyler Williamson

2012 (outdoor) \_\_\_\_\_ long jump (honorable mention)

#### Justin Youngblood

2002 (outdoor) \_\_\_\_\_ decathlon (7th/7,642)  
 2004 (indoor) \_\_\_\_\_ heptathlon (7th/5,512)  
 2004 (outdoor) \_\_\_\_\_ decathlon (7th/7,588)

### TEAM RESULTS

#### NCAA Cross Country Championships

1997 (Greenville, S.C.) \_\_\_\_\_ 20th (540)

#### NCAA Indoor Championships

2004 (Fayetteville, Ark.) \_\_\_\_\_ t-56th (2)  
 2005 (Fayetteville, Ark.) \_\_\_\_\_ 48th (2)  
 2009 (College Station, Texas) \_\_\_\_\_ t-59th (1)  
 2010 (Fayetteville, Ark.) \_\_\_\_\_ t-35th (5)  
 2013 (Fayetteville, Ark.) \_\_\_\_\_ t-40th (5)  
 2022 (Birmingham, Ala.) \_\_\_\_\_ t-47th (3)

#### NCAA Outdoor Championships

1995 (Knoxville, Tenn.) \_\_\_\_\_ 65th (2)  
 1996 (Eugene, Ore.) \_\_\_\_\_ t-45th (6)  
 1997 (Bloomington, Ind.) \_\_\_\_\_ t-66th (2)  
 2002 (Baton Rouge, La.) \_\_\_\_\_ t-59th (2)  
 2004 (Austin, Texas) \_\_\_\_\_ t-60th (2)  
 2007 (Sacramento, Calif.) \_\_\_\_\_ t-72nd (1)  
 2008 (Des Moines, Iowa) \_\_\_\_\_ t-67th (2)  
 2010 (Eugene, Ore.) \_\_\_\_\_ t-52nd (4)  
 2012 (Des Moines, Iowa) \_\_\_\_\_ t-43rd (5)  
 2014 (Eugene, Ore.) \_\_\_\_\_ t-38th (8)  
 2023 (Austin, Texas) \_\_\_\_\_ t-61st (2)

*\* The 2020 NCAA Indoor Championships and the entire outdoor season were canceled due to the COVID-19 pandemic*



# All-Americans & NCAA Championships Results WOMEN



## INDIVIDUAL RESULTS

### Oreoluwa Adamson

2023 (indoor) \_\_\_\_\_ long jump (second team/15th/5.99m)  
 2023 (outdoor) \_\_\_\_\_ long jump (honorable mention/23rd/5.87m)

### Jody Dunston

1987 (cross country) \_\_\_\_\_ 19th (16:46)  
 1988 (cross country) \_\_\_\_\_ 14th  
 1989 (indoor) \_\_\_\_\_ 3,000 meters (3rd/9:05.98)  
 1989 (outdoor) \_\_\_\_\_ 5,000 meters (4th/16:34.99)  
 1989 (outdoor) \_\_\_\_\_ 10,000 meters (3rd/34:00.80)

### Maia Campbell

2021 (outdoor) \_\_\_\_\_ shot put (honorable mention/22nd/15.99m)

### Ryanne Dupree

2004 (outdoor) \_\_\_\_\_ heptathlon (7th/5,316)  
 2005 (outdoor) \_\_\_\_\_ heptathlon (8th/5,575)  
 2006 (indoor) \_\_\_\_\_ pentathlon (4th/4,193)  
 2007 (outdoor) \_\_\_\_\_ heptathlon (6th/5,773)

### Whitney Flannel

2015 (outdoor) \_\_\_\_\_ high jump (second team/11th/1.81m)

### Ingeborg Gruenwald

2022 (indoor) \_\_\_\_\_ long jump (second team/13th/6.24m)

### Teresa Neighbors

1989 (outdoor) \_\_\_\_\_ 100 meters  
 1990 (indoor) \_\_\_\_\_ 55 meters (3rd/6.76)

### Rhonda Ray

2002 (outdoor) \_\_\_\_\_ heptathlon (7th/5,323)

### Tameka Roberts

1995 (outdoor) \_\_\_\_\_ long jump (5.84m)  
 1996 (indoor) \_\_\_\_\_ long jump (6th/6.21m)  
 1996 (outdoor) \_\_\_\_\_ 200 meters (9th/23.43)  
 1996 (outdoor) \_\_\_\_\_ long jump (11th/6.41m)  
 1997 (indoor) \_\_\_\_\_ 200 meters (4th)  
 1997 (outdoor) \_\_\_\_\_ 100 meters (9th)  
 1997 (outdoor) \_\_\_\_\_ 200 meters  
 1998 (indoor) \_\_\_\_\_ 200 meters (5th/23.26)

### Danielle Spence

2019 (indoor) \_\_\_\_\_ triple jump (second team/13th/12.80m)  
 2022 (outdoor) \_\_\_\_\_ triple jump (second team/14th/13.00m)

### Starlite Williams

1985 (outdoor) \_\_\_\_\_ triple jump (8th/12.64m)

### Lisa Addison, Tamny Booker, Rosalyn King, Portia Matthews

1992 (outdoor) \_\_\_\_\_ 1,600-meter relay (4th/3:34.05)

## TEAM RESULTS

### NCAA Cross Country Championships

1996 (Tucson, Ariz.) \_\_\_\_\_ 19th (439)

### NCAA Indoor Championships

1988 (Oklahoma City, Okla.) \_\_\_\_\_ t-28th (4)  
 1989 (Indianapolis, Ind.) \_\_\_\_\_ t-25th (6)  
 1990 (Indianapolis, Ind.) \_\_\_\_\_ t-25th (6)  
 1996 (Indianapolis, Ind.) \_\_\_\_\_ t-41st (3)  
 1997 (Indianapolis, Ind.) \_\_\_\_\_ t-28th (5)  
 1998 (Indianapolis, Ind.) \_\_\_\_\_ t-43rd (4)  
 2006 (Fayetteville, Ark.) \_\_\_\_\_ t-39th (5)

### NCAA Outdoor Championships

1985 (Austin, Texas) \_\_\_\_\_ t-49th (1)  
 1989 (Provo, Utah) \_\_\_\_\_ t-21st (11)  
 1992 (Austin, Texas) \_\_\_\_\_ t-34th (5)  
 2002 (Baton Rouge, La.) \_\_\_\_\_ t-59th (2)  
 2004 (Austin, Texas) \_\_\_\_\_ t-65th (2)  
 2005 (Sacramento, Calif.) \_\_\_\_\_ t-70th (1)  
 2007 (Sacramento, Calif.) \_\_\_\_\_ t-59th (3)

*\* The 2020 NCAA Indoor Championships and the entire outdoor season were canceled due to the COVID-19 pandemic*





# Men's Conference Indoor Championships



## Honor Roll

### Southland Conference Athlete of the Year

2004	Justin Youngblood
2008	Steven Brown
2009	Teddy Williams
2010	Teddy Williams

### Southland Conference Outstanding Track Performer

2003	Carl Johnson
2009	Teddy Williams
2010	Teddy Williams

### Southland Conference Outstanding Field Performer

2002	Justin Youngblood
2011	Richard Garrett Jr.

### Southland Conference Freshman of the Year

2008	P.J. McGowen
2010	Keith Benford

### Southland Conference Newcomer of the Year

2010	Devon Bond
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### Southland Conference High Point Scorer

1999	Tim Wallace
2001	Henry Maruping
2002	Justin Youngblood
2004	Justin Youngblood
2008	Steven Brown

### Western Athletic Conference Field Athlete of the Year

2013	Richard Garrett Jr.
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### Conference USA Field Performer of the Meet

2021	Jack Turner
2023	Jack Turner

### Conference USA Freshman of the Meet

2015	Dionte Robinson
2019	Gary Haasbroek

### Conference USA High Point Scorer

2023	Mike Roth
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### Southland Conference Coach of the Year

2006-12	Aaron Fox
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### Western Athletic Conference Coach of the Year

2013	Aaron Fox
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## Yearly Results

1992 (Southland Conference)	8th (12)
1993 (Southland Conference)	7th (24)
1994 (Southland Conference)	4th (59)
1995 (Southland Conference)	5th (64)
1996 (Southland Conference)	3rd (69)
1997 (Southland Conference)	2nd (118)
1998 (Southland Conference)	6th (57)
1999 (Southland Conference)	5th (54)
2000 (Southland Conference)	7th (39.5)
2001 (Southland Conference)	2nd (93)
2002 (Southland Conference)	2nd (92)
2003 (Southland Conference)	5th (48.25)
2004 (Southland Conference)	6th (50.5)
2005 (Southland Conference)	2nd (85)
2006 (Southland Conference)	1st (111)
2007 (Southland Conference)	1st (114.5)
2008 (Southland Conference)	1st (122)
2009 (Southland Conference)	1st (120.5)
2010 (Southland Conference)	1st (120)
2011 (Southland Conference)	1st (153)
2012 (Southland Conference)	1st (134)
2013 (Western Athletic Conference)	1st (159)
2014 (Conference USA)	7th (66)
2015 (Conference USA)	2nd (107)
2016 (Conference USA)	2nd (120)
2017 (Conference USA)	3rd (97)
2018 (Conference USA)	2nd (108)
2019 (Conference USA)	3rd (96)
2020 (Conference USA)	2nd (108)
2021 (Conference USA)	3rd (90)
2022 (Conference USA)	3rd (91.5)
2023 (Conference USA)	2nd (136)

## Individual Champions (93)

### 60 meters (3)

2008	Teddy Williams (6.71)
2009	Teddy Williams (6.64)
2010	Teddy Williams (6.66)

### 200 meters (4)

2003	Curtis Johnson (21.92)
2008	Steven Brown (21.60)
2009	Teddy Williams (21.84)
2010	Teddy Williams (21.73)

### 400 meters (6)

1994	Leonard Byrd (49.20)
1997	Leonard Byrd (48.23)
2000	Justin Youngblood (48.56)
2005	David Burnett (49.19)
2007	Gaston Griffin (48.51)
2018	Desmond Jefferson (47.35)
2023	Mike Roth (46.42)

### 800 meters (4)

1996	Sean Goetsch (1:50.33)
2006	Mthobisi Balozi (1:53.17)
2007	Larry Brooks (1:51.63)
2012	Chrishun Jamerson (1:54.26)

### Mile (7)

1993	Eddie Castillo (4:14.70)
1997	Ryan Taylor (n/a)
1998	Philo Saunders (4:06.53*)
2001	Henry Maruping (4:15.97)
2011	Albert Cardenas (4:13.67)
2013	Mike Medrano (4:18.85)
2019	Luca Chatham (4:10.09)

\* track distance was inaccurately established, resulting in faster times

### Two miles (1)

1994	Gary Guerrero (9:12.89)
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### 3,000 meters (2)

1997	Ryan Taylor (8:21.59)
2016	Dusan Makevic (8:16.11)

### 5,000 meters (4)

1996	David Hartman (14:41.52)
1997	Tim Wallace (14:43.24)
1999	Tim Wallace (14:48.47)
2016	Dusan Makevic (14:16.67)

### 60-meter hurdles (11)

2001	Carl Johnson (7.98)
2002	Carl Johnson (7.96)
2003	Carl Johnson (7.81)
2007	Will Vese (7.93)
2008	Will Vese (7.98)
2009	Will Vese (7.87)
2012	Keyunta Hayes (7.89)
2015	Keyunta Hayes (7.95)
2018	Patrick Prince (7.91)
2020	Bashiru Abdullahi (7.80)
2022	Bashiru Abdullahi (7.77)

### 1,600-meter relay (3)

1997	M.Ellis, M.Edwards, P.Burnett, L.Byrd (3:18.36)
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2013	N.Brunette, D.Wyrick, J.Smith, C.Hall (3:11.68)
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2023	N.Rhodes, L.Masters, D.Phillips, M.Roth (3:12.45)
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### Distance medley relay (6)

1994	C.Malesich, S.Goetsch, S.Hinojosa, E.Castillo (10:19.89)
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1997	S.Snodgrass, M.Edwards, S.Goetsch, R.Taylor (10:03.33)
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1998	S.Snodgrass, K.Griffith, M.Morgan, P.Saunders (9:46.31*)
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2001	individuals unavailable (10:18.90)
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2010	B.Chiuminetta, C.Cole, B.Ugochukwu, A.Cardenas (10:10.08)
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2014	M.Medrano, J.Shelvin, B.Hand, N.Collier (*9:59.25)
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\* track distance was inaccurately established, resulting in faster times

### High jump (8)

2002	Justin Youngblood (2.11m)
2008	P.J. McGowen (2.16m)
2009	Johnathan Whittaker (2.11m)
2010	Keith Benford (2.10m)
2011	Keith Benford (2.14m)
2012	Keith Benford (2.22m)
2013	Kerry Thompson (2.12m)
2017	Ty Anderson (2.09m)

### Pole vault (2)

2011	Taylor Reed (5.00m)
2016	Barrett Brock (4.90m)

### Long jump (4)

2011	Tyler Williamson (7.37m)
2012	Tyler Williamson (7.37m)
2013	Tyler Williamson (7.39m)
2023	Christiaan Le Roux (7.64m)

### Triple jump (7)

2010	Devon Bond (15.89m)
2011	Devon Bond (15.77m)
2013	Ronson Small (15.56m)
2020	Andre Douglas (15.52m)
2021	Grant Szalek (15.27m)
2022	Jemuel Miller (16.09m)
2023	Jemuel Miller (15.63m)

### Shot put (8)

2002	Jason Reynosa (17.01m)
2008	Luke Johnson (17.16m)
2011	Richard Garrett Jr. (18.81m)
2012	Richard Garrett Jr. (18.50m)
2013	Richard Garrett Jr. (20.05m)
2014	Andrew Akens (18.21m)
2015	Andrew Akens (17.94m)
2017	Gabe Vargas (17.49m)

### Weight throw (1)

2012	Phil Steinert (18.87m)
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### Pentathlon (2)

2001	Justin Youngblood (3,842)
2002	Justin Youngblood (4,003)

### Heptathlon (9)

2004	Justin Youngblood (5,483)
2005	Brandon Buteaux (5,339)
2006	Brandon Buteaux (5,357)
2008	Tommy Wolfe (5,251)
2009	Tommy Wolfe (5,256)
2019	Gary Haasbroek (5,559)
2020	Jack Turner (5,142)
2021	Jack Turner (5,489)
2023	Jack Turner (5,794)



# Women's Conference Indoor Championships



## Honor Roll

### Southland Conference Athlete of the Year

1992	Liza Hunter
1996	Tameka Roberts
1997	Tameka Roberts
1998	Tameka Roberts
2006	Ryanne Dupree

### Southland Conference Outstanding Track Performer

1992	Liza Hunter
1996	Tameka Roberts
1997	Tameka Roberts
1998	Tameka Roberts
2005	Rosalind Holmes
2009	Dana Mecke

### Southland Conference Outstanding Field Performer

1998	Tameka Roberts
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### Southland Conference Newcomer of the Year

2010	Pernilla Savestrand
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### Southland Conference High-Point Scorer

1992	Liza Hunter
1996	Tameka Roberts
1997	Tameka Roberts
1998	Tameka Roberts
2006	Ryanne Dupree

### Southland Conference Coach of the Year

1992	Shawn Flanagan
1993	Shawn Flanagan
1994	Shawn Flanagan

## Yearly Results

1992 (Southland Conference)	1st (121)
1993 (Southland Conference)	1st (122)
1994 (Southland Conference)	1st (126)
1995 (Southland Conference)	2nd (127)
1996 (Southland Conference)	2nd (124.5)
1997 (Southland Conference)	2nd (102)
1998 (Southland Conference)	3rd (69)
1999 (Southland Conference)	8th (27)
2000 (Southland Conference)	9th (24)
2001 (Southland Conference)	4th (65)
2002 (Southland Conference)	4th (75.5)
2003 (Southland Conference)	3rd (88)
2004 (Southland Conference)	3rd (84)
2005 (Southland Conference)	4th (88)
2006 (Southland Conference)	5th (81)
2007 (Southland Conference)	6th (67)
2008 (Southland Conference)	7th (39)
2009 (Southland Conference)	5th (74)
2010 (Southland Conference)	3rd (105)
2011 (Southland Conference)	3rd (68)
2012 (Southland Conference)	4th (71)
2013 (Western Athletic Conference)	2nd (116)
2014 (Conference USA)	2nd (73)
2015 (Conference USA)	8th (42)
2016 (Conference USA)	9th (30)
2017 (Conference USA)	4th (60)
2018 (Conference USA)	6th (41)
2019 (Conference USA)	7th (52)
2020 (Conference USA)	4th (72)
2021 (Conference USA)	3rd (81)
2022 (Conference USA)	3rd (84)
2023 (Conference USA)	4th (75)

## Individual Champions (68)

### 55 meters (3)

1996	Tameka Roberts (7.10)
1997	Tameka Roberts (7.01)
1998	Tameka Roberts (6.89)

### 60 meters (2)

2005	Rosalind Holmes (7.45)
2017	Syd Howells (7.43)

### 200 meters (4)

1996	Tameka Roberts (24.36)
1997	Tameka Roberts (24.83)
1998	Tameka Roberts (23.67*)
2005	Rosalind Holmes (24.27)

### 400 meters (3)

1992	Tamny Booker (57.96)
1993	Kisha Guyden (56.65)
1997	Tameka Roberts (56.75)

### 800 meters (8)

1994	Linda Garcia (2:17.32)
2002	Letitia Gilkes (2:11.63)
2003	Katie Poindexter (2:11.78)
2004	Letitia Gilkes (2:12.39)
2008	Dana Mecke (2:15.86)
2009	Dana Mecke (2:13.00)
2010	Dana Mecke (2:14.31)
2015	Stephanie Wangui (2:10.26)

### Mile (3)

1992	Liza Hunter (5:00.79)
2009	Dana Mecke (5:00.35)
2010	Dana Mecke (4:54.76)

### Two miles (1)

1992	Liza Hunter (10:43.70)
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### 3,000 meters (1)

2010	Pernilla Savestrand (10:00.23)
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### 5,000 meters (2)

1996	Meg Harris (17:23.45)
2010	Kayla Pratt (17:17.56)

### 60-meter hurdles (3)

1999	Tiffany Talbert (8.75)
2009	Jessica Jones (8.48)
2010	Jessica Jones (8.48)

### 1,600-meter relay (3)

1996	C.Henderson, S.Roberson, C.Lezama, T.Roberts (3:50.92)
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1998 individuals unavailable (3:45.48\*)

2005	D.Smith, L.Sidney, R.Dupree, R.Holmes (3:48.83)
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\* track distance was inaccurately established, resulting in faster times

### Mile relay (2)

1992	individuals unavailable (3:54.01)
1993	individuals unavailable (3:54.24)

### Two-mile relay (1)

1992	individuals unavailable (9:33.90)
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### Distance medley relay (8)

1994	individuals unavailable (12:25.93)
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2002	Y.Alonso, A.Johnson, K.Poindexter, L.Cerna (12:12.04)
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2004	M.Chance, C.Wright, L.Gilkes, L.Cerna (11:49.57)
------	---

2009	K.Pratt, R.Crain, J.James, D.Mecke (12:15.90)
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2010	P.Savestrand, B.Miller, J.James, K.Pratt (12:12.29)
------	--

2012	I.Balbotin, G.Williamson, N.Herrera, A.Diaz (11:59.19)
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2014	N.Herrera, E.Clark, G.Williamson, E.Perez (11:39.86)
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2015	G.Kohler, S.Swift, S.Wangui, E.Perez (11:48.95)
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### High jump (3)

1993	Janet Booker (1.69m)
1994	Janet Booker (1.71m)
2012	Chenale Smith (1.75m)

### Long jump (6)

1996	Tameka Roberts (6.04m)
1998	Tameka Roberts (6.13m)
2006	Morgan Moszee (6.20m)
2021	Ingeborg Gruenwald (6.10m)
2022	Ingeborg Gruenwald (6.42m)
2023	Oreoluwa Adamson (6.46m)

### Triple jump (2)

2013	Eboni Johnson (12.64m)
2019	Danielle Spence (13.37m)

### Shot put (4)

1992	Kim Bush (13.61m)
1994	Kim Bush (13.78m)
2017	N'Dia Warren-Jacques (15.01m)
2020	Maia Campbell (16.12m)

### Weight throw (1)

2013	Katie Bragg (19.00m)
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### Pentathlon (8)

2001	Rhonda Ray (3,439)
2002	Rhonda Ray (3,702)
2003	Rhonda Ray (3,769)
2004	Ryanne Dupree (3,800)
2006	Ryanne Dupree (4,055)
2007	Ashley Allen (3,630)
2011	Aimee Jonas (3,425)
2019	Gabriyella Torres (3,722)



# Men's Conference Outdoor Championships



## Honor Roll

### Southland Conference Athlete of the Year

1996 \_\_\_\_\_ Leonard Byrd

### Southland Conference Outstanding Track Performer

1995 \_\_\_\_\_ Leonard Byrd  
1996 \_\_\_\_\_ David Hartman  
2008 \_\_\_\_\_ Teddy Williams  
2010 \_\_\_\_\_ Teddy Williams

### Southland Conference Freshman of the Year

2011 \_\_\_\_\_ Keyunta Hayes

### Southland Conference High-Point Scorer

1996 \_\_\_\_\_ David Hartman  
2008 \_\_\_\_\_ Steven Brown

### Western Athletic Conference Freshman of the Year

2013 \_\_\_\_\_ Jonas Gutierrez

### Conference USA Field Athlete of the Year

2014 \_\_\_\_\_ Richard Garrett Jr.

### Conference USA Field Performer of the Meet

2014 \_\_\_\_\_ Richard Garrett Jr.  
2023 \_\_\_\_\_ Jack Turner

### Conference USA Freshman of the Meet

2019 \_\_\_\_\_ Gary Haasbroek

### Southland Conference Coach of the Year

2001 \_\_\_\_\_ Que McMaster  
2008 \_\_\_\_\_ Aaron Fox  
2010 \_\_\_\_\_ Aaron Fox  
2012 \_\_\_\_\_ Aaron Fox

### Conference USA Coach of the Year

2014 \_\_\_\_\_ Aaron Fox  
2015 \_\_\_\_\_ Aaron Fox

## Yearly Results

1992 (Southland Conference) \_\_\_\_\_ 9th (25)  
1993 (Southland Conference) \_\_\_\_\_ 8th (16)  
1994 (Southland Conference) \_\_\_\_\_ 6th (59)  
1995 (Southland Conference) \_\_\_\_\_ 4th (91)  
1996 (Southland Conference) \_\_\_\_\_ 4th (101)  
1997 (Southland Conference) \_\_\_\_\_ 3rd (115)  
1998 (Southland Conference) \_\_\_\_\_ 7th (52)  
1999 (Southland Conference) \_\_\_\_\_ 9th (38)  
2000 (Southland Conference) \_\_\_\_\_ 8th (32.5)  
2001 (Southland Conference) \_\_\_\_\_ 1st (131)  
2002 (Southland Conference) \_\_\_\_\_ 4th (98)  
2003 (Southland Conference) \_\_\_\_\_ 7th (34)  
2004 (Southland Conference) \_\_\_\_\_ 4th (82)  
2005 (Southland Conference) \_\_\_\_\_ 3rd (96)  
2006 (Southland Conference) \_\_\_\_\_ 2nd (132)  
2007 (Southland Conference) \_\_\_\_\_ 2nd (127)  
2008 (Southland Conference) \_\_\_\_\_ 1st (138.5)  
2009 (Southland Conference) \_\_\_\_\_ 4th (99.5)  
2010 (Southland Conference) \_\_\_\_\_ 1st (148)  
2011 (Southland Conference) \_\_\_\_\_ 2nd (146)  
2012 (Southland Conference) \_\_\_\_\_ 1st (147.5)  
2013 (Western Athletic Conference) \_\_\_\_\_ 6th (98)  
2014 (Conference USA) \_\_\_\_\_ 1st (172)  
2015 (Conference USA) \_\_\_\_\_ 1st (165)  
2016 (Conference USA) \_\_\_\_\_ 3rd (113)  
2017 (Conference USA) \_\_\_\_\_ 2nd (138)  
2018 (Conference USA) \_\_\_\_\_ 3rd (109)  
2019 (Conference USA) \_\_\_\_\_ 3rd (100)  
2020 (Conference USA) \_\_\_\_\_ ccd  
2021 (Conference USA) \_\_\_\_\_ 6th (69)  
2022 (Conference USA) \_\_\_\_\_ 4th (103)  
2023 (Conference USA) \_\_\_\_\_ 2nd (150.5)

## Individual Champions (79)

### 100 meters (4)

2001 \_\_\_\_\_ Francis Ngapout (10.30)  
2004 \_\_\_\_\_ Curtis Johnson (10.43)  
2008 \_\_\_\_\_ Teddy Williams (10.16)  
2010 \_\_\_\_\_ Teddy Williams (10.03)

### 200 meters (1)

2008 \_\_\_\_\_ Teddy Williams (20.60)

### 400 meters (5)

1994 \_\_\_\_\_ Leonard Byrd (46.46)  
1995 \_\_\_\_\_ Leonard Byrd (46.12)  
1996 \_\_\_\_\_ Leonard Byrd (44.88)  
1997 \_\_\_\_\_ Leonard Byrd (45.96)  
2023 \_\_\_\_\_ Mike Roth (46.80)

### 800 meters (6)

1992 \_\_\_\_\_ Eddie Castillo (1:51.29)  
1995 \_\_\_\_\_ Sean Goetsch (1:51.04)  
1996 \_\_\_\_\_ Sean Goetsch (1:51.28)  
2004 \_\_\_\_\_ Larry Brooks (1:51.29)  
2006 \_\_\_\_\_ Larry Brooks (1:51.36)  
2007 \_\_\_\_\_ Larry Brooks (1:50.12)

### 1,500 meters (6)

1992 \_\_\_\_\_ Eddie Castillo (3:51.80)  
1997 \_\_\_\_\_ Ryan Taylor (3:54.41)  
1998 \_\_\_\_\_ Philo Saunders (3:53.32)  
2001 \_\_\_\_\_ Henry Maruping (3:53.50)  
2009 \_\_\_\_\_ Michael Cook (3:53.03)  
2013 \_\_\_\_\_ Nathan Collier (3:56.67)

### 3,000-meter steeplechase (1)

1996 \_\_\_\_\_ David Hartman (9:13.91)

### 5,000 meters (2)

1995 \_\_\_\_\_ David Hartman (14:45.10)  
1996 \_\_\_\_\_ David Hartman (14:55.54)

### 10,000 meters (3)

1994 \_\_\_\_\_ Gary Guererro (31:34.61)  
1995 \_\_\_\_\_ David Hartman (29:57.48)  
1996 \_\_\_\_\_ David Hartman (31:28.73)

### 110-meter hurdles (9)

2001 \_\_\_\_\_ Alex Flores (14.20)  
2002 \_\_\_\_\_ Carl Johnson (13.93)  
2004 \_\_\_\_\_ Carl Johnson (13.84)  
2008 \_\_\_\_\_ Will Vese (13.86)  
2012 \_\_\_\_\_ Keyunta Hayes (13.86)  
2014 \_\_\_\_\_ Keyunta Hayes (13.98)  
2015 \_\_\_\_\_ Keyunta Hayes (13.89)  
2017 \_\_\_\_\_ Patrick Prince (13.92)  
2018 \_\_\_\_\_ Patrick Prince (13.75)  
2022 \_\_\_\_\_ Bashiru Abdullahi (13.53)

### 400-meter hurdles (7)

1998 \_\_\_\_\_ Jok-Tan Byerly (50.19)  
2006 \_\_\_\_\_ T.R. Sissel (51.83)  
2011 \_\_\_\_\_ Keyunta Hayes (52.25)  
2012 \_\_\_\_\_ Keyunta Hayes (50.37)  
2014 \_\_\_\_\_ Keyunta Hayes (50.33)  
2015 \_\_\_\_\_ Keyunta Hayes (50.50)  
2017 \_\_\_\_\_ Randy Bermea (51.76)

### 400-meter relay (3)

2002 \_\_\_\_\_ C.Johnson, C.Rowland,  
\_\_\_\_\_ A.Goble, C.Dean (40.35)  
2008 \_\_\_\_\_ C.Harris, T.Williams,  
\_\_\_\_\_ S.Brown, K.Hunt (40.21)  
2023 \_\_\_\_\_ L. Masters, B. Chabot,  
\_\_\_\_\_ T. McCalla, D. Phillips (39.59)

### 1,600-meter relay (5)

1995 \_\_\_\_\_ R.Landtiser, P.Burnett,  
\_\_\_\_\_ S.Goetsch, L.Byrd (3:09.76)  
1998 \_\_\_\_\_ K.Griffith, D.Hardworth,  
\_\_\_\_\_ J.Byerly, C.Rowland (3:11.51)  
2001 \_\_\_\_\_ A.Goble, C.Rowland,  
\_\_\_\_\_ C.Dean, J.Youngblood (3:07.44)  
2002 \_\_\_\_\_ A.Goble, C.Johnson,  
\_\_\_\_\_ J.Youngblood, C.Rowland (3:10.58)  
2014 \_\_\_\_\_ J.Smith, K.Hayes,  
\_\_\_\_\_ J.Shelvin, C.Hall (3:07.80)

### High jump (6)

2002 \_\_\_\_\_ Steve Ortiz (2.15m)  
2010 \_\_\_\_\_ Devon Bond (2.13m)  
2011 \_\_\_\_\_ Keith Benford (2.10m)  
2013 \_\_\_\_\_ Kerry Thompson (2.12m)  
2015 \_\_\_\_\_ Ty Anderson (2.11m)  
2017 \_\_\_\_\_ Ty Anderson (2.16m)

### Pole vault (1)

2017 \_\_\_\_\_ Barrett Brock (5.11m)

### Long jump (4)

2007 \_\_\_\_\_ Mo Jackson (7.30m)  
2010 \_\_\_\_\_ Tyler Williamson (7.37m)  
2013 \_\_\_\_\_ Roscoe Robinson (7.59m)  
2023 \_\_\_\_\_ Christiaan Le Roux (7.63m)

### Triple jump (3)

2010 \_\_\_\_\_ Devon Bond (16.12m)  
2011 \_\_\_\_\_ Devon Bond (16.01m)  
2022 \_\_\_\_\_ Jemuel Miller (16.07m)  
2023 \_\_\_\_\_ Dylan James (15.49m)

### Shot put (3)

2012 \_\_\_\_\_ Richard Garrett Jr. (18.80m)  
2014 \_\_\_\_\_ Richard Garrett Jr. (20.66m)  
2017 \_\_\_\_\_ Tyler Finke (17.76m)

### Discus (2)

2014 \_\_\_\_\_ Richard Garrett Jr. (57.44m)  
2015 \_\_\_\_\_ Jared Tyler (52.46m)

### Decathlon (7)

2006 \_\_\_\_\_ Bryan Wolfe (6,887)  
2007 \_\_\_\_\_ Brandon Buteaux (7,148)  
2008 \_\_\_\_\_ Tommy Wolfe (7,395)  
2019 \_\_\_\_\_ Gary Haasbroek (7,395)  
2021 \_\_\_\_\_ Jack Turner (7,659)  
2022 \_\_\_\_\_ Jack Turner (7,487)  
2023 \_\_\_\_\_ Jack Turner (8,011)





# Women's Conference Outdoor Championships



## Honor Roll

### Southland Conference Athlete of the Year

1996	Tameka Roberts
1997	Tameka Roberts
2005	Ryanne Dupree
2007	Ryanne Dupree
2010	Dane Mecke

### Southland Conference Outstanding Track Performer

1992	Joanne Kineard
1996	Tameka Roberts
1997	Tameka Roberts
2005	Ryanne Dupree

### Southland Conference Outstanding Field Performer

1995	Tameka Roberts
2007	Ryanne Dupree

### Southland Conference High-Point Scorer

1992	Joanne Kineard
1996	Meg Harris
1997	Tameka Roberts
2005	Ryanne Dupree
2007	Ryanne Dupree
2012	Shahira Ehiemua

### Conference USA Freshman of the Meet

2022	Thennelle Williams
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### Southland Conference Coach of the Year

1992	Shawn Flanagan
1993	Shawn Flanagan
1994	Shawn Flanagan
1996	Shawn Flanagan
1997	Macks Dillon

## Yearly Results

1992 (Southland Conference)	1st (174)
1993 (Southland Conference)	1st (168)
1994 (Southland Conference)	1st (170)
1995 (Southland Conference)	2nd (169)
1996 (Southland Conference)	1st (159)
1997 (Southland Conference)	1st (166)
1998 (Southland Conference)	8th (46)
1999 (Southland Conference)	8th (54.5)
2000 (Southland Conference)	7th (57)
2001 (Southland Conference)	5th (64)
2002 (Southland Conference)	3rd (107)
2003 (Southland Conference)	9th (34)
2004 (Southland Conference)	5th (62.5)
2005 (Southland Conference)	4th (113)
2006 (Southland Conference)	5th (85)
2007 (Southland Conference)	4th (93)
2008 (Southland Conference)	4th (70.66)
2009 (Southland Conference)	9th (31)
2010 (Southland Conference)	4th (70)
2011 (Southland Conference)	6th (67.5)
2012 (Southland Conference)	2nd (139.5)
2013 (Western Athletic Conference)	4th (100.5)
2014 (Conference USA)	7th (56)
2015 (Conference USA)	t-6th (56)
2016 (Conference USA)	9th (34)
2017 (Conference USA)	10th (30.5)
2018 (Conference USA)	6th (61)
2019 (Conference USA)	10th (43.5)
2020 (Conference USA)	ccd
2021 (Conference USA)	3rd (106.75)
2022 (Conference USA)	2nd (118)
2023 (Conference USA)	3rd (111)

## Individual Champions (70)

### 100 meters (4)

1996	Tameka Roberts (11.32)
1997	Tameka Roberts (11.46)
2005	Rosalind Holmes (11.60)
2012	Jhorden Hunter (11.66)

### 200 meters (3)

1992	Portia Matthews (24.00)
1996	Tameka Roberts (23.16)
1997	Tameka Roberts (23.54)

### 400 meters (3)

1993	Kisha Guyden (54.95)
1997	Soonja Roberson (55.22)
2002	Andrea Johnson (54.10)

### 800 meters (3)

2006	Veronica Silva (2:12.79)
2010	Dana Mecke (2:08.36)
2015	Stephanie Wangui (2:13.85)

### 1,500 meters (6)

1992	Joanne Kineard (4:31.10)
1993	Linda Garcia (4:35.07)
1994	Linda Garcia (4:39.30)
1995	Christina Ramirez (4:43.37)
2010	Dana Mecke (4:30.57)
2012	Dana Mecke (4:29.65)

### 3,000 meters (3)

1992	Joanne Kineard (9:46.87)
1996	Meg Harris (9:57.01)
1997	Jennifer DeBrecht (9:50.93)

### 5,000 meters (2)

1992	Joanne Kineard (17:29.10)
1996	Meg Harris (17:37.91)

### 10,000 meters (1)

1996	Stacey Poole (35:49.08)
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### 100-meter hurdles (9)

1992	Valicia Henderson (13.83)
1999	Tiffany Hart (13.72)
2000	Tiffany Hart (13.62)
2004	Ryanne Dupree (13.65)
2005	Ryanne Dupree (13.60)
2007	Ryanne Dupree (13.47)
2008	Jessica Jones (13.76)
2009	Jessica Jones (13.63)
2010	Jessica Jones (13.51)

### 400-meter hurdles (3)

1992	Valicia Henderson (59.76)
2021	Faith Roberson (56.89)
2022	Alanah Yukich (57.93)
2023	Alanah Yukich (57.55)

### 400-meter relay (6)

1994	individuals unavailable (45.72)
1995	T.Roberts, P.Matthews, T.Williams, C.Lezama (45.31)

1996 individuals unavailable (46.01)

1997 individuals unavailable (45.69)

2005	M.Mozee, R.Dupree, L.Sidney, R.Holmes (45.72)
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2012	S.Ehiemua, C.Okonkwo, K.Wynn, J.Hunter (44.81)
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### 1,600-meter relay (2)

1992	individuals unavailable (3:44.47)
1997	individuals unavailable (3:42.89)

### High jump (3)

1993	Janet Booker (1.69m)
1994	Janet Booker (1.78m)
2015	Whitney Flannel (1.79m)

### Pole vault (1)

1998	Stephanie Hensley (2.74m) ^
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^ exhibition event

### Long jump (5)

1995	Tameka Roberts (6.60m)
1997	Tameka Roberts (6.18m)
2005	Morgan Moszee (6.21m)
2007	Ryanne Dupree (6.25m)
2023	Oreoluwa Adamson (6.22m)

### Triple jump (4)

1992	Portia Matthews (12.58m)
2012	Eboni Johnson (12.68m)
2013	Eboni Johnson (12.60m)
2023	Oreoluwa Adamson (12.69m)

### Shot put (4)

1994	Kim Bush (13.94m)
1995	Kim Bush (14.28m)
2012	Zaquita McClanahan (15.07m)
2021	Maia Campbell (17.33m)

### Hammer (2)

2011	Katie Bragg (53.39m)
2012	Katie Bragg (57.86m)

### Heptathlon (5)

2001	Rhonda Ray (5,160)
2002	Rhonda Ray (5,210)
2005	Ryanne Dupree (5,465)
2007	Ryanne Dupree (5,593)
2021	Amaya Scott (5,516)



# Conference Cross Country Championships



## Men's Yearly Results

1986 (Trans America Athletic Conference)	1st (22)
1987 (Trans America Athletic Conference)	1st (17)
1988 (Trans America Athletic Conference)	1st (20)
1989 (Trans America Athletic Conference)	1st (21)
1990 (Trans America Athletic Conference)	1st (27)
1991 (Southland Conference)	3rd (104)
1992 (Southland Conference)	6th (117)
1993 (Southland Conference)	2nd (44)
1994 (Southland Conference)	4th (93)
1995 (Southland Conference)	1st (33)
1996 (Southland Conference)	1st (50)
1997 (Southland Conference)	1st (35)
1998 (Southland Conference)	3rd (108)
1999 (Southland Conference)	6th (170)
2000 (Southland Conference)	6th (183)
2001 (Southland Conference)	6th (179)
2002 (Southland Conference)	4th (128)
2003 (Southland Conference)	7th (171)
2004 (Southland Conference)	9th (193)
2005 (Southland Conference)	7th (149)
2006 (Southland Conference)	7th (161)
2007 (Southland Conference)	6th (172)
2008 (Southland Conference)	6th (145)
2009 (Southland Conference)	3rd (86)
2010 (Southland Conference)	3rd (77)
2011 (Southland Conference)	2nd (63)
2012 (Western Athletic Conference)	6th (122)
2013 (Conference USA)	7th (201)
2014 (Conference USA)	7th (177)
2015 (Conference USA)	6th (155)
2016 (Conference USA)	8th (210)
2017 (Conference USA)	7th (185)
2018 (Conference USA)	7th (182)
2019 (Conference USA)	8th (218)
2020 (Conference USA)	9th (231)
2021 (Conference USA)	8th (239)
2022 (Conference USA)	5th (121)
2023 (American Athletic Conference)	10th (272)

## Women's Yearly Results

1991 (Southland Conference)	1st (33)
1992 (Southland Conference)	1st (36)
1993 (Southland Conference)	1st (42)
1994 (Southland Conference)	3rd (60)
1995 (Southland Conference)	1st (34)
1996 (Southland Conference)	1st (21)
1997 (Southland Conference)	4th (94)
1998 (Southland Conference)	8th (185)
1999 (Southland Conference)	2nd (77)
2000 (Southland Conference)	5th (117)
2001 (Southland Conference)	4th (94)
2002 (Southland Conference)	3rd (85)
2003 (Southland Conference)	7th (192)
2004 (Southland Conference)	3rd (98)
2005 (Southland Conference)	5th (101)
2006 (Southland Conference)	5th (139)
2007 (Southland Conference)	8th (207)
2008 (Southland Conference)	5th (152)
2009 (Southland Conference)	4th (115)
2010 (Southland Conference)	5th (139)
2011 (Southland Conference)	2nd (70)
2012 (Western Athletic Conference)	2nd (51)
2013 (Conference USA)	1st (27)
2014 (Conference USA)	7th (168)
2015 (Conference USA)	8th (210)
2016 (Conference USA)	9th (249)
2017 (Conference USA)	9th (232)
2018 (Conference USA)	10th (242)
2019 (Conference USA)	11th (292)
2020 (Conference USA)	12th (309)
2021 (Conference USA)	12th (285)
2022 (Conference USA)	6th (158)
2023 (American Athletic Conference)	12th (292)

## Men's Honor Roll

### Trans America Athletic Conference Individual Champions

1987	Jose Iniguez (25:13/5 miles)
1988	Rene Guillen (25:15/5 miles)
1989	Robert Kramer (25:42/5.2 miles)
1990	Richard Hird (26:07/5 miles)

### Southland Conference Individual Champions

1995	David Hartman (24:47/8,000 meters)
1997	Ryan Taylor (24:31/8,000 meters)

### Trans America Athletic Conference Runner of the Year

1987	Jose Iniguez
1988	Rene Guillen
1989	Robert Kramer
1990	Richard Hird

### Southland Conference Athlete of the Year

1995	David Hartman
1997	Ryan Taylor

### Trans America Athletic Conference Coach of the Year

1986	Shawn Flanagan
1987	Shawn Flanagan
1988	Shawn Flanagan
1989	Shawn Flanagan
1990	Shawn Flanagan

### Southland Conference Coach of the Year

1995	Shawn Flanagan
1996	Shawn Flanagan
1997	David Hartman

## Women's Honor Roll

### Southland Conference Champions

1991	Joanne Kineard (17:44/3 miles)
1992	Liza Hunter (17:25/3 miles)
1996	Stacy Poole (17:43/5,000 meters)
2008	Dana Mecke (21:39/6,000 meters)

### Southland Conference Athlete of the Year

1991	Joanne Kineard
1992	Liza Hunter
1996	Stacy Poole
2008	Dana Mecke

### Southland Conference Freshman of the Year

2011	Carly Kitts
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### Southland Conference Newcomer of the Year

2009	Pernilla Savestrand
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### Southland Conference Coach of the Year

1991	Shawn Flanagan
1992	Shawn Flanagan
1993	Shawn Flanagan
1995	Shawn Flanagan
1996	Shawn Flanagan

### Conference USA Coach of the Year

2013	Scott Slade
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# Men's Indoor Record Book



Key: a = altitude, b = banked track, o = oversized track

## 55 meters

6.23 a \_\_\_\_\_ Teddy Williams \_\_\_\_\_ Texas Tech Invitational (1/23/10)  
 6.35 a \_\_\_\_\_ Chris Dean \_\_\_\_\_ Red Raider Invitational (1/25/03)  
 6.36 \_\_\_\_\_ Cedric Harris \_\_\_\_\_ Houston Opener (1/15/05)  
 6.39 a \_\_\_\_\_ Carl Johnson \_\_\_\_\_ Red Raider Invitational (1/25/03)  
 6.40 a \_\_\_\_\_ Edmund Yeboah \_\_\_\_\_ Texas Tech Invitational (1/23/10)

## 60 meters

6.59 \_\_\_\_\_ Teddy Williams \_\_\_\_\_ NCAA Championships (3/13/09)  
 6.65 b \_\_\_\_\_ Dennis Phillips \_\_\_\_\_ Charlie Thomas Invitational (2/3/24)  
 6.75 \_\_\_\_\_ Brice Chabot \_\_\_\_\_ Conference USA Championships (2/18/23)  
 6.76 a \_\_\_\_\_ Trevion McCalla \_\_\_\_\_ Dr. MLK Jr. Invitational (1/21/23)  
 6.76 \_\_\_\_\_ Cedric Harris \_\_\_\_\_ Southland Championships (2/16/07)  
 6.76 \_\_\_\_\_ Diego Pettorossi \_\_\_\_\_ Conference USA Championships (2/19/22)

## 200 meters

21.04 b \_\_\_\_\_ Diego Pettorossi \_\_\_\_\_ Conference USA Championships (2/20/22)  
 21.09 b \_\_\_\_\_ Mike Roth \_\_\_\_\_ Conference USA Championships (2/19/23)  
 21.10 a b \_\_\_\_\_ Dennis Phillips \_\_\_\_\_ Dr. MLK Jr. Invitational (1/21/23)  
 21.18 b \_\_\_\_\_ Brice Chabot \_\_\_\_\_ Conference USA Championships (2/18/23)  
 21.23 a b \_\_\_\_\_ Nate Brunette \_\_\_\_\_ WAC Championships (2/22/13)

## 400 meters

46.42 b \_\_\_\_\_ Mike Roth \_\_\_\_\_ Conference USA Championships (2/19/23)  
 46.86 b \_\_\_\_\_ Vasha Sheriff \_\_\_\_\_ Conference USA Championships (2/19/17)  
 47.09 \_\_\_\_\_ Leonard Byrd \_\_\_\_\_ 1997  
 47.28 o \_\_\_\_\_ Gaston Griffin \_\_\_\_\_ NAU Team Challenge (1/26/07)  
 47.35 \_\_\_\_\_ Desmond Jefferson \_\_\_\_\_ Conference USA Championships (2/17/18)

## 800 meters

1:48.72 o \_\_\_\_\_ Larry Brooks \_\_\_\_\_ Iowa State Qualifier (3/3/07)  
 1:50.72 \_\_\_\_\_ Luca Chatham \_\_\_\_\_ Charlie Thomas Invitational (2/3/18)  
 1:51.56 \_\_\_\_\_ Sean Goetsch \_\_\_\_\_ 1995  
 1:52.09 b \_\_\_\_\_ Mthobisi Baloyi \_\_\_\_\_ New Balance Invitational (2/4/06)  
 1:52.50 a b \_\_\_\_\_ Bryan Ugochukwu \_\_\_\_\_ Cherry & Silver Invitational (1/24/09)

## Mile

4:03.84 \_\_\_\_\_ Roger Soler \_\_\_\_\_ 1983  
 4:05.96 \_\_\_\_\_ Dusan Makevic \_\_\_\_\_ Howie Ryan Invitational (2/12/16)  
 4:10.09 b \_\_\_\_\_ Luca Chatham \_\_\_\_\_ Conference USA Championships (2/17/19)  
 4:10.99 b \_\_\_\_\_ Mike Medrano \_\_\_\_\_ Conference USA Championships (3/1/14)  
 4:11.82 b \_\_\_\_\_ Monty Bertschy \_\_\_\_\_ Conference USA Championships (2/17/19)

## 3,000 meters

8:08.35 b \_\_\_\_\_ Dusan Makevic \_\_\_\_\_ Charlie Thomas Invitational (2/6/16)  
 8:10.09 \_\_\_\_\_ Roger Soler \_\_\_\_\_ 1985  
 8:22.21 b \_\_\_\_\_ Cole Reveal \_\_\_\_\_ New Balance Invitational (2/5/11)  
 8:26.75 \_\_\_\_\_ Albert Cardenas \_\_\_\_\_ Houston Invitational/Multis (1/28/12)  
 8:27.50 b \_\_\_\_\_ Caden Cunningham \_\_\_\_\_ Robert Platt Invitational (1/26/24)

## 5,000 meters

14:01.36 b \_\_\_\_\_ Dusan Makevic \_\_\_\_\_ John Thomas Terriers Classic (1/30/16)  
 14:36.00 \_\_\_\_\_ David Hartman \_\_\_\_\_ 1995  
 14:52.63 \_\_\_\_\_ Albert Cardenas \_\_\_\_\_ Leonard Hilton Memorial (1/13/12)  
 14:53.36 \_\_\_\_\_ Layne Nixon \_\_\_\_\_ Southland Championships (2/20/09)  
 14:54.79 \_\_\_\_\_ Alex Cruz \_\_\_\_\_ Armory Invitational (2/3/17)

## 55-meter hurdles

7.32 \_\_\_\_\_ Carl Campbell \_\_\_\_\_ 1985  
 7.37 a \_\_\_\_\_ Carl Johnson \_\_\_\_\_ Red Raider Invitational (2/7/03)  
 7.47 \_\_\_\_\_ Will Vese \_\_\_\_\_ Houston Opener (1/15/06)  
 7.62 a \_\_\_\_\_ Willie Saunders \_\_\_\_\_ Red Raider Invitational (2/7/03)  
 7.76 a \_\_\_\_\_ Marques Mitchell \_\_\_\_\_ Wes Kittley All-Comers (1/21/05)

## 60-meter hurdles

7.77 \_\_\_\_\_ Bashiru Abdullahi \_\_\_\_\_ 2x, last at Scarlet Knights Open (2/4/23)  
 7.81 \_\_\_\_\_ Carl Johnson \_\_\_\_\_ Southland Championships (2/22/03)  
 7.81 \_\_\_\_\_ Patrick Prince \_\_\_\_\_ Fastrack Last Chance Invitational (2/25/17)  
 7.82 \_\_\_\_\_ Will Vese \_\_\_\_\_ Iowa State Qualifier (3/7/09)  
 7.89 \_\_\_\_\_ Keyunta Hayes \_\_\_\_\_ Southland Championships (2/25/12)

## 1,600-meter relay (4x400m)

3:11.22 \_\_\_\_\_ Pirog, Sheriff, Taylor, Jefferson \_\_\_\_\_ C- USA Championships (2/18/18)  
 3:11.43 b \_\_\_\_\_ Phillips, Rhodes, Breault, Kouyoumdjian \_\_\_\_\_ Charlie Thomas Invite (2/3/24)  
 3:11.68 a b \_\_\_\_\_ Brunette, Wyrick, Smith, Hall \_\_\_\_\_ WAC Championships (2/23/13)  
 3:11.78 b \_\_\_\_\_ Sheriff, Harris, Hollis, Shelvin \_\_\_\_\_ John Thomas Terriers Classic (1/30/16)  
 3:11.97 b \_\_\_\_\_ Pirog, Sheriff, Jefferson, Rosales \_\_\_\_\_ Texas A&M Aggies Invite (1/21/17)

## Distance medley relay

9:49.90 b \_\_\_\_\_ Reveal, Jamerson, Hand, Cardenas \_\_\_\_\_ New Balance Invite (2/3/12)  
 9:59.25 b \_\_\_\_\_ Medrano, Shelvin, Hand, Collier \_\_\_\_\_ C-USA Championships (2/28/14)  
 9:59.76 b \_\_\_\_\_ Cardenas, Cole, Jamerson, Medrano \_\_\_\_\_ New Balance Invite (2/4/11)  
 10:02.82 b \_\_\_\_\_ Collier, Jones, Hand, Medrano \_\_\_\_\_ Armory Collegiate Invite (2/11/13)  
 10:03.33 \_\_\_\_\_ Snodgrass, Edwards, Goetsch, Taylor \_\_\_\_\_ SLC Championships (2/14/97)

## High jump

2.22m \_\_\_\_\_ Keith Benford \_\_\_\_\_ Southland Championships (2/24/12)  
 2.17m \_\_\_\_\_ Ty Anderson \_\_\_\_\_ Conference USA Championships (2/24/16)  
 2.16m \_\_\_\_\_ P.J.McGowen \_\_\_\_\_ Southland Championships (2/22/08)  
 2.16m \_\_\_\_\_ Kerry Thompson \_\_\_\_\_ Armory Collegiate Invitational (2/2/13)  
 2.16m \_\_\_\_\_ Justin Youngblood \_\_\_\_\_ 2001

## Pole vault

5.23m \_\_\_\_\_ Taylor Reed \_\_\_\_\_ WAC Championships (2/23/13)  
 5.10m \_\_\_\_\_ Gary Haasbroek \_\_\_\_\_ Houston Invitational (1/26/19)  
 5.00m \_\_\_\_\_ Kyle Kaase \_\_\_\_\_ Houston Invitational/Multis (1/29/11)  
 4.98m \_\_\_\_\_ Barrett Brock \_\_\_\_\_ WAC Championships (2/23/13)  
 4.90m \_\_\_\_\_ Greg Gabrisch \_\_\_\_\_ Cherry & Silver Invitational (1/24/09)

## Long jump

7.65m \_\_\_\_\_ Gary Haasbroek \_\_\_\_\_ Houston Invitational (1/25/19)  
 7.64m \_\_\_\_\_ Christiaan Le Roux \_\_\_\_\_ Conference USA Championships (2/18/23)  
 7.63m \_\_\_\_\_ Jemuel Miller \_\_\_\_\_ Scarlet Knights Open (2/3/23)  
 7.63m \_\_\_\_\_ Tyler Williamson \_\_\_\_\_ New Balance Invitational (2/3/12)  
 7.60m \_\_\_\_\_ Sam Healy \_\_\_\_\_ Houston G5 & Super 22 Invitational (1/28/22)

## Triple jump

16.17m \_\_\_\_\_ Jemuel Miller \_\_\_\_\_ NCAA Championships (3/12/22)  
 15.99m \_\_\_\_\_ Devon Bond \_\_\_\_\_ New Balance Invitational (2/6/10)  
 15.89m \_\_\_\_\_ Gabriel Binion \_\_\_\_\_ Charlie Thomas Invitational (2/3/24)  
 15.71m \_\_\_\_\_ Andre Douglas \_\_\_\_\_ Houston G5-Super 22 Invitational (1/31/20)  
 15.56m \_\_\_\_\_ Ronson Small \_\_\_\_\_ WAC Championships (2/23/13)

## Shot put

20.05m \_\_\_\_\_ Richard Garrett Jr. \_\_\_\_\_ WAC Championships (2/22/13)  
 18.21m \_\_\_\_\_ Andrew Akens \_\_\_\_\_ Conference USA Championships (2/28/14)  
 17.70m \_\_\_\_\_ Kelsey Benoit \_\_\_\_\_ Conference USA Championships (2/26/15)  
 17.57m \_\_\_\_\_ Gabe Vargas \_\_\_\_\_ John Thomas Terriers Classic (1/30/16)  
 17.25m \_\_\_\_\_ Jason Reynosa \_\_\_\_\_ Baton Rouge (3/1/02)

## Weight throw

20.29 \_\_\_\_\_ Michael Campbell \_\_\_\_\_ Charlie Thomas Invitational (2/3/24)  
 19.63m \_\_\_\_\_ Victor Perez \_\_\_\_\_ Armory Invitational (2/4/17)  
 19.63m \_\_\_\_\_ Vincent Perez \_\_\_\_\_ Conference USA Championships (2/16/19)  
 19.44m \_\_\_\_\_ Phil Steinert \_\_\_\_\_ Texas Tech Invitational (1/20/12)  
 19.29m \_\_\_\_\_ Michael Campbell \_\_\_\_\_ Conference USA Championships (2/18/23)

## Heptathlon

5,949 \_\_\_\_\_ Gary Haasbroek \_\_\_\_\_ Houston Invitational (1/25-26/19)  
 5,794 \_\_\_\_\_ Jack Turner \_\_\_\_\_ Conference USA Championships (2/18-19/23)  
 5,519 \_\_\_\_\_ Brandon Buteaux \_\_\_\_\_ NCAA Championships (3/11-12/05)  
 5,512 \_\_\_\_\_ Justin Youngblood \_\_\_\_\_ NCAA Championships (3/12-13/04)  
 5,480 \_\_\_\_\_ Joel McFarlane \_\_\_\_\_ Conference USA Championships (2/19-20/22)



# Women's Indoor Record Book



Key: a = altitude, b = banked track, o = oversized track

## 55 meters

6.76 \_\_\_\_\_ Teresa Neighbors \_\_\_\_\_ NCAA Championships (3/10/91)  
 6.89 \_\_\_\_\_ Tameka Roberts \_\_\_\_\_ Southland Championships (2/27/98)  
 6.97 a \_\_\_\_\_ Jhorden Hunter \_\_\_\_\_ Texas Tech Invitational (1/22/11)  
 7.02 \_\_\_\_\_ Rosalind Holmes \_\_\_\_\_ Houston Opener (1/15/05)  
 7.07 \_\_\_\_\_ Morgan Moszee \_\_\_\_\_ Houston Opener (1/15/05)

## 60 meters

7.41 a \_\_\_\_\_ Thennelle Williams \_\_\_\_\_ Lumberjack Team Challenge (1/19/24)  
 7.43 \_\_\_\_\_ Syd Howells \_\_\_\_\_ Conference USA Championships (2/19/17)  
 7.45 \_\_\_\_\_ Rosalind Holmes \_\_\_\_\_ Southland Championships (2/19/05)  
 7.48 a \_\_\_\_\_ Lauren Roy \_\_\_\_\_ Dr. MLK Jr. Invitational (1/21/23)  
 7.49 \_\_\_\_\_ Kiah Dubarry-Gay \_\_\_\_\_ Charlie Thomas Invitational (2/3/24)

## 200 meters

23.26 \_\_\_\_\_ Tameka Roberts \_\_\_\_\_ NCAA Championships (1998)  
 23.75 o \_\_\_\_\_ Rosalind Holmes \_\_\_\_\_ Wes Kittley Six-Way (1/23/05)  
 24.00 b \_\_\_\_\_ Lauren Roy \_\_\_\_\_ Conference USA Championships (2/19/23)  
 24.41 \_\_\_\_\_ Olivia Esemena \_\_\_\_\_ Conference USA Championships (2/23/20)  
 24.44 \_\_\_\_\_ Lauren Roy \_\_\_\_\_ Charlie Thomas Invitational (2/3/24)

## 400 meters

54.28 b \_\_\_\_\_ Paige Patterson \_\_\_\_\_ Conference USA Championships (2/19/17)  
 54.66 b \_\_\_\_\_ Jennifer Arinze \_\_\_\_\_ Conference USA Championships (2/19/17)  
 54.86 \_\_\_\_\_ Portia Matthews \_\_\_\_\_ 1993  
 55.06 b \_\_\_\_\_ Marie Duvigneau \_\_\_\_\_ Conference USA Championships (2/20/22)  
 55.29 b \_\_\_\_\_ Chelsea Taylor \_\_\_\_\_ Conference USA Championships (2/18/17)

## 800 meters

2:06.05 b \_\_\_\_\_ Katie Poindexter \_\_\_\_\_ Tyson Invitational (2/15/03)  
 2:09.25 o \_\_\_\_\_ Dana Mecke \_\_\_\_\_ Iowa State Qualifier (3/7/09)  
 2:09.35 a b \_\_\_\_\_ Grace Williamson \_\_\_\_\_ WAC Championships (2/23/13)  
 2:10.26 b \_\_\_\_\_ Stephanie Wangui \_\_\_\_\_ Conference USA Championships (2/26/15)  
 2:11.08 a o \_\_\_\_\_ Cindy Dunagin \_\_\_\_\_ Texas Tech Invitational (2/24/90)

## Mile

4:49.82 b \_\_\_\_\_ Dana Mecke \_\_\_\_\_ New Balance Invitational (2/6/10)  
 4:50.73 \_\_\_\_\_ Katie Poindexter \_\_\_\_\_ Southland Championships (2/22/03)  
 4:51.00 \_\_\_\_\_ Jody Dunston \_\_\_\_\_ NCAA Championships (3/10/89)  
 4:52.02 \_\_\_\_\_ Leticia Cerna \_\_\_\_\_ Southland Championships (2/21/04)  
 4:52.84 b \_\_\_\_\_ Abby Balli \_\_\_\_\_ Conference USA Championships (2/20/22)

## 3,000 meters

9:05.98 \_\_\_\_\_ Jody Dunston \_\_\_\_\_ NCAA Championships (3/10/89)  
 9:43.22 b \_\_\_\_\_ Isabel Balbontin \_\_\_\_\_ Conference USA Championships (3/1/14)  
 9:45.53 b \_\_\_\_\_ Maddie Boswell \_\_\_\_\_ Charlie Thomas Invitational (2/5/22)  
 9:46.72 b \_\_\_\_\_ Alyssa Diaz \_\_\_\_\_ Armory Collegiate Invitational (2/8/14)  
 9:51.42 b \_\_\_\_\_ Abby Balli \_\_\_\_\_ Charlie Thomas Invitational (2/5/22)

## 5,000 meters

16:52.58 b \_\_\_\_\_ Maddie Boswell \_\_\_\_\_ Conference USA Championships (2/19/22)  
 16:55.14 b \_\_\_\_\_ Isabel Balbontin \_\_\_\_\_ Conference USA Championships (2/28/14)  
 17:07.32 b \_\_\_\_\_ Alyssa Diaz \_\_\_\_\_ Texas A&M 10-Team Invitational (1/17/14)  
 17:17.76 \_\_\_\_\_ Kayla Pratt \_\_\_\_\_ Southland Championships (2/27/10)  
 17:22.31 b \_\_\_\_\_ Samantha Fish \_\_\_\_\_ Conference USA Championships (2/28/14)

## 55-meter hurdles

8.04 a \_\_\_\_\_ Lyndsey Sidney \_\_\_\_\_ Wes Kittley Six-Way (1/22/05)  
 8.06 a \_\_\_\_\_ Ryanne Dupree \_\_\_\_\_ Wes Kittley Six-Way (1/22/05)  
 8.07 \_\_\_\_\_ Shelia Ballado \_\_\_\_\_ 1993  
 8.09 a \_\_\_\_\_ Jessica Jones \_\_\_\_\_ Texas Tech Invitational (1/23/10)  
 8.13 a \_\_\_\_\_ Rhonda Ray \_\_\_\_\_ Red Raider Open (1/25/03)

## 60-meter hurdles

8.44 a \_\_\_\_\_ Ryanne Dupree \_\_\_\_\_ New Mexico Invitational (1/27/06)  
 8.48 \_\_\_\_\_ Jessica Jones \_\_\_\_\_ Southland Championships (2/27/10)  
 8.50 \_\_\_\_\_ Jamiah Jackson \_\_\_\_\_ Houston Invitational (1/25/19)  
 8.51 \_\_\_\_\_ Ayumi Kobayashi \_\_\_\_\_ Charlie Thomas Invitational (2/3/24)  
 8.53 \_\_\_\_\_ Victoria Rausch \_\_\_\_\_ Howie Ryan Invitational (2/9/18)

## 1,600-meter relay (4x400m)

3:40.69 b \_\_\_\_\_ Taylor, Arinze, Andres, Patterson \_\_\_\_\_ C-USA Championships (2/19/17)  
 3:41.93 b \_\_\_\_\_ Arinze, Clark, Swift, Patterson \_\_\_\_\_ C-USA Championships (2/25/16)  
 3:43.52 \_\_\_\_\_ Gibson, Arinze, Andres, Jackson \_\_\_\_\_ C-USA Championships (2/18/18)  
 3:43.70 o \_\_\_\_\_ Smith, Dupree, Sidney, Holmes \_\_\_\_\_ Wes Kittley Six-Way (1/22/05)  
 3:43.72 b \_\_\_\_\_ Arinze, Swift, Clark, Patterson \_\_\_\_\_ Charlie Thomas Invite (2/6/16)

## Distance medley relay

11:39.14 b \_\_\_\_\_ Herrera, Onwuchekwa, Wangui, Perez \_\_\_\_\_ Armory Collegiate Inv. (2/7/14)  
 11:39.86 b \_\_\_\_\_ Herrera, Onwuchekwa, Wangui, Perez \_\_\_\_\_ C-USA Champ. (2/28/14)  
 11:41.25 b \_\_\_\_\_ Herrera, Williamson, Wangui, Diaz \_\_\_\_\_ Armory Collegiate Inv. (2/1/13)  
 11:48.95 b \_\_\_\_\_ Kohler, Swift, Wangui, Perez \_\_\_\_\_ C-USA Championships (2/26/15)  
 11:49.57 \_\_\_\_\_ Chance, Wright, Gilkes, Cerna \_\_\_\_\_ Southland Championships (2/20/04)

## High jump

1.79m \_\_\_\_\_ Whitney Flannel \_\_\_\_\_ Conference USA Championships (2/26/15)  
 1.76m \_\_\_\_\_ Lynse Leal \_\_\_\_\_ 1995  
 1.75m \_\_\_\_\_ Chenale Smith \_\_\_\_\_ Southland Championships (2/24/12)  
 1.73m \_\_\_\_\_ Ryanne Dupree \_\_\_\_\_ Zia Classic (1/26/06)  
 1.73m \_\_\_\_\_ Sigrid Kleive \_\_\_\_\_ Conference USA Championships (2/22/20)  
 1.73m \_\_\_\_\_ Edlin Laur \_\_\_\_\_ Charlie Thomas Invitational (2/3/24)

## Pole vault

3.93m \_\_\_\_\_ Lindsey Pew \_\_\_\_\_ Texas A&M 10-Team Invitational (1/18/14)  
 3.86m \_\_\_\_\_ Caroline Bellows \_\_\_\_\_ Conference USA Championships (2/17/19)  
 3.75m \_\_\_\_\_ April Benavidez \_\_\_\_\_ Southland Championships (2/26/11)  
 3.59m \_\_\_\_\_ Alexandria Gray \_\_\_\_\_ Ted Nelson Invitational (1/12/19)  
 3.56m \_\_\_\_\_ Natasha Purchas \_\_\_\_\_ Conference USA Championships (2/23/20)

## Long jump

6.47m a \_\_\_\_\_ Ida Breigan \_\_\_\_\_ Lumberjack Team Challenge (1/19/24)  
 6.46m \_\_\_\_\_ Oreoluwa Adamson \_\_\_\_\_ Conference USA Championships (2/18/23)  
 6.42m \_\_\_\_\_ Ingeborg Gruenwald \_\_\_\_\_ Conference USA Championships (2/19/22)  
 6.21m a \_\_\_\_\_ Mia Lien \_\_\_\_\_ Lumberjack Team Challenge (1/19/24)  
 6.20m \_\_\_\_\_ Morgan Moszee \_\_\_\_\_ Southland Championships (2/17/06)

## Triple jump

13.37m \_\_\_\_\_ Danielle Spence \_\_\_\_\_ Conference USA Championships (2/16/19)  
 12.80m \_\_\_\_\_ Oreoluwa Adamson \_\_\_\_\_ Conference USA Championships (2/19/23)  
 12.67m \_\_\_\_\_ Portia Matthews \_\_\_\_\_ 1992  
 12.64m \_\_\_\_\_ Eboni Johnson \_\_\_\_\_ WAC Championships (2/23/13)  
 12.57m \_\_\_\_\_ Elesha Alyn \_\_\_\_\_ Conference USA Championships (2/19/17)

## Shot put

16.12m \_\_\_\_\_ Maia Campbell \_\_\_\_\_ Conference USA Championships (2/23/20)  
 15.33m \_\_\_\_\_ Amaya King \_\_\_\_\_ Conference USA Championships (2/19/23)  
 15.01m \_\_\_\_\_ N'Dia Warren-Jacques \_\_\_\_\_ Conference USA Championships (2/19/17)  
 14.86m \_\_\_\_\_ Lacey Barnes \_\_\_\_\_ Conference USA Championships (2/20/22)  
 14.61m \_\_\_\_\_ Zaquita McClanahan \_\_\_\_\_ WAC Championships (2/23/13)

## Weight throw

19.07m \_\_\_\_\_ Shalise Borden \_\_\_\_\_ Conference USA Championships (2/18/17)  
 19.00m \_\_\_\_\_ Katie Bragg \_\_\_\_\_ WAC Championships (2/22/13)  
 18.68m \_\_\_\_\_ Maia Campbell \_\_\_\_\_ Conference USA Championships (2/22/20)  
 18.64m \_\_\_\_\_ Acacia Astwood \_\_\_\_\_ Conference USA Championships (2/19/22)  
 18.34m \_\_\_\_\_ Isabella Simonelli \_\_\_\_\_ Robert Platt Invitational (1/26/24)

## Pentathlon

4,193 \_\_\_\_\_ Ryanne Dupree \_\_\_\_\_ NCAA Championships (3/11/06)  
 3,769 \_\_\_\_\_ Rhonda Ray \_\_\_\_\_ Southland Championships (2/21/03)  
 3,722 \_\_\_\_\_ Gabriella Torres \_\_\_\_\_ Conference USA Championships (2/16/19)  
 3,630 \_\_\_\_\_ Ashley Allen \_\_\_\_\_ Southland Championships (2/16/07)  
 3,550 \_\_\_\_\_ Sigrid Kleive \_\_\_\_\_ Houston G5-Super 22 Invitational (1/31/20)  
 3,550 \_\_\_\_\_ Maren Wilms \_\_\_\_\_ Houston G5-Super 22 Invitational (1/31/20)



# Men's Outdoor Record Book



Key: a = altitude, w = wind aided

100 meters		
9.90 w	Teddy Williams	2009
10.30	Francis Ngapout	2001
10.31	Steven Brown	2008
10.32	Dennis Phillips	2023
10.35 w	Nate Brunette	2011

200 meters		
20.44	Brice Chabot	2023
20.56 w	Dionte Robinson	2015
20.60 w	Teddy Williams	2008
20.61	Diego Pettorossi	2022
20.67 w	Steven Brown	2008

400 meters		
44.88	Leonard Byrd	1996
45.66	Christopher Hall	2015
45.72	Vasha Sheriff	2017
45.95	Mike Roth	2023
46.73	Keyunta Hayes	2012

800 meters		
1:48.38	Luca Chatham	2019
1:48.44	Larry Brooks	2007
1:48.68	Sean Goetsch	1995
1:50.32	Chrisshun Jamerson	2011
1:50.51	Canel Cole	2011

1,500 meters		
3:44.25	Roger Soler	1983
3:45.10	Rick Schummer	1990
3:45.84	Mike Medrano	2015
3:47.34	Axel Wehmeier	1988
3:48.70	Alfie Morgan	1987

5,000 meters		
13:55.1	Roger Soler	1985
13:56.4	David Hartman	1995
14:08.3	Axel Wehmeier	1988
14:09.6	Steve Barlow	1986
14:19.5	Jose Iniquez	1989

10,000 meters		
29:39.3	Rene Guillen	1988
29:45.5	Steve Barlow	1986
29:48.2	Jose Iniquez	1989
29:56.4	Robert Kramer	1990
29:57.4	David Hartman	1995

110-meter hurdles		
13.52	Bashiru Abdullahi	2022
13.67 w	Keyunta Hayes	2012
13.75	Patrick Prince	2018
13.81 w	Will Vese	2008
13.84	Carl Johnson	2004

400-meter hurdles		
49.38	Keyunta Hayes	2012
50.19	Jok Tan Byerly	1998
50.21	Jurmarcus Shelvin	2016
50.56	Randy Bermea	2016
50.64	Joshua Smith	2013

3,000-meter steeplechase		
8:43.22	Steve Barlow	1986
8:52.86	Dusan Makevic	2016
9:00.58	Benson Cheserek	2006
9:02.12	Ryan Taylor	1997
9:08.56	Paul Perrone	1991

400-meter relay (4x100m)		
39.34	Phillips, Pettorossi, McCalla, Garcia	2022
39.49	Masters, Chabot, McCalla, Phillips	2023
39.59	Hebert, Williams, Matthews, Brunette	2010
39.75	Ma, Chabot, McCalla, Phillips	2023
39.84	Vese, Williams, Harris, S.Brown	2008

1,600-meter relay (4x400m)		
3:06.69	Crocker, Jefferson, Taylor, Sheriff	2018
3:07.44 a	Shelvin, Robinson, Hayes, Hall	2015
3:07.44	Goble, Rowland, Dean, Youngblood	2001
3:07.79	Smith, Hayes, Shelvin, Hall	2014
3:08.00	Shelvin, Robinson, Hayes, Hall	2015

High jump		
2.18m	Keith Benford	2011
2.18m	Ty Anderson	2018
2.15m	P.J. McGowen	2008
2.15m	Steve Ortiz	2002
2.15m	Kerry Thompson	2012
2.15m	Justin Youngblood	2002

Pole vault		
5.31m	Taylor Reed	2014
5.15m	Kyle Tomasini	2012
5.06m	Gary Haasbroek	2019
5.01m	Barrett Brock	2015
5.00m	Kyle Kaase	2010

Long jump		
7.91m	Adrian Riley	2018
7.85m w	Roscoe Robinson	2013
7.84m w	Tyler Williamson	2012
7.79m w	Steven Brown	2006
7.79m	Jack Turner	2023

Triple jump		
16.20m w	Devon Bond	2010
16.08m	Jemuel Miller	2023
15.84m w	Grant Szalek	2021
15.55m	Dylan James	2023
15.49m	Andre Douglas	2019

Shot put		
20.14m	Richard Garrett Jr.	2014
18.68m	Andrew Akens	2014
17.71m	Kelsey Benoit	2016
17.63m	Michael Campbell	2023
17.44	Jabari Bennett	2023

Discus		
57.44m	Richard Garrett Jr.	2014
54.03m	Ole Gran	1986
52.92m	Jared Tyler	2014
52.80m	Phil Steinert	2014
52.43m	Levi Jordan	2016

Hammer		
62.87m	Victor Perez	2017
62.08m	Phil Steinert	2014
61.90m	Richard Garrett Jr.	2014
59.65m	Vincent Perez	2019
56.60m	Luke Johnson	2007

Javelin		
63.69m	Joseph Burton	2006
63.35m	Ben Martinez	2003
59.71m	Tommy Wolfe	2009
59.49m	Kyle Kaase	2011
57.59m	Jacob McDonald	2008

Decathlon		
8,011	Jack Turner	2023
7,661	Joel McFarlane	2023
7,642	Justin Youngblood	2002
7,576	Adrian Riley	2018
7,395	Tommy Wolfe	2008
7,395	Gary Haasbroek	2019



# Women's Outdoor Record Book



Key: a = altitude, w = wind aided

<b>100 meters</b>		
11.25	Tameka Roberts	1997
11.31	Teresa Neighbors	1989
11.47 w	Jhorden Hunter	2012
11.48 w	Olivia Esemena	2019
11.53	Rosalind Holmes	2005
11.53	Thennelle Williams	2022

<b>200 meters</b>		
22.94	Tameka Roberts	1996
23.38	Rosalind Holmes	2005
23.54	Lauren Roy	2023
23.56	Thennelle Williams	2023
23.60	Teresa Neighbors	1989

<b>400 meters</b>		
54.10	Andrea Johnson	2002
54.14	Krista Pink	1986
54.17	Kisha Guyden	1994
54.19	Alanah Yukich	2023
54.20	Paige Patterson	2016

<b>800 meters</b>		
2:05.00	Katie Poindexter	2002
2:07.44	Dana Mecke	2010
2:08.06	Cindy Dunagin	1990
2:08.21	Letitia Gilkes	2003
2:08.44	Stephanie Wangui	2015

<b>1,500 meters</b>		
4:24.33	Dana Mecke	2012
4:25.15	Nina Herrera	2014
4:26.71	Emily Perez	2014
4:27.61	Paula Wiese	1987
4:27.64	Janice Reina	1987

<b>5,000 meters</b>		
15:57.1	Jody Dunston	1989
16:42.99	Maddie Boswell	2022
16:49.7	Liza Hunter	1992
16:51.1	Melanie Hennis	1985
16:53.8	Joanne Kineard	1992

<b>10,000 meters</b>		
32:47.9	Jody Dunston	1989
34:09.9	Joanne Kineard	1991
34:25.5	Melanie Hennis	1985
34:31.11	Maddie Boswell	2022
34:47.4	Liza Hunter	1991

<b>100-meter hurdles</b>		
13.23	Ryanne Dupree	2007
13.36	Tiffany Talbert	2000
13.51	Jessica Jones	2010
13.64	Rhonda Ray	2001
13.65	Alanah Yukich	2023

<b>400-meter hurdles</b>		
56.89	Faith Roberson	2021
57.00	Alanah Yukich	2021
59.76	Valicia Henderson	1992
59.79	Lyndsey Sidney	2005
1:00.03	Sheila Ballado	1993

<b>3,000-meter steeplechase</b>		
10:47.54	Leticia Cerna	2004
10:51.02	Samantha Fish	2013
11:08.39	Jessica Bitterly	2013
11:08.94	Grace Kohler	2015
11:16.17	Madi Henry	2023

<b>400-meter relay (4x100m)</b>		
44.81	Ehiemua, Okonkwo, Wynn, Hunter	2012
45.29	Ibiso David-West, Williams, Barron, Roy)	2023
45.31	Lezama, Matthews, Williams, Roberts	1995
45.39	Moszee, Dupree, Sidney, Holmes	2005
45.44	Henderson, Arinze, Esemena, Jackson	2018

<b>1,600-meter relay (4x400m)</b>		
3:34.05	King, Booker, Addison, Matthews	1992
3:38.18	Arinze, Andres, Patterson, Clark	2016
3:38.68 a	Swift, Patterson, Taylor, Arinze	2015
3:38.95	Swift, Patterson, Taylor, Arinze	2015
3:39.01	Arinze, Swift, Clark, Patterson	2016

<b>High jump</b>		
1.81m	Whitney Flannel	2015
1.81m	Lynse Leal	1996
1.79m	Janet Booker	1994
1.76m	Rhonda Jalufka	1989
1.76m	Sigrid Kleive	2021, 2023
1.76m	Sharon Lewis	1988

<b>Pole vault</b>		
4.12m	Lindsey Pew	2014
3.88m	Caroline Bellows	2019
3.80m	April Benavidez	2012
3.50m	Brooke Townzen	2010
3.40m	Lindsey Nguyen	2009

<b>Long jump</b>		
6.66m	Tameka Roberts	1994
6.37m	Ingeborg Gruenwald	2022
6.31m	Kristin Gran	1984
6.29m	Oreoluwa Adamson	2023
6.21m	Morgan Moszee	2005

<b>Triple jump</b>		
13.42m	Danielle Spence	2019
12.98m	Kristin Gran	1984
12.89m	Starlite Williams	1985
12.87m	Ernestine Cray	2013
12.73m	Portia Matthews	1992

<b>Shot put</b>		
17.33m	Maia Campbell	2021
15.53m	Lacee Barnes	2022
15.39m	Zaquita McClanahan	2013
15.36m	Zoe Shanklin	2022
15.19m	Kim Bush	1994

<b>Discus</b>		
51.67m	Lacee Barnes	2022
50.12m	Mia Hicks	2018
47.54m	Maia Campbell	2021
47.51m	Edie Christian	2003
47.46m	Cara Cooper	2000

<b>Hammer</b>		
59.39m	Acacia Astwood	2023
57.86m	Katie Bragg	2012
56.29m	Isabella Simonelli	2023
54.69m	Maia Campbell	2019
52.68m	Mia Hicks	2018

<b>Javelin</b>		
49.19m	Marilis Rimmel	2023
46.58m	Sigrid Kleive	2023
44.87m	Angel Sifuentes	2016
43.50m	Karen Wilkinson	1990
42.87m	Rakel Thigpen	2002

<b>Heptathlon</b>		
5,818	Ryanne Dupree	2007
5,516	Amaya Scott	2021
5,323	Rhonda Ray	2003
5,226	Ashley Allen	2007
5,175	Sigrid Kleive	2023