



5 Things You Do NOT Want to Do ... And a Few You Should! Support for Caregivers: You Don't Have To Do It Alone

Presented by Bill Cohen, a caregiver support group leader and speaker, an Alzheimer's Association and HOPE Dementia Support Groups volunteer, Certified Senior Advisor (CSA)®, and the owner of Cohen Caregiving Support Consultants. He has completed multiple caregiving and aging courses through the Alzheimer's Association and the Society of Certified Senior Advisors®. Bill shares his story and journey with his late mom who battled Alzheimer's, answers specific questions and concerns, and provides advice on how to manage care and behaviors, and how to practice self-care and prevention.



Bill Cohen will cover the following topics, followed by a question & answer support session:

- Caregiving: A Personal Journey with My Mom
- Managing Dementia Care and Behaviors
- Taking Care as a Caregiver
- Support for Caregivers: You Don't Have to Do It Alone
- Turning Lemons into Lemonade (or Limoncello): how a former caregiver turned his personal loss into his passion and encore career
- 5 Things You Do NOT Want to Do ... And a Few You Should!

Please Register by Wednesday, August 24th

Join us for this FREE Educational Webinar

Thursday, August 25th

6:00 - 7:00 p.m.

To Register

571-267-1707

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