



Musical Mending: Springtime Soundscape

Presented by Melanie Edwards, an award-winning singer, songwriter, pianist, violinist and music practitioner. Melanie is certified in Mental Health First Aid USA by the National Council for Community Behavioral Healthcare. She has 28 years of experience as a performing artist and expressive, musical healer with several partner charities and organizations, including National Theatre DC and Smith Center for Healing and the Arts. She recently started a healing arts business providing "Musical Mending" workshops and services to nursing homes, assisted living communities, hospices, hospitals, and many underprivileged communities.



This Musical Mending Workshop uses the artistry of collective songwriting, journaling, music, and sound work to welcome the spring season. The class engages participants by using these mediums as a guide to healing, managing overthinking, and connecting with one another by encouraging communication and expression. Participants will be guided through a series of soundscapes, musical meditation, songwriting, and journaling for renewal and reflection.

Participants are encouraged to bring their favorite springtime poems, artwork, and photos to share!

Join us for this **FREE** Community Event

Tuesday, April 4th

4:00 - 5:00 p.m.

Being Held at:

Great Falls Assisted Living

1121 Reston Ave., Herndon, VA 20170

To RSVP

571-267-1707

TheArtisWay.com/GreatFallsEvents

RSVP by Friday, March 31st