



dhanyaṁ



REGENCY
PALANI
BY GRT HOTELS

891/A7, Udumalaipettai Main Road, Palani,
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Allergen Details

Kindly let the associate know if you are allergic to Molluscs, Egg, Fish, Soya, Milk, Peanut, Gluten, Crustaceans, Nuts, Mustard, Sesame, Celery, Sulphites or any other ingredients

List of Allergens:



Some food preparation may contain Mono Sodium Glutamate. Please inform our associate in case you would like your food prepared without it.

Calories in KCal and Size in Grams per serving. As per the guidelines issued by the Food Safety & Standard Authority of India (FSSAI) an average active adult requires 2000 KCal of energy per day however, the actual calories needed may vary per person.

Vegetarian Non - Vegetarian

Breakfast À la carte

7:30 AM - 10:30 AM

- Idly or Vada** 240
An age-old indulgence
Served with Sambar and Chutney
Idly
KCal : 100 | 100 gm
Vada
KCal : 280 | 100 gm
- Poori with Aloo Bhaji** 240
Every reason to go "mmmmm"
Fried Fluffy Indian Bread. Served with Potato Masala
KCal : 290 | 100 gm 🌾
- Ghee Ven Pongal** 240
A wholesome South Indian staple
Hearty and wholesome rice and moong dal pongal,
tempered with ghee and spices
KCal : 210 | 100 gm 🥛
- Dosa or Uttapam** 240
The Indian pancake, served hot
Served with Sambar and Chutney
Onion
KCal : 150 | 100 gm 🥛
Tomato
KCal : 150 | 100 gm 🥛
Gun Powder
KCal : 150 | 100 gm 🥛
Cheese and Vegetables
KCal : 150 | 100 gm 🥛
- Pancakes** 240
Soft, fluffy and irresistible
Served with Maple Syrup or Honey
KCal : 250 | 100 gm 🌾 🥛 🍯
- French Toast** 240
Melt in the mouth experience
Served with Melted Butter and Honey
KCal : 250 | 100 gm 🌾 🍯 🥛

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Vegetarian Non-Vegetarian



- Fresh Fruit Platter** 240
 A fresh start to the day!
 Assorted Seasonal Fresh Cut Fruits
 KCal : 50 | 100 gm
- Cereals** 240
 Be a cereal eater
 Choice of Flakes - Corn / Choco Pops or Gluten
 Served with Hot or Cold Milk
 KCal : 350 | 100 gm 🌾 🥛
- Two Farm Fresh Eggs to Order** 240
 Healthy and wholesome
 Served with Two Slices of Bread
 KCal : 150 | 100 gm 🥚

LUNCH

12:30 PM - 03:30 PM

MEAL FOR ONE

- Thali Meals Veg** 500
 A flavourful feast
 A Wholesome Vegetarian Meal Bursting with Authentic Indian Flavours
- Thali Meals Non Veg** 600
 Bold, rich and absolutely delicious!
 A Rich Non-Veg Meal Filled with Bold Flavours

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DINNER

07:00 PM - 10:30 PM

FROM OUR SALAD BOWL

- Garden Green Salad** 200
A healthy and hearty beginning to your meal
Fresh Garden Greens, Lightly Dressed
KCal : 25 | 100 gm
- Tossed Green Salad** 220
A garden on your platter
Crispy Lettuce, Onion, Tomato and Cucumber.
Served with Vinaigrette and Creamy Mayo Dressing
KCal : 25 | 100 gm
- Mixed Sprouts Salad** 220
Crunchy and delicious
Protein-Rich Sprout Medley
KCal : 25 | 100 gm
- Hawaiian Salad Veg / Chicken** 220 / 280
A sumptuous salad with Hawaiian flair
Crisp Greens Tossed with Vinaigrette
KCal : 120 / 160 | 100 gm 🥗🍍🐔
- Caesar Salad Veg / Chicken** 220 / 280
Light, Fresh and healthy
Served on a Bed of Crunchy Iceberg Lettuce
KCal : 180 / 220 | 100 gm 🌾🥗🥚🐔
- Chicken Tikka Salad** 300
Grilled protein with greens
Smoky Grilled Chicken on Greens
KCal : 140 | 100 gm 🥗🐔



FROM OUR SOUP POT

Sip on the healthy soup!

- Cream of Tomato / Mushroom / Broccoli 220
 KCal : 75 | 100 gm 🌾 🥛 🍄
- Sweet Corn Veg 220
 KCal : 60 | 100 gm 🌽
- Clear Soup Veg 220
 KCal : 40 | 100 gm
- Hot & Sour Veg 220
 KCal : 70 | 100 gm 🌾 🌿
- ▣ Sweet Corn Chicken 250
 KCal : 85 | 100 gm 🌽 🐔 🥚
- ▣ Clear Soup Chicken 250
 KCal : 40 | 100 gm 🐔
- ▣ Hot & Sour Chicken 250
 KCal : 70 | 100 gm 🌾 🌿 🥚 🐔
- ▣ Cream of Chicken Soup 250
 KCal : 100 | 100 gm 🌾 🥛 🐔
- ▣ Kozhi Milagu Chaaru 250
 KCal : 60 | 100 gm 🐔 🌾

FROM OUR SAUCE PAN

- ▣ Fish 'n' Chips 480
 Golden, crispy, iconic
 Crispy Battered Fish with Chips
 KCal : 230 - 260 | 100 gm 🌾 🐟 🥚
- ▣ Grilled Fish 480
 Fresh fillets with fragrant herbs
 Delicate Grilled Fish with Herbs
 KCal : 150 | 100 gm 🐟 🥛
- ▣ Grilled Chicken Breast 520
 Fresh fillets with fragrant herbs
 Juicy Grilled Chicken Breast Seasoned with Subtle Spices
 KCal : 180 | 100 gm 🥛 🐔
- ▣ Choice of Pasta - Penne / Spaghetti / Macaroni 450 / 560 / 650
 Vegetable / Chicken / Prawn
 Choice of Sauces
 Arrabiata / Alfredo Cheese
 The soul of Italy, reimagined
 Pasta of your Choice Prepared to Perfection
 KCal : 145 / 175 / 160 | 100gm 🥛 🌾 🌿 🐔

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■ Vegetarian ▣ Non - Vegetarian

APPETIZERS

- Paneer Veupudu / Kondatam** 390
Tossed in tradition, fried to perfection
Spicy Pan-Fried Paneer Delicacy
KCal : 320 / 380 | 100 gm 🍷🌾
- Chicken Tender Nuggets** 480
Crispy on the outside, juicy on the inside!
Perfectly Crispy Chicken Tender Nuggets with Bold, Juicy Flavour
KCal : 280 - 310 | 200 gm 🌾🥚🐔
- Chicken Vepudu / Kondatam** 480
A delicious dose of Desi heat
Fiery South Indian Chicken Fry
KCal : 240 / 340 | 100 gm 🌾🥚🐔
- Mutton Chukka** 580
Perfection in every bite
Slow-Cooked Spicy Mutton Roast
KCal : 280 | 100 gm
- Aachi Eral Thokku** 770
Where heritage meets the harvest of the sea
Traditional Spicy Prawn Masala
KCal : 190 | 100 gm 🐞
- Vanjaram Meen Varuval** 520
For the true seafood connoisseur
Crispy South Indian Style Seer Fish
KCal : 220 | 100 gm 🐟

FROM OUR TANDOOR POT

- Malai Paneer Tikka** 400
Savour the delicate taste of the tandoor
Delectable Cottage Cheese Infused with Cardamom Cream
KCal : 220 | 100 gm 🍷🥚🌾
- Veg Seekh Kebab** 390
A masterpiece of minced greens
Garden-Fresh Vegetables Skewered and Char-Grilled to Perfection
KCal : 160 | 100 gm 🥚🌾

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Vegetarian Non-Vegetarian

- Murgh Tikka** 500
 The Tikka that packs a punch
 Succulent Chicken Morsels Marinated in Artisanal Spices
 KCal : 200 | 100 gm
- Tandoori Chicken** 500
 To Make This King of Kebab Truly Magnificent,
 Our Masters Roast the Chicken after Curing It in a Herbal Marinade
 KCal : 230 | 100 gm
- Mutton Seekh Kebab** 600
 Heritage on a skewer
 Spiced Minced Lamb, Flame-Grilled for Smoky Depth
 KCal : 280 | 100 gm

FROM OUR WOK STATION

Succulent, spicy and so good!
 Try our various delicacies in an assortment of sauces - Chinese Style

- Manchurian** 400
 Gobi / Paneer / Babycorn
 KCal : 170 | 100 gm
- Salt & Pepper** 400
 Mushroom / Babycorn
 KCal : 260 | 100 gm
- Chicken** 500
 Chilli / Schezwan / Hot Garlic
 KCal : 180 | 100 gm
- Prawn** 770
 Chilli / Schezwan / Hot Garlic
 KCal : 190 - 230 | 100gm
- Fish** 520
 Chilli / Schezwan / Hot Garlic
 KCal : 180 - 230 | 100 gm

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STAPLES

All-time favorites in 2 famous cooking styles, choose from Schezwan or Shanghai and enjoy!

Choose Your Staples - Fried Rice / Noodles

<input type="checkbox"/>	Prawn KCal : 220 100 gm     	520
<input type="checkbox"/>	Chicken KCal : 230 100 gm    	450
<input type="checkbox"/>	Egg KCal : 230 100 gm   	400
<input type="checkbox"/>	Vegetable KCal : 180 100 gm  	380

FROM OUR INDIAN CURRY POT

<input type="checkbox"/>	Paneer Butter Masala Pure indulgence on a plate Silken Paneer Cubes in a Decadent Tomato-Butter Emulsion KCal : 300 100 gm  	400
<input type="checkbox"/>	Paneer Tikka / Malai / Achari A melt-in-the-mouth smoky masterpiece Tandoor-Charred Cottage Cheese Marinated in Curated Signature Gravies KCal : 310 100 gm  	400
<input type="checkbox"/>	Vegetable Jalfrezi A vibrant vegetable medley Seasonal Harvest Sautéed in Tangy Heritage Spices KCal : 150 100 gm  	400
<input type="checkbox"/>	Mixed Vegetable Masala Aloo / Gobi / Mushroom / Green Peas / Palak / Jeera Boldly spiced and beautifully balanced A melange of Garden Vegetables in Robust Masala KCal : 170 100 gm 	400
<input type="checkbox"/>	Dhal Tadka / Makhani Pure comfort with a spark of spice Tempered Yellow Lentils or Slow-Simmered Buttery Black Lentils KCal : 210 100 gm 	350

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Vegetarian Non-Vegetarian

- | | |
|--|-----|
| <p><input type="checkbox"/> Chicken Chettinad
 The timeless taste of Karaikudi
 Peppery Roasted Chicken Reflecting Authentic South Indian flavours
 KCal : 220 100 gm   </p> | 500 |
| <p><input type="checkbox"/> Mutton Varutha Curry
 Tradition you can taste in every morsel
 Tender Lamb Slow-Braised in a Scorched Spice Reduction
 KCal : 380 100 gm </p> | 600 |
| <p><input type="checkbox"/> Prawn Masala
 The golden treasure of the Southern shore
 Coastal Prawns Simmered in a Fragrant Aromatic Infusion
 KCal : 190 100 gm </p> | 770 |
| <p><input type="checkbox"/> Butter Chicken Masala
 Rich, royal, and remarkably smooth
 Tandoori Chicken Swirled in a Rich Buttery Gravy
 KCal : 320 100 gm  </p> | 500 |
| <p><input type="checkbox"/> Kadai Murgh
 A bold medley of heat and heritage
 Pan-Tossed Chicken Seasoned with Hand-Crushed Coriander Seeds
 KCal : 240 100 gm </p> | 500 |
| <p><input type="checkbox"/> Mutton Rogan Josh
 An aromatic masterpiece from the Kashmir Valley
 Kashmiri-Style lamb Perfumed with Alkanet and Ginger
 KCal : 280 100 gm</p> | 600 |

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FROM OUR TANDOORI POT

- ▣ Roti 140
KCal : 110 | 100 gm 🌾
- ▣ Tandoori Paratha 150
KCal : 240 | 100 gm 🌾
- ▣ Naan 140
KCal : 280 | 100 gm 🌾

FROM OUR RICE POT

- ▣ Vegetable Biryani 440
A fragrant masterpiece of rice and vegetables
Fragrant Long-Grain Rice Layered with Saffron-Infused Vegetables
Kcal : 230 | 100 gm 🍛 🥗
- ▣ Curd Rice 330
Simple, soothing and sincerely yours
Tempered Creamy Yogurt Rice Garnished with Curry Leaves
Kcal : 150 | 100 gm 🥛
- ▣ Bisi Bele Bath 380
The aromatic alchemy of rice and spice
A Soulful Heritage Blend of Rice, Lentils and Tamarind
KCal : 200 | 100 gm 🌿 🍛
- ▣ Choice of Pulao 350
Jeera / Green Peas / Mixed Vegetables /
Mushroom / Paneer / Kashmiri
A Fragrant offering of rice
Delicate Basmati Rice Tossed with Aromatic Garden Accents
KCal : 230 | 100 gm 🍛 🥗



- Steamed Basmati Rice** 220
 The perfect staple
 Fluffy, Aromatic Long-Grain Rice Steamed to Airy Lightness
 KCal : 120 | 100 gm
- Chicken Biryani** 520
 Symphony of chicken and rice
 Preparation of Seasoned Chicken and Basmati Rice. Served with Raita
 Kcal : 280 | 100 gm 🍛 🥛 🐔
- Mutton Biryani** 600
 Classics are always in fashion!
 Preparation of Seasoned Mutton and Basmati Rice. Served with Raita
 Kcal : 280 | 100 gm 🍛 🥛 🐑

BETWEEN MEALS

FOR THOSE IN-BETWEEN HUNGER PANGS!
 10:30 AM - 12:30 PM & 03:30 PM TO 07:00 PM

FROM OUR CUTTING BOARD

(Choose your Bread - Whole Gluten or White Bread)

- Sandwich** 380
 Plain / Toast / Grill
 A whopper of a sandwich
 Chicken Salami, Omelette, Sun Dried Tomato,
 Cheese and Crunchy Iceberg Lettuce
 KCal : 250 | 100 gm 🍞 🥚 🐔
- New York Club Sandwich** 380
 Plain / Toast / Grill
 A triple-decker tribute to the city that never sleeps
 A Layered Masterpiece Featuring Classic Premium Fillings
 KCal : 340 | 100 gm 🍞 🥚 🥛
- Sandwich** 440 / 480
 Egg / Chicken
 Classic comfort that hits the spot
 Artisanal Bread Layered with Savoury, Perfectly Seasoned Proteins
 KCal : 280 | 100 gm 🍞 🥚 🐔

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FROM OUR FRYER

<input checked="" type="checkbox"/> Paneer / Mushroom 65 KCal : 280 100 gm 🍷 🌾 🥬	400
<input checked="" type="checkbox"/> French Fries KCal : 320 100 gm	240
<input checked="" type="checkbox"/> Onion Garam Pakora KCal : 240 100 gm 🌾	320
<input checked="" type="checkbox"/> Masala Papad KCal : 70 100 gm	220
<input checked="" type="checkbox"/> Vegetable Pakora KCal : 200 100 gm 🌾	290
<input type="checkbox"/> Chicken 65 KCal : 260 100 gm 🌾 🐔	500
<input type="checkbox"/> Eral Varuval KCal : 240 100 gm 🥬 🌿	770

DESSERTS

WE UNDERSTAND YOUR SWEET CRAVINGS!

<input checked="" type="checkbox"/> Choice of Ice Cream Chocolate / Strawberry / Vanilla KCal : 180 100 gm 🍪 🍷	240
<input checked="" type="checkbox"/> Gajar Halwa KCal : 250 100 gm 🍪 🍷	240
<input checked="" type="checkbox"/> Gulab Jamun KCal : 300 100 gm 🍷	280
<input type="checkbox"/> Brownie KCal : 400 100 gm 🍪 🍷 🌾 🥚	280

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BEVERAGES

<input checked="" type="checkbox"/> Seasonal Fresh Fruit Juice KCal : 135 100 gm	230
<input checked="" type="checkbox"/> Milkshake with Ice-cream KCal : 400 100 gm 🌾 🥛 🍌 🍦	230
<input checked="" type="checkbox"/> Butter Milk KCal : 140 100 gm 🍦	150
<input checked="" type="checkbox"/> Lassi KCal : 140 100 gm 🍦	170
<input checked="" type="checkbox"/> Coffee KCal : 90 100 gm ☕	100
<input checked="" type="checkbox"/> Tea KCal : 80 100 gm ☕	90
<input checked="" type="checkbox"/> Aerated Beverages KCal : 110 100 gm	100
<input checked="" type="checkbox"/> Fresh Lime Soda / Water KCal : 45 100 gm	120
<input checked="" type="checkbox"/> Malt Beverage	150

EAT LOCAL

SAVOUR THE TASTE OF SOUTH

12:30 PM - 03:30 PM & 7:00 PM - 10:30 PM

<input checked="" type="checkbox"/> Parotta with Chicken Salna KCal : 310 100 gm 🌾 🍗 🍦	350
<input checked="" type="checkbox"/> Appam with Veg Stew KCal : 135 100 gm 🍦	380
<input checked="" type="checkbox"/> Adai Dosa with Milagai Chutney KCal : 170 100 gm	350
<input checked="" type="checkbox"/> Kozhi Varutha Curry with Kal Dosa KCal : 185 100 gm 🍗	520
<input checked="" type="checkbox"/> Meen Chatti Kuzhambu with Rice KCal : 140 100 gm 🐟	520
<input checked="" type="checkbox"/> Kappa Kilangu Payasam KCal : 220 100 gm 🍦 🥛	240
<input checked="" type="checkbox"/> Panjamirtham Kheer KCal : 250 100 gm 🍦 🥛	240

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