



dhanyam



REGENCY
PALANI
BY GRT HOTELS

891/A7, Udumalaipettai Main Road, Palani,
Dindigul – 624 601, Tamil Nadu, India.

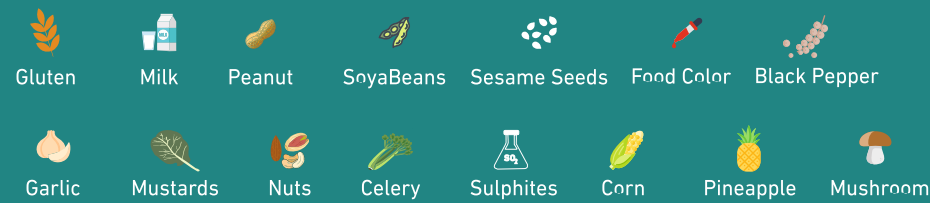
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Allergen Details

Kindly let the associate know if you are allergic to Soya, Milk, Peanut, Gluten, Nuts, Mustard, Sesame, Celery, Sulphites or any other ingredients

List of Allergens:



Some food preparation may contain Mono Sodium Glutamate. Please inform our associate in case you would like your food prepared without it.
Calories in KCal and Size in Grams per serving. As per the guidelines issued by the Food Safety & Standard Authority of India (FSSAI) an average active adult requires 2000 KCals of energy per day however, the actual calories needed may vary per person.

Vegetarian

Breakfast À la carte

7:30 AM - 10:30 AM

- Idly or Vada** 240
An age-old indulgence
Served with Sambar and Chutney
Idly
KCal : 100 | 100 gm
Vada
KCal : 280 | 100 gm
- Poori with Aloo Bhaji** 240
Every reason to go "mmmmm"
Fried Fluffy Indian Bread. Served with Potato Masala
KCal : 290 | 100 gm 🌾
- Ghee Ven Pongal** 240
A wholesome South Indian staple
Hearty and wholesome rice and moong dal pongal,
tempered with ghee and spices
KCal : 210 | 100 gm 🥛
- Dosa or Uttapam** 240
The Indian pancake, served hot
Served with Sambar and Chutney
Onion
KCal : 150 | 100 gm 🥛
Tomato
KCal : 150 | 100 gm 🥛
Gun Powder
KCal : 150 | 100 gm 🥛
Cheese and Vegetables
KCal : 150 | 100 gm 🥛
- Fresh Fruit Platter** 240
A fresh start to the day!
Assorted Seasonal Fresh Cut Fruits
KCal : 50 | 100 gm
- Cereals** 240
Be a cereal eater
Choice of Flakes - Corn / Choco Pops or Gluten
Served with Hot or Cold Milk
KCal : 350 | 100 gm 🌾 🥛

List of Allergens:



* Please allow a minimum of 20 minutes for your orders to be served.

* Taxes as applicable | Condition apply on availability of items in the menu | All prices in Indian Rupees

* 5% service charges on Food and Beverages (This is not mandatory. Should you wish not to pay, kindly inform the service staff before billing.)

Vegetarian



LUNCH

12:30 PM - 03:30 PM

MEAL FOR ONE

- | | |
|--|-------------------|
| <p><input checked="" type="checkbox"/> Thali Meals Veg
 A flavourful feast
 A Wholesome Vegetarian Meal Bursting with Authentic Indian Flavours</p> | <p>500</p> |
|--|-------------------|

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DINNER

07:00 PM - 10:30 PM

FROM OUR SALAD BOWL

- Garden Green Salad** 200
A healthy and hearty beginning to your meal
Fresh Garden Greens, Lightly Dressed
KCal : 25 | 100 gm
- Tossed Green Salad** 220
A garden on your platter
Crispy Lettuce, Onion, Tomato and Cucumber.
Served with Vinaigrette and Creamy Mayo Dressing
KCal : 25 | 100 gm
- Mixed Sprouts Salad** 220
Crunchy and delicious
Protein-Rich Sprout Medley
KCal : 25 | 100 gm
- Hawaiian Salad Veg** 220
A sumptuous salad with Hawaiian flair
Crisp Greens Tossed with Vinaigrette
KCal : 120 / 160 | 100 gm 🍷 🍍
- Caesar Salad Veg** 220
Light, Fresh and healthy
Served on a Bed of Crunchy Iceberg Lettuce
KCal : 180 / 220 | 100 gm 🥗 🍷



FROM OUR SOUP POT

Sip on the healthy soup!

- Cream of Tomato / Mushroom / Broccoli 220
KCal : 75 | 100 gm 🌾 🥛 🍄
- Sweet Corn Veg 220
KCal : 60 | 100 gm 🌽
- Clear Soup Veg 220
KCal : 40 | 100 gm
- Hot & Sour Veg 220
KCal : 70 | 100 gm 🌾 🍄

FROM OUR SAUCE PAN

- Choice of Pasta - Penne / Spaghetti / Macaroni 450
Vegetable
Choice of Sauces
Arrabiata / Alfredo Cheese
The soul of Italy, reimagined
Pasta of your Choice Prepared to Perfection
KCal : 145 | 100gm 🥛 🌾

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APPETIZERS

-  **Paneer Veupudu / Kondatam** 390
Tossed in tradition, fried to perfection
Spicy Pan-Fried Paneer Delicacy
KCal : 320 / 380 | 100 gm  

FROM OUR TANDOOR POT

-  **Malai Paneer Tikka** 400
Savour the delicate taste of the tandoor
Delectable Cottage Cheese Infused with Cardamom Cream
KCal : 220 | 100 gm    
-  **Veg Seekh Kebab** 390
A masterpiece of minced greens
Garden-Fresh Vegetables Skewered and Char-Grilled to Perfection
KCal : 160 | 100 gm   

FROM OUR WOK STATION

Succulent, spicy and so good!
Try our various delicacies in an assortment of sauces - Chinese Style

-  **Manchurian** 400
Gobi / Paneer / Babycorn
KCal : 170 | 100 gm   
-  **Salt & Pepper** 400
Mushroom / Babycorn
KCal : 260 | 100 gm   

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STAPLES

All-time favorites in 2 famous cooking styles,
choose from Schezwan or Shanghai and enjoy!

Choose Your Staples - Fried Rice / Noodles

- Vegetable** 380
KCal : 180 | 100 gm  

FROM OUR INDIAN CURRY POT

- Paneer Butter Masala** 400
Pure indulgence on a plate
Silken Paneer Cubes in a Decadent Tomato-Butter Emulsion
KCal : 300 | 100 gm  
- Paneer Tikka / Malai / Achari** 400
A melt-in-the-mouth smoky masterpiece
Tandoor-Charred Cottage Cheese Marinated in Curated Signature Gravies
KCal : 310 | 100 gm  
- Vegetable Jalfrezi** 400
A vibrant vegetable medley
Seasonal Harvest Sautéed in Tangy Heritage Spices
KCal : 150 | 100 gm  
- Mixed Vegetable Masala** 400
Aloo / Gobi / Mushroom / Green Peas / Palak / Jeera
Boldly spiced and beautifully balanced
A melange of Garden Vegetables in Robust Masala
KCal : 170 | 100 gm 
- Dhal Tadka / Makhani** 350
Pure comfort with a spark of spice
Tempered Yellow Lentils or Slow-Simmered Buttery Black Lentils
KCal : 210 | 100 gm 

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FROM OUR TANDOORI POT

- ☑ Roti 140
KCal : 110 | 100 gm 🌾
- ☑ Tandoori Paratha 150
KCal : 240 | 100 gm 🌾
- ☑ Naan 140
KCal : 280 | 100 gm 🌾

FROM OUR RICE POT

- ☑ Vegetable Biryani 440
A fragrant masterpiece of rice and vegetables
Fragrant Long-Grain Rice Layered with Saffron-Infused Vegetables
Kcal : 230 | 100 gm 🌾 🍷 🥛
- ☑ Curd Rice 330
Simple, soothing and sincerely yours
Tempered Creamy Yogurt Rice Garnished with Curry Leaves
Kcal : 150 | 100 gm 🥛
- ☑ Bisi Bele Bath 380
The aromatic alchemy of rice and spice
A Soulful Heritage Blend of Rice, Lentils and Tamarind
KCal : 200 | 100 gm 🌾 🍷
- ☑ Choice of Pulao 350
Jeera / Green Peas / Mixed Vegetables /
Mushroom / Paneer / Kashmiri
A Fragrant offering of rice
Delicate Basmati Rice Tossed with Aromatic Garden Accents
KCal : 230 | 100 gm 🍷 🥛
- ☑ Steamed Basmati Rice 220
The perfect staple
Fluffy, Aromatic Long-Grain Rice Steamed to Airy Lightness
KCal : 120 | 100 gm



BETWEEN MEALS


FOR THOSE IN-BETWEEN HUNGER PANGS!
10:30 AM - 12:30 PM & 03:30 PM TO 07:00 PM

FROM OUR CUTTING BOARD

(Choose your Bread - Whole Gluten or White Bread)

- New York Club Sandwich 380
Plain / Toast / Grill
A triple-decker tribute to the city that never sleeps
A Layered Masterpiece Featuring Classic Premium Fillings
KCal : 340 | 100 gm  

FROM OUR FRYER

- Paneer / Mushroom 65 400
KCal : 280 | 100 gm   
- French Fries 240
KCal : 320 | 100 gm
- Onion Garam Pakora 320
KCal : 240 | 100 gm 
- Masala Papad 220
KCal : 70 | 100 gm
- Vegetable Pakora 290
KCal : 200 | 100 gm 

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DESSERTS

WE UNDERSTAND YOUR SWEET CRAVINGS!

<input type="checkbox"/> Choice of Ice Cream Chocolate / Strawberry / Vanilla KCal : 180 100 gm  	240
<input type="checkbox"/> Gajar Halwa KCal : 250 100 gm  	240
<input type="checkbox"/> Gulab Jamun KCal : 300 100 gm 	280

BEVERAGES

<input type="checkbox"/> Seasonal Fresh Fruit Juice KCal : 135 100 gm	230
<input type="checkbox"/> Milkshake with Ice-cream KCal : 400 100 gm    	230
<input type="checkbox"/> Butter Milk KCal : 140 100 gm 	150
<input type="checkbox"/> Lassi KCal : 140 100 gm 	170
<input type="checkbox"/> Coffee KCal : 90 100 gm 	100
<input type="checkbox"/> Tea KCal : 80 100 gm 	90
<input type="checkbox"/> Aerated Beverages KCal : 110 100 gm	100
<input type="checkbox"/> Fresh Lime Soda / Water KCal : 45 100 gm	120
<input type="checkbox"/> Malt Beverage	150

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EAT LOCAL

SAVOUR THE TASTE OF SOUTH

12:30 PM - 03:30 PM & 7:00 PM - 10:30 PM

- | | |
|--|-----|
| <input checked="" type="checkbox"/> Appam with Veg Stew
KCal : 135 100 gm  | 350 |
| <input checked="" type="checkbox"/> Adai Dosa with Milagai Chutney
KCal : 170 100 gm | 350 |
| <input checked="" type="checkbox"/> Kappa Kilangu Payasam
KCal : 220 100 gm   | 240 |
| <input checked="" type="checkbox"/> Panjamirtham Kheer
KCal : 250 100 gm   | 240 |

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