2019 COSMIC CALENDAR

YOUR GUIDE TO THE MOST MEANINGFUL ASTRO EVENTS & NOTEWORTHY NUMEROLOGY DAYS OF 2019!
It's What We've All Been Waiting For…

2019 is a 3 Universal Year!

The Universal Year is calculated by adding the digits of the calendar year together, then reducing to a single digit number. It’s SO simple but SO accurate! This means that $2 + 0 + 1 + 9 = 12$, and $1 + 2 = 3$.

After the radically transformational (and not always easy) ‘11’ Universal energy of 2018 ($2 + 0 + 1 + 8 = 11$, which was a Master Number and so was not reduced), this brand new year, and the 3 Universal Energy it carries, comes as a welcome shift in frequency.

There was a lot of work to do.

A lot of challenges to overcome, blocks to break through and bridges to build afresh but we had to go through it. And now that we have – now that we’ve strengthened ourselves and our relationships using the numerology of the 11 and the 2, we’re ready for the keys to the playground!

A 3 Universal Year is characterized by its surges of creative energy, the bustle of social activity and enhanced communication all round. But the driving force behind it all, is personal happiness and fulfilment. This year is all about pleasure. And not as a reward for working hard or as a by-product for some other serious endeavour. It’s time for fun and enjoyment to take center stage!

But that’s not all that takes the stage during a 3 Universal Year. As the number of the performer, the 3 is expressive, and it enhances our desire and confidence when it comes to being seen and heard. 2019 may not turn you into a star entertainer but it will put you at ease when it comes to speaking your truth.

Everyone’s voice matters and a 3 Universal Year is when we all get to take a turn on the soapbox. Whether or not you use yours to your best advantage (and whether what you say to the world is what you truly believe, or simply what you think people want you to say) could very well dictate how the year unfolds for you.

Lessons around truth, authenticity and being vulnerable are likely to show up this year. As are lessons in taking judgement and criticism. And by consequence, this is the year when we’ll likely realize the depths of our inner strength and resilience (and not in the same way that 2018 asked us to face challenges – this strength will be light, playful, water off a duck’s back!)

As the number of the child and its playful spirit of freedom and imagination, the 3 asks us to live with eyes wide open and full of wonder. If you believe it, this 3 Universal Year will show you the magic that exists in the world!

So take a deep breath, and turn up the corners of your lips into a smile… we are ready to begin!
THE 4 UNIVERSAL MONTH

And it’s here!

January is a 4 Universal Month and brings the welcome energy of stability, structure and devotion. Tempering the gust of dynamic ‘3’ energy that 2019 ushers in, January invites us to keep our feet firmly on the ground.

Use this month’s numerology to create order in your life.

Create foundations (plans, programs, schedules & strategies) to build on, as the months unfold before you.

Give some time and attention to your physical spaces – your home and your workplace, as well as your finances, investments and your (recently neglected?) physical body.

New Year resolutions focusing on fitness get a boost under the power of the 4, especially where routine is involved, so get up off that sofa!

Habits formed under a 4 are more likely to stick, so make them good ones!

Here’s to the first month in this glorious #3 Universal Year... let’s make it a great one!
1 JAN: 1/1 NUMEROLOGY POWER DAY
A numerology power day kicks off the year (1/1)! Intuition is amplified and your creative prowess is on high, so sow inspired seeds today. Keep your mind and heart in a positive space, there is SO much to come…!

5 JAN: NEW MOON IN CAPRICORN & PARTIAL SOLAR ECLIPSE
The first of three eclipses in rooted, earthy and stable sea-goat Capricorn follows on January 5th. Capricorn’s energy always welcomes in the new calendar year (at this point, we're still in the middle of Capricorn season) so fear not – Capricorn knows what it’s doing here. The zodiac’s trusty goat scans the horizon, looking far and wide for its next mountain to climb, but still remains an unflinchingly grounded sign. So if you haven’t yet looked further into this year than the next few weeks, this New Moon brings a welcome opportunity to set intentions for what you want to create long-term.

But before you relax, this is no ordinary New Moon - a partial solar eclipse could throw you a curveball or two before January’s even off the ground. Eclipses have an (unfair) reputation for foul play – historical harbingers of bad luck, they often usher in surprising and sudden change, revelation and radical course corrections. So if you’re not sure exactly where you want this brand new year to take you, the cosmos may just decide for you. Expect the unexpected.

6 JAN: URANUS GOES DIRECT
Just a day later, on the 6th, Uranus, the zodiac’s rebel and the planet of revolution and change (yup – more change on the way!) stations direct after a 155-day-long retrograde cycle, which may have caused you more existential angst than you realized. Good news. Those jittery feelings you’ve been wrestling with since August 2018 may have finally found their way out.

20 JAN: SUN ENTERS AQUARIUS (START OF AQUARIUS SEASON)
On the 20th, we wave goodbye to Capricorn season for another year and welcome in some solar vibes from Aquarius! (Don’t worry Capricorn fans – there’s going to be a lot of your inexhaustible energy rippling through the year.) Aquarius brings a gust of fresh air into the cosmic cauldron and encourages us all to embrace our uniqueness and let our inner weirdness out! As the sign of the humanitarian, the next 4 weeks are also likely to have you standing for social justice and, especially the newfound freedom of Aquarius’ ruling planet Uranus, the urge to shake up the system. Vive la revolution!

21 JAN: LEO FULL MOON + TOTAL LUNAR ECLIPSE + SUPERMOON
The very last eclipse occurring on the Leo-Aquarius axis hits on the 21st with a bang - It’s total and it’s a supermoon.

Eclipses occur in families of signs, over a roughly 2.5-year-period. The first on this axis was in July 2016 and since then we’ve been taking a long, hard, collective look at the world’s’ leadership and our perception of humanity as a whole. This total lunar eclipse in Leo gives us one last illuminating push, to transform what’s no longer working before Cancer/Capricorn take the stage.

Good news. Those jittery feelings you’ve been wrestling with since August 2018 may have finally found their way out.

11 JAN: 1/11 NUMEROLOGY POWER DAY
The 11th (1/11) sees another Numerology power day – Angel Number 111 often carries an influx of high-frequency information, so be gentle with yourself today. Tune into divine guidance and you’ll hear it.
The 5 Universal Month

Whilst the 4 sets down the roots, the Number 5 spreads its wings.

A 5 Universal Month invites in change – and demands that you embrace it! The 5 calls on you to embrace the more playful, fun and adventurous side of life.

So if you’re sliding into a winter slump (or in the Southern Hemisphere, getting a little lethargic as late summer hits) this month’s Numerology comes as a wake-up call.

It’s a month for expansion, adventure and busting through a few glass ceilings!

Are you ready to do things a little differently?

Are you willing to actually receive what you’ve been asking the Universe to provide?

It may feel a little scary, a little unsettled and chaotic, but a 5 Universal Month comes to carry you safely (yes, even if it doesn’t feel like it) through a necessary change, in order to upgrade your life.

Surrender to the transformation.
1 FEB: IMBOLC
February begins with a flurry of sacred and symbolic dates, with the wheel of the year turning to Imbolc on the 1st. This ancient Celtic day welcomes in the light, so burn candles, light a fire and spring clean those cobwebs out of your life! In the Southern Hemisphere, celebrate Llamas – the first harvest – with deep gratitude instead.

2 FEB: 2/2 NUMEROLOGY POWER DAY
The numerology power day of 2/2 reminds you to tune in closely to your soul, and connect from the heart. Cooperation, collaboration and selfless service are tools that will help you catch a winning streak today!

4 FEB: NEW MOON IN AQUARIUS
The dark Moon rises in Aquarius on the 4th, as a new lunar cycle begins in the sign of the water bearer. A triple dose of this air-sign’s energy (Sun, Moon, and Mercury are all conjunct at this lunation) could trip you up over your own thoughts, so take extra care of your mental health around now. Unplug. Ground into some exercise. Set intentions for the month, with the greater good in mind.

5 FEB: CHINESE NEW YEAR OF THE EARTH PIG
Another new beginning comes just one day later, in the shape of the Chinese New Year of the Earth Pig! As we wave goodbye to loyal pack-animal, the trusty Earth Dog, the Earth Pig ushers in 12 months of friendliness, versatility and (hooray!) good fortune! Yes, in China the Pig is a symbol of wealth – those chubby cheeks and sniffing snout mean an abundance of prosperity could be on the cards.

But don’t think you won’t need to work for it. The Earth Pig has tenacity, so putting in the hours is your (not so secret) weapon. As is saving money as you go – whilst the Pig may be symbolic of a bigger bank balance, it’s also a lover of luxury, so take extra care not to fritter all those earnings away!

18 FEB: SUN ENTERS PISCES
The 18th of this month sees the Sun enter Pisces, the last sign on the mandala of our zodiac. Pisces season means life could get a little dreamy, as we’re all washed out onto the sea of the subconscious and it gets harder to discern fact from fiction. And watch those empathy dials – Pisces is also known to get lost in a world of (other people’s) feelings. But Pisces also brings closure. Whilst the calendar year is only just gearing up for action, the astrological year is coming to an end, so ask what wants to be released from your life over the next 4 weeks.

19 FEB: FULL SUPER MOON IN VIRGO
This energy of release and surrender is enhanced by a full Supermoon, at 0º of Virgo on the 19th. This extra-potent lunation will illuminate the details – Virgo always brings a critical eye to the skies, so this could feel a lot like life’s laid bare on the operating table! But Virgo’s mutable quality is all about action, so expect increased energy and the urge to organize, streamline and optimize everything! No sleep for a day or two then…

22 FEB: 2/22 NUMEROLOGY POWER DAY
One More Numerology power day on 2/22 invites you to practice radical self-trust, believe in your intuition, and become a catalyst for change in the world. But ensure you create with beauty and care, rather than force. Collaborating with others is likely to be a powerful way forward on this day, but Angel Number 222 warns against giving away your power – retain balance and harmony in your partnerships.
THE 6 UNIVERSAL MONTH

Phew, after an expansive 5 Universal month, life hunkers down again into the softer and more serene energy of the 6.

March 2019 is a 6 Universal month, so it holds the space for us to integrate, deepen and grow into our greatness.

Self-care is a big theme this month – if you’re not looking after your own mind, body, and soul, how can you look after anybody else’s, however much you feel like you ‘should’?

But this kind of behavior ends up serving nobody. So beware of over-giving this month.

With a super-strong sense of responsibility, 6 energy often won’t stop until it’s reached perfection – just like a frazzled mother who needs everything to be just right but ends up burning herself down to the ground.

Focus on rejuvenating your resources, and filling your own cup.

As the number of creativity, this is also an ideal time to inspire and restore through art, crafts, poetry, and dance!
2 MAR: NEW MOON IN PISCES
A serene New Moon in the water sign of the fishes opens the month, inviting us to dive deep beyond the veils. Holding an energy of supernatural connection and divine insight, this dark lunar time is one of the most potent for divination, so grab those cards (or runes, crystals or other magical tools of choice) and become your own oracle.

3 MAR: 3/3/3 NUMEROLOGY DAY
Aligning with the budding energy of this 3 Universal Year, March 3rd marks one of the biggest Numerology power days of the year!

The creative, expansive and expressive qualities of the 3 are all amplified, encouraging you to let divine inspiration flow through your life, and see life through a colorful lens! Looking a little deeper at the Numerology, 3 + 3 + 3 = 9, and 9 is the number of humanitarians. This serves as an added reminder that with this surging creative energy, you’re poised and capable of having a positive impact on masses of people today! So find your authentic voice today, and let it be heard.

5 MAR: MERCURY GOES RETROGRADE
For the first time this year, Mercury, planet of communication and connectivity begins its three-week backspin through the skies (in this case, through Pisces). Backup your hard drive and triple-check all travel documents, for the trickster of the zodiac may just decide to sprinkle his mischief over your best-laid plans.

14 MAR: PI DAY!
Pi is one of life’s greatest mysteries – an irrational number that starts 3.14... goes on and on and on! Celebrate by composing a poem about pi, making some pi art, baking your friends a pi or running races of 3.14 miles!

20 MAR: SUN ENTERS ARIES & OSTARA (SPRING EQUINOX)
Sometimes astrological power days align and this is one of those times, as the Spring Equinox (marked by the start of Aries season) and the Full Moon in Libra occur on the same day.

Aries is the pioneer of the zodiac, so this solar season is one of initiation, forming the ignition spark for what’s to come! As the start of the astrological year, this is a potent day of renewal - of setting intentions and getting clear on what you’re actually working towards. Aries’ ruler Mars also forms a strong trine to Pluto, giving a tremendous drive and a sure-footed spirit to the zodiac’s warrior. Harness it by aiming high and trusting your capabilities.

*In the Southern Hemisphere, Autumn Equinox has arrived, so for you, Aries powers headfirst into the darker seasons with no less fervor!

FULL MOON IN LIBRA
Libra’s Full Moon – another at just 0° - brings the potent power of the zero to the cosmic table once more, as anything becomes possible. Libra tempers Aries’ hot-headed fire, whilst the cool Full Moon invites in a sense of gratitude and celebration. It’s a day for touching base, pausing for a moment as the wheel of the year spins, and finding your center, before the year thrusts on...

28 MAR: MERCURY GOES DIRECT
Hooray! The trickster stations direct on the 28th, so the scrambled signals and miscommunications of the last three weeks will start to settle from this day on.

30 MAR: 3/30/3 NUMEROLOGY DAY
Another Numerology power day on 3/30 brings the third month towards its close, amplifying and aligning once more with the surging, creative, optimistic power of this 3 Universal Year.

Step outside the box today! Give yourself opportunities to think and act creatively (especially around areas of your life where you’ve been feeling a little stuck), take a few risks and surround yourself with people.
THE 7 UNIVERSAL MONTH

A 7 Universal month carries a more introspective, idea-focused energy than any other.

This month could feel like the brakes are on, like you can’t quite get up the momentum that you need, but it's important not to resist the flow of this Numerology cycle. So if you keep coming up against resistance, try letting your foot off the gas – listen to the signs!

The 7 often comes to reveal hidden meanings and messages, before they manifest into the material world around you, so this month, ensure you’re a strong vessel to receive this information.

Do this by continuing from last month’s ‘6’ trend, and taking care of your body, mind and spirit – but especially your mind.

Unplug. Meditate. Track your Dreams.

Only read, watch and listen to things that nourish your mind – avoid mindless media.

With a lot of retrograde energy kicking off in April, this is no time to leap before you have all the information you need, so practice patience. Your time will come!
4 APR: 4/4 NUMEROLOGY POWER DAY
Angel Number 44 fuels the fourth day of the fourth month, carrying an energy of stability and structure. You’re being reminded to lay down firm foundations before moving forward. Tend to the details. Delegation of tasks could also serve you today.

5 APRIL: NEW MOON IN ARIES
A double dose of Arian energy in the form of an Aries New Moon on the 5th, calls for radiant, passionate and self-serving (can be no bad thing!) intentions to be set for the cycle. Summon your courage and your boldness but be aware - you have just days before a tripllicate of planets station retrograde, so put all of your efforts into the now.

Send that email. 
Ask that question. 
Schedule that meeting.

Or you’ll be waiting, literally, months for the fruits of your fiery labors to form!

10 APRIL: JUPITER GOES RETROGRADE IN SAGITTARIUS
The giant red-spotted planet hits the brakes, for 5 long months of retrograde action.

As well as bestowing the astrological equivalent of the Midas touch, Jupiter rules our ethics, morals and core beliefs.

These are all things which could be in for a revisit and a revamp until the planet stations direct on August 11th, so prepare to be asked: “what do you truly believe in?”

19 APR: FULL MOON IN LIBRA
A rare second full moon in Libra – this one at 29° - gives us a second illumination of all things Libra (plus whatever is highlighted in this area of your chart). Libra rules fairness, equality, diplomacy, art, and beauty.

This lunation could show up where the most delicate of balances are out of kilter in your life – and serve up an opportunity to put them right.

20 APR: SUN ENTERS TAURUS (START OF TAURUS SEASON)
The burn of Aries season abates on the 20th, as we wave in the first new solar season in the element of earth! Taurus offers stability and the chance to come back into our bodies, our home, our materiality. It’s a fixed sign that encourages us to experience the world through the senses, and relish every last drop of pleasure you can find!

The message of Taurus season: Be. Here. Now.

Taurus season is also an ideal time to take charge of your finances - ruled by beauty and money-centric Venus, even cleaning out your wallet can have a clarifying effect on the money.

24 APR: PLUTO GOES RETROGRADE IN CAPRICORN
This slow-moving outer planet (Pluto’s still a planet in our book!) affects us globally – so its retrograde will be a lesson in facing the collective shadow. So from now until October 4th, put your brave boots on – mass transformation is on the cards.

29 APR: SATURN GOES RETROGRADE IN CAPRICORN
Less than a week later, yet another planet hits reverse in the same mountain-climbing sign of Capricorn (see, told you Cap energy was here to stay). In its home sign, Saturn means business.

Structures, boundaries, borders, rules, regulations and the discipline you live by will all get a pounding. We'll be rechecking and reaffirming what works, and (with luck) releasing what does not, from now until September 18th. Better get to work.
THE 8 UNIVERSAL MONTH

Hold onto your hats, the 8 Universal month has arrived.

After a slow and restful April (at least that’s what the cosmos was trying to get you to do) the numbers have powered up, offering us a strong and capable vibration this month.

8 is the number of mastery, in particular, mastery over the flow of energy in the world. Which means this 8 Universal Month will be calling on you to step up into your power, commit to a purpose or idea, and prove that your work in the world has value.

Incredible gifts are available under this Numerology cycle – the 8 is well known as a number of money and material wealth – but you must be open to receive them. (And if you’re not, how will you ever know they’ve arrived?)

Another thing about this 8 Universal Month, is that it will hold you accountable.

Yes. Watch your back, as you will get caught out if you cut corners, cheat the system or loose change a client... not that you would...

But the 8 doesn’t take any prisoners!
1 MAY: BELTANE (MAY DAY)
May always begins with Beltane, the Celtic cross-quarter festival which sits between the Equinox and Summer Solstice. Celebrate Spring by creating a sacred fire, a pleasure ritual or a flower garland.

"In the Southern Hemisphere, Samhain is the equivalent feast day, so honor your ancestors as the light fades.

4 MAY: NEW MOON IN TAURUS
On May 4th, Sun and Moon meet as the New Moon rises in earthly, sensual Taurus. With Uranus also taking up space in the sign of the bull, not to mention the ongoing Capricorn transits, this lunation reinforces the presence of earth energy across the zodiac.

Why not use this New Moon to set intentions for the Earth?

Taurean energy is slow, determined and devotional. Seeds you sow in her rich, fertile soil will grow deep roots, so whilst the skies are alive with a myriad of extraordinary energies, find time to honor your life-giving Mother planet Earth.

Try literally planting a seed, and setting wishes into the soil as you go.

Or align with the energy of the 8 Universal Month and set intentions around money. As the most abundant of the signs, Taurus and the 8 could be a match made in heaven for you bank balance!

5 MAY: 5/5 NUMEROLOGY POWER DAY
Take a break from responsibility, routine and all things achievement focused (yep, the number 8 can do that to you!) and shake it loose. Angel Number 55 shows up today, to remind us all to take a few risks and live a little! Spirit has your back.

18 MAY: FULL MOON IN SCORPIO
A Full Moon in the mystical sign of the Scorpion on May 18th looks set to illuminate our deepest shadows and hidden emotions. The water sign of Scorpio rules the biggies – money, power and sex – and midwives the transformation that can be born when these aspects of life are at play. Watch out for heightened reactions, manic behavior, and revelations of every kind.

Soothe your emotional body by drinking enough water, spending time close to the ocean or a river and moon-gazing.

21 MAY: SUN ENTERS GEMINI (START OF GEMINI SEASON)
Say goodbye to the delights of rooted, earthbound Taurus season, as the Sun switches signs, sailing into Gemini on May 21st.

The astrological twins rule all things communication-themed, so get set for a month of meet-ups, networking and spontaneous socializing! Everyone wants to find a kindred spirit under this sign – and everyone’s got a secret or two to share - so watch out for gossipy tendencies, and for making promises you can’t keep.

Gemini is mutable – it’s quick, flexible and can change direction at any moment so that new BFF you’ve twinned with this solar season could have vanished in the wind by June 20th.

And breathe...!
June 2019 is a 9 Universal Month, which means, in Numerology, it brings the end of a cycle.

This could mean many things for you – perhaps it’s glaringly obvious what’s coming to a close? Is it a relationship, a business project or a routine that’s no longer serving you?

Or perhaps instead you feel a subtler release of energy is needed – an outmoded thought pattern, belief system, or even a fixed idea that’s holding you back?

The energy of the 9 supports closure, so this month, surrender to what wants to exit your life and Let. It. Go.

This number also holds a valuable lesson that’s all too easy to forget: in order for new things to enter in, we must release the past.

A new cycle cannot begin before the last one has completed. So tie up your loose ends this month, finish up any outstanding tasks and clear the decks.

Something new is on the cards!
3 JUN: NEW MOON IN GEMINI
The month begins seeped in dark lunar energy, breaking into a New Moon in Gemini on the 3rd.

Gemini is the great communicator, and whilst today may not be ideal for swapping and exchanging ideas with others (darker lunar phases are when we often feel at our most sensitive, so it’s better not to get into positions of emotional or vulnerability, if you can help it), why not use this time to set intentions for better communication with yourself.

Practice writing as a form of self-reflection. Let the words spill onto the page, with no agenda. OR pose yourself a question and try to answer it from the heart (that means without overthinking it)! There’s a certain alchemy that occurs when pen hits paper... so why not use this Gemini Moon to see what you can reveal to yourself?

You may be surprised!

6 JUN: 6/6 NUMEROLOGY POWER DAY
June 6th offers up another powerful energy signature. 6 is the number of the nurturer, so as Angel Number 66, we’re being encouraged to nurture ourselves.

To spend some extra time on self-care and fill your own cup! With gentle undertones of this 3 Universal Year (6 + 6 = 12, and 1 + 2 = 3), opportunities to be creative could feel especially restorative today.

17 JUN: FULL MOON IN SAGITTARIUS
Hello Archers! June 17th sees a Full Moon in the sign of the centaur, illuminating our most expansive and adventurous selves. With Sag’s ruler still retrograde right here in its home sign until August 11th, this lunation could flutter with small frustrations. But plenty of fresh air and exercise (Sagittarian energy needs to move!) should smooth the way.

As a mutable fire sign, there’s nothing better to do under this Full Moon than gather with friends and light a fire. Give gratitude for whatever has manifested for you this cycle and, in the spirit of this 9 Universal Month, set anything you no longer need to the flames!

21 JUN: SUN ENTERS CANCER (START OF CANCER SEASON) SUMMER SOLSTICE
Summer solstice – the longest day – always marks the Sun’s first foray into Cancer. Here, things feel gentle, soft, supported and very much like coming home. The next 30 days are the most likely of the year, that the tough exterior you normally display to the world will crack – probably numerous times – revealing the tenderness you hold within. Cancer offers security, safety, a haven to hold this unwinding. So keep your teapot full, your biscuit tin topped up and your door wide open – this month, everyone’s family!

SUMMER SOLSTICE
The longest day is a celebration of light! Everything in life relies on the light and heat of the Sun, so rise with it, lap it up all day long and don’t sleep til the sun sets tonight!

*In the Southern Hemisphere, you’re celebrating the winter solstice and the shortest day of the year, a potent day of release and renewal. Harness the energy of this dark, void time with a burning ritual.

NEPTUNE GOES RETROGRADE IN PISCES
On the very same day as the solstice, Neptune, the planet of dreams, illusion and the subconscious realms, goes retrograde in its home sign of Pisces. As one of those generational transits that affects the collective, this retrograde will feel subtle and its effects gentle... at first. From now until November 27th, illusions will be broken and fantasies stripped bare. Neptune’s nebulous and often confusing ways will lose their potency, so seek the truth, and you’ll find it.
THE 1 UNIVERSAL MONTH

And a new cycle begins! The midway point of THIS year is also a poignant milestone Numerologically speaking.

July is a 1 Universal Month, and in Numerology, this is the place of emergence.

This calendar month will be the one to kick start new things, processes or activities - we’ll likely see an expansion of new trends and “firsts” that affect large numbers of people over the next 31 days.

Personally, be ready for innovative or unique ideas to emerge through you, so that they can be nurtured and manifest physically over the coming cycle. So, this month, you can expect to feel revitalized and important as you start a new cycle, make new friendships and initiate creative pursuits.

A 1 Universal month also represents ambition and intention so this is not a time to limit yourself! It’s a dynamic time, you’ll likely feel energized and optimistic, so put this energy to good use in your life.
2 JUL: NEW MOON IN CANCER & TOTAL SOLAR ECLIPSE
The month barely begins before one of the biggest astrological events of the year takes center stage. On July 2nd we’ll see the New Moon in Cancer, which is also a total solar eclipse.

Eclipses have always been known to usher in change, and the effects of this one will be felt deep within the emotional body.

Serving as a cosmic reset button, this shadowy interruption of solar light - coming via the zodiac’s ruler of friends, family and home – will act as a kind of super-powerful course corrector. So if your priorities have been misaligned up until now, eclipse season could mean the road ahead starts to look very different. Soften the blow by getting your values straight. The Cancer/Capricorn axis, where the next two eclipses of the year will occur, calls for us to balance our desires for personal, long-term accomplishment, with the needs of the flock.

7 JUL: MERCURY GOES RETROGRADE IN LEO
The second Merc retrograde of the year hits on July 7th, as the closest planet to the Sun appears to move backwards, first through Leo and then into Cancer. Notorious for scrambling signals and crashing computers, avoid signing anything, making big purchase or, basically, going anywhere or doing anything(!) until the planet stations direct on July 31st.

7/7 NUMEROLOGY POWER DAY
The day is softened, though, by a Numerology power day that encourages a little self-reflection. 7/7 comes as a wake-up call, inviting you to look inward and ask yourself what you really want. Is your life moving in alignment with your spiritual purpose? Are the choices you make daily serving your highest good?

8 JUL: CHIRON GOES RETROGRADE IN ARIES
Another day, another planetary retrograde. Well, almost a planet. Recently re-classed as a comet, and before that an asteroid, Chiron can help us to pinpoint the source of our shadow. In retrograde, this tiny powerhouse serves to uncover layers of wounding and commence the healing process. From now until Dec 12th is your window to dig deep.

16 JUL: FULL MOON IN CAPRICORN & PARTIAL LUNAR ECLIPSE
Illuminating the skeletal structures which surround us – from our governments and crumbling institutions, to the more everyday rules and regulations that we impose on ourselves - this (partially eclipsed) Full Moon in Capricorn will cause a stir. It’s time to face head on what’s not working for any, all or even some of us. With Saturn retrograde until Sept 18th, also here in its home sign, the emotional fallout of any revelations under this Moon could be hard to handle. Capricorn and the Moon don’t sit well together. But ground down here – there is work to be done.

23 JUL: SUN ENTERS LEO (START OF LEO SEASON)
Moving on from soft-hearted Cancer, the Sun enters the fiery belly of Leo on July 23rd. For the next solar season, we’ll all feel the surge of the lion’s pride and its generous, expressive, creative prowess. Use the next 30 days to get playful and bring a little of the rolling lion-cub energy into the room! Loosen up and have a little fun!

31 JUL: NEW MOON IN LEO
Each new Moon serves as a new beginning, an invitation to set intentions and grow with the waxing lunar cycles. This new Moon asks you to connect to your heart, and see what wants to emerge from your inner, ego-less world. Whilst many believe Leo to be the most self-centered of signs, it actually embodies self-assurance and self-trust. Take some time in the dark and quiet of this lunation to tap into your inner voice. What do you hear?

MERCURY GOES DIRECT
On the very same day as the new Moon, Mercury stations direct! Three long weeks of the usual mercurial upheaval draw to a close, and it’s (almost!) business as usual.
THE 2 UNIVERSAL MONTH

After the burst of pioneering and self-leading ‘1’ energy last month, we’re now easing into an altogether gentler vibration.

August 2019 is a 2 Universal Month, which is all about connection. Connection to your inner voice – your intuition and the whisper of divine guidance that’s always there within - and connection to the other people in your life.

Relationships will likely take center stage over the next 31 days, so work on deepening into the ones you have and don’t shy away from forming new ones.

Be supportive but also allow yourself to be supported. 2 energy can make us very keen to come to the rescue of others but unwilling to accept any help ourselves, so try not to fall into this trap this month.

Aim to keep that delicate balance of give and take. You’ll likely see some of your new ideas and projects from last month take root, too.

So use the nurturing energy of the 2 to bed them in, but remember: this month is all about ease and grace – not about pushing hard.

The best way to make progress this month is through spiritual alignment, so better have your intuition on speed dial!
1 AUG: LAMMAS/LUGHNASADH
August begins with the Celtic cross-quarter festival Lammas (or Lughnasadh) which marks the first harvest. Although one of the least-known feast days, it’s a potent point on the yearly wheel to pause and reflect on the year so far.

Waking with the Sun and giving gratitude for the harvest (whatever it is you’ve begun to gather in!) are beautiful, simple ways to honor this sacred time.

"In the Southern Hemisphere, Lammas corresponds with Imbolc (Feb 1st in the North). Imbolc celebrates the light and marks the first fresh breath of Spring entering in.

8 AUG: LIONSGATE PORTAL (8/8 NUMEROLOGY POWER DAY)
The 8/8 Numerology Power day hits on August 8th, also known as the “Lionsgate Portal”. This is no ordinary day. As well as carrying the resonance of Angel Number 88 and the powerful message of reassurance, strength and trust, the Lionsgate portal markes the peak of a high-frequency energy surge that streams onto Earth from the star Sirius for around 3 weeks. This energy is powerfully heart-opening and healing, and many find it an exhausting period of time!

Try to take extra care of yourself, rest a lot and eat clean on this day in particular.

11 AUG: JUPITER GOES DIRECT IN SAGITTARIUS
The plucky planet of luck, Jupiter stations direct in Sagittarius on the 11th, lifting us up and out of the inertia and back-peddling of the last 4 months and forward into good times ahead! The next 4 months is plain planetary sailing, and the last time Jupiter will enjoy the benefits of cruising its home patch until 2030! This is your window to think big, and go places – all limits are off! (Except for …)

URANUS GOES RETROGRADE IN TAURUS
One in, one out. On the very same day, Uranus kicks into reverse and begins a 5 month retrograde through rootsy Taurus. We began the year with Uranus in retrograde, so this energy simply comes as a refresher – the “Great Disrupter” spends around 40% of time spinning in a backwards motion. But this doesn’t make it a walk in the park – this planet comes to shake things up, make you uncomfortable and force you to make changes to the life you cling onto. So the question isn’t how, but when.

15 AUG: FULL MOON IN AQUARIUS
Coming just days after its ruling planet stations direct (and its potency hits the roof), we see a Full Moon in Aquarius, sign of innovation and progress.

This Full Moon is characterized by a very forward-thinking, even visionary, energy, so you may feel like your mind’s moving too fast for you to keep up! Because of this, it’s common to be struck with bouts of frustration when Luna peaks in Aquarius – it’s an exceptionally idealistic sign.

As Aquarius rules the higher chakras (heart, throat, pineal and crown), keep these energy centers clear over the coming days (especially with Uranus playing its part). Try not to overload your mind with a lot of external stimulation. Be wary of comparing yourself to others.

23 AUG: SUN ENTERS VIRGO (START OF VIRGO SEASON)
It’s the Marie Kondo of the zodiac! Virgo season begins on August 23rd, as our Sun King moves on from Leo’s paw-grip and into the cleansing, clearing, purifying realms of Virgo. The next solar season will infuse us with the earthly urge to get our lives in order! As a mutable sign, Virgo thrives when change is afoot, making this a great time to tackle any outstanding projects or areas of work and home that have been on your to-do list for some time… no excuses!

30 AUG: NEW MOON IN VIRGO
Orbiting one week behind the Sun, the Moon catches up on the 30th, conjoining the Sun (and Mars) becoming new in Virgo. A total of 8 planets in Earth signs lends this lunation a heavy edge. With everyone’s focus pulled hard towards the material planes of life under this Moon, it could feel like things are unmovable!
SEPTMBER
3 Universal Month (9 + 2 + 0 + 1 + 9 = 21, 2+1=3)

THE 3
UNIVERSAL
MONTH

September 2019 flies into resonance with the full power of this 3 Universal year!

This is the moment we’ve been waiting for – we’re now being called to creatively express ourselves, in ways that have been building and building over the past 9 months. It’s time to expand.

The seed sowing and relationship building of the past 60 or so days have brought us here, and it’s now safe to accelerate.

Throw caution to the wind and share your humour, skills, talents and dreams with others. Say “yes” to opportunities, take a risk or two (or three!) and smile.

The 3 comes to remind us that life is what you make it, so make yours incredible!

If you’re still feeling cautious, unsure or tentative about expressing yourself authentically, then the energy of this month will serve as an initiation for you.

Move through the resistance, let your true voice be heard create life as art.

The 3 will carry you through, you are safe. So fly!
9 SEP: 9/9 NUMEROLOGY POWER DAY
September’s Numerology Power Day contains echoes of the 3 (3 x 3 = 9) and serves as a potent portal of purification – should you need it.

Angel Number 99 brings the message of endings and is a powerful number of release.

Set a conscious intention today to let go of the past version of yourself (we’ve all got one, lingering there in the background!) that does not want this creative, expressive frequency to take hold. Tell him or her that it’s over – you are ready to show up for your life in full.

13 SEP: FRIDAY 13TH
Modern superstitions lead us to believe that Friday the 13th is unlucky. But ancient wisdom tells of the day – Friday - and the number – 13 - of the Goddess, so combined, Friday 13th is a powerful day of the sacred feminine. Honor her today, by celebrating the sacred feminine that lives in you.

14 SEP: FULL MOON IN PISCES
Sept 14th sees a Full Moon is water sign Pisces, a sign of supernatural connection. The energy of Pisces is soft, sensitive, emotional and mystical.

Too much action and speed can drown out its gentle messages and the medicine that comes up to be tasted from this sign. To receive its gifts requires quiet and presence, patience and trust. So don’t plan too much for this lunation.

Let the waters of this Full Moon wash over you, guide you and reveal what you most need to know. Working with cards, runes, tea leaves, or even a trip to a medium could yield particularly insightful results.

18 SEP: SATURN GOES DIRECT
Phew. The father of time and ruler of structure and limitation stations direct on September 18th. Whenever a planet reverses direction (moving forward OR back), its influence becomes stronger, so expect feelings of restriction to feel slightly worse before feeling better.

23 SEPT: SUN ENTERS LIBRA (START OF LIBRA SEASON) & AUTUMN (FALL) EQUINOX
The sun’s transit into Libra always marks the equinox – one of only two days in the whole year when across the globe night and day are of equal length. Fittingly, Libra is symbolised by the scales so for the next 30 days, this metaphorical balancing act will become our astrological blueprint.

It’s a great time to schedule discussions, meetings or negotiations where everyone needs a win-win outcome. If you’ve been feeling the squeeze of inequality or injustice in any areas of your life, this could be the time to tackle the wrongs. BUT, on the other hand, beware of people pleasing and letting yourself be led – Libra season can be notorious for dissolving your sense of self when you really should stand up for what you believe!

28 SEPT: NEW MOON IN LIBRA
Throwing focus onto relationships and partnerships, the Libra New Moon encourages us to sow seeds of intent around how we can better serve, and be served, by them.

Spend time in the darkness of this lunar phase, reflecting what it is you need from your closest kin.


Without apportioning blame or criticism, use this opportunity to dig deep into your bonds with others, and truthfully consider needs to change.

Libra holds a gentle, kind frequency, but around this middle ground of equanimity, worlds turn.
THE 4 UNIVERSAL MONTH

Time to ground down.

Think back to January – also a 4 Universal month, and the energy of stability, structure and devotion that began the year. We’ve come full circle.

And this second wave comes as an opportunity to form a new bedrock and lay new foundations from which to reach up to even greater heights. You’ve already come a long way - take stock now, before you keep rising.

Use this month to focus on the details. The 4 is tenacious and persevering so whether it’s a new fitness program, a side-hustle strategy, a home DIY project or a plan to revolutionize your social scene, planning is everything.

Get resourced and get strong – in mind, body and spirit as well as in terms of tangible tools.

All of that beautiful, expansive growth of Septembers Universal 3 energy now needs a place to let down some roots. So give yourself this gift.

But beware, you can’t expect things to come easy this month. The 4 loves hard work. So put in the effort this month to reap the rewards in the next (and beyond)...

COSMIC EVENTS

- **3 Oct**  Pluto goes direct in Capricorn
- **13 Oct** Full Moon in Aries
- **23 Oct** Sun enters Scorpio (start of Scorpio season)
- **27 Oct** New Moon in Scorpio
- **31 Oct** Samhain (Halloween)
- **31 Oct** Mercury goes Retrograde (in Scorpio)
3 OCT: PLUTO GOES DIRECT IN CAPRICORN
Tiny but transformational Pluto switches back into forward motion just after the start of the month, and the triggering haze you've been operating under (had you stopped noticing?) since the end of April will lift. We'll likely feel a collective up-shift in momentum over the next few months, especially in the realms of governance and loosening the grip of the patriarchal paradigm (thanks Cap!)

13 OCT: FULL MOON IN ARIES
The Sun/Moon opposition on the 13th offers an energizing Full Moon in Aries. This lunation could feel like someone's put life on double speed as everyone starts rushing around to get things done at a rapid rate! Aries can be competitive and a little impulsive, so try not to tread on anyone's toes. You winning doesn’t have to mean somebody else losing. The heightened emotions that rise under any Full Moon could flare more than usual, fuelled by Aries ruler Mars’ current opposition to Chiron. So think before you speak. And make a point to offer a little extra compassion.

23 OCT: SUN ENTERS SCORPIO (START OF SCORPIO SEASON)
Level-headed Libra season draws to a close as the Sun swings into moody and mystical Scorpio on the 23rd. This solar season often gets a bad wrap – pegged as the sign of hidden secrets and all things taboo, it's feared by many. But the trick is to channel Scorpio’s deep diving energy and actually put it to work, instead of letting it rule the roost unhindered.

This is a great time to work on your closest relationships – to deepen your trust and intimacy, not to mention sexual connection! Scorpio season is also an incredible opportunity to devote yourself to a project – it’s the essay writers dream!

And with Scorpio ruler Pluto so freshly re-empowered with its forward motion through Capricorn, use this month to harness the transformational energy of this sign. Want to reinvent yourself? Do it now.

27 OCT: NEW MOON IN SCORPIO
The Moon is in her “fall” in Scorpio (the sign opposing her exaltation – and ‘favorite’ sign of Taurus). This means that the soft, receptive lunar codes of this dark time can be all too easily overpowered, leading us to feel fearful, anxious, resentful and basically, any aspects of the shadow which are unhealed.

So go easy on yourself (and the people around you) during this lunation. Retreat into your nest, devote yourself to self care and connect with the unseen realms. Scorpio is the sign of mystics, making this an ideal time for any divination practice.

31 OCT: SAMHAIN (HALLOWEEN)
The veils are at their thinnest on Samhain, the last Celtic cross-quarter festival of the year, marking our annual descent into the underworld. Many years ago, our ancestors would honor their ancestors at Samhain, through ceremony and celebration.

Amidst the commercialized hype of Halloween, see if you can mark the ancient sacredness of this day with a simple ritual, an intention or a prayer.

*In the Southern Hemisphere, this day corresponds with Beltane and the blooming peak of springtime fertility. Abundance abounds!

MERCURY GOES RETROGRADE IN SCORPIO
On the same sacred day, Mercury joins the party and stations retrograde in Scorpio for the the last time this year. His means that from now until November 20th, travel, connectivity and technology will all have a mind of their own. Try not to let the zodiac’s trickster get under your skin!
NOVEMBER
5 Universal Month (1 + 1 + 2 + 0 + 1 + 9 = 14, 1+4=5)

THE 5 UNIVERSAL MONTH

November is the second 5 Universal Month of 2019, and brings another strong opportunity for breakthroughs.

As the number of expansion, exploration and testing boundaries, the 5 encourages us to think outside the box and get comfortable with being uncomfortable.

So if you’re someone who avoids change, this month may bring a few triggers - life can feel like it’s free-wheeling under the energy of the 5.

BUT, if you embrace the intense, adventurous vibes of the next 30 days and loosen the reins a little, you may find life improves! And those things you’ve been asking the Universe for…?

COSMIC EVENTS

11 Nov 11:11 Portal
12 Nov Full Moon in Taurus
20 Nov Mercury goes direct
22 Nov Sun enters Sagittarius (start of Sagittarius season)
26 Nov New Moon in Sagittarius
27 Nov Neptune goes direct

They may just show up!

Remember the groundwork you put in last month? Well, that might just pay off this month.

The spontaneous nature of the 5 can sometimes make you feel reckless, but coming fresh from the sensible energy of October (the 4 Universal Month), you can be confident in the fact that a little frivolity is just what the doctor ordered!
**11 Nov: 11:11 Portal**
One of Numerology’s most significant power days – the 11:11 portal contains double the potency of the Master Number 11 - the number of unique creation, authentic expression, and rapid manifestation.

The day itself symbolizes the opening of a direct portal between divine inspiration and grounded manifestation.

**12 Nov: Full Moon in Taurus**
Coming just a day after the 11:11 Portal, this beautiful, grounded, sensual Full Moon in Taurus comes to soothe any fraying edges and help anchor the high-frequency energies of this time into the earth.

As the sign of Luna’s exaltation, in Taurus her light codes are optimized. Put simply, this Full Moon will feel good!

And as the most materially abundant of the signs, this Moon is also prime for any manifestation or money rituals designed to magnetize prosperity into your life. Including real bank notes or coins in your rituals will greatly improve their potency.

**20 Nov: Mercury Goes Direct**
Kiss goodbye to communication calamities and mechanical mishaps for 2019 - the final Mercury Retrograde of the year is over!

As the fastest moving planet of the solar system finally gets back in line, so can we.

Panic over.

**22 Nov: Sun Enters Sagittarius (Start of Sag Season)**
The season of inner-excavation is over and the Sun exits Scorpio and shifts into an altogether more expansive sign - welcome Sagittarius season!

With Ruler Jupiter still here until Dec 2nd, this solar transit serves as one last party for the Centaur.

Use the next 30 days to expand your perceptions: explore new places, experiment with different things: let your life lead you into realms that are just a little beyond what you think you’re capable of... go on! You can do it - you owe it to Jupiter!

**26 Nov: New Moon in Sag**
A New Moon in the same fire-sign Sag on Nov 26th will ignite even more potential for your life. Use this dark lunar phase to sow seeds of intent for the next six months of your life – aiming to manifest during the Full Moon of the same sign in June 2020. In this way, you’ll eek out some of the slow burning momentum of this sign, rather than disappearing too soon in a blaze of glory (but not much else).

**27 Nov: Neptune Goes Direct**
Adding an air of reverie and fantasy to the end of the month, Neptune – planet of dreams and ruler of Pisces - stations direct on the 27th.

Life may feel a little vague over the next day or two as this planet’s effect on us deepens, and the line between fact and fiction, the waking and the dream-worlds blurs. Avoid making any decisions until the mist clears in a day or two.
THE 6 UNIVERSAL MONTH

2019 draws to a close with a 6 Universal Month – in perfect resonance with the overarching Universal 3 Energy of this Year.

6 brings a nurturing, homespun energy to the table, and for those in the cooler Northern hemisphere, dovetails SO cozily with the darker days and longer nights, as we retreat indoors for the festive season.

But this number is also remarkably creative. Just like the 3 – which encourages free thinking and even free-er expression, the 6 brings valuable lessons around personal creative power.

Don’t fall into the trap of putting everybody first this month. Sure, it’s Christmas – the season of goodwill and all, BUT the 6 can turn us into martyrs very quickly if boundaries aren’t put into place. So fill your own cup.

Finding ways to let your creative energy flow will fuel and replenish you, so make this a priority. Inspire others through being a beacon of light and positivity, and holding space – not giving it all away this month.
2 DEC: JUPITER ENTERS CAPRICORN
After 13 long months, Jupiter – the largest planet in our solar system bids farewell to its home sign of Sagittarius and enters the more rigid, structured and traditional realms of Capricorn. This may be the zodiac's most mature-minded sign, so whilst not as spontaneous and carefree as some, it does bring huge gifts. And Jupiter will be expanding them until Dec 19th 2020!

Think better budgeting, longer-term successes, and commitment to the future (you’ll be thanking this transit in years to come!) This could be the very beginning of period of true mastery for you. Just don’t expect to take any shortcuts.

12 DEC: FULL MOON IN GEMINI
A Full Moon in air-sign Gemini can sometimes feel a little scattered – minds whirring at 100 mph and ideas flying faster than you can catch them. Sleep can be tricky too – so get plenty of exercise during this lunation, to spread that overactive chi and ground it through the body. Make sure you have a pen and paper with you wherever you go, too, so you can write down any inspirations as they strike!

CHIRON GOES DIRECT IN ARIES
On the same day, Chiron, that teeny 'non-planet' that went retrograde back in July stations direct in Aries. If you’ve been licking old wounds, harboring old resentments, this shift in energy is your sign to move on.

13 DEC: FRIDAY 13TH
The second Friday the 13th of 2019 arrives, so the superstitious amongst us will be hiding indoors, away from black cats and open ladders! But for others, it’s another day to honour the Goddess within – as the number of the Sacred Feminine, 13 is only unlucky for some!

22 DEC: SUN ENTERS CAPRICORN (START OF CAPRICORN SEASON) & WINTER SOLSTICE
Joining Jupiter, the Sun transits into the sign of the Sea Goat, and back (almost) to where we began the year.

It’s little wonder this solar season coincides with the closing of one year and the start of another, when we’re all setting resolutions and thinking about our future goals.

Capricorn season encourages a little realism BUT it is also the sign of ladder climbing – with the right strategy, this sign will take you to the top. SO whether it’s your career, social standing or even fame (yes!) Capricorn can get you there. But first set your compass – where are you heading?

26 DEC: NEW MOON & SOLAR ECLIPSE IN CAPRICORN
In almost perfect book-end fashion, both the first and the last lunations of 2019 are in Capricorn, both eclipses and both spectacular.

Fortifying the already-strong Capricornian energy weaving through the cosmos, Sun and Moon collide here on the 26th forming a New Moon and annular solar eclipse (annular means the sun will appear as a “ring of fire” as the Moon crosses over the central part).

Heralding changes, transitions and course-corrections, solar eclipses are always significant astro-events and this one promises to be widely influential.

Occurring on the South Node - the point on the ecliptic that concerns our collective karmic past – this eclipse will asks us to confront what needs to be seen within the realms of our institutions, our traditions and our patriarchal programing, before we’re all actually able to move on. And if too much of a challenge, well, Capricorn’s ruler Saturn’s still in the game, also here in (a slightly overcrowded Capricorn!) so you better rise to it – there’s no backing out!