



Lesson
Topic

Exploring
Focus on Your Academics

Assignment 4: Reflect on your Informational Interview

Part I

Purpose

Conduct an informational interview of a faculty or professional whose career you aspire to. Audio, or video, record the informational interview so that you can complete the final part of this activity. Listen to the recording and write a reflection on your experience and what you've gained from the activity.

Instructions: During the informational interviews, did you notice skills you needed to work on to obtain your desired profession? Take time to list your academic strengths and weakness. Then think about what you can do to address your weaknesses throughout college.

Academic Strengths	How can you use these in your favor?

Skills to Improve	What are some strategies for improvement?



Part II

Purpose

Listen to the recording and write a reflection on your experience and what you've gained from the activity. For assistance schedule a visit with AAP Peer Advisors: aap.ucf.edu/grad/advising

Questions:

1. What surprised you the most?

2. What are you motivated to do now?

3. What did you learn?

4. What has changed your thinking about your career goals?