

Harbour House is a contemporary art, movement and wellbeing centre in Kingsbridge, South Devon. Our mission is simple: to enrich the lives of people in our town and surrounding communities through art, creativity, movement and wellbeing practices. We achieve this through an inspiring and inclusive programme of exhibitions, performances and educational activities that invite everyone to participate. We also provide flexible spaces dedicated to mindfulness, movement and yoga. Join us as we explore, create and thrive together.

# Whats On

3 April - 20 June 2026

## Tom Kaniok: Mud Makes the Revivalists Exhibition

Harbour House Ground Floor Gallery  
Tues - Sat, 10am - 5pm

'Mud Makes The Revivalists' explores our relationship with nature considering ecology, climate change, memory, and belonging. Through drawing and painting, Tom considers the natural elements we are drawn to and what these connections reveal about our bond with the land.

There is a free drawing and scavenger hunt activity in the gallery.

This exhibition is supported by The Oppenheim John Downes Memorial Trust and Arts Council England.



Summer Term

## Co-Motion After School Club: Kingsbridge Community Primary School

Closed Group Sessions

Harbour House is delighted to be partnering once again with Kingsbridge Community Primary School to deliver an exciting new after-school movement club for Year 4 and 5 pupils.

The group sessions are led by Crumbling Rocks Theatre to explore and celebrate identity.



3 April - 20 June 2026

## Cafe Gallery: KCC Photography Students Exhibition

Harbour House Kitchen, First Floor Cafe  
Tues - Sat, 10am - 4pm

The first presentation in the Cafe Gallery continues the relationship with Kingsbridge Community College, following the Sixth Sense exhibition that was shown in the Harbour House Gallery earlier this spring. Find out more on the back page of the newsletter!

21 Mar - 20 June 2026

Third Saturday of the Month



## Moving with Imagination: Mindful Movement Workshops

Quay Lane Studio, Harbour House  
10am - 12pm

Join us for monthly mindfulness-based movement workshops designed to support mental and physical wellbeing through gentle, embodied practices. These sessions are for everyone, including those with mobility needs and no prior experience is required.

We want our workshops to be accessible to everyone, please get in touch if you have any access requirements. Please email [gemma.marshall@harbourhouse.org.uk](mailto:gemma.marshall@harbourhouse.org.uk) to book.

28 Mar - 27 June 2026

Last Saturday of the Month



## Moving Together: Inclusive Movement Workshops

Quay Lane Studio, Harbour House  
10am - 12pm

Join us for monthly, inclusive workshops exploring creative dance and movement with dancer Charlie Eaton. These workshops are for adults with learning differences/disabilities. No prior experience is required.

We want our workshops to be welcoming and accessible. If there is anything you would like to tell us about any access needs you may have that would make participation safer and more enjoyable, please do let us know. Please email [jodie.saunders@harbourhouse.org.uk](mailto:jodie.saunders@harbourhouse.org.uk) to book.

# Coming Soon

Sat 4 April

## The Tree That Grew Arms: Grafting Workshop

Harbour House Ground Floor Gallery  
10am - 12pm

A hands-on workshop led by artist Tom Kaniok combining apple tree grafting with imaginative drawing. Grafting is the practice of joining a branch from one tree root system to another to grow as one. Rooted in orchard culture, rewilding, and local place-names around Kingsbridge, the session explores care, enchantment, and climate resilience.

Free, booking essential via eventbrite.

If you have any access needs please get in touch with [sam.machell@harbourhouse.org.uk](mailto:sam.machell@harbourhouse.org.uk)

Sat 11 April

## The Wind Moves the Trees and All Things That Flutter: Walking Workshop

Deer Woods  
6pm - 9pm

An evening walking and drawing workshop in Deer Woods Forest, developed in collaboration with The Deer Woods Trust. Participants will take part in a guided night walk, make sound recordings of bats and the woodland environment, and respond through drawing — exploring perception, anticipation, and memory in a landscape experienced after dark.

Free, booking essential via eventbrite.

If you have any access needs please get in touch with [sam.machell@harbourhouse.org.uk](mailto:sam.machell@harbourhouse.org.uk)

13 - 17 April

## Move and Make Week

Closed Group Sessions

Movement and creative week over the easter holiday delivered in partnership with KCPS and Kingsbridge Foodbank.

For a closed group of participants aged 8-12.



Sat 2 May

## A Wild World Underneath Your Feet: Estuary Walk Workshop

Kingsbridge Location TBC  
10am - 12pm

An estuary walk and drawing workshop for all ages led by artist Tom Kaniok.

Exploring the hidden ecology of the estuary at low tide. Together we'll discover crabs, shrimp, ragworms, molluscs and seaweeds beneath our feet, then pause to sketch what we find in our books.

Free, booking essential via eventbrite.

If you have any access needs please get in touch with [sam.machell@harbourhouse.org.uk](mailto:sam.machell@harbourhouse.org.uk)



Sat 11 June

## Tom Kaniok: Artist in Conversation

Harbour House Ground Floor Gallery  
11am - 12:30pm

Join Tom Kaniok in conversation with the Curators at Harbour House to discuss his exhibition Mud Makes the Revivalists

As part of the event, Tom will reflect on his practice and share insights into the themes behind the work.

You can join us in person or online for free, booking essential via eventbrite.

For those joining in person, there will also be lunch offering in Harbour House Kitchen .

£15 per person, booking essential via eventbrite.

27 June - 2 July

## Kingsbridge Community College: KCC Creates

Harbour House Ground Floor Gallery  
Tues - Sat, 10am - 5pm

Kingsbridge Community College's annual summer arts exhibition is being held again at Harbour House in Kingsbridge and will showcase art, media and photography work produced by a selection of students from KS3, Year 11 and Year 13.



# News

## Supporting Emerging Artists Cafe Gallery

OPEN:

Harbour House Kitchen, First Floor Cafe  
Tues - Sat,  
10am - 4pm

We're delighted to announce the launch of Cafe Gallery at Harbour House and Harbour House Kitchen—a new initiative giving local college and university students the opportunity to showcase their creativity in a professional, public setting.

Through this project, we're partnering with Kingsbridge Community College, Arts University Plymouth, the University of Plymouth, and South Devon College to help bridge the gap between education and the creative industries. We want to provide emerging artists with the exposure, hands-on experience, and confidence they need to share their work with the wider community.

By opening the walls of Harbour House Kitchen to student artists, we're connecting the café with the wider community while giving young creatives a real-world experience of curating and presenting their work. It's exciting to see students' talents come to life in a public space where everyone can enjoy and engage with it.



Our first Cafe Gallery presentation continued our ongoing relationship with Kingsbridge Community College, following the Sixth Sense exhibition that was showcased in the Harbour House Gallery earlier this spring.

The launch coincided with the opening of Tom Kaniok's *Mud Makes the Revivalists* in the Harbour House Gallery on Thursday 2 April, 6–8pm. On this special evening, the café opened after hours so visitors could view photography from KCC students displayed on the walls, alongside Tom's thought-provoking exhibition. Free light refreshments were available in both the café and the gallery.

*Mud Makes the Revivalists* explores our relationship with nature, tackling themes of ecology, climate change, memory, and belonging. It's an exhibition that encourages reflection, conversation, and connection—just like the Cafe Gallery itself.

We are incredibly proud of this initiative and excited to continue working with local students, supporting them as they develop, present, and share their work with the public. By visiting the Cafe Gallery, you're helping to nurture the next generation of artists while enjoying creativity in your own community.

We can't wait to welcome you in!