

**This exhibition is called  
'The Fullness Between Shadows'  
and is by an artist called  
Ashanti Hare**



The exhibition is at **Harbour House Gallery**.

The exhibition starts on:  
**22 November 2025 and ends on:  
21 February 2026**



It is open on Tuesday,  
**Wednesday, Thursday, Friday  
and Saturday.**

The exhibition is **closed on  
Sunday and Monday.**



The exhibition **opens at 10** in the morning and **closes at 5** in the afternoon.



Ashanti's pronouns are they/them.

Ashanti's artworks include **sculptures, movement and performance.**

Ashanti shows how **people, places, and feelings are connected.**

Their art makes us think about **our world, our families and the people before us.**

It brings back what **we remember, what we think and what we feel.**



Ashanti's family is part of the **Windrush Generation.**

The Windrush Generation are people that came from the **Caribbean to the UK.**

They arrived between 1948 and 1971 and **helped rebuild our country after the Second World War.**

Ashanti's family before that came from **West Africa.**

Much of Ashanti's work is a mixture of **African, Caribbean and Devon.**



The **Fullness Between Shadows** comes from the **Bakongo people in Central Africa.**

They believe life **moves in a circle.**

Life goes between this world and another, a place **'between the shadows'**

## The Research Wall

**Please touch, feel, and smell the objects and fabrics on the hooks below**



Next to the front desk in the gallery is **The Research Wall.**

The wall has **drawings and notes** Ashanti made to help them plan the exhibition.

The wall has **pieces of fabrics** you will see in the artworks.

The wall has photos and objects like **plants, leaves and seaweed.**

Some of the wood on the wall was given to Ashanti by their Auntie as a **jewellery making set.**

The research wall shows how **ideas grow and change.**

## The Black Sigil



Can you see it on The Wall?

On the wall you will also see a **Sigil**.

Ashanti makes **Sigils**.

Sigils are **hand-drawn symbols**.

They can **protect and bring good energy to people**.

This links the art to **African traditions**.

**The Black Sigil** is a symbol made by Ashanti.

Can you see it in the artworks?

**It protects and connects.**

## Honhom

Enjoy looking, but please do not touch



Honhom means **life force or divine breath**.

In Akan and Ashanti cultures of

In the first room, there is a sculpture called **Honhom**.

It is a **costume** that you can wear.

It can be used in **performances**.

The sculpture has drawings of Devon landscapes.

It has plants from the local area.

Some plants come from other countries.

They grow in Kingsbridge now because of trade between countries.

This shows how people and nature



**West Africa** there are two ideas:

Honhom is the **breath of life**.

Sunsum gives **life meaning and direction**.

Together they show balance between body and spirit.

This balance is important in Ashanti's art.

You can join a free mask making activity in this room.

You can make your own artwork inspired by Ashanti.

move and change over time.

Ashanti adds stories from Kingsbridge history.

These are about people who work for freedom and change.



In the next room is ..

Ashanti makes art called **Assemblage**. They collect old or found things and put them together to make something new.

Ashanti uses this to tell stories about **family and show memories**.

In this exhibition you can see Assemblage in **The Cosy Room** and the **Cabinet**.

## The Cosy Room

Sit, relax, and enjoy the music - just like Ashanti did on Sunday mornings when they were little



How does this room make you feel?

To Ashanti, this room feels just like the ones they remember from their Caribbean family's homes.

In many Caribbean families, there is a '**front room**' filled with **special objects** that people look at but don't usually touch.

There are different frames on the wall.

A photo of Ashanti as a child.

A framed pattern inspired by the wall paper in their mum's house.

A piece of fabric from their mum's house.

The room is filled with **plants**, like those they had in the Caribbean.

## The Big Cabinet

Filled with things that tell stories about the way of life and history.



Some items in the **cabinet** have been made by Ashanti or have been found by Ashanti.

Some objects were found a very long time ago and kept by Ashanti.

These artworks show **travel and change**.

They show how people and objects **connect**.

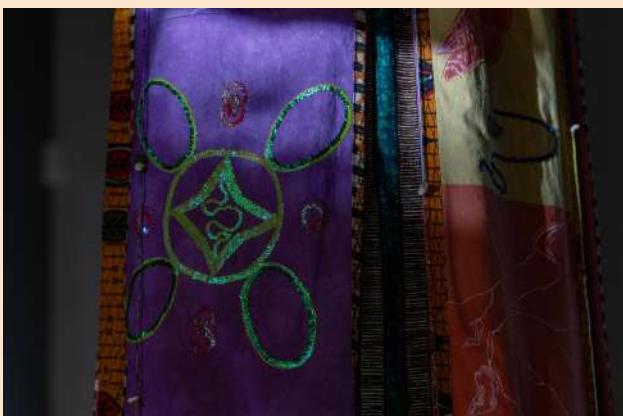


Ashanti shows **stories, families, and memories** move and grow.

Ashanti uses the objects to help us know **who we are**.

## Sunsum

**Enjoy looking, but please do not touch**



The sculpture in the back room is called **Sunsum**.

Sunsum means **soul and energy**. The part of a person that makes them who they are.

The artwork looks like a very **big costume** that floats in the air.

Ashanti **died and painted** the fabric.

It shows **plants, animals, and symbols**.

The symbols come from **Africa and the Caribbean**.

Some plants came to **Britain** long ago.

Plants tell stories of **travel and**



**people moving.**

It connects people to nature and life now in **Kingsbridge** and in the past.

It connects to stories from **Africa and the Caribbean.**

It shows we are **connected together.**

On the sculpture you will see a video of people.

It shows **movements** from **carnivals and rituals** (dances that have meanings).

This helps to bring artwork to life.

They are wearing **masks.**

Masks are worn at **festivals** showing how different countries live or lived, what they **believe** and **who they are.**

Sunsum is full of **energy.**

It is full of **movement and light.**

It reminds us we are **connected** to each other, our past and to nature.

**The Henry Moore Foundation paid for the sculpture.**





This Easy Read Exhibition Guide was written by learners at Learn Devon. Hollie, Louise, Thomas, Miguel, Izzy, Luke, Victoria, Paul, Katie, Chloe