

Harbour House is a contemporary art, movement and wellbeing centre in Kingsbridge, South Devon. Our mission is simple: to enrich the lives of people in our town and surrounding communities through art, creativity, movement and wellbeing practices. We achieve this through an inspiring and inclusive programme of exhibitions, performances and educational activities that invite everyone to participate. We also provide flexible spaces dedicated to mindfulness, movement and yoga. Join us as we explore, create and thrive together.

Coming Soon

25 Jan - 22 Feb 2025

Community Programme Exhibition: The Bird and the Rhino

Harbour House Ground Floor Gallery
Mon - Sat: 10am - 5pm

Sam Machell | Ellie Robinson-Carter | Jodie Saunders Kingsbridge Community College | Kingsbridge Community Primary School | Kingsbridge Community Members

'The Bird and the Rhino' is an exhibition that brings together and celebrates artworks from Harbour House's community engagement programme; showcasing artworks made by community groups, alongside artworks by the artists who facilitate those projects. Visitors can also explore a FREE photography and flower pressing activity in the gallery.

5 Feb 2025

The Bird and the Rhino Curator Tour

Harbour House Ground Floor Gallery 12pm-1pm

Join Dr Beth Richards, Education and Engagement Curator at Harbour House for a guided tour of the exhibition and to find out more about the engagement programme.

14 Feb 2025

The Bird and the Rhino Curator Tour & Community Performance

Harbour House Ground Floor Gallery 3pm - 3:15pm: Performance 3:10 - 4pm: Tour

Join Dr Beth Richards, Education and Engagement Curator at Harbour house for a guided tour of the exhibition. Before the tour, we are delighted to be joined by participants from our 'Moving Together' partnership with Activities 115; a local charity working with adults with disabilities and learning differences. The group will be informally sharing some of the dance they have worked together on over the last 6 weeks.

22 Feb 2025

The Bird and the Rhino Closing Event

Harbour House Ground Floor Gallery 12pm - 4pm

Join us for an afternoon of performances and workshops to celebrate the creativity in our local community.

12pm - 3pm: Printing Workshop
From midday we will have a drop in printing workshop in the gallery. Come and have a go at printing your own greetings cards. Llyr Davies, will be showing us how to print using a watercolour monotype technique. This is a simple process similar to painting. No prior experience is necessary! This is an informal and mindful session that you can take at your own pace.

Please note that under 12s should be accompanied by an adult

From 3pm: 'Wintertide' Performance Join us and Far Flung for a ghostly wintertide performance in the gallery to celebrate the end of community art exhibition 'The Bird and the Rhino'. This is a rescheduled movement based performance, and uses the sculptures made during the Shipwreck Sculpture workshop in November.

In this workshop Harbour House invited participants to work with artist Llyr Davies and inclusive dance company Far Flung to produce wicker and papier maché sculptures inspired by shipwrecks and Davies' exhibition 'Wreck'.

Absolutely no prior performance or dance experience necessary! If you would like to be involved in the performance and take part, please get in touch with sam.machell@harbourhouse.org.uk.

27 Feb - 22 March 2025

KCC Sixth Form Exhibition

Harbour House Ground Floor Gallery Mon - Sat: 10am - 5pm

As part of Harbour House and Kingsbridge Community College's continued partnership, KCC A-Level students will be curating and installing an exhibition of their work across a range of media in the gallery.

All our events and workshops are FREE and open to all. If there is anything you would like to tell us about yourself or any access needs you may have please email beth@harbourhouse.org.uk

Engagement Stats 2024







Participants Community Groups

Community Partnership Highlight

South Hams Community Action & NHS Devon Partnership Trust

Harbour House is proud to foster partnerships with local schools, charities, organisations and community groups in and around Kingsbridge.

We have been developing new ways of working with South Hams Community Action and the NHS Devon Partnership Trust, engaging with people accessing social prescribing; a service that connects people to community resources to support their wellbeing.





In November and December we ran six workshops with artist and art psychotherapist Laura Segan called 'Mindful Making'.

In February and March this year we will be working with somatic dance practitioner Charlotte Eaton on six workshops called 'Mindful Movement'.

The feedback from participants has been fantastic, and we can't wait to carry on exploring creativity and wellbeing with this group.

'I have massively increased my confidence in social skills, gained more skill and confidence in my sketching. This is a lovely social group, very comfortable and supportive, and it gives me new friendships and hope for the future.'

Harbour House Kitchen

OPEN:

Tues - Sat: 10am - 4pm

Contact:

@harbour.house.kitchen

helengrayskitchen@gmail.com

The Harbour House Kitchen is our newly refurbished vegetarian cafe run by Helen Gray. With its bright, welcoming atmosphere and wonderful sheltered garden, it's the perfect spot to relax and enjoy a coffee, cake or lunch.

Located on the first floor of the Harbour House building, across from the tourist information centre, our menu features vegetarian and vegan dishes, dairy and plant-based drinks, gluten-free options, and freshly baked bread from local suppliers.

Families are welcome, there is a small playroom with books and toys for little ones and we're also dog-friendly!

We proudly support local, ethical producers and look forward to welcoming you to our café soon!





