

Welcome to Harbour House, a contemporary art and wellbeing centre in the heart of Kingsbridge, South Devon with a simple mission: to enrich the lives of the people in our town and surrounding communities. How do we do this? Through an inspiring and inclusive programme of exhibitions, performances and educational activities that invite everyone to participate. We're also here to support your wellbeing with a range of flexible spaces dedicated to yoga, movement and mindfulness. Whether you're an art enthusiast, a wellbeing seeker, or simply curious, join us as we explore, create, move and thrive together.

News

Cafe Opening Hours

Monday - Friday: 10am - 3pm
Saturdays: 11am - 3pm

We are delighted to announce that our café will now be open on Saturdays. Run by Emily and Ady, our welcoming cafe offers tea, coffee, freshly cold-pressed juices and a selection of healthy and delicious food made with local ingredients designed to fuel body and mind. The menu features salads, cakes, sweet treats and a daily hot special.

New Website Now Live

www.harbourhouse.org.uk

We are pleased to share with you our new website, which should make it much easier to find out what is going on. Take a look to find out more about our FREE community workshops and upcoming events at Harbour House:



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January Free Community Workshops

211
local participants aged 8 to 83

11
workshops including storytelling, comic books, sea shanties, yoga and more

5
different workshop facilitators including yoga teachers, video game makers, contemporary artists, and dancers



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February Free Community Workshops

155
local participants aged 8 to 83

11
workshops including shadow puppets, yoga and dance, sound recording and more

4
community partners including Kingsbridge Community College, Kingsbridge Community Primary School, Family Advice Support Team, and Devon Wildlife Trust



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March Free Community Workshops

180
local participants accessing art and movement workshops

9
workshops including green screen video techniques, drawing and dance, curating and more

Feedback
"Mondays are my favourite school days because of working with Harbour House" KCC workshop participant

Coming Soon

26 April 2024

Harbour House New Vision Launch and Naomi Frears Opening Event

Harbour House Ground Floor Gallery
Fri 26 April 5:30pm - 8pm
Speeches: 6pm - 6:30 pm

Welcome: Nigel Llewellyn, Chair of Harbour House Trust
Speeches: Amy Dickson, Director, Harbour House;
Tina Graham, Head Teacher, Kingsbridge Community College and Kingsbridge Mayor, Phillip Cole

Please join us and hear from Harbour House's Director and Chair of Trustees about our new vision to enrich the lives of the people of our town and surrounding communities through art, creativity, and wellbeing practices.

It will also be an opportunity to see our new exhibition by artist Naomi Frears, *The Days of the Future Stand Before Us*. The exhibition will feature two works by Frears, *Men Falling*, 2020 and *Ten* 2016/24 for the first time. In both works, Frears uses the studio window as a camera, capturing and choreographing the movements of surfers and beachgoers on the beach and beyond.

We will be offering drinks and free refreshments from our new vegetarian cafe in the front garden.

All Welcome, No Need to Book.



27 April - 15 June 2024

The Days of the Future Stand Before Us Exhibition

Harbour House Ground Floor Gallery
Sat 27 April - Sat 15 June 2024
Mon - Sat 10am - 5pm

The first part of *Men Falling* observes surfers as they come to the end of their ride on a wave. In these final moments they seem to give themselves to the sea, each bringing their own particular style to the dismount. This is paired with a second section that recounts the artist's memories of the days leading up to the death of her father. *Men Falling* was commissioned by Exeter Phoenix as part of their moving image commission programme.

In *Ten*, originally made for an exhibition at Kestle Barton, Cornwall in 2016, Frears explores how people typically behave on the beach, for example rolling in the sand, pointing or playing ball. Observing how the beach goes disappear briefly behind the frames of her studio window, like characters in the gutter of a comic book, Frears playfully choreographs their movements, exploring the space between what is past and what is yet to happen. Harbour House has commissioned Frears to make a new soundtrack for *Ten* with sound artist S J Blakemore. This is the first time this new version of the work has been shown.

Visitors can also explore a FREE drop-in Stop Motion Clay Animation activity in the gallery.

9 May 2024

In Conversation with Naomi Frears, Amy Dickson and Matt Burrows

Harbour House Ground Cafe & Gallery
Thursday 9 May
Two Course Dinner 6:30 - 7:30 for £15
Talk: 7:45 - 8:45

Naomi will be in conversation with Matt Burrows, Curator at Exeter Phoenix, who commissioned *Men Falling* as part of Phoenix's artist moving image commission and Amy Dickson.

Join us for an enjoyable evening of conversation, and/or dinner in the cafe.

Booking essential via Harbour House Eventbrite:
Dinner and In Conversation Eventbrite Link
In Conversation Eventbrite Link

11 May 2024

Naomi Frears - New Moves Workshop

Harbour House Ground Cafe & Gallery
Saturday 11 May, 1pm - 3pm

Join artist Naomi Frears and make stop motion films on the beach. You will plan your movements/actions, then use the *Stop Motion Studio* app to film them. Your films will have that flickery stop motion magic. What you do can be simple, subtle, flamboyant, fast, or slow. Add a soundtrack, a voice over, or music and - wow - you made a masterpiece.

FREE, All welcome. Booking essential via Eventbrite.
New Moves Workshop [Eventbrite Link](#)

14 May 2024

Harbour House Community Open Meeting

Harbour House Quay Lane Studio
Tues 14 May 6:30pm - 8pm

Please join us at our community open meeting - an opportunity for the community to meet the Harbour House team and representatives from the board of trustees and to discuss the new vision for Harbour House. We will offer free light refreshments for all participants.

FREE, All Welcome. Booking essential via Eventbrite, or sign up sheet in the gallery.
Community Open Meeting [Eventbrite Link](#)

20 June - 23 June 2024

KCC Creative Leaders Crepuscular Creatures Exhibition

Harbour House Ground Floor Gallery
Mon - Sat 10am - 5pm

Join our Creative Leaders - sixth formers from Kingsbridge Community College - and local artists to find out about and be inspired by local crepuscular creatures (animals active at twilight), as part of Kingsbridge Nature Festival.

More updates will be on our social media.

28 June - 6 July 2024

Kingsbridge Community College, Create Exhibition

Harbour House Ground Floor Gallery
Fri 28 June - Sat 6 July
Mon - Sat 10am - 5pm

As part of our continued partnership with Kingsbridge Community College, students will be curating and installing an exhibition of their work across a range of media. This exhibition will showcase works by students from five year groups.

20 July 2024

Harbour House Presents Jeremy Deller's ACID BRASS Performance

Band Stand, Kingsbridge Town Square
Saturday 20 July, 4:30pm - 5:30pm

As part of the Kingsbridge Fair week celebrations, Harbour House presents Turner Prize winner Jeremy Deller's iconic ACID BRASS, the unlikely fusion of Acid House Anthems performed by a traditional 28 piece Brass Band, the Williams Fairey Band supported by KNDS.

With thanks to our partners, Kingsbridge Fair Week

FREE Performance and FREE Refreshments from JARSQUAD in the gallery, All Welcome.

20 July 2024 - 21 Sep 2024

Jeremy Deller ACID BRASS Exhibition

Harbour House Ground Floor Gallery
Sat 20 July - Sat 21 Sep 2024
Mon - Sat 10am - 5pm

Alongside the live performance of ACID BRASS for Fair Week, we will also have an exhibition of Turner Prize Winner Jeremy Deller's work in the gallery, bringing together works which explore protest and dissent from the prevailing political and social order in recent British History through two diverging forms of music - Brass Band music and Acid House. Not to be missed.

The Board

Nigel Llewellyn

Chair, Harbour House Board of Trustees

Nigel Llewellyn was Professor of Art History at Sussex University and also Dean of European Studies and Pro-Vice-Chancellor. After a time at the Arts and Humanities Research Council he established and ran the Tate Research Department. He has curated exhibitions at the V&A and written over 50 scholarly publications. He lives near Kingsbridge.

Cat Bagg

Harbour House Board of Trustees

Cat Bagg is an independent curator and producer, and the co-founder (along with Rosie Allen) of Field Notes CIC. She is also the Programme Coordinator for CAST, Helston, where she works across visual arts screening, events and learning programmes.

Annabel Bennett

Harbour House Board of Trustees

Annabel has implemented impactful initiatives working at charities including Katherine Low Settlement and the UK Charity Clothing Collective. Annabel hopes to use her experience to help drive meaningful transformation at Harbour House.

Caroline Forcer

Harbour House Board of Trustees

Caroline is a freelance marketing and communications consultant with a background in the charity sector and central government communications. She is a volunteer editor for CARE International UK and also volunteers at a drop-in centre for homeless and vulnerable adults.

Rachel Harrington

Harbour House Board of Trustees

Rachel began her career in the charity sector and now holds a senior leadership role as a philanthropy and wealth adviser within a UK private bank. She is also a trustee of a charitable foundation, and a qualified yoga teacher.

Judith Robinson

Harbour House Board of Trustees

With over 40 years of experience working in the arts and cultural sector for institutions including the Arts Council England South West and The Box, Plymouth, Judith has first-hand knowledge of public sector funding and strategy. She is passionate about the role of art in society.

Pete Lawrence

Harbour House Board of Trustees

Pete lives in Kingsbridge and is an award-winning filmmaker, writer and photographer who has written, produced and directed drama, documentary, and Natural History programmes internationally. He is also an accomplished food writer and international food judge.

Amy Lightfoot

Harbour House Board of Trustees

Amy works in education, leading global research and teacher development projects for the UK's largest charity. Her areas of expertise are educational programme and project management, including monitoring and evaluation

Nick Grodhunce

Harbour House Board of Trustees

Nick runs a chain of hairdressing salons and a building development company. With his interest in art, Nick is Vice Chair of The Lenkiewicz Foundation, a charity promoting the ideas and work of the artist.

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