



### WEEK 1

#### PHILIPPIANS 4:11-13

Be Content

**SAY THIS:** God can help you be okay no matter what.

### WEEK 2

#### HEBREWS 13:5

Don't Be Controlled by Money

**SAY THIS:** Stuff can't keep you happy.

### WEEK 3

#### 1 KINGS 21:1-19, 27

King Ahab and Naboth's Vineyard

**SAY THIS:** Wanting what others have can make you miserable.

### WEEK 4

#### EXODUS 16:2-21; 17:1-7

Israelites Long for Egypt

**SAY THIS:** Don't miss out on what you have now.

## REMEMBER THIS

"Then he said to them, "Watch out! Be on your guard against wanting to have more and more things. Life is not made up of how much a person has."  
Luke 12:15 NIV

LIFE  
APP

**CONTENTMENT**—Deciding to be okay with what you have

DO THIS



MORNING TIME

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Write this on your child's mirror, "Decide to be okay with what you have. I am so glad I have you!"



DRIVE TIME

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Just for fun, everyone (parents included!), list out all the things you would buy right now if you had all the money in the world! Now, come back to reality and list out the things you currently have that meet all of your needs and more. Tell your kids this friendly reminder, "Don't miss out on what you already have now."



MEAL TIME

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Q & A for kids: What food can you never get enough of?  
Q&A for parents: Did you ever have a collection of anything when you were a kid?



BED TIME

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Read Hebrews 13:5. Whether you have a lot or a little, it's easy to want more to make you happy. God made us so that stuff can never fill us. His love is the only thing that can give us true joy. Chasing stuff won't make us happy, but showing love to God and to others will. Pray that you will grow closer to God and not depend on the things you own to make you happy.