

## Stand: Don't face your fears alone

Courage is being brave enough to do what you should, even when you're afraid.



### MEMORY VERSE

“Be strong and brave. Do not be afraid. Do not lose hope. I am the LORD your God. I will be with you everywhere you go.”  
Joshua 1:9b, NIV

### Week One

#### Joshua and Caleb

Numbers 13-14

You can do what you should even when others are afraid.

### Week Two

#### David Anointed/Goliath

1 Samuel 16:1-13 and 1 Samuel 17:1-51

You can do what you should even when things seem impossible.

### Week Three

#### Daniel Is Thrown Into a Den of Lions

Daniel 6

You can do what you should because God is with you.

### Week Four

#### Esther

The Book of Esther

You can do what you should even when you don't know what will happen.



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# Elementary

ENGAGE IN EVERYDAY MOMENTS TOGETHER

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## Morning Time

As your kid starts their day, encourage them by saying something like: “I saw you being brave when you . . .”

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## Meal Time

At a meal, ask everyone at the table: “What is something that people are afraid of? What is something you are afraid of?”

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## Drive Time

While on the go, ask your kid: “What is something brave you saw or heard about someone doing?”

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## Bed Time

Pray for each other: “God, even when other people around us are scared, help us to be brave and to trust in You. Whether that’s making the right choice, being kind to someone, or whatever it may be.”

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