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The Preschool at Kapalua

Jesus Always Forgives and Forgets

POWERSOURCE

ASK JESUS:

1. To forgive your sins: the wrongs you've committed and the "rights" you've omitted.
2. To make forgiveness a key component of your family's life.
3. To help you model repentance and forgiveness for your kids.

During the season of Lent, which begins on Ash Wednesday the traditional focus is on our sinfulness and our need for a Savior. Lent isn't a time to wallow in guilt but to humbly reflect, repent, and turn to Jesus, who always forgives us.

People of all ages often have a tough time forgiving others—or asking for forgiveness. Letting go of our hurt and anger when we've been wronged can be challenging. And admitting when we've messed up is rough on the ego.

Thankfully, Jesus provides us with complete forgiveness and also shows us how to live as forgiven and forgiving people. Through his

price for our sins. The Bible says God casts our sins "into the deepest part of the sea" (Micah 7:19) and remembers them "no more" (Hebrews 8:12).

Family life offers many opportunities to learn about and practice forgiveness. As Anne Lamott writes in her book *Almost Everything*, "If the earth is forgiveness school, family is your postdoctoral fellowship." Parents have the privilege of showing kids what it looks like to lovingly ask for and grant forgiveness. This helps children understand the importance of Jesus' gift of complete forgiveness—and his command to forgive others, even our enemies.

Read on for ways to explore the topics

Forgiveness Is Divine

Because forgiveness is an abstract concept and only God can forgive perfectly, children's thoughts about forgiveness gradually mature over time.

- Ages 3 to 5: Concrete thinkers process life in literal terms. Ask questions to help make connections. Give hugs and say, "I love you. I forgive you."
- Ages 6 to 8: Children this age connect new ideas to old information. Help them make associations by modeling kindness in relationships.
- Ages 9 to 12: Older kids begin to think abstractly but still rely on familiar experiences. Let kids ask questions, and value their thoughts.



TEACHABLE MOMENTS

All Clear!

Hand out calculators or use the calculator on your phones. Say: **Let's do some addition. Add $3 + 3 + 4 + 4 + 5 + 6 + 7$. What did you get? 32! Me too. Here's another one: Add $2 + 3 + 4 + 5 + 6 + 7 + 8$? What did you get this time? 35! Me too. One more: Add $7 + 9 + 4 + 6$. What did you get? (Family members will say "26.") Oh my, I must have added wrong. I got 25. Here, I'll just push the "clear" button and try again. Yep, it's 26!**

Say: **The "clear" button is one of the best things about calculators. If you make a mistake, it just wipes the screen clean and you can start over.**

Read Isaiah 43:25. Say: **When God forgives our sins, he doesn't even remember them. It's like God has a clear button, wiping out those sins forever. Jesus paid the price for our sins by dying on the cross. But because he rose again, God wiped away all our sins, like with this "clear" button. We can start over and don't have to worry about past sins.**

Forgiveness Brings Healing Ask family members to consider times they've been hurt by someone's actions and been unable to forgive. Have them draw a symbol of each hurt on a bandage and place bandages on their exposed skin. Ask: "What makes it tough to forgive? How did it feel to be forgiven?" Read aloud Matthew 6:14. Say: "Jesus forgives all our sins and tells us to forgive people who sin against us." Remove the bandages and pray together for hearts that forgive and heal.

Spell It Out Down the left side of a chalkboard or piece of paper, write the word FORGIVE. Talk about what it feels like to be forgiven, and write one of those feelings by each letter; for example, Free, Open, Relieved, Grateful, and so on.

Press on With Forgiveness On one wall, tape a sign that says "Past" and on the other a sign that says "Future." Ask family members to think about good things from the past as well as things they regret. Say: "Try to cross the room walking backward, keeping your eyes on the past. If you bump into anyone, fall, or look back, you have to sit down where you are." Afterward, say: "It's good to learn from the past, but we shouldn't get stuck there and forget about God's

forgiveness." Read aloud Philippians 3:13-14. Have people cross the room again, this time facing forward. Say: "Let's live for Jesus, with our eyes on him."

Don't Hide Sin! Wrap masking tape around a rock and write "sin" on it. Have family members close their eyes while one person hides the rock. Then have everyone else search for it. Repeat several times. Then ask: "What was it like to hide the rock? To search for it?" Read aloud Numbers 32:23. Ask: "Have you ever had a sin discovered even though you tried to hide it? What happened? What does God want us to do when we've sinned?" Use a marker to blot out the word "sin" on the rock. Close by reading aloud 1 John 1:9.

Good Riddance With highlighters, take turns writing down sins on a coffee filter. (Assist younger kids.) Say: "The Bible says when we confess—or admit—our sins, God always forgives us." Put a few drops of lemon juice on the writing and watch as the "sins" disappear. Read aloud Acts 3:19. Say: "The juice made the words disappear, just as God makes all our sins disappear when we say we're sorry. We may still have to deal with the consequences, or results, of our sins, but when God forgives sins, they're totally gone. Hooray!"

But if we confess our sins to him, he is faithful and just to forgive us our sins and to cleanse us from all wickedness.

—1 John 1:9