

GREG'S NOTES

A NEW BEGINNING TEACHING OUTLINES

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THINGS THAT MAKE THE HOLY SPIRIT SAD

Ephesians 4

Did you know that it is possible to bring sadness and sorrow to the Holy Spirit? Indeed, Scripture points out that we can lie to as well as quench the Spirit by refusing to be led by Him, or we can resist the Spirit by rejecting His work. When we grieve the Spirit, it means to make Him sad or sorrowful. It means to bring pain or distress to Him.

PRACTICAL PRINCIPLES

1. **Foul and abusive language makes the Holy Spirit sad.** The word used here conveys the idea of something that is rotten. It speaks of obscene language. It includes profanity, dirty stories, vulgarity, and double entendre. Or constant profanity, cursing, and taking the Lord's name in vain. This grieves God's Spirit. It makes God's Spirit sad. Don't have that in your life.
2. **Bitterness makes the Holy Spirit sad and sorrowful.** This means having an embittered and resentful spirit, which refuses to be reconciled. Bitter people can't keep it to themselves. They like to spread it around. That is why it warns in Hebrews about a root of bitterness springing up and defiling many. Get rid of bitterness.
3. **Fits of rage and uncontrolled anger make the Holy Spirit sad.** Ephesians 4:31 says, "Get rid of all bitterness, rage, anger, harsh words, and slander" (NLT). The word rage speaks of the person who is easily angered. Slander is speaking evil of others. Some people love to slander. They will compliment you to your face and then they will stab you in the back.

RELEVANT REMINDERS

- God has given us the absolutes of Scripture to protect us. He has given us the commandments not to make our lives miserable, but to keep us safe.
- As Christians, we should stay away from immorality, fornication, uncleanness, covetousness, filthiness, and foolish jesting.
- The secret to spiritual growth is consistency. Long obedience in the same direction. There is no better way to spend your life than following Jesus Christ.

APPLICABLE ACTIONS

Don't resist the Holy Spirit. Respond to Him. He tugs deeply inside of your heart. If you say, "You know what? I want to believe in Jesus" and you are responding to the Spirit, He will bring you right to Christ. You can believe in Him and have all of your sins forgiven.