



Final Race Briefing

Key Event Staff - all can be accessed via Race Control

Event Lead	Holly Mobbs
Event Lead & Event Safety Officer	Gavin King
Chief First Aider	Mark Benton
Chief Umpire	Brian Chapman
Welfare Officer	Holly Mobbs

Race Day Schedule

Please do not arrive on site before 07:45 as it will be closed.

07:45	Car Park and Site Open
08:00	Check in open for Team Leaders only in race control in the boat house entrance
08:05	Boat Control opens for all in boat storage (other side of the site cafe)
09:10	Lake open for warm-up
09:30	First start
16:30	Prize Giving (approximately)
18:00	Site closes

Site Specific Briefing

We are using Manvers Lake for the first time for a national canoe marathon event. ***Please ensure it is treated with respect*** so the sport is shown in the best light.

The weather forecast is currently inconsistent. Please ensure you have appropriate clothing for all weather conditions.



When not using your boat for racing, please store it either within the **boat storage** compound by boat control OR your **own car roof rack**. Do not leave around the site elsewhere as they will be moved.

Do not attempt to access any out of bounds areas such as the portage and area around the start, starter and the time keeping team if not currently racing.

All clubs must have a Team Leader to collect number boards from check in, ensure their contact details at race control are correct and be contactable throughout the day for penalties and protest liaison. **Number boards cannot be collected by anyone else for this reason.** Check in will be within the entrance to the boat shed.

Site Map



1	Race control, check-in, first aider, onsite cafe, toilets, changing rooms
2	Car parking
3	Overflow car parking
4	Road crossing for overflow car parking
5	Trade stands
6	Boat control, boat storage and embarkment/disembarkment area
7	Start and Finish area
8	Portage area
9	Site entrance by car

To access accessible parking, please speak to the parking marshal at the gate to the main car park and they will direct you to the correct spaces.

Traders will be directed down to access set-up upon arrival.

Extra portaloos are available by the portage.

Racing Schedule

Time	Start 1	Start 2
09:30	Veteran Men K1 & Para Men Heat 1	Veteran Men K1 & Para Men Heat 2
10:00	Junior Women K1 & Senior Women C1 Heat 1	Junior Women K1 & Senior Women C1 Heat 2
10:30	Junior Men K1 Heat 1	Junior Men K1 Heat 2
11:00	Senior Women K1 Heat 1	Senior Women K1 Heat 2
11:30	Senior Men K1 Heat 1	Senior Men K1 Heat 2
12:00	LUNCH	LUNCH
12:30	LUNCH	LUNCH
13:00	Veteran Women K1 & Para Women Final A	
13:30	Veteran Men K1 Final A	Veteran Men K1 Final B
14:00	Junior Women K1 & Senior	Junior Women K1 & Senior



	Women C1 Final A	Women C1 Final B
14:30	Junior Men K1 Final A	Junior Men K1 Final B
15:00	Senior Women K1 Final A	Senior Women K1 Final B
15:30	Senior Men K1 Final A	Senior Men K1 Final B

Heat draws can be found [here](#).

Live results will be published [here](#) throughout the day, including final draws after heats are completed.

Race Specific Briefing

You must go through boat control before getting on the water. All boats must present **suitable buoyancy** to keep it afloat in the case of capsize and as detailed in the marathon racing rules. Boat control have the right to turn boats away if they do not believe the buoyancy is suitable.

Any paddlers ranked within division 7-9 must wear a **buoyancy aid** while on the water. Race organisers reserve the right to make buoyancy aids compulsory to all so please ensure you have one with you.

When warming up, you must stay off the race course. This is marked by large yellow buoys, which you must stay to the right of.

Starts within race blocks will be separated by 2 minutes. **You must not go towards the startline until instructed by the pre-starter to do so.** Any infringements could be penalised. You must also be ready to move onto the start line when instructed to do so. Races will not be held.

Starts will be **standing and on starters orders**. Any infringements could be penalised. Competitors will need to reverse paddle into the start area, which will be indicated by two flags on the bank and two smaller yellow buoys. There will not be boat holders but start procedures of a held start will be followed.

Paddlers who fail to finish a heat must contact race control via Team Leader within 30 minutes of the race finishing if they wish to race a final regardless. They will automatically be placed in Final B.

First three boats in each heat will qualify into final A, followed by the next best times to make up the rest of the field in final A. Number of boats within final A will depend on the size of the field and will be approximately the same size as the heats (total number of entries/number of heats). Final draws will be published as soon as possible after the final heat. This will be broadcasted to team leaders on the Whatsapp group as well as on the live results page on the MRC website.

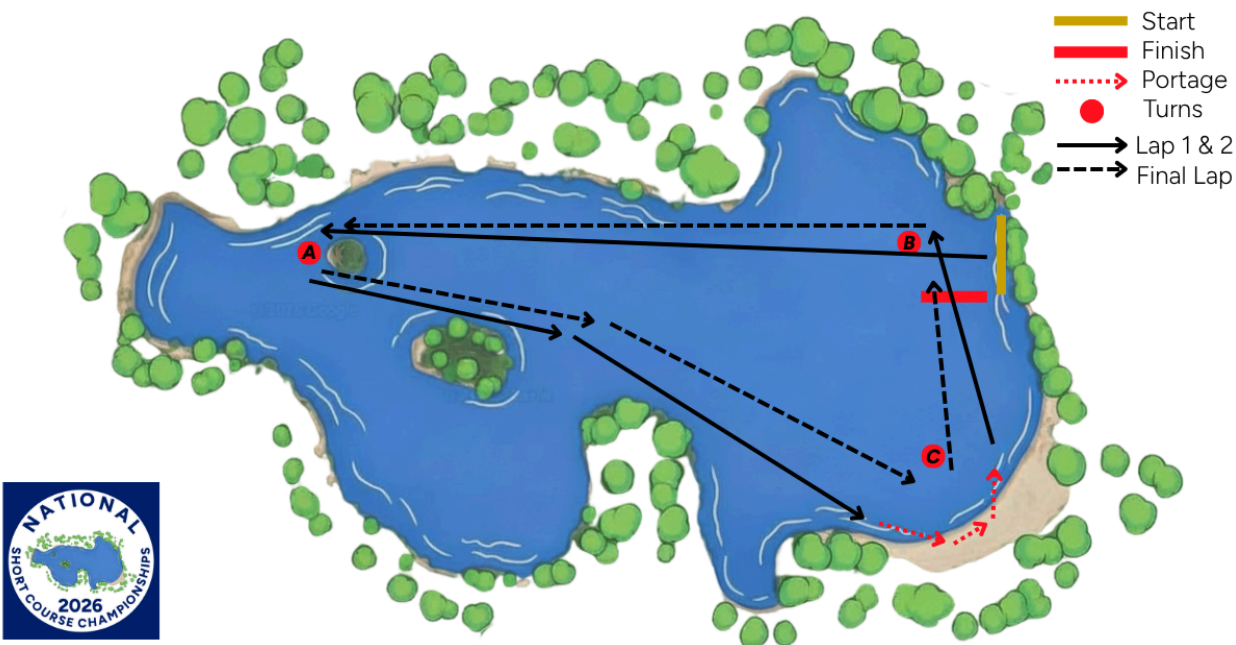
Marathon racing is a **non-contact sport** and all participants are expected to race respectable and fair. Any incidents viewed as excessive aggression will be penalised as stated within the



[Marathon Racing Rules](#). If you receive a penalty that you would like to protest, please speak to your club team leader in order to submit a protest to the Chief Umpire via race control within 30 minutes of the penalty being communicated to you. Any penalties awarded will be added onto finish time after the race.

Club Points will be awarded for each paddler with a finish in a Final. A paddler will be awarded points in the sub category they score highest points. With 50 points for 1st, 49 for 2nd, and so on. You must wear club vests to score points.

Race Course Map



Start - Turn A - Portage - Turn B - Turn A - Portage - Turn B - Turn A - Turn C - Finish

Both Turn A and Turn B will be marked by three red buoys. Turn C will be marked by two red buoys. Competitors must ensure all red buoys are kept to your left at all times.

Paddlers with a portage exemption must turn around the Turn C and wait for the paddlers that they were with to exit the portage before continuing paddling (only applicable to portage exemption). If you do not arrive with another boat, you must wait at the last turn buoy for 30 seconds before continuing. This will be monitored by marshals and time penalties will be awarded to any boats not following this procedure. All boats with a portage exemption will be provided a yellow number board to signify this to the marshal team and other competitors.

To request a portage exemption, please contact mobbsholly@yahoo.co.uk via email. Para athletes do not need to do so.