

Clinician's Biographies

University of Iowa Coaching Staff First Season

SHARON DINGMAN
Head Coach

BEN BOLDT
Volunteer Assistant Coach

JASON ALLEN
Assistant Coach

ANGIE BOLDT
Director of Operations

2008 Highlights

- Led Hawkeyes to most conference wins and most overall wins since 2000
- Highest Big Ten finish since 2000
- Tied the 4th longest win streak in school history with seven wins in a row
- 350th career win for Dingman on November 14th
- Nine Academic All-Big Ten Players



Sharon Dingman, Iowa
Head Volleyball Coach



CATHY NOTH

Playing Career

Setter/Hitter for the
University of Nebraska
(1981-1984)

Trained and played as
setter on the USA National
Team (1985-1988)

Alternate for the Seoul Olympics (1988)

Open Nationals player and 3 time MVP (1999 -
present)

Coaching Highlights

Assistant Coach at the
University of Nebraska (1988-1998)

National Championship Assistant Coach (1995)

Coached 26 All-Americans



TOM KEATING

Coaching Highlights

Overall Record: 776-82

11 State Championships

17 Conference
Championships

7 Time Iowa Coach of the
Year Award

2003 NFHS National Coach of the Year

2003 Prepvolleyball.com National Coach of the
Year

2002 NHSACA National Coach Hall of Fame

IGCA Eagle Award for Service



2009 Coaches Clinic August 14th - 15th



F e a t u r i n g

Tom Keating

Former Dubuque-Wahlert Head Coach
11 State Championships
Overall Record: 776-82

Cathy Noth

Former USA National Team Member
Nebraska Assistant Coach (1988-1998)
Coached 26 All-Americans

Iowa Coaching Staff

Sharon Dingman

Iowa Head Volleyball Coach

Jason Allen

Iowa Assistant Coach

Ben Boldt

Iowa Volunteer Assistant Coach

Angie Boldt

Director of Volleyball Operations



Clinic Details

Cost

\$90 Per Coach

Registration fees include: clinic notebook with handouts for each session, lunch on Saturday and clinician's fees.

Clinic Hotel

Clinic Hotel information will be provided with your confirmation letter.

Clinic Location

CARVER HAWKEYE ARENA

Located on the corner of Hawkins Drive and Newton Road in Iowa City, IA

Questions?

Contact Director of Volleyball Operations

Angie Mlinar

319-335-9351

angie-mlinar@uiowa.edu

Clinic Schedule

Friday, August 14th

6:00pm - 9:00pm

2:30pm	Iowa Team Practice (Open Practice)
5:00pm	Clinic Registration
6:00pm	Welcome
	It's all About the First Contact by Iowa Staff
7:00pm	Ball Control: Maximizing Reps by Iowa Staff
8:00pm	Training Your Hitters by Iowa Staff

Saturday, August 15th

9:00am - 5:00pm

9:00am	Blocking and Favorite Drills by Tom Keating
10:00am	Building a Championship Program by Tom Keating
11:00am	Setter Training by Cathy Noth
12:00pm	Lunch in Carver
1:00pm	Running an Efficient Practice by Cathy Noth
2:00pm	Out of System Training by Iowa Staff
3:00pm	Strategies for Match Preparation by Iowa Staff
4:00pm	6 vs. 6 Drill Ideas by Iowa Staff
5:00pm	Clinic Ends

**Confirmation letters will be sent via email.
Please write email address legibly.**

Make checks payable to the:

University of Iowa

Send Registration Form and Payment To:

Iowa Volleyball

Attn: Angie Boldt

213 CHA

Iowa City, IA 52242

Registration Form

Name _____

School/Club _____

Home Address _____

City _____ **State** ____ **Zip** _____

Email _____

Cell Phone _____

Home Phone _____
