Iowa State Track & Field Classic

February 11-13, 2010 Tentative Time Schedule

Thursday, 1	February 11 th – Heptathlon	Pentathlon Only	- All times are approximate				
12:30 PM	60 Meter Hurdles	(W)	Pentathlon				
12:45 PM	60 Meter Dash	(M)	Heptathlon				
1:15 PM	High Jump	(W)	Pentathlon				
1:25 PM	Long Jump	(M)	Heptathlon				
2:45 PM	Shot Put	(M)	Heptathlon				
3:20 PM	Shot Put	(\mathbf{W})	Pentathlon				
3:45 PM	High Jump	(M)	Heptathlon				
4:15 PM	Long Jump	(\mathbf{W})	Pentathlon				
5:15 PM	800 Meter Run	(W)	Pentathlon				
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	oruary 12 th – Heptathlon/Pe						
9:00 AM	60 Meter Hurdles	(M)	Heptathlon				
9:45 AM	Pole Vault	(M)	Heptathlon				
12:00 PM	1,000 Meter Run	(M)	Heptathlon				
FIFLD EV	ENTS – All events should b	e on time					
1:30 PM	Pole Vault	(W)	Non-Seeded				
1:30 PM	Weight Throw	(W) (W)	Tion-occur				
2:00 PM	Long Jump	(W) (W)	West Pit				
2:00 PM	High Jump	(W) (W)	Non-seeded				
2:00 PM	Long Jump	(M)	East Pit				
5:00 PM	Weight Throw	(M)	Last 1 It				
5:00 PM	High Jump	(M)	Non-Seeded				
5:00 PM	Pole Vault	(W) (W)	Seeded Seeded				
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Iowa State Track & Field Classic

Saturday February 11-13, 2010 Tentative Time Schedule

Saturday, February 13th Afternoon Session

<u>FIELD EVENTS</u> – All events should be on time					
10:00 AM	Shot Put	(W)			
10:00 AM	Pole Vault	(M)	Non-Seeded		
11:00 AM	Triple Jump	(W)			
12:30 PM	High Jump	(W)	Seeded		
2:00 PM	Pole Vault	(M)	Seeded		
2:30 PM	High Jump	(M)	Seeded		
	Triple Jump	(M)			
3:00 PM	Shot Put	(M)			

<u>RUNNING EVENTS</u> - All running events are run fast section first except as noted Times are approximate - a rolling schedule will be implemented after the first event

1:00 PM	600 yard dash	(W)	
1:20 PM	600 yard dash	(M)	
1:40 PM	Mile run	(\mathbf{W})	Seeded
2:00 PM	Mile run	(M)	Seeded
2:15 PM	5,000 meter run	(\mathbf{W})	Seeded
2:55 PM	5,000 meter run	(M)	Seeded
3:30 PM	60 meter Hurdles	(\mathbf{W})	Final
3:40 PM	60 meter Hurdles	(M)	Final
3:45 PM	Masters Race		
3:50 PM	400 meter dash	(\mathbf{W})	
4:20 PM	400 meter dash	(M)	
4:50 PM	60 Meter Dash	(\mathbf{W})	Final
4:55 PM	60 Meter Dash	(M)	Final
5:00 PM	800 meter run	(W)	
5:15 PM	800 meter run	(M)	
5:30 PM	3,000 meter run	(\mathbf{W})	Seeded
6:00 PM	3,000 meter run	(M)	Seeded
6:30 PM	4 x 400 meter relay	(\mathbf{W})	
7:00 PM	4 x 400 meter relay	(M)	