# 2012 Winter Coach's Clinic

\*Registration Deadline is January 13, 2011 \*Late registration (including walk-ups) will incur a fee of \$10

# Pitching

Iowa Head Softball Coach and pitching coach, Marla Looper, will share her knowledge on teaching pitching from her 16 years of coaching experience. Coach Looper will discuss pitching mechanics, mental game and pitcher presence among other topics. Coach Looper is in her 2nd season as the head coach at the University of Iowa after spending the previous 11 years as an assistant coach at the University of Texas where she coached top pitchers including Cat Osterman.

## Defense

Iowa Assistant Softball Coach and defensive coach, Adrianna Baggetta, will lead an instructional session which will cover defensive fundamentals, team defense, and position skill work among other topics. Coach Baggetta is in her second 2nd season at Iowa after spending the previous 12 years at The University of South Carolina as a player, assistant coach, and associate head coach.

### Offense

Iowa Assistant Softball Coach and offensive coach, Stacy May-Johnson, will cover several topics including hitting mechanics (using Right View Pro video technology), short game, and base running. Coach Johnson is a University of Iowa Alumni in her 2nd season as an assistant coach after spending 3 years as a Volunteer Assistant Coach at the University of Louisville. Coach Johnson is a 6 year veteran of the Nation Professional Fastpitch League and a current member of the United States National Team.

# Softball Specific Strength and Conditioning

Iowa Assistant Strength Coach Jamie Wynn will discuss softball specific strength and conditioning for all levels and ages. Coach Wynn is in her first season at Iowa after competing as a thrower in the University of Missouri Track and Field team where she was an All-Big 12 performer.

# **NCAA Recruiting Rules**

A University of Iowa NCAA rules expert will share NCAA rules and regulations for the recruitment of Prospective Student-Athletes. He will also field questions so be prepared to ask questions.

# **Iowa Softball Team Practice**

You will attend an Iowa Softball practice where you will observe how coaching strategies are implemented on a daily basis.

#### Clinic

The clinic will begin at 10:00am and will finish at 7:00pm with a break for lunch:

10:00am-4:00pm Classroom setting

4:00pm-7:00pm University of Iowa softball team practice

#### Registration

Complete the application form and mail the form and payment to Iowa Softball by **January 13**. A confirmation packet will be sent by email to all registrants upon receipt of the completed application. The confirmation packet will include directions to the clinic and instructions for parking. Check in will begin at 9:30am at Carver Hawkeye Arena.

#### Late Registration

Registration after Jan. 13 (including walk-ups) will incur a fee of \$10.

### Facility

The classroom portion of the clinic will be held in the Feller Club Room in the newly renovated portion of Carver Hawkeye Arena located on Hawkins Drive on the University of Iowa campus.

The team practice portion of the clinic will be held from in the University of Iowa Bubble which is located on Evanshevski Drive on the University of Iowa campus.

Lunch

Lunch will be provided.



# 2012 Iowa Softball Coach's Clinics



January 21, 2011 10:00am-7:00pm Iowa Bubble Iowa City, IA

Check the appropriate box(es) to register:	
Coach-\$75 (Lunch Provided)	
High School Student (Future Coach)-\$20 (Lunch Provided)	
Late Registration (After Jan. 13)-\$10	
Total (Make Checks Payable to The University of Iowa)	

Name:				
Address:				
City, State, Zip:				
Email Address:				
Phone Number:				
Coach (Check all that apply): High School Ju	nior High	ASA	College	Other
Name of School				
Name of ASA Team				
IF YOU ARE A STUDENT REGISTERING, PLEASE CO	OMPLETE THE FO	LLOWING:		
Name	City			
School	Grade			
(Students may attend and observe all sessions but there	e will be no hands-c	on participatio	on)	

Return registration and full payment by January 13 to:	Please direct all inquiries to:
Iowa Softball Clinic	Stacy May-Johnson
S349 Carver-Hawkeye Arena	stacy-may@iowasoftball.com
Iowa City, IA 52242	319-335-9263