THE UNIVERSITY OF IOWA



HAWKEYE ROWING

Rowing Contact: Ashley Carlson

Oct. 6, 2010

Schedule

Fall 2010

- 9/25 at Head of the Des Moines Des Moines, IA
- 10/10 at Head of the Oklahoma *Oklahoma City, OK*
- 10/31 Head of the Iowa *Iowa City, IA*
- 11/7 at Southland Regatta Calumet Park, IL

Spring 2011

- 3/19 at Longhorn Invitational *Austin, TX*
- 4/03 at San Diego Crew Classic San Diego, CA
- 4/9 at Minnesota & Wisconsin *Columbus, OH*
- 4/23 East Coast Race *TBD*
- 5/15 at Big Ten Championships *Indianapolis, IN*
- 5/29 at NCAA Championships *TBA*

Iowa Quick facts

Head Coach:	Mandi Kowal
Assistant Coaches:	Carrie Callen
	Scott Ramsey
Graduate Assistant	Jeffrey Houtz
2010 Big Ten Finish:	6th

Sports Information

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HAWKEYES RETURN TO ACTION AT HEAD OF THE OKLAHOMA

THIS WEEK: The University of Iowa women's rowing team will continue the fall season Saturday and Sunday as it travels to Oklahoma City, OK for the Head of the Oklahoma. Races will begin at approximately 8:30 a.m.

THE RACE: In this weekend's regatta, hosted by Oklahoma City University, rowers will race through a 2.5 mile course down the Oklahoma River. The event is part of Oklahoma's City's premier fall event, the Oklahoma Regatta Festival. The Hawkeyes will be competing in the collegiate 8's, 4's and open pairs.

LAST EVENT: The Hawkeyes kicked off the fall season at the Head of the Des Moines Sept. 21. The Hawkeyes dealt with uncooperative weather. The teams were delayed due to lighting, but were able to compete in the collegiate eights. Not long after the eighths, the regatta was cancelled due to the bad weather.

HOME OF THE HAWKEYES: The P. Sue Beckwith, M.D., Boathouse was dedicated September 18, 2009. The new state of the art facility for the Hawkeyes is located within the city of Iowa City's Terrell Mill Park, next to the Iowa River.

It is an ideal site to fulfill all the needs of the rowing team. More efficient boat storage racks, an indoor rowing tank, and an ergometer room (for machine rowing) is incorporated in the building.

HEAD COACH: Mandi Kowal is in her 17th year as head coach of the Hawkeyes. In the 1997 and 1998 NCAA Rowing Championships, she coached the Varsity 4+ teams to fourth and eighth-places finishes, respectively. Kowal began her rowing career at the University of Wisconsin in 1981. She was a two-time rowing World Champion in the Women's Lightweight 4- (1986-1987). She was named Female Athlete of the Year in 1987 by the US Rowing Association and was inducted into the United States Rowing Hall of Fame in 1997.

<u>QUOTING COACH KOWAL</u>: "We are very excited about the upcoming regatta,"said Head Coach **Mandi Kowal**. "Going to a new venue, racing under a new format, and competing against teams from several regions will be great."

HEAD OF THE IOWA: The Unviersity of Iowa women's rowing team will host the Head of the Iowa on Oct. 31. The event will be held at the Beckwith Boathouse and will start at approximately 10 a.m.

For more information regarding the Head of the Iowa go to hawkeyesports.com.