



University of Iowa Volleyball

vs. Indiana - September 21 - 7 p.m.
vs. Purdue - September 22 - 7 p.m.

Week Five

September 18, 2007

University of Iowa Hawkeyes

8-3

VS.



Indiana Hoosiers (9-3)
September 21 - 7 p.m.
Carver-Hawkeye Arena
Iowa City, IA



Purdue Boilermakers (7-4)
September 22 - 7 p.m.
Carver-Hawkeye Arena
Iowa City, IA

This Week • The University of Iowa volleyball team opens Big Ten play this weekend against Indiana and Purdue at Carver-Hawkeye Arena. The Hawkeyes will face the Hoosiers Friday and the Boilermakers Saturday. Both matches start at 7 p.m.

Hawkeyes on the Web • Fans who can't make it to North Carver this weekend can follow the action on hawkeyesports.com, where a live video broadcast along with Gametracker will be available.

Live video complete with play-by-play from the voice of the Hawkeyes Brian Wilson can be found on the volleyball schedule page of hawkeyesports.com. Gametracker can also be found on the schedule page of hawkeyesports.com.

Live audio will be available for all 31 matches this fall while live video will be available for all of Iowa's home matches. All Big Ten matches will require fans to pay a \$9.95 per month subscription fee.

This Weekend's Promotions • Friday's match against Indiana will be "Buck-a-Cup" night at Carver-Hawkeye Arena. The first 500 fans will receive an Iowa volleyball logo cup and can fill the cup at any concession stand for \$1.

Prior to Saturday's match against Purdue, Head Coach **Cindy Fredrick** will host the "Quick-Sets" appreciation dinner from 5:45-6:45 p.m. Pizza and beverages will be provided to season ticket holders with Fredrick to address the group at 6:15 p.m. Season ticket holders must RSVP by Friday by calling the Iowa Sports Marketing Office at (319) 335-9431.

Hawkeye-Holiday Inn Challenge Champs • Iowa defeated Texas Arlington, Ball State and the College of Charleston last weekend to claim the Hawkeye-Holiday Inn Challenge championship.

Win Over the Mavericks • Iowa opened its own tourna-

2007 Schedule

Date	Opponent	Time/Result
8/25-26	Hawkeye Challenge (2nd place)	
8/25	vs. #17 BYU	L, 30-21, 30-21, 19-30, 26-30, 13-15
8/26	vs. Marquette	W, 30-27, 28-30, 30-27, 30-21
8/31-9/1	at Northern Colorado Tournament (1-1st place)	
8/31	vs. UC Riverside	W, 26-30, 30-20, 30-28, 30-24
9/1	vs. St. Francis	W, 30-16, 30-24, 30-24
9/7-8	at Hampton Inn State of Iowa College Volleyball Challenge (3rd place) at Drake	W, 28-30, 30-24, 30-24, 30-21 W, 27-30, 30-26, 30-25, 33-31
	vs. Iowa State	L, 25-30, 22-30, 23-30
	vs. #21 LSU	L, 30-27, 24-30, 26-30, 30-19, 17-19
9/14-15	Hawkeye-Holiday Inn Challenge (1st place)	
9/14	Texas-Arlington	W, 21-30, 30-28, 30-20, 30-23
9/15	Ball State	W, 30-23, 30-26, 30-28
	College of Charleston	W, 30-26, 30-24, 30-24
9/21	Indiana	7 p.m.
9/22	Purdue	7 p.m.
9/26	Minnesota (Big Ten Network)	7 p.m.
9/28	Michigan	7 p.m.
10/5	at Penn State	6 p.m.
10/6	at Ohio State	6 p.m.
10/12	Illinois	7 p.m.
10/13	Wisconsin	7 p.m.
10/19	at Michigan State	5:30 p.m.
10/20	at Northwestern	7 p.m.
10/26	Ohio State	7 p.m.
10/27	Penn State	7 p.m.
10/31	at Minnesota (Big Ten Network)	7 p.m.
11/3	at Michigan (Big Ten Network)	6 p.m.
11/9	at Purdue	6 p.m.
11/10	at Indiana	6 p.m.
11/16	Northwestern	7 p.m.
11/17	Michigan State	7 p.m.
11/23	at Wisconsin	7 p.m.
11/24	at Illinois	7 p.m.

all times listed are central.

Iowa's Probable Starters

No.	Player	G	KPG	APG	DPG	BPG	SA
15	Megan Schipper	42	3.24	0.10	2.00	0.62	15
14	Megan Eskew	42	2.67	0.21	2.14	0.17	9
3	Kiley Fister	42	0.40	6.12	1.71	0.10	15
13	Aimee Huffman	41	1.76	5.27	1.32	0.66	10
1	Laura Kremer	42	2.17	0.12	0.48	1.36	6
10	Becky Walters	42	2.64	0.12	0.14	1.19	0
5	Emily Hiza	42	0.10	0.36	4.21	0.00	10



2007 Big Ten Standings

	CONF.	OVERALL
1. MICHIGAN	0-0	12-0
2. WISCONSIN	0-0	8-1
3. NORTHWESTERN	0-0	9-2
T4. ILLINOIS	0-0	8-2
PENN STATE	0-0	8-2
T6. MICHIGAN STATE	0-0	9-3
INDIANA	0-0	9-3
8. IOWA	0-0	8-3
9. MINNESOTA	0-0	7-3
10. OHIO STATE	0-0	6-3
11. PURDUE	0-0	7-4

2007 Quickfacts

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Iowa on the Web

Updated statistics, rosters, game notes, schedules and more can be found at the University of Iowa Athletic Department's website. The address is:

hawkeyesports.com

Media Information

PRACTICE ATTENDANCE - All practices are open to the media, and interviews may be conducted 15 minutes prior to or at the completion of practice. However, media must inform Aaron Blau of their intention to attend practice. The Hawkeyes practice daily from 12:30-3:30 p.m. at Carver-Hawkeye Arena.

PLAYER INTERVIEWS - All player interviews are coordinated through Aaron Blau of the Iowa Sports Information Office. Please contact Aaron (319-335-9268) so that he may set a time for an interview which does not interfere with the student-athlete's academic or practice schedules.

ment with a 3-1 win over Texas Arlington.

The Mavericks took an early 1-0 lead in the match after winning game one, 30-21. The Hawkeyes responded with a narrow 30-28 win in game two to knot the score at one game a piece.

Iowa shot out of the gates in game three, opening with a 17-9 run and never trailed. The Hawkeyes stretched their lead to 24-13 and coasted to take a 2-1 lead in the match.

The Hawkeyes recorded three of their 9.5 blocks in game four to help seal the match. Both teams traded points until the game was tied at 12-12. Iowa used a 10-3 run to game a 22-15 lead and never looked back, as **Kiley Fister** served the final six points for the win.

Hawkeyes Knock Off Ball State • Iowa defeated Ball State, 3-0, Saturday morning for its second win of the tournament.

Iowa used a 9-4 run to take an 18-11 lead in game one and extended its advantage to 25-18. The Hawkeyes eventually wrapped up the game, 30-23.

Ball State took a 24-19 lead in game two, but a 7-2 Hawkeye run tied the game at 26-26. Iowa finished on a 4-0 run for a 30-26 comeback win in game two.

Championship Win Over Cougars • Iowa took care of the College of Charleston, 3-0 Saturday night to claim the Hawkeye-Holiday Inn Challenge championship.

Iowa trailed most of game one before knotting the score at 18-18. A small 4-1 run gave Iowa a 22-19 lead that eventually became a 27-21 advantage. Iowa managed to maintain its advantage for a 1-0 lead.

Both teams traded points to start the second game until the Hawkeyes went on a 7-3 run to take a 17-13 lead. Iowa kept its lead until the Cougars clawed back to within three points at 27-24, but Iowa held on for a 2-0 advantage.

The Hawkeyes fought back from a 10-3 deficit in game three to tie the match (16-16). Iowa took a 17-16 advantage and never trailed after, taking a commanding 28-20 lead. A Cougar service error along with an **Emily Hiza** kill ended the match to give the Hawkeyes the tournament title.

Scouting Indiana • The Indiana Hoosiers are 9-3 overall this season.

Erica Short leads the Hoosier offense with 204 kills (4.74 kills per game). Lauren Ditteon has 116 kills (2.70 kills per game) while Ashley Benson has 107 kills (2.82 kills per game).

Mara Hilgenberg has a team-best 550 assists (12.79 assists per game). Benson has a total of 45 blocks (3 solo, 42 assists, 1.18 blocks per game) while Taylor Wittmer has 42 blocks (3 solo, 39 assists, 1.11 blocks per game).

The Hoosiers are coached by Sherry Dunbar. Iowa trails the all-time series, 29-24.

Scouting Purdue • The Purdue Boilermakers enter this weekend with a 7-4 record. Purdue plays at Minnesota Friday night.

Stephanie Lynch leads the Boilermaker attack with 177 kills (4.21 kills per game). Danita Merlau has 162 kills (3.86 kills per game) while Samantha Mader has 117 kills (2.79 kills per game).

Jaclyn Hart is Purdue's primary setter with 439 assists (10.71 assists per game). Lynch also leads the team in blocks with 47 (nine solo, 38 assists, 1.12 blocks per game).

The Boilermakers are coached by Dave Shondell. Iowa trails the all-time series, 18-8.



Head Coach Cindy Fredrick



Cindy Fredrick is in her fourth season as head coach of the Iowa volleyball team.

The Hawkeyes have improved in every facet of the game since Fredrick arrived in 2004. In the first year of the Fredrick Era, the Hawkeyes began laying the foundation of a successful program. The team not only improved both their overall and Big Ten Conference record, but became more competitive in every aspect in the game. The coaching staff

worked hard to instill a new winning attitude in the team, which helped the Hawkeyes to an 8-3 start.

The Hawkeyes continued to make strides in 2005 recording more wins (14), Big Ten wins (4), kills (1,709), assists (1,527), service aces (161) and blocks (252) than Fredrick's first year. There were plenty of highlights on the year, including an 11-4 start and the team's first win over in-state rival Northern Iowa in 16 years.

Individually, Fredrick guided Catherine Smale to a spot on the Big Ten all-Freshman team in 2005 – the first Hawkeye to earn that honor. The coaching staff also made great strides in recruiting, pulling in the 30th-ranked class in the nation according to prepvolleyball.com.

The Hawkeyes broke two school attendance records during the 2006 season. Iowa averaged 1,008 fans, which broke the single-season average attendance record. Fredrick and her Hawkeyes also drew 1,690 fans to the Iowa State match, which shattered the single-match attendance school record. Fredrick and the Hawkeyes won 11 of their first 12 matches, including nine in a row.

Turning mediocre volleyball programs into winning programs has been a big part of Fredrick's past, most recently as head coach at Washington State University. During her 15 year tenure at Washington State, Fredrick earned more wins than any coach of a women's sport with a 278-192 record and in seven seasons she had 20 or more wins. In 1995, after guiding her squad to a national ranking of fifth, the highest rank of any men's or women's team in school history, she was named Pac-10 and AVCA District VIII Coach of the Year. Fredrick also led the Cougars to ten NCAA tournament appearances, including two Elite Eight finishes and one Sweet 16 berth. In 1992 her squad was the NIVC Champions. In the 2002 NCAA tournament, the Cougars posted a 3-0 victory over Northern Iowa to advance to the Elight Eight.

Prior to coaching at Washington State, Fredrick coached at Weber State (Ogden, UT). When Fredrick first took over the Wildcat program in 1985, she led her team to a sixth place finish in the Mountain West Conference. By the time she left after the 1988 season, her team had finished first in the Big Sky Conference, earned an NCAA tournament birth and Fredrick was named Big Sky Coach of the Year. Fredrick also guided Mt. Vernon, IA, native Kim Benesh to Big Sky Player of the Year honors. She left Weber State with a benchmark 86-60 record in four seasons.

Fredrick's volleyball ties to the state of Iowa run deeper than just the University of Iowa. Fredrick began her coaching career as the head coach at Davenport Central High School from 1974-82. In 1981, she led her squad to a 33-0 season record and a state championship. From 1983-1985 she was head coach of the USVA Junior Development team in eastern Iowa that won four state Midwest championships. In the summer of 1985, Fredrick was named head coach for the United States Volleyball Association team for the state of Iowa that competed throughout Canada.

Eskew Named MVP • Freshman **Megan Eskew** was named the Hawkeye-Holiday Inn Challenge MVP after an impressive showing last weekend. Eskew tallied 33 kills, including a team-high 15 against the College of Charleston. She also hit at a career-high .464 clip against the Cougars.

Redshirt freshman **Becky Walters**, sophomore **Megan Schipper** and junior **Emily Hiza** were also named to the all-tournament team.

Walters Has Career Night • Redshirt freshman **Becky Walters** had a career-high 19 kills with a .571 attack percentage in Iowa's match against Texas Arlington last Friday. She tallied 18 of her 19 kills in the final three games, including five in game two, seven in game three and six in game four.

Smale Returns to Court • Junior **Catherine Smale** returned to Iowa's lineup last Saturday against Ball State after missing the previous eight games with an ankle injury. She recorded seven kills along with six digs in the win over the Cardinals.

Impressive Start • Iowa finished the pre-conference schedule with an 8-3 record, including one outright tournament championship (Hawkeye-Holiday Inn Challenge), one share of a tournament title (Northern Colorado Tournament) and one second place finish (Hawkeye Challenge).

Two of Iowa's three losses came against ranked teams (No. 17 BYU and No. 21 LSU) in five games.

Hawkeyes in Big Ten Stats • Three Hawkeyes rank in the top 10 of different Big Ten statistical categories.

Junior **Emily Hiza** is averaging 4.21 digs per game (177 total), which ranks seventh. Junior **Laura Kremer** is ranked eighth in blocks per game with 1.36 (57 total) while redshirt freshman **Becky Walters** is ranked 10th with 1.19 blocks per game (50 total).

Iowa Ranks High in Attendance • Iowa's average home attendance of 989 fans is the 22nd-highest average attendance in the nation.

In addition, Iowa's opening night crowd of 1,584 against BYU is the 64th largest single-game crowd thus far in 2007.

Three Matches on Big Ten Network • Three of Iowa's volleyball matches will be televised on the Big Ten Network this season. Iowa's match against Minnesota next Wednesday along with matches at Minnesota (Oct. 31) and at Michigan (Nov. 3) will appear on the Big Ten Network.



Iowa's Record When...

3-MATCH GAMES:	3-1
4-MATCH GAME:	5-0
5-MATCH GAMES:	0-2
IOWA WINS FIRST GAME:	4-3
OPPONENT WINS FIRST GAME:	3-1
IOWA WINS SECOND GAME:	7-1
OPPONENT WINS SECOND GAME:	1-2
IOWA WINS THIRD GAME:	8-0
OPPONENT WINS THIRD GAME:	0-3
IOWA WINS FOURTH GAME:	6-1
OPPONENT WINS FOURTH GAME:	0-1
IOWA TO EIGHT FIRST IN FIFTH GAME:	0-1
OPPONENT TO EIGHT FIRST IN FIFTH GAME:	0-1
AT HOME:	4-1
ON THE ROAD:	2-0
AT NEUTRAL SITE:	2-2
DAY MATCH:	4-1
NIGHT MATCH:	4-2
VS. RANKED OPPONENTS:	0-2
IOWA HAS MORE KILLS:	4-0
OPPONENT HAS MORE KILLS:	4-3
IOWA HAS HIGHER ATTACK %:	8-1
OPPONENT HAS HIGHER ATTACK %:	0-2
IOWA HAS MORE ASSISTS:	3-0
OPPONENT HAS MORE ASSISTS:	4-3
EQUAL NUMBER OF ASSISTS:	1-0
IOWA HAS MORE ACES:	4-2
OPPONENT HAS MORE ACES:	1-0
EQUAL NUMBER OF ACES:	3-1
IOWA HAS MORE DIGS:	3-1
OPPONENT HAS MORE DIGS:	5-2
IOWA HAS MORE BLOCKS:	6-2
OPPONENT HAS MORE BLOCKS:	2-1
WEARING WHITE/BLACK UNIFORMS:	4-3
WEARING BLACK/GOLD UNIFORMS:	4-0
IN MOUNTAIN TIME ZONE:	3-0
IN CENTRAL TIME ZONE:	5-3
IN EASTERN TIME ZONE:	0-0
IN IOWA:	5-3
IN COLORADO:	3-0
IN PENNSYLVANIA:	0-0
IN OHIO:	0-0
IN MICHIGAN:	0-0
IN ILLINOIS:	0-0
IN MINNESOTA:	0-0
IN INDIANA:	0-0
IN WISCONSIN:	0-0
ON WEDNESDAY:	0-0
ON FRIDAY:	3-0
ON SATURDAY:	2-3
ON SUNDAY:	3-0

2007 SEASON INFORMATION

IOWA'S SINGLE GAME MATCH INFORMATION

LONGEST WINNING STREAK:	5
LONGEST LOSING STREAK:	2
CURRENT STREAK:	WON 3
MOST KILLS (THREE GAME):	50 (VS. COFCHARLESTON)
MOST KILLS (FOUR GAME):	66 (VS. UT ARLINGTON)
MOST KILLS (FIVE GAME):	69 (VS. LSU)
HIGHEST ATTACK % (THREE GAME):	308 (VS. SAINT FRANCIS)
HIGHEST ATTACK % (FOUR GAME):	348 (AT UNC)
HIGHEST ATTACK % (FIVE GAME):	229 (VS. BYU)
MOST ASSISTS (THREE GAME):	44 (VS. COFCHARLESTON)
MOST ASSISTS (FOUR GAME):	58 (VS. UT ARLINGTON)
MOST ASSISTS (FIVE GAME):	55 (VS. BYU)
MOST ACES (THREE GAME):	9 (VS. SAINT FRANCIS)
MOST ACES (FOUR GAME):	8 (TWICE, LAST VS. UT ARLINGTON)
MOST ACES (FIVE GAME):	8 (VS. BYU)
MOST DIGS (THREE GAME):	57 (VS. BALL STATE)
MOST DIGS (FOUR GAME):	70 (VS. MARQUETTE)
MOST DIGS (FIVE GAME):	96 (VS. LSU)
MOST BLOCKS (THREE GAME):	12 (VS. COFCHARLESTON)
MOST BLOCKS (FOUR GAME):	20 (VS. MARQUETTE)
MOST BLOCKS (FIVE GAME):	14.5 (VS. BYU)
HIGHEST HOME ATTENDANCE:	1,584 (VS. BYU)

IOWA'S INDIVIDUAL LEADERS

MATCHES PLAYED:	11 (10 PLAYERS)
MATCHES STARTED:	11 (4 PLAYERS)
GAMES PLAYED:	42 (6 PLAYERS)
KILLS:	136 (SCHIPPER)
KILLS PER GAME:	3.24 (SCHIPPER)
ATTACKING PERCENTAGE:	.271 (WALTERS)
ASSISTS:	257 (FISTER)
ASSISTS PER GAME:	6.12 (FISTER)
SERVICE ACES:	15 (SCHIPPER/FISTER)
SERVICE ACES PER GAME:	0.36 (SCHIPPER/FISTER)
DIGS:	177 (HIZA)
DIGS PER GAME:	4.21 (HIZA)
BLOCK SOLOS:	9 (WALTERS)
BLOCK ASSISTS:	57 (KREMER)
BLOCKS PER GAME:	1.36 (KREMER)

2007 Hawkeye Roster

No.	Name	Ht.	Cl.	Pos.	Hometown/Previous School
1	Laura Kremer	6-0	Jr.	MB	LaMotte, IA/Dubuque Senior HS
2	Catherine Smale	6-1	Jr.	OH	St. Charles, IL/Rosary HS
3	Kiley Fister	5-10	Jr.	S	St. Charles, IL/St. Francis
4	Christina Meister	5-9	So.	S/DS	West Des Moines, IA/Valley HS
5	Emily Hiza	5-7	Jr.	L	Swink, CO/Swink Academy
7	Katie Kennedy	6-1	Fr.	MB	Iowa City, IA/City High
8	Stacy Vitali	6-0	Sr.	OH	St. Charles, IL/East HS
10	Becky Walters	6-3	RS Fr.	MB	Parkersburg, IA/Aplington-Parkersburg
11	Samantha Brannigan	5-7	Fr.	DS	Palos Heights, IL/Amos Alonzo Stagg
13	Aimee Huffman	6-0	Fr.	RS/S	Poth, TX/Poth
14	Megan Eskew	5-9	Fr.	OH	Schererville, IN/Marist
15	Megan Schipper	5-11	So.	OH	Aplington, IA/Aplington-Parkersburg
16	Signe Mueller	5-7	Fr.	DS	Iowa City, IA/City High
24	Katie Wessels	5-10	Fr.	OH	Manchester, IA/West Delaware

Head Coach: Cindy Fredrick (fourth season)

Associate Head Coach: Dr. Mashallah Farokhmanesh (fourth season)

Assistant Coach: Chad Hanson (fourth season)

Director of Volleyball Operations: Katie McGuine (second season)

Pronunciation Guide

Catherine SMAY-ul
 Christina MY-stir
 Megan SHIP-er
 Megan ES-que
 SIG-KNEE MEW-LIR
 Mashallah fir-ROKE-muh-NESH

