

THE UNIVERSITY OF IOWA



HAWKEYE TRACK & FIELD



TRACK CONTACTS: CHRIS BREWER, NATHAN SHEEHAN

FEBRUARY 8, 2010

2009-10 IOWA TRACK & FIELD INDOOR SCHEDULE

Date	Meet	Time (CT)
12/6	Intrasquad Meet	
1/9	at Illinois Dual (M)	W, 80.5-79.5
1/16	Iowa Open	
1/22-3	at Jack Johnson Classic	4th - 271.5
	at Razorback Invitational	All Day
2/5-6	at Meyo Invite	
	at Husker Invitational	
2/11-13	at ISU Classic 12:30 p.m./9 a.m./9:30 a.m.	
2/12-13	at Husky Classic	8 p.m./10:30 a.m.
2/19	Iowa Invitational	5 p.m.
2/27-28	at Big Ten Championships	TBA
3/6	at Last Chance Meet	TBA
3/12-13	at NCAA Championships	TBA

NCAA QUALIFIERS

NAME	YEAR	EVENT
Kevin Dibbern.....Fr. ...		1,600-meter relay
Adam HairstonSr.		800 meters
Erik Sowinski.....So.....		800 meters 1,600-meter relay
Ray VarnerSr. ...		1,600-meter relay
Steven Willey.....Jr.....		400 meters 1,600-meter relay

THIS WEEK

The University of Iowa track squads will hit the road for a weekend of competition in Ames, IA at the ISU Classic and Seattle, WA, for the Husker Invitational. The ISU Classic, hosted by Iowa State University, is a three-day event, with the pentathlon and four of the seven heptathlon events on Thursday starting at 12:30 p.m. Friday's action will conclude the heptathlon in the morning while running and field events are set to begin at 1:30 p.m. The Saturday session will comprise of the majority of the events, with the morning portion set to begin at 9:30 a.m. The Husky Classic is hosted by the University of Washington and is a two-day event. The distance medley relay and multiple heats of the 5,000-meter run start Friday at 8:00 p.m. CST. The remaining events are slated to start Saturday at 10:30 a.m.

LAST TIME OUT - MEYO INVITE/HUSKER INVITE

It was an eventful weekend of action, with Iowa seeing a new school record and a handful of provisional qualifying times and top-ten all-time performances. Sophomore **Erik Sowinski** set the school record in the 800 meters with his second place finish of 1:49.21 at the Meyo Invite. This is the second time this season that Sowinski met the provisional qualifying mark for the 800 meters. Sowinski also holds the school record for the 600 meters, set last season at 1:18.05.

The previous record-holder, **Adam Hairston**, finished right behind Sowinski, placing third at 1:49.64, good enough to provisionally qualify in the 800 meters. It's a career-best for Hairston and places him second all-time at Iowa in the 800 meters.

Junior **Steven Willey** became the second Hawkeye this season to provisionally qualify for two events after he met the mark for the 400 meters, finishing fourth at 47.22. That mark ranks fourth all-time at Iowa. The men's 1,600-meter relay team, consisting of Sowinski, Willey, freshman **Kevin Dibbern** and senior **Ray Varner** also met the provisional qualifying standard for the second time this season.

Many other Hawkeyes found their ways into the recordbooks

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PAGE 2

this weekend. Freshman **Jordan Mullen** now ranks third all-time in the 60-meter hurdles (4th, 8.03). Senior **Caleigh Bacchus'** new career-best in the high jump (3rd, 5-8 3/4, 1.75m) ranks fourth in the Iowa record books. Junior **Amanda Hardesty** and sophomore **Betsy Flood** now rank seventh (9:30.17) and eighth (9:32.09) in the 3,000 meters, respectfully.

MEN'S SQUAD ANNOUNCES CAPTAINS

Men's Head Coach **Larry Wiecezorek** announced last week that seniors **Adam Hairston, Jesse Luciano, Dan Rolling** and **Ray Varner** have been named team captains for the 2010 track and field season.

"These four men are tremendous leaders and I'm proud to have them represent our team in the classroom and on the track," said Wiecezorek. "These student-athletes hold our program to a very high standard and I'm confident they are the type of athletes that can get us there."

UP NEXT - Iowa returns home for the Iowa Invitational on Friday, Feb. 19, with events slated to start at 5:00 p.m.

INDOOR SEASON LEADERS

MEN'S	WOMEN'S
60 meters D'Juan Richardson 6.84	60 meters Rhonda-Kaye Trusty 7.65
60 meter hurdles Jordan Mullen 8.03	60-meter hurdles Karessa Farley 8.48
200 meters Kevin Dibbern 21.81	200 meters Rhonda-Kaye Trusty 24.42
300 meters D'Juan Richardson 34.34	300 meters Raven Moore 40.99
400 meters Steven Willey 47.22P	400 meters Nicole Erickson 57.78
600 meters Erik Sowinski 1:19.38	600 meters Bethany Praska 1:33.21
800 meters Erik Sowinski 1:49.21P	800 meters Bethany Praska 2:11.85
1,000 meters Nick Kuczvara 2:25.84	Mile McKenzie Melander .. 4:50.42
Mile Jeff Thode 4:10.23	3,000 meters Amanda Hardesty 9:30.17
3,000 meters Nick Holmes 8:15.48	High Jump Caleigh Bacchus 5-08 3/4
High Jump Jeffrey Herron 6-10 3/4	Pole Vault Katie Truedson 10-1 1/4
Pole Vault Alex Zona 16-4 3/4	Long Jump Emily Moore 17-4 3/4
Long Jump Josh Bean 22-2 1/2	Shot Put Tiffany Medenwaldt .44-8 3/4
Triple Jump Josh Bean 47-2 1/4	Weight Throw Kelsey Taylor 52-10
Shot Put Ryan Lamparek 56-7 1/4	Pentathlon Missy Miller 2,749
Weight Throw Matt Banse 60-4 1/2	
Heptathlon Kyle Reid 4,662	1,600-meter relay Tiffany Hendricks, Kara-Aretha Graham, Bethany Praska, Kelsey Mims
1,600 meter relay Kevin Dibbern, Steven Willey, Ray Varner, Erik Sowinski 3:09.85P	3:47.45