

IOWA HAWKEYES

University of Iowa Athletic Communications --Brandee Britt, Cross Country



CROSS COUNTRY WEEKLY RELEASE

Nov. 12, 2013

2013 Cross Country Season Schedule

- 8/30 Hawkeye Early Bird Invite (Iowa City, Iowa)
- 9/13 Iowa Black & Gold Invite (Iowa City, Iowa)
- 9/28 Roy Griak Invitational (Minneapolis)
- 10/20 Pre National Invite (Terre Haute, Ind.)
- 11/3 Big Ten Championships (West Lafayette, Ind.)
- 11/15 NCAA Midwest Regional (Ames, Iowa)
- 11/23 NCAA Championships (Terre Haute, Ind.)

2013 Cross Country Quick Facts

General Information

Location: Iowa City, Iowa
Enrollment: 31,065
Conference: Big Ten
Facility: Ashton Cross Country Course

Coaching Information

Head Men's Coach: Larry Wieczorek
Year at Iowa: 27th
Alma Mater, Year: Iowa, 1969

Head Women's Coach: Layne Anderson
Year at Iowa: 11th
Alma Mater, Year: The Citadel, 1989

Media Information

Cross Country SID: Brandee Britt
E-Mail Address: brandee-britt@uiowa.edu
Phone: (319) 335-9411
Fax: (319) 335-9417
Web Site: hawkeyesports.com

* Find coach and student-athlete bios, schedules, results and features at hawkeyesports.com.

THIS WEEK

The University of Iowa men's and women's cross country teams travel to Ames, Iowa, for the NCAA Midwest Regional on Friday. The event will be held at the Iowa State Cross Country Course. The men's 10,000-meter race begins at 12 p.m. (CT) with the women's 6,000-meter race following at 1:15 p.m. (CT).

IN THE RANKINGS

The men's cross country team is ranked 15th in the latest USTFCCCA Regional rankings.

REGIONAL CHAMPIONSHIP HISTORY

The Iowa women's team has had at least one NCAA All-Region honoree every year since 2003. Mareike Schrulle and Megan Ranegar each earned the honor a year ago. Jeff Thode and Nick Holmes were named to the All-Region team in 2011.

ADVANCING TO CHAMPIONSHIPS

The top two teams and top four individuals not on an advancing team move on to the NCAA Championships on Nov. 23 in Terre Haute, Ind. Additional teams and individuals are chosen through an at-large selection process following the regional competition.

NATIONAL CHALLENGE

The Hawkeye women face two teams ranked inside the USTFCCCA Top 30. Those teams include Iowa State (7) and Minnesota (16). Oklahoma State also received 11 votes in the poll. The Hawkeye men will race against three of the nation's top 30 teams. They include Oklahoma State (3), Tulsa (13), and Iowa State (24). Illinois, Minnesota, and Oklahoma also received votes.

CHAMPIONSHIP EXPERIENCE

Five Hawkeyes have previous NCAA Regional experience. Juniors Kevin Lewis and Ben Witt each competed at the 2011 and 2012 championships, while junior Sam Chaney and sophomores Caleb Wilfong and Courtney Martin ran at the event last season.

SPORTSMANSHIP HONOREES

Senior Shannon Maser and redshirt freshman Nate Ferree were named 2013 Sportsmanship Award Honorees by the Big Ten Conference on Nov. 6. The student-athletes chosen are individuals who have distinguished themselves through sportsmanship and ethical behavior. These student-athletes must also be in good academic standing and have demonstrated good citizenship outside of the sports-competition setting.

UP NEXT

The NCAA Championships is set for Nov. 23 in Terre Haute, Ind.

157 Carver-Hawkeye Arena -- Iowa City, IA 52242 -- Phone: (319) 335-9411 -- Fax: (319) 335-9417
Web: www.hawkeyesports.com -- E-Mail: athletic-communications@hawkeyesports.com



Men's Top 10 All-Time Best Performers

6,000 Meters

1. Eric MacTaggart..... 18:18 2005 Hawkeye Invite
2. Jeff Thode..... 18:21 2009 Hawkeye Invite
3. Dan Haut 18:24 2005 Hawkeye Invite
4. Jeff Kent..... 18:27 2005 Hawkeye Invite
5. Nick Holmes 18:30 2009 Hawkeye Invite
6. Sam Bailin 18:33 2009 Hawkeye Invite
- Kevin Lewis..... 18:33 2013 Black and Gold Invite**
- Adam Roche..... 18:33 2005 Hawkeye Invite
9. Jesse Luciano..... 18:40 2008 Hawkeye Invite
10. Tommy Tate 18:41 at 2006 Early Bird Invite

8,000 Meters

1. Jesse Luciano..... 23:01 at 2008 Auburn Invite
2. Micah VanDenend 23:39 at 2006 Pre-Nationals
3. Eric MacTaggart..... 23:24 at 2008 Auburn Invite
4. Jeff Thode..... 23:27 at 2010 Bradley Classic
5. Sam Bailin 23:36 at 2008 Auburn Invite
6. Tommy Tate 23:46 at 2008 Auburn Invite
7. Mark Battista..... 23:48 at 2008 Auburn Invite
8. Andy Napier..... 23:56 at 2008 Auburn Invite
9. Brendan Camplin..... 24:01 at 2008 Auburn Invite
10. Bruce MacTaggart 24:04 at 2008 Auburn Invite

10,000 Meters

1. Jeff Thode..... 29:55 at 2010 NCAA Regional
2. Matt Esche..... 30:10 at 2002 NCAA Regional
3. Jesse Luciano..... 30:17 at 2008 NCAA Champ's
4. Micah VanDenend 30:26 at 2002 NCAA Regional
5. Kevin Herd..... 30:28 1993
6. Joe Welter..... 30:28 at 2002 NCAA Regional
7. Tony Rakaric..... 30:31 at 2002 NCAA Regional
8. Dan Haut 30:39 at 2002 NCAA Regional
9. Alex Webster 30:40 at 2006 NCAA Regional
10. Nick Holmes 30:43 at 2011 Chili Pepper Festival

Ashton Cross Country Course Records

Women's 3,000 Meters

Diane Nukuri, Iowa - Hawkeye Open - 9/9/06 9:47

Women's 4,000 Meters

Diane Nukuri, Iowa - Hawkeye Open - 9/15/07 13:14

Women's 6,000 Meters

Danette Doetzel, Michigan St. - Big Ten Champ's - 10/31/04..... 20:33

Men's 6,000 Meters

Eric MacTaggart, Iowa - Hawkeye Invitational - 9/2/05 18:18

Men's 8,000 Meters

Simon Bairu, Wisconsin - Big Ten Champ's - 10/31/04 23:45

Men's 10,000 Meters

Antonio Vega, Minnesota - NCAA Regional - 11/12/05 30:52

Women's Top 10 All-Time Best Performers

3,000 Meters

1. Diane Nukuri..... 9:47 2006 Hawkeye Open
2. Meghan Armstrong..... 10:01 2006 Hawkeye Open
3. Brooke Eilers..... 10:15 2010 Iowa Invite
4. Besty Flood 10:18 2010 Iowa Invite
5. Amanda Hardesty..... 10:21 2009 Hawkeye Invite
- Lauren Hardesty..... 10:21 2010 Hawkeye Invite
7. Kelsey Hart..... 10:22 2011 Iowa Invite
8. Shannon Stanley..... 10:25 2006 Hawkeye Open
- Krista Anderson..... 10:25 2006 Hawkeye Open
- Racheal Marchand 10:25 2008 Hawkeye Invite

4,000 Meters

1. Diane Nukuri..... 13:14 2007 Hawkeye Open
2. Kayla Beattie 13:41 2012 Toledo Bubble Buster
3. Megan Ranegar..... 13:45 2012 Toledo Bubble Buster
4. Meghan Armstrong..... 13:47 2007 Hawkeye Open
- Mareike Schrulle..... 13:47 2012 Toledo Bubble Buster
6. Nicole Benson 13:52 2012 Toledo Bubble Buster
7. Jolly Burke..... 14:03 2007 Hawkeye Open
8. Nikki Chapple 14:09 2004 Hawkeye Triangular
9. Krista Anderson..... 14:14 2007 Hawkeye Open
10. **Lisa Gordon..... 14:17 2012 Toledo Bubble Buster**

5,000 Meters

1. Diane Nukuri..... 15:55 at 2007 Auburn Invite
2. Racheal Marchand 16:15 at 2008 Auburn Invite
3. Meghan Armstrong..... 16:25 at 2007 Auburn Invite
4. Nan Doak 16:31 at 1983 Big Ten Champ's
5. Jolly Burke..... 16:33 at 2007 Auburn Invite
6. Jenny Spangler 16:34 at 1983 Big Ten Champ's
7. Renee Doyle..... 16:41 at 1986 Purdue Invite
8. Tracy Dahl 16:42 at 1991 Illinois St. Invite
9. Sarah Spencer Perry..... 16:50 at 2008 Auburn Invite
10. Brooke Eilers..... 16:53 at 2008 Auburn Invite

6,000 Meters

1. Diane Nukuri..... 19:37 at 2007 NCAA Regional
at 2007 Big Ten Champ's*
2. Mareike Schrulle..... 19:43 at 2012 NCAA Champ's
3. Racheal Marchand 19:54 at 2008 NCAA Champ's
4. Meghan Armstrong..... 20:07 at 2007 NCAA Regional
5. Jolly Burke..... 20:20 at 2007 Big Ten Champ's
6. Betsy Flood 20:22 at 2010 NCAA Regional
7. McKenzie Melander..... 20:41 at 2011 Big Ten Champ's
8. Megan Ranegar..... 20:43 at 2012 NCAA Champ's
9. Kayla Beattie 20:54 at 2011 Wisconsin Invite
10. Nikki Chapple 21:04 at 2004 NCAA Regional

* - This time is also the Big Ten Championships Record.