

IOWA HAWKEYES



University of Iowa Sports Information -- Traci Wagner, Wrestling Contact

WRESTLING WEEKLY RELEASE

DECEMBER 22, 2009

2009-10 SCHEDULE & RESULTS (9-0 Overall, 0-0 Big Ten)

Date	Opponent	Time (CT)
11/14	at Harold Nichols Open	2 champs
11/20	Coe *	W, 39-3
	Cornell College *	W, 57-0
	Iowa Lakes *	W, 52-0
	UNC Pembroke *	W, 47-0
	S. Illinois Edwardsville *	W, 51-0
11/21	at Kaufman-Brand Open	2 champs
11/27	at Bucknell	W, 29-7
	vs. Rutgers	W, 33-9
12/6	at Iowa State (IPTV)	W, 18-16
12/10	Northern Iowa (BTNWS)	W, 48-3
12/29-30	at Midlands Champ's (BTN) All Day (Evanston, IL)	
1/9-10	at Cliff Keen/NWCA Duals (Cedar Falls, IA)	All Day
1/16	Oklahoma State (BTN) (Iowa City, IA)	7 p.m.
1/22	at Michigan (Ann Arbor, MI)	6 p.m.
1/24	vs. Purdue (Lowell, IN)	1 p.m.
1/29	Penn State (BTNWS) (Iowa City, IA)	7 p.m.
1/31	Michigan State (BTNWS) (Iowa City, IA)	6 p.m.
2/6	vs. Utah Valley (Vernal, UT)	TBA
2/12	Northwestern (BTNWS) (Iowa City, IA)	7 p.m.
2/14	at Minnesota (BTN) (Minneapolis, MN)	6 p.m.
2/19	Ohio State (BTN) (Iowa City, IA)	7 p.m.
2/21	at Wisconsin (BTN) (Madison, WI)	1 p.m.
3/6-7	at Big Ten Champ's (BTN) (Ann Arbor, MI)	All Day
3/18-20	at NCAA Champ's (Omaha, NE)	All Day

All times are Central and subject to change.

BTN - Big Ten Network

IPTV - Iowa Public Television

BTNWS - Big Ten Network Web Streaming

* - Iowa City Duals

THIS WEEK

The top-ranked University of Iowa wrestling team (9-0) will try for its 21st Midlands title Dec. 29-30 in Evanston, IL. The defending team champion, Iowa has won the most team titles (20) in the 46 years of the meet. All matches will be held at Welsh-Ryan Arena on Northwestern's campus.

MIDLANDS SESSION & TICKET INFORMATION

Tickets can be purchased from the Northwestern University Athletic Ticket Office at (847) 491-2287 or www.nusports.com. All-session passes are \$50 for reserved theater-style seats, \$38 for adult bleacher general admission and \$32 for student bleacher general admission. Session start times and individual session ticket prices are as follows:

Session	Day	Start Time	Ticket Prices (R/AB/SB)
Session I	Tuesday	9:30 a.m.	NA/\$9/\$7
Session II	Tuesday	7 p.m.	\$11/\$10/\$8
Session III	Wednesday	Noon	\$13/\$11/\$9
Session IV	Wednesday	7 p.m.	\$15/\$13/\$10

R - reserved seats, AB - adult bleachers, SB - student bleachers

ON THE AIR

Radio - Steven Grace and two-time Hawkeye NCAA champion and four-time all-American Mark Ironside will call Tuesday's finals live on AM-800, KXIC. Live broadcasts from all four sessions are available on www.hawkeyesports.com using the XXL All-Access subscription (\$14.95 per month or \$119.95 per year).

Television - The Big Ten Network will air Tuesday's finals Jan. 3 at 7 p.m. (CT). Tim Johnson, Jim Gibbons and Jake Herbert will call the action.

Internet - Press releases, tournament brackets and tournament notes will be available on the Northwestern University website, www.nusports.com. Session results and recaps will be available on the University of Iowa website, www.hawkeyesports.com. Current Hawkeye staff and student-athlete head shots can be found at pics.hawkeyesports.com.

TEN HAWKEYES EARN MIDLANDS EARLY PRE-SEEDS

Ten Hawkeye wrestlers have earned early pre-seeds for the upcoming Midlands tournament. Two-time Midlands champion **Brent Metcalf** (149), defending champion **Daniel Dennis** (133) and Hawkeye senior **Jay Borschel** (174) each earned the top pre-seed at their respective weight classes.

Iowa has three wrestlers earning pre-seeds at 141, as senior **Dan LeClere** is second, senior **Joe Slaton** is third and sophomore **Montell Marion** is eighth. Slaton is competing unattached at the event.

Defending 165-pound champion **Ryan Morningstar** is seeded third at his weight class, as are redshirt freshman **Matt McDonough** (125) and senior **Phillip Keddy** (184). Junior **Chad Beatty** is seeded fifth at 197.

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HEAD COACH TOM BRANDS



Two-time Big Ten Coach of the Year, Tom Brands, is in his fourth season as head wrestling coach at Iowa. A 1996 Olympic gold medalist and member of wrestling's Hall of Fame, Brands is only the eighth wrestling coach at Iowa. The former Hawkeye wrestler was a four-time all-American and three-time national champion (1989-92) at Iowa. He has a 68-6 overall and 21-3 Big Ten coaching record at Iowa, and an 85-26 career mark.

In his third season with the Hawkeyes, Brands led Iowa to its second straight NCAA and Big Ten team titles, crowning five all-Americans and two Big Ten champions. The 2009 national title was the school's 22nd, and it was only the second time in school history Iowa won the NCAA title without an individual champion. Brands earned Big Ten Coach of the Year honors after guiding Iowa to the school's 33rd conference team title. The Hawkeyes ended the 2008-09 season with a 24-0 record, going undefeated for the first time since 1999-2000. The Hawkeyes, who ended the season on a 38-dual match winning streak that dates back to the 2007-08 campaign, clinched the 2009 Big Ten regular season title with a perfect 8-0 mark in conference competition and won the 2008 Midlands team title.

Brands served as head coach at Virginia Tech University for two seasons (2005-06), recording a 17-20 dual mark. Prior to taking the helm at Virginia Tech, Brands was an assistant coach at Iowa for 12 seasons (1993-2004). He helped the Hawkeyes to a 177-27 dual record, seven NCAA and eight Big Ten titles, while crowning 23 NCAA champions, 73 all-Americans and 36 Big Ten champions. He was named the National Wrestling Coaches Association Assistant Coach of the Year in 2000.

As a competitor, Brands won the 1996 Olympic freestyle gold medal at 136.5 pounds in Atlanta, GA. He also won a gold medal at the 1993 World Freestyle Championships in Toronto, two World Cup gold medals (1994, 1995) and was the 1995 Pan American Games champion. He won four U.S. National titles (1993-96) and made four straight U.S. World or Olympic teams (1993-96). Along with his twin brother, Terry, Tom was named 1993 USA Wrestling Athlete of the Year, the 1993 John Smith Outstanding Freestyle Wrestler and 1993 Amateur Wrestling News Man of the Year. He was inducted into wrestling's Hall of Fame in 2001.

Brands was a four-time all-American at Iowa (1989-92). During his Hawkeye career, he won three NCAA titles and was named Outstanding Wrestler of the 1992 NCAA Championships. Also a three time Big Ten champion, Brands won 95 percent of his matches at Iowa. His career mark of 158-7-2, included an undefeated season in 1991 (45-0).

MIDLANDS HISTORY AND HONORS

Iowa has won the most team titles (20) in the 46 years of Midlands history. The Hawkeyes won their first team title in 1974, and proceeded to win nine of the next 11. Iowa also won team titles in 1990, 1992, 1996, 1997, 1998, 1999, 2001, 2002, 2008 and 2009. Other team winners include Iowa State (8), Michigan State (3), Sunkist Kids Wrestling Club (3), Illinois (3), Michigan (2), Arizona State (1), Minnesota (1), North Carolina (1) and Oklahoma State (1). Team scores were not kept at four tournaments (1991, 1993, 1994, 1995).

Seven former Hawkeyes are enshrined in the Midlands Hall of Fame. They are **Ed Banach**, **Chris Campbell**, **Steve Combs**, **Tim Cysewski**, **Barry Davis**, **Randy Lewis** and **Chuck Yagla**. Former Hawkeye Head Coach **Dan Gable** is also a Midlands Hall of Fame member.

Former Hawkeye **Joe Williams** holds the most individual titles in Midlands history, winning 10. Other former Hawkeyes to win at least three titles are **Tim Cysewski** (5), **Mark Ironside** (4), **Royce Alger** (3), **Ed Banach** (3), **Jim Heffernan** (3), **Randy Lewis** (3) and **Chuck Yagla** (3). Several Hawkeyes also hold Midlands weight class records. Ironside has the most wins (27) at 141 pounds, and he and Cysewski hold the most titles (4 each) at that weight. **Jim Heffernan** holds the most titles (3) at 157, while Williams holds the most wins (35) and titles (6) at 174. **Pat Kennedy** holds the fastest fall (11 seconds) at 165. Gable holds the most titles (3) and falls (13) at 149 pounds.

2008 MIDLANDS REVIEW

The University of Iowa wrestling team won its 20th Midlands title and crowned three individual champions at the 2008 tournament in Evanston, IL. The Hawkeyes tallied 156.5 points in the two-day tournament, edging out runner-up Iowa State by three points. Hawkeye juniors **Daniel Dennis** (133), **Brent Metcalf** (149) and **Ryan Morningstar** (165) each won individual titles. Iowa went 7-2 during the fourth and final session. Metcalf received the tournament's Highest Point Total Award for scoring 27 team points during the competition.

Senior **Alex Tsirtsis** (141) and junior **Phillip Keddy** (184) were both the second seeds at their respective weight classes, and both lost their first matches of the season in the finals.

The Hawkeyes went 4-0 in the fourth session's consolation bracket. Top-seeded junior **Jay Borschel** placed third at 174 with a 4-1 win over #2 Raymond Jordan of Missouri. Junior **Dan Erikson** (Hwt.), sophomore **Jake Kerr** (165) and redshirt freshman **Montell Marion** (133) each placed fifth for Iowa. Kerr, who was unseeded, scored a 7-3 upset over #2 seed Nick Marable of Missouri. Eighth-seeded Erikson also upset #6 Rashawn Goff of Cleveland State, 7-3, in the fifth place match.

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IOWA WRESTLING HISTORY

Iowa's overall dual meet record is 863-215-30 (.792) in 100 seasons. The Hawkeyes have won 22 national titles and 33 Big Ten titles. Iowa's 49 NCAA champions have won a total of 57 NCAA individual titles, crowning six three-time and 14 two-time champions. The Hawkeyes' 101 Big Ten champions have won a total of 184 conference titles. There have been seven four-time, 18 three-time and 26 two-time Iowa winners. Iowa's 138 all-Americans have earned all-America status 278 times, including 17 four-time, 27 three-time and 35 two-time honorees.

HAWKEYE WRESTLING TICKET INFORMATION

Tickets for Iowa's five remaining home meets are on sale at the University of Iowa Athletic Ticket Office at 1-800-464-2957, 319-335-9327 or www.hawkeyesports.com. Following are this season's prices.

Single Meet vs. Michigan State, Northwestern

Advance Purchase: \$10 - Adult, \$5 - Youth

Door Purchase: \$12 - Adult, \$6 - Youth

Free Admission: UI students, Children ages 5 and under

Single Meet vs. Oklahoma State, Penn State and Ohio State

Advance Purchase: \$13 - Adult, \$7 - Youth, \$2 - Age 5 and under

Door Purchase: \$15 - Adult, \$8 - Youth, \$2 - Age 5 and under

Free Admission: UI students

IOWA PINS DOWN NORTHERN IOWA, 48-3

The top-ranked Hawkeyes (9-0) recorded six pins and three major decisions en route to a 48-3 win over Northern Iowa (3-4) Dec. 10 at Carver-Hawkeye Arena. The 45-point victory margin is Iowa's largest in the 79-year series. The win was also Iowa Head Coach **Tom Brands'** 85th career victory.

Iowa also collected 659 pounds of food in a non-perishable food drive at the meet. Attendance for the dual was 5,490.

The Hawkeyes, who picked up their 47th straight dual win and 20th consecutive victory in Carver-Hawkeye Arena, collected 29 takedowns on the evening, allowing just one for the Panthers. It was the third time this season that Iowa pinned six opponents in a dual, duplicating their efforts against Iowa Lakes and Southern Illinois Edwardsville at the Iowa City Duals on Nov. 20. Iowa decked seven opponents that day against Cornell College.

Hawkeye redshirt freshmen **Matt McDonough** (125) and **Nate Moore** (133), sophomore **Montell Marion** (141) and senior **Brent Metcalf** (149) gave Iowa a convincing 24-0 lead with their pins. McDonough had a 9-2 lead before sticking Caleb Flores in 4:38 to improve to 9-0 on the season. Moore, who was filling in for senior starter **Daniel Dennis**, made the most of his dual meet debut by scoring a first-period pin over Ryan Jauch in 2:42. Marion, who was also making his first dual appearance in a Hawkeye singlet, built a 6-2 lead over Trent Washington before decking him in 3:28. Metcalf had a 14-2 lead over Trevor Kittleson before recording the fall in 3:49 and improving to 9-0. The Hawkeye senior 149-pounder has seven pins this season and 38 in his career. He only needs two more to break into Iowa's top 10 career pins list.

TEAM RANKINGS

NWCA/USA Today Division I Coaches Poll (12/22/09)

#	Team (#1 Votes)	Prev. Rank	Points	Record
1.	Iowa (11)	1	275	9-0
2.	Iowa State	2	262	2-1
3.	Ohio State	3	248	5-0
4.	Oklahoma State	4	239	2-0-1
5.	Central Michigan	5	237	7-0
6.	Minnesota	6	214	3-1
7.	Cornell	7	206	0-1
8.	Boise State	8	192	5-0
	Maryland	9	192	7-1
10.	Oklahoma	10	184	4-0-1
11.	Lehigh	11	170	6-2
12.	Indiana	13	147	8-0
13.	Kent State	14	142	5-0
14.	Nebraska	12	125	6-3
15.	Penn State	15	121	5-1-1
16.	Edinboro	17	99	2-2
17.	Missouri	16	98	1-2
18.	Wisconsin	18	88	2-3
19.	Cal Poly	19	76	3-0
20.	Illinois	20	62	4-2
21.	Pittsburgh	22	60	6-1-1
22.	Arizona State	21	48	3-2
23.	Virginia	23	39	7-1
24.	Old Dominion	24	16	0-1
25.	Oregon State	25	11	8-1

INDIVIDUAL RANKINGS

Here is how each Hawkeye wrestler is currently ranked in the most recent polls:

	A.W.N.	Intermat	W.I.N.
Matt McDonough (125)	#10	#8	#10
Daniel Dennis (133)	#4	#4	#4
Dan LeClere (141)	#10	#7	#10
Brent Metcalf (149)	#1	#1	#1
Ryan Morningstar (165)	#5	#5	#4
Jay Borschel (174)	#1	#2	#1
Phillip Keddy (184)	#3	#5	#4
Chad Beatty (197)	#11	#9	#5
Dan Erekson (Hwt.)	---	---	#5

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BIG TEN STANDINGS

Team	Big Ten		Overall	
	W-L-T	Pct.	W-L-T	Pct.
IOWA	0-0-0	.000	9-0-0	1.000
Indiana	0-0-0	.000	8-0-0	1.000
Ohio State	0-0-0	.000	5-0-0	1.000
Purdue	0-0-0	.000	7-1-0	.875
Penn State	0-0-0	.000	5-1-1	.786
Minnesota	0-0-0	.000	3-1-0	.750
Michigan State	0-0-0	.000	3-1-0	.750
Illinois	0-0-0	.000	4-2-0	.667
Northwestern	0-0-0	.000	2-3-1	.417
Wisconsin	0-0-0	.000	2-3-0	.400
Michigan	0-0-0	.000	2-4-0	.333

THIS WEEK IN THE BIG TEN

12/29 Illinois, **Iowa**, Michigan State, Northwestern, Purdue, Wisconsin at Midlands Championships - All Day
Indiana, Michigan, Minnesota at Southern Scuffle - All Day

12/30 Illinois, **Iowa**, Michigan State, Northwestern, Purdue, Wisconsin at Midlands Championships - All Day
Indiana, Michigan, Minnesota at Southern Scuffle - All Day

1/2 Indiana at West Virginia - 2 p.m.

1/3 Purdue at Old Dominion Duals - All Day
Ohio State at Hofstra - Noon
Ohio State at Columbia/George Mason - 4 p.m.
Iowa State at Minnesota - 2 p.m.
Penn State at Lock Haven - 3 p.m.

Match times are local to site.

Junior **Aaron Janssen** took Iowa into the intermission with an 11-1 major decision over Tyson Reiner at 157. It was Janssen's 15th career win and his first major decision of the season.

Seniors **Ryan Morningstar** (165) and **Jay Borschel** (174) got the Hawkeye fans back on their feet with second-period pins, giving Iowa a 40-0 lead. Morningstar led 1-0 going into the third period before recording the fall over David Bonin in 5:32. Borschel, who is 9-0 on the season, had a 5-0 lead over Jarion Beets before recording the pin in 4:44 to pick up his 70th career win.

Major decisions from seniors **Phillip Keddy** (184) and **Chad Beatty** (197) built the Hawkeye lead to 48-0. Keddy recorded the most takedowns of the night (6) in his 14-5 win over Andy O'Loughlin, while Beatty tallied five takedowns in his 15-5 victory over Dustin Bauman.

Northern Iowa's Christian Brantley recorded the Panther's only win and takedown of the night, scoring a 3-2 decision over Hawkeye sophomore **Blake Rasing** at heavyweight to end the dual.

Iowa 48, Northern Iowa 3

125 - **Matt McDonough (I)** pinned Caleb Flores (UNI), 4:38
133 - **Nate Moore (I)** pinned Ryan Jauch (UNI), 2:42
141 - **Montell Marion (I)** pinned Trent Washington (UNI), 3:28
149 - **Brent Metcalf (I)** pinned Trevor Kittleson (UNI), 3:49
157 - **Aaron Janssen (I)** maj. dec. Tyson Reiner (UNI), 11-1
165 - **Ryan Morningstar (I)** pinned David Bonin (UNI), 5:32
174 - **Jay Borschel (I)** pinned Jarion Beets (UNI), 4:44
184 - **Phillip Keddy (I)** maj. dec. Andy O'Loughlin (UNI), 14-5
197 - **Chad Beatty (I)** maj. dec. Dustin Bauman (UNI), 15-5
Hwt. - Christian Brantley (UNI) dec. **Blake Rasing (I)**, 3-2

SENIOR LEADERSHIP

Iowa's 11 seniors - **Chad Beatty, Jay Borschel, Daniel Dennis, Dan Erikson, Michael Fahrer, Phillip Keddy, Dan LeClere, Rick Loera, Brent Metcalf, Ryan Morningstar, Joe Slaton** - bring a wealth of talent and experience to the mat.

The group has a combined career record of 558-201, going 346-109 in duals, 94-48 in Big Ten duals and 131-36 in Carver-Hawkeye Arena. The group has scored 1,409 team points in dual competition and has started a combined 458 dual matches. Iowa's seniors have won one NCAA individual title, three Big Ten individual titles, nine all-America honors and qualified for the NCAA Championships 16 times.

CHAMPIONSHIP EXPERIENCE

The Hawkeye wrestling staff of **Tom Brands, Terry Brands, Doug Schwab, Mike Zadick** and **Danny Song** earned a total of one Olympic gold medal, one Olympic bronze medal, six NCAA titles, 10 conference titles and 13 all-America honors.

WRESTLING SUMMER CAMPS

For dates and more information about 2010 Iowa Wrestling Summer camps visit www.iowawrestlingcamps.com.

BIG TEN WRESTLERS OF THE WEEK

Date	Wrestler (Wt., School)
11/10	Colton Salazar (157, Purdue)
11/17	Cyler Sanderson (157, Penn State)
11/24	Reece Humphrey (141, Ohio State) Brad Pataky (125, Penn State)
12/1	Paul Young (165, Indiana)
12/8	Angel Escobedo (125, Indiana)
12/15	Ben Berhow (Hwt., Minnesota)
12/22	Cyler Sanderson (157, Penn State)

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ALL IN THE FAMILY

On the 2009-10 Hawkeye wrestling team, there is one set of brothers, two wrestlers whose fathers wrestled at Iowa and two uncle-nephew combinations.

Junior **Matt Ballweg** (157) and redshirt freshman **Mark Ballweg** (133/141) are brothers who hail from Waverly, IA.

Senior **Rick Loera** (197), redshirt freshman **Matt McDonough** (125/133) and true freshman **Nick Trizzino** all had fathers who wrestled for the Hawkeyes. **George Loera** (1975-76) and **Mike McDonough** (1974-76) wrestled on the same team, while **Mark Trizzino** was an all-American (1984) and four-year letterwinner (1981-84) for the Hawkeyes.

Junior **Luke Lofthouse** (197) is the uncle of Hawkeye true freshman **Ethen Lofthouse** (174). **Nick Trizzino's** uncle, **Scott Trizzino**, was also a three-time all-American (1978-79-81) and four-time letterwinner (1977-79, 1981) for the Hawkeyes.

There have been 10 sets of brothers to wrestle together in the Hawkeye lineup since the 1950s. They are **Don and Tom Huff** (1961), **Mark and Scott Trizzino** (1981), **Lenny, Larry and Jim Zalesky** (1981-82), **Ed and Lou Banach** (1981-83), **Marty and Lindley Kistler** (1984-85), **Jim and John Heffernan** (1987), **Tom and Terry Brands** (1989-92), **Troy and Terry Steiner** (1991-93), **Ryan and Randy Fulsaa** (2001) and **Luke and Ty Eustice** (2003-04).

There have also been five sets of twins to wrestle at Iowa. They are **Ed and Lou Banach**, **Tom and Terry Brands**, **Ben and Brett Stedman**, **Troy and Terry Steiner**, and **Randy and Ryan Fulsaa**.

NCAA CHAMPIONSHIPS SET FOR OMAHA

The 2010 NCAA Wrestling Championships are scheduled for March 18-20 at the Qwest Center in Omaha, NE. The NCAA, University of Nebraska and the Omaha Sports Commission will co-host the event. Tickets to the event are available at (402) 422-1212 or www.ticketmaster.com.

Sessions one (11 a.m.) and two (6:30 p.m.) will be held Mar. 18, sessions three (10 a.m.) and four (6 p.m.) will be Mar. 19, and session five (10 a.m.) and the championship finals (6:30 p.m.) are set for Mar. 20. All times are Central.

UP NEXT

Top-ranked Iowa (9-0) will compete at the 2010 NWCA/Cliff Keen National Duals Jan. 9-10 at the UNI-Dome in Cedar Falls. The two-day annual tournament features top wrestlers from each collegiate athletic division (NCAA Divisions I, II and III, NAIA, JUCO and Women's). The Hawkeyes have a 62-10-3 record at the National Duals, winning five team titles, including the last two.

The Division I field includes eight of the top 10 ranked teams in the most recent *USA Today*/NWCA coaches poll. Arizona State, Bloomsburg, Boise State, Buffalo, Central Michigan, Cornell, Iowa State, Maryland, Minnesota, Missouri, Nebraska, Northern Iowa, Northwestern, Ohio State and Wisconsin will battle the Hawkeyes for the title. Results will be available at www.unipanthers.com throughout the tournament.

All-session tickets are \$45 for adults and \$35 for seniors and students. Individual session tickets are \$25 for adults and \$20 for seniors and students. Tickets may be purchased by contacting the UNI-Dome box office at 877-216-3663 or 319-273-4849.

THE LAST TIME IOWA...

Won a dual meet at home:

Dec. 10, 2009 - 48-3 vs. Northern Iowa

Lost a dual meet at home:

Jan. 5, 2008 - 19-14 vs. Oklahoma St.

Won a dual meet on the road:

Dec. 6, 2009 - 18-16 at Iowa State

Lost a dual meet on the road:

Feb. 4, 2007 -- 24-13 at Penn State

Tied a dual meet:

Dec. 4, 1992 - 18-18 at Penn State

Shut-out an opponent in a dual meet:

Nov. 20, 2009 - 51-0 vs. SIUE

Was shut-out in a dual meet:

1965-66 - 39-0 vs. Oklahoma

Lost two consecutive dual meets:

Feb. 5, 2006 - 19-17 at Michigan St.

Feb. 10, 2006 - 24-13 vs. Illinois

Scored 50 or more team points:

Nov. 20, 2009 - 51-0 vs. SIUE

Went undefeated for a season:

2008-09 - 24-0

Went undefeated in Big Ten duals:

2008-09 - 8-0

Had a losing season:

1966-67 - 7-8

HIGH/LOW FACTS

Placing at NCAA Meet

High: 1st - 22 times, last in 2009

Low: T32nd - 1971

Team Score at NCAA Meet

High: 170 points - 1997

Low (since 1962): 8 points - 1968

Placing at Big Ten Meet

High: 1st - 33 times, last in 2009

Low: 10th - 1929

Individual NCAA Champs

High: 5 - 1986 and 1997

Low: 0 - 40 times, last in 2009

All-Americans

High: 9 - 6 times, last in 1995

Low: 0 - 19 times, last in 1968

Individual Big Ten Champs

High: 9 - 1983

Low: 0 - 29 times, last in 2006

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2009-10 HAWKEYE TOP FIVE STATISTICAL LEADERS

Collegiate Wins

1. Luke Lofthouse (197) _____	10
2. Matt McDonough (125) _____	9
Brent Metcalf (149) _____	9
Jay Borschel (174) _____	9
Grant Gambrall (184) _____	9
Jordan Johnson (Hwt.) _____	9

Collegiate Winning Percentage

1. Matt McDonough (125) 1.000 (9-0)	
Daniel Dennis (133) ___ 1.000 (8-0)	
Brent Metcalf (149) ___ 1.000 (9-0)	
Jay Borschel (174) ___ 1.000 (9-0)	
5. Jordan Johnson (Hwt.) ___ .900 (9-1)	

Dual Wins

1. Matt McDonough (125) _____	9
Brent Metcalf (149) _____	9
Jay Borschel (174) _____	9
4. Daniel Dennis (133) _____	8
Chad Beatty (197) _____	8

Dual Winning Percentage

1. M. McDonough (125) ___ 1.000 (9-0)	
Daniel Dennis (133) ___ 1.000 (8-0)	
Brent Metcalf (149) ___ 1.000 (9-0)	
Jay Borschel (174) ___ 1.000 (9-0)	
5. Chad Beatty (197) _____	.889 (8-1)

Dual Meet Team Points Scored

1. Brent Metcalf (149) _____	50
2. Jay Borschel (174) _____	47
3. Matt McDonough (125) _____	46
4. Daniel Dennis (133) _____	36
5. Phillip Keddy (184) _____	33

Falls

1. Brent Metcalf (149) _____	7
2. Jay Borschel (174) _____	6
3. Jordan Johnson (Hwt.) _____	5
4. Matt McDonough (125) _____	4
5. J.J. Krutsinger (125) _____	3
Nate Moore (133) _____	3
Montell Marion (141) _____	3
Ryan Morningstar (165) _____	3
Grant Gambrall (184) _____	3

Fastest Fall

1. Jay Borschel (174) _____	0:13
2. Nate Moore (133) _____	0:20
3. Vinnie Wagner (184) _____	0:36
4. Jordan Johnson (Hwt.) _____	0:47
5. Matt Ballweg (157) _____	0:53

Statistics are compiled from matches wrestled by attached competitors.

Technical Falls

1. J.J. Krutsinger (125) _____	3
Matt McDonough (125) _____	3
Daniel Dennis (133) _____	3
4. Philip Keddy (184) _____	2
5. Dan LeClere (141) _____	1
Brent Metcalf (149) _____	1
Ryan Morningstar (165) _____	1
Grant Gambrall (184) _____	1
Chad Beatty (197) _____	1
Luke Lofthouse (197) _____	1

Major Decisions

1. Daniel Dennis (133) _____	3
Luke Lofthouse (197) _____	3
3. Dan LeClere (141) _____	2
Matt Ballweg (157) _____	2
Jay Borschel (174) _____	2
Phillip Keddy (184) _____	2

Career Dual Starts

1. Ryan Morningstar (165) _____	72
2. Phillip Keddy (184) _____	71
3. Brent Metcalf (149) _____	55
4. Daniel Dennis (133) _____	51
Jay Borschel (174) _____	51

2009-10 IOWA DUAL STARTING LINEUPS

Opponent	125	133	141	149	157	165	174	184	197	Hwt.
*Coe	McDonough	Dennis	LeClere	Metcalf	Kerr	Morningstar	Borschel	Keddy	Beatty	Johnson
*Cornell College	McDonough	Dennis	LeClere	Metcalf	Kerr	Morningstar	Borschel	Keddy	Beatty	Johnson
*Iowa Lakes	McDonough	Dennis	LeClere	Metcalf	Kerr	Morningstar	Borschel	Keddy	Beatty	Johnson
*UNC Pembroke	McDonough	Dennis	LeClere	Metcalf	Kerr	Morningstar	Borschel	Keddy	Beatty	Johnson
*S. Illinois Edwardsville	McDonough	Dennis	LeClere	Metcalf	Kerr	Morningstar	Borschel	Keddy	Beatty	Johnson
at Bucknell	McDonough	Dennis	LeClere	Metcalf	Matt Ballweg	Janssen	Borschel	Keddy	Beatty	Johnson
vs. Rutgers	McDonough	Dennis	LeClere	Metcalf	Janssen	Kerr	Borschel	Gambrall	Beatty	Johnson
at Iowa State	McDonough	Dennis	LeClere	Metcalf	Janssen	Morningstar	Borschel	Keddy	Beatty	Rasing
Northern Iowa	McDonough	Moore	Marion	Metcalf	Janssen	Morningstar	Borschel	Keddy	Beatty	Rasing

*Bolded names = match winners, *Iowa City Duals*

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2009-10 INDIVIDUAL SEASON STATISTICS

Career Wrestler, Wt.	Career Record	Overall Record	Coll. Record	Dual Record	Big 10 Record	Career CHA Record	Career Dual Starts	Pts. Scored	SV W-L	TB W-L	MD W-L	TF W-L	Pins W-L	Fastest Fall
J.J. Krutsinger, 125	15-7	10-2	7-2	0-0	0-0	0-0	5	0	0-0	0-0	1-2	3-0	3-0	1:55
Matt McDonough, 125	9-0	9-0	9-0	9-0	0-0	6-0	9	46	0-0	0-0	1-0	3-0	4-0	1:06
Mark Ballweg, 133*	0-0	8-2	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	-----
Tyler Clark, 133*	0-0	5-2	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	-----
Daniel Dennis, 133	55-24	9-0	8-0	8-0	0-0	13-6	51	36	1-0	0-0	3-0	3-0	1-0	2:46
Nate Moore, 133	4-1	8-2	4-1	1-0	0-0	1-0	1	6	0-0	0-0	1-0	0-0	3-0	0:20
Nick Trizzino, 133*	0-0	8-4	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	-----
Dan LeClere, 141	36-13	7-1	7-1	7-1	0-0	10-2	32	30	0-1	0-0	2-0	1-0	2-0	2:57
Montell Marion, 141*	14-3	9-0	4-0	1-0	0-0	1-0	1	6	0-0	0-0	0-0	0-0	3-0	2:37
Joe Slaton, 141*	37-6	5-0	0-0	0-0	0-0	6-2	23	0	0-0	0-0	0-0	0-0	0-0	-----
Jeret Chiri, 149	0-2	1-2	0-2	0-0	0-0	0-0	0	0	0-0	0-0	1-0	0-0	0-0	-----
Brent Metcalf, 149	81-2	9-0	9-0	9-0	0-0	20-0	55	50	0-0	0-0	0-0	1-0	7-0	1:45
Ethan Sebert, 149*	0-0	1-2	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	-----
Matt Ballweg, 157	25-22	5-1	4-1	0-1	0-0	3-4	25	0	0-0	0-0	2-0	0-0	1-0	0:53
Stew Gillmor, 157*	3-2	0-2	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	-----
Aaron Janssen, 157/165	15-8	3-1	3-1	3-1	0-0	1-2	7	7	0-0	0-0	1-1	0-0	0-0	-----
Jake Kerr, 157/165	14-16	4-2	4-2	4-2	0-0	4-3	14	21	0-1	0-0	0-0	0-0	2-0	5:35
Derek St. John, 157*	0-0	15-2	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	-----
Joe DuCharme, 165*	0-0	4-2	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	-----
Ryan Morningstar, 165	86-33	6-1	6-1	6-1	0-0	20-7	72	30	0-0	0-0	1-0	1-0	3-0	1:43
Jay Borschel, 174	70-10	9-0	9-0	9-0	0-0	17-2	51	47	0-0	0-0	2-0	0-0	6-0	0:13
Ethen Lofthouse, 174*	0-0	12-4	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	-----
Grant Gambrall, 184	9-2	11-2	9-2	1-0	0-0	0-0	1	4	0-0	0-0	1-0	1-0	3-0	1:46
Phillip Keddy, 184	83-33	7-1	7-1	7-1	0-0	21-6	71	33	0-0	0-0	2-0	2-0	2-0	1:24
Tomas Lira, 184*	0-0	5-6	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	-----
Vinnie Wagner, 184	4-2	7-4	4-2	0-0	0-0	0-0	0	0	0-0	0-0	1-0	0-1	1-0	0:36
Chad Beatty, 197	41-21	8-1	8-1	8-1	0-0	13-3	45	31	0-0	0-0	2-1	1-0	1-0	2:31
Luke Lofthouse, 197	20-23	11-4	10-4	0-0	0-0	2-4	16	0	0-0	0-0	3-0	1-0	0-0	----
Jordan Johnson, Hwt.	10-4	10-1	9-1	6-1	0-0	6-1	9	27	0-0	0-0	1-0	0-0	5-1	0:47
Blake Rasing, Hwt.	6-4	7-4	6-4	0-2	0-0	0-1	2	0	1-1	1-0	1-0	0-0	1-0	1:21
Totals	626-230	214-54	129-25	79-11	0-0	134-41	488	372	2-3	1-0	26-4	16-1	50-1	0:13

Coll. - Collegiate, CHA - Carver-Hawkeye Arena, SV - sudden victory, TB - tiebreak, MD - major decision, TF - technical fall, * - wrestling unattached, SV - sudden victory, TB - tiebreak, MD - major decision, TF - technical fall. * - wrestling unattached

IOWA HAWKEYES



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2009-10 DUAL TEAM POINTS SCORED BY WEIGHT

Opponent	125	133	141	149	157	165	174	184	197	Hwt.	Total
*Coe	5	6	4	6	0	3	6	3	3	3	39
*Cornell College	5	5	6	6	6	6	6	5	6	6	57
*Iowa Lakes	6	4	4	6	6	4	6	6	4	6	52
*UNC Pembroke	4	5	4	6	3	5	6	5	3	6	47
*S. Illinois Edwardsville	6	4	6	6	3	6	6	6	5	3	51
at Bucknell	5	4	3	3	0	0	4	4	3	3	29
vs. Rutgers	6	5	3	5	3	0	4	4	3	0	33
at Iowa State	3	3	0	6	3	0	3	0	0	0	18
Northern Iowa	6	6	6	6	4	6	6	4	4	0	48
Totals	46	42	36	50	28	30	47	37	31	27	372

* - at Iowa City Duals

INDIVIDUAL DUAL RECORD BY WEIGHT

125	133	141	149	157	165	174	184	197	Hwt.	Total
9-0	9-0	8-1	9-0	7-2	6-3	9-0	8-1	8-1	6-3	79-11

DUAL PINS BY WEIGHT

125	133	141	149	157	165	174	184	197	Hwt.	Total
4/0	2/0	3/0	7/0	2/0	3/0	6/0	2/0	1/0	3/1	33/1

DUAL TECHNICAL FALLS BY WEIGHT

125	133	141	149	157	165	174	184	197	Hwt.	Total
3/0	3/0	1/0	1/0	0/0	1/0	0/0	2/0	1/0	0/0	12/0

DUAL MAJOR DECISIONS BY WEIGHT

125	133	141	149	157	165	174	184	197	Hwt.	Total
1/0	3/0	2/0	0/0	1/0	1/1	2/0	3/0	2/1	0/0	15/2

DUAL DECISIONS BY WEIGHT

125	133	141	149	157	165	174	184	197	Hwt.	Total
1/0	1/0	2/1	1/0	4/2	1/2	1/0	1/1	4/0	3/2	19/8

DUAL DISQUALIFICATIONS/FORFEITS/INJURY DEFAULTS BY WEIGHT

125	133	141	149	157	165	174	184	197	Hwt.	Total
0/0	0/0	0/0	0/0	0/0	0/0	0/0	0/0	0/0	0/0	0/0

TEAM RECORD AT DUAL STARTING WEIGHT

125	133	141	149	157	165	174	184	197	Hwt.	Total
9-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	9-0

IOWA HAWKEYES



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2009-10 DUAL MEET RESULTS

Iowa 39, Coe College 3 - Iowa City Duals - Nov. 20, 2009

125 - **Matt McDonough (I)** tech. fall Clayton Rush (C), 18-3 in 5:29
133 - **Daniel Dennis (I)** pinned Bryan Telgenhoff (C), 2:46
141 - **Dan LeClere (I)** maj. dec Jordan Westfall (C), 14-4
149 - **Brent Metcalf (I)** pinned Mark Carey (C), 1:45
157 - Dale Handley (C) dec. **Jake Kerr (I)**, 4-3
165 - **Ryan Morningstar (I)** dec. Nick LeClere (C), 6-5
174 - **Jay Borschel (I)** pinned Seth Rehn (C), 1:25
184 - **Phillip Keddy (I)** dec. Tyler Burkle (C), 8-6
197 - **Chad Beatty (I)** dec. Rob Kramer (C), 11-5
Hwt. - **Jordan Johnson (I)** dec. Mitch Sander (C), 6-1

Iowa 57, Cornell College 0 - Iowa City Duals - Nov. 20, 2009

125 - **Matt McDonough (I)** tech. fall Timothy Hood (C), 18-1 in 4:18
133 - **Daniel Dennis (I)** tech. fall Alex Hughes (C), 24-7 in 6:40
141 - **Dan LeClere (I)** pinned Kevin Donahue (C), 5:15
149 - **Brent Metcalf (I)** pinned Jacob Schwebke (C), 4:35
157 - **Jake Kerr (I)** pinned Nicholas Loughlin (C), 5:54
165 - **Ryan Morningstar (I)** pinned Alex Riniker (C), 6:25
174 - **Jay Borschel (I)** pinned Cliff Robertson (C), 1:35
184 - **Phillip Keddy (I)** tech. fall Andrew Roberts (C), 20-5 in 5:37
197 - **Chad Beatty (I)** pinned Andrew Anderson (C), 2:31
Hwt. - **Jordan Johnson (I)** pinned Wyatt Bauman (C), 2:24

Iowa 52, Iowa Lakes 0 - Iowa City Duals - Nov. 20, 2009

125 - **Matt McDonough (I)** pinned Tim Francisco (IL), 1:06
133 - **Daniel Dennis (I)** maj. dec. Tim Thurston (IL), 12-2
141 - **Dan LeClere (I)** tech. fall Matt Catalano (IL), 25-10 in 6:21
149 - **Brent Metcalf (I)** pinned Victor DeJesus (IL), 1:46
157 - **Jake Kerr (I)** pinned Austin Lindsay (IL), 5:35
165 - **Ryan Morningstar (I)** maj. dec. Dan McGillivray (IL), 11-3
174 - **Jay Borschel (I)** pinned Rowan Stander (IL), 2:21
184 - **Phillip Keddy (I)** pinned Kaylen Hamlett (IL), 3:22
197 - **Chad Beatty (I)** maj. dec. Josh Marsh (IL), 22-8
Hwt. - **Jordan Johnson (I)** pinned Tyler Thoeny (IL), 0:47

Iowa 47, UNC Pembroke 0 - Iowa City Duals - Nov. 20, 2009

125 - **Matt McDonough (I)** maj. dec. Russell Weakley (NCP), 13-3
133 - **Daniel Dennis (I)** tech. fall T.D. Thurston (NCP), 21-6 in 6:26
141 - **Dan LeClere (I)** maj. dec. Donovan Sweet (NCP), 12-0
149 - **Brent Metcalf (I)** pinned Brandon Bradley (NCP), 3:46
157 - **Jake Kerr (I)** dec. Rashaad Saunders (NCP), 2-0
165 - **Ryan Morningstar (I)** tech. fall Derving Rios (NCP), 18-3 in 6:10
174 - **Jay Borschel (I)** pinned J.J. Davis (NCP), 2:44
184 - **Phillip Keddy (I)** tech. fall John Sturrock (NCP), 17-2 in 6:35
197 - **Chad Beatty (I)** dec. Shane Nolan (NCP), 11-4
Hwt. - **Jordan Johnson (I)** pinned Erik Stancil (UNCP), 2:47

Iowa 51, S. Illinois Edwardsville 0 - Iowa City Duals - Nov. 20, 2009

125 - **Matt McDonough (I)** pinned Dustin Young (SIUE), 1:35
133 - **Daniel Dennis (I)** maj. dec. Brendan Murphy (SIUE), 19-8
141 - **Dan LeClere (I)** pinned Eric Biehl (SIUE), 2:57
149 - **Brent Metcalf (I)** pinned Kyle Lowman (SIUE), 4:40
157 - **Jake Kerr (I)** dec. Steve Ross (SIUE), 8-2
165 - **Ryan Morningstar (I)** pinned Eric Pretto (SIUE), 1:43
174 - **Jay Borschel (I)** pinned Tim Mahoney (SIUE), 0:13
184 - **Phillip Keddy (I)** pinned Sawyer Smith (SIUE), 1:24
197 - **Chad Beatty (I)** tech. fall Robert Cooney (SIUE), 18-3 in 4:47
Hwt. - **Jordan Johnson (I)** dec. David Devine (SIUE), 4-2

#1 Iowa 29, Bucknell 7 - Lewisburg, PA - Nov. 27, 2009

125 - **Matt McDonough (I)** tech. fall Derrik Russell (B), 19-4, 7:00
133 - **Daniel Dennis (I)** maj. dec. David Marble (B), 14-5
141 - **Dan LeClere (I)** dec. Zac Hancock (B), 9-5
149 - **Brent Metcalf (I)** dec. Kevin LeValley (B), 3-2
157 - Brantley Hooks (B) dec. **Matt Ballweg (I)**, 6-1
165 - Andy Rendos (B) maj. dec. **Aaron Janssen (I)**, 10-2
174 - **Jay Borschel (I)** maj. dec. Shane Riccio (B), 10-1
184 - **Phillip Keddy (I)** maj. dec. Rob Waltko (B), 12-4
197 - **Chad Beatty (I)** dec. Jay Hahn (B), 11-5
Hwt. - Jordan Johnson (I) dec. **Joe McMullan (B)**, 7-3

#1 Iowa 33, Rutgers 9 - Lewisburg, PA - Nov. 27, 2009

125 - **Matt McDonough (I)** pinned Vinny Dellafave (R), 3:39
133 - **Daniel Dennis (I)** tech. fall Billy Ashnault (R), 20-5 in 7:00
141 - **Dan LeClere (I)** dec. Trevor Melde (R), 7-3
149 - **Brent Metcalf (I)** tech. fall Kellen Bradley (R), 20-5 in 6:27
157 - **Aaron Janssen (I)** dec. Braden Turner (R), 2-0
165 - Gregory Zanetti (R) dec. **Jake Kerr (I)**, 8-6 SV
174 - **Jay Borschel (I)** maj. dec. Daniel Rinaldi (R), 16-3
184 - **Grant Gambrall (I)** maj. dec. Jesse Boyden (R), 11-3
197 - **Chad Beatty (I)** dec. Lamar Brown (R), 9-3
Hwt. - Dominick Russo (R) pinned **Jordan Johnson (I)**, 1:24

Iowa 18, Iowa State 16 - Ames, IA - Dec. 6, 2009

125 - **Matt McDonough (I)** dec. Andrew Long (ISU), 13-7
133 - **Daniel Dennis (I)** dec. Nick Fanthorpe (ISU), 10-8 SV
141 - Nick Gallick (ISU) dec. **Dan LeClere (I)**, 8-6 SV
149 - **Brent Metcalf (I)** pinned Mitch Mueller (ISU), 5:50
157 - **Aaron Janssen (I)** dec. Andrew Sorenson (ISU), 8-6
165 - Jon Reader (ISU) dec. **Ryan Morningstar (I)**, 4-3
174 - **Jay Borschel (I)** dec. Duke Burk (ISU), 10-4
184 - Jerome Ward (ISU) dec. **Phillip Keddy (I)**, 5-3
197 - Jake Varner (ISU) maj. dec. **Chad Beatty (I)**, 12-4
Hwt. - David Zabriskie (ISU) dec. **Blake Rasing (I)**, 3-1 SV

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2009-10 DUAL MEET RESULTS

Iowa 48, Northern Iowa 3 - Iowa City, IA - Dec. 10, 2009

125 - **Matt McDonough (I)** pinned Caleb Flores (UNI), 4:38
133 - **Nate Moore (I)** pinned Ryan Jauch (UNI), 2:42
141 - **Montell Marion (I)** pinned Trent Washington (UNI), 3:28
149 - **Brent Metcalf (I)** pinned Trevor Kittleson (UNI), 3:49
157 - **Aaron Janssen (I)** maj. dec. Tyson Reiner (UNI), 11-1
165 - **Ryan Morningstar (I)** pinned David Bonin (UNI), 5:32
174 - **Jay Borschel (I)** pinned Jarion Beets (UNI), 4:44
184 - **Phillip Keddy (I)** maj. dec. Andy O'Loughlin (UNI), 14-5
197 - **Chad Beatty (I)** maj. dec. Dustin Bauman (UNI), 15-5
Hwt. - Christian Brantley (UNI) dec. **Blake Rasing (I)**, 3-2