

UNIVERSITY OF IOWA WOMEN'S SWIMMING & DIVING



All-American
Lisette Planken



All-American
Jennifer Skolaski



All-American
Nancilea Underwood

2005 BIG TEN CHAMPIONSHIPS
COUNSILMAN-BILLINGSLY AQUATIC CENTER
BLOOMINGTON, IN -- FEBRUARY 16-19, 2005

THE UNIVERSITY OF IOWA



HAWKEYE WOMEN'S SWIMMING & DIVING



SPORTS INFORMATION CONTACT: AMBER GARTNER

FEBRUARY 14, 2005

2004-05 SCHEDULE & RESULTS (5-4, 1-4 IN THE BIG TEN)

O 22-23	Wisconsin	L, 108-243
N 6	at Minnesota	L, 129-171
N 12	Truman State	W, 171-123
N 19-21	at Minnesota Invite	4th
D 4	Iowa State	W, 214-85
J 8	vs. St. Cloud State	W, 150-115
J 21	Northern Iowa	W, 148-46
J 22	Illinois	L, 148-152
J 29	Northwestern	L, 131-168
	Ohio State	W, 161.5-137.5
F 16-19	at Big Ten Champ's 11 a.m./7 p.m. (Bloomington, IN)	
M 4-6	Iowa Senior Championships	
M 10-13	at NCAA Diving Qualifier (West Lafayette, IN)	
M 17-19	at NCAA Champ's 11 a.m./7 p.m. (West Lafayette, IN)	

2004-05 SEASON BESTS

50 free	Abby VanMaaren	23.78
100 free	Katie Martin	52.04
200 free	Jennifer Skolask	1:52.44
500 free	Jennifer Skolaski	5:01.88
1,000 free	Katelyn Eustis	10:23.04
1,650 free	Jaclyn Sarna	18:49.33
100 back	Jennifer Skolaski	56.41
200 back	Jennifer Skolaski	2:01.12
100 breast	Katie Haeger	1:05.84
200 breast	Kristen Eide	2:23.00
100 fly	Kelly Werner	56.49
200 fly	Andrea Hemphill	2:06.17
200 IM	Jennifer Skolaski	2:06.21
400 IM	Katelyn Eustis	4:31.85
200 free relay		1:36.47
	<i>(VanMaaren, Kelly, Schulte, K. Haeger)</i>	
400 free relay		3:27.37
	<i>(Martin, VanMaaren, Kelly, Skolaski)</i>	
800 free relay		7:40.71
	<i>(Eustis, Skolaski, VanMaaren, Martin)</i>	
200 medley relay		1:46.14
	<i>(Skolaski, E. Haeger, Werner, K. Haeger)</i>	
400 medley relay		3:51.08
	<i>(Skolaski, K. Haeger, Werner, VanMaaren)</i>	
1M Diving	Lisette Planken	326.55
3M Diving	Nancilea Underwood ..	348.25

THIS WEEK -- The Hawkeye women's swimming and diving team will compete at the Big Ten Championships Wednesday-Saturday in Bloomington, IN. All events will be held at the Counsilman-Billingsley Aquatic Center on the Indiana University campus. All-session tickets are \$25. Single-session prelim tickets are \$5 for adults and \$3 for students. Single-session finals tickets are \$7 for adults and \$3 for students. Tickets can be purchased from the Indiana University Athletic Ticket Office at 866/487-7678.

SCHEDULE OF EVENTS -- Event prelims begin at 11 a.m. each day, with diving starting at 1 p.m. Both swimming and diving finals begin at 7 p.m. All swimming events will be in yards and all diving events will be in meters. Following is the schedule of events:

Wednesday, February 16	Friday, February 18	Saturday, February 19
200 Medley Relay (7 p.m.)	400 Medley Relay*	1,650 Free (Timed Final)
800 Free Relay (7:30 p.m.)	400 IM	200 Back
	100 Fly	100 Free
Thursday, February 17	200 Free	200 Breast
200 Free Relay*	100 Breast	200 Fly
500 Free	100 Back	Platform Diving
200 IM	3-Meter Diving	400 Free Relay*
50 Free		
1-Meter Diving	* -- <i>finals only</i>	

2005 BIG TEN REVIEW -- The Hawkeyes placed ninth at the Big Ten Championships, scoring 152 points. Michigan won the team title with 604.5. **Jennifer Skolaski** placed second in the 200 back (1:57.51), earning second team all-Big Ten honors, and fourth in the 100 back (55.24). Iowa's 200 medley and 800 free relays placed fifth.

BIG TEN RANKINGS -- Iowa ranks in the top 10 in the Big Ten Conference rankings in three individual events and five relays. Junior **Kelly Werner** is ranked sixth in the 100 back and eighth in the 200 back. Senior **Jennifer Skolaski** is ranked seventh in the 200 back. Iowa's 200 medley relay is ranked fifth, the 400 medley relay is ranked sixth, the 400 free relay is ranked seventh and the 200 free and 800 free relays are ranked eighth.

BIG TEN HISTORY -- In the 23-year history of the Big Ten Women's Swimming Championships, Iowa has crowned 13 event champions, including nine swimmers, three divers and one relay. The Hawkeyes have yet to win a team title. Michigan has won 14 team titles, Ohio State has won five, Minnesota has won two, and Penn State and Indiana have each won one.

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2004-05 SEASON BEST PEFORMERS

50-Yard Freestyle (SR -- 23.08, A -- 22.88, B -- 23:56) Top 8

Abby Van Maaren	23.78	at Minnesota	11/06/04
Katie Martin	24.13	at Minnesota	11/06/04
Jennifer Skolaski	24.16	at Hawaii, St. Cloud	1/8/05
Karen Kelly	24.35	Iowa State	12/4/04
Katie Haeger	24.40	at Minnesota Invite	11/19/04
Emily Bensink	24.50	Wisconsin	10/22/04
Robin Samples	24.60	at Minnesota Invite	11/19/04
Erin Cochran	24.79	Northern Iowa	1/21/05

100-Yard Freestyle (SR -- 50.79, A -- 49.78, B -- 51.27) Top 8

Katie Martin	51.96	at Minnesota	11/6/04
Abby Van Maaren	52.52	Wisconsin	10/22/04
Karen Kelly	52.59	Iowa State	12/4/04
Kelly Werner	53.23	at Minnesota Invite	11/21/04
Katie Haeger	53.35	Iowa State	12/4/04
Emily Bensink	54.08	Wisconsin	10/22/04
Erica Noah	54.16	at Minnesota Invite	11/21/04
Mindy Schulte	54.19	at Minnesota Invite	11/21/04
Robin Samples	54.19	Iowa State	12/4/04

200-Yard Freestyle (SR -- 1:49.07, A -- 1:47.61, B -- 1:50.83) Top 8

Jennifer Skolaski	1:52.44	Truman State	11/12/04
Katelyn Eustis	1:54.40	at Minnesota	11/06/04
Abby VanMaaren	1:54.42	at Minnesota Invite	11/20/04
Katie Martin	1:54.84	at Minnesota	11/06/04
Erica Noah	1:54.95	Wisconsin	10/22/04
Karen Kelly	1:56.11	at Minnesota Invite	11/20/04
Erin Cochran	1:58.36	Northwestern/Ohio State	1/29/05
Robin Samples	1:58.49	at Minnesota Invite	11/20/04

500-Yard Freestyle (SR -- 4:47.21, A -- 4:45.46, B -- 4:54.02)

Jennifer Skolaski	5:01.88	at Minnesota Invite	11/19/04
Erica Noah	5:04.31	Truman State	11/12/04
Katelyn Eustis	5:05.15	at Minnesota Invite	11/19/04
Katie Koenig	5:15.37	Iowa State	12/4/04
Jaelyn Sarna	5:21.76	at Minnesota Invite	11/19/04

1,000-Yard Freestyle (SR -- 9:55.59)

Katelyn Eustis	10:23.04	Truman State	11/12/04
Jennifer Skolaski	10:23.22	at Minnesota	11/06/04
Erica Noah	10:26.81	at Minnesota	11/06/04
Jaelyn Sarna	10:53.95	Northern Iowa	1/21/05

1,650-Yard Freestyle (SR -- 16:27.91, A -- 16:23.54, B -- 16:53.04)

Jaelyn Sarna	18:49.33	at Minnesota Invite	11/21/04
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100-Yard Backstroke (SR -- 54.34, A -- 54.47, B -- 56.10)

Jennifer Skolaski	56.41	at Minnesota Invite	11/20/04
Kelly Werner	56.70	Truman State	11/12/04
Caitlin Girdley	58.85	at Minnesota	11/06/04
Katelyn Eustis	59.51	Iowa State	12/4/04
Erin Petty	1:02.25	Northern Iowa	1/21/05
Mindy Schulte	1:01.34	Truman State	11/12/04
Karen Kelly	1:03.23	Northern Iowa	1/21/05
Erin Cochran	1:03.56	at Hawaii, St. Cloud	1/8/05



2004-05 SEASON BEST PERFORMERS

200-Yard Backstroke (SR -- 1:57.51, A -- 1:58.24, B -- 2:01.78)

Jennifer Skolaski	2:01.12 (B)	Truman State	11/12/04
Kelly Werner	2:01.63 (B)	at Minnesota	11/06/04
Caitlin Girdley	2:08.86	at Minnesota	11/06/04
Katelyn Eustis	2:09.35	at Minnesota	11/06/04

100-Yard Breaststroke (SR -- 1:02.43, A -- 1:02.00, B -- 1:03.86)

Katie Haeger	1:05.84	at Minnesota	11/06/04
Emmy Haeger	1:06.52	Iowa State	12/4/04
Kristen Eide	1:06.89	Iowa State	12/4/04
Katelyn Eustis	1:07.16	at Hawaii, St. Cloud	1/8/05
Jennifer Skolaski	1:08.79	Northern Iowa	1/21/05
Katie Koenig	1:10.95	Truman State	11/12/04
Mindy Schulte	1:14.81	at Hawaii, St. Cloud	1/8/05

200-Yard Breaststroke (SR -- 2:11.92, A -- 2:14.25, B -- 2:18.27)

Kristen Eide	2:23.00	at Minnesota	11/06/04
Katelyn Eustis	2:23.89	Truman State	11/12/04
Katie Haeger	2:25.73	Northwestern/Ohio State	1/29/05
Emmy Haeger	2:25.75	Iowa State	12/4/04
Katie Koenig	2:36.11	at Minnesota	11/06/04

100-Yard Butterfly (SR -- 55.62, A -- 53.75, B -- 55.36)

Kelly Werner	56.49	Truman State	11/12/04
Andrea Hemphill	57.58	Iowa State	12/4/04
Erin Petty	59.08	Northwestern/Ohio State	1/29/05
Mindy Schulte	59.30	Truman State	11/12/04
Kristen Eide	1:00.09	Northern Iowa	1/21/05
Erica Noah	1:00.48	Northern Iowa	1/21/05

200-Yard Butterfly (SR -- 2:00.14, A -- 1:58.11, B -- 2:01.65)

Andrea Hemphill	2:06.17	at Minnesota Invite	11/21/04
Kristen Eide	2:07.44	at Minnesota	11/06/04
Erin Petty	2:10.30	Iowa State	12/4/04
Katie Koenig	2:16.30	Northwestern/Ohio State	1/29/05

100-Yard Individual Medley

Jennifer Skolaski	1:00.28	at Hawaii, St. Cloud	1/8/05
Andrea Hemphill	1:01.64	at Hawaii, St. Cloud	1/8/05
Katelyn Eustis	1:01.99	at Hawaii, St. Cloud	1/8/05
Kristen Eide	1:05.24	at Hawaii, St. Cloud	1/8/05

200-Yard Individual Medley (SR -- 2:03.98, A -- 2:00.67, B -- 2:04.69)

Jennifer Skolaski	2:06.21	Truman State	11/12/04
Kelly Werner	2:08.09	Truman State	11/12/04
Andrea Hemphill	2:08.32	at Minnesota Invite	11/19/04
Katelyn Eustis	2:08.95	Illinois	1/22/05
Kristen Eide	2:11.39	Illinois	1/22/05
Katie Koenig	2:15.03	Northern Iowa	1/21/05
Mindy Schulte	2:15.78	Iowa State	12/4/04

400-Yard Individual Medley (SR -- 4:20.14, A -- 4:15.93, B -- 4:23.60)

Katelyn Eustis	4:31.85	at Minnesota Invite	11/20/04
Kristen Eide	4:34.82	at Minnesota	11/06/04
Jennifer Skolaski	4:38.92	Wisconsin	10/22/04
Katie Koenig	4:45.08	at Minnesota Invite	11/20/04

A -- NCAA A Standard, B -- NCAA B Standard, SR -- School Record



IOWA WOMEN'S SWIMMING & DIVING



2004-05 SEASON BEST PERFORMERS

One-Meter Diving -- 6 dives (SR – 326.55)

Lisette Planken	326.55 (SR)	Wisconsin	10/22/04
Nancilea Underwood	317.35	Truman State	11/12/04
Katie Bures	239.70	Truman State	11/12/04
Nicole Nemmers	174.90	Truman State	11/12/04

Three-Meter Diving - 6 dives (SR – 348.25)

Nancilea Underwood	348.25 (SR)	Truman State	11/12/04
Lisette Planken	332.03	Illinois	1/22/05
Katie Bures	251.85	Truman State	11/12/04

Three-Meter Diving - 11 dives (SR – 564.50)

Lisette Planken	517.50	at Minnesota Invite	11/20/04
Nancilea Underwood	509.90	at Minnesota Invite	11/20/04
Katie Bures	201.90	at Minnesota Invite	11/20/04

200-Yard Freestyle Relay (SR -- 1:33.30, A -- 1:31.01, B -- 1:33.74) Top 8

VanMaaren, Kelly, Schulte, K. Haeger	1:36.47	Truman State	11/12/04
Van Maaren, K. Haeger, Martin, E. Haeger	1:36.69	Wisconsin	10/22/04
VanMaaren, Martin, Kelly, K. Haeger	1:36.78	Northwestern/Ohio State	1/29/05
VanMaaren, Martin, K. Haeger, Kelly	1:36.91	Minnesota Invite	11/19/04
Samples, E.Haeger, Schulte, Hemphill	1:37.31	Minnesota Invite	11/19/04
Kelly, VanMaaren, Sanderson, Cochran	1:37.74	Northern Iowa	1/21/05
Petty, Samples, Martin, K. Haeger	1:38.32	Northern Iowa	1/21/05
Samples, Cochran, Hemphill, Gable	1:38.46	Northwestern/Ohio State	1/29/05

400-Yard Freestyle Relay (SR -- 3:23.16, A -- 3:18.95, B -- 3:24.91)

Martin, VanMaaren, Kelly, Skolaski	3:27.37	at Minnesota	11/06/04
Martin, VanMaaren, Kelly, K. Haeger	3:28.88	Illinois	1/22/05
Skolaski, Martin, Kelly, VanMaaren	3:28.89	at Minnesota Invite	11/21/04
Skolaski, VanMaaren, Martin, Haeger	3:29.80	Wisconsin	10/22/04
Martin, K.Haeger, Kelly, Werner	3:30.12	Iowa State	12/4/04
Hemphill, Noah, Samples, Cochran	3:33.35	Illinois	1/22/05
Hemphill, Samples, Gable, E. Haeger	3:33.66	Iowa State	12/4/04
K. Haeger, Hemphill, Samples, Gable	3:34.49	at Minnesota	11/06/04

800-Yard Freestyle Relay (SR -- 7:18.90, A -- 7:11.65, B -- 7:24.59)

Eustis, Skolaski, VanMaaren, Martin	7:40.71	at Minnesota Invite	11/20/04
Noah, Kelly, Samples, Gable	7:56.36	at Minnesota Invite	11/20/04

200-Yard Medley Relay (SR -- 1:42.94, A -- 1:39.90, B -- 1:42.89)

Skolaski, E. Haeger, Werner, K. Haeger	1:46.14	Wisconsin	10/22/04
Skolaski, K. Haeger, Werner, VanMaaren	1:46.23	at Minnesota	11/06/04
Eustis, Eide, Hemphill, Kelly	1:49.25	Iowa State	12/4/04
Girdley, Eide, Hemphill, Martin	1:49.52	at Minnesota Invite	11/20/04
Girdley, E. Haeger, Petty, Samples	1:49.57	Iowa State	12/4/04
Girdley, Eide, Schulte, Kelly	1:49.67	Wisconsin	10/22/04
Girdley, E. Haeger, Hemphill, Kelly	1:50.10	at Minnesota	11/06/04
Girdley, Eide, Hemphill, Samples	1:50.28	Northwestern/Ohio State	1/29/05

400-Yard Medley Relay (SR -- 3:43.42, A -- 3:38.32, B -- 3:44.86)

Skolaski, K. Haeger, Werner, VanMaaren	3:51.08	Illinois	1/22/05
Skolaski, K. Haeger, Werner, Martin	3:51.22	Truman State	11/12/04
Werner, Eide, Hemphill, Martin	3:54.49	Wisconsin	10/22/04
Girdley, Eide, Hemphill, Kelly	3:57.17	Truman State	11/12/04
Girdley, Eide, Hemphill, VanMaaren	3:59.46	at Minnesota Invite	11/19/04
Girdley, K. Haeger, Petty, VanMaaren	4:02.77	Wisconsin	10/22/04



TOP 10 ALL-TIME PERFORMERS

50 Freestyle

1. Stacey Wertz, 2000:23.08
2. Allison Lyle, 2002:23.27
3. Colleen Thome, 1991.....:23.28
4. Becky Anderson, 1990:23.31
5. **Katie Haeger, 2002 :23.44**
6. Nicole Widmeyer, 1994:23.54
- Abby Van Maaren, 2004 . :23.54**
8. Tracey Golden, 1991:23.64
9. Erin Strub, 2003.....:23.66
10. Regan Fields, 1999:23.70

100 Freestyle

1. Stacey Wertz, 2001.....:50.79
2. **Jennifer Skolaski, 2004. :50.86**
3. Kim Stevens, 1985.....:51.01
4. Erin Strub, 2003.....:51.12
5. Becca Schwartz, 2001:51.19
6. Colleen Thome, 1992.....:51.24
7. Becky Anderson, 1990:51.29
8. Allison Lyle, 2002:51.34
9. **Abby Van Maaren, 2004 . :51.41**
- 10.**Katie Martin, 2004 :51.42**

200 Freestyle

1. **Jennifer Skolaski, 2004 1:49.07**
2. Christie Hooper, 2002 1:49.43
3. Melissa Loehndorf, 2001.. 1:49.77
4. Becca Schwartz, 2001 1:50.04
5. Kim Stevens, 1986..... 1:50.13
6. Shelly Miyamoto, 1993.... 1:50.34
7. Stacey Wertz, 1999..... 1:50.95
8. **Katelyn Eustis, 2003.... 1:51.40**
9. Ileana Buciu, 1998 1:51.84
10. Joyce VanKeulen, 2004 ... 1:51.96

500 Freestyle

1. Melissa Loehndorf, 2000.. 4:47.21
2. **Jennifer Skolaski, 2003 4:48.20**
3. Jane Keating, 1987..... 4:50.45
4. Ileana Buciu, 1998 4:51.78
5. Shelly Miyamoto, 1993.... 4:55.94
6. Angie Todt, 1990..... 4:57.08
7. **Katelyn Eustis, 2003.... 4:57.40**
8. Christie Hooper, 2002 4:57.91
9. Stacey Wertz, 1998..... 5:01.18
- 10.**Erica Noah, 2004 5:01.63**

1,000 Freestyle

1. Melissa Loehndorf, 2001.. 9:55.59
2. **Jennifer Skolaski, 2002 9:58.53**
3. Jane Keating, 1984..... 9:58.63
4. Angie Todt, 1990..... 10:04.30
5. Ileana Buciu, 1998 10:06.38
6. Christie Hooper, 2002 10:09.39
7. **Katelyn Eustis, 2002... 10:15.96**
8. Rachel Bayster, 1994 10:23.98
9. Kris Schmitz, 1984 10:25.90
10. Shelly Miyamoto, 1993... 10:26.53

1,650 Freestyle

1. Melissa Loehndorf, 2001.16:27.91
2. **Jennifer Skolaski, 2002.16:32.30**
3. Jane Keating, 1986..... 16:35.02
4. Angie Todt, 1991..... 16:37.96
5. Ileana Buciu, 1997 16:46.25
6. Christie Hooper, 2001 17:05.49
7. Alison Pennington, 1993 17:16.03
8. Pamela Broad, 1991 17:19.31
9. Cristina Vintila, 1997..... 17:24.72
10. Carolyn Grashof, 1985 17:24.80

100 Backstroke

1. **Jennifer Skolaski, 2003. :54.34**
2. **Kelly Werner, 2005 :56.70**
3. J.J. De Ath, 1993:56.75
4. Kara Schmitz, 1999:56.90
5. Loredana Zisu, 2001:57.09
6. **Caitlin Girdley, 2004..... :57.37**
7. Liann Burton, 1994:57.42
8. Laura Borgelt, 1992:57.52
9. Andrea Smetana, 1995:57.99
10. Lindsay Garver, 1996:58.11

200 Backstroke

1. **Jennifer Skolaski, 2004 1:57.51**
2. Loredana Zisu, 2000 2:00.67
3. **Kelly Werner, 2004 2:00:87**
4. Kara Schmitz, 1997 2:02.37
5. J.J. De Ath, 1993 2:02.47
6. **Caitlin Girdley, 2004.... 2:02.55**
7. Lisa Haunz, 2000 2:03.18
8. Melissa Loehndorf, 2000.. 2:04.03
9. Nicole Jespersion, 2000.... 2:04.06
10. Laura Borgelt, 1992 2:05.43

100 Breaststroke

1. Allison Lyle, 2002 1:02.43
2. Andrea Pennington, 2000 1:03.46
3. Melissa Eberhardt, 1993 .. 1:04.34
4. Alisha Stitts, 1999..... 1:04.59
5. **Kristen Eide, 2003..... 1:04.78**
6. **Katie Haeger, 2004 1:04.89**
7. Lovis Keogh, 1990..... 1:05.17
8. Sara Kunnemann, 2003 ... 1:05.47
9. Kerry Stewart, 1982..... 1:05.76
- 10.**Emmy Haeger, 2004..... 1:06.06**

200 Breaststroke

1. Allison Lyle, 2002 2:11.92
2. Alisha Stitts, 1999..... 2:18.19
3. Andrea Pennington, 1999 2:19.08
4. Lovis Keogh, 1990 2:19.22
5. Crissy Eck, 1993 2:20.13
6. Alison Pennington, 1993. 2:20.24
7. **Kristen Eide, 2002..... 2:20.37**
8. Sara Kunnemann, 2003 ... 2:21.17
9. **Katelyn Eustis, 2004.... 2:21.33**
10. Jennifer Knapp, 1993 2:21.86

100 Butterfly

1. Loredana Zisu, 1998:55.62
2. Nicole Widmeyer, 1994:55.76
3. **Jennifer Skolaski, 2002. :56.08**
4. Stacey Wertz, 2000:56.24
5. **Kelly Werner, 2003 :56.31**
6. Melissa Loehndorf, 2001....:56.35
7. Liann Burton, 1994:56.42
8. Nancy Vaccaro, 1984:56.89
9. Michele Schmerbauch, 2003:57.24
10. Bernie Brandenburg, 1986 .:57.33

200 Butterfly

1. Melissa Loehndorf, 2001.. 2:00.14
2. Loredana Zisu, 1998 2:01.71
3. Bernie Brandenburg, 1987 2:04.31
4. Jane Keating, 1984..... 2:04.51
5. Alison Lloyd, 1986 2:04.90
6. Pamela Capin, 1990 2:05.49
7. Emily Zywicke, 1998 2:05.66
8. Christie Hooper, 2001 2:06.09
9. **Kristen Eide, 2002..... 2:06.32**
- 10.**Andrea Hemphill, 2005 2:06.17**

200 Individual Medley

1. Allison Lyle, 2002 2:03.48
2. **Jennifer Skolaski, 2003 2:05.20**
3. Loredana Zisu, 1999 2:05.38
4. Michele Schmerbauch, 2002 2:05.82
5. Melissa Loehndorf, 2002.. 2:06.02
6. Becky Sentyrz, 1992 2:06.28
7. **Andrea Hemphill, 2003 2:06.53**
8. **Katelyn Eustis, 2003.... 2:06.62**
9. Crissy Eck, 1990 2:06.80
10. Andrea Pennington, 1998 2:07.10

400 Individual Medley

1. **Jennifer Skolaski, 2003 4:20.14**
2. Melissa Loehndorf, 1999.. 4:20.65
3. Loredana Zisu, 1998 4:24.26
4. **Katelyn Eustis, 2002.... 4:26.01**
5. Allison Pennington, 1993 4:26.09
6. Crissy Eck, 1990 4:27.71
7. **Andrea Hemphill, 2003 4:28.57**
8. Rachel Bayster, 1993 4:28.95
9. Backy Sentyrz, 1992 4:29.88
10. Carolyn Grashof, 1986..... 4:30.69

One-Meter Diving (6)

1. **Lisette Planken, 2005... 326.55**
2. **Nancilea Underwood, 2005 317.35**
3. Terri Millmier, 1988 315.60
4. Katy Ketoff, 1992..... 294.60
5. Anne Bowers, 1981..... 287.15
6. Diane Goldsworthy, 1983.286.275
7. Kim Yager, 1991 278.55
8. Kelly Johnson, 1985 274.95
9. Kelly McCready, 1994266.175
10. Vicki Ramseyer, 1988265.725

TOP 10 ALL-TIME PERFORMERS

One-Meter Diving (10)

1. Katy Ketoff, 1992..... 407.20
2. Kim Yager, 1991..... 433.55

One-Meter Diving (11)

1. **Lisette Planken, 2003... 583.55**
2. **Nancilea Underwood, 2003 541.55**
3. Teresa Millmier, 1989..... 476.90
4. Kelly Johnson, 1986..... 466.62
5. Diane Goldsworthy, 1984.. 439.55
6. Kelly Johnson, 1983..... 431.10
7. Kelly McCready, 1996..... 413.75
8. Jessica Riccobono, 1994... 413.45
9. Anne Bowers, 1982..... 399.10
10. Kelly McCready, 1994..... 394.70

Three-Meter Diving (6)

1. **Nancilea Underwood, 2005 348.25**
2. **Lisette Planken, 2005... 332.03**
3. Katy Ketoff, 1991..... 315.60
4. Kelly Johnson, 1986..... 314.70
5. Sara Wolchko, 2001..... 292.40
6. Terri Millmier, 1989..... 290.70
7. Anne Bowers, 1982..... 290.15
8. Kelly McCready, 1994..... 288.30
9. Laura Maldonado, 2002 283.50
10. Vicki Ramseyer, 1988..... 281.50

Three-Meter Diving (11)

1. **Nancilea Underwood, 2003 564.60**
2. **Lisette Planken, 2003... 561.25**
3. Kelly Johnson, 1986..... 494.65
4. Katy Ketoff, 1992..... 489.90
5. Sara Wolchko, 2001..... 480.50
6. Diane Goldsworthy, 1985 ... 478.44
7. Kelly McCready, 1994..... 477.35
8. Terri Millmier, 1988..... 476.90
9. Jessica Riccobono, 1995... 472.69
10. Ann Bowers, 1982..... 463.80

10-Meter Platform Diving

1. Katy Ketoff, 1991..... 445.67
2. Kelly McCready, 1996..... 437.95
3. Laura Maldonado, 2002 372.20

200 Medley Relay

1. **Skolaski, E. Haeger, Werner, K. Haeger, 2004..... 1:42.94**
2. **Girdley, Lyle, Loehndorf, Strub, 2002..... 1:44.47**
3. Schmitz, Lyle, Zisu, Fields, 1999..... 1:44.72
4. Fields, Pennington, Zisu, Wertz, 2000..... 1:44.76
5. Zisu, Lyle, Wise, Wertz, 2001..... 1:44.96
6. **Skolaski, K. Haeger, Bagi, Strub, 2003..... 1:45.04**
7. Burton, Eberhardt, Widmeyer, Golden, 1993..... 1:45.23
8. Schmitz, Pennington, Zisu, Wertz, 1998..... 1:45.23
9. De Ath, Eberhardt, Widmeyer, Burton, 1994..... 1:45.68
10. VanVerst, Keogh, Thome, Anderson, 1990..... 1:45.95
11. Borgelt, Eberhardt, Widmeyer, Golden, 1992..... 1:45.95

400 Medley Relay

1. **Skolaski, Lyle, Loehndorf, Strub, 2002..... 3:43.42**
2. Zisu, Lyle, Wise, Wertz, 2001..... 3:46.86
3. Schmitz, Pennington, Zisu, Wertz, 1998..... 3:47.01
4. **Skolaski, Eide, Werner, Strub, 2003..... 3:48.16**
5. De Ath, Eberhardt, Widmeyer, Burton, 1994..... 3:48.44
6. **Skolaski, Eide, Werner, K. Haeger, 2004..... 3:48.85**
7. De Ath, Eberhardt, Widmeyer, Golden, 1997..... 3:49.33
8. Fields, Lyle, Zisu, Schwartz, 2000..... 3:49.76
9. **Skolaski, K. Haeger, Werner, Van Maaren, 2005..... 3:51.08**
10. **Skolaski, K. Haeger, Werner, Martin, 2005..... 3:51.22**

200 Freestyle Relay

1. Lyle, **K. Haeger, Cochran, Strub, 2002..... 1:33.30**
2. Lyle, Schwartz, Fields, Wertz, 1999..... 1:33.32
3. Wertz, Strub, Schwartz, Lyle, 2001..... 1:33.85
4. **Van Maaren, K. Haeger, Martin, E. Haeger, 2004..... 1:33.95**
5. Borgelt, Widmeyer, Burton, Golden, 1993..... 1:34.02
6. Lyle, Fields, Schwartz, Wertz, 2000..... 1:34.12
7. Strub, **K. Haeger, Van Maaren, Molzahn, 2003..... 1:34.14**
8. Widmeyer, Eberhardt, Burton, De Ath, 1994..... 1:34.75
9. Thome, Anderson, Gilleo, Lynch, 1990..... 1:34.76
10. Anderson, Gilleo, Thome, Lynch, 1989..... 1:34.78

400 Freestyle Relay

1. Wertz, Schwartz, Lyle, Zisu, 2001..... 3:23.16
2. Strub, **K. Haeger, Hooper, Lyle, 2002..... 3:23.43**
3. **K. Haeger, Skolaski, Hooper, Strub, 2003..... 3:24.01**
4. **Skolaski, Hooper, Martin, Van Maaren, 2004..... 3:24.18**
5. Schwartz, Fields, Strub, Wertz, 2000..... 3:25.47
6. **Kelly, Hooper, Van Maaren, K. Haeger, 2004..... 3:26.39**
7. Schwartz, Fields, Homewood, Wertz, 1999..... 3:26.49
8. Miyamoto, Widmeyer, Golden, Burton, 1993..... 3:26.67
9. Miyamoto, Widmeyer, Borgelt, Golden, 1992..... 3:27.21
10. De Ath, Burton, Widmeyer, Borgelt, 1994..... 3:27.22

800 Freestyle Relay

1. **Skolaski, Hooper, Eustis, VanKeulen, 2004..... 7:18.90**
2. Loehndorf, Hooper, Schwartz, Zisu, 2001..... 7:22.52
3. Hooper, **Girdley, Skolaski, Loehndorf, 2002..... 7:24.10**
4. Hooper, **Skolaski, Eustis, Girdley, 2003..... 7:24.47**
5. Zisu, Buciu, Katz, Wertz, 1998..... 7:27.90
6. Schwartz, Loehndorf, Buciu, Wertz, 2000..... 7:27.95
7. Schwartz, Buciu, Loehndorf, Wertz, 1999..... 7:28.67
8. Keating, Brandenberg, Lindeskog, Stevens, 1986..... 7:29.81
9. Gilleo, Eck, Miyamoto, Capin, 1992..... 7:31.83
10. Buciu, Homewood, Campbell, Katz, 1997..... 7:33.16

HAWKEYE COACHING STAFF



MARC LONG
HEAD COACH

FIRST SEASON
UNIVERSITY of IOWA, 1990

Marc Long is in his first season as interim head coach for the University of Iowa men's and women's swimming teams after serving two seasons as the Hawkeye women's assistant coach.

Long helped Iowa to its highest placing and point total in school history (20th, 41 points) at the 2003 NCAA Championships. The Hawkeyes also posted an 8-4 overall season record, which was the first winning season for the program since 1999-2000.

Prior to joining the Hawkeye women's swimming team, Long served as Iowa's assistant men's swimming coach from 1998-2001. He also served as head coach of the Iowa City Eels Swim Club (ICE) and the COHO Swim Club (Deerfield, IL). During his coaching tenure, Long has helped produce numerous state champions, record holders, and NCAA and USS national qualifiers.

Long swam at the University of Northern Iowa for one year (1986), winning a conference title and setting the 100 fly school record before joining the University of Iowa men's squad. As a Hawkeye swimmer (1987-89), Long was a six-time all-American and three-time Big Ten Champion, winning two conference titles in the 100 fly and one as part of the 400 free relay. During his career, the Hawkeyes were Big Ten runners-up and recorded their highest placing (eighth) in modern day history at the 1989 NCAA Championships. Long also swam on Iowa's 200 free relay that set Big Ten and NCAA records in that event.

An Iowa team co-captain in 1989, Long was a member of the 1987 U.S. National Champion 400-meter freestyle relay team from San Jose (CA) Aquatics. He participated in the 1988 U.S. Olympic Trials.

A native of Cedar Falls, IA, Long earned his B.S. in recreation education from Iowa in 1991. He and his wife, Beth, have a son, Ethan.



FRANCES DeBORD
ASSISTANT COACH

FIRST SEASON
UNIVERSITY of IOWA, 2000

Frances DeBord is in her first season as assistant coach with the Hawkeyes. DeBord returns to Iowa, where she was a backstroker and student assistant coach from 1996-2000, after coaching stints at Tulane and Fresno State.

At Tulane, DeBord helped field the first Green Wave swimming team since 1989-90, recruiting a class of 15 student-athletes. The fledgling team posted a 13-3 record, won three Conference USA individual titles and recorded 20 top eight finishes at the conference meet. Freshman Linda McEachrane won two conference titles to earn Conference USA Freshman of the Year and posted NCAA performances in the 50 and 100 free.

At Fresno State, DeBord helped the Bulldogs to a 6-6 record and a fourth-place finish in the Western Athletic Conference with a team comprised of one senior and 18 freshmen.

DeBord served as a graduate assistant coach at Ohio University (2001) and student assistant coach at the University of Iowa (1998-2000) after her swimming career was ended by a shoulder injury. Her club coaching experience includes leading the Willow Knolls Country Club and Ohio Master's Swimming Program, and serving as an assistant with the Central Illinois Aquatics Program.

DeBord is a USA Swimming Registered Coach, an American Swimming Coaches Association Level 1 Coach and a member of the College Swimming Coaches Association of America.

A native of Peoria, IL, DeBord earned her bachelor's degree from Iowa in 2000 and her master's in physical education and sports science from Ohio University earlier this year.



BOB RYDZE
HEAD DIVING COACH

30TH SEASON
UNIVERSITY of MARYLAND, 1970

Bob Rydze is in his 30th year as diving coach of the men and women's teams at the University of Iowa, and is the dean of Big Ten swimming and diving coaches. He and his wife, Elaine, have three children, Bo, Robin and Veronica.



MEET THE HAWKEYES



KRISTEN EIDE
BREASTSTROKE

SENIOR
HOUSTON, TX
LAMAR

2004-05 -- leads team in 200 breast (2:23.00)... runner-up in 200 breast (2:23.00) and 200 fly (2:07.44) and placed third in 400 IM (4:34.82) at Minnesota... won 200 back (2:24.03) vs. Iowa State and 100 fly (1:00.09) vs. Northern Iowa... recorded 18 top-five individual finishes... **2003-04** -- led team in 100 and 200 breast, and swam on team-leading 400 medley relay... won 100 fly (59.02) and 200 breast (2:23.65), and placed second in 100 breast (1:05.65) vs. Michigan State... won 200 breast (2:22.81) and tied for first in 100 breast (1:06.43) vs. Purdue... swam season-best 200 fly (2:10.26) at Wisconsin for second place... recorded 21 top-five individual finishes... academic all-Big Ten... letterwinner... **2002-03** -- led team in 100 breast and swam on team-leading 400 medley relay... placed 13th in that event at Big Ten Championships with a collegiate-best 1:04.78, which ranks fifth on Iowa's all-time bests list... won 200 breast at four meets... swam collegiate bests in 50 free (25.27) and 100 fly (57.89) at Iowa Sr. Championships, and 200 IM (2:07.54) at Notre Dame Invite... recorded 20 top five individual finishes, including four wins... academic all-Big Ten... letterwinner... **2001-02** -- won 100 breast (1:05.46), and placed second in 100 (58.01) and 200 fly (2:06.32) at Iowa Sr. Championships... won 100 breast at Indiana (1:06.70) and placed second in 400 IM (4:39.92) at Wisconsin... runner-up in 200 fly (2:09.36) and 200 breast (2:23.82) vs. Truman State... swam collegiate bests in 200 breast (2:20.37) and 400 IM (4:32.10) at Big Ten Championships... her best 200 breast and 200 fly times rank seventh and ninth, respectively, on Iowa's all-time bests list... recorded 18 top-five individual finishes... letterwinner... **High School** -- four-time all-state and two-time honorable mention all-American... regional champion as a senior, winning four district titles... four-time state finalist... also competed in water polo... National Honor Society member... coach was Jef Kerrigan... **Personal** -- born January 30, 1983... daughter of Bill and Rose Eide... fine arts major... sister, Leslie, swam at University of New Mexico.

Eide's Collegiate Bests

Event	Time	Meet	Date
100 Breast	1:04.78	at Big Ten Champ's	2/21/03
200 Breast	2:20.37	at Big Ten Champ's	2/23/02
100 Fly	57.89	Iowa Senior Champ's	3/7/03
200 Fly	2:06.32	Iowa Senior Champ's	3/2/02
200 IM	2:07.54	at Notre Dame Invite	12/5/02
400 IM	4:32.10	at Big Ten Champ's	2/22/02



KATELYN EUSTIS
BACKSTROKE/FREESTYLE/IM

SENIOR
CHESTERFIELD, MO
MARQUETTE

2004-05 -- leads team in 1,000 free (10:23.04) and 400 IM (4:31.85), and swam on team-leading 800 free relay... won 100 back (1:01.28) and vs. Northern Iowa... placed third in 100 back (59.51), 200 breast (2:26.30) and 200 IM (2:10.09) vs. Iowa State... recorded 18 top-five individual finishes... team captain... **2003-04** -- led team in 400 IM (4:28.55) and swam third leg on school-record setting 800 free relay (7:18.90)... swam collegiate-best 100 breast (1:06.46) at Northwestern... her best 200 breast time (2:21.33) ranks ninth on Iowa's all-time bests list... recorded 21 top-five finishes... academic all-Big Ten... letterwinner... **2002-03** -- won 200 free vs. Drury (1:55.31), 500 free (5:06.50) vs. South Dakota and 1,000 free (10:28.33) vs. Truman State... swam collegiate bests in 50 (24.87), 100 (52.56) and 200 free (1:51.40), and 200 IM (2:06.62) at Iowa Sr. Championships... her best 200 and 500 free and 200 IM times rank eighth, seventh and eighth, respectively, on Iowa's all-time bests list... placed 15th in 400 IM (4:29.21) at Big Ten meet... recorded 32 top-five finishes... academic all-Big Ten... letterwinner... **2001-02** -- won 400 IM (4:26.01) and placed second in 100 back (59.03) at Iowa Sr. Championships... swam collegiate best 2:06.37 in 200 back at Big Ten meet... recorded 22 top-five individual finishes... letterwinner... **High School** -- won 10 state and 12 conference titles... three-time all-state and two-time first team all-conference... U.S. Swimming scholastic all-American... *Post-Dispatch* Scholar Athlete... National Honor Society member... coach was Jim Halliburton... **Personal** -- born July 9, 1983... daughter of Mark and Margie Eustis... education major.

Eustis' Collegiate Bests

Event	Time	Meet	Date
50 Free	24.87	Iowa Senior Champ's	3/8/03
100 Free	52.56	Iowa Senior Champ's	3/9/03
200 Free	1:51.40	Iowa Senior Champ's	3/7/03
500 Free	4:57.40	at Big Ten Champ's	2/20/03
1,000 Free	10:15.96	Truman State	1/25/02
100 Back	59.03	Iowa Senior Champ's	3/3/02
200 Back	2:06.37	at Big Ten Champ's	2/23/02
100 Breast	1:06.46	at Northwestern	1/31/04
200 Breast	2:21.33	at Big Ten Champ's	2/21/04
200 Fly	2:12.21	at Iowa State	12/6/03
200 IM	2:06.62	Iowa Senior Champ's	3/8/03
400 IM	4:26.01	Iowa Senior Champ's	3/1/02



MEET THE HAWKEYES



KATIE HAEGER
BREASTSTROKE/FREESTYLE

SENIOR
HALES CORNERS, WI
CHARLES B. WITHNALL

2004-05 -- leads team in 100 breast (1:05.84), and swam on team-leading 200 free (1:36.47), 200 medley (1:46.14) and 400 medley (3:51.08) relays... placed third in 100 breast (1:06.70) and 200 breast with collegiate-best 2:25.73 vs. Northwestern and Ohio State... won 100 breast (1:06.30) vs. Iowa State... swam legs on six winning relays... recorded nine top-five individual finishes... team captain... **2003-04** -- swam on school-record setting 200 medley, team-leading 200 free and 400 medley relays... tied for first in 100 breast (1:06.43) vs. Purdue... swam collegiate best 1:04.89 in 100 breast at sectional meet, which ranks sixth on Iowa's all-time bests list, and 2:25.94 in 200 breast at Northwestern... recorded 11 top-five individual finishes and swam on seven winning relays... academic all-Big Ten... letterwinner... **2002-03** -- won 50 free vs. South Dakota (24.49) and at Iowa Senior Championships (24.14), and 100 free vs. Drury (53.79)... swam collegiate best in 100 free (51.55) at Big Ten Championships... swam on three team-leading relays... recorded 16 top-five finishes and swam on four winning relays... academic all-Big Ten... letterwinner... **2001-02** -- swam second leg of school record-setting 200 free relay (1:33.30)... won 50 free with collegiate best 23.44, which ranks fifth on Iowa's all-time bests list, and placed second in 100 breast (1:05.87) at Iowa Sr. Championships... swam collegiate bests in 200 free (1:54.56) at Big Ten Championships and 200 IM (2:08.32) at Iowa Sr. Championships... recorded 15 top-five finishes... letterwinner... **High School** -- member of 200 medley all-American relay... three-time state champion in 50 free, winning two state titles in 100 free... three-time sectional champion in 50 and 100 free... four-time team MVP and conference champion... also ran track... class salutatorian... National Honor Society member... coach was Dale Schrank... **Personal** -- born September 27, 1982... daughter of Robert and Cynthia Haeger... biology/pre-chiropractic major... sister, Emmy, also swims for Iowa.

Haeger's Collegiate Bests

Event	Time	Meet	Date
50 Free	23.44	Iowa Senior Champ's	3/1/02
100 Free	51.55	at Big Ten Champ's	2/22/03
200 Free	1:54.56	at Big Ten Champ's	2/22/02
100 Breast	1:04.89	at Sectional Meet	3/13/04
200 Breast	2:25.73	Northwestern/Ohio St.	1/29/05
200 IM	2:08.32	Iowa Senior Champ's	3/2/02



ANDREA HEMPHILL
BUTTERFLY/FREESTYLE/IM

JUNIOR
LAWRENCE, KS
LAWRENCE

2004-05 -- leads team in 200 fly (2:06.17)... won 200 fly vs. Wisconsin (2:07.40), Iowa State (2:06.37) and Illinois (2:07.17)... won 100 fly with collegiate-best 57.58 vs. Iowa State... runner-up in 200 fly with collegiate-best 2:06.17 at Minnesota Invite, which ranks 10th on Iowa's all-time bests list... recorded 14 top-five individual finishes... **2003-04** -- led team in 200 fly... won 100 and 200 fly (57.93, 2:06.33) vs. Purdue... also won 200 fly (2:07.54) vs. Michigan State... runner-up in 100 fly three times and placed second in 200 fly four times... recorded 16 top-five individual finishes... academic all-Big Ten... letterwinner... **2002-03** -- led team in 200 fly (2:06.33)... won that event (2:06.25) at Notre Dame Invite, while recording collegiate bests in 50 (24.55) and 100 free (53.24)... won 200 IM (2:10.24) at Northern Iowa, and 200 IM (2:10.80) and 200 fly (2:09.59) vs. Drury... runner-up in 100 back (1:00.75) vs. South Dakota, and 200 fly vs. Iowa State (2:06.02) Wisconsin (2:06.68) and Minnesota (2:08.51)... her best 200 and 400 IM times rank seventh on Iowa's all-time bests list... recorded 23 top-five individual finishes and swam on five winning relays... letterwinner... **High School** -- two-time first-team all-state... won state titles in 50 and 100 free senior year... set school records in 200 IM, 50 and 100 free... competed in 200 and 400 IM, and 50 and 100 free at U.S. Open... named to 2000 USA Swimming Scholastic all-America Team... also competed in cross-country... honor roll student... National Honor Society member... high school coach was Ryan Adams... club coach was Brian Barnes... **Personal** -- born September 1, 1983... daughter of David and Carlotta Hemphill... pre-business major.

Hemphill's Collegiate Bests

Event	Time	Meet	Date
50 Free	24.55	at Notre Dame Invite	12/5/02
100 Free	53.24	at Notre Dame Invite	12/5/02
200 Free	1:58.09	Truman State	2/1/03
100 Back	59.81	Iowa Senior Champ's	3/8/03
100 Fly	57.58	Iowa State	12/4/04
200 Fly	2:06.17	at Minnesota Invite	11/21/04
200 IM	2:06.53	at Big Ten Champ's	2/20/03
400 IM	4:28.57	Purdue/Miami (OH)	11/1/02



MEET THE HAWKEYES



KATIE MARTIN
FREESTYLE

JUNIOR
DES MOINES, IA
ROOSEVELT/WISCONSIN

2004-05 -- leads team in 100 free (51.96) and swam on team-leading 400 free (3:27.37) and 800 free relays (7:40.71)... won 100 free vs. Iowa State (52.39) and Northern Iowa (52.80)... swam on lead leg on three winning relays... runner-up in the 50 (24.40) and 100 free (52.62) vs. Northwestern and Ohio State and placed third in those events (24.47, 52.77) vs. Truman State... recorded 18 top-five individual performances... **2003-04** -- swam on team-leading 200 and 400 free relays... swam second leg on winning 400 free relay at Iowa State... swam collegiate bests in 50 free (23.77), 100 free (51.42) and 200 free (1:52.19) at Big Ten Championships... her best 100 free time ranks 10th on Iowa's all-time best performers list... recorded 15 top-eight finishes... letterwinner... **2002-03** -- competed in 50, 100 and 200 free at the University of Wisconsin, posting her season bests at the Big Ten Championships... **High School** -- three-time 100 free state champion, winning two state titles in 50 free... two-time Iowa Female Swimmer of the Year... four-time team MVP... swam all-America consideration times all four years... set school records in 50, 100 and 500 free... also competed in track, soccer, water polo and synchronized swimming... four-year academic letterwinner... National Honor Society member... high school swimming coach was Steve Teter... club swimming coach was Dave Joensen... **Personal** -- born March 11, 1984... daughter of Terry and Marcia Martin... open major.

Martin's Collegiate Bests

Event	Time	Meet	Date
50 Free	23.77	at Big Ten Champ's	2/19/04
100 Free	51.42	at Big Ten Champ's	2/21/04
200 Free	1:52.19	at Big Ten Champ's	2/20/04
100 Fly	1:02.10	Kansas & N. Iowa	10/18/03



LISETTE PLANKEN
DIVING

SENIOR
AMERSFOOT, NETHERLANDS
THORBECKE & MELANCHTON

2004-05 -- set school and Field House pool record in one-meter (326.55) vs. Wisconsin... scored collegiate-best three-meter (332.03) at Minnesota, which ranks second on Iowa's all-time bests list... won one-meter five times, and placed second twice... won three-meter event three times, and placed second three times... also leads team in three-meter 11 dive event... named Big Ten Diver of the Week October 26... **2003-04** -- received an Olympic redshirt... placed 21st on three-meter diving at World Cup in Athens, Greece... placed sixth on one-meter and 11th on three-meter at European Championships... placed seventh on one-meter at World Championships... **2002-03** -- all-American... placed fourth in one-meter diving with a school-record 583.55 points and ninth in three-meter diving (499.55) at NCAA Championships... placed third in three-meter (561.25) and fourth in one-meter diving (289.15) at Big Ten Championships... placed first in three-meter (470.41) and second in one-meter (583.55) at NCAA Zone C Qualifier... won one-meter diving five times... named Big Ten Diver of the Week twice... Verizon District VII academic all-American... academic all-Big Ten... letterwinner... placed eighth in one-meter and 23rd in three-meter diving at World Championships in Barcelona, Spain... placed eighth in one-meter and 10th in three-meter diving at World University Games in Deagu, South Korea... **2001-02** -- joined team for second half of season... runner-up in one-meter (305.85) and placed third in three-meter (484.00) at Big Ten Championships... all-Big Ten at-large selection... named co-Big Ten Diver of Week after winning both one (278.48) and three-meter (300.98) events vs. Minnesota in her collegiate debut... won both one (283.05) and three-meter (281.48) vs. Kansas (283.05, 281.48)... letterwinner... placed ninth in three-meter event at the World Cup in Seville, Spain... **Personal** -- born June 22, 1981... daughter of Hans and Nel Planken... business major.

Planken's Collegiate Bests

Event	Time	Meet	Date
One-Meter (6)	326.55	Wisconsin	10/22/04
One-Meter (11)	583.55	at NCAA Champ's	3/20/03
Three-Meter (6)	332.03	at Minnesota	11/6/04
Three-Meter (11)	561.25	at Big Ten Champ's	2/19/03



MEET THE HAWKEYES



JENNIFER SKOLASKI BACKSTROKE/FREESTYLE/IM

SENIOR
MADISON, WI
EDGEWOOD

2004-05 -- leads team in 200 free (1:52.44), 500 free (5:01.88), 100 back (56.41), 200 back (2:01.12) and 200 IM (2:06.21), and swam on four of the five team-leading relays... swam NCAA B in 200 back standard (2:01.12) vs. Truman State... won 200 back (2:01.71) and placed second in 100 back (56.41) at Minnesota Invite... won three individual events vs. Truman State, Iowa State and Northwestern and Ohio State... won 100 breast (1:08.79) and 200 IM (2:08.21) vs. Northern Iowa... won 200 IM (2:08.76) and placed second in 200 free (1:54.42) and 200 back (2:04.69) vs. Illinois... swam on four winning relays... tied her 50 free collegiate-best of 24.16 vs. St. Cloud State in Honolulu... recorded 21 top-five individual performances... team captain.. **2003-04** -- team co-captain... led team in 100, 200, 500 and 1,000 free, 100 and 200 back, and 200 IM... also swam lead legs on 200 and 400 medley, and 400 and 800 free relays that led team... broke her own school record in 200 back (1:57.51) with runner-up finish at Big Ten Championships... swam lead legs on school-record setting 200 medley (1:42.94) and 800 free relays (7:18.90) at Big Ten meet... set school record in 200 free with her 1:49.07 leg of Big Ten 800 free relay... also placed fourth in 100 back (55.24), 11th in 500 free (4:49.72) and swam lead legs on ninth-placing 400 medley and 400 free relays at conference meet... competed in 100 back, 200 back and 400 free at NCAA Championships... her 50.86 leg of Big Ten 400 free relay was a collegiate best and ranks second on Iowa's all-time best performers list... won all three individual events she was entered in at five different meets... has 28 top-five individual finishes... swam lead leg on three winning relays... academic all-Big Ten... letterwinner... named team Most Valuable Swimmer/Diver... **2002-03** -- all-American... placed eighth in 100 back (55.44) at NCAA Championships after recording a collegiate-best and school-record setting 54.34 in prelims... also placed 20th in 200 back (1:59.10) and 30th in 500 free (4:50.30) at NCAA meet... set school record in 400 IM (4:20.14) at Iowa Senior Championships... placed second in 200 back (1:58.58), third in 100 back (55.38), and ninth in 500 free (4:48.20) at Big Ten meet... second team all-Big Ten... led team in 100 and 200 back, 200 and 400 IM, and 500, 1000 and 1,650 free... named Big Ten Swimmer of the Week after winning 100 back (56.83), 500 free (4:56.88) and 1,000 free (10:14.25) against Illinois and Ohio State... placed ninth in 200-meter back (2:17.93), 14th in 100-meter back (1:06.21) and 18th in 400-meter free (4:23.26) at

U.S. Open... her best 500 free, 200 free and 200 IM times rank second, eighth and second, respectively, on Iowa's all-time best performers list... recorded 33 top-five finishes, including 18 wins... academic all-Big Ten... letterwinner... **2001-02** -- NCAA qualifier, competing in 100 back, 200 back and 500 free... swam lead leg on school record-setting 400 medley relay (3:43.42), and set then-school records in 100 (56.22) and 200 back (1:58.37)... placed third in 200 back (1:58.37), fourth in 1,650 free (16:32.30) and sixth in 500 free (4:51.78) at Big Ten Championships... led team in 100 and 200 back, and 500, 1,000 and 1,650 free... named Big Ten Swimmer of Week after winning 200 back (2:03.15), 500 free (5:02.27) and 1,000 free (10:17.26) at Iowa State, and winning 100 back (57.01), 200 back (2:01.88) and 1,000 free (10:06.71) vs. Kansas... her best 1,000 and 1,650 free and 100 fly times rank second, second and third, respectively, on Iowa's all-time best performers list... all-Big Ten at-large selection... recorded 32 top-five finishes, including 16 first-place finishes... letterwinner... **High School** -- swam 200-meter back at 2000 US Olympic trials... 400-meter IM Junior National champ... won seven individual state titles... three-time all-American, first team all-state and team MVP... USA Swimming athlete representative for state of Wisconsin 1999-00... National Honor Society member... coach was Drew Walden... **Personal** -- born November 24, 1982... daughter of Steven and Carol Skolaski... social work major.

Skolaski's Collegiate Bests

Event	Time	Meet	Date
50 Free	24.16	Iowa Sr. Champ's vs. St. Cloud St.	3/1/02 1/8/05
100 Free	50.86	at Big Ten Champ's	2/21/04
200 Free	1:49.07	at Big Ten Champ's	2/18/04
400 Free	4:17.34	at U.S. Open	11/29/01
500 Free	4:48.20	at Big Ten Champ's	2/20/03
1,000 Free	10:04.68	Wisconsin	10/25/02
1,650 Free	16:32.30	at Big Ten Champ's	2/23/02
100 Back	54.34	at NCAA Champ's	3/21/03
200 Back	1:57.51	at Big Ten Champ's	2/21/04
100 Breast	1:08.79	Northern Iowa	1/21/05
100 Fly	56.08	Iowa Sr. Champ's	3/3/02
200 IM	2:05.20	Iowa Sr. Champ's	3/8/03
400 IM	4:20.14	Iowa Sr. Champ's	3/7/03



MEET THE HAWKEYES



NANCILEA UNDERWOOD DIVING

JUNIOR
Spring, TX
Oak Ridge

2004-05 -- broke her own school and Field House pool record in three-meter six dives (348.25) vs. Truman State... also won one-meter vs. Truman State, with a collegiate-best 317.35 that ranks second on Iowa's all-best best performers list... won one-meter (304.35) and placed second in three-meter (320.10) at Minnesota... placed third in one (277.35) and three-meter (509.90) at Minnesota Invite... runner-up in one and three-meter vs. Iowa State (269.25, 267.75) and Illinois (281.32, 304.73)... named Big Ten Diver of the Week twice... **2003-04** -- received an Olympic redshirt... placed fourth at U.S. Olympic Team Trials on three-meter (840.15)... placed fifth on three-meter at U.S. World Cup trials (720.63)... runner-up at Speedo American Cup on three-meter (756.45)... placed fourth on three-meter (472.83) at Speedo National Championships, leading the field going into the finals... also placed fourth in synchro three-meter with Cassidy Krug of Stanford at Speedo National Championships... placed sixth in three-meter semifinal at Speedo FINA Diving Grand Prix... **2002-03** -- honorable mention all-American... placed 11th in three-meter diving (491.85) and 24th in one-meter diving (247.25) at NCAA Championships... set Field House pool record in three-meter diving (556.20) vs. Truman State... set school records in three-meter dual competition (326.93) vs. Iowa State and three-meter championship competition (564.60) at Big Ten Championships... runner-up in three-meter diving with 564.60 points and finished third in one-meter diving (307.20) at Big Ten Championships... placed second in three-meter with 470.235 points and finished fifth in one-meter (541.55) at NCAA pre-qualifying meet... won three-meter competition five times and placed second six times... won one-meter diving three times and placed second three times... academic all-Big Ten... letterwinner... **2001-02** -- placed sixth in three-meter (472.55) and 10th in one-meter (258.45) at Big Ten meet... won three-meter at Minnesota Invite (479.80) and at Iowa State (291.37)... runner-up in one-meter at Wisconsin (254.18), and three-meter at Purdue and Ohio State (294.95), vs. Minnesota (289.88) and vs. Kansas (276.98)... letterwinner... **High School** -- two-year recipient of Joe Paul Ogden "Outstanding Diver of Year in Texas" award... two-time all-American, and region, district and state champion... five-time national team member for Woodlands diving team... four-time Junior National finalist... four-year selection to Who's Who Among American High School

Students... two-year academic letterwinner... coach was Steve Montgomery... **Personal** -- born September 14, 1983... daughter of Olen and JoAnn Underwood... elementary education major... father played professional football for three NFL teams.

Underwood's Collegiate Bests

Event	Score	Meet	Date
One-Meter (6)	317.35	Truman State	11/12/04
One-Meter (11)	541.55	Big Ten Champ'	2/19/03
Three-Meter (6)	348.25	Truman State	11/12/04
Three-Meter (11)	564.60	Big Ten Champ's	2/19/03



ABBY VAN MAAREN SPRINT FREESTYLE

SENIOR
AMES, IA
AMES

2004-05 -- leads team in 50 free (23.78) and swam on four of five team-leading relays... tied for first in 50 free (24.42) vs. Truman State... runner-up in that event vs. Iowa State (24.35) and Illinois (24.27)... recorded 11 top-five individual finishes... swam on five winning relays... **2003-04** -- led team in 50 free and swam legs on team-leading 200 and 400 free relays... swam collegiate bests in 50 free (23.54), 100 free (51.41) and 200 free (1:52.05) at Big Ten Championships... her best 50 free and 100 free times rank sixth and ninth, respectively, on Iowa's all-time best performers list... won 50 free (24.20) vs. Kansas and Northern Iowa... swam legs on five winning 400 free relays... has 16 top-five individual finishes... academic all-Big Ten... letterwinner... **2002-03** -- swam season bests in 50 (23.79) and 200 free (1:53.72) at Big Ten Championships, and 100 free (52.82) at Iowa Senior Championships... member of team-leading 200 free relay (1:34.14)... runner-up in 200 free (1:53.81) at Iowa Senior meet and Northern Iowa (2:00.22)... placed third in 200 free vs. South Dakota (1:58.08), Iowa State (1:54.83) and Drury (2:12.51)... had 10 top five finishes... academic all-Big Ten... letterwinner... **2001-02** -- placed fourth in 500 free with a collegiate best 5:11.01 at Iowa Senior Championships... finished fourth in 100 free (54.11) vs. Truman State... letterwinner... **High School** -- two-time first team all-state in 50 free... swam all-American consideration times in 50 free... three-time conference and district 50 free champion... two-time second team all-state and district champion in 100 free... conference champion in 100 free in 2000... district



MEET THE HAWKEYES

champion in 100 back in 1998... set school records in 50 free (24.51) and 100 back (1:01.68)... also competed in softball and track... coached by Nancy Svien and Dan Flannery... **Personal** -- born April 12, 1983... daughter of Michael and Sue Van Maaren... health promotion major.

Van Maaren's Collegiate Bests

Event	Time	Meet	Date
50 Free	23.54	at Big Ten Champ's	2/19/04
100 Free	51.41	at Big Ten Champ's	2/21/04
200 Free	1:52.05	at Big Ten Champ's	2/20/04
500 Free	5:11.01	Iowa Senior Champ's	3/2/02
100 Fly	1:00.64	Iowa Senior Champ's	3/7/03
200 Fly	2:25.30	Iowa Senior Champ's	3/7/03



KELLY WERNER

BACK/FREE/FLY

JUNIOR
St. Louis, MO
ROSARY

2004-05 -- leads team in 100 fly (56.49) and swam on two team-leading relays... swam NCAA B standard in 200 back (2:01.63) at Minnesota... won 100 back with collegiate-best 56.70 vs. Truman State, which ranks second on Iowa's all-time best performers list... also won 100 fly (56.49) and swam collegiate-best 200 IM (2:08.09) vs. Truman State... won 100 back (56.87), 200 back (2:01.63) and 100 fly (57.29) at Minnesota... placed second in 200 back (2:03.39), third in 100 back (57.58) and fourth in 100 fly (57.03) at Minnesota Invite... never placed lower than fifth in a meet individually, recording eight wins... swam on four winning relays... **2003-04** -- led team in 100 fly (56.76)... swam third leg on 200 medley relay set a school record of 1:42.94 at Big Ten Championships... placed 12th in 200 back (2:00.87) and 13th in 100 back (56.85) at Big Ten Championships... also swam third leg on team-leading 400 medley relay... her best 200 back time (2:00.87) ranks third

on Iowa's all-time best performers list... won six individual events and swam on three winning relays... recorded 21 top-five individual finishes... letterwinner... **2002-03** -- led team in 100 fly... placed 11th in 200 back (2:01.58), 16th in 100 fly (57.67) and 16th in 100 back (57.65) at Big Ten Championships... swam collegiate bests in 50 free (24.58) at Iowa Senior Championships and 100 free (54.36) at Minnesota Invite... her best 100 fly (56.31) time ranks fifth on Iowa's all-time bests list... won 100 (58.55) and 200 back (2:03.31) vs. Truman State... finished 29th in 200-meter back (2:23.75) at U.S. Open... swam on team-leading 400 medley relay (3:48.16)... recorded 25 top five finishes, including seven wins... letterwinner... **High School** -- multiple qualifier for Junior and Senior Nationals while swimming U.S.S... two-time team MVP for Rec Plex Sharks Swim Team... placed seventh in 100 back and eighth in 200 back at Junior Nationals... qualified for 2004 Olympic Trials... also competed in cross-country... named Scholastic all-American... National Honor Society member... coach was Dave McCrary... **Personal** -- born October 28, 1983... daughter of John and Marilyn Werner... therapeutic recreation major.

Werner's Collegiate Bests

Event	Time	Meet	Date
50 Free	24.58	Iowa Senior Champ's	3/8/03
100 Free	53.23	at Minnesota Invite	11/21/04
100 Back	56.70	Truman State	11/12/04
200 Back	2:00.87	at Big Ten Champ's	2/21/04
100 Fly	56.31	at Big Ten Champ's	2/21/03
200 IM	2:08.09	Truman State	11/12/04

