

University of Iowa Cross Country



**CROSS COUNTRY
CHAMPIONSHIPS**

**Boilermaker Cross Country Course
November 3, 2013**

IOWA HAWKEYES

University of Iowa Athletic Communications --Brandee Britt, Cross Country



CROSS COUNTRY WEEKLY RELEASE

Oct. 30, 2013

2013 Cross Country Season Schedule

8/30	Hawkeye Early Bird Invite (Iowa City, Iowa)
9/13	Iowa Black & Gold Invite (Iowa City, Iowa)
9/28	Roy Griak Invitational (Minneapolis)
10/20	Pre National Invite (Terre Haute, Ind.)
11/3	Big Ten Championships (West Lafayette, Ind.)
11/15	NCAA Midwest Regional (Ames, Iowa)
11/23	NCAA Championships (Terre Haute, Ind.)

2013 Cross Country Quick Facts

General Information

Location: Iowa City, Iowa
Enrollment: 31,065
Conference: Big Ten
Facility: Ashton Cross Country Course

Coaching Information

Head Men's Coach: Larry Wieczorek
Year at Iowa: 27th
Alma Mater, Year: Iowa, 1969

Head Women's Coach: Layne Anderson
Year at Iowa: 11th
Alma Mater, Year: The Citadel, 1989

Media Information

Cross Country SID: Brandee Britt
E-Mail Address: brandee-britt@uiowa.edu
Phone: (319) 335-9411
Fax: (319) 335-9417
Web Site: hawkeyesports.com

* Find coach and student-athlete bios, schedules, results and features at hawkeyesports.com.

THIS WEEK

The University of Iowa men's and women's cross country teams travel to West Lafayette, Ind., to compete at the Big Ten Championships on Sunday. The event will be held at the Boilermaker Cross Country Course on the campus of Purdue University. The men's 8,000-meter race begins at 9:45 a.m. (CT) with the women's 6,000-meter race following at 10:45 a.m. (CT).

IN THE RANKINGS

The men's cross country team is ranked 10th in the latest USTFCCCA Regional rankings.

NATIONAL CHALLENGE

The Hawkeye women face six teams ranked inside the USTFCCCA Top 30. Those teams include Michigan State (6), Michigan (14), Minnesota (15), Indiana (21), Wisconsin (28), and Penn State (29). The Hawkeye men will race against three of the nation's top 30 teams. They include Wisconsin (7), Michigan (16), and Indiana (24).

CHAMPIONSHIP EXPERIENCE

Four Hawkeyes have previous Big Ten Championship experience. Juniors Kevin Lewis and Ben Witt each competed in the 2011 and 2012 championships, while sophomores Caleb Wilfong and Courtney Martin ran in the event last season.

3-FOR-3

Junior Kevin Lewis has paced the Hawkeyes in the three meets he has competed this season. Lewis took the Black & Gold Invite title (18:33.68) on Sept. 13, before finishing 30th (24:59.5) at the Roy Griak Invitational on Sept. 28, and 53rd (24:15.09) at the Pre-National Invite on Oct. 19.

A BALANCED ATTACK

The Hawkeye women have had a different front runner in each race this season. Senior Lena Placzek paced the Hawkeyes at the Iowa Open (11:07.97) on Aug. 30, and freshman Samantha Zishka led the team at the Black & Gold Invite (14:34.32) on Sept. 13. Sophomore Courtney Martin was the top finisher at the Roy Griak Invitational (22:40.70) on Sept. 28, while freshman Katie Adams was the first Hawkeye across the line at the Pre-National Invitational (22:16.88) on Oct. 19.

PERSONAL BESTS

All 10 of the Iowa scorers at the Pre-National Invitational on Oct. 19 recorded personal best finishes. Kevin Lewis led the men's squad, finishing 53rd with a time of 24:15.09. The junior has recorded personal best times in every meet this season. Freshman Katie Adams crossed the line first for the Iowa women (22:16.88). Adams bested her previous personal-best time by over one minute.

UP NEXT

The Hawkeyes travel to Ames, Iowa, for the NCAA Regional on Nov. 15.

157 Carver-Hawkeye Arena -- Iowa City, IA 52242 -- Phone: (319) 335-9411 -- Fax: (319) 335-9417
Web: www.hawkeyesports.com -- E-Mail: athletic-communications@hawkeyesports.com



Men's Top 10 All-Time Best Performers

6,000 Meters

1. Eric MacTaggart.....18:182005 Hawkeye Invite
2. Jeff Thode.....18:212009 Hawkeye Invite
3. Dan Haut18:242005 Hawkeye Invite
4. Jeff Kent.....18:272005 Hawkeye Invite
5. Nick Holmes18:302009 Hawkeye Invite
6. Sam Bailin18:332009 Hawkeye Invite
- Kevin Lewis.....18:332013 Black and Gold Invite**
- Adam Roche.....18:332005 Hawkeye Invite
9. Jesse Luciano.....18:402008 Hawkeye Invite
10. Tommy Tate18:41at 2006 Early Bird Invite

8,000 Meters

1. Jesse Luciano.....23:01at 2008 Auburn Invite
2. Micah VanDenend23:39at 2006 Pre-Nationals
3. Eric MacTaggart.....23:24at 2008 Auburn Invite
4. Jeff Thode.....23:27at 2010 Bradley Classic
5. Sam Bailin23:36at 2008 Auburn Invite
6. Tommy Tate23:46at 2008 Auburn Invite
7. Mark Battista.....23:48at 2008 Auburn Invite
8. Andy Napier.....23:56at 2008 Auburn Invite
9. Brendan Camplin.....24:01at 2008 Auburn Invite
10. Bruce MacTaggart24:04at 2008 Auburn Invite

10,000 Meters

1. Jeff Thode.....29:55at 2010 NCAA Regional
2. Matt Esche.....30:10at 2002 NCAA Regional
3. Jesse Luciano.....30:17at 2008 NCAA Champ's
4. Micah VanDenend30:26at 2002 NCAA Regional
5. Kevin Herd.....30:281993
6. Joe Welter.....30:28at 2002 NCAA Regional
7. Tony Rakaric.....30:31at 2002 NCAA Regional
8. Dan Haut30:39at 2002 NCAA Regional
9. Alex Webster30:40at 2006 NCAA Regional
10. Nick Holmes30:43at 2011 Chili Pepper Festival

Women's Top 10 All-Time Best Performers

3,000 Meters

1. Diane Nukuri.....9:472006 Hawkeye Open
2. Meghan Armstrong.....10:012006 Hawkeye Open
3. Brooke Eilers.....10:152010 Iowa Invite
4. Besty Flood10:182010 Iowa Invite
5. Amanda Hardesty.....10:212009 Hawkeye Invite
- Lauren Hardesty.....10:212010 Hawkeye Invite
7. Kelsey Hart.....10:222011 Iowa Invite
8. Shannon Stanley.....10:252006 Hawkeye Open
- Krista Anderson.....10:252006 Hawkeye Open
- Racheal Marchand10:252008 Hawkeye Invite

4,000 Meters

1. Diane Nukuri.....13:142007 Hawkeye Open
2. Kayla Beattie13:412012 Toledo Bubble Buster
3. Megan Ranegar.....13:452012 Toledo Bubble Buster
4. Meghan Armstrong.....13:472007 Hawkeye Open
- Mareike Schrulle.....13:472012 Toledo Bubble Buster
6. Nicole Benson13:522012 Toledo Bubble Buster
7. Jolly Burke.....14:032007 Hawkeye Open
8. Nikki Chapple14:092004 Hawkeye Triangular
9. Krista Anderson.....14:142007 Hawkeye Open
- 10. Lisa Gordon.....14:172012 Toledo Bubble Buster**

5,000 Meters

1. Diane Nukuri.....15:55at 2007 Auburn Invite
2. Racheal Marchand16:15at 2008 Auburn Invite
3. Meghan Armstrong.....16:25at 2007 Auburn Invite
4. Nan Doak16:31at 1983 Big Ten Champ's
5. Jolly Burke.....16:33at 2007 Auburn Invite
6. Jenny Spangler16:34at 1983 Big Ten Champ's
7. Renee Doyle.....16:41at 1986 Purdue Invite
8. Tracy Dahl16:42at 1991 Illinois St. Invite
9. Sarah Spencer Perry.....16:50at 2008 Auburn Invite
10. Brooke Eilers.....16:53at 2008 Auburn Invite

6,000 Meters

1. Diane Nukuri.....19:37at 2007 NCAA Regional
at 2007 Big Ten Champ's*
2. Mareike Schrulle.....19:43at 2012 NCAA Champ's
3. Racheal Marchand19:54at 2008 NCAA Champ's
4. Meghan Armstrong.....20:07at 2007 NCAA Regional
5. Jolly Burke.....20:20at 2007 Big Ten Champ's
6. Betsy Flood20:22at 2010 NCAA Regional
7. McKenzie Melander.....20:41at 2011 Big Ten Champ's
8. Megan Ranegar.....20:43at 2012 NCAA Champ's
9. Kayla Beattie20:54at 2011 Wisconsin Invite
10. Nikki Chapple21:04at 2004 NCAA Regional

* - This time is also the Big Ten Championships Record.

Ashton Cross Country Course Records

Women's 3,000 Meters

Diane Nukuri, Iowa - Hawkeye Open - 9/9/06 9:47

Women's 4,000 Meters

Diane Nukuri, Iowa - Hawkeye Open - 9/15/07 13:14

Women's 6,000 Meters

Danette Doetzel, Michigan St. - Big Ten Champ's - 10/31/04..... 20:33

Men's 6,000 Meters

Eric MacTaggart, Iowa - Hawkeye Invitational - 9/2/05 18:18

Men's 8,000 Meters

Simon Bairu, Wisconsin - Big Ten Champ's - 10/31/04 23:45

Men's 10,000 Meters

Antonio Vega, Minnesota - NCAA Regional - 11/12/05 30:52