



March 19, 2004

Women's Track SID: Aaron Blau

IOWA WOMEN'S TRACK AND FIELD
HAWKEYES IN FOURTH AT TEXAS SOUTHERN RELAYS

HOUSTON, TX – The University of Iowa women's track and field team opened up the 2004 outdoor season on Friday at the Texas Southern Relays and is in fourth place after the first day of competition. The Hawkeyes won two events and qualified one athlete for the 2004 NCAA Regional Championships to be held May 28-29 in College Station, TX.

Junior **Alana Redfern** won the javelin and had a regional qualifying throw in her first competition of the year. Her mark of 45.52 meters is over two meters longer than the regional qualifying standard. The 4x800 meter relay of **Atalie Barber, Jordan Laney, Michelle Sokol** and **Shannon Stanley** also placed first with a time of 9:07.08, finishing nearly 10 seconds ahead of the competition. Senior **Jessie Strand** finished third in the pole vault with a jump of 3.60 meters. The 1,600 meter sprint medley team of **Aisha Hume, Lindsey McCalla, Jodyann Raymond** and **Shellene Williams** finished fourth in 4:13.42.

Competition at the Texas Southern Relays will conclude on Saturday with events slated for a 10:00 a.m. start.

TEAM RESULTS (10 Events Scored)

1. Minnesota	129
2. Houston	58
3. Southern	37
4. IOWA	31
5. Texas Lutheran	24.5
6. Grambling State	24
7. Prairie View A&M	21
8. Rice	16.5
9. Texas Southern	14
10. Huston-Tillotson	3
11. Runsport	1

INDIVIDUAL RESULTS (Winner Plus Iowa)

Javelin

1. Alana Redfern (UI) 45.52m

Pole Vault

1. Monica Stearns (UM) 3.90m

3. Jessie Strand (UI) 3.60m

1600 Sprint Medley

1. Grambling State A 4:00.43

4. IOWA A 4:13.42

Hume, McCalla, Raymond, Williams

4x800 Meter Relay

1. IOWA A 9:07.62

Barber, Laney, Sokol, Stanley

