

IOWA HAWKEYES

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MEN'S SWIMMING & DIVING WEEKLY RELEASE

January 19, 2009

2009-10 Season Schedule

10/3	Black & Gold Intrasquad Meet Iowa City, IA Black: 305 Gold: 209
10/9	Truman State Kirksville, MO W, 182-76
10/16	Wisconsin Madison, WI W, 162-138
10/23	Michigan State & Wis. Milwaukee Iowa City, IA W, 193-105; W, 198-94
10/24	Missouri State Iowa City, IA W, 188.5-109.5
11/6	Minnesota Iowa City, IA W, 184-114
11/20-22	Hawkeye Invitational Iowa City, IA 1st/4 teams
12/3-5	ConocoPhillips Short Course National Championships Federal Way, WA 6th/53 teams
1/6	Tampa Relays Tampa, FL 1st/3 teams
1/23	Northwestern Evanston, IL -- 11 a.m.
1/29-30	Shamrock Invite South Bend, IN -- All Day
2/5	W. Illinois Iowa City, IA -- 5 p.m.
2/24-27	Big Ten Championships Columbus, OH -- Prelim/Final
3/6-7	Last Chnace NCAA Qualifier TBA -- TBA
3/12-14	NCAA Diving Qualifier TBA -- TBA
3/25-27	NCAA Champtionships Columbus, OH --Prelim/Final
4/17	Alumni Meet Iowa City, IA -- 11 a.m.

*All times are local to site.
Home meets in **BOLD**.*

THIS WEEK

The University of Iowa's men's swimming and diving team (5-1, 2-1) will travel to Evanston, IL to compete against Big Ten rival Northwestern this week. The event will start at 11 a.m. Sat.

HEAD COACH MARc LONG

"We just need to continue to work hard and get back into a routine with school starting. Just getting back into a normal schedule will help our team to get back into a routine. We are pretty excited to get on the road again and swim against a very good Northwestern team."

LAST EVENT

The Hawkeyes have enjoyed two weeks training since the team last competed Jan. 6 at the Tampa Relays. Iowa earned 208 points to finish first out of three teams. The competition had 10 relay events and Iowa captured first place in nine of the events.

HEAD COACH MARC LONG

Marc Long is in his sixth season as head coach for the University of Iowa swimming team. It's his fifth as head coach of the combined program. During his tenure as head coach of both programs, 10 school records have fallen and 39 Hawkeyes have provisionally qualified for the NCAA Championships.

DIVING COACH BOB RYDZE

Bob Rydze is in his 35th year as diving coach of the men and women's teams at the University of Iowa. During his tenure with the Hawkeyes, Rydze has coached 31 all-Americans, nine Big Ten and one NCAA Champion. Rydze served as Team Leader for USA Diving at the 2008 Olympics in Beijing, China.

CAMPUS RECREATION AND WELLNESS CENTER

Ground was broken for the Campus Recreation and Wellness Center in October 2007. The facility will serve as the new home for Iowa Swimming and Diving upon completion in the spring of 2010. The facility will be at the corner of Burlington and Madison streets and is expected to cost \$69 million.

FIELD HOUSE POOL

Iowa's Field House Pool was built in 1927 and was, at the time, the world's largest indoor swimming pool. In 1979, the pool underwent a \$400,000 renovation. Diving platforms were added in 1980. The pool is 150 feet long and 60 feet wide, with eight lanes. Diving facilities include a pair of one and three meter springboards, plus five and ten meter platforms.

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IOWA SWIMMING HISTORY & TRADITION

Iowa was one of the first schools in the nation to compete on a collegiate level and competed at the first NCAA Championship. From 1937 to 1960, Iowa placed in the NCAA top ten 18 times, crowning nine NCAA and 22 Big Ten Champions.

2009-10 Top Times

50 free	Ryan Phelan.....	20.43
100 free	Paul Gordon.....	45.35
200 free	Jordan Huff.....	1:37.62
500 free	Nick Divan.....	4:33.50
1,000 free....	Nick Divan.....	9:37.20
1,650 free.....	Patrick Weigand.....	15:57.88
100 back.....	Max Dittmer.....	50.37
200 back.....	Byron Butler.....	1:49.60
100 breast....	Matt Ryan.....	57.51
200 breast....	Sean Hagan.....	2:07.36
100 fly	Paul Gordon.....	48.96
200 fly	Brian Tremml.....	1:51.79
200 IM.....	Sean Hagan.....	1:51.71
400 IM.....	Donny Warren.....	4:01.29
200 free relay.....		1:22.56
400 free relay.....		2:59.5
800 free relay.....		6:50.38
200 med. relay.....		1:32.3
400 med. relay.....		3:18.83
One-Meter.....	Mike Gilligan.....	340.00
Three-Meter.....	Frank Van Dijkhuizen.....	379.30