IOWA HAWKEYES

University of Iowa Athletic Communications - Jordan Bucher, Cross Country Contact



CROSS COUNTRY WEEKLY RELEASE

Oct. 28, 2015

2015 SCHEDULE

Date	Opponent (Location) Time
9/4	Early Bird Invitational (Iowa City, Iowa) 6 p.m.
9/11	Illinois State Invitational (Normal, III.)5 p.m.
10/2	Notre Dame Invitational (South Bend, Ind.)1 p.m.
10/16	Bradley Pink Classic (Peoria, III.) 4:25 p.m.
11/1	Big Ten Championships (Evanston, III.)10:45 a.m.
11/13	NCAA Midwest Regional (Lawrence, Kan.) TBA
11/21	NCAA Championships (Louisville, Kent.)TBA

All times are Central and subject to change.

2015 QUICK FACTS

General Information

Location: Iowa City, Iowa Enrollment: 31,498 Conference: Big Ten

Facility: Ashton Cross Country Course

Coaching Information

Head Coach: Layne Anderson Year at Iowa: 13th Alma Mater, Year: The Citadel, 1989

Volunteer Assistant Coach: John Michael Brandt

Year at Iowa: 2nd Alma Mater, Year: Iowa, 2013

Student-Assistant Coach: Kevin Lewis Year at Iowa: 1st

Alma Mater, Year: Iowa, 2015

Media Information

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FOLLOW THE HAWKS

Facebook: U of I Cross Country and Track & Field

Twitter: @lowaXC_TF **Instagram:** iowaxctf

World Wide Web: hawkeyesports.com

THIS WEEK

The University of Iowa men's and women's cross country teams compete at the 2015 Big Ten Championships in Evanston, Illinois, on Sunday. The men's 8,000-meter race begins at 10:45 a.m. (CT), while the women's 6,000 meters follows at 11:45 a.m. The event takes place at the Sydney R. Marovitz golf course on the campus of Northwestern University. Admission is free.

B1G ON BTN

The Big Ten Championships will air on the Big Ten Network on Thursday, Nov. 12, at 7 p.m. (CT).

IN THE RANKINGS

The men's team is slotted 12th in the U.S. Track & Field and Cross Country Coaches poll behind Nebraska (11), while the women's team is ranked 15th.

A LOOK AT THE BIG TEN

The Hawkeye men join a 12-team field that features four nationally ranked teams — Michigan (5), Michigan State (19), Wisconsin (27), and Indiana (28). On the women's side, five teams own national rankings — Michigan (2), Penn State (15), Michigan State (21), Minnesota (22), and Purdue (30).

HAWKEYE COMPETITORS

Four Hawkeyes — sophomore Michael Melchert, juniors Kevin Docherty and Ben Anderson, and senior Anthony Gregorio — return to the men's Big Ten lineup from a year ago. Junior Taylor Soltys, redshirt freshman Daniel Gardarsson, and freshmen Ian Eklin, Bailey Hesse-Withbroe, and Daniel Soto are first-timers to the Big Ten stage.

On the women's side, sophomores Marta Bote Gonzalez and Kelly Breen, and juniors Carolyn Newhouse and Tess Wilberding are returnees from last year's championships. Freshman Andrea Shine, sophomores Courtney Bruns and Madison Waymire, and junior Alana Jones round out lowa's field.

MELCHERT REPEATS

Sophomore Michael Melchert is the third Hawkeye to lead the men's team in four races this season. He posted collegiate-best marks at the Notre Dame Invitational (five miles/24:46.8) on Oct. 2 and the Bradley Pink Classic (8,000 meters/24:14.1) on Oct. 16 to finish first for Iowa. Freshman Ian Eklin (Early Bird) and senior Anthony Gregorio (Illinois State) are Hawkeye top finishers this season.

HAWKEYE BIG TEN HISTORY

Eight Hawkeyes (6 men, 2 women) have been crowned Big Ten Individual Champions. Tracy Dahl Morris was Iowa's first female Big Ten Champion in 1992. Diane Nukuri was the last woman to win the title. She clocked a Big Ten Championships record of 19:37 (6,000 meters) to win gold in 2007.

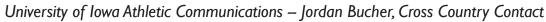
Former Director of Track & Field Larry Wieczorek was the last lowa male to take the Big Ten crown. Wieczorek won back-to-back titles in 1966 (4 miles; 19:02.5) and 1967 (5 miles; 24:17), setting the Big Ten Championships record in the four-mile race. He is one of 19 student-athletes to win two or more titles. That group also includes Rich Ferguson (1952-53), and H.R. Phelps (1923-24).

UP NEXT: NCAA MIDWEST REGIONALS

Phone: 319-335-9411

The Hawkeyes travel to the NCAA Midwest Regional in Lawrence, Kansas, on Nov. 13.

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CROSS COUNTRY WEEKLY RELEASE

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Men's	Top 10	All-Time	Best	Performers
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6,00	6,000 Meters							
1.	Eric MacTaggart	.18:18	2005 Hawkeye Invite					
2.	Jeff Thode	. 18:21	2009 Hawkeye Invite					
3.	Dan Haut	. 18:24	2005 Hawkeye Invite					
4.	Jeff Kent	. 18:27	2005 Hawkeye Invite					
5.	Nick Holmes	.18:30	2009 Hawkeye Invite					
6.	Adam Roche	.18:33	2005 Hawkeye Invite					
	Sam Bailin	. 18:33	2009 Hawkeye Invite					
	Kevin Lewis	. 18:33	2013 Iowa Invite					
9.	Jesse Luciano	.18:40	2008 Hawkeye Invite					
10.	Tommy Tate	.18:41	at 2006 Early Bird Invite					

8,000 Meters

6 000 Motors

Jesse Luciano	. 23:01	.at 2008	Auburn Invite
Micah VanDenend	. 23:39	.at 2006	Pre-Nationals
Eric MacTaggart	. 23:24	.at 2008	Auburn Invite
Jeff Thode	. 23:27	.at 2010	Bradley Classic
Sam Bailin	. 23:36	.at 2008	Auburn Invite
Tommy Tate	. 23:46	.at 2008	Auburn Invite
Mark Battista	. 23:48	.at 2008	Auburn Invite
Kevin Lewis	. 23:52	.at 2014	Big Ten Champ's
Andy Napier	. 23:56	.at 2008	Auburn Invite
Brendan Camplin	. 24:01	.at 2008	Auburn Invite
	Micah VanDenend Eric MacTaggart Jeff Thode Sam Bailin Tommy Tate Mark Battista Kevin Lewis Andy Napier	Micah VanDenend 23:39 Eric MacTaggart 23:24 Jeff Thode 23:27 Sam Bailin 23:36 Tommy Tate 23:46 Mark Battista 23:48 Kevin Lewis 23:52 Andy Napier 23:56	Jesse Luciano 23:01 at 2008 Micah VanDenend 23:39 at 2006 Eric MacTaggart 23:24 at 2008 Jeff Thode 23:27 at 2010 Sam Bailin 23:36 at 2008 Tommy Tate 23:46 at 2008 Mark Battista 23:48 at 2008 Kevin Lewis 23:52 at 2014 Andy Napier 23:56 at 2008 Brendan Camplin 24:01 at 2008

10,000 Meters

1.	Jeff Thode	29:55	at	2010	NCAA	Regional
	Matt Esche					_
3.	Jesse Luciano	30:17	at	2008	NCAA	Champ's
4.	Micah VanDenend	30:26	at	2002	NCAA	Regional
5.	Kevin Herd	30:28	19	993		
6.	Joe Welter	30:28	at	2002	NCAA	Regional
7.	Tony Rakaric	30:31	at	2002	NCAA	Regional
8.	Kevin Lewis	30:35	at	2014	NCAA	Regional
9.	Dan Haut	30:39	at	2002	NCAA	Regional
10.	Alex Webster	30:40	at	2006	NCAA	Regional

Ashton Cross Country Course Records

Women's 3,000 Meters
Diane Nukuri, Iowa - Hawkeye Open - 9/9/06 9:47
Women's 4,000 Meters
Diane Nukuri, Iowa - Hawkeye Open - 9/15/0713:14
Women's 6,000 Meters
Danette Doetzel, Michigan State - B1G Champ's - 10/31/0420:33
Men's 6,000 Meters
Eric MacTaggart, Iowa - Hawkeye Invitational - 9/2/0518:18
Men's 8,000 Meters
Simon Bairu, Wisconsin - Big Ten Champ's - 10/31/0423.45
Men's 10,000 Meters
Antonio Vega, Minnesota - NCAA Regional - 11/12/0530:52

Women's Top 10 All-Time Best Performers

3,00	3,000 Meters							
1.	Diane Nukuri	9:47	2006 Hawkeye Open					
2.	Meghan Armstrong	10:01	2006 Hawkeye Open					
3.	Brooke Eilers	10:15	2010 Iowa Invite					
4.	Besty Flood	10:18	2010 Iowa Invite					
5.	Amanda Hardesty	10:21	2009 Hawkeye Invite					
	Lauren Hardesty	10:21	2010 Hawkeye Invite					
7.	Kelsey Hart	10:22	2011 Iowa Invite					
8.	Shannon Stanley	10:25	2006 Hawkeye Open					
	Krista Anderson	10:25	2006 Hawkeye Open					
	Racheal Marchand	10:25	2008 Hawkeye Invite					

4,000 Meters

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ı	1.	Diane Nukuri	13:14	2007 Hawkeye Open
ı	2.	Kayla Beattie	13:41	2012 Toledo Bubble Buster
ı	3.	Megan Ranegar	13:45	2012 Toledo Bubble Buster
ı	4.	Meghan Armstrong	13:47	2007 Hawkeye Open
ı		Mareike Schrulle	13:47	2012 Toledo Bubble Buster
ı	6.	Nicole Benson	13:52	2012 Toledo Bubble Buster
ı	7.	Jolly Burke	14:03	2007 Hawkeye Open
ı	8.	Nikki Chapple	14:09	2004 Hawkeye Triangular
ı	9.	Krista Anderson	14:14	2007 Hawkeye Open
ı	10.	Lisa Gordon	14:17	2012 Toledo Bubble Buster

5,000 Meters

1.	Diane Nukuri	15:55	at 2007 Auburn Invite
2.	Racheal Marchand	16:15	at 2008 Auburn Invite
3.	Meghan Armstrong	16:25	at 2007 Auburn Invite
4.	Nan Doak	16:31	at 1983 Big Ten Champ's
5.	Jolly Burke	16:33	at 2007 Auburn Invite
6.	Jenny Spangler	16:34	at 1983 Big Ten Champ's
7.	Renee Doyle	16:41	at 1986 Purdue Invite
8.	Tracy Dahl	16:42	at 1991 Illinois St. Invite
9.	Sarah Spencer Perry .	16:50	at 2008 Auburn Invite
10.	Brooke Eilers	16:53	at 2008 Auburn Invite

6,000 Meters

Phone: 319-335-9411

0,00	<u> </u>			
1.	Diane Nukuri	19:37	at 2007	NCAA Regional
			at 2007	Big Ten Champ's
2.	Mareike Schrulle	19:43	at 2012	NCAA Champ's
3.	Racheal Marchand	19:54	at 2008	NCAA Champ's
4.	Meghan Armstrong 2	20:07	at 2007	NCAA Regional
5.	Jolly Burke	20:20	at 2007	Big Ten Champ's
6.	Betsy Flood	20:22	at 2010	NCAA Regional
7.	McKenzie Melander 2	20:41	at 2011	Big Ten Champ's
8.	Megan Ranegar	20:43	at 2012	NCAA Champ's
9.	Kayla Beattie	20:54	at 2011	Wisconsin Invite
10.	Nikki Chapple	21:04	at 2004	NCAA Regional

^{* -} This time is also the Big Ten Championships Record.